### Appendix B – Evidence tables

Critical appraisal and findings tables

### Views and experiences

Review question 1 – What are the views and experiences of children and young people, their caregivers and families, and adult survivors of child abuse in the UK on the process of recognising and assessing abuse and neglect, and on services providing early help for, or intervention following, abuse and neglect of children and young people?

Studies for this question are presented alongside the relevant review area (recognition, assessment, early help, response).

Review question 2 – What are the views and experiences of practitioners working in the UK on the process of recognising and assessing abuse and neglect, and on services providing early help for, or intervention following, abuse and neglect of children and young people?

Studies for this question are presented alongside the relevant review area (recognition, assessment, early help, response).

### Recognition

Review question 3 – What emotional, behavioural and social (non-clinical) indicators relating to children and young people should alert practitioners to the possibility of abuse and neglect?

Review question 4 – What emotional, behavioural and social (non-clinical) indicators relating to caregivers and families should alert practitioners to the possibility of abuse and neglect?

Many of the papers reviewed contained information relevant to both of the above questions, and so are presented together.

#### Review questions 3 and 4 - Critical appraisal tables

1. Allen B, Tussey C (2012) Can Projective Drawings Detect if a Child Experienced Sexual or Physical Abuse? A Systematic Review of the Controlled Research. Trauma, Violence, and Abuse: A Review Journal 13: 97–111

Internal validity – approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis	•	
Study aim: 'A comprehensive lit-	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
erature review of the controlled re-	studies? Yes. Inclusion criteria	question match the review	validity:
search to determine whether any	were papers published prior to	question? Yes. Use of drawings	-
graphic indicators (e.g., genitalia,	2011, intervention group either	to determine the validity of sexual	
omission of body parts) or prede-	sexual or physical abuse, but NOT	abuse allegations.	Overall assessment of external
fined scoring system can reliability	combination of different types of	Hardler of dealers and	validity:
[sic] and validly discriminate	abuse, used a control group (non-	Has the study dealt appropri-	+
abused from nonabused children'	abused), clear evaluation criteria	ately with any ethical concerns?	Overell velidity notices
(p97).	prior to data analysis.	Not reported.	Overall validity rating:
Methodology: Systematic review.	Study quality assessed and re-	Were service users involved in	Inconsistent reporting of statistical
	ported? Partly reported. Author	the study? Not reported.	data from original studies. No re-
Appropriate and clearly focused	stated that ' studies are evalu-		port of quality assessment of data
question? Yes. Use of drawings	ated in light of their methodologi-	Is there a clear focus on the	extraction, discussion between re-
to determine the validity of sexual	cal rigor, including interrater relia-	guideline topic? Yes. Recogni-	viewers.
abuse allegations.	bility, blinding of the raters to par-	tion of graphic indicators in sexual	
Adamieta description of weetle	ticipant condition, the degree of	abuse allegations.	
Adequate description of meth-	match between the abused and		
odology? Partly adequate. No re-	control groups on extraneous fac-	Is the study population the	
port of quality assessment of data	tors (e.g., mental health status),	same as at least 1 of the groups	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
extraction, discussion between re-	and statistical procedures em-	covered by the guideline? Yes.	
viewers etc.	ployed' (p99). General comments on study quality given as ' qual-	Abused children.	
Rigorous literature search? Yes.	ity of these studies varied widely	Is the study setting the same as	
PsycINFO, MEDLINE and PILOTS	and, accordingly, interpretations of	at least 1 of the settings cov-	
databases were utilised. Key-	the findings are often difficult'	ered by the guideline? Partly.	
words used were projective, sex-	(p107).	Not applicable.	
ual abuse, physical abuse, draw-			
ing, human figure drawing, Kinetic	Do conclusions match find-	Does the study relate to at least	
Family Drawing (KFD), House-	ings? Partly. Limited methodologi-	1 of the activities covered by	
Tree-Person, Draw-A-Person	cal description of systematic re-	the guideline? Yes. Recognition.	
(DAP). Reference list of identified	view methodology.		
studies examined to identify addi-		Does the study have a UK per-	
tional relevant studies. Table of in-		spective? No.	
cluded studies presented			

2. De Bellis MD, Hooper SR, Spratt EG et al. (2009) Neuropsychological findings in childhood neglect and their relationships to pediatric PTSD. Journal of the International Neuropsychological Society 15: 868–78

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: The objective was to	Measurements and outcomes	Does the study's research	Overall assessment of internal
examine impact of neglect on IQ,	clear? Yes. Validated measures	question match the review	validity:
reading, maths, fine-motor skills,	used for measuring all outcomes.	question?	+
language, visual-spatial,	For language measures (NEPSY	Yes.	
memory/learning and attention/ex-	and Peabody Picture Vocabulary		Overall assessment of external
ecutive functions in 2 groups of	test) reliability of scales not re-	Has the study dealt appropri-	validity:
non-sexually abused medically	ported.	ately with any ethical concerns?	++
health neglect children, 1 with		Yes. Study approved by local hos-	
post-traumatic stress disorder and	Measurements valid? Yes.	pital institutional review board. 'Le-	Overall validity rating:
1 without, and 1 nonmaltreated		gal guardians gave informed con-	+
control group. Here we have ex-	Setting for data collection justi-	sent and children assented prior to	
tracted findings only in relation to	fied? Yes.	participation' (p80).	No justification given for age
impact on language.			range of participants, and not
			made clear whether results apply

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	,	
Methodology: Cross-sectional	Are all important outcomes and	Were service users involved in	to this age range only. Whilst ages
study.1	results considered? Yes.	the study? No. Service users	across the three groups were not
		were involved as participants, but	statistically significantly different,
Objectives of study clearly	Tables/graphs adequately la-	not in design or interpretation of	there was variation in the mean
stated?	belled and understandable?	results.	age and age ranges across
Yes.	Yes.		groups. This does not appear to
		Is there a clear focus on the	be used as a covariate in the anal-
Clearly specified and appropri-	Appropriate choice and use of	guideline topic? Yes.	ysis. Unclear why only neglect and
ate research design? Yes. Ob-	statistical methods? Yes. Multi-		post-traumatic stress disorder
servational comparative design,	variate analysis of four outcome	Is the study population the	group selected for within-group
comparing children with neglect	measures relevant to language	same as at least 1 of the groups	analysis, rather than all children
and post-traumatic stress disor-	with follow-up pairwise compari-	covered by the guideline? Yes.	who had experienced neglect.
der, neglect without post-traumatic	sons. Bonferroni-corrected signifi-	Children aged 7 to 13 who have	
stress disorder and non-neglected	cance reported where criterion	experienced neglect with our with-	
controls.	was met, but 0.05 used as crite-	out post-traumatic stress disorder,	
	rion elsewhere. Would have been	and a non-neglected control	
Subjects recruited in acceptable	better to have used Bonferroni-	group.	
way? Yes. Neglect groups were	corrected criterion throughout, to		
recruited ' through advertise-	correct for multiple analyses.	Is the study setting the same as	
ments targeted at DSS agencies		at least 1 of the settings cov-	
' (p869). Control group partici-	In-depth description of the anal-	ered by the guideline? Yes.	
pants 'recruited from the same	ysis process? Partly. Unclear how variation in ages of partici-	Door the aturdy relate to at least	
surrounding community through Duke University Medical Centre	pants in the three groups were	Does the study relate to at least 1 of the activities covered by	
Institutional Review Board (IRB)-	taken in to account.	the guideline? Yes. Study relates	
approved advertisement at	taken in to account.	to recognition.	
schools and pediatric clinics'	Are sufficient data presented to	to recognition.	
(p869).	support the findings? Yes.	Does the study have a UK per-	
(1000).		spective? No. Study conducted in	
Sample representative of de-	Results discussed in relation to	North Carolina, USA.	
<b>fined population?</b> Partly. Unclear	existing knowledge on the sub-		
	ject and study objectives? Yes.		

<sup>&</sup>lt;sup>1</sup> The term cross-sectional study is used here to denote an observational studies in which exposure and outcome are measured at the same time (that is, not longitudinal study). This is consistent with the terminology used in the NICE guideline development manual on study classification.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
why this is age group (7 to 13) se-			
lected rather than full range of	Results can be generalised?		
children.	Partly. Results could be general-		
	ised to children of this age group.		
	Do conclusions match find-		
	ings?		
	Yes.		

3. Eigsti I, Cicchetti D (2004) T	he impact of child maltreatment or	expressive syntax at 60 months.	Developmental Science 7: 88–102
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: The main aim of the	Measurements and outcomes	Does the study's research	Overall assessment of internal
study was to ' examine sponta-	clear? Yes. The study focused on	question match the review	validity:
neous language in a sample of	language deficit and the methods	question?	+
maltreated children and well-	and measures used to assess this	Yes. The main aim of the study	
matched comparison children, fo-	are clear.	was to ' examine spontaneous	Overall assessment of external
cusing specifically on the syntactic		language in a sample of mal-	validity:
complexity of the children's utter-	Measurements valid? Partly. All	treated children and well-matched	++
ances, to see whether the deficits	assessments were conducted us-	comparison children, focusing	
observed in previous studies of	ing pre-established measures,	specifically on the syntactic com-	Overall validity rating: +
maltreated toddlers extend to syn-	however data in relation to reliabil-	plexity of the children's utterances,	Some lack of clarity in the paper
tactic complexity in school-age	ity and validity of these are not re-	to see whether the deficits ob-	regarding statistical analysis.
children' (p92). A secondary goal	ported. These appear to be valid	served in previous studies of mal-	
of the study was determine if dif-	to the approach taken. Assess-	treated toddlers extend to syntac-	
ferences in maternal utterances	ment was conducted by coding	tic complexity in school-age chil-	
were correlated with the syntactic	videotaped play interactions be-	dren' (p92). A secondary goal of	
development of children.	tween the mother and her child.	the study was determine if differ-	
	The authors report inter-rater relia-	ences in maternal utterances were	
Methodology: Cross-sectional	bility testing for the transcription of	correlated with the syntactic devel-	
study.	these recordings however this is	opment of children.	
	not reported for the coding stage.	Has the study dealt appropri-	
Objectives of study clearly		ately with any ethical concerns?	
stated?		No. The authors do not report par-	
Yes.		ticipant consent processes or note	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Clearly specified and appropriate research design? No. The	<b>Setting for data collection justi- fied?</b> Partly. The only detail pro- vided in relation to setting is that	whether the study was approved by an ethics committee.	
authors simply state that the paper reports on a cross-sectional project which was part of a larger longitudinal/cross-sectional study (Harvard Child Maltreatment Project).	assessments took place in a play- room – this seems likely to have been part of a research facility.  Are all important outcomes and results considered? Yes.	Were service users involved in the study? No. Service users involved as participants only, no indication of involvement in design of study or interpretation of findings.	
Subjects recruited in acceptable way? Yes. The authors provide a reasonably adequate description of the recruitment process for both	Tables/graphs adequately labelled and understandable? Yes.	Is there a clear focus on the guideline topic? Yes. The study focuses on language deficits in maltreated children.	
groups and these were acceptable.	Appropriate choice and use of statistical methods? Partly. The authors report that, for child lan-	Is the study population the same as at least 1 of the groups	
Sample representative of de- fined population? Unclear. The authors report that the ' sample was representative of all child pro-	guage data, MANCOVA was conducted with group (maltreated vs. comparison) as the independent variable and outcome measures	covered by the guideline? Yes. Maltreated children and their mothers.	
tective cases in the greater Boston region at the time of the study' (Cicchetti & Manly 1990, p92). However it is unclear how they de-	as dependent variable. However, for some measures gender was also examined as an independent variable. It is not always clear	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
termined this.	whether this was achieved via 2- way MANCOVA with group and gender as independent variables,	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Recognition	
	or sequential MANCOVAs. We have assumed throughout that 2-way MANCOVA was conducted, and highlighted where interaction	<ul><li>indicators relating to children and young people.</li><li>Does the study have a UK per-</li></ul>	
	effects were not reported. For some measures, 'effects' of SES are also reported – here we have	spective? No. The study was conducted in the USA.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	assumed that a separate analysis was conducted, although this is not specified.		
	In-depth description of the analysis process? Yes.		
	Are sufficient data presented to support the findings? Yes.		
	Results discussed in relation to existing knowledge on the subject and study objectives? Yes.		
	Results can be generalised? Unclear.		
	Do conclusions match findings? Yes.		

4. Evans E, Hawton K, Rodham K (2005) Suicidal phenomena and abuse in adolescents: a review of epidemiological studies. Child Abuse and Neglect 29: 45–58

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused question? Yes. Investigating as-	Inclusion of relevant individual studies? Yes.	Does the study's research question match the review	Overall assessment of internal validity:
sociation between experiencing		question? Yes. Relates to Q3 on	+
abuse and experiencing suicidal	Study quality assessed and re-	recognition.	
thoughts and behaviours.	ported? No. The review does not		The review does not critically ap-
	critically appraise included stud-	Has the study dealt appropri-	praise included studies. However,
Adequate description of meth-	ies. However, this was a common	ately with any ethical concerns?	this was a common feature across
odology? Partly adequate. Es-	feature across the systematic re-	Not reported.	the systematic reviews of observa-
sentially narrative review, with in-	views of observational data which		tional data which we found, and
	we found, and there is recognition		there is recognition that methods

External validity	Overall validity rating
Were service users involved in the study? No. Service users involved as participants in the included studies, but not included in systematic review itself.  Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Partly. The review includes studies of young people who have experienced abuse and are between the ages of 11 and 18. Three studies have an upper age range of older than 18. These are Buddeberg et al. (1996) – age 14–19 years; Jones et al. (1992) – age 13–19 years and Rey Gex et al. (1998) – age 15–20 years. However, the findings from these studies have been included given that there is substantial overlap in age with our population of interest.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates	of critical appraisal for observational studies are less well developed. We have therefore included this study, and not 'marked down' the overall quality rating on this basis.  Overall assessment of external validity:  +  Not all studies are exactly the correct target age group. However, this only concerns 3 studies, and the overlap with our age group is substantial.  Overall validity rating:  +
We the the took of	ere service users involved in estudy? No. Service users inved as participants in the inded studies, but not included in stematic review itself.  There a clear focus on the ideline topic? Yes.  The study population the me as at least 1 of the groups wered by the guideline? The review includes studof young people who have excienced abuse and are between ages of 11 and 18. Three studhave an upper age range of er than 18. These are Budhoerg et al. (1996) – age 14–19 ars; Jones et al. (1992) – age 19 years and Rey Gex et al. (1998) – age 15–20 years. Hower, the findings from these studhave been included given that are is substantial overlap in age the our population of interest.  The study setting the same as least 1 of the settings covered by the guideline? Yes.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		Does the study have a UK perspective? No. Studies included in the review are from the USA (5 studies), Switzerland (2 studies), France (1 study) and New Zealand (1 study).	

5. Evans SE, Davies C, DiLillo D (2008) Exposure to domestic violence: a meta-analysis of child and adolescent outcomes. Aggression and Violent Behavior 13: 131–40

sion and Violent Behavior 13: 131–40				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis			
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal	
question? Yes. Study explores	studies? Somewhat relevant.	question match the review	validity:	
the relationship between exposure	There is little data reported about	question? Yes. Study explores	+	
to domestic violence and out-	the included studies. In particular,	the relationship between exposure		
comes.	it is unclear what study design in-	to domestic violence and out-	Overall assessment of external	
	cluded studies used, and whether	comes.	validity:	
Adequate description of meth-	these included comparisons with		++	
odology? Partly adequate. Good	non-maltreated children. However,	Has the study dealt appropri-		
description of methods for meta-	given that odds ratios are re-	ately with any ethical concerns?	Overall validity rating:	
analysis. Multiple effect sizes were	ported, it is assumed that this	Not reported. No discussion of	+	
used for each study, rather than	must have been the case.	ethical issues.		
aggregation at the study level,			Good methodological detail re-	
which is positive given the variety	Study quality assessed and re-	Were service users involved in	garding meta-analysis, and ap-	
of scales used. Windsorizing pro-	ported? No. Study quality does	the study? No. Service users in-	proach appears sound, however	
cedure used to recode extreme	not appear to have been as-	volved as participants in the in-	little information regarding in-	
values, and test of homogeneity	sessed. However, this was a com-	cluded studies, but not included in	cluded studies. The review does	
found no significant heterogeneity	mon feature across the systematic	systematic review itself.	not critically appraise included	
across studies. However, little in-	reviews of observational data	la dia a a a la cata a cata di a	studies. However, this was a com-	
formation provided about included	which we found, and there is	Is there a clear focus on the	mon feature across the systematic	
studies, including design. It is un-	recognition that methods of critical	guideline topic? Yes.	reviews of observational data	
clear why this is not reported.	appraisal for observational studies		which we found, and there is	
	are less well developed. We have	Is the study population the	recognition that methods of critical	
	therefore included this study, and	same as at least 1 of the groups	appraisal for observational studies	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Rigorous literature search? Yes. Nine bibliographic databases searched, reference harvesting from other SRs and citation searching.		covered by the guideline? Yes. Children and young people under the age of 18 who have been exposed to domestic violence.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Relates to	are less well developed. We have therefore included this study, and not 'marked down' the overall quality rating on this basis.
		Does the study have a UK perspective? Unclear. Locations where included studies were conducted is not reported.	

6. Gilbert AL, Bauer NS, Carroll AE et al. (2013) Child exposure to parental violence and psychological distress associated with delayed milestones. Pediatrics 132: e1577–83

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: 'To examine the asso-	Measurements and outcomes	Does the study's research	Overall assessment of internal
ciation between parental report of	clear? Partly. It is unclear	question match the review	validity:
intimate partner violence (IPV)	whether, for participants who iden-	question? Yes.	-
and parental psychological dis-	tified as Spanish speaking		
tress (PPD) with child attainment	(21.5%) child language develop-	Has the study dealt appropri-	Overall assessment of external
of developmental milestones'	ment was assessed in English or	ately with any ethical concerns?	validity:
(pe1577). This data extraction fo-	Spanish.	Partly. Study approved by Indiana	-
cuses on the association between		University Office of Research Ad-	
intimate partner violence and lan-	Measurements valid? Unclear.	ministration. However, no mention	Overall validity rating:
guage development milestones.	See query regarding assessment	in article about how consent was	-
	of Spanish speakers. Also, pres-		
	ence of intimate partner violence		Although associations between

Internal validity – approach and	
sample	

**Methodology:** Cross-sectional study.

### Objectives of study clearly stated?

Yes. To examine the association between parental-reported intimate partner violence and parent psychological distress with children's attainment of developmental milestones.

Clearly specified and appropriate research design? Unclear. Study is described as 'cross-sectional' but in fact has a longitudinal element, as children's milestones were monitored up until the age of 72 months. It is unclear whether, to be included in the study, children had to have 72 months' worth of data.

Subjects recruited in acceptable way? Unclear. Study is an analysis of routinely collected health data. It is unclear whether and how participants gave consent for data to be used in this way.

Sample representative of defined population? Unclear. The authors do not evaluate the extent to which the study sample is representative of the local population.

## Internal validity – performance and analysis

was determined by parental self-report and could possibly have been under-estimated. The study acknowledges that the rates of reported intimate partner violence (2.5%) is lower than has been reported in other similar settings.

Setting for data collection justified? Yes.

Are all important outcomes and results considered? Yes.

Tables/graphs adequately labelled and understandable? Yes.

Appropriate choice and use of statistical methods? Unclear. Multivariate logistic regression modelling, adjusting for parental report of child abuse concern, sociodemographic characteristics, clinic, language and insurance type. However, given that it appears that each participant may have multiple data points relating to different times (and different participants may have different numbers of data points) it is unclear whether regression was conducted using individual-level data, or per milestone (meaning that numerous data points from the same

### **External validity**

obtained from participants, particularly as study uses routinely collected health data.

Were service users involved in the study? No. Service users involved as participants, but not in design or interpretation of results.

Is there a clear focus on the guideline topic? Yes.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Children aged up to 72 months who have been exposed to intimate partner violence within their family.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.

Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to recognition.

Does the study have a UK perspective? No. The study was conducted in the USA (Indiana). Potential impact in that methodology suggests that there are a high number of Spanish speakers in

#### Overall validity rating

exposure to intimate partner violence and language milestones were adjusted for language, it is a concern that it is unclear whether there was an option to assess language milestones in Spanish as well as English, given that 21.5% of participants identified as Spanish-speaking. If Spanish speakers are over-represented amongst those who have been exposed to intimate partner violence (also unclear) this could have artificially inflated the association between exposure and missed language milestones.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	· · · · · · · · · · · · · · · · · · ·	this area – it is unclear whether this has been taken in to account when assessing the language abilities of children, i.e. whether language test is in Spanish or English.	
	Results discussed in relation to existing knowledge on the subject and study objectives? Yes.  Results can be generalised? Unclear.  Do conclusions match find-		
	ings? Yes.		

7. Govindshenoy M, Spencer N (2006) Abuse of the disabled child: A systematic review of population-based studies. Child: Care, Health and Development 33: 552–8

Internal validity annuage and	Into wood wall differ was affecting and a	Fustament violatitus	Occupall coalidities watings
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: To ' ascertain the	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
strength of the association be-	studies? Yes. The included stud-	question match the review	validity:
tween childhood disability and	ies are relevant to the topic and	question?	++
abuse and neglect' (p552).	objectives of the review itself as	Yes. The study aimed to ' ascer-	
	well as the NCCSC review, how-	tain the strength of the association	Overall assessment of external
<b>Methodology:</b> Systematic review.	ever the Guideline Committee		validity:

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	-
	may wish to note that the 4 in-	between childhood disability and	++
Appropriate and clearly focused	cluded represent only a small sub-	abuse and neglect' (p552).	
question? Yes. The review's ob-	set of the types of disabilities		Overall validity rating:
jectives are clear and these are	which the authors note in their	Has the study dealt appropri-	++
relevant to the NCCSC review.	preliminary discussion.	ately with any ethical concerns?	
The authors provide an accepta-		No. The review authors do not	
ble level of detail in relation to	Study quality assessed and re-	record the consent processes of	
search strategies and the inclu-	ported? Yes. The quality of the in-	the individual studies or whether	
sion/exclusion criteria used.	cluded studies was assessed us-	research protocols were approved	
	ing an established framework.	by institutional review boards.	
Adequate description of meth-	Studies were scored on a number		
odology? Yes. The detail pro-	of criteria such as sample size, at-	Were service users involved in	
vided in relation to search strate-	trition rate, confounding variables	the study? Not reported. The re-	
gies, screening and data extrac-	accounted for, definition of disabil-	view does not record whether ser-	
tion and analysis are comprehen-	ity, definition of abuse. These	vice users were involved at the	
sive. Odds ratios and confidence	were then summed to give a total	design stage or in the interpreta-	
intervals were calculated from	score out of 8.	tion of results for any of the in-	
available data if not already re-	Do conclusions match find-	cluded studies.	
ported by the individual study.		Is there a clear focus on the	
Rigorous literature search? Yes.	ings? Yes.	guideline topic? Yes. The study	
An appropriate number of relevant		focuses on the association be-	
databases were searched, how-		tween disability and abuse and	
ever the authors do not specify		neglect in childhood.	
whether controlled vocabulary or		neglect in childriood.	
free text terms were used. Hand		Is the study population the	
searching of key journals and cita-		same as at least 1 of the groups	
tion searching was carried out.		covered by the guideline? Yes.	
and the second s		The samples of the reported stud-	
		ies include children and young	
		people with experience of abuse	
		and neglect.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
•		Is the study setting the same as at least 1 of the settings covered by the guideline? Partly. No details provided.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Recognition - indicators relating to children and young people.	
		Does the study have a UK perspective? Unclear. Two of the 4 included studies were conducted in the United Kingdom and the review itself was carried out by researchers based in England; however the two other included studies were conducted in the USA and Chile.	

# 8. Hindley N, Ramchandani PG, Jones DPH (2006) Risk factors for recurrence of maltreatment: A systematic review. Archives of Disease in Childhood 91: 744–52

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
<b>Study aim:</b> To ' systematically review the research base predicting those children at highest risk of recurrent maltreatment' (p744).	Inclusion of relevant individual studies? Yes. Inclusion criteria - cohort studies mostly retrospective.	Does the study's research question match the review question? Yes. Risk factors.	Overall assessment of internal validity: ++
Methodology: Systematic review.	Study quality assessed and reported? Yes. Quality of studies	Has the study dealt appropriately with any ethical concerns? Not reported.	Overall assessment of external validity:
Appropriate and clearly focused question? Yes. Recognition/assessment of risk factors.	assessed by 2 reviewers, using a scoring system adapted from Altman 2001.	Were service users involved in the study? Not reported.	Overall validity rating:

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Adequate description of methodology? Yes.  Rigorous literature search? Yes. Electronic databases, reference checking, hand searching, personal communication.	Do conclusions match findings? Yes.	Is there a clear focus on the guideline topic? Yes. Relating to recognition/assessment of child abuse and neglect.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes.  Is the study setting the same as at least 1 of the settings covered by the guideline? Partly. Not reported.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Recognition/assessment.  Does the study have a UK perspective? No. Included studies from different countries. Most were from the USA and Australia.	Well conducted.

9. Jones L, Bellis MA, Wood S et al. (2012) Prevalence and risk of violence against children with disabilities: A systematic review and meta-analysis of observational studies. Lancet 380: 899–907

illeta-alialysis of observatio			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: To ' synthesise evi-	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
dence for the prevalence and risk	studies? Yes. The included stud-	question match the review	validity:
of violence against children with	ies are clearly relevant to the ob-	question?	++
disabilities' (p899). The review re-	jectives of the review and to the	Yes. The study aimed to ' syn-	
ports on a meta-analysis of stud-	NCCSC guideline, however it		Although this appears to be a well-
ies in which the prevalence or risk	should be noted that studies were		

Internal	validity –	approach	and
sample			

of violence was reported in children with disabilities only, and those in which prevalence or risk in disabled children was compared to prevalence or risk in non-disabled children. As the NCCSC has focused on comparative studies in relation to questions on recognition only data from studies with a non-disabled comparison group has been reported by the NCCSC.

**Methodology:** Systematic review. Included a meta-analysis.

Appropriate and clearly focused question? Yes. The objective of the review is clear and has relevance to the NCCSC review work. Details on the search strategy and inclusion/exclusion criteria are comprehensive.

Adequate description of methodology? Yes. The detail provided in relation to search strategies, screening, and data extraction and analysis are generally comprehensive. Odds ratios were extracted from original studies. If these were not reported the review authors calculated these if the necessary raw data were available. Random effects pooled odds ratios were then calculated

## Internal validity – performance and analysis

excluded if the response rate was below 50%, or if the response rate was not reported.

Study quality assessed and reported? Yes. The authors assessed the quality of each study by scoring in relation to a range of criteria such as sample size. measures used to determine experience of violence and disability status, descriptions of participants (including the comparison group), whether odds ratios and confidence intervals were reported, etc. The authors also report that they excluded 2 studies involving children who were deaf and also had a primary diagnosis of substance use disorder '... because of the strong association between these disorders and violence' (p901).

## Do conclusions match findings?

Yes.

### **External validity**

thesise evidence for the prevalence and risk of violence against children with disabilities' (p899).

Has the study dealt appropriately with any ethical concerns? Not reported. The review authors do not record the consent processes of the individual studies or whether research protocols were approved by review boards.

Were service users involved in the study? Not reported. The review does not record whether service users were involved at the design stage or in the interpretation of results for any of the included studies.

Is there a clear focus on the guideline topic? Yes. The study aims to determine the association between disability in children and young people and abuse.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. The review aimed to determine the extent to which children and young people with a disability are at risk of being abused.

### Overall validity rating

conducted review and meta-analysis it should be noted that very little detail is provided in relation to the characteristics of participants in the individual studies, and in some cases the information that is provided suggest that the definition of abuse used by each study may be quite wide. Findings should therefore be used with caution.

### Overall assessment of external validity:

++

#### Overall validity rating:

++

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
and heterogeneity and risk of bias		Is the study setting the same as	
were estimated using the I2 statis-		at least 1 of the settings cov-	
tic. Detail in relation to whether		ered by the guideline? Partly.	
disability was clinically diagnosed		Not reported.	
and how experience of violence			
was reported is minimal as the re-		Does the study relate to at least	
view authors simply state whether		1 of the activities covered by	
the study met or did not meet the		the guideline? Yes. Recognition	
quality score criteria in relation to		<ul> <li>indicators relating to children</li> </ul>	
these measurements.		and young people.	
Rigorous literature search?		Does the study have a UK per-	
Yes. An appropriate number of rel-		spective? Unclear. The majority	
evant databases were searched,		of included studies were con-	
and both controlled vocabulary		ducted in the USA, however 2 of	
and free text were used. Hand		those applicable to question 3 of	
searching of key journals and cita-		the NCCSC review were con-	
tion searching were also con-		ducted in the UK. Researchers	
ducted.		based in the UK also participated	
		in the review process.	

10.Kočovská E, Puckering C, Follan M et al. (2012) Neurodevelopmental problems in maltreated children referred with indiscriminate friendliness. Research in Developmental Disabilities 33: 1560–5

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: The study aimed to	Measurements and outcomes	Does the study's research	Overall assessment of internal
' explore the extent of neurode-	clear? Yes. The study focused on	question match the review	validity:
velopmental difficulties in severely	neurodevelopmental difficulties	question? Yes. The study aimed	+
maltreated adopted children'	and psychiatric disorders such as	to ' explore the extent of neuro-	
(p1560). We have extracted only	intelligence and post-traumatic	developmental difficulties in se-	Overall assessment of external
data relating to language.	stress disorder, and the scales	verely maltreated adopted chil-	validity:
	used to measure these outcomes	dren' (p1560). We have extracted	++
Methodology: Cross-sectional	are reported.	only data relating to language.	
study.			Overall validity rating:
			+

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Objectives of study clearly	Measurements valid? Partly. All	Has the study dealt appropri-	
stated?	assessments were conducted us-	ately with any ethical concerns?	Little justification given for choice
Yes.	ing pre-established measures,	Yes. A regional ethics committee	of statistical tests.
	however data in relation to reliabil-	approved the protocol and con-	
Clearly specified and appropri-	ity and validity of these are not re-	sent was sought from parents and	
ate research design? Partly. The	ported. It should also be noted	children.	
authors do not discuss the re-	that the Manchester Child Attach-		
search design in detail but the	ment Story Task (Green et al.	Were service users involved in	
methodology (observational study	2000, data not extracted as this	the study? No. No indication that	
comparing a group of adopted	does not relate to language ability)	service users were involved in the	
children with experience of severe	was designed for use with children	design of the study or interpreta-	
maltreatment children to a group	up to the age of 8; however the	tion of findings.	
of non-maltreated children) was	study included children up to the	<u> </u>	
appropriate to the aim of the	age of 12 (mean age of adopted	Is there a clear focus on the	
study.	group = 9.4 years, mean age of	guideline topic? Yes. The study	
-	non-adopted group = 8.7 years).	focuses on the neurodevelopmen-	
Subjects recruited in acceptable	Pre-adoption histories (i.e. in rela-	tal consequences of severe mal-	
way? Partly. Adopted children	tion to history of maltreatment,	treatment.	
were recruited through an adop-	birth weight, etc.) of the adopted		
tion charity, which approached eli-	group were taken from social	Is the study population the	
gible families living within travel-	worker notes using a checklist de-	same as at least 1 of the groups	
ling distance of the clinic. The re-	signed for the study.	covered by the guideline? Yes.	
searchers aimed to focus on chil-		The study focused on neurodevel-	
dren with early experience of mal-	Setting for data collection justi-	opmental difficulties exhibited by	
treatment who were now living in a	fied? Yes. It should be noted that	adopted children who had experi-	
stable environment and this was	whilst many of the tests that the	enced severe maltreatment.	
ensured through clear exclusion	adopted group completed were		
criteria in relation to this. The com-	conducted in a clinic setting, those	Is the study setting the same as	
parison group were recruited	completed by the comparison	at least 1 of the settings cov-	
through two GP surgeries, each	group were conducted in general	ered by the guideline? Yes. Data	
with more than 750 children regis-	practitioner's surgeries or family	were collected in participant's	
tered between the ages of 5 and	homes to enable participation.	homes, GP surgeries, or a clinic	
12. The authors report that this		setting.	
group was not intended to be ' a	Are all important outcomes and	_	
	results considered? Yes.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
representative sample of the gen-	aliu alialysis	Does the study relate to at least	
eral population but, rather, to	Tables/graphs adequately la-	1 of the activities covered by	
achieve a group of typically devel-	belled and understandable?	the guideline? Yes. Recognition	
oping children, matched on age	Yes.	indicators relating to children	
and gender with the adopted	165.	and young people.	
group' (p1561). Due to imbalances	Appropriate choice and use of	and young people.	
in age and gender, a second set	statistical methods? Yes. t tests	Does the study have a UK per-	
of recruitment letters was sent to			
	used to examine between-group differences for continuous varia-	spective? Yes. The study was conducted in Scotland.	
families with boys between the		Conducted in Scotland.	
ages of 6 and 10. Children were	bles, chi-square and Fisher's ex-		
also excluded from the compari-	act test used for categorical varia-		
son group if they had a psychiatric	bles. The authors do not appear to		
disorder however it appears that	have corrected for multiple statisti-		
some children in the comparison	cal comparisons.		
group were assessed as having a	In death described		
possible psychiatric disorder by	In-depth description of the anal-		
the researchers. The authors do	ysis process? No. The authors		
not describe how these two prac-	simply report the statistical tests		
tices were selected or the demo-	used for results in relation to each		
graphic characteristics of the ar-	measure. No justification is given		
eas in which they were located or	for choice of statistical tests.		
the socioeconomic status of par-			
ticipants, which may also be im-	Are sufficient data presented to		
portant when considering lan-	support the findings? Yes.		
guage ability specifically.			
	Results discussed in relation to		
Sample representative of de-	existing knowledge on the sub-		
fined population? Unclear. The	ject and study objectives? Yes.		
authors do not compare recruited			
children to the wider population of	Results can be generalised?		
adopted children with experience	Unclear.		
of severe maltreatment.			
	Do conclusions match find-		
	ings? Yes.		

11. Lereya ST, Samara M, Wolke D (2013) Parenting behavior and the risk of becoming a victim and a bully/victim: a meta-analysis study. Child Abuse & Neglect 37: 1091–108

study. Child Abuse & Neglect 37: 1091–108				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis	-	-	
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal	
question? Yes. Study examines	studies? Yes.	question match the review	validity:	
the association between parenting		question? Yes.	+	
behaviour and risk of becoming a	Study quality assessed and re-			
victim or bully/victim.	ported? No. The review does not	Has the study dealt appropri-	Overall assessment of external	
	critically appraise included stud-	ately with any ethical concerns?	validity:	
Adequate description of meth-	ies. However, this was a common	Not reported. No ethical consider-	++	
odology? Yes. Methods for meta-	feature across the systematic re-	ations reported.		
analysis well described. Random	views of observational data which		Overall validity rating:	
effects model used for analysis	we found, and there is recognition	Were service users involved in	+	
and distribution examined using	that methods of critical appraisal	the study? No. Service users in-		
tests of heterogeneity. Publication	for observational studies are less	volved as participants in the in-	Key limitations: no critical ap-	
bias also accounted for using	well developed. We have there-	cluded studies, but not included in	praisal of included studies. How-	
Rosenthal's failsafe method	fore included this study, and not	systematic review itself.	ever, the rest of the systematic re-	
(Rosenthal, 1979).	'marked down' the overall quality		view is of high quality, and statisti-	
Diagram ditagratura a carabo	rating on this basis.	Is there a clear focus on the	cal data is well reported. This has	
Rigorous literature search?	De conclusions motels find	guideline topic? Yes. Relevant to	therefore been rated as 'moderate'	
Partly rigorous. Four bibliographic	Do conclusions match find-	question on recognition.	quality.	
databases were searched, but	ings? Yes. Narrative findings are	le the etudy penuletien the		
there were no hand searches.	in accordance with data reported in tables.	Is the study population the		
	iii labies.	same as at least 1 of the groups covered by the guideline? Yes.		
		Children and young people experi-		
		encing abuse or neglect aged be-		
		tween 4 and '12+'.		
		twoch and iz.		
		Is the study setting the same as		
		at least 1 of the settings cov-		
		ered by the guideline? Yes.		
		gardenner . co.		
		Does the study relate to at least		
		1 of the activities covered by		
		the guideline? Yes.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Does the study have a UK perspective? No. Of the 6 studies relevant to abuse and neglect, 1 is US, 4 are categorised as 'Europe' and 1 is categorised as 'Other'.	

12. Luke N, Banerjee R (2013) Differentiated associations between childhood maltreatment experiences and social understanding: A meta-analysis and systematic review. Developmental Review 33: 1–28

meta-analysis and systematic review. Developmental Review 33: 1–28			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
question? Yes. The review ques-	<b>studies?</b> Somewhat relevant.	question match the review	validity:
tion is clearly focused and is rele-	The included studies are on the	question? Yes. The objective of	+
vant to the NCCSC review work;	whole appropriate to address the	the review is to ' evaluate the	
and there is a good level of detail	review question as set out by the	strength of evidence for the hy-	The inclusion of studies in which
provided in relation to the	authors and are clearly relevant to	pothesis that physically abused or	the sample was partially or wholly
searches used and the inclu-	the NCCSC work; however it is	neglected children underperform	comprised of adults (and the lack
sion/exclusion criteria.	not clear why a small number of	relative to their nonmaltreated	of discussion in relation to this de-
	studies with an adult sample were	peers in measures of social under-	cision), the lack of information on
Adequate description of meth-	included when the review seeks to	standing' (p2).	the quality of included studies, and
odology? Yes. There is a good	determine the impact of maltreat-		the small number of databases
level of detail provided in relation	ment on the social understanding	Has the study dealt appropri-	searched are areas of concern.
to the methodology used in the	of children. Data extracted by the	ately with any ethical concerns?	
meta-analysis (random effects	NCCSC are taken from the meta-	Not reported. The review authors	Overall assessment of external
model). Cohen's d effect sizes	analysis in which one of the 19 in-	do not record whether the re-	validity:
(weighted by sample size) are	cluded studies had an adult sam-	search protocols of individual	++
used and significance levels are	ple (100%). In addition, it should	studies were approved by institu-	_
reported. For studies included in	be noted that studies which fo-	tional review boards or how con-	Overall validity rating:
the systematic review, there are	cused only on children and young	sent was dealt with.	+
no quantitative details reported	people who had experienced sex-		
and these findings have therefore	ual abuse (rather than those com-	Were service users involved in	
not been extracted by the	paring sexual abuse to other sub-	the study? Not reported. The re-	
NCCSC. NB – effect sizes for	types of abuse/maltreatment)	view does not record whether ser-	
those studies included in the	were excluded.	vice users were involved at the	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
meta-analysis have also been reported separately by the NCCSC.	Study quality assessed and reported? Partly reported. The au-	design stage or in the interpretation of results for any of the included studies.	
Rigorous literature search? Partly rigorous. The authors only searched 2 databases, although citation searching and hand searching of key journals was also carried out. The search terms used appear to be comprehensive	thors report that they made notes in relation to sample (e.g. representativeness), recruitment, validity of measures, choice of statistical analysis, and the reported conclusions; however these do not appear to have been translated	Is there a clear focus on the guideline topic? Yes. The study focuses on the impact of maltreatment on the social understanding of children.	
and relevant however the full search strategy is not reported, and it is not clear whether controlled vocabulary was used. The search excluded articles containing 'review' as a keyword, which	into a formal quality rating and these notes are not reported in the review.  Do conclusions match findings? Yes.	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. The review focuses on children who have experienced maltreatment.	
may have been a means of excluding systematic reviews, however this is not explained by the authors.		Is the study setting the same as at least 1 of the settings covered by the guideline? No. Not reported. The review authors do not report whether the individual studies recorded their settings or contexts.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Recognition - indicators relating to children and young people.	
		Does the study have a UK perspective? No. The majority of studies were conducted in the	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		USA (17/19). The review was con-	
		ducted by researchers based in	
		the UK.	

13. Miller AB Esposito-Smythers C, Weismoore JT et al. (2013) The relation between child maltreatment and adolescent suicidal behavior: A systematic review and critical examination of the literature. Clinical Child and Family Psychology Review 16: 146–72

havior: A systematic review and critical examination of the literature. Clinical Child and Family Psychology Review 16: 146–72			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
question? Yes. Examines the re-	studies? Yes.	question match the review	validity:
lationship between child maltreat-		question? Yes.	+
ment and adolescent suicidal ide-	Study quality assessed and re-		
ation and attempts.	ported? Partly reported. The au-	Has the study dealt appropri-	Overall assessment of external
	thor did not provide explicit infor-	ately with any ethical concerns?	validity:
Adequate description of meth-	mation on quality assessment of	Not reported.	++
odology? Partly adequate	included studies, which are mostly		
Limited report of quality assess-	observational studies. However,	Were service users involved in	Overall validity rating:
ment of included studies, and no	the authors discuss and	the study? Not reported. Service	+
reporting of statistical data for any	acknowledge the methodological	users involved as participants in	
studies, making it difficult to verify	limitations of the included studies	the included studies, but not in-	Of moderate quality in terms of a
the conclusions drawn. The au-	(retrospective longitudinal and	cluded in systematic review itself.	narrative review of studies. Un-
thors do not justify why no statisti-	cross-sectional) with their inherent		clear why statistical data not re-
cal data are reported, or statistical	bias of retrospective design and	Is there a clear focus on the	ported, or statistical analyses not
analyses conducted.	issues of self-report and recall	guideline topic? Yes.	conducted.
D: 114 4 10	bias. The authors suggest caution		
Rigorous literature search?	in the interpretation of the evi-	Is the study population the	
Partly rigorous. Three biblio-	dence findings. However, the	same as at least 1 of the groups	
graphic databases searched, with	overall direction of the evidence	covered by the guideline? Yes.	
reference harvesting from in-	appears to show similar patterns	le the etudy setting the seme se	
cluded studies and other major re-	emerging from both study designs	Is the study setting the same as	
views. However, no hand search-	in some areas.	at least 1 of the settings cov-	
ing and relatively restricted range	Do conclusions match find-	ered by the guideline? Yes.	
of bibliographic databases.			
	ings? Yes.		
	1 CS.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Does the study relate to at least 1 of the activities covered by the guideline? Yes.	
		Does the study have a UK perspective? No. Systematic review of studies from different countries: USA (13 studies), New Zealand (4 studies), Switzerland (2 studies), Canada (2 studies), Brazil (1 study), Netherlands (1 study), Italy (1 study), Australia (1 study), France (1 study), country not reported (26 studies).	

# 14. Mironova P, Rhodes AE, Bethell JM, et al. (2011) Childhood physical abuse and suicide-related behavior: A systematic review. Vulnerable Children and Youth Studies 6: 1–7

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused question? Yes. Study examines relationship between childhood	Inclusion of relevant individual studies? Yes.	Does the study's research question match the review question? Yes.	Overall assessment of internal validity:
physical abuse where the perpetrator is identified as a family member or parent and suicide-related behaviour.	Study quality assessed and reported? Partly reported. Formal quality assessment rules were not applied, given the lack of consensus and evaluation tools to assess	Has the study dealt appropriately with any ethical concerns? Not reported.	Overall assessment of external validity:
Adequate description of methodology? Yes. Good description of data extraction, including pro-	observational studies (Sanderson et al. 2007).	Were service users involved in the study? Not reported.	Overall validity rating:
cess for reviewing disagreements. The authors state that results were not pooled meta-analytically, as there was a small number of	Do conclusions match findings? Yes.	Is there a clear focus on the guideline topic? Yes.	Good reporting of methodology, and justification for lack of critical appraisal of included studies.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
studies with methodological heter-		Is the study population the	
ogeneity across studies.		same as at least 1 of the groups covered by the guideline? Yes.	
Rigorous literature search? Yes.		Govered by the guideline: 163.	
		Is the study setting the same as	
		at least 1 of the settings cov-	
		ered by the guideline? Yes. School and population setting.	
		consortant population country.	
		Does the study relate to at least	
		1 of the activities covered by the guideline? Yes.	
		the guideline: 165.	
		Does the study have a UK per-	
		spective? No. One study each from South Africa, Hong Kong, USA, New Zealand, Canada.	

15. Naughton AM, Maguire SA, Mann MK et al. (2013) Emotional, behavioral, and developmental features indicative of neglect or emotional abuse in preschool children: a systematic review. JAMA Pediatrics 167: 769–75

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
question? Yes. Objective: 'To de-	studies? Yes.	question match the review	validity:
fine the emotional, behavioural		question? Yes. Study focuses on	-
and developmental features of ne-	Study quality assessed and re-	indicators of neglect and emo-	
glect or emotional abuse in pre-	ported? Partly reported. Study	tional abuse.	Overall assessment of external
schoolers' (p769).	quality was assessed using a se-		validity:
	ries of critical appraisal checklists,	Has the study dealt appropri-	++
Adequate description of meth-	depending on study design. Criti-	ately with any ethical concerns?	
odology? Partly adequate. Meth-	cal appraisal included considera-	Yes. Systematic review – no par-	Overall validity rating:
odological detail provided in a se-	tion such as whether researchers	ticular ethical issues.	-
ries of appendices. However, it is	rating behaviours etc. were 'blind'		
unclear how studies have been	to condition, sampling procedures		Key limitations: critical appraisal
synthesised to arrive at the lists of	and so on. The quality standard		conducted but unclear how this

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	, ,
indicators reported in Tables 1 and 2. There is poor reporting of statistical data from the included studies.  Rigorous literature search? Yes.	assigned to each study is reported in an appendix, however it is not clear how this was brought to bear on the analysis.  Do conclusions match find-	Were service users involved in the study? No. Service users involved as participants in the included studies, but not included in systematic review itself.	was used within the analysis, unclear how study results were combined to arrive at the lists of indicators presented, poor reporting of statistical data from the original studies.
Eighteen bibliographic databases searched, 2 journals hand searched (Child Abuse and Ne- glect; Child Abuse Review), 6	ings? Partly. The main findings are 2 tables summarising the indicators of neglect and emotional abuse. It is	Is there a clear focus on the guideline topic? Yes.  Is the study population the	
websites searched.	unclear how these have been derived from the included studies.	same as at least 1 of the groups covered by the guideline? Yes. Included studies concerned children aged 0–6 years experiencing neglect, emotional abuse or emotional neglect.	
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to recognition.	
		Does the study have a UK perspective? No. Forty of the included studies are from the USA, 2 are from Canada.	

16. Nolin P, Ethier L (2007) Using neuropsychological profiles to classify neglected children with or without physical abuse. Child Abuse and Neglect 31: 631–43

Abuse and Neglect 31: 631–43				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis	_		
Study aim: Aim of the study is to 1) investigate whether cognitive functions can differentiate neglected children with or without physical abuse compared to comparison participants; 2) demonstrate detrimental impact of mal-	Measurements and outcomes clear? Yes.  Measurements valid? Partly. Language measure relates to receptive language only, with no test of productive language.	Does the study's research question match the review question? Yes. Study investigates cognitive and linguistic functioning in abused versus non-abused children.	Overall assessment of internal validity:  - Overall assessment of external validity: ++	
treatment on children. Study looks at a range of cognitive functions. Only data in relation to language development have been extracted here.  Methodology: Cross-sectional	Setting for data collection justified? Yes.  Are all important outcomes and results considered? Yes.	Has the study dealt appropriately with any ethical concerns? Yes. Study approved by university ethics committee. Consent obtained from parents and from children (>10 in writing, <10 verbally).	Overall validity rating:  - Study limitations include the fact that only receptive, and not productive, language abilities were	
study. Comparative observational study comparing cognitive functioning of children who have experienced neglect/neglect and physical abuse with non-abused children.	Tables/graphs adequately labelled and understandable? Yes.  Appropriate choice and use of statistical methods? Partly. Un-	Were service users involved in the study? No. Service users involved as participants but not in design or interpretation of results.	assessed. The study also had relatively small sample size, particularly for the neglect without physical abuse subgroup.	
Objectives of study clearly stated? Yes.	clear what statistical data are re- ported here. Study states that an initial multiple analysis of variance (MANOVA) was carried out, fol-	Is there a clear focus on the guideline topic? Yes.  Is the study population the		
Clearly specified and appropriate research design? Yes.  Subjects recruited in acceptable	lowed by post hoc univariate analyses. However, in results table on univariate analysis results are reported. There is no Bonferroni cor-	same as at least 1 of the groups covered by the guideline? Yes. Study population is children who have experienced neglect with or		
way? Unclear. Process for recruiting children via Child Protection Services not specified.	rection of significance levels to account for multiple statistical tests.  In-depth description of the analysis process? No.	without physical abuse, and a matched control group.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Sample representative of defined population? Unclear. No comparison of sample with population of either abused children, or	Are sufficient data presented to support the findings? Yes.	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
general child population.	Results discussed in relation to existing knowledge on the subject and study objectives? Partly. Non-significant results not discussed in detail.	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to recognition.	
	Results can be generalised? Unclear. Validity of measure used for language is unclear, given that only receptive language was measured.	Does the study have a UK perspective? No. Study conducted in Canada, with French-speaking children.	
	Do conclusions match find- ings? Partly. Although there is lit- tle discussion of non-significant re- sults.		

# 17. Noll JG, Shenk CE, Yeh MT et al. (2010) Receptive language and educational attainment for sexually abused females. Pediatrics 126: e615–22

Internal validity – approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
<b>Study aim:</b> Aim of the study to ' test whether the experience of childhood sexual abuse is associ-	Are the outcomes clearly defined? Yes.	Does the study's research question match the review question? Yes.	Overall assessment of internal validity:
ated with long-term receptive language acquisition and educational attainment deficits for females' (pe615).	Is the assessment of outcome blind to exposure status? Unclear. No details provided.	Has the study dealt appropriately with any ethical concerns? Yes. Ethical approval received by	Overall assessment of external validity:
	If blinding was not possible, is there some recognition that knowledge of exposure status	institutional board. Parental consent and child assent obtained for participants under age 18. After	Overall validity rating:

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
<b>Methodology:</b> Other – prospec-	could have influenced assess-	age 18 (this data not included	+
tive cross-sequential design, fol-	ment of outcome? Unclear.	here) participants gave their own	_
lowing participants up until the age		consent.	No information provided about
of 30. Only data for <18 have	Is the assessment method for		whether assessors were blind to
been extracted here. This study	exposure reliable? Yes. Sub-	Were service users involved in	participant group. Study did not
has been critically appraised using	stantiation by Child Protective Ser-	the study? No. Service users in-	appear to repeat measures of so-
a prospective cohort tool.	vices.	volved as participants, but not in	cioeconomic status and other rele-
	_	study design or interpretation of	vant factors, which may have con-
Does the study address an ap-	Is evidence from other sources	results.	tributed to language development
propriate and clearly focused	used to demonstrate that	_	over time.
research question? Yes.	method of outcome assessment	Is there a clear focus on the	
	is valid and reliable? Yes.	guideline topic? Yes.	
Are the two groups being stud-			
ied from source populations	Is exposure level or prognostic	Is the study population the	
that are comparable in all re-	factor assessed more than	same as at least 1 of the groups	
spects other than the factor un-	once? Yes.	covered by the guideline? Yes.	
der investigation? Yes. The au-		Females with substantiated famil-	
thors report that there were no	Are the main potential con-	ial sexual abuse and a non-	
statistically significant differences	founders identified and taken	abused comparison group. Data	
between the 2 groups in relation to	into account in design and anal-	were gathered up to the age of 30	
minority or socioeconomic status	ysis? Yes.	years, but only data up to 18 are	
(statistical data is not provided).	Ave confidence intervals are	reported here.	
They also report that the 2 groups	Are confidence intervals pro-		
were similar in relation to resi-	vided? Not applicable.	Is the study setting the same as	
dence (zip codes), age, 'family		at least 1 of the settings cov-	
constellation', and other nonsex- ual traumatic events however the		ered by the guideline? Yes.	
		Doos the study relate to at least	
statistical significance of between group differences in relation to		Does the study relate to at least	
these is not reported.		1 of the activities covered by the guideline? Yes. Study relates	
these is not reported.		to recognition.	
Does the study indicate how		to recognition.	
many how many of the people		Does the study have a UK per-	
asked to take part did so (in		spective? No. The study was	
asked to take part did so (iii		Spective: No. The study was	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
each of the groups being studied)? No.		conducted in the USA (Washington).	
Does the study assess whether eligible subjects have the outcome at the time of enrolment? Is this taken into account in analyses? Yes.			
What percentage of individuals or clusters recruited into each arm of the study dropped out before the study was completed? 96%.			
Does the study compare full participants and those lost to follow up by exposure status? Not applicable.			

18. Pears K, Fisher PA (2005) Developmental, cognitive, and neuropsychological functioning in preschool-aged foster children: Associations with prior maltreatment and placement history. Journal of Developmental and Behavioral Pediatrics 26: 112–22

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim: To examine ' a	Measurements and outcomes	Does the study's research	Overall assessment of internal
range of domains (e.g. physical	clear? Yes.	question match the review	validity: +
growth, neuropsychological func-	Cicui: 103.	question? Yes. Study investi-	variancy.
tion, general cognitive function,	Measurements valid? Yes. Two	gates association between mal-	Overall assessment of external
language and executive function)	validated instruments used to as-	treatment and developmental de-	validity: +
in young children in foster care	sess language ability: language	lay, including language.	-
compared to a community sample	domain of the NEPSY (Korkman		Overall validity rating: +
of same-aged children from com-	et al. 1998) and the Preschool	Has the study dealt appropri-	
parable socioeconomic status	Language Scale 3rd Edition (Zim-	ately with any ethical concerns?	
(SES) backgrounds' (p113).	merman et al. 1991).	No. No mention of ethical approval	
		or consent.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Methodology: Cross-sectional	Setting for data collection justi-		
study. Observational comparative	fied? Yes.	Were service users involved in	
study, comparing maltreated and		the study? No. Service users in-	
non-maltreated children.	Are all important outcomes and	volved as participants, but not in	
	results considered? Yes.	design or interpretation of results.	
Objectives of study clearly			
stated? Yes.	Tables/graphs adequately la-	Is there a clear focus on the	
	belled and understandable?	guideline topic? Yes.	
Clearly specified and appropri-	Yes.	garacinic copies i con	
ate research design? Yes. Ob-	1 00.	Is the study population the	
servational comparative design.	Appropriate choice and use of	same as at least 1 of the groups	
3ci valional comparative design.	statistical methods? Partly. Be-	covered by the guideline? Yes.	
Subjects recruited in accentable	tween-groups differences explored	Maltreated children aged 3 to 6	
Subjects recruited in acceptable			
way? Yes. Maltreated foster chil-	through a series of t tests, with	and a matched comparison group.	
dren recruited via local child wel-	Bonferroni correction for multiple	In the set of settless the second	
fare system. Matched control re-	tests. However, within-group dif-	Is the study setting the same as	
cruited via advertisement.	ferences for foster children in	at least one of the settings cov-	
	terms of characteristics of foster	ered by 1 guideline? Yes.	
Sample representative of de-	placement and cognitive/neuro-		
fined population? Unclear. No	psychological development were	Does the study have a UK per-	
analysis of representativeness of	explored through a series of corre-	spective? No. The study was	
sample.	lations.	conducted in the USA.	
	In-depth description of the anal-		
	ysis process? Partly. Not clear if		
	assumption of normal distribution		
	tested, or how dealt with any outli-		
	ers.		
	Are sufficient data presented to		
	support the findings? Yes.		
	Results discussed in relation to		
	existing knowledge on the sub-		
	ject and study objectives? Yes.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Results can be generalised? Yes.		
	Do conclusions match find-ings? Yes.		

## 19. Prasad MR, Kramer LA, Ewing-Cobbs L (2005) Cognitive and neuroimaging findings in physically abused preschoolers. Archives of Disease in Childhood 90: 82–5

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: To ' characterise	Measurements and outcomes	Does the study's research	Overall assessment of internal
the cognitive, motor and language	clear? Yes.	question match the review	validity: +
skills of toddlers and preschoolers		question? Yes. The researchers	
who had been physically abused	Measurements valid? Yes. Two	aimed to characterise the cogni-	Overall assessment of external
and to obtain concurrent MRIs of	validated scales used to measure	tive, motor and language skills of	validity: ++
the brain' (p82).	language: sequenced Inventory of	young children who have been	
	Communication Development	physically abused. Only findings in	Overall validity rating: +
Methodology: Cross-sectional	(Hendrick et al. 1995); for children	relation to language will be ex-	Relatively small sample size. Con-
study.	over 36 months Clinical Evaluation	tracted.	sideration not given to generalisa-
	of Language Fundamentals (Pre-		bility of sample, given that some
Objectives of study clearly	school or Third Edition) (Semel et	Has the study dealt appropri-	participants are children who have
stated?	al. 1995). Reliability of instruments	ately with any ethical concerns?	been hospitalised due to maltreat-
Yes.	not reported.	Yes. Study ' approved by and	ment, and so are suffering rela-
		conducted in accordance with the	tively severe abuse.
Clearly specified and appropri-	Setting for data collection justi-	ethical guidelines of the Institu-	
ate research design? Yes. Ob-	fied? Yes.	tional Review Board of the Univer-	
servational comparative study,		sity of Texas Health Science Cen-	
with comparison group matched	Are all important outcomes and	ter at Houston' (p83). Consent	
by age, socioeconomic status,	results considered? Yes.	obtained from parents or, where	
gender.	Tables/graphs adamystal: la	children are under 'conserva-	
Cubicate recognited in acceptable	Tables/graphs adequately la-	torship' of Children's Protective	
Subjects recruited in acceptable	belled and understandable?	Services, consent obtained from	
way? Yes.	Yes.	agency following placement.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Sample representative of defined population? Unclear. No analysis of whether sample is representative of wider preschool population.	Appropriate choice and use of statistical methods? Partly. Between-groups difference appear to have been analysed using ANOVA. However, no descriptive of analytical process, including correction for multiple tests.  In-depth description of the analysis process? No. See above.  Are sufficient data presented to support the findings? Yes.  Results discussed in relation to existing knowledge on the subject and study objectives? Partly. Limited discussion in relation to existing literature. Results can be generalised? Unclear. Participants are children who have been hospitalised due to abuse, so perhaps more severe end of spectrum?	Were service users involved in the study? No. Service users involved as participants, but not in design, execution or interpretation of study.  Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Children aged 14–77 months who had been hospitalised for physical abuse.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to recognition.  Does the study have a UK perspective? No. Conducted in Houston, Texas.	

20. Rhodes AE et al. (2011) Sex differences in childhood sexual abuse and suicide related behaviors. Suicide & life-threatening behavior 41: 235–54

ior 41: 235–54	1.41 -11.114	E ( P.P)	0 H P P
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
question? Yes. The objective of	studies? Yes. The included stud-	question match the review	validity: +
the review is clear and has rele-	ies are on the whole appropriate	question? Yes. The review's ob-	
vance to the NCCSC review work.	to address the review question as	jective is to update earlier system-	As the study did not include formal
The authors provide an appropri-	set out by the authors and are	atic reviews exploring the links be-	quality assessment of the included
ate level of detail in relation to	clearly relevant to the NCCSC	tween childhood sexual abuse and	studies it is not possible to award
their search strategy and the inclu-	work, however it should be noted	suicide-related behaviours. There	a higher quality rating.
sion/exclusion criteria which they	that Choquet et al. (1997), Howard	is a particular focus on whether	O
used.	and Wang (2005), King et al.	the strength of association differs	Overall assessment of external
Adamsta dagarinting of moth	(2004), Olshen et al. (2007), and	in boys and girls.	validity: ++
Adequate description of meth-	Rosenberg et al. (2005) all defined		Overell velidity vetices:
odology? Partly adequate. The	childhood sexual abuse as involv-	Has the study dealt appropri-	Overall validity rating: +
reviewers do not provide detail in	ing intercourse, and that results	ately with any ethical concerns?  No. The review authors do not	
relation to the calculation of odds	from Bagley et al. (1995) are de-		
ratios.	rived by measuring 'sexual abuse	record the consent processes of	
Diggrava litaratura agarab? Voc	outside of school settings (life-	the individual studies or whether	
Rigorous literature search? Yes.	time)' (no further details provided);	research protocols were approved	
An appropriate number of relevant databases were searched, and	and that Garnefski and Arends, (1998) also includes data from re-	by institutional review boards.	
both controlled vocabulary and	spondents over the age of 18. It	Were service users involved in	
free text were used. However,	should also be noted that studies	the study? Not reported. The re-	
hand searching of key journals	with a clinical sample or partici-	view does not record whether ser-	
and citation searching are not re-	pants in the child welfare system	vice users were involved at the	
ported.	were excluded ' given that sex-	design stage or in the interpreta-	
porteu.	ual abuse in these samples is for-	tion of results for any of the in-	
	mally disclosed and therefore may	cluded studies.	
	represent a different type of expo-	oladea stadies.	
	sure than reported in the general	Is there a clear focus on the	
	population Furthermore, the ef-	guideline topic? Yes. The study	
	fects of disclosure, such as being	aims to determine the association	
	separated from the parent, may	between sexual abuse and sui-	
	modify the association' (p237).	cide-related behaviours in children	
		and young people and to explore	
		and journey poople and to oxplore	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	In the control of the	
	Study quality assessed and re-	whether this association differs by	
	ported? No. The authors report	gender.	
	that they did not adhere to formal		
	quality assessment rules given	Is the study population the	
	that there is no consensus on how	same as at least 1 of the groups	
	to appraise observational studies	covered by the guideline? Yes.	
	and that few tools exist for this	Children and young people under	
	purpose. The discussion and limi-	the age of 18 who have experi-	
	tations sections of the review do	enced sexual abuse. However it	
	however provide a clear account	should be noted that the review	
	of some of the methodological	excluded studies with a clinical	
	concerns associated with the in-	sample or participants in the child	
	cluded studies.	welfare system ' given that sex-	
		ual abuse in these samples is for-	
	Do conclusions match find-	mally disclosed and therefore may	
	ings?	represent a different type of expo-	
	Yes.	sure than reported in the general	
		population Furthermore, the ef-	
		fects of disclosure, such as being	
		separated from the parent, may	
		modify the association' (p237).	
		Is the study setting the same as	
		at least one of the settings cov-	
		ered by 1 guideline? No. Set-	
		tings and context are not reported.	
		Does the study relate to at least	
		1 of the activities covered by	
		the guideline? Yes. Recognition -	
		indicators relating to children and	
		young people.	
		, Jos., 3 poopio.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Does the study have a UK perspective? No. Only 2 of the included studies were conducted in the UK.	

21. Spratt EG, Friedenberg S, LaRosa A et al. (2012) The effects of early neglect on cognitive, language, and behavioral functioning in childhood. Psychology 3: 175–82

childhood. Psychology 3: 17	75–82		
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	
Study aim: Purpose of the study	Measurements and outcomes	Does the study's research	Overall assessment of internal
is to ' compare cognitive, lan-	clear? Yes.	question match the review	validity: +
guage and behavioral functioning		question? Yes.	
of children with no history of ne-	Measurements valid? Yes. Out-		Overall assessment of external
glect to children with early neglect-	comes measured using validated	Has the study dealt appropri-	validity: +
ful situations, specifically those	instruments, or Child Protective	ately with any ethical concerns?	
who experience physical and	Services, medical, mental health	Yes. Study approved by Institu-	Overall validity rating: +
emotional neglect from a caregiver	or institutional records.	tional Review Board. Informed	Relatively small sample size, alt-
or deprivation due to pre-adoptive	Cattle to the cate and the cate and	consent given by caregivers. Un-	hough statistically significant re-
placement in an international insti-	Setting for data collection justi-	clear whether children also asked	sults still obtained. Physical meas-
tution environment' (p175).	fied? Yes.	for their consent. Study also re-	urements of participants taken and
Mathadalagus Crass soctional	Are all important outcomes and	ports that child participants under-	unclear how these were used.
<b>Methodology:</b> Cross-sectional study. Observational comparative	Are all important outcomes and results considered? Partly. All	went a physical examination, in- cluding 'vital signs', head circum-	
study. Observational comparative study.	outcome measures reported. Re-	ference, height, weight, serum	
Study.	sults of preliminary physical tests	sample, urine sample and saliva	
Objectives of study clearly	not reported. Unclear why these	sample. It is unclear what the pur-	
stated?	were conducted.	pose of these measures were, and	
Yes.	word derivation.	the results are not reported here.	
	Tables/graphs adequately la-		
Clearly specified and appropri-	belled and understandable?	Were service users involved in	
ate research design? Yes. Ob-	Yes.	the study? No. Service users in-	
servational comparative design,		volved as participants, but not in	
comparing US children with a his-	Appropriate choice and use of	design or interpretation of results.	
tory of physical or emotional ne-	statistical methods? Yes. Be-	-	
	tween-groups differences explored		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
glect, children adopted from international institutions and US children with no history of neglect.  Subjects recruited in acceptable way? Yes. Children and caregivers referred by medical or mental health practitioners, or self-referred.  Sample representative of defined population? Unclear. Authors do not investigate sample representativeness.	using a series of one-way AN-COVAs. Appears that post hoc tests exploring significant differences were also conducted, although method for this is not reported. Multiple linear regression model used to examine predictors of outcome on 5 outcome measures.  In-depth description of the analysis process? Partly. No information on post hoc testing. No reporting of testing assumptions for use of ANCOVA.	Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Participants were children aged 3 to 10 with a history of familial neglect.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by	Overall validity rating
	Are sufficient data presented to support the findings? Yes.  Results discussed in relation to existing knowledge on the subject and study objectives? Yes.  Results can be generalised? Partly. Relatively small sample size. No consideration of power to detect effects given in the text. However, authors do note that, despite the small sample size, a number of statistically significant results were found.  Do conclusions match findings? Yes.	the guideline? Yes. Study relates to recognition.  Does the study have a UK perspective? No. The study was conducted in the USA.	

22. Stith SM, Liu T, Davies LC (2009) Risk factors in child maltreatment: A meta-analytic review of the literature. Aggression and Violent Behavior 14: 13–29

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
Study aim: The study uses a meta-analytic design to determine the strength of the relationship be-	Inclusion of relevant individual studies? Yes.	Does the study's research question match the review question? Yes. Study is looking	Overall assessment of internal validity: +
tween a range of risk factors and abuse or neglect.	Study quality assessed and reported? Partly reported. The process for assessing study quality is	at association between risk factors and maltreatment.	Overall assessment of external validity: -
<b>Methodology:</b> Systematic review.	reported, and average, median and mode scores across studies.	Has the study dealt appropriately with any ethical concerns?	Overall validity rating: -
Appropriate and clearly focused question? Yes.	The quality rating for each individual study is not reported.	Not reported.  Were service users involved in	Search limited to one database, and keyword searching only rather than free text searching. Unclear
Adequate description of methodology? Partly adequate. Some good reporting of meta-analytic techniques. However, it is unclear why effect sizes using both d and r	Do conclusions match find- ings? There is insufficient consid- eration of the impact of heteroge- neity between the included studies on interpretation of the findings.	the study? No. Service users involved as participants in included studies, but not in meta-analysis itself.	why effect sizes using both d and r have been calculated, and what the Pearson's correlations signify in relation to categorical variables (e.g. parent gender). A high num-
have been calculated, and what the Pearson's correlations signify in relation to categorical variables (e.g. parent gender). A high num-		Is there a clear focus on the guideline topic? Yes.	ber of analyses resulted in statisti- cally significant values for the Q <sup>w</sup> measure of homogeneity, sug- gesting a high degree of heteroge-
ber of analyses resulted in statistically significant values for the Q <sup>w</sup> measure of homogeneity, suggesting a high degree of heterogeneity across studies. The authors have nonetheless chosen to com-		Is the study population the same as at least 1 of the groups covered by the guideline? Partly. Review reports that included studies must' examine the relationship between the iden-	neity across studies. The authors have nonetheless chosen to combine these studies, and heterogeneity is taken in to account in the limitations section only.
bine these studies, and heterogeneity is taken in to account in the limitations section only.		tified risk factor and either child physical abuse or child neglect' (p17). However, the age of the children involved is not specified.	
Rigorous literature search? Partly rigorous. Only 1 database searched (Psychlnfo). However,		Also important to note that ' perpetrators of child maltreatment in	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
reference list for each study identi- fied through this database was searched for potential relevant		the study must be parents or in a parenting role' (p17).	
studies. Limited set of search terms used, which focused on children rather than young people.  Also searched for whole terms,		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
e.g. 'child abuse' rather than child* plus abuse.		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to recognition.	
		Does the study have a UK perspective? Unclear. Countries in which included studies were conducted is not reported.	

23. Tonmyr L, Thornton T, Draca J et al. (2010) A review of childhood maltreatment and adolescent substance use relationship. Current Psychiatry Reviews 6(3): 223–34

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
question? Yes. There is a clear	studies? Yes. The studies in-	question match the review	validity: +
and focused review question	cluded in the review are relevant	question? Yes. The review aims	
which is relevant to the NCCSC	to the research question set out by	to 'identify the presence of an	No formal quality appraisal.
guideline and the systematic re-	the authors and also to the work of	association between child mal-	
view methodology is clearly ex-	the NCCSC; however some of the	treatment (neglect, witnessing do-	Overall assessment of external
plained and includes an appropri-	studies include a partially adult	mestic violence, physical, sexual	validity: ++
ate level of detail.	sample. The authors note that the	and emotional maltreatment) and	
	fact that only 2 of the included	nicotine, alcohol and/or drug	Overall validity rating: +
Adequate description of meth-	studies were longitudinal is a limi-	use/abuse among adolescents'	
odology? Yes.	tation. Studies using a clinical	(p224).	
	sample were excluded.		
Rigorous literature search?		Has the study dealt appropri-	
Partly rigorous. The authors		ately with any ethical concerns?	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
searched an appropriate number of relevant bibliographic databases although they do not report whether any hand searching of key journals or citation searching was carried out. It is not clear whether free text and controlled vocabulary was used although the authors note that the full search strategy is available on request.	Study quality assessed and reported? Partly reported. Formal quality rating of the included studies does not appear to have been carried out however the authors report the strengths and limitations of each study in table form.  Do conclusions match findings? Yes.	Not reported. The review authors do not record whether the research protocols of individual studies were approved by institutional review boards or whether assent or consent was provided; with the exception of Logan et al. (2009), for which parental consent rates are reported.  Were service users involved in the study? Not reported. The review does not record whether service users were involved at the design stage or in the interpretation of results for any of the included studies.  Is there a clear focus on the guideline topic? Yes. The study focuses on the impact of maltreatment on adolescent substance misuse.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Maltreated adolescents between the ages of 12 and 18.  Is the study setting the same as at least 1 of the settings covered by the guideline? No. Not reported. The review authors do not report whether the individual	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		studies recorded their settings or contexts.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Recognition – indicators relating to children and young people.	
		Does the study have a UK perspective? No. None of the included studies were conducted in the UK. The majority were conducted in the USA.	

24. Wilson Steven R, et al. (2010) Comparing physically abused, neglected, and nonmaltreated children during interactions with their parents: A meta-analysis of observational studies. Communication Monographs 77: 540–75

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	-
Appropriate and clearly focused question? Yes. Study compares abused, neglected and non-mal-	Inclusion of relevant individual studies? Yes.	Does the study's research question match the review	Overall assessment of internal validity: +
treated children's behaviour during	Study quality assessed and re-	question? Yes.	Overall assessment of external
interactions with their parents.	ported? Unclear. Clear search strategy, inclusion and exclusion	Has the study dealt appropriately with any ethical concerns?	validity: +
Adequate description of methodology? Partly adequate. Good	criteria, but no explicit details on how the quality of included studies	Not reported.	Overall validity rating: +
description of methods for meta- analysis, use of random-effects model and testing for homogeneity	was assessed. This was a common feature across the systematic reviews of observational data	Were service users involved in the study? Not reported.	Clear search strategy, inclusion and exclusion criteria, and good description of methods for meta-
and calculation of failsafe n.	which we found, and there is recognition that methods of critical	Is there a clear focus on the guideline topic? Yes.	analysis, but no explicit details on how the quality of included studies
Rigorous literature search? Yes.	appraisal for observational studies		was assessed.
Seven bibliographic databases	are less well developed. We have		
searched, citation checking and	therefore included this study, and		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
hand searching of Child Abuse and Neglect journal.	not 'marked down' the overall quality rating on this basis.  Do conclusions match findings? Yes.	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Physically abused and neglected children, and their parents and carers.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Home and lab settings.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Recognition indicators.  Does the study have a UK perspective? No. USA (26 studies), Spain (2 studies), Canada (2 studies).	

### Review questions 3 and 4 - Findings tables

1. Allen B, Tussey C (2012) Can Projective Drawings Detect if a Child Experienced Sexual or Physical Abuse? A Systematic Review of the Controlled Research. Trauma, Violence, and Abuse: A Review Journal 13: 97–111

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
Study aim: 'A compre-	Participants: Children and young peo-	Projective drawings - human figure drawings - geni-	Overall assessment
hensive literature re-	ple – children and/or adolescents expe-	talia (sexually abused children): presence of genita-	of internal validity: -
view of the controlled	riencing either sexual abuse or physi-	lia in children's drawings investigated in 6 studies	_
research to determine	cal abuse.	(Hibbard and Hartman 1990a, 1990b; Hibbard et al.	Overall assessment
whether any graphic		1987; Howe et al. 1987; Sidun and Rosenthal 1987;	of external validity: +
	Sample characteristics:	Yates et al. 1985).	

<ul> <li>parison, outcomes)</li> <li>indicators (e.g., genitalia, omission of body parts) or predefined scoring system can reliability [sic] and validly</li> <li>Age - Children and/or adolescents.</li> <li>Sex - Not reported.</li> <li>Ethnicity - Not reported.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Disability - Not reported.</li> </ul>	ough several studies found
<ul> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Sexual and physical abuse.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size: Systematic reviews - number of studies - total of 23 reports (13 reports relating to sexually abused children).</li> <li>Recognition indicators measured: Drawing - graphic indicators (e.g., genitalia, omission of body parts) or predefined scoring system can reliably and validly discribitane.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Sexual and physical abuse.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size: Systematic reviews - number of studies - total of 23 reports (13 reports relating to sexually abused children).</li> <li>Recognition indicators measured: Drawing - graphic indicators (e.g., genitalia, omission of body parts) or predefined scoring system can reliably and validly discribitions.</li> </ul>	of statistical data from original studies. No report of genitalia between tarne presence of genitalia in ve of either emotional or both, but caution is findings.  4): no significant difference ually abused and non-resence of 5 body parts: I and anus. Review does however the authors cond children are 5.4 times lia.  990b) (n=194): no signifidrawings of sexually children for breast, navel or children more likely to we does not report statistical  990a) (n=129): no signifidresence of genitalia in on-abused children's drawoportion of the sexually of than the control group (0) Review does not report

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		(n=12 adolescent runaways reporting sexual abuse) and non-abused children (n=24 runaways with no history of abuse) in regard to genitalia, breasts, or overt sexual features.  Sidun and Rosenthal (1987) (n=60): no significant differences between sexually abused children with psychiatric problems and psychiatric controls in regard to drawing genitalia, breasts, or overt sexual features. Review does not report statistical data. Yates et al. (1985b) (n=35): no significant differences between sexually abused (n=18) and non-abused children (n=17) in the presentation of female and male sexual features. Review does not report statistical data.	
		Sexually related features (indicators such as hands covering the pelvic region, trouser fly, circles, wedges, and phallic-like objects): this was investigated in 3 studies (Hibbard and Harman 1990a; Howe et al. 1987; Sidun and Rosenthal 1987). One study (Sidun and Rosenthal 1987) found statistically significant differences between abused and non-abused children.	
		Individual studies: Sidun and Rosenthal (1987) (n=60): the non-abused children (n=30, psychiatric controls) drew significantly more pictures with a trouser fly than the sexually abused (n=30 psychiatric survivors) children. Review does not report statistical data. Using 1 composite score combining circles (e.g., buttons on clothes, balls, suns), wedges, and phallic-like objects (e.g., canes, cigarettes), the sexually abused (n=30 psychiatric survivors) children drew signifi-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		cantly more pictures of these objects than the control group. Review does not report statistical data. Using a second composite scale of indicators (hands omitted, sufficient body integration; scale: wedges/phallic/circle sexual features, breasts, shapes), a significant difference was detected in the sexually abused (n=30 psychiatric survivors) children when compared with non-abused children (n=30, psychiatric controls). (Caution: possible Type 1 error (false positive) due to the large no. of analyses). Howe, Burgess, and McCormack 1987 (n=36): there were no significant differences between sexually abused (n=12) and non-abused children (n=24) on indicators such as covering of the genital area, transparent clothing, dark lines on the clothing around the genital area, and legs being pressed together or crossed in their drawings. Review does not report statistical data. Hibbard and Hartmann, (1990a) (n=194): there were no significant differences between sexually abused (n=94) and non-abused children (n=100) in their drawings displaying transparencies or legs pressed together. Review does not report statistical data.  Body parts/organisation: this was investigated in three studies (Hibbard and Hartman 1990a, Howe et al. 1987, Sidun & Rosenthal 1987). Overall, available controlled research did not demonstrate that the human figure drawings of sexually abused children are any more likely than control groups of normal or emotionally disturbed children to omit, display abnormal size, or poorly integrate body parts.	
		marriada stadios.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Hibbard & Hartmann, (1990a) (n=194): there were no significant differences between sexually abused (n=94) and non-abused children (n=100) in their drawings of 16 indicators (including the omission of numerous body parts (e.g., eyes, arms, legs, feet, mouth, neck, hands], poor integration of parts, big hands, short arms, long arms, and asymmetrical limbs). Review does not report statistical data. Howe et al. (1987) (n=36): there were no significant differences between sexually abused (n=12) and non-abused children (n=24) on the likelihood of having incomplete figures, omitting body parts, or emphasising the face or hair in their drawings. Review does not report statistical data. Sidun and Rosenthal (1987) (n=60): there were no significant differences between sexually abused (n=30 psychiatric survivors) and non-abused children (n=30, psychiatric controls) in regard to any overemphasized body parts, asymmetrical or abnormal limb length, or the omission of fingers or eyes in their drawings. However, the sexually abused (n=30 psychiatric survivors) was significantly more likely than the non-abused children (n=30, psychiatric controls) to omit hands from their drawings. In addition, the control group displayed poorer body integration than the sexually abused group, which was counter to the expectation. Review does not report statistical data. (Caution: possible Type 1 error (false positive) due to the large no. of analyses).	
		Other indicators Other indicators relating to sexual abuse were explored in 3 studies (Howe et al. 1987; Hibbard and Hartman 1990a; Sidun and Rosenthal, 1987). Overall, the three studies suggested that the following	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	, , , , , , , , , , , , , , , , , , , ,	graphic indicators do not differentiate sexually abused and non-abused children: shading, monsters, clouds, presence of teeth, slanting figure, small figure, big figure and the use of colour.	
		Individual studies: Howe et al. (1987): sexually abused children (n=12) were more likely to draw figures with less ambiguous gender and to display a faint line quality when compared with non-abused children (n=24). Review does not report statistical data. Sidun and Rosenthal (1987): there were no significant differences between sexually abused (n=30 psychiatric survivors) and non-abused children (n=30, psychiatric controls) in regard to drawing of sexually undifferentiated figures. Review does not report statistical data. Hibbard and Hartman (1990a): reporting in review is unclear as to which indicators relate to this section.	
		Projective drawings – kinetic family drawings (for sexually abused children)  Designed to include motion or an activity within the picture such as asking children to draw their family, including themselves, engaged in an activity).  Differences between sexually abused and nonabused children in relation to kinetic family drawings were examined in three studies (Cohen and Phelps 1985; Hackbarth et al. 1991; Piperno et al. 2007). The review authors conclude that, overall, the quality and results of these studies and the lack of consistent findings does not support the use of kinetic family drawings for determining a history of sexual abuse.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Individual studies: Piperno et al. (2007): significant differences in kinetic family drawings scores found between sexually abused (n=12 psychiatric survivors) and control groups (n=12 normal controls). However, the review authors' note that the validity of findings are 'limited' due to poor methodological quality of the study (assessors not blind, lack of interrater reliability). Cohen and Phelps (1985): significant and small differences in kinetic family drawings scores (plus using a composite score of indicators) were found between sexually abused (n=89 sexual abuse survivors) and control groups (n=77 psychiatric controls). However, review authors again note that validity of findings is limited due to poor methodological quality of the study (low interrater reliability). Hackbarth et al. (1991): the kinetic family drawings scores of sexually abused group (n=20 receiving counselling, note Table 1 suggests that the number in this group was 30) were significantly lower than those in the control group (n=30), indicating more family problems or less support. The review authors note that the mental health status of the groups could be confounders.	
		Projective drawings – human figure drawings – omission of body parts (physically abused children) This was examined in three studies (Blain et al. 1981; Culbertson and Revel 1987; Prino and Peyrot 1994). The review authors conclude that ' the omission of feet may be attributable to the status of receiving mental health services as opposed to the experience of physical abuse' (p107). Available evi-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		dence does not suggest that omitting a bodily feature from a drawing distinguishes physically abused children from their non-abused peers.	
		Individual studies: Culbertson and Revel (1987): there were significant differences for the omission of arms and feet, but not for the omission of eyes, nose, mouth, legs, hands, body, and neck between emotionally disturbed children (n=20), physically abused children (n=20) and children with learning disability (n=20). Review does not report statistical data. It was unclear which groups differed significantly, although the authors note that the physically abused group scored the highest on each significant finding. (The review authors note that the mixing of abuse and emotional/learning disability variables in the target group confounded the study.) Prino and Peyrot (1994): there were no significant differences for the omission of hands, feet and noses between physically abused children (n=21) and non-abused children (n=21). Review does not report statistical data. Blain et al. (1981): physically abused children (n=32 psychiatric survivors) were significantly more likely to omit feet from their drawings when compared with normal controls (n=45); but no significant differences observed when comparing physically abused children (n=32 psychiatric survivors) with psychiatric controls (n=32). Review does not report statistical	
		data.  Projective drawings – human figure drawings – body parts/organisation (physically abused children)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		This was examined in four studies (Blain et al. 1981; Culbertson and Revel 1987; Hjorth and Harway 1981; Prino and Peyrot 1994). The review authors conclude that, overall, poor body integration or asymmetry of limbs unlikely to be indicative of physical abuse as significant findings were not present when the control group displayed a psychiatric condition. Results pertaining to a disproportionate size of head have not been replicated and there are conflicting findings. Overall, the available evidence does not exist to support using either vacant eyes or teeth as indications of possible physical abuse.	
		Individual studies: Hjorth and Harway (1981): the drawings of the physically abused children (n=30) demonstrated significantly more asymmetry and horizontal arm positioning than non-abused children (n=30). Review does not report statistical data. Blain et al. (1981): there were significant differences in the size of arms and legs, as well as differences for disproportionate size of head, in drawings of physically abused children (n=32 psychiatric survivors) when compared to non-psychiatric controls (n=45) but these differences were not found in drawings of abused children (n=32 psychiatric survivors) when compared to the drawings of children receiving mental health treatment (n=32 psychiatric controls). There were no significant differences for vacant eyes and teeth between the physically abused group and either of their psychiatric and non-psychiatric controls. Review does not report statistical data.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Culbertson and Revel (1987): there were no significant differences for limb asymmetry, poorly integrated parts, or body distortions in the drawings of physically abused children (n=20) and non-abused children (n=20) diagnosed with an emotional disturbance or learning disability (n=20). This study did find a significant difference when examining a disproportionate size of head. There were significant differences for vacant eyes among their three groups of subjects. Review does not report statistical data. It was unclear which groups differed significantly, although the authors note that the physically abused group scored the highest on each significant finding. Prino and Peyrot (1994): no significant difference in presence of teeth between abused group (n=21 physical abuse survivors) and control group (n=21 normal controls). Review does not report statistical data.	
		Other indicators Other indicators were examined in 4 studies (Blain et al. 1981; Culbertson and Revel 1987; Hjorth and Harway 1981; Howe et al. 1987). No evidence was found to suggest that any of the following are present more often in the drawings of physically abused children: clouds, fruit on trees, person composed of geometric shapes, unusually large figures, environmental objects, and the use of colour.	
		Projective drawings – favourite kind of day Favourite kind of day drawings scored for presence of inclement weather (e.g., rain, snow), a dispropor- tionate size or excessive amount of the weather fea- tures for physically abused children compared to controls. This was examined in 3 studies (Manning	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		1987; Veltman and Browne 2000, 2001). The review authors conclude that, overall, available evidence does not warrant the use of favourite kind of day technique in detecting the physical abuse of children.	
		Individual studies: Manning (1987): significantly higher raters' scores were reported for weather features (snow, rain in disproportionate size or excessive amount) in the physically abused group (n=10) when compared with normal controls (n=10) (13.7 scores vs. 4.2 scores, p<.001).  Veltman and Browne 2000, 2001: there were no significant differences in the detection of weather features or raters' scores between physically abused children (n=6, n= 4 respectively) and normal controls (N=12, N= 23 respectively) in 2 studies. Review does not report statistical data. (Caution: possible Type 1 error (false positive) due to high false identification rate).	
		Projective drawings – kinetic drawings (physically abused children) Kinetic family drawings were examined for physically abused children in 3 studies (Prino and Peyrot 1994; Piperno et al. 2007; Veltman and Browne 2003). The review authors conclude that, overall, available research does not support the interpretation of kinetic drawings as a tool in identifying physical abuse.	
		Individual studies: Veltman and Browne (2003): significantly more indicators in kinetic drawings for 3 features (incomplete	

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
		figures, disproportionate size of family members,	
		and disproportionate size of self in relation to family)	
		in physically abused children (n=6) than normal con-	
		trols (n=12). Review does not report statistical data.	
		There were no significant differences between phys-	
		ically abused children and normal controls in their	
		drawings for the omission of persons and distorted	
		limbs.	
		Prino and Peyrot (1994): physically abused children	
		(n=21) were more likely than normal controls (n=21)	
		to omit feet and noses from a kinetic group drawing,	
		but no differences for the omission of mouth or pres-	
		ence of teeth. The difference is not statistically sig-	
		nificant. Review does not report statistical data.	
		Piperno et al. (2007): there were significant differ-	
		ences for each of the 4 indicators (graphic-repre-	
		sentative immaturity, omission of subjects, body dis-	
		tortion, emotional proximity) between physically	
		abused children (n=12) receiving therapy and nor-	
		mal controls (n=12). (Caution: possible Type 1 error	
		(false positive) due to vague scoring criteria used).	
		Review does not report statistical data (Piperno et	
		al. 2007; Veltman and Browne 2003).	

2. De Bellis MD, Hooper SR, Spratt EG et al. (2009) Neuropsychological findings in childhood neglect and their relationships to pediatric post-traumatic stress disorder. Journal of the International Neuropsychological Society 15: 868–78

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The objec-	Participants:	Comparison of neglected versus non-neglected	Overall assessment
tive was to examine	<ul> <li>Children and young people – chil-</li> </ul>	<u>children</u>	of internal validity: +
impact of neglect on	dren who had experienced neglect		
IQ, reading, maths,	(without sexual abuse) as defined	Composite of four language measures	Overall assessment
fine-motor skills, lan-	by Department of Social Services	Multivariate analysis showed an overall statistically	of external validity:
guage, visual-spatial,	records, and a non-neglected con-	significant effect of abuse status on language. When	++
memory/learning and	trol group.	not controlling for child IQ, this was of medium effect	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity ra
attention/executive	Caregivers and families – caregiv-	size (F(8, 174)=4.00, p<0.001, partial eta	Overall validity ra
functions in 2 groups	ers of child participants were also	squared=0.16). When controlling for child IQ this was	ing: +
of non-sexually abused	included in the study.	of small to medium effect size (F(8,172)=2.87,	
medically health ne-	-	p<0.01, partial eta squared=0.12). The direction of the	No justification give
glect children, 1 with	Sample characteristics:	relationship was investigated through a series of uni-	for age range of pa
post-traumatic stress	Age - Children - neglect with post-	variate analyses.	pants, and not mad
disorder and 1 without,	traumatic stress disorder group (all		clear whether resu
and one nonmaltreated	ages given in years) - mean age	NEPSY phonological processing	apply to this age ra
control group. Here we	8.30 (SD=2.17), age range 4.25 to	Analysis of variance found no significant difference on	only. Whilst ages
have extracted findings	12.92; neglect without post-trau-	this variable when not controlling for child IQ	across the 3 group
only in relation to im-	matic stress disorder group - mean	(F(2,90)=2.79, p>0.05, partial eta squared=0.06), nor	were not statistical
pact on language.	age 7.19 (SD=2.36), age range	when controlling for IQ (F(2,89)=0.53, p>0.05, partial	significantly differe
	3.08 to 12.83; control group - mean	eta squared=0.01).	there was variation
Methodology: Cross-	age 7.77 (SD=1.83), age range		the mean age and
sectional study.2	4.17 to 11.42. Caregiver ages not	NEPSY speeded naming	ranges across grou
	reported.	Analysis of variance found a significant difference be-	This does not appe
Country: USA, North	Sex - Children - neglect with post-	tween groups when not controlling for IQ	to be used as a co
Carolina.	traumatic stress disorder group	(F(2,90)=7.73, p<0.001, still significant with Bonfer-	ate in the analysis.
	61.5% male; neglect without post-	roni correction) with medium effect size (partial eta	clear why only neg
Source of funding:	traumatic stress disorder group	squared = 0.15). Pairwise comparisons showed that	and post-traumation
Other – US National	45.5% male; control group 62.0%	both neglect groups showed statistically significantly	stress disorder gro
Institute of Mental	male. Caregiver sex not reported.	poorer performance than the control group, but there	selected for within-
Health grant.	Ethnicity – Children - neglect with	was no significant difference between the neglect	group analysis, rat
	1 2 3 3 2 1 1 1 2 3 2 3 3 4 1 1 1 1	A statistically also iff and significant and	البين متمميلة للمالية الماسية مالك

post-traumatic stress disorder

giver ethnicity not reported

• Religion/belief - Not reported.

• Disability - Not reported.

group: 31.8% Caucasian neglect

without post-traumatic stress disor-

der group: 53.85% Caucasian con-

trol group: 31.3% Caucasian care-

#### <sup>2</sup> The term cross-sectional study is used here to denote an observational studies in which exposure and outcome are measured at the same time (that is, not longitudinal study). This is consistent with the terminology used in the NICE guideline development manual on study classification.

squared = 0.09).

**NEPSY** comprehension

groups. A statistically significant difference remained,

trolling for child IQ (F(2,89)=4.47, p<0.05, partial eta-

Analysis of variance found a significant difference be-

(F(2,90)=8.45, p<0.001, still significant with Bonfer-

roni correction) with medium effect size (partial eta

tween groups when not controlling for IQ

but with only small to medium effect size, after con-

Overall validity rating

Overall validity rat-

No justification given for age range of participants, and not made clear whether results apply to this age range

across the 3 groups were not statistically

significantly different,

there was variation in the mean age and age ranges across groups. This does not appear to be used as a covariate in the analysis. Un-

clear why only neglect and post-traumatic

stress disorder group

selected for withingroup analysis, rather

than all children who

had experienced ne-

glect.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	<ul> <li>Comparison, outcomes)</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Hollingshead SES score neglect with post-traumatic stress disorder group - 37.91 (SD=15.54) neglect without post-traumatic stress disorder group: 38.62 (SD=15.72) control group: 39.38 (SD=15.51).</li> <li>Type of abuse - Neglect, with post-traumatic stress disorder (n=22) neglect, without post-traumatic stress disorder (n=39) control group (n=45).</li> <li>Looked after or adopted status - Proportion of children living with biological parents neglect with post-traumatic stress disorder group: 22.7% neglect without post-traumatic stress disorder group: 41.0% Controls: 95.5%</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>Comparison numbers - n=45.</li> <li>Intervention numbers - neglect with post-traumatic stress disorder (n=22) neglect without post-traumatic stress disorder (n=39).</li> <li>Sample size - Total sample size: n=106.</li> </ul>	squared =0.16). Pairwise comparisons showed that both neglect groups showed statistically significantly poorer performance than the control group, but there was no significant difference between the neglect groups. A statistically significant difference remained, but with only small to medium effect size, after controlling for child IQ (F(2,89) = 4.19, p<0.05, partial etasquared=0.09).  Peabody Picture Vocabulary Test Analysis of variance found a significant difference between groups when not controlling for IQ (F(2,90)=11.30, p<0.001, still significant with Bonferroni correction) with medium to large effect size (partial eta squared =0.20). Pairwise comparisons showed that both neglect groups showed statistically significantly poorer performance than the control group, but there was no significant difference between the neglect groups. A statistically significant difference remained, but with only small to medium effect size, after controlling for child IQ (F(2,89)=6.21, p<0.05 still significant with Bonferroni correction, partial eta-squared =0.12).  Within-group differences for neglected children with post-traumatic stress disorder Within-group analysis was conducted examining the association between post-traumatic stress disorder and maltreatment-related variables, and neuropsychological functioning for children with neglect and post-traumatic stress disorder. It is unclear why children experiencing neglect only were not included in this analysis. The findings for the language domain were as follows.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Recognition indicators measured: Language measured using: NEPSY (Korkman et al. 2001) phonological processing, speeded naming and comprehension subscales. Peabody Picture Vocabulary Test (Dunn et al. 1997).	Total post-traumatic stress disorder symptoms Significant negative association between total post- traumatic stress disorder symptoms and language ability, with large effect size (r=-0.50, p<0.05) post- traumatic stress disorder severity: non-significant negative association between post-traumatic stress disorder severity and language ability (r=-0.21, p>0.05).	
		Post-traumatic stress disorder cluster B (intrusive re- experiencing of the trauma) Significant negative association between cluster B post-traumatic stress disorder symptoms and lan- guage ability, with large effect size (r=-0.57, p<0.01).	
		Post-traumatic stress disorder cluster C (persistent avoidance of stimuli associated with the trauma(s) or numbing of responsiveness)  Non-significant negative association between cluster C post-traumatic stress disorder symptoms and language ability (r=-0.20, p>0.05).	
		Post-traumatic stress disorder cluster D (persistent symptoms of increased physiological arousal) Non-significant negative association between cluster D post-traumatic stress disorder symptoms and language ability (r=-0.17, p>0.05).	
		Failure to supervise index Non-significant negative association between failure to supervise and language ability (r=-0.28, p>0.05).	
		Failure to provide index Non-significant negative association between failure to provide and language ability (r=-0.16, p>0.05).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Witnessing family violence index Non-significant negative association between witnessing family violence and language ability (r=-0.42, p>0.05).	
		Physical abuse index Non-significant negative association between physical abuse and language ability (r=-0.37, p>0.05).	
		Emotional abuse index Non-significant negative association between emotional abuse and language ability (r=-0.38, p>0.05).	

3. Eigsti I, Cicchetti D (2004) The impact of child maltreatment on expressive syntax at 60 months. Developmental Science 7: 88–102

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The main	Participants: Children and young	The authors report that, for child language data,	Overall assessment
aim of the study was to	people. The study compared a group	MANCOVA was conducted with group (maltreated vs.	of internal validity: +
' examine spontane-	of maltreated children and their moth-	comparison) as the independent variable and out-	
ous language in a	ers to a demographically similar com-	come measures as dependent variable. However, for	Overall assessment
sample of maltreated	parison group. All children were	some measures gender was also examined as an in-	of external validity:
children and well-	around the age of 5 when assess-	dependent variable. It is not always clear whether this	++
matched comparison	ments took place. The maltreated	was achieved via two-way MANCOVA with group and	
children, focusing spe-	group was recruited from mother-	gender as independent variables, or sequential MAN-	Overall validity rat-
cifically on the syntac-	child dyads already enrolled in the	COVAs. We have assumed throughout that 2-way	ing: +
tic complexity of the	Harvard Child Maltreatment Project.	MANCOVA was conducted, and highlighted where in-	Some lack of clarity in
children's utterances,	The authors report that none of the	teraction effects were not reported.	the paper regarding
to see whether the def-	children ' had participated in earlier		statistical analysis.
icits observed in previ-	studies from the HCMP sample'	For some measures, 'effects' of socioeconomic status	
ous studies of mal-	(p92). The onset of maltreatment had	are also reported – here we have assumed that a	
treated toddlers extend	occurred before the age of 2 for all	separate analysis was conducted, although this is not	
to syntactic complexity	children in the maltreated group. Chil-	specified. Maternal utterance data were analysed us-	
in school-age children'	dren in this group had been randomly	ing MANCOVA with group (maltreated vs. compari-	
(p92). A secondary	selected from the active or current	son) as the independent variable, maternal utterance	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
goal of the study was determine if differences in maternal utterances were correlated with the syntactic development of children.  Methodology: Crosssectional study.  Country: USA – Boston.  Source of funding: Government - Grants provided by the National Center on Child Abuse and	comparison, outcomes) caseloads of the state social services department and their families are reported to be of a generally low socioeconomic status. To achieve a demographically similar comparison group notices were placed in welfare offices and stores in low-income neighbourhoods. The researchers ensured that this group had not experienced maltreatment by searching state databases (with permission from families).  Sample characteristics: Age - Maltreated group – mean age 57.6 (3.5 SD); comparison group - mean age 59.4 (1.8 SD); p=.10). Sex - Maltreated group - male n=10, female n=9; comparison group - male n=7, female n=7; p	categories as the dependent variable, and child age as the covariate. Analysis of effects of socioeconomic status do not appear to have been conducted.  Syntactic complexity of spontaneous language (measured using the Index of productive syntax, lower scores correspond to less advanced structures)  As scores are based on a similar number of utterances, these were controlled for overall frequency of utterances. Two-way MANCOVA conducted with maltreatment status and gender as independent variables, and using child age and maternal IQ as covariates.  Maltreatment status: The maltreated group had significantly lower scores than the comparison group on measures of syntactic complexity; F(1, 27)=5.33, p=.03. No effect sizes reported. It was not possible to	Overall validity rating
Neglect, and the National Institute of Mental Health.  Voluntary/charity - A grant was provided by the Spunk Fund, Inc.	<ul> <li>=.88.</li> <li>Ethnicity - Maltreated group - Caucasian n=17, African American n=2, Hispanic n=0, comparison group - Caucasian n=9, African American n=4, Hispanic n=1; p = .08.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - The authors state that families were generally of a low socioeconomic sta-</li> </ul>	calculate effect sizes using the data provided. Gender: Girls had significantly lower scores than boys on measures of syntactic complexity; girls vs. boys, F(1, 27)=4.29, p=0.48. No effect sizes reported. It was not possible to calculate effect sizes using the data provided.  Maltreatment status x gender: No significant interaction (no statistical data presented).  Socioeconomic status: No significant interaction (no statistical data presented).  Auxiliary verbs in obligatory contexts (number of auxiliary verbs produced in obligatory contexts) - Maltreatment status using child age and maternal IQ (also reported as maternal 'VIQ') as covariates: Maltreatment status did not have a significant effect on	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	tus with ratings of 4 or 5 on the Hol-	the production of auxiliary verbs in obligatory con-	
	lingshead Four-Factor Index, and	texts; F(1, 27)=2.998, p< 10. No effect sizes reported.	
	there were no significant between	It was not possible to calculate effect sizes using the	
	group differences in relation to this	data provided.	
	(statistical data not presented).	Gender: Gender did not have an effect on the produc-	
	Current use of Aid to Families with	tion of auxiliary verbs in obligatory contexts (signifi-	
	Dependent Children - Maltreated	cance not reported).	
	group 17/19, comparison group	Maltreatment status x gender: Analysis not con-	
	9/13; p=.15. Lifetime use of Aid to	ducted/reported.	
	Families with Dependent Children -	Socioeconomic status: Socioeconomic status did not	
	Maltreated group 19/19, compari-	have an effect on the production of auxiliary verbs in	
	son group 13/13; p value not pro-	obligatory contexts (significance not reported).	
	vided, reported as non-significant.		
	Current use of food stamps - Mal-	Receptive vocabulary level (measured using the Pea-	
	treated group 16/19, comparison	body Picture Vocabulary Test-Revised, lower scores	
	group 13/13; p=.13. Highest grade	correspond to poorer performance) - NB. One child in	
	attended (mother) - Maltreated	the maltreatment group failed to complete this as-	
	group 11.1, comparison group 11.9;	sessment due to time constraints.	
	p=.14. Annual family income - Mal-	Maltreatment status: The maltreated group had signif-	
	treated group \$6000, comparison	icantly lower scores than the comparison group on	
	group \$6360; p=.75.	measures of receptive vocabulary; t(30)=2.16, p<.04.	
	Type of abuse - The authors report	Reviewing team calculated effect size using reported	
	that children in the maltreated	data, which was medium to large (ES=-0.78).	
	group were experiencing chronic	Gender: Girls had significantly lower scores than boys	
	maltreatment as onset had oc-	on measures of receptive vocabulary; F(1, 27)=4.95,	
	curred before the age of 2 for all	p=.035. No effect sizes reported. It was not possible	
	children in this group. Biological	to calculate effect sizes using the data provided.	
	mothers are reported to have been	Maltreatment status x gender: No significant interac-	
	named as perpetrator or co-perpe-	tion (no statistical data presented).	
	trator for all children. Maltreatment	Socioeconomic status: Analysis not conducted/re-	
	status was established using official	ported.	
	social service records and social		
	worker ratings using a maltreat-	Maternal utterances - Number overall (length of time	
	ment checklist (87-item interview,	in minutes required for child to produce 100 utter-	
	Giovannoni and Becerra, 1979).	ances entered as a covariate) -	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	NACTOR CONTRACTOR NACTOR OF A PROPERTY OF A STATE OF A	
	This was administered to social	Maltreatment status: Mothers of children in the mal-	
	workers by a Phd level psycholo-	treated group produced significantly fewer utterances	
	gist. Emotional abuse – 16 children	than those in the comparison group; F(1, 30)=5.58,	
	in the maltreated group had experi-	p=.025. No effect sizes reported. It was not possible	
	enced emotional abuse. Neglect	to calculate effect sizes using the data provided.	
	only – 9 children in the maltreated		
	group had experienced neglect	Maternal utterances - Wh-questions (length of time in	
	only. Physical abuse – 10 children	minutes required for child to produce 100 utterances	
	in the maltreated group had experi-	entered as a covariate, calculated as a proportion of	
	enced physical abuse. Physical	overall utterances) -	
	abuse and neglect – 9 children in	Maltreatment status: Mothers of children in the mal-	
	the maltreated group had experi-	treated group produced fewer wh-questions than	
	enced physical abuse and neglect.	those in the comparison group, however this differ-	
	Sexual abuse – The authors report	ence was not significant; p>.05. No effect sizes re-	
	that cases of sexual abuse were	ported. It was not possible to calculate effect sizes us-	
	not included because ' as was	ing the data provided.	
	common in the 1980s, they were		
	rarely reported to the DSS' (p92).	Maternal utterances - Yes/no questions (length of	
	<ul> <li>Looked after or adopted status -</li> </ul>	time in minutes required for child to produce 100 ut-	
	Not reported.	terances entered as a covariate, calculated as a pro-	
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	portion of overall utterances) -	
	refugee or trafficked children - Not	Maltreatment status: Mothers of children in the mal-	
	reported.	treated group produced significantly fewer yes/no	
	Sample size:	questions than those in the comparison group; F(1,	
	Maltreated group - n=19.	30)=4.50, p=.04. No effect sizes reported. It was not	
	• Comparison group - n=14.	possible to calculate effect sizes using the data pro-	
	Total sample - n=33.	vided.	
		Maternal utterances - Multi-clause utterances (length	
	Recognition indicators measured:	of time in minutes required for child to produce 100	
	Language.	utterances entered as a covariate, calculated as a	
		proportion of overall utterances) -	
	Assessment procedure - Children and	Maltreatment status: Mothers of children in the mal-	
	their mothers were observed during a	treated group produced significantly fewer multi-	
	30 minute session in a playroom	clause utterances than those in the comparison	
	stocked with age-appropriate toys ('	group; F(1, 30)=4.86, p=.04. No effect sizes reported.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	e.g. a house set, a punching doll, doll	It was not possible to calculate effect sizes using the	
	set, cook set' p93). This session	data provided.	
	was observed through a one-way mir-		
	ror. During the first and last 10	Maternal utterances - Imperatives (length of time in	
	minutes, mothers were instructed not	minutes required for child to produce 100 utterances	
	to initiate interactions with the child.	entered as a covariate, calculated as a proportion of	
	In the intervening 10 minutes, moth-	overall utterances) -	
	ers were asked to play with the child	Maltreatment status: Mothers of children in the mal-	
	as she would normally. These ses-	treated group produced fewer imperatives than those	
	sions were videotaped and tran-	in the comparison group, however this difference was	
	scribed and coded by researchers	not significant; p>.05. No effect sizes reported. It was	
	blinded to maltreatment status.	not possible to calculate effect sizes using the data	
		provided.	
	Transcription was conducted using		
	standard guidelines (Brown and	Maternal utterances - Negative imperatives (length of	
	Hanlon 1970). 'For partially unintelligi-	time in minutes required for child to produce 100 ut-	
	ble or semantically opaque utter-	terances entered as a covariate, calculated as a pro-	
	ances, a gloss was transcribed and	portion of overall utterances) -	
	supplemented by phonetic represen-	Maltreatment status: Mothers of children in the mal-	
	tations of intelligible portions. An ut-	treated group produced fewer negative imperatives	
	terance was jointly defined by intona-	than those in the comparison group, however this dif-	
	tion contour and by the presence of a	ference was not significant; p>.05. NB. Analysis of ef-	
	discernible pause between it and sur-	fects of gender, maltreatment status x gender, and	
	rounding utterances' (p93); 10% of	socioeconomic status do not appear to have been	
	the video recordings were transcribed	conducted. No effect sizes reported. It was not possi-	
	by 2 researchers. Inter-rater reliability	ble to calculate effect sizes using the data provided.	
	for these (assessed word by word)		
	was K=.90. When disagreements	Correlation between maternal language variables and	
	arose, the two researchers reviewed	<u>child language scores</u> -	
	the recordings in order to achieve	A significant correlation was found between child pro-	
	consensus – the agreed version was	duction of auxiliary verbs in obligatory contexts and	
	used in coding. The authors do not	maternal multi-clause utterances; r(33)=.35, p=.045.	
	report inter-rater reliability testing for	A significant correlation was found between child pro-	
	the coding stage.	duction of auxiliary verbs in obligatory contexts and	
		maternal wh-questions; r(33)=41, p=.017.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Syntactic complexity of spontaneous		
	language (measured using the Index	Child scores on the Peabody Picture Vocabulary	
	of productive syntax, lower scores	Test-Revised were significantly negatively correlated	
	correspond to less advanced struc-	with maternal 'production of demands' (no details pro-	
	tures) - The first 100 utterances made	vided on what this includes); r(33)=36, p=.04.	
	by the child were scored however a		
	number of criteria had to be met	Child scores on the Peabody Picture Vocabulary	
	(Brown 1973): '(1) only fully tran-	Test-Revised exhibited marginally significant correla-	
	scribed utterances were included; (2)	tions with maternal multi-clause utterances; r(33)=.31,	
	compounds, proper names and ritual-	p=.08.	
	ized; (3) reduplications were counted		
	as single words (firetruck, quack-	Maternal expansions and repetitions of child utter-	
	quack, night-night); (4) fillers like	ances ' were highly inversely correlated with child	
	mmm were not included, nor were	age in the comparison group, r=77, p<.001, but not	
	single-word routines (yeah, no, hi);	in the maltreated group, r=.005, non-significant, indi-	
	(5) single-word requests for repetition	cating that non-maltreating mothers may be more re-	
	(what ?) were not included; and (6)	sponsive to child-specific factors' (p96).	
	word-for-word repetitions (within five		
	utterances) of self or mother were not	Maternal intelligence (measured using the Wechsler	
	included' (pp93-4).	Adult Intelligence Scales – verbal and comprehension	
		subscales) - NB. Two mothers in the maltreatment	
	The authors' report that scoring 100	group did not complete this assessment due to time	
	utterances produces ' a built-in	constraints.	
	control for between-child differences	Maltreatment status: There were no significant differ-	
	in talkativeness' (p94.) Utterances	ences in scores of verbal IQ between mothers of chil-	
	were scored for specific morphologi-	dren in the maltreated group and those in the compar-	
	cal and syntactic structures and 1	ison group; t(27)=1.7, p=.10.	
	point was given if the utterance met		
	requirements for a particular gram-	Between group differences in number of maternal ut-	
	matical structure. 'A specific utter-	terances with maternal verbal IQ scores were added	
	ance might meet criteria for more	to a repeated measures MANCOVA (using child age,	
	than one structure: For example, an	verbal IQ and session length as covariates): There	
	iron? would be scored for all of the	were no significant differences in number of maternal	
	following: (1) intonational question;	utterances; F(1, 26)=2.61, p=.11.	
	(2) use of a noun; and (3) two-word		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	combination of article plus noun. Subsequent utterances were also analyzed for each structure, with a maximum of two points per structure. A structure could be scored regardless of whether it was accurate according to adult norms. Thus, a child would have been credited for producing a	None of the variables relating to the characteristics of maternal utterances were correlated with maternal verbal IQ (statistical data not presented).  Maternal verbal IQ scores significantly correlated with child scores on the Peabody Picture Vocabulary Test-Revised; r (31)=.41, p=.02. Maternal verbal IQ scores significantly correlated with child scores on the Index	
	past tense morpheme with the Utterance We wented to the store' (p94).  Auxiliary verbs in obligatory contexts (number of auxiliary verbs produced in obligatory contexts) - The child's first 100 utterances were also examined to determine the number of occasions in which an auxiliary verb was added to a main verb to make the utterance grammatical. Analysis of this data used the ratio of number of required verbs produced in required contexts.	of productive syntax; r (31)=.38, p=.04.	
	Receptive vocabulary level (measured using the Peabody Picture Vocabulary Test-Revised (Dunn and Dunn 1981); lower scores correspond to poorer performance) - This is a non-verbal multiple choice test (does not require a verbal response or reading ability).		
	Maternal utterances - The researchers also analysed maternal utterances as these were considered to		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	suggest possible explanations for be-		
	tween group differences in ability (it is		
	noted that these may have been af-		
	fected by the instruction not to initiate		
	interactions during 2 sections of the		
	session.		
	Maternal utterances were coded in		
	relation to a number of categories		
	thought to be relevant to language		
	development in children. These in-		
	cluded: '(1) number of maternal utter-		
	ances produced during the period in		
	which the child produced 100 scora-		
	ble utterances or 30 minutes, which-		
	ever was shorter; (2) Wh-questions		
	(What about the blue one ?) pro-		
	duced in that time period; (3) Yes/No		
	questions with inverted auxiliaries (Do		
	you want to do the house now ?); (4)		
	complex sentences with multiple		
	propositions (verb plus arguments)		
	falling within an utterance intonation		
	contour, such as relative clauses		
	(That looks like the bear that I got you		
	for Christmas ) or sentences with		
	subordinate adverbial clauses; (5) im-		
	peratives (Do it like that) and (6) neg-		
	ative imperatives (Don't throw it at		
	me). The total number of maternal ut-		
	terances was controlled for time to		
	best capture individual differences in		
	the amount that mothers talked dur-		
	ing the time that a child produced a		
	standard number of utterances. The		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	other five maternal variables were calculated as proportions of total utterances' (p94).		
	Maternal intelligence (measured using the Wechsler Adult Intelligence Scales – verbal and comprehension subscales) - The authors report that because of the significant correlation between maternal and child IQ, maternal IQ may serve as a proxy for that of the child. To control for this, the IQ of mothers was tested.		

# 4. Evans SE, Davies C, DiLillo D (2008) Exposure to domestic violence: a meta-analysis of child and adolescent outcomes. Aggression and Violent Behavior 13: 131–40

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The study	Participants: Children and young	Statistical data	Overall assessment
aimed to use meta-anal-	people - Included studies were all of	1. Internalising behaviour	of internal validity: +
ysis to examine the rela-	children and young people aged un-	1.1 Overall sample Number of studies=58, total	
tionship between expo-	der 18.	n=7602, mean effect size=0.48, (95% confidence in-	Overall assessment
sure to domestic vio-		terval 0.39 to 0.57), associated significance test, as-	of external validity:
lence and children's in-	Sample characteristics:	sociated significance test differed significantly from	++
ternalising, externalising	Age - All included studies were	zero (z=11.25, p<0.01). 1.2 Analysis by gender Boys:	
and trauma symptoms.	with children under age 18. Exact	Number of studies=15, total n=1697, mean effect size	Overall validity rat-
	ages not reported.	=0.44 (z=6.39, p<0.01), no confidence intervals re-	ing: +
Methodology: Meta-	Sex - For studies relating to inter-	ported Girls: Number of studies=14., total n=1758,	
analysis of 60 studies.	nalising behaviour, 15 included	mean effect size=0.39(z=5.32, p<0.01), no confi-	Good methodological
	male participants (total n=1697)	dence intervals reported No significant difference be-	detail regarding meta-
Country: Not reported.	and 14 included female partici-	tween effect sizes for girls versus boys (Qb(1)=0.34,	analysis, and approach
	pants (total n=1758). For studies	p=0.56) 1.3 Analysis by age Preschool: Number of	appears sound, how-
Source of funding: Not	relating to externalising behaviour,	studies=15, total n=958, mean effect size=0.47	ever little information
reported.	_	(z=5.43, p<0.01), no confidence intervals reported	regarding included
		School age: Number of studies = 35, total n=4492,	studies. The review

- 16 included male participants (total n=1787) and 13 included female participants (total n=1572).
- Ethnicity Not reported.
- Religion/belief Not reported. Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
   Socioeconomic position Not reported.
- Type of abuse Exposure to domestic violence.
- Looked after or adopted status -Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

Sample size: Systematic reviews: number of studies. The meta-analysis is based on 60 studies; 58 studies provided outcome data for internalising symptoms, total n= 7602 53 studies provided outcome data for externalising symptoms, total n=7,200. Six studies provided outcome data for trauma symptoms, total n=not reported.

#### **Recognition indicators measured:**

- Internalising and externalising behaviour.
- Trauma.

mean effect size=0.51 (z=9.57, p<0.01), no confidence intervals reported Adolescent: Number of studies =7, total n=1509, mean effect size=0.51 (z=4.21, p<0.01), no confidence intervals reported No significant difference between effect sizes at different ages (Qb(2)=0.17, p=0.92) 1.4 Analysis by gender x age Preschool girls: Number of studies=2, total n=56, mean effect size =0.51 (z=1.50, p=0.13), no confidence intervals reported Preschool boys: Number of studies = 2, total n=162, mean effect size=0.53 (z=2.232, p<0.05), no confidence intervals reported No significant differences between preschool girls and boys (Qb(1)=0.00, p=0.95) School age girls: Number of studies =8, total n=837, mean effect size =0.41 (z=3.70, p<0.01), no confidence intervals reported School age boys: Number of studies=9, total n=839. mean effect size =0.51 (z=4.54, p<0.01), no confidence intervals reported No significant differences between school age girls and boys (Qb(1)=0.43, p=0.51) Adolescent girls: Number of studies=4, total n=784, mean effect size=0.38 (z=2.52, p<0.01), no confidence intervals reported Adolescent boys: Number of studies=4, total n=597, mean effect size = 0.43 (z=2.90, p<0.01), no confidence intervals reported No significant differences between adolescent girls and boys (Qb(1)=0.27, p=0.87) 1.5 Analysis by recruitment method Shelter: Number of studies=19, total n=2210, mean effect size=0.51 (z=7.60, p<0.01), no confidence intervals reported. Community: Number of studies=17, total n=2875, mean effect size=0.52 (z=7.79, p<0.01, \*note table states 0.52, narrative states 0.51), no confidence intervals reported. Clinical: Number of studies=13, total n=1915, mean effect size=0.37 (z=4.35, p<0.01), no confidence intervals reported. No significant differences between recruitment groups (Qb(2)=2.20, p=0.33).

does not critically appraise included studies. However, this was a common feature across the systematic reviews of observational data which we found, and there is recognition that methods of critical appraisal for observational studies are less well developed. We have therefore included this study, and not 'marked down' the overall quality rating on this basis.

2. Externalising behaviour

2.1 Overall sample Number of studies=53, total N=7200, mean effect size =0.47 (95% confidence interval 0.38 to 0.56), associated significance test differed significantly from zero (z=10.11, p<0.01) 2.2 Analysis by gender Boys: Number of studies=16, total n=1787, mean effect size=0.46 (z=5.89, p<0.01), no confidence intervals reported Girls: Number of studies=13, total n=1572, mean effect size=0.23 (z=2.71, p<0.01), no confidence intervals reported Mean effect sizes for boys and girls were significantly different from each other (Qb(1)=4.11, p<0.05). 2.3 Analysis by age Preschool: Number of studies=15, total n=1085, mean effect size=0.47 (z=6.02, p<0.01), no confidence intervals reported School age: Number of studies=32, total n=3919, mean effect size=0.50 (9.66, p<0.01), no confidence intervals reported Adolescent: Number of studies=7, total n=1509, mean effect size=0.40 (z=3.65, p<0.01), no confidence intervals reported No significant differences in mean effect sizes between age groups (Qb(2)=0.59, p=0.75). 2.4 Analysis by gender x age Preschool girls: Number of studies=2, total n=56, mean effect size =-0.22 (z=-0.63, p=0.52), no confidence intervals reported Preschool boys: Number of studies=3, total n=397, mean effect size = 0.35 (z=1.80, p<0.05), no confidence intervals reported Marginally significant differences between preschool girls and boys (Qb(1)=3.27, p=0.07) School age girls: Number of studies=7, total n=641, mean effect size=0.33 (z=2.56, p<0.05), no confidence intervals reported School age boys: Number of studies=9, total n=704, mean effect size=0.61 (z=4.92, p<0.01), no confidence intervals reported No significant differences between preschool girls and boys (Qb(1)=2.00, p=0.16) Adolescent girls: Number of studies=4, total n=784, mean effect size=0.18 (z=1.06, p=0.29), no confidence intervals reported

Adolescent boys: Number of studies=4, total n=597, mean effect size=0.40 (z=2.41, p<0.01), no confidence intervals reported No significant differences between preschool girls and boys (Qb(1)=1.14, p=0.29). 2.5 Analysis by recruitment method Shelter: Number of studies=15, total n=1511, mean effect size=0.45 (z=6.391, p<0.01), no confidence intervals reported. Community: Number of studies=17, total N=2950, mean effect size=0.47 (z=7.74, p<0.01), no confidence intervals reported. Clinical: Number of studies=14, total n=2150, mean effect size=0.43 (z=5.74, p<0.01 \*note that table states that effect size is 0.43, narrative states that it is 0.42), no confidence intervals reported. No significant differences between groups (Qb(2)=0.38, p=0.83).

3. Trauma symptoms Due to small number of studies measuring trauma symptoms, only overall weighted mean was calculated. Number of studies=6, mean effect size=1.54 (95% confidence interval 0.38 to 2.71), associated significance test differed significantly from zero (z=2.61, p<0.01).

#### **Narrative findings**

1. Internalising behaviour 1.1 Overall sample There is a significant association between childhood exposure to domestic violence, and internalising behaviours in children, with small to medium effect size (mean effect size =0.48; 95% confidence interval 0.39 to 0.57, z=11.25, p<0.01). 1.2 Analysis by gender There was no significant difference in internalising behaviour in girls exposed to domestic violence versus boys exposed to domestic violence (Qb(1)=0.34, p=0.56). 1.3 Analysis by age There was no significant difference in the association between domestic violence and internalising behaviour for different age groups (preschool, school age and adolescent) (Qb(2)=0.17, p=0.92) 1.4

Analysis by gender x age There were no significant differences in the association between domestic violence and internalising behaviour for children of different genders in the different age groups (Qb(1)=0.00, p=0.95; (Qb(1)=0.43, p=0.51; (Qb(1)=0.27, p=0.87) 1.5 Analysis by recruitment method There was no significant difference in effect sizes for children recruited via different settings: shelter, community and clinical (Qb(2)=2.20, p=0.33). 2. Externalising behaviour 2.1 Overall sample There is a significant association between exposure to domestic violence and externalising behaviours, with small to medium effect size (mean effect size=0.47, 95% confidence interval 0.38 to 0.56, z=10.11, p<0.01). 2.2 Analysis by gender The relationship between exposure to domestic violence and externalising behaviour is stronger in boys than it is in girls (Qb(1)=4.11, p<0.05), with a small to medium effect size for boys (mean effect size=0.46, no confidence intervals reported) and a small effect size for girls (mean effect size=0.23, no confidence intervals reported). 2.3 Analysis by age There was no significant difference in the association between domestic violence and externalising behaviour for different age groups (preschool, school age and adolescent) (Qb(2)=0.59, p=0.75). 2.4 Analysis by gender x age There were no significant differences in the association between domestic violence and externalising behaviour for children of different genders in the different age groups (Qb(1)=3.27, p=0.07; Qb(1)=2.00, p=0.16; Qb(1)=1.14, p=0.29). 2.5 Analysis by recruitment method There was no significant difference in effect sizes for children recruited via different settings: shelter, community and clinical (Qb(2)=0.38, p=0.83).

3. Trauma symptoms There was a significant association between exposure to domestic violence and trauma symptoms, with large effect size (mean effect

size=1.54, 95% confidence interval 0.38 to 2.71, z=2.61, p<0.01). However, it should be noted that this	
estimate is based on a relatively small number of studies (n=6).	

## 5. Evans E, Hawton K, Rodham K (2005) Suicidal phenomena and abuse in adolescents: a review of epidemiological studies. Child Abuse and Neglect 29: 45–58

## Research aims

**Study aim:** To review association between abuse and suicidal phenomena in adolescence, through systematic review of community- and school-based studies.

Methodology: Systematic review of 9 studies. Eight studies are described as 'questionnaire' studies (Bensley et al. 1999; Buddeberg et al. 1996; Choquet and Menke 1989: Grossman et al. 1991: Jones 1992; Rey Gex et al. 1998; Wagan Borowsky 1999; Wright 1985). It is unclear if these are cross-sectional or longitudinal, although 7 are described as 'anonymous questionnaires' (all except Choquet and Menke

## PICO (population, intervention, comparison, outcomes)

Participants: Children and young people - Included studies were those in which the majority of participants (90% of more) were aged 12 to 20. This means that two studies (Rey Gex et al. 1998; Wagman Borowsky et al. 1999) have some participants which are out of the age range of this review (>18). However, due to the quality of the systematic review, and the fact that the majority of participants in the studies met our criteria, a decision was taken to include this review.

#### **Sample characteristics:**

Age - Bensley et al. (1999) -13 to 18 years Buddeberg et al. (1996) -14 to 19 years (mean 16.0) Choquet and Menke (1989) - 13 to 16 years Fergusson et al. (1996) - 18 years Grossman et al. (1991) - 11 to 18 years Jones (1992) - 13 to 19 years Rey Gex et al. (1998) -15 to 20 years Wagman Borowsky et al. (1999) - 12 to 18 years Wright (1985) - 17 to 18 years

### **Findings**

**Statistical data** - The study looked separately at the association between suicidal phenomena and a) physical abuse and b) sexual abuse.

a) Physical abuse Four studies examined the association between physical abuse and suicidal phenomena. Three of the 4 studies found a statistically significant relationship between physical abuse and suicidal phenomena (as evident in odds ratio confidence intervals). Grossman et al. (1991) - Association between physical abuse and suicidal phenomena: Odds ratio=1.9 (95% confidence interval 1.5 to 2.4). Jones (1992) - Significant differences in rate of suicidal thoughts and plans depending on frequency of being hit (chi-square=78.96, p<0.0001). Significant differences in rates of suicide attempts depending on frequency of being hit (chi-square=111.16, p<0.0001). Wagman Borowsky et al. (1999) - Association between physical abuse and suicide attempts - male: Odds ratio=3.26 (95% confidence interval 2.61 to 4.07). Association between physical abuse and suicide attempts - female: Odds ratio=3.5 (95% confidence interval 3.1 to 4.1) Wright (1985) - Association between physical abuse and 'seriously considered suicide': Odds ratio=1.67 (95% confidence interval 0.35 to 9.91, statistically non-significant).

## Overall validity rating

## Overall assessment of internal validity: +

The review does not critically appraise included studies. However, this was a common feature across the systematic reviews of observational data which we found, and there is recognition that methods of critical appraisal for observational studies are less well developed. We have therefore included this study, and not 'marked down' the overall quality rating on this basis.

## Overall assessment of external validity: +

Not all studies are exactly the correct target age group. However,

#### Research aims

1989), which would suggest cross-sectional data. One study (Fergusson et al. 1996) is a longitudinal study in which data was gathered via structured interview

Country: Range of countries. Studies included in the review are from the USA (5 studies), Switzerland (2 studies), France (1 study) and New Zealand (1 study).

#### Source of funding:

Other - Community Fund and Oxfordshire Mental Healthcare Trust.

## PICO (population, intervention, comparison, outcomes)

- Sex Bensley et al. (1999) 52.1% female; 47.9% male Buddeberg et al. (1996) 57.4% female; 42.6% male Choquet and Menke (1989) 44% female; 56% male Fergusson et al. (1996) 50.5% female; 49.5% male Grossman et al. (1991) 51% female; 49% male Jones (1992) 49.1% female, 50.9% male Rey Gex et al. (1998) 43.1% female; 56.9 male Wagman Borowsky et al. (1999) 52.1% female; 47.9% male Wright (1985) 47.3% female; 52.7% male.
- Ethnicity Bensley et al. (1999) -2.4% Black (not Hispanic), 75.0% White (not Hispanic), 9.1% Hispanic, 5.9% Asian (or Pacific Islander). 3.2% Native American. 5.4% Other (or unknown) Buddeberg et al. (1996) - Not reported Choquet and Menke (1989) - Not reported Fergusson et al. (1996) -86.2% European/Pakeha, 13.8% Maori/Pacific Islander Grossman et al. (1991) - 100% Native American Jones (1992) - Not reported Rev Gex et al. (1998) - Not reported Wagman Borowsky et al. (1999) - 100% Native American Wright (1985) - Not reported.
- Religion/belief Not reported.
- Disability Not reported.

### **Findings**

b) Sexual abuse Six studies examined the association between sexual abuse and suicidal phenomena. All 5 studies found a statistically significant relationship between sexual abuse and suicidal phenomena (as evident in odds ratio confidence intervals). Bensley et al. (1999). Association of abuse and molestation with suicidal phenomena: Suicidal thoughts: Odds ratio=4.4 (95% confidence interval 3.1 to 6.2); Suicide plans: Odds ratio=6.8 (95% confidence interval 4.4 to 10.4). Non-injurious attempt: Odds ratio=12.0 (95% confidence interval17.9 to 18.4). Injurious attempt: Odds ratio =47.1 (95% confidence interval 23.2 to 95.3). 2) Association of molestation with suicidal phenomena: Suicidal thoughts: Odds ratio=1.9 (95% confidence interval 1.2 to 2.8). Suicide plans: Odds ratio =3.9 (95% confidence interval 2.2 to 6.7). Non-injurious attempt: Odds ratio=2.7 (95% confidence interval 1.5 to 4.8). Injurious attempt: Odds ratio=11.6 (95% confidence interval 3.2 to 42.3) Buddeberg et al. (1996) - Positive correlation found between 'suicidality' and sexual abuse (phi=0.16). Fergusson et al. (1996) - Association of sexual abuse with suicide attempts: Adjusted OR =4.8 (95% confidence interval 2.5 to 9.2). Grossman et al. (1991) -Association between sexual abuse and suicidal phenomena: Odds ratio=1.5 (95% confidence interval 1.2 to 1.9) Rey Gex et al. (1998) - Association of sexual abuse with suicide attempts (compared with those with no suicidal thoughts or behaviours): Odds ratio=1.5 (95% confidence interval 1.2 to 1.9) Wagman Borowsky et al. (1999) - Association between sexual abuse and suicide attempts - male: Odds ratio=4.7 (95% confidence interval 3.6 to 6.3). Association between sexual abuse and suicide attempts - female: Odds ratio=2.9 (95% confidence interval 2.5 to 3.3).

### Overall validity rating

this only concerns 3 studies, and the overlap with our age group is substantial.

Overall validity rating: +

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	<ul> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Not reported.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size: Systematic reviews: number of studies - 9 studies, total number of participants=38,935.</li> <li>Recognition indicators measured: Suicidal thoughts/behaviour. Studies examined indicators including suicidal thoughts, suicidal ideation, suicidal plans, suicide attempts (non-injurious and injurious). All measured by self-report.</li> </ul>	Narrative findings Four studies examined the association between physical abuse and suicidal phenomena. Three of the 4 studies (Grossman et al. 1991; Jones 1992; Wagman Borowsky et al. 1999) found a statistically significant relationship between physical abuse and suicidal phenomena. Two of these studies reported odds ratios, the lowest being 1.9 (95% CI 1.5 to 2.4), and the highest 3.5 (95% CI 3.1 to 4.1). One study found higher odds ratios for females (3.5, 95% confidence interval 3.1 to 4.1) compared to males (3.26 95% confidence interval 2.61 to 4.07) (Wagman Borowsky et al. 1999). A second study (Jones et al. 1992) found a significant association between frequency of being hit and rates of suicidal thoughts and plans (chisquare=78.96, p<0.0001), and rates of suicide attempt (chi-square=111.16, p<0.0001). One study (Wright 1985) found a non-significant association between physical abuse and suicidal phenomena. Five studies examined the association between sexual abuse and suicidal phenomena (Bensley et al. 1999; Buddeberg et al. 1996; Fergusson et al. 1996; Grossman et al. 1991; Rey Gex et al. 1998; Wagman Borowsky et al. 1999). All 5 studies found that adolescents reporting a history of sexual abuse were more likely to report a history of suicidal phenomena. Three studies reported odds ratios, which ranged from 1.5 (95% confidence interval 23.2 to 95.3). One study (Bensley et al. 1999) found that the size of the effect was greater depending on the seriousness of the abuse, that is whether the abuse was defined as 'molestation' or 'sexual abuse'.	

6. Gilbert AL, Bauer NS, Carroll AE et al. (2013) Child exposure to parental violence and psychological distress associated with delayed milestones. Pediatrics 132: e1577–83

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	<ul> <li>Sexual orientation - Not reported.</li> </ul>		ciation between expo-
	<ul> <li>Socioeconomic position - Not re-</li> </ul>		sure and missed lan-
	ported.		guage milestones.
	<ul> <li>Type of abuse - Intimate partner vi-</li> </ul>		
	olence reported by 2.5% of sample		
	(419 individuals). Intimate partner		
	violence and parental psychological		
	distress reported by 0.5% of sam-		
	ple (88 individuals).		
	<ul> <li>Looked after or adopted status -</li> </ul>		
	Not reported.		
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
	refugee or trafficked children - Not		
	reported.		
	Sample size: n=16595.		
	Recognition indicators measured:		
	Language milestones assessed using		
	the Denver Developmental Screening		
	Test.		

7. Govindshenoy M, Spencer N (2006) Abuse of the disabled child: A systematic review of population-based studies. Child: Care, Health and Development 33: 552–58

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To ' ascertain the strength of the association be-	Participants: Children and young people. Spencer et al. (2005) - Children born between 1983 and 2001 in one	Significance has been inferred from confidence intervals or p values where provided/reported.	Overall assessment of internal validity: ++
tween childhood disability and abuse and neglect' (p552).	region of West Sussex. The disabilities for which the review reports odds ratios are autism, cerebral palsy, sensory disorders; and moderate or severe conduct disorder, non-conduct psychologi-	Spencer et al. (2005) (quality score 8/8) – Cerebral palsy and all forms of abuse combined: A significant association was found between cerebral palsy and all forms of abuse combined (statistical data not presented, reported narratively by review authors); however this association was found to be	Overall assessment of external validity: ++  Overall validity rating: ++

	PICO (population, intervention, com-	Findings	Overall validity rating
Methodology: Systematic review of population based studies (2 longitudinal studies, one 1 birth cohort study and 1 cross-sectional survey).  Country: Range of countries. The included studies were conducted in: Spencer et al. (2005) – UK – West Sussex. Sidebotham and Heron (2003) – UK – Southwest England. Vizcarra et al. (2001) – Chile – Temuco. Brown et al., (1998) - USA - 2 counties in upstate New York. The review was carried out by researchers based in England.  Source of funding: Not reported.	carison, outcomes) cal disorder, speech/language disorders, and learning difficulties. Disability status appears to be on the basis of medical diagnosis and experience of abuse or neglect was determined by child protection registration with social services. Sidebotham and Heron (2003) - All children born in Avon between 01/04/91 and 31/12/92. Disability status was determined by parental report of developmental concerns. Experience of abuse or neglect was determined by child protection registration with social services. Vizcarra et al. (2001) - Quasi-randomly selected sample of mothers aged between 15 and 49 with a child under the age of 18 in Temuco, Chile. Disability status ('emotional problems' – no further details provided) and experience of abuse was determined by maternal report. Brown et al. (1998) - Random sample of families with a child aged between 1 and 10 in 1975 residing in 1 of 2 upstate counties in New York. The disabilities for which the review reports odds ratios are low verbal IQ, being anxious or withdrawn, and being 'hand-capped' (need for special education). Disability status was determined by parental report and experience of abuse was determined by combining retrospective self-report by the child at the age of 18 and state records.	non-significant after adjusting for birthweight, gestational age, maternal age and socioeconomic status; odds ratio=1.79 (95% CI 0.96-3.35).  Cerebral palsy and physical abuse: A significant association was found between cerebral palsy and physical abuse (statistical data not presented, reported narratively by review authors); and this remained significant after adjusting for birthweight, gestational age, maternal age and socioeconomic status; odds ratio=3.00 (95% CI 1.29-6.78).  Cerebral palsy and neglect: A significant association was found between cerebral palsy and neglect (statistical data not presented, reported narratively by review authors); and this remained significant after adjusting for birthweight, gestational age, maternal age and socioeconomic status; odds ratio=2.71 (95% CI 1.08-6.80).  Cerebral palsy and emotional or sexual abuse: Analysis of these associations was not undertaken due to small numbers.  Moderate/severe conduct disorder and all forms of abuse combined: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; an association was found between conduct disorder and all forms of abuse combined; Odds ratio=7.59 (95% CI 5.59-10.31; results of unadjusted analyses are not reported).  Moderate/severe conduct disorder and physical abuse: After adjusting for birthweight, gestational	Overall validity rating

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample characteristics:  • Age - Spencer et al. (2005) – Not reported by review. The study was a retrospective birth cohort study of children born between 1983 and 2001. Sidebotham and Heron (2003)  - Not reported clearly by review. The study was a prospective birth cohort study of children born between 01/4/91 and 31/12/92. It appears that	age, maternal age and socioeconomic status; an association was found between conduct disorder and physical abuse; odds ratio=4.09 (95% CI 2.22-7.54; results of unadjusted analyses are not reported).  Moderate/severe conduct disorder and neglect: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; an association was found between conduct disorder and neglect; odds ratio=8.22 (95% CI 4.76-14.18; results of unadjusted	
	all data was collected before the child reached the age of 30 months. Vizcarra et al. (2001) - Not reported by review. The study was a crosssectional survey of mothers aged 15-49 with a child under the age of 18. Brown et al. (1998) - Not reported by review. The study was a longitudinal cohort study of families with children between the ages of 1 and 10 in	analyses are not reported).  Moderate/severe conduct disorder and emotional abuse: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; an association was found between conduct disorder and emotional abuse; odds ratio=11.58 (95% CI 7.72-17.37; results of unadjusted analyses are not reported).	
	<ul> <li>between the ages of 1 and 10 in 1975. Data was collected in 1983, 1986, and 1991–3.</li> <li>Sex - Not reported by review.</li> <li>Ethnicity - Not reported by review.</li> <li>Religion/belief - Not reported by review.</li> </ul>	Moderate/severe conduct disorder and sexual abuse: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; an association was found between conduct disorder and sexual abuse; odds ratio=7.65 (95% CI 3.56-16.41; results of unadjusted analyses are not reported).	
	<ul> <li>Disability - Spencer et al. (2005) -         Study population included children         with autism, cerebral palsy, sensory         disorders (hearing and visual impairment); and moderate or severe conduct disorder, non-conduct psychological disorder, speech/language         disorders, and learning difficulties.         Disability status appears to be on the</li> </ul>	Moderate/severe non-conduct psychological disorder and all forms of abuse combined: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between non-conduct psychological disorder and all forms of abuse combined; odds ratio=4.38 (95% CI 2.61-7.36; results of unadjusted analyses are not reported).	

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	children who had experienced mild or severe physical violence, or psychological violence (the review authors suggest that this is similar to emotional abuse). Brown et al. (1998) - Experience of abuse was determined by combining retrospective self-report by the child at the age of 18 and state records. The study population included children who had experienced neglect, physical abuse or sexual abuse.  • Looked after or adopted status - Not reported by review.  • Unaccompanied asylum seeking, refugee or trafficked children - Not re-	Moderate/severe speech/language disorders and all forms of abuse combined: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between speech or language disorders and all forms of abuse combined; odds ratio=2.96 (95% CI 2.22-3.96; results of unadjusted analyses are not reported).  Moderate/severe speech/language disorders and physical abuse: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between speech or language disorders and physical abuse; odds ratio=3.43 (95% CI 2.18-5.40; results of unadjusted analyses are not reported).	
	Sample size:  • The authors do not report a combined sample size and no meta-analysis was conducted due to the heterogeneity of the included studies. The total sample sizes of the included studies were - Spencer et al. (2005): n=119, 729. Sidebotham and Heron (2003): n=14,893. Vizcarra et al. (2001): n= 22 (it is not clear whether this figure relates to the total number of mothers). Brown et al. (1998): n=644 (it is not clear whether this figure relates to the total number of families or the total number of mothers).	Moderate/severe speech/language disorders and neglect: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between speech or language disorders and neglect; odds ratio=3.79 (95% CI 2.35-6.10; results of unadjusted analyses are not reported).  Moderate/severe speech/language disorders and emotional abuse: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between speech or language disorders and emotional abuse; odds ratio=4.21 (95% CI 2.78-6.34; results of unadjusted analyses are not reported).	

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
Research aims	<ul> <li>parison, outcomes)</li> <li>Systematic reviews - number of studies - n=4.</li> <li>Recognition indicators measured:         Risk factors -         Spencer et al. (2005) - Disability status appears to be on the basis of medical diagnosis. Experience of abuse determined by child protection registration with social services.     </li> <li>Sidebotham and Heron (2003) - Disability status was determined by parental report. Experience of abuse determined by child protection regis-</li> </ul>	Moderate/severe speech/language disorders and sexual abuse: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; an association was found between speech or language disorders and sexual abuse, however this was non-significant; odds ratio = 1.27 (95% CI 0.41-3.99); results of unadjusted analyses are not reported).  Moderate/severe learning difficulty and all forms of abuse combined: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between learning difficulty and all forms of abuse combined;	Overall validity rating
	<ul> <li>tration with social services.</li> <li>Vizcarra et al. (2001) – Disability status and experience of abuse were determined by parental report.</li> <li>Brown et al. (1998) - Disability status was determined by parental report and experience of abuse was determined by combining retrospective self-report by the child at the age of 18 and state records.</li> </ul>	odds ratio=4.69 (95% CI 3.75-5.86); results of unadjusted analyses are not reported).  Moderate/severe learning difficulty and physical abuse: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between learning difficulty and physical abuse; odds ratio=3.40 (95% CI 2.25-5.12; results of unadjusted analyses are not reported).	
		Moderate/severe learning difficulty and neglect: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between learning difficulty and neglect; odds ratio=5.34 (95% CI 3.68-7.23); results of unadjusted analyses are not reported.	
		Moderate/severe learning difficulty and emotional abuse: After adjusting for birthweight, gestational	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		age, maternal age and socioeconomic status; a significant association was found between learning difficulty and emotional abuse; odds ratio=2.93 (95% CI 1.88-4.57); results of unadjusted analyses are not reported).	
		Moderate/severe learning difficulty and sexual abuse: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a significant association was found between learning difficulty and sexual abuse; odds ratio=6.38 (95% CI 3.81-10.68); results of unadjusted analyses are not reported).	
		Sensory disorders and all forms of abuse combined: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a non-significant association was found between sensory disorders and all forms of abuse combined; odds ratio=0.76 (95% CI 0.31-1.83); results of unadjusted analyses are not reported).	
		Sensory disorders and physical abuse: After adjusting for birthweight, gestational age, maternal age and socioeconomic status; a non-significant association was found between sensory disorders and physical abuse; odds ratio=0.44 (95% CI 0.06-3.13) results of unadjusted analyses are not reported).	
		Sensory disorders and neglect, emotional abuse, or sexual abuse: Analysis of these associations were not undertaken due to small numbers.	
		Autism and all forms of abuse combined: After adjusting for birthweight, gestational age, maternal age	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		and socioeconomic status; a non-significant association was found between autism and all forms of abuse combined; odds ratio=0.79 (95% CI 0.29-2.13; results of unadjusted analyses are not reported).	
		Autism and physical abuse: After adjusting for birth-weight, gestational age, maternal age and socioeconomic status; a non-significant association was found between autism and physical abuse; odds ratio=1.23 (95% CI 0.31-5.05); results of unadjusted analyses are not reported).	
		Autism and neglect, emotional abuse, or sexual abuse: Analysis of these associations was not undertaken due to small numbers.	
		Sidebotham and Heron (2003) (quality score 8/8) – Parental reported development concerns and abuse (not divided by subtype): After adjusting for hospital admissions, feeding difficulties, low birthweight, low reported positive attributes, temper tantrums, and unintended pregnancy; a significant association was found between parental reported development concerns and abuse; odds ratio=1.99 (95% CI 1.12-3.56; results of unadjusted analyses are not reported).	
		Vizcarra et al. (2001) (quality score 6/8) — Parental reported emotional problems and psychological violence: A significant association was found between parental reports of emotional problems in the child and psychological violence (p<0.002; odds ratios not provided by authors of individual study).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Parental reported emotional problems and mild physical violence: A significant association was found between parental reports of emotional problems in the child and mild physical violence (p<0.001; odds ratios not provided by authors of individual study).	
		Parental reported emotional problems and severe physical violence: The review authors report that no association was found between parental reports of emotional problems in the child and severe physical violence (p=0.27; odds ratios not provided by authors of individual study).	
		Brown et al. (1998) (quality score 5/8) – Parental reported low verbal IQ and neglect: A significant association was found between parental reports of low verbal IQ in the child and neglect; odds ratio=2.70 (95% CI 1.26-5.74).	
		Parental reported low verbal IQ and physical abuse: No statistically significant association was found between parental reports of low verbal IQ in the child and physical abuse (statistical data not presented, reported as non-significant by review authors).	
		Parental reported low verbal IQ and sexual abuse: No statistically significant association was found be- tween parental reports of low verbal IQ in the child and sexual abuse (statistical data not presented, re- ported as non-significant by review authors).	
		Parental reports of the child being anxious or with- drawn and neglect: A significant association was found between parental reports of the child being	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		anxious or withdrawn and neglect; odds ratio=2.02 (95% CI 1.03-2.96).	
		Parental reports of the child being anxious or with- drawn and physical abuse: No statistically significant association was found between parental reports of the child being anxious or withdrawn and physical abuse (statistical data not presented, reported as non-significant by review authors).	
		Parental reports of the child being anxious or with- drawn and sexual abuse: No statistically significant association was found between parental reports of the child being anxious or withdrawn and sexual abuse (statistical data not presented, reported as non-significant by review authors).	
		Parental reported presence of a 'handicap' and neglect: No statistically significant association was found between the presence of a 'handicap' and neglect (statistical data not presented, reported as non-significant by review authors).	
		Parental reported presence of a 'handicap' and physical abuse: No statistically significant association was found between the presence of a 'handicap' and physical abuse (statistical data not presented, reported as non-significant by review authors).	
		Parental reported presence of a 'handicap' and sexual abuse: A statistically significant association was found between the presence of a 'handicap' and sexual abuse; odds ratio=11.79 (95% CI 1.01-126.17).	

8. Hindley N, Ramchandani PG, Jones DPH (2006) Risk factors for recurrence of maltreatment: A systematic review. Archives of Disease in Childhood 91: 744–52

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)	_	
Study aim: A systematic review of cohort studies investigating factors associated with substantiated maltreatment recurrence in children  Methodology: Systematic review.  Country: Range of countries – 15 studies conducted in the USA, and 1 Australian study.  Source of funding: Charity – Medical Research Council.	Participants: Children and young people.  Sample characteristics:  Age - Under 18 years. Sex - Not reported. Ethnicity - Only 1 study examined ethnicity (which ethnic groups not reported). Religion/belief - Not reported. Disability - Not reported. Long term health condition - Not reported. Sexual orientation - Not reported. Socioeconomic position - Not reported. Socioeconomic position - Not reported. Type of abuse - 8 studies - any form of maltreatment (neglect, emotional abuse, physical abuse, sexual abuse); 7 studies - child sexual abuse; physical abuse - 1 study. Looked after or adopted status - Not reported. Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size: Total sample - The review involved 592,520 families and children.	The impact of type and severity of abuse on recurrence was investigated in 7 studies (DePanfilis and Zuravin 1999a, 1999b, 2002; Fluke et al. 1999; Fryer and Miyoshi 1994; Herrenkohl 1979; Murphy et al. 1992). (References of studies based on Table 1 and Table 2. NB. Please note discrepancies as the 7 studies quoted in the text did not match the 7 studies presented in Tables 1 and 2).  Risk factor - type of abuse The review authors conclude that, overall, neglect is associated with the highest risk of future maltreatment.  Index abuse type not significantly associated with recurrence. Review does not report statistical data (DePanfilis and Zuravin 1999a).  Neglect cases had consistently higher recurrence rates across all three service statuses (closed, open, or continued), follow-up at 5 years. No statistical data reported (DePanfilis and Zuravin 1999b, study quality score 10).  Unclear what results were in relation to abuse type (Depanfilis and Zuravin 2002).  Neglect was most likely maltreatment type to recur (log rank p<0.001) in 9 out of 10 states in the USA, follow-up at 2 years (Fluke 1999, study quality score 9).  Re-victimisation rates: physical neglect 13.07%, emotional neglect 12.02%, lack of supervision 10.99%; cuts/welts/bruises 8.8%, sexual abuse 8.26%, follow-up at 4 years (Fryer 1994, study quality score 8). Unclear whether differences were statistically significant – no statistical data reported.	Overall assessment of internal validity: ++  Overall assessment of external validity: ++  Overall validity rating: ++  Well conducted.

opulation, intervention, com-	Findings	Overall validity rating
matic reviews - number of stud- 6 cohort studies, mostly retro- ive, published between 1979 002.  ition indicators measured: stors for recurrence of maltreat- iterim between index episode urrence ranged from 1 month to in 11 studies. Time until recur- nknown in 6 studies.	6. Recurrence rates were reported to be lower for families in which gross neglect (44.4%) compared with physical abuse (54.1%), emotional abuse 21.4%; follow-up at 10 years (Herrenkohl 1979, poor study, quality score 4).  7. Unclear what results were in relation to abuse type. (Murphy et al. 2002).  Risk factor - severity of abuse This was explored in 2 studies (Murphy 1992 and Swanston 2002). It is likely that severity of abuse could have an impact on the likelihood of recurrence.  1. More severe form of sexual abuse was related to subsequent notification for abuse/neglect (Chi-sq = 29.54, df=3, p=0.02), follow-up at 6 years (Swanston 2002, study quality score 9).  2. No association was found between severity or type of index maltreatment and a later return to court, follow-up at 3.5 years (Murphy 1992, poor study quality score 4, review does not report statistical data).  Risk factor - number of previous episodes of maltreatment The number of previous maltreatment episodes as risk factors was examined in 9 studies, based on data presented in Tables 1 and 2 (Depanfilis and Zuravin 1999a, 2002; English 1999; Fluke 1999; Lit-	Overall validity rating
	Swanston 2002; Wood 1997). NB. Please note discrepancies that the 8 studies quoted in the text did not match the 9 studies presented in Tables 1 and	
		Zuravin 1999a, 2002; English 1999; Fluke 1999; Littel et al. 2002; Murphy 1992; Rittner 2002, Swanston 2002; Wood 1997). NB. Please note discrepancies that the 8 studies quoted in the text did

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	maltreatment episodes is likely to be a predictor of future maltreatment.	
	1. Prior history of maltreatment (such as number of prior Child Protective Services referrals) was found to be strongly associated with recurrent maltreatment, follow-up at 18 months (English 1999, study quality score 9, review does not report statistical data).  2. Subsequent maltreatment was found to be associated with families with previous chronic neglect, follow-up at 1 year (p<0.001) (Little et al. 2002, study quality score 9).  3. Return to court was reported to be more likely to be associated with >6 previous reports (Chi-sq = 4.9, df=1, p<0.05), follow-up at 3.5 years (Murphy 1992, poor study quality score 4).  4. A strong predictor of recurrent maltreatment was Child Protective Services investigation in last 5 years (Chi-sq=25.912, df=5, p < 0.0001), follow-up at 18 months (Rittner 2002, study quality score 10).  5. The likelihood of recurrence was found to increase after each subsequent maltreatment event, follow-up at two years (Fluke 1999, study quality score 9, review does not report statistical data).  6. The time between episodes of maltreatment was reported to shorten as number of maltreatment was reported to shorten as number of maltreatment episodes increased, follow-up at 5 years. Review does not report statistical data. (DePanfilis and Zuravin 2001, study quality score 11). NB. This is taken from narrative summary text and is not reported in Table 2.  7. Data relating specifically to previous numbers of	
	quality score 9).	
		maltreatment episodes is likely to be a predictor of future maltreatment.  1. Prior history of maltreatment (such as number of prior Child Protective Services referrals) was found to be strongly associated with recurrent maltreatment, follow-up at 18 months (English 1999, study quality score 9, review does not report statistical data).  2. Subsequent maltreatment was found to be associated with families with previous chronic neglect, follow-up at 1 year (p<0.001) (Little et al. 2002, study quality score 9).  3. Return to court was reported to be more likely to be associated with >6 previous reports (Chi-sq = 4.9, df=1, p<0.05), follow-up at 3.5 years (Murphy 1992, poor study quality score 4).  4. A strong predictor of recurrent maltreatment was Child Protective Services investigation in last 5 years (Chi-sq=25.912, df=5, p < 0.0001), follow-up at 18 months (Rittner 2002, study quality score 10).  5. The likelihood of recurrence was found to increase after each subsequent maltreatment event, follow-up at two years (Fluke 1999, study quality score 9, review does not report statistical data).  6. The time between episodes of maltreatment was reported to shorten as number of maltreatment was reported to shorten as number of maltreatment tepisodes increased, follow-up at 5 years. Review does not report statistical data. (DePanfilis and Zuravin 2001, study quality score 11). NB. This is taken from narrative summary text and is not reported in Table 2.  7. Data relating specifically to previous numbers of episodes is not reported (Swanston 2002, study

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		8. Previously maltreated children were approximately 6 times more likely to experience recurrent maltreatment than children who had not previously been maltreated (Chi-sq=19.4, df=2, p<0.01); authors' estimated odds ratio=5.96, follow-up at two years. Recurrence of neglect is also associated with prior history of abuse/neglect (Chi-sq=13.6, df=2, p=0.01) (Wood 1997, study quality score 10).  9. Number of prior abuse episodes was found not to be significantly associated with re-abuse in two related studies (DePanfilis and Zuravin 1999a, 2002, no statistical data reported).	
		Risk factor - child factors Child factors were examined in 8 studies (English et al. 1999; Fluke et al. 1999; Fryer and Miyoshi 1994; Herrenkohl et al. 1979; Murphy et al. 1992; Rittner 2002; Rivara 1985; Swanston et al. 2002).	
		Risk factor - child factors – age Seven studies looked at the impact of child age (English et al. 1999; Fluke et al. 1999; Fryer and Miyoshi 1994; Herrenkohl et al. 1979; Murphy et al. 1992; Rivara 1985; Swanston et al. 2002). The re- view authors report that 4 found that younger chil- dren were at higher risk (English et al. 1999; Fluke et al. 1999; Fryer and Miyoshi 1994; Herrenkohl et al. 1979). However, in Table 1, 1 of these is reported as non-significant (Fluke et al. 1999). Three found no association with age (Murphy et al. 1992; Rivara 1985; Swanston et al. 2002). 1. Younger children were at higher risk of recurrence	
		of maltreatment (p<0.05), follow-up at 18 months (English 1999, study quality score 9).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		2. No significant association between recurrence and age. Review does not report statistical data. (Fluke et al. 1999).  3. Younger children more vulnerable, follow-up at 4 years; p<0.001. (Fryer 1994, study quality score 8). Higher rates of recurrence in families with a child aged 0–5 years and lower rates with children over 11 (Chi-sq=23.37, df=2, p<0.01), follow-up at 10 years (Herrenkohl 1979, poor study quality score 4).  5. Children's age was not associated with return to court for abuse offence, follow-up at 3.5 years. (No statistical data reported) (Murphy 1992, study quality score 4).  6. There was no relationship between recurrent maltreatment and the child's age, follow-up at 31 months. (No statistical data reported). (Rivara 1985, study quality score 6).  7. Demographic factors (including age) not significantly related to recurrence, follow-up at 6 years. (Swanston 2002, study quality score 9, no statistical data reported).	
		Risk factor - child factors – gender/sex Gender differences were examined in 3 studies (Fryer and Miyoshi 1994; Rittner 2002; Swanston 2002). Based on data in text, the author states that no significant association was found between sex of children and abuse recurrence.	
		1. No significant differences in recurrence between boys and girls, follow-up at 4 years, 18 months and 6 years respectively. (Fryer and Miyoshi 1994, study quality score 8; Rittner 2002, study quality score 10; Swanston 2002, study quality score 9, no statistical data reported).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Risk factor - child factors — ethnicity One study examined the relationship between ethnicity and abuse recurrence (Fryer 1994), and found no significant association.  1. No significant association was reported between ethnicity/race and maltreatment recurrence, followup at 4 years. (Fryer 1994, study quality score 8, no statistical data reported).	
		Risk factor - parental factors – caregivers' abuse history Four studies examined the association between recurrence of maltreatment and the child's primary caretaker themselves having been maltreated as a child (English 1999; Rittner 2002; Swanston 2002; Wood 1997). A positive association was reported in three studies (English 1999; Rittner 2002; Wood 1997) but such an association was not found in one study (Swanston 2002, based on data presented in Table 1.)	
		1. A significant association between higher rate of recurrence of maltreatment and primary caregiver abused as a child (p<0.05), follow-up at 18 months (English 1999, study quality score 9).  2. A significant association between higher rate of recurrence of maltreatment and caretaker's own abuse history, especially neglect (Chi-sq=11.08, df=1, p<0.001), follow-up at 18 months (Rittner 2002, study quality score 10).  3. A significant association between higher rate of recurrence of maltreatment and primary caregiver abused as a child (Chi-sq=6.0, df=1, p=0.01), follow-up at 2 years (Wood 1997, study quality score 10).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		4. No significant relationship between recurrence of sexual abuse and caregiver's abuse history as a child, follow-up at 6 years (no statistical data re-	
		ported) (Swanston 2002, study quality score 9).  Risk factor - parental factors - caregiver's substance abuse	
		Three studies examined the association between a parental history of substance abuse and maltreatment recurrence, based on data presented in text and in table 1 (English 1999; Rittner 2002; Swanston 2002). A significant association was found	
		1. A significant association between higher rate of recurrence of maltreatment and parental history of substance abuse (p<0.05), follow-up at 18 months	
		(English 1999, study quality score 9).  2. A significant association between higher rate of recurrence of maltreatment and parental history of alcohol abuse (risk ratio=2.67, 95% CI 1.24–5.74), follow-up at 6 years (Swanston 2002, study quality score 9).	
		3. A significant association between a parental history of alcohol abuse and subsequent maltreatment, follow-up at 18 months. This association disappeared when other factors were controlled for using multivariate analysis. (Based on author's report in	
		text, no data was reported in table 1, Rittner 2002, study quality score 10).	
		Risk factor - parental factors - caregiver's mental health problems  Four studies examined the association between parental mental problems and maltreatment recurrence	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		(Rittner 2002; English 1999; Murphy 1992; Swanston 2002). The author concluded that parental mental health problems is consistently identified as a factor predicting future maltreatment.	
		1. An association was found between higher rate of reabuse and parental mental health problems in multivariate analysis (no statistical data reported), follow-up at 18 months (Rittner 2002, study quality score 10).  2. A significant association was found between higher rate of recurrence of maltreatment and parental mental health problems (risk ratio=4.23, 95% CI 2.01–8.89), follow-up at 6 years (Swanston 2002, study quality score 9).  3. A significant association (p<0.05) was found between higher rate of recurrence of maltreatment and primary caregiver impairments (mental, physical, emotional — not further specified), follow-up at 18 months (English 1999, study quality score 9).  4. A significant association was found between higher rate of recurrence of maltreatment and primary caregiver mental health problems (psychosis, character disorders) (Chi-sq=5.4, df=1, p<0.05), fol-	
		low-up at 3.5 years (Murphy 1992, poor study quality score 4).	
		Risk factor - parental factors - Primary caregiver intellectual limits One study examined the association between primary caregivers' intellectual limits and subsequent neglect (Wood 1997). This study found a significant association between the two relationships.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		1. A significant association was reported between higher rate of subsequent neglect and primary caregiver intellectual limits (Ci-sq = 8.8, df=1, p = 0.01), follow-up at 2 years, but caretaker age was not associated with recurrent maltreatment. (Wood 1997, study quality score 10).	
		Risk factor - parental factors - Parenting ability/skills One study examined the relationship between parenting ability and recurrent maltreatment (Johnson and L'Esperance 1984), and this study found a significant association between the two relationships. The authors concluded that parental conflict is a factor consistently identified as predicting future maltreatment.	
		1. A significant association (r=0.36, p<0.0005) was reported between higher rate of recurrence of maltreatment and parenting skills (mothering skills), follow-up at 2 years and based on data in Table 1. (Johnson and L'Esperance 1984, study quality score 9).	
		Risk factor - parental factors - caregiver support One study examined the relationship between care- giver support and recurrent maltreatment (English 1999) and found that the degree of protection of- fered to the child by the non-abusing carer was linked to lower rates of recurrent maltreatment.	
		1. The degree of protection offered to the child by the non-abusing carer was linked to lower rates of recurrent maltreatment, follow-up at 18 months.  Based on data reported in text. (English 1999, study quality score 9, no statistical data reported).	

