

## Women’s and Reproductive Health Guidelines Update Committee Meeting 43

**Date:** 27 November 2023

**Location:** Virtual via Microsoft Teams

**Minutes:** Confirmed

<b>Committee members present:</b>	
Sarah Fishburn (Chair)	Present for notes 1 – 9
Maggie Blott (Topic Advisor)	Present for notes 1 – 5
Maria Clark	Present for notes 1 – 5
Lucy O’Malley	Present for notes 1 – 5
Sarah Griffiths	Present for notes 1 – 9
Cornelia Wiesender	Present for notes 4 – 5
Sophie McAllister	Present for notes 4 – 5
Chimwemwe Kalumbi	Present for notes 1 – 9
Frances Rivers	Present for notes 1 – 5
Tim Watts	Present for notes 1 – 5
Alena Chong	Present for notes 1 – 9
Ashifa Trivedi	Present for notes 1 – 9
Bryony Kendall	Present for notes 1 – 9
Tom Smith Walker	Present for notes 6 – 9
Claudia Tye	Present for notes 6 – 9
Christian Becker	Present for notes 6 – 9
Emma Evans	Present for notes 6 – 8
Emma Cox	Present for notes 6 – 9
Anna Cooper	Present for notes 6 – 8

<b>In attendance:</b>		
Hilary Eadon	NICE Guideline Lead	Present for notes 1 – 9
Hayley Shaw	NICE Project Manager	Present for notes 1 – 9
Sharangini Rajesh	NICE Senior Technical Analyst	Present for notes 1 – 9
Agnesa Mehmeti	NICE Technical Analyst	Present for notes 1 – 9
Qudsia Malik	NICE Senior Technical Analyst	Present for notes 1 – 9
Rebecca Blackburn	NICE Technical Analyst	Present for notes 1 – 9
Aye Paing	NICE Technical Analyst	Present for notes 1 – 5
Paul Jacklin	NICE Senior Health Economist	Present for notes 1 – 9

Ayisha Ashmore	NICE Clinical Fellow	Present for notes 1 – 9
MarieAnne Ledingham	NICE Clinical Advisor	Present for notes 1 – 9
Clifford Middleton	NICE Guideline Commissioning Manager	Present for notes 1 – 9
Gareth Haman	NICE Senior Medical Editor	Present for notes 1 – 9
Suzie Panek	NICE Finance Analyst	Present for notes 1 – 9

<b>Apologies:</b>	
Sophie House	GC Member – Midwife (Obstetric committee)
Aung Soe	GC Member – Neonatologist (Obstetric committee)
Sunaina Nechel-Maher	Lay Member (Endometriosis committee)
Lucky Saraswat	GC Member – Consultant Surgeon (Endometriosis committee)
Benjamin Gregory	NICE Business Analyst
Stephanie Arnold	NICE Information Scientist

<b>1. Welcome and objectives for the meeting.</b>
<p>The Chair welcomed the committee to the 43<sup>rd</sup> Women’s and Reproductive Health Suite committee meeting.</p> <p>The Chair informed the committee that apologies had been received as noted above.</p> <p>The Chair outlined the objectives for the obstetric section of the meeting, which included discussing economic evidence for T&amp;T1 (What is the clinical and cost-effectiveness of progesterone in preventing spontaneous preterm birth in twin and triplet pregnancy?).</p>
<b>2. Confirmation of matter under discussion, and declarations of interest</b>
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was twin and triplet pregnancy.</p> <p>The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. No new interests were declared.</p>
<b>3. Minutes of last meeting</b>
<p>The Chair asked the committee to confirm the minutes of the last meeting, and the committee confirmed that no changes were required.</p>
<b>4. Obstetrics presentations</b>
<p>The Chair introduced Paul Jacklin, Senior Health Economist, who presented the updates</p>

to the health economic model for T&T1: What is the clinical and cost-effectiveness of progesterone in preventing spontaneous preterm birth in twin and triplet pregnancy?

**5. Obstetrics questions and discussions**

The committee discussed the updates to the health economic model for T&T1 and made changes to the recommendations from this.

**6. Welcome and objectives for the meeting**

The Chair welcomed members of the endometriosis committee who joined the meeting. The Chair outlined the objectives for this section of the meeting which included discussing clinical and economic evidence for the diagnosis and treatment of endometriosis.

