

**Menopause: diagnosis and management (update) Guideline Committee Meeting 7**

**Date:** Tuesday 10<sup>th</sup> January 2023

**Location** Virtual meeting via Zoom

**Minutes:** Final

<b>Committee members present:</b>	
Gillian Baird	Present for notes 1-8
Martha Hickey	Present for notes 1-8
Haitham Hamoda	Present for notes 1-8
Gillian Reeves	Present for notes 1-8
Hayley Berry	Present for notes 1-8
Sarah Hillman	Present for notes 1-8
Sadaf Gaem-Maghani	Present for notes 1-2
Eef Hogervorst	Present for notes 1-8
Nina Kuypers	Present for notes 1-8
Lorraine Griffiths	Present for notes 1-8
Anita Sharma	Present for notes 1-8
Kathy Abernethy	Present for notes 1-8
Louise Massey	Present for notes 1-8
Karina Bowkett	Present for notes 1-8
John Stevenson	Present for notes 1, 3-8
Roopen Arya	Present for notes 1-8

<b>In attendance:</b>		
Melissa Bolessa	Project Manager	Present for notes 1-8
Katharina Dworzynski	Guideline Lead	Present for notes 1-8
Nathan Bromham	Senior Systematic Reviewer	Present for notes 1-8
Agnesa Mehmeti	Systematic Reviewer	Present for notes 1-8
Nick Staples	Guideline Commissioning Manager	Present for notes 1-8
Shalmali Deshpande	Systematic Reviewer	Present for notes 1-8
Katriona O'Donoghue	Systematic Reviewer	Present for notes 1-8
James Hawkins (JH)	NICE Senior Economist	Present for notes 6
Ceri Williams	Information specialist	Present for notes 3-8
Stephen Murphy	Clinical Advisor	Present for notes 1-8
Edgar Masanga	Associate Assessment Lead	Present for notes 1-8
Nicky Welton	TSU (joined for NMA)	Present for notes 5

Joanna Perkin	Editor	Present for notes 1-8
---------------	--------	-----------------------

<p><b>1. Welcome, housekeeping, aims of the day and apologies</b></p> <p>The Chair welcomed the Committee members and attendees to the 7<sup>th</sup> guideline committee meeting on Menopause: diagnosis and management (update).</p> <p>The Chair asked the committee to review the minutes and the minutes were confirmed as accurate.</p> <p>The Chair requested for any new declarations of interest to be shared with the group. New interests were declared, and any interest declared previously did not impact on the participation of committee members on matters under discussion for this meeting.</p>
<p><b>2. Evidence review question 2.1</b></p> <p>Nathan Bromham, Senior Systematic Reviewer presented evidence review question 2.1 - Preliminary results: What are the effects of hormone replacement therapy for menopausal symptoms on developing cardiovascular disease?</p> <p>The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.</p>
<p><b>3. Evidence review question 2.1</b></p> <p>Nathan Bromham, Senior Systematic Reviewer, Anita Sharma, Topic group lead and Gillian Baird, Committee Chair presented evidence review question 2.1 - Preliminary results: What are the effects of hormone replacement therapy for menopausal symptoms on developing cardiovascular disease?</p> <p>The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.</p>
<p><b>4. Lay member forum</b></p> <p>The Lay members held a forum where discussions were made on key points from review question 2.1.</p>
<p><b>5. Network Meta-analysis - update</b></p> <p>Shalmali Deshpande, Systematic Reviewer, James Hawkins, Senior Economist and Nicky Welton Technical Support Unit presented an update on the Network meta-analysis and health economic update (or model) - Related to review question 1.2 Effectiveness of treatments for genitourinary question.</p> <p>Shalmali Deshpande, James Hawkins and Nicky Welton took questions from the committee.</p>
<p><b>6. Economic considerations related to evidence review 1.1</b></p> <p>James Hawkins, Senior Economist presented Economic considerations related to evidence review 1.1: cognitive behavioural therapy for managing symptoms associated with the menopause.</p> <p>James Hawkins took questions from the committee.</p>

**7. Edited recommendations and rationale & impact sections**

Katharina Dworzynski, Guideline Lead presented the Edited recommendations and rationale & impact sections.

Katharina Dworzynski took questions from the committee.

**8. Summary of actions & any other business**

Gillian Baird, Committee Chair summarised the actions. The next meeting will be an in-person meeting on the 13<sup>h</sup> of January.

**Location of next meeting:** Friday the 13<sup>th</sup> of January 2023 – face to-face meeting.