Research aims PICO (population, intervention, comparison, outcomes) Findings	Overall validity rating
Risk factor - family environmental factors - conflict Four studies examined the relationship beth rental conflict and maltreatment recurrence on data presented in Tables 1 and 2 (DePa Zuravin 1999a, 2002; English 1999; Swans 2002). NB. Please note discrepancies as the squoted in the text did not match the 4 st presented in Tables 1 and 2). The authors that parental conflict is a factor consistently fied as predicting future maltreatment.  1. A significant association was reported be higher rate of recurrence of maltreatment at all conflict (risk ratio=2.25, 95% Cl 1.1–4.6; up at six 6 (Swanston 2002, study quality states 2. A significant association was found between higher rate of recurrence of maltreatment a mestic violence (p<0.05), follow-up at 18 m (English 1999, study quality score 9).  3/4. A significant association was found in the lated studies between higher risk of recurre treatment and families who had a child preplaced in care (risk ratio=1.9, p=0.002), follower pelaced in care (risk ratio=1.9, p=0.002), follower pelaced in care (risk ratio=1.9, p=0.002), follower pelaced in care (risk ratio=1.9, p=0.002), follower treatment and families who had a child preplaced in care (risk ratio=1.9, p=0.002), follower pelaced in care (risk ratio	ween pa- y, based anfilis and ston ne 3 stud- tudies conclude r identi-  etween nd paren- 2), follow- core 9). een nd do- nonths  two re- ent mal- viously ow-up at 02, study  Change een a reatment

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		1. A significant association between higher rate of recurrence of sexual abuse and maltreatment and a change in caregiver before intake (Chi-sq = 17.77; df = 2; p = 0.001), social workers' rating of family functioning (Chi-sq = 11.27, df = 4, p = 0.02), and multiple changes in caregiver (Chi-sq= 17.44, df = 1, p<0.001), follow-up at six years (Swanston 2002, study quality score 9).	
		Risk factor - family environmental factors - number of victims involved in an incident of abuse.  One study examined the relationship between the number of victims involved in an incident of abuse and abuse recurrence (Wood 1997), and found a significant association between the two variables.	
		1. Number of victims involved in an incident of abuse was significantly associated with recurrent maltreatment (Chi-sq=8.8, df=1, p=0.01); authors' estimated odds ratio = 5.96, follow-up at 2 years (Wood 1997, study quality score 10).	
		Risk factor - family environmental factors - support and supervision Three studies examined the association between inadequate supervision and abuse recurrence (De-Panfilis and Zuravin 1999a; English 1999; Wood 1997). The authors conclude that a deficit in social support is significantly associated with recurrent maltreatment.	
		1. Inadequate supervision by either caregiver was significantly associated with subsequent maltreatment (Chi-sq=4.6, df=1, p=0.03); follow-up at 2	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		years. The same study found no significant association between recurrent maltreatment and inadequate physical (Wood 1997, study quality score 10, no statistical data reported.)  2. Significant associations (risk ratio=1.4, p=0.0001) were reported between higher rate of recurrence of maltreatment and social support deficit construct (no support in extended family, no supportive friends, ineffective use of informal helping systems), between recurrence of maltreatment and family stress construct (risk ratio=1.2, p=0.02), between recurrence of maltreatment and child vulnerability construct (risk ratio=1.4, p = 0.02), follow-up at 5 years (DePanfilis and Zuravin 1999a, study quality score 12).  3. A significant association was found between higher risk of recurrent maltreatment and lack of social support (p<0.05), follow-up at 18 months (English 1999, study quality score 9).	
		Risk factor - family environmental factors – parental stress One study examined the relationship between parental stress and abuse recurrence (Johnson and L'Esperance 1984) and found a significant association between the 2 variables.  1. A significant association was found between higher risk of recurrent maltreatment and parental	
		stress (>1 child in home) (r=0.26, p<0.001), follow-up at 2 years (Johnson and L'Esperance 1984, study quality score 9).  Risk factor - family environmental factors – economic factors	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		One study examined the relationship between economic factors and abuse recurrence (Rittner 2002) and found a significant association between the two variables.  1. A significant association was reported between higher rate of recurrence of maltreatment and having no income, follow-up at 18 months. (Rittner 2002, study quality score 10, no statistical data reported).	
		Risk factor - engagement with services Five studies examined the relationship between service engagement and maltreatment recurrence (De-Panfilis and Zuravin 2002; Johnson and L'Esperance 1984; Littel 2001; Rittner 2002; Rivara 1985). A positive association was found in 3 studies (De-Panfilis and Zuravin 2002; Johnson and L'Esperance 1984; Littel 2001). No such association was found in 2 studies (Rittner 2002; Rivara 1985). One study did not find an association between reduced recurrence and admission by perpetrator; numbers of caseworkers or casework contacts; use of the juvenile court; level of cooperation of caregiver; presence of signed service agreement (DePanfilis and Zuravin 2002).	
		1. A significant association (risk ratio=0.688, p=0.05) was reported between reduced risk of recurrence of maltreatment and attendance at Child Protective Services (' attendance reduces risk of recurrence by 32%' (p746), follow-up at 5 years. The same study found no significant relationship between reduced risk of recurrence of maltreatment and admission by perpetrator; numbers of caseworkers or casework contacts; use of the juvenile court; level of	

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
		cooperation of caregiver; presence of signed service agreement; and degree of improvement by the end of the study. (DePanfilis and Zuravin 2002, study quality score 12, no statistical data reported).  2. A significant association (r=0.33, p<0.0005) was reported between reduced risk of recurrence of maltreatment and a ' client's capacity to use resources' (p747), follow-up at 2 years (Johnson and L'Esperance 1984, study quality score 9).  3. A direct relation was found between participation in treatment planning ('collaboration') and compliance with programme expectations; compliance (keeping appointments, completing tasks, and cooperation) was associated with a small reduction in substantiated report during Family Preservation Services (b=-0.08), but not after Family Preservation Services; follow-up at one year (Littel 2001, study quality score 11). 1  4. No association was found between recurrence of maltreatment and cooperation/compliance with court orders, follow-up at 18 months (Rittner 2002, study quality score 10, no statistical data reported).  5. No association between recurrence of maltreatment and compliance with treatment, follow-up at 30.8 months (Rivara 1985, study quality score 6, no statistical data reported).	

# 9. Jones L, Bellis MA, Wood S et al. (2012) Prevalence and risk of violence against children with disabilities: A systematic review and meta-analysis of observational studies. Lancet 380: 899–907

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
Study aim: To ' syn-	Participants: Children and young peo-	Although this appears to be a well conducted review	Overall assessment
thesise evidence for	ple. Children with a range of disabilities	and meta-analysis it should be noted that very little	of internal validity: ++
the prevalence and	and non-disabled comparison children.	detail is provided in relation to the characteristics of	_
risk of violence against	No further details reported.	participants in the individual studies, and in some	Although this appears

#### Research aims

children with disabilities' (p899) The review reports on a metaanalysis of studies in which the prevalence or risk of violence was reported in children with disabilities only. and those in which prevalence or risk in disabled children was compared to prevalence or risk in nondisabled children. As the NCCSC has focused on comparative studies in relation to auestions on recognition only data from studies with a non-disabled comparison group has been reported by the NCCSC.

#### Methodology:

Systematic review.
Systematic review and meta-analysis of cross-sectional, case-control, or cohort studies. Included studies relevant to question 3 of the NCCSC review had either a cross-sectional or a cohort design.

## PICO (population, intervention, comparison, outcomes)

#### Sample characteristics:

- Age Not reported for any of the included studies applicable to question 3 of the NCCSC review.
- Sex Not reported for any of the included studies applicable to question 3 of the NCCSC review.
- Ethnicity Not reported for any of the included studies applicable to question 3 of the NCCSC review.
- Religion/belief Not reported for any of the included studies applicable to question 3 of the NCCSC review.
- Disability Disabilities included physical and sensory impairments, and mental illness.
- Long term health condition Not reported for any of the included studies applicable to question 3 of the NCCSC review.
- Sexual orientation Not reported for any of the included studies applicable to question 3 of the NCCSC review.
- Socioeconomic position Not reported for any of the included studies applicable to question 3 of the NCCSC review.
- Type of abuse Studies measured physical violence, sexual violence, emotional abuse, neglect, or combinations of any of these.

#### **Findings**

cases the information that is provided suggest that the definition of abuse used by each study may be quite wide. Findings should therefore be used with caution. NB Only data reported from comparative studies has been extracted by the NCCSC.

### Association between any disability and risk of any type of violence

Spencer et al. (2005) (autism): There was a non-significant association between autism and any type of violence, however this was non-significant; odds ratio=0.82 (95% CI 0.30–2.19).

Verdugo et al. (1995): Disabled children were found to be at significantly increased risk of any type of violence; odds ratio=8.56 (95% 3.61–24.66).

Spencer et al. (2005) (vision or hearing): There was a non-significant association between vision or hearing impairments and any type of violence; odds ratio=0.87 (95% CI 0.36–2.11).

Spencer et al. (2005) (psychological problems): Children with psychological problems were found to be at significantly increased risk of any type of violence; odds ratio=5.24 (95% CI 2.14–8.74).

Spencer et al, (2005) (cerebral palsy): Children with cerebral palsy were found to be at significantly increased risk of any type of violence; odds ratio=3.12 (95% CI 1.70–5.72).

Cuevas et al. (2009): Disabled children were found to be at significantly increased risk of any type of violence; odds ratio=1.75 (95% 1.23–2.45).

#### Overall validity rating

to be a well-conducted review and meta-analvsis it should be noted that very little detail is provided in relation to the characteristics of participants in the individual studies, and in some cases the information that is provided suggest that the definition of abuse used by each study may be quite wide. Findings should therefore be used with caution.

# Overall assessment of external validity:

++

### Overall validity rating: ++

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Country: Not reported. It is not possible to determine the countries which included studies (with a non-disabled comparison group) were conducted in.  Source of funding: Other – WHO Department of Violence and Injury Prevention and Disability.	Looked after or adopted status - Not reported for any of the included studies applicable to question 3 of the NCCSC review.      Unaccompanied asylum seeking, refugee or trafficked children - Not reported for any of the included studies applicable to question 3 of the NCCSC review.  Recognition indicators measured: Risk factors - Disabilities (e.g. physical impairments, mental illness, sensory impairments).	Spencer et al. (2005) (behaviour disorder): Children with behaviour disorders were found to be at significantly increased risk of any type of violence; odds ratio=11.48 (95% CI 8.52–15.46).  Spencer et al. (2005) (speech or language): Children with speech or language disorders were found to be at significantly increased risk of any type of violence; odds ratio=3.26 (95% 2.44–4.34).  Spencer et al. (2005) (learning difficulties): Children with learning disabilities were found to be at significantly increased risk of any type of violence; odds ratio=6.50 (95% 5.25–8.09).  Sullivan et al. (2000): Disabled children were found to be at significantly increased risk of any type of violence; odds ratio=4.53 (95% 4.17–4.93).  Overall (random effects pooled odds ratios; /²=91.8%): Children with any type of disability were found to be at significantly increased risk of any type of maltreatment; odds ratio=3.68 (95% 2.56–5.29).  NB The authors refer to both maltreatment and violence in relation to this data. See below for further details.  Association between any disability and risk of physical violence Spencer et al. (2005) (vision or hearing): There was a non-significant association between vision or hearing impairments and physical violence; odds ratio=0.52 (95% 0.07–3.73).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Spencer et al. (2005) (autism): Children with autism were found to be at increased risk of physical violence, however this was non-significant; odds ratio=1.23 (95% 0.31–4.96).	
		Spencer et al. (2005) (psychological problems): Children with psychological problems were found to be at significantly increased risk of physical violence; odds ratio=3.75 (95% 1.39–10.12).	
		Reiter et al. (2007): Disabled children were found to be at increased risk of physical violence, however this was non-significant; odds ratio=1.30 (95% 0.53–3.23).	
		Spencer et al. (2005) (cerebral palsy): Children with cerebral palsy were found to be at significantly increased risk of physical violence; odds ratio=5.08 (95% 2.25–11.47).	
		Miller (1996): Disabled children were found to be at significantly increased risk of physical violence; odds ratio=3.05 (95% 1.49–6.26).	
		Dawkins (1996): Disabled children were found to be at increased risk of physical violence, however this was non-significant; odds ratio=2.67 (95% 0.81–3.23).	
		Cuevas et al. (2009): Disabled children were found to be at significantly increased risk of physical violence; odds ratio=2.46 (95% 1.30–4.45).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Spencer et al. (2005) (behaviour disorder): Children with behaviour disorders were found to be at significantly increased risk of physical violence; odds ratio=6.44 (95% 3.52–11.80).	
		Spencer et al. (2005) (learning difficulties): Children with learning difficulties were found to be at significantly increased risk of physical violence; odds ratio=3.87 (95% 2.47–6.07).	
		Spencer et al. (2005) (speech or language): Children with speech or language disorders were found to be at significantly increased risk of physical violence; odds ratio=4.92 (95% 3.28–7.38).	
		Sullivan et al. (2000): Disabled children were found to be at significantly increased risk of physical violence; odds ratio=4.35 (95% 3.88–4.86).	
		Overall (random effects pooled odds ratios; <i>I</i> <sup>2</sup> =50.6%): Children with any type of disability were found to be at significantly increased risk of physical violence; odds ratio=3.56 (95% 2.80–4.52). See below for further details. The authors report that the exclusion of two outliers (Reiter et al. 2007, and data relating to children with vision or hearing impairments reported by Spencer et al. 2005) resulted in a larger pooled odds ratio of 4.05 (95% CI 3.39–4.82). It is not clear why these data were considered to be outliers.	
		Association between any disability and risk of sexual violence Spencer et al. (2005) (psychological problems): Children with psychological problems were found to be	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		at increased risk of sexual violence, however this was non-significant; odds ratio=2.32 (95% 0.32–16.57).	
		Spencer et al. (2005) (speech or language): Children with speech or language disorders were found to be at increased risk of sexual violence, however this was non-significant; odds ratio=1.40 (95% 0.45–4.39).	
		Reiter et al. (2007): Disabled children were found to be at significantly increased risk of sexual violence; odds ratio=3.50 (95% 1.25–10.36).	
		Miller (1996): Disabled children were found to be at significantly increased risk of sexual violence; odds ratio=7.30 (95% 3.11–18.03).	
		Spencer et al. (2005) (behaviour disorder): Children with behaviour disorders were found to be at significantly increased risk of sexual violence; odds ratio=10.27 (95% 4.81–21.94).	
		Spencer et al. (2005) (learning difficulties): Children with learning difficulties were found to be at significantly increased risk of sexual violence; odds ratio=8.03 (95% 4.82–13.38).	
		Cuevas et al. (2009): Disabled children were found to be at increased risk of sexual violence, however this was non-significant; odds ratio=1.51 (95% 0.94–2.35).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Suris et al. (1996): Disabled children were found to be at significantly increased risk of sexual violence; odds ratio=1.78 (95% 1.43–2.23).	
		Alriksson-Schmidt et al. (2010): Disabled children were found to be at significantly increased risk of sexual violence; odds ratio=2.35 (95% 1.94–2.83).	
		Everett Jones et al. (2008): Disabled children were found to be at significantly increased risk of sexual violence; odds ratio=2.64 (95% 2.24–3.11).	
		Blum et al. (2001): Disabled children were found to be at significantly increased risk of sexual violence; odds ratio=1.87 (95% 1.60–2.19).	
		Sullivan et al. (2000): Disabled children were found to be at significantly increased risk of sexual violence; odds ratio=3.31 (95% 2.87–3.79).	
		Overall (random effects pooled odds ratios; $I^2$ =86.9%): Children with any type of disability were found to be at significantly increased risk of sexual violence; odds ratio=2.88 (95% 2.24–3.69). See below for further details.	
		Random-effects pooled odds ratios for risk of violence (odds ratios and 95% confidence intervals)  I <sup>2</sup> statistic (95% CI) used to estimate heterogeneity between pooled studies.	
		Association between any disability and risk of any type of maltreatment: Children with any type of disability were found to be at significantly increased risk	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		of any type of violence; data pooled from 4 studies; odds ratio=3.68 (95% 2.56–5.29); heterogeneity 91.8% (95% 87.7–94.1). NB The authors refer to both maltreatment and violence in relation to this data.	
		Association between any disability and risk of physical violence: Children with any type of disability were found to be at significantly increased risk of physical violence; data pooled from 6 studies; odds ratio=3.56 (95% 2.80–4.52); heterogeneity 50.6% (95% 0-73.0). However, bias assessment showed asymmetry in the funnel plot (Egger test, p=0.01; Begg-Mazumdar test, p=0.04) and the authors report that the exclusion of two outliers (Reiter et al. 2007), and data relating to children with vision or hearing impairments reported by Spencer et al. (2005) resulted in a larger pooled odds ratio of 4.05 which was also significant (95% CI 3.39–4.82). It is not clear why these data were considered to be outliers.	
		Association between any disability and risk of sexual violence: Children with any type of disability were found to be at significantly increased risk of sexual violence; data pooled from 9 studies; odds ratio of 2.88 (95% 2.24–3.69); heterogeneity 86.9% (95% 78.8–90.9).	
		Association between any disability and risk of emotional abuse: Children with any type of disability were found to be at significantly increased risk of emotional abuse; data pooled from 4 studies; odds ratio=4.36 (95% 2.42-7.87); heterogeneity 94.4 (95% 91.4-96.0).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Association between any disability and risk of neglect: Children with any type of disability were found to be at significantly increased risk of neglect; data pooled from 3 studies; odds ratio = 4.56 (95% 3.23-6.43); heterogeneity 73.8% (95% 27.7-86.0).	
		Association between mental or intellectual disability and any type of maltreatment: Children with a mental or intellectual disability were found to be at significantly increased risk of any type of maltreatment; data pooled from 3 studies; odds ratio=4.28 (95% 2.12–8.62); heterogeneity 94.0% (95% 90.2–95.9). NB The authors refer to both any maltreatment and any violence in relation to this data.	
		Association between mental or intellectual disability and physical violence: Children with a mental or intellectual disability were found to be at significantly increased risk of physical violence; data pooled from 4 studies; odds ratio=3.08 (95% 2.08–4.57); heterogeneity 50.8% (95% 0–77.2).	
		Association between mental or intellectual disability and sexual violence: Children with a mental or intellectual disability were found to be at significantly increased risk of sexual violence; data pooled from 4 studies; 4.62 (95% 2.08–10.23); heterogeneity 84.7% (95% 64.4–91.2).	
		Association between mental or intellectual disability and emotional abuse: Children with a mental or intellectual disability were found to be at significantly increased risk of emotional abuse; data pooled from	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		3 studies; odds ratio=4.31 (95% 1.37–13.56); heterogeneity 96.2% (95% 94.2-97.3).	
		Association between mental or intellectual disability and neglect: Data pooled from 2 studies did not produce a sample size large enough to calculate pooled odds ratios.	
		Potential sources of heterogeneity: The authors report that visual inspection of the forest plot suggested sample size as a potential source of heterogeneity; however univariate meta-regression analyses showed that sample size (as a continuous covariate) did not have a significant impact on risk of violence estimates (statistical data not presented). For estimates of risk of physical violence, analysis showed that the method of reporting (official records vs. self-report) had a significant impact on risk estimates, 0.60 vs. 0.21, p=0.02. For estimates of risk of sexual violence, analysis showed that the type of disability (mental or intellectual disability vs. other types of disability) had a significant impact on risk estimates, 0.76 vs. 0.33, p=0.05).	

10. Kočovská E, Puckering C, Follan M et al. (2012) Neurodevelopmental problems in maltreated children referred with indiscriminate friendliness. Research in Developmental Disabilities 33: 1560–5

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The study	Participants: Children and young	Intelligence (verbal and performance tested using the	Overall assessment
aimed to ' explore	people. The authors aimed to com-	Wechsler Abbreviated Scale of Intelligence. Exact	of internal validity: +
the extent of neurode-	pare a group of adopted children with	scales used unclear)	_
velopmental difficulties	experience of severe maltreatment	Verbal IQ: Children in the adopted group had signifi-	Overall assessment
in severely maltreated	early in their life (now living in a sta-	cantly lower scores than children in the comparison	of external validity:
adopted children'	ble environment) with symptoms of	group on measures of verbal IQ; adopted group t=-	++

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
(p1560). We have ex-	indiscriminately friendly behaviour, to	3.41; p=.001. The reviewing team calculated effect	
tracted only data relat-	a group of non-maltreated ' typi-	size using reported data; ES=-1.14.	Overall validity rat-
ing to language.	cally developing children ' (p1561).		ing: +
		<u>Verbal-performance</u> : The authors reports that children	Little justification given
Methodology: Cross-	The inclusion criteria for the adopted	in the adopted group had significantly lower scores	for choice of statistical
sectional study.	group were ' symptoms of indis-	than children in the comparison group on measures of	tests.
	criminately friendly behaviour plus a	verbal-performance IQ; t=0.73; p=.001. However, the	
Country: UK – Scot-	history of maltreatment' (p1561). Ex-	t value reported here appears to be in error – calcula-	
land – Glasgow.	clusion criteria for the adopted group	tion by the reviewing team using reported means and	
	were moderate or severe intellectual	standard deviation found t=0.153, p=0.88. The re-	
Source of funding:	disability (which can also lead to dis-	viewing team calculated effect size using reported	
Government – NHS	inhibited behaviour), and current ex-	data; ES=-0.04.	
Greater Glasgow	perience of maltreatment or family in-		
and Clyde.	stability. The adopted group was re-	Language ability, narrative speech, and short term-	
Other – University of	cruited through an adoption charity,	memory (tested using the Renfrew Language Scales	
Gothenburg.	which approached eligible families liv-	- Bus Story Test) - Performance below chronological	
g.	ing within travelling distance of the	age - The number of children in the adopted group	
	clinic.	performing below their chronological age on	
		measures of language, speech and short-term	
	The authors note that only a small	memory was significantly higher than the number in	
	proportion of children in this group	the comparison group (chi-square=not reported,	
	had had any contact with Child and	p=.001). It was not possible to calculate effect sizes	
	Adolescent Mental Health Services	from the reported data.	
	and of those currently accessing this	•	
	service, the majority were not in re-	The authors also report narratively that 'Over half of	
	ceipt of ongoing therapy. The only in-	the adopted children had suspected language disor-	
	clusion criterion for the comparison	der and/or delay, on the Renfrew Bus Test, in com-	
	group was aged between 5 and 12	parison to 10% of the comparison group children'	
	years.	(p1564)	
	,	,	
	Exclusion criteria for the comparison	Need for full assessment: The number of children in	
	group were – any psychiatric diagno-	the adopted group whose language difficulties were	
	sis, a history of maltreatment (includ-	deemed to 'merit' full assessment was significantly	
	ing suspected), known involvement	higher than the number in the comparison group;	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	with 'social work', child protection registration, or trauma within the past year. The comparison group was recruited via letter through two general practice surgeries that were determined to have 615 potentially eligible children registered (aged between 5 and 12). Due to initial imbalances in	adopted group (Fisher's exact test, value not reported; p=.002). It was not possible to calculate effect sizes from the reported data.	
	relation to age and gender, a second round of recruitment letters were sent to families of boys between the ages of 6 and 10 who had not responded to the first recruitment letter.  Sample characteristics:		
	<ul> <li>Age - All children were between the ages of 5 and 12 years. Adopted group - mean age = 9.4 years (1.8 SD). Comparison group - mean age = 8.7 (2.4).</li> </ul>		
	<ul> <li>Sex - Adopted group 51.5% male (n=18). Comparison group 43.1% male (n=17).</li> <li>Ethnicity - Not reported.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> </ul>		
	<ul> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> </ul>		
	Type of abuse - Pre-adoption histories (i.e. in relation to history of maltreatment, birthweight, etc.) of the		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	adopted group was extracted from		
	social worker notes using a check-		
	list designed specifically for the		
	study. The adopted group had ex-		
	perience of the following before		
	their adoption: Alcohol misuse by a		
	birth parent = 74%. Drug misuse by		
	a birth parent = 62%. Emotional		
	and/or physical neglect by a birth		
	parent = 100%. History of physical		
	abuse = 49%. History of sexual		
	abuse = 20%.		
	Looked after or adopted status -		
	Mean age at adoption for the		
	adopted group was 62.9 months		
	(25.3 SD); mean number of months		
	with adoptive family was 51.3 (26.8 SD).		
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
	refugee or trafficked children - Not		
	reported.		
	reported.		
	Sample size:		
	<ul> <li>Adopted group – Referred n=43;</li> </ul>		
	assessed as eligible n=39; clinically		
	assessed n=34 (2 families/5 chil-		
	dren withdrew). Although the au-		
	thors state that 34 children were		
	clinically assessed data only ap-		
	pears to be presented for 33.		
	<ul> <li>Comparison group – A total of 32</li> </ul>		
	children were clinically assessed.		
	461 recruitment letters sent to eligi-		
	ble families/children; responses re-		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	ceived n=58; withdrew n=9; clini-		
	cally assessed – number unclear		
	(authors report that not all of the re-		
	maining children were assessed		
	due to gender and age mis-		
	matches). To address these an-		
	other 62 recruitment letters were		
	re-sent to families who had not		
	originally responded (only those		
	with male children between the		
	ages of 6 and 10). Four had		
	moved, and 6 responded and were		
	clinically assessed. Sample size –		
	The total numbers of children as-		
	sessed was n=66.		
	Recognition indicators measured:		
	<ul> <li>Language - Intelligence (verbal,</li> </ul>		
	performance and full) was tested		
	using the Wechsler Abbreviated		
	Scale of Intelligence (Wechsler,		
	1999).		
	<ul> <li>Language - Language ability, narra-</li> </ul>		
	tive speech, and short term-		
	memory were tested using the Ren-		
	frew Language Scales – Bus Story		
	Test (Renfrew 1991).		

## 11. Lereya T et al. (2013) Parenting behavior and the risk of becoming a victim and a bully/victim: a meta-analysis study. Child Abuse & Neglect 37: 1091–108

Study aim: 'The objec-
tive of this meta-analy-
sis is to systematically
investigate the type and
strength of the associa-
tion between parenting
behaviour on being
bullied' (p1092).

Research aims

Methodology: Systematic review of a total of 70 studies. Six studies had specific relevance to abuse and neglect, and were analysed separately. Only data relating to these six studies are reported here.

Country: Range of countries. Europe (4 studies, no further detail on specific countries), US (1 study), Other (1 study).

### Source of funding:

Other – Economic and Social Research Council and Qatar National Research Fund.

## PICO (population, intervention, comparison, outcomes)

Participants: Children and young people - Studies included in the meta-analysis involved children between the ages of 4 and '12+'. The authors do not specify what the upper bound for 12+ is for these studies.

### Sample characteristics:

- Age Bowes et al. (2009) 4 to 7
   Dehue et al. (2012) 7.5 to 12
   Kelleher et al. (2008) 12 upwards
   Mohr (2006) 12 upwards
   Schwartz et al. (2000) (studies 1 and 2) 7.5 to 12 Shin and Kim (2008) 12 upwards.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status -Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

### **Findings**

### Statistical data -

1. Association between abuse and neglect and being a victim of bullying. This was explored in 6 studies, with the following effect sizes, as calculated using Hedge's g, and 95% confidence intervals. Bowes et al. (2009) - Hedge's g=0.444 (95% CI 0.247 to 0.641) Dehue et al. (2012) - Hedge's g=0.195 (95% CI 0.041 to 0.350) Kelleher et al. (2008) - Hedge's g=0.097 (95% CI -0.538 to 0.732) Mohr (2006) - Hedge's g=0.555 (95% CI 0.104 to 1.006) Schwartz et al. (2000) - Hedge's g=0.386 (95% CI 0.169 to 0.604) Shin and Kim (2008) - Hedge's g=0.081 (95% CI -0.267 to 0.429). Two of the 4 studies had 95% confidence intervals which crossed the zero threshold. indicating a non-significant result. The combined effect size of the 6 studies was Hedge's g=0.307 (95% CI 0.175 to 0.440). This suggests that, overall, children who had experienced abuse and neglect were more likely to be the victims of bullying. Publication bias: Failsafe n=42 and exceeded Rosenthal's 5k+10 benchmark=40, suggesting low risk of publication bias. 2. Association between abuse and neglect and being a bully/victim This was explored in 3 studies, with the following effect sizes, as calculated using Hedge's g. and 95% confidence intervals. Bowes et al. (2008) - Hedge's g=0.748 (95% CI 0.520 to 0.976) Dehue et al. (2012) - Hedge's g=0.440 (95% CI 0.054 to 0.827) Mohr (2006) - Hedge's g=1.010 (95% CI 0.440 to 0.919) No studies had 95% confidence intervals which crossed the zero threshold. The combined effect size of the three studies was Hedge's g=0.680 (95% CI 0.440 to 0.919). This suggests that, overall, children who had experienced abuse and neglect

### Overall validity rating

Overall assessment of internal validity: +

Overall assessment of external validity:

++

Overall validity rating: +

Key limitations: No critical appraisal of included studies. However, the rest of the systematic review is of high quality, and statistical data is well reported. This has therefore been rated as 'moderate' quality.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Sample size:	were more likely to be bully/victims than children who	
	<ul> <li>Sample size - Total sample size across six studies=5,289.</li> </ul>	had not experienced abuse and neglect. Publication bias: Failsafe n=30 and exceeded Rosenthal's 5k+10	
	<ul> <li>Systematic reviews: number of</li> </ul>	benchmark=25, suggesting low risk of publication	
	studies. Six studies were relevant to our review question.	bias.	
	to our review question.	Narrative findings	
	Recognition indicators measured:	A meta-analysis of 6 studies comparing rates of expe-	
	Bullying. Study examines associa-	riencing bullying in children (total n=5289, age ranges	
	tion between abuse and neglect	from 4 to 12+) who had been abused or neglected	
	and being a victim of bullying and	compared to those who had not, found that children	
	being a 'bully/victim' - individuals	who had been abused or neglected were more likely	
	who both bully others and are vic-	to be the victims of bullying, with small effect size	
	tims of bullying (e.g. Wolke and	(Hedge's g=0.307 (95% CI 0.175 to 0.440)). A meta-	
	Samara 2004).	analysis of 3 studies comparing rates of being a	
		bully/victim in children (total n=4149, age ranges from	
		4 to 12) who had been abused or neglected, com-	
		pared to those who had not, found that children who	
		had been abused or neglected were more likely to be	
		bully/victims, with medium to large effect size	
		(g=0.680 (95% CI 0.440 to 0.919)).	

12. Luke N, Banerjee R (2013) Differentiated associations between childhood maltreatment experiences and social understanding: A meta-analysis and systematic review. Developmental Review 33: 1–28

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To ' eval-	Participants: Children and young	Statistical data (negative effect size corresponds	Overall assessment of
uate the strength of evidence for the hypothe-	people - Maltreated children.	to poorer performance by maltreated participants) Meta-analysis - overall (negative effect size corre-	internal validity: +
sis that physically abused or neglected	Sample characteristics:  • Age - The review protocol does	sponds to poorer performance by maltreated participants) – 16 of the 19 studies (84.2%) showed effect	The inclusion of studies in which the sample was
children underperform relative to their nonmal-	not state that the age of the samples used in the individual stud-	sizes in the expected direction, that is maltreatment status or severity was associated with poorer emotion	partially or wholly com- prised of adults (and the
treated peers in	ies was used as a screening cri- terion. The authors classified the	skills although only 12 of these were significant.	lack of discussion in relation to this decision),

### Research aims

PICO (population, intervention, comparison, outcomes)

**Findings** 

Overall validity rating

measures of social understanding' (p2).

Methodology: Systematic review and metaanalysis. NB. The NCCSC have only extracted data from the meta-analysis (random effects model). Studies included in the metaanalysis compared groups of maltreated participants with groups of non-maltreated participants or used prevalence or severity of maltreatment as a continuous variable. The wider review does not include quantitative data and the findings of this have therefore not been extracted.

Country: Range of countries. The studies included in the metaanalysis were conducted in: Barahal et al., 1981: USA. Bowen and Nowicki, 2007: United Kingdom. Camras et al., 1983: USA. Camras et al., 1988: USA. During

studies by age into 3 age ranges in order to enable moderator analysis. These were - early childhood (ages 2-6); middle childhood (ages 7-11); and adolescence and adulthood (ages 12 and over). Samples in which age ranges overlapped were classified according to the category in which most of the age range fell. Where the age range was spread equally between categories, classification was based on the sample's mean age. The total age range for studies included in the meta-analysis was 2 years and 8 months to 74 years. The age range for studies which only included participants under 18 was 2 years and eight months to 18 years. The age range for studies which included adults was 18 to 74 years (this is based on one study - Gapen 2010, and it is not clear why this study was included given that the sample was comprised wholly of adults. The authors classify the age range of this sample as 'adolescence and adulthood'. The ages of the samples for each individual study used in the meta-analysis were -Barahal et al. 1981: 6-8 years

Three of the 19 studies showed effect sizes in the reverse direction, that is maltreatment status or severity was associated with better emotion skills, although only one of these was significant. The overall mean effect size across the 19 studies showed a medium effect size in the direction of maltreated children showing poorer emotion skills: d=-0.696; SE=.148; 95% CI -0.985 to -0.406; Z=-4.714; p<.001; Q=131.331 (between studies); df (Q) 18; p<.001.

Meta-analysis – moderated by outcome variable (negative effect size corresponds to poorer performance by maltreated participants) – A moderator analysis examining the effect of choice of outcome variable was conducted.

The results suggested that the type of outcome measure did moderate the findings (Q(2)=13.001, p=0.002), with studies measuring emotion understanding showing larger effect sizes than those measuring composite emotion knowledge, which in turn were larger than those measuring emotion recognition: Emotion understanding: d=-1.351; 95% CI -2.311 to -0.392; Z=-2.760; p=.006. Emotion knowledge (composite of emotion recognition and emotion understanding): d=-0.972; 95% CI -1.258 to -0.686; Z =-6.660; p<.001. Emotion recognition: d=-0.309; 95% CI -0.580 to -0.039; Z=-2.239; p=.025. The authors note that this may be because emotion understanding is a more advanced skill, and so may be 'particularly susceptible to the deleterious effects of maltreatment experiences' (p20).

Post-hoc comparisons showed that the difference between studies measuring emotion understanding and

the lack of information on the quality of included studies, and the small number of databases searched are areas of concern.

Overall assessment of external validity: ++

Overall validity rating:

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
and McMahon, 1991:	(mean 7 years 6 months). Clas-	those measuring emotion knowledge was not signifi-	
USA. Edwards et al.,	sified as middle childhood by the	cant (Q(1)=0.552; p=.457) but the difference between	
2005: USA. Gapen,	review authors. Bowen and	studies measuring emotion understanding and emo-	
2010: USA. Leist and	Nowicki 2007: 7.5–10.5 years	tion recognition was (Q(1)=4.198; p=.040). The differ-	
Dadds, 2009: Australia.	(mean not reported). Classified	ence between studies measuring emotion knowledge	
Pajer et al., 2010: USA.	as middle childhood by the re-	and emotion recognition was also significant	
Pears and Fisher, 2005:	view authors. Camras et al.,	(Q(1)=10.873; p=.001).	
USA. Perlman, Kalish,	1983: 3 years 7 months to 6		
and Pollak, 2008: USA.	years, 4 months (mean not re-	Meta-analysis – moderated by age group (negative	
Pollak et al., 1997: USA.	ported). Classified as early child-	effect size corresponds to poorer performance by	
Pollak et al., 2001: USA.	hood by the review authors.	maltreated participants) – A second moderator analy-	
Shackman and Pollak,	Camras et al. 1988: 3 years 4	sis examined the effect of age group. This found that	
2005: USA. Shipman	months to 7 years 3 months	studies with an 'early childhood' sample showed	
and Zeman, 1999: USA.	(mean 4 years 11 months). Clas-	larger effect sizes than those with a 'middle childhood'	
Shipman et al., 2005:	sified as early childhood by the	sample, which in turn had larger effect sizes than	
USA. Smith and Wal-	review authors. During and	those with an adolescence and adulthood sample. In	
den, 1999: USA. Sulli-	McMahon 1991: 2 years 8	fact, studies conducted in adolescence and adulthood	
van et al., 2008: USA.	months to 9 years 7 months	showed a very small and non-significant effect.	
Sullivan et al., 2010:	(mean 5 years 8 months). Clas-	Forth, shildhood, d. 0.000, 050/ CL 4.400 to 0.700.	
USA. The review was	sified as early childhood by the	Early childhood: d=-0.933; 95% CI -1.160 to -0.706;	
conducted by authors based in the UK.	review authors. Edwards et al.	Z=-8.065; p<.000; Q=11.320 (between studies); df	
based in the UK.	2005: 5–12 years (mean 9 years 2 months). Classified as middle	(Q) 2; p=.003.	
Source of funding: Not	childhood by the review authors.	Middle childhood: d=-0.776; 95% CI -1.315 to -0.236; Z=-2.818; p=.005.	
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reported.		•	
		ιο -0.303, Σ -0.10, ρ073.	
	1	Post-hac comparison showed that these differences	
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	portou). Oldoomiou do ddoloo	_	
reported.	Gapen 2010: 18–74 years (mean not reported). Classified as adolescence and adulthood by the review authors. Leist and Dadds 2009: 16–18 years (mean not reported). Classified as adolescence and adulthood by the review authors. Pajer et al. 2010: 16–18 years (mean not reported). Classified as adolescented). Classified as adolescented.	Adolescence and adulthood: d=0.042; 95% CI -0.479 to -0.563; Z =0.18; p=.875.  Post-hoc comparison showed that these differences were significant for studies conducted in early childhood compared to those conducted in adolescence (Q(1)=11.320; p=.001) but not for early childhood compared to middle childhood (Q(1)=0.278; p=.598). The difference between studies conducted in middle childhood and adolescence was also significant (Q(1)=4.566; p=0.033).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	cence and adulthood by the re-		
	view authors. Pears and Fisher	Effect sizes of individual studies included in the meta-	
	2005: 3–5 years (mean not re-	analysis (calculated by review authors; Cohen's d; p	
	ported). Classified as early child-	values reported where provided, (negative effect size	
	hood by the review authors. Perl-	corresponds to poorer performance by maltreated	
	man et al. 2008: 5–6 years	participants) – 16 of the 19 studies (84.2%) showed	
	(mean not reported). Classified	effect sizes in the expected direction, that is maltreat-	
	as early childhood by the review	ment status or severity was associated with poorer	
	authors. Pollak et al., 1997: 7.1–	emotion skills although only 12 of these were signifi-	
	11.4 years (mean not reported).	cant. Three of the 19 studies showed effect sizes in	
	Classified as middle childhood	the reverse direction, that is maltreatment status or	
	by the review authors. Pollak et	severity was associated with better emotion skills, alt-	
	al. 2001: 6.3–12.2 years (mean	hough only one of these was significant. Barahal et al.	
	8.8 years). Classified as middle	1981: Participants in the maltreated group displayed	
	childhood by the review authors.	significantly poorer performance than those in the	
	Shackman and Pollak 2005: 7–	non-maltreated group on measures of emotion recog-	
	12 years (mean 9.57 years).	nition and emotion understanding, with a large effect	
	Classified as middle childhood	size (controlled for IQ); d=-0.953; p=.010. Bowen and	
	by the review authors. Shipman	Nowicki, 2007: Participants in the maltreated group	
	and Zeman 1999: 6–12 years	displayed significantly better performance than those	
	(mean not reported). Classified	in the non-maltreated group on measures of emotion	
	as middle childhood by the re-	recognition, with a very small effect size (controlled	
	view authors. Shipman et al.	for IQ and language comprehension); d=0.078;	
	2005: 6–12 years (mean 9 years	p=.023. Camras et al., 1983: Participants in the mal-	
	3 months). Classified as middle	treated group displayed significantly poorer perfor-	
	childhood by the review authors.	mance than those in the non-maltreated group on	
	Smith and Walden 1999: 3 years	measures of emotion recognition, with a large effect	
	4 months to 6 years 0 months	size (not controlled); d=-1.058; p=.004. Camras et al.,	
	(mean not reported). Classified	1988: Participants in the maltreated group displayed	
	as early childhood by the review	significantly poorer performance than those in the	
	authors. Sullivan et al. 2008: 4–5	non-maltreated group on measures of emotion recog-	
	years (mean not reported). Clas-	nition, with a large effect size (not controlled); d=-	
	sified as early childhood by the	1.018; p=.002. During and McMahon, 1991: Partici-	
	review authors. Sullivan et al.	pants in the maltreated group displayed significantly	
	2010: 4 years (range and mean	poorer performance than those in the non-maltreated	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	not reported). Classified as early	group on measures of emotion recognition, with a	
	childhood by the review authors.	large effect size (not controlled); d=-0.951; p=.002.	
	Sex - The authors report that all	Edwards et al., 2005: Participants in the maltreated	
	studies had a mixed sample with	group displayed significantly poorer performance than	
	the exception of Pajer et al.	those in the non-maltreated group on measures of	
	2010; the sample of which was	emotion understanding, with a large effect size (not	
	entirely female. Percentages are	controlled); d=-2.902; p<.001. Gapen, 2010: No sig-	
	not reported by the review au-	nificant difference between maltreated and non-mal-	
	thors.	treated participants on measures of emotion recogni-	
	<ul> <li>Ethnicity - Not reported for any of</li> </ul>	tion (not controlled, no statistical data reported, signif-	
	the included studies.	icance reported by review authors). Leist and Dadds,	
	<ul> <li>Religion/belief - Not reported for</li> </ul>	2009: The correlation between prevalence or severity	
	any of the included studies.	of maltreatment, and emotional recognition was non-	
	<ul> <li>Disability - Not reported for any</li> </ul>	significant (not controlled); d=0.448; p = .328. NB The	
	of the included studies.	positive effect size indicates that participants who had	
	<ul> <li>Long term health condition - Not</li> </ul>	experienced greater levels of maltreatment performed	
	reported for any of the included	better. Pajer et al., 2010: No significant difference be-	
	studies.	tween maltreated and non-maltreated participants on	
	<ul> <li>Sexual orientation - Not reported</li> </ul>	measures of emotion recognition, with a small to me-	
	for any of the included studies.	dium effect size (not controlled); d=-0.449; p=.084.	
	Socioeconomic position - Not re-	Pears and Fisher, 2005: Participants in the maltreated	
	ported for any of the included	group displayed significantly poorer performance than	
	studies.	those in the non-maltreated group on measures of	
	Type of abuse - The authors	emotion recognition and emotion understanding, with	
	classified the abuse experienced	a large effect size (controlled for age and intelli-	
	by participants as physical	gence); d=-0.937; p<.001. Perlman et al., 2008: No	
	abuse; sexual abuse; emotional	significant difference between maltreated and non-	
	abuse; physical neglect; domes-	maltreated participants on measures of emotion un-	
	tic violence (witnessed); and ver-	derstanding, with a medium effect size (not con-	
	bal aggression (percentages are	trolled); d=-0.517; p<.133. Pollak et al., 1997: Partici-	
	not reported). They also record	pants in the maltreated group displayed significantly	
	whether the study compared a	poorer performance than those in the non-maltreated	
	maltreated sample to a non-mal-	group on measures of emotion recognition, with a me-	
	treated sample or used severity	dium to large effect size (variables tested at baseline	
		but no differences found in results); d=-0.707; p =	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	of maltreatment measured as a	.023. Pollak et al., 2001: No significant difference be-	
	continuous variable. The details	tween maltreated and non-maltreated participants on	
	for the individual studies in-	measures of emotion recognition, with a very small ef-	
	cluded in the meta-analysis were	fect size (variables tested at baseline but no differ-	
	- Barahal et al. 1981: Physical	ences found in results); d=0.187; p=.569. NB The	
	abuse (maltreated vs. non-mal-	positive effect size indicates that participants who had	
	treated). Bowen and Nowicki	experienced greater levels of maltreatment performed	
	2007: Physical abuse, sexual	better. Shackman and Pollak, 2005: No significant dif-	
	abuse, emotional abuse, physi-	ference between maltreated and non-maltreated par-	
	cal neglect (maltreated vs non-	ticipants on measures of emotion recognition, with a	
	maltreated). Camras et al. 1983:	very small effect size (not controlled); d=-0.076;	
	Physical abuse (maltreated vs	p=.764. Shipman and Zeman, 1999: Participants in	
	non-maltreated). Camras et al.	the maltreated group displayed significantly poorer	
	1988: Physical abuse (some	performance than those in the non-maltreated group	
	physical neglect; maltreated vs	on measures of emotion understanding, with a large	
	non-maltreated). During and	effect size (variables tested at baseline but no differ-	
	McMahon 1991: Physical abuse	ences found in results); d=-1.405; p<.001. Shipman et	
	(maltreated vs non-maltreated).	al., 2005: Participants in the maltreated group dis-	
	Edwards et al. 2005: Physical	played significantly poorer performance than those in	
	neglect (maltreated vs. non-mal-	the non-maltreated group on measures of emotion	
	treated). Gapen 2010: Physical	understanding, with a medium to large effect size	
	abuse, sexual abuse, emotional	(variables tested at baseline but no differences found	
	abuse, physical neglect (severity	in results); d=-0.685; p=.021. Smith and Walden,	
	of maltreatment measured as a	1999: Participants in the maltreated group displayed	
	continuous variable). Leist and	significantly poorer performance than those in the	
	Dadds 2009: Physical abuse,	non-maltreated group relation to emotion recognition	
	emotional abuse, physical ne-	and emotion understanding, with a large effect size	
	glect (severity of maltreatment	(controlled for 'receptive vocabulary'); d=0.863;	
	measured as a continuous varia-	p=.024. Sullivan et al., 2008: Participants in the mal-	
	ble). Pajer et al. 2010: Physical	treated group displayed significantly poorer perfor-	
	abuse, sexual abuse, emotional	mance than those in the non-maltreated group on	
	abuse, physical neglect (mal-	measures of a composite measure of emotion recog-	
	treated vs. non-maltreated).	nition and emotion understanding, with a large effect	
	Pears and Fisher, 2005: Physical	size (controlled for IQ); d=-1.171; p=.003. Sullivan et	
	abuse, sexual abuse, emotional		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	abuse, physical neglect (mal-	al., 2010: Participants in the maltreated group dis-	
	treated vs non-maltreated). Perl-	played significantly poorer performance than those in	
	man et al. 2008: Physical abuse	the non-maltreated group on measures of a compo-	
	(maltreated vs. non-maltreated).	site measure of emotion recognition and emotion un-	
	Pollak et al. 1997: Physical	derstanding, with a large effect size (controlled for	
	abuse, emotional abuse, physi-	IQ); d=-1.008; p<.001.	
	cal neglect (maltreated vs non-		
	maltreated). Pollak et al. 2001:	NB. Where studies measured both emotion recogni-	
	Physical abuse, physical neglect	tion and emotion understanding the review authors	
	(maltreated vs. non-maltreated).	calculated an average effect size. However, there	
	Shackman and Pollak 2005:	were some studies which only reported scores on the	
	Physical abuse (maltreated vs.	composite measure of emotion knowledge (recogni-	
	non-maltreated). Shipman and	tion and understanding).	
	Zeman 1999: Physical abuse		
	(maltreated vs non-maltreated).	Narrative findings	
	Shipman et al., 2005: Physical	Meta-analysis - overall – (negative effect size corre-	
	neglect (maltreated vs. non-mal-	sponds to poorer performance by maltreated partici-	
	treated). Smith and Walden	pants) – 16 of the 19 studies (84.2%) showed effect	
	1999: Physical abuse, sexual	sizes in the expected direction, that is maltreatment	
	abuse, physical neglect, wit-	status or severity was associated with poorer emotion	
	nessed domestic violence (mal-	skills although only 12 of these were significant.	
	treated vs non-maltreated). Sulli-	Three of the 19 studies showed effect sizes in the re-	
	van et al. 2008: Physical neglect	verse direction, that is maltreatment status or severity	
	(some physical abuse, mal-	was associated with better emotion skills, although	
	treated vs. non-maltreated). Sul-	only one of these was significant. The overall mean	
	livan et al. 2010: Physical ne-	effect size across the 19 studies showed a medium	
	glect (maltreated vs. non-mal-	effect size in the direction of maltreated children	
	treated).	showing poorer emotion skills.	
	<ul> <li>Looked after or adopted status</li> </ul>		
	Not reported for any of the in-	Meta-analysis – moderated by outcome variable (neg-	
	cluded studies; however the au-	ative effect size corresponds to poorer performance	
	thors report that studies which	by maltreated participants) – A moderator analysis	
	did not report pre-adoption histo-	examining the effect of choice of outcome variable	
	ries were excluded suggesting	was conducted. The results suggested that the type	
	that some of the studies included	of outcome measure did moderate the findings	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	in the meta-analysis may have	(Q(2)=13.001, p=0.002), with studies measuring emo-	
	included children who had been	tion understanding showing larger effect sizes than	
	adopted or fostered. On the ba-	those measuring composite emotion knowledge,	
	sis of the titles of included stud-	which in turn were larger than those measuring emo-	
	ies it appears that the sample	tion recognition: The authors note that this may be	
	assessed in Pears and Fisher	because emotion understanding is a more advanced	
	2005; included children in foster	skill, and so may be 'particularly susceptible to the	
	care.	deleterious effects of maltreatment experiences'	
	<ul> <li>Unaccompanied asylum seeking, refugee or trafficked children -</li> </ul>	(p20).	
	Not reported for any of the in-	Post-hoc comparisons showed that the difference be-	
	cluded studies.	tween studies measuring emotion understanding and	
		those measuring emotion knowledge was not signifi-	
	Sample size:	cant but the difference between studies measuring	
	The studies included in the	emotion understanding and emotion recognition was.	
	meta-analysis gave a combined	The difference between studies measuring emotion	
	total sample of 6,155 partici-	knowledge and emotion recognition was also signifi-	
	pants. The sample sizes of stud-	cant.	
	ies included in the meta-analysis		
	were - Barahal et al. 1981: 17	Meta-analysis – moderated by age group (negative	
	maltreated vs. 16 non-maltreated	effect size corresponds to poorer performance by	
	participants. Bowen and Nowicki	maltreated participants) – A second moderator analy-	
	2007: 1068 maltreated vs. 4166	sis examined the effect of age group. This found that	
	non-maltreated participants.	studies with an 'early childhood' sample showed	
	Camras et al. 1983: 17 mal-	larger effect sizes than those with a 'middle childhood'	
	treated vs. 17 non-maltreated	sample, which in turn had larger effect sizes than	
	participants. Camras et al. 1988:	those with an adolescence and adulthood sample. In	
	20 maltreated vs. 20 non-mal-	fact, studies conducted in adolescence and adulthood	
	treated participants. During and	showed a very small and non-significant effect: Post-	
	McMahon 1991: 23 maltreated	hoc comparison showed that these differences were	
	vs. 23 non-maltreated partici-	significant for studies conducted in early childhood	
	pants. Edwards et al. 2005: 24	compared to those conducted in adolescence but not	
	maltreated vs 24 non-maltreated	for early childhood compared to middle childhood.	
	participants. Gapen 2010: 162	The difference between studies conducted in middle	
		childhood and adolescence was also significant.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	participants (severity of maltreat-		
	ment measured as a continuous	Effect sizes of individual studies included in the meta-	
	variable). Leist and Dadds 2009:	analysis (calculated by review authors, (negative ef-	
	23 participants (severity of mal-	fect size corresponds to poorer performance by mal-	
	treatment measured as a contin-	treated participants) – 16 of the 19 studies (84.2%)	
	uous variable). Pajer et al. 2010:	showed effect sizes in the expected direction, that is	
	41 maltreated vs. 24 non-mal-	maltreatment status or severity was associated with	
	treated participants. Pears and	poorer emotion skills although only 12 of these were	
	Fisher 2005: 60 maltreated vs.	significant. Three of the 19 studies showed effect	
	31 non-maltreated participants.	sizes in the reverse direction, that is maltreatment	
	Perlman et al. 2008: 17 mal-	status or severity was associated with better emotion	
	treated vs. 18 non-maltreated	skills, although only one of these was significant.	
	participants. Pollak et al. 1997:	Barahal et al., 1981: Participants in the maltreated	
	23 maltreated vs. 21 non-mal-	group displayed significantly poorer performance than	
	treated participants. Pollak et al.	those in the non-maltreated group on measures of	
	2001: 28 maltreated vs. 14 non-	emotion recognition and emotion understanding, with	
	maltreated participants. Shack-	a large effect size (controlled for IQ). Bowen and	
	man and Pollak 2005: 33 mal-	Nowicki, 2007: Participants in the maltreated group	
	treated vs. 30 non-maltreated	displayed significantly better performance than those	
	participants. Shipman and	in the non-maltreated group in relation emotion recog-	
	Zeman, 1999: 22 maltreated vs.	nition, with a very small effect size (controlled for IQ	
	22 non-maltreated participants.	and language comprehension); d=0.078; p=.023.	
	Shipman et al. 2005: 24 mal-	Camras et al., 1983: Participants in the maltreated	
	treated vs. 24 non-maltreated	group displayed significantly poorer performance than	
	participants. Smith and Walden	those in the non-maltreated group on measures of	
	1999: 15 maltreated vs 15 non-	emotion recognition, with a large effect size (not con-	
	maltreated participants. Sullivan	trolled). Camras et al., 1988: Participants in the mal-	
	et al., 2008: 12 maltreated vs 19	treated group displayed significantly poorer perfor-	
	non-maltreated participants. Sul-	mance than those in the non-maltreated group on	
	livan et al. 2010: 15 maltreated	measures of emotion recognition, with a large effect	
	vs 27 non-maltreated partici-	size (not controlled). During and McMahon, 1991:	
	pants.	Participants in the maltreated group displayed signifi-	
	<ul> <li>Systematic reviews: number of</li> </ul>	cantly poorer performance than those in the non-mal-	
	studies - 19 studies were in-	treated group on measures of emotion recognition,	
	cluded in the meta-analysis.	with a large effect size (not controlled). Edwards et	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		al., 2005: Participants in the maltreated group dis-	
	Recognition indicators meas-	played significantly poorer performance than those in	
	ured: Emotional understanding.	the non-maltreated group on measures of emotion	
	The meta-analysis measures the	understanding, with a large effect size. Gapen, 2010:	
	effects of maltreatment on emotion	No significant difference between maltreated and	
	skills only (due to methodological	non-maltreated participants on measures of emotion	
	concerns and a paucity of studies	recognition (not controlled, no statistical data re-	
	measuring other social under-	ported, significance reported by review authors). Leist	
	standing related skills). The au-	and Dadds, 2009: The correlation between preva-	
	thors classify these as emotion	lence or severity of maltreatment, and emotional	
	recognition; emotion understand-	recognition was non-significant (not controlled). NB	
	ing; or emotion knowledge (a com-	The effect size was positive indicating that partici-	
	posite of emotion understanding or	pants who had experienced greater levels of maltreat-	
	emotion knowledge). Where a	ment performed better. Pajer et al., 2010: No signifi-	
	study measured both emotion	cant difference between maltreated and non-mal-	
	recognition and emotion under-	treated participants on measures of emotion recogni-	
	standing, an effect size was calcu-	tion (not controlled). Pears and Fisher, 2005: Partici-	
	lated for each of these and then '	pants in the maltreated group displayed significantly	
	averaged to produce an overall ef-	poorer performance than those in the non-maltreated	
	fect size for the sample' (p13).	group on measures of emotion recognition and emo-	
	Barahal et al. 1981: Measured	tion understanding, with a large effect size (controlled	
	emotion recognition (labelling emo-	for age and intelligence). Perlman et al., 2008: No sig-	
	tions) and emotion understanding	nificant difference between maltreated and non-mal-	
	(identifying causes of emotions).	treated participants on measures of emotion under-	
	Bowen and Nowicki 2007: Meas-	standing (not controlled). Pollak et al., 1997: Partici-	
	ured emotion recognition (labelling	pants in the maltreated group displayed significantly	
	emotions). Camras et al., 1983:	poorer performance than those in the non-maltreated	
	Measured emotion recognition	group on measures of emotion recognition, with a me-	
	(choosing a photo for emotion la-	dium to large effect size (variables tested at baseline	
	bel). Camras et al. 1988: Meas-	but no differences found in results). Pollak et al.,	
	ured emotion recognition (choosing	2001: No significant difference between maltreated	
	a photo for emotion label). During	and non-maltreated participants on measures of emo-	
	and McMahon 1991: Measured	tion recognition (variables tested at baseline but no	
	emotion recognition (labelling emo-	differences found in results). NB The effect size was	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	_	
	tions). Edwards et al. 2005: Meas-	positive indicating that participants who had experi-	
	ured emotion understanding (inter-	enced greater levels of maltreatment performed bet-	
	view: ' identifying emotions and	ter. Shackman and Pollak, 2005: No significant differ-	
	understanding causes, expression	ence between maltreated and non-maltreated partici-	
	and consequences') (p10). Gapen	pants on measures of emotion recognition (not con-	
	2010: Measured emotion recogni-	trolled). Shipman and Zeman, 1999: Participants in	
	tion (labelling emotions). Leist and	the maltreated group displayed significantly poorer	
	Dadds 2009: Measured emotion	performance than those in the non-maltreated group	
	recognition (labelling emotions).	on measures of emotion understanding, with a large	
	Pajer et al. 2010: Measured emo-	effect size (variables tested at baseline but no differ-	
	tion recognition (labelling emo-	ences found in results). Shipman et al., 2005: Partici-	
	tions). Pears and Fisher 2005:	pants in the maltreated group displayed significantly	
	Measured emotion recognition and	poorer performance than those in the non-maltreated	
	emotion understanding (' label-	group on measures of emotion understanding, with a	
	ling emotions, selecting photo for	medium to large effect size (variables tested at base-	
	emotion label and emotion for story	line but no differences found in results). Smith and	
	character') (p10) Perlman et al.	Walden, 1999: Participants in the maltreated group	
	2008: Measured emotion under-	displayed significantly poorer performance than those	
	standing ('Rating plausibility of	in the non-maltreated group on measures of emotion	
	pairing of emotion and cause')	recognition and emotion understanding, with a large	
	(p10). Pollak et al. 1997: Measured	effect size (controlled for 'receptive vocabulary'). Sulli-	
	emotion recognition ('Describing	van et al., 2008: Participants in the maltreated group	
	target emotion face from display')	displayed significantly poorer performance than those	
	(p 10). Pollak et al. 2001: Meas-	in the non-maltreated group on measures of a compo-	
	ured emotion recognition ('Describ-	site measure of emotion recognition and emotion un-	
	ing target emotion face from dis-	derstanding, with a large effect size (controlled for	
	play') (p10). Shackman and Pollak,	IQ). Sullivan et al., 2010: Participants in the mal-	
	2005: Measured emotion recogni-	treated group displayed significantly poorer perfor-	
	tion (labelling emotions). Shipman	mance than those in the non-maltreated group on	
	and Zeman 1999: Measured emo-	measures of a composite measure of emotion recog-	
	tion understanding (interview: '	nition and emotion understanding, with a large effect	
	identifying emotions and under-	size (controlled for IQ).	
	standing causes, expression and		
	consequences') (p10). Shipman et		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	al. 2005: Measured emotion under-		
	standing (interview: ' identifying		
	emotions and understanding		
	causes, expression and conse-		
	quences') (p10). Smith and Wal-		
	den, 1999: Measured emotion		
	recognition and emotion under-		
	standing ('Selecting similar emo-		
	tion face to target and for story		
	character') (p10). Sullivan et al.		
	2008: Measured and reported on a		
	composite measure of emotion		
	knowledge (recognition and under-		
	standing – ' labelling emotions,		
	selecting photo for emotion label		
	and emotion for story character		
	') (p10). Sullivan et al. 2010:		
	Measured and reported on a com-		
	posite measure of emotion		
	knowledge (recognition and under-		
	standing – ' labelling emotions,		
	selecting photo for emotion label		
	and emotion for story character'		
	(p10).		

13. Miller Adam B et al. (2013) The relation between child maltreatment and adolescent suicidal behavior: A systematic review and critical examination of the literature. Clinical Child and Family Psychology Review 16: 146–72

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To review literature to date examining the relationship	Participants: Children and young people.	<b>Statistical data -</b> No quantitative data reported in the study. See narrative findings.	Overall assessment of internal validity: +
between CM (child mal-	Sample characteristics:	Narrative findings - A. Sexual abuse 1. Cross-sectional studies of community samples (n=28; mean sample size = 6,177	Overall assessment of external validity; ++

#### Research aims PICO (population, intervention, **Findings** Overall validity rating comparison, outcomes) Overall validity rating: treatment) and adoles-• Age - Studies were included if participants per study; ranged from 100 to over 80,000), using a variety of methods to assess sexual cent suicidal ideation the sample was composed 'preand attempts. dominantly' of adolescents aged abuse history and suicidal ideation and suicide at-12–17 years. For some studies, tempts; 27 of the 28 studies 'demonstrated clear evi-Of moderate quality in Methodology: Systemthe upper age limit was higher dence of a general association between a history of terms of a narrative review of studies. Unclear sexual abuse and increased suicidal ideation and/or atic review. than this. suicide attempts' (p3). One study with small sample why statistical data not • Sex - Studies range from 35 to Country: Range of size failed to find this link (Arata 2007). 2. Cross-secreported, or statistical 88% females. countries. USA (13 tional studies of clinical/high-risk populations (psychianalyses not conducted. • Ethnicity - Not reported. studies), New Zealand atric inpatients, delinquent youth) (n=16; mean sam-• Religion/belief - Not reported. (4 studies), Switzerland ple size=468 participants per study, range from 48 to • Disability - Not reported. 2,019); 14 of 16 studies that focused on clinical/high-(2 studies), Canada (2 Long term health condition - Not studies), Brazil (1 risk populations also found an association between reported. study), Netherlands (1 childhood sexual abuse and adolescent suicidal idea-· Sexual orientation - Not restudy), Italy (1 study), tion and suicide attempts. Two studies with small ported. Australia (1 study), sample size and a control group did not find this asso-• Socioeconomic position - Not reciation. 3. Longitudinal studies of community samples France (1 study), counported. try not reported (26 (n=8; mean sample size=594 participants per study; • Type of abuse - Physical abuse. range from 133 to 1,631; the time period for the folstudies). neglect, majority included studlow-up between 6 months to 28 years). All showed ies on sexual abuse (n=47). Source of funding: evidence to suggest that childhood sexual abuse pre-· Looked after or adopted status -Government – A federal dicts future suicidal ideation and/or suicide attempts Not reported. grant (R01AA016854) in adolescence, 4. Effect of covariates The associa- Unaccompanied asylum seeking. and in part by NIAAA tion between sexual abuse and suicidal behavrefugee or trafficked children grant R01AA016854-04. iour/ideation remains significant when controlling for Not reported. demographic variables of age and grade level (11 studies); sex (8 studies), IQ (1 study) and race/ethnic-Sample size: ity (4 studies); youth mental health problems (7 stud- Comparison numbers - Control ies); general psychiatric symptoms during childhood groups in some studies but not in and early adolescence (1 study); family structure (2 all studies. studies); parental separation (1 study); mothers' level Intervention numbers - NA (xof education (1 study); family socioeconomic status (4

studies); parental violence or imprisonment (1 study);

parenting style or family functioning (3 studies); parents' psychiatric symptoms and substance abuse (3

sectional studies and longitudinal

studies).

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Systematic reviews: number of studies - 29 studies on child maltreatment and suicidal ideation (18 cross-sectional studies on community samples; 9 cross-sectional studies on clinical/high risk samples; 1 longitudinal study on community samples; 1 longitudinal study on community samples; 1 longitudinal study on child maltreatment and suicidal attempt (25 cross-sectional studies on community samples; 15 cross-sectional studies on clinical/high risk samples; 8 longitudinal study on community samples; 1 longitudinal study on clinical/high risk samples) involving 182,018 adolescents. Included studies published between 1989 and 2012.  Recognition indicators measured: Suicidal thoughts/behaviour and suicidal ideation and attempts.	studies) and parental suicide (1 study). The association is not clear when controlling for negative life events. There is some evidence that accumulative negative life events may affect the relationship between sexual abuse and suicidal ideation/suicide attempts.  B. Physical Abuse 1. Cross-sectional studies conducted with community samples (n=18; mean sample size=3694 participants per study, range 1214 to 16,644). Sixteen of 18 studies showed a positive relationship between childhood physical abuse and suicidal ideation and/or attempts. 2 studies with small sample size did not show this association. 2. Cross-sectional studies of clinical and high-risk samples (psychiatric inpatients, delinquent youth) (n=10, mean sample sizes=499 participants per study, range 114 to 2,019). Nine out of 10 studies revealed a relationship between childhood physical abuse and suicidal ideation and/or attempts. One study with small sample size failed to find this link. 3. Longitudinal studies conducted with community samples (n=6, mean sample size=745 adolescents, range from 200 to 1,631; followed over periods of 6 months–28 years). Five out of 6 found an association between physical abuse and adolescent suicidal ideation and/or attempts. One study did not find this link. 4. Effects of covariates This positive association remains significant when controlling for age (9 studies), sex (9 studies), race/ethnicity (3 studies), family socioeconomic status (1 study), or caregiver education level (1 study). In 7/8 studies reviewed (4 cross-sectional studies and 3 longitudinal), there was no differences in these associa-	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		childhood and early adolescence (2 studies), depression severity (3 studies), disruptive and risky behavior (1 study) or prior suicide attempts (1 study). One study did find a change in this relationship. Similar positive association was found when controlling for a	
		history of suicide within the family (1 study), family alcohol and drug problems (1 study), parent attachment (1 study) and parent psychiatric symptoms (1 study).	
		C. Emotional Abuse and Neglect 1. Cross-sectional studies conducted with community samples (n=6), and clinically based sample (n=1) (mean sample size=845 participants per study; range from 114 to 2,247 participants). All found significant relationships between neglect and/or emotional abuse, and adolescent suicidal ideation or behaviour. 2. One 17-year longitudinal study (n=639 youth; 39 of which had substantiated cases of childhood neglect) found that childhood neglect did not predict future suicidal behaviour. 3. Effects of covariates: There were mixed results when 4 out of the 7 cross-sectional studies	
		controlled for basic covariates. The association remained when controlled for sex in 2 of 4 studies reviewed. Emotional abuse, but not neglect, was found to be independently associated with suicide ideation after controlling for youth sex and race, youth mental health problems and family variables (1 study). In one longitudinal study (Brown et al. 1999) neglect did not predict suicide attempts after 21 potential risk factors were controlled.	
		D. Co-occurrence of Sexual and Physical Abuse 1. 18 studies (4 longitudinal) showed mixed findings when both sexual and physical abuse were examined. Sex-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		ual abuse and physical abuse were independently as-	
		sociated with suicidal ideation (3 studies) and/or sui-	
		cide attempts (8 studies), after controlling for age (4	
		studies); sex (3 studies); ethnicity (1 study); socioeco-	
		nomic status (1 study); psychiatric symptoms and di-	
		agnoses (2 studies); prior suicide attempts (1 study),	
		parental psychiatric symptoms (1 study), and family	
		alcohol and drug use problems (1 study). 2. When	
		sexual abuse and physical abuse were examined	
		simultaneously, only sexual abuse was associated	
		with various measures of suicidal ideation and behav-	
		ior (4 studies), after controlling for socioeconomic sta-	
		tus (2 studies), youth dissociative symptoms (1	
		study), youth negative life events (1 study); parental	
		violence, parental mental health symptoms, parental	
		imprisonment (1 study), mother's education, parenting	
		etc. (1 study). 3. There was an additive effect of sex-	
		ual and physical abuse on suicide attempts (3 stud-	
		ies). Youth victims of both forms of abuse were more	
		likely to report suicide attempts (3 studies) than either	
		alone, as well those with no abuse (1 study), both in	
		any suicide attempt (3 studies) as well as multiple at-	
		tempts (1 study), the latter only found for females.	
		One study showed an additive effect of both forms of	
		abuse on suicidal ideation, and 1 study did not.	
		E. All forms of child maltreatment (Sexual Abuse,	
		Physical Abuse, Emotional Abuse and Neglect) The	
		review undertook a multivariate analysis of the rela-	
		tive contribution of each form of child maltreatment	
		(sexual abuse, physical abuse, emotional abuse and	
		neglect) to adolescent suicidal ideation and behav-	
		iour. 1. Thirteen studies examined this relationship.	
		All forms of abuse were independently associated	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		with suicide attempts (5 studies) and/or suicidal ideation (2 studies). When controlled for contextual risk factors (sex, ethnicity, IQ, temperament, serious mental illness, anger, dissatisfaction, external locus of control, sociopathy, low religious participation, teenage pregnancy, single parenthood, welfare support, low family income, large family size, maternal factors, paternal factors, only sexual and physical abuse, not neglect, remained significant (1 study). 2. Only sexual and emotional abuse remain significant when suicide attempts were the outcome variable (3 studies). Emotional abuse had the strongest association with suicide attempts, with no significant independent prediction by either physical abuse or neglect (1 study). After controlling for adverse childhood experience, only sexual abuse and low parental care, not physical abuse, were associated with suicide attempts (1 study). Only emotional abuse was associated with suicide attempts in a combined sample of 9th and 11th graders. Physical abuse was not associated with suicide attempts in either grade (1 study). 3. Only physical and emotional abuse (not sexual abuse or neglect) were independently associated with suicidal ideation (1 study). Another study found that neglect remained significantly associated with suicide-related behaviours. 4. One study results suggest that risk of a suicide attempt increases with the addition of each form of abuse, providing evidence for an additive effect.  F. Potential Moderators and Mediators 1. Sexual abuse was independently associated with suicide attempts for males only (7 studies), suggesting that childhood sexual abuse may be more strongly linked	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		to suicide attempts in males than in females. 2. There was a stronger association between childhood physical abuse and adolescent suicide attempts among males than females (2 studies). 3. There was a more consistent association between childhood physical abuse and adolescent suicidal ideation among females relative to males (2 studies). 4. There was no sex differences in the relationship between childhood physical abuse and adolescent suicidal ideation (2 studies).	
		G. Characteristics of the Abuse Experience 1. The relative risk of a suicide attempt increased as a function of the severity of sexual abuse (1 study). Frequency of abuse episodes and sexual abuse experiences that involved contact (i.e., touching, intercourse) with the perpetrator were more likely to report a history of suicide attempts compared to adolescents who reported non-contact sexual abuse (i.e., verbal sexual harassment) or no sexual abuse history. 2. Other factors specific to the sexual abuse experience that were related to an increased risk of making a suicide attempt: a later age of onset of sexual abuse; when the perpetrator was an acquaintance (rather than an authority figure or caregiver); when a parent denied the abuse occurrence; when a parent expressed anger for the abuse incident toward the child rather than the perpetrator; and a history of a single episode of sexual abuse (1 study). 3. Only physical abuse from fathers predicted suicidal ideation in adolescent boys, whereas physical abuse from either par-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		H. Inter- and Intra-personal Factors 1. Among youth who reported more severe sexual abuse, those with higher levels of satisfaction with their social supports (from peers, family, and others) reported lower levels of suicidal ideation than those with more severe sexual abuse and lower satisfaction with their social supports (1 study). 2. Satisfaction with social support did not moderate the association between physical abuse severity and suicidal ideation (1 study). 3. Youth's problem-solving confidence moderated the association between physical abuse and suicidal ideation (1 study).	

# 14. Mironova P et al. (2011) Childhood physical abuse and suicide-related behavior: A systematic review. Vulnerable Children and Youth Studies 6: 1–7

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To investi-	Participants: Children and young	Statistical data	Overall assessment of
gate how shared envi-	people – Children were school- or	Association between childhood physical abuse (CPA)	internal validity: +
ronment with perpetra-	population-based, aged 18 years	by a known perpetrator in the family and suicide-re-	
tor(s) identified as a	or younger or in grade 12 or less.	lated behaviours (SRB) (3 cross-sectional studies): 1.	Overall assessment of
family member or par-	(Perpetrator(s) had to be identified	Flisher et al. 1996: Unadjusted data - Significant as-	external validity: +
ent/parental figure or an	as a family member or a parent/pa-	sociation between CPA and SRB in both boys and	_
adult at home contribute	rental figure or an adult at home.)	girls. Adjusted data - Boys: Odds Ratio (OR)=2.4	Overall validity rating:
to the association be-	,	(95% Cl 1.3 to 4.5). Girls – no data reported 2. Lau et	+
tween childhood physi-	Sample characteristics:	al. 2003: Unadjusted data: Significant association be-	
cal abuse and suicide-	Age - up to 18 years.	tween CPA and SRB in both boys and girls. For cor-	Good reporting of meth-
related behavior.	Sex - average up to 44–61%	poral punishment, OR=3.3, p=0.054; for 'Beaten for	odology, and justification
	males.	no reason', OR=2.4 p=0.074; for 'Beaten to injury',	for lack of critical ap-
Methodology: System-	Ethnicity - Not reported.	OR=8.5, p<0.001. No adjusted effect reported 3. Lo-	praisal of included stud-
atic review. Exclusion	Religion/belief - Not reported.	gan et al. 2009: Significant association between CPA	ies.
criteria: Case reports,	Disability - Not reported.	and SRB in both boys and girls. PR (prevalence ra-	
qualitative studies, re-	Long term health condition - Not	tio)=3.7, p<0.002 for girls; PR=2.4, p<0.05 for boys.	
views, and editorials,	reported.	Adjusted for child sexual abuse (CSA), sex, age, and	
studies not reporting on	roported.	, , , , , , , ,	

the CSA-SRB association as specified, studies in clinical or child welfare settings were also excluded. As described in Rhodes, A., Boyle, M., Tonmyr, L., Wekerle, C., Goodman, D., Leslie, B., Mironova, P., Bethell, J., Manion, I. (2011) Sex differences in childhood sexual abuse and suicide-related behaviors. Suicide & Life-Threatening Behaviour.

Country: Range of countries. Studies conducted in South Africa (1 study), Hong Kong (1 study), USA (1 study), New Zealand (1 study), Canada (1 study).

### Source of funding:

Government – Canadian Institutes of Health.

- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Physical abuse.
- Looked after or adopted status -Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children -Not reported.

### Sample size:

Systematic reviews: number of studies - 5 studies (3 X-sectional and 2 longitudinal studies, 12,262 children involved, sample sizes ranging from 489 to 7340). All questions were self-reported.

## Recognition indicators measured:

- Internalising and externalising behaviour.
- Suicide-related behaviours.

race and witnessing family violence: PR=2.5 (95% CI 1/.9 to 3.3) (1 study).

Association between childhood physical abuse (CPA) by a known perpetuator in the family and suicide-related behaviours (SRB) Two longitudinal studies: 1. Fergusson and Lynskey, 1997: Significant association between CPA and SRB in young adults, no odds ratios reported. Adjusted for CSA, sex, family life events etc., rate of suicidal attempts by extent of physical punishment: none: 3.3%; seldom: 5%; regular: 7.4%; severe/harsh: 10.7%; p<0.05., no odds ratios reported. 2. Brezo et al. 2008: Significant association between CPA and SRB in young adults. Unadjusted data: CPA (no CSA) OR=1.8 (95% CI 1.1-3.0); CSA (no CPA) OR 2.0 (95% CI 1.1 to 3.9), CPA and CSA 4.6 (2.7 to 8.1) Adjusted for sex, disruptive behaviours etc., for CPA (no CSA), OR=1.9 (95% CI 1.0 to 3.6), p<0.05; CSA (no CPA): no data reported; CPA and CSA, OR 4.7 (95% CI 2.5 to 8.9), p<0.001.

### **Narrative findings**

Unadjusted data from all five studies (Brezo et al. 2008; Fergusson and Lynskey 1997; Flisher et al. 1996; Lau et al. 2003; Logan et al. 2009) found statistically significant associations between physical abuse perpetrated by a family member and suiciderelated behaviours. Three studies reported unadjusted odds ratios/prevalence ratios, which ranged from 1.8 (95% Ci 1.1 to 3.9) to 3.7 (95% Cl not reported). Three studies reported adjusted odds ratios/prevalence ratios, after controlling for factors such as age, race and family violence, which ranged from 1.9 (95% Ci 1.0 to 3.6) to 2.5 (95% Ci 1.9 to 3.3). One of the included studies (Fergusson and Lynskey 1997) found that rates of suicide attempt in-

creased depending on the severity of physical punish-	
ment (adjusted significance level, p<0.05; no odds ra-	
tios reported). One study (Brezo et al. 2008) also ex-	
amined the relationship between a combination of	
physical abuse and sexual abuse and suicide-related	
behaviours, estimating an adjusted odds ratio of 4.7	
(95% CI 2.5-8.9).	

15. Naughton AM et al. (2013) Emotional, behavioral, and developmental features indicative of neglect or emotional abuse in preschool children: a systematic review. JAMA Pediatrics 167: 769–75

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To review	Participants:	Statistical data	Overall assessment of
evidence to 'define the	Children and young people - 35	NB - Data are taken from both narrative summary and	internal validity: -
emotional, behavioral	of the 42 included studies related	data tables. As for the systematic review, we have	
and developmental fea-	to children (aged 0-6 years) ex-	grouped the findings by age group of children, and by	Overall assessment of
tures of neglect or emo-	periencing neglect, emotional	the types of features explored in the study. This study	external validity: ++
tional abuse in pre-	abuse or emotional neglect.	reports p values only – no effect sizes or odds ratios	
schoolers' (p769).	<ul> <li>Caregivers and families - 14 of</li> </ul>	are reported.	Overall validity rating:
	the 42 studies related to parents		-
<b>Methodology</b> : System-	and caregivers of children aged	1. Child features The study states that 'emotional, be-	
atic review.	under 6.	havioral and developmental features in the child asso-	Key limitations: Critical
		ciated with neglect or emotional abuse were de-	appraisal conducted but
Country: Range of	Sample characteristics:	scribed in 22 case control studies, 1 cross-section	unclear how this was
countries. 40 included	Age - Of the 35 studies relating	study and 12 cohort studies' (p770).	used within the analysis,
studies carried out in	to children and young people: 8		unclear how study re-
US, 2 in Canada. Re-	related to children aged 0 to 20	1.1 Children aged 0–20 months	sults were combined to
viewing team based in	months 5 related to children	1.1.1 Attachment status. Three studies measured at-	arrive at the lists of indi-
the UK.	aged 20 to 30 months 5 related	tachment of 1 year-old children using the Strange Sit-	cators presented, poor
	to children aged 3 to 4 years 6	uation task (Cicchetti et al. 2006; Crittenden 1985;	reporting of statistical
Source of funding:	related to children aged 4 to 5	Lamb et al. 1985). (Note that the data tables sug-	data from the original
Other – UK National So-	years 5 related to children aged	gested that this was also examined in an additional	studies.
ciety for the Prevention	5 to 6 years 6 were prospective	study, Egeland 1981, but this is not reported in the	
of Cruelty to Children.	cohort studies that followed up	systematic review). The studies found that a high pro-	
	children at different ages.	portion of maltreated infants were classified as disor-	
	• Sex – Not reported.	ganised on strange situation (89.8%, Cichetti et al.	
	Ethnicity - Not reported.	2006), although comparable figure for non-maltreated	

- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Studies were of children experiencing neglect or emotional abuse. Comparison groups were either children experiencing other forms of abuse or non-maltreated controls. Looked after or adopted status -Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children -Not reported.

**Sample size:** Systematic reviews: number of studies - 42 studies included. Total sample sizes for each study were not always clearly reported. These figures are based on information provided in the data tables: Allen 1982 USA 79 Cheatham 2010 USA 151 Christopoulos 1988 USA 30 Cicchetti 2006 USA 189 Crittenden 1984 60 Crittenden 1985 USA 121 Crittenden 1985b USA 77 Crittenden 1988 USA 105 Crittenden 1992 USA 182 Culp 1991 USA 74 Di-Lalla 1990 USA 120 Dubowitz 2002 USA 136 Dubowitz 2004 USA 173 Egeland & Sroufe 1981

infants not reported in the SR - neglected infants showed insecure avoidant status (Crittenden 1985), although again it is not clear how this compares to non-maltreated infants - 63% of neglected infants showed insecure avoidant attachment compared to controls (p<0.005) (Lamb et al. 1985).

1.1.2 Behaviour patterns with caregivers This was examined for this age group in 2 studies (Crittenden 1985; Crittenden and DiLalla 1988). The studies found that neglected infants had predominantly passive behaviour pattern of interaction with their mothers (12 out of 20) (p<0.001), although it is not clear how this compared to controls (Crittenden 1985). Neglected children were more passive initially but as they became older (12 months onwards up to 2 and a quarter) their negative and resistance behaviour increased. Neglected children with unresponsive mothers learned to display their anger rather than inhibit it in comparison with abused children (p<0.001) (Crittenden and DiLalla 1988).

1.1.3 Cognitive skills One study looked at the impact of abuse on cognitive skills in this age group (Mackner et al. 1997). This study found that the cognitive performance of the group with a combination of neglect and failure to thrive (FTT) was significantly below that of the children in the neglect only group (p<0.01), FTT only (p<0.01) and comparison group (p<0.01). Another study (Sylvestre and Merette 2010) examined language delay and found that language development delay in neglected children was more likely in children of depressed mothers (p=0.08). 1.1.4 Social interactions. One study (Valentino et al. 2006) examined the impact of maltreatment on infant social interactions and found no difference from nonmaltreated controls on complexity of play style or cognitive play abilities.

64 Egeland & Sroufe 1981 147 Egeland 1983 USA 147 Eigsti 2004 USA 33 English 2005 USA 212 Erickson 1989 USA 125 Fagan 1993 USA 27 Frodi 1984 USA 60 Hoffman-Plotkin 1984 USA 42 Koenig 2000 USA 115 Koenig 2004 USA 82 Lamb 1985 USA 48 Macfie 1999 USA 107 Macfie 2001 USA 258 Mackner 1997 USA 177 Maughan 2002 USA 88 Mustillo 2011 USA 573 Pianta 1989 USA 147 Pollak 2000 USA 48 Pollitt 1975 USA 29 Rohrbeck 1986 USA 38 Scarborough 2009 USA 997 Sullivan 2008 USA 31 Sylvestre 2010 Canada 68 Toth 1997 USA 107 Toth 2000 USA 69 Valentino 2006 USA 99 Venet 2007 Canada 74 Waldinger 2001 USA 31.

## Recognition indicators measured:

- Attachment Included studies use Strange Situation (Ainsworth et al. 1978).
- Cognitive skills Included studies used scales such as Stanford Binet Intelligence Scale.
- Emotional understanding.
- Language development Included studies use tools include preschool language scale manual (Zimmerman et al. 1979), index of productive syntax (Scarborough 1990), Peabody picture

### 1.2 Children aged 20 to 30 months

- 1.2.1 Attachment status. Two studies examined attachment in this age group (Crittenden 1985, 1992) but no statistical data are reported. 1.2.2 Behaviour patterns with caregivers. One study (Crittenden 1992) found that neglected children spent least time with adults (p<0.02) and most time alone (p<0.005) compared to those experiencing other forms of abuse, those experiencing 'marginal' maltreatment and a control group. They also showed the most passive behaviour with their mothers (p<0.001). 1.2.3 Cognitive skills. One study (Cheatham et al. 2010) found that neglected children experienced deficits in performance on memory testing in comparison to abused and matched controls (p<0.001). 1.2.4 Social interactions. One study(DiLalla and Crittenden 1990) found that neglected children had significantly less positive social interaction compared with controls (p<0.001).
- 1.3 Children aged 3 to 4 years 1.3.1 Attachment status. No studies examined this measure in this age group. 1.3.2 Behaviour patterns with caregivers. One study (Koenig et al. 2000) found that neglected children demonstrated significantly more negative affect (anger) than either physically abused or non-maltreated children. No statistical data reported. 1.3.3 Cognitive skills. Two studies examined language abilities (Allen and Oliver 1982; Culp et al. 1991). They found that neglected children had reduced comprehension and expressive language abilities compared to abused children and control groups (p>0.001) (Allen and Oliver 1982) and that, compared to children experiencing physical abuse, those experiencing neglect had the lowest scores on auditory and verbal scores on the preschool language scale (p<0.01) and lowest scores on profile language subscale (p<0.01). Neglect was most strongly associated with expressive

- vocabulary test (revised Dunn 1981).
- Play Included studies used scales such as cheating game (Kochanska 1996), child structural play scale (Nicolich 1977).
- Social interactions/peer relationships - Included studies used scales such as Rothenberg social sensitivity test (Rothenberg 1970), emotion recognition task (adapted by Ribordy 1988), emotional discrimination task (Borod 1990).
- Internalising and externalising behaviour.
- Self-esteem.

and receptive language delay. 1.3.4 Social interactions. One study (Frodi and Smetana 1984) found that, in children younger than 4 years, when IQ entered as a co-variate, there no difference between groups on their ability to discriminate emotion in others (no statistical data given).

1.4 Children aged 4 to 5 years 1.4.1 Attachment status. No studies found measuring this indicator for this age group. 1.4.2 Behaviour patterns with caregivers. No studies found measuring this indicator for this age group. 1.4.3 Cognitive skills. One study (Eigsti and Cicchetti 2004) found that maltreated children showed a 16 month delay in syntactic development for language compared with 13 months for controls. Scores on Peabody picture vocabulary test were lower in maltreated groups compared with controls (p<0.04). A second study (Hoffman-Plotkin and Twentyman 1984) found that neglected children had lower scores on cognitive functioning compared with non-maltreated controls (p<0.01) 1.4.4 Social interactions. Four studies examined social interactions. One study (Hoffman-Plotkin and Twentyman 1984) found that neglected children neglected children engaged in the least number of interactions with other children, especially prosocial behaviour (p<0.05), and also showed more disruptive behaviour (p<0.01). One study (Macfie et al. 1999) found that neglected children portrayed the children (story stem) as responding less often to relieve distress in other children (no statistical data provided) and a second study (Pollak et al. 2000) found that neglected children showed less accurate recognition of anger (p<0.05) and significantly less recognition of disgust than controls (p<0.01). One study comparing neglected children with those who had suffered other forms of abuse and a control group (Rohrbeck and Twentyman 1986) found that

mean parent and teacher ratings of neglected children were in the direction of greater dysfunction than either the abuse or control children (p<0.05).

1.5 Children aged 5 to 6 years 1.5.1 Attachment status. One study (Venet et al. 2007) found that neglected children displayed more overall disorganised markers (p<0.01) than a control group. Neglected children showed a significant difference in attachment representations even when socioeconomic status and maternal stress were controlled (p<0.05). Neglected group had a significantly higher proportion of avoidant attachment classification compared to controls (p<0.01). 1.5.2 Behaviour patterns with caregivers. One study (Venet et al. 2007) found that neglected children depicted their mothers as being absent or less available compared with controls (p<0.05). 1.5.3 Language and cognitive skills. No studies found measuring this indicator for this age group. 1.5.4 Social interactions. One study (Waldinger et al. 2001) found that neglected children were more likely to represent another child as sad, hurt or anxious (p<0.01) and more likely to see self as shamed or anxious (p=0.06) compared to control children. This study also found that neglected children represent themselves as angry and opposing others more frequently than non-maltreating (p<0.05). A second study (Toth et al. 1997) found that neglected children had the lowest positive self-representation compared with sexual abuse, physical abuse and controls (p<0.01). Neglected children had more negative maternal representations compared with controls, though not as marked as physical abuse children (p<0.001). Another study (Koenig et al. 2004) found that neglected children engaged in significantly more cheating behaviour (p<0.01) and less rule compatible behaviour (p<0.05). Another study found that peer relationships

were affected by increased rates of dissociation (Mafie et al. 2001). 1.6 Transition through development Eleven studies followed up neglected or emotionally abused children through their childhoods, covering a total of 1626 cases, 1.6.1 Attachment status. This was measured in two studies. One study (Egeland and Sroufe 1981) found that 50% of neglected children were rated as attachment type C (insecure, ambivalent or resistant) at 1 month compared to only 9% of control (p=0.008). At 18 months the neglect group shifted from a C type to A (insecure avoidant) (37% as opposed to 14% at 12 months) types but some also classified as secure (47% as opposed to 36% at 12 months). In a second study (Egeland and Sroufe 1981b) found a marked increase in maladaptive patterns of functioning. 1.6.2 Behaviour patterns with caregivers. Crittenden (1985) found that neglected infants were passive initially, but from 12 months onwards shoed aggressive and resistance behaviour towards caregivers (no statistical data reported).

1.6.3 Language and cognitive skills. One study with 212 participants (English et al. 2005) found that impairment in expressive language associated with dirty, unsafe residence (p<0.001) and failure to provide shelter. Receptive language impairment was associated with untreated emotional or behavioural problems (p<0.0005). A second study (Erickson et al. 1989) of 125 children experiencing neglect, emotional neglect, physical abuse, sexual abuse and a nonabused control found that neglected children had lower scores on Wechsler Preschool and Primary Scale of Intelligence (WIPPSI) for comprehension, vocabulary and animal house subtests as well as total tests compared with controls, emotional neglect and

sexual abuse groups. Teachers rated neglected children as having more difficulty comprehending school work (p<0.01), lacking creative initiative (p<0.01), poorer at following direction (p<0.05), low in reading and expressing themselves (p<0.05). Emotional neglected children had lower scores on WIPPSI though not as significant as neglect children. A third study found that neglected children showed more anger in problem solving task (p<0.01). Another study (Egeland and Sroufe 1981) found that in a study comparing children experiencing neglect, emotional neglect, emotional abuse and a non-abused control, the emotionally abused group had the greatest decrease in their cognitive functioning score from 9 to 12 months, whereas at 24 months children experiencing neglect showed the greatest anger when performing problemsolving tasks. A study following up children from 18 months to 3 years (Scarborough et al. 2009) found that developmental delay in preschool children was predicted by neglectful care (failure to provide for basic needs rather than failure to supervise) (p<0.05). 1.6.4 Social interactions. Four studies examined the impact of neglect on behaviour and social interactions. One study (Dubowitz et al. 2002) found that at age three, psychological neglect was significantly associated with children's internalising (p<0.01) and externalising behaviour problems (p<0.001). Neglect measured at age three did not predict changes in children's development and behaviour between ages 3-5. Cumulative neglect index was associated with internalising problems (depression/passivity (p<0.001). A second study (Dubowitz et al. 2004) found that ore difficulties with peer relations with psychological neglect, at age 6 on teacher report (p<0.01). A third study found that neglected children had early deficits in emotional knowledge across all three components of labelling (p<0.01), visual recognition and matching

- context (Sullivan et al. 2008). A fourth longitudinal study found that at follow-up neglected children evidenced more negative self-representation than did non-maltreated children (p<0.001).
- <u>2. Carer-child interactions</u> Fourteen studies addressed characteristics of carer-child interactions in cases of emotional abuse and neglect.
- 2.1 Children aged 0 to 12 months Two studies examined carer-child interactions in this age group. One study (Cicchetti et al. 2006) found that maltreating mothers reported infants as less reinforcing, accepting and adaptable and more demanding than those in a control group (p<0.01). Mothers in the maltreatment group were also rated as substantially lower in maternal sensitivity compared to non-maltreating mothers (p<0.001). A second study (Christopoulos et al. 1988) examined language patterns in neglecting and non-neglecting mothers. They found that mothers who neglected their infants used fewer commands (p<0.01).
- 2.2 Children aged 1 to 3 years Eight studies examined carer-child interactions for this age group. One study (Crittenden and DiLalla 1988) found that neglectful mothers were unresponsive, meaning that children learned to display their anger rather than inhibit it in comparison with abused children (p<0.001). A second study (Crittenden and Bonvillian 1984) found that neglecting mothers seemed to be withdrawn and uninvolved with their infants, they expressed little or no affection to their children and initiated few activities with them. Involvement in play was sporadic and minimal (p<0.001). A third study (DiLalla and Crittenden 1990) found that, compared to abused/neglected children and a control group, ne-

glectful parents showed the least positive social interaction with their children (p<0.001). Fagan and Dore (1993) found that, compared to a control group, neglectful mothers were less developmentally appropriate towards their children (less attuned) in free play (p<0.05). Neglecting mothers significantly less responsive to children than adequately rearing mothers (p<0.01) even when controlling for education level. Two studies (Koenig et al. 2000 and Mustillo et al. 2011) explored the link between maternal mood and neglect, and found that low maternal affect was linked to child depression. Another study (Pianta et al. 1989) explored interactions during a problem solving task. Psychologically unavailable mothers ignored their child's cues for assistance, offered no encouragement even if the child was failing and looked comfortable even when the child was highly frustrated (p<0.05). A final study (English et al. 2005) found that parental verbal aggression and verbally aggressive discipline was associated with child anxiety, depression (p<0.001) and attention problems (p<0.001).

2.3 Children aged 3 to 6 years Four studies explored carer-child interactions in this age group. One study with 33 participants (Eigsti et al. 2004) found that mothers in maltreating groups produced a small number of utterances (p=0.025), spoke less frequently (p=0.04) and produced fewer complex multi-clause utterances (p=0.04). Maternal verbal IQ scores correlated significantly with child Peabody picture vocabulary test scores (p=0.02) and child Index of productive syntax scores (p=0.04). A second study (Macfie et al. 1999) found that, using Story Stem vignettes, and found that neglected children portrayed their parent's s responding less often to relieve distress. A third study (Toth et al. 1997) found that neglected children

had more negative maternal representations compared with control children, though not as marked as those experiencing physical abuse (p<0.001). Finally, Pollitt et al. (1975) found that mothers of neglected children were less likely to relate to their children (p<0.01), were less affectionate in comparison with the control mothers, who used more positive verbal instruction, praise and positive contact with their children (p<0.01). Controls had twice as many recorded instances of positive affect than index cases.

### **Narrative findings**

This systematic review concludes that the following emotional, behavioural and developmental features are indicative of neglect or emotional abuse: Child features 0 to 20 months - insecure-avoidant attachment (Crittenden 1985; Lamb et al. 1985); insecuredisorganized attachment (Cicchetti et al. 2006), cognitive skills and developmental delay (Mackner et al. 1997; Sylvestre & Merette 2010; Valentino et al. 2006), passive withdrawn behaviour (Crittenden and DiLalla 1988); 20-30 months - negativity in play (Di-Lalla and Crittenden 1990), reduced social interactions (Crittenden 1992) and deficits in memory performance (Cheatham et al. 2010). Three to 4 years negativity in play (Koenig et al. 2000), delays in complex language (Allen and Oliver 1982; Culp et al. 1991); difficulties with emotion discrimination (Frodi and Smetana 1984). Four to 5 years - poor peer relationships, poor social interaction, more aggressive. conduct problems (Hoffman-Plotkin and Twentyman 1984; Rohrbeck and Twentyman 1986); delays in complex language (Eigsti et al. 2004); difficulties with discrimination of emotion expressions - bias for sad faces (Pollak et al. 2000); dysregulation emotion patterns (Maughan and Cicchetti 2002); helpless outlook, don't view others as a source of help (Macfie et al.

1999). Five to 6 years - insecure-avoidant attachment
(Venet et al. 2007); poor peer relationships, rate self
as angry, oppositional, others as sad/hurt (Macfie et
al. 2001; Waldinger et al. 2001); low self-esteem
(Toth et al. 1997); inclination to cheat and break rules
(Koenig et al. 2004). Carer-child interaction features 0
to 12 months - low maternal sensitivity (Cicchetti et al.
2006); infants viewed as irritating and demanding
(Cicchetti et al. 2006); use fewer commands and give
less positive feedback to their infants (Christopoulos
et al. 1988). One to 3 years - low attunement and lack
competence (Fagan and Dore, 1993), withdrawn and
uninvolved with their children (Crittenden and
Bonvillian 1984; Crittenden and DiLalla 1988; DiLalla
and Crittenden 1990; Mustillo et al. 2011); critical
and/or ignore the child's cues for help (English et al.
2005; Koenig et al. 2000; Pianta et al. 1989). Three to
6 years - less affectionate (Pollitt et al. 1975; Toth et
al. 1997); least number of utterances with their child
(Eigsti and Cicchetti 2004); least likely to relieve dis-
tress in their child (Macfie et al. 1999). The review
concludes that 'these features should alert social and
health care professionals to children who warrant de-
tailed evaluation and family intervention' (p772).

16. Nolin P, Ethier L (2007) Using neuropsychological profiles to classify neglected children with or without physical abuse. Child Abuse and Neglect 31: 631–43

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: Aim of the study is to 1) investigate whether cognitive	Participants: Children and young people. Children and young people aged 6 to 12 currently receiving child	The study found no significant differences between the groups on the Comprehension of Instructions test of receptive language (F=1.31, p=0.173, ES=0.020).	Overall assessment of internal validity: -
functions can differentiate neglected children with or without physical abuse compared to	protection services due to maltreated and a matched non-maltreated control group.	This measure also did not contribute to discriminant analysis between abused and non-abused children (no data reported).	Overall assessment of external validity:
	Sample characteristics:		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
comparison participants; 2) demonstrate detrimental impact of	<ul> <li>Age - Group 1 (neglect with physical abuse): 9.3 (SD=2.0); Group 2 (neglect without physical abuse):</li> </ul>		Overall validity rat- ing: -
maltreatment on children. Study looks at a	8.7 (SD=1.9); Group 3 (comparison) 8.8 (SD=1.8).		Study limitations include the fact that only
range of cognitive functions. Only data in relation to language	<ul> <li>Sex - Group 1: 61% male; Group 2: 54% male; Group 3: 51% male.</li> <li>Ethnicity - Not reported.</li> </ul>		receptive, and not pro- ductive, language abili- ties were assessed.
development have been extracted here.	<ul> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> </ul>		The study also had a relatively small sample
Methodology: Cross-	Long term health condition - Not reported.		size, particularly for the neglect without physical abuse subgroup
sectional study - Com- parative observational study comparing cog- nitive functioning of children who have ex-	<ul> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Group 1: 79% annual income &lt;\$25,000 (Canadian dollars); Group 2: 86% annual income &lt;\$25,000 (Canadian dollars);</li> </ul>		cal abuse subgroup.
perienced neglect/ne- glect and physical abuse with non- abused children.	nual income <\$25,000; Group 3: 77% annual income <\$25,000.  • Type of abuse - Neglect and physical abuse (n=56); neglect without physical abuse (n=28).		
Country: Canada.	<ul> <li>Looked after or adopted status - Not reported.</li> </ul>		
Source of funding: Other – Conseil Que- becois de la Recher-	<ul> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>		
che Sociale and Fonds Quebecois de Recher-	Sample size:		
che sur la Societe et la Culture.	Group 1 - neglect with physical abuse (n=56).		
	• Group 2 - neglect without physical abuse (n=28).		
	<ul><li> Group 3 - comparison (n=53).</li><li> Total sample size N=137.</li></ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Recognition indicators measured: Language - Receptive language		
	measured using the comprehension of instructions subtest of the French-		
	Canadian form of the NEPSY (A De-		
	velopmental NEuroPSYchological Assessment, Korkman et al. 1998). Au-		
	thors report that subtest has good reliability and validity (Korkman et al.		
	2003), although reliability scores are not reported.		

# 17. Noll JG, Shenk CE, Yeh MT et al. (2010) Receptive language and educational attainment for sexually abused females. Pediatrics 126: e615–22

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: Aim of the	Participants: Children and young	Changes in scores over time were analysed using hi-	Overall assessment
study to ' test	people. Sexually abused females	erarchical linear modelling (HLM). The sample as a	of internal validity: +
whether the experi-	aged between 6 and 16 at time of re-	whole showed significant improvement in receptive	
ence of childhood sex-	cruitment and were followed up over	language scores over time (linear slope coefficient	Overall assessment
ual abuse is associ-	a 19-year time frame.	significantly different from 0 ( $t(1,245)=-4.62$ , p<0.001).	of external validity:
ated with long-term re-			++
ceptive language ac-	Sample characteristics:	The improvement tended to level off in early twenties,	
quisition and educa-	Age – Mean age (SD) and range at	as shown by quadratic coefficient significantly differ-	Overall validity rat-
tional attainment defi-	each assessment date - Time 1	ent from 0 (t(1,244)=10.00, p<0.001).	ing: +
cits for females'	(1987–9) - whole sample 11		
(pe615).	(SD=3), 6–16; abused group 11	There was no significant between the groups at age 6	No information pro-
	(SD=3), 6–16; comparison group	(t(1,207)=0.04, p=0.96). However, there was a signifi-	vided about whether
<b>Methodology:</b> Other -	11 (SD=3), 6–16. Time 2 (1988–91)	cant group x linear time interaction (t(1,243)=2.68,	assessors were blind
prospective cross-se-	whole sample 12 (SD=3), 7–18;	p=0.008), and group x quadratic time interaction	to participant group.
quential design, follow-	abused group 12 (SD=3), 7–17;	(t(1,254)=-2.41, p=0.01).	Study did not appear to
ing participants up until	comparison group 12 (SD=3), 7–		repeat measures of so-
the age of 30. Only	18. Time 3 (1990–2) whole sample		cioeconomic status
data for <18 have	13 (SD=3), 8–20; abused group 13		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
been extracted here. This study has been critically appraised using a prospective cohort tool.  Country: USA, Washington.	(SD=3), 8–18; comparison group 13 (SD=3), 8–20. Time 4 (1996–8) whole sample 18(SD=4), 11–25; abused group 19 (SD=4), 11–25; comparison group 18 (SD=3), 11–23. Time 5 (1999–2001) whole sample 20 (SD=3), 13–26; abused group 21(SD=3), 13–26; comparison group 20 (SD=3), 13-26. Time 6 (2004–6) - whole sample 24 (SD=3), 18–30; abused group 25 (SD=4), 18–24; comparison group 24 (SD=3), 18–30. Number per developmental period - childhood (age 6–10) - whole sample 63; abused group 32; comparison group 31. Young/mid-adolescence (age 11–14) - whole sample 113; abused group 54; comparison group 59. Mid/late adolescence (age 15–19) - whole sample 106; abused group 52; comparison group 54. Young adulthood (19–25) – whole sample 145, abused group 65; comparison group 80. Adulthood (age 26–30) - whole sample 62; abused group 27; comparison group 35.  Sex - All female sample.  Ethnicity - Authors report % 'minority' which is defined as Black, Hispanic or Asian. Whole sample 46%; abused group 39%; Comparison group 51%.  Religion/belief - Not reported.	General linear modelling was used to test for differences in language ability between abused and comparison groups at different developmental stages. This showed a non-significant (using corrected significance criterion of p=0.007) difference in receptive language abilities in childhood (6–10 years) (F(1,62)=0.31, p>0.007) and young/mid-adolescence (11–14 years) (F(1,112)=6.09, p>0.007).  Significant differences were found in mid/late adolescence (15–18 years) (F(1,105)=9.38, p<0.007), young adulthood (19–25 years) (F(1,144)=7.68, p<0.007) and adulthood (26–30 years) (F(1, 161)=7.59, p<0.007).  NB. The reviewing team sought to calculate effect sizes for significant differences. However, this was not possible as sample sizes for abused and comparison groups were not provided.	and other relevant factors, which may have contributed to language development over time.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	<ul> <li>Disability - Not reported.</li> </ul>		
	<ul> <li>Long term health condition - Not re-</li> </ul>		
	ported.		
	<ul> <li>Sexual orientation - Not reported.</li> </ul>		
	<ul> <li>Socioeconomic position – Socioec-</li> </ul>		
	onomic status as defined by Hol-		
	lingshead ratings: Mean (standard		
	deviation), range. Whole sample 36		
	(SD=12), 11–44; Abused group 35		
	(SD=14), 10–47; Comparison group		
	37(SD=11), 12–43.		
	Type of abuse - Substantiated sex-		
	ual abuse include genital contact		
	and/or penetration.		
	<ul> <li>Looked after or adopted status -</li> </ul>		
	Not reported.		
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
	refugee or trafficked children - Not		
	reported.		
	Sample size:		
	<ul> <li>Abused group n=84.</li> </ul>		
	• Comparison group n=89.		
	Whole sample n=173.		
	,		
	NB. Sample size appears to refer to		
	sample at Time 1 and sample sizes at		
	subsequent time points will differ.		
	Recognition indicators measured:		
	Language - Receptive language		
	measured using the Peabody Picture		
	Vocabulary Test-Revised (PPVT-R)		
	(Dunn and Dunn 1981). Picture-		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	prompted vocabulary test in which		
	participants shown array of pictures		
	and prompted to identify pictures that		
	best represents target vocabulary		
	word. Authors state that this is relia-		
	ble (no data given) and shows con-		
	vergent validity with Wechsler IQ		
	scores.		

18. Pears K, Fisher PA (2005) Developmental, cognitive, and neuropsychological functioning in preschool-aged foster children: Associations with prior maltreatment and placement history. Journal of Developmental and Behavioral Pediatrics 26: 112–22

ciations with pric	ciations with prior maltreatment and placement history. Journal of Developmental and Behavioral Pediatrics 26: 112–22				
Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating		
Study aim: To exam-	Participants: Children and young peo-	There was a significant difference in language abil-	Overall assessment		
ine ' a range of do- mains (e.g. physical	ple. Children and young people aged 3 to 6, 99 of whom were in foster care	ity, with children in foster care showing significantly lower ability than a community comparison (t=-4.44,	of internal validity: +		
growth, neuropsycho-	following maltreatment and 54 compa-	p=0.000). The reviewing team calculated an effect	Overall assessment		
logical function, gen- eral cognitive function,	rable non-maltreated children.	size from the data in the paper which was medium to large (ES=-0.78).	of external validity: +		
language and execu-	Sample characteristics:		Overall validity rat-		
tive function) in young children in foster care compared to a community sample of sameaged children from comparable socioeconomic status (SES) backgrounds' (p113).	<ul> <li>Age - Foster children: 4.38 (SD=0.79); Community comparison: 4.26 (SD=0.77).</li> <li>Sex - Foster children: 51% boys; Community comparison: 52% boys.</li> <li>Ethnicity - Foster children: 89% European American, 1% African American, 5% Latino, 5% Native American</li> </ul>	Amongst maltreated children, there was a significant correlation between presence of neglect or emotional abuse and poorer language ability, with small to medium effect size (r=-0.22, p<0.05).  There was a significant positive association between the number of maltreatment types children had experienced, and better language ability, with small to	ing: +		
Methodology: Cross- sectional study. Obser- vational comparative study, comparing mal- treated and non-mal- treated children.	Community comparison: 82% European American, 7% African American, 7% Latino, 2% Native American, 2% Pacific Islander.  Religion/belief - Not reported.  Disability - Not reported.	medium effect size (r=0.23, p<0.05). The authors hypothesise that this may be because children who have experienced more types of abuse come to the attention of authorities earlier and are so more likely to receive services.			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Government – Grants from the US National Institute of Mental Health and Office for Research on Minority Health.	<ul> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Socioeconomic status of foster children not ascertained, except for 23 who had returned to their biological families, for whom median income was \$10,000 to \$14,999. Median income for community comparison \$15,000 to \$19,999. Authors report that this means that 'half the families were below or around the poverty level' (p114). Significant difference between highest levels of education attained: Foster care median = high school community comparison median = college or vocational school courses.</li> <li>Type of abuse - Maltreatment history available for 94 of 99 foster children: 61% neglect, 17% sexual abuse, 14% physical abuse, 8% emotional abuse.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>Foster children (n=99).</li> </ul>		
	<ul> <li>Community comparison (n=54).</li> <li>Total sample (n=153).</li> </ul>		

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
	Recognition indicators measured:		
	Language - Language measured using		
	the language domain of the NEPSY (A		
	Developmental NEuroPSYchological		
	Assessment (Korkman et al. 1998) and		
	the Preschool Language Scale 3rd Edi-		
	tion (Zimmerman et al. 1991).		

# 19. Prasad MR, Kramer LA, Ewing-Cobbs L (2005) Cognitive and neuroimaging findings in physically abused preschoolers. Archives of Disease in Childhood 90: 82–5

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To ' characterise the cognitive, motor and language skills of toddlers and preschoolers who had been physically	Participants: Children and young people. Children aged 14 to 77 months who had been hospitalised due to abusive injuries and a matched comparison group.	The study found that children in the physically abused group had significantly lower scores on measures of receptive language than children in the community comparison group (F(1,36)=9.49, p=0.004) and expressive language (F(1,36)=13.68, p=0.0007). The reviewing team calculated effect	Overall assessment of internal validity: +  Overall assessment of external validity: ++
abused and to obtain concurrent MRIs of the brain' (p82).  Methodology: Cross-sectional study.	<ul> <li>Sample characteristics:</li> <li>Age - Age in months – Physically abused group - 35.25 (SD=19.80); comparison group - 29.74 (SD=19.89).</li> <li>Sex - Physically abused group 10 males (53%); comparison group 8</li> </ul>	sizes for these variables using mean and standard deviation data reported in the paper. For receptive language there was a large effect size of -1.00, and for expressive language, there was a large effect size of -1.23.	Overall validity rating: + Relatively small sample size. Consideration not given to generalisability of sample,
Country: USA – Houston.	<ul> <li>males (42%).</li> <li>Ethnicity - Not reported.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> </ul>		given that some participants are children who have been hospitalised due to maltreatment, and so are suffering relatively severe abuse.

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
	<ul> <li>Socioeconomic position - Physically</li> </ul>		
	abused group - Hollingshead group		
	I–III - 6 (32%), group IV–V 13 (68%);		
	comparison group - Hollingshead		
	group I–III - 6 (32%), group IV–V 13		
	(68%).		
	<ul> <li>Type of abuse - Physical abuse</li> </ul>		
	(n=19). Burns - face (1), hands/arms		
	(4), feet/legs (6), genitalia (3), body		
	(1), fractures - fibula (1), tibia (1), hu-		
	merus (1), clavicle (1), femur (5).		
	Bruises/lacerations - hands/arms (6),		
	feet/legs (3), face (7), genitalia (2),		
	torso (7). Organ contusion/laceration		
	- lungs (1), liver (1).		
	Looked after or adopted status - Not		
	reported.		
	Unaccompanied asylum seeking, ref-		
	ugee or trafficked children - Not re-		
	ported.		
	Sample size:		
	Physically abused group (n=19).		
	• Comparison group (n=19).		
	• Total sample (n=38).		
	Decembing indicators recovered		
	Recognition indicators measured		
	Language - Language measured using Sequenced Inventory of Communica-		
	·		
	tion Development (Hendrick et al. 1995); for children over 36 months		
	Clinical Evaluation of Language Fun-		
	damentals (Preschool or Third Edition)		
	(Semel et al. 1995). Reliability of in-		
	struments not reported.		
	otramonto not reported.	1	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Abuse determined by Child Protection Committee at each hospital and state protective regulatory agency.		

### 20. Rhodes AE et al. (2011) Sex differences in childhood sexual abuse and suicide related behaviors. Suicide & life-threatening behavior 41: 235–54

ior 41: 235–54	•		•
Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The review	Participants: Children and young	Statistical data	Overall assessment of
aims to provide an up-	people. Children and young people		internal validity: +
date to earlier system-	under the age of 18, or in grade 12	<u>Unadjusted associations between childhood sexual</u>	
atic reviews which	or lower. Studies with a clinical or	abuse and suicide attempt(s)	As the study did not in-
aimed to determine the	child welfare based sample were	NB. Suicide was categorised dichotomously by the in-	clude formal quality as-
links between childhood	excluded ' given that sexual	cluded studies. An odds ratio exceeding 1 denotes	sessment of the in-
sexual abuse and sui-	abuse in these samples is formally	that the association was in the expected direction (i.e.	cluded studies it is not
cide-related behaviours.	disclosed and therefore may repre-	that children who reported abuse were more likely to	possible to award a
There is a particular fo-	sent a different type of exposure	report suicide attempt/s). The review authors state	higher quality rating.
cus on whether the	than reported in the general popu-	that results with a confidence interval which does not	
strength of association	lation Furthermore, the effects	include 1 are statistically significant. Eight studies pro-	Overall assessment of
differs in boys and girls.	of disclosure, such as being sepa-	vided unadjusted data on the association between	external validity: ++
	rated from the parent, may modify	sexual abuse and suicide attempts. Each of these	
<b>Methodology:</b> System-	the association' (p237). Childhood	found a significant association between childhood	Overall validity rating:
atic review of empirical	sexual abuse was defined as '	sexual abuse and suicide attempt(s) in both boys and	+
studies reporting unad-	exposure to unwanted sexual acts	girls. These studies also found that the magnitude of	
justed or adjusted re-	or forced participation in sexual	effect was greater in boys than in girls, and this differ-	
sults in relation to the	acts' (p237). Suicide-related be-	ence was statistically significant in 7 of the 8 studies.	
association between	haviours were defined (following	The reported odds ratios for girls ranged between 2.2	
sexual abuse and sui-	Silverman et al., 2007) as ' self-	and 11.2. The reported odds ratios for boys ranged	
cide-related behaviours.	harm (no suicidal intent), suicide-	between 1.8 and 30.8. Ackard and Neumark-Sztainer,	
It is not clear whether	related behavior with undetermined	2003 (n=81, 247): Female: Girls who reported abuse	
the review protocol	intent, and suicide attempt' (p236).	were significantly more likely to report suicide at-	
specified eligible study		tempt(s) than those who did not report abuse; 4.7	
designs however the	Sample characteristics:	(4.5-5.0 95% CI). Male: Boys who reported abuse	

Research aims
authors note that case reports, editorials, reviews and qualitative research were excluded and that the majority of included studies were cross-sectional observational studies. Ten of the included studies adjusted for potential con-
founders.
Country: Range of countries. The included

studies were conducted in: Ackard and Neumark-Sztainer, 2003 -USA. Anteghini et al., 2001 – Brazil. Bagley et al., 1995 – Canada. Bergen et al., 2003 -Australia. Borowsky et al., 1999 - USA. Choquet et al., 1997 – France. Edgardh and Ormstad, 2000 - Sweden. Eisenberg et al., 2007 - USA. Garnefski and Arends, 1998 - The Netherlands. Gold, 1996 - USA. Hawton et al... 2002 – United Kingdom - England. Howard and Wang, 2005 - USA. King et al., 2004 -

# PICO (population, intervention, comparison, outcomes)

 Age - Percentages not reported - Ackard and Neumark-Sztainer. 2003 - Grades 9 and 12. Anteghini et al., 2001 - Unclear, reported as grades 8 and 10, and 13–17 years. Bagley et al., 1995 - Grades 7-12, ages 12-18. Bergen et al., 2003 – Year 9, mean age 14 years. Borowsky et al., 1999 - Grades 7-12. Choquet et al., 1997 – Grades 8-12, mean age 16.2. Edgardh and Ormstad, 2000 – 17 years. Eisenberg et al., 2007 - Grades 6, 9 and 12. Garnefski and Arends. 1998 – Unclear, reported as 11– 23 years and 12-19 years. Gold, 1996 - Grade 10, mean age 15.5 years. Hawton et al., 2002 -15 and 16 years. Howard and Wang, 2005 – Grades 9–12. King et al., 2004 – Grades 8 and 11, mean age 15.7 years. Martin et al., 2004 - Year 9, mean age 14 years. O'Connor et al., 2009 - vears S4 or S5, ages 15-16 vears. Olshen et al., 2007 -Grades 9–12, ages 14 and over. Rosenberg et al., 2005 - Grades 9-12, ages 13-18 years.

 Sex - Ackard and Neumark-Sztainer, 2003 – Male 49.6%, female 50.4%. Anteghini et al., 2001 - Unclear. The authors' report the gender balance of a

### **Findings**

were significantly more likely to report suicide attempt(s) than those who did not report abuse; 11.6 (10.7-12.9 95% CI). Female vs. male: Boys who reported abuse were significantly more likely than girls who reported abuse to report suicide attempt(s) - statistical data not presented. Anteghini et al., 2001 (n=2059): Female – Girls who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse; 3.4 (1.5-7.4 95% CI). Male – Boys who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse; 12.4 (5.3-29.0 95% CI). Female vs. male – Boys who reported abuse were significantly more likely than girls who reported abuse to report suicide attempt(s) – statistical data not presented. Bergen et al., 2003/Martin et al., 2004 (n=2485): Female - Girls who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse; 5.1 (2.5-10.4) 95% CI) Male - Boys who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse: 30.8 (12.0-78.6 95% CI). Female vs. male: Boys who reported abuse were significantly more likely than girls who reported abuse to report suicide attempt(s) - statistical data not presented. Borowsky et al., 1999 (n=11, 666): Female: Girls who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse: 2.9 (2.5-3.4 95% CI) Male - Boys who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse; 4.8 (3.4-6.6 95% CI). Female vs. male: Boys who reported abuse were significantly more likely than girls who reported abuse to report suicide attempt(s) – statistical data not presented. Choquet et

Overall validity rating

Research ai	ms
South Africa	N/

PICO (population, intervention, comparison, outcomes)

Findings

Overall validity rating

South Africa. Martin et al., 2004 – Australia.
O'Connor et al., 2009 –
United Kingdom – Scotland. Olshen et al., 2007 – USA. Rosenberg et al., 2005 - USA. The review was conducted by authors based in Canada.

### Source of funding:

- Government Canadian Institutes of Health Research.
- Other Child Welfare League of Canada: Ontario Association for Children's Aid Societies; Ontario Centre of Excellence for Child and Youth Mental Health; The Injury and Child Maltreatment Section. Health Surveillance and Epidemiology Division, Public Health Agency of Canada, Centre of **Excellence for Child** Welfare.

subsample (male 44.6%, female 55.3%) which it is assumed are the subsample to whom the findings relate, however this is not made clear by the review authors. Bagley et al., 1995 - Male 51.5%, female 48.5%. Bergen et al., 2003 – Male 55.5%; female 44.5%. Borowsky et al., 1999 – Male 47.9%, female 52.1%. Choquet et al., 1997 - Male 48.7%, female 51.3%. Edgardh and Ormstad. 2000 - Male 41.9%. female 58.1%. Eisenberg et al., 2007 - Male 49.5%, female 50.5%. Garnefski and Arends. 1998 - Male 49.7%, female 50.1%. Gold. 1996 - Male 48.9%, female 51.1%. Hawton et al., 2002 - Male 52.9%, female 46.7%. Howard and Wang, 2005 - Not reported. King et al., 2004 - Male 43.5%, female 56.5%. Martin et al., 2004 - Male 55.5%, female 44.5%. O'Connor et al., 2009 - Male 46.6%, female 53.4%. Olshen et al., 2007 -Male 49.0%, female 51.0%. Rosenberg et al., 2005 – Not reported.

 Ethnicity - Not reported for any of the included studies with the exception of Borowsky et al. 1999 al., 1997 (n=183): Authors of study did not provide unadjusted results. Eisenberg et al., 2007 (n=131, 862): Female: Girls who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse; 3.7 (3.5-3.9 95% CI). Male: Boys who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse: 11.2 (10.2-12.2 95% CI). Female vs male: Boys who reported abuse were significantly more likely than girls who reported abuse to report suicide attempt(s) - statistical data not presented. Female - non-familial perpetrator - suicide attempt – Girls who reported abuse by a non-familial perpetrator were significantly more likely to report suicide attempt(s) than those who did not report any abuse; 3.5 (3.3-3.8 95% CI). Female - familial perpetrator - suicide attempt - Girls who reported abuse by a familial perpetrator were significantly more likely to report suicide attempt(s) than those who did not report any abuse: 2.9 (2.5-3.2 95% CI). Female – familial and non-familial perpetrators - suicide attempt -Girls who reported abuse by both a familial and a non-familial perpetrator were significantly more likely to report suicide attempt(s) than those who did not report any abuse; 5.3 (4.7-5.8 95% CI). Male - non-familial perpetrator - suicide attempt - Boys who reported abuse by a non-familial perpetrator were significantly more likely to report suicide attempt(s) than those who did not report any abuse: 8.0 (7.1-9.0 95% CI). Male - familial perpetrator - suicide attempt -Boys who reported abuse by a familial perpetrator were significantly more likely to report suicide attempt(s) than those who did not report any abuse; 8.2 (6.7-10.1 95% CI). Male – familial and non-familial

perpetrators - suicide attempt - Boys who reported

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	which focuses on American Indian and Alaska native students in reservation schools.  Religion/belief - Not reported for any of the included studies although Bagley et al., 1995 included students from Catholic schools.  Disability - Not reported for any of the included studies.  Long term health condition - Not reported for any of the included studies.  Sexual orientation - Not reported for any of the included studies.  Socioeconomic position - Not reported for any of the included studies.  Socioeconomic position - Not reported for any of the included studies.  Type of abuse - Ackard and Neumark-Sztainer 2003 – Date rape (lifetime) – male 1.6%, female 2.2%; unwanted sexual touching by adult/older person who is a family member (lifetime) - male 0.5%, female 2.5%; unwanted sexual touching by adult/older person who is not a family member (lifetime) - male 1.7%, female 6.1%; multiple forms of sexual abuse (lifetime) - male 2.3%, female 3.8%. Anteghini et al., 2001 – Sexual abuse (lifetime) - male 3.0%, female 3.4%. Bagley et al., 1995 – Sexual abuse outside of school	abuse by both a familial and a non-familial perpetrator were significantly more likely to report suicide attempt(s) than those who did not report any abuse; 25.9 (22.1-30.4 95% CI). Female vs. male - non-familial perpetrator - suicide attempt - Boys who reported abuse by a non-familial perpetrator were significantly more likely than girls who reported abuse by a non-familial perpetrator to report suicide attempt(s) - statistical data not presented. Female vs male - familial perpetrator - suicide attempt - Boys who reported abuse by a familial perpetrator were significantly more likely than girls who reported abuse by a non-familial perpetrator to report suicide attempt(s) - statistical data not presented. Female vs. male - familial and non-familial perpetrators - Boys who reported abuse by both a familial and a non-familial perpetrator were significantly more likely than girls who reported abuse by both a familial and a non-familial perpetrator to report suicide attempt(s) - statistical data not presented. Garnefski and Arends, 1998 (n=1490): Authors of study did not provide unadjusted results. Howard and Wang, 2005 (n=13, 601): Female: Girls who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse; 3.2 (2.6-4.1 95% CI). Male: Boys who reported abuse were significantly more likely to report suicide attempt(s) than those who did not report abuse; 4.5 (3.3-6.1 95% CI). Female vs. male: Boys who reported abuse were more likely than girls who reported abuse were more likely than girls who reported abuse to report suicide attempt(s); however this difference was not statistically significant – statistical data not presented. King et al., 2004 (n=939): Authors of study did not provide unadjusted results.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	settings (lifetime) - male 9.8%,	Olshen et al., 2007 (n=8080): Female: Girls who re-	
	female 23.6% Bergen et al.,	ported abuse were significantly more likely to report	
	2003 - Sexual abuse (lifetime) –	suicide attempt(s) than those who did not report	
	male 2.0%; female 5.4%. Bor-	abuse; 2.2 (1.4-3.4 95% CI). Male: Boys who reported	
	owsky et al., 1999 - Sexual	abuse were significantly more likely to report suicide	
	abuse by a member of the family	attempt(s) than those who did not report abuse; 9.1	
	or anyone else (lifetime) - male	(5.0-16.5 95% CI). Female vs male: Boys who re-	
	3.0%, female 16.8%. Choquet et	ported abuse were significantly more likely than girls	
	al., 1997 – Sexual intercourse	who reported abuse to report suicide attempt(s) – sta-	
	(lifetime) - male 0.6%, female	tistical data not presented. Rosenberg et al., 2005	
	0.9%. Edgardh and Ormstad,	(n=16,644): Forced sexual intercourse and single sui-	
	2000 – Sexual abuse by adults	cide attempt – Female: Girls who reported forced sex-	
	or young person at least 5 years	ual intercourse were significantly more likely to report	
	older (lifetime) - male 3.1%, fe-	a single suicide attempt than those who did not report	
	male 11.2%. Eisenberg et al.,	forced sexual intercourse; 2.2 (1.8-2.7 95% CI). Male:	
	2007 - Unwanted sexual touch-	Boys who reported forced sexual intercourse were	
	ing by adult/older person who is	significantly more likely to report a single suicide at-	
	a family member (lifetime) - male	tempt than those who did not report forced sexual in-	
	0.7%, female 1.9%; unwanted	tercourse; 1.8 (1.3-2.3 95% CI). Female vs. male: Not	
	sexual touching by adult/older	measured/reported. Rosenberg et al., 2005	
	person who is not a family mem-	(n=16,644): Forced sexual intercourse and multiple	
	ber (lifetime) - male 2.2%, fe-	suicide attempts – Female: Girls who reported forced	
	male 6.0%; unwanted sexual	sexual intercourse were significantly more likely to re-	
	touching by adult/older person	port multiple suicide attempts than those who did not	
	(familial and non-familial, life-	report forced sexual intercourse; 11.2 (8.4-14.9 95%	
	time) - male 1.1%, female 1.8%.	CI). Male: Boys who reported forced sexual inter-	
	Garnefski and Arends, 1998 -	course were significantly more likely to report multiple	
	Sexual abuse (lifetime) – Overall	suicide attempts than those who did not report forced	
	5.9% (not clear how this relates	sexual intercourse; 5.0 (4.0-6.2 95% CI). Female vs	
	to subsample). Gold, 1996 - Sex-	male: Not measured/reported.	
	ual abuse (lifetime) – overall		
	10.9%. Hawton et al., 2002 -	Adjusted associations between childhood sexual	
	Sexual abuse (lifetime) – male	abuse and suicide attempt(s)	
	2.3%; female 6.3%. Howard and	NB. Suicide was categorised dichotomously by the in-	
	Wang, 2005 - Sexual intercourse	cluded studies. An odds ratio exceeding 1 denotes	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	(lifetime) – male 5.1%; female	that the association was in the expected direction (i.e.	
	10.2%. King et al., 2004 – At-	that children who reported abuse were more likely to	
	tempted sexual intercourse –	report suicide attempt/s). Results with a confidence	
	male 2.0%; female 13.3%. Sex-	interval which does not include 1 are statistically sig-	
	ual intercourse – male 5.0%; fe-	nificant. Ten studies reported in 11 papers provided	
	male 6.0%. Martin et al., 2004 -	adjusted results for the association between sexual	
	Sexual abuse (lifetime) – male	abuse and suicide attempts (Anteghini et al. 2001;	
	2.0%; female 5.4%. O'Connor et	Bergen et al. 2003; Choquet et al. 1997; Eisenberg et	
	al., 2009 - Sexual abuse (life-	al. 2007; Garnefski and Arends 1998; Gold 1996;	
	time) – male 2.3%; female 6.3%.	Howard and Wang 2005; King et al. 2004; Martin et	
	Olshen et al., 2007 - Sexual in-	al. 2004; Olshen et al. 2007; Borowsky et al. 1999),	
	tercourse (lifetime) – male 5.4%;	although not all of these reported results in full. Stud-	
	female 9.6%. Rosenberg et al.,	ies adjusted for a range of factors hypothesised to	
	2005 - Sexual intercourse (life-	mediate the CSA-suicide association, including eth-	
	time) – Male 6.5%; female	nicity, family living arrangements, drug use, self-im-	
	10.2%.	age, being bullied, uncertainty over sexual orientation	
	<ul> <li>Looked after or adopted status -</li> </ul>	etc. Each of these studies found an association be-	
	Not reported for any of the in-	tween childhood sexual abuse and suicide attempt(s)	
	cluded studies, although the	in girls; however this association was only found to be	
	Guideline Committee may wish	significant by five studies. All 10 of the studies also	
	to note that the review excluded	found an association between childhood sexual	
	studies using a child welfare	abuse and suicide attempt(s) in boys; however this	
	based sample.	association was only found to be significant in 9 stud-	
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	ies. For 6 studies reporting both unadjusted and ad-	
	refugee or trafficked children -	justed results, in four the adjusted association re-	
	Not reported for any of the in-	mained statistically significant in boys but not girls	
	cluded studies.	(Anteghini et al. 2001; Howard and Wang 2005; Mar-	
		tin et al. 2004; Olshen et al. 2007). In the remaining	
	Sample size: The total sample	two (Borowsky et al. 1999; Eisenberg et al. 2007), the	
	size of the included studies is not	associations remained significant, with the magnitude	
	reported by the review authors.	of the association greater for boys than girls. The re-	
	The number of participants who	ported adjusted odds ratios for girls ranged between	
	were sampled in each study	1.1 (95% CI 0.8 to 1.7) and 6.8 (95% CI 4.5 to 10.2	
	ranged between 183 to over	95% CI). The reported odds ratios for boys ranged	
	130,000.	between 1.9 (95% CI 1.1 to 3.2) and 27.8 (95% CI 9.8	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		to 78.9). Ackard and Neumark-Sztainer, 2003 (n=81,	
	The review included 16 studies	247): Adjusted results not reported by review authors	
	which focused on the association	as ' suicidal thoughts were examined together with	
	between sexual abuse and suicide-	attempts' (p245) Anteghini et al., 2001 (n=2059):	
	related behaviours. These are re-	Female: Girls who reported abuse were more likely to	
	ported in 17 different papers (NB.	report suicide attempt(s) than those who did not re-	
	Bergen et al., 2003 and Martin et	port abuse; however this association was not statisti-	
	al., 2004 both report on the same	cally significant; statistical data not presented by au-	
	sample). The review authors report	thors of study. Male: Boys who reported abuse were	
	both of these papers as Martin et	significantly more likely to report suicide attempt(s)	
	al. 2004, however the NCCSC ref-	than those who did not report abuse; 8.2, p<.001. Fe-	
	erences use the correct citations	male vs. male: Not measured/reported. Bergen et al.,	
	for clarity.)	2003/Martin et al., 2004 (n=2485): Female: Girls who	
		reported abuse were more likely to report suicide at-	
	Recognition indicators meas-	tempt(s) than those who did not report abuse; how-	
	ured:	ever this association was not statistically significant;	
	Suicidal thoughts/behaviour	statistical data not presented by authors of study.	
	All data in relation to abuse and	Male: Boys who reported abuse were significantly	
	suicide-related behaviour is self-re-	more likely to report suicide attempt(s) than those	
	ported through respondent's an-	who did not report abuse; 15.0 (4.7-47.9 95% CI). Fe-	
	swers to questionnaires. The ma-	male vs. male: Not measured/reported. Borowsky et	
	jority were anonymous and were	al., 1999 (n=11, 666): Female: Girls who reported	
	based on lifetime recall. The re-	abuse were significantly more likely to report suicide	
	view does not provide many details	attempt(s) than those who did not report abuse; 1.5	
	in relation the questions used ex-	(1.2-1.8 95% CI). Male: Boys who reported abuse	
	cept to note that they were gener-	were significantly more likely to report suicide at-	
	ally brief and that Hawton et al.,	tempt(s) than those who did not report abuse; 2.2	
	2002 used open ended questions	(1.4-3.4 95% CI). Female vs. male: Boys who re-	
	that were rated by three ' inde-	ported abuse were more likely than girls who reported	
	pendent reviewers with specific cri-	abuse to report suicide attempt(s) but this difference	
	teria' (p243, no further details pro-	was not statistically significant – statistical data not	
	vided.) Ackard and Neumark-	presented. Choquet et al., 1997 (n=183) (Only pro-	
	Sztainer, 2003 – Self-report - Date	vides adjusted results, and does not include odds ra-	
	rape (lifetime); unwanted sexual	tios): Female – Girls who reported abuse were more	
	touching by adult/older person who	likely to report suicide attempt(s) than those who did	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	is a family member (lifetime); un-	not report abuse; however this association was not	
	wanted sexual touching by	statistically significant – statistical data not presented;	
	adult/older person who is not a	prevalence of suicide attempt(s) was 22% amongst	
	family member (lifetime); multiple	those who reported rape and 2% amongst controls	
	forms of sexual abuse (lifetime).	(χ2 analysis showed that this association was not sig-	
	Self-report - Suicide attempt(s)	nificant). Male – Boys who reported abuse were sig-	
	(lifetime) – male 7.2%; female	nificantly more likely to report suicide attempt(s) than	
	15.1%. Anteghini et al., 2001 –	those who did not report abuse; prevalence of suicide	
	Self-report - Sexual abuse (life-	attempt(s) was 52% amongst those who reported	
	time). Self-report – Suicide at-	rape and 12% amongst controls (Fischer 2-tail	
	tempt(s) (lifetime) – male 7.6%; fe-	p<.001). Female vs. male – Not measured/reported.	
	male 10.3%. Bagley et al., 1995 –	Eisenberg et al., 2007 (n=131, 862): Female - non-fa-	
	Self-report - Sexual abuse outside	milial perpetrator - suicide attempt - Girls who re-	
	of school settings (lifetime). Self-	ported abuse by a non-familial perpetrator were sig-	
	report – Deliberate attempts to hurt	nificantly more likely to report suicide attempt(s) than	
	or kill self, often (lifetime) – male	those who did not report any abuse; 3.5 (3.2-3.7 95%	
	2.1%; female 2.3%. Bergen et al.,	CI). Female - familial perpetrator - suicide attempt -	
	2003 - Self-report - Sexual abuse	Girls who reported abuse by a familial perpetrator	
	(lifetime). Self-report – Suicide at-	were significantly more likely to report suicide at-	
	tempt(s) (lifetime) - male 4.5%; fe-	tempt(s) than those who did not report any abuse; 2.5	
	male 7.3%. Deliberate self-injury	(2.2-2.9 95% CI). Female – familial and non-familial	
	(lifetime) – male 17.5%, female	perpetrators - suicide attempt - Girls who reported	
	19.3%. NB This study is based on	abuse by both a familial and a non-familial perpetrator	
	the same sample as that reported	were significantly more likely to report suicide at-	
	in Martin et al. 2004, both of which	tempt(s) than those who did not report any abuse; 5.6	
	report different measures of sui-	(4.9-6.4 95% CI). Male - non-familial perpetrator - sui-	
	cide-related behaviours, however it	cide attempt - Boys who reported abuse by a non-fa-	
	is not clear from the way in which	milial perpetrator were significantly more likely to re-	
	these papers are reported by the	port suicide attempt(s) than those who did not report	
	review whether these relate to sep-	any abuse; 4.9 (4.3-5.6 95% CI). Male - familial per-	
	arate subsamples. They have	petrator - suicide attempt - Boys who reported abuse	
	therefore been combined here.	by a familial perpetrator were significantly more likely	
	Borowsky et al., 1999 - Self-report	to report suicide attempt(s) than those who did not re-	
	- Sexual abuse by a member of the	port any abuse; 5.0 (4.0-6.3 95% CI). Male – familial	
	family or anyone else (lifetime).	and non-familial perpetrators - suicide attempt - Boys	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Self-report – Suicide attempt(s)	who reported abuse by both a familial and a non-fa-	
	(lifetime) – male 11.8%; female	milial perpetrator were significantly more likely to re-	
	21.8%. Choquet et al., 1997 – Self-	port suicide attempt(s) than those who did not report	
	report - Sexual intercourse (life-	any abuse; 10.8 (8.9-13.1 95% CI). Female vs. male -	
	time). Self-report - Suicide at-	non-familial perpetrator - suicide attempt - Boys who	
	tempt(s) (lifetime). Prevalence not	reported abuse by a non-familial perpetrator were sig-	
	reported. Edgardh and Ormstad,	nificantly more likely than girls who reported abuse by	
	2000 – Self-report - Sexual abuse	a non-familial perpetrator to report suicide attempt(s)	
	by adults or young person at least	<ul> <li>statistical data not presented. Female vs male – fa-</li> </ul>	
	five years older (lifetime). Self-re-	milial perpetrator - suicide attempt - Boys who re-	
	port - Suicide attempt(s) or other	ported abuse by a familial perpetrator were signifi-	
	act (s) of self-harm (lifetime) –	cantly more likely than girls who reported abuse by a	
	male 5.9%; female 11.4%. Eisen-	non-familial perpetrator to report suicide attempt(s) –	
	berg et al. 2007 - Self-report - Un-	statistical data not presented. Female vs male - famil-	
	wanted sexual touching by	ial and non-familial perpetrators - Boys who reported	
	adult/older person who is a family	abuse by both a familial and a non-familial perpetrator	
	member (lifetime); unwanted sex-	were significantly more likely than girls who reported	
	ual touching by adult/older person	abuse by both a familial and a non-familial perpetrator	
	who is not a family member (life-	to report suicide attempt(s) – statistical data not pre-	
	time); unwanted sexual touching	sented. Garnefski and Arends, 1998 (n=1490) (Only	
	by adult/older person (familial and	provides adjusted results): Female – Girls who re-	
	non-familial, lifetime). Self-report -	ported abuse were significantly more likely to report	
	Suicide attempt(s) (lifetime) – male	suicide attempt(s) than those who did not report	
	7.4%; female 11.9%. Garnefski	abuse; 6.8 (4.5-10.2 95% CI). Male – Boys who re-	
	and Arends, 1998 - Self-report -	ported abuse were significantly more likely to report	
	Sexual abuse (lifetime). Self-report	suicide attempt(s) than those who did not report	
	<ul> <li>Serious suicide attempt(s) (life-</li> </ul>	abuse; 27.8 (9.8-78.9 95% CI). Female vs. male -	
	time). Prevalence not reported.	Boys who reported abuse were significantly more	
	Gold, 1996 - Self-report - Sexual	likely than girls who reported abuse to report suicide	
	abuse (lifetime). Self-report - Sui-	attempt(s) – statistical data not presented. Gold, 1996	
	cide attempt (lifetime) – male	(n=1335) (Only provides adjusted results): Female –	
	9.4%; female 24.5%. Hawton et al.,	Girls who reported abuse were significantly more	
	2002 - Self-report - Sexual abuse	likely to report suicide attempt(s) than those who did	
	(lifetime). Self-report – Deliberate	not report abuse; 2.7 (1.6-4.7 95% CI). Male – Boys	
	self-harm (past year) – male 3.2%;	who reported abuse were more likely to report suicide	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	female 11.2%. Howard and Wang,	attempt(s) than those who did not report abuse; how-	
	2005 - Self-report - Sexual inter-	ever this association was not statistically significant;	
	course (lifetime). Self-report - Sui-	3.2 (0.90-11.1 95% CI). Female vs. male - Not meas-	
	cide attempt(s) (past year). Preva-	ured/reported. Howard and Wang, 2005 (N=13, 601):	
	lence not reported. King et al.,	Female: Girls who reported abuse were more likely to	
	2004 – Self-report - Attempted sex-	report suicide attempt(s) than those who did not re-	
	ual intercourse. Sexual inter-	port abuse; however this association was not statisti-	
	course. Self-report - Suicide at-	cally significant; 1.1 (0.8-1.7 95% CI). Male: Boys who	
	tempt(s) (past year) – overall 9.8	reported abuse were significantly more likely to report	
	%. Martin et al., 2004 - Self-report -	suicide attempt(s) than those who did not report	
	Sexual abuse (lifetime). Self-report	abuse; 1.9 (1.1-3.2 95% CI). Female vs. male - Not	
	<ul><li>Suicide attempt(s) (lifetime) -</li></ul>	measured/reported. King et al., 2004 (n=939) (Only	
	male 4.5%; female 7.3%. Deliber-	provides adjusted results) - Female – Girls who re-	
	ate self-injury (lifetime) – male	ported abuse were significantly more likely to report	
	17.5%, female 19.3%. NB This	suicide attempt(s) than those who did not report	
	study is based on the same sam-	abuse; 3.1 (1.5-6.4 95% CI). NB The review authors	
	ple as that reported in Bergen et	report this as non-significant. Male – Boys who re-	
	al., 2003, both of which report dif-	ported abuse were significantly more likely to report	
	ferent measures of suicide-related	suicide attempt(s) than those who did not report	
	behaviours, however it is not clear	abuse; 6.8 (1.3-36.4 95% CI). Female vs. male - Boys	
	from the way in which these pa-	who reported abuse were significantly more likely	
	pers are reported by the review	than girls who reported abuse to report suicide at-	
	whether these relate to separate	tempt(s) – statistical data not presented. Olshen et	
	subsamples. They have therefor	al., 2007 (n=8080): Female: Girls who reported abuse	
	been combined here. O'Connor et	were more likely to report suicide attempt(s) than	
	al., 2009 - Self-report - Sexual	those who did not report abuse; however this associa-	
	abuse (lifetime). Self-report – Self-	tion was not statistically significant - statistical data	
	harm (past year) male 5.1%; fe-	not presented by authors of study. Male: Boys who	
	male 13.6%. Self-harm (lifetime) –	reported abuse were significantly more likely to report	
	male 6.9%; female 19.9%. Olshen	suicide attempt(s) than those who did not report	
	et al., 2007 - Self-report - Sexual	abuse; 3.9 (2.1-7.1 95% CI). Female vs. male: Not	
	intercourse (lifetime). Self-report –	measured/reported.	
	Suicide attempt(s) (past year) –		
	male 7.2%; female 11.7%. Rosen-	<u>Unadjusted associations between childhood sexual</u>	
	berg et al., 2005 - Self-report -	abuse and suicide-related behaviours	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Sexual intercourse (lifetime). Self-	Five studies reported across 6 papers examined the	
	report – One suicide attempt (past	association between sexual abuse and suicide-re-	
	year) – male 10.3%; female 10.2%.	lated phenomena (e.g. self-harm) where the intent	
	Two or more suicide attempts (past	was unknown (Bagley et al. 1995; Bergen et al. 2003/	
	year) – male 3.2%; female 5.8%.	Martin et al. 2004; Edgardh and Ormstad 2000; Haw-	
	NB. It should be noted that Cho-	ton et al. 2002; O'Connor et al. 2009). For the unad-	
	quet et al., 1997, Howard and	justed data, all studies found a statistically significant	
	Wang, 2005, King et al., 2004, Ol-	association between abuse and suicide-related be-	
	shen et al., 2007, and Rosenberg	haviours in both boys and girls, with reported odds ra-	
	et al., 2005 all defined childhood	tios for girls ranging from 3.3 (95% CI 1.8 to 5.5) to	
	sexual abuse as involving inter-	4.1 (95% CI 3.0 to 5.6) and odds ratios for boys rang-	
	course. (No further details pro-	ing from 2.9 (95% CI 2.9 to 19.2) to 10.3 (95% CI 4.0	
	vided).	to 26.0). After controlling for variables such as de-	
		pression, family functioning and drug use the four	
		studies reporting adjusted results (Bergen et al. 2003/	
		Martin et al. 2004; Edgardh and Ormstad 2000; Haw-	
		ton et al. 2002; O'Connor et al. 2009) found that none	
		of the associations between abuse and suicide-re-	
		lated behaviours in girls was statistically significant,	
		and only one study found a statistically association in	
		boys. No adjusted odds ratios for girls were reported,	
		1 adjusted odds ratio (for significant result) for boys	
		was reported – 4.3 (95% CI 1.5 to 12.6). Bagley et al.,	
		1995 (n=2112): Female: Girls who reported abuse	
		were significantly more likely to report suicide-related	
		behaviour(s) than those who did not report abuse;	
		statistical data not reported by review authors. Male:	
		Boys who reported abuse were significantly more	
		likely to report suicide-related behaviour(s) than those	
		who did not report abuse; statistical data not reported	
		by review authors. Female vs. male: Non-significant	
		difference in magnitude of effect between boys and	
		girls – statistical data not presented. Bergen et al.;	
		2003/Martin et al., 2004 (n=2485): Female: Girls who	
		reported abuse were significantly more likely to report	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		suicide-related behaviour(s) than those who did not	
		report abuse; 3.3 (1.8-5.9 95% CI). Male: Boys who	
		reported abuse were significantly more likely to report	
		suicide-related behaviour(s) than those who did not	
		report abuse; 10.3 (4.0-26.0 95% CI). Female vs	
		male: Not measured/reported. Edgardh and Ormstad,	
		2000 (n=1943): Female: Girls who reported abuse	
		were significantly more likely to report suicide-related	
		behaviour(s) than those who did not report abuse;	
		statistical data not reported by review authors. Male:	
		Boys who reported abuse were significantly more	
		likely to report suicide-related behaviour(s) than those	
		who did not report abuse; statistical data not reported	
		by review authors. Female vs. male: Non-significant	
		difference in magnitude of effect between boys and	
		girls – statistical data not presented. Hawton et al.,	
		2002 (n=6020): Female: Girls who reported abuse	
		were significantly more likely to report suicide-related	
		behaviour(s) than those who did not report abuse; 4.1	
		(3.0-5.6 95% CI). Male: Boys who reported abuse	
		were significantly more likely to report suicide-related	
		behaviour(s) than those who did not report abuse; 3.5	
		(1.6-7.9 95% CI). Female vs. male: Non-significant	
		difference in magnitude of effect association between	
		boys and girls – statistical data not presented. O'Con-	
		nor et al., 2009 (n=2008): Female: Girls who reported	
		abuse were significantly more likely to report suicide-	
		related behaviour(s) than those who did not report	
		abuse; 4.0 (2.4-6.7 95% CI; lifetime prevalence of	
		childhood sexual abuse and suicide-related behav-	
		iours). Male: Boys who reported abuse were signifi-	
		cantly more likely to report suicide-related behav-	
		iour(s) than those who did not report abuse; 2.9 (2.9-	
		19.2 95% CI; lifetime prevalence of childhood sexual	
		abuse and suicide-related behaviours). Female vs	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		male: Non-significant difference in magnitude of effect	
		association between boys and girls – statistical data	
		not presented.	
		·	
		Adjusted associations between childhood sexual	
		abuse and suicide-related behaviours	
		Three studies reported adjusted results showing the	
		association between childhood sexual abuse and sui-	
		cide-related behaviours. Each of these found an as-	
		sociation between abuse and suicide-related behav-	
		iours in girls, however none of these were significant.	
		The 3 studies also found an association between	
		abuse and suicide-related behaviours in boys, how-	
		ever this was only found to be significant in one study.	
		None of the studies measured or reported on the dif-	
		ference in magnitude of effect between boys and	
		girls. Bagley et al., 1995 (n=2112): Adjusted results	
		not reported by individual study or review authors.	
		Bergen et al., 2003/Martin et al., 2004 (n=2485): Fe-	
		male: Girls who reported abuse were more likely to	
		report suicide-related behaviour(s) than those who did	
		not report abuse; however this association was not	
		statistically significant; statistical data not presented.	
		Male: Boys who reported abuse were significantly	
		more likely to report suicide-related behaviour(s) than	
		those who did not report abuse; 4.3 (1.5-12.6 95%	
		CI). Female vs. male: Not reported/measured. Ed-	
		gardh and Ormstad, 2000 (n=1943): Adjusted results	
		not reported by individual study or review authors.	
		Hawton et al., 2002 (n=6020): Adjusted results not re-	
		ported by study authors. Female: Girls who reported	
		abuse were more likely to report suicide-related be-	
		haviour(s) than those who did not report abuse; how-	
		ever this association was not statistically significant –	
		results not presented by study authors. Male: Boys	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	who reported abuse were more likely to report suicide-related behaviour(s) than those who did not report abuse; however this association was not statistically significant – results not presented by study authors. Female vs male: Not reported/measured.  O'Connor et al., 2009 (n=2008): Adjusted results not reported by study authors. Female: Girls who reported abuse were more likely to report suicide-related behaviour(s) than those who did not report abuse; however this association was not statistically significant – results not presented by study authors.  Male: Boys who reported abuse were more likely to report suicide-related behaviour(s) than those who did not report abuse; however this association was not statistically significant – results not presented by	
		Narrative findings The review included 17 papers reporting 16 studies which examined sex differences in the relationship between sexual abuse and suicide-related behaviours including self-harm (no suicidal intent), suicide-related behaviour with undetermined intent and suicide attempt, amongst 12–18-year-olds. Included studies were conducted in the US (7 studies), UK (2 studies), Australia (2 studies), France (1 study), Canada (1 study), Brazil (1 study), South Africa (1 study) and Sweden (1 study). The age of participants ranged between 11 and 18. Eight studies provided unadjusted data on the association between sexual abuse and suicide attempts (Ackard and Newmark-Sztainer 2003; Anteghini et al. 2001; Eisenberg et al. 2007; Howard and Wang 2005; Martin et al. 2004; Olshen et al. 2007; Rosenberg et al. 2005; Wagman Borowsky	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		et al. 1999*). There was a positive, statistically signifi-	
		cant association between sexual abuse and suicide	
		attempts in all 8 studies. Odds ratios were higher for	
		boys than girls in all studies except for 1 (Rosenberg	
		et al. 2005). Unadjusted odds ratios for girls ranged	
		from 2.2 to 5.1, and unadjusted odds ratios ranged	
		from 4.5 to 30.8 for boys. Ten studies reported in 11	
		papers provided adjusted results for the association	
		between sexual abuse and suicide attempts (An-	
		teghini et al. 2001; Bergen et al. 2003; Borowsky et	
		al. 1999; Choquet et al. 1997; Eisenberg et al. 2007;	
		Garnefski and Arends 1998; Gold 1996; Howard and	
		Wang 2005; King et al. 2004; Martin et al. 2004; Ol-	
		shen et al. 2007), although not all of these reported	
		results in full. Studies adjusted for a range of factors	
		hypothesised to mediate the CSA-suicide association,	
		including ethnicity, family living arrangements, drug	
		use, self-image, being bullied, uncertainty over sexual	
		orientation, etc. Each of these studies found an asso-	
		ciation between childhood sexual abuse and suicide	
		attempt(s) in girls; however this association was only	
		found to be significant by 5 studies. All 10 of the stud-	
		ies also found an association between childhood sex-	
		ual abuse and suicide attempt(s) in boys; however	
		this association was only found to be significant by 9	
		studies. For 6 studies reporting both unadjusted and	
		adjusted results, in 4 the adjusted association re-	
		mained statistically significant in boys but not girls	
		(Anteghini et al. 2001; Howard and Wang 2005; Mar-	
		tin et al. 2004; Olshen et al. 2007). In the remaining 2	
		(Borowsky et al. 1999; Eisenberg et al. 2007), the as-	
		sociations remained significant, with the magnitude of	
		the association greater for boys than girls. The re-	
		ported adjusted odds ratios for girls ranged between	
		1.1 (95% CI 0.8 to 1.7) and 6.8 (95% CI 4.5 to 10.2	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		95% CI). The reported adjusted odds ratios for boys	
		ranged between 1.9 (95% CI 1.1 to 3.2) and 27.8	
		(95% CI 9.8 to 78.9). Five studies reported across 6	
		papers examined the association between sexual	
		abuse and suicide-related phenomena (e.g. self-	
		harm) where the intent was unknown (Bagley et al.	
		1995; Bergen et al. 2003/ Martin et al. 2004; Edgardh	
		and Ormstad 2000; Hawton et al. 2002; O'Connor et	
		al. 2009). For the unadjusted data, all studies found a	
		statistically significant association between abuse and	
		suicide-related behaviours in both boys and girls, with	
		reported odds ratios for girls ranging from 3.3 (95% CI	
		1.8 to 5.5) to 4.1 (95% CI 3.0 to 5.6) and odds ratios	
		for boys ranging from 2.9 (95% CI 2.9 to 19.2) to 10.3	
		(95% CI 4.0 to 26.0). After controlling for variables	
		such as depression, family functioning and drug use	
		the 4 studies reporting adjusted results (Bergen et al.	
		2003/Martin et al. 2004; Edgardh and Ormstad 2000;	
		Hawton et al. 2002; O'Connor et al. 2009) found that	
		none of the associations between abuse and suicide-	
		related behaviours in girls was statistically significant,	
		and only 1 study found a statistically association in	
		boys. No adjusted odds ratios for girls were reported,	
		one adjusted odds ratio (for significant result) for boys	
		was reported – 4.3 (95% CI 1.5 to 12.6).	

