

NICE Collaborating Centre for Social Care

**Transition between inpatient mental health settings and community or care home settings
Guideline Committee meeting 7
Tues 29 September 2015 10.30 - 1600 SCIE Offices, Kinnaird House, Pall Mall East, London
*Minutes and working notes***

Guideline Committee Members	
Name	Role
Rebecca Harrington (RH)	GC Chair
Sarah Matthews (SM)	Topic Adviser
Sandra Bilsborrow (SB)	Service user/carer
Kate King (KK)	Service user/carer
Dawn Talbot	Service user/carer
Shannon O'Neill (SN)	Service user/carer
Jane Clark (JC)	Consultant occupational therapist
Karen Morse (KM)	Area manager, Skills for care
Anna Stratford (AS)	Director of user led mental health peer support and training organisation
Manjiri Lele (ML)	Consultant child and adolescent psychiatrist
Helen Van Ristell	Residential Step down development manager/occupational therapist
Shawn Mitchell	Consultant psychiatrist

The NCCSC is a collaboration led by SCIE



Other invitees

Name	Role	Organisation
Carolyn Denne (CD)	Senior Lead	NCCSC
Marjorie Edwards (ME)	Project Manager and minutes	NCCSC
Deborah Rutter (DR)	Lead systematic reviewer	NCCSC
Nadira Sharif (NS)	Systematic reviewer	NCCSC
Marija Trachtenberg (MT)	Economist	NCCSC (PSSRU)
Sarah Lester (SL)	Research Assistant	NCCSC (EPPI)
Anthony Gildea (AG)	NICE Project Manager	NICE
Sarah Richards	NICE Economist	NICE

Apologies

Name	Organisation
Mary Birken (MB)	Practitioner
Ginny Beacham (GB)	Practitioner

No	Agenda Item	Minutes	Action/Owner
1.	Welcome, apologies and potential conflicts of interest	<p>RH welcomed members to the 7 Guideline Committee for this topic. Apologies had been received from Ginny Beacham and Mary Birken'</p> <p>RH asked the GC and other attendees to introduce themselves and to say whether there were any changes to the register of interests and any particular conflicts of interest in relation to the agenda for the meeting today. There were no conflicts of interest in relation to items on the agenda today.</p>	
2.	Minutes and matters arising from the last meeting	<p>The minutes of GC 6 Guideline Committee meeting held on 21 July were agreed as an accurate record of the meeting.</p> <p>The minutes were reviewed for matters arising. Actions were all completed or in hand.</p>	
3	Structure of the guideline	<p>SL presented members with a draft structure of the guideline in terms of section headings for the recommendations.</p> <p>The intention was for members to consider the structure as the meeting progressed and this would be revisited at GC 8 as a working structure for the guideline</p>	
4.	Mental health Act 1983, Mental Capacity Act 2005 and the Care Act 2014 – relevance to this guideline	<p>Sarah Matthews gave a presentation on the Mental Health Act, the Mental Capacity Act and the Care Act, highlighting issues particularly relevant to this guideline.</p> <p>SM gave an outline of the various Acts, their context, underpinning principles and issues that members may want to discuss as a group.</p> <p>Care Act 2014 - Replaces laws for carers and the people being cared for. None of the Act applies to Scotland.</p> <p>The Deprivation of Liberty safeguards also applies to Mental Health Act and the Mental Capacity Act</p> <p>After her presentation, SM invited members to ask questions</p>	ACTION 1: CD to look at the timelines for consultation on Mental Capacity Act and bring back to the meeting
5.	Expert Witness: People living with Dementia	<p>Dr Amanda Thompsell from the Old Age Faculty of the Royal College of Psychiatrists gave a presentation in relation to the gaps in evidence for People Living with Dementia (review question 7), based on expert testimony submitted.</p> <p>AT, who is based at the South London and Maudsley Foundation Trust, outlined her background and experience and summarised some of the key issues for people living with dementia in transition between services. .</p>	

