

Adrenal Insufficiency Committee meeting 3

Date: 17 August 2022

Location: Virtual meeting

Minutes: Draft

Committee members present:		
Benjamin Ellis (BE)		(Present for items 1 – 10)
Helen Simpson (HS)		(Present for items 1 – 10)
Anh Tran (AT)		(Present for items 1 – 10)
Kate Owen (KO)		(Present for items 1 – 10)
Chloe Mezzetti (CM)		(Present for items 1 – 10)
Colin Omorodion (CO)		(Present for items 1 – 10)
Kate Davies (KD)		(Present for items 1 – 10)
Kaz Williams (KW)		(Present for items 1 – 10)
Lisa Shepherd (LS)		(Present for items 1 – 10)
Nabil Boulos (NB)		(Present for items 1 – 10)
Ranna El Khairi (RK)		(Present for items 1 – 10)
Sally Tollerfield (ST)		(Present for items 1 – 10)
Philip Newland-Jones (PNJ)		(Present for items 1 – 10)
Simon Pearce (SP)		(Present for items 1 – 10)

In attendance:		
Alexandra Bonnon (AB)	Health economist	(Present for items 1 – 10)
Benjamin Fletcher (BF)	Technical Analyst, Surveillance Team	(Present for items 1 – 10)
Catrina Charlton (CC)	Guideline Commissioning Manager	(Present for items 1 – 10)
Maheen Qureshi (MQ)	Research Fellow	(Present for items 1 – 10)
Meena Tafazzoli (MT)	Technical Analyst	(Present for items 1 – 10)
Patrick Langford (PL)	Technical Analyst, Surveillance Team	(Present for items 1 – 10)
Rebecca Boucher	Editor	(Present for items 1 - 10)
Saoussen Ftouh (SF)	Senior Research Fellow	(Present for items 1 – 10)
Sharon Swain (SS)	Guideline Lead	(Present for items 1 – 10)
Sophia Kemmis-Betty	Health Economics Lead	(Present for items 1 – 10)
Stephen Deed (SD)	Information Specialist	(Present for items 1 – 10)
Tamara Diaz (TD)	Project Manager	(Present for items 1 – 10)

Apologies:		
Lisa Shepherd (LS)		

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the third meeting on the Adrenal Insufficiency guideline. The Committee members were introduced to new members of the technical team and the Senior Medical Editor.

The Chair outlined the objectives of the meeting, which included presentation of:

- the NICE guide on drafting recommendations
- the results on the evidence review on the routine management of primary adrenal insufficiency,
- health economic prioritisation details
- outstanding questions on draft protocols following quality assurance with the guideline commissioning team.
- the following draft protocols, for the committee's input:
 - Pharmacological strategies to prevent adrenal crisis during periods of intercurrent illness and periods of **physiological** stress.
 - Pharmacological strategies to prevent adrenal crisis during periods of **psychological** stress.

2. Confirmation of matter under discussion, and declarations of interest

New recommendations made by committee members on meeting day are listed below.

Name	Declaration	Classification	Action
Sally Tollerfield	Abstract accepted as a poster for the BSPED 2022 event. Subject: Establishing the utility of the 60-minute serum cortisol sample in a standard synacthen test in a tertiary paediatric centre.	Direct non-financial	Declare and participate.
Simon Pearce	Development of guidelines for steroid cover for dental procedures. Faculty of Dental Surgery, Royal College of Surgeons.	Direct non-financial	Declare and participate.

The Chair and a senior member of the Developer's team noted that the interests noted on the circulated register and those listed above, would not prevent attendees from fully participating in meeting discussions.

3. Confirmation of minutes

Minutes of guideline committee meeting 2 were confirmed.

4. Update on recruitment

The committee heard that recruitment efforts continue for outstanding committee roles.

5. Presentation: Role of the editor

The senior medical editor, RB, was introduced to the committee and delivered a presentation on the role of the editor.

6. Presentation: Methods for evidence review

SF delivered a presentation outlining the methods used during the reviewing process and explaining how results will be produced for meeting discussions.

7. Evidence review

MT presented evidence on the following review question, for the group's discussion:

- What is the clinical and cost effectiveness of pharmacological treatments for the routine management of primary adrenal insufficiency?

8. Draft protocols:

SF raised outstanding issues on the following protocols, for the group's discussion and agreement:

- Information and support
- Pharmacological management for physiological stress
- Pharmacological management for psychological stress

Draft protocols for the following review questions were presented to the group for a first round of edits, discussion and agreement:

- 4.7 What is the clinical and cost effectiveness of non-pharmacological strategies to prevent adrenal crisis during periods of intercurrent illness and periods of physiological stress?
- 4.8 What is the clinical and cost effectiveness of non-pharmacological strategies to prevent adrenal crisis during periods of psychological stress?

9. Economics

The economic priorities for the guideline were discussed and finalised.

10. Any other business

None.

Date of next meeting: 12 October 2022

Location of next meeting: Virtual meeting