

4.0.3 DOC Cmte minutes

Eating Disorders Committee meeting



Date: 12/01/2016

Location: NCCMH, 21 Prescott St, London E1 8BB

Minutes: Confirmed

Anthony Bateman (AB) (Chair)
Tim Kendall (GC) (Clinical Director)
Jane Dalgliesh (JD)
Ivan Eisler (IE)
Christopher Fairburn (CF)
Dasha Nicholls (DN)
Jessica Parker (JP)
Daniel Perry (DP)
Lucy Serpell (LS)
Dominique Thompson (DT)
Janet Treasure (JT)
Hannah Turner (HT)
Christine Vize (CV)
Glenn Waller (GW)

In attendance:		
Leanne Saxon (LSa)	NCCMH	Systematic Reviewer
Linyun Fou (LF)	NCCMH	Research Assistant
Jo Wolfreys (JW)	NCCMH	Project Manager
Eric Slade (ES)	NCCMH	Health Economist
Clifford Middleton	NICE	Guidelines Commissioning Manager

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Observers: None

Apologies:

Lee Hudson	Committee member
Susan Ringwood	Committee member
Mandy Scott	Committee member
Philip Taylor	Committee member
Ursula Philpot	Committee member

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the sixth meeting of the Eating Disorders Guideline Committee.

No members of the public asked to observe the meeting.

The Chair informed the Committee that apologies had been received. These are noted above.

Introductions

There were no additional introductions.

2. Confirmation of matter under discussion, and **declarations of interest**

The Chair asked everyone to verbally declare any conflicts of interest that have arisen since the last meeting.

There were no new declarations of interest.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair advised the technical team were checking on the categorisation of studies with a component of inpatient treatment following concerns from some GC members.

4. Presentations

The Chair introduced Linyun Fou, Research Assistant who gave a presentation on

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nutritional interventions for Bulimia Nervosa, Binge Eating Disorder and Leanne Saxon, Systematic Reviewer who presented evidence on nutritional interventions for Anorexia Nervosa. The Committee then discussed the issues presented in relation to this guideline. The Chair thanked Linyun Fou and Leanne Saxon for their presentation.

The Chair introduced Leanne Saxon, Systematic Reviewer, who led a discussion with the GC on how to address evidence gaps in studies related to physical and mental comorbidities and modifying interventions.

The Chair introduced Eric Slade, Health Economist who led a discussion on grouping data for a network meta-analysis of evidence for Bulimia Nervosa.

The Chair introduced Linyun Fou, Research Assistant who presented evidence on pharmacological and combined interventions for Binge Eating Disorder which was followed by a presentation of the evidence for physical interventions in the treatment of all eating disorders.

The Chair introduced Leanne Saxon, Systematic Reviewer who presented evidence to address low bone mineral density in people with Anorexia Nervosa.

The Committee then discussed the issues presented in relation to this guideline. The Chair thanked the technical team for their presentations.

5. Questions and discussion

The Committee discussed the grouping of data for the network meta-analysis and formed a sub-group to review the studies and report back to the wider committee with their proposal.

The Committee discussed including a research recommendation on adding exercise to a beneficial treatment programme to identify benefits or harms.

Following discussion on refeeding practices the Guideline Committee agreed to include text in the guideline covering children, young people and adults.

No other business was raised

Date of next meeting: 23/02/2016

Location of next meeting: NCCMH, 21 Prescott St, London E1 8BB