21. Spratt EG, Friedenberg S, LaRosa A et al. (2012) The effects of early neglect on cognitive, language, and behavioral functioning in childhood. Psychology 3: 175–82

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
Study aim: Purpose	Participants:	One-way analysis of covariance comparing scores	Overall assessment
of the study is to '	Children and young people - Partici-	across three groups.	of internal validity: +
compare cognitive,	pants were children between the ages		
language and behav-	of three and ten divided in to three		Overall assessment
ioral functioning of	groups: 1) children with a history of		of external validity: +

Research aims
children with no history of neglect to children with early neglectful situations, specifically those who experience physical and emotional neglectfrom a caregiver or deprivation due to pre-adoptive placement in an interna-
tional institution environment' (p175).
Methodology: Cross

**Methodology:** Crosssectional study. Observational comparative study.

**Country:** USA – South Carolina.

#### Source of funding:

Government – The study was supported by grants from the USA National Institutes of health and mental health.

# PICO (population, intervention, comparison, outcomes)

physical or emotional neglect as defined by the Barnett Child Maltreatment Classification Scheme, 2) children adopted from international institutions 3) children with no history of neglect.

 Caregivers and families - Caregivers of participating children were also involved in the study.

### **Sample characteristics:**

- Age Control group 67 months (SD=21.4), US neglected group 64 months (SD=26.9), internationally adopted group 73 months (SD=12.7).
- Sex Control group 15 male, 15 female; US neglected group 8 male, 9 female; internationally adopted group: 9 male, 6 female.
- Ethnicity Control group White n=20, Black n=6, other n=2; US neglect group White n=12, Black n=2, other n=3; internationally adopted group White n=14, Black n=0, other n=1.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Mean annual household income control group \$109,019 (SD=54995); US neglected group \$37,889 (SD=22031);

### **Findings**

Test of Early Language Development – receptive measure: There was a significant difference between the groups on the TELD receptive measure (F=9.33, p<0.0001). Post hoc tests showed that the control group performed significantly better than the US neglected group (p=0.004) and the internationally adopted group (p=0.002). It is not clear whether there was a difference between the US neglect and internationally adopted groups. It was not possible to calculate effect sizes from the available data.

### <u>Test of Early Language Development – expressive</u> measure

There was a significant difference between the groups on the TELD expressive measure (F=8.96, p=0.0001). Post hoc tests showed that the control group performed significantly better than the US neglected group (p=0.006) and the internationally adopted group (p=0.001). It is not clear whether there was a difference between the US neglect and internationally adopted groups. It was not possible to calculate effect sizes from the available data.

### <u>Test of Early Language Development - oral composite measure</u>

There was a significant difference between the group on the TELD oral composite measure (F=10.69, p<0.0001). Post hoc tests showed that the control group performed significantly better than the US neglected group (p=0.002) and the internationally adopted group (p=0.001). It is not clear whether there was a difference between the US neglect and internationally adopted groups. It was not possible to calculate effect sizes from the available data.

# Overall validity rating: +

Overall validity rating

Relatively small sample size, although statistically significant results still obtained. Physical measurements of participants taken and unclear how these were used.

internationally adopted group \$120,466 (SD=68376).  Type of abuse - O'r the 32 children from the US neglect and international adoption groups 18 (56.3%) were known to have experienced physical neglect, 6 (18.8%) experienced medi- cal neglect, 7 (21.9%) experienced physical abuse, 1 (3%) experienced sexual abuse and 3 (9.4%) experi- enced emotional abuse. 7 (21.9%) witnessed domestic violence. The in- ternationally adopted group had been living in a stable environment for an average of 51.6 months. The US ne- glect group had been living in a stable environment for an average of 27.5 months.  Looked after or adopted status - 15 participants had been adopted from international institutions. Of the children born in the US, all were now living in a stable environment with ex- tended family.  Unaccompanied asylum seeking, ref- ugee or trafficked children - Not re- ported.  Sample size: Control group n=28.  US neglect group n=17. Internationally adopted group n=15.  Recognition indicators measured: Laguage - Laguage functioning	Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
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Looked after or adopted status -     15 participants had been adopted     from international institutions. Of the     children born in the US, all were now     living in a stable environment with ex-     tended family.      Unaccompanied asylum seeking, ref-     ugee or trafficked children - Not re-     ported.  Sample size:     Control group n=28.     US neglect group n=17.     Internationally adopted group n=15.  Recognition indicators measured:		environment for an average of 27.5		
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living in a stable environment with extended family.  • Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size:  • Control group n=28.  • US neglect group n=17.  • Internationally adopted group n=15.  Recognition indicators measured:		· · · · · · · · · · · · · · · · · · ·		
living in a stable environment with extended family.  • Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size:  • Control group n=28.  • US neglect group n=17.  • Internationally adopted group n=15.  Recognition indicators measured:		children born in the US, all were now		
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<ul> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size: <ul> <li>Control group n=28.</li> <li>US neglect group n=17.</li> <li>Internationally adopted group n=15.</li> </ul> </li> <li>Recognition indicators measured:</li> </ul>		1		
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Languago Languago Iungionina		Language - Language functioning		

son, outcomes)		
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/ U S T (# O S : )) 6	lage Development (TELD) ko et al. 1981). This measures receptive and expressive lan- e, and an overall oral language osite. For children aged 7 to 9 the Test of Language Develop- (TOLD) (Hammill and Newcomer b. Examines nine sub-categories of anguage competency. For children	ears 11 months - the Test of Early uage Development (TELD) ko et al. 1981). This measures receptive and expressive lan- e, and an overall oral language osite. For children aged 7 to 9 the Test of Language Develop- (TOLD) (Hammill and Newcomer b. Examines nine sub-categories of anguage competency. For children

# 22. Stith SM, Liu T, Davies LC (2009) Risk factors in child maltreatment: A meta-analytic review of the literature. Aggression and Violent Behavior 14: 13–29

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
Study aim: The study	Participants:	Review report gives values of both Cohen's d and	Overall assessment
uses a meta-analytic	Children and young people. Included	Pearson's r. Here we have reported r as the more	of internal validity: +
design to determine	studies had to empirically examine	typical measure of association between two varia-	
the strength of the re-	the relationship between a risk factor	bles. Note that the authors use an interpretation of r	Overall assessment
lationship between a	and either child physical abuse or	which classifies effect sizes for r as large if >0.30,	of external validity: +
range of risk factors	child neglect. A definition of 'child' is	medium from 0.20 to 0.30 and small if they are from	
and abuse or neglect.	not given. Reviewing team contacted	0.10 to 0.20. We were unable to find the reference	Overall validity rat-
	authors of the paper who confirmed	for this interpretation, and so have used the more	ing: -
Methodology: Sys-	that included studies had to refer to	conservative conventional values of 0.1=small,	
tematic review. A	children under 18 years of age. De-	0.3=medium, 0.5=large.	Search limited to 1 da-
meta-analysis of 155	tails of individual studies not given.		tabase, and keyword
studies examining 39	Caregivers and families. Included	A - Effect sizes for physical abuse	searching only rather
risk factors. The cate-	studies were those in which perpe-		than free text search-
gorisation of risk fac-	trator of abuse was parent or carer.	1. Relevant to Q4 - Parent-child interaction/parental	ing. Unclear why effect
tors is guided by eco-	Details about individual studies not	report of child behaviour	sizes using both d and
logical theory (Bron-	given.		r have been calculated,
fenbrenner 1979), and			

### Research aims

focuses on four groups of 'microsystemic' risk factors: - Parent-child interactions/parental report of child behaviour (relates to Q4) - Parent characteristics independent of the child (relates to Q4) - Child characteristics, excluding parents (relates to Q3) - Family characteristics (relates to Q4).

**Country:** Not reported. Countries in which included studies were conducted is not reported.

#### Source of funding:

Government. Funded by Cooperative State Research, Education and Extension Service, US Department of Agriculture, US Air Force.

### PICO (population, intervention, comparison, outcomes)

#### Sample characteristics:

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Study considers physical abuse and neglect only.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

**Sample size:** Systematic reviews - number of studies -155 included studies. Not possible to calculate total number of participants from information given in the paper.

### Recognition indicators measured:

Risk factors - Meta-analysis examines 39 risk factors, categorised in to four groups:

Parent-child interactions/parental report of child behaviour (relates to Q4)
 Parent characteristics independent of the child (relates to Q4)

### **Findings**

- 1.1 Parent perceives child as a problem Examined in 25 studies, n=3317. Significant positive association with physical abuse, with medium effect size (r=0.30, p<0.001). Significant heterogeneity found between studies (Q<sup>w</sup>=57.68, p<0.001).
- 1.2 Unplanned pregnancy Examined in 2 studies, n=1490. Significant positive association with physical abuse, with small to medium effect size (r=0.28, p<0.001). No significant heterogeneity found between studies ( $Q^w=0.31$ , p=ns).
- 1.3 Parent-child relationships Examined in 32 studies, n=1624. Significant negative association with physical abuse, with small to medium effect size (r=-0.27, p<0.001). Significant heterogeneity found between studies (Qw =117.68, p<0.001).
- 1.4 Parent use of corporal punishment Examined in 7 studies, n=703. Significant positive association with physical abuse, with small to medium effect size (r=0.26, p<0.001). No significant heterogeneity found between studies ( $Q^w$  =4.65, p=ns).
- 1.5 Parenting behaviours Examined in 25 studies, n=2956. Significant positive association with physical abuse, with small effect size (r=0.17, p<0.001). Significant heterogeneity found between studies ( $Q^w$ =130.85, p<0.001).
- 1.6 Stress over parenting Examined in 11 studies, n=2075. Significant positive association with physical abuse, with small effect size (r=0.07, p<0.001). Significant heterogeneity found between studies (Q<sup>w</sup> =51.14, p<0.001).
- 2. Relevant to Q4 Parent characteristics independent of the child. Review examined evidence in relation to association between 19 parent characteristics and physical abuse.

and what the Pearson's correlations signify in relation to categorical variables (e.g. parent gender). A high number of analyses resulted in statistically significant values for the Qw measure of homogeneity, suggesting a high degree of heterogeneity across studies. The authors have nonetheless chosen to combine these studies. and heterogeneity is taken in to account in the limitations section only.

Overall validity rating

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>3. Child characteristics, excluding parents (relates to Q3)</li> <li>4. Family characteristics (relates to Q4).</li> <li>1. Parent-child interactions/parental re-</li> </ul>	2.1 Anger/hyper reactivity Examined in 9 studies, n=345. Significant positive association with physical abuse, with medium effect size (r=0.34, p<0.001). Significant heterogeneity found between studies (Qw =14.25, p<0.05).  2.2 Anxiety Examined in 8 studies, n=563. Signifi-	
	<ul> <li>port of child behaviour (relates to Q4)</li> <li>Parent perceives child as problem - measured using Child Behavior Checklist; Eyberg behaviour inventory; Washington symptom checklist; Revised Conners parent rating scale; revised symptom behaviour checklist; Becker bi-polar checklist; interview; coded observation; parent/caregiver involvement scale; parenting stress index; relatedness scales.</li> <li>Unplanned pregnancy – no</li> </ul>	cant positive association with physical abuse, with small to medium effect size (r=0.29, p<0.001). No significant heterogeneity found between studies (Qw =4.39, p=ns).  2.3 Psychopathology Examined in 13 studies, n=8630. Significant positive association with physical abuse, with small to medium effect size (r=0.28, p<0.001). Significant heterogeneity found between studies (Qw =62.21, p<0.001).  2.4 Depression Examined in 14 studies, n=8258. Significant positive association with physical abuse, with small to medium effect size (r=0.27, p<0.001). Significant heterogeneity found between studies (Qw	
	<ul> <li>measures stated.</li> <li>Parent-child relationships - measured using observation using strange situation procedure; emotion management interview; observation using behavioural observation scoring system; questionnaire; observation using measure of maternal stimulation; observation using standardised observation codes 3rd revision; observation using maternal coding device; observation using interactional language; observation using Patterson system; observation using maternal style scale; observation using</li> </ul>	=46.18, p<0.001). 2.5 Self-esteem Examined in 11 studies, n=2485. Significant negative association with physical abuse, with small to medium effect size (r=-0.24, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =32.92, p<0.001). 2.6 Poor relationship with own parents Examined in 11 studies, n=2997. Significant positive association with physical abuse, with small to medium effect size (r=0.22, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =20.38, p<0.001). 2.7 Parent experienced childhood abuse Examined in 15 studies, n=3722. Significant positive association with physical abuse, with small to medium effect size (r=0.21, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =78.55, p<0.001).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	dyadic parent-child interaction cod-	2.8 Criminal behaviours Examined in 4 studies,	
	ing system; mother-child interaction	n=1963. Significant positive association with physi-	
	task; Q sort block child rearing prac-	cal abuse, with small to medium effect size (r=0.21,	
	tices; Caldwell's home observation;	p<0.001). No significant heterogeneity found be-	
	coded observation using Barnard	tween studies (Q <sup>w</sup> =0.66, p=ns).	
	scales.	2.9 Personal stress Examined in 22 studies,	
	<ul> <li>Parent use of corporal punishment -</li> </ul>	n=3114. Significant negative association with physi-	
	·	cal abuse, with small effect size (r=0,19, p<0.001).	
	measured using parent daily report; interview. Parenting behaviours -	Significant heterogeneity found between studies	
	measured using coded observation;	(Qw=50.74, p<0.001).	
	emotion management interview; pa-	2.10 Social support Examined in 20 studies,	
	rental problem-solving measure; in-	n=10315. Significant positive association with physi-	
	terview; parent opinion question-	cal abuse, with small effect size (r=-0.18, p<0.001).	
	naire; Michigan screening profile of	Significant heterogeneity found between studies (Q <sup>w</sup>	
	parenting; questionnaire/survey;	=65.32, p<0.001).	
	Vineland social maturity index; De-	2.11 Alcohol abuse Examined in 3 studies, n=654.	
	velopmental expectation question-	Significant positive association with physical abuse,	
	naire (Vineland Social Maturity In-	with small effect size (r=0.17, p<0.001). Significant	
	dex); manifest rejection scale; obser-	heterogeneity found between studies (Q <sup>w</sup> =8.06,	
	vation using maternal style scale; ob-	p<0.05).	
	servation using a role-play inventory;	2.12 Unemployment Examined in 8 studies, n=1263.	
	parent daily report; Hogan empathy	Significant positive association with physical abuse,	
	test; adult-adolescent parent inven-	with small effect size (r=0.15, p<0.001). Significant	
	tory; empathy scales. Stress over	heterogeneity found between studies (Q <sup>w</sup> =29.57,	
	parenting - interview; parenting	p<0.001).	
	stress index, questionnaire; parent-	2.13 Parenting coping and problem-solving skills Ex-	
	ing sense of competence scale.	amined in 4 studies, n=303. Significant positive as-	
	ing sense of competence scale.	sociation with physical abuse, with small effect size	
	2. Parent characteristics independent	(r=-0.14, p<0.05). Significant heterogeneity found	
	of the child (relates to Q4)	between studies (Q <sup>w</sup> =7.54, p<0.05).	
	Anger/hyper-reactivity - measured	2.14 Single parenthood Examined in 22 studies,	
	using Buss-Durkee hostility inven-	n=14223. Significant positive association with physi-	
		cal abuse, with small effect size (r=0.12, p<0.001).	
	tory; Michigan screening profile of	Significant heterogeneity found between studies (Q <sup>w</sup>	
	parenting; state-trait anger expres-	=108.23, p<0.001).	
	sion inventory; questionnaire; Eyberg	-100.20, μ<0.001 <i>)</i> .	

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
	child behaviour inventory; mood ad-	2.15 Parent age Examined in 31 studies, n=12146.	
	jective checklist; laboratory test.	Significant negative association with physical abuse,	
	<ul> <li>Anxiety - measured using Cattell's</li> </ul>	with small effect size (r=-0.10, p<0.001). Significant	
	16 personality factor questionnaire;	heterogeneity found between studies (Qw=234.05,	
	state-trait anxiety inventory; multiple	p<0.001).	
	affect adjective checklist; interna-	2.16 Drug abuse Examined in 3 studies, n=654. Sig-	
	tional classification of disease; DSM-	nificant positive association with physical abuse,	
	II diagnosis. Psychopathology -	with small effect size (r=08, p<0.05). No significant	
	measured using DSM-I diagnosis;	heterogeneity found between studies (Qw =2.18,	
	Tennessee self concept scale; Brief	p=ns).	
	symptom inventory; state-trait anxi-	2.17 Health problems Examined in 3 studies, n=286.	
	ety inventory; Cornell medical index;	Non-significant association with physical abuse, with	
	Mini-mult; symptom checklist-90-re-	small effect size (r=0.11, p=ns). No significant heter-	
	vised; current and past psycho-	ogeneity found between studies (Qw=3.17, p=ns).	
	pathology scales; diagnostic inter-	2.18 Parent gender Examined in 2 studies, n=7309.	
	view schedule; Rorschach; Depres-	Significant positive association with physical abuse,	
	sion self-esteem – California test of	with very small effect size (r=0.07, pp<0.001). No	
	personality; index of self-esteem; in-	significant heterogeneity found between studies (Qw	
	terpersonal support evaluation list;	=0.1, p=ns). 2.19 Approval of corporal punishment	
	Items from: parent child relations	Examined in 5 studies, n=1674. Non-significant as-	
	questionnaire; self-description and	sociation with physical abuse, with very small effect	
	mate description form; Interview; pa-	size (r=0.05, p=ns). No significant heterogeneity	
	rental attribution test; Questionnaire;	found between studies (Q <sup>w</sup> =5.65, p=ns).	
	Rosenberg self-esteem scale; Ten-		
	nessee self-concept scale.	3. Relevant to Q3 - Child characteristics, excluding	
	<ul> <li>Poor relationship with own parents –</li> </ul>	parents. Review examined evidence in relation to	
	Block child rearing practices report;	association between 7 child characteristics and	
	childhood social network question-	physical abuse.	
	naire; Interview; Michigan screening	3.1 Child social competence Examined in 14 stud-	
	profile of parenting; questionnaire.	ies, n=1527. Significant negative association with	
	Parent experienced childhood abuse	physical abuse, with small to medium effect size (r=-	
	<ul> <li>Adaptations or items from conflict</li> </ul>	0.26, pp<0.001). Significant heterogeneity found be-	
	tactics scales; attachment and sup-	tween studies (Qw=27.46, p<0.05).	
	port systems questionnaire; Inter-	3.2 Child externalising behaviours Examined in 31	
	view; Item from: survey on bringing	studies, n=2874. Significant positive association with	

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
	up children; psychosocial interview;	physical abuse, with small to medium effect size	
	questionnaire. Criminal behaviours –	(r=0.23, pp<0.001). Significant heterogeneity found	
	criminal records; interview; question-	between studies (Q <sup>w</sup> =135.69, p<0.001).	
	naire.	3.3 Child internalising behaviours Examined in 23	
	<ul> <li>Personal stress – checklist of stress-</li> </ul>	studies, n=2282. Significant positive association with	
	ful life events; hassles scale; health	physical abuse, with small effect size (r=0.15,	
	visitor questionnaire; interview. Items	pp<0.001). Significant heterogeneity found between	
	from: social readjustment rating	studies (Q <sup>w</sup> =50.62, p<0.001).	
	scale; life experience survey; parent-	3.4 Child gender Examined in 13 studies, n=1702.	
	ing stress Index; questionnaire; re-	Non-significant association with physical abuse, with	
	cent life changes questionnaire;	very small effect size (r=0.04, p=ns). No significant	
	schedule of recent experience family	heterogeneity found between studies (Qw=6.1,	
	life form; social readjustment rating	p=ns).	
	scale. Social support – attachment	3.5 Prenatal or neonatal problems Examined in 10	
	and support systems questionnaire;	studies, n=1432. Non-significant association with	
	community relationships index; diag-	physical abuse, with very small effect size (r=0.04,	
	nostic interview schedule; family re-	p=ns). No significant heterogeneity found between	
	lationship index; index of social net-	studies (Q <sup>w</sup> =15.34, p=ns).	
	work strength; interpersonal support	3.6 Child disability Examined in 4 studies, n=325.	
	evaluation list; interview; maternal	Non-significant association with physical abuse, with	
	social support index; parenting	very small effect size (r=0.01, p=ns). No significant	
	stress index; questionnaire; social	heterogeneity found between studies (Qw=0.8,	
	network map. alcohol abuse – diag-	p=ns).	
	nostic interview schedule; interview;	3.7 Child age Examined in 14 studies, n=3332. Non-	
	questionnaire.	significant association with physical abuse, with very	
	<ul> <li>Unemployment – Not reported.</li> </ul>	small effect size (r=-0.02, p=ns). No significant het-	
	<ul> <li>Parent coping and problem-solving</li> </ul>	erogeneity found between studies (Qw=12.63, p=ns).	
	skills – family environment scale;		
	Michigan screening profile of parent-	4. Relevant to Q4 - Family characteristics	
	ing; problem solving inventory; social	Review examined association between 7 family	
	information form; social problem	characteristics and physical abuse.	
	solving inventory (rev.); social sup-	4.1 Family conflict Examined in 5 studies, n=170.	
	port system inventory.	Significant positive association with physical abuse,	
	<ul> <li>Single parenthood – Not reported.</li> </ul>		
	Parent age – Not reported.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Drug abuse – Diagnostic interview schedule; interview; questionnaire.</li> <li>Health problems – Cornell medical index; parenting Stress Index; questionnaire.</li> <li>Parent gender – Not reported.</li> <li>Approval of corporal punishment – Item from: general social science survey; interview; treatment evaluation inventory.</li> <li>Child characteristics, excluding parents (relevant to Q3) –</li> <li>Child social competence – California child Q-set; child behavior checklist; child behavior form; coded observation; developmental profile; instrumental and social competence scale; peer ratings; Rothenberg social sensitivity test; self-perception profile for children; teacher's report form of the child behaviour profile; teacher's report; teacher's rating scale of child's actual behaviour; vineland social maturity index. Child externalising behaviours – behavior problem checklist; California child q-set; checklist of child distress symptoms; child abuse potential inventory; child behavior checklist; child behavior form; coded observation; coded observation using: core conflictual relationship theme method; Conners teacher rating scale; diagnostic interview schedule</li> </ul>	with medium effect size (r=0.39, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =16.02, p<0.05).  4.2 Family cohesion Examined in 5 studies, n=183. Significant negative association with physical abuse, with medium effect size (r=-0.32, p<0.001). No significant heterogeneity found between studies (Q <sup>w</sup> =3.02, p=ns).  4.3 Spousal violence Examined in 5 studies, n=773. Significant positive association with physical abuse, with small to medium effect size (r=0.22, p<0.001). No significant heterogeneity found between studies (Q <sup>w</sup> =3.82, p=ns).  4.4 Marital satisfaction Examined in 8 studies, n=840. Significant negative association with physical abuse, with small effect size (r=-0.16, p<0.001).  Significant heterogeneity found between studies (Q <sup>w</sup> =14.45, p<0.05).  4.5 Family size Examined in 23 studies, n=11224. Significant positive association with physical abuse, with small effect size (r=0.15, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =65.53, p<0.001).  4.6 Socio-economic status Examined in 16 studies, n=10321. Significant negative association with physical abuse, with small effect size (r=-0.14, pp<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =41.45, p<0.001).  4.7 Non-biological parent in home Examined in 3 studies, n=302. Non-significant association with physical abuse, with very small effect size (r=-0.03, p=ns). No significant heterogeneity found between studies (Q <sup>w</sup> =3.25, p=ns).	

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
	form; interview; observation using:	B – Effect sizes for neglect	
	interactional language; parenting		
	stress index/short form; Pittsburgh	5. Relevant to Q4 - Parent-child interaction/parental	
	adjustment survey scale; revised be-	report of child behaviour	
	havior problem checklist; self and	Review examined association between 4 character-	
	peer ratings: teachers report form of	istics of parent-child interaction/parental report of	
	child behavior profile; self-perception	child behaviour and neglect.	
	profile for children; teacher's rating	5.1 Parent-child relationships Examined in 11 stud-	
	scale of child's actual behaviour;	ies, n=400. Significant negative association with ne-	
	teacher's report form of the child be-	glect, with medium to large effect size (r=-0.48,	
	havior profile.	p<0.001). Significant heterogeneity found between	
	<ul> <li>Child internalising behaviours – Be-</li> </ul>	studies (Qw=58.16, p<0.001).	
	havior problem checklist; California	5.2 Parent perceives child as a problem Examined	
	child Q-set; checklist of child distress	in 4 studies, n=87. Significant positive association	
	symptoms; child behavior checklist;	with neglect, with medium to large effect size	
	child behavior problem checklist;	(r=0.41, p<0.001). No significant heterogeneity	
	child behavior profile; children's de-	found between studies (Q <sup>w</sup> =4.91, p=ns).	
	pression inventory; coded observa-	5.3 Parenting behaviours Examined in 8 studies,	
	tion; revised Conners parent rating	n=1016. Significant positive association with ne-	
	scale; Conners teacher rating scale;	glect, with small effect size (r=0.18, p<0.001). Signif-	
	diagnostic interview schedule for	icant heterogeneity found between studies	
	children; Harter dimensions of de-	(Q <sup>w</sup> =35.24, p<0.001).	
	pression profile for children; parent-	5.4 Stress over parenting Examined in 4 studies,	
	ing stress index; Pittsburgh adjust-	n=307. Significant positive association with neglect,	
	ment survey scale; preschool behav-	with small effect size (r=0.14, p<0.01). Significant	
	ior questionnaire; revised behavior	heterogeneity found between studies (Qw=40.82,	
	problem checklist; self and peer rat-	p<0.001).	
	ings; teacher's rating scale of child's		
	actual behaviour; teacher's report	6. Relevant to Q4 - Parent characteristics independ-	
	form of the child behavior profile.	ent of the child. Review examined the association of	
	<ul> <li>Child gender – Not reported.</li> </ul>	11 parent characteristics with neglect.	
	<ul> <li>Prenatal or neonatal problems – Di-</li> </ul>	6.1 Personal stress Examined in 3 studies, n=386.	
	agnostic interview schedule for chil-	Significant positive association with neglect, with	
	dren; hospital records; Interview;	medium effect size (r=0.38, p<0.001). Significant	
	questionnaire.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Child disability – Interview; questionnaire. Child age – Not reported.</li> <li>4. Family characteristics –</li> <li>Family conflict – coded observation; family concept inventory; family environment scale; Moos family environment scale. Family cohesion – Coded observation; family adaptability and cohesion evaluation scales-II; family environment scale; Moos family environment scale.</li> <li>Spousal violence – Interview; items from: conflict tactics scales; questionnaire. Marital satisfaction – Interview; marital adjustment test; parenting stress index; questionnaire.</li> <li>Family size – Not reported.</li> <li>Socioeconomic status – Not reported.</li> <li>Non-biological parent in home - Not reported.</li> </ul>	heterogeneity found between studies (Q <sup>w</sup> =24.84, p<0.001). 6.2 Anger/hyper-reactivity Examined in 3 studies, n=211. Significant positive association with neglect, with medium effect size (r=0.35, p<0.001). No significant heterogeneity found between studies (Q <sup>w</sup> =1.98, p=ns). 6.3 Self-esteem Examined in 4 studies, n=184. Significant negative association with neglect, with medium effect size (r=0.33, p<0.001). No significant heterogeneity found between studies (Q <sup>w</sup> =1.98, p=ns). 6.4 Psychopathology Examined in 8 studies, n=7652. Significant positive association with neglect, with small to medium effect size (r=0.25, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =14.45, p<0.05). 6.5 Unemployment Examined in 4 studies, n=719. Significant positive association with neglect, with small to medium effect size (r=0.25, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =8.69, p<0.05). 6.6 Depression Examined in 8 studies, n=8207. Significant positive association with neglect, with small to medium effect size (r=0.21, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =15.93, p<0.05). 6.7 Poor relationship with own parents Examined in 7 studies, n=855. Significant positive association with neglect, with small effect size (r=0.19, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =15.4, p<0.05). 6.8 Social support Examined in 13 studies, n=8582. Significant negative association with neglect, with small effect size (r=-0.16,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	parison, outcomes)	p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =55.11, p<0.001). 6.9 Parent experienced childhood abuse Examined in 6 studies, n=1417. Significant positive association with neglect, with small effect size (r=0.15, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =25.21, p<0.001). 6.10 Parent age Examined in 9 studies, n=8120. Significant negative association with neglect, with very small effect size (r=-0.012, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =19.94, p<0.05). 6.11 Single parenthood Examined in 9 studies, n=7751. Significant positive association with neglect, with very small effect size (r=0.08, p<0.001). No significant heterogeneity found between studies (Q <sup>w</sup> =13.41, p=ns).	
		7. Relevant to Q3 – Child characteristics, excluding parents Review examined the association between 5 child characteristics and neglect. 7.1 Child social competence Examined in 7 studies, n=584. Significant negative association with neglect, with medium effect size (r=-0.3, p<0.001). No significant heterogeneity found between studies (Q*=10.03, p=ns). 7.2 Child externalising behaviours Examined in 17 studies, n=956. Significant positive association with neglect, with small to medium effect size (r=0.22, p<0.001). Significant heterogeneity found between studies (Q*=35.37, p<0.01). 7.3 Child internalising behaviours Examined in 11 studies, n=922. Significant positive association with	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		neglect, with small effect size (r=0.11, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =48.22, p<0.01).  7.4 Child gender Examined in 5 studies, n=961. Non-significant association with neglect, with very small effect size (r=0.01, p=ns). No significant heterogeneity found between studies (Q <sup>w</sup> =0.28, p=ns).  7.5 Child age Examined in 8 studies, n=369. Nonsignificant association with neglect, with very small effect size (r=-0.01, p=ns). No significant heterogeneity found between studies (Q <sup>w</sup> =13.49, p=ns).  8. Relevant to Q4 – Family factors Review examined the association between 2 family factors and neglect.  8.1 Family size Examined in 12 studies, n=8546. Significant positive association with neglect, with small to medium effect size (r=0.26, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =75.19, p<0.001).  8.2 Socioeconomic status Examined in 10 studies, n=7986. Significant negative association with neglect, with small effect size (r=-0.19, p<0.001). Significant heterogeneity found between studies (Q <sup>w</sup> =36.29, p<0.001).	

23. Tonmyr L, Thornton T, Draca J et al. (2010 A review of childhood maltreatment and adolescent substance use relationship. Current Psychiatry Reviews 6(3): 223–34

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To 'identify the presence of an association between	Participants: Children and young people. Maltreated adolescents (school and community samples	Statistical data Odds ratios (the review authors recorded 95% confidence intervals or significance levels when these	Overall assessment of internal validity: +
child maltreatment (ne-	i.e. non-clinical; school samples do not include non-attendees). NB A	were available).	No formal quality appraisal.

# glect, witnessing domestic violence, physical, sexual and emotional maltreatment) and nicotine, alcohol and/or drug use/abuse among adolescents ...' (p224). Methodology: Systematic review. Country: Range of countries. Acierno et al., 2000/Kilpatrick et al., 25 years.

2000 – USA. Champion et al.. 2004 – USA. Clark et al., 2004; 2005 - USA. Fergusson et al., 1997; 1996 – New Zealand. Behnken et al., 2010 – USA. Bergen et al., 2004 - Australia. Chandy et al., 1997 – USA. Choquet et al., 1997 – France. Edgardh and Ormstad, 2000 -Sweden. Erickson and Rapkin, 1991 – USA. Frederiksen et al., 2008 - Denmark. Garnefski and Arends. 1998 -Netherlands. Hamburger et al., 2008 – USA. Hernandez et al.,

# PICO (population, intervention, comparison, outcomes)

number of the studies are linked to the same trial and appear to use the same sample.

### Sample characteristics:

• Age - Acierno et al., 2000/Kilpatrick et al., 2000 - 12-17 years. Champion et al., 2004 – 16–20 vears. Clark et al., 2004; 2005 -Not reported. Fergusson et al., 1997; 1996 – 0–18 years. Behnken et al., 2010 – 16 years. Bergen et al., 2004 – 13, 14, and 15 years. Chandy et al., 1997 – Mean age 15.3 years; grades 7-12. Choquet et al., 1997 – Mean age 16.2 years; grades 8–12. Edgardh and Ormstad, 2000 -17 years. Erickson and Rapkin, 1991 - Grades 6-12. Frederiksen et al., 2008 – 15–16 years; grade 9. Garnefski and Arends, 1998 – 12–19 years. Hamburger et al., 2008 – grades 7, 9, 11, 12. Hernandez et al., 1992 - Hernandez et al., 1993 - Grade 9, and grades 9–12. Hibbard et al., 1988 – 11–17 years. Hibbard et al., 1990 - Grades 7-12, Howard et al., 2005 – Grades 9-12. Lau et al., 2003 - Grade 8. Logan et al., 2009 - Grade 7. Luster and Small, 1997 - Grades 7-12. Nagy et al., 1994 – Grades 8 and 10. Nelson et al., 1994 -

### **Findings**

Neglect and alcohol use/abuse - The review identified 3 papers reporting on 2 studies which tested the association between neglect and alcohol use/abuse (Clark et al., 2004; Clark et al., 2005; and Shin et al., 2009). All 3 studies found an association between neglect and alcohol use/abuse, with respondents who reported neglect being more likely than those who did not report neglect to also report alcohol use abuse: however this association was only found to be significant in Clark et al., 2004 and Clark et al., 2005. The reported odds ratios of these studies ranged between 1.2 and 21.2. Clark et al., 2004: Respondents who reported neglect were significantly more likely than those who did not report neglect to report alcohol use/abuse; 3.2 odds ratio (95% CI 1.3 to 8.3). Clark et al., 2005: Respondents who reported neglect were significantly more likely than those who did not report neglect to report alcohol use/abuse: 21.2 odds ratio (95% CI 5.0 to 89.7). Shin et al., 2009: Respondents who reported neglect were more likely than those who did not report neglect to report alcohol use/abuse, however this association was not significant; 1.2 odds ratio (95% CI 1.0 to 1.5). NB Reported as significant by the review authors.

Neglect and cigarette use – The review did not identify any papers which reported on the association between neglect and cigarette use.

Neglect and 'drug' use/abuse – The review does not report on studies which measured the association between neglect and 'drug' use or abuse as it does for emotional abuse, physical abuse and sexual abuse.

## Overall validity rating

Overall assessment of external validity: ++

Overall validity rating:

+

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
1992/1993 – USA. Hib-	Grades 9–12. Moran et al., 2004	Neglect and use or abuse of other substances – The	
bard et al., 1988 – USA.	<ul> <li>– Grades 10–12. Pedersen and</li> </ul>	review does not report on studies which measured	
Hibbard et al., 1990 –	Skrondal, 1996 – Mean age 13.7	the association between neglect and use or abuse of	
USA. Howard et al.,	years. Perkins and Jones, 2004	other substances as it does for emotional abuse,	
2005 – USA. Lau et al.,	<ul> <li>– 12–17 years. Riggs et al., 1990</li> </ul>	physical abuse and sexual abuse (i.e. mariju-	
2003 – Hong Kong. Lo-	<ul> <li>– Grades 9-12. Shin et al., 2009</li> </ul>	ana/hashish, cocaine/crack, methamphetamine, bar-	
gan et al., 2009 – USA.	<ul> <li>– Grades 7–12. Simantov et al.,</li> </ul>	biturate, stimulants/uppers/speed, inhalants, hallucin-	
Luster and Small, 1997	2000 – Grades 7–12. Southwick-	ogens, 'designer drugs', steroids, or medication/pre-	
<ul><li>USA. Nagy et al.,</li></ul>	Bensley et al., 1999 – Grades 8,	scription).	
1994 – USA. Nelson et	10, and 12. Watts and Ellis, 1993		
al., 1994 – USA. Moran	<ul> <li>– Grades 7–13. Yen et al., 2008</li> </ul>	Witnessing domestic violence and alcohol use/abuse	
et al., 2004 – USA.	<ul><li>– 13–18 years.</li></ul>	<ul> <li>The review identified two papers which reported on</li> </ul>	
Pedersen and Skrondal,	Sex - Acierno et al., 2000/Kilpat-	the association between witnessing domestic violence	
1996 – Norway. Perkins	rick et al., 2000 – Not reported.	and alcohol use/abuse (Hamburger et al., 2008; and	
and Jones, 2004 – USA.	Champion et al., 2004 – Male	Simantov et al., 2000 – reported for both males and	
Riggs et al., 1990 –	and female. Clark et al., 2004;	females). Both studies found an association between	
USA. Shin et al., 2009 –	2005 – Not reported. Fergusson	witnessing domestic violence and alcohol use/abuse,	
USA. Simantov et al.,	et al., 1997; 1996 – Not reported.	with respondents who reported domestic violence be-	
2000 – USA. Southwick-	Behnken et al., 2010 – Female.	ing more likely to report alcohol use/abuse than those	
Bensley et al., 1999 –	Bergen et al., 2004 – Male and	who did not report witnessing domestic violence (for	
USA. Watts and Ellis,	female. Chandy et al., 1997 –	both females and males as reported in Simantov et	
1993 – USA. Yen et al.,	Male. Choquet et al., 1997 – Not	al., 2000). Hamburger et al., 2008 found that the as-	
2008 – Taiwan. The re-	reported. Edgardh and Ormstad,	sociation was significant; whilst Simantov et al., 2000	
view was conducted by	2000 – Male and female. Erick-	found that the association was significant in females	
researchers based in	son and Rapkin, 1991 – Not re-	but not in males. The reported odds ratios of these	
Canada.	ported. Frederiksen et al., 2008	studies ranged between 1.4 and 1.9. Hamburger et	
	<ul> <li>– Male and female. Garnefski</li> </ul>	al., 2008: Respondents who reported domestic vio-	
Source of funding: Not	and Arends, 1998 – Not re-	lence were significantly more likely than those who	
reported.	ported. Hamburger et al., 2008 –	did not report witnessing domestic violence to report	
	Not reported. Hernandez et al.,	alcohol use abuse; 1.9 (95% CI 1.6 to 2.2). Simantov	
	1992 – Male and female. Her-	et al., 2000 (males): Male respondents who reported	
	nandez et al., 1993 – Male. Hib-	witnessing domestic violence were more likely than	
	bard et al., 1988 – Not reported.	those who did not report witnessing domestic violence	
	Hibbard et al., 1990 – Not re-	to report alcohol use/abuse, but this association was	
	ported. Howard et al., 2005 –	not significant; 1.4 odds ratio (95% CI 0.9 to 2.0).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Type of abuse - Prevalence esti-	abuse and sexual abuse. Witnessing domestic vio-	
	mates – Acierno et al., 2000/Kil-	lence and use or abuse of other substances. The re-	
	patrick et al., 2000 – Sexual as-	view does not report on studies which measured the	
	sault 8%; physical assault 22%.	association between witnessing domestic violence	
	Champion et al., 2004 – Sexual	and use or abuse of other substances as it does for	
	victimisation – male 2.8%; fe-	emotional abuse, physical abuse and sexual abuse	
	male 7.1%. Clark et al., 2004;	(i.e. marijuana/hashish, cocaine/crack, methampheta-	
	2005 – Supervisory neglect	mine, barbiturate, stimulants/uppers/speed, inhalants,	
	6.5%. Fergusson et al., 1997;	hallucinogens, 'designer drugs', steroids, or medica-	
	1996 – Physical maltreatment –	tion/prescription).	
	children reporting that they had		
	'regularly' been physically mal-	Emotional abuse and alcohol use/abuse – The review	
	treated 7.6%; children reporting	identified one paper which reported on the associa-	
	that had been physically mal-	tion between emotional abuse and alcohol use/abuse	
	treated 'too often' or 'too se-	(Moran et al., 2004). The study found that there was a	
	verely' 3.9%; sexual abuse	significant association between emotional abuse and	
	10.4%. Behnken et al., 2010 –	alcohol use/abuse, with respondents who reported	
	Sexual abuse 11%. Bergen et	emotional abuse being significantly more likely than	
	al., 2004 – Sexual abuse –	those who did not report emotional abuse to report al-	
	males aged 13, 14, or 15 = 1.6-	cohol use/abuse. Moran et al., 2004: Respondents	
	2.0%; females aged 13, 14, or	who reported emotional abuse were significantly more	
	15 = 5.4-6.7%. Chandy et al.,	likely than those who did not report emotional abuse	
	1997 – Sexual abuse 2.2%. Cho-	to report alcohol use/abuse; 1.5 odds ratio (Reported	
	quet et al., 1997 – Sexual abuse	by review authors as significant but 95% CI is not re-	
	<ul><li>rape 0.8%; attempted rape</li></ul>	ported).	
	2.1%; 'another sexual assault'		
	1.9%. Edgardh and Ormstad,	Emotional abuse and cigarette use – The review iden-	
	2000 – Sexual abuse – male	tified one paper which reported on the association be-	
	3.1%; female 11.2%. Erickson	tween emotional abuse and cigarette use (Moran et	
	and Rapkin, 1991 – Unwanted	al., 2004). The study found that there was a signifi-	
	sexual experiences 15%. Freder-	cant association between emotional abuse and ciga-	
	iksen et al., 2008 – Physical	rette use, with respondents who reported emotional	
	abuse – male 3.5%; female	abuse being significantly more likely than those who	
	2.7%. Garnefski and Arends,	did not report emotional abuse to report cigarette use.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	1998 – Sexual abuse 6%. Ham-	Moran et al., 2004: Respondents who reported emo-	
	burger et al., 2008 – Sexual	tional abuse were significantly more likely than those	
	abuse 8.9%; physical abuse	who did not report emotional abuse to report cigarette	
	22.3%, witnessing domestic vio-	use; 1.4 odds ratio (reported by review authors as sig-	
	lence 32.4%. Hernandez et al.,	nificant but 95% CI is not reported).	
	1992 – Sexual abuse (incest, ex-		
	tra familial) - male and female	Emotional abuse and 'drug' use/abuse – The review	
	10%; male 6.8%; physical abuse	identified one paper which reported on the associa-	
	9.1%. Hernandez et al., 1993 –	tion between emotional abuse and 'drug' use (Moran	
	Sexual abuse (incest, extra fa-	et al., 2004). The study found that the association	
	milial) - male and female 10%;	was non-significant (statistical data not presented).	
	male 6.8%; physical abuse		
	9.1%. Hibbard et al., 1988 –	Emotional abuse and use or abuse of other sub-	
	Physical abuse 10.3%; sexual	stances – The review did not identify any papers	
	abuse 4.1%. Hibbard et al., 1990	which reported on the associations between emo-	
	<ul><li>– Physical abuse 9.0%; sexual</li></ul>	tional abuse and use or abuse of marijuana or hash-	
	abuse 4.3%. Howard et al., 2005	ish; cocaine or crack; methamphetamines; barbitu-	
	<ul><li>– Sexual abuse – male 5.1%; fe-</li></ul>	rates; stimulants (uppers, speed); inhalants; hallucin-	
	male 10.2%. Lau et al., 2003 –	ogens; 'designer drugs'; steroids; medication (pre-	
	Physical abuse – 'beaten for no	scription).	
	reason/last 6 months' (p228)		
	10.9%; 'ever' beaten 10.4%. Lo-	Physical abuse and alcohol use/abuse – The review	
	gan et al., 2009 – Physical	identified 14 papers which reported on the association	
	abuse – male 18%; female 19%.	between physical abuse and alcohol use/abuse (Fer-	
	Luster and Small, 1997 – Sexual	gusson et al., 1997; Frederikson et al., 2008; Ham-	
	abuse – 'currently' 1%; 'before'	burger et al., 2008; Hernandez et al., 1993; Hibbard	
	7%. Nagy et al., 1994 – Sexual	et al., 1988; Hibbard et al., 1990; Kilpatrick et al.,	
	abuse 12.6%. Nelson et al.,	2000; Lau et al., 2003; Moran et al., 2004; Perkins	
	1994 – Sexual abuse 20.9%.	and Jones, 2004; Riggs et al., 1990; Shin et al., 2009;	
	Moran et al., 2004 – Emo-	Southwick-Bensley et al., 1999; Yen et al., 2008).	
	tional/verbal abuse 9.5%; physi-	Both Frederikson et al., 2008 and Lau et al., 2003	
	cal abuse 10.6%; sexual abuse	used a number of different measures. Frederikson et	
	5.5%. Pedersen and Skrondal,	al., 2008 measured associations in both females and	
	1996 – Sexual abuse - male 1%;	males, whilst Southwick-Bensley et al., 1999 meas-	
	female 17%. Perkins and Jones,	ured whether association varied by age group. All of	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	-	
	2004 – Physical abuse 20.1%.	the studies found at least 1 significant association be-	
	Riggs et al., 1990 – Sexual	tween physical abuse and alcohol use/abuse, with re-	
	abuse 5.4%; physical abuse	spondents who reported physical abuse being signifi-	
	5.2%. Shin et al., 2009 – Before	cantly more likely than those who did not report physi-	
	grade 6 – physical abuse; sexual	cal abuse to report alcohol use/abuse. However,	
	abuse; neglect (prevalence not	Frederikson et al., 2008 found that the significance of	
	reported). Simantov et al., 2000	the association in females depended on the measure	
	<ul><li>– Family violence 25.9%. South-</li></ul>	used; and Southwick-Bensley et al., 1999 found that	
	wick-Bensley et al., 1999 –	significance of the association varied according to	
	Abuse 11%; sexual molestation	age group. Southwick-Bensley et al., 1999 also found	
	5.8%. Watts and Ellis, 1993 –	a non-significant effect in the reverse direction; i.e.	
	Sexual molestation 8.7%. Yen et	that participants who had experienced physical abuse	
	al., 2008 – Physical abuse	were less likely to report alcohol use/abuse. The re-	
	22.2%.	view authors suggest that this may be due to resili-	
	<ul> <li>Looked after or adopted status -</li> </ul>	ence or the result of protective factors such as foster	
	Not reported for any of the in-	care placement, extra-curricular activities, etc.). The	
	cluded studies.	reported odds/relative risk ratios of these studies	
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	ranged between 0.8 and 8.9. [19] Kilpatrick et al.,	
	refugee or trafficked children -	2000: Respondents who reported physical abuse	
	Not reported for any of the in-	were significantly more likely than those who did not	
	cluded studies.	report physical abuse to report alcohol use/abuse;	
		odds ratio=3.9, 95% CI not reported; reported as sig-	
	Sample size: The review included	nificant by review authors. [24] Fergusson et al.,	
	35 articles covering 31 studies.	1997: Respondents who reported physical abuse	
	The total sample size of the stud-	were significantly more likely than those who did not	
	ies combined is not reported by the	report physical abuse to report alcohol use/abuse,	
	review authors. Due to concerns	statistical data not presented; reported as significant	
	regarding overlaps between sam-	by review authors. [31] Frederikson et al., 2008 (re-	
	ples this has not been calculated	sults vary by measure; male): Male respondents who	
	by the NCCSC. Sample sizes for	reported physical abuse were more likely than those	
	each study are given below: Aci-	who did not report physical abuse to report alcohol	
	erno et al. 2000/Kilpatrick et al.	use/abuse; however this association was not signifi-	
	2000, n=4023 Behnken et al. 2010	cant; odds ratio=1.5 (95% CI 0.6 to 3.5). [31] Freder-	
	n=6364 Bergen et al. 2004,	ikson et al., 2008 (results vary by measure; male):	
	n=2596 Champion et al. 2004,	Male respondents who reported physical abuse were	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	n=1883 Chandy et al. 1997, n=740	more likely than those who did not report physical	
	Choquet et al. 1997, n=183 Clark	abuse to report alcohol use/abuse; however this as-	
	et al. 2004; 2005, n=170 Edgardh	sociation was not significant; odds ratio=1.4 (95% CI	
	and Ormstad, 2000, n=1943 Erick-	0.2 to 11.0). [31] Frederikson et al., 2008 (results vary	
	son and Rapkin, 1991, n=1197	by measure; female): Female respondents who re-	
	Fergusson et al. 1997; 1996,	ported physical abuse were more likely than those	
	n=1025 Frederiksen et al. 2008	who did not report physical abuse to report alcohol	
	n=6009 Garnefski and Arends,	use/abuse; however this association was not signifi-	
	1998 n=1490 Hamburger et al.	cant; odds ratio=1.1 (95% CI 0.6 to 1.8). [31] Freder-	
	2008 n=3559 Hernandez et al.	ikson et al., 2008 (results vary by measure; female):	
	1992 n=3178 Hernandez et al.	Female respondents who reported physical abuse	
	1993 n=2973 Hibbard et al. 1988	were significantly more likely than those who did not	
	n=712 Hibbard et al. 1990 n=3998	report physical abuse to report alcohol use/abuse;	
	Howard et al. 2005 n=13601 Lau	odds ratio=8.9 (95% CI 2.5 to 32.1). [33] Hamburger	
	et al. 2003 n=489 Logan et al.	et al., 2008: Respondents who reported physical	
	2009 n=1484 Luster and Small,	abuse were significantly more likely than those who	
	1997 n=36533 Moran et al. 2004	did not report physical abuse to report alcohol	
	n=2164 Nagy et al. 1994. n=3018	use/abuse; odds ratio=1.9 (95% CI 1.6 to 2.3). [35]	
	Nelson et al. 1994 n=2332 Peder-	Hernandez et al., 1993: Respondents who reported	
	sen and Skrondal, 1996 n=597	physical abuse were more likely than those who did	
	Perkins and Jones, 2004 n=16313	not report physical abuse to report alcohol use/abuse;	
	Riggs et al. 1990 n=600 Shin et al.	however this association was not significant, statisti-	
	2009 n=12478 Simantov et al.	cal data not presented; reported as non-significant by	
	2000 n=5513 Southwick-Bensley	review authors. [36] Hibbard et al., 1988: Respond-	
	et al. 1999 n=4790 Watts and Ellis,	ents who reported physical abuse were significantly	
	1993 n=670 Yen et al. 2008	more likely than those who did not report physical	
	n=1684.	abuse to report alcohol use/abuse; relative risk ra-	
		tio=1.8, 95% CI not reported; reported as significant	
	Recognition indicators meas-	by review authors. [37] Hibbard et al., 1990: Re-	
	ured: Substance abuse - (5 ques-	spondents who reported physical abuse were more	
	tions, prevalence rate). Substance	likely than those who did not report physical abuse to	
	use/abuse – Smoked cigarettes in	report alcohol use/abuse; however this association	
	last 30 days (prevalence rate); past	was not significant, relative risk ratio=1.8 (95% CI 1.0	
	year abuse/dependence on alco-	to 3.4). [39] Lau et al., 2003 (results vary with meas-	
		ure): Respondents who reported physical abuse were	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	hol/hard drugs/marijuana (preva-	significantly more likely than those who did not report	
	lence rates). Kilpatrick et al., 2000	physical abuse to report alcohol use/abuse; odds ra-	
	<ul> <li>– Maltreatment - Sexual assault (4</li> </ul>	tio=2.6, 95% CI not reported; reported as significant	
	questions, prevalence rate); physi-	by review authors. [39] Lau et al., 2003 (results vary	
	cal assault (5 questions, preva-	with measure): Respondents who reported physical	
	lence rate). Substance use/abuse	abuse were significantly more likely than those who	
	<ul> <li>Smoked cigarettes in last 30</li> </ul>	did not report physical abuse to report alcohol	
	days (prevalence rate); past year	use/abuse; odds ratio=2.9, 95% CI not reported; re-	
	abuse/dependence on alcohol/hard	ported as significant by review authors. [44] Moran et	
	drugs/marijuana (prevalence rate).	al., 2004: Respondents who reported physical abuse	
	Champion et al., 2004 – Maltreat-	were significantly more likely than those who did not	
	ment – Sexual victimisation (2	report physical abuse to report alcohol use/abuse;	
	questions, self-reported, preva-	odds ratio=2.1, 95% CI not reported; reported as sig-	
	lence rate). Substance use/abuse	nificant by review authors. [46] Perkins and Jones,	
	<ul> <li>Alcohol – age of first drink; binge</li> </ul>	2004: Respondents who reported physical abuse	
	drinking in past 2 weeks (preva-	were significantly more likely than those who did not	
	lence rate). Marijuana – Use in	report physical abuse to report alcohol use/abuse,	
	past 30 days. Clark et al.,	statistical data not presented; reported as significant	
	2004/2005 – Maltreatment – Su-	by review authors. [47] Riggs et al., 1990: Respond-	
	pervisory neglect (4 questions,	ents who reported physical abuse were significantly	
	prevalence rate). Substance	more likely than those who did not report physical	
	use/abuse – Alcohol use disorder	abuse to report alcohol use/abuse; odds ratio=3.3	
	(prevalence rate). Self-report. Fer-	(95% CI 1.1 to 9.6). [48] Shin et al., 2009: Respond-	
	gusson et al., 1997; 1996 – Mal-	ents who reported physical abuse were significantly	
	treatment – Physical maltreatment	more likely than those who did not report physical	
	(10 questions, prevalence rate);	abuse to report alcohol use/abuse; odds ratio=1.3	
	sexual abuse (prevalence rate).	(95% CI 1.0 to 1.8). [50] Southwick-Bensley et al.,	
	Substance use/abuse – Nicotine –	1999 (results vary with age): Respondents who re-	
	dependence; alcohol –abuse/de-	ported physical abuse were significantly more likely	
	pendence; cannabis - abuse/de-	than those who did not report physical abuse to report	
	pendence. Self-report. Behnken et	alcohol use/abuse; odds ratio=5.2 (95% CI 2.7 to	
	al., 2010 – Maltreatment – Sexual	9.8). [50] Southwick-Bensley et al., 1999 (results vary	
	abuse (1 question, self-report,	with age): Respondents who reported physical abuse	
	prevalence rate). Substance	were more likely than those who did not report physi-	
	use/abuse – Alcohol – 5 or more	cal abuse to report alcohol use/abuse; however this	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	drinks in a row in past 30 days,	association was not significant; odds ratio=1.7 (95%	
	prevalence rate. Bergen et al.,	CI 0.8 to 3.4). [50] Southwick-Bensley et al., 1999 (re-	
	2004 – Maltreatment – Sexual	sults vary with age): Respondents who reported phys-	
	abuse (1 question – yes/no – if	ical abuse were less likely than those who did not re-	
	yes, further 2 questions, preva-	port physical abuse to report alcohol use/abuse; how-	
	lence rate). Substance use/abuse	ever this association was not significant; odds ra-	
	<ul><li>Use in the last year of: - alcohol;</li></ul>	tio=0.8 (95% CI 0.3 to 1.8). NB It appears that a mis-	
	tobacco; marijuana; acid or LSD;	take has been made in relation to the notation for this	
	sniff glue, petrol or solvents; in-	study. In the table a single X has been used but the	
	jected illegal drugs (heroin/speed);	legend uses an asterisk to denote that results vary	
	oral stimulants (speed, crack, ec-	with age. [52] Yen et al., 2008: Respondents who re-	
	stasy), magic mushrooms. Self-re-	ported physical abuse were significantly more likely	
	port. Chandy et al., 1997 – Mal-	than those who did not report physical abuse to report	
	treatment – Sexual abuse (1 ques-	alcohol use/abuse; odds ratio=3.4 (95% CI 2.4 to	
	tion, prevalence rate). Substance	4.7).	
	use/abuse – Use of alcohol, to-		
	bacco and marijuana. Self-report.	Physical abuse and cigarette use – The review identi-	
	Choquet et al., 1997 – Maltreat-	fied 8 papers which reported on the association be-	
	ment – Sexual abuse (1 question –	tween physical abuse and cigarette use (Acierno et	
	if yes, further 3 questions, preva-	al., 2000 – males and females; Fergusson et al.,	
	lence rate). Substance use/abuse	1997; Frederikson et al., 2008 – males and females;	
	<ul> <li>Consumption of alcohol, drugs,</li> </ul>	Hibbard et al., 1988; Lau et al., 2003 – using two dif-	
	cigarettes. Smoking. Self-report.	ferent measures; Moran et al., 2004; Perkins and	
	Edgardh and Ormstad, 2000 –	Jones, 2004; and Riggs et al., 1990. All 8 studies	
	Maltreatment – Sexual abuse (6	found a significant association between physical	
	questions, prevalence rate, self-re-	abuse and cigarette use, with respondents who re-	
	port). Substance use/abuse (self-	ported physical abuse being significantly more likely	
	report) – Alcohol – drunk before 15	than those who did not report physical abuse to report	
	years old; drugs – tried illicit drugs.	cigarette use. Both Acierno et al., 2000 and Frederik-	
	Erickson and Rapkin, 1991 – Mal-	son et al., 2008 found this to be the case in males	
	treatment – Unwanted sexual ex-	and females; and Lau et al., 2003 found that this was	
	periences (questions, prevalence	the case using two different measures. The reported	
	rate). Substance use/abuse. Fred-	odds/relative risk ratios of these studies ranged be-	
	eriksen et al., 2008 – Maltreatment	tween 1.8 and 6.1. [18] Acierno et al., 2000 (males):	
	(1 question – if yes, further 4, self-	Male respondents who reported physical abuse were	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	report, prevalence rate). Sub-	significantly more likely than those who did not report	
	stance use/abuse (self-report) –	physical abuse to report cigarette use; odds ratio=2.5	
	Frequency of use of alcohol and	(95% CI not reported; reported as significant by re-	
	drugs. Garnefski and Arends, 1998	view authors). [18] Acierno et al., 2000 (females): Fe-	
	<ul> <li>Maltreatment – Sexual abuse (1</li> </ul>	male respondents who reported physical abuse were	
	question, self-report, prevalence	significantly more likely than those who did not report	
	rate). Substance use/abuse (self-	physical abuse to report cigarette use; odds ratio=4.1	
	report) – Alcohol – use in last	(95% CI not reported; reported as significant by re-	
	month; Marijuana – use in last	view authors). [24] Fergusson et al., 1997: Respond-	
	year. Hamburger et al., 2008 –	ents who reported physical abuse were significantly	
	Maltreatment (self-report) – Sexual	more likely than those who did not report physical	
	abuse (1 question, self-report,	abuse to report cigarette use - statistical data not pre-	
	prevalence rate); physical abuse (1	sented; reported as significant by review authors. [31]	
	question, prevalence rate); wit-	Frederikson et al., 2008 (males): Male respondents	
	nessing domestic violence (1 ques-	who reported physical abuse were significantly more	
	tion, prevalence rate). Substance	likely than those who did not report physical abuse to	
	use/abuse – Ever drunk alco-	report cigarette use; odds ratio=6.1 (95% CI 2.7 to	
	hol/age of initiation. Hernandez et	13.7). [31] Frederikson et al., 2008 (females): Female	
	al., 1992 – Maltreatment (self-re-	respondents who reported physical abuse were signif-	
	port) – Sexual abuse – incest and	icantly more likely than those who did not report phys-	
	extra familial (2 questions, preva-	ical abuse to report cigarette use; odds ratio=2.8	
	lence rate); physical abuse (1	(95% CI 1.6 to 4.8). [36] Hibbard et al., 1988 (relative	
	question, prevalence rate). Sub-	risk ratio): Respondents who reported physical abuse	
	stance use/abuse (self-report) –	were significantly more likely than those who did not	
	Use of cigarettes and alcohol; fre-	report physical abuse to report cigarette use; relative	
	quency of intoxication and amount	risk ratio=1.8 (95% CI not reported; reported as signif-	
	drunk; drinking problem; drug use	icant by review authors). [39] Lau et al., 2003 (results	
	(marijuana, inhalants, speed, co-	vary with measure): Respondents who reported phys-	
	caine, crack). Hernandez et al.,	ical abuse were significantly more likely than those	
	1993 – Maltreatment (self-report) –	who did not report physical abuse to report cigarette	
	Sexual abuse – incest and extra	use; odds ratio=3.2 (95% CI not reported; reported as	
	familial (2 questions, prevalence	significant by review authors, scale not reported). [39]	
	rate); physical abuse (1 question,	Lau et al., 2003 (results vary with measure): Re-	
	prevalence rate). Substance	spondents who reported physical abuse were signifi-	
	use/abuse (self-report) – Use of		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	cigarettes and alcohol; frequency	cantly more likely than those who did not report physi-	
	of intoxication and amount drunk;	cal abuse to report cigarette use; odds ratio=4.4 (95%	
	drinking problem; drug use (mariju-	CI not reported; reported as significant by review au-	
	ana, inhalants, speed, cocaine,	thors, scale not reported). [44] Moran et al., 2004: Re-	
	crack). Hibbard et al., 1988 – Mal-	spondents who reported physical abuse were signifi-	
	treatment (self-report) – Physical	cantly more likely than those who did not report physi-	
	abuse (1 question, prevalence	cal abuse to report cigarette use; odds ratio=2.3 (95%	
	rate); Sexual abuse (1 question,	CI not reported; reported as significant by review au-	
	prevalence rate). Substance	thors). [46] Perkins and Jones, 2004: Respondents	
	use/abuse (self-report) – smoke	who reported physical abuse were significantly more	
	cigarettes; ever used alcohol, mari-	likely than those who did not report physical abuse to	
	juana or drugs. Hibbard et al.,	report cigarette use - statistical data not presented;	
	1990 – Maltreatment (self-report) –	reported as significant by review authors. [47] Riggs	
	Physical abuse (1 question, preva-	et al., 1990: Respondents who reported physical	
	lence rate); Sexual abuse (1 ques-	abuse were significantly more likely than those who	
	tion, prevalence rate). Substance	did not report physical abuse to report cigarette use;	
	use/abuse (self-report) – Use of al-	odds ratio=3.2 (95% CI 1.2 to 8.5).	
	cohol and marijuana. Howard et		
	al., 2005 – Maltreatment – Sexual	Physical abuse and drug use/abuse – The review	
	abuse (1 question, prevalence	identified 10 studies which reported on the associa-	
	rate). Substance use/abuse – Cig-	tion between physical abuse and 'drug' use/abuse	
	arettes – amount smoked in last 30	(Kilpatrick et al., 2000 – using 2 different measures;	
	days; 5 or more drinks in last 30	Hernandez et al., 1993; Hibbard et al., 1988 – using	
	days; use of cocaine or glue in last	two different measures; Hibbard et al., 1990; Lau et	
	30 days. Lau et al., 2003 – Mal-	al., 2003 – using 2 different measures; Logan et al.,	
	treatment – Physical abuse –	2009; Moran et al., 2004; Perkins and Jones; Riggs et	
	beaten for no reason/ever beaten	al., 1990; Southwick-Bensley et al., 1999. All of these	
	(3 questions, prevalence rate).	studies found a significant association between physi-	
	Substance use/abuse – Consump-	cal abuse and drug use/abuse, with participants who	
	tion of alcohol, smoking, or abuse	reported physical abuse being significantly more likely	
	of medication (prescription drugs)	than those who did not report physical abuse to report	
	in last 6 months. Logan et al., 2009	drug use/abuse; with the exception of Riggs et al.,	
	<ul> <li>Maltreatment – Physical abuse</li> </ul>	1990 which found that the association was not signifi-	
	(1 question, prevalence rate). Sub-	cant. Kilpatrick et al., 2000; Hibbard et al., 1988; and	
	stance use/abuse – use of drugs		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	(2-3 days per month) in last 12	Lau et al., 2003 all found a significant association us-	
	months. Luster and Small, 1997 –	ing more than one measure. The reported odds/rela-	
	Maltreatment – Sexual abuse (1	tive risk ratios of these studies ranged between 1.8	
	question, prevalence rate). Sub-	and 20.4. [19] Kilpatrick et al., 2000 (results vary with	
	stance use/abuse – binge drinking.	measure): Respondents who reported physical abuse	
	Nagy et al., 1994 – Maltreatment –	were significantly more likely than those who did not	
	Sexual abuse (3 questions, preva-	report physical abuse to report drug use/abuse; odds	
	lence rate). Substance use/abuse	ratio=4.8 (95% CI not reported; reported as significant	
	<ul> <li>use of alcohol, use of drugs in</li> </ul>	by review authors). [19] Kilpatrick et al., 2000 (results	
	past month. Nelson et al., 1994 –	vary with measure): Respondents who reported phys-	
	Maltreatment – Sexual abuse (2	ical abuse were significantly more likely than those	
	questions, prevalence rate). Sub-	who did not report physical abuse to report drug	
	stance use/abuse – Smoke ciga-	use/abuse; odds ratio=12.4 (95% CI not reported; re-	
	rettes; use of alcohol, marijuana in	ported as significant by review authors). [35] Hernan-	
	past 30 days; ever used cocaine.	dez et al., 1993: Respondents who reported physical	
	Moran et al., 2004 – Maltreatment	abuse were significantly more likely than those who	
	<ul> <li>Emotional/verbal abuse (1 ques-</li> </ul>	did not report physical abuse to report drug	
	tion, prevalence rate); physical	use/abuse - statistical data not presented; reported as	
	abuse (1 question, prevalence	significant by review authors. [36] Hibbard et al., 1988	
	rate); sexual abuse (1 question,	(results vary with measure): Respondents who re-	
	prevalence rate). Substance	ported physical abuse were significantly more likely	
	use/abuse – chewing tobacco; fre-	than those who did not report physical abuse to report	
	quency of smoking cigarettes; al-	drug use/abuse; relative risk ratio=2.1 (95% CI not re-	
	cohol; drugs (marijuana, cocaine,	ported; reported as significant by review authors). [36]	
	barbiturates and heroin. Pedersen	Hibbard et al., 1988 (results vary with measure): Re-	
	and Skrondal, 1996 – Maltreatment	spondents who reported physical abuse were signifi-	
	<ul> <li>Sexual abuse (1 question, preva-</li> </ul>	cantly more likely than those who did not report physi-	
	lence rate). Substance use/abuse	cal abuse to report drug use/abuse; relative risk ra-	
	<ul> <li>alcohol consumption (alcohol re-</li> </ul>	tio=2.1 (95% CI not reported; reported as significant	
	lated diagnosis by Rutgers Alcohol	by review authors). [37] Hibbard et al., 1990: Re-	
	Problem Index – 23 questions).	spondents who reported physical abuse were signifi-	
	Perkins and Jones, 2004 – Mal-	cantly more likely than those who did not report physi-	
	treatment – Physical abuse (1	cal abuse to report drug use/abuse; relative risk ra-	
	question, prevalence rate). Sub-	tio=2.2 (95% CI 1.1 to 4.4). [39] Lau et al., 2003 (re-	
		sults vary with measure): Respondents who reported	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	stance use/abuse – Use of to-	physical abuse were significantly more likely than	
	bacco, alcohol, drugs (e.g. am-	those who did not report physical abuse to report drug	
	phetamines, crack/cocaine, and	use/abuse; odds ratio=6.3 (95% CI not reported; re-	
	marijuana). Riggs et al., 1990 –	ported as significant by review authors). [39] Lau et	
	Maltreatment – Sexual abuse (1	al., 2003 (results vary with measure): Respondents	
	question – if yes, further 1, preva-	who reported physical abuse were significantly more	
	lence rate); physical abuse (1	likely than those who did not report physical abuse to	
	question, prevalence rate). Sub-	report drug use/abuse; odds ratio=20.4 (95% CI not	
	stance use/abuse – Use of ciga-	reported; reported as significant by review authors).	
	rettes, alcohol, drugs/marijuana.	[40] Logan et al., 2009: Respondents who reported	
	Shin et al., 2009 – Maltreatment	physical abuse were significantly more likely than	
	(Self-report) – Physical abuse be-	those who did not report physical abuse to report drug	
	fore grade 6 (1 question, preva-	use/abuse; prevalence ratio=1.8 (95% CI 1.3 to 2.3).	
	lence rate); Sexual abuse before	[44] Moran et al., 2004: Respondents who reported	
	grade 6 (1 question, prevalence	physical abuse were significantly more likely than	
	rate); neglect before grade 6 (1	those who did not report physical abuse to report drug	
	question, prevalence rate). Sub-	use/abuse; odds ratio=2.9 (95% CI not reported; re-	
	stance use/abuse ((self-report) –	ported as significant by review authors). [46] Perkins	
	Binge drinking (prevalence rate).	and Jones, 2004: Respondents who reported physical	
	Simantov et al., 2000 – Maltreat-	abuse were significantly more likely than those who	
	ment (self-report) – Family vio-	did not report physical abuse to report drug	
	lence (1 question, prevalence	use/abuse - statistical data not presented; reported as	
	rate). Substance use/abuse (self-	significant by review authors. [47] Riggs et al., 1990:	
	report) – Regular smoking of ciga-	Respondents who reported physical abuse were more	
	rettes or drinking of alcohol. South-	likely than those who did not report physical abuse to	
	wick-Bensley et al., 1999 – Mal-	report drug use/abuse, however this association was	
	treatment - Abuse (1 question,	not significant; odds ratio=1.9 (95% CI 0.7 to 5.1).	
	prevalence rate); molestation (1	[50] Southwick-Bensley et al., 1999: Respondents	
	question, prevalence rate). Sub-	who reported physical abuse were significantly more	
	stance use/abuse – Heavy or light	likely than those who did not report physical abuse to	
	alcohol or drug use (ampheta-	report drug use/abuse; odds ratio=2.6 (95% CI 1.7 to	
	mines, cocaine, hallucinogens,	4.9).	
	heroin, inhalants or other drugs,		
	marijuana, tranquillisers, up-	Physical abuse and use or abuse of other substances	
	pers/downers). Watts and Ellis,	The review identified 4 papers which reported on	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	1993 – Maltreatment – Sexual mo-	the association between physical abuse and mariju-	
	lestation (questions, prevalence	ana use/abuse (Fergusson et al., 1997; Hibbard et al.,	
	rate). Substance use/abuse (prev-	1988; Hibbard et al., 1990; Kilpatrick et al., 2000). All	
	alence rate) – lifetime, past year,	4 reported a significant association (statistical data	
	and last month use of: alcohol, cig-	not presented). The review identified 1 paper which	
	arettes and drugs (barbiturates, co-	reported on the association between physical abuse	
	caine, crack, designer drugs, hallu-	and medication (prescription) use/abuse (Lau et al.,	
	cinogens, inhalants, marijuana,	2003). The study found a significant association (sta-	
	methamphetamine, narcotics, and	tistical data not presented, reported as significant by	
	steroids. Yen et al., 2008 – Mal-	review authors). The review did not identify any pa-	
	treatment (self-report) – Physical	pers which reported on the associations between	
	abuse (1 question, prevalence	physical abuse and use or abuse of cocaine or crack;	
	rate). Substance use/abuse (self-	methamphetamines; barbiturates; stimulants (uppers,	
	report) – Alcohol – Ever drunk,	speed); inhalants; hallucinogens; 'designer drugs';	
	ever been drunk in past month,	steroids.	
	ever ' experienced conflict with		
	others or ever been blamed for	Sexual abuse and alcohol use/abuse – The review	
	drinking by your family' (p230). The	identified 25 papers which reported on the association	
	authors note that many studies de-	between sexual abuse and alcohol use/abuse. A	
	termined history of maltreatment	number of studies used more than 1 measure and the	
	simply by asking whether the par-	results varied as a result; whilst others found that the	
	ticipant had been abused which is	association varied according to gender. The reported	
	acknowledged to limit the ability to	odds ratios or relative risk ratios ranged between 1.4	
	' capture the experience of mal-	and 5.2 [19] Kilpatrick et al., 2000: Respondents who	
	treatment adequately' (p230). They	reported sexual abuse were significantly more likely	
	also report that a number of stud-	than those who did not report sexual abuse to also re-	
	ies failed to differentiate between	port alcohol use/abuse; odds ratio=4.6 (95% CI not	
	substance use and abuse and that	reported); reported as significant by the review au-	
	maltreatment was measured retro-	thors. [20] Champion et al., 2004: Respondents who	
	spectively.	reported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port alcohol use/abuse; odds ratio=3.0 (95% CI 1.4 to	
		6.3); reported as significant by the review authors.	
		[23] Fergusson et al., 1997 (results vary with meas-	
		ure): Respondents who reported sexual abuse were	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	aignificantly mare likely than those who did not report	
		significantly more likely than those who did not report	
		sexual abuse to also report alcohol use/abuse; odds ratio=2.5 (95% CI1.3 to 4.7); reported as significant	
		, , ,	
		by the review authors. [23] Fergusson et al., 1997 (re-	
		sults vary with measure): Respondents who reported	
		sexual abuse were significantly more likely than those	
		who did not report sexual abuse to also report alcohol	
		use/abuse; odds ratio=3.3 (95% CI 1.7 to 6.6); re-	
		ported as significant by the review authors. [23] Fer-	
		gusson et al., 1997 (results vary with measure): Re-	
		spondents who reported sexual abuse were more	
		likely than those who did not report sexual abuse to	
		also report alcohol use/abuse; but this association	
		was not significant; odds ratio=1.9 (95% CI 0.8 to	
		4.7); reported as non-significant by the review au-	
		thors. [25] Behnken et al., 2010: Respondents who	
		reported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port alcohol use/abuse; odds ratio=2.1 (95% CI 1.8 to	
		2.5); reported as significant by the review authors.	
		[26] Bergen et al., 2004 (results vary with measures):	
		Respondents who reported sexual abuse were signifi-	
		cantly more likely than those who did not report sex-	
		ual abuse to also report alcohol use/abuse (statistical	
		data not presented; reported as significant by the re-	
		view authors). [26] Bergen et al., 2004 (results vary	
		with measures): Respondents who reported sexual	
		abuse were more likely than those who did not report	
		sexual abuse to also report alcohol use/abuse but this	
		was not significant (statistical data not presented; re-	
		ported as non-significant by the review authors). [27]	
		Chandy et al., 1997: Respondents who reported sex-	
		ual abuse were more likely than those who did not re-	
		port sexual abuse to also report alcohol use/abuse	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		but this was not significant (statistical data not pre-	
		sented; reported as significant by the review authors).	
		[28] Choquet et al., 1997 (females): Female respond-	
		ents who reported sexual abuse were more likely than	
		female respondents who did not report sexual abuse	
		to also report alcohol use/abuse but this was not sig-	
		nificant (statistical data not presented; reported as	
		significant by the review authors). [28] Choquet et al.,	
		1997 (males): Male respondents who reported sexual	
		abuse were significantly more likely than male re-	
		spondents who did not report sexual abuse to also re-	
		port alcohol use/abuse (statistical data not presented;	
		reported as significant by the review authors). [29]	
		Edgardh and Ormstad, 2000: Respondents who re-	
		ported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port alcohol use/abuse (statistical data not presented;	
		reported as significant by the review authors). [30] Er-	
		ickson and Rapkin, 1991: Respondents who reported	
		sexual abuse were significantly more likely than those	
		who did not report sexual abuse to also report alcohol	
		use/abuse (statistical data not presented; reported as	
		significant by the review authors). [32] Garnefski and	
		Arends, 1998: Respondents who reported sexual	
		abuse were significantly more likely than those who	
		did not report sexual abuse to also report alcohol	
		use/abuse (statistical data not presented; reported as	
		significant by the review authors). [33] Hamburger et	
		al., 2008: Respondents who reported sexual abuse	
		were significantly more likely than those who did not	
		report sexual abuse to also report alcohol use/abuse;	
		odds ratio=1.9 (95% CI 1.4 to 2.5); reported as signifi-	
		cant by the review authors. [34] Hernandez et al.,	
		1992: Respondents who reported sexual abuse were	
		significantly more likely than those who did not report	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		sexual abuse to also report alcohol use/abuse (statis-	
		tical data not presented; reported as significant by the	
		review authors). [35] Hernandez et al., 1993: Re-	
		spondents who reported sexual abuse were signifi-	
		cantly more likely than those who did not report sex-	
		ual abuse to also report alcohol use/abuse (statistical	
		data not presented; reported as significant by the re-	
		view authors). [36] Hibbard et al., 1988: Respondents	
		who reported sexual abuse were significantly more	
		likely than those who did not report sexual abuse to	
		also report alcohol use/abuse; relative risk ratio=2.3	
		(95% CI not reported); reported as significant by the	
		review authors. [37] Hibbard et al., 1990: Respond-	
		ents who reported sexual abuse were more likely than	
		those who did not report sexual abuse to also report	
		alcohol use/abuse but this was not significant (statisti-	
		cal data not presented; reported as significant by the	
		review authors). [38] Howard et al., 2005 (results vary	
		with measure): Respondents who reported sexual	
		abuse were significantly more likely than those who	
		did not report sexual abuse to also report alcohol	
		use/abuse; odds ratio=2.2 (95% CI 1.8 to 2.8); re-	
		ported as significant by the review authors. [38] How-	
		ard et al., 2005 (results vary with measure): Respond-	
		ents who reported sexual abuse were significantly	
		more likely than those who did not report sexual	
		abuse to also report alcohol use/abuse; odds ra-	
		tio=3.5 (95% CI 2.7 to 4.7); reported as significant by	
		the review authors. [41] Luster and Small, 1997: Re-	
		spondents who reported sexual abuse were signifi-	
		cantly more likely than those who did not report sex-	
		ual abuse to also report alcohol use/abuse (statistical	
		data not presented; reported as significant by the re-	
		view authors). [42] Nagy et al., 1994: Respondents	
		who reported sexual abuse were significantly more	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		likely than those who did not report sexual abuse to	
		also report alcohol use/abuse (statistical data not pre-	
		sented; reported as significant by the review authors).	
		[43] Nelson et al., 1994: Respondents who reported	
		sexual abuse were significantly more likely than those	
		who did not report sexual abuse to also report alcohol	
		use/abuse (statistical data not presented; reported as	
		significant by the review authors). [44] Moran et al.,	
		2004: Respondents who reported sexual abuse were	
		significantly more likely than those who did not report	
		sexual abuse to also report alcohol use/abuse; odds	
		ratio=3.1 (95% CI not reported); reported as signifi-	
		cant by the review authors. [45] Pederson and Skron-	
		dal, 1996: Respondents who reported sexual abuse	
		were significantly more likely than those who did not	
		report sexual abuse to also report alcohol use/abuse	
		(statistical data not presented; reported as significant	
		by the review authors). [47] Riggs et al., 1990: Re-	
		spondents who reported sexual abuse were more	
		likely than those who did not report sexual abuse to	
		also report alcohol use/abuse but this was not signifi-	
		cant; odds ratio=1.4 (95% CI 0.5 to 3.6); reported as	
		non-significant by the review authors. [48] Shin et al.,	
		2009: Respondents who reported sexual abuse were	
		significantly more likely than those who did not report	
		sexual abuse to also report alcohol use/abuse; odds	
		ratio=2.3 (95% CI 1.2 to 4.4); reported as significant	
		by the review authors. [50] Southwick-Bensley et al.,	
		1999 (results vary with measure): Respondents who	
		reported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port alcohol use/abuse; odds ratio=3.8 (95% CI 1.2 to	
		12.4); reported as significant by the review authors.	
		[50] Southwick-Bensley et al., 1999 (results vary with	
		measure): Respondents who reported sexual abuse	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	companison, outcomes)	were significantly more likely than those who did not	
		report sexual abuse to also report alcohol use/abuse;	
		odds ratio=5.2 (95% CI 2.7 to 9.8); reported as signifi-	
		cant by the review authors. [50] Southwick-Bensley et	
		al., 1999 (results vary with measure): Respondents	
		who reported sexual abuse were significantly more	
		likely than those who did not report sexual abuse to	
		also report alcohol use/abuse; odds ratio=1.8 (95% CI	
		1.1 to 3.0); reported as significant by the review au-	
		thors. [51] Watts and Ellis, 1993: Respondents who	
		reported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port alcohol use/abuse (statistical data not presented;	
		reported as significant by the review authors).	
		Sexual abuse and cigarette use – The review identi-	
		fied 11 papers which reported on the association be-	
		tween sexual abuse and cigarette use (Acierno et al.,	
		2000 - males and females; Bergen et al., 2004;	
		Chandy et al., 1997; Choquet et al., 1997; Hernandez	
		et al., 1992; Hibbard et al., 1988; Howard et al., 2005	
		- results vary with measure; Nelson et al., 1994; Mo-	
		ran et al., 2004; Riggs et al., 1990; and Watts and El-	
		lis, 1993. All studies are reported as finding a signifi-	
		cant association, with the exception of Riggs et al.,	
		1990 which found a non-significant association in the	
		reverse direction (i.e. that participants who had expe-	
		rienced sexual abuse were less likely to report ciga-	
		rette use. The review authors suggest that this may	
		be due to resilience or the result of protective factors	
		such as foster care placement, extra-curricular activi-	
		ties, etc.). The reported odds ratios or relative risk ra-	
		tios ranged between 2.0 and 4.2. [18] Acierno et al.,	
		2000 (males): Male respondents who reported sexual	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	comparison, outcomes)	abuse were significantly more likely than male re-	
		spondents who did not report sexual abuse to also re-	
		port cigarette use; odds ratio=2.4; 95% CI not re-	
		ported; reported as significant by review authors. [18]	
		Acierno et al., 2000 (females): Female respondents	
		who reported sexual abuse were significantly more	
		likely than female respondents who did not report	
		sexual abuse to also report cigarette use; odds ra-	
		tio=4.2; 95% CI not reported; reported as significant	
		by review authors. [26] Bergen et al., 2004: Respond-	
		ents who reported sexual abuse were significantly	
		more likely than those who did not report sexual	
		abuse to also report cigarette use (statistical data not	
		presented; reported as significant by review authors).	
		[27] Chandy et al., 1997: Respondents who reported	
		sexual abuse were significantly more likely than those	
		who did not report sexual abuse to also report ciga-	
		rette use (statistical data not presented; reported as	
		significant by review authors). [28] Choquet et al.,	
		1997: Respondents who reported sexual abuse were	
		significantly more likely than those who did not report	
		sexual abuse to also report cigarette use (statistical	
		data not presented; reported as significant by review	
		authors). [34] Hernadnez et al., 1992: Respondents	
		who reported sexual abuse were significantly more	
		likely than those who did not report sexual abuse to	
		also report cigarette use (statistical data not pre-	
		sented; reported as significant by review authors).	
		[36] Hibbard et al., 1988: Respondents who reported	
		sexual abuse were significantly more likely than those	
		who did not report sexual abuse to also report ciga-	
		rette use; relative risk ratio=3.1; 95% CI not reported;	
		reported as significant by review authors. [38] Howard	
		et al., 2005 (results vary with measure): Respondents	
		who reported sexual abuse were significantly more	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		likely than those who did not report sexual abuse to also report cigarette use; odds ratio=2.0 (95% CI 1.6 to 2.5); reported as significant by review authors. [38] Howard et al., 2005 (results vary with measure): Respondents who reported sexual abuse were significantly more likely than those who did not report sexual abuse to also report cigarette use; odds ratio=4.1 (95% CI 3.1 to 5.3); reported as significant by review authors. [43] Nelson et al., 1994: Respondents who reported sexual abuse were significantly more likely than those who did not report sexual abuse to also report cigarette use (statistical data not presented; reported as significant by review authors). [44] Moran et al., 2004: Respondents who reported sexual abuse were significantly more likely than those who did not report sexual abuse to also report cigarette use; odds ratio=3.0; 95% CI not reported; reported as significant by review authors. [47] Riggs et al., 1990 – Respondents who reported sexual abuse were less likely than those who did not report sexual abuse to also report cigarette use but this was non-significant; odds ratio=0.9 (95% CI 0.4 to 2.4); reported as non-significant by review authors. [51] Watts and Ellis, 1993: Respondents who reported sexual abuse were significantly more likely than those who did not report sexual abuse to also report cigarette use (statistical data not presented; reported as significant by review authors).	
		Sexual abuse and 'drug' use – 15 papers reported on the association between sexual abuse and 'drug' use/abuse (Bergen et al., 2004; Champion et al., 2004 – two samples; Choquet et al., 1997 – males and females; Edgardh and Ormstad, 2000 – males and females; Erickson and Rapkin, 1991; Hernandez	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		et al., 1993; Hibbard et al., 1988; Howard et al., 2005;	
		Kilpatrick et al., 2000; Nagy et al., 1994; Moran et al.,	
		2004; Riggs et al., 1990; Southwick-Bensley et al.,	
		1999; Watts and Ellis, 1993). The reported odds ra-	
		tios of the included studies ranged between 1.0 and	
		8.6. [19] Kilpatrick et al., 2000 (results vary with	
		measure): Respondents who reported sexual abuse	
		were significantly more likely than those who did not	
		report sexual abuse to also report 'drug' use/abuse;	
		odds ratio=3.8; 95% CI not reported, reported as sig-	
		nificant by review authors. [19] Kilpatrick et al., 2000	
		(results vary with measure): Respondents who re-	
		ported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port 'drug' use/abuse; odds ratio=8.6; 95% CI not re-	
		ported, reported as significant by review authors. [20]	
		Champion et al., 2004 (sample 2): Respondents who	
		reported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port 'drug' use/abuse; odds ratio=2.8 (95% CI 1.3 to	
		5.7), reported as significant by review authors. [20]	
		Champion et al., 2004 (sample 1): Respondents who	
		reported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port 'drug' use/abuse; odds ratio=2.0 (95% CI 1.1 to	
		3.7), reported as significant by review authors. [26]	
		Bergen et al., 2004: Respondents who reported sex-	
		ual abuse were significantly more likely than those	
		who did not report sexual abuse to also report 'drug'	
		use/abuse (statistical data not presented, reported as	
		significant by review authors). [28] Choquet et al.,	
		1997 (males): Male respondents who reported sexual	
		abuse were significantly more likely than male re-	
		spondents who did not report sexual abuse to also re-	
		port 'drug' use/abuse (statistical data not presented,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		reported as significant by review authors). [28] Cho-	
		quet et al., 1997 (females): Female respondents who	
		reported sexual abuse were more likely than female	
		respondents who did not report sexual abuse to also	
		report 'drug' use/abuse but this was not significant	
		(statistical data not presented, reported as non-signifi-	
		cant by review authors). [29] Edgardh and Ormstad,	
		2000 (males): Male respondents who reported sexual	
		abuse were more likely than male respondents who	
		did not report sexual abuse to also report 'drug'	
		use/abuse but this was not significant (statistical data	
		not presented, reported as non-significant by review	
		authors). [29] Edgardh and Ormstad, 2000 (females):	
		Respondents who reported sexual abuse were signifi-	
		cantly more likely than those who did not report sex-	
		ual abuse to also report 'drug' use/abuse (statistical	
		data not presented, reported as significant by review	
		authors). [30] Erickson and Rapkin, 1991: Respond-	
		ents who reported sexual abuse were significantly	
		more likely than those who did not report sexual	
		abuse to also report 'drug' use/abuse (statistical data	
		not presented, reported as significant by review au-	
		thors). [35] Hernandez et al., 1993: Respondents who	
		reported sexual abuse were significantly more likely	
		than those who did not report sexual abuse to also re-	
		port 'drug' use/abuse (statistical data not presented,	
		reported as significant by review authors). [36] Hib-	
		bard et al., 1988 (results vary with measure): Re-	
		spondents who reported sexual abuse were signifi-	
		cantly more likely than those who did not report sex-	
		ual abuse to also report 'drug' use/abuse; relative risk	
		ratio=3.2; 95% CI not reported, reported as significant	
		by review authors. [36] Hibbard et al., 1988: Re-	
		spondents who reported sexual abuse were more	
		likely than those who did not report sexual abuse to	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	also report 'drug' use/abuse but this was not signifi	
		also report 'drug' use/abuse but this was not significant (statistical data not presented, reported as non-	
		significant by review authors. [37] Hibbard et al.,	
		1990: Respondents who reported sexual abuse were	
		more likely than those who did not report sexual	
		abuse to also report 'drug' use/abuse but this was	
		non-significant; relative risk ratio=1.7 (95% CI 0.8 to	
		3.6). [38] Howard et al., 2005 (results vary with meas-	
		ure): Respondents who reported sexual abuse were	
		significantly more likely than those who did not report	
		sexual abuse to also report 'drug' use/abuse; odds ra-	
		tio=4.8 (95% CI 3.7 to 6.3), reported as significant by	
		review authors. [42] Nagy et al., 1994: Respondents	
		who reported sexual abuse were significantly more	
		likely than those who did not report sexual abuse to	
		also report 'drug' use/abuse (statistical data not pre-	
		sented, reported as significant by review authors).	
		[44] Moran et al., 2004: Respondents who reported	
		sexual abuse were significantly more likely than those	
		who did not report sexual abuse to also report 'drug'	
		use/abuse; odds ratio=3.9; 95% CI not reported, re-	
		ported as significant by review authors. [47] Riggs et	
		al., 1990: Respondents who reported sexual abuse	
		were more likely than those who did not report sexual	
		abuse to also report 'drug' use/abuse but this was	
		non-significant; odds ratio=1.0 (95% CI 0.4 to 2.7), re-	
		ported as significant by review authors. [50] South-	
		wick-Bensley et al., 1999: Respondents who reported	
		sexual abuse were significantly more likely than those	
		who did not report sexual abuse to also report 'drug'	
		use/abuse; odds ratio=3.3 (95% CI 2.1 to 5.3), re-	
		ported as significant by review authors. [51] Watts	
		and Ellis, 1993: Statistical data not presented, re-	
		ported as both significant and non-significant suggest-	
		ing that results may have varied by subsample or	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		measures used. The authors include a notation with this study although it is not clear what is meant or whether it relates to these finding, it simply states that ' specific types of drugs may not always be significant although overall results' (p231). Statistical data were not presented.	
		Sexual abuse and marijuana or hashish use/abuse — The review identified 9 papers which reported on the association between sexual abuse and marijuana or hashish use/abuse. Eight of these found a significant association (Champion et al., 2004; Chandy et al., 1997; Garnefski and Arends, 1998; Hernandez et al., 1992; Kilpatrick et al., 2000; Nelson et al., 1994; Watts and Ellis, 1993); whilst the ninth found a nonsignificant association (Hibbard et al., 1988). NB. Statistical data not presented for any papers, significance reported by review authors.	
		Sexual abuse and cocaine or crack use/abuse – The review identified 3 papers which reported on the association between sexual abuse and crack use/abuse. The association was found to be significant in Hernandez et al., 1992 and Nelson et al., 1994. Watts and Ellis, 1993 also found a significant association; however it appears that this study also found a non-significant association suggesting that results may have varied by subsample or measures used. The authors include a notation with this study although it is not clear what is meant or whether it relates to these finding, it simply states that ' specific types of drugs may not always be significant although overall results' (p231). Statistical data were not presented.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Sexual abuse and methamphetamine use/abuse – The review identified 1 paper which reported on the association between sexual abuse and methamphetamine use/abuse (Watts and Ellis, 1993). The association was found to be significant (statistical data not presented).	
		Sexual abuse and barbiturate use/abuse – The review identified 1 paper which reported on the association between sexual abuse and barbiturate use/abuse (Watts and Ellis 1993). The association was found to be both significant and non-significant suggesting that results may have varied by subsample or measures used. The authors include a notation with this study although it is not clear what is meant or whether it relates to these finding, it simply states that " specific 'types of drugs may not always be significant although overall results' (p231). Statistical data were not presented.	
		Sexual abuse and stimulants (uppers, speed) use/abuse – The review identified 1 paper which reported on the association between sexual abuse and stimulant use/abuse (Hernandez et al., 1992). The association was found to be significant (statistical data not presented).	
		Sexual abuse and inhalants use/abuse – The review identified 3 papers which reported on the association between sexual abuse and inhalant use/abuse (Bergen et al., 2004; Hernandez et al., 1992; Watts and Ellis, 1993). All 3 found a significant association (statistical data not presented).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Sexual abuse and hallucinogens use/abuse – The review identified 2 papers which reported on the association between sexual abuse and hallucinogens use/abuse (Bergen et al., 2004; Watts and Ellis, 1993). Both found a significant association (statistical data not presented).	
		Sexual abuse and 'designer drugs' use/abuse – The review identified 1 paper which reported on the association between sexual abuse and 'designer drug' use/abuse (Watts and Ellis, 1993). The association was found to be both significant and non-significant suggesting that results may have varied by subsample or measures used. The authors include a notation with this study although it is not clear what is meant or whether it relates to these finding, it simply states that ' specific types of drugs may not always be significant although overall results' (p231). Statistical data were not presented.	
		Sexual abuse and steroid use/abuse – The review identified 1 paper which reported on the association between sexual abuse and steroid use/abuse (Watts and Ellis, 1993). The association was found to be significant (statistical data not presented).	
		Sexual abuse and medication (prescription) use/abuse – The review did not identify any papers which reported on the association between sexual abuse and steroid use/abuse.	
		Age of initiation of substance use/abuse – The review reports that 6 papers found that a history of maltreatment was associated with a younger age of initiation	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		of substance use/abuse. Champion et al., 2004; Bergen et al., 2004; Hamburger et al., 2008; Pederson and Skrondal, 1996 all found an association between sexual abuse in childhood and earlier use of substances/substance abuse. Clark et al., 2004/2005 (using the same sample) and Fergusson et al., 1997 both found that childhood experience of physical abuse, neglect, and witnessing domestic violence were also linked to earlier use/abuse of alcohol. (NB Statistical data not presented, and it is not clear	
		whether associations were significant.)  Cumulative effects of experience of more than 1 form of maltreatment – The review reports that 4 papers (Hamburger et al., 2008; Luster and Small, 1997; Moran et al., 2004; Shin et al., 2009) found that the association between physical and sexual abuse combined and alcohol use/abuse was greater than the association between either physical abuse or sexual abuse and alcohol use/abuse individually (no statistical data presented, and it is not clear whether associations were significant). The review reports that 1 paper	
		(Moran et al., 2004) found that the association between physical and sexual abuse combined and cigarette use was greater than the association between either physical abuse or sexual abuse and cigarette use individually (no statistical data presented, and it is not clear whether associations were significant). The review reports that 1 paper (Moran et al., 2004) found the association between physical and sexual abuse combined and 'drug' use/abuse was greater than the association between either physical abuse or sexual abuse and 'drug' use/abuse individually (no statistical data presented, and it is not clear whether associations were significant).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Age of initiation of substance use/abuse – The review identified 6 papers that reported that a history of maltreatment was associated with a younger age of initiation of substance use/abuse. Champion et al., 2004; Bergen et al., 2004; Hamburger et al., 2008; Pederson and Skrondal, 1996 all found an association between sexual abuse in childhood and earlier use of substances or substance abuse. Clark et al., 2004/2005 (using the same sample) and Fergusson et al., 1997 both found that childhood experience of physical abuse, neglect, and witnessing domestic violence were also linked to earlier use/abuse of alcohol. (NB. No statistical data provided, and it is not clear whether associations were significant.)	
		Narrative findings Neglect and alcohol use/abuse – The review identified 3 papers reporting on 2 studies which tested the association between neglect and alcohol use/abuse (Clark et al., 2004; Clark et al., 2005; Shin et al., 2009). All 3 studies found an association between neglect and alcohol use/abuse, with respondents who reported neglect being more likely than those who did not report neglect to also report alcohol use abuse; however this association was only found to be significant in Clark et al., 2004 and Clark et al., 2005. The reported odds ratios of these studies ranged between 1.2 and 21.2.  Neglect and cigarette use – The review did not identify any papers which reported on the association between neglect and cigarette use.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Neglect and 'drug' use/abuse – The review does not report on studies which measured the association between neglect and 'drug' use or abuse as it does for emotional abuse, physical abuse and sexual abuse.	
		Neglect and use or abuse of other substances – The review does not report on studies which measured the association between neglect and use or abuse of other substances as it does for emotional abuse, physical abuse and sexual abuse (i.e. marijuana/hashish, cocaine/crack, methamphetamine, barbiturate, stimulants/uppers/speed, inhalants, hallucinogens, 'designer drugs', steroids, or medication/prescription).	
		Witnessing domestic violence and alcohol use/abuse – The review identified 2 papers which reported on the association between witnessing domestic violence and alcohol use/abuse (Hamburger et al., 2008; and Simantov et al., 2000 – reported for both males and females). Both studies found an association between witnessing domestic violence and alcohol use/abuse, with respondents who reported domestic violence being more likely to report alcohol use/abuse than those who did not report witnessing domestic violence (for both females and males as reported in Simantov et al., 2000). Hamburger et al., 2008 found that the association was significant; whilst Simantov et al., 2000 found that the association was significant in females but not in males. The reported odds ratios of these studies ranged between 1.4 and 1.9.	
		Witnessing domestic violence – Cigarette use – The review identified 1 paper which reported on the association between witnessing domestic violence and	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		cigarette use (Simantov et al., 2000 – reported for both males and females). The study found an association between witnessing domestic violence and cigarette use, with both female and male respondents who reported witnessing domestic violence being more likely to report cigarette use than those who did not report witnessing domestic violence; however this association was only found to be significant in fe-	
		males. The reported relative risk ratios ranged between 1.4 and 2.2.	
		Witnessing domestic violence and 'drug' use/abuse – The review does not report on studies which measured the association between neglect and 'drug' use or abuse as it does for emotional abuse, physical abuse and sexual abuse.	
		Witnessing domestic violence and use or abuse of other substances – The review does not report on studies which measured the association between witnessing domestic violence and use or abuse of other substances as it does for emotional abuse, physical abuse and sexual abuse (i.e. marijuana/hashish, cocaine/crack, methamphetamine, barbiturate, stimulants/uppers/speed, inhalants, hallucinogens, 'designer drugs', steroids, or medication/prescription).	
		Emotional abuse and alcohol use/abuse – The review identified 1 paper which reported on the association between emotional abuse and alcohol use/abuse (Moran et al., 2004). The study found that there was a significant association between emotional abuse and alcohol use/abuse, with respondents who reported emotional abuse being significantly more likely than	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		those who did not report emotional abuse to report al- cohol use/abuse.	
		Emotional abuse and cigarette use – The review identified 1 paper which reported on the association between emotional abuse and cigarette use (Moran et al., 2004). The study found that there was a significant association between emotional abuse and cigarette use, with respondents who reported emotional abuse being significantly more likely than those who did not report emotional abuse to report cigarette use.	
		Emotional abuse and 'drug' use/abuse – The review identified 1 paper which reported on the association between emotional abuse and 'drug' use (Moran et al., 2004). The study found that the association was non-significant (statistical data not presented).	
		Emotional abuse and use or abuse of other substances – The review did not identify any papers which reported on the associations between emotional abuse and use or abuse of marijuana or hashish; cocaine or crack; methamphetamines; barbiturates; stimulants (uppers, speed); inhalants; hallucinogens; 'designer drugs'; steroids; medication (prescription).	
		Physical abuse and alcohol use/abuse – The review identified 14 papers which reported on the association between physical abuse and alcohol use/abuse, (Fergusson et al., 1997; Frederikson et al., 2008; Hamburger et al., 2008; Hernandez et al., 1993; Hibbard et al., 1988; Hibbard et al., 1990; Kilpatrick et al., 2000; Lau et al., 2003; Moran et al., 2004; Perkins and Jones, 2004; Riggs et al., 1990; Shin et al., 2009;	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		Southwick-Bensley et al., 1999; and Yen et al., 2008).	
		Both Frederikson et al., 2008 and Lau et al., 2003	
		used a number of different measures. Frederikson et	
		al., 2008 measured associations in both females and	
		males, whilst Southwick-Bensley et al., 1999 meas-	
		ured whether association varied by age group. All of	
		the studies found at least 1 significant association be-	
		tween physical abuse and alcohol use/abuse, with re-	
		spondents who reported physical abuse being signifi-	
		cantly more likely than those who did not report physi-	
		cal abuse to report alcohol use/abuse. However,	
		Frederikson et al., 2008 found that the significance of	
		the association in females depended on the measure	
		used; and Southwick-Bensley et al., 1999 found that	
		significance of the association varied according to	
		age group. Southwick-Bensley et al., 1999 also found	
		a non-significant effect in the reverse direction; i.e.	
		that participants who had experienced physical abuse	
		were less likely to report alcohol use/abuse. The re-	
		view authors suggest that this may be due to resili-	
		ence or the result of protective factors such as foster	
		care placement, extra-curricular activities, etc.). The	
		reported odds/relative risk ratios of these studies	
		ranged between 0.8 and 8.9.	
		, and the second	
		Physical abuse and cigarette use – The review identi-	
		fied 8 papers which reported on the association be-	
		tween physical abuse and cigarette use (Acierno et	
		al., 2000 – males and females; Fergusson et al.,	
		1997; Frederikson et al., 2008 – males and females;	
		Hibbard et al., 1988; Lau et al., 2003 – using two dif-	
		ferent measures; Moran et al., 2004; Perkins and	
		Jones, 2004; and Riggs et al., 1990). All 8 studies	
		found a significant association between physical	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		abuse and cigarette use, with respondents who reported physical abuse being significantly more likely than those who did not report physical abuse to report cigarette use. Both Acierno et al., 2000 and Frederikson et al., 2008 found this to be the case in males and females; and Lau et al., 2003 found that this was the case using two different measures. The reported odds/relative risk ratios of these studies ranged between 1.8 and 6.1.	
		Physical abuse and drug use/abuse – The review identified 10 studies which reported on the association between physical abuse and 'drug' use/abuse (Hernandez et al., 1993; Hibbard et al., 1988 – using two different measures; Hibbard et al., 1990; Kilpatrick et al., 2000 – using two different measures; Lau et al., 2003 – using two different measures; Logan et al., 2009; Moran et al., 2004; Perkins and Jones; Riggs et al., 1990; Southwick-Bensley et al., 1999). All of these studies found a significant association between physical abuse and drug use/abuse, with participants who reported physical abuse being significantly more likely than those who did not report physical abuse to report drug use/abuse; with the exception of Riggs et al., 1990 which found that the association was not significant. Kilpatrick et al., 2000; Hibbard et al., 1988; and Lau et al., 2003 all found a significant association using more than one measure. The reported odds/relative risk ratios of these studies ranged between 1.8 and 20.4.	
		Physical abuse and use or abuse of other substances  – The review identified 4 papers which reported on the association between physical abuse and mariju- ana use/abuse (Fergusson et al., 1997; Hibbard et al.,	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	1988; Hibbard et al., 1990; Kilpatrick et al., 2000). All 4 reported a significant association (statistical data not presented). The review identified 1 paper which reported on the association between physical abuse and medication (prescription) use/abuse (Lau et al., 2003). The study found a significant association (statistical data not presented, reported as significant by review authors). The review did not identify any papers which reported on the associations between physical abuse and use or abuse of cocaine or crack; methamphetamines; barbiturates; stimulants (uppers, append); inhalants; ballusing appendictions of the statistical data.	
		speed); inhalants; hallucinogens; 'designer drugs'; steroids.  Sexual abuse and alcohol use/abuse – The review identified 25 papers which reported on the association between sexual abuse and alcohol use/abuse. A number of studies used more than one measure and the results varied as a result; whilst others found that the association varied according to gender. The reported odds ratios or relative risk ratios ranged between 1.4 and 5.2	
		Sexual abuse and cigarette use – The review identified 11 papers which reported on the association between sexual abuse and cigarette use (Acierno et al., 2000 - males and females; Bergen et al., 2004; Chandy et al., 1997; Choquet et al., 1997; Hernadnez et al., 1992; Hibbard et al., 1988; Howard et al., 2005 – results vary with measure; Nelson et al., 1994; Moran et al., 2004; Riggs et al., 1990; and Watts and Ellis, 1993). All studies are reported as finding a significant association, with the exception of Riggs et al., 1990 which found a non-significant association in the	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		reverse direction (i.e. that participants who had experienced sexual abuse were less likely to report cigarette use. The review authors suggest that this may be due to resilience or the result of protective factors such as foster care placement, extra-curricular activities, etc.). The reported odds ratios or relative risk ratios ranged between 2.0 and 4.2.	
		Sexual abuse and 'drug' use – 15 papers reported on the association between sexual abuse and 'drug' use/abuse (Champion et al., 2004 – two samples; Choquet et al., 1997 – males and females; Kilpatrick et al., 2000; Bergen et al., 2004; Edgardh and Ormstad, 2000 – males and females; Erickson and Rapkin, 1991; Hernandez et al., 1993; Hibbard et al., 1988; Howard et al., 2005; Nagy et al., 1994; Moran et al., 2004; Riggs et al., 1990; Southwick-Bensley et al., 1999; and Watts and Ellis, 1993). The reported odds ratios of the included studies ranged between 1.0 and 8.6.	
		Sexual abuse and marijuana or hashish use/abuse – The review identified 9 papers which reported on the association between sexual abuse and marijuana or hashish use/abuse. Eight of these found a significant association (Champion et al., 2004; Chandy et al., 1997; Garnefski and Arends, 1998; Hernandez et al., 1992; Kilpatrick et al., 2000; Nelson et al., 1994; Watts and Ellis, 1993); whilst the ninth found a non-significant association (Hibbard et al., 1988). NB. Statistical data not presented for any papers, significance reported by review authors.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Sexual abuse and cocaine or crack use/abuse – The review identified 3 papers which reported on the association between sexual abuse and crack use/abuse. The association was found to be significant in Hernandez et al., 1992; and Nelson et al., 1994. Watts and Ellis, 1993 also found a significant association; however it appears that this study also found a non-significant association suggesting that results may have varied by subsample or measures used. The authors include a notation with this study although it is not clear what is meant or whether it relates to these finding, it simply states that ' specific types of drugs may not always be significant although overall results' (p231). Statistical data were not presented.  Sexual abuse and methamphetamine use/abuse –	
		The review identified 1 paper which reported on the association between sexual abuse and methamphetamine use/abuse (Watts and Ellis, 1993). The association was found to be significant (statistical data not presented).	
		Sexual abuse and barbiturate use/abuse – The review identified 1 paper which reported on the association between sexual abuse and barbiturate use/abuse (Watts and Ellis, 1993). The association was found to be both significant and non-significant suggesting that results may have varied by subsample or measures used. The authors include a notation with this study although it is not clear what is meant or whether it relates to these finding, it simply states that ' specific types of drugs may not always be significant although overall results' (p231). Statistical data were not pre-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Sexual abuse and stimulants (uppers, speed) use/abuse – The review identified 1 paper which reported on the association between sexual abuse and stimulant use/abuse (Hernandez et al., 1992). The association was found to be significant (statistical data not presented).	
		Sexual abuse and inhalants use/abuse – The review identified 3 papers which reported on the association between sexual abuse and inhalant use/abuse (Bergen et al., 2004; Hernandez et al., 1992; Watts and Ellis, 1993). All 3 found a significant association (statistical data not presented).	
		Sexual abuse and hallucinogens use/abuse – The review identified 2 papers which reported on the association between sexual abuse and hallucinogens use/abuse (Bergen et al., 2004; Watts and Ellis, 1993). Both found a significant association (statistical data not presented).	
		Sexual abuse and 'designer drugs' use/abuse – The review identified 1 paper which reported on the association between sexual abuse and 'designer drug' use/abuse (Watts and Ellis, 1993). The association was found to be both significant and non-significant suggesting that results may have varied by subsample or measures used. The authors include a notation with this study although it is not clear what is meant or whether it relates to these finding, it simply states that ' specific types of drugs may not always be significant although overall results' (p231). Statistical data were not presented.	

comparison, outcomes)	Sexual abuse and steroid use/abuse – The review identified 1 paper which reported on the association between sexual abuse and steroid use/abuse (Watts and Ellis, 1993). The association was found to be sig-	
	nificant (statistical data not presented).	
	Sexual abuse and medication (prescription) use/abuse – The review did not identify any papers which reported on the association between sexual abuse and steroid use/abuse.	
	Age of initiation of substance use/abuse – The review reports that 6 papers found that a history of maltreatment was associated with a younger age of initiation of substance use/abuse. Champion et al., 2004; Bergen et al., 2004; Hamburger et al., 2008; Pederson and Skrondal, 1996 all found an association between sexual abuse in childhood and earlier use of substances or substance abuse. Clark et al., 2004/2005 (using the same sample) and Fergusson et al., 1997 both found that childhood experience of physical abuse, neglect, and witnessing domestic violence were also linked to earlier use/abuse of alcohol. (NB Statistical data not presented, and it is not clear whether associations were significant).	
	Cumulative effects of experience of more than one form of maltreatment – The review reports that 4 papers (Hamburger et al., 2008; Luster and Small, 1997; Moran et al., 2004; Shin et al., 2009) found that the association between physical and sexual abuse combined and alcohol use/abuse was greater than the association between either physical abuse or sexual	
		use/abuse – The review did not identify any papers which reported on the association between sexual abuse and steroid use/abuse.  Age of initiation of substance use/abuse – The review reports that 6 papers found that a history of maltreatment was associated with a younger age of initiation of substance use/abuse. Champion et al., 2004; Bergen et al., 2004; Hamburger et al., 2008; Pederson and Skrondal, 1996 all found an association between sexual abuse in childhood and earlier use of substances or substance abuse. Clark et al., 2004/2005 (using the same sample) and Fergusson et al., 1997 both found that childhood experience of physical abuse, neglect, and witnessing domestic violence were also linked to earlier use/abuse of alcohol. (NB Statistical data not presented, and it is not clear whether associations were significant).  Cumulative effects of experience of more than one form of maltreatment – The review reports that 4 papers (Hamburger et al., 2008; Luster and Small, 1997; Moran et al., 2004; Shin et al., 2009) found that the association between physical and sexual abuse com-

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	comparison, outcomes)	cal data presented, and it is not clear whether associ-	
		ations were significant). The review reports that 1 pa-	
		per (Moran et al., 2004) found that the association be-	
		tween physical and sexual abuse combined and ciga-	
		rette use was greater than the association between	
		either physical abuse or sexual abuse and cigarette	
		use individually (no statistical data presented, and it is	
		not clear whether associations were significant). The	
		review reports that 1 paper (Moran et al., 2004) found	
		the association between physical and sexual abuse	
		combined and 'drug' use/abuse was greater than the	
		association between either physical abuse or sexual	
		abuse and 'drug' use/abuse individually (no statistical	
		data presented, and it is not clear whether associa-	
		tions were significant).	
		Age of initiation of substance use/abuse – The review	
		identified 6 papers that reported that a history of mal-	
		treatment was associated with a younger age of initia-	
		tion of substance use/abuse. Bergen et al., 2004;	
		Champion et al., 2004; Hamburger et al., 2008; Ped-	
		erson and Skrondal, 1996 all found an association be-	
		tween sexual abuse in childhood and earlier use of	
		substances or substance abuse. Clark et al.,	
		2004/2005 (using the same sample) and Fergusson	
		et al., 1997 both found that childhood experience of	
		physical abuse, neglect, and witnessing domestic vio-	
		lence were also linked to earlier use/abuse of alcohol.	
		(NB. No statistical data provided, and it is not clear	
		whether associations were significant.)	

24. Wilson Steven R et al. (2010) Comparing physically abused, neglected, and nonmaltreated children during interactions with their parents: A meta-analysis of observational studies. Communication Monographs 77: 540–75

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	- · · · · · · · · · · · · · · · · · · ·	
Study aim: To assess	Participants:	Statistical data -	Overall assessment of
how abused and ne-	Children and young people. Chil-	Do maltreated and nonmaltreated children display dif-	internal validity: +
glected children are dis-	dren with a documented history	ferent levels of positivity, aversiveness or involvement	_
tinguished from nonmal-	of being physically abused	during interactions with their parents when child be-	Overall assessment of
treated children during	and/or neglected, compared with	haviours are coded by independent observers? If so,	external validity: +
interactions with their	children with no history of mal-	do the behavioural clusters that most accurately dis-	
parents, on 3 behav-	treatment.	tinguish neglected from nonmaltreated children differ	Overall validity rating:
ioural clusters, com-	Caregivers and families - parents	from those that distinguish physically abused chil-	+
municating positivity	of children.	dren? Do these questions depend on family or study	
(e.g., affection, ap-		characteristics?	Clear search strategy,
proval), aversiveness	Sample characteristics:		inclusion and exclusion
(e.g., anger, resistance),	Age - children: mean age ranged	Observed child's behaviours in 1. Positivity: mal-	criteria, and good de-
and involvement (e.g.,	from 1.2–11.5 years. parents:	treated children vs non-maltreated children - mean	scription of methods for
attention, interest).	average age ranged from 20–34	weighted effect size (d)=minimum 0.42 (95% CI 0.30	meta-analysis, but no
	years.	to 0.54) to maximum 0.45 (95% CI 0.32 to 0.58). Chi-	explicit details on how
Methodology: System-	<ul> <li>Sex - children: ranged from 12–</li> </ul>	Sq test significant for homogeneity p=0.07 for mini-	the quality of included
atic review.	91% boys parents: males and fe-	mum estimates of d to p=0.02 for maximum estimates	studies was assessed.
On the Daniel	males.	of d, suggesting probability of other factors at work.	See internal validity.
Country: Range of	<ul> <li>Ethnicity – Not reported.</li> </ul>	(based on 29 effects sizes from 19 studies, no. of chil-	
countries. USA (26	<ul> <li>Religion/belief – Not reported.</li> </ul>	dren 1545).	
studies), Spain (2 stud-	<ul> <li>Disability – Not reported.</li> </ul>		
ies), Canada (2 stud-	<ul> <li>Long term health condition – Not</li> </ul>	2. Aversiveness maltreated children vs. non-mal-	
ies).	reported.	treated children - mean weighted effect size (d)=mini-	
Source of funding: Not	<ul> <li>Sexual orientation – Not re-</li> </ul>	mum 0.31 (95% CI 0.16 to 0.46) to maximum 0.29	
reported.	ported.	(95% CI 0.12 to 0.46). Chi-Sq test significant for homogeneity p<0.001 for minimum estimates of d to p<	
	Socioeconomic position – Not re-	0.001 for maximum estimates of d, suggesting high	
	ported.	probability of moderating factors. (based on 29 effect	
	Type of abuse - child abuse and	sizes from 24 studies, no. of children 1868).	
	neglect. Maltreatment type, 21 of	31203   10111 24 Studies, 110. 01 official 1000).	
	the 36 comparisons (58%) in-	3. Involvement maltreated children vs. non-maltreated	
	volve abused versus nonmal-	children - mean weighted effect size (d) = minimum	
	treated children, 7 (20%) involve	0.51 (95% CI 0.25 to 0.77) to maximum 0.55 (95% CI	
		0.01 (00% 01 0.20 to 0.77) to maximum 0.00 (90% 01	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	neglected versus nonmaltreated	0.29 to 0.81). Chi-Sq test significant for homogeneity	
	children, and 8 (22%) compare a	p<0.001 for minimum estimates of d to p<0.001 for	
	mixed maltreatment group ver-	maximum estimates of d, suggesting high probability	
	sus nonmaltreated children.	of moderating factors are present. (based on 22 effect	
	<ul> <li>Looked after or adopted status – N/A.</li> </ul>	sizes from 17 studies, no. of children 1136).	
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	4. Moderators: Positivity, physical abused children vs	
	refugee or trafficked children –	non-maltreated children, mean effect size (d) = 0.44	
	N/A.	(based on 13 effect sizes, no of children 820); Ne-	
		glected children vs. non-maltreated children, mean ef-	
	Sample size: Systematic reviews:	fect size (d)=0.51 (based on 6 effect size, no of chil-	
	number of studies - 30 observa-	dren 344); This suggests child's positive behaviours is	
	tional studies on how abused and	equally useful in distinguishing either physically	
	neglected children are distin-	abused or neglected children from nonmaltreated chil-	
	guished from non-maltreated chil-	dren.	
	dren during interactions with their		
	parents. Search dates: January	5. Moderators: Aversiveness, physical abused chil-	
	1994 to August, 2008 (studies pub-	dren vs. non-maltreated children, mean effect size	
	lished between 1978 and 2006).	(d)=0.29 (based on 18 effect sizes, no of children	
	No. of children observed: 2,221.	1142); Neglected children vs. non-maltreated chil-	
	Average sample size of studies: 62	dren, mean effect size (d)=0.30 (based on 5 effect	
	children.	sizes, no of children 308). This suggests that mal-	
		treatment type has little impact on child aversiveness	
	Recognition indicators meas-	during interactions with parents, which indicates that	
	ured: Interaction with parents -	aversive behaviour is no more or less useful in distin-	
	Children's behaviours during inter-	guishing between physically abused and nonmal-	
	actions with their parents in 3 cate-	treated children as opposed to neglected versus non-	
	gories: 1. aggressiveness: e.g., ac-	maltreated children.	
	tive physical aggression, verbal ag-		
	gression, vocal negative, and non-	6. Moderators: Involvement, physical abused children	
	compliance. 2. Positivity: e.g. ver-	vs. non-maltreated children, mean effect size	
	bal and nonverbal. 3. Involvement:	(d)=0.39 (based on 12 effect sizes, no of children	
	initiation and social interaction. In-	577); Neglected children vs. non-maltreated children,	
	teractions with their parents (chil-	mean effect size (d)=0.75 (based on 6 effect sizes, no	
	dren and their parents complete		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	multiple tasks with different levels	of children 374). This suggests that lack of child in-	
	of structure) observed by inde-	volvement during interactions with parents is a better	
	pendent observers. Level of tasks:	diagnostic sign for distinguishing neglected as op-	
	highly structured, moderately structured, unstructured.	posed to abused from nonmaltreated children.	
		7. Other moderators: Child and parent age, positivity:	
		mean child age inversely associated with effect size	
		in child positivity (p=0.08) Child<4.5 years age (in-	
		fants, toddlers, pre-schoolers): comparing maltreated	
		children vs. non-maltreated children, mean effect size	
		(d)=0.57 (based on 13 effect sizes); Child =/>4.5	
		years age: comparing maltreated children vs. non-	
		maltreated children, mean effect size (d)=0.25 (based	
		on 11 effect sizes); A larger difference in positivity	
		was observed in younger children when compared	
		with older children, during their interaction with par-	
		ents. Positivity: mean parent age inversely associated	
		with effect size in child positivity (p=0.06) Parent<30	
		years age of maltreated children vs. non-maltreated	
		children, mean effect size (d)=0.64 (based on 7 effect	
		sizes); Parent=/>30 years age of maltreated children	
		vs non-maltreated children, mean effect size (d)=0.35	
		(based on 6 effect sizes); A larger difference in posi-	
		tivity was observed in younger parents (with younger	
		children) when compared with older parents with	
		older children, during their parent-children interaction.	
		Aversiveness: observation lengths was associated	
		with effects for child aversiveness (p<0.02). Mean	
		length of observation =/<15 mins (mean effect size (d)	
		0.05, based on 10 effect sizes); 16–59 mins (mean effect size (d) 0.40, based on 0 effect sizes); -/> 60	
		fect size (d) 0.40, based on 9 effect sizes);=/> 60	
		mins (mean effect size (d) 0.50, based on 10 effect sizes): comparing maltreated children vs. non-mal-	
		treated children. This suggests studies with longer ob-	
		servation periods obtain bigger effects. Observation	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		lengths and setting: observation length on average is longer in home than in lab studies. Home studies had a slightly larger effects (d=0.37) than lab studies (d=0.29). Nevertheless, observation length still is correlated with effect sizes for aversive behaviour even after the effects of setting are controlled (p<0.03). Observation length also is positively associated with parent age (p<0.05), and marginally associated with child age (p=0.06). Parents and children in studies with longer observation lengths tend to be older than those in studies with shorter observation lengths. However, observation length is a stronger predictor of effect size magnitude for aversive child behavior than is setting (home vs. lab), and the impact of observation length is not diminished after the effect of setting is controlled. Involvement One study (an outlier) obtained a very large effect size for child involvement in comparisons of both abused and neglected versus nonmaltreated children (d=>2.00). With this one study included, the mean weighted effect size (d) was 0.94 for home setting (based on 8 effect sizes, no. of children 376), and d=0.29 for lab setting. Removing this study from analysis, home setting (6 effect size, 293 children) still obtained an effect size of d=0.54 when compared with lab settings, in child involvement. Task structure is not associated with effect size when this outlier was removed.	
		Narrative findings This systematic review and meta-analysis (n=30 observational studies, involving 2,221 children) compared abused, neglected, and nonmaltreated children's behaviour during interactions with their parents, in terms of communicating positivity (e.g., affection, approval), aversiveness (e.g., anger, resistance),	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		and involvement (e.g., attention, interest). Compared	
		with non-maltreated children, a medium effect size	
		was observed for both positive behaviours as well as	
		for involvement, but between 'small' and 'medium' for	
		aversive behaviors in maltreated children. The magni-	
		tude of difference between maltreated and nonmal-	
		treated children's behaviour depends on multiple fac-	
		tors (moderators) such as type of maltreatment	
		(abuse versus neglect), type of child behaviour, par-	
		ent/child age, and observation length and setting.	
		Child's positive behaviours is equally useful in distin-	
		guishing either physically abused or neglected chil-	
		dren from nonmaltreated children. Maltreatment type	
		has little impact on child aversiveness during interac-	
		tions with parents, suggesting that aversive behaviour	
		is no more or less useful in distinguishing between	
		physically abused and nonmaltreated children as op-	
		posed to neglected versus nonmaltreated children.	
		Lack of child involvement during interactions with par-	
		ents is a better diagnostic sign for distinguishing ne-	
		glected as opposed to abused from nonmaltreated	
		children. A larger difference in positivity was observed	
		in younger children when compared with older chil-	
		dren, during their interaction with parents. A larger dif-	
		ference in positivity was also observed in younger	
		parents (with younger children) when compared with	
		older parents with older children, during their parent-	
		children interaction. For aversiveness, studies with	
		longer observation periods obtain bigger effects. Par-	
		ents and children in studies with longer observation	
		lengths tend to be older than those in studies with	
		shorter observation lengths. However, observation	
		length is a stronger predictor of effect size magnitude	
		for aversive child behaviour than is setting (home ver-	
		sus lab), and the impact of observation length is not	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		diminished after the effect of setting is controlled.	
		Home setting obtained a larger effect size when com-	
		pared with lab settings, in child involvement. Task	
		structure is not associated with effect size.	

Review question 5 – What tools support effective recognition of child abuse and neglect, and the taking of proportionate action?

**Review question 5 – Critical appraisal tables** 

1. Hershkowitz I, Fisher S, Lamb ME et al. (2007) Improving credibility assessment in child sexual abuse allegations: The role of the NICHD investigative interview protocol. Child Abuse and Neglect 31: 99–110

	protocol. Child Abuse and Neglect		O
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: To study whether in-	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
vestigative interviews which follow	vention and comparison as in-	question match the review	validity:
the National Institute of Child	tended? Yes. Non-protocol inter-	question?	-
Health and Human Development	views were conducted before pro-	Partly. Study examines effective-	
(NICHD) protocol, compared to	tocol introduced.	ness of NICHD interview protocol	Overall assessment of external
those conducted in an unstruc-		in improving accuracy of detection	validity:
tured way, enable interviewers to	Was contamination acceptably	of abuse. This tool aims to support	-
make more reliable and accurate	low? Yes.	children in disclosing abuse -	Lack of ethical approval or in-
judgements on the credibility of		therefore relates to confirmation	formed consent is a significant
children's statements about their	Did either group receive addi-	rather than initial recognition.	flaw.
alleged experiences of sexual	tional interventions or have ser-	_	
abuse.	vices provided in a different	Has the study dealt appropri-	Overall validity rating:
	manner? Not reported.	ately with any ethical concerns?	-
Description of theoretical ap-		No. There is no mention of ethical	Little information provided regard-
<b>proach?</b> Partly. Some description	Were outcomes relevant? Yes.	approval, nor of obtaining consent	ing characteristics of interviewees
of different type of information		from the young people or their	<ul> <li>therefore unclear if interviews</li> </ul>
achieved using NICHD, although	Were outcome measures relia-	parents/carers to use the interview	were 'typical' or 'atypical' cases.
not a clear link to why this should	ble? Partly. All outcomes based	transcripts for the purposes of this	Limited information on statistical
make credibility judgement more	on expert opinion. Plausibility of	study (which was not the original	tests of relative accuracy of judge-
accurate.	allegations (whether there was in-	purpose for which the interviews	ments for protocol versus non-pro-
	dependent evidence that they	were conducted).	tocol interviews.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
How was selection bias mini-	were 'true' or 'false') was deter-		
mised? Matched groups.	mined by a panel of experts using	Were service users involved in	
	'ground truth' scale (Horowitz et	the study? No. Service users in-	
Was the allocation method fol-	al. 1995), which in this study had	volved as participants, but not in	
lowed? Yes.	inter-rater reliability of 91%	design or interpretation of results.	
	(kappa=0.88), using corroborating		
Is blinding an issue in this	evidence including physical and	Is there a clear focus on the	
study?	medical evidence, witness and	guideline topic? Yes.	
Blinding not possible. Assume not	suspect statements. Inter-rater re-		
possible for raters to be blind to	liability of judgements of credibility	Is the study population the	
protocol use, as they were reading	of children's testimony was gener-	same as at least 1 of the groups	
interview transcripts and presuma-	ally good (Cronbach alpha=0.764	covered by the guideline? Yes.	
bly will be able to detect different	for non-protocol interviews; 0.874	Children and young people sus-	
questions/interviewing style.	for protocol interviews). However,	pected to have experienced sex-	
	inter-rater reliability was low for	ual abuse.	
Did participants reflect target	ratings of implausible allegations		
<b>group?</b> Partly. Two types of par-	for non-protocol interviews	Is the study setting the same as	
ticipants in the study: Youth inves-	(Cronbach alpha=0.338).	at least 1 of the settings cov-	
tigators rating the interviews -		ered by the guideline? Yes.	
sample comprised all current	Were all outcome measure-		
youth investigators, so was repre-	ments complete? Yes.	Does the study relate to at least	
sentative		1 of the activities covered by	
Children and young people with	Were all important outcomes	the guideline? Yes. Study relates	
whom interviews were conducted -	assessed? Yes.	to recognition, although potentially	
no information given about their		some overlap with assessment.	
characteristics.	Were there similar follow-up	(= ee (:	
\	times in exposure and compari-	(For effectiveness questions)	
Were all participants accounted	son groups? Not reported.	Are the study outcomes rele-	
for at study conclusion? Yes.	Wee fellow up time magnin of 10	vant to the guideline? Yes.	
	Was follow-up time meaningful?	Door the study have a LIV was	
	Not reported.	Does the study have a UK per-	
	Word avacure and comparison	spective? No. Israeli study.	
	Were exposure and comparison groups similar at baseline? If		
	not, were these adjusted? Not		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	reported. Characteristics of interviewees for protocol versus non-protocol interviews not given.		
	Was intention to treat (ITT) analysis conducted? Not reported. Not applicable.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported.		
	Were the estimates of effect size given or calculable? Not reported, but calculable.		
	Were the analytical methods appropriate? Partly. Unclear whether comparison of accuracy judgements has been calculated using Friedman or McNemar test. No post-hoc comparisons conducted to detect where differences between the groups arose.		
	Was the precision of intervention effects given or calculable? Were they meaningful? No.		
	Do conclusions match findings? Yes.		

2. Hershkowitz I, Lamb ME, Katz C (2014) Allegation rates in forensic child abuse investigations: Comparing the revised and standard NICHD protocols. Psychology, Public Policy and Law 20, 336–44

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	,
Study aim: This study aimed to	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
assess the likelihood that victims	vention and comparison as in-	question match the review	validity:
in corroborated cases of intra-	tended?	question?	-
familial child maltreatment would	Yes.	Partly. Study looks at a tool to	
make an allegation during inter-		support children to make allega-	Overall assessment of external
view using a revised version of the	Was contamination acceptably	tions rather than for professional	validity:
National Institute of Child Health	low? Yes. All RP interviews con-	to recognise signs of abuse. Study	-
and Human Development	ducted after SP interviews fin-	therefore relates to confirmation	Lack of ethical approval or in-
(NICHD) Investigative Interview	ished.	rather than initial recognition.	formed consent is a significant
Standard Protocol (RP), compared			flaw.
with the Standard Protocol (SP).	Did either group receive addi-	Has the study dealt appropri-	
The SP has been mandatory in Is-	tional interventions or have ser-	ately with any ethical concerns?	Overall validity rating:
rael since 1996. The authors as-	vices provided in a different	Yes. Interview strategies in both	-
sert that the SP is effective for in-	manner? No. Sample in SP and	protocols designed to avoid false	Very little information given on
terviewing co-operative or moti-	RP interviews was comparable -	allegations. Experienced child in-	how presence of an allegation was
vated victims but is less attuned to	only difference was the type of	terviewers. Allegations corrobo-	determined - this is significant, as
the circumstances which can	protocol followed and the identity	rated by independent evidence.	this is the key outcome measure
make it difficult for children who	of the interviewer which was con-	Interviews not conducted by au-	for the study. More detail could
are reluctant to discuss what has	trolled for in the analysis.	thors (authors as supervisors).	also be given on how, when and
happened to them. The RP was	_		where the interviews took place;
therefore designed to better sup-	Were outcomes relevant? Yes.	Were service users involved in	on whether the sample is powerful
port children reluctant to disclose	Study aimed to compare (vali-	the study? No. This would not	enough and the quasi-experi-
abuse or make allegations.	dated) allegation rates after inter-	have been appropriate due to their	mental nature of the study pre-
	views conducted - this is what	age and alleged victim status. Pro-	vents all criteria being fulfilled.
Description of theoretical ap-	they looked at.	tocols were designed to support	
proach? Yes. Theory that inter-		collection of accurate information	
views with children who it is sus-	Were outcome measures relia-	and prior knowledge of them may	
pected have been abused, need	ble? Partly. SP has been used	have affected the outcome of the	
more rapport building and better	since 1996. RP has not been vali-	interviews.	
emotional support than current	dated. No specific detail given		
practice, particularly to support	about how allegations were de-	Is there a clear focus on the	
children who are reluctant to dis-	fined and recorded. This is con-	guideline topic? Yes. Clearly	
close or make an allegation of	cerning, given that the presence		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
abuse. Not to disclose or make an	or absence of allegation was a key	supports recognition and assess-	
allegation of abuse.	outcome in the study. There also	ment of child abuse processes.	
	little detail about how allegations		
How was selection bias mini-	were validated - just a description	Is the study population the	
mised? Quasi-experimental	of the kinds of independent evi-	same as at least 1 of the groups	
SP and RP groups were nonran-	dence used in general.	covered by the guideline? Yes.	
domised but were considered sim-	-	Children who have experienced	
ilar in characteristics. Between-	Were all outcome measure-	abuse (corroborated allegations).	
groups differences were also ac-	ments complete? Yes. Children	- '	
counted for by use of hierarchical	who did and didn't make allega-	Is the study setting the same as	
linear modelling.	tions were identified.	at least 1 of the settings cov-	
ŭ		ered by the guideline? Yes. Yes,	
Was the allocation method fol-	Were all important outcomes	although there is no detail on	
lowed? Not reported. There was	assessed? Partly. All allegations	where exactly the interviews took	
no detail about how cases were	corroborated to be included in the	place - interviewers from Depart-	
chosen - analysis conducted on	study. No detail on how children	ment of Child Investigation.	
existing data set.	felt during different kinds of inter-		
•	view in order so hard to say	Does the study relate to at least	
Is blinding an issue in this	whether different protocols caused	1 of the activities covered by	
study? Blinding not possible.	any harm to children being inter-	the guideline? Yes. Could relate	
3	viewed.	to recognition or assessment.	
Did participants reflect target			
group? Yes. In order to be in-	Were there similar follow-up	(For effectiveness questions)	
cluded in the study, sample had to	times in exposure and compari-	Are the study outcomes rele-	
meet particular criteria.	son groups? Not reported. No	vant to the guideline? Yes.	
•	follow up necessary.	Study relates to recognition and	
Were all participants accounted		assessment processes potentially	
for at study conclusion? Yes.	Was follow-up time meaningful?	as it is about supporting a child to	
Nature of inclusion criteria made	Not reported.	make a valid allegation.	
participants dropping out unlikely			
(analysis conducted after inter-	Were exposure and comparison	Does the study have a UK per-	
views had taken place).	groups similar at baseline? If	spective? No. Israeli study.	
. ,	not, were these adjusted? Yes.	<u> </u>	
	Characteristics of exposure and		
	comparison group very similar in		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
•	age, gender, type of abuse, relationship to suspect and prior disclosure, although this was not tested statistically. Adjustment made via hierarchical linear modelling.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No power calculations or effect sizes reported.		
	Were the estimates of effect size given or calculable? Not reported.		
	Were the analytical methods appropriate? Yes. Appropriate statistical testing, all potential influencing variables controlled for.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes. p values given for allegation rates in comparison with different characteristics.		
	Do conclusions match findings? Yes.		

## 3. Louwers EC, Korfage I, Affourtit MJ et al. (2012) Effects of systematic screening and detection of child abuse in emergency departments. Pediatrics 130: 457–64

ments. Pediatrics 130: 457-64			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim: Stated aim is to inves-	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
tigate whether introducing screen-	vention and comparison as in-	question match the review	validity:
ing and training of nurses in-	tended? No. Intervention is de-	question?	-
creases the detection rate of child	scribed as being the 'Escape form'	Yes. Investigates effectiveness of	
abuse. However, not all interven-	checklist. However 3 of the hospi-	systematic screening tool on de-	Overall assessment of external
tion sites implemented training for	tals in the sample (hospitals E, F,	tection of child abuse and neglect.	validity:
nurses.	G) are described as using different		+
	'checklists with similar content'	Has the study dealt appropri-	
Description of theoretical ap-	(p458). These are described as	ately with any ethical concerns?	Overall validity rating:
proach? No.	'control hospitals' but their data	Partly. Ethical approval received	-
	appears to contribute to the over-	from Medical Committee at the	Although the study states it is ex-
How was selection bias mini-	all analysis of impact of screening	University Medical Centre Rotter-	amining the effectiveness of the
mised? Unmatched groups	on detection rate.	dam. However, no discussion in	'Escape' screening checklist, in
Before and after design. The study	- One hospital continued to use	methodology about potential risks	fact participating hospitals were
does not compare the characteris-	another checklist alongside the	to children who were not screened	using a variety of checklists. The
tics of children in the before ver-	Escape form in the post-imple-	for abuse, and how these might be	role of the 'control' hospitals is un-
sus the after group.	mentation phase (hospital C).	mitigated.	clear, and appear to have been in-
	- Two hospitals implemented train-		cluded in the main analysis, rather
Was the allocation method fol-	ing for staff (A and C) but the oth-	Were service users involved in	than as a comparator. Validation
lowed? Partly. Not a 'pure' before	ers did not.	the study? No. Service users in-	of cases by an expert panel is a
and after design, in that:	Furthermore, in all hospitals,	volved as participants but not in	relatively weak outcome measure
- Hospitals A and D screened for	100% of cases were not screened	design or interpretation.	- it would have been a stronger
abuse using different checklists in	in the post-implementation period,		design if the outcome of the child
the 'before' period	meaning that some of the children	Is there a clear focus on the	abuse team investigations had
- Hospital B also carried out some	in the 'intervention' group did not	guideline topic? Yes.	been followed up.
screening (<3%) unclear what	receive the intervention. Unclear if		
checklists	there is an intervention additional	Is the study population the	
- Hospital C 'the existing checklist	to checklist only. Authors note that	same as at least 1 of the groups	
was adapted by using the Escape	'If one of the warning signs was	covered by the guideline? Yes.	
Form but was not completely re-	marked, the nurse informed the	Children at risk of abuse and ne-	
placed by it'.	physician who had the responsibil-	glect (as indicated by presentation	
	ity to evaluate the increased risk	at emergency department).	
		1	

for child abuse and take action if

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is blinding an issue in this	necessary' (p458). It is unclear	Is the study setting the same as	
study? Blinding not possible.	how this was carried out.	at least 1 of the settings cov-	
		ered by the guideline? Yes.	
Did participants reflect target	Was contamination acceptably		
group? Yes.	low? No. See above.	Does the study relate to at least	
		1 of the activities covered by	
Were all participants accounted	Did either group receive addi-	the guideline? Yes. Study relates	
for at study conclusion? Yes.	tional interventions or have ser-	to recognition.	
	vices provided in a different		
	manner? No.	(For effectiveness questions)	
		Are the study outcomes rele-	
	Were outcomes relevant?	vant to the guideline? Yes. Inci-	
	Partly. Study reports on detected cases of child abuse, which are	dence of abuse and neglect.	
	then verified by a panel of experts.	Does the study have a UK per-	
	However, the design would have	spective? No. Dutch study. Un-	
	been more robust if they had fol-	clear to what extent practice con-	
	lowed up the detected cases to	text is the same. Emergency de-	
	ascertain if the suspicions of	partments likely to be similar to	
	abuse were substantiated in these	UK A&E services. Referrals where	
	cases.	abuse or neglect suspected are	
		made to child abuse teams: 'multi-	
	Were outcome measures relia-	disciplinary teams that deal with	
	ble? Partly. Expert judgement ra-	child abuse policy and assist hos-	
	ther than result of CPS investiga-	pital staff when child abuse is sus-	
	tion.	pected' (p459). Unclear whether	
	Warran all automorphisms	these are similar to UK children's	
	Were all outcome measure-	social care services/Multi-Agency	
	ments complete? Yes.	Safeguarding Hubs, or an internal	
	Ware all important automas	team within the hospital.	
	Were all important outcomes assessed? No. It is unclear from		
	the study what the rate of 'false positives' from the screening tool		
	1.		
	is.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Were there similar follow-up times in exposure and comparison groups? Not reported.		
	Was follow-up time meaningful? Not reported.		
	Were exposure and comparison groups similar at baseline? If not, were these adjusted? Not reported.		
	Was intention to treat (ITT) analysis conducted? No.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Partly. No power calculations reported, however the study has a large sample size (n=104,028).		
	Were the estimates of effect size given or calculable? Yes. Odds ratios.		
	Were the analytical methods appropriate? No. Study does not compare detection rates in the pre- versus post-implementation phases, but instead focuses on detection in checklist versus non-		
	checklist. However, given that some hospitals were already using		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Sample	checklists, and some were using checklists other than the Escape form, it makes it difficult to ascertain the effectiveness of this instrument.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes. Confidence intervals provided.		
	Do conclusions match find- ings? Partly. Study findings are reported in terms of effectiveness of screening generally, rather than the Escape tool specifically. This is consistent with how the analysis		
	was conducted, but at odds with the described intention of the study which was to examine the effectiveness of the Escape screening tool.		

### **Review question 5 – Findings tables**

1. Hershkowitz I, Fisher S, Lamb ME et al. (2007) Improving credibility assessment in child sexual abuse allegations: The role of the NICHD investigative interview protocol. Child Abuse and Neglect 31: 99–110

Wierib investigative interview protocol. Online Abuse and Neglect 01: 00 110					
Research aims	PICO (population, intervention, com-	Findings	Overall validity rating		
	parison, outcomes)				
Study aim: To study whether investigative interviews which follow the National Institute of Child health and Human Development (NICHD) protocol, compared to	Participants: Children and young people. Interview data from 24 children and young people used in the study.	Statistical data:  1. Inter-rater reliability When rating non-protocol interviews, the variance between participants judgements was	Overall assessment of internal validity		

### Research aims

those conducted in an unstructured way, enable interviewers to make more reliable and accurate judgements on the credibility of children's statements about their alleged experiences of sexual abuse.

Methodology: This study used a matched control group analysis. Interviews studied were conducted in Israel between 1994 and 2001. Half the interviews studied were from after the protocol became mandatory in Israel in 1998 and were individually matched to the other half, interviews conducted by the same professionals prior to this, which did not use the protocol. Cases were matched on children's age; type of allegation and strength of validating evidence before the authors sought out the transcripts of the interviews. Interviews were selected for study, from a larger group of interviews, because there was clear evidence that allegations made during the interviews were either plausible or implausible. Allegations were first assessed by three experts using a 'ground truth' scale (ratings included 'very likely' or 'likely', leading to a plausible assessment, or 'unlikely' or 'very unlikely', leading to an implausible assessment)

## PICO (population, intervention, comparison, outcomes)

No information given regarding their characteristics.

Professionals/practitioners - 42 Israeli youth investigators who had no prior knowledge of the cases selected for them to judge.

### Sample characteristics:

(Characteristics of professionals)

- Age Average 34.5 years of age (SD= 10.1).
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Children in the interviews studied were alleging sexual abuse.
- Looked after or adopted status -Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

**Sample size:** Comparison numbers - 12 interviews conducted prior to 1998, non-protocol guided. Intervention numbers - 12 interviews conducted after

### **Findings**

wider and there was lower inter-rater reliability (Cronbach's alpha=.764) than when rating protocol interviews (Cronbach's alpha=.874). This was particularly true when rating cases with implausible allegations (Cronbach's alpha=.642 for protocol and Cronbach's alpha=.338 for non-protocol interviews) but was less evident when rating cases with plausible allegations (Cronbach's alpha=.811 for protocol and Cronbach's alpha=.890 for non-protocol interviews).

## 2. Use of 'no judgement possible' (NJP) option

16.7% of judgements of protocol interviews involved the NJP category (including 4.8% of plausible protocol investigations) compared with 52.4% of the non-protocol interviews (57.1% of all plausible cases and 47.6% of implausible cases). A McNemar non-parametric test for related samples confirmed this finding, that NJP option was used more frequently with non-protocol interviews than protocol (p<.019). The effect was evident and nearly significant (p<.06) when only plausible cases were analysed but not when only implausible cases were analysed.

**3. Accuracy of judgements** 59.5% of the ratings of protocol interviews (95.2% of plausible cases, 23.8% implausible cases) were accurate, compared with

# Overall validity rating Overall assessment

of external validity

Lack of ethical approval or informed consent is a significant flaw.

### Overall validity score

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Little information provided regarding characteristics of interviewees - therefore unclear if interviews were 'typical' or 'atypical' cases. Limited information on statistical tests of relative accuracy of judgements for protocol versus non-protocol interviews.

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
(p103). The assessment was based on evidence which included: reports by disinterested witnesses who observed (or failed to observe) some or all alleged events; physical evidence that events could or could not have taken place (e.g. photographs or video); medical evidence (indicating existence or nonexistence of expected injury) and/or suspect statements which gave details of alleged events which matched the details given by the alleged victim.  Twenty-four interviews with children alleging sexual abuse were selected on this basis - with independent evidence indicating they were plausible (n=12) or implausible (n=12). Half (n=6) of interviews in each category were protocolguided and half were not. Fortytwo experienced Israeli youth investigators were then asked to rate the credibility of allegations made by the children in the interviews, with 7 participants independently judging each transcript. Participants did not have access to the 'ground truth' evidence and had to make a judgement based only on the interviews. Each participant was asked to rate 4 interviews (1 protocol-guided plausible, 1 proto-	1998 when protocol became mandatory. Sample size -n=24 (12 protocol guided, 12 non-protocol guided).  Intervention: The tool used was the NIHCD protocol. It is a framework for forensic interviews, designed to enable interviewers to retrieve complete and accurate accounts of abuse from young alleged victims and witnesses. It involves creating a supportive interviewing environment (the presubstantive rapport building phase), using language appropriate to the child's developmental level while avoiding interruptions, giving children ground rules so they know what is expected of them and what they can do during the interview, training them to use their episodic memory to describe events and using words and gestures which tap into children's free recall memory. Interviewers are trained to maximise their use of open-ended questions and probes, to use focused questions only when open-ended ones have been exhausted, to only use option-posing questions at the end of the interview, to obtain essential information and to avoid suggestive questioning.  Delivered by - Professionals who originally conducted the interviews are not described in any real detail.	29.6% of judgements of non-protocol cases (38.1% of judgements about plausible cases, 11.9% of implausible). Both plausible and implausible allegations were significantly more likely to be judged accurately (p<.0001 in both cases, test statistics not reported) in interviews where the protocol was used, compared to those where it was not. Accuracy effect size calculated by the review team: Accurate plausible judgements: Large effect size in favour of protocol interviews (d=1.92) Accurate implausible judgements: Small to medium effect size in favour of protocol interviews (d=0.46).	

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
col-guided implausible, 1 non-pro- tocol plausible, 1 non-protocol im-	parison, outcomes)  Delivered to - Children alleging sexual		
plausible). They used a 4 point scale - 'very likely' or 'likely', lead-	abuse.  Duration, frequency, intensity - 12 in-		
ing to a plausible assessment, or 'unlikely' or 'very unlikely', with a fifth No Judgement Possible (NJP) option. They were also asked to indicate on a 5-point scale, from 'very unconfident' to 'very confident' how much confidence they	terviews which occurred between 1994 and 1998 were analysed over a non-described timeframe in 2003. These did not use the protocol. 12 further interviews which occurred between 1998 and 2001 were also analysed.		
had in their judgements. 'Inter-rater reliability was assessed using Cronbach's Alpha following a ma-	Location/place of delivery - Location of interviews and analysis was not described.		
trix transposition of the data' (p103). Each participant's rating was compared with the plausibility decision made by the experts prior to the selection of the interview. The judgement was then analysed	Describe comparison intervention – Non-protocol interviews were conducted according to the preferences of the interviewer, with no specific structure.		
with the respect to the plausibility of the allegation in question and whether it was protocol-guided or not. This was analysed 'using Friedman's or McNemar's (for dichotomous variables) non-parametric tests for related samples' (p104). A comparison of participant's confidence in their judgements (across the use of protocol and plausibility of statement) was conducted using a within-subjects analysis of variance (ANOVA). 'Pearson correlation coefficients	Outcomes measured: Incidence of abuse and neglect. Judgements were based on plausibility of allegations first by 3 experts based on documentary evidence, before being rated by study participants solely on the contents of an interview. Participants rating solely on interview judged how likely it was that the alleged incidents really happened using a 4-point scale: 'very likely', 'quite likely' 'quite unlikely', 'very unlikely'.		

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
were used to assess the associa-			
tion between accuracy and confi-			
dence' (p104).			
Country: Not UK.			
Israel.			
Source of funding: Government -			
Israeli Department of Youth Cor-			
rections and Investigation.			

2. Hershkowitz I, Lamb ME, Katz C (2014) Allegation rates in forensic child abuse investigations: Comparing the revised and standard NICHD protocols. Psychology, Public Policy and Law 20: 336–44

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: This study aimed to assess the likelihood that victims in corroborated cases of intrafamilial child maltreatment would make an allegation during interview using a revised version of the National Institute of Child Health and Human Development (NICHD) Investigative Interview Standard Protocol (RP), compared with the Standard Protocol (SP). The SP has been mandatory in Israel since 1996. The authors assert that the SP is effective for interviewing co-operative or motivated victims but is less attuned to the circumstances which can make it difficult for children who are reluctant to discuss what has happened to them. The RP was therefore designed to better support children reluctant to	Participants: Children and young people. Children referred for investigation following suspicions of physical or sexual abuse by family members. All cases were corroborated by one or more forms of independent evidence, for example admission by a suspect or medical evidence.  Sample characteristics:  Age -The sample was made up of children aged 4–13 years - the mean age was 8.08, with a standard deviation (SD) of 2.57. SP group: mean age=8.02 years, SD=2.55 RP group: the mean age=8.11 years, SD=2.58.  Sex -The sample was made up of 232 boys and 194 girls. SP group: 142 boys and 75 girls RP group: 142 boys and 119 girls	Statistical data: Association between protocol type and allegation rates  1. Fisher's exact test Allegation rates were significantly higher (calculated using Fisher's exact test) when using RP (59.8%) compared to SP (50.3%) (p=0.035).  2. Spearman correlations Likelihood of making an allegation was significantly correlated with the type of protocol used in the interview (r=0.093, p<0.05). (Note: these are the r and p values reported in the study – r value seems somewhat low.)  3. Hierarchical linear modelling The logistical hierarchical linear model that was generated found that the protocol version significantly predicted	Overall assessment of internal validity  Overall assessment of external validity  Lack of ethical approval or informed consent is a significant flaw.  Overall validity score  Very little information given on how presence of an allegation was determined - this is significant, as this is the key outcome measure

#### Research aims PICO (population, intervention, com-**Findings** Overall validity rating parison, outcomes) disclose abuse or make allega-• Ethnicity - Not reported. whether an allegation would be made, for the study. More deonce the effects of other factors includtail could also be given Religion/belief -Not reported. tions. ing interviewer's identity, were controlled on how, when and Disability - Not reported. **Methodology**: The study used a for. Using the RP significantly increased where the interviews Long term health condition - Not renon-random pre-post intervention the possibility that children would make took place; on whether ported. design. All RP interviews were only an allegation (coefficient=0.450, SE the sample is powerful Sexual orientation - Not reported. conducted after SP interviews had =0.214, t=2.104, exponent coeffienough and the quasi-Socioeconomic position - Not rebeen completed. Fisher's exact cient=1.568, p <.036). The model corexperimental nature of ported. tests were used to compute the rectly predicted 64.1% outcomes the study pre-vents all Type of abuse - The children were rate of allegations in whole sam-50.3% of those without allegations and criteria being fulfilled. referred for investigation following ple; how the rate of allegations var-74.9% of those with allegations. There suspicions of physical (n=408; SP: ied according to the interviewers' was a very small subsample of children 159, RP: 239) or sexual abuse identity and how it varied accord-(n=18) who alleged sexual abuse. The (n=18, SP: 6, RP: 12) by family ing to which protocol version was model was therefore tested again on the members, either biologically related used. Spearman's correlation tests sample of those children who alleged (n=375; SP: 144, RP: 231) or stepwere conducted for all variables: physical abuse (n=408). Protocol verparents and stepsiblings (n=51; SP: age, gender, relationship to sussion again significantly predicted allega-21, RP: 30). For all children inpect, previous reporting, abuse tion once other factors except type of cluded in the study these suspitype, protocol version and whether abuse were controlled for, with p<0.046. cions were corroborated by indeor not an allegation was made. In Again, using the RP significantly inpendent external evidence. order to ascertain whether the type creased the possibility that children Looked after or adopted status of protocol could predict whether a would report allegations (Exponential Not reported. child would make an allegation or coefficient=1.547, F(5,403)=7.077, Unaccompanied asylum seeking, not (controlling for other possible p<0.001). The model correctly classified refugee or trafficked children - No influences) logistic Hierarchical 64% - 49.7% of cases of physical abuse reference made but implied all chil-Linear Modelling (HLM) was also without allegations and 74.9% of those used. As age can influence dren had Israeli nationality and with allegations. lived with family. whether a child does or doesn't make an allegation, it was treated Sample size: as a categorical variable in the

Comparison numbers - 165 children

were included who were interviewed

Intervention numbers - 261 children were included who were interviewed

using the SP.

using the RP.

Fisher's tests and a continuous

variable in the HLM.

tary/charity -

Country: Not UK. Israel.

