

**Menopause: diagnosis and management (update) Guideline Committee Meeting 8**

**Date:** Wednesday 15<sup>th</sup> February 2023

**Location** Virtual meeting via Zoom

**Minutes:** **Final**

<b>Committee members present:</b>	
Gillian Baird	Present for notes 1-7
Martha Hickey	Present for notes 1-7
Haitham Hamoda	Present for notes 1-7
Gillian Reeves	Present for notes 1-7
Hayley Berry	Present for notes 1-7
Sarah Hillman	Present for notes 1-7
Karina Bowkett	Present for notes 1-3
Nina Kuypers	Present for notes 1-7
Eef Hogervorst	Present for notes 2-7
Kathy Abernethy (Joined 9:30am)	Present for notes 1-7
Lorraine Griffiths	Present for notes 1-7
Louise Massey	Present for notes 1-7
Sadaf Gaem-Maghani	Present for notes 4-6
Anita Sharma	Present for notes 1-7
Anne Armstrong	Present for notes 4-5
John Stevenson	Present for notes 1-3

<b>In attendance:</b>		
Katharina Dworzynski	Guideline Lead	Present for notes 1-7
Melissa Bolessa	Project Manager	Present for notes 1-7
Nathan Bromham	Senior Systematic Reviewer	Present for notes 1-7
Shalmali Deshpande	Systematic Reviewer	Present for notes 1-7
Agnesa Mehmeti	Systematic Reviewer	Present for notes 1-7
Katriona O'Donoghue	Systematic Reviewer	Present for notes 1-7
Ceri Williams	Information specialist	Present for notes 1-7
Nick O'Callaghan-Staples	Guideline Commissioning Manager	Present for notes 1-5
Astrid Aregui	Senior Medical Editor	Present for notes 2-6

APOLOGIES:		
1.	Roopen Arya	GC member
2.	Stephen Murphy	Clinical Advisor
3.	James Hawkins	Senior Economist
4.	Edgar Masanga	Associate Assessment Lead

<b>1. Welcome, housekeeping, aims of the day and apologies</b>
<p>The Chair welcomed the Committee members and attendees to the 8<sup>th</sup> guideline committee meeting on Menopause: diagnosis and management (update).</p> <p>The Chair asked the committee to review the minutes and the minutes were confirmed as accurate.</p> <p>The Chair requested for any new declarations of interest to be shared with the group. New interests were declared, and any interest declared previously did not impact on the participation of committee members on matters under discussion for this meeting.</p>
<b>2. Evidence review question 2.6</b>
<p>Agnesa Mehmeti, Systematic Reviewer and Anja Fricke, Systematic Reviewer presented Evidence review question 2.6 - What are the effects of hormone replacement therapy for menopausal symptoms on all-cause mortality?</p> <p>The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.</p>
<b>3. Evidence review question 2.6</b>
<p>Agnesa Mehmeti, Systematic Reviewer, Anja Fricke, Systematic Reviewer and Nina Kuypers, Topic Group Lead presented Evidence review question 2.6 - What are the effects of hormone replacement therapy for menopausal symptoms on all-cause mortality?</p> <p>The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.</p>
<b>4. Lay member forum</b>
<p>The committee members held a forum where discussions were made on key points from review question 2.6. They discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.</p>
<b>5. Evidence review question 2.3</b>
<p>Shalmali Deshpande, Systematic Reviewer and Katriona O'Donoghue, Systematic Reviewer presented Evidence review question 2.3 - What are the effects of hormone replacement therapy for menopausal symptoms on developing endometrial cancer?</p> <p>The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.</p>
<b>6. Evidence review question 2.3</b>
<p>Shalmali Deshpande, Systematic Reviewer, Katriona O'Donoghue, Systematic</p>

Reviewer and Sarah Hillman, Topic Group Lead presented Evidence review question 2.3 - What are the effects of hormone replacement therapy for menopausal symptoms on developing endometrial cancer?

The committee discussed the clinical evidence, topic group recommendations, equality considerations and rationale for recommendations.

**7. Summary of actions & any other business**

Gillian Baird, Committee Chair summarised the actions. The next 2-day meeting will be on Monday the 20<sup>th</sup> and Tuesday the 21<sup>st</sup> of March 2023.

**Location of next meeting:** Monday 20<sup>th</sup> and Tuesday 21<sup>st</sup> of March 2023, virtual meeting.