

**People with learning disabilities and mental health problems Guideline Development Group Meeting**

**Date and Time:** Wednesday 15 April 2015  
, 10.30am – 4pm

**Minutes:** Confirmed

**Place:** The Royal College of Psychiatrists'  
21 Prescot Street  
London  
E1 8BB

**Present:** **GDG members**  
Anna Cooper (Chair) (AC)  
Steve Pilling (Facilitator) (SP)  
Stella Ayettey (SA)  
Sabyasachi Bhaumik (SB)  
Alison Baker (AB)  
Umesh Chauhan (UC)  
Lindsey Gagan (LG)  
Angela Hassiotis (AH)  
Richard Hastings (RH)  
Regi Alexander (RA)

Anne Livesey (AL)  
Julie O'Sullivan (JoS)  
Zandrea Steward (ZS)  
Sharon Jeffreys (SJ)  
Chris Hatton (CH)  
Liz Whitaker (LW)

**Experts**  
None

**In attendance:**  
NCCMH Staff: Jo Wolfreys (JW)  
Heather Stegenga (HS)  
Rebecca Gate (RG)  
NICE staff Clifford Middleton (CM)

Observers: None

## Notes

1. Apologies were received from Ian Rogers and John Taylor.
2. Some GDG members declared a new interest.
3. The minutes from the last meeting were agreed as a true account.
4. The GDG discussed service user and carer concerns.
5. RG presented evidence on the incidence and prevalence of mental health problems in people with learning disabilities.
6. SP presented an overview of suggested principles to inform the relationship with this guideline and other NICE mental health guidelines for adopting and adapting pharmacological interventions.
7. HS provided an overview of GRADE system used in systematic reviewing to refresh GDG knowledge on this.
8. HS presented the results of the RCT evidence on the preventions, reduction and treatment of pharmacological interventions.
9. RG presented feedback on the first service user focus group.
10. The GDG discussed the summary report of the first service user group.
11. There was no further business.
12. Next meeting: 10.30am-4pm, Thursday 23 July 2015.