

**Menopause: diagnosis and management (update) Guideline Committee Meeting 4**

**Date:** Monday 12<sup>th</sup> September 2022

**Location** Virtual meeting via Zoom

**Minutes:** Final

| <b>Committee members present:</b> |                       |
|-----------------------------------|-----------------------|
| Gillian Baird                     | Present for notes 1-9 |
| Martha Hickey                     | Present for notes 1-9 |
| Haitham Hamoda                    | Present for notes 1-9 |
| Gillian Reeves                    | Present for notes 1-9 |
| Hayley Berry                      | Present for notes 1-9 |
| Roopen Arya                       | Present for notes 1-4 |
| Sarah Hillman                     | Present for notes 1-4 |
| John Stevenson                    | Present for notes 1-4 |
| Sadaf Gaem-Maghani                | Present for notes 1-4 |
| Eef Hogervorst                    | Present for notes 1-9 |
| Jenny Van Heerden                 | Present for notes 1-9 |
| Nina Kuypers                      | Present for notes 1-9 |
| Karina Bowkett                    | Present for notes 1-9 |
| Kerry Barnett                     | Present for notes 1-9 |

| <b>In attendance:</b> |                                      |                       |
|-----------------------|--------------------------------------|-----------------------|
| Melissa Bolessa       | Project Manager                      | Present for notes 1-9 |
| Maija Kallioinen      | Guideline Lead                       | Present for notes 1-9 |
| Katharina Dworzynski  | Guideline Lead                       | Present for notes 1-9 |
| Nathan Bromham        | Senior Systematic Reviewer           | Present for notes 1-9 |
| Agnesa Mehmeti        | Systematic Reviewer                  | Present for notes 1-9 |
| Shalmali Deshpande    | Systematic Reviewer                  | Present for notes 1-9 |
| Edgar Masanga         | Associate Assessment Lead            | Present for notes 1-9 |
| Nick Staples          | NICE Guideline Commissioning Manager | Present for notes 1-9 |
| Dahlia Shalks         | Observer                             | Present for notes 1-9 |
| James Hawkins         | NICE Senior Economist                | Present for notes 1-9 |

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| <b>Apologies:</b>                      |
| Anita Sharma - GC Member               |
| Louise Massey – GC Member              |
| Lorraine Griffiths - GC Member         |
| Kathy Abernethy – GC Member            |
| Ceri Williams - Information Specialist |
| Stephen Murphy - Clinical Advisor      |

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| <b>1. Welcome, housekeeping, aims of the day and apologies</b>  |
| <p>The Chair welcomed the Committee members and attendees to the 4<sup>th</sup> guideline committee meeting on Menopause: diagnosis and management (update).</p> <p>The Chair noted apologies for the day.</p> <p>The Chair asked the committee to review the minutes and the actions and decisions log from the previous GC meeting 3.</p> <p>The Chair requested for any new declarations of interest to be shared with the group. New interests were declared, and any interest declared previously did not impact on the participation of committee members on matters under discussion for this meeting.</p> <p>Nathan Bromham, Senior Systematic Reviewer provided an update on regulated and compounded bioidentical hormones.</p> <p>Agnesa Mehmeti, Systematic Reviewer provided an update on action related to Cardiovascular outcomes.</p> |
| <b>2. Editing guideline recommendations</b>   |
| <p>Ruth Melville, NICE Senior Medical Editor provided a presentation on the role of the editor.</p> <p>Ruth Melville took questions from the group on guideline recommendations and there was a discussion with the committee about this.</p>   |
| <b>3. Network meta-analysis (NMA) presentation – in relation to 1.2 genitourinary symptoms</b>  |
| <p>James Hawkins, Senior Economist, Nathan Bromham, Senior Systematic Reviewer and Shalmali Deshpande, Systematic Reviewer presented a Network meta-analysis (NMA) presentation – in relation to 1.2 genitourinary symptoms.</p> <p>James Hawkins, Nathan Bromham and Shalmali Deshpande, took questions from the group and there was a discussion with the committee about this.</p>   |

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| <p><b>4. Economic priorities</b></p> <p>James Hawkins, Senior Economist presented Economic priorities, with a focus on the output from searches.</p> <p>James Hawkins took questions from the group and there was a committee sign-off.</p>   |
| <p><b>5. Review question 1.1:</b></p> <p>Agnesa Mehmeti, Systematic Reviewer, Katriona O'Donoghue, Systematic Reviewer and Kerry Barnett, Topic Group Lead presented the review question 1.1: What is the effectiveness of cognitive behavioural therapy for managing symptoms associated with the menopause?</p> <p>Agnesa Mehmeti, Katriona O'Donoghue and Kerry Barnett, took questions from the group and there was a discussion with the committee about this.</p> |
| <p><b>6. Lay member forum</b></p> <p>The Lay members held a forum where discussions were made on key points from review question 1:1.</p>   |
| <p><b>7. Review question 1.1:</b></p> <p>Agnesa Mehmeti, Systematic Reviewer, Katriona O'Donoghue, Systematic Reviewer and Kerry Barnett, Topic Group Lead presented the review question 1.1: What is the effectiveness of cognitive behavioural therapy for managing symptoms associated with the menopause?</p> <p>Agnesa Mehmeti, Katriona O'Donoghue and Kerry Barnett, took questions from the group and there was a discussion with the committee about this.</p> |
| <p><b>8. Protocol for review question 2.6:</b></p> <p>Nathan Bromham, Senior Systematic Reviewer and Gill Reeves, Epidemiologist presented the protocol for review question 2.6: What are the effects of hormone replacement therapy for menopausal symptoms on all-cause mortality?</p> <p>Nathan Bromham and Gill Reeves took questions from the group and there was a discussion with the committee about this.</p>  |
| <p><b>9. Summary of actions &amp; any other business</b></p> <p>Actions were summarised. The other business that was raised was that regular economic workshops are open to committee members. Committee members are to email Melissa and Katharina if they are interested in attending, a date of when the next one is scheduled will then be confirmed.</p> <p>The next meeting will potentially be half day – this is to be confirmed.</p>                           |

**Location of next meeting:** Friday 21<sup>st</sup> October 2022 – virtual meeting