

Expert testimony to inform NICE guideline development

Section A: Developer to complete	
Name:	Emma Belton
Role:	Senior Evaluation Officer
Institution/Organisation (where applicable):	NSPCC
Contact information:	
Guideline title:	Harmful Sexual Behaviour
Guideline Committee:	PHAC F
Subject of expert testimony:	Harmful Sexual Behaviour – Presentation of preliminary results of evaluation study into harmful sexual behaviour
Evidence gaps or uncertainties:	[Research questions or evidence uncertainties that the testimony should address are summarised below]

Presentation of results to date on NSPCC evaluation study of harmful sexual behaviour

Cross cutting themes that may be relevant to this area and of interest to the committee:

- Minority populations
- Learning difficulties
- Autism
- Parents and carers

Section B: Expert to complete

Summary testimony: [Please use the space below to summarise your testimony in 250–1000 words. Continue over page if necessary]

This presentation covers the interim findings from the quantitative evaluation of the NSPCC Turn the Page Service. Turn the Page works with children aged 5 to 18 years with harmful sexual behaviour (HSB). This evaluation focuses on the service offered to young males aged 12-18 years without a learning difficulty. This part of the service uses the Change for Good manual developed by Eamon McCrory (2011).

A qualitative evaluation of the programme has already been published and is available on the NSPCC Impact and Evidence hub. The quantitative evaluation comprises standardised measures administered pre and post programme, matched to the main treatment areas of the manual. A programme integrity checklist is completed by practitioners after each session of the manual to record how the manual has been used. A reconviction study is planned three and five years post programme.

Numbers of completed pre and post standardised measures are quite low due to attrition from both the programme and the evaluation. Data collection will continue until March 2016 to boost the number of completed post programme measures. This presentation is based on interim findings reported in January 2015.

The results showed that there had been improvements on some of the areas covered by the manual, but not all. There appeared to be more change on the areas of the manual covering positive [REDACTED]. Progress was more limited for the domains covering [REDACTED] insights of HSB on [REDACTED]. There appeared to be less progress on the offence focused measures, particularly for young people involved in [REDACTED].

The programme integrity checklists showed that the material in the manual was viewed as useful, but some improvements could be made. Practitioners felt that it was important to have the flexibility to adapt the material in the manual to meet individual need. It could also take much longer than anticipated to complete the material for each individual session. This led to wide variations in the length of time taken to complete the programme.

The qualitative evaluation showed that many of the young people on the programme

were facing difficult personal circumstance which could affect their engagement in the programme and the length of time taken to complete the material. Not all young people were getting support from their parents or carers or other professionals and this may lessen any potential impact of the programme.

References to other work or publications to support your testimony' (if applicable):

Belton, E, Barnard, M and Cotmore, R, (2014) Turn the Page – Learning from a manualised approach to treating harmful sexual behaviour. London: NSPCC.

McCrory, E. (2011) A Treatment Manual for Adolescents Displaying Harmful Sexual Behaviour: Change for Good. London: Jessica Kingsley Publishers.

Expert testimony papers are posted on the NICE website with other sources of evidence when the draft guideline is published. Any content that is academic in confidence should be highlighted and will be removed before publication if the status remains at this point in time.