Source of funding: Volun-

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Grant from the Nuffield Foundation with support from the Israeli Department of Child Investigation whose interviewers and supervisor worked on the project.	Sample size - 426 children (SP:165, RP:261) were included in the sample, out of a larger group, where their suspected intrafamilial abuse was 'corroborated by independent external evidence including suspects' admissions, disinterested eyewitness testimony, medical evidence (including observable physical injuries) and material evidence' (p339). Total of 496 boys and 502 girls were excluded from the study because there was no corroborating evidence recorded on file.		
	Intervention category: Other.		
	Intervention: The intervention was a revised version of a standard protocol, SP, for interviewing children who are suspected victims of maltreatment that has been used in Israel since 1996. Interviews using the revised protocol, the RP, were conducted after all interviews using the SP has been completed.		
	Delivered by - 7 experienced child interviewers from all regions across Israel, who work for the Israeli Department of Child Investigation.		
	Delivered to - In total, 1424 children were interviewed, but only 426 children were included in the study because their suspected victimisation was corroborated.		
	Duration, frequency, intensity- There were in total 613 interviews conducted		

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
	using the SP which occurred over 8		
	months. Interviewers were then intro-		
	duced to the RP in a training session of		
	2 days length before conducting 811		
	interviews using the RP over another 8		
	month period. All interviews, pre- and		
	post-RP training were considered for		
	inclusion. Interviewers received super-		
	vision from two of the authors on a		
	monthly basis. Supervision during SP		
	interviews focused on cognitive rather		
	than socioemotional factors, while su-		
	pervision of RP interviews focused only		
	on the socioemotional factors, in order		
	to ensure supervision sessions were of		
	a similar length and reflected the style		
	of interview. The results are drawn		
	from the interviews with 426 children		
	whose suspected victimisation was		
	corroborated.		
	Key components and objectives of in-		
	tervention- The SP, the standard		
	NICHD protocol for forensic child		
	abuse investigations, was designed to		
	improve the informativeness of chil-		
	dren's accounts of abuse by looking at		
	the cognitive, linguistic and social fac-		
	tors which can affect that. It gives non-		
	suggestive assistance to children to		
	generate and organise their experi-		
	ences of abuse. It involves the follow-		
	ing phases:		
	1. In the introductory phase, interview-		
	ers introduce themselves, clarify the		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	need for the children to describe events they have actually experienced and in detail, and explain that they can and should point out when they don't know, understand or remember something as well as correct the interviewers if needed.		
	2. In the rapport building phase, made of two sections, the first structured open-ended section is designed to encourage children to provide information that is meaningful to them. The second involves prompting the children to describe one recently experienced event in detail, so that they use their episodic memory, while enhancing further the rapport between interviewer and child.		
	3. The transitional phase involves the interviewer using open-ended prompts to identify the target events to be investigated. If the child has still to make an allegation of abuse, interviewers can narrow the prompts and make reference to other knowledge, such as previous disclosures or physical marks.		
	4. When an allegation has been made the substantive phase of investigation begins. The authors of this study suggest however, as a result of their research into interviews using the SP, that its structure does not support reluctant children and can involve interviewers putting pressure on reluctant children to answer questions, changing		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	topic of conversation to sensitive matters before the child is ready to do so and using 'intrusive' rather than openended prompts (p337).		
	Their changes and additions, to create the RP, included:		
	1. Moving the rapport building phase prior to the section on what the children can and are expected to do during the interview, and giving additional guidance to interviewers on building and maintaining rapport.		
	2. During this phase, interviewers are encouraged to address the children by name; welcome them and express care and interest in the children's feelings and experiences; to echo acknowledge and explore children's feelings as well as asking them to discuss and provide more information about events or experiences meaningful to them.		
	3. Interviewers are advised to encourage children verbally and nonverbally to describe experiences in both the first three presubstantive phases and the substantive phase whilst also thanking, appreciating and providing positive reinforcement to the children about their efforts rather than the content.		
	4. Interviewers were advised to express empathy regarding the children's		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	feelings about the interview experience rather than past experiences.		
	5. Interviewers were encouraged to use other supportive interventions such as legitimising expression; generalising any difficulties the child might be having during the interview; offering help to make it easier, and offering reassurance or optimism that they can overcome any difficulty where necessary or possible.		
	6. Where the child does report abuse but admits reluctance about discussing it further, interviewers are advised to contain or encourage the children as well as emphasising that the experience is not the child's fault. A prompt by prompt analysis of both protocol versions conducted by the authors found that there was no difference in questioning style - important in the context of risks of false allegations if interviews are conducted suggestively. RP and SP both contained equally few recognition prompts (such as option posing or suggestive prompts) with recall strategies in both protocols being dominantly open-ended.		
	Content/session titles- See description above.		
	Location/place of delivery - Not reported.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Describe comparison intervention: See description above.		
	Outcomes measured: Incidence of abuse and neglect. Rate of allegations corroborated by external evidence.		

## 3. Louwers EC, Korfage I, Affourtit MJ et al. (2012) Effects of systematic screening and detection of child abuse in emergency departments. Pediatrics 130: 457–64

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: Stated aim is to investigate whether introducing screening and training of nurses increases the detection rate of child abuse. However, not all intervention sites implemented training for nurses.  Methodology: Other: Authors describe as 'prospective intervention cohort study' (p458). However, individual participants are not followed up at successive time points. Rather, the study has elements of a quasi-experimental study - one group of patients in the pre-implementation phase receives one type of service, and a second group in the post-implementation phase receives a second type of service.  Country: Not UK - The Netherlands.	<ul> <li>Participants: Children and young people. Children and young people presenting at emergency departments.</li> <li>Seven emergency departments out of 22 in the Netherlands participated in the study.</li> <li>Sample characteristics: <ul> <li>Age – Whole sample: 0 to 4: 40% 5–8: 17% 9–12: 17% 13–18: 56% Figures for intervention and control groups not available.</li> <li>Sex -Whole sample: Male: 56% Female: 44% Figures for intervention and control groups not available.</li> <li>Ethnicity - Not reported.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition -Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Not reported.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul> </li> <li>Sample size: <ul> <li>Comparison numbers - Children not screened: 66,624.</li> </ul> </li> </ul>	Statistical data: As noted in the critical appraisal, the analysis does not compare the intervention with any comparison groups but rates of detection amongst screened compared to non-screened children - presumably this includes all types of screening. Overall detection rate during the 23-month period was 0.2%. Detection rate was significantly higher for screened children compared to those not screened (0.5% vs 0.1%, p<0.001). The pooled odds ratio for detection amongst screened compared to non-screened children across the seven hospitals was OR=4.88 (95% CI 3.58 to 6.68).	Overall assessment of internal validity:  -  Overall assessment of external validity: +  Overall validity rating: - Although the study states it is examining the effectiveness of the 'Escape' screening checklist, in fact participating hospitals were using a variety of checklists. The role of the 'control' hospitals is unclear, and appear to have been included in the main analysis, rather than as a comparator. Validation of cases by an expert panel is a relatively weak outcome measure - it would have been a stronger design if the outcome of the

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Intervention numbers - Children screened: 37,404. Sample size - 104,208.		child abuse team investigations had been followed up.
	Intervention:  'Escape form' checklist developed on basis of systematic review (Louwers et al. 2010). Checklist with 6 questions on warning signs for child abuse. Authors note that 'If one of the warning signs was marked, the nurse informed the physician who had the responsibility to evaluate the increased risk for child abuse and take action if necessary' (p458). It is unclear how this was carried out.  Delivered by - Emergency department nurses.		
	Describe comparison intervention Three hospitals are described as 'control hospitals' and implemented 'checklists with similar content' (p458). It is unclear what these checklists were.		
	Outcomes measured: Incidence of abuse and neglect. Positive screen results lead to suspected cases of child abuse. The notes of these cases were then evaluated by a panel of 4 professionals (1 forensic paediatrician, 2 social paediatricians and a physician) to determine if the case was a 'potential case' or 'no case'. All 4 professionals agreed in 50% of the scored cases, overall		

Research aims	PICO (population, intervention, com-	Findings	Overall validity rating
	parison, outcomes)		
	agreement rate for 3 or more profes-		
	sionals was 70.6%. This has been in-		
	cluded as a valid outcome as it in-		
	volves an independent verification of		
	the outcome of the tool. However, fol-		
	lowing up the outcomes of any child		
	protection investigations would have		
	provided a more robust design.		

Review question 6 – What aspects of professional practice support and hinder recognition of child abuse and neglect, and the taking of proportionate action?

**Review question 6 – Critical appraisal tables** 

1. Allnock D, Miller P (2013) No one noticed, no one heard: a study of disclosures of childhood abuse. London: NSPCC

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate. Qualitative</pre>	scribed? Clear. Data is collected	question match the review	validity:
approach was appropriate given	on the 60 participants and charac-	question? Yes. The study is in re-	++
the sensitive nature of the topic.	teristics are provided in Chapter 2	lation to young people's views and	All of the criteria have been ful-
The research team carried out a	of the report (pp13–16). Where	experiences of seeking help and	filled to a high standard. The au-
2-hour in-depth interview with par-	findings are presented, the au-	what factors support and hinder	thor has met all ethical concerns
ticipants and were mindful of par-	thors clearly state the sex of the	recognition.	and sought solutions for young
ticipant fatigue during data collec-	young adult and the abuse experi-		adults who may be affected by
tion, so avoided duplication of	enced which contextualises the	Has the study dealt appropri-	their participation in the study.
data collected through maltreat-	data.	ately with any ethical concerns?	There is a large sample group
ment study survey.		Yes. The study includes a thor-	(n=60) and their characteristics
	Was the sampling carried out in	ough, comprehensive ethics sec-	are clearly described in the report.
Is the study clear in what it	an appropriate way? Somewhat	tion (p58), which state that the re-	Findings prompt implications for
seeks to do? Clear. Clear re-	appropriate. The authors state that	searchers who conduct the inter-	practice so as to tailor better sup-
search question relating to young	'there were two different recruit-	views with the young people are	port and intervention for childhood
adult's views on disclosure which	ment methods employed in the	knowledgeable about child safety	abuse. The limitations are defined
	study which may have introduced		

## Internal validity – approach and sample

add depth to childhood experiences of abuse.

How defensible/rigorous is the research design/methodology? Defensible. The authors are explicit in the recruitment of participants and interview sample explaining that the majority were recruited via the NSPCC. Participants were given a £30 high street vouchers as a thank-you for taking part. The analysis included recording to be digitalised via NVivo, given permission from participants which was fully transcribed and anonymised by assigning each recording and transcription a participant ID. A coding frame was developed inductively, drawing upon themes from interviews.

How well was the data collection carried out? Appropriately. There is great consideration for the 'participant fatigue' and sensitive nature of participants recalling childhood experiences of abuse. The research team provided in advance topics to be discussed with examples of sensitive questions that might be asked to ensure participants were aware of the interview process. In addition, the research team provided a trained

## Internal validity – performance and analysis

some bias into the sample. A small number of participants (n=13) were selected from the child maltreatment study to be followed up, while the remainder were recruited via an open, public invitation. Those who had previously taken part in the NSPCC child maltreatment study may have taken part in this follow up study because they had a previously established connection, and this may well have been the key to their participation' (p60).

Were the methods reliable? Somewhat reliable. Although the study has two components - qualitative and quantitative findings, it is difficult to identify where the survey threads into the findings.

Are the data 'rich'? Rich. The findings are rich and the context is provided about the participants i.e. sex, abuse suffered and length of time. The author states the number of young people who identify with each theme which makes useful comparisons throughout.

**Is the analysis reliable?** Reliable. The process of analysis is well documented and the authors

## **External validity**

and welfare, and the principle investigators have extensive sensitive interview experience. In addition, training was carried out with the research team by an expert consultant in domestic and sexual violence. The majority of interviews took place in participants' homes so the research team had an enhanced Criminal Records Bureau checks. Ethical approval was granted by the NSPCC Child Protection Research Ethics Committee. Participants gave informed consent and had the right to withdraw at any time.

Were service users involved in the study? No. Service users did not co-produce the research.

Is there a clear focus on the guideline topic? Yes. Q8: To explore impact of the Assessment Framework on practice.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes.

### Overall validity rating

too, one part about bias and secondly, the purposive sample group was designed to target young people who had experienced systematic abuse. The findings do not provide a representative sample of the general young adult population nor those who have experienced abuse. As stated in limitations 'although the young people in this study did volunteer to discuss their childhood experiences, the researchers do not believe this means these young people represent a sample that is predisposed to disclose their abuse. If this were the case, the latency period for disclosure would be much shorter' (p60).

## Overall assessment of external validity:

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Study relates to question of exploring young peoples' views and experiences of disclosure. The research design is rigorous and the authors' consideration of ethics is crucial to handling sensitive experiences effectively.

### Overall validity rating:

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Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
counsellor to support participants should they request it. Five participants in total accepted support.	and analysis  code the transcripts to determine overarching themes.  Are the findings convincing?  Convincing. The findings are clearly presented and provide a wealth of information about the disclosure journey for a young adult reflecting upon their child-hood experiences of abuse. Each theme is characterised with validating statements from research participants.  Are the conclusions adequate?  Adequate. The conclusions are supported by findings, so where an implication for practice is posed, the voice of the young adult and their experience is at the heart of that. For example, 12 young people reported that social workers were working with their family, but some professionals did not engage with them (n=4); ask the 'right question' (n=5); and acted insensitively when they did visit (n=2). Findings suggest the importance of talking to children and young people on their own.	Social work practitioners, managers, and staff from partner agency; also parents and children.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Participants were recruited from 5 sources, majority was from the NSPCC website and also through the maltreatment study. So participants had or were receiving support.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. The study relates to adult survivors experiences of disclosing abuse and seeks to explore key factors that promoted disclosure.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes. The report contains a chapter (3) entitled 'disclosing abuse' that is dedicated to the young adults experience of disclosing abuse, both informally and formally. The findings reflect the adult survivors' viewpoints of their network and what helped and hindered disclosure.	A high quality study that meets the research aims and objectives and deals well with ethical concerns.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		Does the study have a UK per-	
		spective? Yes. The study is in-	
		formed by 60 young adults who	
		reside in the UK.	

2. Beckett H. Brodie I. Factor F et al. (2013), 'It's wrong ... but you get used to it' - A qualitative study of gang-associated sexual violence

2. Beckett H, Brodie I, Factor F et al. (2013). It's wrong but you get used to it' - A qualitative study of gang-associated sexual violence					
towards, and exploitation of, young people in England. London: Office of the Children's Commissioner for England					
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating		
sample	and analysis				
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal		
<b>priate?</b> Appropriate. The research	scribed?	question match the review	validity:		
team conducts individual inter-	Clear. Under each direct quote, it	question? Yes. The study ex-	++		
views with young people (n=150);	is clear where data was collected,	plores 150 young people's and 76	Very comprehensive, effective		
11 focus groups with professionals	whether they are a young person	professional's responses to gang-	study with detailed findings that		
(n=76); and 8 single-sex focus	or professional and age of partici-	associated sexual violence and	are summarised into recommen-		
groups (n=38). The comprehen-	pant (if individual interview). The	exploitation. The purpose is to un-	dations. The methodology has		
sive methods section details the	individual interviews with young	derstand the prevalence and ex-	dealt appropriately with the ethics		
rationale for interviewing partici-	people (n=150) contain detailed	periences of young people: Chap-	and risk associated with the sub-		
pants because of the sensitive na-	characteristics, however the focus	ter 4 is relevant to research ques-	ject matter, and the research team		
ture of the topic and to follow an	groups held with professionals	tion because it explores barriers	have ensured the voice of the		
ethical protocol. In addition, safe-	(n=74) and young people (n=38),	that hinder young people formally	child is at the heart of the report.		
guarding concerns have been ex-	it is unclear on the characteristics	disclosing.			
plored.	of these participants.		Overall assessment of external		
		Has the study dealt appropri-	validity:		
Is the study clear in what it	Was the sampling carried out in	ately with any ethical concerns?	++		
seeks to do? Clear. The forward	an appropriate way? Appropri-	Yes. Ethical approval was gained	The study meets all criteria and		
from Sue Berelowitz, Chief Execu-	ate. Very clear that participants	from four different research ethics	has dealt effectively with ethical		
tive, Office of the Children's Com-	were recruited via agencies that	committees and relevant local ap-	considerations. In addition, the in-		
missioner details the context of	were supporting young people to	provals were obtained within each	terview guide was co-produced		
the research: very little is known	minimise risk. The authors state	research site. The research team	with the YPAG to make questions		
about the prevalence of sexual vi-	the potential for 'bias into the sam-	was accountable to a research	age appropriate.		
olence and exploitation within	ple - and excludes other potential	project advisory group, a young			
gangs by children and young peo-	participants with valid contribu-	people's advisory group and local	Overall validity rating:		
ple against other children and	tions to offer - it was felt that the		++		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
young people. The purpose is to understand through interviews with young people and profession-	risks of engaging those outside of services could not be adequately negated within a time-limited,	multi-agency advisory groups in each research site.	An excellent, thorough empirical study which meets its research aim and details implications for
als' experiences to better inform national and local policy.	large-scale, multi-site project such as this' (p12).	Were service users involved in the study? Yes. In order to use age-appropriate research ques-	practice and policy on a local and national level.
How defensible/rigorous is the	Were the methods reliable?	tions, the young people's advisory	
research design/methodology?  Defensible. Very thorough re-	Somewhat reliable. The data is collected by one method, which	group co-produced the interview schedule.	
search design and methodology	were qualitative interviews.	Schedule.	
which was governed and reviewed		Is there a clear focus on the	
by a number of different bodies: Research Project Advisory Group;	Are the data 'rich'? Rich. The research team cite references to	guideline topic? Yes. The relevant section is Chapter 4.2 where	
Young People's Advisory Group'	where each finding was collected	young people and professionals	
and Site specific Multi-agency Ad-	which helps contextualise re-	state factors that hinder disclo-	
visory Groups. Qualitative interviews were conducted with 150	sponses to each participant. There are limitations as explored: 'Due to	sure: confusion about what actu- ally constitutes sexual violence	
young people; 11 focus groups	the flexibility built into the inter-	and exploitation; the acceptance	
with 76 professionals; and 8 sin-	viewing process, not all issues were covered with all of these in-	of sexual violence and exploita-	
gle-sex focus groups with 38 young people. There is a detailed	terviewees' (p14).	tion; and low levels of reporting and seeking support from profes-	
breakdown of the 150 young peo-	,	sionals, i.e. judgement by others,	
ple who participated in individual interviews, however the focus	<b>Is the analysis reliable?</b> Reliable.	lack of faith in services, perception of police and absence of convic-	
group held with professionals and	Qualitative interviews were the-	tion.	
young people is not descriptive.	matically analysed using NVivo 8		
How well was the data collec-	which underpin the findings in the research. The research team ex-	Is the study population the same as at least 1 of the groups	
tion carried out? Appropriately.	plain the executive decision to	covered by the guideline? Yes.	
Data collection section is thorough	generally prioritise the young per-	150 Young people's experience of	
and the research team explained the measures to ensure the partic-	sons' voice to be presented in the report.	gang-associated sexual violence and exploitation, and profession-	
ipants' comfort by facilitating the	Toport.	als (n=76) who have experi-	
young people to talk in the third	Are the conclusions adequate?	ence/specialism working with sex-	
	Adequate. The narrative findings	ual violence and exploitation.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
person, unless they wanted to actively choose otherwise, i.e. conversational manner using the interview schedule as a framework for discussion. There is effective consideration of the commitment to maintaining participants' confidentiality and anonymity. An ethical protocol was developed on the basis of 'no harm should come to any individual as a result of their agreement to facilitate or take part in the work' (p12).	of the voice and experience of participants contextualise the current knowledge and prevalence of sexual violence and exploitation in gangs. The relevant section to disclosure (Chapter 4) concludes that from the aim of 'identifying learning for embedding more effective systematic response to these issues in the future Prompted responses to these are now presented in the form of recommendations (p51). The recommendations are structured to address national and local policy, which in the context of presenting findings from 6 different localities in England, map the issue with scope to respond.	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Young people were selected because they were/had received support from services, and professionals from statutory services were interviewed i.e. social care, police, and education.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Chapter 4 relates to barriers for young people disclosing sexual violence and exploitation to professionals.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes. 'The research aimed to consider: the scale and nature of gang-associated sexual violence and exploitation in six areas of England; the main pathways into gang-related sexual violence and exploitation for young people living in these neighbourhoods; and potential models for an effective multi-agency response to the issue' (p6).  Does the study have a UK per-	
		<b>spective?</b> Yes. Study is carried	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		out in 6 different research areas.	
		For confidentiality purposes the	
		sites are not named but do 'reflect	
		a broad range of experiences of	
		working with gangs and different	
		demographic profiles' (p6).	

3. Burgess C, Daniel B, Scott J et al. (2012). Child neglect in 2011: an annual review by Action for Children in partnership with the University of Stirling. Watford: Action for Children

sity of Stirling. Watford: Action for Children			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. The authors	scribed? Not sure. Little infor-	question match the review	validity
conduct 12 focus groups with 114	mation.	question? Yes. The relevant sec-	-
professionals across 6 local au-		tion in the report is part 2 where	The annual review has carried out
thorities. The aim of the focus	Was the sampling carried out in	data from professionals is gath-	12 focus groups which include 114
group was to 'gather more in-	an appropriate way? Not sure.	ered about how good services are	representatives from different
depth information about preva-	Not reported.	at recognising children.	agencies, however the findings
lence, recognition and response in			and conclusions are 'somewhat
relation to neglect' (p25). Partici-	Were the methods reliable?	Has the study dealt appropri-	convincing' because there is diffi-
pants were informed in advance	Reliable. Data is collected by two	ately with any ethical concerns?	culty in identifying or contextualis-
as to topics of discussion at focus	methods - focus group and sur-	No. Not reported.	ing who said what. There is no
group. The author states that	veys - and findings are justified		consideration of limitations or the-
meetings were recorded and de-	within the data collected.	Were service users involved in	ory underpinning focus groups.
tailed notes were taken. There is		the study? No. Service users did	
no theoretical discussion as to the	Are the data 'rich'?	not co-produce this report.	Overall assessment of external
purpose of conducting focus	Mixed. The annual review has	la diamanda di santa	validity
groups.	stated that participants in focus	Is there a clear focus on the	++
	group and survey represent a	guideline topic? Yes. The annual	Overall, study meets most of the
Is the study clear in what it	broad range of agencies, however	review has a particular focus to	quality criteria however the study
seeks to do? Clear.	without a breakdown of represent-	what supports and hinders recog-	is not co-produced.
How defensible/vinevers is the	atives, it is difficult to distinguish	nition of child neglect.	Overell velidity each
How defensible/rigorous is the	where the information came from.		Overall validity score
research design/methodology?			-

Internal validity – approach and	
sample	

Somewhat defensible. The annual review is descriptive about the local authorities and participants (n=117) who were invited to focus groups, however a limitation is that there is not a clear sample method or demographic information so it is difficult to make generalisations.

#### How well was the data collection carried out?

Appropriately. A qualitative design is appropriate and authors are explicit that focus groups are recorded and detailed notes are taken.

### Internal validity – performance and analysis

At present, data appears anecdotal and there is no context to the narrative findings.

#### Is the analysis reliable?

Somewhat reliable. The project team states that data has been 'analysed in depth to look for emerging themes in the same way as the qualitative information from the survey above' (p26). The detail in the survey analysis is that open-ended questions were grouped under overarching themes and headings, with particular points of interest highlighted, as it was not possible to include everything. This process of analysis is not underpinned by theory or appear rigorous and could be subiect to bias.

#### Are the findings convincing?

Somewhat convincing. Similar to the analysis, without a clear framework identified and the authors stating that they could not 'include all the detailed information' (p26), it is difficult to form a base of judgement on whether the findings are reliable.

# Are the conclusions adequate? Somewhat adequate. Again, the conclusions highlight overarching

#### **External validity**

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. The population of the annual review, in part, is based on professionals working across agencies experience and views of what helps and hinders recognition and identifying child neglect.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Intervention is delivered across all agencies that come into contact with children, i.e. schools and children's social care.

Does the study relate to at least one of the activities covered by the guideline? Yes. Relates to recognition.

For views questions) Are the views and experiences reported relevant to the guideline? Yes. The aim is to 'gauge the current situation with regard to neglect and monitor the effects of changes in national and local policy' (p5).

#### Overall validity rating

The annual review meets the aim through the research design and mixed method data collection approach. The findings are representative of a large sample of professionals that work with children who are at the frontline for identifying and responding to child neglect. However, there is little information about consent of participants or what geographical region data is collected, so caution to generalise. Conclusions are difficult to see as reliable because the analysis is 'somewhat reliable'.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	themes but there is no considera-	Does the study have a UK per-	
	tion of limitations or clarity where	<b>spective?</b> Yes. The review is car-	
	data is from i.e. police officer or	ried out across local authorities	
	social worker, hence making con-	within the UK.	
	clusions difficult or reliable.		

4. Children's Commissioner (2015) Protecting children from harm: A critical assessment of child sexual abuse in the family network in England and priorities for action. London: Office of the Children's Commissioner for England

England and priorities for action. London: Office of the Children's Commissioner for England			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
1. Qualitative component 1	4. Quantitative component 1	a. Does the study's research	Overall assessment of internal va-
Call for evidence.	Survey of adult survivors of intrafamil-	question match the review ques-	lidity
	ial child sexual abuse.	tion?	-
1.1 Are the sources of qualitative		Partly. Overall aim of the study is to	
data (archives, documents, in-	4.1. Is the sampling strategy rele-	assess the scale and nature of child	Overall assessment of external va-
formants, observations) relevant	vant to address the quantitative re-	sexual abuse in the family environ-	lidity
to address the research question?	search question (quantitative as-	ment in England. Some aspects of	+
Yes.	pect of the mixed-methods ques-	this are relevant to our review ques-	
	tion)? Unclear. Does not state how	tion. We have extracted data in rela-	Overall validity score
1.2 Is the process for analysing	participants for the survey were re-	tion to recognition and disclosure	-
qualitative data relevant to ad-	cruited.	(sections 14.1, 14.2 and 14.3) and	Little methodological information pro-
dress the research question?		the impact of intervention (section	vided, particularly regarding survey
Yes. All evidence analysed within	4.2 Is the sample representative of	15.3), as these relate most closely to	distribution, response rates and repre-
overarching research framework.	the population under study?	our review questions.	sentativeness of resulting sample.
	Unclear. There is no analysis of this in	L. Harriston de la Jack de la constant	Limited consideration of ethical issues
1.3 Is appropriate consideration	the report.	b. Has the study dealt appropri-	in reporting.
given to how findings relate to the		ately with any ethical concerns?	
context, such as the setting, in	4.3. Are measurements appropriate	Partly. The ethical approach for the	
which the data were collected?	(clear origin, or validity known, or	study is outlined in Appendix A.	
No. No contextualisation given to re-	standard instrument)? N/A.	However, this did not include getting	
sponses to call for evidence, e.g.		ethical approval for the study. There is also no mention of how informed	
which part of the country they came	4.4. Is there an acceptable re-	consent was obtained from partici-	
from, or what type of service.	sponse rate (60% or above)?	pants. There is some description of	
4.41	Unclear. No response rate reported -	how data will be stored.	
1.4 Is appropriate consideration	unclear how many individuals were	TIOW data will be stoled.	
given to how findings relate to re-	asked to complete the survey.		
searchers' influence; for example,			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
though their interactions with par-	5.1. Is the mixed-methods research	c. Were service users involved in	
ticipants? N/A.	design relevant to address the	the study? No. Service users in-	
	qualitative and quantitative re-	volved as participants, but do not ap-	
2. Qualitative component 2	search questions (or objectives), or	pear to have been involved in de-	
Site visits.	the qualitative and quantitative as-	signing, conducting or interpreting	
	pects of the mixed-methods ques-	study. No mention of service users	
2.1 Are the sources of qualitative	tion? Partly. Mixed method design	on advisory panel of independent ex-	
data (archives, documents, in-	appropriate, but study does not make	perts.	
formants, observations) relevant	it clear what the relative contributions		
to address the research question?	of different aspects were expected to	a. Is there a clear focus on the	
Yes.	be (e.g. oral evidence hearings com-	guideline topic? Yes.	
	pared to focus groups).		
2.2 Is the process for analysing		b. Is the study population the	
qualitative data relevant to ad-	5.2. Is the integration of qualitative	same as at least 1 of the groups	
dress the research question?	and quantitative data (or results)	covered by the guideline?	
Yes. Standard pro forma used to col-	relevant to address the research	Partly. Views given by adult survi-	
lect and analyse data.	question?	vors and professionals working with	
•	Yes.	sexually abused children and young	
2.3 Is appropriate consideration		people.	
given to how findings relate to the	5.3 Is appropriate consideration		
context, such as the setting, in	given to the limitations associated	c. Is the study setting the same as	
which the data were collected?	with this integration, such as the di-	at least 1 of the settings covered	
No. Little contextualisation of any dif-	vergence of qualitative and quanti-	by the guideline? Yes.	
ferences between sites.	tative data (or results)?		
	No. Little consideration of limitations	d. Does the study relate to at least	
2.4 Is appropriate consideration	of survey approach in general.	1 of the activities covered by the	
given to how findings relate to re-		guideline? Yes. Study includes in-	
searchers' influence; for example,		formation relevant to recognition	
though their interactions with par-		(Q6) and response (Q20).	
ticipants? No.			
		f. (For views questions) Are the	
3. Qualitative component 3		views and experiences reported	
Oral evidence hearings.		relevant to the guideline?	
_		Partly. Although important to note	
3.1 Are the sources of qualitative		that, due to age of some of the survi-	
data (archives, documents, in-		vors involved in the research, experi-	
formants, observations) relevant		ences of services may reflect past	
		service arrangements and practice.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
to address the research question? Yes.		g. Does the study have a UK perspective?	
<ul> <li>3.2 Is the process for analysing qualitative data relevant to address the research question?</li> <li>Yes. Analysis according to themes identified elsewhere in the research.</li> <li>3.3 Is appropriate consideration given to how findings relate to the</li> </ul>		Yes. England.	
context, such as the setting, in which the data were collected?  No. No consideration given to, e.g., differences in perspective between voluntary and statutory organisations.			
3.4 Is appropriate consideration given to how findings relate to researchers' influence; for example, though their interactions with participants? No.			

5. Cossar J, Brandon M, Bailey S et al. (2013) 'It takes a lot to build trust' - Recognition and Telling: Developing earlier routes to help for children and young people. London: Office of Children's Commissioner

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
1. Qualitative component 1	No quantitative components.	a. Does the study's research	Overall assessment of internal
Content analysis of peer support		question match the review	validity
website for young people, focus-		question?	++
ing on topics about abuse and ne-		Yes. Study aims to examine	Overall assessment of external
glect.		young people's perceptions of	validity
		abuse and neglect, and to explore	++
1.1 Are the sources of qualita-		their experiences of telling and	Overall validity score
tive data (archives, documents,		getting help from both informal	++
•		and formal sources.	Overall very good quality study

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	Laternar varially	Verall validity fathing
informants, observations) rele-			with use of peer researchers, and
vant to address the research		b. Has the study dealt appropri-	good consideration of ethical is-
question? Yes. Threads posted		ately with any ethical concerns?	sues. Good reporting of methods
by young people experiencing or		Yes. NHS ethics approval was	of analysis and clear findings.
concerned about abuse and ne-		gained, and study also approved	or arranysis arra cicar findings.
glect.		by University of East Anglia	
gicot.		School of Social Work Ethics	
1.2 Is the process for analysing		Committee. Particular ethical is-	
qualitative data relevant to ad-		sues relating to each strand Con-	
dress the research question?		tent analysis of internet forum -	
Yes. Sample accessed on a single		the organisation running the forum	
day. Clear approach to coding		gave their consent to the study. In-	
thread content.		dividual posters on the site were	
tineda content.		not asked for consent, because	
1.3 Is appropriate consideration		the forum information is already	
given to how findings relate to		publicly available. Interview study	
the context, such as the setting,		- Consent considered to be an on-	
in which the data were col-		going issue, and young person	
lected? Partly. Relatively little		able to stop interview at any time.	
consideration of how representa-		Use of stop/go cards if the young	
tive or otherwise contributors to		person did not want to answer a	
the forum may be.		question, or wanted to stop com-	
are retain may be:		pletely. Clarity about boundaries	
1.4 Is appropriate consideration		of confidentiality. Young people	
given to how findings relate to		provided with details of further	
researchers' influence; for ex-		support. Focus groups - Consent	
ample, though their interactions		obtained, including consent for au-	
with participants? Yes. Not ap-		dio-recording, and use of ground	
plicable as analysis of online con-		rules. Less consideration of what	
versations between young people.		to do if participants became dis-	
- 7:: 3 h sebies		tressed or no longer wanted to	
2. Qualitative component 2		take part.	
Interview study.		'	
,		c. Were service users involved	
		in the study?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
2.1 Are the sources of qualita-		Yes. A team of 6 young research-	
tive data (archives, documents,		ers to: refine research tools and	
informants, observations) rele-		materials, collect data, and ana-	
vant to address the research		lyse and disseminate findings.	
question? Yes. Interviews with			
young people aged 11–20.		d. Is there a clear focus on the	
		guideline topic?	
2.2 Is the process for analysing		Yes.	
qualitative data relevant to ad-			
dress the research question?		e. Is the study population the	
Yes. Detailed analysis of young		same as at least 1 of the groups	
people's experiences of recogni-		covered by the guideline?	
tion, telling and help.		Partly. The study involved multiple	
		data collection strands. Most of	
2.3 Is appropriate consideration		these involved children and young	
given to how findings relate to		people who had experienced or	
the context, such as the setting,		were at risk of abuse and neglect,	
in which the data were col-		their parents or carers, and pro-	
lected? Partly. Some considera-		fessionals working with them.	
tion of how age and type of abuse		However, some of the young peo-	
affected experiences, but not ex-		ple (number not specified) in the	
tensive.		interview study were adult survi-	
		vors (aged between 18 and 20).	
2.4 Is appropriate consideration		Their data have been included	
given to how findings relate to		here.	
researchers' influence; for ex-			
ample, though their interactions		f. Is the study setting the same	
with participants? Yes, e.g., con-		as at least 1 of the settings cov-	
sideration of different answers that		ered by the guideline?	
young people gave in initial ques-		Yes.	
tionnaire compared to face to face			
interview.		g. Does the study relate to at	
		least 1 of the activities covered	
3. Qualitative component 3		by the guideline?	
Focus groups with children and		Yes. Study relates to recognition	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
young people (data not reported), parents and professionals.		and response (referred to as 'help' in the study').	
3.1 Are the sources of qualitative data (archives, documents, informants, observations) relevant to address the research question? Yes.		<ul><li>h. (For views questions) Are the views and experiences reported relevant to the guideline?</li><li>Yes.</li><li>i. Does the study have a UK per-</li></ul>	
3.2 Is the process for analysing qualitative data relevant to address the research question? Yes.		spective? Yes. England.	
3.3 Is appropriate consideration given to how findings relate to the context, such as the setting, in which the data were collected? Partly.			
3.4 Is appropriate consideration given to how findings relate to researchers' influence; for example, though their interactions with participants? No.			

6. Coy M. (2009). Moved around like bags of rubbish nobody wants: how multiple placement moves can make young women vulnerable to sexual exploitation. Child Abuse Review, 18, 254-266.

Internal validity - approach and	Internal validity - performance and	External validity.	Overall validity rating.
sample.	analysis.		
Is a qualitative approach appropri-	Is the context clearly described?	Does the study's research ques-	Overall assessment of internal va-
ate?	Clear	tion match the review question?	lidity:
Appropriate	Characteristics of participants de-	Partly	+
	tailed in 'the sample of young women'	Study explores young women's vul-	
Is the study clear in what it seeks	- which evidences the age, type of	nerability to sexual exploitation if they	Overall assessment of external va-
to do?			lidity:

Indoor I and I did a	Internal calleles	F.4	0
Internal validity - approach and sample.	Internal validity - performance and analysis.	External validity.	Overall validity rating.
Clear	abuse, type of placement and memo-	experience multiple care placement	+
Exploratory study to identify how lo-	ries of professional engagement.	moves.	Sound ethical consideration, how-
cal authority placement moves can	Throughout the text, the author pro-		ever study only in part relevant to a
impact on children and young wom-	vides anonymity to participants but	Has the study dealt appropriately	research question (potentially recog-
en's vulnerability to selling sex.	details their age.	with any ethical concerns?	nition - risks).
		Yes	
How defensible/rigorous is the re-	Was the sampling carried out in an	The study was granted ethical ap-	Overall validity rating:
search design/methodology?	appropriate way?	proval by the University of Stafford-	+
Defensible	Somewhat appropriate	shire. Consent granted and partici-	Sound empirical study with thorough
The author states that prior to the re-	Due to the authors dual role as out-	pants able to withdraw at any time.	research method and justification.
search she was an outreach project	reach worker and researcher, inter-	Names are anonymised.	However, caution to generalise find-
worker for women in the sex industry.	view participants approached the author to talk through their experiences.	Is there a clear focus on the guide-	ings as represent 14 adult survivors experience of sexual exploitation in
They note the 'ethical dimension of balancing two roles was an integral	The author notes that 14 were in-	line topic?	London. The potential for research
part of the research design, but also	cluded in the final sample, and 4	Yes	bias, although described in the study,
an ongoing negotiation throughout	were not interviewed due to the ethi-	Selling sex under age of 18.	is not detailed in limitations.
the course of the research, based on	cal criteria because they were 'judged	Coming sex under age of 16.	is not detailed in innitiations.
prioritising women's welfare' (Coy,	to be in need of primarily of profes-	Is the study population the same	
2006; Nutt and Bell, 2002) (pg.257).	sional support that would be compro-	as at least one of the groups cov-	
Additionally, the methodology is	mised by inclusion in the interview'	ered by the guideline?	
based on feminist participatory action	(pg. 257).	Yes	
approach (combining narrative inter-		Adult survivors of sexual exploitation.	
views with workshops as developed	Were the methods reliable?		
by Maggie O'Neill, 2011).	Somewhat reliable	Is the study setting the same as at	
	One form of data collection - qualita-	least one of the settings covered	
How well was the data collection	tive study.	by the guideline?	
carried out?	la dha anaharta maltabla O	No	
Not sure/inadequately reported	Is the analysis reliable?	Not reported.	
Limited information on specificity of data collection, however author notes	Reliable All interviews are recorded and tran-	Does the study relate to at least	
that the interviews were unstructured	scribed, these were then analysed	one of the activities covered by the	
to enable the interviewees to narrate	using Doucet and Mauthner's (1998)	guideline?	
an account that 'includes those	'Voice-Centred Relational Method'	Yes	

(this is where each section of the

story is read several times to under-

stand how the self is presented; for

relationships with others; and finally

Reflective accounts of young women

who experienced sexual exploitation

under age of 18.

events that they frame as most signif-

icant in their lives, and retain control

over the areas discussed' (p.256).

Internal validity - approach and sample.	Internal validity - performance and analysis.	External validity.	Overall validity rating.
	for social and structural factors, pg. 258).  Are the findings convincing? Convincing The author notes that the findings are a result of knowledge gained through their ethnographic involvement with women who sell sex as a pracitioner and a researcher. The themes have arose from a thorough analysis process (Doucet and Mauthner's 1998 'Voice-Centred Relational Method'). The findings do represent direct quotes from participants, that reflect their experience of local authority care placement moves, with vulnerability in sexual exploitation.	(For views questions) Are the views and experiences reported relevant to the guideline? Yes Provide personal accounts of the impact of moving foster placements has on vulnerability of women.  Does the study have a UK perspective? Yes London.	
	Are the conclusions adequate? Somewhat adequate Author explores limitations initially i.e. 'small samplenot as a universal picture of cause and effect' (pg. 258). In the conclusion, suggests from sup- ported findings that young women have found it difficult to develop trust- ing relationships with others and feel- ing unsettled due to frequent place- ment breakdowns. Unsure if the title is misleading.		

#### 7. Daniel B, Taylor J, Scott J (2010) Recognition of neglect and early response: overview of a systematic review of the literature. Child and Family Social Work 15: 248–57

Internal	validity – approach and
sample	

Study aim: The systematic review of literature examined an initial 20 480 items with an inclusion filtered to 63. The aim was to examine the three questions posed by authors: 1. What is known about the ways in which children and their families directly and indirectly signal their need for help? 2. To what extent are practitioners equipped to reorganise and respond to the indications that a child's needs are likely to be, or are being neglected. whatever the cause? 3. Does the evidence suggest that professional responses could be swifter? (p248). We have reported only the findings in relation to points 2 (recognition) and 3 (response), as the data reported in point 1 do not meet the evidence criteria for our related review question.

Appropriate and clearly focused question? Yes. The systematic review aims to gather all relevant evidence relating to recognition of neglect and early response. The study narrows 20,480 papers to 63 with clear guidelines and criteria. The authors present where there are gaps in the evidence

### Internal validity – performance and analysis

#### Inclusion of relevant individual studies?

Yes. The authors found that there were few studies that had been designed to fully meet the systematic review guideline and criteria. As stated, standardly systematic reviews include only randomised controlled trials (RCTs), however as the paucity of RCTs in this area, and the potential rich material in other types of studies, we included good-quality studies of all type' (p249). These were examined and ordered according to the standard hierarchy of evidence (Scharr 2006) in measures of confidence dependent on research design, methods and rigour.

### Study quality assessed and reported?

Partly reported. With reference to relevant section: recognition, the authors present a narrative summary of relevant studies (n=5). 'The most direct evidence about the capacity of professionals to recognise neglect relates to health staff. Two-thirds of 513 staff in a children's hospital in Finland believed that they could recognise

#### **External validity**

# Does the study's research question match the review question?

Yes.

The aim was to examine the three questions posed by authors: 1. What is known about the ways in which children and their families directly and indirectly signal their need for help? 2. To what extent are practitioners equipped to reorganise and respond to the indications that a child's needs are likely to be, or are being neglected, whatever the cause? 3. Does the evidence suggest that professional responses could be swifter? (p248). We have reported only the findings in relation to points 2 (recognition) and 3 (response), as the data reported in point 1 do not meet the evidence criteria for our related review question.

#### Has the study dealt appropriately with any ethical concerns? Not reported.

### Were service users involved in the study?

No. Services users did not contribute or co-produce the research.

#### Overall validity rating

### Overall assessment of internal validity:

Overall assessment of external validity:

+

Thorough systematic review with clear criteria and guideline. However, the studies included are international. With the relevant section about recognition, the focus is different to guideline question.

#### Overall validity rating:

\_

Extensive systematic search, however little information given about individual included studies, and method for synthesising study findings very unclear.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
	· · · · · · · · · · · · · · · · · · ·		
Internal validity – approach and sample and where further research and policy changes are necessary.  Adequate description of methodology? Partly adequate. Thorough methodology that presents process of systematic review and why the search is widened to incorporate other good quality studies with a different methodology. The authors are explicit about the criteria as to whether the study was included or excluded. However, relatively little information about method for syn-	Internal validity – performance and analysis  maltreatment despite the associated difficulties' (Paavilainen et al. 2002). With this in mind, there is little evidence of critically appraising studies and no comparisons are made. This could be due to a lack of evidence found relevant to this section.  Do conclusions match findings? Partly. New studies introduced in the Discussion/Conclusion section not reviewed in the earlier sections.	Is there a clear focus on the guideline topic? Yes. The systematic review conducts a thorough database search across 14 bibliographic to find material relating to neglected children and their parents who directly and indirectly signal for the help of professionals and how their needs are responded. The study has a focus on characteristics, the role of the professional, and the response. However, the study concludes that there is gaps in evidence and includes a dataset of	Overall validity rating
information about method for synthesis. Little information given about individual included studies.  Rigorous literature search? Yes. The systematic review explored 14 bibliographic databases.		63. The area relevant to the topic is short and about who recognises child neglect and their capacity rather than what helps and hinders.  Is the study population the same as at least 1 of the groups covered by the guideline?  Yes. The inclusion is of parents, children (aged pre-birth to 19) and professionals.  Is the study setting the same as at least 1 of the settings covered by the guideline?	
		Yes. Cross-sectional context, i.e. hospital/education settings where professionals recognise and respond to child neglect.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. The systematic review has 1 section entitled 'recognition' which discusses 5 studies that have explored professionals' role and effectiveness of recognising child neglect.	
		Does the study have a UK perspective? Unclear. Some included studies from other countries.	

8. Gilligan P, Akhtar S (2006) Cultural Barriers to the Disclosure of Child Sexual Abuse in Asian Communities: Listening to What Women Say. British Journal of Social Work 36: 1361–77

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appropriate? Appropriate.	Is the context clearly described?	Does the study's research question match the review	Overall assessment of internal validity:
Is the study clear in what it	No. More detail is needed about the voluntary organisation from	question? Partly.	-
seeks to do? Mixed. The aims, objectives and methods are not	which participants from the community were invited to participate,	Includes views from practitioners on the process of recognising and	Overall assessment of external validity:
very well stated - but you can find details about them woven into the	and about the organisations from which the practitioners were re-	assessing abuse and neglect, and on services providing early help	+
narrative.	cruited.	for, or intervention following, abuse and neglect of children and	Overall validity rating:
How defensible/rigorous is the research design/methodology? Somewhat defensible. It is clear how the discussion and conclusions have been reached, as they	Was the sampling carried out in an appropriate way? Not sure. Can't tell as there is a lack of adequate detail about the sampling strategy.	young people but it doesn't include views of young people or adults who have experienced abuse or their carers. Rather it includes views of a community.	Research aims unclear, and study appears to bring in other sources of information such as practitioner data. Little information on sampling and methods.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
include references from the dis-	Were the methods reliable?	Has the study dealt appropri-	
cussions with participants. How-	Not sure. Can't judge because	ately with any ethical concerns?	
ever, it is not very clear throughout	there is insufficient detail.	Partly.	
how to distinguish the practitioner		It mentions consent to report	
voices from the community voices.	Are the data 'rich'?	(anonymised) discussions was ob-	
	Mixed. Only some information is	tained from some of the partici-	
How well was the data collec-	relevant to this review.	pants and those are the ones the	
tion carried out? Somewhat ap-		paper reports on.	
propriately. There is one very	Is the analysis reliable?		
short paragraph on methods	Not sure/not reported. There is a	Were service users involved in	
which doesn't provide enough de-	lack of detail about how the analy-	the study?	
tail about how participants were	sis was carried out.	No.	
recruited, nor when in the		Young people with experience of	
timeframe of the study.	Are the findings convincing?	abuse are not included, nor are	
	Somewhat convincing.	their carers.	
	Conclusions and discussions are		
	backed up by relevant transcript	Is there a clear focus on the	
	extracts but it is not always clear	guideline topic?	
	how community voices differ from	Yes.	
	practitioner voices.	The paper focuses on recognition	
		and response to abuse and ne-	
	Are the conclusions adequate?	glect which is of relevance to the	
	Somewhat adequate.	review topic.	
	Conclusions are clear from what		
	has been presented earlier but it		
	would have been better for this re-	Is the study population the	
	view if practitioner voices had	same as at least 1 of the groups	
	been more clearly distinguished	covered by the guideline?	
	from other community voices.	Partly	
	-	Covers 1 area by including the	
		views of practitioners working with	
		children and young people who at	
		risk of, are experiencing, or have	
		experienced abuse and neglect.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Is the study setting the same as at least 1 of the settings covered by the guideline?  Yes.  Study is set in a community building - the scope settings include voluntary sector settings, including sports and youth clubs.  Does the study relate to at least 1 of the activities covered by the guideline?	
		the guideline? Yes. The study covers: recognition of child abuse and neglect by practitioners working with children and young people.	
		(For views questions) Are the views and experiences reported relevant to the guideline? Partly. Includes some practitioner views but difficult to disentangle them from other voices representing the community.	
		Does the study have a UK perspective? Yes, Bradford.	

9. Harper Z, Scott S (2005) Meeting the needs of sexually exploited young people in London. London: Barnardo's

Internal validity – approach and	Internal validity – performance	oung people in London. London: E External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed?	question match the review	validity:
	Clear.	question?	+
Is the study clear in what it		Partly. Overall research questions	
seeks to do? Clear.	Was the sampling carried out in	do not match our review question,	Overall assessment of external
He defendable the second of the	an appropriate way? Not sure.	but contains some relevant infor-	validity:
How defensible/rigorous is the	Little information given regarding	mation and has been included due	+
research design/methodology?	how individual participants were	to overall paucity of evidence on	Overell velidity, noting
Somewhat defensible. Unclear	sampled.	child sexual exploitation.	Overall validity rating:
how practitioner participants were identified.	Were the methods reliable?	Has the study dealt appropri	Study was conducted in 2005
identified.	Reliable.	Has the study dealt appropriately with any ethical concerns?	Study was conducted in 2005, which means the findings may be
How well was the data collec-	Reliable.	Partly. Thorough ethical protocol	somewhat outdated as awareness
tion carried out? Somewhat ap-	Are the data 'rich'? Mixed. Rela-	covering informed consent, confi-	of, and practice in relation to, CSE
propriately. Interview protocol pro-	tively good data from practitioner	dentiality, recording and storing	has changed considerably since
vided for practitioners but not	interviews, but analysis of input	data. However, no ethical ap-	that time. Relatively sparse report-
young people. Unclear how inter-	from young people relatively brief.	proval sought.	ing of interviews with children and
views were recorded.	Specific states	,	young people.
	Is the analysis reliable?	Were service users involved in	, , ,
	Not sure/not reported. No mention	the study? No. Service users in-	
	of double coding of analysis.	volved as participants, but not in	
		designing, conducting or interpret-	
	Are the findings convincing?	ing study results.	
	Somewhat convincing.		
		Is there a clear focus on the	
	Are the conclusions adequate? Somewhat adequate.	guideline topic? Yes.	
		Is the study population the	
		same as at least 1 of the groups	
		covered by the guideline? Yes.	
		Children and young people at risk	
		of or experiencing child sexual ex-	
		ploitation and professionals work-	
		ing with them.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Contains information relevant to Recognition and Response.	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes.	
		Does the study have a UK perspective? Yes. England. However, important to note that study was conducted in 2005, since which time there has been much greater awareness of CSE, and significant changes to practice.	

10. Kazimirski A, Keogh P, Kumari V et al. (2009) Forced Marriage Prevalence and Service Response. London: Natcen

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate. Qualitative</pre>	scribed?	question match the review	validity:
research forms part of a wider	Not sure. An anonymised descrip-	question?	+
mixed methods study, but we	tion of each case study local au-	Partly. Part of study is looking at	
have extracted data from qualita-	thority is given in the Methods	prevalence of forced marriage (not	Overall assessment of external
tive element only.	section. When reporting findings,	relevant to review question) but	validity:
	differences between the local au-	part is looking at 'how services are	+
	thorities are reported, but not	currently responding to cases of	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is the study clear in what it	linked back to the initial descrip-	forced marriage' (p11). There is	Good relevance to question, but
seeks to do? Clear.	tion (e.g. referring to them as local	content relevant to recognition,	no consideration of ethical issues.
	authority A etc.).	early help and response.	
How defensible/rigorous is the			Overall validity rating:
research design/methodology?	Was the sampling carried out in	Has the study dealt appropri-	+
Somewhat defensible. Good justi-	an appropriate way?	ately with any ethical concerns?	
fication for selection of local au-	Not sure. Little information given	No. No ethical approval gained.	
thority case study areas. Less	regarding sampling approach.	No description of how consent	
clear how individual participants		was gained from professionals in-	
were sampled and recruited.	Were the methods reliable?	volved in the research. Whilst	
	Somewhat reliable. Only interview	there are fewer risks involved in	
How well was the data collec-	data used - not triangulated with	interviewing professionals, some	
tion carried out? Appropriately.	other sources of data.	may have been directly affected	
Use of topic guide, and all inter-		by issues around forced marriage,	
views digitally recorded.	Are the data 'rich'?	so consideration of consent and	
	Rich. Good exploration of different	support would have been benefi-	
	perspectives, although no direct	cial.	
	quotes from participants used in		
	research.	Were service users involved in	
		the study? No.	
	Is the analysis reliable?		
	Reliable. Thematic analysis using	Is there a clear focus on the	
	specialist software, which allowed	guideline topic? Yes.	
	checking of extent to which inter-		
	pretations of the data were shared	Is the study population the	
	across the research team.	same as at least 1 of the groups	
	And the finalisms are surious in all	covered by the guideline?	
	Are the findings convincing?	Yes. Professionals working with	
	Convincing.	young people at risk of, or experi-	
	Are the conclusions adequate?	encing, forced marriage. However, it should be noted that some of the	
	Are the conclusions adequate?	professionals also worked with	
	Adequate.	adults who were at risk of, or ex-	
		periencing forced marriage. How-	
		,	
		ever, the majority of the report is	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		concerned with practice in relation	
		to children and young people.	
		Is the study setting the same as	
		at least 1 of the settings cov-	
		ered by the guideline?	
		Yes.	
		Does the study relate to at least	
		1 of the activities covered by	
		the guideline?	
		Yes. Study has content relevant to	
		recognition, early help and re-	
		sponse.	
		(Facility and additional) Assistant	
		(For views questions) Are the	
		views and experiences reported	
		relevant to the guideline?	
		Yes.	
		Been the study have a UK year	
		Does the study have a UK per-	
		spective? Yes.	

11. Liao LM, Elliott C, Ahmed F et al. (2013) Adult recall of childhood female genital cutting and perceptions of its effects: A pilot study for service improvement and research feasibility. Journal of Obstetrics and Gynaecology 33: 292–5.

ioi service improvement and rese	arch leasibility. Journal of Obstett	ics and Gynaecology 33. 232-3.	
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate?	scribed?	question match the review	validity:
Appropriate	Unclear	question?	+
Aim of research is to explore	Not clear where FGM was carried	Partly	
women's recall of FGM and their	out.	Study relates to adult 'recall' of	Overall assessment of external
perception of long-term conse-		FGM rather than their views and	validity:
quences.	Was the sampling carried out in	experiences of recognition, as-	-
	an appropriate way?	sessment, early help, or response.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is the study clear in what it	Somewhat appropriate	However, in view of the paucity of	Overall validity rating:
seeks to do?	Appears to be convenience sam-	evidence we have found in rela-	-
Clear	ple of women attending African	tion to FGM, this study has been	Lack of information regarding
	Women's Clinic in London.	included.	where FGM was conducted is a
How defensible/rigorous is the			significant omission in terms of us
research design/methodology?	Were the methods reliable?	Has the study dealt appropri-	being able to draw conclusions
Defensible	Not sure	ately with any ethical concerns?	from this study relevant to our re-
Convenience sample appropriate	Unclear whether standardised in-	Partly	view.
for small pilot study.	terview schedule used.	Study approved as a service de-	
The second process and the second process and the second process are seco		velopment project by University	
How well was the data collec-	Are the data 'rich'?	College London Hospitals NHS	
tion carried out?	Poor	Foundation Trust Research and	
Somewhat appropriately	Mostly quantitative analysis of the	Development department. How-	
Unclear whether standardised in-	interview data.	ever, no mention in article of in-	
terview schedule used, or how	intorviow data.	formed consent, informing partici-	
data were recorded.	Is the analysis reliable?	pants of how information would be	
data were recorded.	Somewhat reliable	used and so on.	
	Comewhat reliable	docu and so on.	
	Are the findings convincing?	Were service users involved in	
	Somewhat convincing	the study?	
	_	No	
	Are the conclusions adequate?	Service users involved as partici-	
	Adequate	pants only.	
	Within the research question set		
	conclusions are adequate.	Is there a clear focus on the	
	·	guideline topic?	
		Yes	
		Is the study population the	
		same as at least 1 of the groups	
		covered by the guideline?	
		Yes	
		Adult survivors of FGM	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
•		Is the study setting the same as at least 1 of the settings covered by the guideline?	
		Does the study relate to at least 1 of the activities covered by the guideline? Partly Does not clearly map on to activities, but has been included due to paucity of evidence in this area.	
		(For views questions) Are the views and experiences reported relevant to the guideline? Partly Again, does not map directly on to activities covered by the guideline but has been included due to paucity of evidence on FGM.	
		Does the study have a UK perspective? Yes Although it is likely that at least some of the participants experienced FGM whilst living in other countries (this is not specified in the paper).	

### 12. McElvaney R, Greene S, Hogan D (2014) To tell or not to tell? Factors influencing young people's informal disclosures of child sexual

olence 29(5): 928–47	grand management grand property of management and an arrangement of the contract of the contra	
Internal validity – performance	External validity	Overall validity rating
and analysis		
Is the context clearly de-	Does the study's research	Overall assessment of internal
scribed?	question match the review	validity:
Clear.	question?	+
The authors provide information	Yes.	The study explores the justification
about the characteristics of the	The study is in relation to the re-	of adopting the methodological
participants in a table which illus-	view question of gathering young	technique however there is little
trates age and gender, and states	people's views and experience of	consideration for the limitations
where recruitment of participants	recognition and disclosure.	and generalisability of the study
for study happened.		findings.
	Has the study dealt appropri-	
Was the sampling carried out in	ately with any ethical concerns?	Overall assessment of external
an appropriate way?		validity:
Not sure.	• •	++
•	•	Overall, study meets most of the
	· · ·	quality criteria however caution to
•		generalise the UK as the study is
· ·		based in a child sexual abuse as-
		sessment and therapy centre in a
		hospital in Ireland.
1.	, ,	
pital setting.	1	Overall validity rating:
	ticipants in this study.	++
		A good, thorough empirical study
		which meets its research aim.
•		
•		
•		
	searched this paper.	
·		
	, <u> </u>	
abuse.	Yes.	
	Internal validity – performance and analysis  Is the context clearly described? Clear. The authors provide information about the characteristics of the participants in a table which illustrates age and gender, and states where recruitment of participants for study happened.  Was the sampling carried out in an appropriate way?	Internal validity – performance and analysis  Is the context clearly described? Clear. The authors provide information about the characteristics of the participants in a table which illustrates age and gender, and states where recruitment of participants for study happened.  Was the sampling carried out in an appropriate way? Not sure. The authors provide little information how sampling was carried out albeit, it is known that participants had been assessed and were deemed credible in their disclosure of child sexual abuse by a professional working within a hospital setting.  Were the methods reliable? Somewhat reliable. The data is collected by 1 method, which were qualitative interviews. Comparisons are made between other studies findings and provides a basis and discussion for the research piece with what is known about children disclosing abuse.  External validity  Does the study's research question match the review question? Yes. The study is in relation to the review question of gathering young people's views and experience of recognition and disclosure.  Has the study dealt appropriately with any ethical concerns? Yes. Ethical approval was obtained from both the hospital's ethics committee where participants were recruited for the study, as well as the university's School of Psychology ethics committee. Parents consented to be interviewed in writing and assent from young people were obtained from all participants in this study.  Were service users involved in the study? No. Service users have not co-researched this paper.  Is there a clear focus on the guideline topic? Yes.

The study has a focus in relation

perspective of children who have

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		a contain name of the containing
experienced child sexual abuse	Are the data 'rich'?	to guideline topic because the	
and their parents. The conclusions	Rich.	findings explore young people and	
draw upon the complex in-	The data is well founded in	parents' perspective on factors	
trapersonal and interpersonal dy-	grounded theory and was data	that affect disclosure and conse-	
namics that factor into the disclo-	managed and analysed in NVivo.	quently, recognition.	
sure process. The literature is ap-	The authors give justification with		
propriate to set the current	other studies (Charmaz 2006;	Is the study population the	
knowledge and recognise studies	Strauss & Corbin 1998).	same as at least 1 of the groups	
that have similar methodologies.	,	covered by the guideline?	
	Is the analysis reliable?	Yes.	
How defensible/rigorous is the	Reliable.	The population of the study is	
research design/methodology?	The coding process is thorough	based on individual qualitative in-	
Somewhat defensible.	where McElvaney et al. (2012) in-	terviews with parents and young	
The study provides a breakdown	form the 'triangular model' that	people who were accessed by the	
of the participants although the	'describes the analytic process as	research team in a child sexual	
predominance of female interview-	moving from the raw data tran-	abuse assessment and therapy	
ees is a possible limitation. The	scripts toward higher level con-	service, based in a children's hos-	
author is clear where the partici-	ceptual categories and domains'.	pital in Ireland. 'All child partici-	
pants were recruited - a hospital	The research team use analytic	pants had given an account of	
setting where children were ac-	memos and describe the theme	sexual abuse that was deemed	
cessing support or had been as-	driven approach to reflective an	credible by professionals who as-	
sessed for child sexual abuse, alt-	active process of coding. Themes	sessed them' (p932).	
hough no further information is	are verified by research partici-		
provided in the way in which re-	pants - a young person and parent	Is the study setting the same as	
cruitment was carried out. There is	- to provide credibility checks by	at least 1 of the settings cov-	
little demographic information.	reading their transcript and going	ered by the guideline?	
	through codes with a member of	Yes.	
How well was the data collec-	research team. The thorough	Intervention is delivered in a chil-	
tion carried out?	methodology highlights the accu-	dren's hospital in Ireland.	
Appropriately.	racy and depth of the data collect-		
The author is explicit in the theory	ing process.	Does the study relate to at least	
adopted to inform methodology -		1 of the activities covered by	
Grounded theory, in addition	Are the findings convincing?	the guideline?	
providing a wealth of information	Convincing.	Yes.	
in the interview schedule, i.e.	The findings are clearly presented	Relates to recognition.	

semi-structured with open questions to elicit information accordingly. Authors are explicit that interviews were recorded subject to consent of interviewee.  and analysis  and are supported by extracts from data collection. Comparisons are made and author meets the research aim in a coherent way illuminating 5 inductive domains found by children who have experienced child sexual abuse and their parents which influence the	Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
tions to elicit information accordingly. Authors are explicit that interviews were recorded subject to consent of interviewee.  from data collection. Comparisons are made and author meets the research aim in a coherent way illuminating 5 inductive domains found by children who have experienced child sexual abuse and  (For views questions) Are the views and experiences reported relevant to the guideline?  Yes  The aim explores factors that influence informal disclosure of child	sample	and analysis		
process of disclosure: being believed, being asked, shame/self-blame, fears and concerns for self and others, and peer influence.  Are the conclusions adequate? Adequate. The conclusions are well founded in the context of the paper with implications for practice - the findings of this study suggest that "many factors combine to influence a child's readiness and ability to tell" (p944). The paper meets the aim by threading intrapersonal and interpersonal factors that impact on the disclosure process.  The author provides solutions for professionals to consider (with a growing body of evidence from other studies) to suggest that peers provide a good support network - thus, educating young people with the disclosure process	semi-structured with open questions to elicit information accordingly. Authors are explicit that interviews were recorded subject to	and are supported by extracts from data collection. Comparisons are made and author meets the research aim in a coherent way illuminating 5 inductive domains found by children who have experienced child sexual abuse and their parents which influence the process of disclosure: being believed, being asked, shame/self-blame, fears and concerns for self and others, and peer influence.  Are the conclusions adequate? Adequate. The conclusions are well founded in the context of the paper with implications for practice - the findings of this study suggest that 'many factors combine to influence a child's readiness and ability to tell' (p944). The paper meets the aim by threading intrapersonal and interpersonal factors that impact on the disclosure process. The author provides solutions for professionals to consider (with a growing body of evidence from other studies) to suggest that peers provide a good support network - thus, educating young peo-	views and experiences reported relevant to the guideline? Yes The aim explores factors that influence informal disclosure of child sexual abuse experiences and considers the complex intrapersonal and interpersonal dynamics reflecting the conflict inherent in the disclosure process.  Does the study have a UK perspective? No. The study is based in Ireland,	

13. McNaughton Nicholls C, Harvey S, Paskell C (2014) Gendered perceptions: what professionals say about the sexual exploitation of boys and young men in the UK. London: Barnardo's

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
ls a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate?	scribed?	question match the review	validity:
Appropriate.	Clear.	question?	+
Study notes that 'qualitative re-		Partly.	
search enables an in-depth explo-	Was the sampling carried out in	The study has 4 research ques-	Overall assessment of external
ration of social phenomena and	an appropriate way?	tions, 1 of which matches our re-	validity:
practices, and is particularly suited	Appropriate.	view question which is - to 'sug-	+
to exploring emerging and com-	Purposive sampling to obtain a	gest ways in which policy and	UK study but only part of overall
plex issues' (Lewis and McNaugh-	spread of geographical location,	practice may be able to identify	research aim was relevant to our
ton Nicholls 2014) (p13).	professional settings, gender and	and appropriately respond to male	review question.
	levels of experience.	victims of CSE, as well as those at	
ls the study clear in what it		risk' (p13). The other 3 questions	Overall validity rating:
seeks to do?	Were the methods reliable?	are less relevant to this review	+
Clear.	Somewhat reliable.	question which are - identify per-	Only part of overall research aim
	Little detail regarding how online	petration and victimisation pro-	was relevant to our review ques-
How defensible/rigorous is the	interviews were conducted.	cesses apparent in male-victim	tion. Study is of reasonable qual-
research design/methodology?	_	CSE cases known to profession-	ity, although limited exploration of
Somewhat defensible.	Are the data 'rich'?	als - explore existing service provi-	divergent perspectives across dif
Purposive sampling of interviews	Mixed.	sion for boys and young men at	ferent types of interviewees.
to represent a range of regions of	Little consideration of divergence	risk of or experiencing CSE - iden-	
England, types of service, senior-	in perspectives along lines of ge-	tify future research priorities (p13).	
ity, length of service and gender.	ography, professional background		
	and so on.	Has the study dealt appropri-	
How well was the data collec-		ately with any ethical concerns?	
tion carried out?	Is the analysis reliable?	Yes.	
Somewhat appropriately.	Somewhat reliable.	Ethical approval by NatCen's re-	
Little information given regarding	Analysis conducted using NVivo	search ethics committee and clar-	
data collection. Some participants	software. Unclear if procedures	ity regarding how data would be	
were 'interviewed online' (p15) -	such as double-coding of inter-	presented and stored.	
unclear how this was conducted,	views was used.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
and no analysis of the impact of this on data.	Are the findings convincing? Convincing.	Were service users involved in the study?	
	Are the conclusions adequate? Adequate.	No. The report makes occasional references to a young people's workshop. However, this is not described in the methods section. Any findings reported from this strand have therefore not been extracted here.	
		Is there a clear focus on the guideline topic? Yes.	
		Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Professionals working with boys and young men experiencing, or at risk of, sexual exploitation.	
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Relates to recognition (and response).	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		(For views questions) Are the	
		views and experiences reported	
		relevant to the guideline?	
		Yes.	
		Does the study have a UK per-	
		spective?	
		Yes, England.	

### 14. NSPCC (2013) Would they actually have believed me? A focus group exploration of the underreporting of crimes by Jimmy Savile.

London: NSPCC				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis			
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal	
priate?	scribed?	question match the review	validity:	
Appropriate.	Unclear.	question?	-	
Study seeks to explore experi-	Little information on the partici-	Yes.		
ences - qualitative approach	pants, or the context of their expe-	Study is about what helps and hin-	Overall assessment of external	
therefore appropriate.	riences.	ders children and young people	validity:	
		from disclosing abuse by seeking	-	
Is the study clear in what it	Was the sampling carried out in	information from victims of Jimmy	Lack of consideration of ethical is-	
seeks to do?	an appropriate way?	Savile about what had prevented	sues, and of transferability of find-	
Clear.	Somewhat appropriate.	them from reporting to the police	ings given the very particular cir-	
	Sample comprised those who had	at the time of the abuse, and 'to	cumstances involving a high pro-	
How defensible/rigorous is the	come forward to Operation	explore how police can improve	file celebrity and subsequent doc-	
research design/methodology?	Yewtree, and were prepared to	their management of the reporting	umentary film raising awareness.	
Somewhat defensible.	take part in a focus group. There	process and subsequent inter-		
Original design (5 focus groups	is no consideration in the report	views and contacts' (p4).	Overall validity rating:	
with a total of 50 participants)	about how this may have affected		-	
would have been more robust.	people's views.	Has the study dealt appropri-	No consideration of ethical issues	
However, drop-out from the study		ately with any ethical concerns?	reported. Little consideration of	
meant that there were only 26 par-	Were the methods reliable?	No.	transferability of the findings to	
ticipants in total. Also unclear why	Somewhat reliable.	No mention of ethical considera-	other cases of abuse, given the	
		tions within the report. This is	particular circumstances (i.e. high	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
focus groups rather than individual interviews were chosen.  How well was the data collection carried out?  Somewhat appropriately.  Broad questions asked of the groups are given in the report.  Groups were recorded and transcribed.	•	quite a serious omission given the nature of the subject being discussed.  Were service users involved in the study? No.  Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Partly. Four of the 26 participants were abused as adults rather than in childhood. Also, it should be noted that the individuals in this study had experienced abuse by a high profile person, which may mean that not all aspects of their experience are transferable to other experiences of abuse.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes.	profile celebrity case). Little detail given regarding participants, or methods of analysis.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Study relates to recognition (disclosure).	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes.	
		Does the study have a UK perspective? Yes.	

### 15. Pearce J, Hynes P, Bovarnick S (2009) Breaking the wall of silence: practitioners' responses to trafficked children and young people. London: NSPCC

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate.	scribed?	question match the review	validity:
	Clear. Contextual data provided	question?	++
Is the study clear in what it	for the three research sites.	Partly. Study has a range of re-	
seeks to do? Clear.		search questions. The following	Overall assessment of external
	Was the sampling carried out in	were judged to be relevant to our	validity:
How defensible/rigorous is the	an appropriate way? Somewhat	review questions: Recognition: 2.	++
research design/methodology?	appropriate. Purposive sampling	Explore the obstacles that might	
Defensible. Good rationale given	used for interviews. Practitioner	emerge to identifying the numbers	Overall validity rating:
for why children and young people	focus groups and case files ap-	of young people trafficked in the	++
not directly involved. Substantial	pear to be convenience sampled,	three areas. Response: 7. Identify	Thorough data collection, analysis
sample size.	characteristics of both samples	how the professionals feel these	and reporting.
·	well described.	needs are best met. 8. Where	
How well was the data collec-		possible, identify perceptions of	
tion carried out? Appropriately.	Were the methods reliable?	how the children/young people	
Focus groups and interviews	Reliable.	feel these needs are best met. We	
guided by a specific set of topics		considered questions 2 to be rele-	
		vant to our review question on	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
and digitally recorded. Data rec-	Are the data 'rich'? Rich. Very	Recognition, and 7 and 8 to be rel-	
orded from case files using an	detailed analysis, drawing out	evant to our review question on	
agreed template.	good distinctions between UK chil-	Response.	
	dren who are trafficked and chil-		
	dren trafficked from abroad.	Has the study dealt appropri-	
		ately with any ethical concerns?	
	Is the analysis reliable? Relia-	Yes. Ethical approval for the re-	
	ble.	search project was given by the	
	Focus group data analysed by 2	University of Bedfordshire, School	
	members of research team. The-	of Applied Social Studies Ethics	
	matic analysis cross-checked be-	Committee and by the NSPCC	
	tween two staff members. Inter-	Ethics Committee (p47). Carried	
	view data analysed using NVivo.	out in accordance with ESRC and	
	Case files do not appear to have	British Sociological Association	
	been double coded.	guidelines and Barnardo's Re-	
		search ethics.	
	Are the findings convincing?		
	Convincing.	Were service users involved in	
	A (	the study? No. Children and	
	Are the conclusions adequate?	young people were not directly in-	
	Adequate.	volved - information gathered via	
		analysis of case files. This was	
		due in part to ethical issues asso-	
		ciated with involving them in the	
		research.	
		Is there a clear focus on the	
		guideline topic? Yes.	
		Is the study population the	
		same as at least 1 of the groups	
		covered by the guideline? Yes.	
		Trafficked children and practition-	
		ers working with them.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. There is material relating to Recognition and Response.	
		Does the study have a UK perspective? Yes. England.	

16. Rees G, Gorin S, Jobe A et al. (2010). Safeguarding young people: Responding to young people 11 to 17 who are maltreated. London: The Children's Society

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate?	scribed?	question match the review	validity:
Appropriate.	Clear.	question?	+
Study seeks to explore young	Characteristics of young people	Yes.	(When taking into account addi-
people's views and experiences.	are described thoroughly and the	The aim of the study is to explore	tional info from Jobe and Gorin.)
	author provides contextual infor-	'access to, and initial responses	The study does not have a rigor-
Is the study clear in what it	mation collected at interviews	of, services for young people with	ous methodology or consideration
seeks to do?	about the maltreatment. There is a	potential maltreatment to pro-	of limitations. Presentation of in-
Clear.	balanced ratio of female/male par-	mote protective responses for this	formation is difficult to ascertain
Clear research question relating to	ticipants involved in the study	target group' (p7). The section rel-	where data is collected making it
young people's views on seeking	(10:14), who also represent a di-	evant to this review question is en-	challenging to draw conclusions.
and receiving help. The aim is to	verse locality, background and	titled young peoples' experience	In addition, there is discrepancy in
better understand the experiences	ethnicity. The limitations of con-	of seeking help.	young people's age as referred in
of young people in order to better	ducting interviews with young peo-		text to both: 11–17; and 11–18.
meet their needs and improve the	ple are discussed in depth where	Has the study dealt appropri-	
safeguarding system. Implications	the authors give a clear explana-	ately with any ethical concerns?	Overall assessment of external
		Yes.	validity:

Internal validity – approach a	nd
sample	

for practice are discussed in conclusion.

## How defensible/rigorous is the research design/methodology? Defensible.

A qualitative design is appropriate given their research question.

#### How well was the data collection carried out?

Appropriately.

The study says that interviews were recorded and transcribed. Study reports that interviews were carried out face to face, that they asked young people about seeking help, being referred to CSC and subsequent responses, and recorded with young person's consent.

### Internal validity – performance and analysis

tion for their decision-making process, although their sampling techniques are not clearly described. There is consideration of bias: 'our findings may arguably be a partial representation of events as we are unable to present the views or recollections of any of the professionals young people refer to' (p432).

### Was the sampling carried out in an appropriate way?

Somewhat appropriate.
Sample appears to be a convenience sample, rather than aiming to be representative of particular categories, however there is diversity of age, gender and ethnic background within the sample.
Unclear how young people were selected for interview.

#### Were the methods reliable? Somewhat reliable.

The data was collected by 1 method which was qualitative interviews.

#### Are the data 'rich'?

Mixed.

The authors state they have included participants that represent a different locality, background and ethnicity, however there is no

#### **External validity**

The research had ethical approval from the Institute for Research in the Social Sciences Ethics Committee, University of York and the Association of the Directors of Children's Services.

### Were service users involved in the study?

No.

Service users did not contribute or co-produce the research.

### Is there a clear focus on the guideline topic?

Yes.

The population of the study is qualitative interviews with young people who discuss their experience of disclosure.

# Is the study population the same as at least 1 of the groups covered by the guideline? Yes.

The participants of the study are 11–17 year old young people who are experiencing statutory support for maltreatment.

# Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.

Local authority.

#### Overall validity rating

++

Study relates to question of exploring young peoples' views and experiences of recognition.

#### Overall validity rating:

+

The study is suitable for scope and the findings enrich discussion about barriers to young people disclosing sexual abuse. Drawing on additional information from Jobe and Gorin (2013), where the research design is more informed, the findings are more convincing as data is richer and analysis is clearer.

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	recognition of how different young		
	people access a service i.e. the	Does the study relate to at least	
	study includes 5 unaccompanied	1 of the activities covered by	
	asylum seekers with little recogni-	the guideline?	
	tion that they might have a differ-	Yes.	
	ent experience of disclosing. The	The aim explores 24 young people	
	narrative findings of the young	(11–17) who have been referred	
	people make it difficult to distin-	to Children's Social Care Services	
	guish where the information came	in England and have received	
	from. The author does not state	statutory support. The paper has a	
	the number of young people that	particular focus on the young peo-	
	experience what and how so diffi-	ples' experience of disclosing and	
	cult to contextualise and re-	seeking help for maltreatment.	
	sponses are not compared or con-		
	trasted across groups.	(For views questions) Are the	
		views and experiences reported	
	Is the analysis reliable?	relevant to the guideline?	
	Somewhat reliable.	Yes.	
	Authors report that they used	The study includes one section	
	NVivo and have done a thematic	entitled 'young people's experi-	
	analysis.	ences of seeking help'. Interviews	
		have contributed to the findings	
	Are the findings convincing?	which are reported to be divided	
	Somewhat convincing.	into four categories: the difficulties	
	There is relatively little presenta-	with seeking help; seeking help	
	tion of the data analysis on which	from peers; seeking help from	
	to base a judgement of whether	family members; seeking help	
	the findings are reliable. There is	from professionals. The other sec-	
	also little consideration of diversity	tions of the paper are not relevant	
	in views, for example the experi-	to the current review question.	
	ences of children who had sought		
	asylum.	Does the study have a UK per-	
		spective?	
	Are the conclusions adequate?	Yes.	
	Somewhat adequate.	Young people are accessed from	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	The conclusions draw out over-	six English local authority areas	
	arching themes, without consider-	and represented a range of ethnic	
	ing diverse experiences within the	backgrounds and ages.	
	group, for example the children		
	who had sought asylum.		

17. Rigby P (2011) Separated and trafficked children: The challer	ges for child protection professiona	ls. Child Abuse Review 20: 324–40
	3	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate?	scribed?	question match the review	validity:
Appropriate.	Unclear.	question?	-
Study seeks to understand chal-	Little description of context of child	Partly.	
lenges in practice.	trafficking in Glasgow, e.g. the ex-	Main research question is about	Overall assessment of external
	tent of the issue, whether this is a	identifying challenges emerging	validity:
Is the study clear in what it	relatively new phenomenon etc.	for practitioners working with sep-	+
seeks to do?		arated children who have been	Assessment is a subset of overall
Clear.	Was the sampling carried out in	trafficked. However, there is a	research question.
	an appropriate way?	section on 'Identification and as-	
How defensible/rigorous is the	Not sure.	sessment'.	Overall validity rating:
research design/methodology?	Method for selecting case files		-
Defensible.	and interviewees not reported.	Has the study dealt appropri-	Not clear which data were gath-
		ately with any ethical concerns?	ered via interview, and which via
How well was the data collec-	Were the methods reliable?	Partly.	focus group. Analysis methods un-
tion carried out?	Reliable.	Author states that research gov-	clear. Relatively little reference to,
Somewhat appropriately.		ernance provided by local Child	or presentation of, primary data
Lack of clarity regarding interview-	Are the data 'rich'?	Protection Committee but does	gathered.
ees compared to focus groups,	Not sure.	not appear that any formal re-	
and which topics were discussed	Little presentation of data within	search ethics approval sought.	
via which method.	the report.	Does not appear that consent was	
		obtained from children for using	
	Is the analysis reliable?	their case files for analysis pur-	
	Somewhat reliable.	poses.	
	Analysis method described as		
	'broadly grounded theory'. Analy-	Were service users involved in	
	sis does not appear to have been	the study?	
	cross-validated by a second re-	No.	
	searcher or similar.	Research not co-produced by ser-	
	And the finalines are in the land	vice users.	
	Are the findings convincing?	le there a clear fearer on the	
	Somewhat convincing.	Is there a clear focus on the	
	Little presentation of primary data	guideline topic?	
		Yes.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis to back up points made in analysis.  Are the conclusions adequate? Adequate.	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Population is children who have been trafficked and the professionals working with them.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to assessment.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes.  Does the study have a UK perspective? Yes, Scotland (Glasgow).	

# 18. Stanley N, Miller P, Foster Helen R (2012) Engaging with children's and parents' perspectives on domestic violence. Child and Family Social Work 17: 192–201

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate?	scribed?	question match the review	validity:
Appropriate.	Unclear.	question?	+
The study explores motivations for	No information about the context	Partly.	
conducting focus groups with	and little consideration about the	In part, the study is relevant to the	Overall assessment of external
young people and the limita-	disparity across participants from	question because there are find-	validity:
tion/risk associated with 'promot-	two different localities across the	ings relating to disclosure and ac-	-
ing consensus and socially ac-	UK.	knowledging domestic violence,	The study has relevance in part to
ceptable attitudes' (Kitzinger		and listening to and validating ac-	exploring young peoples' perspec-
1995). In-depth interviews were	Was the sampling carried out in	counts, namely professionals.	tives on domestic violence, yet as
held with parents using a semi-	an appropriate way?	There is little information about the	study has adult perspective too,
structured interview schedule. In	Not sure.	recognition of DV and the study is	the voice of the child is repre-
total, 19 young participants con-	There is no information about	more about intervention.	sented generically. There is no in-
tributed in 5 focus groups; 11 sur-	sampling.		formation about obtaining ethical
vivors; and 10 perpetrators per-		Has the study dealt appropri-	approval from local authorities.
spectives were explored to enrich	Were the methods reliable?	ately with any ethical concerns?	The authors are explicit that the
the knowledge base of lived expe-	Somewhat reliable.	Partly.	research participants are anony-
rience of domestic violence and	The data was collected by one	Ethical approval was sought and	mised and consent was sought.
professionals they have worked	method - qualitative interviews	awarded by the University of Cen-	
with. Therefore a qualitative ap-	and focus groups, and no compar-	tral Lancashire, however no infor-	Overall validity rating:
proach provides an abundance of	isons are made.	mation about ethical approval from	+
information to well-founded find-	_	local authority. Authors are explicit	
ings.	Are the data 'rich'?	that consent was sought from all	
	Mixed.	research participants.	
Is the study clear in what it	Data is founded in ground theory		
seeks to do?	principles, therefore themes have	Were service users involved in	
Clear.	been inductive however the au-	the study?	
The research is clear that it seeks	thors omit that the clusters are	No.	
to identify 'the need for practition-	down to interview schedule guide	Service users did not co-produce	
ers to engage with the emotional	structure, which was not co-pro-	the research.	
content of disclosure of domestic	duced. The findings illustrate		
violence and to undertake this	these themes with various quotes	Is there a clear focus on the	
work in separate sessions with		guideline topic?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample parents and with children so that	from participants to validate, how-	Partly.	
differing accounts can be heard	ever unclear on numbers of partic-	There is partly relevance to identi-	
safely' (p129). The evidence pre-	ipants that agree with statements	fied barriers and support in recog-	
sented in the findings and discus-	made. Discussion focuses upon	nition, however the study explores	
sion clearly illustrate experiences	implication for practice founded in	experiences, therefore there is a	
of young people and parents who	other studies and participant com-	focus on intervention.	
require professionals to be 'per-	ments, e.g.: 'All three groups of	10003 off intervention.	
ceived as powerful and effective in	participants - young people, survi-	Is the study population the	
their response to domestic vio-	vors and perpetrators - echoed the	same as at least 1 of the groups	
lence'.	messages of other research with	covered by the guideline?	
101100 :	children and parents in their need	Yes.	
How defensible/rigorous is the	for practitioners to listen to and	Three groups of participants who	
research design/methodology?	validate their accounts: when stig-	have experienced domestic vio-	
Defensible.	matized behaviour is exposed to	lence and are receiving support	
Methodology section explores the	external scrutiny, individual stories	from statutory and voluntary ser-	
purpose of focus groups with	need to be heard and treated with	vices: young people; survivors;	
young people in order to create a	respect' (p198).	and perpetrators.	
familiar environment where the			
young people are used to attend-	Is the analysis reliable?	Is the study setting the same as	
ing and discussing abuse. The au-	Somewhat reliable.	at least 1 of the settings cov-	
thors acknowledge limitation and	Analysis is not reported beyond	ered by the guideline?	
risk through other studies (Kitz-	stored in NVivo, and founded in	Yes.	
inger 1995). There is a theoretical	ground theory principles. There is	Interventions are delivered in stat-	
basis underpinning analysing data	an agreement amongst research-	utory and voluntary services.	
using grounded theory principles	ers for themes to be represented		
(Strauss & Corbin 1990; Richie	in findings.	Does the study relate to at least	
and Spencer 1994). In addition,		1 of the activities covered by	
assigning descriptive and analytic	Are the findings convincing?	the guideline?	
codes to explore 'commonalities	Somewhat convincing.	Yes.	
and differences between the three	The study does meet the aim to	The study is in relation to children	
groups were noted' (p194). No in-	explore children and parents' per-	and parents experiencing domes-	
formation regarding sampling of	spectives on domestic violence	tic abuse.	
participants - but assumption is	and there is a good representation		
there were volunteers to partake	of participants. Findings are	(For views questions) Are the	
	clearly presented and supported	views and experiences reported	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
who were already accessing do-	by extracts from research partici-	relevant to the guideline?	
mestic violence services, both	pants, however there is a feel of	Yes.	
statutory and voluntary.	the evidence being manufactured	The study explores experiences of	
	to support a discourse alluded to	survivors and perpetrators of do-	
How well was the data collec-	in the literature review that domes-	mestic violence through qualitative	
tion carried out?	tic violence is prevalent in disad-	interviews conducted with young	
Somewhat appropriately.	vantaged communities, among	people and parents. There is little	
Little detail regarding data collec-	low income families and single	information about the recognition	
tion, only that interviews and focus	children and that families using	of maltreatment of young people,	
groups adopted a similar semi-	social services are likely to be this	as this is a cross-sectional study	
structure approach to facilitate ex-	populace (p192). Therefore, expe-	that explores both adults and chil-	
ploration of domestic violence ex-	riences are representative of 'dis-	dren.	
periences of participants and the	advantaged communities' per-		
professionals that supported them.	spectives and the author does not	Does the study have a UK per-	
Data is stored and collected on	explore socioeconomic de-	spective?	
NVivo. The authors are explicit	mographics within limitations. In	Yes.	
that data is recorded and tran-	addition, limitations are not ex-	The study is undertaken across	
scribed subject to consent of par-	plored nor is there recognition that	two local authorities in the North	
ticipant, however no information	different localities have different	and South of England.	
on whether any participant with-	protocols for domestic violence.		
drew.	The young peoples' voice does		
	not echo throughout and there is		
	little depth beyond statements		
	(see p197).		
	Are the conclusions adequate?		
	Somewhat adequate.		

19. Tucker S (2011) Listening and believing: an examination of young people's perceptions of why they are not believed by professionals when they report abuse and neglect. Children and Society 25: 458–69

als when they report abuse and neglect. Children and Society 25: 458–69			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate?	scribed?	question match the review	validity:
Appropriate.	Clear.	question?	++
The study includes a thorough	Characteristics are presented in	Yes.	Good qualitative study with large
methodology to determine the pur-	terms of age and gender, as de-	Young peoples' perception of fac-	sample (n=102) and through
pose of conducting 102 qualitative	fined in table 1 (p60). The author	tors hindering recognition, i.e. dis-	methodological approach.
interviews. The use of qualitative	does not include details of ethnic-	closure.	
interviews and an advisory group	ity. Additionally, the author notes		Overall assessment of external
is contextualised and supported	the matter than all participants	Has the study dealt appropri-	validity:
by other studies (Roberts 2004).	were self-selecting making it im-	ately with any ethical concerns?	++
Authors considered risk and pro-	possible to control for gender and	Yes.	Study relates to question of ex-
vided additional support to young	age. Participants are appropriately	Sound ethical consideration. Ethi-	ploring young peoples' views and
people if they were distressed.	provided anonymity.	cal scrutiny was granted through	experiences of disclosure. Sound
		researcher's institutional Ethics	ethical consideration and the
Is the study clear in what it	Was the sampling carried out in	Committee.	study is co-produced by an advi-
seeks to do?	an appropriate way?		sory group.
Clear.	Appropriate.	Were service users involved in	_
Clear research question relating to	Defined as a system of 'snowball	the study?	Overall validity rating:
young people's views on seeking	sampling' (Cohen et al. 2004)	Yes.	++
and receiving help.	which was adopted where earlier	Study is co-produced through a	Good empirical qualitative study
	recruited participants were invited	self-selective advisory group con-	with large sample (n=102) and
How defensible/rigorous is the	to encourage others to come for-	sisting of 8 volunteers (3 females	through methodological approach.
research design/methodology?	ward and tell their stories. Author	and 5 males) who participated in	The research is relevant to inform
Defensible.	states strategy was slow but en-	the study. A written brief was pro-	young peoples' perception of dis-
Thorough and descriptive, sup-	sured strong commitment and par-	vided for all participants via email	closure.
ported through other literature.	ticipation.	and this was followed up by an in-	
		dividual phone call. The group li-	
How well was the data collec-	Were the methods reliable?	aised via telephone conference	
tion carried out?	Somewhat reliable.	style calls and email exchanges.	
Appropriately.	The data was collected by one	le there e clean feet and the	
Informed consent was given in an	method which were qualitative in-	Is there a clear focus on the	
appropriate written form (Cohen et	terviews.	guideline topic?	
		Yes.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
al. 2004). Additionally, the re-	Are the data 'rich'?	The population of the study is	
search team offered a variety of	Rich.	qualitative interviews with young	
methods of participation to enable	Inferences from various conversa-	people who discuss their experi-	
geographical constraint to not be	tions were only drawn on the basis	ence of disclosure.	
an issue.	of the frequency of their revelation		
	and these were then used to gen-	Is the study population the	
	erate specific categories, which	same as at least 1 of the groups	
	described key factors and issues	covered by the guideline?	
	likely to contribute towards young	Yes.	
	people not being believed when	Adult survivors (age 18–23) who	
	they report abuse and neglect.	had attempted to disclose abuse	
	This is stated to ensure data is	or neglect on more than one occa-	
	representative of a range of views	sion to a professional who played	
	expressed by the young people	a significant role in their life.	
	(pp459–60).		
		Is the study setting the same as	
	Is the analysis reliable?	at least 1 of the settings cov-	
	Reliable.	ered by the guideline?	
	The emerging typology was con-	Yes.	
	structed directly from the data pro-	Child abuse and neglect.	
	duced through the interviews. In-		
	terviews were transcribed, ana-	Does the study relate to at least	
	lysed and coded into identify com-	1 of the activities covered by	
	mon themes (Cohen et al. 2004).	the guideline?	
		Yes.	
	Are the findings convincing?	Disclosure.	
	Convincing.		
	Findings are supported by an	(For views questions) Are the	
	emerging typology - as directed by	views and experiences reported	
	qualitative interviews and advisory	relevant to the guideline?	
	group – generally represent the	Yes.	
	circumstances of young people	Interviews have contributed to	
	disclosing to a professional. Fig-	findings that are reported under	
	ure 1 (p463) presents considera-	the construction of the 'typology of	
	tion of the typology of disbelief		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	and the percentage reporting under each specific circumstance: background and baggage; family matters; reluctance and refusal; and personal relationships. Interwoven are direct quotes from interviews with male and females. Additionally, the advisory group provides a concise, succinct synthesis of each category. Literature supports the findings (Griffin 1993; Howarth 2007; Young 2006; and others).	disbelief'. Related factors and issues are brought together through the development of specific 'circumstance categories': background and baggage; family matters; reluctance and refusal; and personal relationships (p462).  Does the study have a UK perspective? Yes, England.	
	Are the conclusions adequate? Adequate. Implications for practice and policy are considered to suggest that support for young people at the time of disclosure could be significantly improved. Limitations are explored: 'Those involved in the advisory group in particular recognised this was 'their take' on the situations that had confronted a number of young people. They also recognised that practitioners might explain the issues and dilemmas in different ways. Yet, at the same time, it was argued that 'when others try and explain matters away from where they sit how often are young people really involved in trying to understand why?' (p468).		

#### Review question 6 – Findings tables

#### 1. Allnock D, Miller P (2013) No one noticed, no one heard: a study of disclosures of childhood abuse. London: NSPCC

Research aims
Study aim: Research-
ers interviewed 60
young adults (aged 18-
24 years) who had ex-
perienced high levels
of different types of
abuse and violence
during childhood. The
young adults were
asked whether they
had tried to tell anyone
about what was hap-
pening to them, and
what had happened as
a result of their disclo-
sures. Data suggests
that disclosure was de-
layed from the start of
the abuse by an aver-
age of 7.8 years. This
report describes their
childhood experiences of abuse. It looks at
whether they disclosed their abuse: what pre-
vented them from dis-
closing, and the key
factors that promoted
disclosure. Conclu-
sions highlighted 3 key
themes: information;
communication; and
communication, and

## PICO (population, intervention, comparison, outcomes)

#### **Participants**

Adult survivors of child abuse - Young adults were aged 18 to 24.

#### Sample characteristics

- Age The participants of the study are between ages of 18–24 (at time of interview in 2009/10).
- Sex The sample includes 7 males and 53 females.
- Ethnicity The sample were predominantly White (92%), with representation of Black or Minority (8%).
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse 95% of participants (n=57) of the young people reported contact sexual abuse and 44 experienced sexual abuse with an average length of abuse calculated at 7.8 years. The study also explores polyvictimisation where 82% (n=49) reported 15 or more positive responses to different maltreatment and victimisation types in their lifetime. The authors

### Findings

**Narrative findings** 

The relevant findings of this study are categorised into 4 sections and can be found in Chapter 3 (p.16-48): (1) What prevented disclosures in childhood; (2) what promoted disclosures; (3) informal disclosure through mother and/or friends; (4) formal disclosure which shines a spotlight on teachers, social services and the criminal justice system. 'Each section examines disclosure themes for two groups of young people – those who experienced sexual abuse (n=44) and those who experienced other forms of abuse (n=16).

- 1. What prevented disclosure in childhood: The barriers identified in the study for seeking help and why there was a long period before disclosure, reported in the study on average as 7.8 years (p18), is that: (1.1) young people had no one to turn to; (1.2) perpetrator tactics; (1.3) developmental barriers; (1.4) emotional barriers and anxieties; (1.5) no one listened/asked; and (1.6) anxiety over the confidentiality of their information (p24).
- 1.1. 'Young people had no one to turn to': 45% (n=27) of young people described feelings of isolation in childhood which curtailed their disclosure due to poor family relationships and adverse family circumstances. Isolation as a common theme is described to be geographical, physical and psychological. Some young people felt isolated by their experience, as stated 'I did speak to my friends at school and stuff,

#### Overall validity rating

### Overall assessment of internal validity:

++

All of the criteria has been fulfilled to a high standard. The authors met all ethical concerns and sought solutions for young adults who may be affected by their participation in the study. There is a large sample group (n=60) and their characteristics are clearly described in the report. Findings prompt implications for practice so as to tailor better support and intervention for childhood abuse. The limitations are defined too, one part about bias and secondly, the purposive sample group was designed to target young people who had experienced systematic abuse. The findings do

Research aims
being noticed, asked and heard. There are implications for prac- tice.
Methodology: The study used a mixed method approach to collect data from 60 young adults aged 18–24. For the purpose of findings relevant to the review question, data has only been extracted from qualitative

methods, and so only

this element of the re-

search has been criti-

cally appraised. Quali-

lected via in-depth in-

viewees were selected

after completion of the

NSPCC child maltreat-

ment study (see Rad-

ford et al. 2011) gues-

which included a self-

select tool to permit in-

terviewees to be contacted for a follow up

participants were self-

selected or made up of

interview, therefore

tionnaire distributed

tative data was col-

terviews. The inter-

### PICO (population, intervention, comparison, outcomes)

**Findings** 

Overall validity rating

discuss the calculation of polyvictimisation within a national context,
mindful that it is not an 'exact science, as there is currently no research consensus on the number
of victimisations that makes some-

 Looked after or adopted status -Not reported.

one a polyvictim' (p59).

 Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

**Sample size** – n=60 interviews conducted with young adults aged 18–24.

but they don't really understand, they just don't understand' (female, emotional and physical abuse by mother up to the age of 17; p24). Young people (n=42) described poor family relationships as a factor, for example, 'one parent was perpetrating the abuse while the other facilitated the abuse or knew about it and did nothing to intervene' (p26). In some instances, siblings were being abused also, so were not always a source of support. Family stress also attributed to children not disclosing, partly because they had other factors that impacted negatively on the dynamic, i.e. disability, substance misuse and parental mental health problems. Conversely, some young people describe a positive family relationship (n=17), vet this impacted on the disclosure process because they did not want to upset the family dynamics. 'One young woman abused by her neighbourhood peer said that she knew her father would "go mental" and she was concerned that he would end up in prison for attacking her perpetrator in retaliation' (p26).

1.2. 'Perpetrator tactics': 21 young people described perpetrators actions which prevented them from telling, e.g. the 'perpetrator mask' which is where perpetrators manipulate others into believing the child is to blame. A female young person who was sexually abused by a neighbour and physical and emotional abuse by mother recounts: 'yeah, to begin with when I was fairly young, it was hard for my nan to see it like obviously. She just saw it like that I was a child playing up and that's why these things were happening. Because my mum was so good at twisting stuff, whoever it was I spoke to, it would be twisted around and I would just be like uh ... (laughs), it's like that'.

not provide a representative of the general young adult population nor those who have experienced abuse. As stated in limitation 'although the young people in this study did volunteer to discuss their childhood experiences, the researchers do not believe this means these young people represent a sample that is predisposed to disclose their abuse. If this were the case, the latency period for disclosure would be much shorter' (p60).

Overall assessment of external validity
++

Very comprehensive research design, with clear demographic and characteristics of participants (n=60).

Overall validity score ++

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
convenience sample. The interview was two hours long and 'focussed on information that was not collected in the questionnaire in order to avoid duplication' (p58).  Country: United Kingdom.  Source of funding: Voluntary/Charity - NSPCC funded the project.	comparison, outcomes)	1.3. 'Developmental barriers': Some young people account that they didn't know what was happening to them or have the ability or vocabulary to ask for help. This theme was particularly common in those who experienced sexual abuse. One female who was abused by father from age 4 to 14 reported that 'it was just the norm for me sort of so I didn't think anything was sort of wrong with what was going on until I gotten older' (p27). Others considered physical abuse as part of parental discipline.  1.4. 'Emotional barriers and anxieties': A common theme amongst 12 young people who were sexually abused was feeling shame, guilt or embarrassment to tell others about the abuse. Mental health difficulties in the young people prevented them from reaching out for help (n=3). Anxieties about the reaction of others stopped 14 young people seeking help. One young person describes seeking help for depression and was cutting herself and trying to kill herself but was told 'go home and grow up' (female, physical and emotional abuse by mother; witnessing domestic violence; and being bullied at school; p29).  1.5. 'No one listened and no one asked': Some young people (n=4) account trying to ask for help but were not acknowledged. These young people describe poor relations with their primary caregiver. Compounded with 7 young people who did not disclose because they were not asked. One young person described ' no one asked me if I needed help and I think, looking back it was, like, I don't know, kind of the indicators you get if someone's being abused	A high quality study that meets the research aims and objectives and deals well with ethical concerns.
		were there' (female, sexually abused by older cousin from age 8–12, p30).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		1.6. 'Confidentiality': Seen as important to a young person disclosing, only a few young people had concerns about confidentiality and negative experiences when they confided in a professional (social worker and counsellor) who then relayed back to parent. Four young people describe not knowing that there were confidential services, i.e. ChildLine and if they had known, they would have used these services.	
		2. What promoted disclosure: With reference to young people's experience with professionals, some young people (n=12) stated that they had disclosed because someone had asked or noticed a behavioural change. One young person recalls being told by a social worker in hospital that if they told the truth about their bruises, they would be kept safe. Similarly, a young person lost a lot of weight and told their head of year that 'things weren't good at home' (female, sexual abuse by father from age unknown until 15; p31).	
		3. Informal disclosure through (3.1) friends and (3.2) mother:	
		3.1. Friends are described as being a 'critical support for many of the young people (n=38) in this study' (p35). Most sought help or support in seeking help, and emotional support. The study explores in-depth the way in which friends assist in disclosing the abuse, for example one young person states that she ' got forced to tell her [the teacher], 'cause one of	
		my friends knew stuff was going on, so, got her in and we talked about it, erm, and erm, she told my head teacher' (p37). The findings suggest raising awareness amongst all young people of the dynamics and	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		consequences of abuse, as well as promoting mes-	
		sages in how to respond and ask for help.	
		3.2. According to findings, mothers were the recipients of 32 initial or linked disclosures. Yet only 5 young people report that their mothers took formal protective action by reporting the perpetrator to the police. The majority of young people experienced being ignored or 'attention seeking'.	
		4. Formal disclosure, which shines a spotlight on teachers, criminal justice system and social services:	
		4.1 Education: 18 young people made a total of 23 disclosures to teachers, which are characterised both positively and negatively. Positive experiences (n=6) are where education staff automatically believed the young person's disclosure and reported the abuse to the appropriate channel, i.e. head teacher or police. The experience is described as being straightforward however 'the aftermath included involvement by police and social workers, some of whom invited the young person's parents into the room during the interviews' (p40). Negative experiences of disclosing to	
		teachers were characterised by the teachers' failure to inform the young person of how the disclosure would be handled. Named most unhelpful was the teacher going straight to the parents, some of whom were the perpetrators of abuse. One young woman who was living with domestic violence between her	
		mother and mothers' partner said that the disclosure made things worse for her: 'I told one [teacher]. I wrote her a letter. I wanted someone to do something. She told my mum. I remember mum picking me up	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	, , , , , , , , , , , , , , , , , , , ,	from school and she dragged me out and shouted at me' (p41).	
		4.2 The criminal justice system: Over half of the young people (n=37) report involvement of the police. Findings suggest that generally young people found the process of disclosure 'uneasy and unpleasant'. Four key areas were highlighted to communication skills needed to handle information sensitively: being developmentally sensitive; being direct; allowing children to go at their own place; and keeping children and young people informed Developmentally sensitive: This is about treating young people with respect and being age aware. One young person commented: ' he was really good. Um, he talked to me like a young person, not like a stupid little kid' (female, sexually abused by step-father from age 7–16; p42). Conversely, not making assumptions that young people have the vocabulary to disclose Being direct: With relation to sexual abuse, one young person explains that she had two different police officers, one appeared to be embarrassed for example, 'and did he touch you down there?' whereas the other police officer who took the full interview, was direct asking proper questions. The author states that there are clear implications for training all police officers, not only those with special roles interviewing children Pace of interview: Some young people describe 'feeling out of control' as supported in one extract by a	
		young person: 'It was, like, I was just waiting for somebody to, like, wake me up and I was going to go	
		back into what my life was normally like. Um, the police interview on the Friday went on for hours', I think it lasted about four hours, um. Again the police, the	
		it lasted about four hours, um. Again the police, the two police officers were, they were really good, um,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		and didn't like rush me, they didn't, like make me talk about things I really didn't, they just went at my pace' (female sexual abuse by step=father from 7–16; p43).  - Keeping young people informed: 3 young people account that they wish they had been kept up-to-date as to what would happen after their disclosure, i.e. would the perpetrator be arrested and what happens next.  4.3 Social Services: 34 young people report that social services had been involved with their families in childhood prior to disclosure. These are relevant because they present a 'missed opportunity 'for professionals to react. 20 of the 34 reported that social services became involved after they disclosed the abuse to the police. Some young people (n=7) reported that they held negative assumptions and anxiety about the role of social services. As one young person recalls her family friend contacting social services: I think just 'cause I was scared 'cause like so many people try so hard like to keep it quiet then you just get scared by what will happen if you don't. And I didn't like, I didn't want bad things to happen if she had done (called them) and it kind of panicked me more what would happen, than like the situation that it was at the time' (p46). Twelve young people reported that social workers were working with their family, but some professionals did not engage with them (n=4); ask the 'right question' (n=5); and acted insensitively when they did visit (n=2). Findings suggest the importance of talking to children and young people on their own.	

2. Beckett H, Brodie I, Factor F et al. (2013). 'It's wrong ... but you get used to it' - A qualitative study of gang-associated sexual violence towards, and exploitation of, young people in England. London: Office of the Children's Commissioner for England

| Research aims | PICO (population intervention | Findings | Overall validity rating | Overall validity rating |

Research aims
Study aim: 'The re-
search aimed to con-
sider: the scale and
nature of gang-associ-
ated sexual violence
and exploitation in six
areas of England; the
main pathways into
gang-related sexual vi-
olence and exploitation
for young people living
in these neighbour-
hoods; and potential
models for an effective
multi-agency response
to the issue' (p6).

Methodology: Qualitative study. The research team adopted a qualitative approach: - Individual interviews with 150 young people - 11 focus groups with 76 professionals - 8 single sex focus groups with 38 young people. In relation to recognition, most relevant data was provided by research with children and young peo-

## PICO (population, intervention, comparison, outcomes)

#### Participants:

Children and young people. Individual interviews - Young people aged 13–28 (n=150). Focus groups - Young people (n=38).

Professionals/practitioners - 11 focus groups were conducted with 76 professionals across 6 research sites. Representation from fields of social care, education, health, policing and the justice system, specifically working within the gangs and sexual exploitation/sexual violence.

#### **Sample characteristics:**

- Age Interviews Participants ranged from 13 to 28: Under the age of 18 (49%); 18–20 (28%); 21–25 (21%); and 25-28 (2%). Focus groups Not reported. Professionals Not reported.
- Sex Interviews 52% were male, with 48% female. Focus groups Not reported. Professionals Not reported.
- Ethnicity Interviews The self-reported ethnicity of interviewees: 32% Black/Black British; 28% White; 21% Dual heritage; and 18% Asian/Asian British. Focus groups - Not reported. Professionals – Not reported.

#### Findings

#### Narrative findings:

Factors that hinder recognition are explored: 1) The acceptance of sexual violence and exploitation as a 'normal' part of life in their social milieu and a resignation to this; and 2) Low levels of reporting and seeking help from professionals (p43).

- 1) The acceptance of sexual violence and exploitation as a 'normal' part of life in their social milieu and a resignation to this:
- Young people stated they felt resigned to the experiences within a gang environment. One young woman's response to findings demonstrate this, 'I'm used to it ... it's normal ... Welcome to our generation' (p43).
- Professionals commented upon a resignation, as noted in one focus group, 'A lot of schools and charities I'm speaking to are like "how do we break this, how do we change this whole culture of how young people perceive their relationships?" (p43).
- Evidence indicates that young people (particularly woman) and some professionals feel there is little to be done to change the normalisation of sexual violence and exploitation within the gang environment.
- The response from one young woman to end the sexual violence were limited to '(i) move out the area, (ii) get involved in another gang for protection or (iii) wait it out' (p43). This indicates the challenges to professionals seeking to prevent and respond to victimisation, if young people who do not see seeking external support as an option.

#### Overall validity rating

### Overall assessment of external validity:

++

The study meets all criteria and has dealt effectively with ethical considerations. In addition, the interview guide was co-produced with the YPAG to make questions age appropriate.

### Overall assessment of internal validity:

++

Very comprehensive, effective study with detailed findings that are summarised into recommendations. The methodology has dealt appropriately with the ethics and risk associated with the subject matter, and the research team have ensured the voice of the child is at the heart of the report.

#### Overall score:

Research aims
ple. There is a com-
prehensive methodol-
ogy section (pp12–15)
that addresses ap-
proach to interviewing;
the research was co-
produced with young
people from the Young
People's Advisory
Group; information on
gaining consent; and
thorough steps taken
to provide confidential-
ity and anonymity of
participants. The study

Country: UK. England. 'To maintain confidentiality and protect participants, the identity of the research sites is not being revealed' (p6).

took place between

2011 and 2013.

#### Source of funding:

Government - Inquiry of the Office of the Children's Commissioner into child sexual exploitation in gangs and groups. Led by the University of Bedfordshire.

### PICO (population, intervention, comparison, outcomes)

- Religion/belief Interview Not reported. Focus groups Not reported.
   Professionals Not reported.
- Disability Interview Not reported. Focus groups - Not reported. Professionals - Not reported.
- Long term health condition Interview Not reported. Focus groups Not reported. Professionals Not reported.
- Sexual orientation Interview Not reported. Focus groups - Not reported. Professionals - Not reported.
- Socioeconomic position -Interviews - 'Most participants reported that they were in some form of education (45%), training (20%) or employment (18%), with only one in eight identifying as Not in Education, Employment or Training (NEET). Focus groups - Not reported. Professionals - Not reported.
- Type of abuse 87% (n=131) had direct, often multiple connections with gangs. Of the 131 participants, 59% were/had been directly involved in a gang (M=70% v. F=47%); 32% had been gang-associated (M=25% v. F=39%); 35% had friends/and or family involved; 23% were having/had previously had a 'romantic relationship; with a gang-involved person (all female bar one); 57% had personal experiences of sex and/or relationships in gangs. The remaining 13%

#### **Findings**

- 2) Low levels of reporting and seeking help from professionals:
- 1 in 12 young people felt that they would report, or talk about, experiences of sexual violence or exploitation. If they did disclose, rarely was it indicated that it would be a formal disclosure 2/3rds indicate that they would make an informal disclosure to a peer.

#### 2.1. Judgement by others

- Young people stated that they might be reluctant to disclose experience of sexual victimisation for fear they might not be believed/judged.
- One professional commented upon the barriers of reporting when working with victims (commonly young women), who cite reasons for young people not disclosing, 'because I'm going to be called a slag' or 'I'll lose all my friends, all the girls will find out and they won't want to be my friend anymore' (p.44).
- Self-blame acted as a deterrent for young people not reporting incidents, for example, one 21 year old young woman in an interview stated: 'I think the main problem with like rape. For so long it's been portrayed as like in a way the woman's fault, because you were dressing provocatively. Oh you were drunk... and I think if a woman gets really drunk and that ends up happening, I think a lot of girls kind of blame themselves, like oh I was really drunk, blah, blah, but they don't see what's actually happened, and they don't see that the guy is in the wrong. They kind of blame themselves for it' (p44).

#### 2.2. Fear of retaliation

- Some young people commented on gang retribution if they were seen as a 'snitch' or 'grass'. One 17 year old young woman stated 'let me give you an example

#### ++

An excellent, thorough empirical study which meets its research aim and details implications for practice and policy on a local and national level.

Overall validity rating

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	<ul> <li>(n=19) participants grew up in gangaffected neighbourhoods. Focus groups - Not reported. Professionals - Not reported.</li> <li>Looked after or adopted status - 38% of participants reported current or previous involvement with children services, although it is not clear what support this was. Focus groups - Not reported. Professionals - Not reported.</li> <li>Unaccompanied asylum seeking,</li> </ul>	of why people don't [go to the police]. Because if you go to the police station and say "this gang member raped me' that gang member might be found guilty and go to jail, but remember he's part of a gang". So all the ones in the gang, 500 people, 400 people, will come back to you, to your house. Could go to your family's house, you know. So you might as well keep it on the low and move on with your life innit If you go to the police, that's the wrong move. That's the worst thing a person could do It'll come back cos with gangsters they got to win innit. They never give up' (p44).	
	refugee or trafficked children - Interviews - Not reported. Focus groups - Not reported. Professionals - Not reported.	2.3 Lack of faith in services ability to protect them - Compounded with the fear of retribution, young people commented on the inability of statutory services to protect them. This was generally due to the percep-	
	Sample size Interviews - 150 participants. Focus groups - 8 single sex with 38 young people. Professionals - total of 11 focus groups held with 76 professionals.	tion of the police, an absence of convictions and the need for long term protection. One 16 year old young man said, 'we don't believe that police are there to help us When I've seen my dad get arrested the police was hard on him, grips him up and push his hands behind his back and that, and it's not like he's resisting, they had him on the floor outside. There's no need for that. I've seen police taser people and I've been hit on my leg with a kosh, it's not necessary' (p.4).	

# 3. Burgess C, Daniel B, Scott J et al. (2012). Child neglect in 2011: an annual review by Action for Children in partnership with the University of Stirling. Watford: Action for Children

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The annual review process by	Participants	Narrative findings	Overall assessment of internal validity

#### Research aims

Action for Children in partnership with the University of Stirling seeks to 'gauge the current situation with regard to neglect and monitor the effects of changes in national and local policy' (p5). The project team collated evidence through a variety of methods.

### **Methodology:** Mixed methods.

The qualitative aspect of the annual review was conducting 12 focus groups across 6 local authorities with a total of 114 participants across a range of agencies: children's services; housing; health service staff; the police; education; and third sector agencies. The focus group data is most relevant to research question as provides in-depth data in response to 'how good are we at recognising children who are

### PICO (population, intervention, comparison, outcomes)

Professionals/practitioners – Qualitative: n=114 professionals; Quantitative: n=47 local authorities.

#### Sample characteristics

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

#### Sample size

Qualitative sample size:

Research team held 12 focus groups with 6 (two areas were combined) local authorities:

Local authority 1: n=12 Local authority 2: n=14 Local authority 3+4: n=47 Local authority 5: n=21

Local authority 6: n=20

Total participants = n=114 professionals.

#### **Findings**

How good are we at recognising children who are at risk of, or are experiencing neglect?

- 1. According to focus group participants, recognition has increased and there are more referrals. In part, it is accredited to fear of consequences of not referring, despite not having evidence. Referrals from primary schools have risen which could be 'due to better recognition, as one focus group respondent states: 'Although neglect is less clear-cut than other forms of abuse there is more awareness than there was an earlier identification. Staff from agencies, such as housing, know what to look for when they are going into homes for other reasons' (p9).
- 2. Focus group respondents highlighted 'the crucial role of nurseries, Sure Start children's Centres and health service staff, namely GPs, midwives and health visitors, in identifying also responding to young children at risk of neglect' (p10). A focus group respondent explained that this was due to parents having daily contact with these services, so will be best place to recognise signs of neglect.

Are neglected children still not being identified?

1. Focus group professionals stated that there are still large numbers of children who are experiencing what may be called borderline neglect, thus falling beneath the threshold. As 1 focus group respondent states, 'There is good recognition now when neglect is more overt, but still not enough at the less obvious stage. Social workers need to be able to spend more time actually with families to really see what is going on in the home' (p11).

#### Overall validity rating

The annual review has carried out 12 focus groups which include 114 representatives from different agencies, however the findings and conclusions are 'somewhat convincing' because there is difficulty in identifying or contextualising who said what. There is no consideration of limitations or theory underpinning focus groups.

### Overall assessment of external validity

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Overall, study meets most of the quality criteria however the study is not co-produced.

#### Overall validity score

-

The annual review meets the aim through the research design and mixed method data collection approach. The findings are representative of a

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
at risk of, or are experiencing, neglect?' Data from the other strands of the research are less relevant and have not been reported.		2. Professionals distinguished the 'drip-drip' effect which is where there is not enough evidence to proceed: 'Some children are very good at masking what is going on and have well-developed defence strategies to cope with this. Apparent resilience can cover things up. Then a major incident occurs and it goes straight to child protection procedures. And children	large sample of professionals that work with children who are at the frontline for identifying and responding to child neglect. However, there is little information about consent
Country: UK. Source of funding:		may hold a situation together through loyalty to their parent' (focus group respondent, p11).	of participants or what geographical region data is collected, so
Not reported.		3. Issues of capacity was stressed as an issue in that social care agencies are inundated with referrals and the child is not always being identified as quickly as they should be. Additionally, increased case load was seen as a reason social care staff have less time to spend with the family making children harder to identify: 'Higher caseloads will lead to less resources for each family' (p11).	caution to generalise. Conclusions are difficult to see as reliable.

4. Children's Commissioner (2015) Protecting children from harm: A critical assessment of child sexual abuse in the family network in England and priorities for action. London: Office of the Children's Commissioner for England

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: Aim to as-	Participants	Narrative findings	Overall assessment
sess the scale and na-	Adult survivors of child abuse.		of internal validity
ture of child sexual	A survey of 756 survivors of child	Data have been extracted from sections 14.1, 14.2	-
abuse in the family en-	sexual abuse, all were over the age	and 14.3.	
vironment in England.	of 18.		Overall assessment
We have extracted	Professionals/practitioners -	14.1 Recognition	of external validity
data in relation to	Site visits and focus groups in 6 sites,		+
Recognition (sections	involving 32 agencies. Oral evidence		
14.1, 14.2 and 14.3)	hearings with 9 professionals from		

#### Research aims

and the Impact of intervention (section 15.3), as these relate most closely to our review questions.

Methodology: Mixed methods. Study comprised: 1. A call for evidence to collect examples of good practice 2. A DfE dataset request for data on victims and perpetrators 3. Police force dataset request for data on victims and perpetrators 4. Site visits and focus groups in 6 sites, including consultation with 32 agencies and focus groups with 5 victim/survivor organisations. 5. Oral evidence hearings with 9 professionals from statutory bodies and 10 professionals from voluntary and community organisations 6. A survey of 756 survivors of child sexual abuse 7. Data request from 4 helplines 8. A rapid evidence assessment of

### PICO (population, intervention, comparison, outcomes)

statutory bodies and 10 professionals from voluntary and community organisations.

#### Sample characteristics

- Age Survivor survey: 18-24 n=50, 25-34 n=133, 35-44 n=214, 45-54 n=251, 55-64 n=88, 65+ n=20. Other evidence strands: Age of participants not reported.
- Sex Female n=483, Male n=51, Unknown n=215, Other n=5, Prefer not to say n=2. Other evidence strands: Sex of participants not reported.
- Ethnicity Not reported.
- Religion/belief Survivor survey: No religion n=283, Unknown n=215, Christian (all denominations) n=196, Other n=42, Jewish n=10, Buddhist n=7, Muslim n=2, Hindu presume n=0 (not shown on pie chart) Other evidence strands: Religion of participants not reported.
- Disability Survivor survey: No disability n=397, Disability n=106, Unknown n=211, Don't know n=41, Prefer not to say n=1. Not reported for other strands.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.

#### **Findings**

The study reports that the focus groups with adult survivors and the call for evidence identified that recognition of intrafamilial sexual abuse may be delayed. Participants in site visits and oral evidence noted that disclosure may be 'involuntary' - when abuse is discovered or reported by a third party. Total 141 (26%) respondents to the survivors' survey reported that they did not recognise that they had been sexually abused until adulthood. Reasons given by adult survivors (unclear if via focus group or survey) for not recognising abuse included: - not being able to find the 'right words' (p60) to explain what had happened sometimes this only occurred after seeing media coverage, after sex education or through conversations with friends as an adult - in some families 'sex is a taboo subject' (p60).

The study notes that, even though not all children can recognise when they have been abused, adults may be able to identify that there is a problem based on their demeanour or behaviour. Of respondents to the survey, 293 were not asked by an adult about any of these factors, but 147 were. Survey respondents included behaviours such as becoming withdrawn (n=26), risk taking and aggression (n=20), alcohol/substance misuse (n=14) and running away from home (n=10). The study reports that the evidence it has considered suggests that victims and survivors are more likely to recognise what has been happening to them as abuse when they are in a 'safe space' (p.61) - characterised by presence of a trusted adult, and protection from the perpetrator.

14.2 Telling

#### Overall validity rating

#### Overall validity score

Little methodological information provided, particularly regarding survey distribution, response rates and representativeness of resulting sample. Limited consideration of ethical issues in reporting.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
research evidence on	Type of abuse - All survivors had	The study notes that evidence from the site visits, call	
intra-familial sexual	experienced child sexual abuse within	for evidence, focus groups and oral evidence ses-	
abuse 9. There is on-	the family.	sions suggests that victims of sexual abuse may 'tell'	
going research with	Looked after or adopted status - Not	through their behaviour rather than a verbal disclo-	
children and young	reported.	sure. In the survivors survey many respondents	
people (assume this is	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	(n=325, 43%) did not try to tell anyone. 234 people	
not reported here) The	refugee or trafficked children - Not re-	(31%) reported that they had tried to tell someone:	
data extracted here	ported.	47% told 1 person, 32% told under 5 people and 20%	
are drawn from strands		told 5 or more people. Some respondents had tried to	
1,4, 5 and 6.	Sample size	tell a professional, but disclosures were not always	
	Survivor survey: 756 Site visits: 32	handled appropriately (although note that, due to age	
Country: UK.	agencies (unclear how many individu-	of some survivors, these experiences may go back 30	
	als) Focus groups: 5 focus groups	years or more). Total 44 respondents reported that	
Source of funding:	victim/survivor organisations and 3 fo-	they had tried to communicate through changing their	
Government -	cus groups with survivors of child	behaviour including drawing pictures (n=10), playing	
Office of the Children's	abuse (unclear how many Oral evi-	with dolls in a particular way (n=4).	
Commissioner.	dence hearings: 9 professionals from		
	statutory bodies and 10 professionals	When asked which person they had told, the re-	
	from voluntary and community organi-	sponses were as follows: Mother (n=102, not possible	
	sations Total sample size unclear.	to calculate percentage as base not provided);	
		Friend/peer (n=85), Teacher (n=51), Father (n=32),	
		Social worker (n=28), Sister (n=24), Police (n=23),	
		Friend's parent (n=21), GP/doctor/nurse (n=21),	
		Grandparent (n=17), Aunt (n=15), Brother (n=15),	
		Cousin (n=12), Religious leader (n=9), Uncle (n=7),	
		Other (n=42). 'Other' includes helplines, thera-	
		pists/counsellors, partners/spouses.	
		The study reports that, of the 220 people who an-	
		swered the question 'did the abuse stop as a result of	
		telling?'; 130 (59%) said it had stayed the same or got	
		worse whereas 72 (33%) said it had stopped com-	
		pletely or temporarily.	
		14.3 Barriers to telling	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		The study reports that, across all forms of evidence gathered, the following themes were highlighted as barriers to telling: - Self-blame, in which victims think they are responsible for causing the sexual abuse - Guilt and fear of consequences, including loyalty to family members - Fear of the perpetrator - Fear of being judged - A lack of opportunities to tell someone - Distrust of professionals (p. 66). One respondent to the survey wrote: 'I didn't realise it was abuse until he'd made me do too much, by then I was so ashamed I didn't have the words or the confidence in myself I thought I would be in trouble and that I would hurt my family. I was just a little girl' (female survivor aged 35-44).	
		14.3.2 Telling professionals The study reports that the site visits and call for evidence identified that there may be additional barriers for children and young people to report abuse to professionals, including the fact that professional environments may be intimidating, and not all professionals have the right skills to talk to young people about these issues. There may also be language barriers including: - young people not having the right vocabulary or language skills - young people may have a learning disability or communication impairment - ethnic minority or asylum seeking children and young people may not know the right terminology to describe their experiences and seek help.	

5. Cossar J, Brandon M, Bailey S et al. (2013) 'It takes a lot to build trust' - Recognition and Telling: Developing earlier routes to help for children and young people. London: Office of Children's Commissioner

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: Research	Participants	Narrative findings	Overall assessment
aims: 'To examine	Children and young people.	This an extensive report, with detailed findings pre-	of internal validity
young people's per-	Content analysis of internet forum -	sented in each chapter. The reported findings are	++
ceptions of abuse and	analysis of 261 threads (correspond-	therefore based on the executive summary, with an	
neglect, and to explore	ing to 261 individuals) Interview study	additional detail added in from each chapter as rele-	Overall assessment
their experiences of	- 30 young people aged between 11	vant. Findings from the literature review and two fo-	of external validity
telling and getting help	and 20. Young people were deemed	cus groups with young people (who had no experi-	++
from both informal and	to be vulnerable, but were not cur-	ence of maltreatment or of using specialist services)	
formal sources To	rently involved with child protection	have not been included here, as they did not meet our	Overall validity score
use this knowledge to	services. Some had been involved	evidence criteria.	++
make suggestions for	with children's social care in the past.		Overall very good qual-
practice that would im-	Focus groups - 1 focus group with 10	1. Recognition	ity study with use of
prove access to sup-	children aged 10 to 11 and one focus		peer researchers, and
port' (pi).	group with 10 young people aged 16-	It is important to note that the term 'recognition' is	good consideration of
Bartha de la companya	17.	used in this study to mean young people themselves	ethical issues. Good
Methodology: Mixed	Caregivers and families -	recognising and acknowledging that they are experi-	reporting of methods of
Method. Mixed meth-	Via focus group study: Family focus	encing abuse or neglect, rather than recognition by	analysis and clear find-
ods study comprising: -	group with 8 parents/caregivers.	professionals.	ings.
a systematic literature	Adult survivors of child abuse -	1.1 Analysis of internet forum threads	
review about recognition and disclosure of	Some of the young people (number not specified) participating in the in-	1.1 Analysis of internet forum threads	
	terview study were aged between 18	The study found that 23 'problem types' emerged	
abuse by young peo- ple, and their views of	and 20.	from young people's descriptions. These were: '1)	
service (findings not	Professionals/practitioners -	Mild sexual - sexual comments, partner initiating sex	
reported here as re-	Via focus group study: One focus	without asking; 2) Medium sexual - child being	
view did not match our	group with 8 community services rep-	touched or made to touch perpetrator (genitals)/per-	
evidence criteria) -	resentatives (1 deputy head teacher,	petrator watching child in bath etc. (age inappropri-	
content analysis of an	3 domestic abuse workers, 2 youth	ate); 3) Rape/serious sexual assault/buggery; 4) Me-	
online peer support	workers, 1 children's worker, 1 youth	dia based – grooming via net, posting pictures or vid-	
website for young peo-	offending team worker); 1 focus	eos on web/social network, forcing child to watch por-	
ple to post and re-	group with 4 integrated services rep-	nography; 5) Sexual abuse – not specified; 6) Physi-	
spond to problems	resentatives (2 specialist health visi-	cal abuse – unspecified; 7) Severe physical – stran-	
		gling/beating/causing injury; 8) Chemical physical –	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
about abuse and ne-	tors, 2 early help practitioners); 1 fo-	poisoning, drugging, forcing alcohol; 9) Physical	
glect (261 threads) -	cus group with 4 children in need rep-	abuse unspecified; 10) Inappropriate responsibilities	
interviews with 30 vul-	resentatives (2 social workers, 2 fam-	(e.g. for household tasks, for care of a sibling; 11) Not	
nerable young people,	ily support workers).	enough food; 12) Parental lack of interest – limited	
aged 11-20 who were		engagement with child, e.g. prefers computer to child,	
'currently deemed to	Sample characteristics	no interest in child's achievements or worries; 13) Ne-	
be at risk, but who	Age - Content analysis of internet	glect – unspecified; 14) Verbal aggression – including	
were not currently in-	forum - Information not available In-	shouting, insults, could also come by text; 15)Wit-	
volved with child pro-	terview study - Age range 11-20	nessing violence/domestic violence; 16) Child thrown	
tection services' (p6) -	years, mean age 16 years. Focus	out of house/locked out; 17) Criticism/blame; 18)	
6 focus groups with	groups - Children's workshop - 10-11	Threats made to child/physical intimidation; 19) Sib-	
children (data not re-	(Year 6); young people's workshop -	ling preferential – child thinks sibling is preferred to	
ported here as do not	16-17 (Years 11 and 12).	them, examples are 'mild' may be ordinary sibling ri-	
meet our population	• Sex - Content analysis of internet fo-	valry, e.g. my brother has better trainers than me; 20)	
criteria), young people	rum - posters identifying selves as fe-	Carer damages on purpose/sells young person's pos-	
(data not reported here	male n=162 (62%), posters identifying	sessions; 22) Parent unpredictable towards child; 23)	
as do not meet our	selves as male n=25 (10%), posters	Emotional abuse – unspecified'.	
population criteria),	not stating their gender n=74 (28%).		
parents and practition-	Interview study - female n=17; male	The study reports that there were a number of factors	
ers. Parents were re-	n=13. Focus groups - Not reported.	that could prevent a young person from realising that	
cruited from a parent-	Focus groups - Not reported.	their experiences were abusive or neglectful, includ-	
ing support group at a	<ul> <li>Ethnicity - Content analysis of inter-</li> </ul>	ing:	
local voluntary organi-	net forum - not reported Interview		
sation.	study - White British n=18, Black Afri-	a) The young person feeling that they deserved it.	
	can/Caribbean/Black British n=9,	One young person posted: 'I believe every word said	
Country: UK.	mixed/multiple ethnicity n=3. Focus	by my mum that I'm no good, that I'm useless, that	
	groups - Not reported.	I've done everything wrong' (p37).	
Source of funding:	Religion/belief - Content analysis of	b) A difficulty in acknowledging that a parent could be	
Office of the Children's	internet forum - not reported. Inter-	abusive. For example one young person posted that	
Commissioner.	view study - not reported. Focus	they felt 'traitorous' (p37) in thinking that their treat-	
	groups - not reported.	ment by the parent was abusive.	
	Disability - Content analysis of inter-	c) A parent's unpredictability when abuse was epi-	
	net forum - not reported. Interview	sodic, and relationship was sometimes good. One	
	study - not reported. Focus groups -	young person posted 'Other friends of mine envy me	
	not reported.	for having 'such a great mother'. Usually until she's	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	<ul> <li>Long term health condition - Content</li> </ul>	angry. Most of the time she denies drinking she	
	analysis of internet forum - not re-	doesn't even remember a large portion of the things	
	ported. Interview study - not reported.	she does' (p37).	
	Focus groups - not reported.	d) Confusion about the boundaries between discipline	
	<ul> <li>Sexual orientation - Content analy-</li> </ul>	and physical abuse.	
	sis of internet forum - not reported. In-	e) Confusion about boundaries relating to touching	
	terview study - not reported. Focus	with family members. One young person posted	
	groups - not reported.	about a male member of the family who made her feel	
	<ul> <li>Socioeconomic position - Content</li> </ul>	uncomfortable because he wanted her to sit on his	
	analysis of internet forum - not re-	lap: 'He might be just showing affection and I don't	
	ported. Interview study - not reported.	want to make a big deal out of it if I've got it all wrong,	
	Focus groups - not reported.	but it does make me feel really uncomfortable' (p39).	
	<ul> <li>Type of abuse - Content analysis of</li> </ul>		
	internet forum - physical abuse 63	1.2 Interview study	
	threads (24%); sexual abuse 125		
	threads (48%); emotional abuse 50	The study reports that the interviews identified a	
	threads (19%); neglect 23 threads	range of responses by young people including lack of	
	(9%). Interview study - young people	recognition, partial recognition and clear recognition.	
	were asked to complete a question-		
	naire of problems they had experi-	a) Lack of recognition	
	enced in relation to abuse and ne-	This included being 'actively dismissive' (p61) where	
	glect. Other children calling you	young people did not agree with 'adult' definitions of	
	names, saying mean things to you	abuse, e.g. in the case of sexual relationships be-	
	n=17; other children hit you, jumped	tween peers or in being a young carer. It also in-	
	you or attacked you n=11; parent or	cluded a lack of awareness, often linked to age.	
	carer ever beaten, kicked or physi-	Some young people said that 'closing off' from the	
	cally hurt you or siblings n=10; parent	abuse was central to their way of coping. One young	
	or carer ever beaten or kicked or hit	person said 'I was just like "I don't need this, I don't	
	you with an object like a stick or	need nobody, I will be alright'" (p62).	
	wooden spoon n=8; parent or carer		
	calling you names, saying mean		
	things n=8; another young person	b) Partial recognition	
	tried to force you to do sexual things	Some young people reported that they had partially	
	you didn't want to do n=8; boyfriend	recognised the abuse, e.g. by feeling uncomfortable	
	or girlfriend slapped or hit you n=7;	about a situation, but had not been able to identify	

your house n=7; anyone used force to take something away from you that you were carrying or wearing n=6; parent or carer shaken you very hard or shoved you in to a wall or piece of furniture, n=6; after break up parents taken you, kept you, or hidden you to a disation of the know how to ognised that the glect.	. Young people talked about gradual re- e situation. However, they often did not change things, even once they had rec- they were experiencing abuse or ne- gnition ome examples where young people me that they were experiencing abuse –
n=6; grown up ever forced you to have sex when you didn't want to n=4; grown up ever touched your private parts when they shouldn't have or made you touch their private parts n=3; ever attacked because of skin colour, religion, origin, physical problem disability or because someone said you were gay n=3; neglect n=2; going to school regularly in clothes that were torn, dirty or did not fit n=1. Focus groups - not reported.  • Looked after or adopted status - Content analysis of internet forum not reported. Interview study - not reported. Focus groups - not reported.  • Unaccompanied asylum seeking, refugee or trafficked children - Content analysis of internet forum - not reported. Interview study - not reported. Interview study - not reported. Focus groups - not reported.  • Fear othreads) Fear thronfidential (3)	of internet form threads of posts on the internet site did not state of disclosing abuse (58% of threads). In that young people posting on the interported the following barriers to telling. In order of frequency): In all barriers such as 'shame, embart being able to face telling, finding it hard to ewords' (pv) (21% of threads). In a sabout their family knowing, loyalty to and impact on their family member (11%) where their situation was not sufficient to tell anyone about (7% of threads). It is their information would not be kept 3% of threads). It in a non family abuser (1% of threads). It in a non family abuser (1% of threads).

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	,	<ul> <li>Fear of stigma or ridicule (1% of threads).</li> <li>Practical constraints (1% of threads).</li> </ul>	
		Of the 261 threads analysed, there were 109 in which it was clear that the young person had told someone about the abuse. Where abuse had been disclosed this was to a professional in 41% of cases, to a friend in 31% of cases and to a family member in 28% of cases.	
		2.2 Interview study	
		Young people in the interview study talked about who they would tell about abuse. The results suggested that the choice of who to tell was related to the type of help that was wanted.	
		The results for each group are shown below, numbers in brackets relate, respectively, to: 'Stop abuse or problem', 'information and advice', 'emotional support', 'practical strategies to minimise harm' and 'medical help'.	
		Professional sources of help: Doctor (Stop abuse or problem: 1, Information and advice: 3, Emotional support: 2, Practical strategies to minimise harm: 1, medical help: 14); teacher (15,10, 7,6,1); social worker (21, 4, 6, 1, 1); teaching assistant (1, 2, 3, 0, 0); camhs (1, 3, 13, 5, 2); youth worker (10, 7, 10, 4, 0); youth worker (10, 7, 10, 4, 0); school nurse (0, 6, 6, 0, 8); church or religious worker (1, 0, 0, 1, 1); police officer (23, 1, 1, 0, 1); sports coach (3, 1, 1, 1, 0); helpline or internet (4, 9, 3, 0, 0); school (unspecified (0, 0, 0, 0, 0) counsellor (0, 2, 9, 1, 0); solicitor (0, 1, 0, 0, 0).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Informal sources of help: friends (peers) (3, 8, 18, 2, 0); friends (adult) (6, 0, 5, 2, 0); boyfriend/girlfriend (2, 2, 7, 1, 0); parents (12, 2, 6, 0, 0); siblings (2, 1, 2, 0, 0); extended family (5, 1, 5, 1, 0); family member (unspecified) (8, 3, 3, 0, 0).	
		Key findings about who was perceived to be able to provide each type of were as follows:  Stopping the abuse – young people were more likely to cite the police (23 mentions), social workers (21 mentions) and teachers (15 mentions).  Information and advice – young people were most likely to mention teachers (10 mentions), helplines (9 mentions), youth workers (7 mentions) or friends (8 mentions).  Emotional support – friends were the most cited in relation to this role (18 mentions). The professionals most likely to be mentioned were CAMHS (13 mentions) or youth workers (10 mentions).  Practical strategies to minimise harm – Young people most often mentioned teachers (6 mentions), CAMHS workers (5 mentions), youth workers (4 mentions).  Medical help – doctors were most frequently mentioned (14 mentions) and school nurses (8 mentions) were perceived as having a wider role for emotional support as well as medical help.	
		Four themes in relation to telling emerged from the interviews. These were:  1) Being 'hidden' by actively avoiding telling or passively not telling – this was related to wanting to be loyal to family or fears of being removed from home. One young person said: ' Mum getting arrested	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		who known maybe my mum could be classed as not well enough to look after me and then I could get put in Social Services and then in just goes on and on and on I would rather just stay with me mum no matter what the consequences' (p67). Some young people feared that telling would make the abuse worse. One young person said: 'I really, really wanted to open my mouth and just tell them everything and just get out of there, but I knew that I would have to go back to my mum on that night and then she would have definitely heard about that and I would have had a bad experience and I had a massive fear of that, so I dared not mention anything' (p67).	
		The study found that some young people remained hidden because they were not noticed, e.g. 1 young person said 'I weren't surprised [that no one asked] because of the school I went to they focused more on your school uniform than who you are' (p68).	
		2) A trigger point – 'sign and symptoms' which signal the problem and may alert others to the child.	
		The study reports that in many of the interviews young people described an incident which led to the involvement of a 'helping person' (p. 68). This included externalising behaviour such as physically or verbally harming others. For example, 1 young person described violently assaulting her boyfriend: 'I lashed out on him, a year's worth of anger came out on him and he ended up in hospital and I ended up getting in trouble' (p69). Incidents called also include internalising behaviours such as self-harm or suicide attempts.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		3) Prompted telling	
		Young people in the study talked about the importance of a 'sensitive and effective response' (p69) to the kinds of behaviours which could serve as trigger points which would encourage them to tell. Telling depended on the relationship with a helping person including 'trust, duration of relationship and closeness' (p69).	
		One example given was of a young person who'd been sexually assaulted by a stranger. The young person had not told anyone about the incident. When she became very upset at a team around the child meeting, her teacher responded to her distress and showed persistence in persuading her to disclose the abuse. The young person said: 'I was upset that past week and she asked me how I had been since the one before and I said I had been fine and Miss said, "Well that is not completely true because the last week has not been so good as it could have been" and then I just started crying and she asked what was wrong and I said that I couldn't tell her. Then everyone else went and she stayed and she said. "You can always tell me anything, because you normally do, so whenever you are ready just go for it."" (p70).	
		4) Purposeful telling	
		The study describes some examples in which the young person had recognised the abuse and actively sought help – this was less usual than examples of prompted telling.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		The study reports that active telling depended on having a trusting relationship with the person who was approached. One young person said 'I was so close to her [teacher] and I spoke to her about everything she was like my best friend, she was the only person that I would go to' (p70).	
		Some young people described seeking help immediately, others were not able to tell until 'after a build-up of emotional tension, a critical point was reached which precipitated telling' (p71).	
		Some young people first approached an 'intermediary' (p71) when they wanted help, for example telling their parents about bullying in the hope that their parents would tell teachers at school. Other 'indirect' methods of telling included writing letters or text messages. For example, one young person described texting her father to tell him she had been sexually abuse: 'When I did tell him I didn't tell him to his face, I wrote him a text because I couldn't look him in the eye!' (p71).	
		2.3 Focus groups	
		Practitioners in the focus groups also emphasised the importance of professionals noticing children's distress through their behaviour, rather than placing responsibility on children to tell about the abuse. Professionals reported that if children are asked questions in a sensitive way then they may disclose abuse. This is likely to depend on there being a professional who young people trusted.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Participants in both the Family Focus Group and integrated services thought that it may be particularly difficult for children to speak about neglect because they would 'consider it normal because that's their life' (p95).	
		3. Help	
		3.1 Analysis of internet forum threads	
		The study reports that of the 109 young people on the internet forum who had told someone about the abuse, 48 (44%) mentioned at least one positive outcome from telling, and 50 (46%) mentioned at least one negative outcome. Twenty young people mentioned both positive and negative outcomes.	
		The positive consequences mentioned were: - A positive response from agencies A positive response from friends and families.	
		Negative consequences included:  Not being believed.  Friends and family were not supported.  Authorities were not supported.  Abuser's behaviour not punished – e.g. 1 young person said 'I'm scared he's going to kill me because I've broken my promise' (p48).  Stigma/labelling.  Breaking confidentiality – e.g. 1 young person said about a friend breaking their confidentiality 'In the end he told someone, at first I felt really upset but I know he only did it because he wants the best for me' (p49).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		The study also suggested that users of the online forum found it helpful. Those responding on the forum often gave emotional support, reassurance that the poster was not alone in their experiences and recommended telling.	
		3.2 Interview study	
		1) Self-help	
		The study reports that many of the young people said that they had developed their own strategies for managing their difficulties including distracting themselves from problems, and finding ways to be self-reliant.	
		2) Help from others	
		The study describes young people's experiences of services. They described the following qualities of people and helping relationships as important:  - Trust – young people were more likely to trust professionals than people in their 'informal network' (p73) but 'trust was hard to establish and fragile' (p73). Young people thought that trust was promoted by the duration of relationships. For example, 1 young person said 'It does take a long time to get to know someone and you know you can trust them, I mean I was there for four, four of five years, so I had known her [teacher] really well so that's why I went to her, I should have done it in the beginning it might have all stopped' (p75). Trust was also thought to be fostered.	
		stopped' (p75). Trust was also thought to be fostered by not being 'judged' by professionals and being be- lieved, sensitive treatment of confidential information.	
		- Accessibility and availability – this could be in terms of location, for example 1 young person said:	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		'She [support worker] is like in the middle of the school so all you need to do is just go downstairs and on the right she is there in the office' (p79). Accessibility was also related to time, for example the numbers of sessions available with a professional.  - Closeness/distance – young people talked about the relative benefits of people to whom they were close, compared to those who were not too closely involved with the situation and could be more objective.  - Knowledge, expertise and effectiveness – the study found that young people valued professionals who they perceived as having good expertise. For example 1 young person said: 'Social workers obviously take care of children and they care about that they are safe and being looked after, so that's why it came to mind' (p81).	
		<ul><li>3.3 Focus groups</li><li>1) Parents' views of help</li></ul>	
		The study reports that parents had a range of views about where they would seek help, but that many said that they would not want to go to children's social care and would prefer to seek help from schools, the police or their GP. One parent said of children's social care 'I don't think there is any compassion, they are not interested in how you are feeling, they are just interested in the children' (p97).	
		Some parents reported getting better help from the voluntary agency from which they were currently accessing support. One parent said: 'Well they have groups like this where everyone discusses open you	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		know what is going on and I think we learn a lot about each other and you realise that you are not the only person that is there' (p98).	
		2) Practitioners' views of help	
		The study reports that practitioners identified several barriers to help. These included:  The skills of school staff to speak to children and young people about sensitive issues.  Schools may not speak to parents when they make a referral to children's social care.  Parents persuading workers to close a case.  Younger children may be deemed to be less capable of making their own decisions about requiring help, if parental consent is not secured.  Practitioners also mentioned systemic and organisational barriers such as variations in thresholds, lack of consistency and pressure on children's social care.  Conclusion  The study authors used the findings from the study to develop a 'conceptual framework for understanding recognition, telling and help from the point of view of the child' (pix).	

# 6. Coy M (2009) Moved around like bags of rubbish nobody wants: how multiple placement moves can make young women vulnerable to sexual exploitation. Child Abuse Review 18: 254–66

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim	Participants  • Adult survivors of child abuse -		Overall assessment of external validity

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Exploratory study that	n=14 women.	Findings relevant are:	+
aims to identify 'how		Multiple placement moves	Sound ethical consid-
local authority care	Sample characteristics	-Young women echoed other findings to suggest that	eration, however study
places young women	• Age -	multiple placement moves negatively impacts on their	only in part relevant to
at risk of sexual exploi-	17–33 at the time of interview.	care experience. One woman commented: 'Being	a research question
tation through prostitu-	• Sex -	moved around, that was the biggest issue with it	(potentially recognition
tion by unpicking the	All female.	[care]. As soon as you start to get settled somewhere	– risks).
"culture of care", and	• Ethnicity -	that was it you was off, and moved somewhere else'	
focuses on frequent	Not reported.	(Jo, 30, p259).	Overall assessment
placement moves and	Religion/belief -	-All interviewees commented on a high turnover of	of credibility (internal
the role of discontinu-	Not reported.	placements, for 2 women, they could count 35	validity)
ity' (p254).	Disability -	changes of foster care placement over periods of 7	+
	Not reported.	and 4 years. Women described distressful feelings to-	
Methodology	Long term health condition -	wards these foster care placement moves. One	Overall score
<ul> <li>Cross-sectional study</li> </ul>	Not reported.	young women describes moving 200 miles away from	+
Ethnographic study.	Sexual orientation -	her family.	Sound empirical study
Autobiographical ac-	Not reported.	-Frequent moves was noted to disrupt school place-	with thorough research
counts from interview-	Socioeconomic position -	ments and relationships formed.	method and justifica-
ees using an unstruc-	Not reported.	2. Hearing young women's voices in placement plan-	tion. However, caution
tured interview tech-	Type of abuse -	ning.	to generalise findings
nique.	Statutory guidance defines the young	-This section details the experience of Becky, who	as represent 14 adult
	women as victims of abuse as they all	was moved without her approval (from her nan's to	survivors experience of
Country	began selling sex under the age of 18	her uncle's and then away to a foster paper she dis-	sexual exploitation in
• UK.	(Department of Health 2000), and 'all	liked), which consequently led her to abscond. She	London. The potential
London.	retrospectively framed their entry into	met an older man who introduced her to heroin and	for research bias, alt-
	prostitution as abusive' (p258).	groomed her into selling sex.	hough described in the
Source of funding	<ul> <li>Looked after or adopted status -</li> </ul>	-The author suggests to involve 'young women in de-	study, is not detailed in
<ul> <li>Not reported.</li> </ul>	Reasons for entry into local authority	cision making about placements and reducing the fre-	limitations.
	care included: disruptive behaviour	quency with which they are moved may not only help	
	(4); sexual abuse (3); physical abuse	to decrease the risk of finding attachments with pred-	
	(2); neglect (2); abandonment at birth	atory older men, but also increase the likelihood that	
	(2); and police protection when found	they will accept support from agencies' (p261).	
	selling sex at 13 years old (1).	3. Searching for ways to settle - Not relevant.	
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	4. Vulnerability to sexual exploitation.	
	refugee or trafficked children -	A possible outcome of instability.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Not reported.  Sample size n=14.	-Findings suggest from the small sample of women's narratives ways the psychosocial impact of placement instability precipitates entry into prostitution.  - Participants in the research report how changes in carer prevented them from forming bonds with adults associated with professional roles, and led them to developing relationships with older predatory men and friendships with those within the street prostitution community.  -The author notes a women's powerlessness and willingness to appease, for example one young women (Lisa, 21), reports: 'Every place they sent me, I tried to be good, you know, behave good and that, not play up, but it still never worked out for me' (p262). The author suggests that becoming a prostitute gives women a sense of financial stability and a way of exercising personal power over their lives (p263). Stability and security as potentially preventative measures.  -All women were asked what could have prevented them from entering prostitution, to which one young woman (Christiana, 21) comments: 'They can show some love or caring, instead of this "we're moving you there". They need to stop moving people round like a bag of rubbish' (p263).	

# 7. Daniel B, Taylor J, Scott J (2010) Recognition of neglect and early response: overview of a systematic review of the literature. Child and Family Social Work 15: 248–57

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim:	Participants	Narrative findings	Overall assessment
The systematic review	Children and young people.	_	of internal validity:
of literature examined	Inclusion criteria included children	The findings provide a narrative summary of 5 au-	-
an initial 20,480 items	aged from birth to 19. Populations of	thors studies in relation to recognition:	
with inclusion filtered	each included study not given. None	_	

#### Research aims

to 63. The aim was to examine the 3 questions posed by authors: 1. What is known about the ways in which children and their families directly and indirectly signal their need for help? 2. To what extent are practitioners equipped to reorganise and respond to the indications that a child's needs are likely to be. or are being neglected, whatever the cause? 3. Does the evidence suggest that professional responses could be swifter? (p248). We have reported only the findings in relation to points 2 (recognition) and 3 (response), as the data reported in point 1 do not meet the evidence criteria for our related review question.

**Methodology:** The systematic review was based on review quidelines (Centre for

# PICO (population, intervention, comparison, outcomes)

of the studies reported here (Appleton 1996; Bryant and Milsom 2005; Lewin and Herron 2007; Paavilainen et al. 2002; Rose & Meezan, 1995, 1996) appeared to involve children and young people.

Caregivers and families - Inclusion criteria included parents, or both parents and children. Populations of each included study not given. Two of the included studies appeared to involve mothers (Rose and Meezan 1995, 1996).

Professionals/practitioners - Inclusion criteria included studies of professionals. Studies reported here involved the following professional groups: Appleton 1996 - health visitors Bryant and Milsom 2005 - school counsellors Lewin and Herron 2007 - health visitors Paavilainen et al. 2002 - staff in a children's hospital Rose & Meezan, 1995, 1996 - 'professionals' (not specified).

### Sample characteristics

Sample characteristics

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not report-ed.
- Sexual orientation Not reported.

#### **Findings**

- Rose and Meezen (1995, 1996) found that mothers were generally shown to express greater concerns about maltreatment than professionals in the UK and USA. The study reports that: 'Such studies suggest that the general population is at least as well-equipped as professionals to recognize aspects of neglectful care, if not more so' (p252).
- Paavilainen et al. (2002) study in Finland suggested that 2/3rds of 513 staff in a children's hospital could recognise maltreatment, despite associated difficulties.
- A questionnaire conducted in the UK with 92 health visitors asked participants to rate the importance of 45 signs and symptoms of neglect (Lewin and Herron, 2007). The study found that 'there was considerable agreement about the five signs and symptoms that were rated as most serious and the findings suggest that health visitors are equipped to recognise the importance of the parenting and emotional aspects of neglect' (p252).
- Appleton's (2006) study found that health visitors are equipped to identify a wide range of vulnerable children which might not be recognised using a formal criteria.
- One study examined the role of school counsellors in identifying neglect.
- The authors note that there is no body of evidence about the police's role in recognising neglect (p309).

# Overall validity rating

# Overall assessment of external validity:

+

Thorough systematic review with clear criteria and guideline. However, the studies included are international. With the relevant section about recognition, the focus is different to guideline question.

# Overall validity rating:

\_

Extensive systematic search, however little information given about individual included studies, and method for synthesising study findings very unclear.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Reviews and Dissemi-	Socioeconomic position - Not re-		
nation 2007) where 14	ported.		
bibliographic data-	Type of abuse - Not reported.		
bases were searched	<ul> <li>Looked after or adopted status - Not</li> </ul>		
with an inclusion of na-	reported.		
tional and international	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
primary research stud-	refugee or trafficked children - Not re-		
ies published in Eng-	ported.		
lish from 1995 - 2004.			
There were originally	Sample size		
20,480 possible pa-	Appleton 1996 - not reported		
pers, reduced to 1532	Bryant and Milsom 2005 - not re-		
by removing dupli-	ported Lewin and Herron 2007 - n=92		
cates/unrelated items.	Paavilainen et al. 2002 - n=513		
Titles and abstracts	Rose & Meezan, 1995, 1996 - not re-		
were then screened by	ported.		
the research team			
which reduced to 686	Systematic reviews - number of		
(inter-rater reliability of	studies -		
95%), which reduced	The number of studies included a fi-		
further to 112. The	nal dataset of 63 (from 20 480). We		
sample of 112 was	report here on the findings of 6 of the		
then read in full using	included studies (see above).		
a data extraction form			
and research was in-			
cluded if deemed a			
good paper by a guid-			
ance and criteria set			
out for each type of			
study (Scharr 2006).			
Of the remaining			
items, 63 papers were			
read in detail and ana-			
lysed (p249). We re-			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
port here on the findings of 6 of the included studies (Appleton 1996; Bryant and Milsom 2005; Lewin and Herron 2007; Paavilainen et al. 2002; Rose and Meezan 1995, 1996).			
Country: Range of countries. Studies reported here were from: Appleton 1996 - not stated Bryant and Milsom 2005 - not stated Lewin and Herron 2007 - UK Paavilainen et al. 2002 - Finland Rose & Meezan, 1995, 1996 - USA and UK Systematic review was carried out by research team in UK (Scotland).			
Source of funding: Not reported.			

8. Gilligan P, Akhtar S (2006) Cultural Barriers to the Disclosure of Child Sexual Abuse in Asian Communities: Listening to What Women Say. British Journal of Social Work 36: 1361–77

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		_
Study aim: To give	Participants	Narrative findings	Overall assessment
voice to the views of	Caregivers and families - Asian		of internal validity:
ordinary Asian women	women in communities.	'Cultural imperatives arising from concepts such as	-
and of front-line Asian	Professionals/practitioners - Front-	izzat (honour/respect), haya (modesty) and sharam	
women workers, in the	line staff from 12 organisations. The	(shame/embarrassment) are, for many in Asian com-	Overall assessment
context of discussions	majority were Asian women; 3 were	munities, crucial determinants of behaviour in re-	of external validity:
about child sexual	men.	sponse to incidents of child sexual abuse' (p1367).	+
abuse.		Izzat, haya and sharam or associated concepts and	
	Sample characteristics	equivalents in English were discussed by almost all	Overall validity rat-
Methodology: Quali-	Age - Women aged between 20 and	the groups. These concepts meant that, despite pro-	ing:
tative study, 12 focus	60 years.	fessional attempts at 'confidentiality', victims and non-	-
group discussions with	• Sex – Female.	abusing parents may feel that the disclosure of sexual	Research aims un-
Asian women.	• Ethnicity - Discussions took place in	abuse is a public event. One participant said: 'If	clear, and study ap-
	Urdu, Punjabi, Bangla and English;	you've got white social workers turning up at the door	pears to bring in other
Country: UK, England	90% of participants were from Urdu/	all the time it's really hard then to keep it within that	sources of information
(Bradford).	Punjabi-speaking communities. The	family to deal with it because the word kind of gets	such as practitioner
	remainder were from Bangla-,	out in a community and you have to start explaining	data. Little information
Source of funding:	Pushto- and Gujarati-speaking com-	what's going on' (p1368). Some women in Bradford	on sampling and meth-
Not reported.	munities.	suggested that the cultural, and more particularly the	ods.
	Religion/belief – 'All appear to have	religious, imperatives of their communities provide im-	
	been Muslim, but participants were	portant possible foundations for appropriate re-	
	not asked for individual information'.	sponses to child sexual abuse - reinforcing arguments	
	Disability - Not reported.	in favour of giving religious issues greater prominence	
	Long term health condition - Not re-	in qualifying and other training for professionals. The	
	ported.	paper discussed results in terms of these key themes.	
	Sexual orientation - Not reported.	4 Outropple words Almost all posticionants in the con-	
	Socioeconomic position - Not re-	1. Outreach work. Almost all participants in the con-	
	ported.	sultations welcomed the fact that outreach work on	
	• Type of abuse - Sexual.	the issue was taking place. They offered many practi-	
	Looked after or adopted status - Not	cal suggestions for written materials, e.g. including	
	reported.	child sexual abuse information within parenting train-	
		ing provided by Sure Start projects, and social work	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Unaccompanied asylum seeking,	students on placements undertaking associated pro-	
	refugee or trafficked children - Not re-	jects. Many also emphasised the importance of tar-	
	ported.	geting both children and men in future outreach work.	
		They suggested that this be done in schools and	
	Sample size	through existing men's groups and mosques. Many	
	Twelve group discussions involving a	judged that parents and carers would be encouraged	
	total of 130 Asian women were facili-	to take the issue seriously if they were given infor-	
	tated at community centres and simi-	mation which raised their awareness of the emotional	
	lar places in Bradford. Five groups	and behavioural issues that the child would be going	
	gave consent to at least some of their	through in sexual abuse and after disclosure, and of	
	discussion being recorded. These re-	the impact on children of not feeling heard. Others	
	cordings were transcribed and trans-	stressed the need to highlight the view that 'good'	
	lated. Forty people attended a consul-	parents protect their children and to underpin this	
	tation event, from 12 organizations. The majority were Asian women.	message with religious and cultural injunctions.	
	Three group discussions were con-	2. Training and support for practitioners	
	ducted in English and another in		
	Urdu. Three groups were 'women	Practitioners involved in the consultation event were	
	only'. The fourth included the 3 men	particularly keen that they should receive more train-	
	attending the event.	ing in how to deal with disclosures and that there	
		should be a more readily accessible network for ad-	
		vice and consultation. They saw this as combining the	
		experience of those involved in sexual abuse preven-	
		tion with the expertise of others on their own cultures.	
		They also recognised the importance of colleagues	
		becoming familiar with and sensitive to particular as-	
		pects of Asian cultures. These included not only very	
		widespread cultural imperatives such as izzat, but	
		also issues that may be relevant in work with specific	
		groups. All practitioners need to remain alert to the	
		fact that they are at risk of misinterpreting the behav-	
		iour of people whose culture they are not familiar with,	
		particularly if they approach such situations with an	
		insufficient awareness of their own potential for igno-	
		rance. They also have particular implications for the	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		qualifying and post-qualifying training of social workers and emphasise the need to ensure that development of culturally competent practice is prioritized at all levels.	
		3. Flexibility in service provision	
		Many participants emphasised the need for practitioners to have sufficient discretion and to develop sufficient confidence to allow them to respond flexibly to people making disclosures. This reflected a perceived need for families to feel they are in control of the process and of the pace of events. They emphasised the need for practitioners to talk with families about what would happen if they did disclose and about the processes involved. In relation to children, they noted the need not only to advise about what will happen, but also to build confidence that disclosing will actually be helpful. They emphasised the desirability of families having only 1 or 2 professionals to deal with and the need for service users to be reassured that interpreters will maintain confidentiality. Others pointed to the need for non-abusing carers to be able to access advice, without other family members knowing. They suggested that 'drop-in' sessions could be provided at agencies such as Sure Start, but again recognised that workers in such sessions would need confidence,	
		discretion and adequate support to make judgements about whether they needed immediately to alert in-	
		vestigating agencies to incidents of sexual abuse or whether such a decision could be left in the control of	
		service users. The consultation participants noted that	
		children will be better served if service users are able	
		to talk anonymously, before reaching a point where	
		they feel comfortable in taking matters forward.	

