

# NICE Collaborating Centre for Social Care

**Transition between inpatient mental health settings and community or care home settings**  
**Guideline Committee meeting 4**  
**14 May 2015 10.30 -0400 SCIE Offices, Shared meeting room 2<sup>nd</sup> Floor, 206 Marylebone Rd NW1**  
***Minutes and working notes***

<b>Guideline Committee Members</b>	
<b>Name</b>	<b>Role</b>
Rebecca Harrington (RH)	GDG Chair
Sarah Matthews (SM)	Topic Adviser
Sandra Bilsborrow (SB)	Service user/carer
Kate King (KK)	Service user/carer
Shannon O'Neill (SN)	Service user/carer
Virginia Beacham (VB)	Mental health nurse and Trainer
Mary Birken (MB)	Academic and occupational therapist
Jane Clark (JC)	Consultant occupational therapist

The NCCSC is a collaboration led by SCIE



Karen Morse (KM)	Area manager, Skills for care
Christina Richardson (CR)	Mental health social worker
Anna Stratford (AS)	Director of user led mental health peer support and training organisation
Manjiri Lele (ML)	Consultant child and adolescent psychiatrist
Michele Tynan (MT)	Chief social worker for adults, Leeds City Council

***Other invitees***

<b>Name</b>	<b>Role</b>	<b>Organisation</b>
Carolyn Denne (CD)	Senior Lead	NCCSC
Marjorie Edwards (ME)	Project Manager and minutes	NCCSC
Deborah Rutter (DR)	Lead systematic reviewer	NCCSC
Nadira Sharif (NS)	Systematic reviewer	NCCSC
Marija Trachtenberg (MT)	Economist	NCCSC (PSSRU)
Sarah Lester (SL)	Research Assistant	NCCSC (EPPI)
Claire Stansfield (CS)	Information Specialist	NCCSC (EPPI)
Anthony Gildea (AG)	NICE Project Manager	NICE
Justine Karpusheff (JK)	NICE Programme Manager	NICE

***Apologies***

<b>Name</b>	<b>Organisation</b>
Amanda Edwards	NCCSC Director
Shawn Mitchell	Consultant psychiatrist
Helen Van Ristell	Residential Step Down development manager and occupational therapist

Dawn Talbot	Service user/carer
Claire Stansfield	Information specialist (NCCSC)

No	Agenda Item	Minutes	Action/Owner
1.	<b>Welcome, apologies and potential conflicts of interest</b>	<p>RH welcomed members to the 4th Guideline Committee for this topic. Apologies had been received from Dawn Talbot, Helen Van Ristell, Shawn Mitchell and Amanda Edwards. RH also welcomed members Dr Manjiri Lele, Consultant child and adolescent psychiatrist and Michele Tynan, Chief social worker for adults (Leeds City Council) who were both attending the group for the first time.</p> <p>RH asked the GC and other attendees to introduce themselves and to say whether there were any changes to the register of interests and any particular conflicts of interest in relation to the agenda for the meeting today.</p>	

