

Menopause: diagnosis and management (update) Guideline Committee Meeting 9

Date: Tuesday 21st March 2023

Location Virtual meeting via Zoom

Minutes: **Final**

Committee members present:		
Gillian Baird		Present for notes 1-7
Martha Hickey		Present for notes 1-7
Haitham Hamoda		Present for notes 1-7
Gillian Reeves		Present for notes 2-7
Hayley Berry		Present for notes 1-7
Sarah Hillman		Present for notes 1-7
Roopen Arya		Present for notes 4-7
Nina Kuypers		Present for notes 1-7
Eef Hogervorst		Present for notes 1-7
Kathy Abernethy		Present for notes 1-7
Lorraine Griffiths		Present for notes 2-7
Louise Massey		Present for notes 4-7
Karina Bowkett		Present for notes 3-6
Anita Sharma		Present for notes 1-7
Sadaf Gaem-Maghani		Present for notes 1-3
Anne Armstrong		Present for notes 5-7
John Stevenson		Present for notes 1-7
Jenny Van Heerden		Present for notes 1-7
David Armstrong		Present for notes 1-7

In attendance:		
Katharina Dworzynski	Guideline Lead	Present for notes 1-7
Melissa Bolessa	Project Manager	Present for notes 1-7
Nathan Bromham	Senior Systematic Reviewer	Present for notes 1-7
Agnesa Mehmeti	Systematic Reviewer	Present for notes 1-5
Katriona O'Donoghue	Systematic Reviewer	Present for notes 1-7
Anja Fricke	Systematic Reviewer	Present for notes 1-7
James Hawkins	Senior Economist	Present for notes 2-3
Ceri Williams	Information specialist	Present for notes 2-7
Stephen Murphy	Clinical Advisor	Present for notes 5-7
Hugo Pedder	TSU	Present for notes 1-3
Astrid Aregui	Senior Medical Editor	Present for notes 2-7

Shalmali Deshpande	Systematic Reviewer	Present for notes 1-7
Sabina Keane	Observer: NICE Technical Analyst (Digital Living Guidelines)	Present for notes 2-3

APOLOGIES:

1.	Edgar Masanga	Associate Assessment Lead
2.	Nick O’Callaghan-Staples	Guideline Commissioning Manager

1. Welcome, housekeeping, aims of the day and apologies

The Chair welcomed the Committee members and attendees to the 9th guideline committee meeting (Day 2) on Menopause: diagnosis and management (update).

The Chair asked the committee to review the minutes and the minutes were confirmed as accurate.

The Chair requested for any new declarations of interest to be shared with the group. No new interests were declared and any interest declared previously did not impact on the participation of committee members on matters under discussion for this meeting.

2. Evidence review question 1.2A

Hugo Pedder, Statistician (TSU), Shalmali Deshpande, Technical Analyst and James Hawkins, Senior Economist presented evidence review question 1.2A - What the effectiveness of treatments such as local oestrogen, ospemifene, prasterone and transvaginal laser therapy for managing genitourinary symptoms associated with the menopause?

The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.

3. Evidence review question 1.2A

See above.

4. Lay member forum

The committee members held a forum where discussions were made on key points from review question 1.2A. They discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.

5. Evidence review question 2.7

Nathan Bromham, Senior Systematic Reviewer presented evidence review question 2.7 - What are the effects of hormone replacement therapy taken by women, non-binary and trans-masculine people with early menopause (aged 40 to 44) on all-cause mortality and developing:

- venous thromboembolism
- cardiovascular disease

- type 2 diabetes
- breast cancer
- endometrial cancer
- ovarian cancer
- osteoporosis
- dementia
- loss of muscle mass and strength?

The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.

6. Evidence review question 2.7

The committee continued to discuss evidence review question 2.7 continued - What are the effects of hormone replacement therapy taken by women, non-binary and trans-masculine people with early menopause (aged 40 to 44).

The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.

8. Summary of actions & any other business

Gillian Baird, Committee Chair summarised the actions. The next meetings will be on Monday 24th and Tuesday 25th April 2023, virtual meeting.

Location of next meeting: Monday 24th and Tuesday 25th April 2023, virtual meeting.