

# NICE Collaborating Centre for Social Care

**Transition between inpatient mental health settings and community or care home settings**

**Guideline Committee meeting 5**

**16 June 2015 10.30 - 16.00 SCIE Offices, Meeting room 1 First Floor, Kinnaird House, Pall Mall East**

***Minutes and working notes***

<b><i>Guideline Committee Members</i></b>	
<b>Name</b>	<b>Role</b>
Rebecca Harrington (RH)	GDG Chair
Sarah Matthews (SM)	Topic Adviser
Sandra Bilsborrow (SB)	Service user/carer
Kate King (KK)	Service user/carer
Shannon O'Neill (SN)	Service user/carer
Virginia Beacham (VB)	Mental health nurse and Trainer
Mary Birken (MB)	Academic and occupational therapist
Shawn Mitchell	Consultant psychiatrist
Karen Morse (KM)	Area manager, Skills for care
Manjiri Lele (ML)	Consultant child and adolescent psychiatrist
Dawn Talbot	Service user/carer

The NCCSC is a collaboration led by SCIE



<b>Other invitees</b>		
<b>Name</b>	<b>Role</b>	<b>Organisation</b>
Carolyn Denne (CD)	Senior Lead	NCCSC
Marjorie Edwards (ME)	Project Manager and minutes	NCCSC
Deborah Rutter (DR)	Lead systematic reviewer	NCCSC
Nadira Sharif (NS)	Systematic reviewer	NCCSC
Marija Trachtenberg (MT)	Economist	NCCSC (PSSRU)
Sarah Lester (SL)	Research Assistant	NCCSC (EPPI)
Claire Stansfield (CS)	Information Specialist	NCCSC (EPPI)
Anthony Gildea (AG)	NICE Project Manager	NICE

<b>Apologies</b>	
<b>Name</b>	<b>Organisation</b>
Michele Tynan (MT)	Chief social worker for adults, Leeds City Council
Anna Stratford (AS)	Director of user led mental health peer support and training organisation
Christina Richardson (CR)	Mental health social worker
Jane Clark (JC)	Consultant occupational therapist
Helen Van Ristell	Residential Step Down development manager and occupational therapist

No	Agenda Item	Minutes	Action/Owner
1.	<b>Welcome, apologies and potential conflicts of interest</b>	<p>RH welcomed members to the 5 Guideline Committee for this topic. Apologies had been received from Ann Stratford, Michele Tynan, Jane Clark and Christina Richardson.</p> <p>RH asked the GC and other attendees to introduce themselves and to say whether there were any changes to the register of interests and any particular conflicts of interest in relation to the agenda for the meeting today.</p>	
2.	<b>Minutes and matters arising from the last meeting</b>	<p>The minutes of GC 4 Guideline Committee meeting held on 14 May 2015 were agreed as an accurate record of the meeting.</p> <p>The minutes were reviewed for matters arising. Actions were all completed or in hand.</p>	
3.	<b>General Economic update</b>	<p>MT gave a general Economic update to members as there were no good quality studies in terms of review question 8 on children and young people - <i>What is the effectiveness or impact of specific interventions to support children and young people during transition between inpatient mental health settings and community or care home settings?</i></p> <p>The presentation included:</p> <ul style="list-style-type: none"> <li>- A reminder of the role of the economic evaluation</li> <li>- Review question: interventions for children and young people – any studies?</li> <li>- Current work</li> </ul> <p>MT outlined in her presentation that the NCCSC would like to be in touch with GC members who can help to clarify care pathways after discharge (because national data is not available).</p>	<b>ACTION 1: GC members to let MT know if they can help to clarify care pathways after discharge</b>
4.	<b>Impact review question 8</b>	<p>NS gave an overview of the evidence for review question 8 – <i>What is the effectiveness or impact of specific interventions to support children and young people during transition between inpatient mental health settings and community or care home settings?</i> - NS explained that the session would include:</p> <ul style="list-style-type: none"> <li>• An overview of the evidence for review area 8 on children and young people: views and effectiveness, including both views and impact data</li> <li>• Evidence statements</li> <li>• Discussion on why some studies were not included</li> <li>• Group work to develop recommendations</li> </ul> <p>NS/SL would carry out different elements of the presentation.</p> <p>Chair thanked NS and SL for their presentations and invited the GC to ask questions and then discuss</p>	<b>ACTION 2: NS/SL to confirm research status for CYP5</b>