9. Harper Z, Scott S (2005) Meeting the needs of sexually exploited young people in London. London: Barnardo's

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Trocouron anno	comparison, outcomes)		o roran vanany raming
Study aim: The aim of	Participants:	Narrative findings	Overall assessment
the study was to un-	Children and young people.	1. Police - Identifying and preventing sexual exploita-	of internal validity:
derstand: 1. The na-	Twelve young people aged between	tion	+
ture and extent of sex-	13 and 19.	The study reports that many of the respondents to the	
ual exploitation in Lon-	Professionals/practitioners -	study noted that, although the police carry out some	Overall assessment
don 2. The service	Interviews with a range of practition-	proactive work to identify perpetrators of sexual ex-	of external validity:
needs of young people	ers including child protection co-ordi-	ploitation, that there could be more active identifica-	+
at risk of sexual exploi-	nator (n=32), police (n=10), health	tion and prevention. Work to identify and prevent was	
tation 3. Gaps in exist-	service (n=10), education service	carried out through vice units, work with young people	Overall validity rat-
ing service provision in	(n=2), local authority looked-after chil-	who run away or go missing and partnership working	ing:
London 4. Examples of	dren's service (n=2), residential home	with social services departments.	+
promising practice	manager (n=1), youth offending team	·	Study was conducted
which could be shared	(n=3), secure unit manager (n=5),	2. Social services and ACPCs (former terminology for	in 2005, which means
across London. The	specialist sexual exploitation service	LSCBs)	the findings may be
study also includes ex-	(n=6), voluntary sector service with	2.1 Identifying child sexual exploitation	somewhat outdated as
amples of facilitators	expertise in trafficking (n=6), home-	The study reports that social services departments	awareness of, and
and barriers to identifi-	lessness/going missing service (n=4),	largely identified sexual exploitation from amongst	practice in relation to,
cation of, and re-	drug and alcohol service (n=3), adult	children already known to them. One respondent	CSE has changed con-
sponse to, child sexual	sex worker service (n=3), other volun-	said: 'There may be other children, but we don't get	siderably since that
exploitation, which is	tary sector service (n=3).	referrals and don't do any outreach, nor are there	time. Relatively sparse
what our data extrac-		other young people's services that young people	reporting of interviews
tion has focused on.	Sample characteristics:	would access and we would get referrals' (child pro-	with children and
	Age - Young people: Aged between	tection co-ordinator, social services, p61). (However,	young people.
Methodology: Quali-	13 and 19. Practitioners: Not re-	note that this study is relatively old - 2005 - and prac-	
tative study. Qualita-	ported.	tice may have moved on.)	
tive interviews with	• Sex - Young people: 11 women and		
young people and	1 man. Practitioners: Not reported.	It was noted that it was relatively unusual for social	
practitioners as part of	Ethnicity - Not reported.	services to receive referrals of sexual exploitation.	
a wider study which	Religion/belief - Not reported.		
also included audit.	Disability - Not reported.	Local authorities with access to specialist services	
Young people's data	Long term health condition - Not re-	noted that these services enabled identification as	
	ported.	they facilitated disclosure by young people.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
relates only to Response.	<ul> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> </ul>	2.2 Barriers to identifying young people at risk The study notes that practitioners acknowledge that	
Country: UK, England.	<ul> <li>Type of abuse - Young people were recruited from services that worked with young people experiencing or at</li> </ul>	young people often do not disclose this type of abuse. Respondents also thought that many practitioners were not looking for signs of sexual exploitation. Re-	
Source of funding: Voluntary/Charity - Corporation of Lon- don's Bridge House Trust.	risk of child sexual exploitation.  • Looked after or adopted status - Not reported.  • Unaccompanied asylum seeking, refugee or trafficked children - Not re-	spondents noted that 'challenging behaviour' can be an indicator of sexual exploitation. Some respondents noted that workers may be reluctant to identify sexual exploitation because they did not know how to respond once it was identified.	
	ported.  Sample size: Young people n=12 Practitioners n=90	3. Health, education and other statutory services - Identifying and preventing sexual exploitation 3.1 Health The study notes that difficulties were mentioned re-	
		garding worries about breaching the confidentiality of sexual health services in order to highlight issues of CSE. It was thought this could be ameliorated by good partnership working and providing clear guidance on thresholds for child protection.	
		3.2 Education The study comments that the overall ethos and atmosphere of schools can affect whether they are supportive of identification/disclosure of CSE. Barriers to identification included: - Homophobia in schools, which could make it difficult for young people to discuss sexual experiences openly Varying levels of staff awareness of CSE.	
		Disengagement from school was noted as a risk factor/indicator for CSE, but the study notes that this is	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		harder to monitor in areas with highly mobile populations. 3.3 Youth offending teams Those interviewed had not identified young people at risk of sexual exploitation.  4. Supporting young people who have arrived from abroad - identifying sexual exploitation The study notes that young people may not always disclose that they have been trafficked and/or sexually exploited: - Unless they have built up a trusting relationship with someone Because they may not realise that their experience is 'trafficking' Out of fear of their abusers and the UK authorities.  Lack of awareness amongst services was also cited as a barrier to identification.	

10. Kazimirski A, Keogh P, Kumari V et al. (2009) Forced Marriage Prevalence and Service Response. London: Natcen

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The re-	Participants	Narrative findings	Overall assessment
search had two aims:	Professionals/practitioners -		of internal validity:
1. To improve under-	40 professionals across 4 local au-	These findings have been extracted from Chapter 5	+
standing of the preva-	thorities, covering both statutory and	on 'Detection'.	
lence of FM 2. To ex-	voluntary agencies. respondents in-		Overall assessment
amine how services	cluded: statutory sector respondents •	5.1 Forced marriage referrals	of external validity:
are currently respond-	police - detective inspectors, superin-	The study states that most young people were identi-	+
ing to cases of FM.	tendents, sergeants • domestic vio-	fied to schools, college, youth agencies and BME	Good relevance to
The study states that is	lence (DV) - DV community safety	DV/FM voluntary sector either by self-referral or	question, but no con-
had 'a particular focus	unit (CSU) officers, DV outreach ser-	through a concerned friend. The study states that di-	sideration of ethical is-
on UK resident chil-	vices, DV co-ordinators • child protec-	rect reporting to the police was less common.	sues.
dren and young people	tion (CP) staff - directors of children's		
under 18 years of age'	services, local safeguarding chil-	Statutory and voluntary sector DV agencies reported	Overall validity rat-
(p1.) We have ex-	dren's board (LSCB) co-ordinators,	that forced marriage usually emerged as an issue af-	ing:
tracted data only in re-	safeguarding children co-ordinators,	ter a period of contact with a victim, rather than at	+
lation to research	CP advisors and co-ordinators • edu-	their point of contact. Similarly, forced marriage often	
question 2, which has	cation - education welfare officers	emerged as an issue via health services dealing with	
content which relates	(EWOs), school counsellors, student	eating disorders and self-harm. Being missing from	
to our review questions	services officers, personal advisors •	education was also considered a useful indicator of	
6 (Recognition), 14	local councillors • primary care trust	risk of forced marriage.	
(Early help) and 20	(PCT) public health managers • hous-		
(Response).	ing services staff. voluntary sector re-	5.2 Factors preventing detection	
	spondents: • black/minority ethnic		
Methodology: Quali-	(BME) and DV - DV women's groups	The study reports the following factors as preventing	
tative study. In-depth	staff, refuge staff, counselling staff •	detection of FM.	
interviews with 40 key	victim support workers • law centre		
stakeholders across	workers • youth/children's charity	5.2.1 Varying perceptions of forced marriage preva-	
four case study local	workers • religious leaders (p13).	lence	
authorities.		There was a discrepancy across survey respondents	
	Sample characteristics	regarding perceived prevalence of forced marriage.	
Country: UK, Eng-	Age - Not reported.	Those in the statutory sector tended to have identified	
land.	Sex - Not reported.	relatively few cases, whereas voluntary and commu-	
	Ethnicity - Not reported.		
	Religion/belief - Not reported.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Government - Department for Children, Schools and Families with support of Forced Marriage Unit.	<ul> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Not reported.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size</li> <li>Forty individuals interviewed across 4 case study local authorities.</li> </ul>	nity sector organisations (VCOs) and domestic violence organisations estimated the prevalence to be significantly higher.  5.2.2 Affected communities 'hard to reach' The study states that several respondents considered that communities typically affected by forced marriage (mainly South Asian Muslim communities) were harder to reach as they were 'inward-looking, heavily reliant on community-based services operating through local mosques, and generally mistrusting of statutory agencies such as Social Care and the Police' (p37).  Factors which contributed to the communities being 'hard to reach' included: - Services being unable to work with children without the full consent of their parents Difficulties in getting young women to attend appointments in the office Difficulties gaining access to the family home.  5.2.3 Forced marriage detection not a priority The study reports that several respondents said that forced marriage was not a priority in the context of high numbers of domestic violence referrals and generally 'stretched' (p38) children's services.  5.2.4 Forced marriage as a politically and culturally sensitive issue The study suggests that fears of being 'culturally insensitive', by aligning forced marriage with particular communities, were greater amongst statutory than voluntary services.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		5.2.5 Lack of professional understanding of forced marriage Respondents to the study identified a need for better understanding of forced marriage, particularly how it differs from the cultural practice of arranged marriage, and how to recognise and response to forced marriage. Respondents also thought professionals needed a greater awareness of excessive parental control and the links with forced marriage, such as when 'parents start to see forced marriage as an antidote to their child's perceived bad behaviour (e.g. drug-taking)' (p38).  5.2.6 Language barriers and lack of access to interpretation	
		Lack of access to community interpreters was identified by a range of agencies.	
		5.2.7 Lack of reporting sites and lack of local 24-hour contact points Respondents thought that there were few local agencies where young people, particularly those with 'limited freedom' (p39) could seek advice, support and protection. The lack of out-of-hours services was also a concern, given that respondents thought that young people were most likely to be flown out of the country for a forced marriage at evenings or weekends.	
		5.3 Factors facilitating detection	
		5.3.1 Perception of forced marriage as a clear abuse of young people's right to choose who they marry Professionals from the voluntary sector tended to be clearer about when cases should be categorised as forced marriage than those from the statutory sector.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		<ul> <li>5.3.2 Empowerment of young people through information about their rights</li> <li>Respondents thought that awareness work in schools and colleges was vitally important to increase detection and reporting of forced marriage.</li> <li>5.3.3 Raising awareness of forced marriage among</li> </ul>	
		teachers, learning mentors and personal advisors In addition to raising awareness of young people, re- spondents thought it was important to raise aware- ness amongst teachers and other education profes- sionals.	
		5.3.4 Multi-agency forced marriage training Several respondents had found multi-agency training on forced marriage helpful, for example sessions by the Forced Marriage Unit.	
		5.3.5 A focus on listening, signposting and protection services Respondents noted that many young people did not want formal statutory interventions, and that advice and guidance for the young person were often sufficient.	
		5.3.6 Information-sharing protocols between agencies Respondents stated that detection of FM was supported by good information-sharing between agencies, for example between police and domestic violence teams.	
		5.3.7 Using direct methods of communication young people	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		Due to the risks for some young people of meeting a professional face to face, especially in their home, respondents talked about usefulness of communicating via mobile phone or text, sometimes using these to set up face to face communication in schools and colleges.	

11. Liao LM, Elliott C, Ahmed F et al. (2013) Adult recall of childhood female genital cutting and perceptions of its effects: A pilot study for service improvement and research feasibility. Journal of Obstetrics and Gynaecology 33: 292–5

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim	Participants	Other/general	Overall assessment
Aim was to: 1) Explore	Adult survivors of child abuse -	Narrative findings	
women's recall of FGM			of external validity
	17 Somali speaking women.	Recall of FGM. The majority of women had under-	_
and perceptions of	Commis above eteriotics	gone FGM in early childhood: 3–5 years 7/17, 6–8	Overell economist
long term conse-	Sample characteristics	years 7/17, 9–12 years 1/17, 13–16 years 2/17. The	Overall assessment
quences; 2) Explore	• Age -	study reports that none of the women consented to	of credibility (internal
feasibility of future re-	Not reported.	FGM. In terms of who had wanted them to have the	validity)
search.	• Sex -	procedure women reported this as: their mother 8/17,	+
	All female.	their parents 5/17, a female relative 3/17. The study	
Methodology	• Ethnicity -	reports that some participants were aware of individu-	Overall score
<ul> <li>Qualitative study.</li> </ul>	'Somali speaking' - ethnicity not re-	als who did not want them to have the procedure:	-
Interview study.	ported.	their mother 2/17, their father 6/17, siblings 2/17, their	Lack of information re-
_	Religion/belief -	doctor 1/17.	garding where FGM
Country	Not reported.		was conducted is a
• UK.	Disability -	Participants reported that the procedure was carried	significant omission in
Although participants	Not reported.	out by: a doctor 6/17, a friend 4/17, a traditional	terms of us being able
were Somali speaking	Long term health condition -	woman 4/17, a pharmacist 1/17. Eight of the 17	to draw conclusions
women, assume that	7/17 (41%) reported mental health	women reported memories of pain in relation to the	from this study relevan
some of their experi-	problems due to FGM. 7/17 (41%) at-	procedure, 2/17 reported having received an offering.	to our review.
ences had occurred	tributed some current physical health		
outside the UK, alt-	problems to FGM.	Perceived long term effects of FGM.	
hough this is not ex-	Sexual orientation -	Seven out of 17 participants said they had current	
plicitly reported in the	Not reported.	physical health problems as a result of the FGM, 4/17	
paper.	Socioeconomic position -	reported sexual difficulties, 2/17 reported fear of men,	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Source of funding • Other - Appears to have been funded by UCL Hospitals NHS Foundation Trust, with additional financial assistance from Ampelos Trust.	<ul> <li>2/17 (12%) women reported university education. 1/16 (6%) had elementary education. Other participants 'somewhere in between'.</li> <li>Type of abuse - 7/17 (41%) had Type III FGM; 3/17 (18%) Type II; 1/17 (6%) Type I; 3/17 (18%) another type of FGM; 3/17 (18%) not examined.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>	4/17 reported emotional or family problems. One woman said her life had been 'completely blighted' by FGM. Two out of 17 said that overall FGM had affected their lives negatively.  Attitudes towards FGM. Fourteen of the 17 women agreed that FGM should be eradicated. All women disagreed that adults should have a right to expect their children to undergo FGM. Eleven out of 17 disagreed that doctors should re-infibulate women.	
	Sample size		
	n=17.		

12. McElvaney R, Greene S, Hogan D (2014) To tell or not to tell? Factors influencing young people's informal disclosures of child sexual abuse. Journal of Interpersonal Violence 29(5): 928–47

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The aim of	Participants	Narrative findings –	Overall assessment
the study is to focus on	Children and young people -		of external validity
'to better understand	22 young people who had experi-	The findings are explored in five key domains:	++
the factors influencing	enced child sexual abuse		Overall, study meets
informal disclosure of	Caregivers and families -	1. 'Being believed' – The most shared theme was fear	most of the quality cri-
child sexual abuse ex-	14 parents of these interviewed	of not being believed (n=14). Participants commented	teria, however caution
periences' (p928). In-	young people who had experienced	on reasons behind this, for example one 16 year old	to generalise the UK
formal disclosure is de-	child sexual abuse.	girl expressed self-doubt: 'I had to deal with it for a	as the study is based
fined as disclosing to a		long long time and I dunno the more you leave it	in a child sexual abuse
family member or	Sample characteristics	unsaid the more unbelievable it becomes'. Findings	assessment and ther-
friend.	Age - The majority of the young people who were interviewed for	suggest that the fear of not being believed was un- founded because when most of the young people did	apy centre in a hospital in Ireland.

#### Research aims

Methodology: Qualitative study. The use of in-depth semi-structured qualitative interviews were conducted with 22 young people who had experienced child sexual abuse and 14 parents of these young people. Methodology was informed by grounded theory and the authors provide a summary of the data collection and analysis which was informed by methods developed by Hill et al. (1997).

**Country:** Not UK. The study was carried out in Dublin, Ireland.

#### Source of funding:

Government - The author disclosed receipt of the financial support from the Health Research Board, Ireland.

# PICO (population, intervention, comparison, outcomes)

the study were between 13 and 18 years (n=20). The other 2 young people were between 7–12 years old. It is not stated how old the parents of these children were.

- Sex Of the 22 young people interviewed, 16 were female and 6 male. Of the 14 parents interviewed, 12 were female and 2 were male. The majority of parents interviewed were mothers (n=11), and 1 was a father only. A set of parents was all interviewed together.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse The type of abuse explored in case study relates to sexual abuse.
- Looked after or adopted status -Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children -N/A.

#### Sample size

The study explores 22 young people who had experienced child sexual

### **Findings**

disclose, they were believed. Parents who were interviewed describe how they were sceptical of their child's disclosure remarking that they perceived 'her daughter had misinterpreted an inappropriate touch from her partner' (p934). After initial reactions of disbelief, parents then comprehended and believed the disclosure.

- 2. 'Being asked' The study found that young people were asked in different ways if they were being abused and in some instances, there were behavioural changes in the abused young person. Eleven young people described being asked 'explicitly if they had been abused' (p935), where other young people recalled being asked what was wrong, some by their family, friends or partner just knowing and the disclosure being made after probing. Young people stated that their behaviour led to disclosure for example, through self-harming or not eating which then drew them to the attention of professionals, i.e. counsellor or youth leader. Parents described seeing sexualised behaviour between 2 young people which then led to disclosure however conversely, 1 parent commented that they had no suspicion that their child was being abused.
- 3. 'Shame/Self-blame' A common theme expressed by over half of young people (n=16) was feeling ashamed and guilty of the abuse. Various reasons were voiced by the young people for why they felt ashamed: where they felt too embarrassed to discuss the abuse with their parents; not fighting back against the abuse; and the abuser told them they were to blame. The study highlighted self-blame as a subsequence issue as years progressed, 1 young person

## Overall validity rating

# 6. Overall assessment of credibility (internal validity)

+

The study explores the justification of adopting the methodological technique, however there is little consideration for the limitations and generalisability of the study findings.

#### Overall score

++

A good, thorough empirical study which meets its research aim.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	abuse and 14 of these young peoples' parents' perspective on disclosing.	expressed that 'I must be a certain type of person' (p936). In one instance, a young person retracted their statement because they felt guilty about their siblings missing the father (perpetrator) and couldn't understand why their father did not live with them any more. On the contrary, one 13 year old girl understood that she was not to blame or at fault.  4. 'Fears and concerns for self and others' – Fear ranged from feeling afraid during the experience of the abuse; feeling afraid of telling; and being scared of the consequences. Consequences that the young people described were to do with fear that they would break their family up, get their abuser into trouble that they themselves might would get into trouble, and what people would think of them. Interestingly, 1 young person remembered a fear of the legal proceedings, 'I had an awful fear about standing up in court in front of him' (p937). The study found that some of the young people's fears did not materialise, whereas others were not unfounded, in that they did upset their family, i.e. taking the dad away from their siblings. Fear of abuse against sibling or other children was also raised as a concern. Parents that were interviewed described their reactions upon hearing that their child was abused of evoking hysteria and feeling that 'it was the end of the world'.	
		5. 'Peer influence' – 15 young people discussed that initially they disclosed the abuse to a peer, be it friend, boyfriend, or cousin before telling an adult about the abuse. Young people recalled that this led to them being encouraged to tell an adult and highlight that it was 'a very bad situation' (p939).	

13. McNaughton Nicholls C, Harvey S, Paskell C (2014) Gendered perceptions: what professionals say about the sexual exploitation of boys and young men in the UK. London: Barnardo's

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	<b></b>	
Study aim: The study	Participants	Narrative findings	Overall assessment
has 4 research ques-	Professionals/practitioners -Profes-	-	of external validity
tions, 1 of which	sionals with experience of working	Findings, reported from Section 3, will explore profes-	+
matches our review	with boys and young men experienc-	sional practice in relation to boys and young men at	UK study but only part
question which is: - to	ing, or at risk of, sexual exploitation.	risk of sexual exploitation.	of overall research aim
'suggest ways in which			was relevant to our re-
policy and practice	Sample characteristics	3.1 Identification	view question.
may be able to identify	Age - Not reported.	3.1.1 General barriers to disclosure	
and appropriately re-	Sex - Female: n=29 Male: n=21	Professionals interviewed reported a number of barri-	6. Overall assess-
spond to male victims	Ethnicity - Not reported.	ers to young people disclosing sexual exploitation	ment of credibility
of CSE, as well as	Religion/belief - Not reported.	which applied to all young people of any gender.	(internal validity)
those at risk' (p13).	Disability - Not reported.	These were: - Fear of professionals' responses: e.g.,	+
The other 3 questions are less relevant to this	Long term health condition - Not	that they would not be believed, that people would	Overall score
review question which	reported.	think they had consented, or that their information would not be kept confidential - Fear of perpetrators'	
are: - identify perpetra-	Sexual orientation - Not reported.	responses: e.g., fear of retaliation by perpetrators, or	Only part of overall re-
tion and victimisation	Socioeconomic position - Not re-	that they would encourage others not to believe the	search aim was rele-
processes apparent in	ported.	young person - Grooming processes: e.g., young	vant to our review
male-victim CSE cases	Type of abuse - Not reported.	people may not perceive themselves to be victims,	question. Study is of
known to professionals	Looked after or adopted status -	may not want to lose the 'benefits' of the exploitative	reasonable quality, alt-
- explore existing ser-	Not reported.	relationship, or may fear revealing further sexual	hough limited explora-
vice provision for boys	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	abuse within their family. Professionals also identified	tion of divergent per-
and young men at risk	refugee or trafficked children - Not	the following groups as being at particular risk: - Chil-	spectives across differ-
of or experiencing CSE	reported.	dren with learning disabilities who may lack capacity	ent types of interview-
- identify future re-		to understand they are being exploited, or not trust	ees.
search priorities (p13).	Sample size	their own recollections - Children from BME back-	
Methodology: Quali-	n=50, comprising 41 qualitative inter-	grounds, who may have additional fears of bringing	
tative study. This pa-	views and 9 'online responses' - un-	dishonour/shame to their families (although noting	
per reports a qualita-	clear what the online responses in-	that other research has shown that BME young peo-	
tive study. It appears	volved.	ple accessing CSE support services is roughly pro-	
that this was under-		portionate) (Cockbain et al. 2014).	
taken as part of a		0.4.0 Davida va a sa sifa ta a sa si	
wider study (summary		3.1.2 Barriers specific to gender	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
reported in McNaugh-		The study reports that professionals thought that boys	
ton Nicholls et al. 2014		and young men were less likely to disclose sexual ex-	
'Research on the sex-		ploitation than young women. This meant they relied	
ual exploitation of boys		more on information from other professionals or the	
and young men').		young person's friends. One professional said: 'The	
		boys that we're working with don't disclose. So	
Country: UK, Eng-		we're getting an idea from the various professionals	
land.		[about whether a boy is at risk of exploitation] but	
		unfortunately we are filling the blanks with assump-	
Source of funding:		tions' (Service manager, CSE service) (p30). Profes-	
Voluntary/charity - The		sionals also reported that the friends of girls who are	
Nuffield Foundation.		being exploited are more likely to report it than the	
		friends of boys.	
		The study reports the following gender-specific barri-	
		ers to disclosure for boys and young men (taken from	
		Table 3.1, p31):	
		1. Discrimination, social attitudes and stereotypes -	
		homo/bi-phobia and trans-phobia; stereotypes of	
		masculinity; stigmatisation of boys and young men as	
		offenders. The study reports that professionals said	
		that young men who were being sexually exploited by	
		men were afraid of experiencing homophobia from	
		professionals, as well as their friends and the wider	
		community. Professionals acknowledged that young	
		women might also fear homophobia, but thought the	
		fear was greater amongst young men, as it was linked	
		to 'perceptions of socially acceptable masculinity'	
		(p32). Professionals thought that young men found it	
		hard to identify themselves as 'victims' because this	
		did not fit with the stereotype that men should be able	
		to look after themselves. Professionals also reported	
		a lack of trust in statutory services in cases where	
		young people had had criminal involvement in the	
		past, and were worried that they would be perceived	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		as becoming abusers themselves. One professional said: 'The other thing is, having worked with a lot of male survivors, they have said to me that they have never wanted to disclose to any statutory agency, because they're frightened they would be viewed as an abuser, so they won't tell their GP, they won't tell anybody, because they're terrified, and that's a very difference experience for females as well' (CSE policy specialist) (p32). Professionals also thought that trans* young people would particularly fear disclosing abuse, because their gender identity might be seen as a reason for the abuse.	
		2. Gender differences in CSE education - Lack of male-victim-focused CSE education; lack of knowledge of support services. Professionals also talked about CSE education, commenting that this is predominantly targeted at young women. They thought this could also have an impact on young men's willingness to disclose to professionals. They thought the lack of CSE education targeted at boys meant they may not have the "language" to recognise or talk about themselves as victims' (p32), and were also less likely to be aware of support services.	
		3. Gender differences in emotional responses - Emotional isolation; weaker communication skills than girls and young women; desire to move on. The study reports that professionals described gender differences in emotional responses to exploitation between young men and young women. Professionals reported that young men were often more 'emotionally isolated' (p33), and less likely to talk about their feelings. Professionals also thought that young men were more	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		likely to wish to 'move on' (p32) rather than seek support.	
		3.2 Professional practice and the identification of male victimisation Professionals noted the following professional barriers to identification of exploited boys and young men (taken from Table 3.2, p34).	
		1. Discriminatory social attitudes and stereotypes - Poor understanding of sexual identities; belief that young men do not need protecting; boys and young men viewed as offenders.	
		2. Gendered implementation of identification practice - Boys scoring lower on risk assessments than girls; gendered interpretations of indicators. Professionals noted that there may be assumptions that a young man is gay because he is being sexually exploited by a male perpetrator. Professionals also reported that, in some cases, boys and young men who identified as gay or were questioning their sexuality were automatically assumed to be at risk of CSE. Professionals also noted their own stereotypes of masculinity may play a role. One said: 'The instinct to protect boys is not there because they should protect themselves. It's almost that that we're fighting against' (Service manager, CSE service) (p34). Furthermore, professionals thought that, whereas girls were thought of as victims, boys were often considered to be offenders, with service responses focusing on criminal behaviour. They thought that boys were more likely to be identified only after exploitation had occurred, through receiving services as a result of offending behaviour.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		3.2.1 Gender stereotypes and professional practice Professionals thought that indicators of CSE were more likely to be perceived as applying to young women. For example, professionals may be less likely to think of young men as being vulnerable when intoxicated. Professionals also reported that young men were less likely to receive a CSE assessment where indicators were observed, and if they did receive one, were likely to be assessed as at lower risk. One professional said: 'And it's quite interesting because there was a case study given to us of a 19-year-old taking pictures of a 15-year-old and then, if that was a 19-year-old man taking indecent images of a 15-year-old girl we'd all be concerned and it would be a child protection issue. But because it was a 19-year-old girl taking pictures of a 15-year-old boy, everybody's very blasé about it. And you know, lucky him and he's having the time of his life, sowing his wild oats, getting his experience. A whole host of things. The poor boy's in exactly the same position as the young woman, and we don't see that' (CSE policy specialist) (p35).	
		3.3 Promising practices in identification Professionals reported three forms of practice which they thought were effective in improving identification of boys and young men at risk of CSE: - gender-neu- tral materials - providing training for professionals on male victims - co-location of CSE specialist practition- ers with statutory agencies.	

#### 14. NSPCC (2013) Would they actually have believed me? A focus group exploration of the underreporting of crimes by Jimmy Savile. **London: NSPCC**

Study aim: To seek in-
formation from victims
of Jimmy Savile about
what had prevented
them from reporting to
the police at the time
of the abuse, and 'to
explore how police can
improve their manage-
ment of the reporting
process and subse-
quent interviews and
contacts' (p4).
,

Research aims

#### Methodology:

Qualitative study. The research consisted of five focus groups attended by a total of 26 people who had been abused by Jimmy Savile.

Country: UK. Focus groups held in London (2 groups), Leicester, Liverpool and Leeds.

## Source of funding:

Government -Her Majesty's Inspectorate of Constabulary.

## PICO (population, intervention, comparison, outcomes)

#### **Participants**

Adult survivors of child abuse. We have assumed that the participants were adults at the time of the study, although this is not made clear in the methodology. The study notes that 4 participants had been adults when they were abused. We have decided to include the study nonetheless as this implies that the majority of participants were children when they were abused.

#### Sample characteristics

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- · Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- · Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

#### Sample size n=26.

## **Findings**

## **Narrative findings**

The findings of the focus groups are reported in response to each of the questions posed.

Q1. At the time of the abuse, how aware were you that what had happened to you was abusive? The study reports that some participants were aware that they were being abused, whereas others reported that although they felt 'uncomfortable' and 'frightened' they weren't fully aware of what was happening to them. Some participants reported that they had felt at fault, or wondered if they should feel grateful that a celebrity had 'chosen them'.

Q2. Did you tell anyone about the abuse at the time? The study reports that a minority of participants told someone about the abuse at the time. People who were told included extended family or friends or hospital staff. One person had reported it to the police. but it was unclear what action resulted. The reason given by most people for not telling was that they thought they would not be believed, particularly given that Jimmy Savile was a 'powerful and influential' adult. Participants reported feelings of quilt, shock. embarrassment and shame. For participants who had been living in residential care at the time of the incident, they reported that they had been concerned about how a disclosure might affect decisions about their care

Q3. In recent years, prior to the media coverage, have you spoken to anyone about the abuse? The

# Overall validity rating

## Overall assessment of external validity

Lack of consideration of ethical issues, and of transferability of findings given the very particular circumstances involving a high profile celebrity and subsequent documentary film raising awareness.

#### Overall assessment of credibility (internal validity)

#### Overall score

No consideration of ethical issues reported. Little consideration of transferability of the findings to other cases of abuse, given the particular circumstances (i.e. high profile celebrity case). Little detail given regarding participants, or methods of analysis.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		study reports that some participants said they had discussed the abuse with, for example, a partner, extended family or close friends. None of the participants had gone to the police or other authorities.  Q4. Although you did not contact the police at the time of the abuse, did it occur to you that you could report to them directly? The study found that the people who were adults at the time of the abuse knew that they could report to the police, but decided not to.	
		The participants who had been children at the time of the abuse did not know that they could go to the police. One participant said: 'I never thought I could go to the police on my own children's minds work completely differently, don't they?'	
		Q5. What enabled or encouraged you to report abuse at this time? Participants reported that the media coverage of allegations against Jimmy Savile, particularly the stories of other victims, had encouraged them to report abuse. Participants also noted the importance of support from family and friends. Reasons given for reporting the abuse following the media coverage included: - To acknowledge the impact the abuse had had on their lives, and to get a sense of 'closure' (p10) - To 'support and corroborate the experiences of those who had spoken out in the documentary and were not believed. Participants thought they would have reported the abuse sooner if there had been earlier media attention, or if they had known that there were other victims.	
		Q6. How did you report your concerns? Participants had reported their concerns to the police, the makers	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		of the documentary about Jimmy Savile, ITV, the NSPCC Helpline or a solicitor.	
		Q7. How affected were you by the media coverage? The study reports that participants reported a number of reactions, including feelings of anger, flashbacks or feeling physically sick. However, the negative impact of the coverage was thought to be balanced out by encouraging people to disclose the abuse.	
		Q8. What was your experience of reporting the abuse now? What support were you offered afterwards? The majority of participants had had positive experiences of liaising with the police. People's perceptions of the police appeared to depend on the extent to which the police were formally responding to their disclosure. Most participants reported having to repeat their disclosure a number of times.	
		Q9. Do you think there are any barriers to reporting abuse now? Participants thought that being a 'lone voice' (p15) might still impede people from coming forward to disclose abuse. Participants thought there should be a specialised channel for people disclosing sexual abuse.	
		Q10. What changes could be made by the police to encourage people to report abuse at the time it occurs? Participants identified the following barriers to disclosure including: - Police not so much part of the community - Limited access to local police stations - inaccessible locations and limited opening times. Participants thought the police should do more in schools to inform children and young people about the role of	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	•	the police. They also thought that officers investigating claims of sexual abuse should have specialist training.	
		Q11. Mandatory reporting - If other professionals were given a legal obligation to report all allegations of abuse that they became aware of, would this improve the protection of children? The focus groups explored the idea of mandatory reporting. All participants thought that it would help children if professionals had to report concerns or allegations of abuse. However, the study reports that 'concern was expressed about the idea of criminalising professionals who did not report allegations, and also that this may lead to professionals becoming very anxious and almost reluctant to engage with young people in the same way' (p17).	
		Q12. Advisory capacity of police - If victims were able to contact police officers to discuss their abuse and seek advice, without the fear that this would automatically be reported as a crime and acted upon, would this encourage victims to interact with the police? Most participants thought this would be a good development, and that this should be provided by a single nationally recognised service. Wider context - impact of abuse. Most participants thought the abuse they experienced had negatively impacted on them. For example, participants referred to drug and alcohol misuse, risk-taking behaviours, running away, anti-social behaviour and poor relationships with parents and carers. One participant said: 'I became very with-	
		drawnThey took me to the doctor and put me on anti-depressants and I've been on and off them ever since' (p19). Many of these problems continued in to	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		adulthood, particularly drug and alcohol dependency, depression, suicidal thoughts and relationship problems. None of the participants remembered anyone asking them about the changes in their behaviour when they were a child. They thought that if someone had spent time and listened, it may have encouraged them to talk about the abuse. Some participants said their experience had left them with a sense of 'blurred boundaries', meaning that they were vulnerable to abuse by other adults.	

# 15. Pearce J, Hynes P, Bovarnick S (2009) Breaking the wall of silence: practitioners' responses to trafficked children and young people.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The aims of the research are as follows:  1. Explore in depth the	Participants Children and young people. Reviewed case files of 37 trafficked children and young people.	Narrative findings  1. Identification of trafficking – 'trafficking is a process, not an event'	Overall assessment of internal validity:
different ways in which trafficking is under- stood by a range of practitioners from dif-	Professionals/practitioners - 65 practitioners involved via focus group, a subset of these were also interviewed (numbers not given). An additional 7	The study reports that practitioners noted that identification and disclosure trafficking are rarely one-off events, but an ongoing process which requires the building of trusted relationships.	Overall assessment of external validity:
ferent service agencies and provide evidenced recommendations for	practitioners were interviewed only.	The study notes the following facilitators to identifica-	Overall validity rat- ing: ++
practice in their area.  2. Explore the obstacles that might emerge to identifying the num-	• Age - Practitioners in focus groups/interviews: Age not reported. Young people's case files: Age 3 and under n=6, age 4–8 n=1, age 9–12	tion and helping:  Not allowing age or immigration status concerns to override child protection concerns, which should be paramount.  Not assuming that an interpreter from the	Thorough data collection, analysis and reporting.
bers of young people trafficked in the three areas.	n=1, age 13–15 n=15, age 16–17 n=14.	same community is the best choice, when in fact they may represent to the child the community which has exploited them.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
3. Identify the numbers	Sex - Practitioners in focus	- Having continuity with the same interpreter,	
of children and young	groups/interviews: Gender not re-	keyworker or legal guardian.	
people trafficked into	ported. Young people's case files:	- Use of an independent guardian.	
each of the three ar-	Girls n=30, Boys n=4, Gender not	<ul> <li>Recognising the trafficked children may not</li> </ul>	
eas.	known n=3.	recognise themselves as having been abused, or	
4. Chart the process	Ethnicity - Practitioners in focus	having been deprived of a 'childhood' as their under-	
through which a child	groups/interviews: Ethnicity not re-	standings of childhood and home may differ from	
or young person first	ported. Young people's case files:	those in the UK. One practitioner said: 'Some of the	
gained access to a	Ethnicity not reported, but information	Chinese boys who are over 15 would think that why	
support agency, in-	on nationality provided. Country of	shouldn't I be working? I have come here to get a bet-	
cluding how they first	origin: UK n=1-, China n=8, Nigeria	ter life and, yes, money has exchanged hands for me	
contacted an agency	n=8, Somalia n=1, Pakistan n=1,	but I know it's illegal but what is the problem?' (Inter-	
and for what reason.	Cameroon n=1, Ghana n=1, Congo	view 10, p67).	
5. Where possible,	n=1, Sierra Leone n=1, Zimbabwe	- Not allowing the image of trafficking for sexual	
provide a profile on	n=1, Uganda n=1, Eastern European	exploitation to 'overshadow' (p6 executive summary)	
each of the children	Country n=1, Unknown n=1.	awareness of the other forms of exploitation, including	
and young people	Religion/belief - Not reported.	benefit fraud, forced marriage, domestic servitude or	
identified including:	Disability - Not reported.	work in cannabis factories or nail parlours. Also, re-	
age; nationality; coun-	<ul> <li>Long term health condition - Not re-</li> </ul>	membering that children who are originally from the	
try of origin; the reason	ported.	UK can be trafficked, and that both girls and boys can	
they were trafficked	<ul> <li>Sexual orientation - Not reported.</li> </ul>	be trafficked.	
into the country; and a	Socioeconomic position - Not re-	- Recognising the children trafficked from out-	
summary of their cur-	ported.	side the UK face specific problems, which can include	
rent circumstances.	Type of abuse - Of the case files ex-	language barriers; experiences of war, famine or pov-	
6. Identify how the	amined, 10 related to cases of traf-	erty; insecure legal status and unfamiliarity with UK	
practitioner understood	ficking of UK citizens and 27 to cases	cultures and systems.	
the immediate and	of trafficking in to the UK from	- Actively working to keep track of, and support,	
longer-term needs of	abroad. Reasons for trafficking were	young people who go missing.	
the children and young	as follows: Sexual exploitation n=19		
people concerned.	(this included 9 of the trafficked UK	The study also notes that:	
7. Identify how the pro-	citizen), benefit fraud/illegal adoption	- Practitioners may be unsure how to apply a	
fessionals feel these	n=7, domestic servitude n=5, forced	definition of trafficking in their practice, and also	
needs are best met.	marriage n=2, restaurant work n=2,	whether a young person had been trafficked or smug-	
8. Where possible,	drug trafficking n=1, not known n=1.	gled and 'whether the distinction mattered in practice'	
identify perceptions of		(p60).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
how the children/young	Looked after or adopted status - Not	- Trafficking can be 'hidden' within private foster	
people feel these	reported.	care arrangements (p64).	
needs are best met.	Unaccompanied asylum seeking,		
9. Make recommenda-	refugee or trafficked children - All		
tions about how agen-	young people were trafficked.	2. Disclosure of trafficking – 'trafficking can be hidden	
cies or individuals can		behind a wall of silence' (p7 executive summary)	
best support the chil-	Sample size		
dren/young people	Practitioners: n=72 Children's case	The study reports that:	
concerned. We consid-	files: n=37.	- Both interviews and case file review showed	
ered question 2 to be		that traffickers manipulate young people into being	
relevant to our review		trafficked. This means that young people are likely to	
question on Recogni-		be confused and traumatised, and may 'block out' (p7	
tion, and 7 and 8 to be		executive summary) their experiences as a way to	
relevant to our review		cope.	
question on Response.		- This means that children will only disclose after	
		they have built a relationship of trust. It also means	
Methodology: Quali-		that disclosures are likely to be elicited rather than ac-	
tative study.		cidental or purposeful by the young person.	
- Focus groups with 65		- The study further notes that practitioners	
practitioners.		thought that a number of practitioners from different	
- Interviews with a se-		agencies to interview children might 'in itself, be abu-	
lection of focus group		sive' (p90).	
practitioners (number		- Practitioners reported that young people's ac-	
not specified) and with		counts of their experiences may be hard to under-	
an additional 7 practi-		stand, or contain discrepancies. This can mean that	
tioners - Case file anal-		they are not believed.	
ysis of cases of 37 traf-		- The process of disclosure was felt to be differ-	
ficked children and		ent for UK nationals compared to those trafficked	
young people.		from abroad, but still complex and often characterised	
		by threats and pressure from traffickers. The study	
Country: UK, Eng-		also notes that disclosure can be more difficult for	
land.		boys and men.	
		- Practitioners felt that their practice had im-	
Source of funding:		proved through experience.	
Voluntary/charity -			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study reports that research has been funded by 'The Children's Charity' (p6) (unclear if this refers to NSPCC or another charity).		- Practitioners thought they should be encouraged to understand the full variety and complexity of trafficking, rather than reducing understanding to particular categories or profiles.	

16. Rees G, Gorin S, Jobe A et al. (2010). Safeguarding young people: Responding to young people 11 to 17 who are maltreated. London: The Children's Society

The Children's Society	, , ,		
Research aims.	PICO (population, intervention, comparison, outcomes).	Findings.	Overall validity rating.
Study aim: The aim of this study is to explore 'access to, and initial responses of, services for young people with potential maltreatment to promote protective responses for this target group' (p7). The section relevant to this review question is entitled young peoples' ex-	comparison, outcomes).  Participants Children and young people. The 24 young people who were interviewed for our study either had social care intervention from an early age or had first come to the attention of Children's Social Care Services in between the ages of 11 and 18. The study includes 14 boys and 10 girls, and the majority of participants were White British majority (n=18). One young person was British Asian and	Narrative findings  The findings provide a narrative summary of young people's experience namely: (1) the difficulties with seeking help; (2) seeking help from peers; (3) seeking help from family members; (4) seeking help from professionals.  1. Difficulties with seeking help: Many young people reported that they were concerned about not being believed or not knowing who to tell. There were fears expressed relating to whether they would be put into	Overall assessment of external validity ++ Study relates to question of exploring young peoples' views and experiences of recognition.  Overall assessment of credibility (internal validity)
periences of seeking help.  Methodology: Qualitative study. The rele-	the study included unaccompanied asylum seeking children who were originally from Afghanistan (n=3) and Eritrea (n=2).	local authority care so young people were not always direct with telling a professional. One young person discussed colluding with her abusive mother to disguise from the social worker what was happening: 'I used to have bruises, the lot, and we just used to	+ (When taking in to account additional info from Jobe and Gorin.) The study does not
vant methodology re- lating to this scope in- volved in-depth inter- views with 24 young people who had been	<ul> <li>Sample characteristics</li> <li>Age - Young people ranged between 11 and 18, with categories determined: 11–14 (n=5); 15–16</li> </ul>	make up stories' (Anna, age 17; p43). Conversely, other young people actively sought placement outside of home. Some young people described being concerned about consequences which echoed previous research as a barrier to disclosure (Baginsky 2001).	have a rigorous methodology or consideration of limitations.  Presentation of infor-

Research	aims.

referred to children's social care aged 11–17. This study is also reported in Jobe and Gorin (2013). This paper reports a briefer version of the study findings, but has more detail on study methods. Where necessary, additional methodological information has been taken from Jobe and Gorin (2013).

Country: UK.

Source of funding: Not reported.

# PICO (population, intervention, comparison, outcomes).

(n=13); and 17–18 (n=6). Sex -The study includes 14 males and 10 females.

- Ethnicity -Participants were White British majority (n=18). One young person was British Asian and the study included unaccompanied asylum seeking children who were originally from Afghanistan (n=3) and Eritrea (n=2).
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse The maltreatment experience was divided into 2 groups - those who had suffered maltreatment from an early age therefore were receiving social work intervention from an early age but were still receiving support between the population age of 11–17 (n=6). The majority came to the attention of children's social care (n=18). Reason for referral included a range of issues such as 'homelessness, being thrown out of home, mental-health problems, alcohol and drug misuse, behavioural problems, risk-taking

# Findings.

Young people commented that their abusive parent had prevented them from seeking outside help, where in 1 instance a young person was barred from attending school. Findings suggest that it is essential, that young people need to have an established relationship with a professional (a teacher or a youth worker) and require 'confidence and safety' (Emma, age 14; p44).

- 2. Seeking help from their peers: Data suggests that young people generally sought help from their peers about the abuse they were experiencing rather than a professional or family member. This support was valued highly and the findings suggest targeting information to young people to know what constitutes abuse and where to seek help. The study suggests that young people did not experience difficulty in disclosing abuse to their peers, but in some instances, abuse was used as a way of bullying the young person.
- 3. Seeking help from their family members: A number of young people disclosed to a parent or family member, however where the parent was the perpetrator, extended family were asked for help. The study found that generally these young people were not believed which in turn discouraged them from seeking help outside of the family. Some young people were referred to children's social care services after disclosing to a family member, and usually, but not always, if the perpetrator was independent of the family. For example, 1 young person said: '[I said to my auntie] that my dad hits me and stuff like that. But she just said that well, she couldn't do anything because, like,

Overall validity rating.

mation is difficult to ascertain where data is collected making conclusions challenging to draw. In addition, there is discrepancy in young people's age as referred to in text as both: 11–17; and 11–18.

#### Overall score

+

The study is suitable for scope and the findings enrich discussion about barriers to young people disclosing sexual abuse. Drawing on additional information from Jobe and Gorin (2013), where the research design is more informed, the findings are more convincing as data is richer and analysis is clearer.

Research aims.	PICO (population, intervention, comparison, outcomes).	Findings.	Overall validity rating.
	behaviour, violence and conflict with parents' (p39).	family and stuff. So she just told me to stay out of his way' (Fatima, age 15) (p46).	
	<ul> <li>With parents' (p39).</li> <li>Unaccompanied asylum seeking, refugee or trafficked children —         The study included unaccompanied asylum seeking children who were originally from Afghanistan (n=3) and Eritrea (n=2).</li> <li>Sample size n=24.</li> </ul>	4. Seeking help from professionals: The study found that generally young people sought help from their school teacher, although 1 young person contacted the police and the 5 unaccompanied asylum seeking children interviewed were referred to children's social care through the police. Some young people discussed feeling unsure of who to disclose the abuse to and were confused over the roles of professionals. The study discussed more in-depth young people's experiences of seeking help from both their teacher and the police. When young people did seek help from their teacher, their experience had been positive about the established and valued relationship, and the help they received. However, in some instances, young people expressed that they felt their disclosure had not been progressed or taken seriously which left young people feeling unsupported. One young person described their teacher 'like sometimes like they listen but they're not really listening' (Laura, age 15; p45). When 1 young people discussed their experience with the police, they explained that the experience had been daunting. One young person said of their experience with the police: 'I don't know – I suppose they need to be sort of not as dismissive with young people. I suppose – when we first went into the station I got the feeling we were looked down on The people at the reception weren't – they were very – I don't	
		know- I suppose I got the feeling because we were young – young, youths and that, that they thought we were in trouble but it wasn't like that and it fall like	
		were in trouble but it wasn't like that and it felt like they dismissed us a little bit and that when we were in	

Research aims.	PICO (population, intervention, comparison, outcomes).	Findings.	Overall validity rating.
		the waiting room, but the woman we spoke to was really nice. I suppose they should be more welcoming and have more people on hand at police stations and things like that specifically for young people cos when I first went and I spoke to someone who I don't think had anything to do with child protection or anything like that. Spoke to someone completely different who then referred it over. So maybe if there was more people, people who were aimed at talking to younger people then people would feel more able to sort of speak out and come forward with things like that' (Lisa, age 15; p48). The 5 unaccompanied asylum seeking children are described to have not directly spoke with the police but interpreters and most described the experience with police positively. However, 1 young person discussed the experience negatively. He said: 'I mean they was not like helpful. Like when we come to this country I speak several language, I can speak seven, eight languages and they were really swearing to us, and they were very bad at that time, but they didn't know that I can understand them. But I didn't say nothing to them because I was very scared that time because we don't know what will happen to us' (Khalid, age 18; p50).	

17. Rigby P (2011) Separated and trafficked children: The challenges for child protection professionals. Child Abuse Review 20: 324-40

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To scope the prevalence of child	Participants Children and young people. Case	Narrative findings	Overall assessment of external validity
trafficking, profile children and identify fac-	files of 75 unaccompanied asylum- seeking children.	Factors that hinder recognition	+ Assessment is a sub-
tors that facilitate or hinder intervention.	Professionals/practitioners - 16 front-	Cultural barriers	set of overall research question.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Methodology: Qualitative study. The use of qualitative interviews were conducted with 16 experienced frontline professionals: 7 individual interviews, and two focus groups. Grounded theory was adopted to facilitate practitioners to explore their experiences of trafficking. Interviews were transcribed and manually coded to sort into themes. For accuracy, participants were able to review their transcript, contribute to the final report and make amendments where appropriate.  Country: UK, Scotland (Glasgow).  Source of funding: Not reported.	line professionals working with separated or trafficked for children for >3 years.  Sample characteristics  Age - Children and young people aged between 12 and 17. Professionals: Not reported.  Sex - Children and young people: 38 females and 37 males Professionals: Not reported.  Ethnicity - Not reported.  Ethnicity - Not reported.  Religion/belief - Not reported.  Disability - Not reported.  Long term health condition - Not reported.  Sexual orientation - Not reported.  Socioeconomic position - Not reported.  Type of abuse - 16 (21%) of the unaccompanied asylum-seeking children in the case file sample were categorised as having been trafficked.  Looked after or adopted status - Not reported.  Unaccompanied asylum seeking, refugee or trafficked children - All children in case file sample (n=75) were unaccompanied asylum-seeking children. 21% were	- Working with young people from various countries is a challenge, as one professional recalls, 'How do you work with young people from 23 countries people can't tell you' (p329).  - Lack of understanding about 'potential victims of trafficking may be exacerbated by professionals lack of understanding of what trafficking is and how children's experiences before, during and after movement affect them' (p329).  - Young people might not think they are being exploited.  Trauma and fear  - Professionals comment that most, if not all, children they work with experience 'absolute fear of everything' (p330), therefore some young people were seen not to be forthcoming with their stories.  Trafficker-child relationship  - Some professionals noted that there were a few examples where young people would maintain the relationship with their trafficker and in some instances, young people felt they were benefiting from the relationship.  Child-professional relationship  - As noted, 'a prerequisite for effective practice was the development of maintenance of a trusting working relationship' (p332). Some professionals in the study reported struggling to develop a positive relationship because they experienced young people who were scared and confused over their role.	6. Overall assessment of credibility (internal validity)  -  Overall score - Not clear which data were gathered via interview, and which via focus group. Analysis methods unclear. Relatively little reference to or presentation of, primary data gathered.

Identification and assessment

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample size 75 unaccompanied asylum-seeking children. 16 frontline professionals.	<ul> <li>Background and journey information is difficult to corroborate - therefore difficult to identify whether trafficked.</li> <li>There are limited links with international agencies who could help with corroboration.</li> <li>Variability in whether children will disclose trafficking 'Some of them will tell you they will come in traumatised and upset and tell you quite early on. And others just won't' (p333).</li> <li>Traumatised young people do not always present a coherent story.</li> </ul>	

18. Stanley N, Miller P, Richardson Foster H (2012) Engaging with children's and parents' perspectives on domestic violence. Child and Family Social Work 17: 192–201

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: Study is to	Participants	Narrative findings	Overall assessment
understand children	Children and young people - There	The study includes a narrative account of 'disclosing	of external validity
(n=19) and parents'	were 5 focus groups held with 19	and acknowledging domestic violence' that is relevant	-
(both survivor and per-	young participants aged 10–19. Eight	to the scope:	The study has rele-
petrators - n=11, 10 re-	were male and 11 were female. The	·	vance in part to explor-
spectively) perspective	majority (n=16) categorised them-	Factors that hinder identification:	ing young people's
on experiencing do-	selves as white British, 1 as	- Most participants commented on the 'stigma, shame	perspectives on do-
mestic violence. The	white/Asian, 1 as white/black Carib-	and embarrassment associated with disclosing their	mestic violence, yet as
relevance of the study	bean and 1 as white/black African.	experience of DV to family, friends and professionals'	study has adult per-
are feelings explored	Caregivers and families -	(p194). One survivor recalls hiding the DV from her	spective too, the voice
that are barriers to dis-	Survivors - 10 of the 11 survivors	family because she was 'ashamed'. Additionally, one	of the child is repre-
closing and acknowl-	were female, age range between 25	young person details stigma experienced by being	sented generically.
edging domestic vio-	and 35. Most of the research partici-	'put down at school' (p194).	There is no information
lence.	pants described themselves as be-	- There was variance between survivors and perpe-	about obtaining ethical
	longing to (BME) groups, 4 identified	trators perception in acknowledging the DV impacting	approval from local au-
Methodology: Quali-	as white British. Between the survi-	their children. The variation occurred because some	thorities. The authors
tative study. The study	vors, they had 26 children.	felt their children were shielded from the abuse but	are explicit that the re-
interviews 3 groups of		acknowledged that their children might have seen	search participants are

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
participants who have experienced DV: young people; survivors; and perpetrators. With young people (n=19), the research team hold 5 focus groups recruited through voluntary and statutory services supporting children affected by DV. Similarly, survivors (n=11) were accessed through a support service but were interviewed separately using semi-structured interview schedule. Perpetrators were also interviewed individually (n=10). All were recorded and transcribed, then were analysed and themed under the interview schedule, however grounded theory principles were adopted to inform the study.  Country: UK. Research was carried out in two local authorities	Perpetrators - All were male and aged 35–45 (n=10). Six identified as white British, with the other 4 representing BME groups. The perpetrators were selected because the majority had children generally still in contact with their children.	tragic occurrences within the family home, i.e. removal of perpetrator. Whereas other survivors and perpetrators recognised that their children had witnessed DV, which supports a number of young people who admitted to seeing incidents of DV directly.  - Some survivors reported experiencing disbelief from professionals which contributed to their helpfulness feeling and unwillingness to seek help in the future.  Factors that support identification:  - Young people in the focus groups recognised that being listened to, validated accounts and provided information was important. One young person describes a professional who supported her, 'she was really helpful, she spoke to me rather than just my mum, she was the one that gave us the number for the NSPCC' (p196).  - Perpetrators, in particular, expressed the need for non-judgmental attitudes from their practitioners.	anonymised and consent was sought.  Overall assessment of credibility (internal validity) +  Overall score +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
in the North and South of England.			
Source of funding: Voluntary/charity - This study was funded by the NSPCC.			

19. Tucker S (2011) Listening and believing: an examination of young people's perceptions of why they are not believed by professionals when they report abuse and neglect. Children and Society 25: 458–69

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim	Participants	Recognition	Overall assessment
Aim is to 'deepen de-	Adult survivors of child abuse -	Narrative findings	of external validity
bate by offering a de-	n=102.	Factors that hinder recognition are defined into four	++
tailed and substantial		typologies that occurred in interviews with young peo-	Study relates to ques-
analysis of young peo-	Sample characteristics	ple with a percentage ascribed to the amount each	tion of exploring young
ple's perceptions and	Age -	factor occurred:	peoples' views and ex-
reactions to their treat-	18 years old: n=10 19 years old:		periences of disclo-
ment at the time of ini-	n=12 20 years old: n=20 21 years old:	Background and baggage category (64%). The indi-	sure. Sound ethical
tial disclosure to practi-	n=32 22 years old: n=13 23 years old:	viduals background and history i.e. 'baggage', can im-	consideration and the
tioners' (p458).	n=21	pact on the capacity for a disclosure. One young per-	study is co-produced
	Sex -	son reports: 'Just seeing you as someone needing	by an advisory group.
Methodology	66=male 42=female.	help it didn't work like that. F***ed up by case notes	
Telephone interview	Ethnicity -	and meetings and your records from other schools.	Overall assessment
(n=58); individual inter-	Not reported.	Like having a criminal record and it felt like that and	of credibility
view (n=33); and group	Religion/belief -	only 12. That's why I wasn't taken seriously' (p463)	++
interview (n=17).	Not reported.	The youth advisory group defined the category to be	Good qualitative study
	Disability -	broadly as: 'Being preoccupied by names, tags, "pre-	with large sample
Country	Not reported.	vious convictions", misdemeanours, things written	(n=102) and through
UK, England.	Long term health condition -	about you. Saying then that's what you are and that's	methodological ap-
	Not reported.	all you are and that's all you can be. And then not ac-	proach.
Source of funding	Sexual orientation -	tually believing what you say because of all this'	
Not reported.	Not reported.	(p463).	Overall score

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Socioeconomic position - Not reported. Type of abuse - Not reported. Looked after or adopted status - Not reported. Unaccompanied asylum seeking, refugee or trafficked children - Not reported.	Family matters category (55%). Defined by the youth advisory group - 'tell your story and have that story believed despite who you are, or where you come from, or what family you belong to' (p464).  Reluctance and refusal category (45%). As defined, this category determines the issues professionals experience at the point of the young person disclosing, and the impact this can have on making judgements and assessing risk. Young people talked about 'being able to see the cogs going round' as the practitioner weighed the evidence and appeared to come to a preliminary, or in some cases a more long-lasting, judgement about an allegation (p465). A young person described his experience of disclosing to a professional: 'You could see what was going on the whole time it was like he was looking into you not just looking at you. I did statistics for my degree and the best way I can describe it was he was weighing up the probability, the likelihood. What if I act and it's not true? It might be safer to do nothing if you're not sure. Who's going to believe a kid over an adult? All of that stuff and he actually said as much but used different kinds of words to push it back on me' (p465). Conversely, young people conceded that they understood the difficulties associated with judgement and risk but wanted to reinforce the courage for disclosure to professionals, and that they felt rejected if they were not believed. One young woman discussed 'you brought it on yourself syndrome', which was the response she received due to behaviours such as: being 'tarty', 'sexting it up with the lads', 'acting in your face' and wearing 'revealing stuff' (p466). One young woman e.g. said: 'Boys thought they were easy on with me;	++ Good empirical qualitative study with large sample (n=102) and through methodological approach. The research is relevant to inform young peoples' perception of disclosure.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		anything goes. This boy really, really hurt me physically and I tried to report him But I got all this "are you sure?", "this is a serious allegation", "I've told you about hanging about lads" stuff and "go away and think about it". I felt like they didn't know what to do for the best did what was the best for the school and not for me?' (p466). The issue of feeling referred on by a practitioner. One interviewee commented on the response of a practitioner, i.e. 'It's best to contact someone else that deals with this kind of thing' (p466). The youth advisory group defined this category as: 'It includes practitioners not taking risks if those risks are seen to be too great. Sometimes it can include making a judgment based on only superficially listening to what's being said. Some self-protection, some shifting the blame back to the young person, some assumption and false thinking about who a person really is' (p466).	
		Personal relationships (28%). Some young people described abusers exploiting relationships with professionals as a way of masking their intention towards a young person. As defined by the youth advisory group: 'Making clever and deliberate contacts and attachments for your own ends. Getting alongside workers and convincing them you are OK. Using this as a front and a way of making it really hard to make any kind of accusations' (p467).	

# **Assessment**

Review question 7 – What tools support effective assessment of risk and need in relation to child abuse and neglect?

**Review question 7 – Critical appraisal tables** 

1. Baumann DJ, Law JR, Sheets J et al. (2005). Evaluating the effectiveness of actuarial risk assessment models. Children and Youth Services Review 27(5): 465–90

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	<b>,</b>	3
Study aim: A series of 3 field	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
studies to examine issues sur-	vention and comparison as in-	question match the review	validity:
rounding the scientific integrity	tended?	question? Yes. Evaluating the ef-	-
and practical utility of actuarial	Not reported.	fectiveness of actuarial risk as-	
models of risk assessment in child		sessment models.	Overall assessment of external
welfare. Only data relating to stud-	Was contamination acceptably		validity:
ies 1 and 2 are reported here, as	low? Yes. Units, rather than case-	Has the study dealt appropri-	+
these looked at predictive validity,	workers, were randomly assigned	ately with any ethical concerns?	
cross-validated using an objective	to conditions to avoid contamina-	No. Not reported.	Overall validity rating:
measure. The third study did not	tion of the treatment from case-		-
look at examine predictive validity,	workers in the same units sharing	Were service users involved in	Reporting of analysis extremely
and so was excluded. Study 1:	information.	the study? No. Case workers as	unclear, including whether re-
RCT examining whether use of, or		participants.	ported correlations are within-
exposure to, an actuarial risk	Did either group receive addi-		groups correlations between pre-
model led to superior judgements	tional interventions or have ser-	Is there a clear focus on the	diction and outcomes, or biserial
relating to substantiation of allega-	vices provided in a different	guideline topic? Yes. Testing the	correlations showing between-
tions compared to individuals not	manner? Not reported.	accuracy of actuarial risk assess-	groups differences in the accuracy
using or exposed to the model.		ment models in child welfare.	of prediction. Unclear what data
Study 2: RCT examining whether	Were outcomes relevant? Yes.		points were used for analysis
use of, or exposure to, an actuar-	Predictive validity measured using	Is the study population the	(cases, workers or units) and re-
ial risk model led to superior	substantiated maltreatment (study	same as at least 1 of the groups	ported values of n for each condi-
judgements relating to re-investi-	1) and repeat investigations (study	covered by the guideline? Yes.	tion do not appear to correspond
gation compared to individuals not	2).	Professionals working with chil-	to any of these.
using or exposed to the model.		dren at risk of, or experiencing,	
	Were outcome measures relia-	maltreatment.	
Description of theoretical approach? No.	ble? Yes.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
How was selection bias minimised? Randomised. Study 1: RCT - randomised by unit rather than individual Study 2: RCT - randomised by unit rather than individual.  Was the allocation method followed? Not reported.  Is blinding an issue in this study? Blinding not possible. Blinding not possible. Blinding not possible as allocation to conditions involved use of a different tool.  Did participants reflect target group? Yes. All participants were caseworkers working with children and families where there were concerns about maltreatment.  Were all participants accounted	Were all outcome measurements complete? Yes.  Were all important outcomes assessed? Yes.  Were there similar follow-up times in exposure and comparison groups? Not reported.  Was follow-up time meaningful? Not reported.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Not reported.  Was intention to treat (ITT) analysis conducted? Not reported.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported.  Were the estimates of effect size given or calculable? No. Pearson correlations reported for some comparisons, but most data reported graphically only. Unclear whether correlations represent within- or between-groups effects.	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Assessment tools.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  Does the study have a UK perspective? No – USA.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Were the analytical methods appropriate? Partly. Very unclear description of analytical methods:  - It is unclear whether reported correlation data are correlations between prediction and outcome, or biserial correlations comparing predictive validity of different tools.  - Unclear what data points were used for analysis (cases, workers or units) and reported values of n for the different groups do not appear to correspond to any of		
	these.  Was the precision of intervention effects given or calculable? Were they meaningful? Partly. Pearson correlations and p values reported for some comparisons, but most data given graphically only.		
	Do conclusions match findings? Partly. It is difficult to judge the extent to which conclusions match findings, as there is very sparse reporting of statistical data, and it is unclear what is being compared within the analysis.		

2. Johnson WL (2011). The validity and utility of the California Family Risk Assessment under practice conditions in the field: A prospective study. Child Abuse and Neglect 35: 18–28

tive study. Child Abuse and Neglect 35: 18–28					
Internal validity – approach		External validity	Overall validity rating		
sample	and analysis				
Study aim: Study aims to and the validity and implementation a 'child maltreatment actuarian assessment model, the California	n of I risk   Were outcome measures relia-	Does the study's research question match the review question? Yes. Study relates to the validity and utility of a risk as-	Overall assessment of internal validity:		
Family Risk Assessment (CFI (p18). Data extraction focuses information about predictive v	RA)' ment within two year of index incison dent.	sessment tool.  Has the study dealt appropri-	Overall assessment of external validity:		
ity - conceptualised as evalua of prognosis within this study.	tion Were all outcome measure-	ately with any ethical concerns? Partly. Study states that 'no human subjects review' of the project	Overall validity rating:		
Description of theoretical approach? Yes. Study uses concepts from medical prognostic	assessed? Yes.	was required (assume this means ethics review). However, study used existing case records. Not	Comparative information is the result of a 'natural experiment' occurring when practitioners choose		
models to examine validity of CFRA tool.	Were there similar follow-up times in exposure and comparison groups? Yes.	clear whether participants were asked for consent to use their records for the purpose of this study.	to override the result of the CFRA, rather than a systematic comparison of practitioner judgements and		
How was selection bias min mised? No comparison group comprises same individuals as experime group - but assessed using an ditional instrument.	<ul><li>Was follow-up time meaningful?</li><li>Yes. Two-year follow-up.</li></ul>	Were service users involved in the study? No. Service user rec- ords were used, but service users not involved in design or interpre- tation.	CFRA. This is a relatively weak study design: ideally cases should have been assigned ratings using CFRA or practitioner judgements by 2 different individuals. Also, potential influence on risk of follow-		
Was the allocation method lowed? Yes.	not, were these adjusted? Yes. Comparison group comprises same individuals as experimental group - but assessed using an ad-	Is there a clear focus on the guideline topic? Yes.	up intervention is reported to have been statistically controlled for us- ing logistic regression. However, the numbers of families receiving		
Is blinding an issue in this study? No blinding. Study no that workers were not blind to comes of earlier risk assessment which may have led to confirm tion bias.	out- ents, <b>Was intention to treat (ITT) anal-</b> <b>ysis conducted?</b> Not reported.	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Study population is families reported for maltreatment.	or not receiving intervention is not reported, making it difficult to judge whether this statistical adjustment is valid.		

sample	and analysis		
Did participants reflect target group? Yes.  Were all participants accounted for at study conclusion? Yes.  Were all participants accounted for at study conclusion? Yes.  Were all participants accounted for at study conclusion? Yes.  Were all participants accounted for at study conclusion? Yes.	effect (if one exists)? Not reported. Sample size for comparative element of study is relatively small (n=114) compared to main study sample (n=6,543).  Were the estimates of effect size given or calculable? Yes. Odds ratios for each form of assessment predicted separately, nowever no direct comparison of the 2 forms of assessment.  Were the analytical methods appropriate? Partly. CFRA and 'clincal' prediction compared through two logistic regression models. However, no direct statistical comparison of the 2 predictions, e.g. through entering both in to the same model. Furthermore, model aims to account for effects of intervention, however no data given on number of families receiving intervention so difficult to assess the validity of the model.  Was the precision of intervention effects given or calculable? Were they meaningful? Yes. Confidence intervals reported.  Do conclusions match findings?	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Relates to Q7 assessment tools.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Partly. This study focuses specifically on predictive validity.  Does the study have a UK perspective? No. US study (California).	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Conclusions are based on predic-		
	tive validity of the model, and lack		
	of predictive validity of worker		
	'override' judgements. However,		
	analysis does not appear to di-		
	rectly compare them.		

# **Review question 7 – Findings tables**

1. Baumann DJ, Law JR, Sheets J et al. (2005). Evaluating the effectiveness of actuarial risk assessment models. Children and Youth Services Review 27(5): 465–90

Services Review	Z1(3). 403–30	T	T
Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: A series of	Participants: Professionals/practi-	Effect sizes:	Overall assessment
3 field studies to exam-	tioners.	Study 1: Intake decisions (outcome measures - corre-	of internal validity
ine the scientific integ-	Study 1: intake caseworkers; Study 2:	lation with case substantiation/confirmation). Correla-	-
rity and practical utility	investigation caseworkers.	tion between risk caseworker judgements in the differ-	
of actuarial models of		ent conditions (computer assisted, new form and con-	Overall assessment
risk assessment in	Sample characteristics	trol) and substantiated abuse. Full data are not re-	of external validity
child welfare. Only	Age - Not reported.	ported in the study.	+
data relating to studies	Sex - Not reported.	1. Computer projections and confirmation (of abuse)	
1 and 2 are reported	Ethnicity - Not reported.	at investigation showed a Spearman correlation of	Overall validity score
here, as these looked	Religion/belief - Not reported.	r=0.44 for physical abuse and r=0.24 for physical and	-
at predictive validity,	Disability - Not reported.	medical neglect (p<0.05), suggesting that the actuar-	Reporting of analysis
cross-validated using	<ul> <li>Long term health condition - Not</li> </ul>	ial model had some predictive validity.	extremely unclear, in-
an objective measure.	reported.	2. Criterion validity of experimental group's judge-	cluding whether re-
The third study did not	<ul> <li>Sexual orientation - Not reported.</li> </ul>	ments vs criterion validity of computer projections	ported correlations are
look at examine pre-	Socioeconomic position - Not re-	(only graphic data available [Fig 1, p473]): a. The cor-	within-groups correla-
dictive validity, and so	ported.	relations for substantiation for each type of maltreat-	tions between predic-
was excluded. Study 1:	<ul> <li>Type of abuse - Cases reports on</li> </ul>	ment almost identical for the model and the computer	tion and outcomes, or
RCT examining	physical abuse, sexual abuse, ne-	group, strongly suggesting that exposure to the com-	biserial correlations
whether use of, or ex-	glectful supervision and physi-	puter projections influenced the validity of the Com-	showing between-
posure to, an actuarial	cal/medical neglect.		groups differences in
	odi/modical neglect.		

# Research aims

risk model led to superior judgements relating to substantiation of allegations compared to individuals not using or exposed to the model. Study 2: RCT examining whether use of, or exposure to, an actuarial risk model led to superior judgements relating to re-investigation compared to individuals not using or exposed to the model.

**Methodology:** Study 1: RCT Study 2: RCT.

**Country:** Not UK - USA and Canada.

### Source of funding:

Government -USDHHS (US Department of Health & Human Services), ACF (The Administration for Children and Families).

# PICO (population, intervention, comparison, outcomes)

- Looked after or adopted status -Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

### Sample size:

Study 1: Total sample were 35 intake units (102 caseworkers and 2,625 maltreatment reports) randomised in 3 groups. Number of units randomised to control/intervention groups not reported. 1. Control group n reported as 180, however unclear what this number refers to and does not seem to tally with number of units, individuals or reports. 2. 'New form' group, n reported as 85. however unclear what this number refers to and does not seem to tally with number of units, individuals or reports 3. 'Computer group, n reported as 85, however unclear what this number refers to and does not seem to tally with number of units, individuals or reports. Study 2: Unit selection same as Study 1, involving 141 investigation caseworkers (discrepancies: as text also reported 135 from one region and 39 from another region, totalling 174 investigation caseworkers) and 979 families. No. of units randomised to control/intervention groups not reported. 1. Control group, n reported as 165, however unclear what this

# **Findings**

puter group's judgements in the direction of the actuarial projections. b. The New Form group (not exposed to the actuarial projections) showed better validity than both the Control group and the computer group (only graphic data presented). The authors report that a statistical test of the difference between the New Form group and the Computer group, using Fisher's r to z transformations showed that New Form group showed better predictive validity (r=1.58, p<0.10 [borderline sig] for judgement on neglectful supervision; r=1.96, p<0.05 [sig] for judgment involving sexual abuse). However, it is unclear what the reported values represent - they are reported as 'r', but this test cannot take values outside +/-1. It is also unclear whether these represent within- or betweengroups correlations.

Study 2: Investigation decisions (outcome measures - correlation with case re-investigation).

Full data are not reported in the study. Study reports that the investigation models are not as reliable as the intake model.

1. The authors state that the only model significantly correlated with actual re-investigation is physical neglect (r=0.12, p<0.07).

However, it is unclear what criterion is being used. No data are reported for the other forms of abuse. 2. Case worker judgements in the New Form group were significantly correlated with re-investigation for all types of abuse (no statistical data reported).

# Overall validity rating

the accuracy of prediction. Unclear what data points were used for analysis (cases, workers or units) and reported values of n for each condition do not appear to correspond to any of these.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	number refers to and does not seem		
	to tally with number of units, individu-		
	als or reports. 2. New form group, n		
	reported as 83, however unclear what		
	this number refers to and does not		
	seem to tally with number of units, in-		
	dividuals or reports. 3. Computer		
	group, n reported as 215, however		
	unclear what this number refers to		
	and does not seem to tally with num-		
	ber of units, individuals or reports.		
	Intervention numbers -		
	see 'comparison number'.		
	Assessment tool		
	The risk assessment model had been		
	developed in a prior study through		
	statistical determination of features of		
	cases which predicted substantiation		
	or re-investigation.		
	Study 1: Intake decisions (outcome		
	measures - correlation with case sub-		
	stantiation/confirmation).		
	1. Control - works as usual, filled out		
	paper copies of intake report (use of		
	checklist of consensus-based items		
	to determine case priority and written		
	narrative. All dependent measures		
	completed before formal decision, i.e.		
	no chance to be influenced by actuar-		
	ial models).		
	2. New Form group - works as usual		
	plus also completed a paper actuarial		
	risk form (items on this form had been		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	found to predict substantiation upon		
	investigation). This group did not re-		
	ceive the actuarial feedback indicat-		
	ing the likelihood of substantiation		
	provided to the Computer group.		
	3. Computer group - works as usual		
	plus completing the computerised		
	version of the actuarial risk form and		
	the dependent measure prior to for-		
	mal decision. Computer projections		
	were used to inform these casework-		
	ers about the likelihood of maltreat-		
	ment substantiation based on their		
	answers to the questions docu-		
	mented on the actuarial risk form.		
	The four levels of risks were labelled		
	'Very Unlikely', 'Unlikely', 'Likely', and		
	'Very Likely' to result in substantiation		
	of each of four different types of child		
	maltreatment.		
	Study 2: Investigation decisions (out-		
	come measures - correlation with re-		
	investigation).		
	1. Control - works as usual, filled out		
	standard investigation report includ-		
	ing the departmental risk assessment		
	instrument.		
	2. New Form group - works as usual		
	plus also completed a paper actuarial		
	risk form (items on this form found to		
	be related to future investigations		
	within 14 months) and the depart-		
	mental measures. All dependent		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	measures were related to investigators' estimate of the likelihood that the family would have another investigation within the next 9 months using the same four point scale 'Very Unlikely', 'Unlikely', 'Likely', and 'Very Likely' to result in substantiation of each of 4 different types of child maltreatment categories: physical abuse, sexual abuse, neglectful supervision, physical neglect.  3. Computer group - Same as 'New Form' Group, work as usual plus also completed an electronic version of the actuarial risk form.		
	Outcomes measured: Study 1: correlation with substantiation/confirmation. Study 2: correlation with re-investigation.		

2. Johnson WL (2011). The validity and utility of the California Family Risk Assessment under practice conditions in the field: A prospective study. Child Abuse and Neglect 35: 18–28

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: Study	Participants:	Assessment	Overall assessment
aims to analyse the va-	Children and young people. Study uti-	Effect sizes	of internal validity
lidity and implementa-	lises case records of families referred	A - Logistic regression using CFRA risk scores Inde-	-
tion of a 'child mal-	to California Child Welfare Services.	pendent variables: CFRA risk score (reference cate-	
treatment actuarial risk	Caregivers and families - Study uti-	gory=low), post-investigation services provided	Overall assessment
assessment model, the	lises case records of families referred	(yes/no) Dependent variable: Substantiated maltreat-	of external validity
California Family Risk	to California Child Welfare Services.	ment within 2 years of index incident 1. CFRA low risk	+
Assessment (CFRA)'		- Wald statistic=7.94, p=0.02, no odds ratio (reference	
(p18). Data extraction	Sample characteristics:		Overall validity score

# Research aims focuses on information about predictive validity - conceptualised as evaluation of prognosis within this study. Methodology: Overall design is a prospective evaluation. Comparative design is a smaller

Country: Not UK, USA (California).

part of overall study.

NCCSC data extrac-

tion has focused on

this element.

# Source of funding: Not reported.

# PICO (population, intervention, comparison, outcomes)

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status -Some included cases may have had foster care as an intervention - not clear from reporting.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

# Sample size

Intervention numbers - 114 cases were assessed using the California Family Risk Assessment and subsequently overridden using clinical judgement.

Assessment tool: California Family Risk Assessment is an actuarial risk assessment model developed by the Children's Research Centre. CFRA is completed by Child Welfare Workers following a 3-hour training course. CFRA comprises 2 10-item scales: 1 assesses future likelihood of future

# **Findings**

category) 2. CFRA moderate risk - Wald statistic=0.04, p=0.85, OR=1.2 (95% CI 0.22 to 6.50) 3. CFRA high risk - Wald statistic=4.48, p=0.03, OR=6.3 (95% CI 1.15 to 34.78) 4. Post-investigation services provided - Wald statistic=0.37, p=0.55, OR=1.6 (95% CI 0.37 to 6.56) 5. Constant - Wald statistic=9.51, p=0.002, OR=0.051 (95% CI not reported) B - Logistic regression using clinical judgement 'override' risk scores Independent variables: Clinical judgement 'override' risk score (reference category=low/moderate), post-investigation services provided (yes/no) Dependent variable: Substantiated maltreatment within 2 years of index incident 1. Clinical judgement risk score low/moderate - Wald statistic=0.5, p=0.98, no odds ratio (reference category) 2. Clinical judgement risk score high -Wald statistic=0.02, p=0.88, OR=1.16 (95% CI 0.16 to 8.28) 3. Clinical judgement risk score very high - Wald statistic =0.05, p=0.82, OR=1.21 (95% CI 0.24 to 6.23) 4. Post-investigation services provided - Wald statistic =0.03, p=0.86, OR=1.13 (95% CI 0.28 to 4.63) 5. Constant - Wald statistic=6.57, p=0.01, OR=0.11 (95% CI not reported)

# Overall validity rating

Comparative information is the result of a 'natural experiment' occurring when practitioners choose to override the result of the CFRA, rather than a systematic comparison of practitioner judgements and CFRA. This is a relatively weak study design: ideally cases should have been assigned ratings using CFRA or practitioner judgements by two different individuals. Also, potential influence on risk of follow-up intervention is reported to have been statistically controlled for using logistic regression. However, the numbers of families receiving or not receiving intervention is not reported, making it difficult to judge whether this statistical adjustment is valid.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	physical or sexual abuse, 1 assesses		
	future likelihood of neglect. Scales re-		
	sult in a score of low-, moderate-,		
	high- or very high risk. The highest		
	score on either scale forms the basis		
	for decisions about what services are		
	provided. The results of the CFRA		
	are used to decide whether to provide		
	'in-home' child protection services		
	and the intensity of support provided.		
	Comparison tool/usual practice:		
	The comparator in this study were		
	clinical judgements on level of risk,		
	made after workers decided to 'over-		
	ride' the CFRA rating. Worker judge-		
	ments can take the following forms:		
	1) a one-category increase when the		
	worker's impressions suggest that the		
	case is higher risk than CFRA indi-		
	cates and 2) changing the category to		
	'very high risk' in the presence of par-		
	ticular indicators (indicators not re-		
	ported).		

Review question 8 – What aspects of professional practice support and hinder effective assessment of risk and need in relation to child abuse and neglect?

# Review question 8 – Critical appraisal tables

1. Brandon M, Belderson P, Warren C et al. (2008) Analysing child deaths and serious injury through abuse and neglect: what can we learn? - A biennial analysis of serious case reviews 2003–2005. London: Department of Education

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
1. Qualitative component 1	4. Quantitative component de-	Does the study's research	Overall assessment of internal
Which component?	scription A (including incidence	question match the review	validity
Thematic analysis of 47 SCR re-	or prevalence study without	question? Partly. The study has a	+
ports.	comparison group; case series	series of objectives, one of which	
	or case report )	is to 'identify any lessons for policy	Overall assessment of external
1.1 Are the sources of qualita-	Which component? Collection	and practice, including examples	validity
tive data (archives, documents,	and analysis of data from total of	of good practice' - this is consid-	++
informants, observations) rele-	161 case reviews.	ered to be relevant to Q14.	
vant to address the research			Overall validity score
question? Partly. Reason for se-	4.1. Is the sampling strategy rel-	Has the study dealt appropri-	+
lecting these 47 for further analy-	evant to address the quantita-	ately with any ethical concerns?	
sis appears to be convenience	tive research question (quanti-	No. No mention of ethical approval	Key limitations of the study are a
sampling - these were the reports	tative aspect of the mixed-meth-	process, although potentially of	lack of clarity with respect to the
for which the full Overview Re-	ods question)? Yes. Sample	lower concern as secondary anal-	way in which thematic analysis of
ports were available.	comprises all 161 SCRs published	ysis of documentary sources, ra-	the sub-sample of 47 reviews was
	between 2003 and 2005.	ther than primary research with	conducted, and how the findings
1.2 Is the process for analysing		service users.	from this analysis has been inte-
qualitative data relevant to ad-	4.2 Is the sample representative		grated with quantitative analysis
dress the research question?	of the population under study?	Were service users involved in	(see Chapter 6). However, study
Partly. Unclear how 'emerging	Yes.	the study? No.	strength is that there is a 100%
themes' were identified and veri-			sample of SCRs from the 2003–5
fied.	4.3. Are measurements appro-	Is there a clear focus on the	time period.
	priate (clear origin, or validity	guideline topic? Yes.	
1.3 Is appropriate consideration	known, or standard instru-		
given to how findings relate to	ment)? Yes. Key characteristics	Is the study population the	
the context, such as the setting,	of children and families who are	same as at least 1 of the groups	
in which the data were col-	the subjects of the SCRs.	covered by the guideline? Yes.	
lected? No. Little consideration of		Study population is Serious Case	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
how themes are linked or otherwise to other elements of the cases.	4.4. Is there an acceptable response rate (60% or above)? Yes.	Reviews about cases in which children have experienced abuse and neglect (leading to death or significant harm).	
1.4 Is appropriate consideration given to how findings relate to researchers' influence; for example, though their interactions with participants? N/A. Documentary analysis.	<ul> <li>5.1. Is the mixed-methods research design relevant to address the qualitative and quantitative research questions (or objectives), or the qualitative and quantitative aspects of the mixed-methods question? Yes.</li> <li>5.2. Is the integration of qualitative and quantitative data (or results) relevant to address the research question? Partly. There is some synthesis of qualitative and quantitative components, for example in Chapter 6. However, the process by which the data were integrated is not clear.</li> <li>5.3 Is appropriate consideration given to the limitations associated with this integration, such as the divergence of qualitative and quantitative data (or results)? No.</li> </ul>	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study has information about multiple aspects of practice, including early help.  g. Does the study have a UK perspective? Yes.	

2. Cleaver H and Walker S (2004) From policy to practice: the implementation of a new framework for social work assessments of children and families. Child & Family Social Work 9: 81–90

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. To explore	scribed? Unclear. Limited infor-	question match the review	validity:
views of social work practitioners.	mation on characteristics of partic-	question? Yes. To evaluate the	-
	ipants. However, study conducted	implementation of the Framework	
Is the study clear in what it	within a context of existing chal-	for the Assessment of Children in	Overall assessment of external
seeks to do? Clear.	lenges due to organisational	Need and their Families. To ex-	validity:
	change, difficulties in staff reten-	plore impact of the Assessment	++
How defensible/rigorous is the	tion and recruitment, and changes	Framework on practice (the focus	
research design/methodology?	in and adaptation to information	of this review).	Overall validity rating:
Defensible. Postal questionnaires	technology such as electronic data		- 
and interviews.	processing and recording.	Has the study dealt appropri-	Limited methodological details on
How well was the data called	Mos the counting couried out in	ately with any ethical concerns?	postal questionnaires (what ques-
How well was the data collec-	Was the sampling carried out in	No. Not reported.	tions asked? response rates) and
tion carried out? Not sure/inade-	an appropriate way? Not sure.	Were service users involved in	interviews (how and where con-
quately reported. Postal question- naires and phone interviews, and	No information on how sample selected.	the study? No	ducted, what questions asked, specifics of participants and inter-
meetings with managers and staff.	lected.	tile study? NO	viewer etc.). The author stated
(Limited details on how these	Were the methods reliable? Not	Is there a clear focus on the	that 'Because the authors were re-
were designed and executed.)	sure. Data collected by postal	guideline topic? Yes. Q8: To ex-	sponsible for some of the research
word designed and exceded.)	questionnaires and interviews, lim-	plore impact of the Assessment	that informed the Assessment
	ited details.	Framework on practice.	Framework and were involved in
		practice.	the development of the assess-
	Are the data 'rich'? Rich.	Is the study population the	ment records, this study does not
		same as at least 1 of the groups	purport to be an objective evalua-
	Is the analysis reliable? Some-	covered by the guideline? Yes.	tion' (p83).
	what reliable. Descriptive and nar-	Social work practitioners, manag-	. ,
	rative analysis, no details.	ers, and staff from partner agency;	
		also parents and children.	
	Are the findings convincing?		
	Somewhat convincing. Limited	Is the study setting the same as	
	methodological details.	at least 1 of the settings cov-	
		ered by the guideline? Yes.	
	Are the conclusions adequate?		

Internal validity – approach and	Internal validity – performance and analysis	External validity	Overall validity rating
sample	Somewhat adequate. Limited methodological details	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Assessment of child maltreatment.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes. Views from social work practitioners/professionals in child protection.	
		Does the study have a UK perspective? Yes. The Framework for the Assessment of Children in Need and their Families, in the UK.	

3. Devaney J, Bunting L, Hayes D et al. (2013) Translating Learning into Action: An overview of learning arising from Case Management Reviews in Northern Ireland 2003-2008. Belfast: Queen's University Belfast

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate. Thematic</pre>	scribed? Clear. Contextual infor-	question match the review	validity:
analysis of Case Management Re-	mation about cases reviewed is	question?	+
views.	provided.	Partly. The study's research ques-	
	·	tion is about identifying 'key learn-	Overall assessment of external
Is the study clear in what it	Was the sampling carried out in	ing' from Case Management Re-	validity:
seeks to do? Mixed. The study	an appropriate way? Appropriate	views. Part of this involves the-	+
seeks to identify 'key themes'	- 100% sample of all CMRs in a	matic analysis of 'key themes'	
across the 24 Case Management	given time period.	which include issues relevant to	Overall validity rating:
Reviews. It is not specified what	g.v.o.v.ae position.	aspects of professional practice.	+
nature of issues could be consid-	Were the methods reliable? Re-	aspests of processional practice.	
ered within this category.	liable. Learning from the reviews		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	Has the at all dealt access?	O seell the sector to a least of the sector
	has been triangulated with rele-	Has the study dealt appropri-	Overall, there is a lack of descrip-
How defensible/rigorous is the	vant research evidence as appro-	ately with any ethical concerns?	tion of how thematic analysis was
research design/methodology?	priate.	Yes.	undertaken.
Somewhat defensible. Limited jus-			
tification of analytic techniques	Are the data 'rich'? Mixed. There	Were service users involved in	
provided.	are relatively few examples given	the study?	
III	to illustrate the themes identified.	No.	
How well was the data collec-			
tion carried out? Appropriately.	Is the analysis reliable? Some-	Is there a clear focus on the	
Analysis of CMR reports.	what reliable. It is unclear how the	guideline topic?	
	thematic analysis was undertaken,	Partly. Consideration of profes-	
	therefore difficult to judge reliabil-	sional practice and ways of work-	
	ity of analysis.	ing forms part of the analysis con-	
	A the Coultree or trains	ducted in the study.	
	Are the findings convincing?	In the set of the second second	
	Somewhat convincing. Themes	Is the study population the	
	identified are often supported by	same as at least 1 of the groups	
	other aspects of research litera-	covered by the guideline?	
	ture.	Yes. Study population includes	
	A (b	children and young people who, at	
	Are the conclusions adequate?	one point, showed early signs of	
	Adequate.	abuse and neglect.	
		Is the study setting the same as	
		at least 1 of the settings cov-	
		ered by the guideline? Yes.	
		ered by the guideline: 165.	
		Does the study relate to at least	
		1 of the activities covered by	
		the guideline? Yes.	
		Does the study have a UK per-	
		spective? Yes	

4. Horwath J (2005) Identifying and assessing cases of child neglect: learning from the Irish experience. Child and Family Social Work 10: 99–110

Work 10: 99–110			
Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed?	question match the review	validity:
	Not sure. Study conducted over	question?	+
Is the study clear in what it	10 years ago, practice and views	Yes. Professional practice support	
seeks to do? Clear. Analysis of	may have changed.	and hinder relating to effective as-	Overall assessment of external
case files and views and experi-		sessment of risk and need in child	validity:
ences of social workers.	Was the sampling carried out in	maltreatment.	++
	an appropriate way? Appropri-		
How defensible/rigorous is the	ate. Social workers from teams	Has the study dealt appropri-	Overall validity rating:
research design/methodology?	covering both large towns and re-	ately with any ethical concerns?	+
Defensible. Analysis of case files	mote farming communities.	No. Not reported.	Limited methodological details of
and views and experiences of so-			questionnaire surveys and focus
cial workers.	Were the methods reliable?	Were service users involved in	groups. Study was conducted over
	Somewhat reliable. For case re-	the study? No.	10 years ago and practice would
How well was the data collec-	views: piloting and content analy-		have changed since.
tion carried out? Appropriately.	sis to develop coding frame for re-	Is there a clear focus on the	
Data on assessment process from	cording data. For social workers'	guideline topic? Yes. Profes-	
case reviews; Vs & Es from sur-	responses: focus groups and	sional practice in relation to as-	
veys and focus groups.	questionnaires (limited details on	sessment.	
	these methods).		
		Is the study population the	
	Are the data 'rich'? Rich.	same as at least 1 of the groups	
	_	covered by the guideline? Yes.	
	Is the analysis reliable? Relia-	Social workers, including manag-	
	ble. Questions within the question-	ers.	
	naire and the focus groups were		
	used to validate and clarify find-	Is the study setting the same as	
	ings from the case audit/reviews.	at least 1 of the settings cov-	
		ered by the guideline? Yes.	
	Are the findings convincing?		
	Convincing.	Does the study relate to at least	
		1 of the activities covered by	
	Are the conclusions adequate?		

Internal validity - approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Adequate.	the guideline? Yes. Risk assessment process.	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes. Analysis of case files and views and experiences of social workers.	
		Does the study have a UK perspective? No. Ireland.	

5. London Safeguarding Children Board (2011) Final monitoring report: local authority pilots of the London safeguarding trafficked children guidance and toolkit. London: London Safeguarding Children Board

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		_
1. Qualitative component 1	3. Quantitative component (incl.	Does the study's research	Overall assessment of internal
Which component? Qualitative	non-RCT; cohort study; case-	question match the review	validity
survey.	control study)	question?	-
	Which quantitative component?	Partly. Study is about monitoring	
1.1 Are the sources of qualita-	Two quantitative surveys.	use of guidance and a toolkit for	Overall assessment of external
tive data (archives, documents,		identifying and assessing children	validity
informants, observations) rele-	3.1 Are participants (organisa-	who have been trafficked. In-	+
vant to address the research	tions) recruited in a way that	cludes some information about	
question? Yes.	minimises selection bias? Un-	practitioner views of the toolkit,	Overall validity score
	clear. Process for recruiting pilot	and what helps and hinders as-	-
1.2 Is the process for analysing	local authorities, and survey re-	sessment of trafficked children.	Very poor information regarding
qualitative data relevant to ad-	spondents within those authorities,		methodology, including how pilot
dress the research question?	is not reported.	Has the study dealt appropri-	sites were recruited, which individ-
No. No information given regard-		ately with any ethical concerns?	uals participated within those
ing how qualitative data have	3.2 Are measurements appropri-	Partly. No ethical approval sought.	sites, and how results were ana-
been analysed. Also unclear who	ate (clear origin, or validity	However, study did not directly in-	lysed. Incomplete reporting of re-
completed survey, what their job	known, or standard instrument;	volve service users.	sults and lack of clarity regarding
role was, and using what process	and absence of contamination		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
(i.e. did they consult with other	between groups when appropri-	Were service users involved in	elements of data collection have
members of staff).	ate) regarding the exposure/in-	the study? No.	contributed to which finding.
	tervention and outcomes? No.		
1.3 Is appropriate consideration		Is there a clear focus on the	
given to how findings relate to	3.3 In the groups being com-	guideline topic? Yes.	
the context, such as the setting,	pared (exposed versus non-ex-		
in which the data were col-	posed; with intervention versus	Is the study population the	
lected? No.	without; cases versus controls),	same as at least 1 of the groups	
	are the participants compara-	covered by the guideline? Yes.	
1.4 Is appropriate consideration	ble, or do researchers take into	Study population is practitioners	
given to how findings relate to	account (control for) the differ-	working with children and young	
researchers' influence; for ex-	ence between these groups?	people at risk of or experiencing	
ample, though their interactions	N/A.	abuse and neglect (trafficking).	
with participants? No.			
	3.4 Are there complete outcome	Is the study setting the same as	
1. Qualitative component 2	data (80% or above), and, when	at least 1 of the settings cov-	
Which component? National moni-	applicable, an acceptable re-	ered by the guideline? Yes.	
toring workshop with 10 of the 12	sponse rate (60% or above), or		
pilot authorities.	an acceptable follow-up rate for	Does the study relate to at least	
	cohort studies (depending on	1 of the activities covered by	
1.1 Are the sources of qualita-	the duration of follow-up)? N/A.	the guideline? Yes. Study relates	
tive data (archives, documents,	.,	to recognition and assessment.	
informants, observations) rele-	5.1. Is the mixed-methods re-		
vant to address the research	search design relevant to ad-	(For views questions) Are the	
question? Yes.	dress the qualitative and quanti-	views and experiences reported	
<b>'</b>	tative research questions (or	relevant to the guideline? Yes.	
1.2 Is the process for analysing	objectives), or the qualitative	3	
qualitative data relevant to ad-	and quantitative aspects of the	Does the study have a UK per-	
dress the research question?	mixed-methods question? Yes.	spective? Yes.	
No. No information given regard-		•	
ing how data from the workshop	5.2. Is the integration of qualita-		
was recorded or analysed.	tive and quantitative data (or re-		
,	sults) relevant to address the		
1.3 Is appropriate consideration	research question? No. Not al-		
given to how findings relate to	ways clear which data sources are		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
the context, such as the setting, in which the data were collected? No.	being referred to for particular findings.		
1.4 Is appropriate consideration given to how findings relate to researchers' influence; for example, though their interactions with participants? No.	5.3 Is appropriate consideration given to the limitations associated with this integration, such as the divergence of qualitative and quantitative data (or results)? No.		
1. Qualitative component 3 Which component? Multi-agency workshop with practitioners. However, not clear how the findings of this were used.			
1.1 Are the sources of qualitative data (archives, documents, informants, observations) relevant to address the research question? Yes.			
1.2 Is the process for analysing qualitative data relevant to address the research question?  No. Unclear how participants were recruited, how data recorded and how analysed.			
1.3 Is appropriate consideration given to how findings relate to the context, such as the setting, in which the data were collected? No.			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
1.4 Is appropriate consideration			
given to how findings relate to			
researchers' influence; for ex-			
ample, though their interactions			
with participants? No.			

Internal validity - approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appropriate? Appropriate.	Is the context clearly described? Clear.	Does the study's research question match the review question?	Overall assessment of internal validity:
Is the study clear in what it seeks to do? Mixed. The report explores the effectiveness of ar- rangements to safeguard children	Was the sampling carried out in an appropriate way? Not sure. Not reported.	Yes. A survey and case review of practice, draws on evidence from cases, also views of parents, carers and professionals from the local authority and partner agencies.	Overall assessment of external validity:
who experience neglect. A mixture of designs involved in a thematic inspection by Ofsted exploring the response of professionals when they identify neglect: case re-	Were the methods reliable? Not sure. Limited details provided.  Are the data 'rich'? Mixed.	Has the study dealt appropriately with any ethical concerns?	Overall validity rating: - Limited reporting of data collection methods.
views, auditing, survey, interviews etc. (This review will focus on the assessment aspects to highlight what support/hinder effective assessment of maltreatment risk in	Is the analysis reliable? Not sure/not reported.  Are the findings convincing? Somewhat convincing.	Were service users involved in the study? Yes. Services users (parents, carers) participated in this report.	
children.)  How defensible/rigorous is the research design/methodology?  Defensible. Interviews /discus-	Are the conclusions adequate? Somewhat adequate.	Is there a clear focus on the guideline topic? Yes. Views of parents, carers and professionals from the local authority and partner agencies.	
sions with users.		Is the study population the same as at least 1 of the groups	

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
How well was the data collec-		covered by the guideline? Yes.	
tion carried out? Not sure/inade-		Parents, carers and professionals.	
quately reported.			
		Is the study setting the same as	
		at least 1 of the settings cov-	
		ered by the guideline? Yes.	
		Door the study relate to at least	
		Does the study relate to at least	
		1 of the activities covered by	
		the guideline? Yes. Explores the effectiveness of arrangements to	
		safeguard children who experi-	
		ence neglect.	
		(For views questions) Are the	
		views and experiences reported	
		relevant to the guideline?	
		Yes.	
		100.	
		Does the study have a UK per-	
		spective? Yes.	

# 7. Platt D (2008) Care or control? The effects of investigations and initial assessments on the social worker-parent relationship. Journal of Social Work Practice 22: 301–15

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate. Study seeks	scribed?	question match the review	validity:
to understand in-depth experi-	Unclear. The author provides ex-	question?	-
ences of assessment, therefore	plicit information about the charac-	Yes. The study is in relation to the	
qualitative approach appropriate	teristics of the participants: 'the	impact of assessments, i.e. Initial	Overall assessment of external
(Patton 1990). The 23 qualitative	sample included a high proportion	(S.17) and investigation i.e. (S.47)	validity:
interviews enrich the perspective	of lone mothers, and a range of	has on social worker and parent	++
of both social worker and parent in	children's ages from pre-birth to	relationships.	
the child protection experience.	16 The characteristics were		Overall validity rating:

Internal	validity – approach and
sample	

Under each finding are quotations from a parent and social worker to illuminate key aspects and lived experiences of where there has been effective and ineffective assessments and why this might be.

Is the study clear in what it seeks to do? Clear. Clear research question relation to the effects of investigations and initial assessments on social workerparent relationships. The study has clear objectives which is to explore assessment using the following terminology: coercive (S.47 investigations) and less coercive (S.17 initial assessment), and poses whether the formalised assessment process is the reason for poor relationships between social worker-parent. The study concludes by asserting that the role of skilled workers are at least 'equally important' (p314). The literature is appropriate to set the current context of a shift from investigations to the use of initial assessments, and comparisons are made with the therapeutic alliance in the counselling and psychotherapy literature, to highlight less coercive relationships.

# Internal validity – performance and analysis

reasonably consistent with similar research (Tunstill & Aldgate 2000; Cleaver & Walker, 2004)' (p305). However, there is less consideration of the impact of the contexts of the two case study sites. This is potentially highly relevant, given that there may have been idiosyncrasies in assessment practices in the 2 sites.

Was the sampling carried out in an appropriate way? Appropriate. The sample is purposive to incorporate both more coercive and less coercive assessment processes. It is clear that the authors were identifying cases that were involving families where there were concerns about the child protection threshold.

Were the methods reliable? Somewhat reliable. The data was collected by one method, which were qualitative interviews, however there was not further comparisons made amongst other studies.

Are the data 'rich'? Rich. The data is generally well founded in grounded theory and analysed in NVivo. The authors give justifica-

# **External validity**

Has the study dealt appropriately with any ethical concerns? Yes. The Research Committee of the Association of Directors of Social Services granted ethical approval. Parents consented to be interviewed and 2 refused to be. Alternative neutral locations were provided for parents if they did not want a home visit.

Were service users involved in the study? No. Service users have not co-researched this paper.

Is there a clear focus on the guideline topic? Yes. The study has a focus in relation to the guideline topic because the findings explore what supports and hinders assessment, particularly on the impact of the relationship between social worker and parent.

same as at least 1 of the groups covered by the guideline? Yes. The population of the study is qualitative interviews with parents whose children are undergoing child protection assessments/investigations (at risk of/or experiencing abuse and neglect). The study also interviews practitioners

Is the study population the

# Overall validity rating

Overall, the study meets most of the quality criteria. However, little consideration of impact of the working context in the 2 case study local authorities. This is potentially highly relevant, given that there may have been idiosyncrasies in assessment practices in the two sites. Relatively small number of investigations (n=3) compared to initial assessments (n=20) on which to form a basis of comparisons.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
How defensible/rigorous is the	tion with other research and ex-	who have worked with these fami-	
research design/methodology?	plore why this approach helped	lies at the point of referral.	
Somewhat defensible. Purposive	highlight 'key elements of social	lies at the point of folding.	
sampling to explore cases in	worker-parent relationship'. In ad-	Is the study setting the same as	
which concerns came close to	dition, these elements are ex-	at least 1 of the settings cov-	
child protection thresholds, and to	plored and comparisons made	ered by the guideline? Yes.	
include both initial assessments	throughout between more coer-	cross sty and gardenness reco	
and investigations. However, rela-	cive and less coercive interven-	Does the study relate to at least	
tively small number of cases in-	tions, thus meeting the research	1 of the activities covered by	
volving investigation (n=3). The	aim.	the guideline? Yes. Relates to	
discussion explores the limitations		assessment.	
of interviewing predominantly fe-	Is the analysis reliable? Not		
males, and the nature of assess-	sure/not reported. Process of	(For effectiveness questions)	
ment and sample group is limited	analysis is not reported further	Are the study outcomes rele-	
to initial assessment and border-	than using grounded theory and	vant to the guideline? Yes. The	
line child protection risk.	NVivo software.	aim explores 'relationship aspects	
		of the study- between social work-	
How well was the data collec-	Are the findings convincing?	ers and parents - and considers	
tion carried out? Not sure/inade-	Convincing. The findings are	the question of whether improve-	
quately reported. Little detail re-	clearly presented and are sup-	ments may be achieved in these	
garding data collection is pro-	ported by extracts from data col-	relationships if less coercive, more	
vided, only that interviews were	lection. Comparisons are made	supportive responses are used'	
conducted using an interview	and author meets the research	(p305).	
guide approach. Authors are ex-	aim in a coherent way illuminating	/ <del>-</del>	
plicit that interviews were recorded	, , , ,	(For views questions) Are the	
subject to consent of interviewees.	cial worker-parent relationship	views and experiences reported	
	during more coercive and less co-	relevant to the guideline? Yes.	
	ercive interventions: 'sensitivity,	The findings explore social work-	
	honesty and straightforwardness,	ers approach to what supports and hinders effective assessment	
	and listening and accurate understanding' (p306).	of risk and need of children	
	standing (pood).	through interviews with both social	
	Are the conclusions adequate?	workers and families. The study	
	Adequate. The conclusions are	highlights three key elements of	
	well founded in the context of the	Inginigitis tillee key elements of	
	wen rounded in the context of the		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	paper, and a discussion of the lim-	the social worker-parent relation-	
	itation of the research in terms of	ship to be theorised as 'sensitivity,	
	generalisability is alluded to. The	honesty and straightforwardness,	
	authors postulate that the variation	and listening and accurate under-	
	in more coercive and less coercive	standing' (p306).	
	intervention/assessment was not a		
	'prerequisite for good relation-	Does the study have a UK per-	
	ships, skilled workers developed	spective? Yes. The study setting	
	good working relationships in a	is 2 urban North England social	
	variety of procedural contexts'	services. However, caution to gen-	
	(p.313).	eralise the whole of UK.	

# 8. Rigby P (2011) Separated and trafficked children: The challenges for child protection professionals. Child Abuse Review 20: 324–40

Internal validity approach and	Internal velidity newforms	External validity	Overell velidity vetice
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample.	and analysis.		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate. Study seeks	scribed?	question match the review	validity:
to understand challenges in prac-	Unclear. Little description of con-	question?	-
tice.	text of child trafficking in Glasgow,	Partly. Main research question is	
	for example the extent of the is-	about identifying challenges	Overall assessment of external
Is the study clear in what it	sue, whether this is a relatively	emerging for practitioners working	validity:
seeks to do? Clear.	new phenomenon etc.	with separated children who have	+
		been trafficked. However, there is	Assessment is a subset of overall
How defensible/rigorous is the	Was the sampling carried out in	a section on 'Identification and as-	research question.
research design/methodology?	an appropriate way? Not sure.	sessment'.	
Defensible.	Method for selecting case files		Overall validity rating:
	and interviewees not reported.	Has the study dealt appropri-	Not clear which data were gath-
How well was the data collec-		ately with any ethical concerns?	ered via interview, and which via
tion carried out? Somewhat ap-	Were the methods reliable? Re-	Partly. Author states that research	focus group. Analysis methods un-
propriately. Lack of clarity regard-	liable.	governance provided by local	clear. Relatively little reference to,
ing interviewees compared to fo-		Child Protection Committee but	or presentation of, primary data
cus groups, and which topics were	Are the data 'rich'? Not sure. Lit-	does not appear that any formal	gathered.
discussed via which method.	tle presentation of data within the	research ethics approval sought.	
	report.	Does not appear that consent was	

Internal validity – approach and sample.	Internal validity – performance and analysis.	External validity	Overall validity rating
	Is the analysis reliable? Somewhat reliable. Analysis method described as 'broadly grounded theory'. Analysis does not appear to have been cross-validated by a second researcher or similar.  Are the findings convincing? Somewhat convincing. Little presentation of primary data to back up points made in analysis.  Are the conclusions adequate? Adequate.	obtained from children for using their case files for analysis purposes.  Were service users involved in the study? No. Research not coproduced by service users.  Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least one of the groups covered by the guideline? Yes. Population is children who have been trafficked and the professionals working with them.  Is the study setting the same as at least one of the settings covered by the guideline? Yes.  Does the study relate to at least one of the activities covered by the guideline? Yes. Study relates to assessment.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes.	Overall validity rating
		Does the study have a UK perspective? Yes. Scotland (Glasgow).	

9. Robertson A (2014) Child welfare assessment practices in Scotland: an ecological process grounded in relationship-building. Journal of Public Child Welfare 8: 164–89

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample.	and analysis	<b>,</b>	3
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate.	scribed?	question match the review	validity:
	Clear.	question? Partly. Study has 3 re-	-
Is the study clear in what it		search questions, 1 of which is rel-	
seeks to do? Clear.	Was the sampling carried out in	evant to our review question: 1.	Overall assessment of external
	an appropriate way? Not sure.	What are Scottish child welfare	validity:
How defensible/rigorous is the	Unclear why particular individuals	experts' views of key relationship	++
research design/methodology?	included in sample - no overall	characteristics during the assess-	
Somewhat defensible. Clear theo-	sampling frame.	ment process? Two questions not	Overall validity rating:
retical rationale for mixed methods		relevant: 1. How do new, Scottish	<del>-</del>
case study approach. However, in	Were the methods reliable?	child welfare policies and specifi-	Unclear how thematic analysis of
practice relatively small sample	Somewhat reliable. Individual data	cally GIRFEC address assess-	semi-structured interviews has
size and little consideration of how	collection methods appear relia-	ment and child wellbeing? 2. What	been conducted to arrive at 4
results may vary in the 2 case	ble, but process of 'triangulating'	are Scottish child welfare experts'	themes of relationship characteris-
study areas.	data not clearly described.	practice experiences with Getting It Right For Every Child (GIRFEC).	tics that support the assessment process. No description of analy-
How well was the data collec-	Are the data 'rich'? Mixed. Little	It Right For Every Child (GIRFEC).	sis process, whether any qualita-
tion carried out? Appropriately.	exploration of impact of different	Has the study dealt appropri-	tive analysis software was used.
tion carried out: Appropriately.	case study sites.	ately with any ethical concerns?	tive ariarysis software was used.
	case stady sites.	Yes. Institutional Review Board	
	Is the analysis reliable? Unrelia-	approval obtained, and informed	
	ble. Unclear how thematic analy-	consent from participants.	
	sis of semi-structured interviews	parasiparasi	
	has been conducted to arrive at	Were service users involved in	
	four themes of relationship char-	the study? No.	
	acteristics that support the as-	-	
	sessment process. No description	Is there a clear focus on the	
	of analysis process, whether any	guideline topic? Yes.	
	qualitative analysis software was		
	used.	Is the study population the	
		same as at least 1 of the groups	
	Are the findings convincing?	covered by the guideline? Yes.	
	Somewhat convincing.	Study population is professionals	

Internal validity – approach and sample.	Internal validity – performance and analysis	External validity	Overall validity rating
	Are the conclusions adequate? Somewhat adequate.	working with children and young people at risk of, or experiencing, abuse and neglect.	
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to assessment.	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes.	
		Does the study have a UK perspective? Yes. Scotland.	

10. Selbie J (2009) Health visitors' child protection work: exploratory study of risk assessment. Community practitioner: the journal of the Community Practitioners' and Health Visitors' Association 82(5), 28–31

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appropriate? Appropriate. To elicit opin-	Is the context clearly described?	Does the study's research question match the review	Overall assessment of internal validity:
ions from focus groups.	Clear	question? Yes. To seek health visitors' (HV) opinions on the effi-	+
Is the study clear in what it seeks to do? Clear. To identify facilitators and enablers in identifying risks to children.	Was the sampling carried out in an appropriate way? Not sure. Not reported.	cacy of health assessment and screening tools in child protection work.	Overall assessment of external validity: ++
, 3	Were the methods reliable? Reliable. Semi-structured interviews with open-ended questions.	Has the study dealt appropriately with any ethical concerns?	Overall validity rating:

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
How defensible/rigorous is the		Yes. Ethical approval sought from	
research design/methodology? Defensible.	Are the data 'rich'? Rich.	NHS Research Ethics Committee.	
How well was the data collection carried out? Appropriately. 2 focus groups and 1:1 interview.	Is the analysis reliable? Somewhat reliable. Thematic analysis using grounded theory approach. Interview data audio-taped and transcribed; context noted and fieldnotes collected.  Are the findings convincing? Somewhat convincing.  Are the conclusions adequate? Somewhat adequate.	Were service users involved in the study? Yes. Health professionals (HV) participated in study.  Is there a clear focus on the guideline topic? Yes. Views and opinions of HV in child protection work.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Professionals - health visitors.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Not applicable (views study).  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Assessment/screening tools.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes. From HV on efficacy of tools.	
		Does the study have a UK perspective? Yes. UK.	

11. Sen R, Lister PG, Rigby P et al. (2014) Grading the Graded Care Profile. Child Abuse Review 23: 361–73

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		, ,
1. Qualitative component 1	3. Quantitative component (incl.	Does the study's research	Overall assessment of internal
Which component? Focus groups	non-RCT; cohort study; case-	question match the review	validity
with practitioners.	control study) Which quantitative	question? Yes. Study relates to	-
'	component? Survey.	practitioner views on an assess-	
1.1 Are the sources of qualita-		ment tool.	Overall assessment of external
tive data (archives, documents,	3.1 Are participants (organisa-		validity
informants, observations) rele-	tions) recruited in a way that	Has the study dealt appropri-	++
vant to address the research	minimises selection bias? Un-	ately with any ethical concerns?	
question? Yes.	clear. Not reported.	Partly. Research was approved by	Overall validity score
		the University of Strathclyde Eth-	-
1.2 Is the process for analysing	3.2 Are measurements appropri-	ics Committee and the authority's	Very little information given re-
qualitative data relevant to ad-	ate (clear origin, or validity	research committee. Parent partic-	garding data collection or analysis
dress the research question?	known, or standard instrument;	ipants gave consent. Unclear	for any of the data collection meth-
Partly. Limited description of anal-	and absence of contamination	whether practitioners were asked	ods. It is not always clear what
ysis 'focus groups were coded	between groups when appropri-	for informed consent.	data source findings are based on.
according to emergent themes,	ate) regarding the exposure/in-		
which were subsequently refined	tervention and outcomes? Un-	Were service users involved in	
until they fully encapsulated the in-	clear. No information on question-	the study?	
terview dataset' (p365).	naire items.	No. Service users involved as par-	
		ticipants, but did not co-produce	
1.3 Is appropriate consideration	3.3 In the groups being com-	research.	
given to how findings relate to	pared (exposed versus non-ex-		
the context, such as the setting,	posed; with intervention versus	Is there a clear focus on the	
in which the data were col-	without; cases versus controls),	guideline topic?	
lected?	are the participants compara-	Yes.	
No. Very little data regarding focus	ble, or do researchers take into		
groups.	account (control for) the differ-	Is the study population the	
4.41	ence between these groups?	same as at least one of the	
1.4 Is appropriate consideration	N/A.	groups covered by the guide-	
given to how findings relate to	2 4 Ave there consulate cute and	line?	
researchers' influence; for ex-	3.4 Are there complete outcome	Yes. Parents of children at risk of	
ample, though their interactions	data (80% or above), and, when	or experiencing neglect. Profes-	
with participants?	applicable, an acceptable re-	sionals working with children at	
	sponse rate (60% or above), or	risk of or experiencing neglect.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
No. No consideration of re-	an acceptable follow-up rate for		
searcher influence.	cohort studies (depending on	Is the study setting the same as	
	the duration of follow-up)? Un-	at least 1 of the settings cov-	
1. Qualitative component 2	clear. Contacted sample not re-	ered by the guideline? Yes.	
Which component? Semi-struc-	ported - only achieved sample.		
tured interviews with practitioners		Does the study relate to at least	
who had cases where GCP should	5.1. Is the mixed-methods re-	one of the activities covered by	
have been used (n=56).	search design relevant to ad-	the guideline? Yes. Study relates	
	dress the qualitative and quanti-	to assessment.	
1.1 Are the sources of qualita-	tative research questions (or		
tive data (archives, documents,	objectives), or the qualitative	(For views questions) Are the	
informants, observations) rele-	and quantitative aspects of the	views and experiences reported	
vant to address the research	mixed-methods question?	relevant to the guideline? Yes.	
question? Yes.	Partly. Unclear what questionnaire		
	data have added to understand-	Does the study have a UK per-	
1.2 Is the process for analysing	ing.	spective? Yes. Scotland.	
qualitative data relevant to ad-			
dress the research question?	5.2. Is the integration of qualita-		
Partly. Limited information pro-	tive and quantitative data (or re-		
vided about analysis process.	sults) relevant to address the		
1 2 la appropriata consideration	research question? Partly.		
1.3 Is appropriate consideration given to how findings relate to	5.3 Is appropriate consideration		
the context, such as the setting,	given to the limitations associ-		
in which the data were col-	ated with this integration, such		
lected?	as the divergence of qualitative		
No. Not considered.	and quantitative data (or re-		
Tvo. Tvot conductor.	sults)? No.		
1.4 Is appropriate consideration			
given to how findings relate to			
researchers' influence; for ex-			
ample, though their interactions			
with participants? No.			
4.0 41/4/1 4 4 4			
1. Qualitative component 3			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
which component? Interviews with families where GCP had been used, observation of families and follow-up interviews.	and analysis		
1.1 Are the sources of qualitative data (archives, documents, informants, observations) relevant to address the research question? Yes.			
1.2 Is the process for analysing qualitative data relevant to address the research question?  Partly. Limited information regarding data collection and analysis.			
1.3 Is appropriate consideration given to how findings relate to the context, such as the setting, in which the data were collected? No.			
1.4 Is appropriate consideration given to how findings relate to researchers' influence; for example, though their interactions with participants? No.			

12. Vincent S and Petch A (2012) Audit and Analysis of Significant Case Reviews. Edinburgh: The Scottish Government

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. Content anal-	scribed? Clear. Limitations of	question match the review	validity:
ysis of SCR reports.		question?	+

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is the study clear in what it seeks to do? Clear.	SCRs as a source of data made clear.  Was the sampling carried out in	Partly. Overall research question is about learning from Serious Case Reviews, but there is one section relating to assessment	Overall assessment of external validity:
How defensible/rigorous is the research design/methodology? Defensible.  How well was the data collection carried out? Appropriately. Relevant content extracted from reports using template.	Was the sampling carried out in an appropriate way? Appropriate. All SCRs published in a particular timeframe (post 2007).  Were the methods reliable? Somewhat reliable. Template used for analysing reports. However, no mention of double coding or cross-validation by a second member of the team.  Are the data 'rich'? Mixed. Little contextualisation of findings in the context of cases. Some direct quotes from SCR reports used.  Is the analysis reliable? Not sure/not reported. Little data presented on which to base this judgement.  Are the findings convincing? Somewhat convincing. Little presentation of primary data to show how particular themes/issues have been identified.  Are the conclusions adequate? Somewhat adequate.	Has the study dealt appropriately with any ethical concerns? Partly. Steps taken to ensure that information from SCR reports remained anonymised. No mention of ethical approval.  Were service users involved in the study? No.  Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Study relates to cases where children have died or been injured, the majority of which had an element of abuse or neglect.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study as information relevant to assessment.	Information on assessment is part of a broader study.  Overall validity rating: +

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		Does the study have a UK per-	
		spective? Yes. Scotland.	

#### Review question 8 – Findings tables

1. Brandon M, Belderson P, Warren C et al. (2008) Analysing child deaths and serious injury through abuse and neglect: what can we learn? - A biennial analysis of serious case reviews 2003–2005. London: Department of Education

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The aims	Participants	Narrative findings	Overall assessment
of the study are: 'i. To	Children and young people. Sample	Data extracted from Chapter 4 – 'Assessment and	of internal validity
provide descriptive sta-	comprises: 161 Serious Case Review	analysis: an ecological - transactional perspective'. In	+
tistics from the agreed	reports, conducted 'when abuse and	their preliminary discussion the authors highlight the	
full sample (i.e. 161	neglect are known or suspected fac-	importance of the Framework for the Assessment of	Overall assessment
cases), illustrated by	tors when a child dies (or is seriously	Children in Need and their Families (Department of	of external validity
some examples from	injured or harmed), and there are les-	Health 2000), noting that this is based on an ecologi-	++
the reviews ii. To	sons to be learnt about inter-agency	cal model. They go on to emphasise the distinction	
scrutinise a sub sam-	working to protect children' (p7). The	between descriptive and dynamic analysis, a concept	Overall validity score
ple if cases (i.e. 47) to	161 SCRs studied were notified dur-	that is drawn on to distinguish between high quality	+
chart thresholds of	ing the period April 2003 to March	and poor quality assessment practices examined in	Key limitations of the
multi-agency interven-	2005.	the serious case reviews.	study are a lack of clar-
tion at the levels spe-			ity with respect to the
cific in Every Child	Sample characteristics	Of particular concern to the authors is the failure of	way in which thematic
Matters (Cm 5860	Age - The ages of the children	practitioners to establish ' a thorough social history	analysis of the sub-
2003) iii. Building on	who were subject to SCRs consid-	on which to base a more coherent and developmen-	sample of 47 reviews
the learning from the	ered in the study were as follows:	tally informed analysis (rather than description)'	was conducted, and
first two objectives, to	0–1 month - 13% 2–13 months -	(p56). The authors go on to suggest that in contrast to	how the findings from
seek a meaningful	19% 4–6 months - 11% 7–12	guidance set out in the Framework for the Assess-	this analysis has been
analysis by identifying	months - 4% 1–3 years - 18% 4–5	ment of Children in Need and their Families (Depart-	integrated with quanti-
some ecological-trans-	years - 2% 6–10 years - 7% 11–15	ment of Health 2000), practitioners analysis of risk in	tative analysis (see
actional factors within	years - 16% 16 years + - 9% (n not	the cases under examination tended to be static or	Chapter 6). However,
the sub-sample of re-	given - assume 161).	non-dynamic. This in turn led to dense descriptions of	study strength is that
views iv. To provide		facts rather than clear explanations. The report also	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
practice tools for use by Local Safeguarding Children Boards and practitioners and to identify any lessons for policy and practice, including examples of good practice' (p15).  Methodology: Other. Analysis of Serious Case Reviews - analogous to thematic analysis of multiple case studies - therefore use qualitative study critical appraisal tool.  Country: UK.  Source of funding: Government.	<ul> <li>Sex - Female - 55% Male - 45% (n not given - assume 161).</li> <li>Ethnicity - White/White British (74%) Mixed (6%) Black/Black British (13%) Asian/Asian British (6%) Other ethnic group (1%) (n=136).</li> <li>Religion/belief - Not reported.</li> <li>Disability - Disability recorded in 5% of cases (n=161).</li> <li>Long term health condition - Information on long term health conditions available for 'intensive' sample only (n=47) Complex health needs - 9% Chronic illness - 11%.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Head injury - 16% Sudden Infant Death &lt; 4% Overlying - 4% Physical assault - 35% Neglect - 21% Poisoning/overdose - 4% Suicide - 9% Sexual abuse - 4% Gone missing - 4% Other &lt;4% (n=161).</li> <li>Looked after or adopted status - In care at time of incident - 10% (n=159).</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>	emphasises the importance of ' detailed descriptions of the parent's developmental, attachment and relationship history' (p63) which the authors note is often missing from case records examined by reviews. Similarly, they note that in many of these cases, assessments simply recorded what was happening in a case rather than analysing why these things were happening. The authors go on to comment that ' it was all too common for agencies and assessors to "describe" their way around the three sides of the Assessment Framework without properly generating an analysis or formulation of what was happening at the psychosocial level between the key actors, including the professionals themselves' (p56).  The report provides an analysis of the quality and quantity of information collected in 42 cases of the 'intensive sample'. The authors note that in cases where there was a mother/female carer or father/male carer involved ' there was little, if any information about the carer's own developmental and relationship history. The absence of information about the parent's developmental and relationship history is likely to limit the value, usefulness and insightfulness of any assessment. Although descriptions of current parenting behaviours (capacities) are necessary, on their own they lack the dynamic quality achieved when a psychological and historical perspective is taken' (p56). "Inferred levels of information collected and available in each case and its analysis, assessment and formulation' (n=42) – 'quantity of information collected by or available to all agencies, whether shared or not' (p64). The authors also note that the cases illustrated the long-standing issue of poor information sharing	there is a 100% sample of SCRs from the 2003–5 time period.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample size - Main sample n=161. SCR reports Intensive sample n=47 SCR reports.	between agencies with 'full sharing' being identified in only 10% of cases.	
		The report states that most of the reviews had judged practitioner's assessments and case analysis as weak. Reasons for this included a failure to explicitly undertake an assessment; the failure to collect sufficient levels of evidence and information; a failure to analyse the evidence clearly in order to develop an explanation for or understanding of what was happening in the case. The failure to explore the ' interactive and diagnostic effects of vulnerability and risk, resilience and protective factors' is also highlighted; and many assessments are described as ' little more than the accumulation and presentation of disparate facts and information' (p 65). As one serious case review stated: 'In the plans for the children there was no indication that the issues emerging from [the mother's] past, and which clearly impacted upon her ability to parent, were addressed. Her issues of loss, the impact of her sexual abuse experiences on her ability to form relationships, the complex relationship with her mother should have featured in the assessment and decision making processes and have been the subject of specific detailed work with her. The fact that this did not occur is of major concern' (Case details unclear, quoted on p65).	
		The report notes that consideration of the three domains of the Assessment Framework was identified as inadequate in 76% of cases in the intensive sample. This is deemed to be assential to a robust analysis.	
		ple. This is deemed to be essential to a robust analysis of risk as it enables a holistic and ecological understanding of the case. The authors report that the	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		quality of case analysis/assessment and case formulations were judged to be low in 81% of cases in the intensive sample and they comment that the SCRs ' talk of the need for comprehensive assessments that should be more holistic and coherent in order to paint a full picture. There is a demand that practitioners should look for patterns in the evidence and these patterns should be the subject of a systematic analysis' (p67).	

2. Cleaver H and Walker S (2004) From policy to practice: the implementation of a new framework for social work assessments of children and families. Child & Family Social Work 9: 81–90

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		-
Study aim: To evalu-	Participants	Narrative findings	Overall assessment
ate the implementation	Children and young people – aged	Views of social work managers, practitioners and par-	of external validity
of the Framework for	over 10.	ents on the Assessment Framework (from audit rec-	++
the Assessment of	Parents and caregivers.	ords, questionnaires and interviews)	
Children in Need and	<ul> <li>Professionals/practitioners.</li> </ul>	1. Some children considered to be at risk of signifi-	Overall assessment
their Families. To ex-		cant harm received no in-depth assessment of their	of credibility (internal
plore impact of the As-	Sample characteristics	needs and circumstances, suggesting that information	validity)
sessment Framework	Age - Not reported.	gathered during the initial assessment may not al-	-
on practice (the focus	Sex - Not reported.	ways have been used to inform social work decision	
of this review).	Ethnicity - Not reported.	making. Social work managers indicate that in some	Overall score
	Religion/belief - Not reported.	cases the decision to initiate an in-depth assessment	-
<b>Methodology</b> Qualita-	Disability - Not reported.	was dictated by the availability of services or the legal	Limited methodological
tive study - using au-	<ul> <li>Long term health condition - Not re-</li> </ul>	duties placed on the organisation rather than on the	details on postal ques-
dits, postal question-	ported.	developmental needs and circumstances of children.	tionnaires (what ques-
naires and interviews	<ul> <li>Sexual orientation - Not reported.</li> </ul>	The absence of in-depth assessment may reflect an	tions asked, response
	Socioeconomic position - Not re-	organization-led approach to decision making.	rates) and interviews
Country: UK.	ported.		(how and where con-
	Type of abuse - Not reported, child	2. Social work managers held more positive views	ducted, what questions
Source of funding:	protection in general.	than practitioners in the increased involvement/part-	asked, specifics of par-
Not reported.			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Looked after or adopted status - Not	nership with families and children in assessment be-	ticipants and inter-
	reported.	cause managers found that this involvement led to a.	viewer etc.). Incom-
	Unaccompanied asylum seeking,	a more transparent and accountable relationship with	plete outcome data:
	refugee or trafficked children - Not re-	the family; b. a more focused approach to assess-	Children were inter-
	ported.	ment; c. increased consultation with the family; d. dis-	viewed but no data
	0	cussing issues where parents and professionals disa-	were presented. The
	Sample size	gree.	authors stated that 'Be-
	1. Postal questionnaires sent to 24	0.00	cause the authors
	English councils involving 216 social	3. Social work practitioners reported that the assess-	were responsible for
	work practitioners, 93 social work	ment records had hampered the involvement of fami-	some of the research
	managers and 153 professionals from	lies due to a. the records being perceived as bureau-	that informed the As-
	other agencies returned completed	cratic tools to regularize social work practice. b. ap-	sessment Framework
	questionnaires.	pearance and language of the records was not family	and were involved in
		friendly. c. practitioners unfamiliar with the style and	the development of the
	Assessment tool	content of the records. This suggests the assessment	assessment records,
	The UK Framework for the Assess-	may necessitate a significant change in the practition-	this study does not
	ment of Children in Need and their	ers' recording practice, which can be supported by relevant training at all levels of the organisation to un-	purport to be an objective evaluation? (p.23)
	Families. It promotes a holistic, multi-	derstand the purpose of the assessment records, and	tive evaluation' (p83).
	agency approach towards the as-	the structure and content of the tool.	
	sessment of children in need, consid-	the structure and content of the tool.	
	ering the full range of children's and	4. Parents reported satisfaction with the assessment	
	family's strengths as well as needs	process as they felt consulted and involved in all	
	and difficulties, including the wider	stages of the process from referral to assessment.	
	environment and circumstances in	They also reported a shared perspective on the diffi-	
	which they live. This conceptual	culties they were facing, an involvement in the choice,	
	framework is based around three do-	development of and commitment to the plan and its	
	mains: the child's needs, the capacity	fruition.	
	of parents or carers to respond ap-		
	propriately to those needs and family	5. Interview data from children not reported.	
	and environmental factors. The As-		
	sessment Framework identifies three	Specific impact on social work practice	
	stages in the assessment process:	For social work practitioners:	
	Referrals, Initial assessment, core as-	·	
	sessment.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Outcomes measured: Satisfaction with services, barriers and facilitators.	1. Increased workload as seeing the child as part of their initial assessment had not been standard practice for social worker, resulting in social workers spending more time with children and families during the process of assessment than they had previously.  2. Anxiety about their ability to analyse the information they collected during the assessment, and collaborative working with colleagues from other agencies.  For social work managers:  3. Managers reported an improvement in the quality of the assessment in record keeping, which in turn gave them greater confidence in their own decision making and planning for the children.	
		Impact on interagency practice For social work practitioners and professionals of partner agencies  1. Collaborative working between agencies over assessments had increased due to a. information recorded now better structured; b. a more holistic understanding of the child's needs and circumstances; c. greater clarity and responsibility in roles of agencies; d. a greater willingness to share information.  2. Facilitators: a. the involvement of families that the Assessment Framework b. Relevant joint training between professionals from social services and staff from other relevant agencies, adopting a flexible approach that responded to the needs of practitioners and managers.  3. Barriers that hampered collaborative work: a. a lack of agreement over the definition of children in need; b. communication failure between agencies; c. lack of resources identified as necessary by the assessment; d. increased paperwork in assessment in a structured and systematic way without an adequate electronic	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		recording system; e. general difficulties related to in-	
		troducing a new system.	

3. Devaney J, Bunting L, Hayes D et al. (2013) Translating Learning into Action: An overview of learning arising from Case Management Reviews in Northern Ireland 2003-2008. Belfast: Queen's University Belfast

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		,
Study aim: The aim of	Participants	Narrative findings	Overall assessment
the report is to 'present	Children and young people. Case	Aspects that hinder effective assessment	of external validity
key learning from the	Management Reviews concerning	1. Reactive responses to critical incidents rather than	+
first 24 case manage-	children and young people who have	proactive continual identifying of needs, i.e. crisis situ-	
ment reviews commis-	died or been seriously injured, and	ations are treated in isolation rather than looked at in	Overall assessment
sioned and completed	abuse or neglect is known or sus-	a timeline of events in the child's life.	of credibility (internal
[in Northern Ireland]	pected to have been a contributing	2. Holistic assessments of risk were not routine.	validity)
between the com-	factor.	3. In some cases, no evidence of a systematic com-	+
mencement of the cur-	Caregivers and families.	prehensive assessment of need being conducted at	
rent process for case	<ul> <li>Professionals/practitioners.</li> </ul>	any stage in the agencies' involvement with the fam-	Overall score
management reviews		ily.	+
in 2003, up until the	Sample characteristics	4. In some cases, a lack of multi-agency working par-	Overall, there is a lack
end of 2008' (p17).	Age - Age of index children who	ticularly sharing information and completing assess-	of description of how
	were subject to Case Management	ments together. Consequently, no 1 agency has a full	thematic analysis was
Methodology: Other.	Review at time of index event were	picture of the child.	undertaken.
Analysis of Serious	as follows: Under 1 year - 29% Be-	5. Lack of in-depth assessment and analysis of the in-	
Case Reviews - analo-	tween 1 year and 5 years - 17% Be-	formation gathered by professionals.	
gous to thematic anal-	tween 6 years and 10 years - 4% Be-	6. In one case, 'the assessment on file amounted to	
ysis of multiple case	tween 11 years and 15 years - 33%	little more than a list of family members' (p54).	
studies - therefore use	16 years and above - 17% n=24.	7. 'No evidence of an effort being made to engage	
qualitative study critical	• Sex - Gender of index child: Female	with other key members of the family such as the	
appraisal tool.	- 54% Male - 46% (n=24).	child's father and background information on the	
	Ethnicity - All index children were	mother's own family and social history were absent'	
Country: UK.	White and had been born in Northern	(p54).	
	Ireland.	8. Limited availability of information relating to the	
Source of funding:	Religion/belief - Not reported.	child's parents and significant others.	
Government.			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Disability - Of sample of 24 children: - 8 had a mental health disability - 8 had intellectual disability or ADHD - 6 participated in drug or solvent misuse - 5 participated in alcohol misuse - 3 had a physical illness - 1 had a physical disability - 1 had a sensory impairment.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Types of abuse reported under 'indicators of concern' - Family history of child neglect identified in 7 cases - Family history of child physical abuse identified in 6 cases - Family history of child sexual abuse identified in 11 cases.</li> <li>Looked after or adopted status - Looked after status: Looked after at time of index event - 21% Previously looked after - 17% Never looked after - 62% n=24.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul> Sample size 24 Case Management Reviews analysed.	9. Assessments that are done bureaucratically rather than a genuine assessment of need/risk: 1 example provided was a young person's case was closed and the assessment of need took place after this closure indicating 'this was merely a paper exercise rather than a concerted effort to address identified concerns' (p54).  10. In 1 case, no comprehensive history of the needs of the mother or wider family were conducted despite a long parental history of mental health, alcohol abuse and psychiatric detention.  11. Non-engagement not always highlighting potential risk, in some cases they were closed consequently.  12. Little analysis by professionals to get to the root cause of child's needs and risk.  Aspects that support effective assessment  1. Quality of assessment, from these findings it is not clear what quality looks like other than assessments being effective, timely, comprehensive and child focused.  2. Multi-agency working especially communicating child's needs between different professionals.  3. Early identification of needs.	

## 4. Horwath J (2005) Identifying and assessing cases of child neglect: learning from the Irish experience. Child and Family Social Work 10: 99–110

Research aims	PICO (population, intervention,	Findings	Overall validity rating
rescuron ums	comparison, outcomes)	T mangs	Overall validity rating
Study aim: To estab-	Participants	Narrative findings	Overall assessment
lish how social workers	Professionals/practitioners. Social	Case files audit (n=57): Characteristics - 130 children	of external validity
assess cases of child	workers in child care (practitioners	aged 0-18 yrs; 62 referrals (40% anonymous refer-	++
neglect and to explore	and managers).	rals from other professionals, 18% from family mem-	
with the practitioners	<b>3</b> ,	bers); main concerns of referrers were acts of omis-	Overall assessment
and their managers	Sample characteristics	sions by carers, alcohol use and home conditions).	of credibility (internal
both their perceptions	Age - Not reported.	Findings of case file audits (n=57) explored with data	validity)
of their practice and	Sex - Not reported.	from questionnaires (n=40) and 5 focus groups (n=34	+
factors that impact on	Ethnicity - Not reported.	staff social workers [SW]).	
practice.	Religion/belief - Not reported.		Overall score
	Disability - Not reported.	A. Responding to referrals	+
Methodology: Quali-	<ul> <li>Long term health condition - Not re-</li> </ul>	1. Contacting other professionals Issues with contact-	Limited methodological
tative study. 1. Case	ported.	ing busy professionals, speedier contact via phone	details of questionnaire
file review and analysis	<ul> <li>Sexual orientation - Not reported.</li> </ul>	calls and clear explanation of what information	surveys and focus
2. Questionnaires and	Socioeconomic position - Not re-	needed from the professionals a. Although 92% of	groups. Study was
focus groups for social	ported.	SWs said that their decision making was influenced	conducted over 10
work practitioners.	Type of abuse - Child neglect.	by information obtained from other professionals.	years ago and practice
	Looked after or adopted status - Not	However, It was unclear as to why certain profession-	would have changed
Country: Not UK. Ire-	reported.	als were contacted while others were ignored b. SWs	since.
land.	Unaccompanied asylum seeking,	experienced frustration trying to make contact with	
	refugee or trafficked children - Not re-	busy professionals to ask if they have 'concerns'	
Source of funding:	ported.	about the child, leading to contacting only those pro-	
Not reported.		fessionals who could be contacted easily, resulting in	
	Sample size	decisions being made without the relevant information	
	1. Case files analysis: n=57 2. Ques-	from all the professionals who knew the family. c.	
	tionnaire surveys (n=40) and focus	Contact with other professionals were made by send-	
	groups (n= 5 involving 34 social work-	ing letters rather than telephoning [note from review-	
	ers).	ing team – this may reflect age of study and may no	
		longer be relevant]. Also the nature of 'concerns' was	
		not well understood by the professionals contacted.	
		2. Contacting the child and family Issues with as-	
		sessing child neglect issues without communicating	
		well with and seeing children a. Although 49% of SWs	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		said that their decision making was influenced by	
		communication with the child. Review of case files	
		showed the lack of meaningful communication with	
		children about their lives. Few spoke to children to as-	
		certain their views and feelings, despite when children	
		made very explicit comments about their needs but	
		these were not taken seriously by the social workers.	
		Examples, when child expressed fear of her father,	
		this was ignored and she was interviewed in his pres-	
		ence. b. Some children were not physically seen by	
		SWs, reasons being the children were out or asleep	
		when social worker called. c. Managers recognised	
		need for communication skills and SWs establishing a	
		relationship with the child. d. SWs felt workload pres-	
		sure as preventing them from spending time working	
		with the children. Issues with carers and the nature of	
		the contact: keeping professionals at bay by carers f.	
		Avoiding/cancelling meaningful visits or appointments	
		by carers, their superficial compliance in response to	
		enquiries from a social worker resulted in case clo-	
		sure without a preliminary or in-depth assessment Is-	
		sues with which family member to contact g. When	
		both parents were involved, only one of them seen,	
		especially when the parent was described as 'aggres-	
		sive and intimidating'. h. In many cases, the focus of	
		assessment was on mothers, and fathers was not	
		seen. This placed mothers under pressure, making	
		her responsible for care and protection of the chil-	
		dren.	
		3. Making use of material in case files. Issues with us-	
		ing the wealth of information already available in case	
		files a. The ongoing nature of child neglect issues,	
		such as long history of social work involvement, rec-	
		ords of previous referrals, assessments and interven-	
		tions completed ('video over time' versus 'snapshot')	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	,	on similar problems were not well used to inform current referrals.	
		B. The assessment process Issues with the focus of assessment  1. The purpose of the assessment a. SWs too concerned with incidence of child neglect, rather than on impact of neglect on the child. Assessment of the child's needs was through talking to carers and professionals and not the child. b. SWs established 3 different perspectives towards assessment process: that child neglect has occurred; that any harm/suffering of child be assessed; and that the impact of harm on the child be assessed. The case files highlighted that in many cases there was no evidence of practitioners assessing the potential harm and impact of the harm on the wellbeing of the child. c. Workloads, systems and resources influenced the team approach to child neglect and can result in short-term intervention.  Some focused on the investigation of risk/harm to the child; some focused on keeping the child safe and meeting their needs; and some focused on assessing the impact of neglect on the child, the parenting capacity and parenting environment. d. Approach also influenced by team culture and team leader.  2. Assessing parenting capacity and parenting issues issues a. In some case files, there was no assessment of parents' capacity to meet the needs of their children. When this was considered, the focus was too much on specific weaknesses around parenting capacity, rather than exploring both parental strengths and weaknesses. A strengths-based approach can	
		build on a family's existing competencies and resources to respond to crises and stress, and enhance	
		and strengthen family functioning. b. The impact on of	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		parenting capacity such as alcohol use and depres-	
		sion and was not explored as to how they affect the	
		parents' ability to meet the child's needs.	
		3. Extended family and environment Issues a. SWs	
		considered poor housing, furnishing and levels of	
		cleanliness in terms of the health and safety needs of	
		the children. A minority focused on what was socially	
		un/acceptable. Some struggled to make allowances	
		for parents doing their best under difficult circum-	
		stances while managers were clear that if the child is	
		suffering significant harm action must be taken irre-	
		spective of how sorry workers are feeling for the fam-	
		ily.	
		4. Management and the impact on assessment Is-	
		sues with influence from team managers, workload	
		and resources a. Most SWs believe that decisions	
		should be made taking account of the views of the su-	
		pervisors. However, supervisors are under pressure,	
		supervision regularly cancelled or interrupted. When it	
		takes place the focus is on cases in crisis and con-	
		cerns of child neglect are likely to be marginalized in	
		supervision in favour of more crisis driven cases.	
		5. Assessment outcomes Issues with unclear decision	
		when files closed a. Some case files closed without	
		provision of services as they could not be completed	
		due to uncooperative carers or no response from pro-	
		fessionals. When the decision was made to monitor	
		the case, no information in the files indicated what as-	
		pects exactly of developmental needs or parenting	
		capacity should be monitored.	

5. London Safeguarding Children Board (2011) Final monitoring report: local authority pilots of the London safeguarding trafficked children guidance and toolkit. London: London Safeguarding Children Board

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	<b>3</b> 0	
Study aim: To 'report	Participants	Narrative findings	Overall assessment
the experiences of 12	Professionals/practitioners. De-	Numbering from report:	of internal validity
pilot local authorities	scribed as 12 pilot local authorities	4.2 Overall rating of toolkit guidance and tools. Mini-	-
and three correspond-	and 3 corresponding police forces.	mal reporting of numerical data. Findings reported as	
ing police forces in im-	Roles and exact numbers of partici-	follows:	Overall assessment
plementing the London	pants/respondents in the research not	4.2.2 Views on guidance section of the toolkit: - Al-	of external validity
SCB trafficked children	given.	most all local authorities found the first four sections	+
toolkit form January		of the guidance at least 'useful' - 'Introduction, Defini-	
2009 to May 2010'	Sample characteristics	tions, Principles, The problem of child trafficking -	Overall validity score
(p14).	Age - Not reported.	Five local authorities rated these section as a 'very	-
	Sex - Not reported.	useful' or a 'must-have': The problem of child traffick-	Very poor information
<b>Methodology:</b> Mixed	Ethnicity - Not reported.	ing, Children at risk of or experiencing significant	regarding methodol-
methods.	Religion/belief - Not reported.	harm, Particularly vulnerable groups of children -	ogy, including how pilot
	Disability - Not reported.	Three local authorities also rated 'Safeguarding and	sites were recruited,
Country: UK.	<ul> <li>Long term health condition - Not re-</li> </ul>	promoting the welfare of trafficked children as a	which individuals par-
	ported.	'must-have'. – Section 7 of the toolkit either not used	ticipated within those
Source of funding:	Sexual orientation - Not reported.	or rated as 'slightly useful' by more than 1 local au-	sites, and how results
Not reported.	Socioeconomic position - Not re-	thority: Introduction, Actions of professionals and	were analysed. Incom-
	ported.	agencies, Local expertise in relation to trafficked chil-	plete reporting of re-
	Type of abuse - Not reported.	dren, Safeguarding and promoting the safety of traf-	sults and lack of clarity
	Looked after or adopted status - Not	ficked children, Information sharing, Role of Local	regarding elements of
	reported.	Safeguarding Children Boards, Role of specific agen-	data collection have
	Unaccompanied asylum seeking,	cies and services.	contributed to which
	refugee or trafficked children - Not re-	4.2.3 Views on 16 tools and guidance items - 'On the	finding.
	ported.	whole favourably regarded' - Risk assessment matrix	
		was rated as most useful tool - rated as a 'must-have'	
	Sample size	by 8 authorities and as 'very useful' or 'useful' by 6	
	Twelve pilot local authorities (number	authorities Assessment framework for trafficked	
	of people participating in each author-	children triangular diagram was rated as second most	
	ity unclear). Three police forces	useful tool - rated as a 'must-have' by 6 authorities	
	(number of people participating in	and 'useful' or 'slightly useful' by 6 others - Trafficking	
	each police force unclear).	assessment form: Rated must-have by 2 authorities,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Outcomes measured	very useful by 7 Quick guide to levels of interven-	
	Perceived usefulness of London	tion and Quick referral flowchart: Least useful, rated	
	Safeguarding Children Board traf-	by 5 authorities as 'slightly useful or not used' Pol-	
	ficked children in identifying and as-	icy and legislation, glossary and acronyms, assess-	
	sessing children.	ment framework for trafficked children: not used by at least 1 local authority.	
		4.3 Guidance. It is unclear on what data the following	
		feedback is based Guidance perceived by local au-	
		thorities as comprehensive, information and good to	
		'dip in to' - Considered bulky, dense and too long -	
		Not all local authorities using guidance - some social	
		workers and teams find it more useful than others -	
		Social workers skip main guidance to use tools in Ap-	
		pendix More likely to use a condensed version of	
		the guidance Toolkit perceived by local authorities	
		as providing good guidance on identification of young	
		people soon after they arrive. Participants thought	
		that more clarity was needed about what to do when	
		a young person has been in care for some time, or	
		there are ongoing suspicions of trafficking or exploita-	
		tion More guidance required on how to help young	
		people recover from trafficking.	
		4.4 Risk assessment matrix for children who may	
		have been trafficked It is unclear on what data the fol-	
		lowing feedback is based. Local authority views were	
		as follows: - Risk indicator matrix a useful tool Per-	
		ception that tool may be particularly useful for those	
		dealing with trafficking less often Concern that it	
		may be less useful for identifying victims under age	
		10 View that risk indicators need to be kept up to date.	
		4.5 Trafficking assessment form - Participants reported that assessment form had contributed to iden-	
		tification of trafficked children in half the cases (56 cases were identified during project) - Assessment	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	, , , , , , , , , , , , , , , , , , , ,	form seen as 'unnecessary, lengthy, repetitive and	
		additional to the rigid Integrated Children's System	
		(ICS) assessment process' (p21) - Lack of time to	
		complete - Concern that cannot train staff to complete	
		such a 'complex assessment' - View that assessment	
		may not be needed where initial/core assessments al-	
		ready being conducted - Not all pilot authorities knew	
		how to integrate the assessment in to their local ICS	
		systems, meaning that trafficking becomes separate	
		from other safeguarding assessments - Reports that	
		authorities have been using risk assessment matrix	
		rather than full assessment framework, possibly be-	
		cause assessment framework perceived to be long,	
		repetitive and too complex - Local authorities thought	
		that it would be helpful to have a lead child trafficking	
		safeguarding coordinator in each local authority - Na-	
		tional Referral Mechanism referrals are being made	
		using only risk assessment matrix Reasons for not	
		using full assessment document: pilot authorities	
		have learned from experience which parts they need	
		to use, some sections not considered relevant, chil-	
		dren have made immediate disclosures of trafficking,	
		questions seen as repetitive and additional to existing	
		assessments.	
		4.6 Age assessment - Not relevant to the review	
		question.	
		4.7 Use of National Register for Unaccompanied Chil-	
		dren database (NRUC) in assessment process - Five	
		of the 12 pilot authorities' used NRUC as part of as-	
		sessment and found it useful.	
		4.8 Impact of trafficking assessment process on child	
		Again, unclear on what part of the data collection	
		these findings are based Participants though that	
		multiple assessments might confuse a child and lead	
		to only a partial disclosure. View that information	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		gathering should be more streamlined Participants thought that timescales for assessment do not recognise complexity of disclosure Participants thought that professionals should make contact with other agencies at first sign of indicators or suspicions, rather than awaiting full disclosure Some pilot authorities reported that assessment processes may 'ringfence' children and label them as separated, trafficked etc. View that initial assessments needed to be able to be altered as necessary.	

6. Ofsted (2014) In the child's time: professional responses to neglect. Manchester: Ofsted

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To explore	Participants	Narrative findings	Overall assessment
the effectiveness of ar-	<ul> <li>Caregivers and families – Parents.</li> </ul>	Views of social workers on assessment in cases of	of external validity
rangements to safe-	<ul> <li>Professionals/practitioners - A wide</li> </ul>	neglect:	+
guard children who ex-	range of professions including the po-	1. The use of standardised approaches (such as the	
perience neglect, with	lice; health visitors; housing profes-	Graded Care Profile) and comprehensive frameworks	Overall assessment
a particular focus on	sionals; teachers and learning men-	supported them to assess risk in neglect cases and to	of credibility (internal
children aged 10 years	tors; a paediatrician; accident and	monitor change over time, as these methodologies	validity)
and under. The report	emergency staff; a GP; a family sup-	enabled them to have a clear focus on different as-	-
draws on evidence	port worker; children's centre work-	pects of neglect, to apply structure and systematic	
from 124 cases and	ers; adult mental health staff; and so-	analysis to very complex situations and to identify key	Overall score
from the views of par-	cial workers from Cafcass.	areas of risk. This informed better planning of inter-	-
ents, carers and pro-		vention to support and protect the child. 2. However,	Limited reporting of
fessionals from the lo-	Sample characteristics	not all authorities had adopted these assessment	data collection meth-
cal authority and part-	Age - Not reported.	models. If consistently adopted, more likely to im-	ods.
ner agencies.	Sex - Not reported.	prove standards of practice, especially if social work-	
_	Ethnicity - Not reported.	ers and managers were trained in using the model	
Methodology: Quali-	Religion/belief - Not reported.	and managers were effective in quality assuring the	
tative study. Interviews	Disability - Not reported.	standard of work.	
and discussions.	<ul> <li>Long term health condition - Not re-</li> </ul>	The Ofsted Report highlighted:	
	ported.	1. The quality of assessments across authorities was	
	Sexual orientation - Not reported.	too variable, with half of the assessments did not take	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Country: UK, 11 local authorities in the UK.	<ul> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Child neglect.</li> </ul>	sufficient account of the family history and the impact on their current parenting were not always considered.	
Source of funding: Government – Ofsted.	Looked after or adopted status - Not reported.     Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size 27 referrers interviewed from a wide range of social care professions; 42 referrals concerning neglect selected at random from a list of referrals received by children's social care over the last 6 months.	<ol> <li>In a small number of cases, effective use of chronologies in making assessments was not routinely completed in all cases. Most focus of assessment was on key events in the life of the family rather than its impact on the child.</li> <li>Chronologies sometimes only put together at the point that the decision is made to initiate proceedings, which is clearly far too late in the process (views of 1 legal advisor).</li> <li>The most effective assessments should consider not only the child's perspective and experiences, but also analysed the long-term prognosis for change and the potential long-term impact on children living with neglect. However, very few assessments addressed all of these factors.</li> <li>Professionals lose their focus as some assessments were too focused on the parents' issues rather than on analysis of the impact of adult behaviours on children.</li> <li>Some assessments were characterised by insufficient consideration of the parent—child relationship, with no consideration of attachment behaviour and a lack of attention to the child's emotional and physical development.</li> <li>There was an evident lack of representation of the child's views, wishes and feelings in the assessment process.</li> <li>Training and support to enable social workers to understand and assess the complex range of children's emotional and behavioural difficulties in assessment reports requires further development, as</li> </ol>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		poor assessments can and do result in children being left at risk of harm or being further harmed.	

## 7. Platt D (2008) Care or control? The effects of investigations and initial assessments on the social worker-parent relationship. Journal of Social Work Practice 22: 301–15

nal of Social Work Practice 22: 301–15				
Research aims	PICO (population, intervention,	Findings	Overall validity rating	
	comparison, outcomes)			
Study aim:	Participants	Narrative findings	Overall assessment	
To explore initial as-	Caregivers and families - 23 case	Findings conceptualised under three key elements:	of external validity	
sessment practice and	studies were explored through inter-	sensitivity, honesty and straightforwardness, and lis-	++	
the effects of coercive	views with families who have been	tening and accurate understanding. Comparisons are		
interventions on rela-	subject to an initial assessment	made throughout of cases the more coercive (investi-	Overall assessment	
tionships between so-	(n=20) or investigation (n=3) with bor-	gation) and less coercive (assessment) framework.	of credibility (internal	
cial workers and par-	derline child protection concerns.	1. Sensitivity	validity)	
ents.	<ul> <li>Professionals/practitioners - 14 so-</li> </ul>	1.1 Aspects that hinder effective assessment	-	
	cial workers were interviewed who	Some social workers adopt a policing approach, par-		
Methodology: Quali-	were involved with the above 23 case	ticularly under S.47, which can impact on the parent	Overall score	
tative study. The use	studies explored in this study.	negatively and make them feel accused before the	-	
of qualitative inter-		assessment is concluded.	Overall, the study	
views were conducted	Sample characteristics	1.2 Aspects that help	meets most of the	
both with social work-	Age - Pre-birth referrals to 1 16 year	The social worker could demonstrate an understand-	quality criteria. How-	
ers and parents in-	old. The spread of ages was fairly	ing of the parental difficulties with sensitivity rather	ever, little considera-	
volved in each of the	even but with more 5–9 years old	than adopting an accusatory manner i.e. 1 social	tion of impact of the	
23 case studies. Two	than over 10s. It is not clear on the	worker commented that threating posture such as	working context in the	
parents refused to in-	age of family members or profession-	'you need to sort it out, or else' (p306), is unhelpful.	2 case study local au-	
terview. Data analysis	als interviewed.	Parents indicated that they appreciate an element of	thorities. This is poten-	
software was used	<ul> <li>Sex - Predominantly lone mothers</li> </ul>	fairness and not jumping to conclusions, rather than	tially highly relevant,	
(NVivo) and based on	(females) were interviewed, with one	appearing patronising or superior.	given that there may	
a grounded theory ap-	lone father. Sex of professional not	2. Honesty, straightforwardness and provision of ade-	have been idiosyncra-	
proach.	reported.	quate information.	sies in assessment	
	Ethnicity - 1 mother was of mixed	2.1 Aspects that hinder effective assessment	practices in the two	
Country: UK. Setting	racial origin and one black. Ethnicity	Parents feeling that things are being done 'behind	sites. Relatively small	
is two Urban North cit-	of professionals not reported.	their backs'.	number of investiga-	
ies in the UK.		2.2 Aspects that help	tions (n=3) compared	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Not reported.	Socioeconomic position - The majority of families were living on low incomes.  Sample size Total 23 case studies involving parents/families and their 14 social workers.  Assessment tool Comparisons were made between more coercive (S47 investigations) and less coercive (S17 initial assessments).	In one case, a social worker explained that she was up-front with the family, keeping them informed and reassured. A key aspect is to do what you say you are going to do. One parent commented that if the social worker were open with them, they would be open with the social worker, thus highlighting the importance of reciprocal relationships.  3. Listening and accurate understanding  3.1 Aspects that hinder effective assessment It was alluded to by various participants that if a parent/family had a previous negative experience with social services, this was carried through to the next worker. Listening and understanding were highlighted to be a key element in assessment process, however 'the need for workers to take a different perspective on some things they were told presented a dilemma that prevented them from accepting everything the parent said' (p310). The different assessment process i.e. initial assessment vs. S.47 was seen to put additional strain on the relationship between social worker and parent. For example, one 1 social worker commented on completing an initial assessment, there is more time to establish relationships however with an investigation, it is fast and families are sometimes hearing difficult things. Conversely, the paper concludes that the formal status of the case might not be the issue, but 'whether the social worker is in a position of enquiring into reported concerns, irrespective of the label investigation or initial assessment the data supported this point' (p311). In addition, the paper found that it the formality of the worker had a stronger impact on parents and skilled workers can develop good working relationships regardless of the procedural context.  3.2 Aspects that support effective assessment	to initial assessments (n=20) on which to form a basis of comparisons.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		The social worker would need to be clear about their statutory duties and powers in the assessment process. Listening was seen as an important 'tool of the trade', 1 social worker commented on the 'importance to listen, value and understand what the parent is saying, but that does not necessarily mean it has to be believed completely' (p309).	

