

NICE Collaborating Centre for Social Care

Transition between inpatient mental health settings and community or care home settings
Guideline Committee meeting 8
30 September 2015 10.30 -1600 SCIE Offices,
Minutes and working notes

Guideline Committee Members	
Name	Role
Rebecca Harrington (RH)	GC Chair
Sarah Matthews (SM)	Topic Adviser
Kate King (KK)	Service user/carer
Shannon O'Neill (SN)	Service user/carer
Virginia Beacham (VB)	Mental health nurse and Trainer
Mary Birken (MB)	Academic and occupational therapist
Jane Clark (JC)	Consultant occupational therapist
Anna Stratford (AS)	Director of user led mental health peer support and training organisation
Manjiri Lele (ML)	Consultant child and adolescent psychiatrist
Shawn Mitchell	Consultant psychiatrist

The NCCSC is a collaboration led by SCIE



Other invitees

Name	Role	Organisation
Carolyn Denne (CD)	Senior Lead	NCCSC
Marjorie Edwards (ME)	Project Manager and minutes	NCCSC
Deborah Rutter (DR)	Lead systematic reviewer	NCCSC
Nadira Sharif (NS)	Systematic reviewer	NCCSC
Marija Trachtenberg (MT)	Economist	NCCSC (PSSRU)
Sarah Lester (SL)	Research Assistant	NCCSC (EPPI)
Anthony Gildea (AG)	NICE Project Manager	NICE
Leonie Gregson	NICE Editor	NICE
Emeline Coventry	NICE Social Care Editorial advisor	NICE
Sarah Richards (SR)	NICE Economist	NICE

Apologies

Name	Organisation
Karen Morse	Area Manager, Skills for Care
Helen Van Ristell	Residential Step Down development manager and occupational therapist
Sandra Bilsborrow	Service user/carer

No	Agenda Item	Minutes	Action/Owner
1.	Welcome, apologies and potential conflicts of interest	<p>RH welcomed members to the 8th Guideline Committee for this topic. Apologies had been received from Karen Morse and Helen Van Ristell and Sandra Bilsborrow.</p> <p>RH asked the GC and other attendees to introduce themselves and to say whether there were any changes to the register of interests and any particular conflicts of interest in relation to the agenda for the meeting today.</p> <p>There were no changes to the register of interests (<i>See Appendix 1</i>) and no conflicts in relation to items on the agenda today.</p>	
2	Impact review question (s) 6 – Reducing readmissions	<p>DR gave an overview of the evidence for review question 6? <i>What is the effectiveness or impact of interventions and approaches delivered as part of discharge and admission processes in reducing or preventing re-admissions to inpatient mental health settings?</i></p> <p>DR explained that the session would include</p> <ul style="list-style-type: none"> • An overview of the evidence for review area 6, including both views and impact data • Evidence statements based on views and impact data • Overview of economic evidence • Group work to develop recommendations <p>DR then talked through the detail of 13 evidence statements.</p>	
3	Question 6 – Writing recommendations (groups) + noting implementation considerations	<p>The GC formed two groups with a mixture of practitioner and service user/carer members in each. These were chaired by RH and CD respectively and scribes were SL and ME. Each group wrote recommendations based on the evidence statements together with their own collective knowledge and expertise. All groups were asked to take some time to consider whether there were any other evidence statements that could be drawn from the evidence, to note gaps in the evidence, any research recommendations, and to capture notes about policy/practice that was pertinent to this review area.</p>	
4.	Question 6 - Plenary	<p>Each small group nominated a member of the GC to feed back the recommendations that the group was proposing were accepted in draft by the full GC.</p> <p>The recommendations were put up onto the screen and each was discussed and agreed in turn. Some amends were made following discussion and these amends were incorporated. A number of issues and actions were noted as a result of GC discussion and these have been captured on the draft LETR tables.</p>	ACTION 1: Wording to be added in relation to rec on JCP's and the black

