

**Date and Time:** Wednesday 2 December 2015, 10:00-16:00

**Place:** Boardroom, NCGC, 180 Great Portland Street, London, W1W 5QZ

**Minutes:** Confirmed

**Guideline Development Group Meeting 21 – Low back pain and sciatica**

**Present: GDG members**

Stephen Ward (SW) – Chair - Consultant in Pain Medicine, Brighton & Sussex University Hospitals NHS trust

Babak Arvin (BA) - Consultant Neurosurgeon, Queens Hospital

Ian Bernstein (IB) - General Practitioner, Gordon House Surgery, London

Suzanne Blowey (SB) - Consultant Nurse Chronic Pain, Mount Gould Hospital, Plymouth

Gary MacFarlane (GM) - Chair (clinical) in Epidemiology, University of Aberdeen

Neil O'Connell (NOC) – Lecturer, School of Health Sciences & Social Care Brunel University

Diana Robinson (DR) – Patient member

Philip Sell (PS) – Consultant Orthopaedic Surgeon, University Hospitals of Leicester NHS Trust

Simon Somerville (SS) – General Practitioner, Park Medical centre, Leek, Staffordshire

Steven Vogel (SV) – Vice Principal (Research), British School of Osteopathy

David Walsh (DW) – Honorary Consultant Rheumatologist, Sherwood Forest Hospitals NHS Foundation Trust

Chris Wells (CW) – Consultant in Pain Medicine

**NCGC**

Mikaela Bartlett (MB) – Document Editor / Process Assistant, NCGC

Emma Brockis (EB) – Health Economist, NCGC

Sophie Carlisle (SoC) – Research Fellow, NCGC

Serena Carville (SC) – Associate Director, NCGC

Elisabetta Fenu (EF) - Health Economic Lead, NCGC

Qudsia Malik (QM) – Senior Research Fellow, NCGC

Ben Pordes (BP) – Project Manager, NCGC

**NICE**

Rupert Franklin (RF) – Programme Manager, NICE

**Apologies**

Margherita Fanos (MF) – Research Fellow, NCGC

Patrick Hill (PH) – Honorary Consultant Clinical Psychologist, Royal United Hospital, Bath

Sana Khan (SK) – Research Fellow, NCGC

**Notes**

**1. Introduction, apologies and minutes**

SW welcomed the group to the twenty-first meeting of this GDG. Apologies were received from MF, PH, SK and MM. The minutes were signed off from GDG20.

**2. Declaration of interests**

Insert initials	Declaration	Classification (as per the NICE DOI policy wording*)	Chair's action
SS	I am to present at the RCGP One Day Essentials Conference on 9.2.2016. The topic is primary care assessment / management of low back pain, including the use of STarT Back. I will be paid £150 for this. I have made it clear to the organisers that I cannot comment on the new NICE guidelines at that time.	Personal pecuniary interest	Declare and participate
IB	<p>I have been appointed to the NICE Technology Appraisal Committee as a clinical advisory member, with effect from February 2016, for 3 years. My practice will receive locum reimbursements, and I will receive travel and subsistence allowance in accordance with the NICE published policy.</p> <p>I have been appointed as the clinical commissioning advisor to the NW London Collaborative of CCGs regarding musculoskeletal and orthopaedic service transformation. This work is already remunerated as part of my NHS Ealing CCG commissioning role.</p> <p>I have been appointed as a clinical commissioning advisor to an NHS England steering group on workforce development for MSK conditions, within the Long Term Conditions Directorate. This work is unpaid although locum costs may be reimbursed.</p> <p>I attended the 6th annual Arthritis and Musculoskeletal Alliance (ARMA) lecture on 24 November 2015. ARMA received an education grant from Roche. I attended a working supper with colleagues after the lecture and paid for my own meal.</p> <p>I was the course organiser for musculoskeletal training sessions for GPs in Ealing on 12 November 2015. I will be receiving an honorarium of £500 from NHS Ealing CCG.</p>	Personal pecuniary interest	Declare and participate
DR	Has a small shareholding in Reckitt Benckiser (yields less than £1,000 pa). Part of which is now with Indivior (since the company moved its holding in opioids)	Personal pecuniary interest	Declare and continue to withdraw from discussion of pharmacological treatments
CW	Expert panel meeting on 19/20 November on opioid	Personal	Declare and

	<p>analgesic dependence. Organised by R B Pharma and Indivior, paid for travel, accommodation, food and fee.</p> <p>Visit from Hypogel rep – machine for treating facet joints on 12 November. Not yet licen<del>e</del>sed or mentioned in GDG.</p>	<p>pecuniary interest</p>	<p>continue to withdraw from discussion of pharmacologic al treatments</p>
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### **3. Presentation of reruns**

QM presented the reruns for the Exercise evidence review. The GDG discussed the review.

### **4. Reviewing recommendations**

The GDG revisited the recommendations based on new evidence and where they had not previously made a recommendation, as well as reviewing their existing draft recommendations.

### **5. Any other business**

There was no other business.

### **Date, time and venue of the next meeting**

Thursday 3<sup>rd</sup> December 2015, 1000-1600, Boardroom, NCGC, 180 Great Portland Street, London, W1W 5QZ