

Vitamin B12 Deficiency Committee meeting

Date: 09/12/2022

Location: Via zoom

Minutes: Final

Committee members present:		
Imran Jawaid (Chair)		(Present for notes 1 – 6)
Ian Beales		(Present for notes 1 – 6)
Medina Brown		(Present for notes 1 – 6)
Cassandra Edgar		(Present for notes 1 – 6)
Mamta Garg		(Present for notes 4 – 6)
Dominic Harrington		(Present for notes 1 – 6)
Linda Haste (co-opted member)		(Present for notes 1 – 6)
Nick Kosky (co-opted member)		(Present for notes 1 – 6)
Louella Oakey		(Present for notes 1 – 6)
Harnish Patel		(Present for notes 4 – 6)
Mark Pritchard		(Present for notes 1 – 6)
Emile Richman		(Present for notes 1 – 6)
Willemina Rietsema		(Present for notes 1 – 6)
Emma Stevenson		(Present for notes 1 – 6)
Phil Smith (co-opted member)		(Present for notes 1 – 6)

In attendance:		
Bethan Dorsett	Senior Medical Editor	(Present for notes 1 – 6)
Stephen Deed	Information Specialist	(Present for notes 1 – 6)
Aamer Jawed	Health Economist	(Present for notes 1 – 6)
Toby Sands	Research Fellow	(Present for notes 1 – 6)
Carlos Sharpin	Guideline Lead	(Present for notes 1 – 6)
Maria Smyth	Senior Research Fellow	(Present for notes 1 – 6)
Nick Staples	Guideline Commissioning Manager	(Present for notes 1 – 4)
Katie Tuddenham	Project Manager	(Present for notes 1 – 6)

Apologies:

Rakesh Koria	Guideline Committee
Maddie Smith	Guideline Committee
David Wonderling	Head of Health Economics

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the ninth meeting on vitamin B12 deficiency. The Committee members and attendees introduced themselves.

No members of the public asked to observe the meeting.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting.

2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matters under discussion were treatment, risk factors and signs and symptoms.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
-	-	No new declarations received. In line with the update to the NICE DOI policy, all committee member roles have been added to the declaration of interests register.	-	-

3. Update on obstetric input

Carlos Sharpin, Guideline Lead, gave an update on the proposed way forward for gaining obstetric input on the draft recommendations. The committee agreed the proposal to send the draft recommendations for review by appropriate obstetric physician colleagues. The input will be discussed by the committee before

consultation.

4. Review of draft recommendations – treatment of dietary causes of vitamin B12 deficiency

Carlos Sharpin, Guideline Lead, led a discussion on the recommendations drafted for treatment.

5. Evidence review – Risk factors and signs and symptoms

Maria Smyth, Senior Research Fellow, and Toby Sands, Research Fellow, presented the clinical evidence. Health economic evidence was not relevant for this question. The committee discussed draft recommendations.

6. Any other business

There being no other business, the Chair thanked everyone for their participation and closed the meeting.

Date of next meeting: 16/01/2023 & 17/01/2023

Location of next meeting: Via Zoom