

**Date and Time:** *Thursday 6<sup>th</sup> February 2014*  
*10:00 – 16:00*

**Minutes:** Confirmed

**Guideline Development Group Meeting Menopause**

**Place:** *Royal College of Obstetricians and Gynaecologists*  
*London*

**Present:**

Mary Ann Lumsden (Chair) (MAL)	(Present for notes 1 – 14)
Claire Bowring (CB)	(Present for notes 1 – 14)
Debbie Keatley (DK)	(Present for notes 1 – 14)
Debra Holloway (DH)	(Present for notes 1 – 14)
Imogen Shaw (IS)	(Present for notes 1 – 14)
Nicholas Panay (NP)	(Present for notes 1 – 14)
Anthony Parsons (AP)	(Present for notes 1 – 14)
Prunella Neale (PN)	(Present for notes 1 – 14)
Sally Hope (SH)	(Present for notes 1 – 14)
Sara Moger (SM)	(Present for notes 1 – 14)
Terry Aspray (TA)	(Present for notes 1 – 14)
Melanie Davies (MD)	(Present for notes 1 – 14)

**In attendance:**

NCC-WCH staff:		
David James (DJ)		(Present for notes 1 – 14)
Hannah Rose Douglas (HRD)		(Present for notes 1 – 14)
Hugh McGuire (HM)		(Present for notes 1 – 14)
Katie Webster (KW)		(Present for notes 1 – 14)
Rupert Franklin (RF)		(Present for notes 1 – 14)
Fiona Caldwell (FC)		(Present for notes 1 – 14)
NICE attendees:		
Besma Nash (BN)		(Present for notes 1 – 14)

**Observers:**

None		
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**Notes**

1. MAL welcomed the group to the 4<sup>th</sup> meeting of this guideline development group (GDG). Apologies were received from Sarah Dunsdon. DK was welcomed to the group – she will be joining as an additional lay member.
2. MAL asked all the GDG members and other attendees to declare any new interests that they had accrued since the last GDG meeting and reiterate any interests declared previously that were relevant to the meeting agenda:

**SH**

**Personal pecuniary interest**

Received a lecture fee from Consilient Health to give a workshop to drug representatives on third generation oral contraceptive pills and thrombo-embolic risk following a European medicines statement.

No other declarations of interest were received from the GDG members or the other attendees. It was agreed that no interests declared at the meeting or previously warranted exclusion of any GDG members from discussions of evidence or formulation of recommendations at the meeting.

3. The minutes from the 3<sup>rd</sup> GDG meeting were confirmed

4. The GDG discussed the review protocol for the clinical review schedule question. The group discussed the protocol and notes were made live on screen
5. The GDG discussed the review protocol for the information provision question. The group discussed the protocol and notes were made live on screen.
6. HRD presented the proposed plan for the short-term symptom relief review. The group discussed the plan and notes were made live on screen.
7. FC presented the review for the long-term effectiveness of local oestrogens for the treatment of urogenital atrophy question. The group discussed the findings of the review.
8. MAL led the group through the process of interpreting the evidence and drafting recommendations for the long-term effectiveness of local oestrogens for the treatment of urogenital atrophy. Notes were made live on screen
9. MD gave a presentation about the diagnosis of premature ovarian insufficiency (POI)
10. TA gave a presentation about osteoporosis and the scoring systems that are used to measure bone mineral density.
11. KW presented the review for the comparison of hormone replacement therapy (HRT) with oral contraceptive pills (OCP) for the management of POI. The group discussed the findings of the review
12. MAL led the group through the process of interpreting the evidence and drafting recommendations for the comparison of hormone replacement therapy (HRT) with oral contraceptive pills (OCP) for the management of POI. Notes were made live on screen.
13. The group was informed that HM would be leaving the guideline. The group thanked HM for his contribution to the guideline.
14. There were no other items of business. MAL thanked the group for attending and closed the meeting

#### **Date, time and venue of the next meeting**

Wednesday 26<sup>th</sup> March 2014 10:00–16:00 at the Royal College of Obstetricians and Gynaecologists, London