

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Public Health Advisory Committee F – Meeting 4

Sunlight Exposure: benefits and risk

Monday 8th September 2014

NICE London Office, 10 Spring Gardens, London SW1A 2BU

Final Minutes

Attendees:	<p><i>PHAC Members</i> Catherine Law, Janis Baird, David McDaid, Eugene Healy, Gary Lipman Stuart Lines, Ann Nevinson</p> <p><i>NICE Team</i> Antony Morgan, Emma Doohan, Kim Jeong, Peter Shearn, Tracey Shield, Clare Wohlgemuth.</p> <p><i>Review Team York Health Economics Consortium (YHEC)</i> Rob Hodgson, Mat Taylor</p> <p><i>Co-optees</i> Rashmi Shukla</p>
Apologies:	<p><i>PHAC Members</i> Melvyn Hillsdon, Shelley Mason, John Hawk, John Macleod, Lesley Rhodes, Jim McManus</p>

Author	ED
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Version	Draft 1
Audience	PHAC members, NICE team, members of the public

Item		Action
<p>1. Welcome and objectives for the meeting</p>	<p>The Chair welcomed the Public Health Advisory Committee (PHAC), the review team and the observers to the fourth meeting on Sunlight Exposure: benefits and risks.</p> <p>The Chair informed the PHAC that apologies had been received. These are noted above.</p> <p>The Chair welcomed the members of public to the meeting. The members of the public had been briefed already, both verbally and in writing by the NICE team, and the Chair reminded them of the protocol for members of the public, i.e. their role is to observe and they may not speak or ask questions. Also, no filming or recording of the meeting is permitted.</p> <p>The Chair reminded all present that the PHAC is independent and advisory, and that its decisions and recommendations to NICE do not represent final NICE guidance; and they may be changed as a result of public consultation.</p> <p>General housekeeping was outlined.</p> <p>The Chair outlined the objectives of the meeting which included to:</p> <ul style="list-style-type: none"> • Discuss the draft health economic model prepared by YHEC • Discuss the overview of key messages across organisations with a view to forming consensus on the safe sun exposure messages to be conveyed (now incorporating messages from the Health and Safety Executive and the Met Office) • Draft recommendations and the consideration sections of the guidance, including contemplation of signposting to recommendations from related NICE guidance. 	
<p>2. Declarations of Interests</p>	<p>The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record.</p> <p>The Chair asked the PHAC to declare any changes to their previously declared interests or to make any additional interests in this topic area.</p> <p>Additional interests declared were as follows:</p> <p>Personal non pecuniary Rashmi Shukla – Rashmi is an NIHR and Public</p>	

	<p>Health England advisory board member.</p> <p>It was agreed that the interests declared did not prevent the attendees at committee from fully participating in the meeting.</p>	
3. Minutes of the last meetings	<p>The minutes of PHAC 3 held in July were considered. Some minor amendments were made.</p> <p>Action: It was agreed that John Hawk's DOI should be confirmed with him at the October meeting The following actions are to roll forward:</p> <p>Action: John Marshall to send some prevalence statistics on eye conditions associated with exposure to sunlight.</p> <p>Action: Someone from the Northern Ireland Department of Health who was involved in the skin cancer 10 year strategy should be contacted. NICE to liaise with David McDaid about this</p> <p>Action: The July minutes should be added to the website following the October meeting.</p>	<p>Add to October agenda</p> <p>NICE</p> <p>NICE to liaise with David McDaid</p> <p>NICE</p>
4. General NICE update	<p>Antony Morgan, Associate Director at NICE, reminded the committee of the guideline development process and confirmed with them the forward meeting plan.</p> <p>Key dates are as follows: PHAC 5&6 – 21st and 22nd October 2014 PHAC 7&8 – 17th and 18th March 2015 Guideline consultation – December 2014 Publication - July 2015</p> <p>The SACN report on vitamin D will not be out for consultation until Jan/ Feb 2015. It is hoped that the SACN report will inform the final guideline.</p> <p>The Chair reminded the committee that the guideline will eventually be published on the website as a document but also as part of pathway. When thinking about the content and layout, this should be taken into consideration.</p>	
5, 6. YHEC – draft health economic model	<p>Robert Hodgson (RH), analyst from York Health Economics Consortium (YHEC), outlined the draft economic model for the work.</p> <p>The PHAC were given an opportunity to ask any questions of clarification and to discuss the model in detail. It was noted that lack of data made modelling of many interventions impossible and that modelling the benefits of sunlight exposure was also extremely</p>	

