

Adrenal Insufficiency Committee meeting 10

Date: 28 June 2023

Location: Virtual meeting

Minutes: Final

Committee members present:		
Benjamin Ellis (BE) (Chair)		Present for items 1 - 5
Helen Simpson (HS) (Topic Advisor)		Present for items 1 - 5
Aled Rees (AR) (Cooptee)		Present for items 1 - 5
Anh Tran (AT)		Present for items 1 - 5
Callum Brown (CB) (Cooptee)		Present for items 1 - 5
Chloe Mezzetti (CM)		Present for items 1 - 5
Emma Beecroft (EB) (Cooptee)		Present for items 1 - 5
Geraint Morris (GM)		Present for items 1 - 5
Kate Davies (KD)		Present for items 1 - 2
Kate Owen (KO)		Present for items 1 - 5
Kaz Williams (KW)		Present for items 1 - 5
Lisa Shepherd (LS)		Present for items 1 - 5
Nabil Boulos (NB)		Present for items 1 - 2
Ranna El Khairi (RK)		Present for items 1 - 5
Sally Caruthers (SC) (Cooptee)		Present for items 1 - 5
Sally Tollerfield (ST)		Present for items 1 - 5
Simon Pearce (SP)		Present for items 1 - 5
Colin Omorodion (CO)		Present for items 1 - 5

In attendance:		
Alexandra Bonnon (AB)	Health economist	Present for items 1 - 5
Catrina Charlton (CC)	Guideline Commissioning Manager	Present for items 1 - 5
Madeline Zucker	Technical Analyst	Present for items 1 - 5
Rebecca Boucher	Senior Editor	Present for items 1 - 3
Saoussen Ftouh (SF)	Senior Research Fellow	Present for items 1 – 5
Sharon Swain (SS)	Guideline Lead	Present for items 1 – 5
Stephen Deed (SD)	Information Specialist	Present for items 1 – 5
Tamara Diaz (TD)	Project Manager	Present for items 1 – 5

Apologies:	
Philip Newland-Jones (PNJ)	

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the ninth meeting on the Adrenal Insufficiency guideline. Apologies are noted above.

The Chair outlined the objectives of the meeting, which included presentation of the results of the evidence reviews on:

- Managing corticosteroid withdrawal when corticosteroids are no longer needed.

2. Confirmation of matter under discussion, and declarations of interest

New declarations made by committee members on meeting day are listed below.

Name	Declaration	Classification	Action
Kate Davies	Author on published article, on tertiary adrenal insufficiency.	Non-financial Direct	Non-specific. Declare and participate.
Lisa Shepherd	Presenting at the Addison's disease health group meeting in July.	Non-financial Direct	Non-specific. Declare and participate.

The Chair and a senior member of the Developer's team noted that the declared interests noted above, and the interests noted on the circulated register didn't prevent committee members from fully participating in discussions on the evidence review. However, as the recommendations on previous reviews would be discussed during the day, committee members were reminded to withdraw from discussions for the areas for which they are conflicted, as follows:

- HS, AR, SP and EB to withdraw from discussions related to emergency care (dental care)
- ST, HS, SP and NB to withdraw from discussions related to emergency management and physiological stress (NB and ST paediatric care) (HS and SP adult care).

3. Confirmation of minutes

Minutes of guideline committee meetings 10 were confirmed as accurate.

1. Evidence review: In people at risk of adrenal insufficiency because of prolonged corticosteroid use, what is the best way to manage corticosteroid withdrawal when corticosteroids are no longer needed to control disease activity?

The clinical and economic evidence for the above question was summarised and

recommendations drafted by the group.

2. Draft Recommendations:

Edits to the draft recommendations by the Editor were reviewed by the committee.

3. Health Economics: Call for evidence.

AB delivered an update to the committee on the recent Call for evidence conducted for the guideline.

4. Guideline draft: Chapter introduction

The team considered the guideline's draft chapters and agreed on the committee members who would lead on drafting each introduction.

5. Any other business

None. There being no further business the meeting ended at 4:00 p.m.

Date of next meeting: GC11, 13 July 2023.

Location of next meeting: Virtual meeting