			<p>community</p> <p>ACTION 2: Review team to identify and search aspects relevant to transition areas that may have been overlooked</p>
5	Issues around the Economic model	<p>MT provided an economics update, summarising and discussing choices for further analysis</p> <p>MT discussed the timeframe between the next GC 9 and 10 in October and invited input from members to help fill in gaps in economic evidence.</p> <p>SO and DT have expressed an interest.</p> <p>MT discussed possible options for further economic analysis and invited views.</p> <p>Following discussion, it was agreed that MT would undertake economic analysis on both suggested topics.</p>	<p>ACTION 3: GC members who are interested in further economic discussion to contact MT</p> <p>ACTION 4: MT to proceed with further analysis of both studies as suggested</p>
6	Dissemination and Adoption stock take	<p>LS gave a presentation on a stocktake of dissemination and adoption (D&A) issues and gave a brief recap:</p> <ul style="list-style-type: none"> • D and A has been considered from the beginning of the process • There is an ongoing issues log • There is a D and A project team for this topic. <p>LS then presented some questions for members to consider:</p> <ul style="list-style-type: none"> • What other emerging policy should we be aware of? • What are the emerging practice issues to consider? • Are we clear on the audience for the guideline? <p>Members discussed amongst themselves and fed back to the group.</p>	<p>ACTION 5: It was agreed that the list of stakeholders should be circulated</p>

7.	Review flow and structure of recommendations	<p>Members were asked to revisit the guideline structure which had been presented at GC 7.</p> <p>Requested changes included:</p> <ul style="list-style-type: none"> - Members suggested that discharge planning should be under hospital stay (and/or Hospital admission). - Members also suggested that before hospital admission there should be a heading 'Crisis Planning'(or this could be considered again at hospital discharge) <p>An updated set of initial draft recommendations will be sent to NICE for comment.</p>	<p>ACTION 6: Members who are interested in contributing to introductions in guideline should contact DR</p> <p>ACTION 7: Review team to make changes to guideline structure as part of draft for NICE</p>
8.	AOB	<p>CD explained process for draft guidelines to NICE which will be updated and sent to NICE on the 8th October.</p>	

Appendix A – Register of Interests

Name	Interest	Type of interest	Date declared
Virginia Beacham	None		29.09.15
Sandra Bilsborrow	None		29.09.15
Mary Birken	<p>Specific Personal non-financial interest:</p> <p>It is possible that I may author or co-author published papers or other documents that could be submitted as evidence during the period of membership of guidance development group.</p>		21. 07.15
Jane Clark	None		29.09.15
Rebecca Harrington	Non-executive director of Barnet, Enfield and Haringey MH NHS Trust. Chair of The Maya Centre, counselling charity. Partner is academic psychiatrist with research interests in this area. All non-financial		29.09.15
Catherine King	I am a member of Mind and receive treatment through Cambridge and Peterborough Trust. As far as I know, there are no conflicts of interest.		29.09.15
Sarah Matthews	None		29.09.15
Shawn Mitchell	No conflicts		29.09.15
Karen Morse	Member of staff, Skills for Care. No conflicts		29.09.15
Shannon O'Neill	Nothing to be declared		29.09.15

Christina Richardson	None		16.0615
Helen Van Ristell	None		21.07.15
Anna Stratford	<p>Current Employment (paid):</p> <p><u>Director – Recovery Partners</u></p> <p>We provide a not for profit user- led peer support service for people with mental health issues across East Sussex.</p> <p><u>Associate Tutor – Sussex University</u></p> <p>I have been a part time tutor at Sussex since October 2007</p> <p><u>Independent Practice Educator</u></p> <p>From Jan – June last 2013, I had students on placement at Off the Fence, Brighton Housing Trust and Riverside English Churches Housing Group – all in Brighton and Hove, East Sussex. I currently have a student on placement with the Crisis Resolution and Home Treatment Team, Hove, Sussex Partnership NHS Foundation Trust.</p> <p><u>Respite Foster Carer</u></p> <p>Brighton and Hove City Council.</p> <p><u>Professional Affiliations</u></p> <p>Registered with the HCPC (Health and Care Professional Council) as a Social Worker Associate Fellow of the Higher Education Academy since 2012. Member of the College of Social Work.</p> <p><u>Off the Fence</u></p>		29.09.15

	Involved with this organisation but does not feels it constituents a conflict.		
Dawn Talbot	None		29.09.15
Michele Tynan	None	Resigned	29.09.15
Manjiri Lele	None		29.09.15