### 8. Rigby P (2011) Separated and trafficked children: The challenges for child protection professionals. Child Abuse Review 20: 324–40

40				
Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating	
Study aim: To scope	Participants	Narrative findings	Overall assessment	
the prevalence of child	Children and young people. Case	Identification and assessment	of external validity	
trafficking, profile chil-	files of 75 unaccompanied asylum-	Factors that hinder assessment: - Challenges of	+	
dren and identify fac-	seeking children.	working with differing cultural experiences, trauma	Assessment is a sub-	
tors that facilitate or	Professionals/practitioners - 16	and fear - Challenge of dealing with ongoing groom-	set of overall research	
hinder intervention.	frontline professionals working with	ing relationships with traffickers - Case file analysis	question.	
	separated or trafficked for children for	showed that initial identification and child protection	•	
Methodology: Quali-	>3 years.	assessments were 'largely absent' (p333) Back-	Overall assessment	
tative study.	Sample characteristics	ground and journey information is difficult to corrobo-	of credibility (internal	
	Age - Children and young people:	rate - therefore difficult to identify whether trafficked -	validity)	
Country: UK, Scotland	Aged between 12 and 17 Profession-	There are limited links with international agencies	-	
(Glasgow).	als: Not reported.	who could help with corroboration - Due to lack of dis-		
	Sex - Children and young people:	closure/clear evidence of exploitation professionals	Overall score	
Source of funding:	38 females and 37 males Profession-	use 'indirect indicators of trafficking' (p333) for as-	-	
Not reported.	als: Not reported.	sessment Little understanding of how indirect indi-	Not clear which data	
	Ethnicity - Not reported.	cators should be incorporated in to the assessment	were gathered via in-	
	Religion/belief - Not reported.	process The distinction between 'trafficking' and	terview, and which via	
	Disability - Not reported.	'smuggling' (those who are forced versus those who	focus group. Analysis	
	<ul> <li>Long term health condition - Not re-</li> </ul>	are consent) was found to be problematic and confus-	methods unclear. Rela-	
	ported.	ing for workers.	tively little reference to,	
	<ul> <li>Sexual orientation - Not reported.</li> </ul>		or presentation of, pri-	
			mary data gathered.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - 16 (21%) of the unaccompanied asylum-seeking children in the case file sample were categorised as having been trafficked.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - All children in case file sample (n=75) were unaccompanied asylum-seeking children. 21% were deemed to have been trafficked.</li> </ul>		
	Sample size Total 75 unaccompanied asylum- seeking children. Total 16 frontline professionals.		

### 9. Robertson AS (2014) Child welfare assessment practices in Scotland: an ecological process grounded in relationship-building. Journal of Public Child Welfare 8: 164–89

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To understand relational approaches related to child welfare risk as-	Participants • Professionals/practitioners -Professionals working with children at risk of, or experiencing, abuse and ne-	Narrative findings Key question: What are Scottish child welfare experts' views of key relationship characteristics for working with parents during the assessment process?	Overall assessment of external validity
sessment. Study has 3 research questions, 1 of which is relevant to our review question: 1.	Sample characteristics  • Age - Not reported.	1. Listening, remaining calm, persistence - 1 respondents described responding to parents using a gradual, persistent process, allowing time for angry parents to consider concerns and accept that there may be a	Overall assessment of credibility (internal validity)
What are Scottish child welfare experts' views of key relationship	<ul><li>Sex - 11 women, 2 men.</li><li>Ethnicity - Not reported.</li><li>Religion/belief - Not reported.</li></ul>	problem. Another stressed the importance of listening, and that GIRFEC's assessment approach sup-	Overall score

Research aims
characteristics during the assessment process? Two questions not relevant: 1. How do new, Scottish child welfare policies and specifically GIRFEC address assessment and child wellbeing? 2. What are Scottish child welfare experts' practice experiences with Getting It Right For Every Child (GIRFEC)?
Methodology: Quali-

Methodology: Qualitative study. Multimethods case study design using 2 Scottish councils. Multimethod data gathering including document review, purposively sampled interviews with child welfare professionals.

**Country:** UK, Scotland.

#### Source of funding: Other - Conducted as part of PhD thesis.

### PICO (population, intervention, comparison, outcomes)

- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

#### Sample size

Review of 46 documents. Interviews with 13 participants.

#### Assessment tool

Getting It Right for Every Child (GIRFECT) is a child welfare framework, 'that emphasizes the responsibilities of local communities for caring for all Scottish children' (p173). Led to the development of new assessment concepts, for example the 'My World Triangle'. No further information provided about GIRFEC or My World Triangle.

#### **Findings**

ported this. Another respondent emphasised importance of persistence, even where there is a poor relationship with families: 'It really is about persistence and maybe just accepting that you may not have a great relationship but you can do the work anyway. You can look at the people you have around you ... maybe health can do that piece of work ... You can get voluntary services in so that they are actually doing the direct work but the social worker has an overview and case management ... Look and see who gets on with them the best' (Direct practice social worker, p179).

- 2. Clear communication Importance of honest, clear and transparent communication, including social worker communicating to parents the nature of concerns. Important in providing a framework for families about what to expect from being involved with child welfare services.
- 3. Confidentiality, the boundaries of information sharing Importance of being clear about how information will be shared, and with whom. This can be done via a formal consent letter.
- 4. Trust and engagement Engagement involves building trust through listening, honesty, confidentiality, helping the families to set clear goals. Helping the families to see the links between these elements, and giving hope that they can change their circumstances. 'There are really no shortcuts to early engagement of parents ... Engagement is a dynamic process not just a series of administrative steps' (Child welfare administrator, p181).

Overall validity rating

Unclear how thematic analysis of semi-structured interviews has been conducted to arrive at 4 themes of relationship characteristics that support the assessment process. No description of analysis process, whether any qualitative analysis software was used.

10. Selbie J (2009) Health visitors' child protection work: exploratory study of risk assessment. Community practitioner: the journal of the Community Practitioners' and Health Visitors' Association 82(5), 28–31

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To seek	Participants	Narrative findings	Overall assessment
health visitors' (HV)	Professionals/practitioners -	Three main questions asked in interviews:	of external validity
opinions on the effi-	Health visitors (HV).	What factors influence identification of risk?	++
cacy of health assess-		2. What factors influence risk analysis?	
ment and screening	Sample characteristics	3. What factors influence risk management?	Overall assessment
tools in child protection	Age - Not reported.	HVs' views on	of credibility (internal
work: to identify facili-	Sex - Not reported.	A. the CAF (Common Assessment Framework): 1.	validity)
tators and enablers in	Ethnicity - Not reported.	Ambivalence and lack of confidence in the CAF struc-	+
identification and man-	Religion/belief - Not reported.	tures - lack of clarity about thresholds between tiers of	
agement of risks to	Disability - Not reported.	children services and workload issues. ' I haven't	Overall score
children.	<ul> <li>Long term health condition - Not re-</li> </ul>	had positive experience of the CAF because the	+
	ported.	agencies I expected to address particular needs for a	
Methodology: Quali-	<ul> <li>Sexual orientation - Not reported.</li> </ul>	family just weren't available' (HV1).	
tative study: 2 focus	Socioeconomic position - Not re-	B. Risk analysis 1. A lack of familiarity and confidence	
groups and 1 1:1 inter-	ported.	with the topic.	
view.	Type of abuse - Not specific - child	C. Health visiting skills 1. Co-ordination approach,	
	protection in general.	with documentation and work with other agencies to	
Country: UK.	<ul> <li>Looked after or adopted status - Not</li> </ul>	deliver services: 'a boy with behavioural problems in	
	reported.	nursery I sought advice from the GP, who referred	
Source of funding:	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	to the CAMHS then referred to Sure Start for family	
Not reported.	refugee or trafficked children - Not re-	support Sure Start referred it back to me gone	
	ported.	round and round with no one accepting responsibili-	
		ties' (HV2).	
	Sample size	2. Establishing a good working relationship with fami-	
	Seven HVs (6 HVs in 2 focus groups	lies: ' the family has to be aware that you're there in	
	[3 HVs/focus group] and 1 HV in a 1:1	a supportive capacity to enable you to do a thorough	
	interview).	assessment' (HV4).	
		3. Skills in interaction with families: ' how I can best	
	Assessment tool	present myself and my service because a lot of	
	CAF and health assessment and	families are very suspicious and resistant to engage	
	screening tools to identify risk in chil-	with you so it's "How so you sell the whole pack-	
	dren.	age!" really' (HV6).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		4. Different skills mix: ' to be much more informal, and can lead to a lot of things being said which are unlikely to come out with a health visitor' (HV2).  5. A trusting and collaborative relationship with the family enables honesty and promotes assessment work. 6. Observational skills: ' if it's a first time visit to the family and there's no history you've got to rely on your observations and what they're telling you and pick up other cues' (HV5).  7. Effective communication skills with families (time to listen) and other professionals an important factor on risk identification, analysis and management: ' I got a better understanding of the situation and I felt more empathy making an effort to listen to her (mother), I could relate to her better, and she could relate to me better' (HV7).  8. Poor communication impacts negatively on risk assessment: ' if a family is well known by a different agency, and you haven't got that information that can hinder There may be things that are alerting you to certain risk factors' (HV8).  D. Commitments to families 1. HV highlighted the importance and need of professional commitment to families for long-term assessment work: ' With a cursory visit, you probably wouldn't get the whole picture, or find out what had happened quite recently with regards to violence in the family' (HV1).	

11. Sen R, Lister PG, Rigby P et al. (2014) Grading the Graded Care Profile. Child Abuse Review 23: 361-73

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The aim of	Participants	Narrative findings	Overall assessment
the study is to explore	<ul> <li>Caregivers and families. Total sam-</li> </ul>	An initial finding of the study was that practitioners	of internal validity
the introduction of the	ple unclear (not clear whether some	were using the GCP 'considerably less' than authority	-
Graded Care Profile, a	individuals involved in more than one		

#### Research aims

tool used in the assessment of child neglect, in one Scottish local authority.

Methodology: Mixed methods. Mixed method with 8 different data sources spanning from June 2008 - December 2010: 1. Initial data sought by local authority from 44 practitioners who had used the GCP via questionnaire and interviews; 2. Two focus groups with a subset of above with 14 practitioners; 3. 56 practitioners interviewed via telephone; 4. Semi-structured interview with parents who had previously had the GCP used with them (n=4); 5. Semistructured interview with practitioners who used the GCP with the above parents; 6. Observation of how the tool worked with three families; 7. Follow up interviews with parents

### PICO (population, intervention, comparison, outcomes)

form of data collection). Data collection activities with parents was via semi-structured interviews (n=4), observation (n=4) post-observation follow up interviews (n=2).

• Professionals/practitioners - Total sample unclear (not clear whether some individuals involved in more than one form of data collection). Numbers of practitioners involved in each form of data collection were as follows: questionnaires (n=22), follow-up interviews to questionnaire (n=8), focus groups (n=7), telephone discussions (n=56), semi-structure interviews with workers of involved parents (n=4), post-observation follow-up interviews (n=2).

#### Sample characteristics

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.

#### **Findings**

managers had thought. This was reflected in the research design, which aimed to engage with those who had not used the tool, to explore why, as well as those who had.

Findings about the GCP are conceptualised under four key headings: user friendliness, the GCP as an assessment tool, parental engagement with the GCP, and the final score.

- 1. User friendliness
- 1.1 Aspects that hinder effective assessment
  Telephone interviews with practitioners noted that the
  length of time to complete a GCP was seen as a barrier. The language in the GCP was identified as a
  barrier for both professionals and parents. This was
  compounded by the following issues:

#### Questionnaire:

- 23% of respondents reported their own understanding of the GCP was a barrier to using effectively
- 36% of practitioners reported that the language in the GCP was a difficulty when using with parents
- 41% of practitioners found that parental understanding of the GCP was a challenge.

Interviews with practitioners:

Some practitioners alluded to the challenges with the GCP as going beyond the wording but to cultural assumptions underpinning the tool with one professional commenting, 'it has a real middle class feel to it ... the language in it and some of the views about good parenting' (p366).

Interviews with parents:

The language of the GCP was not a mentioned but featured more predominantly in the observation.

#### Overall validity rating

# Overall assessment of external validity

#### Overall validity score

-

Very little information given regarding data collection or analysis for any of the data collection methods. It is not always clear what data source findings are based on.

(n=2); 8. Follow up interviews with practition of the comparison, outcomes)  • Unaccompanied asylum seeking, refugee or trafficked children - Not refugee or tr	
Country: UK, Scotland.  Source of funding: Other - BASPCAN grant award.  Source of funding: Other - BASPCAN grant award.  Assessment tool The Graded Care Profile (Srivastava and Polnay 1997) is a standardised framework for assessment of neglect. It breaks care down in to 4 domains comprising physical care, safety, love and esteem. Each item has a 5-point scale with descriptors for each point on the scale. The scale is completed based on observation and parental self-report.  1.2 Asp • Eighte for asses that the GCP, s friendly  2. The G  2.1 Asp • The to raises of more a profess the chuge an	two observations, it was evidenced that parates struggled with certain wording such as 'biteral but overtures more by carer'. This was seen to be overcome by practitioners rephrasg.  though, practitioners were unsure of how uch they should clarify within a standard tool. ith reference to the time taken to use the CP, this was observed to be between 30 inutes – 3 hours. During the observation, ere were interruptions and finding the time to implete the GCP could be challenging.  cts that help in out of 20 (82%) of practitioners who come equestionnaire found the GCP a useful tool sing neglect. However, it should be noted as were all practitioners who were using the might be expected to find it more user-  CP as an assessment tool cts that hinder effective assessment all was seen as 'very very subjective', which testions about the neutrality and potentially is value judgment' asset. • According to a few whals, the GCP might not be 'hugely accurate oices are pretty specific, so there isn't a ount of leeway' and additionally, the graded of care are judged on what the parents say,

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		the GCP, commenting that they are not always pre-	
		sent 24/7 – 'he [social worker] doesn't see it all does	
		he?'	
		2.2 Aspects that help	
		The GCP steers discussion by breaking down pa-	
		rental responsibilities. This was highlighted in a focus	
		group where 1 professional commented on the tool	
		being 'invaluable in giving evidence' in the levels of	
		care with a case she managed. • According to some	
		practitioners, the GCP highlights areas of support, i.e.	
		where professionals could be spending more time	
		with families.	
		3. Parental engagement with the GCP	
		3.1 Aspects that hinder effective assessment	
		<ul> <li>In one case 'the completion of the GCP was based</li> </ul>	
		entirely around what the parent said they did, under-	
		pinned by gentle probing' (p369) despite the social	
		worker not having visited or observed the parent first	
		hand as they had recently moved. • The GCP can	
		cause contradictory opinions between social worker	
		and parents if they disagree upon the grade, this was	
		seen to impact on the use of the GCP and in one	
		case a parent abruptly ended the assessment pro-	
		cess.	
		3.2 Aspects that help	
		Two out of 7 parents agreed and were positive	
		about their overall experience, 1 mother commented	
		that she was glad to have had the GCP.	
		4. The final score	
		4.1 Aspects that hinder effective assessment	
		The GCP was seen to not be the root of disagree-	
		ments between parent and social workers but it did	
		crystallise underlying issues. • The final score was not	
		always predetermined by the GCP, but compounded	
		with other factors, i.e. in 1 case the GCP prompted a	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		dialogue between mother and social worker rather	
		than diagnosing.	
		4.2 Aspects that help – none reported.	

12. Vincent S and Petch A (2012) Audit and Analysis of Significant Case Reviews. Edinburgh: The Scottish Government

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The aim of	Participants	Narrative findings	Overall assessment
the study was to: '	<ul> <li>Children and young people. The re-</li> </ul>	Data extracted from Chapter 3 – 'Practice themes'.	of external validity
provide key baseline	port is based on an analysis of 56	The report states that some reviews raise a lack of fo-	+
data on the profile,	Significant Case Reviews and 43 Ini-	cus on the child as an issue, noting that in cases in-	Information on assess-
numbers and emerging	tial Case Reviews conducted after	volving infants, professionals sometimes focused too	ment is part of a
themes from Signifi-	2007. A Significant Case Review is	much on the needs of the parent at the expense of	broader study.
cant Case Reviews	conducted when a child dies and	those of the child. One review stated that: 'Although	
conducted in Scotland	abuse or neglect is identified as a po-	all practitioners sought to deliver effective services to	Overall assessment
since 2007, and make	tential factor; if the child or their sib-	M and Baby C, the Review found that the child's best	of credibility (internal
conclusions and rec-	ling was on the Child Protection Reg-	interests were ultimately lost sight of in the overall	validity)
ommendations about	ister (regardless of whether abuse or	lack of an effective holistic assessment of M's parent-	+
the nature and charac-	neglect is suspected as a factor in the	ing ability' (Details of review unclear, quoted on p64).	
teristics of factors	death); if the death was accidental or	This is also identified as a factor in cases involving	Overall score
which can lead to a	by suicide; if the child was allegedly	domestic abuse, substance misuse, or mental health,	+
Significant Case Re-	murdered or died because of a violent	as practitioners working in adult services tended not	
view, lessons that can	act or reckless conduct; or if the child	to focus on the needs of the child. 'The impact of	
be learned both locally	was looked after. Significant Case	these issues on the health and welfare of the child as	
and nationally and im-	Reviews are also carried out in cases	a consequence of the actions and lifestyle of the par-	
plications for both pol-	of significant harm or risk of signifi-	ents was not always fully considered' (p 64). The au-	
icy and practice' (p30).	cant harm as a result of one of the	thors also highlight a tendency amongst some practi-	
	categories of abuse and neglect	tioners to take explanations for injury at face value,	
Methodology: Quali-	specified in 'Protecting Children – A	reporting that 1 Significant Case Review had found	
tative study.	Shared Responsibility: Guidance for	that no attempts to verify these had been made.	
	Inter-Agency Co-operation'. In addi-	When the same child had not been seen for some	
Country: United King-	tion, there must be serious concerns	time practitioners had failed to consider the possibility	
dom. Scotland.	regarding professional and service in-	of visiting the child in school. The report states a pro-	
	volvement in the case. An Initial Case	fessional tendency to be overly optimistic was another	
	Review is conducted to determine	common theme amongst reviews. One review is	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	( ) ( ) ( ) ( )	
Source of funding:	whether a Significant Case Review	quoted as finding that 'so much is recorded as	
Government - Scottish	should be conducted.	pressures for this family one wonders if the writer is	
Government.		seeking for any evidence of strength to balance	
	Sample characteristics	these. The danger of this approach is that it is	
	• Age - Child - Unborn n=2 (3%); un-	strengths based and potentially underpins a rule of	
	der 1 year n=21 (30%); 1–4 years	optimism leading to a distorted analysis of impact on	
	n=18 (26%); 5–10 years n=5 (7%);	or risk to the child the welfare of this mother and	
	11–15 years n=19 (27%); 16 years	baby were compromised as a result' (Details of re-	
	and over n=5 (7%). Mother - 31 re-	view unclear, quoted on p66).	
	ports did not record the age of the		
	child's mother. Where this information	The authors note that some practitioners were unable	
	was provided, the details were - 20 -	to 'see or listen' to the child which meant that they	
	29 years n=9 reviews; 30 - 39 years	missed clear signs of risk and ' did not explore the	
	n=13 reviews; 40 and over n=3 re-	reasons why the children had run away or consider	
	views. Father - 40 reports did not rec-	that the challenging behaviour they were exhibiting	
	ord the age of the child's father.	might be due to sexual abuse' (p66). Similarly, one	
	Where this information was provided,	review noted that practitioners had failed to consider	
	the details were - Under 20 years (17	the role of child's father or siblings in the family, in-	
	years) n=1 review; 20–29 years n=6;	stead focusing on the child and mother. The authors	
	30–39 years n=5; 40 and over n=4.	therefore recommend that all family members with an	
	Sex - 13 reviews did not record the	active role in the child's family should be assessed.	
	gender of the children or young peo-	,	
	ple who were the subject of the re-	It is reported that a number of Significant Case Re-	
	view and in 2 cases the child had not	views concluded that the initiation of formal child pro-	
	yet been born. In those reviews which	tection procedures had been delayed by practitioner	
	did provide details on gender 59%	inability to view the case/child holistically (particularly	
	(n=33) focused on males and 41%	in cases where there was a history of injuries). The	
	(n=23) focused on females.	authors note that whilst 'no further action' responses	
	• Ethnicity - Only 2 reviews recorded	may have been procedurally correct and appropriate	
	details of ethnicity and both children	for the individual agency at that time, if the case had	
	were described as White Scottish. In	been considered more comprehensively ' concerns	
	a number of other cases children and	may have been escalated to child protection or further	
	caregivers/families were recorded as	assessment may have been undertaken which may	
	speaking languages other than Eng-	have resulted in a different outcome' (p 68).	
	lish.		
	11311.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Religion/belief - The report does not	The authors found that assessment was discussed	
	state whether reviews included de-	specifically in over half of the Significant Case Re-	
	tails on religion/beliefs.	views they studied. Issues identified by reviews in-	
	Disability - The report states that	cluded: inadequate exploration of the impact of paren-	
	none ' of the children in this study	tal drug misuse; no consideration of the risk arising	
	were recorded as being disabled but	from domestic abuse; failure to recognise the accu-	
	the Significant Case Reviews referred	mulation of risk factors or to reassess when new con-	
	to a number of health problems' (p42)	cerns were raised; assessments that were a reactive	
	The report does not specifically state	response to an isolated incident rather than an holistic	
	whether the reviews included details	exploration of underlying issues; a failure to analyse	
	on the disability status of parents or	historical information and consider what impact this	
	caregivers, however four cases ap-	had on ability to parenting; and a failure to involve the	
	pear to have involved a parent or par-	police in assessments (even in cases where there	
	ents with a learning disability.	was a history of drug use and offending).	
	<ul> <li>Long term health condition - The re-</li> </ul>		
	port does not state whether reviews	In relation to record-keeping, the report highlights that	
	included details on long term health	some Significant Case Reviews reported that case	
	conditions.	records were sometimes too descriptive with insuffi-	
	<ul> <li>Sexual orientation - The report does</li> </ul>	cient analytical insight and did not always flag specific	
	not state whether reviews included	concerns or include the rationale for particular deci-	
	details on sexual orientation.	sions. One review stated that ' records do not reflect	
	<ul> <li>Socioeconomic position - The report</li> </ul>	their detailed analysis and reasoning. They do not	
	does not specifically state whether re-	provide a systematic, comprehensive account of what	
	views included details on socioeco-	are considered to be the particular risks as well as the	
	nomic status.	specific protective factors' (Details of review unclear,	
	Type of abuse - Fatal cases - The	quoted on p77).	
	deaths of children in these cases		
	were attributed to overdose/drug in-		
	toxication n=5 reviews; Sudden Infant		
	Deaths/Sudden unexpected deaths in		
	Infancy n=4 reviews; suicide n=3 re-		
	views; natural causes n=3 reviews;		
	infant sleep related deaths n=3; non		
	accidental injury n=2 reviews; child		
	suffocated after the mother fell asleep		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	during breastfeeding n=1 review;		
	homicide n=2 reviews; death related		
	to bullying n=1 review; unexplained		
	injury n=1 review; fire death n=1 re-		
	view. The cause was unclear in one		
	review (pending further investigation)		
	and 2 reviews did not record the		
	cause of death. Non-fatal cases -		
	Physical injury n=11 reviews; inges-		
	tion of opiates (i.e. heroin, metha-		
	done, etc.) n=6 reviews; neglect n=2		
	reviews; sexual abuse n=2 reviews;		
	' concern for unborn child' n=2		
	reviews; ' child cruelty and sexual		
	abuse' n=1 reviews; neglect and		
	sexual abuse n=1 reviews; looked af-		
	ter child convicted of homicide n=1		
	review; ' safety in care following a		
	complaint by the young person'		
	n=1 review (p37).		
	<ul> <li>Looked after or adopted status</li> </ul>		
	- Nine reviews involved looked after		
	children; and 12 reviews involved		
	children on the Child Protection Reg-		
	ister (no further details provided).		
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
	refugee or trafficked children - The re-		
	port does not state whether reviews		
	included details on asylum/refugee		
	status or experience or risk of traffick-		
	ing.		
	Sample size		
	Total 56 Significant Case Reviews		
	and 43 Initial Case Reviews.		

### Early help

Review question 9: What is the impact of interventions aiming to provide early help to children and young people identified as at risk of child abuse and neglect? (Prevention of occurrence)

Review question 9 - Critical appraisal tables

1. Barlow J, Simkiss D, Stewart-Brown S (2006) Interventions to prevent or ameliorate child physical abuse and neglect: Findings from a systematic review of reviews. Journal of Children's Services 11: 6–28

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
question? Yes. Research ques-	studies? Yes.	question match the review	validity: +
tion also included reviews on		question? Partly. Ten of 15 re-	
treatment ('indicated') of child	Study quality assessed and re-	views related to targeted interven-	Overall assessment of external
abuse and neglect, but data ex-	ported? Yes. Quality assessment	tions (meets our PICO), but 5/15	validity: +
traction has focused on targeted	(full score 9) of SRs: Of the 10	reviews included were related to	
interventions only.	SRs on targeted interventions, 4	'indicated' interventions for treat-	Overall score: +
	SRs scored 7/9, 3 SR scored 6/9,	ment of child abuse and neglect.	
Adequate description of meth-	3 SRs scored 5/9. Two reviewers	Data extraction has focused on 10	Limitations: The quality of included
odology? Yes. 'Two reviewers in-	independently assessed quality of	targeted interventions.	reviews is 'fair' due to methodo-
dependently assessed the quality	identified reviews. Critical ap-		logical flaws, surveillance bias, a
of the identified reviews. Data ex-	praisal conducted.	Has the study dealt appropri-	lack of consensus about the defi-
traction and critical appraisal were		ately with any ethical concerns?	nition of abuse; double counting in
conducted on all included reviews'	Do conclusions match find-	Not reported - not applicable.	which the findings from individual
(p8). Data synthesis mainly narra-	ings?		studies were presented more than
tive due to the heterogeneity of	Yes. Conclusions fair and bal-	Were service users involved in	once.
the studies involved in these 10	anced as authors take into consid-	the study? Not reported.	
systematic reviews.	eration the various limitations of		The authors reports that many
	summarising 10 systematic re-	Is there a clear focus on the	studies 'did not provide effect
Rigorous literature search? Yes.	views involving 509 studies (non	guideline topic? Partly. 5/15 re-	sizes for individual outcomes and
'A computerised search was un-	RCTs and RCTs).	views included were related to 'in-	individual interventions, instead
dertaken of key electronic data-		dicated' interventions for treatment	providing "composite" summaries
bases: Medline, Psych Info, CI-		of child abuse and neglect.	across a range of outcomes and
NAHL and Social Science Citation			interventions, thereby precluding
Index. Reference lists were also		Is the study population the	the possibility of assessing which
		same as at least 1 of the groups	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
searched. Key search terms included "Child abuse", "maltreatment", "neglect" and "injuries".  These were combined with a range of terms to identify systematic reviews' (p7). Hand searching not reported. All years for which		covered by the guideline? Yes – families at risk of abuse and neglect.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes – not	type of intervention is best at producing which outcomes' (p23).
data was available up until December 2005. Year of publication from 1988.		explicitly stated, home visiting and parenting programmes likely to be delivered in home and primary care setting.	
		Does the study relate to at least one of the activities covered by the guideline? Yes - prevention of child abuse and neglect.	
		(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes - parenting skills, child abuse and neglect.	
		Does the study have a UK perspective? No - different countries, mainly the USA.	

# 2. Carta JJ, Lefever JB; Bigelow K et al. (2013) Randomized trial of a cellular phone-enhanced home visitation parenting intervention. Pediatrics 132 (Suppl. 2): S167–73

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
	vention and comparison as in-	question match the review	validity: +
	tended? Yes.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Description of theoretical ap-		question? Yes. Study is examin-	Overall assessment of external
proach? Partly. Theory for sup-	Was contamination acceptably	ing the effectiveness of an inter-	validity: +
plementation of intervention with	low? Yes.	vention for families at risk of mal-	
cell phones and text messaging		treatment.	Not a UK study.
given, but not theory for home-	Did either group receive addi-		
based parenting intervention.	tional interventions or have ser-	Has the study dealt appropri-	Overall validity score: +
	vices provided in a different	ately with any ethical concerns?	
How was selection bias mini-	manner? Not reported.	Yes. Procedures approved by In-	It is a significant limitation; given
mised? Randomised. Study re-	More outcomes valous at 2 Double	stitutional review board, and in-	that part of the rationale for the in-
ports randomisation, although	Were outcomes relevant? Partly.	formed consent gained from par-	tervention is to maintain involve-
method not described.	Risk of abuse and neglect only measured through parenting	ticipants.	ment; that attrition rates across
Was the allocation method fol-	stress index - no other maltreat-	Were service users involved in	conditions do not appear to have been monitored. There is also no
lowed? Not reported.	ment measures, including inci-	the study? No. Service users in-	comparison of characteristics of
lowed: Not reported.	dence of maltreatment/CPS re-	volved as participants but not in	participants in different conditions
Is blinding an issue in this	ports.	design or analysis of results.	at baseline and a relatively short
study?	ports.	design of unarysis of results.	follow-up.
Part blinding. Participants not	Were outcome measures relia-	Is there a clear focus on the	Tollow up.
blind to treatment condition, but	ble?	guideline topic? Yes. Focus is on	
research assistants who gathered	Partly. Study mainly used vali-	early help.	
the data were.	dated measurement scales, ex-		
	cept for PAT (Planned Activities	Is the study population the	
Did participants reflect target	Training) checklist, which is used	same as at least one of the	
group? Yes.	to assess use of PAT strategies. It	groups covered by the guide-	
	is unclear whether this has been	<b>line?</b> Yes. Population is parents at	
Were all participants accounted	shown to be a reliable or valid	risk of maltreatment.	
for at study conclusion? Partly.	measure of improvements in par-		
Study reports a 77% attrition rate -	enting.	Is the study setting the same as	
it is not clear whether this differs		at least one of the settings cov-	
across conditions.	Were all outcome measure-	ered by the guideline? Yes. Par-	
	ments complete? Yes.	ticipants' homes.	
	Ware all important autoomes	Door the study relate to at least	
	Were all important outcomes assessed? Yes.	Does the study relate to at least one of the activities covered by	
	assesseu? 165.		
		the guideline? Yes. Relates to	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
Internal validity – approach and sample	Internal validity – performance and analysis  Were there similar follow-up times in exposure and comparison groups? Yes.  Was follow-up time meaningful? Partly. Follow-up time was 6 months. Other studies (e.g. Guterman et al. 2013) have suggested that this may be too short to observe differences.  Was intention to treat (ITT) analysis conducted? Not reported.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No power calculations or expected effect sizes given.  Were the estimates of effect size given or calculable? Yes: d scores and standardised beta reported. However, d scores only	early help.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  Does the study have a UK perspective? No.	Overall validity rating
	given in text, not in tables.  Were the analytical methods appropriate? Yes.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Partly. Confidence intervals provided for changes in mean scores, but not		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	for d or standardised beta esti-		
	mates.		

# 3. Dawe S and Harnett P (2007) Reducing potential for child abuse among methadone-maintained parents: Results from a randomized controlled trial. Journal of Substance Abuse Treatment 32: 381–90

Internal validity – approach and sample
Methodology: RCT.
Description of theoretical ap-
proach? Partly. The authors note
in the abstract that the Parents
Under Pressure programme
(PUP) draws from the ecological
model of child development but
the specific theory is not dis-
cussed in great detail. It is noted
that families in which one or both
of the parents abuse substances
often show high rates of child mal-
treatment but that this is more
likely a result of multiple domains
of family functioning such as pa-
ternal psychology, the family envi-
ronment and parental psychology
rather than parental drug use as
the sole risk factor. The authors

go on to emphasise the im-

portance of developing interven-

lies, noting that there have been

relatively few so far and that find-

ings related to these have been

tions which address high risk fami-

# Internal validity – performance and analysis

Was the exposure to the intervention and comparison as intended? Partly. The Parents Under Pressure programme is intended to be delivered in weekly sessions over ten to 12 weeks. The authors report that there was a high rate of engagement in the experimental condition although it should be noted that four of the 22 families assigned to this treatment condition, only received seven to eight sessions. Engagement levels in the comparison groups are not reported.

# Was contamination acceptably low? Partly. Contamination rates are not reported specifically but the authors note that adherence to the Parents Under Pressure programme '... was maintained by close supervision of treatment progress ensuring that parent workbooks and treatment plans reflected the formulation of each individual PUP family' (p383). Both

### **External validity**

Does the study's research question match the review question? Yes. The study aimed to evaluate the impact of the Parents Under Pressure programme on outcomes such as family functioning (including child abuse potential) in families in which a parent was engaged in a methadone maintenance programme. This was compared to standard care and a '... second brief intervention control group ...' (p381).

# Has the study dealt appropriately with any ethical concerns? Yes. Participants volunteered, were informed that the study had three treatment conditions and were told what these were. The study was approved by '... hospital and university human ethics committees' (p383).

Were service users involved in the study? No. No indication that service users were involved at the

### Overall validity rating

# Overall assessment of internal validity: +

This is a well-designed study but the sample size is very small (n=64) and the follow-up period is quite short. In addition, families in the PUP programme may have received some other services.

# Overall assessment of external validity: +

Only awarded a + as the study was conducted in Australia. The Guideline Committee should also bear in mind that the study was conducted with parents who abuse substances which has implications for external validity.

### Overall validity score: +

The study seems to have been well conducted on the whole however the short follow-up period

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
mixed. A 2003 study of the Par-	the Parents Under Pressure pro-	design stage.	and small sample size are signifi-
ents Under Pressure programme	gramme and the 'brief interven-	doolgii olago.	cant limitations; and the study was
showed clinically significant im-	tion' were delivered by the same	Is there a clear focus on the	conducted in Australia.
provements on a range of out-	therapists.	guideline topic? Yes. Families in	
comes (although maltreatment is	'	which the primary caregiver was	
not mentioned specifically) which	Did either group receive addi-	engaged in treatment for heroin	
provided the impetus for the cur-	tional interventions or have ser-	addiction. The abstract empha-	
rent study.	vices provided in a different	sises the high rates of abuse and	
	manner?	neglect which occur in families	
How was selection bias mini-	Partly. Participants in the Parents	where one or both parents have	
mised? Randomised. Method un-	Under Pressure programme could	substance abuse problems.	
clear – 'Participants were allo-	also receive 'additional case man-		
cated to one of the three treatment	agement' outside of treatment	Is the study population the	
conditions on the basis of a previ-	sessions. This appears to have in-	same as at least 1 of the groups	
ously determined randomized or-	cluded school visits (n=10), ac-	covered by the guideline? Yes.	
der of treatment once eligibility	companied legal visit (n=7), social	Families in which the primary	
had been confirmed' (p383).	services liaison (n=4, accompa-	caregiver is accessing substance	
Man the ellegation mathed fol	nied child health service visits	abuse treatment.	
Was the allocation method followed? Partly. No information on	(n=9 families), accompanied su-	Is the study setting the same as	
allocation concealment is pro-	permarket visits (n=6).	Is the study setting the same as at least 1 of the settings cov-	
vided.	Were outcomes relevant? Yes.	ered by the guideline? Yes. Par-	
vided.	vvere outcomes relevant: 163.	ents Under Pressure was deliv-	
Is blinding an issue in this	Were outcome measures relia-	ered in the family home; the 'brief	
study?	ble?	intervention' was delivered in the	
Part blinding. Participants were in-	Partly. All measures had pre-es-	methadone clinic; however it is not	
formed that the study had 3 treat-	tablished reliability and validity	clear where standard care was de-	
ment conditions and what these	however with the exception of 1	livered – likely to have been deliv-	
were. It would not have been pos-	measure of parental substance	ered in the clinic.	
sible to blind providers. Post-treat-	abuse they all relied on self-re-		
ment and 6 month follow-up as-	ported data. The authors note this	Does the study relate to at least	
sessments were conducted by an	as a limitation of the study and	1 of the activities covered by	
	the significant of the coloring Alexandra	(lane - 'alaliano Van Than Davasa)	1

the guideline? Yes. The Parents

Under Pressure programme tar-

their use of the Child Abuse Po-

countered this to some extent in

tential Rigidity scale may have

independent research assistant (no information on who conducted

baseline assessments is given).

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	measurements of child abuse po-	gets family functioning and parent-	
Did participants reflect target	tential (they suggest that it is '	ing skills such as non-punitive	
<b>group?</b> Yes. The study targeted	less influenced by attempts to pre-	child behavioural management.	
parents who were being pre-	sent in a more positive light		
scribed methadone who had chil-	(Milner & Crouch, 1997) with	(For effectiveness questions)	
dren between the ages of 2 and 8.	some evidence indicating that	Are the study outcomes rele-	
This age group were targeted due	those parents who are attempting	vant to the guideline? Yes. The	
to evidence showing that parent-	to present themselves in a more	study measures child abuse po-	
ing interventions are more effec-	positive light (elevated Faking	tential, parenting stress, child be-	
tive for younger children. Recruit-	Good scores) have higher rigidity	haviours and parental substance	
ment was through two inner city	scores than those whose scores	abuse.	
community methadone clinics.	are valid (Carr, Moretti, & Cue,		
Families were recruited through	2005)' (p384).	(For views questions) Are the	
posters displayed in the clinics. To	Mana all automos mana anno	views and experiences reported	
be eligible, the primary carer	Were all outcome measure-	relevant to the guideline? Not	
needed to be currently being	ments complete? Yes.	applicable (not views question).	
treated with methadone, have at	More all important automos	Door the study hove a LIV year	
least one child between the ages	Were all important outcomes assessed? Yes. Although inci-	Does the study have a UK per- spective? No - Australian.	
of 2 and 8 for whom they were the full-time carer and be able to un-	dence of abuse and neglect was	Spective: No - Australian.	
derstand and read English. Sev-	not measured.		
enty-seven clinic parents were	not measured.		
screened for eligibility who were	Were there similar follow-up		
randomised to one of the three	times in exposure and compari-		
treatment conditions. After ran-	son groups? Yes. All groups		
domisation, ten declined to partici-	were assessed at baseline, post-		
pate (n=3 'brief intervention', n=7	treatment or three months, and 6		
standard care). Prior to assess-	months.		
ment, 2 parents were incarcerated			
and 1 withdrew after the birth of	Was follow-up time meaningful?		
another child. In total. 64 families	Partly. Final assessments were		
were assessed at baseline.	conducted at the 6-month point		
	which is a very short timescale		
Were all participants accounted	and means that longer term im-		
for at study conclusion? Yes.			

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Rates of attrition were acceptable in both the Parents Under Pressure group and the 'brief interven-	pacts of the interventions are unclear.		
tion' group; however the attrition rate was quite high in the standard care group (32%). At final assessment at 6 months post-treatment - Parents Under Pressure: 20 out of 22 participants provided assessment data. 'Brief intervention': 20 out of 23 participants provided data. Standard care group: 13 out of 19 families provided data.	Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes. The authors report that there were no significant differences between groups at baseline. They note that although the mean daily dose of methadone did not differ significantly between groups the dose effect did approach significance.		
	Was intention to treat (ITT) analysis conducted? Not reported.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. Power calculations and effect sizes are not provided. As a pilot study, the sample size was very small (64 in total) and may not have been sufficient to detect effects.		
	Were the estimates of effect size given or calculable? No.		
	Were the analytical methods appropriate? Yes. Multilevel linear mixed modelling was used to compare trajectories of the PUP programme and 'brief intervention'		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
•	group to standard care group. Clinical significance was assessed using changes in scores on the Child Abuse Potential scale from baseline to six month assessment. In addition, a Reliable Change Index (Jacobson and Truax 1991) was calculated for these scores. A score was deemed to be clinically significant if it was greater than 1.96.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes - p values are provided.		
	Do conclusions match find-ings? Yes.		

4. DePanfilis D and Dubowitz H (2005) Family connections: A program for preventing child neglect. Child Maltreatment 10: 108-123

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Methodology: RCT with 2 inter-	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
vention groups; receiving 1 Family	vention and comparison as in-	question match the review	validity: +
Connections for 3 months (FC3)	tended? Partly. Participants in the	question? Yes. Study examines	
and 1 receiving intervention for 9	9-month exposure group did not	the effectiveness of a programme	Overall assessment of external
months (FC9).	receive a full three times the 'dos-	to prevent child neglect.	validity: +
	age' of those in the 3-month expo-		
Description of theoretical ap-	sure group, due to a 'tapering off'	Has the study dealt appropri-	Not ++ as not a UK perspective.
proach? Yes. Intervention based	in services over time. Families	ately with any ethical concerns?	
on ' principles of prevention sci-	served for 3 months were pro-	Yes. Approval by Institutional Re-	Overall validity score: -
ence [which] suggest that preven-	vided an average of 1.4 hours per	view Board and informed consent	
tion programs should reduce risk	week, and families served for 9	was sought.	Main methodological limitations
factors and promote protective	months were provided an average		are as follows: Group allocation

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
factors (Mrazek and Haggerty,	of 0.9 hours per week.	Were service users involved in	based on 'dosage' means that it is
1994; Schinke et al. 1986)' (p109).		the study? No. Service users	difficult to interpret main effects of
	Was contamination acceptably	were subjects of the study, but not	time on the whole sample - would
How was selection bias mini-	low? Partly. In the discussion, the	involved in design, interpretation	have been a stronger design to
mised? Randomised. Randomisa-	authors hypothesise that there	of results and so on.	have a 'usual care' control group
tion based on pre-generated ran-	may have been less difference be-		Possible selection bias in favour of
dom assignment table.	tween the two 'dosages' of inter-	Is there a clear focus on the	more motivated families. That is,
	vention than hypothesised, be-	guideline topic? Yes. Focus is on	families who were eligible but did
Was the allocation method fol-	cause families in FC3 were re-	early help.	not agree to weekly contacts for
lowed? Yes.	ferred to community services fol-		up to 9 months were not provided
	lowing case closure.	Is the study population the	with services and, it appears, not
Is blinding an issue in this		same as at least 1 of the groups	included in analyses No analysis
study?	Did either group receive addi-	covered by the guideline? Yes.	of any systematic differences in
Blinding not possible. Not possible	tional interventions or have ser-	Study population is parents and	risk factors between intervention
to blind participants to study con-	vices provided in a different	caregivers of children at risk of ne-	conditions Unclear whether 3
dition, as based on duration of	manner? Yes. Parents in FC3	glect.	months is a valid duration for services. Other authors have com-
time in the programme. However, also does not report whether as-	were referred to community services on case closure so may, in	le the study setting the same as	mented that even 6 months is rel-
sessors were blind to treatment	effect, have continued receiving	Is the study setting the same as at least 1 of the settings cov-	atively brief (Guterman et al.
condition.	services.	ered by the guideline? Yes. In-	2013).
Condition.	Services.	tervention delivered in partici-	2013).
Did participants reflect target	Were outcomes relevant? Yes.	pants' homes.	
group? Yes. Although 62 families		'	
who were eligible were not pro-	Were outcome measures relia-	Does the study relate to at least	
vided with services, as they did	ble?	1 of the activities covered by	
not agree to sign up to weekly	Yes. Standardised measures used	the guideline? Yes. Study relates	
meetings. This suggests that data	for all outcomes.	to early help.	
could be skewed in favour of more			
motivated families. These 62 fami-	Were all outcome measure-	(For effectiveness questions)	
lies do not appear to be included	ments complete? Yes.	Are the study outcomes rele-	
in the intention to treat analysis.		vant to the guideline? Yes -	
	Were all important outcomes	study looks at impact on neglect.	
Were all participants accounted	assessed? Yes.		
***			

Were there similar follow-up

Does the study have a UK per-

spective? No – USA.

for at study conclusion? Partly.

The original sample comprised

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
154 participants, but only 125 par-	times in exposure and compari-		
ticipants completed data collection	son groups? Partly. Both 3- and		
at all three time points. Unclear	9-month intervention groups re-		
why this is the case. Missing data	ceived a further follow up at 6		
points were not imputed, so these 29 participants were effectively ex-	months post intervention.		
cluded.	Was follow-up time meaningful?		
oldddi.	Partly. In the context of other stud-		
	ies in this review (e.g. Guterman		
	et al., 3 months would appear to		
	be a relatively short duration of in-		
	tervention).		
	Were exposure and comparison		
	groups similar at baseline? If		
	not, were these adjusted?		
	Partly. Study reports that ' there		
	were no significant differences be-		
	tween participants assigned to re-		
	ceive FC3 versus FC9 in caregiver		
	age, educational level, income or		
	total number of children'		
	(p110), but no significance testing		
	is shown to support this. Also,		
	there does not appear to be any		
	analysis of any significant differ-		
	ences in risk factors at baseline.		
	Was intention to treat (ITT) anal-		
	ysis conducted? Partly. Appears		
	that ITT analysis was applied to		
	families who were enrolled in the		
	studies, but excluded those who		
	were eligible but not enrolled.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
•	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No power calculation given. Also no information on expected effect sizes, so not possible to calculate power.		
	Were the estimates of effect size given or calculable? No. F values and p values given only - effect sizes not given, but could be calculated.		
	Were the analytical methods appropriate? Yes. Analysis of variance with 1 within-groups factor (time) with 3 levels (baseline, case closure and 6-month follow up) and one between-groups factor (allocation to 3 or 9 month condition). Analyses tested main effects of both factors, and the interaction (group by time).		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes – p values given.		

5. DePanfilis D, Dubowitz H, Kunz J	(2008) Assessin	g the cost-effectiveness of Famil	v Connections. Child Abuse a	nd Neglect 32: 335-51
	/	J		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	-
Methodology: RCT with two inter-	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
vention groups: 1 receiving Family	vention and comparison as in-	question match the review	validity: +
Connections for 3 months (FC3)	tended? Partly. Participants in the	question? Yes. Study is examin-	
and 1 receiving intervention for 9	9-month exposure group did not	ing the effectiveness and cost ef-	Overall assessment of external
months (FC9). Note: This study is	receive a full 3 times the 'dosage'	fectiveness of a programme to	validity: +
based on same participants as	of those in the 3-month exposure	prevent child neglect.	
DePanfilis et al. (2005).	group, due to a 'tapering off' in		Not ++ as not a UK perspective.
	services over time. Families	Has the study dealt appropri-	
Description of theoretical ap-	served for 3 months were pro-	ately with any ethical concerns?	Overall validity score: -
proach? Yes. Logic model for in-	vided an average of 1.4 hours per	Yes. Approval by Institutional Re-	
tervention, linking programme in-	week, and families served for 9	view Board and informed consent.	
puts, outputs, short term interme-	months were provided an average		
diate outcomes and programme	of 0.9 hours per week.	Were service users involved in	
outcomes is provided in figure 1		the study? No. Service users	
(p341).	Was contamination acceptably	were subjects of the study, but not	
	low? Partly. In original paper's	involved in design, interpretation	
How was selection bias mini-	(DePanfilis et al. 2005), in the dis-	of results and so on.	
mised? Randomised.	cussion section, the authors hy-		
	pothesise that there may have	Is there a clear focus on the	
Was the allocation method fol-	been less difference between the	guideline topic? Yes. Focus is on	
lowed? Yes.	two 'dosages' of intervention than	early help.	
	hypothesised, because families in		
Is blinding an issue in this	FC3 were referred to community	Is the study population the	
study? Blinding not possible. Not	services following case closure.	same as at least 1 of the groups	
possible to blind participants to		covered by the guideline? Yes.	
study condition, as based on dura-	Did either group receive addi-	Study population is parents and	
tion of time in the programme. Not	tional interventions or have ser-	caregivers of children at risk of ne-	
reported whether assessors were	vices provided in a different	glect.	
blind to treatment conditions.	manner?		
Did as distance of the first	Yes. Parents in FC3 were referred	Is the study setting the same as	
Did participants reflect target	to community services on case	at least 1 of the settings cov-	
group? Yes.	closure so may, in effect, have	ered by the guideline? Yes. In-	
	continued receiving services.	tervention delivered in participant	
		homes.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	total number of children' (p340),		
	but no significance testing is		
	shown to support this. Also, there		
	does not appear to be analysis of		
	any significant differences in risk		
	factors at baseline.		
	Was intention to treat (ITT) anal-		
	ysis conducted? Partly. Appears		
	that ITT analysis was applied to		
	families who were enrolled in the		
	studies, but excluded those who		
	were eligible but not enrolled.		
	Was the study sufficiently pow-		
	ered to detect an intervention		
	effect (if one exists)? Not re-		
	ported. No power calculation		
	given. Also no information on ex-		
	pected effect sizes, so not possi-		
	ble to calculate power.		
	Were the estimates of effect		
	size given or calculable? No. Ef-		
	fect sizes are reported in a previ-		
	ous study (DePanfilis et al. 2005).		
	Were the analytical methods ap-		
	propriate? Partly. As ANOVA re-		
	sults were reported in previous		
	study (DePanfilis et al. 2005), they		
	are not replicated here. However,		
	this study reports changes in raw		
	scores, along with p values. It is		
	not clear with what statistical test		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis these p values are associated. Similarly, cost effectiveness was calculated by comparing costs to raw score changes.  Was the precision of intervention effects given or calculable? Were they meaningful? No. No confidence intervals given with regard to costs of changes in scores. Also changes in raw		
	scores reported without standardisation in relation to standard deviation.  Do conclusions match findings? Yes.		

# 6. Dishion T, Mun Chung J, Drake Emily C et al. (2015) A transactional approach to preventing early childhood neglect: The Family Check-Up as a public health strategy. Development and psychopathology 27: 1647–60

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim: To investigate whether a home-based visitation intervention, the Family Check-Up (FCU) reduces the risk of child of maltreatment by improving the parent-child relationship in low-income US families.  Description of theoretical approach? Yes. Based on theory	Was the exposure to the intervention and comparison as intended? Yes. Was contamination acceptably low? Not reported. Did either group receive additional interventions or have services provided in a different	Does the study's research question match the review question? Yes. Incidence of neglect and parenting quality. Has the study dealt appropriately with any ethical concerns? Yes.	Overall assessment of internal validity: + Overall assessment of external validity: + Lack of UK focus Overall validity rating: +

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
that more extreme forms of mal-	manner?	Were service users involved in	Rationale for data analysis not al-
treatment emerge from daily con-	No.	the study? No.	ways clear.
ditions and interactions of a ne-	Were outcomes relevant? Yes.	Is there a clear focus on the	
glectful caregiving environment;	Were outcome measures relia-	guideline topic? Yes.	
that it is important to provide treat- ment for families that show early	ble?	Is the study population the	
signs of maltreatment that may	Yes. Use of 2 validated measures	same as at least 1 of the groups	
'prevent escalation of problematic	HOME, family adversity index, and	covered by the guideline? Yes.	
parenting' (p1648), that it is im-	items from the COIMP.	Primary caregivers at high risk of	
portant to understand the mediat-	Were all outcome measure-	neglect	
ing and moderating mechanisms	ments complete? Yes.	Is the study setting the same as	
that link prevention strategies to	Were all important outcomes	at least 1 of the settings cov-	
reduced risk of child maltreatment.	assessed? Yes.	ered by the guideline? Yes. Own	
It argues that it is likely an overall	Were there similar follow-up	homes.	
level of family adversity can affect	times in exposure and compari-	Does the study relate to at least	
levels of parenting stress and potential for positive parent-child en-	son groups? Yes.	1 of the activities covered by	
gagement and that home-based		the guideline? Yes. Early help.	
services break down the barrier	Was follow-up time meaningful? Yes.	(For effectiveness questions)	
for stressed families unable to		Are the study outcomes rele-	
reach out to support services due	Were exposure and comparison	vant to the guideline? Yes. Inci-	
to lack of transport.	groups similar at baseline? If	dence of neglect and parenting	
How was selection bias mini-	not, were these adjusted? Yes.	quality.	
mised? Randomised.	Was intention to treat (ITT) anal-	Does the study have a UK per-	
Was the allocation method fol-	ysis conducted? Yes.	spective? No. American.	
lowed? Yes.	Was the study sufficiently pow-		
	ered to detect an intervention		
Is blinding an issue in this	effect (if one exists)? Not re-		
study? Part blinding. Assessors blind to	ported. Good sized sample of 731.		
group status of participants, moth-	Were the estimates of effect		
ers aware of allocation.	size given or calculable? Partly.		
	Significance tests and confidence		
Did participants reflect target group? Yes.			
group: 100.			

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Were all participants accounted for at study conclusion? Yes. 90% retention rate.	intervals provided for family adversity scores, for indirect effects shown in Table 3.		
	Were the analytical methods appropriate? Partly. Results analysed using path analysis. Unclear why some data have been used and not others, e.g., measurements of dyadic positive engagement were taken at ages 2, 3, 4 and 5 but only the data for age three years were used in the model.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Partly. For final model of indirect effects of intervention.		
	Do conclusions match findings? Partly. Discusses further the links between the three outcomes but does not deal with why there was no direct effect seen by the intervention on neglect.		

7. DuMont K, Kirkland K, Mitchell-Herzfeld S et al. (2011) Randomized Trial of Healthy Families New York (HFNY): Does Home Visiting Prevent Child Maltreatment? New York: New York State Office of Children and Family Services

Internal validity – approach	Internal validity – performance	External validity	Overall validity rating
and sample	and analysis		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
	vention and comparison as in-	question match the review	validity: ++
Description of theoretical ap-	tended? Partly. 9.8% of partici-	question? Yes. Study looks at	
proach? Yes. Approach is	pants in the intervention condition		

Internal validity – approach
and sample

based on importance of early experiences in terms of: association between harsh, abusive or neglectful parenting practices and risk of engaging in violence, substance misuse and juvenile delinquency (e.g. Eron et al. 1991) - modelling inappropriate or violent behaviours (Farrington, 1991) - causing biological, neurological or cognitive problems (Feldman and Downey 2004).

How was selection bias minimised? Randomised. Computer randomisation.

Was the allocation method followed? Yes.

# Is blinding an issue in this study?

Part blinding. Assessors were blind to parent allocation condition. Nature of intervention means that allocation could not be concealed from participants themselves.

Did participants reflect target group? Yes.

# Internal validity – performance and analysis

did not receive intervention, but were included in analysis (ITT).

Was contamination acceptably low? Partly. 2.5% of participants in the control condition erroneously received services.

Did either group receive additional interventions or have services provided in a different manner?

No.

Were outcomes relevant? Yes.

# Were outcome measures reliable?

Yes. Outcome measures for child maltreatment comprised administrative data and standardised scales such as the revised parent-child Conflict Tactics Scale (Straus et al. 1998).

Were all outcome measurements complete? Partly. Parenting measures were collected at Year 7 only - no baseline data.

Were all important outcomes assessed? Yes.

### **External validity**

the impact of an early help intervention on child maltreatment.

Has the study dealt appropriately with any ethical concerns? Yes. Study was reviewed by the Institutional Review Board of the University of Albany. Informed consent from all participants was sought. However, there is not much consideration of the impact of being in the control group (and therefore receiving no services).

Were service users involved in the study? No. Service users involved as participants, but do not appear to have been involved in terms of informing the design or analysis of the study.

**Is there a clear focus on the guideline topic?** Yes. Study is relevant to early help aspect of guideline topic.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Study population is caregivers of children at risk of abuse and neglect.

### Overall validity rating

# Overall assessment of external validity: +

Not ++ as does not have a UK focus.

### Overall validity score: +

A well-designed study with substantial follow-up time, and good retention rate given this is a 7-year follow up. Key concerns are: the validity of the 2 subgroup analyses (small sample sizes), and why data from Waves 2 and 3 of the study were not included in the analysis.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Were all participants ac-	Were there similar follow-up	Is the study setting the same	
counted for at study conclu-	times in exposure and compari-	as at least 1 of the settings	
sion? Partly. Study has good re-	son groups? Yes.	covered by the guideline? Yes.	
tention rates (90% at Year 1 fol-	Son groups: 103.	Setting is families' homes.	
low up, 85% and Year 2 and	Was follow-up time meaning-	Octung is farmines fromes.	
80% of baseline at Year 7).	ful?	Does the study relate to at	
However, no analysis of drop-	Yes. Follow-up at 1, 2 and 7	least 1 of the activities cov-	
outs - for example whether these	years.	ered by the guideline? Yes.	
were higher in control compared	yours.	Study relates to early help.	
to intervention group.	Were exposure and comparison	Clady relates to early help.	
to intervention group.	groups similar at baseline? If	(For effectiveness questions)	
	not, were these adjusted? Yes.	Are the study outcomes rele-	
	Intervention and control groups	vant to the guideline? Yes.	
	did not differ significantly on any	Study considers maltreatment	
	demographic variables at base-	outcomes.	
	line, except that the control group		
	were significantly more likely to	Does the study have a UK per-	
	have a female target child. This	spective? No.	
	has implications for later	•	
	measures of externalising behav-		
	iour, which tend to be higher in		
	boys. Intervention and control		
	also did not differ on risk scores at		
	baseline, except for the Kempe		
	Family Stress checklist score for		
	overall count of risk items, which		
	was significantly higher in inter-		
	vention group.		
	Was intention to treat (ITT)		
	analysis conducted? Yes - for		
	analysis of administrative data.		
	For assessed measures, not pos-		
	sible to include data for families		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	who did not take part in assess-		
	ment.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. Power calculations for the study as a whole are not presented. Consideration is given to the power for the 2 subgroup analyses (Recurrence Reduction Opportunity subgroup and High Prevention Opportunity subgroup). For RRO group, effect sizes of 0.25 were detectable (at 0.05 confidence level); for HPO group effect sizes of 0.2 were detectable (at 0.05 confidence level).		
	Were the estimates of effect size given or calculable? Yes. Study uses either effect sizes or adjusted odds ratios, calculated via logistic regression.		
	Were the analytical methods appropriate? Partly. Analytical techniques largely good, and different analytical techniques used for normally versus non-normally distributed dependent variables. However, unsure about validity of two subgroup analyses (RRO and		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
una sampio	HPO) which are both based on very small n (<60).		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes.		
	Do conclusions match findings? Partly. Yes, although reference made to 'sustained change' from Waves 2 and 3 - but data is not presented here.		

8. Green BL, Tarte JM, Harrison PM et al. (2014) Results from a randomized trial of the Healthy Families Oregon accredited statewide program: Early program impacts on parenting. Children and Youth Services Review 44: 288–98

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
	vention and comparison as in-	question match the review	validity: -
Description of theoretical ap-	tended? Not reported. It is quite	question? Yes. The study aimed	
proach? Yes. The study's ap-	unclear which participants re-	to determine the short-term effects	Key study limitations are a lack of
proach is based on the Healthy	ceived the intervention. The au-	of the Healthy Families Oregon	baseline data for relevant out-
Families Oregon logic model (the	thors surveyed participants on ser-	program on parenting behaviours,	comes, and a lack of clear de-
provision of core services lead to	vice utilisation to determine which	parenting stress and depression,	scription of control intervention.
improvements in short term out-	services families had received	family functioning and child devel-	
comes which result in the long	home visiting services. This infor-	opment. The authors note that the	Overall assessment of external
term goals of preventing child mal-	mation was then 'augmented' and	scale used to determine parenting	validity: +
treatment and increasing school	'verified' using the records of the	stress is associated with higher	
readiness). Core services are	programme itself. This led to 're-	risk for maltreatment.	Only given a + as the study was
identified as parenting education	coding' on responses where it ap-		conducted in the USA.
and coaching, identification of indi-	peared that a family had received	Has the study dealt appropri-	
	the intervention. The authors note	ately with any ethical concerns?	Overall validity score: -

vidual family issues which may impede development and parenting, support of healthy child development by home visitors. Short term outcomes are identified as increased parenting skills, reductions in parental risk factors and improvements in child development and health.

How was selection bias minimised? Randomised. Screening results of eligible families (using the New Baby Questionnaire) were added to a state database (web based) which used a random-number generator to randomise participants. This paper reports on a smaller subset of this sample who were randomly selected by the researchers. No details on this specific process are provided. Analysis of maternal demographic and risk variables showed that differences between the two groups were non-significant with the exception that the intervention group were more likely to report 'family relationship problems'.

Was the allocation method followed? Not reported. No details indicating allocation concealment are provided.

Is blinding an issue in this study?

in the limitations section that a '... relatively large percentage of parents who were screened and offered home visiting were never actually served by the program' (p296). They attribute this to feelings amongst families that they did not need the service, or that staff were unable to locate or contact the family after screening for eligibility. In addition, the authors note that there can be local variability in the model and as it appears that families may have been served by one of seven programmes it is difficult to be confident that the interventions received were comparable.

Was contamination acceptably low? Yes. The authors report that one control participant had received a home visit from the programme but given the method by which exposure data was collected it seems difficult to be confident that this is the only case of contamination.

Did either group receive additional interventions or have services provided in a different manner? Yes. Families in both groups reported that they had attended parenting classes.

Were outcomes relevant? Yes.

Partly. There is no detail given on ethical approval but participants gave consent to be screened for eligibility for the programme and to the use of their medical records. The main source of data which the paper draws on is a telephone survey which it is stated a number of families declined to participate in. The study also excluded eligible infants who were 'medically fragile' or had special needs and infants at risk of removal because of a positive toxicology screen at birth or because of immediate safety concerns. Both groups remained eligible for the programme.

Were service users involved in the study? No. No indication that service users were involved at the design stage.

Is there a clear focus on the guideline topic? Yes.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.

Does the study relate to at least 1 of the activities covered by

As this study was conducted in the USA and has a number of important methodological problems (e.g. lack of clarity regarding control intervention, lack of baseline data for outcome measures, failure to account for systematic differences in risk factors between treatment and comparison group) means that it is not possible to award a higher overall validity score.

Part blinding. Telephone interviewers were blinded to assignment condition although the authors note that this may have become apparent during interviews. Participants were not blinded and it would not have been possible to blind providers.

Did participants reflect target group? Partly. The programme enrolled 2664 families in total but no details are provided on the percentage of eligible families who agreed to participate in the programme. The programme targeted first time parents with babies vounger than 3 months. Programme eligibility was assessed using the New Baby Questionnaire. This is adapted from the Hawaii Health Risk Indicators Instrument (Duggan 2004). This measure assesses family risk using a range of criteria: mothers under the age of 19, delayed prenatal care, poor engagement with prenatal care services, single parent, depression (measured in mothers using PHQ-2), low education, drug abuse, troubled family relations. Families were deemed eligible if they scored positively for any two risk criteria or if there were substance abuse or depression issues. The majority of particAlthough it is not clear that the Parenting Stress Index is an adequate measure of maltreatment.

# Were outcome measures reliable?

Partly. Most measures collected using valid and reliable scales however they all rely on self-reported data. Data on breastfeeding, developmental screening and child's developmental status were not collected via established scales.

Were all outcome measurements complete? Partly. Baseline assessments of outcome measures were not conducted.

Were all important outcomes assessed? Partly. The study did not include any measures which directly assessed child health and development which seems problematic given the short term outcomes detailed in the logic model.

Were there similar follow-up times in exposure and comparison groups? Yes. Interviews took place around the time of the child's first birthday.

Was follow-up time meaningful? Yes. The study only aimed to as-

the guideline? Yes.

(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.

(For views questions) Are the views and experiences reported relevant to the guideline? Not applicable (not views question).

Does the study have a UK perspective? No - USA.

ipants were white and large percentages were single mothers who experienced financial difficulties. 82% of enrolled families agreed to be contacted for the telephone interview which this study is based on. From the group of families who agreed to be contacted for the researchers randomly selected a sample of n=1604 in order to achieve the target of 800 interviews. The authors then go on to state that families were 'replaced' in the phone survey sample if they '... had no working phone number after multiple attempts (n = 494, 30.8% of those attempted); if they were unable to be reached after 10-20 telephone attempts and two attempts by mail (n = 269, 16.7%); or if they declined to participate in the survey (n= 42, 5.2% of those contacted)' (p291).

Were all participants accounted for at study conclusion? Yes.

Cross-sectional data used

sess short term impacts so the follow up at child's first birthday seems reasonable.

Were exposure and comparison

groups similar at baseline? If not, were these adjusted? Partly. Analysis of maternal demographic and risk variables showed that differences between the two groups were non-significant with the exception that the intervention group were more likely to report 'family relationship problems'. This does not appear to have been controlled for.

Was intention to treat (ITT) analysis conducted? Yes.

Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No power calculations or expected effect sizes are provided. The sample size seems sufficient.

Were the estimates of effect size given or calculable? Yes. Effect sizes using partial etasquared (continuous outcomes) and odds ratios (dichotomous outcomes) are provided.

Were the analytical methods ap-

propriate? Yes. ANOVA, AN- COVA and logistic regression were used.	
Was the precision of intervention effects given or calculable? Were they meaningful? Yes - p values are provided.	
Do conclusions match findings?  Partly - On the whole, the authors conclusions do match their more detailed findings, however they begin their discussion by noting that mothers in the intervention group were significantly more likely to read to their infant which doesn't quite seem to tally with their main goals.	

9. Guterman NB, Tabone JK, Bryan GM et al. (2013) Examining the effectiveness of home-based parent aide services to reduce risk for physical child abuse and neglect: Six-month findings from a randomized clinical trial. Child Abuse and Neglect 37: 566–77

physical child abuse and neglect: Six-month findings from a randomized clinical trial. Child Abuse and Neglect 37: 566–77			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
	vention and comparison as in-	question match the review	validity: +
Description of theoretical ap-	tended? Yes. Fidelity and treat-	question? Yes. The aim of the	
<b>proach?</b> Yes. Refers to theoreti-	ment integrity were checked by	study is to ' examine the bene-	Overall assessment of external
cal basis in ecological and stress	logging services offered to families	fits of a home-based paraprofes-	validity: +
theories (e.g. Belsky 1993), and	in intervention and control condi-	sional parent aide services in re-	
identifies four key mechanisms by	tions. Services were tracked	ducing physical abuse and neglect	Not awarded ++ as does not have
which interventions should have	across 5 domains - control group	in high-risk parents' (p566).	a UK focus.
effect: 1) child safety 2) parenting	should receive only domain 1		
skill guidance 3) problem-solving	(case management) whereas in-	Has the study dealt appropri-	Overall validity score: +
support 4) improving parents' so-	tervention should receive services	ately with any ethical concerns?	
cial support.	in domains 1–5. Fidelity check	Partly. No mention of receiving	Good external validity. Key limita-
	found that, as expected dosage of	ethical approval. However, ethical	tions of the study: - Small effective
How was selection bias mini-	services was higher (statistically	considerations have been taken in	sample size (n=101) leading to
mised? Randomised.	significant) in intervention com-	to account, including: - 'Control	limited statistical power - Insuffi-
	pared to control as measured by: -	group' receives delayed treatment,	ciently long follow-up time - alt-
Was the allocation method fol-	average number of contacts - total	to reflect the fact that they at high	hough this was determined for
lowed? Yes.	length of time - total number of	risk for abuse and neglect - In-	ethical reasons - Some key
	services - types of services deliv-	formed consent from all partici-	measures only taken at follow-up
ls blinding an issue in this	ered.	pants.	(e.g. household inadequacy
<b>study?</b> Partial blinding. Blinding			score). – Relatively high drop-out
not possible for either participants	Was contamination acceptably	Were service users involved in	rate.
or providers due to nature of inter-	low? Yes. See information on fi-	the study? Yes.	
vention (receipt of parent aide ser-	delity and treatment integrity.		
vices or case management as	There was some 'leakage' in	Is there a clear focus on the	
usual). However, data collectors	terms of delivery of some parent	guideline topic? Yes. Study re-	
were blinded to participant alloca-	skills guidance in the control con-	lates to early help for families at	
tion.	dition, but this is described as 'mild'.	risk of physical abuse and neglect.	
Did participants reflect target		Is the study population the	
group? Partly. Some key groups	Did either group receive addi-	same as at least 1 of the groups	
were not eligible to participate:	tional interventions or have ser-	covered by the guideline? Yes.	
parents under 18, parents with	vices provided in a different	Study population is families and	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
psychotic mental illness, parents	manner?	caregivers of children and young	
with substance misuse problems	Partly. Some control parents also	people aged <18 who are at risk	
for which they were not actively	received a small amount of paren-	of abuse and neglect.	
receiving treatment, parents with	tal skill guidance, which was addi-		
an IQ below 60. It is questionable	tional to what was intended for the	Is the study setting the same as	
whether it is valid to exclude all of	control condition. However, this	at least 1 of the settings cov-	
these groups from intervention. No	would serve to reduce rather than	ered by the guideline? Yes. Set-	
rationale given in the text - pre-	inflate estimates of the effective-	ting is in family home.	
sumably these groups are consid-	ness of the intervention.		
ered less able to engage with the		Does the study relate to at least	
intervention.	Were outcomes relevant? Yes.	1 of the activities covered by	
		the guideline? Yes. Study relates	
Were all participants accounted	Were outcome measures relia-	to early help.	
for at study conclusion? Partly.	ble?	(For effective see a suspetions)	
73.2% of participants were traced	Yes. Outcome measures were re-	(For effectiveness questions)	
at follow-up, indicating a drop-out	liable in that: - a combination of	Are the study outcomes rele-	
rate of 26.8%, somewhat higher	self-report and observation	vant to the guideline? Yes.	
than would be desirable. The pro-	measures were used - all	Study considers maltreatment out- comes - incidence and risk of	
portion of participants not tracea- ble at follow-up was slightly higher	measures are recognised measures with established reliabil-	abuse and neglect.	
in the control compared to inter-	ity and validity.	abuse and neglect.	
vention: 22% of intervention group	ity and validity.	(For views questions) Are the	
were not traceable and 33% of the	Were all outcome measure-	views and experiences reported	
control group.	ments complete? Partly. Some	relevant to the guideline? Not	
group.	measures were only undertaken at	applicable (not views question).	
	follow up, e.g. the household inad-	application (not notice question).	
	equacy score. This meant that it	Does the study have a UK per-	
	was not possible to discern trajec-	spective? No.	
	tories of improvement or deteriora-		
	tion in the intervention or control		
	groups.		
	- '		
	Were all important outcomes		
	assessed? Partly. The study did		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	not look at Child Protective Ser-		
	vices reports/cases of substanti-		
	ated maltreatment. The stated		
	reason is because this measure		
	was likely to show surveillance		
	bias - parents in intervention con-		
	dition significantly more likely to be reported to due to contact with		
	services.		
	Services.		
	Were there similar follow-up		
	times in exposure and compari-		
	son groups? Yes. Both interven-		
	tion and comparison assessed at		
	6 months.		
	Was follow-up time meaningful?		
	Partly. Investigators chose 6-		
	month follow-up, partly due to ethi-		
	cal reasons as it was thought that		
	the control group should not wait		
	more than 6 months before receiv-		
	ing full services. However, relatively short follow-up (ideal would		
	have been one year) is cited as a		
	limitation in the discussion section		
	of the study.		
	Were exposure and comparison		
	groups similar at baseline? If		
	not, were these adjusted? Yes.		
	Exposure and comparison groups		
	showed no statistically significant		
	differences in terms of demo-		
	graphic variables or baseline risk		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	scores.		
	Was intention to treat (ITT) analysis conducted? No. No ITT analysis conducted, although comparison between follow-up groups was conducted to check for selective attrition. No evidence of this (although note that attrition rate higher in control group).		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No specific power calculation conducted. However, study itself acknowledges that sample size of participating mothers is low (n=101), which therefore limits statistical power.		
	Were the estimates of effect size given or calculable? Partly. Effect sizes using Cohen's d are reported, but not 95% confidence intervals. Between-groups differences are analysed by looking at difference in d scores. But statistically significant differences were calculated using 2-factor ANOVA.		
	Were the analytical methods appropriate? Yes. Conversion of data to standardised d scores, and analysis of within- and between-		

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	groups effects.		
	Was the precision of intervention effects given or calculable?		
	Were they meaningful? Yes - p		
	scores given in association with two-factor ANOVA.		
	Do conclusions match find- ings? Partly. The statistical analy-		
	sis shows no significant differ-		
	ences between intervention and		
	control groups on any indicators, except for higher inadequacy of		
	households in the intervention		
	group, suggesting that this group had deteriorated on this measure		
	to a greater extent than the control		
	group. The reasons for this are not		
	explored in the discussion section, which is disappointing.		
	Statistically significant improve-		
	ments within the intervention group (and not the control group)		
	were observed for: - Psychological		
	aggression - Parenting stress -		
	Maternal anxiety, and - Parental mastery. However, the extent of		
	improvement did not show a sig-		
	nificant difference between the in-		
	tervention and control groups. This is described in the conclusion		
	as 'promising trends suggesting		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	the benefit of parent aide ser-		
	vices'. This seems to be a slightly		
	over-optimistic interpretation of the		
	results, which perhaps would be		
	better described as inconclusive.		

10. Lam WKK, Fals-Stewart W, Kelley ML (2009) Parent training with behavioral couples therapy for fathers' alcohol abuse: effects on

substance use, parental relationship, parenting, and CPS involvement. Child Maltreatment 14: 243–54				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis	-		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal	
	vention and comparison as in-	question match the review	validity: +	
Description of theoretical ap-	tended? Partly. The authors re-	question? Yes. The study aimed		
<b>proach?</b> Partly. The authors do	port that session attendance rates	to examine the ' effects of Par-	The study appears to be well de-	
not present a clear hypothesis or	suggest that appropriate dosages	ent Skills with Behavioral Couples	signed however it is unclear why	
theory of change but they note	were delivered. Attendance in the	Therapy (PSBCT) on substance	involvement with Child Protective	
that knowledge regarding the links	Parent Skills with Behavioral Cou-	use, parenting, and relationship	Services was measured via paren-	
between parental substance	ples Therapy group was 84%; for	conflict among fathers with alcohol	tal self-report. In addition, the im-	
abuse and maltreatment tends to	the Behavioral Couples Therapy	use disorders' (p243).	pact which the individual cognitive	
focus on mothers despite evi-	group the rate was 86%; and the		behavioural therapy sessions had	
dence showing that fathers are	rate in the Individual-Based Treat-	Has the study dealt appropri-	on outcomes is unclear and the	
more likely to perpetrate serious	ment group was 83%.	ately with any ethical concerns?	sample size is very small.	
abuse, especially where sub-		No. No details on informed con-		
stance abuse is a factor. They go	Was contamination acceptably	sent or ethical approval are given.	Overall assessment of external	
on to discuss the evidence show-	low? Yes. Therapists who deliv-		validity: +	
ing the benefits which behavioural	ered the sessions participated in	Were service users involved in		
couples therapy (for substance	videotaped training sessions in	the study? No. There is no indi-	Only awarded a + as the study	
use issues) can have for children	which their adherence to manual	cation that service users were in-	was conducted in the USA.	
and suggest that the skills which	guidelines was reviewed. This was	volved at the design stage.		
parents learn in these sessions	assessed using scales developed		Overall validity score: +	
such as communication and prob-	for earlier Behavioral Couples	Is there a clear focus on the		
lem-solving 'spillover' into wider	Therapy trials. Adherence scores	guideline topic? Yes. Study is	As the study was conducted in the	
family relationships. (pp244–5).	ranged between 8.84 to 8.89	relevant to the early help section	USA and has some methodologi-	
When discussing the treatment	across each treatment condition	of the guideline.	cal limitations (i.e. a pilot study	

	<b>7</b>	with a very small sample size) it is
which is a method of improving parenting and child functioning (Forehand et al. 1981; Jones et al. 2005).  How was selection bias minimised? Randomised. No details are provided on randomisation method.  Was the allocation method followed? Partly - No details on allocation concealment are provided.  Is blinding an issue in this study? Part blinding - It would not have been possible to blind participants of providers. Blinding of interviewers would have been possible but there is no indication that this was the case.  Did either group receive additional interventions or have services provided in a different manner? Partly. Twelve of the 24 weekly sessions in each treatment condition.  Is blinding an issue in this study? Part blinding - It would not have been possible to blind participants of providers. Blinding of interviewers would have been possible but there is no indication that this was the case.  Did either group receive additional interventions or have services provided in a different manner? Partly. Twelve of the 24 weekly sessions in each treatment condition.  (For those the provided in a different manner? Partly. Twelve of the 24 weekly sessions in each treatment delivered individually to male participants.  Were outcomes relevant? Yes.  Were outcome measures reliable? Partly. The majority of measures used were reliable and valid however they were all collected via maternal, paternal or child self-report at interview. It should be noted that child maltreatment was measured via parental self-report.	ame as at least 1 of the groups overed by the guideline? Yes.  It the study setting the same as a least 1 of the settings covered by the guideline? Yes.  It to activities covered by the guideline? Yes. Study relates to early help.  For effectiveness questions) are the study outcomes releant to the guideline? Yes. Study measures substance use, arenting behaviours, interparend conflict and violence and child caltreatment.  For views questions) Are the the sews and experiences reported the study have a UK perpective? No - USA.	not possible to award a higher overall validity score.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
study excluded couples in which	Were all outcome measure-		
the female also met Diagnostic	ments complete? Yes.		
and Diagnostic and Statistical			
Manual of Mental Disorders (4th	Were all important outcomes		
edn; DSM-IV; American Psychiat-	assessed? Yes. Although it is un-		
ric Association 1994) criteria for	clear why official records were not		
alcohol abuse or dependence.	used to measure open Child Pro-		
The study also excluded families	tection Services cases rather than		
in which the couple had been co- habiting for less than 2 years or	parental reports.		
married for less than 1 year.	Were there similar follow-up		
married for less than 1 year.	times in exposure and compari-		
Were all participants accounted	son groups? Yes.		
for at study conclusion? Yes,			
83% of the total sample completed	Was follow-up time meaningful?		
all assessments. Drop-out rates	Yes. Baseline assessments were		
are not reported by group.	conducted within 1 week of admis-		
	sion to the treatment program.		
	Three follow-up assessments were conducted: - at treatment		
	completion; at 6 months; and at 12		
	months.		
	months.		
	Were exposure and comparison		
	groups similar at baseline? If		
	not, were these adjusted? Yes.		
	No significant differences were		
	found between the three treatment		
	conditions on sociodemographic		
	or background characteristics (all		
	ps>0.30).		
	Was intention to treat (ITT) anal-		
	ysis conducted? Not reported.		
	No indication that ITT analysis		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	was conducted.		
	Was the study sufficiently pow- ered to detect an intervention		
	effect (if one exists)? Not re-		
	ported. Power calculations and ex-		
	pected effect sizes are not pre-		
	sented. The study is a pilot and as		
	such the sample size is very small.		
	Sinaii.		
	Were the estimates of effect		
	size given or calculable? Yes.		
	Effect sizes using r are provided (including Cohen's characterisa-		
	tions: small r=.10, medium r=.30,		
	large r =.50). Clinical significance		
	was defined as r≥.20		
	Were the analytical methods ap-		
	propriate? Yes. Growth curve		
	modelling within a linear mixed ef-		
	fects model framework. Pairwise comparisons between the experi-		
	mental condition (Parent Skills		
	with Behavioral Couples Therapy)		
	and the two comparators. Pairwise		
	comparisons between the 2 com-		
	parators are not reported. Missing data was addressed via imputa-		
	tion.		
	Was the precision of interven-		
	tion effects given or calculable?		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	
	Were they meaningful? Not reported - p values and confidence intervals are not provided.		
	Do conclusions match findings?  Yes. Although with regards to the measure of child maltreatment the authors emphasise clinically significant effects for the experimental condition r ≥.20 when this is a small to medium effect in statistical terms.		

# 11. LeCroy CW and Krysik J (2011) Randomized trial of the healthy families Arizona home visiting program. Children and Youth Services Review 33: 1761–6

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
	vention and comparison as in-	question match the review	validity: +
Description of theoretical ap-	tended? Not reported.	question? Yes. The study aimed	_
proach? Partly. The authors do	•	to ' examine the effectiveness of	The decision to use a number of
not present a clear hypothesis or	Was contamination acceptably	home visiting as a means of im-	non-validated scales and a mater-
theory of change although they do	low? Not reported.	proving parental, child, and mater-	nal depression measure which
briefly discuss why certain out-		nal outcomes and preventing child	proved to be unreliable (all of
comes are important and can con-	Did either group receive addi-	abuse and neglect' (p1761).	which were collected via parental
tribute to prevention of child abuse	tional interventions or have ser-	(p : 1 0 1).	report), the failure to measure
and neglect.	vices provided in a different	Has the study dealt appropri-	some outcomes at all assessment
	manner?	ately with any ethical concerns?	points, as well as a lack of meth-
How was selection bias mini-	Partly. It is not clear whether the	Partly. Participants agreed to take	odological detail on issues such
mised? Randomised. No details	control group received additional	part in the programme (although	as the randomisation process sug-
on randomisation process are pro-	interventions as the authors note	no information is given on consent	gest lower internal validity.
vided.	that ' control group families were	to take part in the study). The	
	offered opportunities to access	study protocol was approved by	Overall assessment of external
	services if desired' (p1766).	the Institutional Review Board.	validity: +

Internal validity – approach ar	ηd
sample	

Was the allocation method followed? Not reported. Allocation concealment is not reported.

# Is blinding an issue in this study?

Part blinding. Although the authors report that home visitors were, as far as was possible, kept unaware of group allocation it seems unlikely that this would have been possible given the nature of the intervention. Similarly, it seems unlikely that participants could have been blinded. Data was collected via interview and it would have been possible for investigators to be blinded although it is not clear if this was the case as no information on the interview process is provided.

Did participants reflect target group? Yes. The programme aims to work with families at the prenatal or new parent stage - 405 families were screened, of which 372 were randomised to the programme. The authors do not report specifically on how many families agreed to participate in the study but 195 were enrolled in total. Eligibility was first assessed using a screening tool (15-item risk criteria, e.g. teenage mother).

# Internal validity – performance and analysis

### Were outcomes relevant?

Yes. Outcomes measured included 'violent behaviour' (family violence and aggressive discipline) and 'parenting attitudes' (e.g. inappropriate expectations). The authors decided not to measure official reports to the authorities due to concerns regarding surveillance bias.

## Were outcome measures reliable?

Partly. All outcome measures relied on self-report at interview. In addition, a number of outcome measures were created specifically for this study, or were modified versions of other scales. The validity and reliability of these are unclear and it is also unclear why these were created in some cases, e.g. a scale was created to measure domestic/family violence that was similar to the Conflict Tactics Scale (Straus et al. 1998) but it is not apparent why this scale itself was not used. The authors report that the scale used to measure depression proved unreliable and these scores using this were not interpreted due to low alphas.

### **External validity**

Were service users involved in the study? No. No indication that service users were involved at the design stage.

Is there a clear focus on the guideline topic? Yes. Study aims to prevent maltreatment and improve child and parental outcomes.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Families screened (using a 15 item checklist, e.g. teen mother) and assessed (using Kempe Family Checklist) for risk.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. The intervention is home visiting.

Does the study relate to at least 1 of the activities covered by the guideline? Yes. Relevant to early help.

(For effectiveness questions)
Are the study outcomes relevant to the guideline? Yes. Outcomes measured included 'violent behaviour' (family violence and

### Overall validity rating

Only given a + as the study was carried out in the USA.

### Overall validity score: +

As the study was conducted in the USA and has some internal validity issues (e.g. use of non-validated scales, data collected via parental report, the failure to measure some outcomes at all assessment points) it is not possible to award a higher validity score.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	were all outcome measurements complete? Partly. Some measurements do not appear to have been completed at certain points, e.g. maternal engagement in school or training at baseline or emotional loneliness at the one year assessment.  Were all important outcomes assessed? Partly. The authors did not use official child protection services as a measurement of incidence of abuse. They state that these are not recommended as valid outcome measures and are likely to show surveillance bias. In addition, the lack of child outcomes (e.g. development) seems problematic given the stated aims of the study and programme.  Were there similar follow-up times in exposure and comparison groups? Yes. Both the intervention and control groups were assessed at 6 months of age and 1 year of age. However, there is little detail provided regarding the point at which screening and en-	aggressive discipline) and 'parenting attitudes' (e.g. inappropriate expectations).  (For views questions) Are the views and experiences reported relevant to the guideline? Not applicable (not views question).  Does the study have a UK perspective? No. Conducted in the USA.	Overall validity rating
	rolment took place and given the fact that the authors state that the programme is targeted at new parents or those in the prenatal stage		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	there may have been some varia-		
	tion in the length of time which the		
	families had been involved in the		
	programme. Ages of children are		
	not provided in the demographic		
	data.		
	Was follow-up time meaningful?		
	Partly. Assessment at 6 months		
	and one year of age seems ac-		
	ceptable (resulting in low drop-out		
	rates). The authors note that one		
	year is a useful assessment point		
	for certain measures e.g. the Par-		
	ent -Child Conflict Tactics scale as		
	this ' is the period when parents		
	are apt to react more punitively to		
	their infants' (p1763). However,		
	this time period means that the		
	long-term impacts of the pro-		
	gramme could not be measured.		
	The authors themselves note this		
	and make specific comments with		
	regards to certain outcomes such		
	as abusive behaviours which can		
	increase during the toddler period		
	(e.g. spanking). NB. The authors		
	originally intended to collect data		
	over a 5-year period, but funding		
	was eliminated due to the financial climate.		
	Ciirriale.		
	Were exposure and comparison		
	groups similar at baseline? If		
	not, were these adjusted? No.		

and analysis The authors report that the control and intervention group were similar on most characteristics at		
and intervention group were simi-		
baseline although there were statistically significant differences found in mother's average age, receipt of prenatal care, health insurance, employment of mother, ownership of a car. The authors also report that involvement with child protective services as a parent was a statistically significant difference, with more participants in the intervention group reporting involvement. As a result the authors decided to use an ANCOVA model to covary any differences.  Was intention to treat (ITT) analysis conducted? Yes.		
Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. Power calculations and expected effect sizes are not provided. The sample size seems reasonable although the authors note that it was 'somewhat underpowered' (p1763) and chose to define statistical significance at p=<.10 as a result.		
thrososociiiitr <b>V V C C</b> pp V r r p c p	distically significant differences found in mother's average age, receipt of prenatal care, health insurance, employment of mother, ownership of a car. The authors also report that involvement with child protective services as a parent was a statistically significant difference, with more participants in the intervention group reporting involvement. As a result the authors decided to use an ANCOVA model to covary any differences.  Was intention to treat (ITT) analysis conducted? Yes.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not respected. Power calculations and expected effect sizes are not provided. The sample size seems reasonable although the authors note that it was 'somewhat underpowered' (p1763) and chose to define statistical significance at	istically significant differences found in mother's average age, receipt of prenatal care, health insurance, employment of mother, pownership of a car. The authors also report that involvement with child protective services as a parent was a statistically significant difference, with more participants in the intervention group reporting involvement. As a result the authors decided to use an ANCOVA model to covary any differences.  Was intention to treat (ITT) analysis conducted? Yes.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. Power calculations and expected effect sizes are not provided. The sample size seems reasonable although the authors note that it was 'somewhat underpowered' (p1763) and chose to define statistical significance at pe<<.10 as a result.

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
	size given or calculable? Not reported. Effect sizes are not provided.		
	Were the analytical methods appropriate? Yes. The authors used an ANCOVA model to allow variables that were significantly different at baseline to be used as covariates. 'The analysis used a series of a priori contrasts' (p1763). The dependent measures were considered 'conceptually independent' and were treated as an independent test. 'However, measures that were highly correlated with other measures were not included' (p1763).		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes - p values are provided.  Do conclusions match find-		
	ings? Yes. Although the text is not always clear that some measures were not assessed at baseline, e.g. maternal engagement in school or training.		

# 12. Mejdoubi J, van den Heijkant SCCM, van Leerdam FJM et al. (2015) The effect of VoorZorg, the Dutch nurse-family partnership, on child maltreatment and development: a randomized controlled trial. PloS one 10: e0120182

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim: To investigate the effectiveness of VoorZorg, a Dutch adaptation of the Nurse-Family Partnership (NFP) in preventing child maltreatment.  Description of theoretical approach? Partly. No description of why NFP, upon which ZV is based is effective, but does state that NFP has been found to be effective in 3 RCTs conducted in the US, including the Elmira trial which showed at ages 2 and 15 NFP children were less likely to have CPS reports. States that this is the first trial to conduct an RCT of NFP outside the US. (p 2).	Was the exposure to the intervention and comparison as intended? Partly. High rate of attrition from baseline to 24 months follow up Control: n=223 to n=93 for IT-HOME and CBCL outcomes, n=223 to n=164 for 36 month CPS outcome Intervention n=237 to n=130 for IT-HOME and CBCL outcomes, n=237 to n=168 for 36 month outcomes.  Was contamination acceptably low? Not reported.  Did either group receive additional interventions or have services provided in a different	Does the study's research question match the review question?  Yes. Looks at effectiveness of programme in reducing child maltreatment, measured by incidence of CPS reports 36 months after birth.  Has the study dealt appropriately with any ethical concerns?  Yes. Written consent obtained from participants and agreement from them to obtain CPS data on their children. Written forms scanned and stored in digital archive. Ethics approved by Medical Ethical Committee of VU University Medical Control	Overall assessment of internal validity: ++ Overall assessment of external validity: ++ Only country is not exactly relevant. Overall validity rating: + Relatively high attrition rate for the study (32.8% for whole study sample).
How was selection bias mini- mised? Randomised.	manner? Not reported.	sity Medical Centre.  Were service users involved in	
Was the allocation method fol-	Were outcomes relevant? Yes.	the study? No.	
Is blinding an issue in this study? Blinding. Single blinding - researchers as it was obvious to participants which group they were in. No way of avoiding this when comparing with usual care.  Did participants reflect target group? Yes. Although fewer	Were outcome measures reliable? Yes. IT-HOME and CBCL are validated tools CPS reports accepted as measure of risk/incidence of abuse or neglect. Were all outcome measurements complete? Partly. Smaller	Is there a clear focus on the guideline topic? Yes - relates to 4.3 c) targeted activities to prevent child abuse.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Yes relates to both children at risk of abuse or neglect and mothers of those children.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
women were available to be analysed for CPS reports than other outcomes as only 8 CPS regions gave their permission.	groups for both control and intervention were measured for incidence of abuse/neglect  Were all important outcomes	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Children's own homes.	
gave their permission.  Were all participants accounted for at study conclusion? Partly. Attrition rate at 24 months in intervention group was 25% and in control group was 41%. Missing data were imputed as part of intent to treat analysis.	were there similar follow-up times in exposure and comparison groups? Yes.  Was follow-up time meaningful? Yes. 6 months, 18 month and 24 months for IT-HOME and CBCL measurements, 36 months for CPS reports.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.  Was intention to treat (ITT) analysis conducted? Yes.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Partly. Power calculation was conducted for outcome measured by different study of same trial - smoking behaviour, where power calculation was 0.8, alpha 0.05.  Were the estimates of effect size given or calculable? Yes.  Were the analytical methods appropriate? Yes. Poisson regres-	Does the study relate to at least 1 of the activities covered by the guideline? Yes. 4.3c. (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes. Incidence of abuse or neglect; quality of parenting; child's wellbeing.  Does the study have a UK perspective? No. Dutch.	
	sion models to assess difference between groups for CPS reports		

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
	an CBCL/1.5 to 5 scores Modera-		
	tion analyses conducted on pri-		
	mary outcome (CPS reports) for		
	ethnicity and gender of child. Mul-		
	tiple Imputation analyses con-		
	ducted on missing CBCL data at		
	24 months, validated by sensitivity		
	analyses - 50 imputed datasets		
	generated as recommended Multi-		
	ple linear regression first used to assess difference in IT-HOME		
	scores with a mixed model analy-		
	sis conducted to look at longitudi-		
	nal difference- MI not conducted		
	due to higher power of mixed		
	model analyses. All analyses ad-		
	justed for confounders and effect		
	modifiers- region; age; ethnicity;		
	gender of child; age of mother;		
	weeks of gestation and birth		
	weight). Attrition analysis also		
	conducted.		
	Was the precision of interven-		
	tion effects given or calculable?		
	Were they meaningful? Yes.		
	Do conclusions match find-		
	ings?		
	Yes.		

13. Nelson HD, Selph F, Bougatsos C et al. (2013) Behavioral Interventions and Counseling to Prevent Child Abuse and Neglect: Systematic Review to Update the U.S. Preventive Services Task Force Recommendation. Rockville: Agency for Healthcare Research and Quality

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused		Does the study's research	Overall assessment of internal
question? Yes. 'This systematic	studies? Yes.	question match the review	validity: ++
review addresses the effective-		question? Yes. 'This systematic	
ness and adverse effects of be-	Study quality assessed and re-	review addresses the effective-	Overall assessment of external
havioral interventions and coun-	ported? Yes - using predefined	ness and adverse effects of be-	validity: +
seling to prevent child abuse and	criteria developed by the USPSTF	havioral interventions and coun-	
neglect for children at potentially	(US Preventive Services Task	seling to prevent child abuse and	Overall score: +
increased risk. This review fo-	Force Quality Rating Criteria), two	neglect for children at potentially	
cuses on children without obvious	investigators rated the quality of	increased risk. This review fo-	Trials were limited by heterogene-
signs or symptoms of abuse or ne-	studies (good, fair, poor) and re-	cuses on children without obvious	ity, low adherence, high loss to fol-
glect who are seen in health care	solved discrepancies by consen-	signs or symptoms of abuse or ne-	low-up, and lack of standardised
settings' (p1).	sus (Appendix A5).	glect who are seen in health care	measures
		settings' (p1).	
Adequate description of meth-	Do conclusions match find-		
odology? Yes. 'An investigator	ings?	Comparative studies (RCTs) but	
abstracted data about the study	Yes. Balanced conclusions with	8/17 included studies published	
design and setting, participant	relation to findings.	after 2004. However, pre-2004	
characteristics, data collection		studies have been included for	
procedures, numbers enrolled and		data extraction.	
lost to follow-up, methods of expo-			
sure and outcome ascertainment,		Has the study dealt appropri-	
analytic methods including adjust-		ately with any ethical concerns?	
ment for confounders, and out-		Not reported - not applicable.	
comes. A second investigator con-		Mara carries was invaluatin	
firmed the accuracy of data' (p7).		Were service users involved in	
Consistency judged according to		the study? Not reported.	
whether outcomes generally in same direction of effect, and		Is there a clear focus on the	
•			
range of effect sizes were narrow.		guideline topic? Yes. 'This sys-	
Meta-analysis not possible due to			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
heterogeneity of participants, in-		tematic review addresses the ef-	
terventions, outcome measure-		fectiveness and adverse effects of	
ments, follow-up periods and data		behavioral interventions and coun-	
analysis. The review was re-		seling to prevent child abuse and	
viewed by content experts,		neglect for children at potentially	
USPSTF members, AHRQ Project		increased risk. This review fo-	
Officers, and collaborative part-		cuses on children without obvious	
ners. Detailed presentation of		signs or symptoms of abuse or ne-	
quantitative data from each study		glect who are seen in health care	
when data available (Table 4-9).		settings' (p1).	
( 111 1 )		3- (1- )	
Rigorous literature search? Yes.		Is the study population the	
Detailed search strategy (Appen-		same as at least 1 of the groups	
dix A1); 'MEDLINE and PsycINFO		covered by the guideline? Yes.	
(January 2002 to June 2012),		'This review focuses on children	
Cochrane Central Register of		without obvious signs or symp-	
Controlled Trials and Cochrane		toms of abuse or neglect who are	
Database of Systematic Reviews		seen in health care settings' (p1).	
(second quarter 2012), Scopus,		(р.).	
and reference lists were searched		Is the study setting the same as	
for English-language trials' (Ab-		at least 1 of the settings cov-	
stract).		ered by the guideline? Yes.	
		Homes and health care settings	
		(prenatal clinics; hospitals).	
		(promotor omnos, mospitalis).	
		Does the study relate to at least	
		1 of the activities covered by	
		the guideline? Yes. Various	
		home visiting and parenting pro-	
		grammes.	
		(For effectiveness questions)	
		Are the study outcomes rele-	
		vant to the guideline? Yes. CPS	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		involvement, emergency depart-	
		ment admission, hospital visits, re-	
		ports of harsh parenting, etc.	
		Does the study have a UK per-	
		spective? No. Mainly US, only 1	
		of 10 trials conducted in UK.	

# 14. Peacock S, Konrad S, Watson E et al. (2013) Effectiveness of home visiting programs on child outcomes: A systematic review. BMC Public Health 13: 17

Public Health 13: 17	<u></u>		
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
<b>question?</b> Yes - clear objectives.	studies? Yes.	question match the review	validity: ++
		question? Yes. Review of 21	
Adequate description of meth-	Study quality assessed and re-	studies. 17 studies were included	Overall assessment of external
odology? Yes. 'A principal re-	ported? Yes. Based on validity	which met the scope of our re-	validity: +
viewer assessed all the papers,	tool (total scores of 15), 3 scores	view, however four did not (origi-	
and one of two secondary review-	for each on study design/alloca-	nating from Chile, Bangladesh, Ja-	Overall score: +
ers independently evaluated their	tion, matched cohort; attrition;	maica and South Africa) and for	
relevance, with a third to adjudi-	control of confounders, measure-	the purposes of data extraction	Study does not report the outcome
cate if needed. When necessary,	ment tools description and appro-	have been excluded.	measures used in studies where
we contacted researchers to clar-	priate statistical analyses. 6 RCTs		no significant impact was found.
ify components of their research'	scored 15/15; 15 RCTs scored 13-	Has the study dealt appropri-	The authors report that the 'find-
(p2). Narrative data analyses of	14/15. Only studies score 13/15	ately with any ethical concerns?	ings of this review must be consid-
studies according to outcomes.	were included.	Not reported - not applicable.	ered in light of the potential for
			publication bias, selective report-
Rigorous literature search? Yes.		Were service users involved in	ing within studies and methodo-
Search of 7 databases including	ings? Yes. Conclusions fair and	the study? Not reported.	logical limitations within the in-
CINAHL PLUS, Cochrane Library,	balanced as authors also aware of		cluded studies' (p13).
ProQuest Dissertations and The-	limitations: access to papers, un-	Is there a clear focus on the	
ses, EMBASE, MEDLINE,	successful contact with authors (of	guideline topic? Yes.	
PSYCINFO and Sociological Ab-	studies) for more information; pub-		
stracts databases (pub date 1990	lication bias, selective reporting	Is the study population the	
to May 2012); detailed search	within studies etc.	same as at least 1 of the groups	
strategy.		covered by the guideline? Yes -	
		at risk families and mothers.	
		Is the study setting the same as	
		at least 1 of the settings cov-	
		ered by the guideline? Yes - not	
		explicit. Home visitation pro-	
		grammes are likely to be rolled out	
		in homes and primary healthcare	
		settings.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Home visiting -targeted activities /interventions to prevent child abuse and neglect.	
		(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes. Child abuse and neglect; report on health assessment: physical growth; up-to-date immunisations; hospitalisations, illness and injuries; report on developmental delays: psycho-motor and cognitive development; child behaviour; language development.	
		Does the study have a UK perspective? No. Included studies conducted in different countries, 14 in the US; 2 in Ireland and 1 in UK.	

<sup>15.</sup> Pereira M, Negrão M, Soares I et al. (2015) Decreasing harsh discipline in mothers at risk for maltreatment: A randomized control trial. Infant Mental Health Journal 35: 60413

Internal validity – approach an	d
sample	

Study aim: To assess the effectiveness of the Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline (VIPP-SD) at improving maternal sensitivity and reducing harsh discipline among 43 severely deprived Portuguese mothers of children aged 1–4 years, for whom there were concerns raised about the caregiving environment.

Description of theoretical approach? Yes. Links the attachment theory framework which underpins the Ainsworth et al. maternal sensitivity construct (Ainsworthet al. 1978) to Milner's 4stage social-information-processing model for understanding the risk of the use of harsh parenting. (Milner 1993, 2003). 'The parent's lack of positive attachmentrelated skills such as sensitivity and empathy for the child leads to negative interpretations of child behavior and potentially harsh discipline practices' (p606). Also draws on insights from coercion theory- whereby parents and children can get into negative interaction cycles, through child-resistance and an escalation to harsh discipline to counteract this. and states that as this pattern can

# Internal validity – performance and analysis

Was the exposure to the intervention and comparison as intended?

Yes.

Was contamination acceptably low? Not reported.

# Did either group receive additional interventions or have services provided in a different manner?

No. Those that received usual care of the telephone sessions were signposted to GPs or health agency if they sought explicit help and advice from researchers.

Were outcomes relevant? Yes.

Were outcome measures reliable?

Yes.

Were all outcome measurements complete? Yes.

Were all important outcomes assessed? Yes.

Were there similar follow-up times in exposure and comparison groups? Yes.

Was follow-up time meaningful? No, 1 month post-test only.

Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.

#### **External validity**

Does the study's research question match the review question?

Yes.

Has the study dealt appropriately with any ethical concerns? Yes.

Were service users involved in the study? No.

Is there a clear focus on the guideline topic? Yes. Reduction in harsh discipline.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Parents at risk of maltreating their children.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Own homes.

Does the study relate to at least 1 of the activities covered by the guideline? Yes. Early help.

(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.

Does the study have a UK perspective? No. Portuguese.

#### Overall validity rating

Overall assessment of internal validity

-

Overall assessment of external validity

+

Entirely relevant but not UK.

#### Overall validity score

-

Small sample, no blinding, lack of information on whether study was sufficiently powered, also high levels of attrition as study progressed and unclear what impact this had on representativeness of sample.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
start very early in life, preventative efforts are needed. Does not state why VIPP-SD is effective beyond that it has been found to be effective in several other RCTS when	Was intention to treat (ITT) analysis conducted? No. Only participants with complete set of data analysed which saw n=44 sample reduced to n=43.		
used with other samples including adoptive parents, children at risk of externalising problems, children with dermatitis, insecurely attached mothers with temperamentally reactive infants, mothers with	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported.  Were the estimates of effect		
tally reactive infants, mothers with postnatal eating disorders. This is the first RCT to test the method	size given or calculable? Yes.		
with disadvantaged mothers and in order to specifically reduce harsh discipline.	Were the analytical methods appropriate? Yes. Outliers adjusted for.  Was the precision of interven-		
How was selection bias mini- mised? Randomised.	tion effects given or calculable? Were they meaningful? Yes. p		
Was the allocation method followed? Yes.	values but not confidence intervals.		
Is blinding an issue in this study? No blinding.	Do conclusions match findings? Yes.		
Did participants reflect target group? Partly. Sample reflected the kinds of mothers, but target selection sample was 132, and the end sample was 44, so there was a high attrition rate from initial recruitment. Then further data collection issues further reduced the analysed sample to 43.			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Were all participants accounted			
for at study conclusion? Yes. All			
families accounted for. However,			
there were high levels of dropout			
following the pretest stage (40%),			
and relatively high levels of drop-			
out during the main intervention			
(20%).			

# 16. Robling M, Bekkers M-J, Bell K et al. (2015) Effectiveness of a nurse-led intensive home-visitation programme for first-time teenage mothers (Building Blocks): a pragmatic randomised controlled trial. Lancet: 1–10

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim: To investigate the effectiveness of a nurse-led home visiting programme for first-time mothers aged 19 years or younger in a UK context 24 months after birth. The primary aims of the intervention were to reduce tobaccouse by the mother, proportion of subsequent pregnancies within the 24 months, birthweight of the baby, and number of emergency department attendances and hospital admissions. We have also extracted data collected by the study which relates to outcomes of interest to this review.  Description of theoretical approach? Yes.	Was the exposure to the intervention and comparison as intended? Yes.  Was contamination acceptably low? Not reported.  Did either group receive additional interventions or have services provided in a different manner? No.  Were outcomes relevant? Yes.  Were outcome measures reliable? Partly. Query measures used to assess safeguarding outcomes. These are:	Does the study's research question match the review question? Yes. Has the study dealt appropriately with any ethical concerns? Yes. Were service users involved in the study? No. Is there a clear focus on the guideline topic? Yes. Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Young first-time mothers.	Overall assessment of internal validity  + Bias of using only risk factor of age of mother. Different groups of sample used for different outcomes.  Overall assessment of external validity  + Due to mismatch in primary outcomes.  Overall validity score  + This study has been rated as moderate due to the rigorous design and detailed reporting of

# Internal validity – approach and sample

How was selection bias minimised? Randomised. Randomisation stratified by site and minimised by gestation, smoking and preferred language of data collection.

Was the allocation method followed? Yes.

### Is blinding an issue in this study?

Part blinding. Mothers and fieldbased researchers (who could also have been assessors) not masked to group allocation but assessors conducting computer-assisted telephone interview were masked.

Did participants reflect target group? Yes.

Were all participants accounted for at study conclusion? Partly. Full evaluation report reports voluntary withdrawals from the programme, and mandatory withdrawals (for example, due to miscarriage or stillbirth). The rates of mandatory and voluntary withdrawals were relatively low (5.0% and 6.7% respectively). However, rates of incomplete assessment data were relatively high. For example, 18% of the sample did not

# Internal validity – performance and analysis

safeguarding processes as reported in GP notes – query re.
 how comprehensive this would be would all safeguarding pro-

- cesses always be captured?
- self-reported referrals to social services - query regarding how accurate self-report likely to be
- self-reported levels of intimate partner violence.

Suggest that a more accurate measure of safeguarding concerns would have been to look at children's social care records.

Were all outcome measurements complete? Yes.

Were all important outcomes assessed? Yes.

Were there similar follow-up times in exposure and comparison groups? Partly. Different follow-up times for different outcomes

Was follow-up time meaningful? Yes.

Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.

Was intention to treat (ITT) analysis conducted? Yes.

Was the study sufficiently powered to detect an intervention

#### **External validity**

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Own homes of mothers and children.

Does the study relate to at least 1 of the activities covered by the guideline? Yes. Early help.

(For effectiveness questions)
Are the study outcomes relevant to the guideline? Partly.

The primary outcomes of interest for this study had more of a health focus: tobacco use, birthweight of baby, proportion of second pregnancies within 24 months, emergency attendance and hospital admissions within 24 months. The study does look at safeguarding and referrals to social services as two of its secondary outcomes, however these are as reported in GP records and self-reported respectively. The study has not used data from children's social care directly.

Does the study have a UK perspective? Yes.

#### Overall validity rating

data. However, we considered rating this as poor for 2 reasons: 1) Possible risk of bias arising from high levels of missing data. In line with the Cochrane guidelines we have considered whether the missing data presents a risk of bias in terms of 'the amount and distribution across intervention groups, the reasons for outcomes being missing, the likely difference in outcome between participants with and without data, what study authors have done to address the problem in their reported analyses, and the clinical context' (http://handbook.cochrane.org/). For the safeguarding data provided by GPs our view is that the risk of bias resulting from attrition is low because rates of returned information from GPs is similar for both intervention and control. For self-report data we suggest that there may be some risk of bias due to higher levels of failure to complete assessments at 24 months amongst the control group (21.9% incomplete) compared to the intervention group (14.3% incomplete). The reviewing team have calculated this difference as being significant (chi-square=13.6, p<0.01).

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
complete the 24 month assessment data.	effect (if one exists)? Not reported.		2) The validity of the study outcome measures in terms of our
For example:	Were the estimates of effect size given or calculable? Yes.		principal outcome of interest - incidence of abuse and neglect. Safe-
Safeguarding (data obtained from GP) - collected data represent	Were the analytical methods appropriate? Yes.		guarding concerns are measured in the study via GP records and self-report. We are concerned that
only 57.4% of randomised participants. Referrals to social services (data	Was the precision of intervention effects given or calculable? Were they meaningful? Yes.		both of these methods are likely to under-report safeguarding issues, and consider that a better out-
obtained via self-report at 24 months) - collected data represent 68.1% of randomised participants.	Do conclusions match findings? Yes.		to use children's social care data.  However, the problem of under-reporting should be equally present
In line with the Cochrane guide- lines, we have considered whether the missing data are likely to bias			in both intervention and control groups.
the findings. For the safeguarding data provided by GPs our view is that the risk of bias resulting from attrition is low because rates of returned information from GPs is the			Based on these considerations we decided to retain a rating of 'moderate'.
same for both intervention and control. For self-report data we suggest that there may be some			
risk of bias due to higher levels of failure to complete assessments at 24 months amongst the control			
group (21.9% incomplete) compared to the intervention group (14.3% incomplete). The review-			
ing team have calculated this difference as being significant (chisquare=13.6, p<0.01).			

17. Sanders MR, Pidgeon AM, Gravestock F et al. (2004) Does parental attributional retraining and anger management enhance the effects of the Triple P-Positive Parenting Program with parents at risk of child maltreatment? Behavior Therapy 35: 513–35

ects of the Triple P-Positive Parenting Program with parents at risk of child maltreatment? Behavior Therapy 35: 513–35			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
_	vention and comparison as in-	question match the review	validity: +
Description of theoretical ap-	tended? Yes. Although 12% of	question? Yes. The study aimed	
<b>proach?</b> Partly. The authors do	the total sample failed to complete	to compare the effectiveness of '	On the whole the study seems
not present a logic model or com-	the treatment programme. Treat-	an enhanced group behavioral	well designed although there is a
prehensive theory of change but	ment sessions were delivered us-	family intervention (EBFI) for par-	lack of methodological detail and
they note that evidence shows	ing written protocols and adher-	ents at risk of child maltreatment	the follow up period was relatively
that there may be a relationship	ence to these was recorded by co-	" which addressed parental neg-	short. In addition, a small sample
between dysfunctional parental at-	facilitators using checklists. These	ative attributions and anger man-	size is a significant limitation.
tributions and negative child out-	were analysed to ensure that the	agement to a " standard-care	
comes. They go on to suggest that	•	group parent training intervention	Overall assessment of external
interventions targeted at parents	ered. Interrater reliability between	' (p516).	validity: +
who maltreat may be more effec-	coder and provider showed a high		_
tive where they include a cognitive	level of agreement. In addition, a	Has the study dealt appropri-	Only awarded a + as the study
behavioural component. (pp515–	research assistant randomly	ately with any ethical concerns?	was conducted in Australia.
16).	viewed video recordings of 15	No. No information regarding in-	
	sessions from each condition and	formed consent or approval of the	Overall validity score: +
How was selection bias mini-	coded these according to protocol	study protocol is provided. The au-	
mised? Randomised. No details	adherence. Adherence levels	thors do note that their decision	As the study was conducted in
on the randomisation process are	(mean) were high for each condi-	not to use a no-treatment or wait-	Australia and there are some in-
given.	tion.	list control group was due to ethi-	ternal validity concerns (e.g. small
		cal concerns regarding withhold-	sample size and short follow-up) it
Was the allocation method fol-	Was contamination acceptably	ing treatment from participants at	is not possible to award a higher
lowed? Not reported. Allocation	low? Partly. The authors report	risk of child abuse.	overall validity score.
concealment is not reported.	that participants in the standard		
	condition may have been inci-	Were service users involved in	
Is blinding an issue in this	dentally exposed to attributional	the study? No. No indication that	
study?	training as a result of within group	service users were involved at the	
Part blinding. Observational	socialisation processes.	design stage.	
measures were recorded by video	Bid attle and a second at the	la dia cara di sa Cara di sa di	
and interactions were coded by	Did either group receive addi-	Is there a clear focus on the	
raters blind to group assignment	tional interventions or have ser-	guideline topic? Yes. Relevant to	

early help section of the guideline.

vices provided in a different

and stage of assessment. It would

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
not have been possible to blind	manner?		
providers or participants. No de-	No.	Is the study population the	
tails are provided on whether		same as at least 1 of the groups	
baseline or follow-up interviews	Were outcomes relevant? Yes.	covered by the guideline? Yes.	
were conducted by investigators		Parents ' experiencing signifi-	
who were blinded to group assign-	Were outcome measures relia-	cant difficulties in managing their	
ment although this would have	ble?	own anger in their interactions	
been possible.	Partly. All measures were made	with their preschool-aged children	
	using established and validated	' (p513).	
Did participants reflect target	scales although all appear to rely		
group? Yes. No details on the	on parental self-report. It may also	Is the study setting the same as	
number of families screened for	be important to note that the au-	at least 1 of the settings cov-	
eligibility, the number ineligible or	thors report that the some	ered by the guideline? Yes.	
participation rates of eligible fami-	measures (e.g. the Parental Anger		
lies are provided. Selection crite-	Inventory - used as a measure of	Does the study relate to at least	
ria: At least 1 notification to Fami-	risk of maltreatment) only showed	1 of the activities covered by	
lies, Youth and Community Care	moderate reliability, internal con-	the guideline? Yes. Relates to	
Queensland (did not need to be	sistency, and correlation with	early help.	
substantiated) and/or parental	other measures.	(For effectiveness guestions)	
concerns regarding anger man-	Ware all outcome magazire	(For effectiveness questions)	
agement in relation to the child, and an elevated score on 3 sub-	Were all outcome measure- ments complete? Yes.	Are the study outcomes relevant to the guideline? Yes. The	
scales of the State-Trait Anger Ex-	ments complete? Tes.	study measures risk of maltreat-	
pression Inventory (STAXI, Spiel-	Were all important outcomes	ment, parenting and parental ad-	
berger 1996). Families were ex-	assessed? Yes.	justment, and child behaviour.	
cluded if they were:- currently re-	<b>d33e33eu:</b> 1 c3.	Justinent, and enila benaviour.	
ceiving family therapy or psycho-	Were there similar follow-up	(For views questions) Are the	
therapeutic interventions in rela-	times in exposure and compari-	views and experiences reported	
tion to child behaviour; a child or	son groups? Yes.	relevant to the guideline? Not	
parent had significant intellectual	3. cape : . ca	applicable (not views question).	
impairments. No families were ex-	Was follow-up time meaningful?		
cluded on these criteria. The au-	Partly. Assessments took place	Does the study have a UK per-	
thors also report that the study	pre-treatment, post-treatment and	spective? No. The study was	
participants were families with a	at the six month point. Six months	conducted in Australia.	
child between the ages of two to	is quite a short follow-up time and		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
seven but it is not clear if this is an	long-term impacts of the pro-		
eligibility criterion. The study's out-	gramme would not be apparent at		
reach strategy is reported as '	this stage.		
parents who were concerned			
about their anger or that they	Were exposure and comparison		
would harm their child rather than	groups similar at baseline? If		
concerns specifically about child	not, were these adjusted?		
behavioral problems' (p518). The	Yes. They authors report that the		
majority of participants were fe-	groups were 'well matched' on		
male. Ethnic background is not re-	family background and demo-		
ported. Only a small percentage of	graphic characteristics at baseline.		
participants had been referred to	The authors also used ANOVA to		
authorities for allegations of abuse	compare the groups on key out-		
or neglect (did not need to be sub-	come measures at baseline. No		
stantiated) which was one of the	significant differences were found		
two main eligibility criteria (SBFI	on any measure.		
4%; EBFI 6%).			
,	Was intention to treat (ITT) anal-		
Were all participants accounted	ysis conducted? Not reported.		
for at study conclusion? Yes. In	No indication that ITT analysis		
the total sample (n=98), drop-out	was conducted.		
rates were acceptable (12%) but			
these differed by group, with 8	Was the study sufficiently pow-		
families from the experimental	ered to detect an intervention		
condition dropping out and 4 from	effect (if one exists)? Not re-		
the standard condition. Of the 86	ported. Power calculations and ex-		
families who completed their treat-	pected effect sizes are not re-		
ment programme, 2 families (2%)	ported. The total sample size was		
could not be contacted at post-in-	small (n=98).		
tervention assessment point and a			
further 2 (2%) could not be	Were the estimates of effect		
reached at the 6-month assess-	size given or calculable? Not re-		
ment point. These families lost to	ported. Effect sizes and confi-		
follow-up are not reported by	dence intervals are not provided.		
group.	asiss intervals are not provided.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Were the analytical methods appropriate? Yes. The analytical methods seem appropriate: 2 x 3 MANOVA. Clinically reliable changes were also assessed. Due to large number of measures, use of conservative alpha level of .01 across all analyses to control for the potential inflation of Type 1 error.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes - p values are provided.		
	Do conclusions match findings? Yes. Although the authors' discussion of 'long-term intervention effects' is based on data collected at six months. (p528).		

18. Scudder AT, McNeil CB, Chengappa K et al. (2014) Evaluation of an existing parenting class within a women's state correctional facility and a parenting class modeled from parent—child interaction therapy. Children and Youth Services Review 47: 238–47

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
	vention and comparison as in-	question match the review	validity: +
Description of theoretical ap-	tended? Not reported. No detail is	question? Yes. The aim of the	
proach? Partly. The authors pro-	provided on exposure. It may be	study is to determine whether par-	This is a well-designed study how-
vide a review of the evidence on	important to note that the interven-	enting classes devised using Par-	ever there are some limitations in-
Parent Child Interaction Therapy	tion was modified to enable deliv-	ent Child Interaction Therapy are	cluding a small sample size, short-
and a history of the development	ery in a correctional environment	more effective than a traditional	term follow-up, and collection of

Internal validity – approa	ach and
sample	

of the programme citing Hanf's 2stage model (Reitman and McMahon 2012) and Baumrind's (1967) theory regarding parental nurturance but they do not outline a theory of change.

How was selection bias minimised? Randomised. Carried out using an online randomiser.

Was the allocation method followed? Yes. Although allocation concealment is not reported (and the authors state that a clerical worker was involved with the randomisation process), testing of between-group differences at pretreatment showed that there were no significant differences.

# Is blinding an issue in this study?

Part blinding. Investigators (those who coded interactions) were blinded to treatment condition but it would not have been possible to blind participants or providers.

Did participants reflect target group? Yes. Women were eligible if they had been recommended for a parenting programme by facility staff at intake. Women not fluent in English were excluded. At least

# Internal validity – performance and analysis

(e.g. in conventional PCIT progression usually depends on 'mastery' of certain skills. In this program this was not required for progression or graduation.)

Was contamination acceptably low? Not reported. No details provided on contamination.

Did either group receive additional interventions or have services provided in a different manner?

Were outcomes relevant? Yes.

### Were outcome measures reliable?

Partly. All outcomes were measured using validated scales however some are self-reported and others were determined via observation in a role-play situation (i.e. with another researcher).

Were all outcome measurements complete? Yes.

Were all important outcomes assessed? Partly. Child outcomes were not measured, which the authors themselves note as a limitation.

#### **External validity**

parenting programme delivered to incarcerated mothers in enhancing parenting skills and stress, knowledge of child development, and child abuse potential.

Has the study dealt appropriately with any ethical concerns?

Yes. The study protocol was approved by the West Virginia Institutional Review Board. Consent from participants was given and they were aware that they could withdraw at any time without penalty.

Were service users involved in the study? No. No indication that there was input at the design stage.

Is there a clear focus on the guideline topic? Yes.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.

Does the study relate to at least 1 of the activities covered by the guideline? Yes.

#### Overall validity rating

data via role-play (i.e. not with the mothers child).

# Overall assessment of external validity: +

Only given a + as the study was not conducted in the UK. In addition, the Guideline Committee should bear in mind that the intervention was delivered to incarcerated mothers.

#### Overall validity score: +

This is a well-designed study however there are some limitations including a small sample size, shortterm follow-up, and collection of data via role-play (i.e. not with the mothers child). In addition, as the study was conducted in the USA and was delivered to incarcerated mothers there are limits to the external validity of the study.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
one of the women's children had to be under 12 which the authors state is due to the proven efficacy of Parent Child Interaction Therapy for children under 12. 84 women were selected and only two did not complete pre-treatment assessment (placed back on the waitlist).  Were all participants accounted for at study conclusion? Yes. The authors report that 71 women completed pre-post measures but this does not seem to match the data in table 1 on p243. There was a total attrition rate of 13%. Three participants dropped out from the intervention group and ten from comparison group (25%) which is quite high.	Were there similar follow-up times in exposure and comparison groups? Yes.  Was follow-up time meaningful? Partly. Assessments were carried out at pre and post-treatment. Follow-up at post-treatment did not allow the long-term impacts of the programme to be measured.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes. Testing of between-group differences at pre-treatment showed that there were no significant differences.  Was intention to treat (ITT) analysis conducted? Not reported. No indication that ITT analysis was carried out.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No power calculation or expected effect sizes are provided. The sample size is quite low.  Were the estimates of effect size given or calculable? Yes.	(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  (For views questions) Are the views and experiences reported relevant to the guideline? Not applicable (not views question).  Does the study have a UK perspective? No. Conducted in the USA.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Effect sizes using Cohen's d are		
	provided.		
	Were the analytical methods ap-		
	propriate? Partly. Mixed be-		
	tween-within ANOVAs used for all		
	measures. However, only one set		
	of p values reported - unclear		
	whether these are main effect of		
	group, or interaction of group by		
	time. Child abuse potential scores		
	were examined with and without		
	elevated lie scores.		
	Was the precision of interven-		
	tion effects given or calculable?		
	Were they meaningful? No. Con-		
	fidence intervals and p values are		
	not reported.		
	Do conclusions match find-		
	ings?		
	Yes. On the whole the authors'		
	conclusions do match the findings.		
	The study found that inappropriate		
	expectations decreased to a		
	greater extent in the comparison		
	group which the authors seem to		
	attribute to a lack of emphasis on		
	this issue in the intervention, how-		
	ever it is not clear if this issue is		
	directly addressed in the existing		
	facility programme. The reasons		
	for similar decreases in child		
	abuse potential between the two		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	groups are not discussed.		

# 19. Silovsky JF, Bard D, Chaffin M et al. (2011) Prevention of child maltreatment in high-risk rural families: A randomized clinical trial with child welfare outcomes. Children and Youth Services Review 33: 1435–44

Internal validity – approach	Internal validity – performance	External validity	Overall validity rating
and sample	and analysis	-	
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
	vention and comparison as in-	question match the review	validity: +
Description of theoretical ap-	tended? Partly. Exposure was as	question? Yes. Study is exam-	
proach? Yes. Intervention is	expected in terms of fidelity to	ining impact of a child maltreat-	Overall assessment of external
based on developmental-ecolog-	both interventions. However, en-	ment prevention intervention.	validity: +
ical theory of the etiology of	gagement with the control service		
physical child abuse and neglect	(home-based mental health ser-	Has the study dealt appropri-	Not given ++ as does not have
(e.g. Belsky 1993).	vice) was significantly poorer than	ately with any ethical con-	UK perspective.
	with intervention, with higher attri-	cerns? Yes. Human subject pro-	_
How was selection bias mini-	tion rate in the control condition	tection approval obtained from	Overall validity score: +
mised? Randomised. Random-	and delivery of significantly fewer	appropriate Institutional Review	
ised using computer algorithm.	hours of service.	Board. Informed consent ob-	Good quality study, key limitations
		tained from all participants.	are failure to report concealment
Was the allocation method fol-	Was contamination acceptably		of allocation from assessors, lack
lowed? Yes. Study also reports	low? Yes.	Were service users involved	of analysis of existing risk factors
no significant differences in de-		in the study? Yes.	in treatment groups; exclusion of
mographic variables between in-	Did either group receive addi-		higher risk families (although
tervention and control groups.	tional interventions or have ser-	Is there a clear focus on the	some studies would suggest that
However, no analysis of existing	vices provided in a different	guideline topic? Yes. Study re-	these groups are more amenable
difference in risk factors be-	manner? No.	lates to early help for families at	to treatment).
tween intervention and control	Wana autaana nalawanto Vaa	risk of child abuse and neglect.	
groups is reported.	Were outcomes relevant? Yes.		
	Mana autoana magazina malia	Is the study population the	
Is blinding an issue in this	Were outcome measures relia-	same as at least 1 of the	
<b>study?</b> Part blinding. Allocation should have been concealed	ble?	groups covered by the guide-	
	Yes. Standardised measures	<b>line?</b> Yes. Study population is families at risk of child abuse	
from assessors - however this is	used across domains.		
not reported.		and neglect.	

Internal validity – approach	Internal validity – performance	External validity	Overall validity rating
and sample	and analysis		
	Were all outcome measure-		
Did participants reflect target	ments complete? Yes.	Is the study setting the same	
<b>group?</b> Partly. Study excluded:		as at least 1 of the settings	
1. Families with current child	Were all important outcomes	covered by the guideline? Yes.	
welfare case involvement 2.	assessed? Yes.	Setting is participants' homes.	
Families where primary care-			
taker has a substantiated report	Were there similar follow-up	Does the study relate to at	
of child sexual abuse 3. Any	times in exposure and compari-	least 1 of the activities cov-	
conditions which would prevent	son groups? Yes. No statistical	ered by the guideline? Yes.	
primary caregiver from providing	difference in timing of post-service	Study relates to early help.	
valid self-report data (e.g. se-	and follow-up assessments	(For offectiveness questions)	
vere psychosis, severe learning disability) 4. Families with more	(measured in days).	(For effectiveness questions) Are the study outcomes rele-	
than two past reports of CPS in-	Was follow-up time meaning-	vant to the guideline? Yes.	
volvement. Justification for ex-	ful?	Study measures incidence and	
cluding families with more than	Yes.	risk of child abuse and neglect.	
two past reports of CPS involve-	103.	Tisk of child abase and neglect.	
ment is that 'typically prognosis	Were exposure and comparison	Does the study have a UK per-	
for families with a small number	groups similar at baseline? If	spective? No.	
of past referrals is better'	not, were these adjusted?	5,000	
(p1437). This would suggest that	Partly. Exposure and comparison		
excluding families with >2 previ-	groups showed no significance in		
ous CPS reports could have the	demographic characteristics.		
effect of over-estimating effec-	Does not appear to be any statis-		
tiveness of intervention.	tical analysis of baseline risk		
	scores.		
Were all participants ac-			
counted for at study conclu-	Was intention to treat (ITT)		
sion? Yes. Intention-to-treat	analysis conducted? Yes. Inten-		
analysis meant that all partici-	tion to treat analysis used and		
pants accounted for.	missing data imputed.		
	Was the study sufficiently pow-		
	ered to detect an intervention		
	effect (if one exists)? Yes. Study		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	reports that: The obtained sample size was powered to detect a minimum 2-year survival hazard ratio of 0.212. The minimum detectable effect size for the generalised linear mixed modelling hypothesis tests ranged from 0.35 to 0.62. These are within acceptable limits, although it is questionable whether these were the appropriate statistical techniques.  Were the estimates of effect size given or calculable? Yes. No effect sizes reported, but are calculable based on data in pa-		
	Were the analytical methods appropriate? Partly. The study uses statistical modelling rather than significance testing to estimate differences within and between groups. The decision to use survival analysis, rather than, for example, a binomial measure of future Child Protective Services referral is not fully explained.  Was the precision of intervention effects given or calcula-		
	ble? Were they meaningful? Yes - p values for test statistics provided.		

Internal validity – approach	Internal validity – performance	External validity	Overall validity rating
and sample	and analysis		
	Do conclusions match find-		
	ings? Yes. Conclusions are clear		
	about significant and non-signifi-		
	cant results.		

# 20. Stover C (2015) Fathers for Change for Substance Use and Intimate Partner Violence: Initial Community Pilot. Family Process 54:600–9

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim: The assess the feasibility and efficacy of the Fathers for Change programme for men with history of intimate partner violence (IPV) and substance abuse, compared to individual drug counselling.  Description of theoretical approach? Yes. Based on the evidence that shows greater incidence of IPV in co-parenting relationships of opioid-dependent men; that fathers with co-occurring IPV and substance abuse have more negative co-parenting relationships, and that negative co-parenting can mediate the relationship between having a father with substance abuse, witnessing IPV and child behavioural problems. Positive co-parenting inversely has been found to be pro-	Was the exposure to the intervention and comparison as intended? Yes. Was contamination acceptably low? Not reported. Did either group receive additional interventions or have services provided in a different manner? No. Were outcomes relevant? Yes. Were outcome measures reliable? Yes. Use of validated measures. Were all outcome measurements complete? Yes. Were all important outcomes assessed? Yes.	Does the study's research question match the review question? Yes.  Has the study dealt appropriately with any ethical concerns? Partly. Ethics of paying participants is not discussed (p603).  Were service users involved in the study? No.  Is there a clear focus on the guideline topic? Yes. Preventing child maltreatment through reducing risk factors of substance abuse and reducing risk of witnessing IPV, increasing parenting quality  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Parents at risk of/inflicting child maltreatment	Overall assessment of internal validity  - Mentions not all participants finished treatment (67% intervention vs. 33% control) but not how this affected the analysis or provides break down of attrition rates. Does not comment on effect size, just significance. Small sample but pilot study.  Overall assessment of external validity  + US focus, lack of clarity on setting. Overall validity score  - Internal validity issues prevent higher rating

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
tective and result in better adjustment. Design of intervention based on evidence that there can be a reduction in the transmission of IPV through generations if the father perpetrators are supported to recognise the impact of their violence (Guille 2004), that there is a significant subset of men who perpetrate IPV who are concerned	and analysis  Were there similar follow-up times in exposure and comparison groups? Yes.  Was follow-up time meaningful? No. 3 months quite short follow up time  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.	Is the study setting the same as at least 1 of the settings covered by the guideline? Partly. Not clear where treatment sessions take place - could be secondary health setting.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Early help.  (For effectiveness questions)	
about the impact of IPV on their children and that this concern can be a motivating factor for seeking treatment. It is also based on evidence that integration of programmes tackling both IPV and substance abuse can be effective. (p601).  How was selection bias minimised? Randomised.	Was intention to treat (ITT) analysis conducted? Not reported.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. Power calculation not given but small sample.  Were the estimates of effect size given or calculable? No.  Were the analytical methods ap-	Are the study outcomes relevant to the guideline? Yes. Incidence of IPV, quality of parenting  Does the study have a UK perspective? No. US study.	
Was the allocation method followed? Yes.  Is blinding an issue in this study?  Blinding. Research assistants blinded to group participation status throughout and at 3 month follow up  Did participants reflect target group? Yes.  Were all participants accounted for at study conclusion? Yes.	were the analytical methods appropriate? Yes.  Was the precision of intervention effects given or calculable?  Were they meaningful? Not reported. No confidence intervals or commentary on effect size.  Do conclusions match findings? Yes.		

# 21. Thomas R and Zimmer-Gembeck MJ (2012) Parent-child interaction therapy: An evidence-based treatment for child maltreatment. Child Maltreatment 17: 253–66

arch Overall assessment of internal
view validity: +
e of the
dered as Overall assessment of external
maltreat- validity: +
Overall validity score: +
propri-
concerns?
volved in
on the
n the
he groups
ine? Yes.
e same as
gs cov-
Yes.
to at least
to at least overed by
rgeted by
prevent
ved nhir egy tor

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	were there similar follow-up times in exposure and comparison groups? Yes. 12 weeks.  Was follow-up time meaningful? Partly. 12 weeks.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes. Similar characteristics between the two groups at baseline (Table 1).  Was intention to treat (ITT) analysis conducted? Yes. See fig 1. No participants were excluded from analysis.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No power calculation re sample size.  Were the estimates of effect size given or calculable? Yes. Estimates of effect size in Cohen's d given.  Were the analytical methods ap-	(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  Does the study have a UK perspective? No. Australian.	
	<b>propriate?</b> Yes. Analysis of variance (ANOVA) for outcomes; Chi-		

Internal validity – approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
•	squared tests to calculate differences between intervention and control group. Families who commenced S/PCIT after the waitlist were not included in the S/PCIT treatment group data of the current study.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes.  Do conclusions match findings? Yes.		

22. Thomas R and Zimmer-Gembeck MJ (2011) Accumulating evidence for parent-child interaction therapy in the prevention of child maltreatment. Child Development 82: 177–92

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
	vention and comparison as in-	question match the review	validity: +
Description of theoretical ap-	tended? Not reported.	question? Yes. The study aimed	
proach? Partly. The authors do		to examine the effectiveness of a	The study appears reasonably
not present a clear logic model or	Was contamination acceptably	standard Parent Child Interaction	well designed although significant
theory of change. They report that	low? Not reported.	Therapy programme for mothers	amounts of methodological details
Parent Child Interaction is an in-		at a high risk of child maltreatment	are not provided. In addition, the
tervention known to reduce child	Did either group receive addi-	or those with a history of child	decision to offer the therapy to the
maltreatment and although its ef-	tional interventions or have ser-	maltreatment.	control group after the 12-week
fectiveness for parents already in-	vices provided in a different		assessment point (in itself a very
volved with child protective ser-	manner? Not reported.	Has the study dealt appropri-	short period) means a significant
vices is not clear there are '		ately with any ethical concerns?	proportion of the findings are not
many reasons to expect its poten-	Were outcomes relevant? Yes.	Partly. No details on ethical ap-	based on a very robust design. It
tial utility' (p177). They go on to	Maltreatment outcomes included	proval or the consent process are	should also be noted that only
discuss the negative impact which		given but the authors note in the	42% of the intervention group

# Internal validity – approach and sample

harsh and aggressive discipline and communication techniques can have and note that these may escalate to maltreatment. They report that Parent Child Interaction therapy is designed to interrupt these negative cycles by helping parents to understand their behaviour and to manage their interactions with their child.

How was selection bias minimised? Randomised. No details on the randomisation process are provided.

Was the allocation method followed? Not reported. Allocation concealment is not reported.

# Is blinding an issue in this study?

Blinding not possible. No details on blinding of investigators is given although teacher reports of child behaviour were used as one method of data collection and it seems possible that this group could have been blinded. Due to the nature of the intervention and control (waitlist) it would not have been possible to blind participants and it seems unlikely that blinding of providers would have been possible.

# Internal validity – performance and analysis

child abuse potential and notification of suspected maltreatment (although data on this measure was not collected for the control group).

### Were outcome measures reliable?

Yes. All scales had pre-established reliability and validity. Parenting behaviours were measured via observation but the majority of data was collected via parental reports.

Were all outcome measurements complete? Partly. Data regarding notification of suspected maltreatment was not collected for the control group.

Were all important outcomes assessed? Yes.

Were there similar follow-up times in exposure and comparison groups? Partly. At baseline and 12 weeks both groups were assessed; however after 12 weeks the control group were offered therapy due to ethical concerns and no further data from this group was included in the analysis.

#### **External validity**

limitations section that participation was voluntary.

Were service users involved in the study? No. No indication that service users were involved at the design stage.

Is there a clear focus on the guideline topic? Yes. The study evaluates the effectiveness of Parent Child Interaction Therapy on child maltreatment outcomes.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Mothers with a history of maltreating their children or those at 'high risk' of doing so.

Is the study setting the same as at least 1 of the settings covered by the guideline? Partly. The paper does not report settings clearly but it can be assumed that assessments and interventions were conducted in a clinic.

Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to early help section of guideline.

(For effectiveness questions)

#### Overall validity rating

completed all assessments.

# Overall assessment of external validity: +

Only given a + as the study was conducted in Australia.

#### Overall validity score: +

As the study was conducted in Australia and there are some concerns regarding internal validity (e.g. between group scores could only be analysed at the 12 week point, high rates of attrition in the intervention group, etc.) it is not possible to award a higher overall validity score.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Was follow-up time meaningful?	Are the study outcomes rele-	
Did participants reflect target	Partly. Between group differences	vant to the guideline? Yes.	
group? Yes. Semi-structured in-	were assessed at baseline and at	Study measures a number of out-	
terviews confirmed that all partici-	the 12 week point; after this the	comes including child abuse po-	
pants were at a high risk of child	control group were offered therapy	tential and parental stress.	
maltreatment. No details on the	due to ethical concerns, and data		
number of participants who	from this group was not included	(For views questions) Are the	
agreed to participate are provided.	in further analysis. Although this	views and experiences reported	
Participants had been referred by	would enable the immediate ef-	relevant to the guideline? Not	
government agencies, including	fects of the program to be de-	applicable (not views question).	
child protection authorities, identi-	tected it is a very short period and		
fied as 'suspects' by a range of	would not allow medium to long	Does the study have a UK per-	
professionals, or self-referred.	term effects to be detected. The	spective? No - Australia.	
Mothers of children who had suf-	original control group were then		
fered from physical maltreatment,	assessed at treatment completion		
emotional maltreatment and ne-	and within group differences were		
glect were included but those who	analysed.		
had suffered from sexual abuse	W		
were excluded as Parent Child In-	Were exposure and comparison		
teraction Therapy is contraindi-	groups similar at baseline? If		
cated for this group. One mother	not, were these adjusted? Not		
with substance abuse issues was	reported. No details on difference		
excluded.	between groups are reported at		
More all participants asserted	baseline.		
Were all participants accounted for at study conclusion? Partly.	Was intention to treat (ITT) and		
Attrition rates are not reported ex-	Was intention to treat (ITT) analysis conducted? Yes. Analysis		
plicitly. It appears that due to the	carried out using last observation		
different methods of data collec-	carried forward method. This was		
tion drop-out numbers varied for	applied to participants who failed		
each outcome measure. In addi-	to complete assessment at 12		
tion, the intervention group re-	weeks (study completion) or at		
ceived a series of assessments	completion of programme.		
which the control group did not. Of	completion of programme.		
the intervention group, only 42%			
the intervention group, only 4270			

Internal validity – approach and	Internal validity – performance and analysis	External validity	Overall validity rating
completed all assessments (a total of three assessments). 71% of families in the control group, completed the single assessment at 12 weeks.	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No power calculation or expected effect sizes are reported. The sample size (n=150) seems small.		
	Were the estimates of effect size given or calculable? Not reported. Expected effect sizes are not provided.		
	Were the analytical methods appropriate? Yes. ANOVA and chisquare analysis were used. Clinical significance and reliable change indices were calculated when between-group differences were found.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes. Effect sizes using Cohen's d are given. Confidence intervals are not provided.		
	Do conclusions match findings? Yes. Although when discussing child abuse potential scores the authors seem to overemphasise the reductions detected within the intervention group at treatment		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	completion - there were no signifi-		
	cant between group differences at		
	the 12 week assessment point.		

23. Zielinski DS, Eckenrode J, Olds DL (2009) Nurse home visitation and the prevention of child maltreatment: Impact on the timing of official reports. Development and Psychonathology 21: 441–53

official reports. Development and Psychopathology 21: 441–53				
Internal validity – approach	Internal validity – performance	External validity	Overall validity rating	
and sample	and analysis			
Methodology: RCT.	Was the exposure to the inter-	Does the study's research	Overall assessment of internal	
	vention and comparison as in-	question match the review	validity: +	
Description of theoretical ap-	tended? Not reported.	question? Yes. Research ques-		
<b>proach?</b> Partly. No description		tion is on effectiveness of an	Overall assessment of external	
of theoretical approach, although		early help intervention.	validity: +	
review of existing evidence base	low? Not reported.			
is given.		Has the study dealt appropri-	Not ++ as not a UK study.	
	Did either group receive addi-	ately with any ethical con-		
How was selection bias mini-	tional interventions or have ser-	cerns? Partly. Mentions in-	Overall validity score: +	
mised? Randomised. Abstract	vices provided in a different	formed consent, but does not in-	NA 1 1 11 11 11 11 11 11 11 11 11 11 11 1	
reports that families were 'ran-	manner? Not reported.	dicate whether ethical approval	Moderate quality study, with RCT	
domly assigned' (p441), how-	Wana autaana nalawanto Vaa	was sought.	design and substantial follow-up	
ever this is not described in the	Were outcomes relevant? Yes.	Ware consider the involved	period. However, key limitations	
main text.	Ware outcome magazires relia	Were service users involved	included heterogeneity of target	
Was the allocation method fol-	Were outcome measures relia- ble?	in the study? No. Service users	population - not all parents had	
lowed? Not reported.	Partly. Study utilises data from	involved as participants, but not in design or interpretation of re-	risk factors for abuse and neglect. Also, question reliability of using	
lowed? Not reported.	Child Protective Services records,	sults.	CPS data alone and the limita-	
Is blinding an issue in this	focusing on substantiated reports	Suits.	tions of this are not discussed in	
study?	of abuse and neglect. Unclear	Is there a clear focus on the	the study. Analysis of onset of	
Blinding not possible. Blinding	how reliable these data are, and	guideline topic? Yes. Focus is	maltreatment report using two ar-	
not possible due to nature of in-	this is not discussed in the paper.	on early help.	bitrarily defined time periods is	
tervention.	Often these records under-repre-	Circuity Holp.	also questionable.	
	sent true rates of abuse and ne-	Is the study population the	3	
Did participants reflect target	glect, and are susceptible to sur-	same as at least 1 of the		
group? Partly. Study reports	veillance bias of families already			

Internal validity – approach	Internal validity – performance	External validity	Overall validity rating
and sample	and analysis		
that ' to avoid creating a pro-	in contact with services. Other	groups covered by the guide-	
gram stigmatized as being ex-	studies have also reported diffi-	line? Yes. Study population is	
clusively for the poor, and to en-	culty in locating Child Protective	caregivers of children at risk of	
sure that treatment differences	Services data due to errors in re-	abuse and neglect.	
because of risk-level could be	cording names and dates of birth.		
examined, any woman who		Is the study setting the same	
asked to participate and had no	Were all outcome measure-	as at least 1 of the settings	
previous live birth was accepted	ments complete? Yes.	covered by the guideline? Yes.	
in to the study' (p443). This		Intervention delivered in partici-	
means that not all participants	Were all important outcomes	pant homes.	
were 'at-risk' - however 85% of	assessed? Partly. This study is		
the sample had at least 1 of the	one of a series examining differ-	Does the study relate to at	
3 risk characteristics of young	ence outcomes. This one focuses	least 1 of the activities cov-	
age (<19), single-parent status	on the timing of maltreatment.	ered by the guideline? Yes.	
or low socio-economic status.		Study relates to early help.	
	Were there similar follow-up		
Were all participants ac-	times in exposure and compari-	(For effectiveness questions)	
counted for at study conclu-	son groups? Yes.	Are the study outcomes rele-	
sion? Yes.		vant to the guideline? Yes.	
	Was follow-up time meaning-	Study measures maltreatment	
	ful? Yes.	outcomes.	
	Were exposure and comparison	Does the study have a UK per-	
	groups similar at baseline? If	spective? No. US study.	
	not, were these adjusted? Not		
	reported.		
	Was intention to treat (ITT)		
	analysis conducted? Not re-		
	ported.		
	Unclear whether all 400 original		
	dyads completed treatment.		
	11. (1. (2. (2. (2. (2. (2. (2. (2. (2. (2. (2		
	Was the study sufficiently pow-		
	ered to detect an intervention		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	effect (if one exists)? Not reported. No power calculation given, and no estimates of effect sizes.		
	Were the estimates of effect size given or calculable? Yes. Hazard ratios (exp B) reported.		
	Were the analytical methods appropriate? Yes. Use of non-parametric test (Cox regression) means no assumption of underlying distribution. However, query use of p<0.10 significance criterion. Also query analysis by both continuous time AND two time period (age 0–4 and 4–15) - seems an arbitrary categorisation.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes, p values for regression coefficients are given.		
	Do conclusions match find-ings? Yes.		

# Review question 9 – Findings tables

1. Barlow J, Simkiss D, Stewart-Brown S (2006) Interventions to prevent or ameliorate child physical abuse and neglect: Findings from a systematic review of reviews. Journal of Children's Services 11: 6–28

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To ' summarise the available evidence from systematic reviews about the effectiveness of interventions to prevent or treat child physical abuse and neglect' (p6). and ' to identify existing systematic reviews of studies of the effectiveness of targeted or indicated interventions for parents that aimed to prevent, reduce or ameliorate incidents of physical abuse or neglect, in order to identify "what works" (p7).  Methodology: Systematic review - A systematic review of 15 systematic review of 15 systematic reviews, published between 1988 - 2005, 10 of which focused on targeted interventions for at-risk families (5 reviews focus on 'indicated' interventions where abuse or neglect has already occurred).	Children and young people. Parents at risk of abusing and neglecting their children.	Effect sizes - Incidence of abuse and neglect: A - Home visiting (5 reviews) Effect sizes not available for all reviews. Reported effect sizes included: - moderate effect size on unintended childhood injury (ES=0.74) (Roberts et al. 2006, review of 11 RCTs); moderate effect size in relation to reduction of abuse and neglectful acts (ES=0.26) (Geeraert et al. 2004, meta-analysis of 40 studies). Some reviews reported percentage change or other statistics, including: - Relative risk of abuse and neglect ranged from, 0.44 to 11.90 in favour of intervention, 3 results statistically significant (Macmillan et al. 1994, review of 16 RCTS including home visiting and parent training) - 40% change in rates of abuse and neglect in favour of intervention group (Bilukha et al. 2005, review of 22 controlled and uncontrolled studies) - 13% change in rate of out of home placement from baseline (Bilukha 2005) - 4/9 trials showed frequency of occurrence lower in visited group BUT 5/9 trials showed frequency of abuse was higher (Roberts et al. 1996, review of 11 RCTs) Reported statistics for some reviews are unclear, for example: - ES=0.44 (Gray & Halpern, 1988) - unclear what outcome measure this refers to.  B - Parenting programmes (3 reviews relating to targeted populations). Relative risk of abuse and neglect ranged from, 0.44 to 11.90 in favour of intervention, 3 results statistically significant (Macmillan et al. 1994, review of 16 RCTS including home visiting and parent training). Gray and Halpern (1988, review of 48 studies) report effect size of 0.42 for 'parenting education classes', however unclear what outcome this refers to.	Overall assessment of internal validity: +  Overall assessment of external validity: +  Overall validity score: +

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Country: Range of countries - mostly US studies.  Source of funding: Not reported.	<ul> <li>Intervention number - Not reported.</li> <li>Sample size - Not reported.</li> <li>Systematic reviews (number of studies) - 15 reviews were considered in total, 10 of which met our PICO (focused on targeted rather than indicated interventions). These broke down as follows: Home visiting - 5 reviews, parenting programmes - 3 reviews, multi-modal interventions - 2 reviews, intensive family preservation services - one review, social support and other interventions - 2 reviews.</li> <li>The 10 systematic reviews on targeted interventions were based on a total of 509 studies non RCTs and RCTs.</li> </ul>	C - Multimodal interventions (2 reviews related to targeted interventions) No effect sizes.  D - Intensive family preservation services (1 review related to targeted interventions) Dagenais et al. (2004, review of 27 studies). 16 of 27 studies reported placement rates - children who received programme services were placed almost as often as children in control groups (R2=0.008). 17 of 27 studies reported measurements focused on families and children but insufficient data to calculate effect sizes. Available information shows impact on abuse and neglect.  E - Social support and other interventions (2 reviews related to targeted interventions) One review found an overall mean effect size for 'at risk' parents of 0.11 on child abuse and neglect.	
	<ul> <li>Intervention category:</li> <li>Home visiting (five reviews).</li> <li>Parenting programmes (three reviews).</li> <li>Multi-modal interventions (two reviews).</li> <li>Intensive family preservation services (one review).</li> <li>Social support and other interventions (two reviews).</li> <li>Intervention: Five main groups of interventions reviewed: home visiting programmes, multimodal interventions,</li> </ul>	Effect sizes - Risk of abuse and neglect: A - Home visiting (5 reviews) Effect sizes for risk reduction reported in Geeraert et al (2004) (review of 40 evaluation studies): - child functioning ES 0.23, - atmosphere ES 0.30, - parent management ES 0.36, - physical ES 0.28, - psychological ES .25, - as parent ES .33, - family function 0.33, - material situation 0.38, - network 0.25. (Geeraert 2004). (Table 2).  B - Parenting programmes (3 reviews relating to targeted populations) No data on risk of abuse and neglect.  C - Multimodal interventions (2 reviews related to targeted interventions) No effect sizes.	

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Research aims	parenting programmes, intensive family preservation, and social support and other interventions.  Home visiting programmes include the Healthy Families America programme, Rooming-in Projects. 'The home visiting programmes evaluated as part of the included reviews were typically provided to high-risk populations of parents (i.e. targeted as opposed to indicated) and comprised a programme of structured visits on a one-to-one basis in the home, delivered by either professionals or specially trained vol-	D - Intensive Family Preservation No effect sizes.  E - Social support and other interventions (2 reviews related to targeted interventions) No effect sizes.  Effect sizes - Quality of parenting and parent-child relationships:  A - Home visiting (5 reviews) No effect sizes reported.  B - Parenting programmes (3 reviews relating to targeted populations) Feldman et al. (1994, review of 20 mixed methods studies) reports mean improvements in parent outcomes of 63%, and 55% at follow-up. Unclear how this relates to differential improvement be-	Overall validity rating
	unteers over an extended period of time. Many of these programmes commenced antenatally or during the immediate postnatal period, and were of variable intensity and duration' (p20).  Multimodal interventions were often community based and ' typically	tween intervention and control. Gray & Halpern, (1998, review of 48 studies) found moderate effect sizes for improvements in knowledge about parenting (ES=1.0), observed parenting behaviour (ES=0.55) but little benefit in terms of attitudes (ES=0.21) or self-report behaviour (ES=0.00).  C - Multimodal interventions (2 reviews related to tar-	
	comprise family support, preschool education or childcare and community development' (p20). This includes the Project 12 -Ways, ' an eco-behavioural multi-component initiative comprising (a) a behavioural parenting programme, (b) stress reduction, problem-solving and assertiveness training, and (c) single parent services (Thomlison 2003)' (p20). 'A range of early pre-	geted interventions) No effect sizes.  D - Intensive family preservation services (1 review related to targeted interventions) Dagenais et al. (2004, review of 27 studies). Seventeen of 27 studies reported measurements focused on families and children but insufficient data to calculate effect sizes. Available information shows impact on family functioning, family support network, family environment, parental disposition.	

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	ventive interventions, including hospital-based perinatal programmes, support groups, perinatal coaching with home visiting or support group and agency counselling (Gray & Halpern 1988)' (p21).  Parenting programmes are typically characterised by:  - Brief duration (up to 30 weeks).  - Structured interventions deliv-	E - Social support and other interventions (2 reviews related to targeted interventions) 1 review (Clark 2000, review of 282 studies) found positive effects of programmes on parents with following effect sizes: - Didactic programmes (ES=0.49) - Supportive programmes (ES=0.21) - Combined approach (ES=0.23). Overall mean effect sizes for 'at risk' parents were; 0.14 on parental knowledge and attitudes; 0.26 on dyadic intervention; and 0.27 on caregiving. (Clark 2000). One review (Gray and Halpern 1998, review 48 studies) showed that social support interventions were not	
	ered either on a 1:1 basis or in groups.  - Principal aims to change parenting practice or provide ' new ways of behaving with their child (e.g. basic childcare, safety, nutrition, problem-solving, positive interactions and	<ul><li>A - home visiting (5 reviews) No effect sizes reported.</li><li>B - Parenting programmes (3 reviews relating to tar-</li></ul>	
	child behaviour management)' (p21).  Intensive family preservation are usually short-term, home-based interventions which can include ' family focused therapy, support services, be-	geted populations) Feldman et al. (1994, review of 20 mixed methods studies) reports mean improvements in child outcomes of 44%, and 39% at follow-up. Unclear how this relates to differential improvement between intervention and control.  C - Multimodal interventions (2 reviews related to tar-	
	haviour modification, parenting support and life skills training) for families whose children are at risk of out-of-home placement' (p22). The principal aim is to improve ' the safety of the children and family functioning in order to avoid the placement of the children in substitute care' (p22).	· ·	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Social support and media-based intervention 'The programmes were divided into three categories: (a) "didactic" programmes (i.e. structured interventions with a curriculum, and sequenced activities aimed at shaping or changing participating parents' behaviour,	information shows impacts on child performance; delinquency; relationships with peers; and child symptomatology.  E - Social support and other interventions (2 reviews related to targeted interventions) 1 review found an overall mean effect size for 'at risk' parents of 0.09 on child development. (Clark 2000).	
	knowledge or outlook); (b) 'supportive' programmes (i.e. loosely structured interventions focused on parent well-being, custom-tailored); and (c) pro-	Effect sizes - Caregiver/parent health and wellbeing outcomes: A - home visiting (5 reviews) No effect sizes reported	
	grammes combining both approaches (a and b). Programmes were delivered using both individual and group formats, and for varying periods of duration and frequency (Clark 2000; Gray 1988)' (p22).	B - Parenting programmes. Parent outcomes: Mean per cent improvement across all studies: 63%; Mean per cent improvement at follow-up: 55%; Child outcomes: Mean per cent improvement across all studies: 44%; Mean per cent improvement	
	Comparison intervention: Not reported.	at follow-up: 39%. (Feldman 1994).  C - Multimodal interventions (2 reviews related to targeted interventions) No effect sizes.	
	<ul> <li>Outcomes measured:</li> <li>Incidence of abuse and neglect -         Abuse and neglect; abuse reduction.</li> <li>'Documented or reported abuse or         neglect, or predictors of abusive par-     </li> </ul>	D - Intensive family preservation services (1 review related to targeted interventions) No effect sizes.  E - Social support and other interventions (2 reviews related to targeted interventions) No effect sizes.	
	enting such as parenting attitudes and practices, anger and stress lev- els' (p8). 'Most reviews used predic- tive measures (i.e. those known to be predictive of abuse and neglect)	Effect sizes - Satisfaction with services: Not reported.  Effect sizes - Other:	
	to evaluate effectiveness, such as	Home visiting is associated with improvements in rates of breastfeeding (Elkan 2000) (Table 2).	

