



Evidence reviews - August 2024

Evidence review

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The following documents contain the evidence that was used to develop the 2024 recommendations:

- Information, support and decision making
- When to suspect adrenal insufficiency
- When to refer for specialist investigation when withdrawing corticosteroids
- Diagnostic tests and diagnostic thresholds for referral
- Methods for corticosteroid withdrawal
- Routine pharmacological management of primary adrenal insufficiency
- Routine pharmacological management of secondary and tertiary adrenal insufficiency
- When to suspect adrenal crisis
- Emergency management of an adrenal crisis
- Pharmacological management of physiological stress
- Pharmacological management during psychological stress
- Non-pharmacological strategies to prevent adrenal crisis during periods of intercurrent illness and periods of physiological stress
- Non-pharmacological strategies to prevent adrenal crisis during periods of psychological stress
- Ongoing care and monitoring of people with adrenal insufficiency

Other	sup	porting	evidence

• <u>Methods</u>