

Adrenal Insufficiency Committee meeting 2

Date: 29 June 2022

Location: Virtual meeting

Minutes: Final

Committee members present:		
Benjamin Ellis (BE)		(Present for items 1 – 5)
Helen Simpson (HS)		(Present for items 1 – 5)
Anh Tran (AT)		(Present for items 1 – 5)
Kate Owen (KO)		(Present for items 1 – 5)
Chloe Mezzetti (CM)		(Present for items 1 – 5)
Colin Omorodion (CO)		(Present for items 1 – 5)
Kate Davies (KD)		(Present for items 1 – 5)
Kaz Williams (KW)		(Present for items 1 – 5)
Lisa Shepherd (LS)		(Present for items 1 – 5)
Nabil Boulos (NB)		(Present for items 1 – 5)
Ranna El Khairi (RK)		(Present for items 1 – 5)
Sally Tollerfield (ST)		(Present for items 1 – 5)

In attendance:		
Catrina Charlton (CC)	Guideline Commissioning Manager	(Present for items 1 – 5)
Alexandra Bonnon (AB)	Health economist	(Present for items 1 – 5)
Saoussen Ftouh (SF)	Senior Research Fellow	(Present for items 1 – 5)
Sophia Kemmis-Betty	Health Economics Lead	(Present for items 1 – 5)
Sharon Swain (SS)	Guideline Lead	(Present for items 1 – 5)
Stephen Deed (SD)	Information Specialist	(Present for items 1 – 5)
Tamara Diaz (TD)	Project Manager	(Present for items 1 – 5)
Maheen Qureshi (MQ)	Research Fellow	(Present for items 1 – 5)

Apologies:		
Philip Newland Jones (PNJ)		
Simon Pearce (SP)		

1.

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the second meeting on the Adrenal Insufficiency guideline. The Committee members and attendees introduced themselves.

The Chair outlined the objectives of the meeting, which included presentation of the results on the health economic prioritisation survey and consideration of the following protocols:

- Pharmacological management of secondary and tertiary adrenal insufficiency
- Information and support for people with suspected or diagnosed adrenal insufficiency
- Information and support for the prevention and emergency care of an adrenal crisis
- Pharmacological treatments for managing periods of physiological stress in people with adrenal insufficiency
- Pharmacological treatments for managing periods of psychological stress in people with adrenal insufficiency

2. Confirmation of matter under discussion, and declarations of interest

There were no other declarations made by committee members on meeting day. The Chair and a senior member of the Developer's team noted that the interests noted on the circulated register, would not prevent attendees from fully participating in meeting discussions.

3. Economic priorities

AB presented the results of the survey on health economic priorities. The group discussed the results.

4. Draft protocols

SF presented the draft protocols on the following clinical questions:

- Routine pharmacological management of secondary and tertiary adrenal insufficiency
- What information and support do people with suspected or diagnosed adrenal insufficiency (and their families and carers) need to routinely manage their

health (including how to ensure an adequate supply of medicines, advice on what to do in certain situations such as when exercising, travelling, working non-standard hours or taking part in religious observances such as fasting)?

- What information and support do people diagnosed with adrenal insufficiency need for the prevention and emergency care of an adrenal crisis?
- What is the clinical and cost effectiveness of pharmacological treatments for managing periods of physiological stress in people with adrenal insufficiency including:
 - a) planned and emergency invasive procedures
 - b) pregnancy and intrapartum care
 - c) intercurrent illness and periods of physiological stress including minor (for example, colds) and major illnesses (for example, severe infection, cardiac events)?
- What is the clinical and cost effectiveness of pharmacological treatments for managing periods of psychological stress in people with adrenal insufficiency?

5. Any other business

None.

Date of next meeting: 17 August 2022

Location of next meeting: Virtual meeting