The Chair asked the joining members to verbally declare any interests that have arisen since the last meeting. New interests were declared:

Name	Role with NICE	Type of interest	Description of interest	Relevant dates			Comments
				Interest arose	Interest declared	Interest ceased	
Claudia Tye	Committee member	Direct, financial	Margaret Pyke, virtual teaching session on endometriosis, an overview of management.  Paid £120	12.10.2023	26.11.2023	12.10.2023	Specific Declare and participate.  Rationale: Member will need to withdraw from making recommendations on matters relating to Margaret Pyke centres, if that arose.
Claudia Tye	Committee member	Direct, financial	Margaret Pyke, virtual teaching session on menopause, an overview.  Paid £120	02.12.2023	26.11.2023	02.12.2023	Non-specific Declare and participate.  Rationale: Not specific to the guideline.
Claudia Tye	Committee member	Direct, non-financial personal and	Holistic management of endometriosis, virtual	28.11.2023	26.11.2023	28.11.2023	Specific Declare and participate.  Rationale:

		professional	teaching. Community Sexual and Reproductive Health (CSRH) National Trainees.				Training other public sector staff is not a conflict with development of the guideline.
Claudia Tye	Committee member	Direct, non-financial personal and professional	Lambeth Women's Network, local learning event. Overview of endometriosis symptoms and management.	06.12.2023	26.11.2023	06.12.2023	Specific Declare and participate.  Rationale: Training lay people is not a conflict with development of the guideline.
Emma Evans	Committee member	Direct, financial	Working with the pain in women research group to develop a research proposal/application for funding - perisurgical support for women with chronic pelvic pain without endometriosis.  Nuffield Department of Women's and Reproductive Health, Oxford	01.11.2023	27.11.2023	Ongoing until 30.03.2024	Non-specific Declare and participate  Rationale: Not specific to guideline as research does not relate to endometriosis
Emma Evans	Committee member	Direct, non-financial personal and professional	FEMale project - <a href="http://FEMaLe(findingendometriosis.eu)">FEMaLe (findingendometriosis.eu)</a> – collaborator. Helping to prepare the English version to materials for a digital mindfulness and	November 2023	27.11.2023	Ongoing	Specific Declare and participate  Rationale: Participation in research is not a conflict with the development of the

			acceptance programme for women with endometriosis				guideline.
Christina Becker	Committee member	Direct and indirect, financial	Oral presentation on behalf of Gedeon Richter at Annual Congress of Obstetrics and Gynaecology: Effects of Relugolix Combination Therapy in Women with Endometriosis-Associated Pain Who Received Prior First-Line Hormonal Treatment: SPIRIT 1 and 2 (transport and hotel organized/paid by company, all enumeration went to the University of Oxford)	September 2023	14.12.2023	September 2023	Specific Declare and participate. May have to withdraw from making recommendations on products made by Gedeon Richter, if this arises  Rationale: May be a conflict of interest if Gedeon Richter products discussed.
Christina Becker	Committee member	Direct, financial	Talk German Endometriosis Congress: New genetic findings (hotel sponsored by congress)	November 2023	14.12.2023	November 2023	Specific Declare and participate  Rationale: Genetic basis of endometriosis is not under consideration as part of endometriosis guideline.
Christina Becker	Committee member	Direct, financial	Talk at Society of Endometriosis and Uterine	November 2023	14.12.2023	November 2023	Specific Declare and participate

			Disorders (SEUD) Masterclass: Endometriosis as an autoimmune disease: Is endometriosis a systemic disease and how does it differ from adenomyosis. (transport and hotel organized/paid by SEUD)				Rationale: Aetiology of endometriosis is not under consideration as part of endometriosis guideline.
Christina Becker	Committee member	Direct, non-financial personal and professional	Talk at IFFS Meeting on ESHRE Guidelines	September 2023	14.12.2023	September 2023	Specific Declare and participate  Rationale: ESHRE guidelines are being considered by committee but involvement in the development of other professional guidelines is not a conflict with development of NICE guidelines.

**7. Endometriosis presentations**

The Chair introduced Agnesa Mehmeti, Technical Analyst, who presented the clinical evidence and Paul Jacklin, Senior Health Economist, who presented the economic evidence for E1: What is the accuracy of the following tests in diagnosing endometriosis:

- imaging
- biomarkers
- surgical diagnosis (open surgery or laparoscopic surgery)?

The Chair introduced Rebecca Blackburn, Technical Analyst, who presented the clinical evidence for E2: What is the effectiveness of the following ovulation suppression

treatments or surgery (or combinations of these) or non-pharmacological treatments for improving spontaneous pregnancy rates in endometriosis, including recurrent and asymptomatic endometriosis:

- hormonal medical treatments
- surgery
- non-pharmacological therapies
- combinations of surgery plus hormonal treatment
- combined surgery and hormonal treatment?

#### **8. Endometriosis questions and discussions**

The committee discussed the clinical and economic evidence for E1 and made changes to the current recommendations whilst considering the impact of this on practice.

The committee discussed the clinical and economic evidence for E2 and made changes to the current recommendations whilst considering the impact of this on practice.

#### **9. Any other business**

The meeting was closed at 17:05

#### **Date of next meeting:**

- **GC44 – Wednesday 13th December 2023 – obstetric committee**
- **GC45 – Tuesday 27<sup>th</sup> February 2024 - obstetric committee and endometriosis committee**

**Location of next meeting:** Virtual via Microsoft Teams