

Menopause: diagnosis and management (update) Guideline Committee Meeting 10

Date: Monday 24th April 2023
Location Virtual meeting via Zoom
Minutes: **Final**

Committee members present:		
Gillian Baird		Present for notes 1-9
Martha Hickey		Present for notes 1-9
Haitham Hamoda		Present for notes 1-9
Gillian Reeves		Present for notes 1-9
Hayley Berry		Present for notes 1-9
Sarah Hillman		Present for notes 1-9
Roopen Arya		Present for notes 1-9
Nina Kuypers		Present for notes 1-9
Eef Hogervorst		Present for notes 1-9
Kathy Abernethy		Present for notes 1-9
Lorraine Griffiths		Present for notes 1-9
Karina Bowkett		Present for notes 1-9
Louise Massey		Present for notes 1-9
Anita Sharma		Present for notes 1-9
Anne Armstrong		Present for notes 1-9
John Stevenson		Present for notes 1-9
Sadaf Gaem-Maghani		Present for notes 1-9
Jenny Van Heerden		Present for notes 1-9

In attendance:		
Katharina Dworzynski	Guideline Lead	Present for notes 1-9
Melissa Bolessa	Project Manager	Present for notes 1-9
Nathan Bromham	Senior Systematic Reviewer	Present for notes 1-9
Nick O'Callaghan-Staples	Guideline Commissioning Manager	Present for notes 1-9
Anja Fricke	Systematic Reviewer	Present for notes 1-9
Katriona O'Donoghue	Systematic Reviewer	Present for notes 1-9
Charlotte Augst (Observer)	Freelance consultant, working on a review of patient involvement at NICE	Present for notes 3-4
Stephen Murphy	Clinical Advisor	Present for notes 1-9
Shalmali Deshpande	Systematic Reviewer	Present for notes 1-9

Astrid Aregui	Senior Medical Editor	Present for notes 2-9
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APOLOGIES:		
1.	Agnesa Mehmeti	Systematic Reviewer
2.	James Hawkins	Senior Economist
3.	Ceri Williams	Information specialist
4.	Edgar Masanga	Associate Assessment Lead

1. Welcome, housekeeping, aims of the day and apologies

The Chair welcomed the Committee members and attendees to the 10th guideline committee meeting on Menopause: diagnosis and management (update).

The Chair asked the committee to review the minutes and the minutes were confirmed as accurate.

The Chair requested for any new declarations of interest to be shared with the group.

Name	Role	Description of interest	Type of interest	Decision taken
Mr Haitham Hamoda	Topic advisor	Quoted in articles in Daily Mail, Mail on Sunday and the Guardian on Menopause / bleeding with HRT	Direct – non-financial professional and personal interests	Declare and participate. Agreed by developer Guideline Lead and Committee Chair April 2023. Rationale: The comment was not specific to the topics of the update.
Mr Haitham Hamoda	Topic advisor	Speaker at BMS educational evening for patients. Talk on menopause	Direct – non-financial professional and personal interests	Declare and participate. Agreed by developer Guideline Lead and Committee Chair April 2023. Rationale: The content of the presentation was not specific to the topics of the update.
Mr Haitham Hamoda	Topic advisor	Article: The pathophysiology and management of menopausal symptoms. Vigneswaran K., Hamoda H. Obstetrics, Gynaecology and Reproductive Medicine. (no pagination), 2023. Date of Publication: 2023.	Direct – non-financial professional and personal interests	Declare and participate. Agreed by developer Guideline Lead and Committee Chair April 2023. Rationale: The article is not specific to the topics of the update.
Mr Haitham Hamoda	Topic advisor	Editorial: Menopause care for women: Supporting the NHS to support women. Briggs P., Hamoda H., Rymer J., Morris E., Moger S. Post Reproductive Health. 29(1) (pp 4-5), 2023. Date of Publication: March 2023.	Direct – non-financial professional and personal interests	Declare and participate. Agreed by developer Guideline Lead and Committee Chair April 2023. Rationale: The topic of this editorial was not specific to the update.

