

NICE Collaborating Centre for Social Care

Transition between inpatient mental health settings and community or care home settings Guideline Committee meeting 6 - 21 July 2015 10.30 -1600 SCIE Offices, *Minutes and working notes*

Guideline Committee Members	
Name	Role
Rebecca Harrington (RH)	GC Chair
Sarah Matthews (SM)	Topic Adviser
Sandra Bilsborrow (SB)	Service user/carer
Kate King (KK)	Service user/carer
Shannon O'Neill (SN)	Service user/carer
Virginia Beacham (VB)	Mental health nurse and Trainer
Mary Birken (MB)	Academic and occupational therapist
Shawn Mitchell	Consultant psychiatrist
Manjiri Lele (ML)	Consultant child and adolescent psychiatrist
Jane Clark (JC)	Consultant occupational therapist

The NCCSC is a collaboration led by SCIE



Other invitees		
Name	Role	Organisation
Carolyn Denne (CD)	Senior Lead	NCCSC
Marjorie Edwards (ME)	Project Manager and minutes	NCCSC
Deborah Rutter (DR)	Lead systematic reviewer	NCCSC
Nadira Sharif (NS)	Systematic reviewer	NCCSC
Marija Trachtenberg (MT)	Economist	NCCSC (PSSRU)
Sarah Lester (SL)	Research Assistant	NCCSC (EPPI)
Claire Stansfield (CS)	Information Specialist	NCCSC (EPPI)

Apologies	
Name	Organisation
Anthony Gildea	NICE
Anna Stratford	Director of user led mental health peer support and training organisation
Christina Richardson (CR)	Mental health social worker
Dawn Talbot	Service user/carer
Karen Morse (KM)	Area manager, Skills for care

No	Agenda Item	Minutes	Action/Owner
1.	Welcome, apologies and potential conflicts of interest	<p>RH welcomed members to the 6 Guideline Committee for this topic. Apologies had been received from Anna Stratford; Karen Morse, Christina Richardson and Anthony Gildea.</p> <p>There were no changes to the register of interests (<i>See Appendix 1</i>) and no conflicts in relation to items on the agenda today.</p>	
2.	Minutes and matters arising from the last meeting	<p>The minutes of GC 5 Guideline Committee meeting held on 16 June were agreed as an accurate record of the meeting – subject to a minor amend.</p> <p>The minutes were reviewed for matters arising. Actions were all completed or in hand.</p>	ACTION 1: ME to circulate link to CAMHS review study to members and 4 Tier studies
3.	Carers and the Care Act 2014	<p>CD gave a presentation on Carers and the Care Act 2014 including an overview of the main areas and the principles of the Care Act.</p> <p>RH thanked CD for her presentation and GC members had a discussion around the principles that had been highlighted.</p>	
4.	<Impact review question (s) >	<p>DR gave an overview of the evidence for review question 9 - <i>What is effective in supporting carers of people in transition between inpatient mental health settings and community or care home settings?</i></p> <p>DR explained that the session would include</p> <ul style="list-style-type: none"> • An overview of the evidence for review area 9, including both views and impact data • Evidence statements based on views and impact data • Overview of economic evidence • Group work to develop recommendations <p>Evidence relating to views and experiences had also been sought in relation to review questions 2 (a) and 2 (b).</p> <p>DR then talked through the detail of 9 evidence statements.</p>	
5.	Question 9 – Writing recommendations (groups) + noting implementati	<p>The GC formed two groups with a mixture of practitioner and service user/carer members in each. Each group wrote recommendations based on evidence statements together with their own collective knowledge and expertise. All groups were asked to take some time to consider whether there were any other evidence statements that could be drawn from the evidence, to note gaps in the evidence, any research recommendations, and to capture notes about policy/practice that was pertinent to this review area.</p>	

