

Adrenal Insufficiency Committee meeting 14

Date: 09 November 2023

Location: Virtual meeting

Minutes: Final

Committee members present:	
Benjamin Ellis (BE) (Chair)	Present for items 1 - 8
Helen Simpson (HS) (Topic Advisor)	Present for items 1 - 8
Anh Tran (AT)	Present for items 1 - 8
Aled Rees (AR) (Cooptee)	Present for items 1 - 8
Callum Brown (CB) (Cooptee)	Present for items 1 - 8
Chloe Mezzetti (CM)	Present for items 1 - 8
Colin Omorodion (CO)	Present for items 1 - 8
Geraint Morris (GM)	Present for items 1 - 8
Kaz Williams (KW)	Present for items 1 - 8
Lisa Shepherd (LS)	Present for items 1 - 4
Mandish Dhanjal (MD) (Cooptee)	Present for items 1 - 8
Philip Newland-Jones (PNJ)	Present for items 1 - 8
Ranna El Khairi (RK)	Present for items 3 - 8
Sally Tollerfield (ST)	Present for items 1 - 8
Simon Pearce (SP)	Present for items 1 - 8

In attendance:		
Gill Ritchie	Guideline Lead	Present for items 1 - 8
Madelaine Zucker	Technical Analyst	Present for items 1 - 8
Rebecca Boucher	Senior Editor	Present for items 1 - 8
Rupert Franklin (RF)	Guideline Commissioning Manager	Present for items 3 - 8
Saoussen Ftouh (SF)	Senior Research Fellow	Present for items 1 - 8
Sophia Kemmis-Betty (SKB)	Health Economics Lead	Present for items 1 - 8
Stephen Deed (SD)	Information Specialist	Present for items 1 - 8
Suzie Panek (SP)	Resource Impact Assessment	Present for items 1 - 8
Tamara Diaz (TD)	Project Manager	Present for items 1 - 8

Apologies:	
Alexandra Bonnon (AB)	
Emma Beecroft (EB) (Cooptee)	
Kate Davies (KD)	
Kate Owen (KO)	
Nabil Boulos (NB)	
Sally Caruthers (SC) (Cooptee)	

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 14th meeting on the Adrenal Insufficiency guideline. Apologies are noted above.

The Chair outlined the objectives of the meeting, which included the review of draft recommendations for ongoing care and monitoring, and emergency management of adrenal crisis.

2. Confirmation of matter under discussion, and declarations of interest

There were no new declarations made by committee members on this meeting day.

Name	Declaration	Classification	Action
Nil	Nil	Nil	Nil

The Chair and a senior member of the Developer's team noted that there were no previously made declarations related to the day's agenda items, that would prevent attendees from fully participating in the day's discussions.

3. Confirmation of minutes

Minutes of guideline committee meetings 14 were confirmed as accurate.

4. Evidence review: When should a person who is having exogenous corticosteroids withdrawal be referred to investigation and management of adrenal insufficiency related to HP-Axis suppression?

MZ delivered the presentation, summarising all evidence considered in the review. SKB presented related health economic evidence. The evidence was discussed, and the committee drafted recommendations.

5. Evidence review: What initial investigations should be done by the non-specialist for people with suspected adrenal insufficiency?

MZ delivered the presentation, summarising all evidence considered in the review. SKB presented related health economic evidence. The evidence was discussed, and the committee drafted recommendations.

6. Evidence review: When should be people with suspected adrenal insufficiency be referred to specialists for further investigation?

MZ delivered the presentation, summarising all evidence considered in the review. SKB presented related health economic evidence. The evidence was discussed, and the committee drafted recommendations.

7. Draft Guideline work:

Pregnancy: The recommendations drafted for people experiencing adrenal insufficiency during pregnancy were reviewed and edited by the committee.

Chapter introductions: Group members were thanked for their contributions and heard that this work was being finalised.

Research recommendations: The group considered the areas for which research recommendations were suggested for the guideline.

8. Any other business

None. There being no further business the meeting ended at 4:00 p.m.

Date of next meeting: GC15, Thursday 30 November 2023*

Location of next meeting: Virtual meeting

*This meeting was subsequently cancelled.