John Stevenson	Co-opted member	Panagiotis A, Stevenson JC. Cardiovascular health and the menopause, metabolic health. In Best Practice & Research Clinical Endocrinology & Metabolism, in press.	Direct – non-financial professional and personal interests	Declare and participate. Agreed by developer Guideline Lead and Committee Chair April 2023. Rationale: This is part of the committee member's academic work in the topic under discussion. It is not included as evidence for the evidence review.
John Stevenson	Co-opted member	Stevenson JC. Hormones and cardiovascular aging: from prevention to therapies. In Gynecological and Reproductive Endocrinology and Metabolism, in press	Direct – non-financial professional and personal interests	Declare and participate. Agreed by developer Guideline Lead and Committee Chair April 2023. Rationale: This is part of the committee member's academic work in the topic under discussion. It is not included as evidence for the evidence review.
Nina Kuypers	Lay member	Delivered a session highlighting Black Women's Menopausal experiences for the Solicitors Regulation Authority. This did not include any reference to NICE guidance updates.	Direct - financial	Declare and participate. Agreed by developer Guideline Lead and Committee Chair April 2023. Rationale: This is not specific to the scope of the guideline.
Nina Kuypers	Lay member	Panel member for BSI Menopause Workplace Guide. This does not include any reference to NICE guidance updates.	Direct – non-financial professional and personal interests	Declare and participate. Agreed by developer Guideline Lead and Committee Chair February 2023. Rationale: This is not specific to the scope of the guideline.
Nina Kuypers	Lay member	MAPS - JLA PSP - Steering Group.	Direct – non-financial professional and personal interests	Declare and participate. Agreed by developer Guideline Lead and Committee Chair February 2023. Rationale: This is not specific to the scope of the guideline.

They newly declared interests did not impact on the participation of committee members on matters under discussion for this meeting and any interest declared previously. However, a previously declared interest by John Stephenson did impact on participation. This was a partial exclusion from the cardiovascular topic meaning that the committee member was participating in the discussion and provided expertise to the committee but was not involved in the wording of the recommendation.

2. Evidence for review question 2.1

Katriona O'Donoghue, Systematic Reviewer and Anita Sharma, Topic Group Lead presented evidence for review question 2.1 - What are the effects of hormone replacement therapy for menopausal symptoms on developing cardiovascular

<p>disease?</p> <p>The committee discussed Clinical evidence from Document 4 (a), Document 4 (b) and Document 4 (c). The committee further discussed the topic group recommendations, equality considerations and the rationale for the recommendations suggested.</p>
<p>3. Evidence for review question 2.1</p> <p>Katriona O'Donoghue, Systematic Reviewer and Anita Sharma, Topic Group Lead presented evidence for review question 2.1 - What are the effects of hormone replacement therapy for menopausal symptoms on developing cardiovascular disease?</p> <p>The committee discussed Clinical evidence from Document 4 (a), Document 4 (b) and Document 4 (c). The committee further discussed the topic group recommendations, equality considerations and the rationale for the recommendations suggested.</p>
<p>4. Updates on breast and ovarian cancer - absolute numbered tables</p> <p>Nathan Bromham, Senior systematic Reviewer presented updates on breast and ovarian cancer - absolute numbered tables.</p> <p>Documents discussed were Documents 5 (a) – absolute numbers tables breast / ovarian cancer, Document 5 (b) mortality from breast cancer and Document 6 – draft guideline)</p>
<p>5. Lay member forum</p> <p>The committee members held a forum where discussions were made on key points from review question 2.1. They discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.</p>
<p>6. Updates on breast and ovarian cancer - absolute numbered tables</p> <p>Nathan Bromham, Senior systematic Reviewer presented updates on breast and ovarian cancer - absolute numbered tables.</p> <p>The committee discussed the recommendations.</p>
<p>7. Update on evidence review question 2.3</p> <p>Shalmali Deshpande, Systematic Reviewer, presented an update on evidence review question 2.3 - What are the effects of hormone replacement therapy for menopausal symptoms on developing endometrial cancer?</p> <p>The committee discussed recommendations.</p>
<p>8. Research recommendations</p> <p>This agenda item was moved to the next day due to time constraints.</p>
<p>9. Summary of actions & any other business</p> <p>Gillian Baird, Committee Chair summarised the actions. The next meeting will be on Monday 22nd May 2023.</p>

Location of next meeting: Monday 22nd May 2023, virtual meeting.