	<p>challenging because of the lack of data.</p> <p>It was agreed that some changes and additions should be made to the health economic model. Particular attention should be made to the interventions aimed at children as these are likely to be most cost effective.</p>	
<p>7,8. Health promotion statements</p>	<p>Clare Wohlgemuth presented an overview of sunlight health messages gathered from both expert testimony and different public health organisations. The PHAC were asked to consider any messages that were inconsistent and agree how to take these forward.</p> <p>The following points were considered:</p> <ul style="list-style-type: none"> • Skin type: This would be discussed at the next meeting when more people with expertise on skin type would be present. The message should be simplified and not based on the Fitzpatrick skin classification system. • How to define high risk groups • The need to be consistent with messages on NHS choices • The need to link to other NICE guidance • How to phrase complex health messages – such as for groups who are at more risk of vitamin D deficiency but still at risk of skin cancer. • How to describe the solar noon clearly • How to tailor messages to different groups. One message doesn't fit all. • Whether a map could be developed to show UV index in different parts of the world • Communication should not particularly focus on the use of sunscreen, but on staying out of the sun. • That there is a hierarchy of interventions <p>The NICE team will make changes to this document for consideration at a future PHAC meeting.</p>	<p>To discuss in October</p> <p>NICE</p>
<p>9, 10, 11 and 12. Drafting recommendations and considerations</p>	<p>Clare Wohlgemuth outlined the process for developing NICE recommendations and considerations. The PHAC were asked to consider the outline areas for recommendations tabled, based on deliberations from the first three PHAC meetings on this topic.</p> <p>The Chair summarised the discussions from the morning as follows:</p> <ul style="list-style-type: none"> • There is an incomplete evidence base for this topic area. • The complex risk evidence base is particularly lacking 	

	<ul style="list-style-type: none"> • There is a need for consistency of message – within NICE and between NICE and other organisations. • We need to be mindful of people’s preferences, constraints and circumstances <p>The PHAC discussed potential recommendations, considerations and research recommendations based on the reviews and expert testimony heard at the previous meetings. These would be drafted for the October meeting.</p> <p>The NICE team should consider whether an additional algorithm and diagram might help to convey some of these messages more clearly. The revised documents will be considered at the next PHAC meetings.</p>	NICE team
13. Summary of the day and next steps	<p>The next steps were outlined as follows:</p> <ul style="list-style-type: none"> • At the October PHAC meeting the redrafted (but not edited) guideline will be circulated for consideration. • Document 4.8E (existing NICE guidance) and the evidence accumulated to date will be made available. • The equity impact assessment will be considered at the next meeting. • NICE to look at the NICE guideline on Vitamin D again to check if anything else has changed since consultation on the draft. This should be reported at the next meeting. • Stephen Sutton will attend the next meeting as an expert. • It is hoped that an expert from the Northern Ireland NHS will attend the next meeting to talk about their experience of implementing the skin cancer strategy in Northern Ireland. 	
14. AOB	<p>One of the committee members mentioned that very large attachments sometimes don’t get through to members as they are blocked by email servers. NICE team to consider how best to manage this.</p>	NICE
15. Close	<p>The meeting closed at 4.05pm.</p>	

Next meeting: Tuesday 21st and Wednesday 22nd October

VENUE FOR NEXT MEETING: Broadway House, Tothill Street, London, SW1H 9NQ