		the gaps in evidence that had been highlighted.	
5	<b>Gaps in evidence</b>	GC members discussed the gaps in evidence emerging from the research before having the opportunity to hear from an expert witness from YoungMinds.	
6.	<b>Expert Witness testimony</b>	<p>Laurie Oliva – Youth Engagement Manager from YoungMinds gave an expert witness testimony in relation to the gaps in evidence that had been identified.</p> <p>LO outlined the engagement activities of the organisation during the period 2014 to 2015 and the feedback from those activities. The units surveyed included:</p> <ul style="list-style-type: none"> <li>• Secure CAMHS</li> <li>• Eating disorder units</li> <li>• General adolescent</li> <li>• HDUs</li> </ul> <p><i>Young People:</i> 24 service users interviewed, 123 young people surveyed. <i>Parents and carers:</i> 21 attended a workshop, 40 surveyed</p> <p>The Chair thanked LO and members asked questions following her presentation, and then moved into groups to start developing recommendations in response to review area 8.</p>	<p><b>ACTION 3: LO to provide outcomes from the most recent workshop</b></p> <p><b>ACTION 4: LO to send through NHS England study to ME for members</b></p>
5.	<b>Question 8 – Writing recommendations (groups) + noting implementation considerations</b>	<p>The GC formed two groups with a mixture of practitioner and service user/carer members in each. These were chaired by RH and CD respectively and scribes were ME and SL. Group 1 focused on evidence statements CYP1 to CYP5 which covered areas:</p> <ul style="list-style-type: none"> <li>- Children and young people’s experience of admission</li> <li>- Parent’s experience of admission and relationship building with nurses</li> <li>- Emergency admissions</li> </ul> <p>And group 2 on evidence statements CYP6 to CYP 11 which covered areas:</p> <ul style="list-style-type: none"> <li>- Anorexia Nervosa – care and support during transitions</li> <li>- Discharge planning</li> <li>- Communication at discharge</li> <li>- School re-integration</li> </ul> <p>Each group wrote draft recommendations based on these evidence statements together with their own</p>	

		collective knowledge and expertise	
6.	<b>Question 8-Plenary</b>	Each small group nominated a member of the GC to feed back. The recommendations that the group was proposing were considered in draft by the full GC. The draft recommendations were put up onto the screen and each was discussed in turn. Some amends were made following discussion and these amends were incorporated.	
7.	<b>AOB</b>	It was queried by a GC member (as part of the recommendation group 1) whether it would be possible to change/adjust the evidence statement. NICE agreed to look at this issue to give a steer.  RH confirmed that a Vice Chair is to be recruited for the group (new policy for NICE topics) and informed members that ME would be sending out an email for 'expressions of interest'.	<b>ACTION 5: NICE to provide steer on 'changing' evidence statements</b>  <b>ACTION 6: ME to send out email for Vice Chair requesting 'expressions of interest'</b>
	<b>Date of next GDG</b>		

## Appendix A – Register of Interests

Name	Interest	Type of interest	Date declared
Virginia Beacham	None		16.06.15
Sandra Bilsborrow	None		16.06.15
Mary Birken	<p><b>Specific Personal non-financial interest:</b></p> <p>It is possible that I may author or co-author published papers or other documents that could be submitted as evidence during the period of membership of guidance development group.</p>		16.06.15
Jane Clark	None		14.05.15
Rebecca Harrington	Non-executive director of Barnet, Enfield and Haringey MH NHS Trust. Chair of The Maya Centre, counselling charity. Partner is academic psychiatrist with research interests in this area. All non-financial		16.06.15
Catherine King	I am a member of Mind and receive treatment through Cambridge and Peterborough Trust. As far as I know, there are no conflicts of interest.		16.06.15
Sarah Matthews	None		16.06.15
Shawn Mitchell	No conflicts		16.06.15
Karen Morse	Member of staff, Skills for Care. No conflicts		16.06.15

Shannon O'Neill	Nothing to be declared		16.06.15
Christina Richardson	None		14.05.15
Helen Van Ristell	None		14.05.15
Anna Stratford	<p>Current Employment (paid):</p> <p><b><u>Director – Recovery Partners</u></b></p> <p>We provide a not for profit user- led peer support service for people with mental health issues across East Sussex.</p> <p><b><u>Associate Tutor – Sussex University</u></b></p> <p>I have been a part time tutor at Sussex since October 2007</p> <p><b><u>Independent Practice Educator</u></b></p> <p>From Jan – June last 2013, I had students on placement at Off the Fence, Brighton Housing Trust and Riverside English Churches Housing Group – all in Brighton and Hove, East Sussex. I currently have a student on placement with the Crisis Resolution and Home Treatment Team, Hove, Sussex Partnership NHS Foundation Trust.</p> <p><b><u>Respite Foster Carer</u></b></p> <p>Brighton and Hove City Council.</p> <p><b><u>Professional Affiliations</u></b></p> <p>Registered with the HCPC (Health and Care Professional Council) as a Social Worker Associate Fellow of the Higher Education Academy since 2012. Member of the College of Social Work.</p>		14.05.15

	<b><u>Off the Fence</u></b> Involved with this organisation but does not feels it constituents a conflict.		
Dawn Talbot	None		16.06.15
Michele Tynan	None		14.05.2015
Manjiri Lele	None		16.06.15