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	assessments of the home environment, maternal mental health and parenting attitudes and practices' (p20). No details how these are measured.  Risk of abuse and neglect - Risk of out-of-home placement.  Quality of parenting and parent-child relationships - family functioning; family support network; family environment; parental disposition; parent training. 'Most reviews used predictive measures (i.e. those known to be predictive of abuse and neglect) to evaluate effectiveness, such as assessments of the home environment, maternal mental health and parenting attitudes and practices' (p20) No details how these are measured.  Children and young people's health and wellbeing outcomes - Injury/ingestion/trauma, child performance; delinquency; relationships with peers; child symptomatology. No details how these are measured.  Caregiver/parent health and wellbeing outcomes - parental knowledge and attitudes, care giving. No details how these are measured.  Satisfaction with services - not reported.  Service outcomes - rates of out-of-home placement.	Narrative findings – effectiveness: Based on the 10 reviews targeted at at-risk families.  A - Home visiting programmes (5 reviews): Incidence of abuse and neglect: 2 reviews provided weak evidence of effectiveness (1 only if results were controlled for detection bias). The remaining reviews did not measure incidence of abuse and neglect in relation to home visiting, in 2 cases this was due to problem of detection bias.  Risk of abuse and neglect: One review of home visiting provided evidence that home visiting was effective in improving ' a range of outcomes associated with abuse and neglect' (p20) including parenting skills, attitudes and behaviours, home environment and frequency of unintentional injury (Elkan et al. 2000). One review which did not distinguish between home visiting and parenting programmes found evidence for moderate impact for predictive outcomes. Overall, the authors concluded in regards to the effectiveness of home visiting programmes that the ' evidence that they can prevent abuse and neglect remains equivocal because of the issue of surveillance bias' (p20).  B - Parenting programmes (3 reviews relating to targeted populations)  None of the included reviews looked at effectiveness of parenting programmes in relation to incidence of abuse and neglect. Two reviews provided evidence that programmes have a positive impact on parents' knowledge and behaviour (Feldman 1994; Gray & Halpern 1988). One study did not provide data. One	

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	Follow-up: Not reported.	review showed a moderate overall impact (ES: 0.42), with large improvements in parents' knowledge about parenting (ES:1.0) and observed parenting behaviour (ES: 0.55) but little benefit in terms of attitudes (ES: 0.21) or self-report behaviour (ES:0.00). (Gray 1988, very dated) A parenting programme directed at parents with intellectual disabilities (IQ<80) showed improvements in one or more parenting skills (Feldman 1994). Another review did not provide any data. (Mac-Millan 1994) (p21). Overall, effectiveness of parenting programmes: ' evidence about their effectiveness is more uniform. This may reflect the greater uniformity in the content of such programmes (many are behavioural or cognitive behavioural) and in their frequency and duration (many are provided over the course of 12 weekly sessions). The included reviews identified some evidence to support the use of parenting programmes based on approaches such as cognitive behavioural therapy, parent—child interaction therapy and other well-recognised models such as the Webster-Stratton Incredible Years series to improve some aspects of parent, child and family functioning, both preventively and therapeutically' (p24).	
		C - Multimodal interventions (2 reviews related to targeted interventions) One review assessed Project 12-ways and results reported as part of other reviews in this study (Thomlinson 2003). Another review found that outcomes such as parental knowledge, attitudes and behaviour – both self-reported and observed) showed that while some of these interventions were moderately effective (e.g. hospital-based perinatal programmes – ES:0.34; perinatal coaching with home vis-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		iting – ES0.29; and agency counselling – ES:0.38) others were ineffective (e.g. perinatal coaching with support group, and support groups alone) (Gray and Halpern 1988, dated) Overall effectiveness of multimodal interventions: uncertain.	
		D - Intensive Family Preservation Services (IFPS) (1 review):  One review showed no evidence to support the use of IFPS in reducing out-of-home placements but reported significant improvements in family functioning; parental disposition; children's performance; delinquency; relationships with peers; child symptomatology; and maltreatment after the intervention (Dagenais 2004).  Overall effectiveness of IFPS – 'Evidence examined by this review were affected by surveillance bias and were not therefore able to demonstrate an effect on out-of-home placement. Results did show reasonable evidence of their effectiveness in improving a range of outcomes associated with abuse and neglect, including parent and family functioning' (p24).	
		E - Social support and other interventions (2 reviews related to targeted interventions)  One review showed that the 'didactic' programmes aimed at supporting parenting were more effective (ES:0.49) than 'supportive' programmes (ES:0.21) or those offering a combined approach (ES:0.23). (Clark 2000). Another review showed that social support interventions were not effective in changing parenting attitudes (ES:0.003) or behaviour (ES:00). (Gray 1988). Overall effectiveness of social support or media-based intervention: ' media-based interventions (i.e. leaf-lets), support groups and some forms of perinatal	

Re	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		coaching with or without support produced particularly low effect sizes' (p25).	

2. Carta JJ, Lefever JB, Bigelow K et al. (2013) Randomized trial of a cellular phone-enhanced home visitation parenting intervention. Pediatrics 132 (Suppl. 2): S167–73

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To examine ' whether mothers in a parenting intervention, Planned Activities	<ul> <li>Participants:</li> <li>Children and young people. 3.5 to 5.5 year-old children.</li> <li>Caregivers and families. Mothers</li> </ul>	Effect sizes - Risk of abuse and neglect: Significant difference of moderate effect size in parenting stress between CPAT and wait list control (WLC) post-intervention (d=0.27). No significant differences between	Overall assessment of internal validity: +  Overall assessment of
Training (PAT), or cellular-phone enhanced	with at least one of the following risk factors: Age<18 at first child's birth,	PAT and WLC, or CPAT and PAT.	external validity: +
version (CPAT) of the intervention would demonstrate greater use of parenting strategies after treatment and at 6 months post-treatment compared with a wait-list control' (pS167).	having less than a high school diploma or equivalent, receiving financial assistance, meeting the income eligibility requirement for Head Start of Special Supplemental Nutrition Program for Women, Infants, and Children.  Sample characteristics:  Age - Children's mean age = 4.56	<b>Effect sizes - Quality of parenting and parent-child relationships:</b> Both interventions showed significant improvements in use of PAT compared to WLC immediately post intervention, (d=1.13 for CPAT vs. WLC) and (d=0.81 for PAT versus WLC) and at 6-month follow-up (d=0.56 for CPAT vs. WLC and d=0.44 for PAT vs WLC). There was also a moderate effect size for the difference between CPAT and PAT (d=0.38). Both interventions also showed significant improvement in parenting interaction behaviours (KIPS). At 6-month	Overall validity score:
Methodology: RCT.	years.  • Sex - All participants appear to be	follow up effect sizes were d=0.46 for CPAT vs. WLC and d=0.34 for PAT versus WLC.	
Country: Not UK – USA.	mothers.  • Ethnicity - 46% Hispanic, 33% African American, 17% European American	Effect sizes - Children and young people's health and wellbeing outcomes: Significant differences in	
Source of funding: Government. Voluntary/Charity	ican, 4% mixed race or other.  • Religion/belief - Not reported. Disability - Not reported.	rates of positive engagement by children in PAT compared to WLC (d=0.29) and CPAT compared to WLC (d=0.43). No significant differences in maternal ratings	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims		of children's internalising or externalising behaviours.  Effect sizes - Caregiver/parent health and wellbeing outcomes: None of the groups were significantly different immediately post-intervention on the depression measure. However, at 6-month follow up CPAT mothers showed significantly lower rates of depression than WLC mothers (d=0.31).  Narrative findings - Effectiveness: Involvement in either CPAT or PAT produced significant differences compared to WLC on a number of measures including: - Use of PAT strategies - Parenting interaction behaviours (KIPS) - Positive engagement by children.  CPAT, but not PAT, was significantly better than WLC on the following measures: - Parenting stress - Parental depression (at 6 months, but not immediately post intervention).  No significant differences were observed in parental reports of child internalising and externalising behaviours.	Overall validity rating
	Intervention: Planned Activities Training (PAT) is a manualised component of the SafeCare parent training model. It is a relatively brief intervention comprising five sessions. Aims to prevent challenging behaviour and improve parent-child interactions by focusing on ten strategies: Planning activities in		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	advance, explaining activities, estab-		
	lishing rules and consequences, giving		
	choices, talking about what you are		
	doing, suing positive interaction skills,		
	ignoring minor misbehaviour, giving		
	feedback and providing rewards or		
	consequences. In the first treatment		
	session, mothers identified specific		
	concerns related to play time and cre-		
	ated their own PAT checklist based on		
	the 10 PAT strategies. The strategies		
	were modelled by the family coach		
	with the child during play activities,		
	and mothers were then asked to prac-		
	tice them. The coach would then pro-		
	vide positive and corrective feedback		
	on the use of the strategies. Mothers		
	engaged in practice until they had		
	achieved 80% mastery of the strate-		
	gies on the PAT checklist. In subse-		
	quent sessions, the same strategies		
	were taught in different mother-se-		
	lected activities. In the final session		
	there was additional practice, a pro-		
	gress review and a plan for the future.		
	Intervention provided by a family		
	coach (staff with a BA degree).		
	Mothers in cell-phone enhanced PAT		
	(CPAT) receive the same intervention,		
	but also received a cell phone and cell		
	phone service throughout intervention.		
	This consists of text messages and		
	phone calls between mothers and		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Family Coaches between sessions. Two text messages were sent per day, with one message prompting use of a particular PAT strategy and one inquiring about their implementation of a particular strategy. Family coaches also called mothers once per week between visits.		
	Comparison intervention: Participants in wait list control condition participated in all assessments and observations but did not receive PAT or CPAT.		
	<ul> <li>Outcomes measured:</li> <li>Risk of abuse and neglect - Parenting stress index, short form (Abidin 1990) - although note this study does not explicitly mention this as a risk factor for maltreatment, however this measure has been used as a proxy for maltreatment in a number of other studies.</li> <li>Quality of parenting and parent-child relationships - Parenting assessed</li> </ul>		
	<ul> <li>by: PAT checklist - assesses mothers' use of PAT strategies Keys to Interactive Parenting Scale (KIPs).</li> <li>Children and young people's health and wellbeing outcomes - Child behaviour measured using Behavior Assessment Scale for Children-2-</li> </ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Parent Report Scale and Child Behaviour Rating Scale.  Caregiver/parent health and wellbeing outcomes - Parental depressive mood assessed using Beck Depression Inventory.		
	<b>Follow-up:</b> Follow-up was immediately post intervention, and at 6 months.		

# 3. Dawe S and Harnett P (2007) Reducing potential for child abuse among methadone-maintained parents: Results from a randomized controlled trial. Journal of Substance Abuse Treatment 32: 381–90

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The study aimed to evaluate the impact of Parents Under Pressure programme on outcomes such as family functioning (including child abuse potential) in families in which a parent was engaged in a methadone maintenance programme. This was compared to standard care and a ' second brief intervention control group' (p381).	tween the ages of 2 and 8. There were two families in which both parents were currently engaged in substance abuse treatment. In each case the mother was deemed to be the primary caregiver and she pro-	Potential Inventory (Milner 1986 - self-reported): Standard care (z=2.94, p<.001); 'brief intervention' (z=2.526, p<.001); PUP programme (z=4.591,	Overall assessment of internal validity: +  Overall assessment of external validity: +  Overall validity score: +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Methodology: RCT.  Country: Not UK - Australia.  Source of funding: Not reported. No information on funding source is provided.	<ul> <li>Age - Mean age of primary carer in years (sd): 30.33 (6.34). Ages are not reported by group although the authors report that age did not differ by group F (2,61 = 0.111). Mean age of target child in months (sd): 45.9 (17.2). Not reported by group.</li> <li>Sex - Data were collected from the parent deemed to be the primary caregiver, the majority of whom were mothers (n=54, 84.4% OR 86%). Number of target children who were male: n=39 (60.9%).</li> <li>Ethnicity - Not reported. Participants who could not understand or read English were excluded from participation.</li> <li>Religion/belief - Not reported.</li> </ul>	'brief intervention' 2 (8%); standard care 8 (42%). Remained high risk: PUP programme 8 (36%); 'brief intervention' 13 (56%); standard care 7 (37%). Remained low risk: PUP programme 6 (27%); 'brief intervention' 4 (17%); standard care 4 (21%). Significant improvement and deterioration using Reliable Change Index: RC + Improved: PUP programme 7 (31%); 'brief intervention' 4 (17%); standard care 0 (0%). RC + Deteriorated: PUP programme 0 (0%); 'brief intervention' 4 (17%); standard care 7 (36%). RC No change: PUP programme 15 (68%); 'brief intervention' 15 (65%) standard care 12 (63%).  Parenting stress (self-reported) measured using the Parenting Stress Index Short Form (Abidin, 1990): Standard care (z=0.874, ns); 'brief intervention' (z=0.430, ns); PUP programme (z=2.199, p< 001).  Effect sizes - Children and young people's health	Overall validity rating
	<ul> <li>Disability - Not clear - a number of participants were in receipt of a disability pension (n=7, 11%). Not reported by group.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Income source: Paid employment n=15 (23%); unemployment benefits n=3 (5%); disability pension n=7 (11%); sole parenting allowance n=35 (55%); other n=4 (6%).</li> <li>Type of abuse - Not reported.</li> </ul>	and wellbeing outcomes: Child behaviour (self-reported) measured using the sum of the first four scales of the Strengths and Difficulties Questionnaire (Goodman 1997) to give a total problem score: Standard care (z=1.41, ns); 'brief intervention' (z=0.519, ns); PUP programme (z=2.750, p<.001). Child behaviour – Prosocial behaviour: Standard care (z=1.30, ns); 'brief intervention' (z=1.36, ns); PUP programme (z=2.51, p<.001).  Effect sizes - Caregiver/parent health and wellbeing outcomes: Parental methadone use was measured using case records: Standard care (z=0.521, ns); 'brief intervention' (z=1.545, ns); PUP programme (z=2.355, p<.001). Parental alcohol use was measured	

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Looked after or adopted status - Target child subject to court order: n=7 (10.9%)      Unaccompanied asylum seeking	using the Alcohol Use Disorders Identification Test (Sanders et al. 1993 - self-reported): Standard care ns; 'brief intervention' ns; PUP programme ns.	
refugee or trafficked children - Not reported.	Narrative findings – Effectiveness: Child Abuse Potential Inventory: In the standard care group, child abuse potential <i>increased</i> significantly	
<ul><li>Sample size:</li><li>Comparison numbers - NB. Two comparison groups. Standard care:</li></ul>	over time. In both the PUP and brief intervention groups, CAP scores decreased significantly over time.	
Baseline n=19, 6 month assessment n=13. 'Brief intervention': Baseline n=23, six month assessment 20.  Intervention numbers - Baseline:	care group and the 'brief intervention' groups, scores on the rigidity scale did not change significantly over time. In the PUP group there was a significant reduc-	
n=22. Six month assessment: n=20.  • Sample size – (NB. Two comparison groups). Standard care: Baseline n=19, 6 month assessment n=13. 'Brief intervention': Baseline n=23, 6 month assessment 20. Intervention (PUP): Baseline n=22, six month assessment: n=20. Total sample at baseline n=64.	A higher proportion of those in the PUP programme moved from high to low risk during the course of the intervention, than for the other two conditions. Furthermore a greater proportion of PUP participants showed improvement according to the Reliable Change Index, compared to the other two conditions. However, no statistical testing was conducted on these measures.	
Intervention category: Parenting programmes.	Child behaviour - Strengths and Difficulties Question- naire: In the standard care group and the 'brief inter- vention' groups, total problem scores did not change	
Intervention: Parents Under Pressure: 'The PUP program combines methods for improving parental mood and parenting skills within a multi-systemic framework that takes into ac-	significantly over time. There was a significant reduction in total problem scores in the PUP group.  Child behaviour – Prosocial behavior: No significant differences were found in scores on the prosocial be-	
	<ul> <li>Looked after or adopted status - Target child subject to court order: n=7 (10.9%)</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:         <ul> <li>Comparison numbers - NB. Two comparison groups. Standard care: Baseline n=19, 6 month assessment n=13. 'Brief intervention': Baseline n=23, six month assessment 20.</li> <li>Intervention numbers - Baseline: n=22. Six month assessment: n=20.</li> <li>Sample size – (NB. Two comparison groups). Standard care: Baseline n=19, 6 month assessment n=13. 'Brief intervention': Baseline n=23, 6 month assessment 20. Intervention (PUP): Baseline n=22, six month assessment: n=20. Total sample at baseline n=64.</li> </ul> </li> <li>Intervention category: Parenting programmes.</li> <li>Intervention: Parents Under Pressure: 'The PUP program combines methods for improving parental mood and parenting skills within a multi-sys-</li> </ul>	<ul> <li>Looked after or adopted status - Target child subject to court order: n=7 (10.9%)</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:         <ul> <li>Comparison numbers - NB. Two comparison groups. Standard care: Baseline n=19, 6 month assessment: n=20.</li> <li>Intervention numbers - Baseline: n=19, 6 month assessment n=13. Brief intervention: Baseline n=22, six month assessment n=13. Brief intervention: Baseline n=23, 6 month assessment n=13. Brief intervention: Baseline n=23, 6 month assessment 20. Intervention (PUP): Baseline n=22, six month assessment: n=20. Total sample at baseline n=64.</li> </ul> </li> <li>Intervention category: Parenting programmes.</li> <li>Intervention: Parents Under Pressure: 'The PUP program combines methods for improving parental mood and parenting skills within a multi-systemic framework that takes into ac-</li> </ul>

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	family functioning' (p383). Ten modules delivered over the course of ten to 12 weeks. Sessions last between 1 and 2 hours and are delivered in the home. Treatment begins by assessing families and devising a plan for change. Modules are thematic, may ' continue through treatment' (p384). and often incorporate mindfulness techniques. Modules include: Module 3 – 'Challenging the notion of an idea parent' to strengthen the par-	Parenting Stress Index Short Form: There were no significant changes in scores of parenting stress in either the standard care group or the 'brief intervention' group. In the PUP group there was a significant reduction in scores of parental stress.  Parental methadone use: Neither the standard care group nor the 'brief intervention' showed significant changes in methadone dose. Participants in the PUP	
	ent's view that they are competent.  Module 4 – 'How to parent under pressure: increasing mindful awareness'  Module 5 – 'Connecting with your child and encouraging good behavior' - teaches skills such as use of praise and reward and play skills  Module 6 – 'Mindful child management" teaches non-punitive child management techniques'  Module 7 – 'Coping with lapse and relapse" teaches skills to reduce likelihood of lapses to use of alcohol and other drugs'  Module 8 – 'Extending social networks'	group showed significant reductions in dosage of methadone over time.  Parental alcohol use: There were no significant changes in alcohol use over time in any of the treatment condition groups.	
	identifying sources of support and extending support networks  Module 9 – 'Life skills' - practical advice on diet and nutrition, budgeting, healthy lifestyles and so on  Module 10 – 'Relationships' - improving communication between partners.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Parental progress is recorded in a workbook. The intervention group may also have received case management (depending on family need) outside of these sessions which involved assistance with accessing services, e.g. accompanying parents on legal or school visits or liaising with social services.  Treatment was conducted by 2 clinicians with professional qualifications and experience in treating complex families.  Comparison intervention: NB. Two comparison groups were used. 'Brief intervention': 2 sessions delivered in the clinic. These were based on traditional parent training skills and were provided by therapists who also delivered the Parents Under Pressure programme. Parents used specially designed workbooks. Standard care: Routine care delivered by clinic staff, i.e. appointments with a prescribing doctor every 3 months and case worker access (e.g. for assistance with		
	<ul> <li>Dutcomes measured:</li> <li>Risk of abuse and neglect - Child abuse potential measured using the Child Abuse Potential Inventory (Milner, 1986 - self-reported) and the</li> </ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Child Abuse Potential Rigidity scale (a subscale of the former, self-reported). The authors report that this scale is less susceptible to attempts to manipulate scores and that parents with high 'faking good' scores on the main scale have higher rigidity scores. Parenting stress (self-reported) measured using the Parenting Stress Index Short Form (Abidin 1990).  Children and young people's health and wellbeing outcomes - Child behaviour (self-reported) was measured using the Strengths and Difficulties Questionnaire (Goodman 1997). A total problem score was found using the sum of scores on the first four scales (emotional symptoms, hyperactivity, conduct problems, and peer problems). Scores on the fifth scale (prosocial behaviour) are given separately.  Caregiver/parent health and wellbeing outcomes - Parental methadone use was measured using case records. Parental alcohol use was measured using the Alcohol Use Disorders Identification Test (Sanders et al. 1993 - self-reported).		
	<b>Follow-up:</b> Assessments conducted at baseline, post-treatment or 3 months and 6 months.		

4. DePanfilis D and Dubowitz H (2005) Family connections: A program for preventing child neglect. Child Maltreatment 10: 108-23

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The study assessed outcomes for families receiving two versions of a programme - 'Family Connections' - specifically designed to prevent child neglect.	<ul> <li>Participants:</li> <li>Children and young people. Intervention targeted families that had at least 1 child between the ages of 5 and 11.</li> <li>Caregivers and families. Intervention primarily delivered to caregivers of children and young people.</li> </ul>	Effect sizes - Incidence of abuse and neglect: No significant between-groups differences in Child Protective Services reports during receipt of intervention (chisquare=0.108, p=0.742) or in the six months following intervention (chi-square=0.115, p=0.177).  Effect sizes - Risk of abuse and neglect: Risk factors - Caregiver depressive symptoms - Significant main effect of time for full sample (F=18.239,	Overall assessment of external validity: +  Overall validity score:
Methodology: RCT with 2 intervention groups: one receiving Family Connections for 3 months (FC3) and one receiving intervention for 9 months (FC9).  Country: Not UK – USA.  Source of funding: Government.	<ul> <li>Sample characteristics:</li> <li>Age - Mean age at baseline 36.9 years, sd 12.2.</li> <li>Sex - Majority (98.1%) of caregivers were female.</li> <li>Ethnicity - Majority of caregivers (86.4%) African American.</li> <li>Religion/belief - Not stated.</li> <li>Disability - Not stated.</li> <li>Long term health condition - Not stated.</li> <li>Sexual orientation - Not stated.</li> <li>Socioeconomic position - Mean annual income \$9,571; mean educational level 10.8 years; 57.8% unemployed.</li> <li>Type of abuse - Intervention specifically targeted at neglect.</li> <li>Looked after or adopted status - Not stated.</li> <li>Unaccompanied asylum seeking,</li> </ul>	p<0.001). From baseline to case closure FC9 group had fewer depressive symptoms than FC3 (F=3.185, p=0.045) but this difference was not significant 6 months later.  Parenting stress - No significant differences between groups on any of the subscales of the parenting stress scale. Difficult Child subscale and Parental Distress subscales- main effect of time for entire sample (F=7.020, p=0.001 and F=7.685, p=0.001 respectively), sustained from baseline, to case closure and at 6-month follow-up.  Parent-Child Dysfunctional Interaction subscale - no main group effects or interaction effects. Everyday stress - No significant differences between groups or interaction between group and time. There was a significant reduction in stress in the whole sample across time (F=18.377, p<0.001).  Protective factors - Parenting attitudes - 4 subscales of the AAPI were analysed. The Empathy subscale	

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims.	• • • • • • • • • • • • • • • • • • • •	showed a main effect of time (F=3.563, p=0.31) but no main effect of group, or interaction between group and time. Similarly, the AAPI Parent-Child Role Reversal subscale showed a main effect of time (F=16.689, p<0.001) but no main effect of group, or interaction between group and time. There were no significant effects in the Parental Developmental Expectations or Value of Corporal Punishment subscales. Parenting Sense of Competence (PSOC) There was a main effect of time on PSOC (F=9.985, p<0.001) but no significant differences between FC3 and FC9 groups, or interaction between group and time. Family Functioning - Five analyses were conducted on the subscales of the SFI: family health, conflict, cohesion, leadership and expressiveness. In all analyses,	Overall validity rating
	Core components of the intervention are a) emergency assistance, b) home-based family intervention (family	(F=4.980, p=0.028) CWBS household sanitation (F=4.406, p=0.038). No main effect of group, or interaction between group and time for any measure of	

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	assessment, outcome driven service plans, individual and family counseling), c) service coordination with referrals targeted towards risk and protective factors, d) multifamily supportive recreational activities, e.g. dinner gatherings.	physical care. Psychological care of children - Significant main effects of time for full sample for: CWBS mental health care (F=5.961, p=0.016) CWBS parental teaching/stimulation (F=9.008, p=0.004). No main effect of group, or interaction between group and time for any measure of psychological care.	
	Logic model suggests that the short term outcomes of the intervention are to increase protective factors (parenting attitudes, parenting competence, family functioning and social support) and to decrease risk factors (parental depressive symptoms, life stress and parenting stress).  Most services provided by graduate social work interns, supervised by a faculty member - at least weekly individual supervision plus weekly clinical	Effect sizes - Children and young people's health and wellbeing outcomes: Child Behaviour Checklist - internalising Significant main effect of time for the whole sample (F=5.744, p=0.004). There was a significant interaction between group and time in favour of the FC9 group for the CBCL - internalising score (F=3.105, p=0.049). The FC9 group showed greater improvements on this scale than FC3. CBCL - externalising Significant main effect of time for whole sample (F=17.433, p<0.001). No significant main effects of group, or interactions between group and time.	
	The FC3 group received an average of 17 hours intervention over 12 weeks, and the FC9 group received an average of 31 hours over 36 weeks.  Comparison intervention: Comparison intervention same as treatment intervention - but a lower 'dosage' - three months compared to nine	Narrative findings – Effectiveness: There were no significant between-groups differences in Child Protective Services reports during receipt of intervention or in the 6 months following intervention. Parents in both the FC3 and FC9 intervention groups showed significant improvements over time on a number of risk factors for abuse and neglect including: - Caregiver depressive symptoms - Difficult Child and Parental Distress subscales of the Parenting Stress Index - Everyday stress. However, this was not more pronounced in the higher dosage group.	
	tervention - but a lower 'dosage' -	dex - Everyday stress. However, this was not more	

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Incidence of abuse and neglect - Measured via official child abuse and neglect reports, from birth until 6 months after the intervention had ended. Coded based on timing relative to intervention, and substantiation status of reports.</li> <li>Risk of abuse and neglect - Three risk factors: - Caregiver depressive symptoms - measured via Center for Epidemiologic Studies-Depression Scale (CES-D) (Radloff 1977) - Parenting stress - assessed using Parenting Stress Index Short Form (PSI/SF) (Abidin 1995) - Everyday stress measured using the Every Day Stressors Index (ESI) (Hall et al. 1985). Four protective factors: - Parenting attitudes - measured via Adult-Adolescent Parenting Inventory (AAPI) (Bavolek 1984) - Parenting sense of competence - assessed using Parenting Sense of Competence Scale (PSOC) (Gibaud-Wallston &amp; Wandersman 2001) - Family functioning - assessed using Self-Report Family Intervention (SFI) (Beavers et al. 1985) - Social support - assessing via Social Provisions Scale (SPS) (Russell &amp; Cutrona 1984). Child safety Assessed via observation of physical and psychological care (Child Well Being</li> </ul>	Improvements were also seen in both FC3 and FC9 groups in: - CWBS household furnishing - CWBS overcrowding - CWBS household sanitation - CWBS mental health care - CWBS parental teaching/stimulation. However, this was not more pronounced in the higher dosage group. The researchers reports that these findings are in line with 'other studies of home-based interventions with high-risk families' (p119). However, the lack of a 'no services' or 'care as usual' control group makes these findings less robust. However, contrary to the investigators' hypothesis, there were few significant differences between the 3-month and 9-month intervention groups. This included no significant differences in Child Protective Services reports between the groups. The investigators suggest a number of possible explanations for this including: - 3-month interven-	

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Scales et al. 1986).  Children and young people's health and wellbeing outcomes - Child behaviour measured by caregiver report of externalising and internalising child behaviour problems using the Child Behavior Checklist (Achenback 1991).		
	<b>Follow-up:</b> Follow-up at case closure (3 or 9 months), and 6 months post case closure.		

## 5. DePanfilis D, Dubowitz H, Kunz J (2008) Assessing the cost-effectiveness of Family Connections. Child Abuse and Neglect 32: 335–51

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: 'To assess the cost-effectiveness of two alternate forms of Family Connections (FC), a child neglect prevention program, in relation to changes in risk and protective factors and improvements in child safety and behavioural outcomes' (p335).  Methodology: RCT with 2 intervention groups: 1 receiving	<ul> <li>Participants:</li> <li>Children and young people.     Targeted families had at least one child between the ages of 5 and 11.</li> <li>Caregivers and families. Intervention primarily delivered to caregivers of children and young people.</li> <li>Sample characteristics:</li> <li>Age - Mean age at baseline 36.9 years, sd 12.2.</li> <li>Sex - Majority (98%) of caregivers were female.</li> <li>Ethnicity - Majority of caregivers (86%) African American.</li> <li>Religion/belief - Not stated.</li> </ul>	Effect sizes – Other: See DePanfilis et al. (2005) for effect sizes on outcome measures. Cost effectiveness ratio for FC3 group with regard to child behaviour was \$337. Costeffectiveness ratio for FC9 group with regard to child behaviour was \$276.  Narrative findings – Effectiveness: For narrative of effectiveness on outcome measures see DePanfiis et al. (2005). This study found that, for the majority of outcome measures, the FC3 group was more cost effective than FC9. This is because there was no significant difference between the groups in risk and protective factors, or child safety. Both groups showed a similar magnitude of improvement at 6 months follow-up, suggesting that the briefer, and less	Overall assessment of internal validity: -  Overall assessment of external validity: +  Overall validity score: -

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Family Connections for 3 months (FC3) and 1 receiving intervention for 9 months (FC9).  Country: Not UK – USA.  Source of funding: Government.	<ul> <li>Disability - Not stated.</li> <li>Long term health condition - Not stated.</li> <li>Sexual orientation - Not stated.</li> <li>Socioeconomic position - Mean annual income \$9,571; mean educational level 10.8 years; 57.8% unemployed.</li> <li>Type of abuse - Intervention specifically targeted at neglect.</li> <li>Looked after or adopted status - Not stated.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not stated.</li> <li>Sample size:</li> <li>Comparison numbers - FC3 n=62.</li> <li>Intervention number - FC9 n=63.</li> </ul>	expensive, intervention was the more cost effective. However, in relation to child behaviour outcomes the FC9 intervention was calculated to be the more cost effective - costing \$276 per unit change in child behaviour compared to \$337 for FC3.	
	• Sample size n=125.  Intervention category: Home visiting.  Intervention: Family Connections 'works with families in their neighborhoods to help them meet the basic needs of their children, reduce the risk of child neglect, and enhance the overall functioning of the family and children' (p340). Primary theoretical foundation is Bronfenbrenner's (1979) theory of social ecology. The intervention uses a 'home-based, family-centred		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	model of practice' (p340), guided by nine practice principles: 'community outreach, individualised family assessment, tailored interventions, helping alliance, empowerment approaches, strengths perspective, cultural competence, developmental appropriateness and outcome-driven service plans' (p340).		
	Core components of the intervention are a) emergency assistance, b) home-based family intervention (family assessment, outcome driven service plans, individual and family counseling), c) service coordination with referrals targeted towards risk and protective factors, d) multifamily supportive recreational activities, e.g. dinner gatherings.		
	Logic model suggests that the short term outcomes of the intervention are to increase protective factors (parenting attitudes, parenting competence, family functioning and social support) and to decrease risk factors (parental depressive symptoms, life stress and parenting stress).		
	Most services provided by graduate social work interns, supervised by a faculty member - at least weekly individual supervision plus weekly clinical		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	seminars.		
	The FC3 group received an average of 17 hours intervention over 12 weeks, and the FC9 group received an average of 31 hours over 36 weeks.		
	Comparison intervention: Comparison intervention same as treatment intervention - but a lower 'dosage' - three months compared to nine months.		
	<ul> <li>Outcomes measured:</li> <li>Incidence of abuse and neglect - Measured via official child abuse and neglect reports, from birth until 6 months after the intervention had ended. Coded based on timing relative to intervention, and substantiation status of reports.</li> <li>Risk of abuse and neglect - Three risk factors: - Caregiver depressive symptoms - measured via Center for Epidemiologic Studies-Depression Scale (CES-D) (Radloff 1977) - Parenting stress - assessed using Parenting Stress Index Short Form (PSI/SF) (Abidin 1995) - Everyday stress measured using the Every Day Stressors Index (ESI) (Hall et al. 1985). Four protective factors: -</li> </ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Adult-Adolescent Parenting Inventory (AAPI) (Bavolek 1984) - Parenting sense of competence - assessed using Parenting Sense of Competence Scale (PSOC) (Gibaud-Wallston & Wandersman 2001) - Family functioning - assessed using Self-Report Family Intervention (SFI) (Beavers et al. 1985) - Social support - assessing via Social Provisions Scale (SPS) (Russell & Cutrona 1984). Child safety Assessed via observation of physical and psychological care (Child Well Being Scales, Magura & Moses 1986).  Children and young people's health and wellbeing outcomes - Child behaviour measured by caregiver report of externalising and internalising child behaviour problems using the Child Behavior Checklist (Achenbach 1991).  Follow-up: Follow-up at case closure (3 or 9 months), 6 six months post case closure.		

6. Dishion T, Mun Chung J, Drake Emily C et al. (2015) A transactional approach to preventing early childhood neglect: The Family Check-Up as a public health strategy. Development and psychopathology 27: 1647–60

#### Research aims

Study aim: To investigate whether a home-based visitation intervention, the Family Check-Up (FCU) reduces the risk of child of maltreatment by improving the parent-child relationship in low-income US families.

Methodology: RCT inc cluster. Families were recruited via referrals from Women, Infants and Children nutritional assistance programme in 3 American areas. Eligible families had children aged 2 years and 2 vears 11 months and reported higher than average scores in at least 2 out of 3 domains of risk factor: familial (maternal depression; daily parenting challenges, substance use problems, teen parent status); child-related (conduct problems, high-conflict relationships with

# PICO (population, intervention, comparison, outcomes)

### **Participants**

Children and young people -Children involved in assessments aged 2 at baseline.

Caregivers and families -Families were invited to participate in our study on the basis of the following inclusion criteria: (a) they had a child between ages 2 years 0 months and 2 years 11 months, and (b) they reported family, socioeconomic, and/or child risk factors for child's future behaviour problems; more specifically, families had to score at least 1 SD above the normative mean in two of the three domains of risk: familial (i.e., maternal depression, daily parenting challenges, substance use problems, or teen parent status); child (i.e., conduct problems and high-conflict relationships with adults); and socio-demographic (i.e., low education achievement and income relevant to WIC criterion).

### Sample characteristics

- Age Age of child at baseline mean =29.9 months (SD= 3.2).
- Sex Children 49% female (n=180 control, n=182 FCU). No detail given on gender of caregivers in the study, but participation in WIC suggests female.

## **Findings**

### Effect sizes

Incidence of abuse and neglect Impact of FCU on neglect variables. A path model for the relationship between intervention group, dyadic positive engagement and neglect measures was constructed. The analysis found no direct effect of FCU upon neglect variables at age 4 follow up. However, the path analysis found that the relationship between FCU and neglect was mediated via impact on dyadic positive engagement, and moderated by level of family adversity at age 2. Using a mean family adversity score, the study found significant indirect effects of FCU on neglect mediated by improved dyadic positive engagement for: affection neglect (point estimate -0.077 95% CI -0.137 to -0.017); monitoring neglect (point estimate -0.034 (95% CI -0.068 to -0.001) and caregiving (point estimate -0.019, 95% CI -0.035 to -0.003). Family adversity at age 2 was found to be significantly associated, at age 4, with affection neglect (B=0.32, SE=0.04, p<.05) caregiving neglect (B=0.13, SE=0.04, p <0.01) and monitoring neglect.(B=0.32, SE = 0.10, p< 0.01) but not with DPE at age 3 (B=-0.08, SE=0.01, p=0.14). Family adversity also significantly modified the association between DPE and affection neglect (B=-0.71, SE= 0.33, p<0.05) and monitoring effect (B=-0.52, SE=0.27, p=0.05). A slope analysis of this moderating effect found that as family adversity index increased, the negative association between DPE at age 3 and affection or monitoring neglect at age 4 became stronger, meaning that families with high and mean adversity scores saw the biggest decrease in affection or monitoring neglect as their DPE score increased, compared to families with low

# Overall validity rating

# Overall assessment of internal validity

| +

Lack of UK focus

# Overall assessment of external validity

+

### Overall validity score

+

Rationale for data analysis not always clear.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
adults); and socioeco-	• Ethnicity - 46.6% (n=341, control	adversity scores, where there was no significant as-	
nomic (low education	n=170, FCU n=171) European Ameri-	sociation.	
achievement and in-	can, 27.6% (n=202; c n=97, FCU	Quality of parenting and parent-child relationships	
come assistance rele-	n=105) African American, 13.4%	DPE was measured at age 2 and 3: FCU participants	
vant to WIC criteria).	(n=98, c n=48, FCU n=50) Hispanic,	scored significantly higher DPE scores at age 3 than	
Child maltreatment	9.8% (n=72, c and FCU n=36) biracial	those in the control group, while controlling for base-	
was not a criteria of eli-	and 2.4% (n=18, c n=13, FCU n=5)	line DPE (b=0.03, SE=0.01, p<0.01). At age 3 higher	
gibility. Of 1666 fami-	other (First people/native Hawaiians)	DPE scores significantly predicted less affection ne-	
lies approached, 879	- control and interventions similar to	glect (B=-2.29, SE=0.15, p<0.001) caregiver neglect	
were eligible and 731	each other.	(B=-0.56, SE=0.15, p<0.001) and monitoring neglect	
agreed to take part.	Religion/belief - Not reported	(B=-1.02, SE=0.36, p<0.01). The effect was seen	
Following a home as-	Disability - Not reported	controlling for same baseline measures at age 2, fam-	
sessment (when child	<ul> <li>Long term health condition - Not re-</li> </ul>	ily adversity at age 2 and FCU direct effect.	
aged 2) participating	ported		
families were randomly	Sexual orientation - Not reported		
assigned to the inter-	Socioeconomic position - Primary		
vention condition or	caregivers education 23.6% (n= 172,		
control condition, and	c n=92, FCU=80) had less than high		
then assessed at	school diploma, 41% (n= 310, c		
home 3 times further,	n=137, FCU n=163) had a high		
at ages 3,4 and 5 with	school education or general educa-		
assessors blind to the	tion diploma, 35.4% (n=259, c n=135,		
group status of the	FCU n=124 had post-high school		
family. For those in the	training. PC income less than		
FCU intervention	\$10,000 - 28.7% (n=210, c n=108,		
group, these assess-	FCU n=102; Less than \$20,000 -		
ments occurred prior to	37.6% (n= 275, c n=139, FCU n=136)		
the 3 annual interven-	\$20,000 and over - 32.5% (n=238, c		
tion sessions. Assess-	n=113, FCU n=125). Mean number of		
ments involved vide-	family members per household was		
otaped observation of	4.5 (SD 1.63).		
tasks which the partici-	Type of abuse – Neglect.		
pating primary care-	Looked after or adopted status		
giver (PC)-child dyad	<ul> <li>Not applicable - biological children</li> </ul>		
	living with their primary caregivers		

were asked to complete - a free-play task for the child (15 mins); then for both PC and child a clean-up task (5 mins); a delay of gratification task (6 mins) and 4 teaching tasks (3 mins each). This was followed by a second 4 min free-play task for the child and a second 4 min flean up task for both. The assessment concluded with a 2 min task involving inhibition-inducing toys' (p1651) and a 20 min meal prep/lunch task. Videos were then later coded by researchers for positive enaggement, using the Relationship Affect Coding system, which codes physical and verbal behaviour and affect of both the PC and the child as either positive, negative or neutral, based on facial expressions, tone of voice and nonverbal	Research aims	PICO (population, intervention,	Findings	Overall validity rating
refuge or trafficked children - Not applicable.  refuge or trafficked children - Not applicable.  refuge or trafficked children - Not applicable.  sample size  Comparison numbers - n=364 at baseline, n=309 at age 4 follow-up.  (3 mins each). This was followed by a second 4 min ree-play task for the child and a second 4 min ree-play task for the child and a second 4 min relean up task for both. The assessment concluded with a 2 min task involving 'inhibition-inducing toys' (p1651) and a 20 min meal preplunch task. Videos were then later coded by researchers for positive engage-ment, using the Relationship Affect Coding system, which codes physical and verbal behaviour and affect of both the PC and the child as either positive, negative or neutral, based on facial expressions, tone of voice and nonverbal	wore calced to som	comparison, outcomes)		
for the child (15 mins); then for both PC and child a clean-up task (5 mins); a delay of gratification task (5 mins) and 4 teaching tasks (3 mins each). This was followed by a second 4 min free-play task for the child and a second 4 min clean up task for both. The assessment concluded with a 2 min task involving inhibition-inducing toys' (p1651) and a 20 min meal prep/lunch task. Videos were then later coded by researchers for positive engagement, using the Relationship Affect Coding system, which codes physical and verbal behaviour and affect of both the PC and the child as either positive, negative or neutral, based on facial expressions, tone of voolce and nonverbal		, ,		
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child a clean-up task (5 mins), a delay of gratification task (6 mins) and 4 teaching tasks (3 mins each). This was followed by a second 4 min free-play task for both. The assessment concluded with a 2 min task involving 'inhibition-inducing toys' (p1651) and a 20 min meal prep/lunch task. Videos were then later coded by researchers for positive engagement, using the Relationship Affect Coding system, which codes physical and verbal behaviour and affect of both the PC and the child as either positive, negative or neutral, based on facial expressions, tone of voice and nonverbal	•	арріїсавіе.		
mins); a delay of gratification task (5 mins) and 4 teaching tasks (3 mins each). This was followed by a second 4 min free-play task for the child and a second 4 min clean up task for both. The assessment concluded with a 2 min task involving 'inhibition-inducing toys' (p1651) and a 20 min meal prep/lunch task. Videos were then later coded by researchers for positive engagement, using the Relationship Affect Coding system, which codes physical and verbal behaviour and affect of both the PC and the child as either positive, negative or neutral, based on facial expressions, tone of voice and nonverbal		Sample size		
fication task (5 mins) and 4 teaching tasks (3 mins each). This was followed by a second 4 min free-play task for the child and a second 4 min clean up task for both. The assessment concluded with a 2 min task involving inhibition-inducing tops' (p1651) and a 20 min meal prep/lunch task. Videos were then later coded by researchers for positive engage-ment, using the Relationship Affect Coding system, which codes physical and verbal behaviour and affect of both the PC and the child as either positive, negative or neutral, based on facial expressions, tone of voice and nonverbal (p1651).				
Intervention numbers - n=315 at age 4 follow-up.  Intervention numbers - n=367 at baseline, n=315 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Intervention numbers - n=367 at baseline, n=315 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Intervention numbers - n=367 at baseline, n=315 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Intervention numbers - n=367 at baseline, n=315 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Intervention numbers - n=367 at baseline, n=315 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Intervention numbers - n=367 at baseline, n=315 at age 4 follow-up.  Sample size - n=731 at baseline, n=624 at age 4 follow-up.  Intervention  Intervention Intervention outside at age 4 follow-up.  Intervention numbers - n=367 at baseline, n=315 at age 4 follow-up.  Intervention Intervention outside at age 4 follow-up.  Intervention Intervention Intervention outside at age 4 follow-up.  Intervention Interven	, ,			
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voice and nonverbal (p1651).				
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	cues. Software was	(6.33.).		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
used to calculate sum-	Delivered to		
mary dyadic positive	Primary caregivers and their child		
engagement (DPE)	(aged 2 at baseline), but with wider		
scores. While videos	family involved at all stages where		
from ages, 2, 3, 4, and	available, particularly to provide infor-		
5 were coded, only	mation during observation session.		
data from ages 2 and 3			
was included in the	Duration, frequency, intensity, etc.		
analysis. Child neglect	One home-based session every year,		
at age 4 was coded	for three years. FCU sessions were		
using the Coder Im-	delivered after annual assessments		
pressions Inventory,	had taken place.		
rating PC-child rela-			
tionship quality; nega-	Key components and objectives of in-		
tive PC-child interac-	tervention		
tion and family prob-	An observation session involving		
lem-solving skills on a	wider family is designed to gather a		
9 point scale of 1=not	holistic ecological picture of the PC		
at all, 5=somewhat,	and child relationship. During the in-		
9=very much, leading	terview session, PCs are given the		
to calculation of scores	opportunity to raise concerns, particu-		
for 2 variables, affec-	larly those about family issues which		
tion neglect and moni-	impact on the child's wellbeing. The		
toring neglect. Care-	feedback session discusses the ob-		
giving neglect, the	served parenting, the strengths seen		
home environment,	and possible areas of change in the		
was assessed at age 4	family and parenting practices. All		
using the Home Ob-	three sessions are designed to im-		
servation for Measure	prove relationships between the pri-		
of the Environment	mary caregiver and the child, and		
during a 3 hr visit by	also with the wider family, thus reduc-		
an examiner, with the	ing likelihood of child maltreatment. A		
score for 'basic hy-	motivational interviewing style is used		
giene', measured on a	to support primary caregivers to seek		
4-point Likert scale,			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
(1=not at all true, 2 =	to improve their identified weak ar-		
hardly true, 3= some-	eas. Information about available and		
what true, 4=very true)	evidence-based parenting support is		
used as the outcome	also provided, culminating in an as-		
measure for this study.	sessment of whether follow up ser-		
Levels of family adver-	vices, of an Everyday Parenting		
sity were calculated	(Dishion et al. 2011) curriculum is re-		
combining the scores	quired.		
for 8 indicators: 1. PC			
income below national	Location/place of delivery		
poverty line; 2. low PC	Own homes		
educational attainment			
(below high school); 3.	Describe comparison intervention		
single parenthood;	Received Women, Infants and Chil-		
4.household over-	dren's services as usual.		
crowding (4+ children			
in home/more family	Outcomes measured		
members than rooms).	Incidence of abuse and neglect. Child		
5 household member	neglect comprising: 1. Affection ne-		
with criminal convic-	glect - measured using Coder Impres-		
tion; 6. PC with sub-	sions Inventory (Dishion et al. 2004)		
stance abuse prob-	at ages 2 and 4 2. Monitoring neglect		
lems; 7.Neighbour-	- measured using Code Impressions		
hood danger status	Inventory (Dishion et al. 2004) at		
8.PC with depression.	ages 2 and 4 3. Caregiving neglect -		
This score, from 0–8	measured using Home Observation		
was generated when	for Measurement of Environment		
the child was 2. Multi-	(Caldwell and Bradley 2003).		
variate analysis was			
conducted for the pre-	Quality of parenting and parent-child		
diction of DPE (as the	relationships. Observed dyadic posi-		
mediating factor) and	tive engagement - measured using		
other outcome varia-	the Relationship Affect Coding Sys-		
bles, with percentile	tem (Peterson et al. 2008) at ages 2		
bootstrapping used to	and 3.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
assess mediation ef-			
fects.	Follow-up Assessments were conducted at		
Country: Not UK.	baseline, age 2, age 3, age 4 and age		
USA.	5). However, only data from ages 2 and 3 were used in relation to dyadic		
Source of funding: Government. National Institute on Drug Abuse.	positive engagement, and only data from ages 2 and 4 were used in relation to neglect.		
	Costs No.		

7. DuMont K, Kirkland K, Mitchell-Herzfeld S et al. (2011) Randomized Trial of Healthy Families New York (HFNY): Does Home Visiting Prevent Child Maltreatment? New York: New York State Office of Children and Family Services

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: Study aims to answer four questions: '1) To what extent is the home visiting process of HFNY consistent with the HFA model? 2) Does home visiting effectively prevent or reduce maltreatment? 3) Does home visiting limit the emergence of precursors of delinquence? 4) Do the long-term benefits of an	Sample characteristics:  • Age - Baseline, 31.0% of mothers >19 Follow-up mother sample: 31.7% of mothers >19 Follow-up child sample: 32.1% of mothers >19.	Effect sizes - Incidence of abuse and neglect: A - Administrative data 1. Overall sample 1.1 Child welfare reports In the overall sample there were no significant difference in either cumulative rates or cumulative numbers of confirmed reports of abuse and neglect between the intervention and control groups: Mother or target child confirmed subject or victim of CPS report (cumulative rate) - Control 27.10%; Intervention 29.55; Adjusted odds ratio=1.13, non-significant Mother or target child confirmed subject or victim of CPS report (mean number of reports) - Control 0.55; Intervention 0.54; Effect size=-0.01, non-significant. 1.2 Initiation of child welfare services No significant difference in initiation of child welfare services. Control 18.61%; Intervention	Overall assessment of internal validity: ++  Overall assessment of external validity: +  Overall validity score: +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
HFA-based home visiting program outweigh its costs?' (p4-5).	Ethnicity - Mother's ethnicity Baseline: White 34.4%; African-American 45.4%; Latina 18.0% Follow-up mother sample: White 34.6%; Afri-	16.21%; Adjusted odds ratio=0.87, non-significant. 1.3 Foster care placement No significant difference in rates of foster care placement. Control 4.90%; Intervention 4.83%; Adjusted odds ratio=0.87, non-signifi-	
Methodology: RCT.	can-American 47.9%; Latina 15.6% Follow-up child sample: White	cant. Subgroup analyses were conducted for two sub-	
Country: Not UK – USA.	34.1%; African-American 49.0%; Latina 15.1%.	groups: a 'Reduced Risk of Offending' (RRO) group (n=104) and a High Prevention Opportunity (HPO)	
Source of funding: Government.	<ul> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Receiving cash assistance: Baseline 36.5% Follow-up mother sample: 37.8% Follow-up child sample: 36.3%</li> <li>Type of abuse - Not reported.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>Comparison numbers - Baseline comparison group n=594 Follow-up (Year 7) comparison group n=463.</li> <li>Intervention numbers - Baseline intervention group n=579 Follow-up intervention group n=463.</li> <li>Sample size - Baseline comparison group n=594 Follow-up (Year 7)</li> </ul>	group (n=179).  2. RRO subgroup 2.1 Child welfare reports Marginally significant difference in favour of intervention group regarding cumulative rates of confirmed reports of all types of abuse and neglect: Control 60.36%; Intervention 41.51%; Adjusted odds ratio 0.47, p<0.10. Marginally significant difference in favour of intervention group regarding reports where mother was the confirmed subject: Control 57.41%; Intervention 38.18%; Adjusted odds ratio 0.46, p<0.10. Marginally significant difference in favour of intervention group regarding cumulative rates of confirmed reports of physical abuse: Control 13.44%; Intervention 3.25%; Adjusted odds ratio 0.22, p<0.10. Marginally significant difference in favour of intervention group regarding mean numbers of confirmed reports of all types of abuse and neglect: Control 1.63; Intervention 0.96; Effect size -0.35, p<0.10. 2.2 Initiation of child welfare services Significant difference in favour of intervention group regarding initiation of child welfare services: Control 60.02%; Intervention 38.02%; Adjusted odds ratio 0.41, p<0.05.  2.3 Foster placements No significant difference in rates of foster care placement. Control 23.62%; Intervention 17.19%; Adjusted odds ratio 0.67, non-significant.  3. High Prevention Opportunity subgroup 3.1 Child	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	comparison group n=463 Baseline intervention group n=579 Follow-up intervention group n=463.	welfare reports No significant difference in either cu- mulative rates or cumulative numbers of confirmed re- ports of abuse and neglect between the intervention and control groups: Mother or target child confirmed	
	Intervention category: Home visiting.	subject or victim of CPS report (cumulative rate) - Control 25.03%; Intervention 21.92%; Adjusted odds ratio	
	Intervention: Healthy Families New York aims to provide 'voluntary, com-	=0.4, non-significant Mother or target child confirmed subject or victim of CPS report (mean number of re-	
	prehensive and intensive home visiting services to expectant or new parents	ports) - Control 0.49; Intervention 0.31; Effect size= - 019, non-significant. 3.2 Initiation of child welfare ser-	
	who are identified as being at risk of abusing or maltreating their children' (p6). The service comprises: - bi-	vices No significant difference in initiation of child welfare services. Control 12.3%; Intervention 8.67%; Adjusted odds ratio=0.68, non-significant. 2.3 Foster	
	weekly visits during the prenatal period - weekly visits until the child is at least	1 <sup>5</sup>	
	6 months old - periodic visits based on the needs of the family until the child begins school or Head Start. Home	Unadjusted odds ratio 1.47 (incidence too low to support multivariate model), non-significant.	
	visitors provide ' support, education, information and activities designed to	B - Self-report data - mothers  1. Overall sample Significant differences in favour of	
	promote healthy parenting behaviors and child growth, including proper nu-	intervention group in relation to frequency of non-vio- lent discipline and frequency of serious physical	
	trition, age appropriate behaviors and positive discipline strategies' (p7).	abuse. Non-violent discipline - Control: 45.27; Intervention 49.27, Effect size 0.14. p<0.05. Serious physi-	
	They also help mother's access health care and other services. The service is delivered by trained paraprofessionals.	cal abuse - Control: 0.15; Intervention 0.03, Effect size -0.20. p<0.01. Also significant difference in rates of non-violent discipline - Control: 98.6%; Intervention	
	Comparison intervention: Control	100.00, Effect size 0.14. p<0.05 No significant differences observed on overall rates (whether it occurs or	
	group provided with information on, and referral to, appropriate services	not) of: Psychological aggression Control: 86.49%; Intervention 87.29%, Adjusted odds ratio 1.18, non-sig-	
	other than home visiting.  Outcomes measured:	nificant. Minor physical aggression Control: 59.17%; Intervention 64.12%, Adjusted odds ratio 1.25, non-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Incidence of abuse and neglect - Measured using three sources: 1. Administrative records - reports of child maltreatment looking at a) cumulative rates (whether any confirmed reports of abuse or neglect over the time period) and b) cumulative numbers of reports, initiation of family services to avoid a placement and foster care placement 2. Self-reported by mother - using revised Parent-Child Conflict Tactics scale (Straus et al. 1998) using subscales for non-violent discipline, psychological aggression, minor physical aggression, serious physical abuse and neglect. 3. Self-reported by child - using Conflict Tactics Scale-Picture Card Version (Mebert and Straus 2002), looking at non-violent discipline, psychological aggression and minor physical aggression.</li> <li>Children and young people's health and wellbeing outcomes - The study also measured a number of 'precursors to delinquency' to assess if the intervention had reduced risk of juvenile delinquency. These were measured using: 1. Interview with mothers regarding child's experiences 2. Child Behavior Checklist for Ages 6-18 (Achenbach &amp; Rescorla 2001) 3. Child interview - receptive language skills measured</li> </ul>	significant. Serious physical abuse Control: 3.18%; Intervention 1.76%, Adjusted odds ratio 0.55, non-significant. Neglect Control: 16.74%; Intervention 15.77%, Adjusted odds ratio 0.93, non-significant. Also no significant differences observed in frequency of: Psychological aggression Control: 15.21; Intervention: 15.33; Effect size 0.01, non-significant Minor physical aggression Control: 4.51; Intervention: 4.36; Effect size -0.02, non-significant Neglect Control: 0.64; Intervention: 0.53; Effect size 0.05, non-significant difference in favour of the intervention group in overall rate of psychological aggression: Control 91.19%; Intervention 79.74%; Adjusted odds ratio 0.38, p<0.10 There was a marginally significant difference in favour of the intervention group in frequency of serious physical abuse: Control 5.47; Intervention 3.10; Effect size -0.34, p<0.10. No significant differences observed on overall rates (whether it occurs or not) of: Non-violent discipline - Control: 100%; Intervention 100%, Adjusted odds ratio non-significant. Minor physical aggression - Control: 65.58%; Intervention 64.79%, Adjusted odds ratio 0.92, non-significant. Serious physical abuse - Control: 3.40%; Intervention 3.20%, Adjusted odds ratio 0.55, non-significant. Neglect - Control: 12.53%; Intervention 17.07%, Adjusted odds ratio 1.39, non-significant. Also no significant differences observed in frequency of: Non-violent discipline - Control: 45.14; Intervention: 43.30; Effect size -0.06, non-significant. Psychological aggression - Control: 12.99; Intervention: 9.93; Effect size -0.23, non-significant Neglect Control: 0.28; Intervention: 0.27; Effect size 0.01, non-significant.	

using Peabody Picture Vocabulary Teset (Dunn & Dunn 2007) 4. Lone- liness and Social Dissatisfaction Questionnaire (Cassidy & Asher 1992) 5. Anti-social tendencies as- sessed using questions adapted from Seattle Social Development Project (Hawkins 2003) 6. Auto- mated Delay of Gratification task, which show associations with social and academic outcomes (Mischel et al. 1989).  Follow-up: This study reports the 7- year follow-up. Previous waves of the study also followed up at Years 2 and 3.  1. Overall sample There was a significant difference in favour of the intervention regarding prevalence of non-violent discipline - Control 97.80; Ad- justed odds ratio 1.73, non-significant. Prevalence of psychological aggression - Control 8.00, non-significant. There were no significant differences in: Frequency of psycho- logical aggression: Control 4.02; Intervention 4.03; Effect size 0.05; non-significant. Frequency of minor physical aggression: Control 2.68; Intervention 2.78; Ef- fect size 0.05; non-significant.  2. HPO subgroup There was no significant difference in: Prevalence of psychological aggression Control 87.13%; Intervention 84.93%; Adjusted odds ratio 0.87, non-significant. Prevalence of minor physi- cal aggression: Control 18.75%, Intervention 75.70%; Adjusted odds ratio 0.79, non-significant. There was no significant difference in: Frequency of psychological agg- gression: Control 2.92; Intervention 3.06; Effect size - 0.20, non-significant. Frequency of psychological ag- gression - Control 2.92; Intervention 3.06; Effect size - 0.02, non-significant. Frequency of psychological ag- gression - Control 2.92; Intervention 3.06; Effect size - 0.02, non-significant. Frequency of minor physical aggression: Control 2.92; Intervention 3.06; Effect size - 0.02, non-significant. Frequency of psychological ag- gression - Control 2.92; Intervention 3.06; Effect size - 0.02; non-significant.	Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
outcomes –		Teset (Dunn & Dunn 2007) 4. Lone-liness and Social Dissatisfaction Questionnaire (Cassidy & Asher 1992) 5. Anti-social tendencies assessed using questions adapted from Seattle Social Development Project (Hawkins 2003) 6. Automated Delay of Gratification task, which show associations with social and academic outcomes (Mischel et al. 1989).  Follow-up: This study reports the 7-year follow-up. Previous waves of the study also followed up at Years 2 and	favour of the intervention regarding prevalence of minor physical aggression: Control 77.23%; Intervention 70.79%; Adjusted odds ratio 0.74, p<0.05. There was no significant difference in: Prevalence of non-violent discipline - Control 96.90%; Intervention 97.80; Adjusted odds ratio 1.33, non-significant. Prevalence of psychological aggression - Control 85.14%; Intervention 84.47; Adjusted odds ratio 1.00, non-significant. There were no significant differences in: Frequency of non-violent discipline - Control 4.02; Intervention 4.03; Effect size 0.01; non-significant. Frequency of psychological aggression - Control 2.68; Intervention 2.78; Effect size 0.05; non-significant. Frequency of minor physical aggression: Control 2.35; Intervention 2.27; Effect size -0.04; non-significant.  2. HPO subgroup There was no significant difference in: Prevalence of non-violent discipline - Control 96.70%; Intervention 95.20; Adjusted odds ratio non-significant. Prevalence of psychological aggression - Control 87.13%; Intervention 84.93%; Adjusted odds ratio 0.87, non-significant. Prevalence of minor physical aggression: Control 81.57%; Intervention 75.70%; Adjusted odds ratio 0.79, non-significant. There was no significant difference in: Frequency of non-violent discipline - Control 3.93; Intervention 3.60; Effect size -0.20, non-significant. Frequency of minor physical aggression - Control 2.92; Intervention 3.00; Effect size 0.03; non-significant. Frequency of minor physical aggression: Control 2.59; Intervention 2.63; Effect size 0.02; non-significant.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		<ol> <li>Interview with mothers regarding child's experiences: No effect sizes.</li> <li>Child Behavior Checklist for Ages 6-18 (Achenbach &amp; Rescorla, 2001) Whole sample: Rule breaking behaviours=ns; Aggressive behaviours = ns; Anxious depressed=ns; Withdrawn depressed = ns; Social problems=ns. HPO subgroup: Rule breaking behaviours=ns; Aggressive behaviours=ns; Anxious depressed=ns; Withdrawn depressed=ns; Social problems=ns.</li> <li>Child interview - receptive language skills measured using Peabody Picture Vocabulary Teset (Dunn &amp; Dunn 2007). Whole sample Receptive vocabulary=ns HPO subgroup Receptive vocabulary=significant difference in proportion with below average receptive vocabulary, in favour of intervention, ES=0.43.</li> <li>Loneliness and Social Dissatisfaction Questionnaire (Cassidy &amp; Asher 1992): Whole group and HPO subgroup - social isolation=ns; Whole group and HPO subgroup - 'ever bullied by others'=ns.</li> <li>Anti-social tendencies assessed using questions adapted from Seattle Social Development Project (Hawkins 2003). Whole group and HPO subgroup - bullying activities=ns; Whole group and HPO subgroup - deviant activities=ns; Whole group and HPO subgroup - deviant activities=ns.</li> <li>Automated Delay of Gratification task, which show associations with social and academic outcomes (Mischel et al. 1989). Whole group and HPO subgroup - all self-regulation measures=ns.</li> <li>Risk for poor school outcomes: Whole sample: % participating in a gifted programme - p&lt;0.01; % receiving remedial services=ns; % receiving special education=p&lt;0.10; % repeating a grade=ns; % skipping</li> </ol>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		school more than once = ns; % skip school of- ten=p<0.01.  HPO subgroup: % participating in a gifted programme - p<0.10; % receiving remedial services=ns; % receiving special education=ns; % repeating a grade=p<0.10; % skip- ping school more than once=ns; % skip school of- ten=ns.	
		Narrative findings – Effectiveness:  1. Administrative data on abuse and neglect  1.1 Reports of abuse and neglect. In the overall sample there were no significant difference in either cumulative rates or cumulative numbers of confirmed reports of abuse and neglect between the intervention and control groups. Additional analyses conducted within the study suggested that this may be due to detection bias in the intervention group: because they were already in contact with services, this group was more likely to be reported to CPS. In the RRO subgroup, marginally significant differences in favour of the intervention group were observed regarding cumulative rates of confirmed reports of all types of abuse and neglect; of reports where mother was confirmed subject, and reports of physical abuse. In the HPO subgroup there were no significant differences in either cumulative rates or cumulative numbers of confirmed reports of abuse and neglect between the intervention and control groups.  1.2 Initiation of child welfare services. No significant differences found in the overall sample or HPO subgroup. A Significant difference in favour of intervention group regarding initiation of child welfare services was found in the RRO subgroup.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		1.3 No significant differences in rates of foster placement were found in intervention compared to control in overall sample, RRO subgroup or HPO subgroup.  2. Self-report data parenting behaviours - mothers Significant differences were found in the overall sample in favour of the intervention group in relation to frequency of non-violent discipline and serious physical abuse. No significant differences observed in overall rate of serious physical abuse. No significant differences were observed on overall rates or frequency of psychological aggression, minor physical aggression or neglect. In the HPO subgroup there was a marginally significant difference in favour of the intervention group in overall rate of psychological aggression, but not its frequency. A marginally significant difference was found in favour of the intervention for frequency of serious physical abuse, but not its overall prevalence. No significant differences were observed on overall rates or frequency of non-violent discipline or neglect.  3. Self-report data parenting behaviours – children In the overall sample, there was a significant difference in favour of the intervention regarding prevalence of minor physical aggression: There was no significant difference in prevalence of non-violent discipline or psychological aggression. There was no significant difference in frequency of non-violent discipline, psychological aggression or minor physical aggression. In the HPO subgroup there were no significant differences in any of the above measures.  4. Measures of risk factors for delinquency - In the whole sample, there were few significant differences between the treatment and control groups in any of the measures of risk factors for delinquency, which in-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		cluded the Child Behaviour Checklist, measures of receptive vocabulary, social isolation and deviant behaviours. In the whole sample, a significant difference was observed in favour of the intervention in terms of participation in a 'gifted' programme at school (p<0.01), and proportion skipping school often (p<0.01). A marginally significant difference was also observed in terms of proportion in receipt of special education (p<0.10). For the HPO subgroup, there was a significant difference in the proportion of young people in favour of the treatment condition in terms of below average receptive vocabulary score (p<0.05) and marginally significant differences in participation in a gifted programme (p<0.10) and proportion of young people repeating a grade (p<0.10).	

8. Green BL, Tarte JM, Harrison PM et al. (2014) Results from a randomized trial of the Healthy Families Oregon accredited statewide program: Early program impacts on parenting. Children and Youth Services Review 44: 288–98

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: '(1) What short-term program effects can be detected at	<ul> <li>Participants:</li> <li>Caregivers and families. First time parents with an infant under 3</li> </ul>	<b>Effect sizes - Risk of abuse and neglect:</b> Marginally significant effect on parenting stress in HFO compared to control mothers (F(1,759)=3.621, p=0.057).	Overall assessment of internal validity: -
children's 1-year birth- day? In particular, com- pared to control fami- lies: (a) Do parents in	months scoring positively on any 2 risk factors of the New Baby Questionnaire. This is adapted from the Hawaii Health Risk Indicators Instru-	Effect sizes - Quality of parenting and parent-child relationships: Note: Some reported statistics do not appear in tables as advised in text. Attitudes regarding	Overall assessment of external validity: +
the Healthy Families Oregon (HFO) group report more positive parenting behaviors and	ment (Duggan 2004). This measure	corporal punishment: No significant difference. However, for highest risk families, HFO families significantly less likely to endorse corporal punishment (effect sizes unclear). Parent–child positive activities: Ap-	Overall validity score:

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
skills compared to families in the control group? (b) Do parents in the HFO group report lower parenting stress, less depressive symptomatology, and more positive family functioning compared to families in the control group? and (c) Do chil-	bled family relations. Families were deemed eligible if they scored positively for any two risk criteria or if there were substance abuse or depression issues.  Sample characteristics:	pears to be significant in favour of intervention (reported as 'developmentally supportive activities - does not appear in table) - (F(1759)=5.162, p=0.023). This effect was more pronounced for non-depressed compared to depressed mothers, with non-depressed programme group mothers significantly more likely to engage in positive activities than non-depressed comparison group mothers ((F(1753)=4.15. p=0.042). Frequency of reading: Higher in intervention group (F(1759)=12.815, p=0.000). Breastfeeding: No significant difference Family functioning: No significant difference	
dren in the HFO treat- ment group experience more supports for healthy development, specifically increased breastfeeding and in- creased rates of devel-	<ul> <li>Age - The average age of participants was 22.5 years. 31% were younger than 20, and 11% were younger than 18. (Measured at date of enrolment not date of interview. Demographics by group are not reported).</li> </ul>	Effect sizes - Children and young people's health and wellbeing outcomes: Child developmental status: Marginally significantly fewer HFO parents had been told that child had a developmental concern (OR=1.72, p=0.078).	
opmental screening? (2) Are there outcome differences for key subgroups of families? In particular, do outcomes differ for: (a) prenatally vs. postnatally enrolled mothers; (b) Hispanic	<ul> <li>Sex - Not clear - all demographic data was measured using maternal status but it is unclear whether mothers or fathers participated in interviews.</li> <li>Ethnicity - White 62%, Hispanic 24%, 'Other' (African American, American Indian/Alaska Native,</li> </ul>	Effect sizes - Caregiver/parent health and wellbeing outcomes: Depressive symptomatology: No significant difference. However, for moderate and high risk families HFO families had significantly lower levels of depressive symptomatology (unclear what effect sizes are for this variable).	
vs. White/Caucasian mothers; (c) teenage vs. older mothers; (d) mothers with depressive symptomatology vs. non-depressed mothers; and (e) families with more vs. fewer	Asian/Pacific Islander) 14% (Measured at date of enrolment not date of interview. Demographics by group are not reported).  Religion/belief - Not reported.  Disability - Not reported.  Long term health condition - Not reported.	Narrative findings – Effectiveness: Note that these findings relate to cross-sectional data gathered at 1 year - no baseline data gathered. Results suggest that HFO programme may help to reduce parenting-related stress (marginally lower stress levels in intervention compared to control), particularly in high risk group. Parenting stress has been shown to be associated	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
total risk factors' (p290).  Methodology: RCT.  Country: Not UK - USA.  Source of funding: Government.	<ul> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Single 80% 'Less than HS diploma/GED' 28% 'Both parents unemployed' 32% 'Difficulty paying expenses' 81% English as a first language 74% (p293) (Measured at date of enrolment not date of interview. Demographics by group are not reported).</li> <li>Type of abuse – Not reported</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:         <ul> <li>Comparison numbers - Programme total: Not clear. Interviewed: n=401.</li> <li>Intervention numbers - Programme total: Not clear. Interviewed: n=402.</li> <li>Sample size - Programme total: 2664. Interviewed: 803.</li> </ul> </li> <li>Intervention category: Home visiting.</li> <li>Intervention: The programme logic model focuses on three sets of activities, aiming to impact the long term outcomes of reduced child maltreatment and improved school readiness: 1. Increasing parents' knowledge of</li> </ul>	with maltreatment. There were significantly more 'developmentally supportive' activities for HFO families. HFO families were also more likely to read to their infants, and more likely to have taken part in developmental screening. The results further suggests differential effectiveness for particular subgroups, including 'the program impact on parenting behaviours was larger for non-depressed mothers' (p296). There were also stronger programme impacts on parenting stress and depressive symptomatology for mothers with three of more risk factors. The highest risk HFO mothers were also significantly less likely to endorse the use of corporal punishment.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	child development to improve parenting knowledge and skills through parenting education, coaching and modelling.  2. Identification of family issues which may interfere with child development and parenting, such as depression.  3. Supporting healthy child development by promoting breastfeeding, developmental screening and promoting use of preventative health services.		
	Home visiting provided by 1 of 7 programme sites. Little information on the visits themselves are provided, only that they are weekly for the first 6 months and can then be reduced depending on progress and level of need. Services provided for up to 3 years. Services provided by a 'trained home visitor'.		
	Comparison intervention: Not clear reports that ' comparison families were mailed a standard resource and referral information packet that is provided to all eligible families who are unable to be served by HFO' (p291). Not clear whether any additional services received after this.		
	Outcomes measured: • Risk of abuse and neglect - Parent-		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	ing stress measured using the parenting stress index (Abidin 1990), which has been shown to be associated with higher risk for maltreatment.  • Quality of parenting and parent-child relationships - Self reported attitudes regarding corporal punishment were assessed using the Adult Adolescent Parenting Inventory, Corporal Punishment Subscale (AAPI-CP; Bavolek & Keene 2001). Parent-child interactions were assessed using the Parent-Child Activities Scale (PCAS; Love et al. 2002). The frequency with which parents read to their child was assessed by interview. Breastfeeding assessed via interview. Family functioning assessed using Family Functioning subscale of the Protective Factors Survey (Counts et al. 2010).  • Children and young people's health and wellbeing outcomes - Child developmental status assessed via interview.  • Caregiver/parent health and wellbeing outcomes - Depressive symptomatology assessed using a 3-item measure developed as part of the Pregnancy Risk Assessment Monitoring System (PRAMS 2008).		
	Follow-up: Surveys were conducted		

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
at children's one year birthday. NB no baseline measures were taken.		

9. Guterman NB, Tabone JK, Bryan GM et al. (2013) Examining the effectiveness of home-based parent aide services to reduce risk for physical child abuse and neglect: Six-month findings from a randomized clinical trial. Child Abuse and Neglect 37: 566–77

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: 'To examine the benefits of home-based	Participants:  • Caregivers and families - Families (primarily mothers) deemed to be at	Effect sizes - Incidence of abuse and neglect: Effect sizes calculated using difference in means at follow-up compared to baseline are reported as follows:	Overall assessment of internal validity: +
paraprofessional parent aide services in reduc- ing physical abuse and	high risk of abuse and/or neglect, measured by a referral from child protective services (CPS) or initial	case management only group - within group; case management plus parent aide services - within group; between groups. Differences in means that were found	Overall assessment of external validity: +
neglect in high risk patients' (p566).	case assessment conducted by a programme staff member. Mothers had to be biological or adoptive	to be statistically significant using two-factor ANOVA are indicated using * p=0.10 and ** p=0.05. Child abuse and neglect measures: Incidence of abuse and	Overall validity score: +
Methodology: RCT.	mother of at least one child aged 12 years or younger. Mothers were inel-	neglect 1. Psychological aggression: -0.137;0259*; 0.122 2. Physical assault: -0.119; -0.304; 0.185 3.	
Country: Not UK – USA.	igible if: Not fluent in English - Un- der 18 years old - Demonstrated a psychotic mental illness - Had a sub-	Household inadequacy: 0.084; 0.655**; -0.581* Maternal risk and protective factors 1. Parenting stress index: -0.117; -0.544**, 0.427 2. Maternal depression: -	
Source of funding: Government.	stance misuse problem for which they were not actively receiving treatment - Showed an IQ below 60.	0.146; -0.313**; 0.167 3. Maternal anxiety: -0.214; -0.375**; 0.161 4. Maternal hostility: -0.049; -0.160; 0.111 5. Maternal drug use: 0.292; 0.219; 0.073 6. Male partner drug use: 0.074; -0,188; 0.262 7. Paren-	
	<ul> <li>Sample characteristics:</li> <li>Age - Mean age at 6-month follow-up: 29.7 (exposure group) and 29.5</li> </ul>	tal mastery: 0.042; 0.319**; -0.277 8. Maternal social support: 0.226; 0.051; 0.175.	
	<ul><li>(comparison group).</li><li>Sex - All participants appear to have been women.</li></ul>	Narrative findings – effectiveness: The study found no significant differences between intervention (case management plus parent aide services) and control (case management only) groups on any outcomes,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Ethnicity - Both exposure and comparison groups were just under 2/3 White (61.4% and 63.6% respectively), just under third Black (31.6% and 31.8% respectively and less than 1/10 other ethnicity (8.8% and 4.6%).</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Paper states that it is focusing on families at risk of physical abuse and neglect, although it is not clear if other types of abuse were also included.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>Comparison numbers - Baseline n=65 6-month post-test=44 Lost to follow-up n=21.</li> <li>Intervention numbers - Baseline n=73 6-month post-test=57 Lost to follow-up n=16.</li> <li>Sample size - Intervention group:</li> </ul>	with the exception of the 'household inadequacy' measure intended as a proxy for neglect. The direction of the effect was that there was higher inadequacy in the intervention compared to the control group. This suggests that this group had actually deteriorated on this measure to a greater extent than the control group. The reasons for this are not explored in the Discussion section, which is disappointing. Statistically significant improvements within the intervention group (and not the control group) were observed for: - Psychological aggression (at p=0.10) - Parenting stress (at p=0.05) - Maternal depression (at p=0.05) - Maternal anxiety (at p = 0.05), and - Parental mastery (at p=0.05). However, the extent of improvement did not show a significant difference between the intervention and control groups. The study interprets this as suggestive of 'some modest positive benefits' (p575).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Baseline n=73 6-month post-test=57 Lost to follow-up n=16 Comparison group: Baseline n=65 6-month post- test=44 Lost to follow-up n=21.		
	Intervention category: Parent aide services.		
	Intervention: 'Parent aide' services in addition to case management services. Parent aides are 'paraprofessionals' receiving 12 hours of on-the-job training, followed by monthly training and regular supervision thereafter. Parent aides delivered services in the home specifically targeting: - child safety - parenting skill guidance - problem-solving support - improving parents' social support.		
	Parent aides could visit up to twice per week, depending on assessed risk, need and assigned level of service. Frequency of visits begin with an intensive engagement phase, followed by a subsequent phase emphasising work on parent-child discipline and family communication, and later 'attenuating to focus on maintenance of gains and termination' (p570).		
	Participants in the intervention condi-		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	tion received an average of 17.45 contacts, totalling an average of 819.76 minutes over the six month period.		
	Comparison intervention: Those assigned to 'Case management only' received an initial needs assessment, crisis intervention counselling where necessary and referrals for substance abuse, child care/respite and other community resources where necessary. They received limited (up to 2 per month) phone contacts or, if they did not have active phone lines, contacts in the home. Participants in the 'Case management only' condition received an average of 8.95 contacts, with a total length of contact averaging 207.19 minutes.		
	<ul> <li>Outcomes measured:</li> <li>Incidence of abuse and neglect - 3 proxy measures were used, two self-report measures and 1 observational measure. Self-report measures: 1. The physical aggression, psychological aggression and neglect subscale items from the Parent-Child Conflict Tactics Scale (Straus et al. 1998) 2. Mother-Child Neglect Scale (Lounds et al. 2004) Observational measure: 1. Household adequacy scale within the Child Well-Being Scales (Magura &amp; Moses 1986).</li> </ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Risk of abuse and neglect - 8 measures assessing potential risk and protective factors relating to parents (note these overlap with caregiver health and wellbeing outcomes). 1. Parenting Stress Index - Short Form (Abidin 1995) 2. Maternal depression measured by Brief Symptom Inventory (Derogatis 1975) 3. Maternal anxiety measured by Brief Symptom Inventory (Derogatis 1975) 4. Maternal hostility measured by Brief Symptom Inventory (Derogatis 1975) 5. Maternal drug use measured by Drug Use Screening Inventory (Tarter 1990) 6. Male partner drug use measured by Drug Use Screening Inventory (Tarter 1990) 7. Parental mastery measured by the Pearlin-Schooler Mastery scale, which reports parents' personal sense of control over life circumstances. 8. Maternal social support measured by the Multidimensional Scale of Perceived Social Support (Simet et al. 1988).		
	Follow-up: Six months.		

10. Lam WKK, Fals-Stewart W, Kelley ML (2009) Parent training with behavioral couples therapy for fathers' alcohol abuse: effects on substance use, parental relationship, parenting, and CPS involvement. Child Maltreatment 14: 243–54

comparison, outcomes)  Study aim: The pilot Participants: Effect		<u> </u>
study aimed to examine the ' effects of Parent Skills with Behavioral Couples Therapy (PSBCT) on substance use, parenting, and relationship conflict among fathers with alcohol use disorders' (p243)  Methodology: RCT.  Country: Not UK - USA.  Source of funding: Government - National Institute on Alcohol Abuse and Alcoholism (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Government - National Institute on Alcohol Abuse and Book (R21AA013690).  Source of funding: Caregivers and families. Heterosex-ual married or cohabiting couples in which the male was entering alcohol abuse treatment.  Sample characteristics:  Age - Inclusion criteria: At least 18 years of age (years): PSBCT 33.4 (5.1); BCT 34.6 (4.9); IBT 34.2 (4.4). Female partners' age (years): PSBCT 39.2 (5.4); BCT 39.2	t with services: Involvement with child protective ices decreased in the treatment group across time 2). Small to moderate effect sizes compared with ridual-Based Treatment were observed at 6 and	Overall assessment of internal validity: +  Overall assessment of external validity: +  Overall validity score: +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	PSBCT 2 (20); BCT 3 (30); IBT 2 (20). Male partners' race/ethnicity – PSBCT Hispanic: 1 (10); BCT 0 (0); IBT 1 (10). Male partners' race/ethnicity – PSBCT Other: 0 (0); BCT 1 (10); IBT 1 (10). Female partners' race/ethnicity - White PSBCT: 7 (70); BCT 7 (70); ICT 6 (60). Female partners' race/ethnicity - African American: PSBCT 1 (10); BCT 1 (10); ICT 2 (20). Female partners' race/ethnicity - Hispanic PSBCT: 0 (0); BCT 1 (10); ICT 1 (10). Female partners' race/ethnicity - PSBCT Other: 2 (20); BCT 1 (10); ICT 1 (10).  Religion/belief - Not reported.  Disability - Not reported.  Long term health condition - Not reported.  Sexual orientation - Heterosexual couples.  Socioeconomic position - Family income (annual in in US \$1,000s): PSBCT 35.2 (15.6); BCT 34.0 (14.9); IBT 34.6 (15.3).  Type of abuse - No focus - the authors measured 'child maltreatment' through involvement with Child Protection Services. Interparental conflict and violence was also measured.  Looked after or adopted status - Not reported.	follow-up assessment. Paired contrasts with BCT and IBT showed medium effect sizes for mothers (r>0.30) and higher effect sizes for fathers (r>0.50) NB effect sizes differ in text compared to Table 4.  Effect sizes - Caregiver/parent health and wellbeing outcomes: Substance use measured using the Timeline Followback Interview: All groups showed within-groups improvement in abstinence from alcohol. There were no significant differences between groups.  Narrative findings - Effectiveness: The authors report that the results of the study indicate that 'couples therapy with parenting skills training (PSCBT) versus individual therapy showed effect size differences in parenting that approached the medium range across the 12-month period' (p.250). PSCBT was the only condition in which involvement with CPS services meaningfully decreased at each follow-up, and showed meaningful contrasts with IBT at 6 and 12 months. Changes in parenting resulting from PSBCT were greater in magnitude at each follow-up period relative to each of the other conditions. Fathers' reports of parenting resulted in stronger effects than mothers' reports.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>		
	Sample size: There were 3 treatment conditions giving a total sample size of 30 but numbers by group are not reported.		
	Intervention category: Multi-component intervention.		
	Intervention: Describe intervention Each condition comprised 24 sessions, with two 60-minute sessions per week for 12 weeks. The experimental condition was Parent Skills with Behavioral Couples Therapy (PSBCT): 12 sessions attended by both partners (6 sessions of core Behavioral Couples Therapy and six parent-skills training sessions.) The parent training sessions were developed using the programme designed by Forehand In 'Helping the Noncompliant Child' (Forehand and Long, 2002; McMahon and Forehand, 2003). Male participants also 12 attended individual cognitive behavioural therapy sessions.		
	Masters' level therapists with experience in conducting Behavioral Couples Therapy and coping skills therapy for substance abuse were trained and		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	certified by the treatment developers to deliver all of the modules for each treatment.		
	Comparison intervention: Behavioural Couples Therapy (BCT): 12 sessions attended by both partners. Aimed at improving communication, problem-solving and sobriety. Male participants also 12 attended individual cognitive behavioural therapy sessions. Individual-based treatment (IBT): 12 sessions attended by male participants only. These were modified coping skills sessions for alcoholism (Monti et al. 1989). Participants also attended 12 individual cognitive behavioural therapy sessions.		
	Outcomes measured:  • Incidence of abuse and neglect - Interparental conflict and violence (self-reported, calendar interview) measured using the Timeline Followback Interview—Spousal Violence (TLFB-SV; Fals-Stewart, Birchler, and Kelley 2003). Interparental conflict and violence was also measured using the Dyadic Adjustment Scale (Spanier 1976) - a measure of relationship satisfaction (self-reported by mother and father). Child maltreatment measured using parental self-		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	report (dichotomous – 'Do you currently have an open case with CPS regarding the target child) of active involvement with Child Protection Services?' (p246).  • Quality of parenting and parent-child relationships - Parenting measured (self-reported by target child) using two subscales of the Parenting Scale (Arnold, O'Leary, Wolff & Acker, 1993):- 1. 'Laxness' - permissive, inconsistent parenting. 2. 'Overreactivity' - harsh parenting. Parenting was also measured using the Parental Monitoring Scale (Bank et al. 1993) which self-reported.  • Caregiver/parent health and wellbeing outcomes - Substance use measured using the Timeline Followback Interview (Sobell and Sobell 1996), a self-reported event history interview. At baseline assessments the measurement interval was the past 12 months. At subsequent assessment points the interval dated back to the date of the previous assessment.		
	Follow-up: Baseline assessments conducted 1 week after admission to treatment programme. Follow-up took place on treatment completion, at 6 months and at 12 months.		

# 11. LeCroy CW and Krysik J (2011) Randomized trial of the healthy families Arizona home visiting program. Children and Youth Services Review 33: 1761–6

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To " examine the effectiveness of home visiting as a means of improving parental, child, and maternal outcomes and preventing child abuse and neglect" (p1761).  Methodology: RCT. Country: Not UK USA.  Source of funding: Government - Arizona Department of Economic Security.	<ul> <li>Participants:</li> <li>Caregivers and families. Prenatal and new parent families screened and assessed as at risk of poor child and maternal outcomes and child abuse and neglect. Families were first screened using a 15-item risk checklist, (e.g. teen mother) and then assessed using a survey - a modified version of the Kempe Family Checklist. If a score of 25 or more was recorded the programme was offered to the family.</li> <li>Sample characteristics:</li> <li>Age - Mothers average age at baseline: Intervention 23.5 years. Control 25.4 years.</li> <li>Sex - Data appears to have been collected solely from mothers.</li> <li>Ethnicity - White: Intervention 18.6%, control 23.7%. Hispanic: Intervention 64.9%, control 54.6%.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - AHCCCS health insurance (Arizona Medicaid programme): Intervention 95.7%, control 84.4% (significance of .01).</li> </ul>	Effect sizes - Incidence of abuse and neglect: Effect sizes are not provided - The authors defined statistical significance at a level of p<.10. P values for contrasts between Healthy Families and control group are as follows. Violent behaviour – Disciplinary practices/aggressive discipline between groups: Six-month assessment not measured, 1-year assessment p=.10 Family violence: Six-month assessment p=0.15; one year assessment p=0.37.  Effect sizes - Quality of parenting and parent-child relationships: The authors defined statistical significance at a level of p<.10. P values for contrasts between Healthy Families and control group are as follows. Parenting attitudes and practices – Inappropriate expectations: 6-month assessment p=0.10; 1-year assessment p=0.91 Lack of empathy: Six month assessment p=0.54; 1-year assessment p=0.91 Belief in corporal punishment: 6-month assessment p=0.12; 1-year assessment p=0.63 Reversing roles: 6-month assessment .32; one 1-assessment p=0.33 Oppressing child's independence: 6-month assessment p=0.06; 1-year assessment p=0.04; 1-year assessment p=0.42 Mother's reading: 6-month assessment p=0.28; 1-year assessment p=0.85  Effect sizes - Caregiver/parent health and wellbeing outcomes: Effect sizes are not provided - only p values. The authors defined statistical significance at a level of p=<.10. P values for contrasts between	Overall assessment of internal validity: +  Overall assessment of external validity: +  Overall validity score: +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Employment of mother: Intervention 17.7%, control 40.2% (significance of .000). Car ownership: Intervention 26.8%, control 53.6% (significance of .000).  Type of abuse - Involved with Child Protective Services as a parent: Intervention 24.7%, control 11.3% (significance of .01). History of child-hood maltreatment - Neglected by caretakers: Intervention 24.7%, control 21.6%. Emotionally abused: Intervention 33.0%, control 19.6%. Sexually abused: Intervention 24.7%, control 21.6%.  Looked after or adopted status – Not reported.  Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size:  Comparison numbers - Baseline: n=97. Six month assessment: n=88. One year assessment: n=86.  Intervention numbers - Baseline: n=98. Six month assessment: n=85.  Sample size - n=195. Comparison: Baseline n=97, six month assessment n=86. Intervention: Baseline n=98, 6-month assessment n=92, 1-year assessment n=85.	Healthy Families and control group are as follows. Parenting support - use of resources: 6-month assessment p=0.007; 1-year assessment p=0.001 Mental health and coping - Emotional loneliness: 6-month assessment p=0.34; 1-year assessment not measured. Pathways to goal: 6-month assessment p=0.12; 1-year assessment p=0.87 Alcohol use: 6-month assessment not measured; 1-year assessment p=0.04 Maternal outcomes - School or training: 6-month assessment not measured; 1-year assessment p=0.01 Using birth control: Six 6-assessment p=0.61; 1-year assessment p=0.54.  Narrative findings – Effectiveness: The study found (using a value of p=<.10. as definition of statistical significance - effect sizes are not provided.) significant differences across seven outcome measures. At six months there was a significant difference between groups on measures of inappropriate expectations, oppressing the child's independence, and safety practices. At the 1-year assessment there was a significant difference between groups on measures of aggressive discipline, alcohol use and maternal in engagement in education or training. At both the 6-month and 1-year assessment there was a significant difference between groups on the measure of parental use of resources. No significant differences were detected on measures of family violence, lack of empathy, belief in corporal punishment, reversing roles, mother's reading to the child, emotional loneliness, pathways to goal, and use of birth control at either the 6-month or 1-year assessment point.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Intervention category: Home visiting.		
	Intervention: Home visiting services provided by the Healthy Families Arizona program. 'The overall goals of the program are to promote positive parenting, enhance child health and development, and prevent child abuse and neglect' (p1762). All home visitors at the site were female and had a degree or equivalent amount of experience. Home visitors aim to help new parents adapt to their new baby and address their life circumstances and needs. They can also help parents to access substance abuse, mental health and domestic violence services; encourage positive parenting behaviour, assess the developmental progress of children; improve safety in the home; give emotional support to parents; and help to secure a 'medical home' for the child.  Comparison intervention: Control families received information from their		
	child's developmental progress assessment.		
	Outcomes measured:  • Incidence of abuse and neglect - Two proxy measures were used to evaluate impact on child abuse and		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	neglect. The authors decided not to use official child protective reports due to risk of surveillance bias. Their primary outcome measure was mother's disciplinary practices and violence in the home. This was measured using a modified (shorter version – ' using the most serious indicators of abusive and neglectful behaviour' p1763) of the Revised Parent-Child Conflict Tactics Scale (Straus, Hamby et al. 1998). Domestic/family violence was measured using an index created specifically for the study using common indicators similar to those used in the Conflict Tactics Scale (Straus et al. 1998). All measures were self-reported at interview.  • Quality of parenting and parent-child relationships - 'Parenting attitudes and practices' were measured using the Adult-Adolescent Parenting Inventory-2 (Bavolek 1994). 'Parenting attitudes and practices' were also measured via safety in the home (e.g. car seat, poisons, etc true/false) and mother's reading to the child (estimated on a weekly basis). All measures were self-reported		
	<ul> <li>at interview.</li> <li>Caregiver/parent health and wellbeing outcomes - 'Parenting support' measured use of resources such as</li> </ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	mental health and financial counselling and used a scale developed specifically for the study. The data was collected via self-report at interview. Mental health and coping was measured using 3 scales and was self-reported at interview. The first two were validated and established measures – the Emotional/Social Loneliness Inventory (DiTommaso and Spinner 1993) and a subscale of the Adult Hope Scale (Cramer and Dyrkacz 1998). Alcohol use was measured using a series of filter questions – yes/no – amount consumed in past two weeks. Maternal outcomes' were self-reported at interview (involvement in education or training and use of birth control).		
	<b>Follow-up:</b> Six months and one year of age.		

### 12. Mejdoubi J, van den Heijkant SCCM, van Leerdam FJM et al. (2015) The effect of VoorZorg, the Dutch nurse-family partnership, on child maltreatment and development: a randomized controlled trial. PloS one 10: e0120182

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
<b>Study aim:</b> To investigate the effectiveness of VoorZorg, a Dutch	Participants Caregivers and families - 460 pregnant women with the follow-		Overall assessment of internal validity
adaptation of the	ing characteristics: <26 years of age,	From pregnancy to 3 years after birth, children in the intervention group were significantly less likely to	TT

#### Research aims

Nurse-Family Partnership (NFP) in preventing child maltreatment.

Methodology: RCT inc cluster. Single-blind (interviewers blinded but not participants or care-givers), parallel group, RCT randomising 460 first-time mothers from 20 regions in the Netherlands, aged less than 26 years and with low education attainment, to either a nurse home care visitation intervention -VoorZorg, (VZ)- or usual care. There was a two-stage selection criteria for participants which also identified women reporting 1 of 9 risk factors. Its primary outcome measure was child abuse reports and secondary outcome measure of child development, measured at 6 months. 18 months and 24 months of age, measured with the Home Observation Measurement of the

### PICO (population, intervention, comparison, outcomes)

low educational level, first time pregnancy, maximum 28 weeks gestation, some understanding of the Dutch language. Women, from a larger group who met those 5 criteria, were also interviewed to assess whether they had at least 1 of the following 9 additional risk factors: being single; a history or current experience of domestic violence; psychosocial symptoms; unwanted pregnancy; financial problems; housing difficulties; no employment and/or education: alcohol and/or drug abuse. N=237 allocated to the intervention group (usual care + Voor-Zorg programme), n=223 allocated to the control group (usual care). Of the participants. n=168 of the intervention group and n=164 of the control group who were followed up 3 years after birth and analysed against Child Protection Services data, as these were participants from 8 CPS regions in the Netherlands that agreed to take part.

#### Sample characteristics

- Age < 26 years of age.
- Sex Female.
- Ethnicity Control group: n=110 Dutch; n= 13 Turkish/Moroccan; n=58 Surinamese/Antillean; n=42 Other. Intervention group: n=115 Dutch; n=13 Turkish/Moroccan; n=64 Suri-

#### **Findings**

have had a Child Protective Services Report (RR=0.58, 95% CI 0.28 to 0.96). Subgroup analyses showed no significant differences when stratified by gender or ethnicity (no data reported). Quality of parenting and parent-child relationships From 6 months to 18 months there no significant difference between groups for IT-HOME scores, although they increased in both. (6 months MD 0.4; CI 95% -2.75 to 2.04; 18 months MD 0.80; CI 95% -1.30 to 2.91). At 24 months the IT-HOME score for the intervention group was significantly higher than in the control group (MD 1.98; CI 95% 0.16 to 3.80) However, after mixed model analyses (correcting for age of mother, ethnicity and several risk factors) there was no significance difference between groups in total IT-HOME scores over time (MD 1.12; CI 95% -0.59 to 2.83)

Children and young people's health and wellbeing outcomes

The number of children with internalising behaviour (measured by the CBCL at 24 months) was significantly lower in the intervention group than in the control group (RR 0.56; CI 95% 0.24 to 0.94, ARD 0.14). There was no significant difference between groups in the number of children with externalising behaviour (RR 0.71, CI 95% 0.34 to 1.09, ARD 0.10). Caregiver/parent health and wellbeing outcomes This outcome was measured by a different study.

#### Overall validity rating

## Overall assessment of external validity

++

Only country is not exactly relevant.

### Overall validity score

+

Relatively high attrition rate for the study (32.8% for whole study sample).

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Environment (IT-	namese/Antillean; n=45 Other. Eth-		
HOME) and the Child	nicity based on self-reporting, classi-		
Behaviour Checklist	fied as certain ethnicity if 1 or more of		
1.5–5 years (CBCL	her biological parents was born out-		
1.5–5). There were	side the Netherlands.		
other outcomes re-	Religion/belief - Not reported.		
ported in a different	Disability - Not reported		
study of the same trial	<ul> <li>Long term health condition - Not re-</li> </ul>		
which looked at mater-	ported.		
nal smoking during	<ul> <li>Sexual orientation - Not reported.</li> </ul>		
pregnancy, birth-	Socioeconomic position – Low edu-		
weight, breastfeeding	cational attainment.		
and incidence of IPV.	<ul> <li>Type of abuse – Not reported.</li> </ul>		
Poisson regression	Looked after or adopted status		
models were used to	<ul> <li>Not applicable.</li> </ul>		
analyse CPS reports	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
and CBCL/1.5-5	refugee or trafficked children - Not		
scores, while relative	applicable.		
risks, absolute risk dif-			
ferences and CIs were	Sample size		
calculated using a	Comparison numbers - n=223.		
Poisson log-linear	Intervention numbers - n=237.		
model according to	Sample size - 460 in total n=237. in-		
Zou. Multiple imputa-	tervention n=223 control.		
tion models were used			
to account for issuing	Intervention		
CBCL data at 24	Intervention category – Family Nurse		
months and these	Partnership. Dutch adaptation of		
were validated with	Nurse-Family Partnership (NFP).		
IBM SPSS generated			
sensitivity analysis	Describe intervention - VoorZorg (VZ)		
which generated 50	is a programme of home visits carried		
imputed datasets as	out by nurses trained and experi-		
recommended. IT-	enced in the VZ method. Visits in-		
HOME scores were			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
analysed with multiple linear regression and then mixed model analyses to measure the longitudinal relationship between VZ and IT-HOME scores. All analyses were adjusted for any possible confounders/effect modifiers. Attrition analysis was also con-	volve conversations relating to pregnancy and child development. They also involve health education, parenting skills lessons and building self-efficacy (in order to reduce the risk factors for child maltreatment). Nurses also work with mothers to look at how local social and community resources can be used to best benefit them and their child. Nurses and mothers communicate by SMS, phone and social media.		
ducted.  Country: Not UK. Netherlands.  Source of funding: Government. Netherlands Organisation for Health Research and Development.	Delivered by Nurses trained prior to delivery, supervised throughout and supported by biannual one-day national training sessions (involving role play) and peer-observation during visits.  Delivered to Young mothers from pregnancy through to 36 months after the birth of their child.		
	Duration, frequency, intensity, etc. 10 visits during pregnancy, 20 during the first year of life of the child, 20 visits during the second year of the life of the child.		
	Key components and objectives of intervention The goals, procedures and content of visits are detailed for nurses in their		

manuals, which have been translated from Nurse-Family Partnership manuals. Conversations during visits cover 6 domains relating to the relevant stage of pregnancy or child development. The purpose of these conversations, alongside the content looking at health education, parenting skills and self-efficacy is to reduce the risk factors for child maltreatment. The varied communication methods are designed to support the development of enduring relationships of trust between the nurse and the mother.  Location/place of delivery Home of the mother.  Describe comparison intervention Usual care.  Outcomes measured Incidence of abuse and neglect. Child neglect comprising: 1. Affection neglect - measured using Coder Impressions Inventory (Dishion et al. 2004) at ages 2 and 4 2. Monitoring neglect	ty rating
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- measured using Code Impressions	
Inventory (Dishion et al. 2004) at	
ages 2 and 4 3. Caregiving neglect -	
measured using Home Observation	
for Measurement of Environment	
(Caldwell and Bradley 2003).	
Calatron and Bradiey 2000).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	Comparison, outcomes)  Quality of parenting and parent-child		
	relationships. Observed dyadic positive engagement - measured using		
	the Relationship Affect Coding System (Peterson et al. 2008) at ages 2		
	and 3.		
	Follow-up Assessments were conducted at baseline, age 2, age 3, age 4 and age 5). However, only data from ages 2 and 3 were used in relation to dyadic positive engagement, and only data from ages 2 and 4 were used in relation to neglect.		
	Costs		
	No.		

13. Nelson HD, Selph F, Bougatsos C et al. (2013) Behavioral Interventions and Counseling to Prevent Child Abuse and Neglect: Systematic Review to Update the U.S. Preventive Services Task Force Recommendation. Rockville: Agency for Healthcare Research and Quality

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To examine: '1. For children without obvious signs and symptoms of abuse or neglect, but potentially at increased risk, how well do behavioral interventions and counseling initiated in primary care settings reduce exposure to abuse	signs of abuse or neglect. All studies referred to children <5 years.  • Caregivers and families. Pregnant women and mothers. Studies included where risk factors for child abuse and neglect were identified.	Families in the intervention group had fewer CPS reports than usual care group up to 44 months after the	Overall assessment of internal validity: ++  Overall assessment of external validity: +  Overall validity score: +

	CO (population, intervention, omparison, outcomes)	Findings	Overall validity rating
or neglect, physical or mental harms, or mortality? 2. What are the adverse effects of behavioral interventions and counseling to reduce harm from abuse and neglect?' (p6).  Methodology: Systematic review - Systematic review - Systematic review of 11 RCTs (1 clinic-based and 10 home visitation programmes). Results are also compared to 8 RCTs of home visitation programmes reviewed in a previous report (US Preventive Services Task Force 2004).  Country: Range of countries. Review conducted in US, included studies mainly US, also UK, Canada, Australia and NZ.  Source of funding: Government - US Department of	Ample characteristics: Age - Children 0-5 years; pregnant women aged 17-24 years; young mothers mean age 24 years. Sex - Children: not reported. Ethnicity - 40-80% Black, Latino families; also some from minority groups (Maori in NZ); Native Hawaiians, Pacific islanders, Alaskan natives, Asians and Filipinos. Religion/belief - not reported. Disability - not reported. Long term health condition - not reported. Sexual orientation - not reported. Socioeconomic position - included some families below poverty levels. Type of abuse - not reported. Looked after or adopted status - not reported. Unaccompanied asylum seeking, refugee or trafficked children - not reported.  Ample size: Comparison numbers - available only for some studies. Intervention number - available only for some studies. Sample size - 6,608 families (parents and children).	Parents in intervention group also showed fewer instances of non-adherence to medical care (p=0.05) and fewer delays in immunisations (p=0.002).  Home visiting interventions (10 trials)  1. CPS involvement (measured in 6 trials): No trials found differences in rates of CPS reports while studies were ongoing. There was a significant intervention effect in one trial relating to decreased CPS involvement at 3 years after enrolment. (Lowell et al. 2011) 14% vs. 31%; OR, 2.1 (95% CI, 1.1–4.4); p<0.05 There was no significant differences in total CPS reports after either 1 or 3 years of follow-up (3 trials). Three other trials did not present any data on CPS due to very low rates of family participation.  2. Legal removal of the child from home (measured in 2 trials) There was no significant intervention effects between intervention and control at 36 months follow-up.  3. Self-reports of child abuse and neglect (measured in 5 trials). One trial found a significant intervention effect in self-reported severe physical assault at 36 months (Fergusson et al. 2005). 4.4% vs. 11.7%; OR 0.35 (95% CI 0.15 - 0.80); p<0.01. A second study found significant differences in favour of the intervention in very serious abuse (year 1 only - 0.01 vs 0.08; p=0.04) and serious physical abuse (year 2 only - 0.01 vs 0.04; p=0.03) (DuMont et al. 2008). Three further trials found no significant differences in rates of self-reported abuse.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>ies) - 11 trials* of interventions (conducted between 1980 and 2011), one conducted in the UK, one in New Zealand and 17 in the US) * this also included 8 trials which were extension of previous trials.</li> <li>Intervention category:         <ul> <li>Home visiting - see information below on intervention for further details.</li> </ul> </li> <li>Parenting programmes - most home visiting programmes involved some parenting element (see information below on intervention for further details.)</li> </ul>	Effect sizes - Children and young people's health and wellbeing outcomes:  1. Child mortality (measured in one 1 trial): There was no significant intervention effect on child mortality (Olds et al. 2007).  2. Emergency visits (measured in 3 trials). Reduced hospital visits for injuries and ingestions was reported in one trial (Fergusson et al. 2005). 17.5% vs. 26.3%; OR 0.59 (95% CI 0.36-0.98); p<0.05. One trial found a significantly greater proportion of mothers in the intervention group had never used the emergency room for child health problems (Koniak Griffin et al. 2003). 36% vs 11 %; p<0.05.	
	<ul> <li>Intervention: 19 interventions (including 8 trials which were extension of previous trials).</li> <li>1 clinic-based: University-based paediatric primary care resident continuity clinic serving a low-income urban population. Intervention involved – ' 1) specially trained residents, including handouts for doctors and patients; 2) administration of the Parent Screening Questionnaire; 3) a social worker' (Dubowitz 2009) (p90)</li> <li>Home visitation programmes 'Home visits began either before or after birth and continued for 3 to 36 months after birth. The intervention</li> </ul>	3. Hospitalisations (measured in 6 trials) There was no significant intervention effects in hospitalisation (5 trials) and one trial reported fewer hospitalisation episodes at 12 and 24 months (Koniak Griffin et al. 2003). 19 vs 36, p>0.01.  4. Adherence with child immunisations and well-child visits (measured in 3 trials). In one trial, home-visited children received immunisations at an earlier age than children in the control group, meaning that there were significant differences in rates of immunisation at 9, but not 12 months (El-Mohandes et al. 2003). 2.20 vs. 1.64; p=0.0125. Two other trials showed no difference in rates of immunisation at 2 and 3 years.  Narrative findings – effectiveness  Clinic-based intervention (1 trial)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>comparison, outcomes)</li> <li>was provided by either a paraprofessional, such as a lay person who had participated in a 9-week training course (nine trials), or a professional, typically a nurse (five trials)' (p10).</li> <li>Home visiting example 1: Memphis Study (Olds 2007) 1) Transportation to clinic 2) Same as group 1 plus developmental screening and referral services at 6, 12, and 24 months 3) Same as groups 1 and 2 plus 3 intensive home visitations 4) Same as groups 1, 2, and 3 plus intensive home visitation services through age 2 years (App B1).</li> <li>Home visiting example 2:Family Partnership Model (1 trial: Barlow 2007) 1) Control 2) 18 months of weekly visits from a heath visitor trained in understanding the processes of helping, skills of relating to parents effectively, and methods of promoting parent-infant interaction (App B1).</li> <li>Home visiting example 3: Healthy Families Alaska (1 trial: Duggan 2007) Home visiting for 3–5 years, offered weekly for the first 6–9 months; families are promoted to service levels with less frequent vis-</li> </ul>		
	its as family functioning improves.  Home visitation includes information, referrals, preparation of parents for	3. Legal removal of the child from home (measured in 2 trials) There was no significant intervention effects	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	developmental milestones, promotion of child environmental safety, and encouragement of positive parent-child interaction (App B1).  Home visiting example 4: Hawaii Healthy Start Program (1 trial: Duggan 2004) Home visits for 3–5 years by trained paraprofessionals to provide assistance, education, and services; model effective parent-child interaction; ensure child has medical home. Level 1: visited weekly; Level 2: biweekly; Level 3: monthly; Level 4: quarterly, with explicit criteria for promotion; intervention was for 1, 2, or 3 years (App B1).  Home visiting example 5: Healthy Families New York (1 trial: DuMont 2008) Home visits by trained paraprofessionals to provide assistance, education, and services; model effective parent-child interaction; ensure child has medical home (App B1).  Home visiting example 6: Early Start Program (1 trial: Fergusson 2005) Early Start Program assesses needs and resources, encourages positive partnership, provides support and problem solving (App B1).  Home visiting example 7: Cognitive-based extension of the Healthy Start Program (HSP) home visitation programme (Bugental 2009) Cognitive-	between intervention and control at 36 months follow-up.  4. Emergency visits (measured in 3 trials). Reduced hospital visits for injuries and ingestions was reported in one trial (Fergusson et al. 2005). There was no significant difference in rates of visits between intervention and control in the other 2 trials. However, one trial found a significantly greater proportion of mothers in the intervention group had never used the emergency room for child health problems compared with those in control group (Koniak Griffin et al. 2003).  5. Hospitalisations (measured in 6 trials) There was no significant intervention effects in hospitalisation (5 trials) and one trial reported a fewer hospitalisation episodes at 12 and 24 months (Koniak Griffin et al. 2003).  6. Adherence with child immunisations and well-child visits (measured in 3 trials). In one trial, home-visited children received immunisations at an earlier age than children in the control group, meaning that there were significant differences in rates of immunisation at 9, but not 12 months (El-Mohandes et al. 2003). Two other trials showed no difference in rates of immunisation at 2 and 3 years.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	based extension of the HSP home visitation vs. standard HSP home visitation vs. control condition. The additional cognitive appraisal component was designed to enhance parents' perceptions of power and competence, and included reframing in primary and secondary appraisals. No control group in Bugental 2009 (App B1).  • Home visiting example 8: Child First (1 trial: Lowell 2011). Each family assigned a clinical team, consisting of a master's level developmental/mental health clinician and an associate's or bachelor's level care coordinator/case manager. Engagement and building trust were fundamental goals of Child First. No set curriculum (App B1).		
	<ul><li>Intervention category:</li><li>Clinic-based.</li><li>Home visiting.</li></ul>		
	Comparison intervention: Most control groups received standard care or usual service, or no home visits. See information above regarding interventions.		
	Outcomes measured: • Incidence of abuse and neglect - All		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	studies but one looked at either incidence or risk of child abuse and neglect. Incidence measured via: CPS reports/involvement (6 trials), legal removal of child from home (2 trials), confirmed reports of abuse/neglect, self-reports of abusive behaviour using the Parent-Child subscale of the Conflict Tactics Scale (5 trials), instances of severe or very severe physical assault, new cases of child abuse/neglect, frequency of harsh parenting or physical abuse or spanking/slapping.  Risk of abuse and neglect - Beliefs about child-rearing associated with child abuse and neglect.  Children and young people's health and wellbeing outcomes - number of well-child visits; healthcare utilisation; delayed immunisations; nonadherence to medical care; emergency department visits.		
	<b>Follow-up:</b> Duration of intervention in included trials ranged from 6 months to age 15 (children). Majority follow-up under 3 years.		

# 14. Peacock S, Konrad S, Watson E et al. (2013) Effectiveness of home visiting programs on child outcomes: A systematic review. BMC Public Health 13: 17

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: 'To systematically review the effectiveness of paraprofessional home-visiting programs on developmental and health outcomes of young children from disadvantaged families' (p1).  The specific research question was: 'What is the effectiveness of paraprofessional HV programs in producing positive developmental and health outcomes in children from birth to six years of age living in socially high-risk families?' (p2). Six included studies specifically report child abuse and neglect outcomes.  Methodology: Systematic review. 21 RCTs included, only studies from the US, Ireland and UK (n=17) to be included in our analyses.	<ul> <li>Participants:</li> <li>Children and young people. Socially high risk families - drug users, teenage mothers, low income, single mothers, poor neighbourhoods, children at poor school readiness, undernourished children.</li> <li>Caregivers and families. Socially high risk families - drug users, teenage mothers, low income, single mothers, poor neighbourhoods, children at poor school readiness, undernourished children.</li> <li>Sample characteristics:</li> <li>Age - Children aged 0–6 years.</li> <li>Sex - Not reported.</li> <li>Ethnicity - Not reported.</li> <li>Disability - Not reported.</li> <li>Disability - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position socially high risk families.</li> <li>Type of abuse - Not reported.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>	Effect sizes - Incidence of abuse and neglect: A - Maltreatment Six studies measured maltreatment outcomes. Three showed no significant differences between intervention and control (Barth 1991; Duggan et al. 2004a; Duggan et al. 2004b) One study (Bugental et al. 2002) found that enhanced group had: less harsh parenting (p=0.05) less likelihood of physical abuse (p<0.05) and less likelihood of slapping/spanking children (p<0.05) compared to other groups. Duggan et al.'s evaluation of Healthy Families Alaska found decreased rates of substantiated maltreatment among those receiving home visitation services (p<0.05). DuMont et al.'s evaluation of Healthy Families New York found no overall programme effects, but did find differences for a 'prevention' subgroup of young first-time mothers, who were less likely to report minor physical aggression in the previous year (p=0.02) and harsh parenting behaviours in the previous week (p=0.02). The 'psychologically vulnerable' subgroup (older mothers with higher rate of CPS reports) were less likely to report acts of serious abuse or neglect compared to the control group at year two (p<0.05).  Effect sizes – Child health and wellbeing  B - Developmental delay  B1 Psychomotor and cognitive development: Measured in 6 studies conducted in within scope countries. Three no significant impact. Three showed intervention	Overall assessment of internal validity: ++  Overall assessment of external validity: +  Overall validity score: +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Country: Range of countries. US (14), UK (1), Ireland (2), Chile (1), Jamaica (1), South Africa (1), Bangladesh (1).  Source of funding: Not reported. The authors have no financial relationships relevant to this article to disclose. The authors have no conflict of interest to disclose.	+children).  • Systematic reviews (number of stud-	effects (on BSID, development quotient and developmental stimulation).  B2 Child behaviour: Measured in 1 study. Showed significant intervention effect on internalising/externalising behaviour.  B3 Language development: Measured in 4 studies. Two no significant impact. Two intervention effects, though one was on expressive language only.  C - Health assessments  C1 Physical growth - Measured in 5 studies. Three no significant impact. One showed impact on birth weight, one on rehabilitating malnutrition.  C2 - Hospitalisations, illness or injuries - Measured in 5 studies. Three no significant impact. Two positive impact on health outcomes.  C3 Immunisations - Measured in 1 study. Impact shown in intervention group.  Narrative findings - Effectiveness: 6 studies measured maltreatment outcomes. Three showed no significant differences between intervention and control (Barth 1991; Duggan et al. 2004a; Duggan et al. 2004b) One study (Bugental et al. 2002) found that enhanced group had: less harsh parenting less likelihood of physical abuse and less likelihood of slapping/spanking children compared to other groups. Duggan et al.'s evaluation of Healthy Families Alaska found decreased rates of substantiated maltreatment among those receiving home visitation services	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ol> <li>Child-Parent Enrichment Project, pregnant women received, on average, 11 home visits over a 6 month period (Barth 1991).</li> <li>Home visitation and cognitive change component (enhanced group) vs Healthy Start Model (un-enhanced group), pregnant women received, on average, 12 home visits over a year (Bugental et al. 2002).</li> <li>Healthy Start Program, at-risk families received home visits (frequency</li> </ol>	(p<0.05). DuMont et al.'s evaluation of Healthy Families New York found no overall programme effects, but did find differences for a 'prevention' subgroup of young first-time mothers, who were less likely to report minor physical aggression in the previous year (p=0.02) and harsh parenting behaviours in the previous week (p=0.02). The 'psychologically vulnerable' subgroup (older mothers with higher rate of CPS reports) were less likely to report acts of serious abuse or neglect compared to the control group at year 2 (p<0.05).	
	varied) for up to 3-5 years (Duggan, Fuddy et al. 2004; Duggan, MacFarlane et al. 2004). 4. Healthy Families Alaska, at-risk families received home visits (frequency varied) for up to 3 years (Duggan 2009).  5. Healthy Families New York, at-risk	Ten studies conducted within scope countries examined different aspects of developmental delay. The evidence for impact was equivocal, with roughly equal balance of significant and non-significant findings across psychomotor and cognitive, child behaviour and language development outcomes.	
	families received home visits weekly to biweekly for up to 5 years (DuMont 2008).  Programmes with outcomes on physical growth (weight + height):  1. No Name - Children with non-organic failure to thrive received home	Nine studies conducted within scope countries examined health assessments. Again, evidence was equivocal, with a roughly equal balance of significant and non-significant findings across physical growth, hospitalisations, illness and injury. One study relating to immunisations had a significant impact.	
	visits weekly for up to 1 year (Black 1995).  2. Healthy Families New York, At-risk adolescent mothers received home visits bi-weekly from pregnancy (Lee 2009).  3. No Name - At-risk pregnant women	Conclusion: Overall, home visitation programmes ' that utilize paraprofessionals often do not have significant effects on disadvantaged families, but show promise. However young children in these programs show modest improvements in some circumstances' (p13).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	received home visits (frequency not stated) from pregnancy (McLaughlin 1992).  4. No Name – At-risk children (from poor school readiness) received home visits monthly for up to 1 year (Scheiwe 2010).		
	Programmes with outcomes on hospitalisations, illness or injuries:  1. Home visitation and a cognitive change component (enhanced group) vs Healthy Start Model (un-enhanced group), pregnant women received, on average, 12 home visits over a year (Bugental 2002).  2. Healthy Families Alaska, families received home visits (frequency varied) up to 2 years (Caldera 2007).  3. Healthy Start Program, at -risk families received home visits (frequency varied) for up to 3-5 years (Duggan 2004).  4. Community Mothers' Programme, first time mothers with children received home visits monthly up to 1 year (Johnson 1993).  5. No Name, at risk children (from poor school readiness) received home visits monthly for up to 1 year (Scheiwe 2010).		
	Programmes with outcomes on up-to-		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	date immunisations: Community Mothers' Programme, first time mothers with children received home visits monthly up to 1 year (Johnson 1993).		
	Comparison intervention: All control group participants received the usual services offered in their community (p 3).		
	Outcomes measured: Incidence of abuse and neglect - Outcome measures not clearly described. Appears to be: Self-reported abuse and neglect (Barth 1991) Self-reported harsh parenting, measured using Conflict Tactics Scale (Bugental et al. 2002) Child Protective Service reports (Duggan et al. 2009) Minor physical aggression and harsh parenting (DuMont et al. 2008).		
	Children and young people's health and wellbeing outcomes - Report on health assessment: physical growth; up-to-date immunisations; hospitalisations, illness and injuries (Table 5). Report on developmental delays: psycho-motor and cognitive development; child behaviour; language development.		
	Follow-up: Intervention durations ranged from pregnancy to 5 years.		

# 15. Pereira M, Negrão M, Soares I et al. (2015) Decreasing harsh discipline in mothers at risk for maltreatment: A randomized control trial. Infant Mental Health Journal 35: 604–13

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To assess	Participants	Effect sizes	Overall assessment
the effectiveness of the	Children and young people -		of internal validity
Video-feedback Inter-	Children aged 1- to 4-years living with	Incidence of abuse and neglect	-
vention to promote	their biological mother	From pregnancy to three years after birth, children in	
Positive Parenting and	Caregivers and families -	the intervention group were significantly less likely to	Overall assessment
Sensitive Discipline	43 Mothers of 1- to 4-year olds,	have had a Child Protective Services Report	of external validity
(VIPP-SD) at improv-	known to health and social care ser-	(RR=0.58, 95% CI 0.28 to 0.96). Subgroup analyses	+
ing maternal sensitivity	vices in Northern region of Portugal,	showed no significant differences when stratified by	Entirely relevant but
and reducing harsh	for whom there are concerns about	gender or ethnicity (no data reported).	not UK.
discipline among 43	the caregiving environment in which	Quality of parenting and parent-child relationships	
severely deprived Por-	the child is being raised.	From 6 months to 18 months there no significant dif-	Overall validity score
tuguese mothers of		ference between groups for IT-HOME scores, alt-	-
children aged 1-4	Sample characteristics	hough they increased in both (6 months MD 0.4; CI	Small sample, no
years, for whom there	Age - Mean age of mother at base-	95% -2.75 to 2.04; 18 months MD 0.80; CI 95% -1.30	blinding, lack of infor-
were concerns raised	line=29.86 (SD=6.22, range=18–46	to 2.91). At 24 months the IT-HOME score for the in-	mation on whether
about the caregiving	years). (Intervention group - m=30.43,	tervention group was significantly higher than in the	study was sufficiently
environment.	Control group m=29.32) Mean age of	control group (MD 1.98; CI 95% 0.16 to 3.80). How-	powered, also high lev-
	children at baseline=28.44 months	ever, after mixed model analyses (correcting for age	els of attrition as study
Methodology: RCT	(SD=10.38, range=12-48 months).	of mother, ethnicity and several risk factors) there	progressed and un-
inc cluster. Eligible	(Intervention group 29.33 months (SD	was no significance difference between groups in to-	clear what impact this
families (exhibiting 1 of	9.71), control group m=27.59 months	tal IT-HOME scores over time (MD 1.12; CI 95% -	had on representative-
23 risk factors relating	(SD 11.15).	0.59 to 2.83).	ness of sample.
to family relations or	Sex – Child gender Control group		
parenting quality e.g.	n=11 boys, n=11 girls Intervention	Children and young people's health and wellbeing	
neglect of child's	group n=11 boys, n=10 girls.	outcomes	
health/emotional/cog-	Ethnicity - Ethnic minorities ex-	The number of children with internalising behaviour	
nitive needs, coercive	cluded because 'they would probably	(measured by the CBCL at 24 months) was signifi-	
discipline, lack of pa-	require adaptations to the standard-	cantly lower in the intervention group than in the con-	
rental flexibility/self-	ized VIPP-SD used' (p 607). Only	trol group (RR 0.56; CI 95% 0.24 to 0.94, ARD 0.14).	
		There was no significant difference between groups in	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
control/self-compe-	Portuguese ethnicity mothers in-	the number of children with externalising behaviour	
tence or domestic vio-	cluded.	(RR 0.71, CI 95% 0.34 to 1.09, ARD 0.10).	
lence) were assessed	Religion/belief - Not reported.	Caregiver/parent health and wellbeing outcomes	
using a Portuguese	Disability - Severe medical condi-	This outcome was measured by a different study.	
short version of the	tions for mother or child (severe phys-		
Family Risks and	ical impairment, intellectual deficit or		
Strengths Profile	psychosis) led to exclusion from eligi-		
(PRF) by social and	bility for adaptation reasons.		
health agency staff in	Long term health condition - Severe		
the Northern region of	medical conditions for mother or child		
Portugal. From an ini-	(severe physical impairment, intellec-		
tial referral of n=156,	tual deficit or psychosis) led to exclu-		
the final eligible sam-	sion from eligibility for adaptation rea-		
ple (of Portuguese chil-	sons.		
dren living with their bi-	<ul> <li>Sexual orientation - Not reported.</li> </ul>		
ological mother) was	<ul> <li>Socioeconomic position – Low fam-</li> </ul>		
n=44, with one 1 case	ily education attainment - 70.4%		
excluded from analysis	mothers, 86.4% of fathers of children		
due to incomplete	had not completed Portuguese man-		
baseline data. Of the	datory education (9 years). High lev-		
participating mothers,	els of unemployment among parents		
they were assessed at	(70.5% mothers, 50% fathers). Major-		
home at baseline (to	ity received welfare assistance		
encourage continued	(79.5%) and lived in poor housing		
participation) in 2 pre-	conditions (77.3%).		
test sessions within 2	Type of abuse – Eligible families		
weeks of each other,	were those referred to services who		
the first session was	were scored to have 1 of 23 risk fac-		
used to present and	tors on the PRF relating to family re-		
explain the research	lations quality or parenting quality:		
procedures and to col-	neglect of child's health/emo-		
lect written informed	tional/cognitive needs, coercive disci-		
consent and self-re-	pline, lack of parental flexibility/self-		
ported questionnaire	control/self-competence or domestic		
data from the mothers,	violence. Mean number of risk factors		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
the second to gather	in intervention group (n=21) 6.00 (SD		
over a 1 hr session	3.46). Mean number of risk factors in		
videotaped observa-	control group (n=22) 5.00 (SD 4.63).		
tion of several mother-	Harsh discipline outcome was calcu-		
child interactions. The	lated from coding for physical and		
mothers were then	verbal discipline and level of psycho-		
randomised by re-	logical control in content of maternal		
searchers, stratified by	statements. Mean score at baseline -		
child's age, gender,	control group41 (SD 2.08), inter-		
and temperament	vention group .34 (SD 2.22).		
(coded using the Diffi-	<ul> <li>Looked after or adopted status</li> </ul>		
cult Temperament sub-	<ul> <li>Only children living with biological</li> </ul>		
scale from the Infant	mother eligible.		
characteristics Ques-	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
tionnaire (Bates et al.	refugee or trafficked children - Only		
1979)) to receive either	children living with biological mother		
the VIPP-SD interven-	eligible.		
tion via 6 home visits			
or a control interven-	Sample size		
tion of 6 telephone	Comparison numbers - n=22.		
calls at the same inter-	Intervention numbers - n=21.		
vals as the VIPP-SD	Sample size - n=43, n=22 in control		
sessions. A posttest of	group, n=21 in intervention group.		
the same procedures	The pre-test data for one participant		
and assessments as	in original (n=22) intervention group		
the pretest was com-	was not available and they were		
pleted with families 1	therefore excluded from analysis.		
month after the last			
visit or phone call. An	Intervention		
outcome of harsh dis-	Intervention category – Parenting in-		
cipline was measured	tervention.		
pre- and post-test us-			
ing observations of two	Describe intervention - VIPP-SD is a		
tasks: 1. the clean-up	home-based intervention in which		
task where the mother	mother-child dyad interactions are		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
was instructed that the	videotaped. The tapes are then		
child should clean up	shown to the mothers in the next ses-		
as much as possible	sion (following further recorded ob-		
but that they should	servation) and discussed, with feed-		
help and support them	back provided on themes of parental		
as they usually would,	sensitivity and discipline, as well as		
with the task ending af-	child development. Topics will vary in		
ter all toys were placed	emphasis according to needs of		
back in a box or 4	mother-child dyad, as relating to their		
minutes elapsed or 2.	profile, built up by intervener from		
the don't-touch task	pretest videotaped observation ses-		
whereby the mother	sion, a profile that is evaluated and		
was instructed to place	reformed after each intervention ses-		
all toys from a box in	sion.		
front of their child, not			
allow them to touch	Delivered by		
them, and then allow	Four female intervenors, 3 who com-		
them to play with the	pleted a 1 week training in VIPP-SD		
least-attractive toy af-	at Leiden university (including super-		
ter 2 minutes, with the	vised working with a pilot family) and		
task ending after a fur-	1 other who was trained in Portugal		
ther 2 minutes. Physi-	by two of the study authors Pereira		
cal, verbal and psycho-	and Negrao.		
logical control were			
coded on a scale of 1	Delivered to		
(not present) to 5	Mothers of 1–4 year old children, al-		
(much frequent/contin-	ready known to agencies to be risk of		
uous). Harsh physical	maltreating child, although in the in-		
discipline was coded	tervention group fathers were asked		
when mothers showed	to participate in the final two sessions		
unnecessary levels of	(only n=2 took part).		
physical force which			
had clear impact on	Duration, frequency, intensity, etc.		
child. Harsh verbal dis-	6 1 hr home-based intervention ses-		
cipline was coded	sions, the first four scheduled at 2		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
when mother displayed	week intervals, with two further		
high levels of irritation	booster sessions a month apart.		
or anger in her tone of			
voice. Psychological	Key components and objectives of in-		
control was coded ac-	tervention		
cording to the extent	First 4 sessions, designed to enhance		
maternal statements	maternal sensitivity and promote pos-		
made children feel	itive discipline addressed the follow-		
guilty, ashamed or re-	ing topics: 1. Difference between at-		
sponsible for mishaps,	tachment and exploration behaviour,		
when mothers showed	using distraction and induction as dis-		
disregard for child's	ciplinary tactics. 2. 'Speaking for the		
feelings; withheld af-	child' - helping mother to understand		
fection or displayed in-	child cues and communication, using		
consistent emotional	positive reinforcement as a discipli-		
behaviour. Total	nary strategy. 3. 'Chain of sensitivity':		
scores were calculated	understanding the child signal-mother		
by standardising and	recognition-mother interpretation-		
summing the 3 sub-	mother response-child response, us-		
scale scores for the	ing sensitive time-out as disciplinary		
two observed tasks.	strategy 4. Importance of sharing		
Parenting stress was	emotions, empathy, and understand-		
measured using a self-	ing of the child when using discipline.		
reported Daily Hassles	The last 2 booster sessions reviewed		
Questionnaire (Kanner	the most important aspects of the		
et al. 1981) at pre- and	above with regards to the needs and		
post- test. Random as-	experiences of each dyad during the		
signment was checked	intervention. A summary booklet of all		
using t tests and chi-	topics covered was issued to each		
square tests for demo-	mother at the last session. In each		
graphic and pretest	session interveners ensure mothers		
variables, with anal-	are treated as experts on their own		
yses adjusted for three	children, and any examples of posi-		
harsh discipline outlier			
variables. Intervention			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
effect was measured	tive mother-child interactions or effec-		
by repeated multivari-	tive parenting strategy are positively		
ate analysis of vari-	reinforced.		
ance for harsh disci-			
pline and parenting	Location/place of delivery		
stress, with 'experi-	Own homes of families.		
mental condition as a			
between-subjects fac-	Describe comparison intervention		
tor and time as a	Control group mothers received 6		
within-subject factor'	phone calls, made at the same inter-		
(p609). Pretest parent-	vals as VIPP-SD home visits, about		
ing stress was then	topics of child development- lan-		
tested as a potential	guage, play, sleep, feeding, positive		
moderating factor for	relationships and in the last call, an		
intervention effect on	overview of them all. Mothers were		
harsh discipline.	asked questions and encouraged to		
	talk about their child's development		
Country: Not UK. Por-	but there was no feedback or advice		
tugal.	provided by the researcher. Those		
	mothers who asked for explicit advice		
Source of funding:	or help were signposted to their GP		
Government. Nether-	and/or health agency.		
lands Organisation for			
Health Research and	Outcomes measured		
Development.	Incidence of abuse and neglect		
	Harsh discipline, measured using		
	standardised procedures adapted		
	from Verschueren et al. (2006).		
	Quality of parenting and parent-child		
	relationships		
	Parenting stress measured using the		
	Daily Hassles Questionnaire (Kanner		
	et al. 1981).		
	Follow-up		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	One month after last intervention		
	home visit or phone call.		
	Costs No.		

# 16. Robling M, Bekkers M-J, Bell K et al. (2015) Effectiveness of a nurse-led intensive home-visitation programme for first-time teenage mothers (Building Blocks): a pragmatic randomised controlled trial. Lancet: 1–10

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To investi-	Participants	Effect sizes	Overall assessment
gate the effectiveness	Children and young people - Children		of internal validity
of a nurse-led home	up to 2 years old.	Incidence of abuse and neglect	+
visiting programme for	Caregivers and families - First-time	Safeguarding procedures 24 months after birth	Bias of using only risk
first-time mothers aged	mothers aged under 19 recruited at	(n=945) a higher proportion of children in the FNP	factor of age of mother.
19 years or younger in	less than 25 weeks gestation.	group had a safeguarding event noted in their GP rec-	Different groups of
a UK context 24	Women who had had previous preg-	ord (n=64/469 (13.6%) v 38/476 (8.0%) AOR 1.85,	sample used for differ-
months after birth. The	nancies but which ended due to mis-	(CI 95% 1.02 to 2.85) p=0.005. Referral to social ser-	ent outcomes.
primary aims of the in-	carriage, stillbirth or termination were	vices 24 months after birth a higher percentage of	
tervention were to re-	eligible.	participants in the intervention group reported that	Overall assessment
duce tobacco use by		their child had ever been referred to social services	of external validity
the mother, proportion	Sample characteristics	(n=119/580, 20.5% vs. n=91/541, 16.8%): AOR 1.27	+
of subsequent preg-	Age - Women were recruited at	(CI 0.93 to 1.73) p=0.13 There was no statistical dif-	Due to mismatch in pri-
nancies within the 24	aged 19 and younger. Mean age for	ference between the groups for IPV and Child safety	mary outcomes.
months, birthweight of	both intervention and control groups	outcomes. IPV - AOR of 1.17, (CI 95% 0.84 to 1.63,	
the baby, and number	was 17.9.	p=0.37)	Overall validity score
of emergency depart-	• Sex – Female.		+
ment attendances and	Ethnicity - Intervention group	Risk of abuse and neglect	This study has been
hospital admissions.	(n=808) 88% (n=711) White 6%	Parental role strain - a very small effect was seen,	rated as moderate due
We have also ex-	(n=47) Mixed 2% (n=16) Asian 4%	with lower mean score in the FNP group: adjusted dif-	to the rigorous design
tracted data collected	(n=31) Black <1% (n=3) Other Con-	ference in means, = -0.16, (CI 95% -0.35 to 0.03,)	and detailed reporting
	trol group (n=810) 88% (n=714)	p=0.11	of data. However, we
	White 5% (n=42) Mixed 1% (n=11)	Quality of parenting and parent-child relationships	considered rating this

### Research aims

by the study, which relates to outcomes of interest to this review.

Methodology: RCT inc cluster. Nonblinded, parallel group RCT, with women randomly assigned to either the FNP intervention or usual care. Women from 18 different English local authority-primary caresecondary care partnership areas were identified and approached via local maternity services and were in the main recruited at their home by locally-based researchers. Randomisation was stratified by site and minimised by gestation (less than 16 weeks vs. 16 weeks and over), smoking (ves or no) and preferred language for data collection (English vs. non-English). It was also 'weighted towards minimising the imbalance in trial

# PICO (population, intervention, comparison, outcomes)

Asian 5% (n=50) Black <1% (n=3) Other

- Religion/belief Not reported
- · Disability Not reported
- Long term health condition Not reported
- Sexual orientation Not reported
- Socioeconomic position Not in education or training (NEET) Intervention group (n=695 as only applicable to those older than 16 years at end of last academic year) 48% (333/695) Yes 52% (362/695) No Control group (n=685 for reasons as above) 48% (330/685) Yes 52% (355/685) No Paid job Intervention group (n=808) 21% (n=174) Yes 78% (n=634) No Control group (n=810) 20% (n=164) Yes 80% (n=646) No In receipt of government welfare payments Intervention group (n =808) 37% (n=301) Yes 63% (n=507) No Control group (n=808 (n=2 no data available) ) 35% (n=283) Yes 65% (n=525) No Ever been homeless Intervention group 18% (n=144) Yes 82% (n=664) No Control group 21% (n=170) Yes 79% (n=640) No Highest parental qualification Intervention group (n=805) 13% (n=108) Up to post graduate 21% (n=172) Up to A level 10% (n=79) Overseas or other qualification 16% (n=130) None of these 39% (n=316) Don't know Control group 13% (n=108) Up to post graduate

### **Findings**

There was no significant differences between the groups for maternal-child interaction outcomes (intervention effect is calculated from adjusted difference in means). Maternal sensitivity scores - = -0.07 (CI 95% -0.41 to 0.27), p=0.67 Maternal intrusiveness scores =0.12 (CI 95% -0.19 to 0.43), p=0.44 Child responsiveness score = -0.26 (CI 95% -0.77 to 0.25) p= 0.31 Child positive effect score = -0.23, CI 95% -0.59 to 0.13), p=0.21 Child negative effect score=0.09 (CI 95% -0.12 to 0.30) p=0.40.

Children and young people's health and wellbeing outcomes

Attendance and admission to emergency department/hospital for injuries and ingestions 587 (81%) out of 725 assessed children whose mothers were in the FNP group and 577 (77%) of 753 children from the comparison group attended A&E or were admitted to hospital at least once before their second birthday (AOR 1.32, CI 97.5% 0.99-1.76). Full scores: Primary care consultation at 24 months AOR =0.87, (CI 95% 0.58 to 1.33), p=0.53 A greater proportion of children in the intervention group than the control group attended A&E for injury or ingestion at 6 months and 24 months A&E attendance at 6 months - AOR=1.52 (CI 95% 0.86 to 2.70) p=0.15 A&E attendance at 24 months - AOR=1.16 (CI 95% 0.92 to 1.46) p=0.20. However a smaller proportion in the intervention group were admitted to hospital for injury or ingestion at 6 and 24 months. Hospital admission at 6 months -AOR=0.79 (CI 95% 0.39 to 1.60) p=0.51 Hospital admission at 24 months - AOR=0.72 (CI 95% 0.46 to 1.12) p=0.15 Looking at both attendance and admission there was no statistical difference between the two groups. Child safety AOR=1.26, (CI 95% 0.97 to

Overall validity rating
as poor for two rea-

sons: 1) Possible risk of bias arising from high levels of missing data. In line with the Cochrane quidelines we have considered whether the missing data presents a risk of bias in terms of 'the amount and distribution across intervention groups, the reasons for outcomes being missing. the likely difference in outcome between participants with and without data, what study authors have done to address the problem in their reported analvses, and the clinical context' (http://handbook.cochrane.org/). For the safeguarding data provided by GPs our view is that the risk of bias resulting from attrition is low because rates of returned information from GPs is similar for both intervention and control. For self-report data we

### Research aims

groups with probability 0.8' (p3). Allocation was concealed using a remote computerbased system, accessed via telephone or internet by the recruiting researcher. Routine data (on birthweight, emergency department attendances and admissions and second pregnancies, as well as for some secondary outcomes) was collected by fieldbased researchers from maternity units: downloaded by a trial statistician from the Health and Social Care Information Centre (HSCIC); by fieldbased researchers or practice staff from primary care centres; from the Abortions Statistics Manager at the Department of Health for abortion statistics. from COVER (Coverage Of Vaccinated **Evaluated Rapidly**) contacts directly from

## PICO (population, intervention, comparison, outcomes)

21% (n=172) Up to A level 10% (n=79) Overseas or other qualification 16% (n=130) None of these 39% (n=316) Don't know

- Type of abuse Not reported.
- Looked after or adopted statusNot reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not applicable.

#### Sample size

Comparison numbers - n=810 received usual care
Intervention numbers - n=808 were randomised to receive the FNP
'Building Blocks' programme
Sample size - 1645 randomised n=823 intervention group n=822 usual care.

#### Intervention

Intervention category – Family Nurse Partnership.

Describe intervention - 'Building Blocks' programme was an adapted version of the Nurse Family Partnership (NFP) which is a programme of home visits made to younger first time mothers by specially trained nurses from early pregnancy until the child is two years old, designed to improve pregnancy outcomes, child health and development, a reduction

### **Findings**

1.62) p=0.08. Cognitive development at 12, 18 and 24 months. There was no statistical difference seen between groups at 12 and 18 months with regards to developmental concerns; at 24 months though fewer mothers in the intervention group reported concerns than in the control (n=46/569 (8.1%) vs. n=66/522 (12.65%)) Cognitive development concerns at 12 months - AOR 0.91 (CI 95% 0.59 to 1.40) p=0.66 Cognitive development concerns at 18 months - AOR 0.59 (CI 95% 0.32 to 1.11) p=0.10 Cognitive development concerns at 24 months - AOR 0.61 (CI 95% 0.40 to 0.90) p=0.0.13 Language development at 12, 18 and 24 months While more mothers in the FNP arm reported language concerns about their children at 12 months, at 18 months concerns were at similar levels, while at 24 months language development was scored higher among children in the intervention group v the control group. Language development concerns at 12 months - AOR 0.50 (CI 95% 0.35 to 0.72) p=<0.001 Language development concerns at 18 months -AOR 0.66 (CI 95% 0.48 to 0.90) p=0.009 Early Language Milestone score at 24 months -Adjusted difference in means = 4.49 (CI 95% 0.52 to 8.45) p=0.027

Caregiver/parent health and wellbeing outcomes General self-efficacy A small difference was seen in self-efficacy scores, which were higher in the intervention group was seen: adjusted difference in means=0.44 (CI 95% 0.10 to 0.78) p=0.011 There were no other statistical differences seen for parent outcomes: Psychological distress AOR=-0.39 (CI 95% -1.19 to 0.40) p=0.33 Depressive symptoms AOR = 0.80 (CI 95% 0.60 to 1.05) p=0.11 Postnatally depressed (score>13) AOR = 1.03 (CI 95% 0.69 to

### Overall validity rating

suggest that there may be some risk of bias due to higher levels of failure to complete assessments at 24 months amonast the control group (21.9% incomplete) compared to the intervention group (14.3% incomplete). The reviewing team have calculated this difference as being significant (chisquare=13.6, p<0.01). 2) The validity of the study outcome measures in terms of our principal outcome of interest - incidence of abuse and neglect. Safeguarding concerns are measured in the study via GP records and self-report. We are concerned that both of these methods are likely to under-report safequarding issues. and consider that a better outcome measure would have been to use children's social care data. However, the problem of under-

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
primary healthcare authorities. Data about emergency attendances and admissions and second pregnan-	in child maltreatment and increase maternal self-sufficiency.  Delivered by	1.52) p=0.90 Unplanned antenatal hospital admissions IRR =1.0 (CI 95% 0.10 to 0.78) p=0.49 A&E attendances and admissions IRR=1.26 (CI 95% 0.10 to 0.78) p=0.07 Foster care for the mother Data suppressed on low cell counts.	reporting should be equally present in both intervention and control groups.
and second pregnancies was also collected from mothers. Information about tobacco use was collected via self-report and urine sample- cotinine levels were measured before allocation and at 34-36 weeks gestation. At both times, women were classified as nonsmokers if they reported not smoking in the 3 days prior to the interview and had a urinary cotinine concentration of less than 100 ng/ml. if only baseline cotinine levels	Family nurses (Band 7) were health visitors, nurses and midwives trained by the FNP central team using a core FNP learning programme (including residential, team-based and specialist master class modules). They were all educated to degree level (or equivalent) all held a nursing or midwifery qualification, were registered with the Nursing Midwifery Council of the UK, masters education desirable. Supervisors (Band 8a) were expected to meet the same criteria but with essential master's education. As part of the adaptation to be delivered in England, specialist supervision including regular psychological support was arranged for Family nurses, safeguarding supervision and systems were implemented and FNP was incorporated	pressed on low cell counts.	Based on these considerations we decided to retain a rating of 'moderate'.
were collected, base- line self-reports and cotinine concentrations were compared to as- sess accuracy of self- reporting- accurate and over-reporting mothers were ac- cepted as non-smok- ers. Local researchers administered a face-to-	into local governance arrangements.  Delivered to First-time mothers aged 19 or younger.  Duration, frequency, intensity, etc. Series of a maximum of 64 visits which should commence early in the second trimester and decrease in fre-		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
face structured com-	quency over time until the child's sec-		
puter-assisted per-	ond birthday. Number of visits may		
sonal interview before	vary according to individual need, en-		
allocation and then 24	gagement, and gestational age at en-		
months after birth. This	rolment, but there are minimum tar-		
interview gathered	gets to support particular desired out-		
self-reported data on	comes.		
secondary outcomes	_		
These researchers	Key components and objectives of in-		
were not blind to allo-	tervention		
cation but were inde-	NFP is based on theories of human		
pendent of the service	ecology, self-efficacy and human at-		
delivered. Computer-	tachment. (p5 of appendix). Core		
assisted telephone in-	content for visits: personal and envi-		
terviews were con-	ronmental health; life course develop-		
ducted by office-based	ment; maternal role; family and		
researchers (who were	friends; access to health and social		
blind to allocation) at	services. (Each area is allocated a		
late pregnancy (34–36	specific amount of time by the pro-		
weeks gestation), 6, 12	gramme). Maternal self-efficacy is		
and 18 months after	promoted throughout the programme		
birth. Mothers and	as is sensitive and competent care		
family nurses were	giving through education and model-		
asked to report contact	ling activities using a strengths-based		
with health services	approach, in order to reduce maltreat-		
and their clients re-	ment. In order to adapt to the UK, the		
spectively. Mothers	language of the programme was		
were able to withdraw	changed to UK English. A core ele-		
at any time, and mis-	ment, introduced by the University of		
carriage, death or	Colorado to the FNP model, is now		
adoption of the child	motivational interviewing, and nurses		
lead to mandatory	are now trained to use a 'mainly guid-		
withdrawal. Those that	ing communication style' with the		
wanted to discontinue	young mothers. (p5 appendix).		
the intervention were			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
still asked to consider	Location/place of delivery		
giving follow-up data.	Home		
At 24 months after			
birth all participants	Describe comparison intervention		
were invited to provide	Usual care- the Healthy Child Pro-		
follow-up data, even	gramme (HCP) universal offer of clini-		
those who did not pro-	cal and public health for children and		
vide data at other pre-	families, involving home visits from		
ceding data collection	health visitors.		
waves. Adverse events			
(notified to the trial of-	Outcomes measured		
fice) were reviewed by	Incidence of abuse and neglect		
a senior clinical re-	Safeguarding, defined as any record		
searcher for related-	in GP notes indicating the initiation,		
ness and severity.	progression or closure of a safe-		
	guarding process. Referrals to social		
Country: UK.18 part-	services Intimate partner violence		
nerships between local	(measured using the Composite		
authorities and primary	Abuse Scale (Hegarty 2007) at 24		
and secondary care or-	months, in face to face interviews		
ganisations in Eng-	when participant was alone, scoring		
land.	up to 145, a score of 0 indicating no		
	abuse);		
	Risk of abuse and neglect		
Source of funding:	Parental role strain, (measured at 6,		
Government. Depart-	12, 18 and 24 months using Millen-		
ment of Health who	nium Cohort Study variables, IoE		
stipulated some policy-	2003 and 2004, 6-item scale with		
related primary out-	scores 6-24, low score indicating		
comes for the study	lower parental strain);		
but had no input on the	Quality of parenting and parent-child		
study design.	relationships		
	Maternal-child interaction (measured		
	using scale adapted from Fish &		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Stifter 1995 analysis of mother child-		
	interaction and attachment).		
	Children and young people's health		
	and wellbeing outcomes		
	Attendance and admission to emer-		
	gency department/hospital for injuries		
	and ingestions (measured using hos-		
	pital episode statistics or GP provided		
	data) Child safety (measured using		
	scale adapted from Health of Califor-		
	nia's Adults, Adolescents and Chil-		
	dren, findings from CHIS 2003 and		
	CHIS 2001, Holtby et al. 2006); Cogni-		
	tive, language a development at 12,		
	18 and 24 months, measured using		
	Schedule of Growing Skills II (SOGS		
	II) Bellman et al. 1996 at 12 and 18		
	months, and the Early Language		
	Milestone scale, (Coplan et al 1982)		
	at 24 months.		
	Caregiver/parent health and wellbe-		
	ing outcomes		
	Psychological distress (measured us-		
	ing 10-item Kessler scale, Kessler et		
	al 2002, scores 10 to 50, low score		
	indicating low level of distress) De-		
	pressive symptoms (measured using		
	Whooley scale, Whooley et al. 1997,		
	where positive responses to ques-		
	tions indicate presence of symptoms)		
	General self-efficacy (measured us-		
	ing the 10-item General Self-efficacy		
	Scale, scores ranging 10 to 40, where		
	higher score indicates higher efficacy)		
	Unplanned hospital admissions, A&E		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	attendances and admissions and fos-		
	ter care for the mother (using data		
	from primary care and statutory ser-		
	vices).		
	Follow-up		
	Data was collected at 6 months, 12		
	months, 18 and 24 months after birth.		
	Costs		
	'Full-sample base case analysis		
	(n=782 FCP vs. n=786 in usual care		
	group) with use of multiple imputation		
	showed an incremental cost for FNP		
	of \$1993 per participant. Although in-		
	dividual types of resource use were		
	similar across trial group, intervention		
	delivery costs, (FNP calls and visits)		
	accounted for incremental cost of		
	FNP. Sensitivity analysis that in-		
	cluded complete cases only (n=217 in		
	FNP group v 186 in usual care) sug-		
	gested the incremental cost of the		
	FNP was £4670 (95% CI 3322-6017)'		
	(p6).		

17. Sanders MR, Pidgeon AM, Gravestock F et al. (2004) Does parental attributional retraining and anger management enhance the effects of the Triple P-Positive Parenting Program with parents at risk of child maltreatment? Behavior Therapy 35: 513–35

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
<ul><li>Participants:</li><li>Children and young people.</li></ul>	Effect sizes - Risk of abuse and neglect: (Exact val-	Overall assessment of internal validity: +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
effectiveness of ' an enhanced group behavioral family intervention (EBFI) for parents at risk of child maltreatment' which addressed parental negative attributions and anger management to a ' standard-care group parent training intervention' (p516).  Methodology: RCT.  Country: Not UK - Australia.	Children between the ages of 2 and 7 with a parent experiencing anger management problems in relation to their child.  Caregivers and families. Parents experiencing anger management problems in relation to their child.  Sample characteristics:  Age - Mean age of child in months (SD): SBFI 53.71 (19.32); EBFI 52.84 (17.85). Mean age of mother in years (SD): SBFI 33.29 (5.35); EBFI 33.68 (5.58). Mean age of father in years (SD): SBFI 35.32 (6.34); EBFI 36.45 (7.14). Mean age of participating parent in years (SD): SBFI 33.33 (5.37); EBFI 34.18 (6.34).  Sex - Female parent participant: SBFI 92%; EBFI 94% Female target child: SBFI 52%; EBFI 48%.  Ethnicity - Not reported.  Religion/belief - Not reported.  Disability - Not reported.  Cong term health condition - Not reported.  Sexual orientation - Not reported.  Sexual orientation - Not reported.  Socioeconomic position - Mean number of children (SD): SBFI 1.92 (0.87); EBFI 2.38 (1.31). Mean number of years together as a couple (SD): SBFI 7.78 (3.93); EBFI 9.38 (4.91). Married: SBFI 73%, EBFI	ues of statistical tests are recorded here only for significant time x condition interactions.) Risk of maltreatment was measured using five scales which all relied on parental report:- The Blame and Intentionality subscale of the Parent's Attributions for Child's Behavior (Pidgeon & Sanders 2002): Ambiguous situations: Significant interaction of time and condition in favour of EFBI (F=6.42, p>0.01) Intentional situations: Significant interaction of time and condition in favour of EFBI (F=7.72, p>0.001). The State-Trait Anger Expression Inventory (Spielberger 1996). No significant difference between conditions, although main effect of time. The Parental Anger Inventory: No significant difference between conditions, although main effect of time. The abuse subscale of the Child Abuse Potential Inventory (Milner 1986): Significant interaction of condition with time in favour of EFBI (F=4.82, p<0.01). The Parent Opinion Questionnaire (Azar and Rohrbeck 1986). Significant interaction of condition with time in favour of EFBI (F=5.06, p<0.01).  Effect sizes - Quality of parenting and parent-child relationships: Parenting was measured using 2 scales, both of which rely on parental self-report. Neither scale showed significant difference between conditions, or a time x condition interaction, although there was a main effect of time.  Effect sizes - Children and young people's health and wellbeing outcomes: Child behaviour measures - no significant differences between conditions, or time x condition interactions. Although there was a main effect of time. Using three criteria to assess clinical significant differences between conditions as main effect of time.	Overall assessment of external validity: + Overall validity score: +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	66% Incomplete secondary education: SBFI 44%; EBFI 60% Primary occupation of 'home duties': SBFI 58%; EBFI 55% Annual family income of less than \$25,000 (AUD):	nificance of change in children's behaviour also revealed no significant differences between EFBI and SFBI at either immediately post intervention or 6 month follow-up.	
	SBFI 25%; EBFI 31% Financial difficulties in family: SBFI 34%; EBFI 25% Participants who currently use 'illicit' drugs: SBFI 6%; 6% Participant who currently abuses alcohol	Effect sizes - Caregiver/parent health and wellbeing outcomes: Parental adjustment - no significant differences between conditions, or time x condition interactions, although main effect of time.	
	<ul> <li>(&gt;40g/day): EBFI 6%; 0%.</li> <li>Type of abuse - Not reported but some families had already been re-</li> </ul>	<b>Effect sizes - Satisfaction with services:</b> Not able to find results of client satisfaction measure.	
	ferred to authorities for allegations (did not need to be substantiated) of abuse or neglect at baseline. Contact with statutory authority for suspected abuse or neglect: SBFI 4%; EBFI 6%.  • Looked after or adopted status - Not	Narrative findings – Effectiveness: This study suggests that parents participating in both variants of the Triple P intervention showed significant improvements in a wide range of measures of family functioning, with EFBI showing significantly better performance in a number of areas. For example, EFBI participants showed a significantly greater reduction in two measures of child abuse risk: child abuse potential	
	<ul> <li>reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>	(CAPI scores) and unrealistic expectations (POQ) scores. EFBI participants also showed a reduction in dysfunctional attributions than the comparison group. There was significant improvement in both conditions,	
	<ul> <li>Sample size:</li> <li>Comparison numbers - Standard behavioral family intervention programme (SBFI): Pre-intervention n=48; post-intervention not clear; 6 month assessment n=39.</li> </ul>	but no significant difference between conditions for: - Parental angry temperament - Parental anger inventory - Parenting scale - Parenting sense of competency - Child behaviour measures, including when assessed for clinically significant change - Parental adjustment.	
	<ul> <li>Intervention numbers - Enhanced behavioral family intervention pro- gramme (EBFI): Pre-intervention</li> </ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	n=50; post-intervention not clear; 6 month assessment n=35.		
	Intervention category: Parenting programmes.		
	Intervention: The Enhanced behavioral family intervention programme (EBFI) usually took around 12 weeks to complete and was essentially the same as the SBFI (see information below on comparison intervention) with the addition of – 4 group sessions (2 hours in duration) of parent training. Four sessions (2 hours in duration) targeted at 'additional risk factors' associated with abuse and neglect. Parents were given a workbook which covered the principles taught in these sessions. The sessions aimed to teach parents skills which would help them to challenge their own beliefs regarding their own behaviour and that of their child, and to address negative parenting strategies associated with these beliefs. Cognitive and physical planning strategies for anger management were also introduced; although it should be noted that both treatment conditions addressed the issue of planning ahead for high risk situations and encouraged		
	parents to develop coping plans accordingly.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Fourteen practitioners (12 female and 2 male) were trained and supervised in the delivery of the interventions (1 clinical psychologist; 8 psychologists completing postgraduate training in psychology; 2 psychologists; 2 social workers; and 1 teacher).		
	Comparison intervention: The Standard behavioral family intervention programme (SBFI) usually took around eight weeks to complete. Families received 4 group sessions (2 hours in duration) of parent training; four individual telephone consultations after completion of group sessions (15–30 minutes in duration); and a copy of 'Every Parent's Group Workbook (Markie-Dadds et al. 1997) covering the main principles of the programme and associated exercises. The programme was composed of 17 child management strategies focusing on children's competence and development and management of misbehaviour. Parents were also taught ' a planned activities routine to enhance the generalization and maintenance of parenting skills' (p523). This planning		
	for high risk situations e.g. when the child is bored and to plan activities appropriate to the child's age. Parents also learnt how to monitor and set		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	goals for behaviour change and to improve their observational skills in relation to their own and their child's behaviour. The authors describe the training as active and note the use of techniques such as rehearsal, and goal setting.		
	<ul> <li>Outcomes measured:</li> <li>Risk of abuse and neglect - Risk of maltreatment was measured using five scales which all relied on parental report:- The Blame and Intentionality subscale of the Parent's Attributions for Child's Behavior (Pidgeon &amp; Sanders 2002). The State-Trait Anger Expression Inventory (Spielberger 1996). The Parental Anger Inventory (Hansen &amp; Sedlar 1998) yielding a problem and intensity score. The abuse subscale of the Child Abuse Potential Inventory (Milner 1986). The Parent Opinion Questionnaire (Azar and Rohrbeck 1986).</li> <li>Quality of parenting and parent-child relationships - Parenting was measured using two scales, both of which rely on parental self-report:- The Parenting Scale (Arnold et al. 1993). Parent Sense of Competence (Gibaud-Wallston and Wandersman, 1978). The study also measured</li> </ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	problems' via the Home and Community Problem Checklist (Sanders and Dadds 1993).  Children and young people's health and wellbeing outcomes - Child behaviour was measured using two scales, both of which relied on parental reports:- The Eyberg Child Behavior Inventory (Eyberg and Pincus 1999). The Parent Daily Report Checklist (Chamberlain and Reid 1987).  Caregiver/parent health and wellbeing outcomes - Parental adjustment was measured using two scales:- The Depression-Anxiety-Stress Scales (Lovibond and Lovibond 1995). The Parent Problem Checklist (Dadds and Powell 1991).  Satisfaction with services - Self-reported - measured using the Client Satisfaction Questionnaire (Sanders et al., 2000).		
	<b>Follow-up:</b> Assessments were conducted at pre and post treatment and at 6 months.		