	on considerations		
6.	Question 9 - Plenary	<p>Each small group nominated a member of the GC to feed back the recommendations that the group was proposing be accepted in draft by the full GC.</p> <p>The recommendations were put up onto the screen and each was discussed and agreed in turn. Some amends were made following discussion and these amends were incorporated.</p>	<p>ACTION 2: <u>Evidence statement 2</u> – Review team to cross reference with other NICE condition- specific guidelines</p> <p>ACTION 3: In relation to the discussion on the ‘definition’ of a Carer, DR agreed to make changes to wording in the Narrative summary, replacing ‘loved one’ with ‘cared for person’</p>
7	Question 7 – Note on Dementia	<p>DR gave an overview on reasons for lack of evidence for review question 7 – <i>What is the effectiveness or impact of specific interventions to support people living with dementia during transition between inpatient mental health settings and community or care home settings?</i></p> <p>DR presented a paper that outlined why no evidence was found for review question 7. No recommendations were made for this question.</p>	ACTION 4: ME to contact JW or SE from Old Age Faculty and invite to next meeting
8	Gaps in evidence so far –plans for next steps	<p>There was a general discussion around using the expertise from GC members in terms of gaps from all the review areas looked at so far, and it was agreed to reflect on this expertise but to get additional expertise from recommended expert witnesses in the areas of BME community experience of hospital discharge, Dementia, and Learning Disabilities and peer support.</p>	ACTION 5: SM agreed to send a link to the papers mentioned for distribution to the group.

			ACTION 6: JC to have a conversation with contact and then feedback to RH, CD and ME
9.	AOB	No other business	
10	Date of next GC		

Appendix A – Register of Interests

Name	Interest	Type of interest	Date declared
Virginia Beacham	None		21.07.15
Sandra Bilsborrow	None		21.07.15
Mary Birken	<p>Specific Personal non-financial interest:</p> <p>It is possible that I may author or co-author published papers or other documents that could be submitted as evidence during the period of membership of guidance development group.</p>		21.07.15
Jane Clark	None		21.07.15
Rebecca Harrington	Non-executive director of Barnet, Enfield and Haringey MH NHS Trust. Chair of The Maya Centre, counselling charity. Partner is academic psychiatrist with research interests in this area. All non-financial		21.07.15
Catherine King	I am a member of Mind and receive treatment through Cambridge and Peterborough Trust. As far as I know, there are no conflicts of interest.		21.07.15
Sarah Matthews	None		21.07.15
Shawn Mitchell	No conflicts		21.07.15
Karen Morse	Member of staff, Skills for Care. No conflicts		16.06.15
Shannon O'Neill	Nothing to be declared		21.07.15
Christina Richardson	None		16.06.15
Helen Van Ristell	None		21.07.15

Anna Stratford	<p>Current Employment (paid):</p> <p><u>Director – Recovery Partners</u></p> <p>We provide a not for profit user- led peer support service for people with mental health issues across East Sussex.</p> <p><u>Associate Tutor – Sussex University</u></p> <p>I have been a part time tutor at Sussex since October 2007</p> <p><u>Independent Practice Educator</u></p> <p>From Jan – June last 2013, I had students on placement at Off the Fence, Brighton Housing Trust and Riverside English Churches Housing Group – all in Brighton and Hove, East Sussex. I currently have a student on placement with the Crisis Resolution and Home Treatment Team, Hove, Sussex Partnership NHS Foundation Trust.</p> <p><u>Respite Foster Carer</u></p> <p>Brighton and Hove City Council.</p> <p><u>Professional Affiliations</u></p> <p>Registered with the HCPC (Health and Care Professional Council) as a Social Worker Associate Fellow of the Higher Education Academy since 2012. Member of the College of Social Work.</p> <p><u>Off the Fence</u></p> <p>Involved with this organisation but does not feels it constituents a conflict.</p>		16.06.15
Dawn Talbot	None		16.06.15

Michele Tynan	None	Resigned	
Manjiri Lele	None		21.07.15