<p>2.</p>	<p><b>Minutes and matters arising from the last meeting</b></p>	<p>The minutes of GC 3 Guideline Committee meeting held on 31 March 2015 were agreed as an accurate record of the meeting – subject to the following amends:</p> <p>Page 4 – this should read ‘people with dementia <i>in a general hospital setting</i> are outside of the scope’</p> <p>The minutes were reviewed for matters arising. Actions were all completed or in hand.</p>	<p>ACTION 1: DR to show EPPI software at future meeting due to lack of facilities at this meeting – date to be agreed</p> <p>ACTION 2: Sarah Matthews to roll out presentation to GC members at a later date – if requested by members</p>
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<p>3.</p>	<p><b>Impact review question 4</b></p>	<p>DR gave an overview of the evidence for review question ‘How do different approaches to assessment, care planning and support (including joint working) affect the process of admission to inpatient mental health settings from community or care home settings’? (<i>Question number 4</i>)</p> <p>DR explained that the session would include</p> <ul style="list-style-type: none"> <li>• An overview of the evidence for review area 4, including both views and impact data</li> <li>• Evidence statements based on views and impact data</li> <li>• Overview of economic evidence</li> <li>• Group work to develop recommendations</li> </ul> <p>Evidence relating to views and experiences had also been sought in relation to review questions RQ1 (a), RQ2 (a), RQ3 (a)</p> <p>RH commented that the importance of gathering better data on comparative costs could be emphasized in any recommendations for future research.</p> <p>DR commented that there was moderate to good quality evidence for the majority of studies. DR then talked through the detail of the 16 evidence statements.</p> <p>The GC briefly discussed the evidence and evidence statements and sought clarification from DR on a number of areas:</p> <p>MT briefly talked through the economic evidence including:</p> <ul style="list-style-type: none"> <li>- Reminder of role of economic evaluation</li> <li>- Overview of findings</li> <li>- Options</li> </ul> <p>Chair thanked DR and MT for their presentations and asked the GC to move into groups and to start developing recommendations in response to review area 4–‘How do different approaches to assessment, care planning and support (including joint working) affect the process of admission to inpatient mental health settings from community or care home settings’?</p>	<p>ACTION 3: MT to make contact with the author Goldberg regarding a 2013 effectiveness study</p> <p>ACTION 4: MT to use PSSRU work on systematic review</p>
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4.	<b>Question 4 – Writing recommendations (groups) + noting implementation considerations</b>	<p>The GC formed two groups with a mixture of practitioner and service user/carer members in each. These were chaired by RH and CD respectively and scribes were SL and ME.</p> <p>Group 1 focused on evidence statements HA1 to HA8 with subject areas:</p> <ul style="list-style-type: none"> <li>- Coercion</li> <li>- Belief and experiences</li> <li>- Experience of people detained</li> </ul> <p>Group 2 on evidence statements HA9 to HA16 which covered the areas:</p> <ul style="list-style-type: none"> <li>- Admission to eating disorder unit</li> <li>- People with intellectual disabilities</li> <li>- Ethnic minority experiences</li> <li>- Crisis Planning</li> <li>- Suicide risk</li> <li>- Specialist acute ward for older people with cognitive impairment</li> </ul> <p>Each group wrote recommendations based on these evidence statements together with their own collective knowledge and expertise.</p>	
5.	<b>Question 4- Plenary</b>	<p>Each small group nominated a member of the GC to feed back the recommendations that the group was proposing were accepted in draft by the full GC.</p> <p>After the groups came back together the recommendations were put up onto the screen and each was discussed and agreed in turn. Some amends were made following discussion and these amends were incorporated.</p>	

6.	<b>AOB</b>	Discussions brought up the issue of expert witnesses. Any thoughts on this to be highlighted/brought to the next meeting. Suggestions to ME	<b>ACTION 5: Members to pass any suggestions about expert witnesses to ME</b>
	<b>Date of next GC</b>		

## Appendix A – Register of Interests

Name	Interest	Type of interest	Date declared
Virginia Beacham	None		14.05.2015
Sandra Bilsborrow	None		14.05.2015
Mary Birken	<p><b>Specific Personal non-financial interest:</b></p> <p>It is possible that I may author or co-author published papers or other documents that could be submitted as evidence during the period of membership of guidance development group.</p>		14.05.2015
Jane Clark	None		14.05.2015
Rebecca Harrington	Non-executive director of Barnet, Enfield and Haringey MH NHS Trust. Chair of The Maya Centre, counselling charity. Partner is academic psychiatrist with research interests in this area. All non-financial		14.05.2015
Catherine King	I am a member of Mind and receive treatment through Cambridge and Peterborough Trust. As far as I know, there are no conflicts of interest.		14.05.2015
Sarah Matthews	None		14.05.2015
Shawn Mitchell	No conflicts		31.03.2015
Karen Morse	Member of staff, Skills for Care. No conflicts		14.05.2015
Shannon O'Neill	Nothing to be declared		14.05.2015



Christina Richardson	None		14.05.2015
Helen Van Ristell	None		31.03.2015
Anna Stratford	<p>Current Employment (paid):</p> <p><b><u>Director – Recovery Partners</u></b></p> <p>We provide a not for profit user- led peer support service for people with mental health issues across East Sussex.</p> <p><b><u>Associate Tutor – Sussex University</u></b></p> <p>I have been a part time tutor at Sussex since October 2007</p> <p><b><u>Independent Practice Educator</u></b></p> <p>From Jan – June last 2013, I had students on placement at Off the Fence, Brighton Housing Trust and Riverside English Churches Housing Group – all in Brighton and Hove, East Sussex. I currently have a student on placement with the Crisis Resolution and Home Treatment Team, Hove, Sussex Partnership NHS Foundation Trust.</p> <p><b><u>Respite Foster Carer</u></b></p> <p>Brighton and Hove City Council.</p> <p><b><u>Professional Affiliations</u></b></p> <p>Registered with the HCPC (Health and Care Professional Council) as a Social Worker Associate Fellow of the Higher Education Academy since 2012. Member of the College of Social Work.</p> <p><b><u>Off the Fence</u></b></p>		14.05.2015

	Involved with this organisation but does not feels it constituents a conflict.		
Dawn Talbot	None		31.03.2015
Michele Tynan	None		14.05.2015
Manjiri Lele	None		14.05.2015