		<p>These included:</p> <ul style="list-style-type: none"> - Intervention in hospital - Communication - Planning <p>After her presentation AT invited members to ask questions</p>	
6	Reflections on Expert witness testimony	<p>GC members reflected on the expert witness testimony.</p> <p>There was group consensus about some draft recommendations based on this testimony.</p>	ACTION 2: Possible recommendations to be reviewed for inclusion in LETR table
4.	Impact review question 5	<p>DR gave an overview of the evidence for review question 5- <i>What is the effectiveness or impact of interventions, components or care packages and approaches designed to improve discharge from inpatient mental health settings?</i>)</p> <p>DR explained that the session would include</p> <ul style="list-style-type: none"> • An overview of the evidence for review area 5, including both views and impact data • Evidence statements based on views and impact data • Overview of economic evidence • Group work to develop recommendations <p>Evidence relating to views and experiences had also been sought in relation to review questions RQ1 (b), RQ3 (b)</p> <p>DR then talked through the detail of 18 evidence statements.</p> <p>The GC briefly discussed the evidence and evidence statements.</p>	
5.	Question 5 – Writing recommendations (groups) + noting	<p>The GC formed two groups with a mixture of practitioner and service user/carer members in each. These were chaired by RH and CD respectively and scribes were SL and ME.</p> <p>. Each group wrote recommendations based on the relevant evidence statements together with their own collective knowledge and expertise. All groups were asked to take some time to consider whether there</p>	

	implementation considerations	were any other evidence statements that could be drawn from the evidence, to note gaps in the evidence, any research recommendations, and to capture notes about policy/practice that was pertinent to this review area.	
6.	Question 5-Plenary	Each small group nominated a member of the GC to feed back the recommendations that the group was proposing were accepted in draft by the full GC. The recommendations were put up onto the screen and each was discussed and agreed in turn. Some amends were made following discussion and these amends were incorporated. Appendix B contains all draft recommendations for review area 5.	
7.	AOB		
	Date of next GC		

Appendix A – Register of Interests

Name	Interest	Type of interest	Date declared
Virginia Beacham	None		29.09.15
Sandra Bilsborrow	None		29.09.15
Mary Birken	<p>Specific Personal non-financial interest:</p> <p>It is possible that I may author or co-author published papers or other documents that could be submitted as evidence during the period of membership of guidance development group.</p>		21. 07.15
Jane Clark	None		29.09.15
Rebecca Harrington	Non-executive director of Barnet, Enfield and Haringey MH NHS Trust. Chair of The Maya Centre, counselling charity. Partner is academic psychiatrist with research interests in this area. All non-financial		29.09.15
Catherine King	I am a member of Mind and receive treatment through Cambridge and Peterborough Trust. As far as I know, there are no conflicts of interest.		29.09.15
Sarah Matthews	None		29.09.15
Shawn Mitchell	No conflicts		29.09.15
Karen Morse	Member of staff, Skills for Care. No conflicts		29.09.15
Shannon O'Neill	Nothing to be declared		29.09.15

Christina Richardson	None		16.0615
Helen Van Ristell	None		21.07.15
Anna Stratford	<p>Current Employment (paid):</p> <p><u>Director – Recovery Partners</u></p> <p>We provide a not for profit user- led peer support service for people with mental health issues across East Sussex.</p> <p><u>Associate Tutor – Sussex University</u></p> <p>I have been a part time tutor at Sussex since October 2007</p> <p><u>Independent Practice Educator</u></p> <p>From Jan – June last 2013, I had students on placement at Off the Fence, Brighton Housing Trust and Riverside English Churches Housing Group – all in Brighton and Hove, East Sussex. I currently have a student on placement with the Crisis Resolution and Home Treatment Team, Hove, Sussex Partnership NHS Foundation Trust.</p> <p><u>Respite Foster Carer</u></p> <p>Brighton and Hove City Council.</p> <p><u>Professional Affiliations</u></p> <p>Registered with the HCPC (Health and Care Professional Council) as a Social Worker Associate Fellow of the Higher Education Academy since 2012. Member of the College of Social Work.</p> <p><u>Off the Fence</u></p>		29.09.15

	Involved with this organisation but does not feels it constituents a conflict.		
Dawn Talbot	None		29.09.15
Michele Tynan	None	Resigned	29.09.15
Manjiri Lele	None		29.09.15