

**Date and Time:** Monday 5 October 2015, 10:00-16:00

**Place:** Boardroom, NCGC, 180 Great Portland Street, London, W1W 5QZ

**Minutes:** Confirmed

**Guideline Development Group Meeting 19 – Low back pain and sciatica**

**Present: GDG members**

Stephen Ward (SW) – Chair - Consultant in Pain Medicine, Brighton & Sussex University Hospitals NHS trust

Ian Bernstein (IB) - General Practitioner, Gordon House Surgery, London

Suzanne Blowey (SB) - Consultant Nurse Chronic Pain, Mount Gould Hospital, Plymouth

Patrick Hill (PH) – Consultant Clinical Psychologist, Royal United Hospital, Bath

Mark Mason (MM) – Patient member

Gary MacFarlane (GM) - Chair (clinical) in Epidemiology, University of Aberdeen

Neil O’Connell (NOC) – Lecturer, School of Health Sciences & Social Care Brunel University

Diana Robinson (DR) – Patient member

Philip Sell (PS) – Consultant Orthopaedic Surgeon, University Hospitals of Leicester NHS Trust

Simon Somerville (SS) – General Practitioner, Park Medical centre, Leek, Staffordshire (until item 6)

David Walsh (DW) – Honorary Consultant Rheumatologist, Sherwood Forest Hospitals NHS Foundation Trust

Chris Wells (CW) – Consultant in Pain Medicine

**NCGC**

Mikaela Bartlett (MB) – Document Editor / Process Assistant, NCGC

Serena Carville (SC) – Associate Director, NCGC (from 11am)

Margherita Fanos (MF) – Research Fellow, NCGC

Elisabetta Fenu (EF) - Health Economic Lead, NCGC

Sana Khan (SK) – Research Fellow, NCGC

Qudsia Malik (QM) – Senior Research Fellow, NCGC

Rachel O’Mahony (ROM) – Senior Research Fellow, NCGC

Ben Pordes (BP) – Project Manager, NCGC

**Observers**

Sedina Lewis (SL) – Trainee Systematic Reviewer, NCGC

Natalie Wood (NW) – Project Manager, NCGC

**Apologies**

Louise Shires (LS) – Programme Manager, NICE

Steven Vogel (SV) – Vice Principal (Research), British School of Osteopathy

## Notes

### 1. Introduction, apologies and minutes

SW welcomed the group to the nineteenth meeting of this GDG. Apologies were received from SV and LS. The minutes were signed off from GDG17 and 18.

### 2. Declaration of interests

<b>GDG Declarations of Interest</b>			
N.B. The Chair and GDG members were recruited to this guideline using NICE DOI policy published Oct 2008			
<b>Insert initials</b>	<b>Declaration</b>	<b>Classification (as per the NICE DOI policy wording*)</b>	<b>Chair's action</b>
NOC	As previously declared I was a keynote speaker European Manual Therapy Congress in Belgium in September 2015. The congress is organised by the Manual Therapy Association of Belgium who covered travel and accommodation costs and paid a 500 Euro speakers fee. In addition the congress organisers paid for 2 speakers dinners. I have not been asked for anything in return beyond giving my 2 talks and I have no prior or ongoing commitments with, or membership of the organisation.	Personal pecuniary interest	Declare and participate
PS	Hotel paid as guest Speaker at Portuguese Spine Society meeting 1-3rd October 2015	Personal non-pecuniary interest	Declare and participate
BA	1-26th September 2015: Coventry review neurosurgery course faculty member, hotel overnight stay only, paid by Coventry University. 2-18th September 2015: Attended meeting in Monte Carlo on treatment of lumbar fractures, flight and hotel paid for by Vexim.	Personal pecuniary interest	Declare and participate
DR	Has a small shareholding in Reckitt Benckiser (yields less than £1,000 pa)  Sister-in-law works for UCL in Credit Control Section	Personal pecuniary interest  Personal family interest	Declare and participate  Declare and participate
CW	EFIC meeting, Pain in Europe 1-5th September, expenses from EFIC/Kenes (PCO) Pain School, Klagenfurt Sept 6-9th, expenses from EFIC Pain meeting, Chisinau, Moldova, Sept 9-12th expenses from EFIC Grunenthal talks to GP's Hospital Doctors, Sept 15th, 22nd, honoraria and meals	Personal pecuniary interest	Declare and participate

**3. LETRs for sign off**

The GDG reviewed and made edits to the 'LETR' tables for the spinal decompression, imaging, clinical examination and epidural reviews.

**4. Evidence review: Disc replacement**

MF presented the clinical evidence review for disc replacement. EF presented the health economics. The GDG discussed the evidence and the recommendation.

**5. Health economic model: update**

EF presented the results of the health economic model for radiofrequency ablation.

**6. Risk stratification (revisited)**

The GDG made amendments to the recommendations for risk stratification.

**7. Any other business**

There was no other business.

**Date, time and venue of the next meeting**

Friday 6<sup>th</sup> November 2015, 1000-1600, Boardroom, NCGC, 180 Great Portland Street, London, W1W 5QZ