18. Scudder AT, McNeil CB, Chengappa K et al. (2014) Evaluation of an existing parenting class within a women's state correctional facility and a parenting class modeled from parent–child interaction therapy. Children and Youth Services Review 47: 238–47

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To investigate ' whether a PCIT-based parenting class provides additional benefit when compared to the existing parenting classes in a women's correctional facility in enhancing demonstrated parenting skills as well as parentreported knowledge of child development, parenting stress, child abuse potential, and treatment acceptability'.  Methodology: RCT.  Country: Not UK - USA.	Participants: Caregivers and families. Mothers incarcerated in a state correctional facility.  Sample characteristics: • Age - Mean age of 30.83 years (SD=5.88) - mean ages of intervention and comparison groups were not reported. Average age of all participants' children (i.e., not just target child) was 6.76 years (SD=4.37). • Sex - Sample was 100% female. • Ethnicity - White, non-Hispanic=93% African American=3.7% Biracial=3.7% • Religion/belief - Not reported. • Disability - Not reported. • Disability - Not reported. • Sexual orientation - Not reported. • Socioeconomic position - Below poverty line = 72.9% (total sample). Single or never married = 59.5% (intervention), 37.5% (comparison). Divorced or separated = 40.5% intervention, 32.5% (comparison). Had not graduated from high school = 71.5% (intervention), 55% (comparison). Unemployed or in receipt of disability benefits at time of entry into prison = 64.3% (intervention),	Effect sizes - Risk of abuse and neglect: Child Abuse Potential - No significant difference between conditions.  Parenting Stress Index - total parent stress: F=0.179, p=0.67, d=0.08.  Adult–Adolescent Parenting Inventory Inappropriate expectations subscale - significant difference between conditions (F=7.54, p=0.05, d=.51). Examination of mean scores suggests this is in favour of the control rather than intervention group (PCIT pre mean = 20.63, post = 20.95; TAU pre mean = 20.55, post = 22.74).  Adult–Adolescent Parenting Inventory empathic regard subscale - no significant difference between conditions. Adult–Adolescent Parenting Inventory discipline subscale - no significant difference between conditions.  Effect sizes - Quality of parenting and parent-child relationships: Interaction quality as assessed by Dyadic Parent–Child Interaction Coding System-III - Positive attention 'do' skills: F=38.96, p=0.00, d=1.67. Dyadic Parent–Child Interaction Coding System-III - Negative attention 'don't' skills: F=17.02, p=0.00, d=0.83. Dyadic Parent–Child Interaction Coding System-III - Effective command sequences: F=3.92, p=0.05, d=0.54. Dyadic Parent–Child Interaction Coding System-III - Compliance-contingent praise: F=14.70,	Overall assessment of internal validity: +  Overall assessment of external validity: +  Overall validity score: +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	47.5 (comparison). Household income below \$15,000: 26.2% (intervention), 25.0% (comparison).	p=.00, d=1.02.	
	<ul> <li>Type of abuse - No clear focus but the authors state in the limitations section that a history of harsh parenting or physical abuse of the child was not required for participation.</li> <li>Looked after or adopted status -</li> </ul>	Adult–Adolescent Parenting Inventory - Inappropriate expectations: F= 7.54, p= 0.05, d= 0.51. Adult–Adolescent Parenting Inventory - Empathetic regard: F=.311, p=0.58, d=0.01. Adult–Adolescent Parenting Inventory - Discipline: F=2.33, p=0.13, d=0.13.	
	Both intervention (12%) and comparison (4.3%) groups included mothers who had a child who was	Effect sizes - Satisfaction with services: Therapy Attitude Inventory - Treatment satisfaction: F=2.07, p=0.04, d=0.50.	
	<ul> <li>now living with a non-family member appointed by a court. 12% (intervention).</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>	Narrative findings – Effectiveness: There were no significant between group differences in scores on either the Child Abuse Potential Inventory or the Parenting Stress Index scales. The authors highlight that total parenting stress amongst mothers in this trial was at a lower level than previously reported in other studies	
	<ul> <li>Sample size:</li> <li>Comparison numbers - Baseline n=40, post-treatment n=30.</li> <li>Intervention numbers - Baseline n=42, post-treatment n=39.</li> <li>Sample size - n=82.</li> </ul>	evaluating Parent Child Interaction Therapy. They suggest that lower total scores on the Parenting Stress Index may be due to limited contact with children during imprisonment and a smaller intervention dose than that received in earlier studies. Significant between group differences were found (in favour of the intervention) on all 4 scales of the Dyadic Parent–Child In-	
	<b>Intervention category:</b> Parenting programmes.	teraction Coding System which measures the interactions between parents and children. Significant between group differences were found (in favour of the	
	Intervention: Parent Child Interaction Therapy has several core features:  'a) The parent and child are actively involved together in treatment sessions b) Interactions are coded to assess	control group) on the 'inappropriate expectations' subscale of the Adult–Adolescent Parenting Inventory. The authors suggest that this may be due to the fact that ' child development is not a component of parent-training programs associated with program effect	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	progress and determine treatment planning c) Parents are coached to assist in reaching a level of mastery of both play-therapy and discipline skills d) Traditional play-therapy skills are taught to enhance the quality of the parent-child relationships e) Parental problem-solving skills and use of behavioural principles are coached to develop direct strategies for management of problem behaviours f) Changes are made on empirical evidence' (p240).	sizes for parent behavior' (p245). No significant differences were found between groups using the 'empathetic regard' and 'discipline' subscales of the Adult–Adolescent Parenting Inventory. There were significant between group differences (in favour of the intervention) on measures of treatment satisfaction.	
	Parenting classes (12–15 participants received no more than 7 classes) based on Parent Child Interaction Therapy delivered in a group format by an instructor and an undergraduate assistant. Classes lasted for 90 minutes (total of 10.5 hours) and included discussion of PCIT protocol topics, coaching via parenting roleplay, peer review of other participants PCIT skills and assignment of tasks to be practiced outside of the class (with another participant or their children where possible). It may be important to note that the intervention was modified to enable delivery in a correctional environment (e.g. in conventional PCIT		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	progression usually depends on 'mastery' of certain skills. In this program this was not required for progression or graduation.) Participants also had access to toys and equipment available for family visits.		
	Comparison intervention: Assignment to the existing parenting programme available at the facility. Weekly meetings of (total of 10.5 hours) led by an instructor and an assistant (an inmate who had already completed the programme). The programme was adapted from the Partnerships in Parenting manual and usually included discussions and presentations by the instructors on specific topics such as discipline. Role-play was used in some classes and participants were given 'homework' assignments.		
	Outcomes measured:  Risk of abuse and neglect - Child Abuse Potential Inventory (CAP, Milner 1986) Adult–Adolescent Parenting Inventory, 2nd edn (AAPI-II, Bavolek & Keene 1999).  Quality of parenting and parent-child relationships - Interaction quality as assessed by Dyadic Parent–Child Interaction Coding System-III		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>(DPICS-III, Eyberg et al. 2005) Parenting Stress Index, Third Edition (PSI, Abidin 1995).</li> <li>Satisfaction with services - Therapy Attitude Inventory (TAI, Eyberg &amp; Johnson 1974).</li> <li>Follow-up: Outcomes were measured at pre and post treatment.</li> </ul>		

# 19. Silovsky JF, Bard D, Chaffin M et al. (2011) Prevention of child maltreatment in high-risk rural families: A randomized clinical trial with child welfare outcomes. Children and Youth Services Review 33: 1435–44

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: 'To conduct a randomised clinical trial of SafeCare aug- mented for rural high- risk population (SC+) compared to standard home-based mental health services (SAU)	Caregivers and families - Participants were caregivers aged at least 16, with at least 1 child aged 5 years or younger and at least 1 of the following risk factors: parental substance misuse, mental health issues	Effect sizes - Incidence of abuse and neglect: Ten (20.8%) of SC+ and 18 (31.5%) of SAU participants had a future referral to child welfare. It is not reported whether this is a statistically significant difference. No significant differences found between intervention and control group on any measures of incidence of abuse, except for reports due to domestic violence (log rank test: chi square = 6.91, p<0.01). Effect sizes not re-	Overall assessment of internal validity: +  Overall assessment of external validity: +  Overall validity score:
to examine reductions in future child maltreat-	or intimate partner violence.  Sample characteristics:	ported for any variables.	T
ment reports, as well as risk factors and factors proximal to child maltreatment' (p1435).	•	Effect sizes - Risk of abuse and neglect: Parent-Child Conflict Tactics Scale - Only one subscale fit the generalised linear mixed model: nonviolent discipline. This showed a significant improvement in favour of	
Methodology: RCT.  Country: Not UK –	<ul> <li>Sex - Experimental group = 100% female; control group = 98% female. Ethnicity - Ethnicity of participants as follows: Intervention group: White</li> </ul>	SC+ between pre- and post-service, but this was not sustained at follow-up. All other scales showed no significant impact.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Government.	<ul> <li>68%; Black or African American 15%; Hispanic or Latino 2%; American Indian or Alaska Native 15%; Asian 0% Control group: White 74%; Black or African American 14%; Hispanic or Latino 4%; American Indian or Alaska Native 7%; Asian 1%</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - In employment: Intervention group: Yes 54%; No 46% Control group: Yes 56%; No 44%.</li> <li>Type of abuse - Not reported. Caregivers with substantiated report of child sexual abuse excluded from study.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>Comparison numbers - Baseline: 57 Received SAU: 19 Wave 2 post-service: 12 lost to follow-up Wave 3 follow-up: 12 lost to follow-up. See p. 1437 for diagram.</li> <li>Intervention number - Baseline: 48</li> </ul>	Effect sizes for the above are not reported. A web address is given for more information, but link is incorrect.  Effect sizes - Satisfaction with services Significant or near-significant between-group differences shown in favour of intervention group on all measures of service satisfaction and engagement. Effect sizes not given (t test only). Satisfaction: t=-4.0, p<0.05 Cultural competency: t=-1.9, p<0.10 Completed intake: t=4.8, p>0.001 Billable hours: t=5.0, p<0.001.  Narrative findings - effectiveness: The study reports that parents in the intervention group self-reported (in the Client Satisfaction Survey) greater improvements in parenting behaviours than the control group. However, 'this did not translate into significant group differences in self-reports of discipline strategies, risk and protective factors, or reports to child welfare' (p1443).  There were significant or near-significant betweengroup differences shown in favour of intervention group on all measures of service satisfaction and engagement. The authors note that, given lack of engagement is a key problem for services of this nature, this is a positive outcome. Although the differences in child welfare outcomes were non-significant, the study reports that these were 'promising' and 'in the right direction' (p1443).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Received SC+: 40 Wave 2 post-service: 5 lost to follow-up Wave 3 follow-up: 14 lost to follow-up. See p. 1437 for diagram.		
	• Sample size - Intervention: n = 48 Control: n=57.		
	Intervention category: Home visiting - SafeCare.		
	Intervention: SafeCare is based on an eco-behavioural model of maltreat- ment (Lutzker 1984). The intervention is ecological, in that it targets different		
	levels within a concentric ecological model of maltreatment. It is behavioural in relation to emphasising proxi-		
	mal skills and behaviours and 'training parents to criterion in observable skills' (p1436). SC targets parenting behaviours in relation to child health, home		
	safety and cleanliness, and parenting- child bonding. SafeCare augmented (SC+) comprises SC with the addition of Motivational Interviewing (Miller and		
	Rollnick 2004), and training home visitors on identification and response to child maltreatment and risk factors.		
	The service is provided by home visitors who are trained and observed for fidelity to the model by certified monitors. In this intervention, providers were also trained in Motivation Inter-		

comparison, outcomes)		Overall validity rating
riewing by a member of the Motiva- ional Interviewing Network of trainers. There is no information in the study re- parding the professional background or other skills of home visitors.		
n this study, those in the SC+ group eceived an average of 36 hours of inervention, and those in the SAU group eceived an average of hours of intervention. It is unclear if this is the inended 'dosage' of either intervention.		
Incidence of abuse and neglect - Measured via child welfare referrals and child removal data. These were measured using 2 'survival' out- comes: - time to first report of any abuse or neglect - time to first report of neglect. Risk of abuse and neglect - Risk and proximal maltreatment fac- tors measured via: 1. Child Abuse Potential Inventory (Milner 1986) 2. Conflict Tactics Scale - Parent-Child Version (CTS-PC) (Straus et al. 1998) 3. Beck Depression Inventory (Beck 1996) 4. Conflict Tactics Scale 2, measuring adult-to-adult conflict (Straus et al. 1996) 5. Family		
	conal Interviewing Network of trainers. here is no information in the study rearding the professional background rother skills of home visitors.  In this study, those in the SC+ group eccived an average of 36 hours of intervention, and those in the SAU group eccived an average of hours of intervention. It is unclear if this is the intended 'dosage' of either intervention.  Incidence of abuse and neglect - Measured via child welfare referrals and child removal data. These were measured using 2 'survival' outcomes: - time to first report of any abuse or neglect - time to first report of neglect.  Risk of abuse and neglect - Risk and proximal maltreatment factors measured via: 1. Child Abuse Potential Inventory (Milner 1986) 2. Conflict Tactics Scale - Parent-Child Version (CTS-PC) (Straus et al. 1998) 3. Beck Depression Inventory (Beck 1996) 4. Conflict Tactics Scale 2, measuring adult-to-adult	conal Interviewing Network of trainers. here is no information in the study rearding the professional background of other skills of home visitors.  In this study, those in the SC+ group exceived an average of 36 hours of intervention, and those in the SAU group exceived an average of hours of intervention. It is unclear if this is the intervention in the saction of the saction o

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	resources in households with children.  Satisfaction with services - Measured via: 1. Client Cultural Competence Inventory (Switzer et al. 1998) 2. Client Satisfaction Survey.  Service outcomes - Monthly Service Utilisation Report, primarily monitoring delivery of SC+ and MI.		
	Follow-up: At two time points - 1. Post-services (no earlier than 6 months after pre-service interview); 2. Follow-up (no earlier than six months after ends of services).		

# 20. Stover C (2015) Fathers for Change for Substance Use and Intimate Partner Violence: Initial Community Pilot. Family Process 54: 600–9

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The as-	Participants	Effect sizes	Overall assessment
sess the feasibility and	Children and young people -	Men in the FFC showed significantly less intrusive-	of internal validity
efficacy of the Fathers	Children- biological children under the	ness in play sessions with their child than those in the	-
for Change pro-	age of 10, who as the oldest child ei-	IDC group (mean scores in this group increased for	Mentions not all partici-
gramme for men with	ther living with the participating father	intrusiveness) (F=.875, p=.365, over time F=7.88,	pants finished treat-
history of intimate part-	or seeing them more than monthly,	p=.01). FFC fathers also showed more consistency in	ment (67% intervention
ner violence (IPV) and	were given permission to participate	parenting style than those in the IDC group (F=.78,	vs. 33% control) but
substance abuse,	by their mothers.	p=.407, over time F=4.24, p=0.08). There was no sig-	not how this affected
compared to individual	Caregivers and families -	nificant difference seen in self-reported co-parenting	the analysis or pro-
drug counselling.	Fathers (and later, their female co-	experiences and/or behaviours either over time or as	vides break down of at-
	parents) referred after domestic vio-	a result of the intervention.	trition rates. Does not
Methodology: RCT	lence and drug charges.		comment on effect
inc cluster. RCT- 18		Incidence of abuse and neglect	size, just significance.

### Research aims

out of 35 men with histories of both IPV and substance abuse, referred by the US courts or Department of Children and Families (DCF) after domestic violence or drug charges, were randomised, after baseline assessment, to receive the Fathers for Change intervention or individual drug counselling as a comparison group. Participants were included if they a) met the DSM-IV criteria for substance abuse (alcohol, cocaine, or marijuana) consumed within 30 days prior to screening; was reported to have inflicted physical violence in an intimate relationship within the 90 days prior to screening (according to court/police/or self-reports); were the biological father of at least one child under the age of 10 with whom they either lived or had more than

## PICO (population, intervention, comparison, outcomes)

### Sample characteristics

- Age Father's mean age was 30.19 (SD=6.90); target child's mean age = 3.05 (SD= 2.78).
- Sex n=18 fathers, n=10 co-parenting mothers.
- Ethnicity Ethnicity 52% African-American, 14% European American, 19% Latino, 10% Multi-ethnic, 5% other
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position 62% fathers employed at least part-time with on average 11.67 years of education.
- Type of abuse IPV and poor parent-child interaction.
- Looked after or adopted status
   N/A only looked at biological children living with either father and mother, or mother with several visits
- Unaccompanied asylum seeking, refugee or trafficked children - Not applicable.

### Sample size

from father a month.

Comparison numbers - n=9
Intervention numbers - n=9
Sample size - n=18 out of 35 eligible
men who were included after screen-

### **Findings**

Both groups reported a significant reduction in aggression, with a particular reduction in aggression by participant seen in the FFC group (F=3.73, p=0.035) and in participants reporting violence from their partner (F=3.67, p=0.037). There was a marginally significant group x time interaction for IPV (F=1.23, p=0.07). Effect size for group x time interaction calculated by review team using F values is d=0.5228.

Quality of parenting and parent-child relationships Men in the FFC showed significantly less intrusiveness in play sessions with their child than those in the IDC group (mean scores in this group increased for intrusiveness) (F=0.875, p=0.365, over time F=7.88, p=0.01). FFC fathers also showed more consistency in parenting style than those in the IDC group (F=0.78, p=0.407, over time F=4.24, p=0.08). There was no significant difference seen in self-reported coparenting experiences and/or behaviours either over time or as a result of the intervention. Reviewing team calculated effect sizes for significant results: Play intrusiveness group x time interaction: d=1.3233 Consistency in parenting style group x time interaction: d=0.9707.

### Overall validity rating

Small sample but pilot study.

## Overall assessment of external validity

+

US focus, lack of clarity on setting.

#### Overall validity score

-

Internal validity issues prevent higher rating

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
monthly visitation (if	ing referrals, agreed to participate, at-		
more than one child.	tended assessment and gave in-		
the oldest was chosen	formed consent and were not ex-		
as participant of as-	cluded after further assessment (due		
sessment and treat-	to lack of or severity of violence in the		
ment). The female co-	relationship), n=9 in each group.		
parents of eligible par-			
ticipants were con-	Intervention		
tacted (via information	Intervention category – Parenting in-		
from the courts of	tervention.		
DCF) to inform them,			
screen them, invite	Describe intervention - Fathers for		
their participation in	Change is a 4 month programme de-		
later sessions (if co-	signed to support fathers, with a his-		
parent in the interven-	tory of IPV and co-occurring sub-		
tion group) and gain	stance abuse, to cease aggression,		
their consent for	violence and substance use, to im-		
shared children to par-	prove their co-parenting, to alter their		
ticipate also. All gave	parenting behaviours in a positive		
permission for children	way, through treatment sessions in-		
to participate, 10	volving them and their child (aged un-		
agreed to participate	der 10 years), and potentially the co-		
themselves. Men were	parenting mother of their child.		
excluded if they re-			
ported suicidal or psy-	Delivered by		
chotic symptoms; had	Therapists - intervention and control		
a history of bipolar or	drug counselling. Research assis-		
psychotic disorders, if	tants - administering self-reporting		
review of police rec-	questionnaires.		
ords and interview with			
female co-parent re-	Delivered to		
vealed significant use	Fathers, their children and their co-		
of coercive control;	parents.		
had a history of severe			
violence (strangulation;	Duration, frequency, intensity, etc.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
use/threats of with a	60 minute session covering 14 topics		
weapon, threats to kill)	over 16 weeks/4 months.		
female co-parents re-			
ported a fear of the fa-	Key components and objectives of in-		
ther or if they stated	tervention		
they did not want their	There are three phases - individual		
child participating. As-	sessions with the father, designed to		
sessment at baseline	achieve abstinence from aggressions		
was via a series of	and substance abuse, co-parenting		
questionnaires com-	sessions (if the mother has agreed to		
pleted by fathers and	participate), designed to improve co-		
their children's moth-	parenting communication, and re-		
ers (on separate days	storative parenting sessions, de-		
and receipt of \$50) on	signed to improve parenting quality		
severity of violence,	and/or the father-child relationship.		
severity of substance	Co-parenting mothers are invited to		
abuse, parenting, psy-	meet the therapist separately after ini-		
chiatric issues and the	tial assessment and just before the		
father-child relation-	co-parenting sessions begin to en-		
ship. Fathers were ob-	sure they feel comfortable and safe,		
served during a play	understand the programme and feel		
assessment with the	able to voice any concerns about the		
child chosen to partici-	relationship (after which it will be as-		
pate. Urn randomisa-	sessed whether it is safe to begin co-		
tion software was used	parenting phase). They can partici-		
to randomise partici-	pate in up to 6 sessions with the fa-		
pants to ensure com-	ther. During the intervention sessions		
parability of each	cover 14 topics which draw on attach-		
group. During the inter-	ment, family systems and cognitive		
vention period, male	behavioural theory. The intervention		
participants met with	builds on the central idea that in-		
research assistants	creasing these men's feelings of com-		
(blinded to their group	petence and meaning as a father will		
status) weekly to com-	give them the motivation to change		
	their behaviour.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		, c
plete further self-as-			
sessment of substance	Location/place of delivery		
abuse (SA), IPV, and	Not clear.		
parenting behaviours.			
Therapy sessions were	Describe comparison intervention		
videotaped and coded	Evidence-based individual drug coun-		
for treatment fidelity by	selling with the fathers only, incorpo-		
trained independent	rating the disease model of addiction		
coders, using either	and 12-step treatment.		
the Yale Adherence			
and Competence	Outcomes measured		
Scale-II (Nuro et al.	Incidence of abuse and neglect		
2007) for intervention	Self-reported aggression and/or phys-		
group or Adherence-	ical violence between father and part-		
Competence scale for	ner. Not specified whether this vio-		
Individual Drug Coun-	lence also aimed at children.		
selling (Barber et al.	Quality of parenting and parent-child		
1996). Following inter-	relationships		
vention, participants	Improved father-child interaction dur-		
completed a posttreat-	ing play (reduced intrusiveness, im-		
ment assessment and	proved tone of voice, improved levels		
a 3 month follow up	of activity and interest), consistency		
with research assis-	of parenting style, co-parenting un-		
tants blinded to group	dermining and conflict - see method-		
status of participants.	ology for measures.		
The Addiction Severity			
Index was used to	Follow-up		
measure the severity	Posttreatment assessment followed		
of substance abuse in	up after 3 months with research as-		
the month prior to ran-	sistants blinded to group status of		
domisation; the Time-	participants.		
line Follow-back-			
Spousal Violence and	Costs		
TimeLine Follow-back-	No.		
Substance Use			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
(7) 50 0) ( 175) 50	comparison, outcomes)		
(TLFB_SV and TFLFB-			
SA, Sobell and So-			
bell, 1995; Fals-Stew-			
art et al. 2003) was			
used during the weekly			
assessments to as-			
sess violence and SA			
during treatment; the			
Revised Conflict Tac-			
tics Scale (CTS2;			
Straus et al. 1996) was			
used to assess via			
self-reporting the			
amount of violence			
used by the fathers			
against the mother of			
the participating child			
in the past year. The			
Co-parenting Relation-			
ship Scale (CRS; Fein-			
berg 2003) was used			
to describe the quality			
of the co-parenting re-			
lationship, drawing on			
its co-parenting conflict			
and co-parenting un-			
dermining scales for			
this study. Four tasks			
were selected from the			
Child Interactive Be-			
haviour Rating (Feld-			
man 1998), designed			
to evaluate video-rec-			
orded interactions be-			
tween parents and			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
their children were			
used by assessment			
sessions during this			
study, altering based			
on the child's age (2			
being developmentally			
below and 2 ad-			
vanced). Following 15			
minutes of free-play,			
fathers were asked to			
introduce their children			
to each task one at a			
time, putting the task in			
front of the child and			
asking them to com-			
plete it. These video-			
recorded interactions			
were coded by 2			
trained (by the			
founder) coders using			
7 relevant scales from			
the Child Interactive			
Behaviour Coding sys-			
tem - 3 adult (intrusive-			
ness; hostility; and			
consistency) 4 dyadic			
(tension; reciprocation;			
fluency and con-			
striction). Participants			
also completed a mod-			
ified Client Satisfaction			
Questionnaire 8 (Do-			
novan et al 2002;			
Larsen et al. 1979) to			
note their satisfaction.			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Repeated measures analysis was conducted to understand the effect of the intervention.			
Country: Not UK. USA.			
Source of funding: Government. National Institute on Drug Abuse.			

### 21. Thomas R and Zimmer-Gembeck MJ (2012) Parent-child interaction therapy: An evidence-based treatment for child maltreatment. Child Maltreatment 17: 253–66

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To investi-	Participants: Caregivers and families	Effect sizes - Risk of abuse and neglect: Non-sig-	Overall assessment
gate the effectiveness	-Female caregivers and their children.	nificant difference between groups in parent child	of internal validity: +
of a Standard Parent–	Participants were referred from child	abuse potential scores from baseline to 12 weeks af-	
Child Interaction Ther-	protection authorities (34.2%), gov-	ter intervention. Standard PCIT: Baseline - 153.9, fol-	Overall assessment
apy (S/PCIT) treatment	ernment health services (19.7%), and	low-up 137.1 Waiting list: Baseline - 155.1 follow-up	of external validity: +
protocol with mothers	education and nongovernment social	149.1 (ES-Cohen's d = -0.01, p=0.315).	
who were at high risk	service organisations (18.4%). Parent		Overall validity
or who had a history of	self-referrals were also accepted	Effect sizes - Quality of parenting and parent-	score: +
maltreating their chil-	(27.6%). Families referred from child	child relationships: Changes in parent observed be-	
dren.	protection were classified as having	haviours - quality of parents' verbalisations when in-	
	engaged in child maltreatment.	teracting with their children.	
Methodology: RCT.		<ul> <li>Use of praise at baseline and at 12 weeks after in-</li> </ul>	
Part of a larger RCT of	Sample characteristics:	tervention (% of talk) S/PCIT: Baseline 3.6; Follow-	
PCIT where partici-	Age - Caregivers mean age 33.9	up 12.4 Waiting list: Baseline 3.7; Follow-up 4.3	
pants were allocated to	years (SD 7.31), children's mean	(ES- Cohen's d=1.40; p=0.00).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
time-variable PCIT (TV/PCIT), standard PCIT (S/PCIT) or wait-list. (Thomas and Zimmer-Gembeck 2011). Data collection: pre-and post- assessment self-report question-naires, also videotaped pre-assessment.  Country: Australia.  Source of funding: Government - The Future Directions Prevention and Early Intervention Trials, Queensland Department of Child Safety, Australia.	<ul> <li>age 4.57 years (SD 1.3).</li> <li>Sex - Caregivers were all female, children = 70.4% male.</li> <li>Ethnicity - 74% of caregivers were born in Australia, 1.4% of Aboriginal or Torres Strait Islander descent.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Most mothers had completed some high school (81%) and 16.5% had some tertiary education.</li> <li>Type of abuse - Different subtypes of maltreatment. Sexual abuse cases were excluded as PCIT has been contraindicated for children with a history of sexual abuse.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>Comparison numbers - Waiting list n=91 female carers (more families to waiting list group than S/PCIT group due to continuous recruitment from 2002-9).</li> <li>Intervention numbers - S/PCIT,</li> </ul>	<ul> <li>Use of Description/reflection at baseline and at 12 weeks after intervention (% of talk) S/PCIT: Baseline 43.8; Follow-up 61.5 Waiting list: Baseline 45.1; Follow-up 46.8 (ES- Cohen's d=1.28; p=0.00).</li> <li>Use of questions score at baseline and at 12 weeks after intervention (% of talk) S/PCIT: Baseline 37.3; Follow-up 16.7 Waiting list: Baseline 36.9; Follow-up 35.7 (ES- Cohen's d=-1.50; p=0.00).</li> <li>Use of commands at baseline and at 12 weeks after intervention (% of talk) S/PCIT: Baseline 13.4; Follow-up 7.9 Waiting list: Baseline 12.8; Follow-up 10.8 (ES- Cohen's d=-0.39; p=0.18).</li> <li>Use of negative talk at baseline and at 12 weeks after intervention S/PCIT: Baseline 1.7; Follow-up 0.8 Waiting list: Baseline 1.3; Follow-up 1.9 (ES- Cohen's d=-0.61; p=0.002).</li> <li>Parental sensitivity scores at baseline and at 12 weeks after intervention S/PCIT: Baseline 5.6 Follow-up 6.3 Waiting list: Baseline 5.3 Follow-up 5.4 (ES- Cohen's d=-0.47; p=0.008).</li> <li>Effect sizes - Children and young people's health and wellbeing outcomes: Parents' report on child externalising and internalising symptoms:</li> <li>Externalising behaviours scores at baseline and at 12 weeks after intervention S/PCIT: Baseline 64.5; Follow up 62.9 (ES -Cohen's d=-0.38, p=0.000).</li> <li>ECBI Intensity scores at baseline and at 12 weeks after intervention S/PCIT: Baseline 149.8; Follow-up 133.7 Waiting list: Baseline 149.1; Follow-up 143.1 (ES -Cohen's d=-0.27, p=0.019).</li> <li>ECBI Problem scores at baseline and at 12 weeks after intervention S/PCIT: Baseline 149.1; Follow-up 143.1 (ES -Cohen's d=-0.27, p=0.019).</li> <li>ECBI Problem scores at baseline and at 12 weeks after intervention S/PCIT: Baseline 19.1; Follow-up 143.1 (ES -Cohen's d=-0.27, p=0.019).</li> </ul>	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	N=61 female carers (less families	13.5 Waiting list: Baseline 18.0; Follow-up 17.5 (ES	
	than waiting list as recruitment	-Cohen's d=-0.61, p=0.000).	
	started from 2007–9).	<ul> <li>Internalising symptoms scores at baseline and at</li> </ul>	
	<ul> <li>Sample size - 152 female carers.</li> </ul>	12 weeks after intervention S/PCIT: Baseline 54.6;	
		Follow-up 49.8 Waiting list: Baseline 56.5; Follow-	
	Intervention category: Parent–Child	up 55.1 (ES -Cohen's d=-0.30, p=0.014).	
	Interaction therapy.		
		Effect sizes - Caregiver/parent health and wellbe-	
	Intervention: Parent-Child Interac-	ing outcomes: Parental stress and depression.	
	tion Therapy was developed to im-	Parental stress scores due to the child from base-	
	prove parenting skills and parent-	line to 12 weeks after the intervention: S/PCIT:	
	child interactions among families	Baseline: 134.4; Follow-up 125.5 Waiting list: Base-	
	struggling with their children's (aged	line 132.5; Follow-up 130.5 (ES-Cohen's d=-0.24;	
	3-7) behavior problems. It was con-	p=0.041)	
	ducted using didactic sessions to	Parental stress scores due to the parent from base-	
	teach parents communication skills	line to 12 weeks after the intervention: S/PCIT:	
	that foster positive parent-child rela-	Baseline 147.7; Follow-up 144.7 Waiting list: Base-	
	tionships. Standard Parent-Child In-	line 145.4; Follow-up 144.4 (ES-Cohen's d=-0.07;	
	teraction Therapy (S/PCIT) has two	p=0.591)	
	phases termed child-directed interac-	Parental depression scores from baseline to 12	
	tion (CDI) and parent-directed inter-	weeks after the intervention: S/PCIT: Baseline 14.0;	
	action (PDI). Progression from the	Follow-up 12.0 Waiting list: Baseline 15.1; Follow-	
	first to the second phase occurred af-	up 11.0 (ES-Cohen's d=0.19; p=0.153).	
	ter 6–8 coaching session regardless	,	
	of whether mastery criteria was	Narrative findings – Risk of abuse and neglect:	
	achieved. Each phase begins with a	There were no significant differences between	
	didactic session designed to teach	S/PCIT and waitlist participants in changes in total	
	specific skills. The remainder of PCIT	child abuse potential scores.	
	involves ' direct coaching sessions	·	
	that provide the parent with immedi-	Narrative findings – Quality of parenting and par-	
	ate praise for appropriate responses	ent-child relationships: There was large effects ob-	
	to their child's behavior and remedia-	served for S/PCIT participants compared to waitlist	
	tion of inappropriate responses'	for praise and descriptions and reflections, and me-	
	(p257). In this study, treatment was	dium-to-large effects in decreasing questions, com-	
	concluded after a maximum of 12	mands, and negative talk. Also, a significant medium	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	sessions. The coaching intervention was delivered by six psychologists trained in PCIT who received weekly supervision. Masters and doctoral	effect was observed for parental sensitivity, with greater improvement among S/PCIT participants compared to waitlist.	
	level psychologists trained in PCIT implemented the intervention.	Narrative findings – Children and young people's health and wellbeing: S/PCIT participants reported greater reductions in their child's externalising behav-	
	Comparison intervention: Waiting list 'Participants allocated to the wait-list were contacted weekly by phone	iours and internalising symptoms compared to waitlist participants with small-to-medium effects.	
	by an allocated PCIT psychologist for brief conversations regarding family and other concerns. Parents in the waitlist group were asked to refrain from family therapy and therapeutic assistance with child behavior management for the duration of 12 weeks. At the end of 12 weeks, families were offered S/PCIT' (p257).	Narrative findings – Parental health and wellbeing: The authors also reported that a small but significant effect for reductions in parent stress attributed to the child compared to the waitlist participants. There were no significant differences between S/PCIT and waitlist participants in changes in maternal depression and stress due to parent concerns.	
	<ul> <li>Outcomes measured:</li> <li>Risk of abuse and neglect - Parents' child abuse potential, using the Child Abuse Potential Inventory.</li> </ul>		
	<ul> <li>Quality of parenting and parent- child relationships - Parent ob- served behaviors using the Dyadic Parent-Child Interaction Coding System III to assess the quality of parents' verbalisations when inter- acting with their children.</li> </ul>		
	<ul> <li>Children and young people's health and wellbeing outcomes - Parents'</li> </ul>		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	report on child externalising and in-		
	ternalizing symptoms using the		
	ECBI (Child Abuse Potential Inven-		
	tory).		
	Caregiver/parent health and wellbe-		
	ing outcomes - parent stress and		
	depression measured using the		
	Parenting Stress Inventory, and the		
	Beck Depression Inventory II.		

# 22. Thomas R and Zimmer-Gembeck MJ (2011) Accumulating evidence for parent-child interaction therapy in the prevention of child maltreatment. Child Development 82: 177–92

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The study aimed to examine the effectiveness of a standard Parent Child Interaction Therapy programme for mothers at a high risk of child maltreatment or those with a history of child maltreatment. The authors note that there is little evidence on the effectiveness of parenting programmes for families involved with the child protection system. The authors also aimed to identify which outcomes	'suspect' by a professional, or self-referred. Mothers of children who had been sexually abused were excluded as was one mother with substance abuse issues.  Sample characteristics:  Age - Not reported by group. The mean age of the total sample was 33.5 (SD=8.9). Mean age of participants children was 5 (SD=1.6).  Sex - All participants were female.	Effect sizes - Incidence of abuse and neglect: Suspected maltreatment: As the control group was offered treatment after 12 weeks data from this group was not included in the analysis. Instead, analysis (chi-square) focused on whether completion of treatment (in the intervention group) was associated with fewer notifications to child protection services. There was a significant difference between those who completed treatment and those who did not. Of those who completed treatment (n=43), 17% were the subject of notifications post treatment compared to 43% (n=53) of families who dropped-out of the programme (x2=7.7, p<0.01). The study also found that participants who had been referred via child protection services were less likely to be the subject of further notifications post treatment. 47% of these families who completed treatment received another notification compared to 73% of families who had not completed treatment (x2=2.8,	Overall assessment of internal validity: +  Overall assessment of external validity: +  Overall validity score: +

were associated with a reduction in child abuse were boys and 29% were girls. p=0.092).  • Ethnicity - Not reported.	
and the role of maternal sensitivity specifically.  Methodology: RCT.  Country: Not UK - Australia.  Source of funding: Government - Partially funded by the Future Directions Prevention and Early Intervention Trials, Queensland Department of Child Safety, Australia. No other details on funding provided.  Sample size:  Comparison numbers - n=91 at baseline. 71% completed a follow-up assessments.  Sample size - Comparison group: n=51 at baseline. 71% completed a follow-up assessments.  Sample size - Comparison group: n=51 at baseline. 71% completed a follow-up assessments.  Religion/belief - Not reported.  Disability - Not reported.  Disability - Not reported.  Long term health condition - Not reported.  Sont reported.  Source of funding: Government - Partially funded by the Future Directions Prevention and Early Intervention and been sexually abused were excluded from the study because sexual abuse is contraindicated for Parent Child Interaction Therapy' (p180).  Looked after or adopted status - Not reported.  Sample size:  Comparison numbers - n=51 at baseline. 71% completed a follow-up assessment.  Intervention numbers - n=99 at baseline. 42% completed all follow-up assessments.  Sample size - Comparison group: n=51 at baseline. 71% completed all follow-up assessments.  Effect sizes - Risk of abuse and net abuse potential at 12 week assessment on 0.02 (d), cmitor 0.09 (d). Effect sizes - Quality of parenting betweek assessment - Praise: Intervention 1.17 (d), control 0.18 (d), control 0.12 (d). Between group -0.18 (d). F value <0.001. Questions: -1.70 (d). F value <0.001. Quest	ent: Intervention - een group 0.08 Id abuse potential in compared to i.83, p value  and parent-child ehaviours at 12 on 2.13 (d), con- i. F value 30.50, p ion: Intervention oup 0.95 (d). F ins: Intervention - roup -1.48 (d). F inds: Intervention group -0.39 (d). F inaternal sensitivity in -0.06 (d), control value 0.38, p- aviours at treat- ine (n=41) — iue <0.001. De- iulue 31.92, p ivalue 68.34, p is value 10.49, p- isitivity at treat- ine (n=41): 0.38

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	follow-up assessment. Intervention	and wellbeing outcomes: Child behaviour problems	
	group: n=99 at baseline. 42% com-	(parent reported) at 12 week assessment - Externalis-	
	pleted ALL follow-up assessments.	ing: Intervention -0.47 (d), control -0.07 (d). Between	
	Intervention category: Parenting pro-	group -0.40 (d). F value 6.66, p value 0.12. Intensity: Intervention -0.63 (d), control 0.01 (d). Between group	
	grammes.	-0.64 (d). F-value 17.60, p value <.001. Problematic:	
	grammes.	Intervention -0.64 (d), control 0.07 (d). Between group	
	Intervention: Standard (i.e. without a	-0.71 (d). F value 11.01, p value .001. Internalising: In-	
	motivational component) Parent Child	tervention -0.36 (d), control -0.21 (d). Between group -	
	Interaction Therapy programme. In-	0.15 (d)value 1.41, p value .239. Child behaviour	
	cluded 'didactic sessions' and coach-	problems (teacher reported, externalising and internal-	
	ing sessions (conducted with parent	ising) at 12 week assessment – ds = $-0.13$ to 0.16. (p	
	and child as therapist observes via a	values and data are not reported). Child behaviour	
	one-way mirror and communicates	problems (parent reported) at treatment completion	
	with the parent using a 'bug-in-the-	compared to baseline (n=41) - Externalising: -0.78 (d).	
	ear'). Intervention provided by psy-	F value 25.48, p-value <0.001. Intensity: -1.27 (d). F	
	chologists. Parents were first coached	value 112.50, p value <0.001. Problematic: -1.33 (d). F	
	in Child Directed Interaction and when	value 65.34, p value <0.001. Internalising: -0.64 (d). F	
	'mastery' of this was achieved mothers were taught Parent Directed Interac-	value 16.74, p value <0.001.	
	tion. Child Directed Interaction teaches	Effect sizes - Caregiver/parent health and wellbe-	
	' specific nondirective, interactional	ing outcomes: Parent stress at 12 week assessment	
	parent skills' (p181). The aim is to fos-	- Stress due to child: Intervention -0.33 (d), control -	
	ter a positive relationship in which the	0.20 (d). Between group -0.13 (d). F value 4.95, p	
	parents reward desirable behaviour	value .029. Stress due to parent: Intervention -0.29 (d),	
	and ignore undesirable behaviour.	control 0.00 (d). Between group -0.29 (d). F value	
	Parent Directed Interaction helps par-	5.59, p-value .021. Parent stress at treatment comple-	
	ents to understand their child's devel-	tion compared to baseline (n=41) – Stress due to child:	
	opmental level and manage their own	-0.83 (d). F-value 52.69, p value <0.001. Stress due to	
	expectations in relation to this and	parent: -0.50 (d). F value 27.78, p value <0.001.	
	their child's behaviour. It also teaches	Neverth of Carling - Effective and Det	
	behaviour management strategies and	Narrative findings – Effectiveness: Between group	
	aims to help parents to develop reasonable and consistent limits. Parents	differences at 12 weeks using ANOVA: There were no statistically significant differences between groups on	
	SUNADIE AND CONSISTENT INNIES. FAIENTS	places between groups on	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	were also expected to practice these skills at home. Treatment was completed when parents achieved 'mastery' rather than being time-limited.  Comparison intervention: Waitlist only although parents were contacted on a weekly basis to discuss concerns related to their family or other issues.	the child abuse potential scale; and between groups differences in notifications to child protection services were not measured. There was a significant difference between groups (in favour of the intervention group) on observed verbalisations of praise (p=<0.001), observed verbalizations of description and reflection (p=<0.001), and observed questions (p=<0.001). However, no significant differences were found between groups on observed commands or observed maternal sensi-	
	Outcomes measured:	tivity.	
	<ul> <li>Incidence of abuse and neglect -         Suspected maltreatment was measured using official records from child protection services. Substantiated maltreatment after notification was not measured and no data on perpetrators was available as notifications were recorded with reference to children specifically.</li> <li>Risk of abuse and neglect - Parent child abuse potential was measured using the Child Abuse Potential Inventory (Milner 1986).</li> <li>Quality of parenting and parent-child relationships - Observed parenting behaviours were measured using the Dyadic Parent-Child Interaction Coding System III (Eyberg et al. 2004). Maternal sensitivity (observed) was measured using a modified version of a subscale of the Emotional Availability Scales (Biringen et al. 2000).</li> </ul>	The authors report that there were no significant differences between groups on teacher reported child behaviour problems (internalising and externalising), however the data on this measure are not included in the tables, which only include parentally reported child behaviour problems. Significant differences were found between groups (in favour of the intervention group) on parentally reported externalising behaviours of the child (p=0.012), however there were no significant differences between groups on parental reports of internalising problems. Significant between groups differences (in favour of the intervention) were found using the ECBI intensity scale (p=<0.001) and the ECBI problem scale (p=0.001).  On measures of parental stress, statistically significant between groups differences (in favour of the intervention group) were found in parental stress 'due to the child' (p = 0.029) and parental stress 'due to the parent' (p=0.021). When between group differences were found the authors calculated clinical significance and reliable change indices.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Children and young people's health and wellbeing outcomes - The authors measured child symptoms using four scales. Child behaviour problems (intensity and whether these are deemed problematic) were measured using the Eyberg Child Behavior Inventory (reported by parents) and the Sutter-Eyberg Student Behavior Inventory-Revised (reported by teachers). (Both developed by Eyberg and Pincus 1999 and designed for children aged 2-16). Internalising and externalising symptoms were measured using the Child Behavior Checklist (reported by parents) and the CBCL/Teacher Report Form (reported by teachers). (Achenbach, 1991). The Child Behavior Checklists for children aged 4–18 and 2–3 were used.</li> <li>Caregiver/parent health and wellbeing outcomes - Parent stress was measured using the Parenting Stress Inventory (Abidin 1990).</li> <li>Follow-up: Intervention and control groups were followed up at 12 weeks. After this the control group was offered treatment but data from this group was not used in further analysis. Parents randomised to the intervention group were also assessed at treatment completion and one month later.</li> </ul>	scores (p=<0.001), stress due to the child (p=<0.001), stress due to the parent (p=<0.001), observed verbalisations of praise (p=<0.001), observed verbalisations of description and reflection; and observed verbalisations of questions (p=<0.001). There were no significant within group effects on measures of observed maternal sensitivity and observed commands.  Differences between those who completed treatment and those who did not: The authors report significant differences in notifications to child protection services between mothers who completed treatment and those who did not (p<0.01).	

23. Zielinski DS, Eckenrode J, Olds DL (2009) Nurse home visitation and the prevention of child maltreatment: Impact on the timing of official reports. Development and Psychopathology 21: 441-453

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating.
Study aim: 'This study examined the effects of the Nurse Family Partnership (NFP), a program of prenatal and infancy home visiting by nurses, on the timing of verified reports of child	Participants: Children and young people - Firstborn children of predominantly unmarried, low-income mothers. Caregivers and families - Predominantly unmarried, low-income mothers.	Effect sizes - Incidence of abuse and neglect (all types of maltreatment): Data analysed using survival functions, with estimated Cox proportional-hazard regression models. Main effect of group was not significant across the 15-year period (68% of comparison children 'survived' to age 15, compared to 76% of nurse-visited children - B=-0.31, se=0.26, p=0.23).	Overall assessment of internal validity: +  Overall assessment of external validity: +  Overall validity score: +
maltreatment' (p441).  This paper builds on a study reported in Olds et al. (1986) and Olds and Eckenrode (1997).  Methodology: RCT.  Country: Not UK – USA.  Source of funding:  Government.  Voluntary/Charity.	<ul> <li>Sample characteristics:</li> <li>Age - 47% &lt;19 years of age.</li> <li>Sex - Apparently all female.</li> <li>Ethnicity - 89% European American, 11% African American.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Not reported.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>Comparison numbers - n=144.</li> </ul>	Differences in shape of survival functions was tested by examining treatment x time interactions. Interaction between treatment group and continuous time was not significant (B=-0.07, se=0.06, p=0.26). Interaction between treatment group and time periods was significant, showing a significantly higher treatment effect between ages 4 and 15 compared to ages 0 to 4 (B=2.13, se=0.43, p=0.00). Analysis of neglect cases There was a main effect of treatment group, with nurse-visited children less likely to ever be reported for neglect (B=-0.53, se=0.29, p=0.06).  There was a marginally significant interaction between group and continuous time, in favour of the treatment group (B=-0.15, se=0.08, p=0.07). There was a marginally significant interaction between group and time period, in favour of the treatment group (B=2.40, se=0.51, p=0.00). The high risk subgroup showed a significant main effect of treatment (B=-0.89, se = 0.43, p=0.04), but treatment x time interaction was not significant (B=-0.20, se=0.13, p=0.12).	

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating.
	Intervention number - n=116. Sample size - total sample n=237.  Intervention category: Family Nurse Partnership.  Intervention: Visiting by a public health nurse throughout pregnancy, until the child's second birthday. This was in addition to sensory and developmental screening for the child at 12 and 24 months, based upon which children were referred for further clinical evaluation and treatment; free transportation services for prenatal and well-child care up to child's second birthday. The goal of nurse visits is to: a) improve the outcome of pregnancy by improving prenatal health b) improve the child's health and development by improving parents' competence in early care c) improve mothers' economic self-sufficiency. The study reports that 'although nurses used detailed assessments, record-keeping forms and protocols to guide their educational activities and work with families, they also adapted the content of their home visits to the individual needs of each family. The nurses spent considerable attention to developing a close working relationship with the mother and her family' (p444).	Narrative findings – Effectiveness: This study looked at how nurse home visitation affected the occurrence and timing of official reports of abuse and neglect. The study found that the intervention did not have a significant impact on the overall occurrence of official reports of abuse and neglect, but it did affect the trajectory of risk, with reports of abuse and neglect for the treatment group 'levelling off' over time compared to the comparison group. However, the authors do note that this could also represent a decrease in surveillance bias as families stop receiving the home visiting intervention (p452).  Looking at all forms of maltreatment, there was no difference between conditions in relation to reports of abuse and neglect over time as a whole. However, when time was divided in to two distinct period (Child age 0–4 and 4–15) there was a significant difference, in which the likelihood of reports of maltreatment was significantly less for home-visited children in the 4–15 age category than for the 0-4 age category. The authors note that 'where maltreatment did occur in the nurse-visited group [it] was confined to instances that occurred early' (p451). They note the implications for children's development - the results suggest that risk for non-home-visited children were more persistent and durable over time, therefore potentially having more negative impacts on development.  Looking at neglect specifically, reports were significantly less likely in the treatment group when measuring time as a whole, or in two distinct periods. The authors note that 'when neglect was specifically exam-	

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating.
	Nurses scheduled to visit once every other week during pregnancy, once a week for first 6 weeks postpartum, and on a diminishing schedule until 2 years of age. Nurses completed an average of 9 visits during pregnancy (sd=3) and 23 (sd=15) from birth to child's second birthday.  Comparison intervention: Comparison comprised three conditions comprising successive addition of the following components: i) sensory and developmental screening for the child at 12 and 24 months, based upon which children were referred for further clinical evaluation and treatment; ii) free transportation services for prenatal and well-child care up to child's second birthday iii) visiting by a public health nurse during pregnancy.  Outcomes measured:  Incidence of abuse and neglect - Reports of maltreatment recorded in CPS reports. Study also looks at type of maltreatment.  Follow-up: At 15 years.	ined, first-time reports ceased among children who received the intervention by approximately age 8' (p449). In the high risk subgroup (mothers who were both unmarried and had low SES at programme initiation) there was a significant effect of treatment, meaning that there were overall fewer reports of maltreatment in the high risk subgroup who received treatment, compared to those who did not. However the time by treatment interaction effect was less strong. This may be in part due to reduced statistical power due to the smaller sample size in this subgroup.	

Review question 10 – What is the impact of interventions aiming to provide early help to children and young people identified as at risk of child sexual abuse? (Prevention of occurrence)

No eligible studies found.

Review question 11 – What is the impact of interventions aiming to provide early help to children and young people identified as at risk of female genital mutilation? (Prevention of occurrence)

No eligible studies found.

Review question 12 – What is the impact of interventions aiming to provide early help to children and young people identified as at risk of forced marriage? (Prevention of occurrence)

No eligible studies found.

Review question 13 – What is the impact of interventions aiming to provide early help to children and young people identified as at risk of internal child trafficking? (Prevention of occurrence)

No eligible studies found.

Review question 14 – What aspects of professional practice and ways of working support and hinder the effective early help of children and young people at risk of child abuse and neglect?

Review question 14 - Critical appraisal tables

1. Allen SF (2007) Parents' perceptions of intervention practices in home visiting programs. Infants and Young Children 20: 266-81

Internal validity - approach and sample	Internal validity - performance and analysis	External validity	Overall validity rating
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed? Clear. In the context of the Help Me Grow home visiting	question match the review question? Yes. Parents' percep-	validity: +
Is the study clear in what it seeks to do? Clear.	programme.	tions of assets and barriers to intervention practices.	Overall assessment of external validity: +
	Was the sampling carried out in	'	
How defensible/rigorous is the research design/methodology? Defensible. Interviews using openended questions.	an appropriate way? Appropriate. Randomly selected from the database of all families enrolled in two Ohio based Help Me Grow programmes.	Has the study dealt appropriately with any ethical concerns? Yes. Passed a full review of the university institutional review board.	Overall validity rating: +
How well was the data collec-			
tion carried out? Appropriately.	Were the methods reliable? Re-	Were service users involved in	
Interviews included four open- ended questions.	liable. A small pilot study to test the coding system and resolve	<b>the study?</b> Yes. Implicit, no consent from participants reported.	

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis	-	
	any differences in interpretation.		
	Iterative process - new categories	Is there a clear focus on the	
	were added at each stage of the	guideline topic? Yes.	
	process and any disagreement		
	discussed until consensus was	Is the study population the	
	reached.	same as at least 1 of the groups	
		covered by the guideline? Yes.	
	Are the data 'rich'? Rich.	Families of children who are at	
		risk for developmental delays or	
	Is the analysis reliable? Relia-	maltreatment.	
	ble. 'Content analysis procedures		
	followed a number of steps to de-	Is the study setting the same as	
	rive valid themes from the data	at least 1 of the settings cov-	
	(Smith 2000; Weber 1990). The	ered by the guideline? Yes.	
	researcher transcribed all parents'	Home visitation.	
	responses grouped by respondent		
	and by question. Two research as-	Does the study relate to at least	
	sistants analysed the content with	1 of the activities covered by	
	the researcher to provide a sys-	the guideline? Yes. A home visit-	
	tem of checks and balances'	ing programme.	
	(pp274–5).	<u></u>	
	A se the final second section	(For views questions) Are the	
	Are the findings convincing?	views and experiences reported	
	Convincing.	relevant to the guideline? Yes.	
	And the conclusions of a section	Does the study have a UK per-	
	Are the conclusions adequate?	spective? No. USA.	
	Adequate.		

2. Ayerle GM, Makowsky K, Schücking BA (2012) Key role in the prevention of child neglect and abuse in Germany: Continuous care by qualified family midwives. Midwifery 28: e529–37

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
	scribed? Unclear. Few details are	question match the review	validity: -

Internal	validity	- a	pproach	and
sample				

**priate?** Appropriate. The researchers aimed to gather views on the family midwife (FM) role in order to complement quantitative data measuring the effectiveness of the role.

Is the study clear in what it seeks to do? Clear. The qualitative component has a clear research question which is to investigate the '... factors which influence support by FM for the families, such as acceptance and access from the mothers' perspective' (pe530).

### How defensible/rigorous is the research design/methodology?

Somewhat defensible. The authors provide a relatively clear account of their reasons for choosing a qualitative approach and their methods of data analysis, however it is not clear why mothers in Lower Saxony were chosen for interview rather than those in Saxony-Anhalt from whom quantitative data was collected. In addition, the authors do not specify why they did not interview Family Midwives themselves.

How well was the data collec-

## Internal validity - performance and analysis

provided, only that all '... but one interview were conducted in the families' homes ...' (p e532).

Was the sampling carried out in an appropriate way? Not sure. It is not clear which families in Lower Saxony were invited to take part in interviews or why only families in this region were considered for participation in interviews rather than those in Saxony-Anhalt from whom the majority of quantitative data was collected. The characteristics of these families are not reported meaning that the extent to which the participants are representative is unclear.

Were the methods reliable? Not sure. Although the authors discuss triangulation this relates to the decision to collect both quantitative and qualitative data. There is no indication that qualitative data was collected from more than one source.

Are the data 'rich'? Mixed. Although diversity of perspective is discussed the level of detail provided is relatively minimal. There is no consideration of context and no real comparative element.

#### **External validity**

#### question?

Yes. The qualitative component of the research was devised to '... investigate factors which influence support by FM for the families, such as acceptance and access from the mothers' perspective' (pe530).

Has the study dealt appropriately with any ethical concerns? Yes. Informed consent was sought from mothers participating in interviews and approval from institutional ethics committees was given.

Were service users involved in the study? No. No indication that service users were involved at the design stage.

Is there a clear focus on the guideline topic? Yes. The programme aims to prevent child abuse and neglect in 'vulnerable' families.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. 'Vulnerable' families and social workers working in this field.

Is the study setting the same as

#### Overall validity rating

A key limitation of the study is the failure to give any detail regarding sampling processes and the characteristics of the participants which means that it is difficult to determine the extent to which the sample is representative.

Overall assessment of external validity: ++

Overall validity rating: -

Key limitations of the study include a lack of detail regarding methodological concerns such as data collection and the failure to give any detail regarding sampling processes and the characteristics of the participants means that it is difficult to determine the extent to which the sample is representative.

Internal validity - approach and sample	Internal validity - performance and analysis	External validity	Overall validity rating
tion carried out? Somewhat ap-	Is the analysis reliable? Some-	at least 1 of the settings cov-	
propriately. Whilst the data collection process is relatively clear there is not a great deal of detail	what reliable. Interviews were recorded and then transcribed 'wordto-word'. 'Deductive' categories	ered by the guideline? Yes. FMs visit families in their homes.	
provided and it is not clear whether structured or semi structured interviews were used.	were determined based on the objectives of the study (e.g. satisfaction with the FM and views on their collaborative role). From these, 'inductive subcategories' were generated. The authors refer to a range of research techniques which they used and describe their continuous reflection on data interpretation as 'empirical anchoring' (p e532). The authors do not report how they dealt with discrepancies.	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Relevant to early help - the programme aims to prevent child abuse and neglect in 'vulnerable' families.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes. Views on the FM role, an intervention aiming to prevent child abuse and neglect in 'vulnerable' families.	
	Are the findings convincing?	iles.	
	Somewhat convincing. Findings are clearly presented, internally coherent and the data is generally well referenced. However, the reporting of interviews with social workers is very brief and there are no quotations from these participants. The Guideline Committee may also wish to bear in mind that the research was originally conducted in German and quotations were translated by the authors.	Does the study have a UK perspective? No. German.	
	Are the conclusions adequate? Somewhat adequate. The author's		
	conclusions seem plausible and		

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
	coherent, however the links be-		
	tween data and interpretation are		
	not always clear, for example, the		
	authors state in their conclusions		
	that continuous care facilitated		
	trust of the family midwife, how-		
	ever, this theme was not apparent		
	in the findings section of the study.		
	Limitations of the study are dis-		
	cussed but not in significant detail		
	and the authors conclude that be-		
	cause the interviewers had not		
	been involved in the care of the		
	families this mitigated against the		
	possibility that the mothers would		
	give 'socially desirable' answers		
	(pe536).		

3. Barnes J, Ball M, Meadows P et al. (2008) Nurse-Family Partnership Programme: First year pilot sites implementation in England. Pregnancy and the Post-partum Period. London: Birkbeck, University of London

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate. Qualitative</pre>	scribed? Unclear. Insufficient in-	question match the review	validity: -
research undertaken within the	formation given about the charac-	question? Partly. The focus of the	
context of a mixed methods study.	teristics of participants - does not	study overall is on implementation	Overall assessment of external
Qualitative approach required to	enable contextualisation of re-	of first year pilot sites of Nurse-	validity: +
elicit views about the project.	sponses.	Family Partnership in England.	
		Data from service users and prac-	Overall validity rating: -
Is the study clear in what it	Was the sampling carried out in	titioners about what makes for ef-	
seeks to do? Mixed. The stated	an appropriate way? Not sure.	fective practice is one theme of	Key methodological weaknesses
research aims do not match the	Insufficient information given re-	the research.	in the study include:
sections of the report.	garding sampling technique.		Unclear how sampling of partici-
			pants undertaken.

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
How defensible/rigorous is the research design/methodology? Somewhat defensible. There appear to be some gaps in sampling of qualitative research participants - for example there are no interviews with partners and relatives who have chosen not to be involved in the intervention. It is also not clear by what process the sample of individuals who took part in the qualitative research were selected.  How well was the data collection carried out? Not sure/inadequately reported. The specific questions asked of qualitative research participants are not given, nor a clear account of the process by which interviews were conducted.	Were the methods reliable? Not sure. It is unclear what questions qualitative research participants were asked.  Are the data 'rich'? Poor. There is often little systematic exploration of differences in opinion.  Is the analysis reliable? Not sure/not reported. It is unclear how qualitative data have been analysed in order to derive the themes reported.  Are the findings convincing? Somewhat convincing.  Are the conclusions adequate? Somewhat adequate.	Has the study dealt appropriately with any ethical concerns? No. No discussion of ethical concerns, no evidence that ethical approval has been sought.  Were service users involved in the study? No. Service users involved as participants only.  Is there a clear focus on the guideline topic? Yes. Study relates to provision of early help to families at risk of abuse and neglect.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Study population is parents at risk of abuse and neglect (first-time low income mothers under age of 20).  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes.  Covered by the guideline? Yes.	<ul> <li>Characteristics of participants not reported, so unable to contextualise differences of experience.</li> <li>Lack of clarity about research procedures, including the questions that participants were asked.</li> <li>Lack of clarity about analytic procedure and how conclusions were reached.</li> </ul>

Internal validity - approach and sample	Internal validity - performance and analysis	External validity	Overall validity rating
		relevant to the guideline? Yes.	
		Does the study have a UK perspective? Yes.	

4. Barnes J, Ball M, Meadows P et al. (2009) Nurse-Family Partnership Programme: Second year pilot sites implementation in England. The infancy period. London: Birkbeck. University of London

The infancy period. London: Birkbeck, University of London				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis			
Is the mixed-methods research	Qualitative component 1: Inter-	Does the study's research	Overall assessment of internal	
design relevant to address the	views with mothers who termi-	question match the review	validity: -	
qualitative and quantitative re-	nated FNP involvement (n=42).	question? Partly. Broad evalua-		
search questions (or objec-		tion study with a number of re-	Overall assessment of external	
tives), or the qualitative and	Is the process for analysing	search questions.	validity: +	
quantitative aspects of the	qualitative data relevant to ad-	1. How can consistency of delivery		
mixed-methods question? Yes.	dress the research question?	and attaining fidelity to the pro-	Overall validity rating: -	
	No. Study reports that interviews	gramme model be achieved?		
Is the integration of qualitative	were conducted with 'as many as	2. Do families receiving FNP in in-	Key limitations include: Lack of in-	
and quantitative data (or re-	possible' of the 352 women who	fancy differ in any substantial way	formation regarding sampling and	
sults) relevant to address the	left the programme. Achieved	from the population reached dur-	characteristics of achieved sam-	
research question? Partly. Lim-	sample was 42. It is unclear	ing pregnancy? That is, are those	ple, lack of information regarding	
ited integration of different data	whether all women who left the	that drop out different from those	synthesis of qualitative data, lack	
sources, although key findings	programme were contacted, or	that remain involved in the pro-	of information regarding reliability	
synthesised in conclusions at the	whether only sample were con-	gramme?	and validity of measures used in	
end of each chapter, and in con-	tacted.	3. What factors (the family, the	quantitative component of study.	
clusions section.		nurse, the site) are associated		
	Is appropriate consideration	with retention/attrition of clients?		
Is appropriate consideration	given to how findings relate to	How can retention be maximised?		
given to the limitations associ-	the context, such as the setting,	4. How acceptable is FNP during		
ated with this integration, such	in which the data were col-	infancy to families and to practi-		
as the divergence of qualitative	lected? No. No description of the	tioners? 5. What is the extent of		
and quantitative data (or re-	characteristics of the sample,	father involvement during infancy		
sults)? No.	which would allow contextualisa-	in FNP and how can this be max-		
	tion of results.	imised?		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		6. What are the view of children's	
	Is appropriate consideration	services commissioners about	
	given to how findings relate to	FNP and what place does it have	
	researchers' influence; for ex-	in local service plans?	
	ample, though their interactions	7. What is the cost of delivering	
	with participants? No.	FNP and does this vary between	
		sites?	
	Qualitative comp 2: Structured		
	interviews with 157 clients in re-	Questions 3, 4, and 5 were con-	
	ceipt of FNP with purpose of as-	sidered to be relevant to this re-	
	sessing potential impacts for infant	view question (relating to aspects	
	and family, and what clients	of professional practice and ways	
	thought of the programme during	of working).	
	the infancy phase.		
		Has the study dealt appropri-	
	Are the sources of qualitative	ately with any ethical concerns?	
	data (archives, documents, in-	No. Not reported.	
	formants, observations) rele-		
	vant to address the research	Were service users involved in	
	question? Yes.	the study? No. As participants	
		only.	
	Is the process for analysing		
	qualitative data relevant to ad-	Is there a clear focus on the	
	dress the research question?	guideline topic? Yes.	
	Yes.		
		Is the study population the	
	Is appropriate consideration	same as at least 1 of the groups	
	given to how findings relate to	covered by the guideline? Yes.	
	the context, such as the setting,	Study population is families at risk	
	in which the data were col-	of child abuse and neglect (young,	
	lected? No. Little consideration of	first-time mothers), and practition-	
	characteristics of participants, and	ers working with them.	
	how this may affect responses, or	le the etudy patting the same as	
	of service context.	Is the study setting the same as	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Is appropriate consideration given to how findings relate to researchers' influence; for ex-	at least 1 of the settings covered by the guideline? Yes.	
	ample, though their interactions with participants? No.	Does the study relate to at least 1 of the activities covered by	
	Quantitative component A (in- cluding incidence or prevalence	the guideline? Yes. Study relates to early help.	
	study without comparison	(For views questions) Are the	
	group; case series or case report): Structured questionnaires with family nurses.	views and experiences reported relevant to the guideline? Yes.	
	Is the sampling strategy relevant to address the quantitative	Does the study have a UK perspective? Yes.	
	research question (quantitative aspect of the mixed-methods question)? Yes.		
	Is the sample representative of the population under study? Yes.		
	Are measurements appropriate (clear origin, or validity known, or standard instrument)? Partly.		
	Bespoke questions relating to specific aspects of the programme. Reliability and validity of the measures not reported.		
	Is there an acceptable response rate (60% or above)? Yes.		

5. Brand T and Jungmann T (2014) Participant characteristics and process variables predict attrition from a home-based early intervention program. Early Childhood Research Quarterly 29: 155–67

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	•	
Objectives of study clearly stated? Yes. Objective was to in-	Measurements and outcomes clear? Yes. Process variables	Does the study's research question match the review	Overall assessment of internal validity: +
vestigate factors predicting attri-	measured via: -	question? Partly. The study looks	
tion from a home visiting pro-	Baseline interview to gather in-	at both participant characteristics	Overall assessment of external
gramme, based on the Nurse Family Partnership.	formation about referral source, week of pregnancy and receipt	and process variables which predict attrition, for the purpose of this	validity: ++
	of standard prenatal care.	review question we are interesting	Overall validity rating: +
Clearly specified and appropri-	Home visitor encounter forms to	in process variables only.	Manager and a second and a final second
ate research design? Yes. Correlational design used, examining	gather information about com-	Has the study dealt appropri-	Key study weakness: Lack of validated measures for process varia-
relationship between variables	pletion of the visit, and a rating of mother's engagement (scale	ately with any ethical concerns?	bles.
and drop-out rates. As study is ex-	of 1–4).	No. Not reported.	5,66.
amining drop-out from the inter-	Structured telephone interviews		
vention, a comparison group not	with participants to measure sat-	Were service users involved in	
receiving the intervention would	isfaction with service (scale of	the study? No. Service users in-	
not have been appropriate.	1–4) and quality of helping relationship (measured via 5-item	volved as participants only.	
Subjects recruited in acceptable	author constructed scale).	Is there a clear focus on the	
way? Partly. Process for recruiting		guideline topic? Yes. Study re-	
participants described (either self-	Measurements valid? Partly.	lates to early help for abuse and	
referral or referral by social or	Some process variables meas-	neglect.	
health services, such as gynaecologists etc.) However, no infor-	ured using scales/measures con-	Is the study population the	
mation given on how referrals	structed by the authors. No indication of reliability or validity of these	same as at least 1 of the groups	
were screened to ensure eligibility.	scales.	covered by the guideline? Yes.	
	Coalison	Children and families at risk of	
Sample representative of de-	Setting for data collection justi-	abuse and neglect - low-income,	
fined population? No. Population	fied? Yes.	first-time mothers in receipt of a	
for this study is all those receiving	Maria all translation to	home-based early intervention	
the Pro Kind programme. It is unclear to what extent the sample	Were all important outcomes	programme, based on the Nurse Family Partnership model.	
were representative of this popula-	and results considered? Yes.	Tarring Farmership model.	
tion.		Is the study setting the same as	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Sample	Tables/graphs adequately labelled and understandable? Yes.  Appropriate choice and use of statistical methods? Partly. Association between independent variables and dependent variable measured using two types of analysis. One is described as 'univariate' but would more accurately be described as 'bivariate' (series of logistic regression calculations). The second form of analysis is multivariate logistic regression, including exploration of moderator effects of maternal age, SES, immigrant background and number of risk factors.  In-depth description of the analysis process? Yes.  Are sufficient data presented to support the findings? Yes.  Results discussed in relation to existing knowledge on the subject and study objectives? Yes.  Results can be generalised? Yes. Results should be generalisable to Family Nurse Partnership, as intervention is based on	at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to early help.  Does the study have a UK perspective? No. German study. However, background information indicates similar service context to the UK - i.e. there is universal support for mothers in pregnancy and soon afterwards.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	this model, and may well be generalisable to other early help home visiting interventions based on similarity of population and of intervention.		
	Do conclusions match findings? Yes.		

6. Brandon M, Belderson P, Warren C et al. (2008) Analysing child deaths and serious injury through abuse and neglect: What can we learn? - A biennial analysis of serious case reviews 2003–2005. London: Department for Children, Schools and Families

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	-
Is the mixed-methods research	Qualitative component 1: The-	Does the study's research	Overall assessment of internal
design relevant to address the	matic analysis of 47 SCR reports.	question match the review	validity: +
qualitative and quantitative re-		question? Partly. The study has a	
search questions (or objec-	Are the sources of qualitative	series of objectives, one of which	Key limitations of the study are a
tives), or the qualitative and	data (archives, documents, in-	is to 'identify any lessons for policy	lack of clarity with respect to the
quantitative aspects of the	formants, observations) rele-	and practice, including examples	way in which thematic analysis of
mixed-methods question? Yes.	vant to address the research	of good practice' - this is consid-	the sub-sample of 47 reviews was
	question? Partly. Reason for se-	ered to be relevant to question 14.	conducted, and how the findings
Is the integration of qualitative	lecting these 47 for further analy-		from this analysis has been inte-
and quantitative data (or re-	sis appears to be convenience	Has the study dealt appropri-	grated with quantitative analysis
sults) relevant to address the	sampling - these were the reports	ately with any ethical concerns?	(see Chapter 6). However, study
research question? Partly. There	for which the full Overview Re-	No. No mention of ethical approval	strength is that there is a 100%
is some synthesis of qualitative	ports were available.	process, although potentially of	sample of SCRs from the 2003-
and quantitative components, for	_	lower concern as secondary anal-	2005 time period.
example in Chapter 6. However,	Is the process for analysing	ysis of documentary sources, ra-	
the process by which the data	qualitative data relevant to ad-	ther than primary research with	Overall assessment of external
were integrated is not clear.	dress the research question?	service users.	validity: ++
	Partly. Unclear how 'emerging		
Is appropriate consideration	themes' were identified and veri-	Were service users involved in	Overall validity rating: +
given to the limitations associ-	fied.	the study? No.	
ated with this integration, such			Limitations in qualitative aspect of

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
as the divergence of qualitative and quantitative data (or results)? No.	Is appropriate consideration given to how findings relate to the context, such as the setting, in which the data were collected? No.  Little consideration of how themes are linked or otherwise to other elements of the cases.  Is appropriate consideration given to how findings relate to researchers' influence; for example, though their interactions with participants? N/A. Documentary analysis.  Quantitative component A (including incidence or prevalence study without comparison group; case series or case report): Collection and analysis of data from total of 161 case reviews.  Is the sampling strategy relevant to address the quantitative research question (quantitative aspect of the mixed-methods question)? Yes. Sample comprises all 161 SCRs published between 2003 and 2005.  Is the sample representative of the population under study? Yes.	Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Study population is Serious Case Reviews about cases in which children have experienced abuse and neglect (leading to death or significant harm).  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study has information about multiple aspects of practice, including early help.  Does the study have a UK perspective? Yes.	research methodology prevent awarding ++ to this study.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Are measurements appropriate (clear origin, or validity known, or standard instrument)? Yes. Key characteristics of children and families who are the subjects of the SCRs.		
	Is there an acceptable response rate (60% or above)? Yes.		

7. Devaney J, Bunting L, Hayes D et al. (2013) Translating Learning into Action: An overview of learning arising from Case Management Reviews in Northern Ireland 2003-2008. Belfast: Queen's University Belfast

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate. Thematic	scribed?	question match the review	validity: +
analysis of Case Management Re-	Clear. Contextual information	<b>question?</b> Partly. The study's research question is about identify-	Overall assessment of external
views.	about cases reviewed is provided.	ing 'key learning' from Case Man-	validity: +
Is the study clear in what it	Was the sampling carried out in	agement Reviews. Part of this in-	variately.
seeks to do? Mixed. The study	an appropriate way? Appropri-	volves thematic analysis of 'key	Study contains information rele-
seeks to identify 'key themes'	ate. 100% sample of all CMRs in a	themes' which include issues rele-	vant to guideline.
across the 24 Case Management	given time period.	vant to aspects of professional	
Reviews. It is not specified what nature of issues could be consid-	<b>Were the methods reliable?</b> Reliable. Learning from the reviews	practice.	Overall validity rating: +
ered within this category.	has been triangulated with rele-	Has the study dealt appropri-	Overall, there is a lack of descrip-
orea maini ane category.	vant research evidence as appro-	ately with any ethical concerns?	tion of how thematic analysis was
How defensible/rigorous is the	priate.	Yes.	undertaken.
research design/methodology?			
Somewhat defensible. Limited jus-	Are the data 'rich'? Mixed. There	Were service users involved in	
tification of analytic techniques	are relatively few examples given to illustrate the themes identified.	the study? No.	
provided.		Is there a clear focus on the	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
How well was the data collection carried out? Appropriately. Analysis of CMR reports.	Is the analysis reliable? Somewhat reliable. It is unclear how the thematic analysis was undertaken, therefore difficult to judge reliability of analysis.	guideline topic? Partly. Consideration of professional practice and ways of working forms part of the analysis conducted in the study.	
	Are the findings convincing? Somewhat convincing. Themes identified are often supported by other aspects of research literature.  Are the conclusions adequate? Adequate.	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Study population includes children and young people who, at one point, showed early signs of abuse and neglect.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes.  Does the study have a UK perspective? Yes.	

8. Domian EW, Baggett KM, Carta JJ et al. (2010) Factors influencing mothers' abilities to engage in a comprehensive parenting intervention program. Public Health Nursing 27: 399–407

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appropriate? Appropriate.	Is the context clearly described? Clear. As part of the My Baby and	Does the study's research question match the review question? Yes.	Overall assessment of internal validity: ++
Is the study clear in what it seeks to do? Clear.	Me parenting programme.	•	Well conducted in data collection and analyses.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Was the sampling carried out in	Has the study dealt appropri-	
How defensible/rigorous is the	an appropriate way? Appropri-	ately with any ethical concerns?	Overall assessment of external
research design/methodology?	ate. Purposive sampling.	Yes. Written consent from moth-	validity: +
Defensible.		ers was obtained. Interviews with	
	Were the methods reliable? Re-	coaches were voluntary, and they	Overall validity rating: +
How well was the data collec-	liable. See data collection.	were informed that these could be	
tion carried out? Appropriately.		stopped ' at any time' (p401).	
Audio tape-recorded interviews	Are the data 'rich'? Rich.	, ,	
with coaches, interviews con-		Were service users involved in	
ducted by primary researcher (a	Is the analysis reliable? Relia-	the study? Yes. Implicit.	
nurse and cultural anthropologist),	ble.		
introduced to mothers as part of	'Qualitative content analysis of all	Is there a clear focus on the	
the research team. The primary	observational field notes and tran-	guideline topic? Yes. Profession-	
researcher observed an average	scribed coach interview data oc-	als' perceptions of at-risk mothers'	
of five coach intervention sessions	curred through a reflexive and iter-	engagement in parenting pro-	
(My Baby and Me) with each of	ative process. All data were coded	grammes.	
the mothers. Also included: ' ob-	line by line' (p402).	9	
served home visits, documented	mie 27 mie (p.102).	Is the study population the	
field notes of coach-mother inter-	Research also supported by '	same as at least 1 of the groups	
actions and mothers' levels of en-	triangulation methods consisting	covered by the guideline? Yes.	
gagement with family coaches and	of 40 home visits by the primary	gardonio i 100.	
program materials, and reviewed	researcher with coaches and se-	Is the study setting the same as	
scheduled quantitative descriptive	lected mothers over a 12-month	at least 1 of the settings cov-	
assessment data collected on the	period; a review of family history	ered by the guideline? Yes.	
nine mothers and their children'	and assessment data on both the	ered by the guideline: 163.	
(p401).	mother and the child, and descrip-	Does the study relate to at least	
(p401).	tive quantitative data from the par-	1 of the activities covered by	
	ent study Peer debriefing	the guideline? Yes. Parenting	
	throughout the research process	programmes.	
		programmes.	
	included bimonthly project team	(For views questions) Are the	
	meetings' (p 402).	(For views questions) Are the	
	Are the findings convincing	views and experiences reported	
	Are the findings convincing?	relevant to the guideline? Yes.	
	Somewhat convincing. No partici-		
	pation from mothers.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		Does the study have a UK per-	
	Are the conclusions adequate?	spective? No. US.	
	Adequate. Acknowledge limita-		
	tions.		

9. Easton C, Lamont L, Smith R et al. (2013) 'We should have been helped from day one': A unique perspective from children, families and practitioners. Slough: National Foundation for Educational Research

and practitioners. Slough: National Foundation for Educational Research			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Somewhat appropriate.	scribed? Not sure. Limited details	question match the review	validity: -
Given that the research question	on the contexts in which the inter-	question? Yes. The study's re-	
aims to explore effective support	views took place are provided, but	search question was: 'How do we	Overall assessment of external
for families in which neglect is an	the authors note that the majority	effectively support families with	validity: ++
issue it is possible that a quantita-	took place face-to-face, although	different levels of need across the	
tive approach would have been	some were carried out over the	early intervention spectrum to en-	Overall validity rating: -
more appropriate.	telephone and some of the practi-	gage with services within an over-	
	tioner interviews in groups. Simi-	all framework of neglect?' (piv).	The failure to provide details re-
Is the study clear in what it	larly, only very minimal detail is		garding the analysis process and
seeks to do? Clear. The study	provided in relation to families and	Has the study dealt appropri-	the characteristics of the sample
aims to explore effective re-	practitioners.	ately with any ethical concerns?	are significant limitations.
sponses to neglect and families		Partly.	
and practitioners views on this.	Was the sampling carried out in	The authors do not discuss ethical	
Although the policy context and	an appropriate way? Somewhat	issues in detail but it is noted that	
challenges in responding to ne-	appropriate. The sampling strat-	families agreed to participate. The	
glect are outlined there is no dis-	egy is somewhat unclear. 'All local	authors also note that they asked	
cussion of relevant literature or the	authorities identified families who	the nine local authorities involved	
theories which underpin early in-	met the criteria specified by	if the ' research needed local	
terventions in response to neglect.	LARC5. Generally LAs identified	ethical approval' and three re-	
	families through their multi-agency	ported that the research had been	
How defensible/rigorous is the	or early intervention managers	approved by a local ethics body.	
research design/methodology?	and teams. Families were also se-		
Somewhat defensible. The au-	lected based on the perceived	Were service users involved in	
thors do not provide a rationale for	likelihood that they would want to	the study? No. No indication that	

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
the use of a qualitative approach	contribute to the research. One LA	service users were involved at the	
which seems problematic given	in particular invited families who	design stage.	
that they aimed to understand ef-	they knew were in a stable situa-		
fective responses to neglect. This	tion at the time of the research to	Is there a clear focus on the	
approach seems to have been se-	take part. One LA selected fami-	guideline topic? Yes. Focuses	
lected by default as the LARC (Lo-	lies who had been involved in a	on early interventions to address	
cal Authorities Research Consor-	specific programme; another used	neglect.	
tium) is described as a ' qualita-	the practitioner groups interviews		
tive research project'. No details	to help identify possible families to	Is the study population the	
are provided on why the nine local	invite to participate. LAs adopted	same as at least 1 of the groups	
authorities were chosen or how	similar approaches to identifying	covered by the guideline? Yes.	
the families and practitioners who	practitioner interviewees. Some	Children experiencing neglect (at	
took part were sampled.	shared the research with a local	varying levels of severity), parents	
	board or committee to raise	and families of these children, and	
How well was the data collec-	awareness and invite participation;	practitioners working with them.	
tion carried out? Not sure/inade-	one contacted a local health com-		
quately reported. No details on	missioning group to invite GPs in-	Is the study setting the same as	
data collection are provided.	volvement' (p 47).	at least 1 of the settings cov-	
		ered by the guideline? No. Not	
	Were the methods reliable? Not	reported.	
	sure. No details on data collection		
	methods are provided.	Does the study relate to at least	
		1 of the activities covered by	
	Are the data 'rich'? Mixed. Whilst	the guideline? Yes. Early inter-	
	details on contexts of the data are	vention in response to neglect.	
	sometimes provided and there is a		
	good sense of diversity in per-	(For views questions) Are the	
	spective as well as some compar-	views and experiences reported	
	ative element this is not con-	relevant to the guideline? Yes.	
	sistent.	Views and experiences data fo-	
	La dia a callada a Palata O N. f	cuses on early intervention in re-	
	Is the analysis reliable? Not	sponse to neglect.	
	sure/not reported. No details on	Daga tha atroduction of 1997	
	analysis techniques are provided	Does the study have a UK per-	
	only that authorities ' sent their		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	raw data to NFER for independent analysis. This report is based on NFER's systematic analysis of that data' (p3). However, it should also be noted that in appendix B, the authors also report that ' two authorities carried out secondary analysis. It was not clear from the responses what secondary analysis had been conducted' (p45).	spective? Yes. Nine local authorities across England participated.	
	Are the findings convincing? Convincing. The findings are generally clear and coherent and are supported by quotes.  Are the conclusions adequate? Adequate.		

10. Fernandez E (2004) Effective interventions to promote child and family wellness: A study of outcomes of intervention through Children's Family Centres. Child and Family Social Work 9: 91–104

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate. The qualita-	scribed? Unclear. Only limited in-	question match the review	validity: -
tive component of the study aimed	formation regarding the character-	question? Yes. The qualitative	_
to compare parents and profes-	istics of participants or settings is	component of the study aimed to	Overall assessment of external
sionals perceptions of services to	provided and there is no in-depth	compare parents and profession-	validity: ++
complement quantitative data	consideration of context bias alt-	als perceptions of services deliv-	
evaluating the effect of the inter-	hough the authors note that in two	ered through Children's Family	Overall validity rating: -
vention/services.	parent families, each parent was	Centres to families at risk for child	
	interviewed separately. They also	abuse and neglect.	The failure to include any detail re-
Is the study clear in what it	note that if the family had more		garding the analysis process and
seeks to do? Clear. The study	than one child over the age of		

Internal validity – performance	External validity	Overall validity rating
and analysis		
eight (the minimum age which the authors felt was appropriate to interview), the ' child who was the subject of the referral and of most concern to the parent was interviewed' (p03)	Has the study dealt appropriately with any ethical concerns?  Partly. There is no discussion of ethical approval or informed consent processes although the authors note that a number of family	only minimal details on the characteristics of participants and settings are a key limitation.
Was the sampling carried out in an appropriate way? Not sure.	lies declined to participate and that they only interviewed children over the age of 8.	
are provided.  Were the methods reliable? Reliable.	Were service users involved in the study? No. No indication that service users were involved at the design stage.	
data are generally quite detailed and the study aims to compare the perceptions of workers and parents which the authors manage relatively well. Contextual information is also provided.	Is there a clear focus on the guideline topic? Yes. The study focuses on services delivered through Children's Family Centres to families at risk for child abuse and neglect.	
Is the analysis reliable? Not sure/not reported. Process of analysis is not reported.  Are the findings convincing? Convincing. The findings are	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Families at risk of child abuse and neglect.	
clearly and coherently presented and are supported by extracts from the original data.  Are the conclusions adequate?	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Services were delivered in family homes and at Children's Family Centres.	
	eight (the minimum age which the authors felt was appropriate to interview), the ' child who was the subject of the referral and of most concern to the parent was interviewed' (p93).  Was the sampling carried out in an appropriate way? Not sure. No details on sampling technique are provided.  Were the methods reliable? Reliable.  Are the data 'rich'? Rich. The data are generally quite detailed and the study aims to compare the perceptions of workers and parents which the authors manage relatively well. Contextual information is also provided.  Is the analysis reliable? Not sure/not reported. Process of analysis is not reported.  Are the findings convincing? Convincing. The findings are clearly and coherently presented and are supported by extracts from the original data.	eight (the minimum age which the authors felt was appropriate to interview), the ' child who was the subject of the referral and of most concern to the parent was interviewed' (p93).  Was the sampling carried out in an appropriate way? Not sure. No details on sampling technique are provided.  Were the methods reliable? Reliable.  Are the data 'rich'? Rich. The data are generally quite detailed and the study aims to compare the perceptions of workers and parents which the authors manage relatively well. Contextual information is also provided.  Is the analysis reliable? Not sure/not reported. Process of analysis is not reported.  Are the findings convincing? Convincing. The findings are clearly and coherently presented and are supported by extracts from the original data.  Are the conclusions adequate? Adequate. The conclusions are

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	there is no discussion of the limitations encountered.	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Prevention of child abuse and neglect in at risk families.	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes. The study compared parents and professionals perceptions of services delivered through Children's Family Centres to families at risk for child abuse and neglect.  Does the study have a UK per-	
		spective? No. Australian.	

## 11. Girvin H, DePanfilis D, Daining C (2007) Predicting program completion among families enrolled in a child neglect preventive intervention. Research on Social Work Practice 17: 674–85

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Objectives of study clearly	Measurements and outcomes	Does the study's research	Overall assessment of internal
stated? Yes. The study had a	clear? Yes.	question match the review	validity: +
clear objective which was to build		question? Yes. The study aimed	
a model to predict which families	Measurements valid? Yes. The	to build a model to predict which	Overall assessment of external
complete the Family Connections	measures used had established	families complete the Family Con-	validity: ++
programme, a targeted preventive	reliability and validity although	nections programme, a targeted	
intervention delivered to families	some relied on self-reported data.	preventive intervention delivered	Overall validity rating: +
who meet child neglect criteria.		to families who meet child neglect	
	Setting for data collection justi-	criteria.	
Clearly specified and appropri-	fied? Unclear. Data collection pro-		
ate research design? Yes.	cess is described in another paper	Has the study dealt appropri-	
	(DePanfilis D, Dubowitz H, 2005	ately with any ethical concerns?	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Subjects recruited in acceptable	Family connections: A program for	Yes. Informed consent was given	
way? Unclear. Details on recruit-	preventing child neglect. Child	by participants and the research	
ment method are not provided.	Maltreatment, 10: 108–23).	protocol was approved by an insti-	
		tutional review board and re-	
Sample representative of de-	Were all important outcomes	viewed annually.	
fined population? N/A.	and results considered? Yes.		
		Were service users involved in	
	Tables/graphs adequately la-	the study? No. No indication that	
	belled and understandable?	service users were involved at the	
	Yes.	design stage.	
	Appropriate choice and use of	Is there a clear focus on the	
	statistical methods? Yes.	guideline topic? Yes. The study	
		focuses on a targeted child ne-	
	In-depth description of the analysis process? Yes.	glect preventive intervention.	
		Is the study population the	
	Are sufficient data presented to	same as at least 1 of the groups	
	support the findings? Yes.	covered by the guideline? Yes.	
		Families who meet child neglect	
	Results discussed in relation to	risk criteria.	
	existing knowledge on the sub-		
	ject and study objectives? Yes.	Is the study setting the same as	
		at least 1 of the settings cov-	
	Results can be generalised?	ered by the guideline? Yes.	
	Unclear. The extent to which the	Some components of the pro-	
	sample were representative is not	gramme are delivered in families	
	demonstrated by the authors so it	homes.	
	is not possible to determine if the	Doos the study relate to at least	
	results can be generalised.	Does the study relate to at least 1 of the activities covered by	
	Do conclusions match find-	the guideline? Yes. Relevant to	
	ings? Yes.	early help - the study focuses on	
	111gg: 10g.	targeted prevention.	
		targotoa provention.	

Internal validity – approach and		External validity	Overall validity rating
sample	and analysis		
		Does the study have a UK per-	
		spective? No. US study.	

12. Krysik J, LeCroy CW, Ashford JB (2008) Participants' perceptions of healthy families: A home visitation program to prevent child abuse and neglect. Children and Youth Services Review 30: 45–61

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate for views and</pre>	scribed? Clear. In the context of	question match the review	validity: +
perceptions.	the Healthy Families America pro-	question? Yes. Views of families	
	gramme.	and carers on home visiting pro-	Overall assessment of external
Is the study clear in what it		grammes to prevent child abuse	validity: +
seeks to do? Clear.	Was the sampling carried out in	and neglect.	
	an appropriate way? Appropri-		Overall validity rating: +
How defensible/rigorous is the	ate. Randomised sample.	Has the study dealt appropri-	
research design/methodology?		ately with any ethical concerns?	
Defensible. Participants selected	Were the methods reliable? Re-	Yes. Approved by institutional re-	
randomly.	liable.	view board (IRB), All participants	
		who were contacted agreed to be	
How well was the data collec-	Are the data 'rich'? Rich.	interviewed.	
tion carried out? Appropriately.			
Semi-structured interviews were	Is the analysis reliable? Relia-	Were service users involved in	
audio taped, transcribed, coded,	ble. A cross-case analysis of tran-	the study? Yes. Implicit.	
and analysed. Using qualitative re-	scribed interviews data was con-		
search methods the present re-	ducted to identify and label the	Is there a clear focus on the	
searchers followed a categorical-	themes. 'The information for each	guideline topic? Yes. Views of	
content approach (Lieblich et al.	category for each case was re-	service users.	
1998; Strauss and Corbin 1990).	viewed by a research team of		
The face-to-face interviews	three individuals. This process	Is the study population the	
ranged from 30-to-90 min in		same as at least 1 of the groups	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
length. Participants not paid for	was iterative beginning with the in-	covered by the guideline? Yes -	
taking part.	itial categories and then adding categories as data were reviewed.	families.	
	The research team worked to-	Is the study setting the same as	
	gether to guard against bias and	at least 1 of the settings cov-	
	produce decisions that were con-	ered by the guideline? Yes.	
	sistent across the cases. The re-	Homes in the home visiting pro-	
	searchers followed guidelines for	gramme.	
	conducting reliability checks and		
	tests of internal and external valid-	Does the study relate to at least	
	ity. Three researchers coded the	1 of the activities covered by	
	interviews and worked together to	the guideline? Yes. A home visit-	
	produce a systematic analysis process for the study. After a pre-	ing programme.	
	liminary report was generated it	(For views questions) Are the	
	was reviewed for cross-checking	views and experiences reported	
	purposes by program staff' (p48).	relevant to the guideline? Yes.	
	Are the findings convincing?	Does the study have a UK per-	
	Convincing.	spective? No. UK.	
	Are the conclusions adequate?		
	Adequate.		

## 13. LeCroy C W and Whitaker K (2005) Improving the Quality of Home Visitation: An Exploratory Study of Difficult Situations. Child Abuse and Neglect 29: 1003–13

Abuse and Neglect 23. 1000-10			
Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis	-	
Objectives of the study clearly	Describes what was measured,	Does the study's research	Overall assessment of internal
stated? Yes. The authors clearly	how it was measured and the	question match the review	validity: -
state their objective which was to	results? Yes. The authors used	question? Yes. The study aimed	-
' use an ecological assessment	focus groups to create the Difficult	' to use an ecological assess-	Overall assessment of external
model to obtain a better under-	Situations Inventory on which the	ment model to obtain a better un-	validity: ++
standing of difficult situations that	survey was based. 'Included were	derstanding of difficult situations	-

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
home visitors confront when im-	specific situations in which individ-	that home visitors confront when	Overall validity rating: -
plementing home visitation ser-	uals must respond effectively to	implementing home visitation ser-	
vices' (p1003).	be considered 'competent' Fur-	vices' (p1003).	The failure to determine the relia-
	thermore, these situations need to		bility and validity of the Difficult
Measures for contacting non-re-	be "problematical" to the degree	Has the study dealt appropri-	Situations Inventory is a significant
<b>sponders?</b> The authors do not	that how to respond is not immedi-	ately with any ethical concerns?	limitation of this study.
describe the use of measures to	ately apparent' (p1005).	Yes. The research was approved	
contact non-responders.		by a review board from the	
	Measurements valid? N/A. The	Healthy Families programme and	
Research design clearly speci-	authors devised a bespoke tool -	completion of the survey was vol-	
fied and appropriate? Yes.	the Difficult Situations Inventory.	untary.	
Clear description of context?	Measurements reliable? N/A.	Were service users involved in	
N/A.	The authors devised a bespoke	the study? No. No indication that	
	tool - the Difficult Situations Inven-	service users were involved at the	
References made to original	tory.	design stage.	
work if existing tool used? N/A.			
The authors devised a bespoke	Measurements reproducible?	Is there a clear focus on the	
tool - the Difficult Situations Inven-	Yes.	guideline topic? Yes. The study	
tory.		focused on 'difficult situations'	
	Basic data adequately de-	home visitors encounter when de-	
Reliability and validity of new	scribed? No. It is unclear whether	livering the healthy Families Ari-	
tool reported? No. The authors	the questionnaire included the full	zona programme, a targeted child	
do not report on reliability and va-	inventory which was devised	abuse and neglect prevention pro-	
lidity of the Difficult Situations In-	through focus groups - this paper	gramme.	
ventory.	only presents the top 15 difficult		
-	situations.	Is the study population the	
Survey population and sample		same as at least 1 of the groups	
frame clearly described? Partly.	Results presented clearly, ob-	covered by the guideline? Yes.	
The authors provide some level of	jectively and in enough detail	Home visitors delivering the	
detail in relation to survey re-	for readers to make personal	healthy Families Arizona pro-	
spondents but do not provide de-	judgements? Yes.	gramme, a targeted child abuse	
tails of the sampling frame used to		and neglect prevention pro-	
identify the sample.	Results internally consistent?	gramme.	
	Yes.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Representativeness of sample is described? Unclear.	Data suitable for analysis? Yes. Clear description of data collec-	Is the study setting the same as at least 1 of the settings cov-	
Subject of study represents full spectrum of population of interest? Unclear.	tion methods and analysis? Yes. Surveys were mailed to home visitors.	ered by the guideline? Yes. The homes of families at risk of child abuse and neglect.	
Study large enough to achieve its objectives, sample size estimates performed? Unclear. The authors do not provide sample	Methods appropriate for the data? Yes.  Statistics correctly performed and interpreted? Yes.	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Early help - targeted prevention.	
size estimates.  All subjects accounted for? N/A.	Response rate calculation provided? No.	Does the study have a UK perspective? No. American.	
All appropriate outcomes considered? N/A. The study has a correlational design and does not evaluate effectiveness.	Methods for handling missing data described? Unclear. The authors do not report any methods for dealing with missing data.		
	Difference between non-respondents and respondents described? No.		
	Results discussed in relation to existing knowledge on subject and study objectives? Partly.		
	Limitations of the study stated? Yes.		
	Results can be generalised? Unclear. The authors do not provide details on the sample so it is not possible to determine if they		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	were representative.		
	Appropriate attempts made to establish 'reliability' and 'validity' of analysis? Partly. The authors provide reliability scores for the five factors which explained variance.		
	Conclusions justified? Yes.		

14. Martin C, Marryat L, Miller M et al. (2011) The Evaluation of the Family Nurse Partnership Programme in Scotland: Phase 1 Report – Intake and Early Pregnancy. Edinburgh: Scottish Government

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. Seeking to	scribed? Unclear. There is insuffi-	question match the review	validity: -
gauge the views of clients and	cient information about the char-	question? Partly. The study has a	Lack of information about sam-
providers of the service.	acteristics and context of the re-	number of research questions, not	pling procedure and resulting par-
	search participants to be able to a)	all of which are relevant to the re-	ticipant sample is a serious flaw.
Is the study clear in what it	assess to what extent their views	view question. It has been in-	
seeks to do? Clear.	are likely to be generalisable to	cluded because the question:	Overall assessment of external
	the population receiving the inter-	'What factors support or inhibit the	validity: +
How defensible/rigorous is the	vention, b) understand differences	delivery of the programme?' may	_
research design/methodology?	in responses.	have relevance to aspects of pro-	Awarded + for external validity as
Somewhat defensible. Little infor-		fessional practice or ways of work-	only part of study is relevant to re-
mation is given with regard to how	Was the sampling carried out in	ing.	view question.
the participants in the qualitative	an appropriate way? Not sure.		
research were sampled, what their	Insufficient information given re-	Has the study dealt appropri-	Overall validity rating: -
characteristics are and how repre-	garding how sampling of respond-	ately with any ethical concerns?	
sentative these are of the inter-	ents was carried out.	Yes. Study approved by South-	Little information is given with re-
vention population as a whole.		East Scotland Research Ethics	gard to how the participants in the
	Were the methods reliable? Un-	Committee.	qualitative research were sam-
			pled, what their characteristics are

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
How well was the data collection carried out? Somewhat appropriately.	and analysis reliable. Insufficient contextual information provided to ascertain reliability of findings.  Are the data 'rich'? Mixed. Data relatively rich in terms of reporting detail and use of quotes as appropriate, however there is a lack of contextual detail.  Is the analysis reliable? Somewhat reliable. Analytic procedure provided in appendix. However, the way analysis is reported does not make clear how this has been used.  Are the findings convincing? Somewhat convincing.  Are the conclusions adequate? Somewhat adequate. Conclusions generally match analysis.	Were service users involved in the study? No. Service users involved as research participants only - not involved in shaping or interpreting research.  Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Study population is families whose children are at risk of abuse and neglect (due to young age and socio-economic circumstances of mothers).  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to early help.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes.  Does the study have a UK per-	and how representative these are of the intervention population as a whole. Lack of information about participant characteristics (for both clients and family nurses) also makes it difficult to contextualise variation in research findings.

15. Paris R (2008) 'For the dream of being here, one sacrifices ...': Voices of immigrant mothers in a home visiting program. American Journal of Orthopsychiatry 78: 141–51

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appropriate? Appropriate.	Is the context clearly described? Clear. In the context of a home	Does the study's research question match the review question? Yes. To explore Latino	Overall assessment of internal validity: +
Is the study clear in what it seeks to do? Clear.	visitation programme called 'Visiting Moms'.	mothers views and experiences of a home visiting programme.	Overall assessment of external validity: +
How defensible/rigorous is the research design/methodology? Defensible.  How well was the data collection carried out? Appropriately. Face-to-face interview lasting for 1 hr, conducted by a bilingual/bicultural research assistant. All interviews conducted in Spanish and in participants' homes. Respondent offered a \$15 gift voucher from a local market for participation	Was the sampling carried out in an appropriate way? Appropriate - purposive sampling, from current programme participants.  Were the methods reliable? Reliable.  Are the data 'rich'? Rich.  Is the analysis reliable? Reliable. Inductive and deductive approach to coding using grounded theory technique, line-by-line coding of studio-taped transcripts. Two reviewers were involved in coding and analyses in consultation with a principal investigation every 3 interviews.  Are the findings convincing? Convincing.	Has the study dealt appropriately with any ethical concerns? Yes. Informed consent in Spanish. Interviews by researchers not from the health centre where the women attended to ensure confidentiality. No coercion was used (p143).  Were service users involved in the study? Yes. Implicit.  Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Immigrant mothers with children at risk of child maltreatment.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes —	Overall validity rating: +

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Are the conclusions adequate? Adequate.	participants' homes.	
		Does the study relate to at least	
		1 of the activities covered by	
		the guideline? Yes. Home visita-	
		tion.	
		(For views questions) Are the	
		views and experiences reported	
		relevant to the guideline? Yes.	
		Mothers from an ethnic population (Latino).	
		(Latino).	
		Does the study have a UK per-	
		spective? No. US study.	

16. Self-Brown S, Frederick K, Binder S (2011) Examining the need for cultural adaptations to an evidence-based parent training program targeting the prevention of child maltreatment. Children and Youth Services Review 33: 1166–72

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate.	scribed? Clear. In the context of	question match the review	validity: +
	SafeCare, an evidence-based, be-	question? Yes. Provider's views	
Is the study clear in what it	havioural parent training pro-	on how to engage families in par-	Overall assessment of external
seeks to do? Clear.	gramme.	enting programmes.	validity: +
How defensible/rigorous is the research design/methodology?  Defensible.	Was the sampling carried out in an appropriate way? Appropriate. SafeCare trainers identified	Has the study dealt appropriately with any ethical concerns? Yes. Approved by the Georgia	Overall validity rating: +
	SafeCare providers to take part in	State University Institutional Re-	
How well was the data collec-	study.	view Board. Consent agreement	
tion carried out? Appropriately -		from participants.	
semi-structured interviews via tel-	Were the methods reliable?		
ephone were audio-recorded. The		Were service users involved in	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
interviews lasted 21–77 mins in	Reliable. Interview schedule de-	the study? Yes. Implicit.	
duration. Majority of participants	veloped with input from expert		
focused on Latino families. Each	consultant in cultural competency.	Is there a clear focus on the	
participant was compensated \$50	Interview data transcribed verba-	guideline topic? Yes. Views and	
for their time.	tim, independently coded and any	experiences of providers.	
	discrepancies discussed and		
	agreed on consensus.	Is the study population the	
	And the data (wield) Dieh	same as at least 1 of the groups	
	Are the data 'rich'? Rich.	covered by the guideline? Yes -	
	Is the analysis reliable? Relia-	programme providers.	
	ble.	Is the study setting the same as	
	bie.	at least 1 of the settings cov-	
	Are the findings convincing?	ered by the guideline? Yes –	
	Somewhat convincing - no partici-	participant's homes.	
	pation from families.		
	'	Does the study relate to at least	
	Are the conclusions adequate?	1 of the activities covered by	
	Adequate - acknowledge limita-	the guideline? Yes. Parenting	
	tions.	programme.	
		(For views questions) Are the	
		views and experiences reported	
		relevant to the guideline? Yes.	
		Beer the et al. her earlies	
		Does the study have a UK per-	
		spective? No. US study.	

17. Stevens J, Ammerman RT, Putnam FW (2005) Facilitators and barriers to engagement in home visitation: A qualitative analysis of maternal, provider, and supervisor data. Journal of Aggression, Maltreatment and Trauma 11: 75–93

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate.	scribed?	question match the review	validity: +

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is the study clear in what it seeks to do? Clear.	Clear. In the context of a voluntary home visitation program in the Midwest called Every Child Succeeds.	question? Yes. Facilitators and barriers to engagement in home visitation.	The study is quite dated as it was published in 2005.
How defensible/rigorous is the research design/methodology? Defensible.  How well was the data collection carried out? Appropriately.	Was the sampling carried out in an appropriate way? Appropriate. Mothers recruited from birth hospitals, social service agencies, and community clinics. Social	Has the study dealt appropriately with any ethical concerns? No - not reported.  Were service users involved in the study? Yes. Implicit.	Overall assessment of external validity: +  Overall validity rating: +
Focus groups with mothers were held in a conference room of a downtown community agency observed by the moderator and her assistant each session. Mothers were offered transportation to the	workers, child development specialists, and paraprofessionals from 8 different community-based social service agencies using the Healthy Families America model served as home visitors.	Is there a clear focus on the guideline topic? Yes. Mothers' views of home visiting programmes.	
sommunity agency and given a \$50 gift certificate to a local grocery store upon completion. Supervisor and the home visitor formula to the store of	Were the methods reliable? Somewhat reliable - focus groups.	Is the study population the same as at least 1 of the groups covered by the guideline? Yes.	
cus groups held at a professional focus group facility, observed by the first author behind a one-way mirror. Supervisors and home visi-	Are the data 'rich'? Rich.  Is the analysis reliable? Somewhat reliable. Data analysis fo-	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
tors were not financially compensated for their time but were provided with free food and beverages. Each session (total 5) lasted approximately 2 hours and was	cused on group transcripts to compare and contrast barriers and reasons for participation, both across levels of participants (i.e., Mother versus Home Visitor ver-	Does the study relate to at least 1 of the activities covered by the guideline? Yes. A home visiting programme.	
audiotaped and transcribed.	sus Supervisor) and within levels of participants (e.g., Home Visitor High Engagement Group versus Home Visitor Moderate Engagement Group).	(For views questions) Are the views and experiences reported relevant to the guideline? Yes. Engagement in home visitation.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Are the findings convincing? Somewhat convincing.	Does the study have a UK perspective? No. US study.	
	Are the conclusions adequate? Somewhat adequate.		

18. Voice Of Young People In Care (2014) Independent Inquiry on Child Sexual Exploitation in Northern Ireland: Consultation with care experienced young people. Belfast: Voice of Young People in Care

experienced young people. Belfast: Voice of Young People in Care				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis			
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal	
<b>priate?</b> Appropriate. The study	scribed? Unclear. Few details re-	question match the review	validity: -	
aimed to determine the views of	garding participant and setting	question? Yes. The study aimed		
care experienced children and	characteristics are provided, only	to gather the views of care experi-	Overall assessment of external	
young people in relation to re-	the age, gender and placement	enced children and young people	validity: ++	
sponses to risk of child sexual ex-	type of the children and young	regarding responses to risk of		
ploitation.	people. There is no consideration	child sexual exploitation.	Overall validity rating: -	
	of context bias although it is noted			
Is the study clear in what it	that young people participated via	Has the study dealt appropri-	The study is very unclear on a	
seeks to do? Mixed. The study is	workshops run on a Health and	ately with any ethical concerns?	number of key methodological is-	
clear in its objectives but there is	Social Care Trust level, advocacy	No. The authors do not report ap-	sues such as sampling tech-	
no discussion of relevant literature	sessions run at children's homes	proval of the research by an ethics	niques, analysis procedures and	
and very little information regard- ing context provided.	and through questionnaires.	committee or an informed consent	the contexts in which data were collected.	
ing context provided.	Was the sampling carried out in	process.	Collected.	
How defensible/rigorous is the	an appropriate way? Not sure.	Were service users involved in		
research design/methodology?	No details on sampling methods	the study? No. No indication that		
Somewhat defensible. The design	are provided.	care experienced children or		
is appropriate to the research	are provided.	young people were involved at the		
question but the authors do not	Were the methods reliable?	design stage.		
provide any rationale for the meth-	Somewhat reliable. Very little de-			
ods used.	tail is provided but it is noted that	Is there a clear focus on the		
	young people participated via	guideline topic? Yes. The study		
	workshops run on a Health and			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
Sample How well was the data collec-	and analysis Social Care Trust level, advocacy	focuses on care experienced chil-	
tion carried out? Not sure/inade- quately reported. There is very lit-	sessions run at children's homes and through questionnaires.	dren and young people's views regarding responses to risk of child	
tle detail provided regarding the		sexual exploitation.	
data collection process, only that children and young people '	Are the data 'rich'? Mixed. Only limited information regarding the	Is the study population the	
were supported to participate in a	contexts of the data are provided	same as at least 1 of the groups	
number of ways including at Trust wide workshops, during visiting	and there is no real comparative element. In addition, there are not	covered by the guideline? Yes. Care experienced children and	
advocacy sessions in children's homes or through questionnaires'	a great deal of quotations to support the authors interpretations	young people considered to be at risk of child sexual exploitation.	
(p3).	which is disappointing considering	risk of criliu sexual exploitation.	
	this study is described as a consultation with care experienced	Is the study setting the same as at least 1 of the settings cov-	
	young people.	ered by the guideline? Yes. The	
	Is the analysis reliable? Not	children and young people consulted were living in a variety of	
	sure/not reported. No details are	settings including kinship care	
	provided regarding the analysis process.	placements, 'at home', or in children's homes.	
	Are the findings convincing?	Does the study relate to at least	
	Somewhat convincing. The find-	1 of the activities covered by	
	there are very few extracts from	responses to risk of child sexual	
	the original data.	exploitation.	
	Are the conclusions adequate?	(For views questions) Are the	
	sions are generally plausible and	relevant to the guideline? Yes.	
	coherent and the authors make a	The study gathered the views of	
	basis of these however there is no	young people regarding re-	
	discussion of any limitations en-	sponses to risk of child sexual ex-	
	Somewhat convincing. The findings are clear and coherent but there are very few extracts from the original data.  Are the conclusions adequate? Somewhat adequate. The conclusions are generally plausible and coherent and the authors make a series of recommendations on the basis of these however there is no	1 of the activities covered by the guideline? Yes. Early help - responses to risk of child sexual exploitation.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes. The study gathered the views of care experienced children and young people regarding re-	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		Does the study have a UK per-	
		spective? Yes. Northern Ireland.	

19. Woodman J, Gilbert R, Allister J et al. (2013) Responses to concerns about child maltreatment: A qualitative study of GPs in England. BMJ Open 3: e003894

BMJ Open 3: e003894			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. The study	scribed? Clear. There is a rea-	question match the review	validity: +
aimed to explore how GPs ' un-	sonable level of detail provided	question?	
derstood and responded to child	with regards to participant and set-	Yes. The study aimed to explore	Overall assessment of external
maltreatment-related concerns in	tings.	' how a small sample of GPs un-	validity: ++
their daily practice' (p2).		derstood and responded to child	
	Was the sampling carried out in	maltreatment-related concerns in	Overall validity rating: +
Is the study clear in what it	an appropriate way? Appropri-	their daily practice' (p2).	
seeks to do? Clear. The authors	ate. There is a relatively clear de-		
have a clear objective which is to	scription of the sampling method.	Has the study dealt appropri-	
' contribute to the scant research	The four practices were chosen in	ately with any ethical concerns?	
literature on how GPs in England	order to represent a 'geographical	Yes. The study was approved by	
can respond to maltreatment re-	spread' across England and on	the Central London 1 NHS Re-	
lated concerns' (p2). They note	the basis of expertise in child pro-	search Ethics Committee.	
that the role of the GP is usually	tection (e.g. delivered training,		
conceptualised narrowly; either as	contributed to policy, etc.) which	Were service users involved in	
a participant in social care pro-	may not directly align with the ob-	the study? No. No indication that	
cesses or at the identification and	jective of understanding current	service users were involved at the	
recognition stage.	responses to child maltreatment.	design stage.	
How defensible/rigorous is the	Were the methods reliable? Re-	Is there a clear focus on the	
research design/methodology?	liable.	guideline topic? Yes. GP re-	
Defensible. Although there is no		sponses to families where there	
rationale given for using a qualita-	Are the data 'rich'? Rich. The	are maltreatment concerns.	
tive approach there is a clear de-	data are rich and detailed but		
scription of the sampling approach		Is the study population the	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
and the authors note the limitations associated with this.	there is no real comparative element.	same as at least 1 of the groups covered by the guideline? Yes. GPs working with families for	
How well was the data collection carried out? Appropriately.  There is a clear description of the	what reliable. The authors report the use of NVivo to analyse the	whom there are child maltreatment concerns.	
data collection process. Interviews were conducted in person and ' the researcher elicited narratives by asking the participants to choose two or three "children."	data thematically using ' an inductive and interpretive approach paying particular attention to data that did not fit and using reflections on these instances' (pp2–	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. GP practices.	
young people or families who had prompted maltreatment-related concerns' and describe their concerns and involvement" (p2).  These were recorded (audio only)	3). There was some double-coding and the authors note that the ' wider research team probed and questioned interpretation throughout the study' (p3). how-	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Relevant to early help.	
and later transcribed.	ever the majority of coding was completed by the researcher who had interviewed participants. Practitioners were given the opportunity to comment on preliminary results and their comments were incorporated into the final output.	(For views questions) Are the views and experiences reported relevant to the guideline? Yes. The study focuses on GPs views regarding their work with families for whom there are child maltreatment concerns.	
	Are the findings convincing? Somewhat convincing. The findings are generally clear and coherent however they are not always supported by extracts. In addition the findings in relation to health visitors are not particularly clear, whilst no data from practice nurses is included in the study.	Does the study have a UK perspective? Yes. The study focused on GPs, practice nurses and health visitors from English GP practices.	
	Are the conclusions adequate?		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
•	Adequate.		

### Review question 14 – Findings tables

Research aims	<b>Study aim:</b> To explore ' parents' perceptions of assets and barriers to home visitation intervention practices that are effective in meeting the needs of families of children who are at risk for developing delays or maltreatment' (p266).		
	Methodology: Qualitative.		
	Country: USA.		
	<b>Source of funding:</b> Other - Brody Institute for Parent-Child Studies Dissertation Award through the Mandel School of Applied Social Sciences, Case Western Reserve University.		
PICO (population, inter-	Participants:		
vention, comparison, outcomes)	<ul> <li>Caregivers and families - Parents who had been involved with one of two Ohio based Help Me Grow programmes for at least three months.</li> </ul>		
	Sample characteristics:		
	<ul> <li>Age - Participants were between the ages of 18–32 years. Mean age was 25 years.</li> </ul>		
	Sex - Mainly mothers.		
	• Ethnicity - African American: 35.6% White: 61.1% Others: 3.3%		
	Religion/belief - Not reported.		
	Disability - Not reported.		
	Long term health condition - Not reported.		
	Sexual orientation - Not reported.		
	• Socioeconomic position - Income in US dollars <6000 22.4%; 6000-11,999: 21.5%; 12,000-23,999:39.1%; 24,000-36000: 12.1%; > 36,000: 4.8%.		
	Type of abuse - Not reported.		
	Looked after or adopted status - Not reported.		
	Unaccompanied asylum seeking, refugee or trafficked children - Not reported.		
	Sample size:		

- Comparison numbers Not relevant.
- Intervention number Not relevant.
- Sample size n=90.

**Intervention:** The Help Me Grow home visiting programme is comprised of a) service coordination, emotional support, material support, information support, instrumental support, advocacy, service integration and promotion of informal support networks; b) family supports and parental education, parenting support and instruction; c) child development assessment and monitoring (see Table 1, p268).

#### Findings

Narrative findings – qualitative and views and experiences:

Study findings are arranged according to the following main themes:

- **A. Parent-home visitor relationship:** Parents viewed the close bonds between themselves and home visitors as an asset: 'Can talk to her about anything at anytime, like a big sister' (p276). They also reported that the interactions they had with home visitors helped them to develop their independence and confidence. However, difficulties sometimes arose when one service co-ordinator left and parents had to form relationships with a new professional.
- **B. Parent-home visitor communication Assets:** Home visitor listens or they talk together; home visitor responds to questions, gives advice; home visitor shows consideration; home visitor calls or visits regularly. (Table 4) 'She interacts with us, talks, guides, leads us in the right path.' 'Always there when I have a question; I can always call her.' Barriers: Parent desires more contact. 'They need to come more—two times a month instead of one time a month and call to check in between' (p276).
- C. Community services coordinated by the home visitor (Table 4) Assets: Home visitor meets general family needs; home visitor provides material resources for the children and parents; home visitor provides information or support for child needs and family needs: 'I didn't have enough money to buy a crib for my baby when we moved into the apartment so they bought me a play pen so he could sleep securely. Also brought a high chair, swing to soothe him, safety tub seat. Pampers, and wipes' (p 278). 'She provides ways for me to get to the doctor... and makes sure I get to my appointments.' 'She knows all the ins and outs of community agencies so when there was a need she'd know who to talk to.' (p278). Barriers: Inadequacy in programme resources; in service coordinator knowledge; in referral services to other agencies; in community resources. 'I would like her to have more resources. They are limited' (p278).
- **D. Parent education Assets:** Home visitor provides child development assessment and monitoring and parenting support and instruction 'She helps me teach him stuff and brings him books. Learning how to roll a ball and how for me to deal with his time-outs' (p278). Barriers: Parents did not identify any barriers in this domain.

	Parents appreciated close, caring, supportive relationships with home visitors and ready accessibility of them to answer their questions and offer support. Important assets perceived by parents were the personal quality of the home visitor to listen and show consideration; and the home visitor's knowledge of community services and efforts to link families with appropriate agencies or informal support for children and the families in times of crisis. Parents also valued the home visitor's help in answering their parenting questions, and teaching them techniques to help their children. Parents felt it important to minimise transfers and found it particularly difficult to adjust to transfers between service coordinators. They would appreciate more frequent contact with their home visitor and were concerned with lack of resources which contributed to difficulties in meeting their needs.
Overall validity rating.	Overall assessment of internal validity: +
	Overall assessment of external validity: +
	Overall validity rating: +

## 2. Ayerle G M, Makowsky K, Schücking B A (2012) Key role in the prevention of child neglect and abuse in Germany: Continuous care by qualified family midwives. Midwifery 28: e529–37

•	5. Wildwilery 20. e525–57
Research aims	<b>Study aim:</b> 'To investigate factors which influence support by Family Midwives for the families, such as acceptance and access from the mothers' perspective' (pe530). The study took place in the Saxony Anhalt and Lower Saxony regions of Germany. The full study included a quantitative component taking before-and-after measures of participants in the intervention. This does not meet our evidence criteria and so has not been examined. The data presented here are from qualitative interviews with 14 mothers (conducted in Lower Saxony only).
	<b>Methodology:</b> Qualitative study. Part of a mixed methods study but only qualitative data has been extracted for question 14.
	Country: Germany.
	<b>Source of funding:</b> Government - German Federal Ministry for Family Affairs, Senior Citizens, Women and Youth - 'Early Prevention and Intervention for Parents and Children and Social Warning Systems' framework.
PICO (population, inter-	Participants:
vention, comparison,	Caregivers and families - 'Vulnerable' families.
outcomes)	• Professionals/practitioners - Social workers with district level responsibilities and those working with individual families.

#### Sample characteristics:

- Age Not reported for mothers or social workers with whom interviews were conducted.
- Sex Interviews were conducted with mothers and social workers (gender not reported).
- Ethnicity Not reported for mothers or social workers with whom interviews were conducted.
- Religion/belief Not reported for mothers or social workers with whom interviews were conducted.
- Disability Not reported for mothers or social workers with whom interviews were conducted.
- Long term health condition Not reported for mothers or social workers with whom interviews were conducted.
- Sexual orientation Not reported for mothers or social workers with whom interviews were conducted.
- Socioeconomic position Not reported for mothers or social workers with whom interviews were conducted.
- Type of abuse Not reported for mothers with whom interviews were conducted.
- Looked after or adopted status Not reported for mothers with whom interviews were conducted.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported for mothers or social workers with whom interviews were conducted.

#### Sample size:

 Sample size - 14 mothers from 'vulnerable' families participated in interviews. Three social workers with district level responsibilities and 3 working with individual families were also interviewed.

Intervention category: Home visiting.

**Intervention:** Family midwife. A community based professional who visits 'vulnerable' families in their home to provide advice and support on subjects such as maternal and child healthcare and nutrition, and the mother-child relationship. They also provide 'psychosocial' support and counselling and help parents to fill out forms and access other services. Visits begin in the antenatal period and continue up to the child's first birthday. The frequency of visits and the type of support vary according to each family's needs but the support is '... geared towards early prevention of child abuse and neglect' (pe529).

#### Findings

#### Narrative findings – qualitative and views and experiences:

NB Quotations were translated from German by the authors. The researchers report on three main themes which were discussed with mothers in relation to the family midwife:

1. 'Acceptance of the Family Midwife' (p e534): Mothers were reported to prefer that the service should commence during pregnancy rather than at the post-partum stage. The authors suggest that the physical care provided to mothers and their child as well as the psychosocial support delivered by the midwife enabled the mothers to build confidence. The authors also report that a '... less complicated ...' transition between the 'caseload' midwife and the family midwife led to higher levels of trust in the family midwife, which in turn meant that mothers were able to rely on the family midwife as a source of support.

Participants were also reported to value the family midwife as someone they could confide in and talk through their problems with, for example regarding the father of their child and some mothers viewed the family midwife as a friend (pe534).

'Yes, she was very much of a frie [sic] ... well, so to speak, her relationship to families was very friendly, especially to me, to us (...) you could feel that, because she was happy when something worked out well- that was what I liked best with her' (pe534–5).

The authors conclude that these positive views of the family midwife encouraged the mothers to ask their family midwife for specific advice.

'Really, the FM visits with you so that you can ask her any questions, or in any situation you need help, or generally questions about the baby. You can really pump her for information.'

However, the authors also note that some mothers did not view their family midwife as positively, noting that families who had had a '... bad experience ...' with Youth Welfare Services were sceptical towards the programme in the beginning. One participant reported that she had been concerned regarding the presence of the family midwife in her home:

'Authorities, they always think they have helped you, but I feel they have strained me more than they have been helpful. (...) I felt comfortable with the family midwife (...) in the beginning I was afraid she would walk through my apartment like the other one (...) controlling my refrigerator (...) [who] had said to me: where is your flour (...)? your rice (...)? Anyway, the baby ate nothing at the time but breast milk. That was absolutely annoying to have her walk through the apartment. And she (name of FM) was never in the other room, really, she was only here (...)' (pe535).

2. 'Access to the Family Midwife' (p e535): The authors highlight the importance of access to the family midwife, even to families for whom a goal was to develop social networks and enhance maternal self-sufficiency, and note that the ability to contact the midwife via phone was particularly welcomed by mothers.

'We had a date (...) spontaneously (laughing), we met spontaneously, whenever she was free. I was hardly able to work, at that time. And eventually, she was really present whenever I needed her, via phone, and via text messages' (pe535)

**3. 'Collaboration among providers' (p e535):** The authors note that the issue of inter-professional working, and collaboration with Youth Welfare Services in particular, was discussed in interviews with social workers (3 with responsibility for whole districts and three working directly with families). The author's report that this collaboration '... seemed

	to be efficient in terms of support for the family', e.g. when the mother was herself a minor; and that participants viewed this way of working positively (pe535).	
	'I was involved in a programme for jobless minors () I had to do whatever I was able to. They really helped me a lot. They exchanged information and told each other what I needed () and that was rather good' (pe535).	
	In their findings section, the authors also state that continuous care enabled the mothers to trust the family midwife.	
Overall validity rating	Overall assessment of internal validity: -	
	A key limitation of the study is the failure to give any detail regarding sampling processes and the characteristics of the participants which means that it is difficult to determine the extent to which the sample is representative.	
	Overall assessment of external validity: ++	
	Overall validity rating: -	
	Key limitations of the study include a lack of detail regarding methodological concerns such as data collection and the failure to give any detail regarding sampling processes and the characteristics of the participants means that it is diffi-	

3. Barnes J, Ball M, Meadows P et al. (2008) Nurse-Family Partnership Programme: First year pilot sites implementation in England. Pregnancy and the Post-partum Period. London: Birkbeck, University of London

cult to determine the extent to which the sample is representative.

	Post-partum Period. London: Birkbeck, University of London
Research aims	<b>Study aim:</b> The stated aims of the evaluation are to: 'Document, analyse and interpret the feasibility of implementing the Nurse-Family Partnership (NFP) model of home visiting in ten demonstration sites in England, to determine the most effective method of presenting the model, to estimate the cost of presenting the NFP model, to determine the short-term impact on practitioners, the wider service community and the children and families, and to set the groundwork for a possible long term experimental assessment of the programme and its impacts' (p21). For the purpose of this review, we were particularly interested in the sections of the evaluation looking at 'Is the FNP acceptable in England?' (Section 5) and 'Nature of the work and best practice' (Section 8), as potentially giving useful information about aspects of professional practice and ways of working that help and hinder effective early help. These sections are both based on qualitative research with service users, families and practitioners. Therefore, only the qualitative elements of this study have been critically appraised.
	<b>Methodology:</b> Qualitative study. Overall, the study used a mixed methods design. However, the sections of interest to this review question are based on: semi-structured interviews with family nurses (n=47) and their supervisors (n=10); a

sample of enrolled clients (n=106) - interviews with relatives of clients (n=44), of whom most were partners (n=30), the remainder were mothers of clients; interviews with a sample of clients who left the programme (n=20).

#### Country: UK.

# PICO (population, intervention, comparison, outcomes)

#### Participants:

- Caregivers and families The information reviewed here is taken from: interviews with a sample of enrolled clients (n=106) interviews with relatives of clients (n=44), of whom most were partners (n=30), the remainder were mothers of clients interviews with a sample of clients who left the programme (n=20). Families involved in the programme are those in which the mother is under the age of 20 and having her first child.
- Professionals/practitioners The information reviewed here is taken from: interviews with family nurses (n=47) and their supervisors (n=10).

#### Sample characteristics:

- Age All mothers under age of 20 at time of enrolment. Age characteristics of family nurses and supervisors not given.
- Sex Service users: All primary clients are women. A sample of partners was interviewed (n=30) it is unclear if all
  were male. A sample of mothers of the client (n=14) were also interviewed. Gender of family nurses and supervisors
  not given.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

**Sample size:** The information reviewed here is taken from: - interviews with clients and their families (n=170) - interviews with family nurses and their supervisors (n=57). Total sample on which this review is based = 227.

**Intervention:** Programme is designed for low-income first-time mothers, starting during second trimester of pregnancy. The programme has three goals: 'To improve the outcomes of pregnancy by helping women improve their prenatal health To improve the child's health and development by helping parents to provide more sensitive and competent care of the child - To improve the parental life course by helping parents plan future pregnancies, complete their education and find work' (p19).

Visits begin at 14–16 weeks gestation - nurses visit weekly for the first month and then every other work until birth. Visits are weekly for first 6 weeks after birth, then every other week until child is 1. Visits are every other week until the child is 20 months, and then monthly until 2 years old.

The programme: - Addresses modifiable risk for poor birth outcomes and child neurodevelopment impairment - After birth, focuses on developing sensitive competent care of the child, avoiding abuse, neglect and injuries - Supports mothers to gain educational qualifications, plan subsequent pregnancies and plan for employment.

#### Findings.

#### Narrative findings – qualitative and views and experiences:

Relevant report sections: 1. Section 5 - Is the NFP acceptable in England?

A - Acceptability of the service to young pregnant women: Reasons for accepting the service. Study reports that the majority of clients interviewed reported that 'they had been offered the support because of their age and because it was their first baby' (p50). Acceptance was based on: gaining extra information, to be part of a research project, based on a need for support e.g. 'I was pleased, I needed someone to be there for me, to talk to' (p50). This was not precluded by existing support from family members. The study reports that some young women were 'circumspect' about the offer of FNP, but willing to try.

Why continue with the service? The study reports that continuation with the service was 'influenced to a great extent by clients' perception of the Family nurses, which were overwhelmingly positive' (p51). The study also reports that 'Many comments were made about the fact that the Family nurses spent a good amount of time with [families], sufficient for them to ask questions and go over information, much of which they had received via midwifery visits, but in a way they could fully understand' (p51). The study reports that clients thought that family nurses interacted with them in a different way, and were not judgemental about their being pregnant.

'I've just changed doctors and I think they're really rude there. Because [sic] where I'm young and pregnant they pick at that all the time - they said to me last time it's like kids having kids, it made me low and made me feel upset. But (FN) she is a nice person and don't treat me like a kid - she treats me like everyone else, she don't treat me like I'm different' (p52).

Family nurses were described as 'more like a friend' (p52). Their capacity to hold back and not force their point of view on mothers was also valued. The authors also report that the 'strength-based focus of the programme led to mothers feeling that they were more able to admit problems' (p53).

Understanding the extent of FNP: The study found that the majority of clients understood the length and nature of the commitment involved.

Are the materials acceptable? FNP includes numerous activities and materials including smoking and diet diaries, sheets about exercise, dental care, safe sex, contraception, labour and danger signs. The study found that nearly all the materials were recalled by at least some of the clients. The study also reports that '... a number of positive comments were made about the fact that information was discussed, not just handed out' (p54). The study reports that some of the clients reported that they had not learned anything new through the programme. One participant said 'I have not learned anything, I have lots of children in my family'.

Why stop FNP? As part of the evaluation, researchers spoke to a small number of clients (n=20) who had dropped out. The study reports that the main reason given was having sufficient support and/or knowledge. Other reasons included difficulties with the paperwork, difficulty fitting in visits, the long duration of involvement, and moving out of area. The study states that 'Most mentioned that they like the Family Nurse and that it had nothing to do with her' (p57).

- **B Acceptability to fathers/partners:** The study spoke to a number of partners (n=30) and reports that they were generally 'pleased to be involved, although many did not expect that they would be part of the programme' (p57). The study reports that it often took a few sessions before fathers became engaged with the activities. Some fathers were initially concerned that the family nurse's presence would be 'intrusive and possibly judgemental' (p57). The study reports that some fathers thought that the appropriate strategy during the family nurse's visits was to be at home, but not necessarily present for the whole visit.
- **C Acceptability to extended family:** In some cases, mothers were interviewed rather than the client's partner. The study found that most mothers were 'not taking a very active role in the FNP visits, but were aware of the topics being covered and made themselves available to discuss the materials with their daughters' (p59).

#### D - Acceptability to Family nurses and supervisors:

Early experiences: No data relevant to aspects of professional practice.

Later experiences: No data relevant to aspects of professional practice.

Coping with attrition: No data relevant to aspects of professional practice.

How do family nurses retain clients? The study asked family nurses what they did to keep clients on the programme. Family nurses reported 5 aspects of practice which helped: - Meeting emotional needs - Flexibility, in terms of changing appointments and meeting places - Information, in terms of being able to offer information in more detail - Being family nurses which meant that 'they were health professionals, but with a different name and a caring approach' (p64) - Clients wanting the best for their baby and using this as the foundation for their work.

**Conclusions:** The authors conclude that: - Clients and their families were positive about FNP - They liked FNP in comparison to other services, in particular that they were supported by the service, rather than 'judged' - Men who were interviewed had not expected to be involved by health professionals, and were pleased by this - Grandmothers appreciated the source of support - Most FNs reported enjoying the role and 'the challenges it offered' (p70) 2.

#### Section 8 - Nature of the work and best practice

- **A Benefits of FNP for practitioners:** The family nurses involved in the study reported the following benefits of the programme for them: 'Reaching real need Using skills Working with a structure programme Standing shoulder to shoulder with the client Small signs of progress Close relationship within the FNP team High quality training The scope of the work particularly working with fathers and extended family' (p91).
- **B Barriers to effective working:** The family nurses interviewed identified the following barriers to being able to do their work: Size of caseload Last minute cancellation of visits Insufficient planning time clients' loss of interest after the birth Fatigue Presence of numbers of people during a visit Clients who cannot read or write Problems with supervision Having to keep separate data Slipping back in to the health visitor role after pregnancy Insufficient knowledge about some matters on their caseloads Travelling long distances Getting expenses from the PCT Insufficient quantities of equipment Not being informed when client has been discharged from maternity unit (pp91–2).
- **C Best practice in the FNP as identified by clients:** The study reports the following features of FNP as being identified as best practice by clients: A preference for practical help Appreciating the health background of the FN Helping with housing issues Engaging with clients with whom other professionals had not managed to engage Maintaining relationships even during safeguarding procedures Taking a strengths-based approach Encouraging clients to re-engage with other agencies Findings ways to communicate with people for whom English is not their first language Engaging directly with fathers Working flexibly with families to ensure that fathers are involved (p97).

**Conclusions:** The authors conclude the following in relation to good practice: - Part of best practice involves making the service accessible to the vulnerable families that it is aiming to reach, for example 'spending time exploring clients' lives with them' - family nurses 'use themselves' as an element in the programme.

#### Overall validity rating.

Overall assessment of internal validity: -

Overall assessment of external validity: +

Overall validity rating: -

Key methodological weaknesses in the study include:

- Unclear how sampling of participants undertaken.
- Characteristics of participants not reported, so unable to contextualise differences of experience.
- Lack of clarity about research procedures, including the questions that participants were asked.
- Lack of clarity about analytic procedure and how conclusions were reached.

4. Barnes J, Ball M, Meadows P et al. (2009) Nurse-Family Partnership Programme: Second year pilot sites implementation in England. The infancy period. London: Birkbeck, University of London

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: This evaluation has a number of questions —  1. How can consistency of delivery and attaining fidelity to the programme model be achieved?  2. Do families receiving FNP in infancy differ in any substantial way from the population reached during pregnancy? That is, are those that drop out different from those that remain involved in the programme?  3. What factors (the family, the nurse, the site) are associated with retention/attrition of clients? How can retention be maximised?  4. How acceptable is FNP during infancy to families and to practitioners?  5. What is the extent of	<ul> <li>Participants:</li> <li>Caregivers and families - Information relevant to our review question was provided by: Data collection with four samples of service users: -Interviews with 157 clients in receipt of FNP with purpose of assessing potential impacts for infant and family, and what clients thought of the programme during the infancy phase - Surveys completed by 98 clients in receipt of FNP to determine satisfaction with the service, service use beyond FNP and involvement of partners - Interviews with 42 former clients who had terminated FNP involvement -Detailed case studies of 9 clients.</li> <li>Professionals/practitioners - Information relevant to our review question was provided by structured questionnaires with nursing staff involved in offering the service (n=40).</li> <li>Sample characteristics:</li> <li>Age - All clients aged under 20 at time of enrolment. Age of practitioners not reported.</li> </ul>	<ul> <li>Quantitative data - Satisfaction with services: Data relevant to aspects of professional practice and ways of working that help and hinder early help.</li> <li>Chapter 3 - Retention of clients A - Rates of attrition: No relevant data. B - Who leaves, who stays? No relevant data - analysed according to client characteristics only. C - Reasons for leaving (p. 32): Where participants declined further participation, reasons given included: - Needs had been satisfied (13.4% of those who left in pregnancy, 21.2% who left in infancy)</li> <li>Had sufficient knowledge and support (7.0% of those who left in pregnancy, 1.8% who left in infancy).</li> <li>Changed their mind and no longer wanted FNP (5.2% of those who left in pregnancy, 2.7% who left in infancy).</li> <li>Pressure from family members (7.0% of those who left in pregnancy, 1.8% who left in infancy).</li> <li>Dissatisfied with the programme (5.2% of those who left in pregnancy, 2.7% who left in infancy).</li> <li>Returned to work (1.7% of those who left in pregnancy, 3.1% who left in infancy).</li> <li>Returned to school (0.6% of those who left in pregnancy, 3.1% who left in infancy).</li> <li>Refused new Family Nurse (1.7% of those who left in pregnancy, 1.3% who left in infancy).</li> <li>Receiving services from another programme (1.7%</li> </ul>	Overall assessment of internal validity: -  Overall assessment of external validity: +  Overall validity rating: -  Key limitations include: Lack of information regarding sampling and characteristics of achieved sample, lack of information regarding synthesis of qualitative data, lack of information regarding reliability and validity of measures used in quantitative component of study.

comparison, outcomes)		Overall validity rating
<ul> <li>Sex - All clients were female. All partners interviewed were male. Sex of staff not reported.</li> <li>Ethnicity - Not reported.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not re-</li> </ul>	<ul> <li>of those who left in pregnancy, 1.3% who left in infancy).</li> <li>No time (2.9% of those who left in pregnancy, 0% who left in infancy).</li> <li>Other reason (1.7% of those who left in pregnancy, 1.3% who left in infancy).</li> <li>No reason specified (0% of those who left in pregnancy, 0.4% who left in infancy) (n = 83 for those who left in pregnancy, n=93 for those who left in infancy).</li> </ul>	
<ul> <li>Type of abuse - Not reported.</li> <li>Looked after or adopted status -</li> </ul>	The study reports that family nurses assigned the following ratings (out of 10) to factors perceived to help clients stay with FNP:	
<ul> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>n=157 clients in receipt of FNP (interviews).</li> <li>n=98 clients in receipt of FNP (sur-</li> </ul>	<ul> <li>A good relationship with the family nurse (9.8).</li> <li>Enjoyment of the visits (8.9).</li> <li>Flexibility in timing of visits (8.8).</li> <li>Sensitive use of FNP materials to meet specific client needs (8.4).</li> <li>Achieving some change (7.7).</li> <li>Support from family members to stay with FNP (7.6).</li> </ul>	
<ul> <li>n=42 former clients who had terminated FNP involvement (interviews).</li> <li>n=9 clients (detailed case studies).</li> <li>n=40 nursing staff involved in offer-</li> </ul>	<ul> <li>Recognition that FNP is needed for many challenges in their life (6.7).</li> <li>Support to stay with FNP from other involved professionals (e.g. social worker).</li> <li>Referrals to other professionals for specific needs</li> </ul>	
ing the service (questionnaires).  Intervention category: Home visiting.	<ul> <li>Presence of partner at the visits (5.9).</li> <li>Narrative findings: Data relevant to aspects of professional practice and ways of working that help and</li> </ul>	
· · · · · · · · · · · · · · · · · · ·	partners interviewed were male. Sex of staff not reported. Ethnicity - Not reported. Religion/belief - Not reported. Disability - Not reported. Long term health condition - Not reported. Sexual orientation - Not reported. Sexual orientation - Not reported. Socioeconomic position - Not reported. Type of abuse - Not reported. Looked after or adopted status - Not reported. Unaccompanied asylum seeking, refugee or trafficked children - Not reported. Sample size: n=157 clients in receipt of FNP (interviews). n=98 clients in receipt of FNP (surveys). n=42 former clients who had terminated FNP involvement (interviews). n=9 clients (detailed case studies). n=40 nursing staff involved in offering the service (questionnaires).	partners interviewed were male. Sex of staff not reported. Ethnicity - Not reported. Religion/belief - Not reported. Disability - Not reported. Long term health condition - Not reported. Sexual orientation - Not reported. Socioeconomic position - Not reported. Type of abuse - Not reported. Looked after or adopted status - Not reported. Unaccompanied asylum seeking, refugee or trafficked children - Not reported. Unaccompanied asylum seeking, refugee or trafficked children - Not reported. Sample size:  n=157 clients in receipt of FNP (interviews). n=88 clients in receipt of FNP (surviews). n=42 former clients who had terminated FNP involvement (interviews). n=9 clients (detailed case studies). n=40 nursing staff involved in offering the service (questionnaires). Intervention category: Home visiting.  fancy). No time (2.9% of those who left in pregnancy, 0% who left in infancy). Other reason (1.7% of those who left in pregnancy, 0% who left in pregnancy, 0.4% who left in infancy).  1.3% who left in infancy). No reason specified (0% of those who left in pregnancy, 0.4% who left in

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
<ul> <li>Structured interviews with 157 clients in receipt of FNP with purpose of assessing potential impacts for infant and family, and what clients thought of the programme during the infancy phase.</li> <li>Brief surveys – Surveys completed by 98 clients in receipt of FNP to determine satisfaction with the service, service use beyond FNP and involvement of partners; structured questionnaires with nursing staff involved in offering the service (n=40).</li> <li>Country: UK.</li> <li>Source of funding: Government.</li> </ul>	(2008): Programme is designed for low-income first-time mothers, starting during second trimester of pregnancy.  The programme has three goals: 'To improve the outcomes of pregnancy by helping women improve their prenatal health To improve the child's health and development by helping parents to provide more sensitive and competent care of the child - To improve the parental life course by helping parents plan future pregnancies, complete their education and find work' (p19). Visits begin at 14–16 weeks gestation - nurses visit weekly for the first month and then every other work until birth.  Visits are weekly for first 6 weeks after birth, then every other week until child is 1. Visits are every other week until the child is 20 months, and then monthly until 2 years old.  The programme: - Addresses modifiable risk for poor birth outcomes and child neurodevelopment impairment - After birth, focuses on developing sensitive competent care of the child, avoiding abuse, neglect and injuries - Supports mothers to gain educational	<ul> <li>Chapter 1 - Introduction: No data relevant to Q14.</li> <li>Chapter 2 - Delivering FNP with fidelity: No data relevant to Q14.</li> <li>Chapter 3 - Retention of clients</li> <li>A - Rates of attrition: No data relevant to Q14.</li> <li>B - Who leaves, who stays? No data relevant to Q14 - analysed according to client characteristics only.</li> <li>C - Reasons for leaving (p32): Study reports that common reasons for attrition were: moving out of the FNP area, many missed appointments, or the FN being unable to locate the client. Family nurses were asked about strategies that they would use if a client was intending to leave the programme. The study reports that the most commonly used strategies were: - to go to their team - to find out in more detail what particular issues of concern were for a client, often using motivational interviewing (p.34). The study reports that family nurses rated the following factors most highly in terms of help clients stay with FNP: having a good relationship with the family nurse, enjoyment of the visits, flexibility in timing of visits, sensitive use of FNP materials to meet specific client needs.</li> <li>E - Clients' thoughts on attrition: In semi-structured interviews with clients who left the programme, they were asked 'if anything about the nurse's behaviour, the FNP materials or the frequency of the visits led them to decide to leave' (p36). The study reports that only five interviewees mention the family nurse, 4 the frequency of the visits and 3 the actual materials. The study notes that almost every client leaving the programme de-</li> </ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	qualifications, plan subsequent pregnancies and plan for employment.	scribes their family nurse positively. The study reports that ' friendly, easy to talk to and providing really helpful information were the most common themes' (p37). A small number of clients commented negatively on being asked to go to activities. 'She was OK but she was bugging me. Kept telling me to go places about my reading and writing and I did not want to. Told me to go to [mother and baby group] and I didn't want to. I felt ashamed to say No I didn't want to go. She kept texting me and bugging me' (p37). The study reports that a small number of clients commented negatively on the family nurse speaking to other professionals, which was perceived as 'breaching confidentiality'. One client also reported that a 'less intrusive' approach might have persuaded her to stay involved with the programme. The study reports that some leavers commented negatively on the family nurse's level of knowledge. The study reports that most clients who left the programme enjoyed the programme materials to some extent, though 'many described how they found them too much to take in and only used them selectively' (p. 38). 'Sometimes liked the materials, I didn't like all the paperwork' (p39).	

5. Brand T and Jungmann T (2014) Participant characteristics and process variables predict attrition from a home-based early intervention program. Early Childhood Research Quarterly 29: 155–67

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: 'This study investigated factors predicting attrition in a sample of 434 low-income, first-time mothers in a German program modeled on the Nurse-Family Partnership Program' (p155).  The study investigates the impact of both participant characteristics and 'process variables' associated with delivery of the intervention with drop-out from the intervention. For the purposes of this review, data on process variables only have been extracted.  Methodology: Cross-sectional study - Correlational design.  Country: Germany.  Source of funding: Government - voluntary/charity.	Participants: Caregivers and families  434 low-income, first-time mothers in receipt of a home-based early intervention programme, based on the Nurse Family Partnership model.  Sample characteristics:  Age - Mean age 21.3, standard deviation 4.3  Sex - All participants were female  Ethnicity - Not reported.  Religion/belief - Not reported.  Disability - Not reported.  Long term health condition - Not reported.  Sexual orientation - Not reported.  Socioeconomic position - Mean receipt of social support reported as '51.1' - unclear what this refers to.  Type of abuse - Not reported.  Looked after or adopted status - Not reported.  Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size: 434 mothers.  Intervention category: Home visiting.	Quantitative data - Service outcomes: Measures of the relationship between a number of variables and likelihood of drop out.  Multivariate analysis of relationship between process variables and addressable attrition (n=362):  Self-referral - Odds ratio 0.22; 95% Confidence interval [0.06;0.82]; p=0.025  Week of pregnancy - OR 0.95; 95% CI [0.90; 1.01]; p=0.080  Change in home visitor - OR 0.69; 95% CI [0.21; 2.24]; p=0.539  External midwife - OR 0.82; 95% CI [0.40; 1.67]; p=0.579 Unsuccessful visit attempts - OR 1.06; 95% CI [1.04; 1.09]; p=0.000  Visits with partner - OR 1.01; 95% CI [1.00; 1.02]; p=0.075 Visits with grandmother - OR 0.97; 95% CI [0.95; 1.00]; p=0.051;  Impact on early attrition OR 0.95 95% CI [0.92; 1,00]; p=0.046  Engagement in home visits - OR 0.32; 95% [0.18; 0.57]; p=0.000  Helping relationship - OR 0.29; 95% CI [0.08; 1.12]; p=0.070  Satisfaction with service - OR 0.79; 95% CI [0.57; 1.10]; p=0.162  Time spent on parenting - OR 0.95; 95% CI [0.92; 1.00]; p=0.039.  Amount of variance explained by process variables as a whole = 0.43 (Nagelkerke's R2).	Overall assessment of internal validity: +  Overall assessment of external validity: ++  Overall validity rating: +  Key study weakness: Lack of validated measures for process variables.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Intervention: Home visiting programme based on Nurse Family Partnership (Olds 2006), seeking to 'improve maternal and child health, enhance maternal lifecourse development, strengthen parenting skills and improve the informal and formal systems of social support' (p158). The programme in Germany is delivered by midwives, or pairings of midwives and social workers. All home visitors therefore hold either a university or college degree in social work, or were state-certified midwives. Home visitors also received approximately 16 days of in-service training and 1h of clinical supervision per week from a supervisor with a university degree in social work or psychology, and with additional qualifications in coaching techniques.	Narrative findings: The analysis showed that the following process variables were significantly associated with drop-out from the programme: - Self-referral - Unsuccessful visit attempts - Maternal engagement in the home visits - Time spent on parenting in the home visits. There was no significant association between involvement of grandmothers and overall addressable attrition, but there was an impact on 'early attrition' (before 25% of enrolment time completed).  Variables which were not shown to be significantly associated with drop-out at any time were: - Week of pregnancy (no further information given about what this refers to) - Changes in home visitor - External midwife (no further information given about what this refers to) - Visits with partner - Quality of helping relationship (although this was approaching significance at p=0.070) - Satisfaction with service.  The authors explain their findings as follows. For the	
	Outcomes measured:  • Service outcomes - Dependent variable was attrition (drop-out) from the service. The authors distinguish between 'natural' attrition, occurring for reasons not to do with the programme, and 'addressable' attrition which 'might be changed by modifications of the program model' (p156). The authors have also examined early attrition (dropping out	variables which were shown to have a significant association with drop out: - Self-referral - this may reflect a higher level of motivation, following a conscious decision to engage with the programme - Unsuccessful visit attempts and low maternal engagement - both suggest a low level of interest in the programme - Time spent on parenting issues - The authors note that this suggests that focusing on the unborn child was more engaging than discussing other topics such as maternal health behaviour or relationships issues. They also note that similar findings have been reported in other studies (Roggman et al. 2008;	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	before 25 % of enrolment time completed) and late attrition (dropping out between 25% and 75% of enrolment time completed).  Independent process variables were: - Referral source, week of pregnancy, receipt of standard prenatal care (gathered via baseline interview) - Visit completion, mother engagement with visits (scale of 1-4), family involvement in visits, unsuccessful visits, programme content (gathered via home visit encounter form).  Satisfaction with service (scale of 1-4) and quality of helping relationship (measured via 5-item author constructed scale) gathered via telephone interview.	O'Brien et al. 2012). The authors also comment that the study did not specifically examine methods of delivering the intervention, so spending more time on parenting 'may not have a beneficial effect on retention unless the topic is presented in an engaging way' (p165).  Participation of grandmothers was shown to be related to early attrition only - if grandmothers did not participate, mothers were more likely to drop out before completing 25% of their enrolment time. The authors interpret this as showing that the participation of grandmothers can help to strengthen mothers' commitment to the programme. They also suggest that the presence of a grandmother may be indicative of greater family cohesion. In terms of variables which were not shown to be significantly associated with drop-out: - Week of pregnancy - no explanation suggested - Changes in home visitor - no explanation suggested - Visits with partner - The authors note that the moderator analysis suggests that 'boyfriends and husbands were only a stabilizing factor when the overall burden was high' (p164) Quality of helping relationship - the study notes that this was 'associated with attrition in the univariate analysis but not in the multivariate analysis. This was possibly due to their correlation with maternal engagement during the visits' (p165).  Limitations: The authors note the limitation imposed by the correlational design of the study, which restricts the ability to draw causal inferences from the findings.	

6. Brandon M, Belderson P, Warren C et al. (2008) Analysing child deaths and serious injury through abuse and neglect: What can we learn? - A biennial analysis of serious case reviews 2003–2005. London: Department for Children, Schools and Families

Ī	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The aims of the study are: 'i. To provide descriptive statistics from the agreed full sample (i.e. 161 cases), illustrated by some examples from the reviews ii. To scrutinise a sub sample if cases (i.e. 47) to chart thresholds of multi-agency intervention at the levels specific in Every Child Matters (Cm 5860 2003) iii. Building on the learning from the first two objectives, to seek a meaningful analysis by identifying some ecological-transactional factors within the sub-sample of reviews iv. To provide practice tools for use by Local Safeguarding Children Boards and practitioners and to identify any lessons for	Participants: Children and young people - Sample comprises: 161 Serious Case Review reports, conducted 'when abuse and neglect are known or suspected factors when a child dies (or is seriously injured or harmed), and there are lessons to be learnt about inter-agency working to protect children' (p7). The 161 SCRs studied were notified during the period April 2003 to March 2005.  Sample characteristics:  • Age - The ages of the children who were subject to SCRs considered in the study were as follows: 0-1 month - 13% 2–3 months - 19% 4-6 months - 11% 7–12 months - 4% 1-3 years - 18% 4–5 years - 2% 6-10 years - 7% 11–15 years - 16% 16 years + - 9% (n not given - assume 161).  • Sex - Female - 55% Male - 45% (n not given - assume 161).  • Ethnicity - White/White British (74%) Mixed (6%) Black/Black British (13%) Asian/Asian British (6%) Other ethnic group (1%) (n=136).  • Religion/belief - Not reported.  • Disability - Disability recorded in	Narrative findings – qualitative and views and experiences:  Implications for services Universal services and early needs Levels 1 and 2 (p102). The report identifies the following implications for universal services and early needs: -  • Practitioners needs to have a holistic understanding of children and families and awareness of how factors may interact to increase risk in the family.  • Staff working with children with additional needs should understand that they are working within the safeguarding continuum, and not in a separate sphere of activity.  • Practitioners should be aware of common causes of child injury and death in their work with parents, including 'loss of control and volatility', overlying and water scald (suggest that the detail of these is more relevant to NCCSC questions relating to recognition).	Overall assessment of internal validity: +  Key limitations of the study are a lack of clarity with respect to the way in which thematic analysis of the subsample of 47 reviews was conducted, and how the findings from this analysis has been integrated with quantitative analysis (see Chapter 6). However, study strength is that there is a 100% sample of SCRs from the 2003–5 time period.  Overall assessment of external validity: ++  Coverall validity rating: +  Limitations in qualitative aspect of research methodology prevent

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
policy and practice, including examples of good practice' (p15).  Methodology: Other - Analysis of Serious Case Reviews - analogous to thematic analysis of multiple case studies - therefore it is most appropriate to appraise this study using a qualitative study critical appraisal tool.  Country: UK.  Source of funding: Government.	<ul> <li>5% of cases (n=161).</li> <li>Long term health condition - Information on long term health conditions available for 'intensive' sample only (n=47). Complex health needs - 9%. Chronic illness - 11%.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Head injury - 16% Sudden Infant Death &lt; 4% Overlying - 4% Physical assault - 35% Neglect - 21% Poisoning/overdose - 4% Suicide - 9% Sexual abuse - 4% Gone missing - 4%, other &lt;4% (n=161).</li> <li>Looked after or adopted status - In care at time of incident - 10% (n=159).</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size:</li> <li>Main sample n=161 SCR reports.</li> <li>Intensive sample n=47 SCR reports.</li> </ul>		awarding ++ to this study.

7. Devaney J, Bunting L, Hayes D et al. (2013) Translating Learning into Action: An overview of learning arising from Case Management Reviews in Northern Ireland 2003-2008. Belfast: Queen's University Belfast

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The aim of	Participants:	Narrative findings: Key themes identified through	Overall assessment

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
the report is to ' present key learning from the first 24 case management reviews commissioned and completed [in Northern Ireland] between the commencement of the current process for case management reviews in 2003, up until the end of 2008' (p17).  Methodology: Other - Analysis of Serious Case Reviews - analogous to thematic analysis of multiple case studies - therefore use qualitative study critical appraisal tool.	<ul> <li>Children and young people - Case Management Reviews concerning children and young people who have died or been seriously injured, and abuse or neglect is known or suspected to have been a contributing factor.</li> <li>Caregivers and families - Case Management Reviews concerning children and young people who have died or been seriously injured, and abuse or neglect is known or suspected to have been a contributing factor.</li> <li>Professionals/practitioners - Case Management Reviews concerning children and young people who have died or been seriously injured, and abuse or neglect is known or suspected to have been a contributing factor.</li> </ul>	analysis of CMRs with relevance to aspects of professional practice and ways of working in early help:  Early and sustained intervention (p47): The study identifies the following points in relation to early and sustained intervention: - Few CMRs showed evidence of early recognition of significant risk factors, including issues such as adult mental health problems In other CMRs, primary care professionals either did not recognise risk factors or, where they had concerns, did not share these with children's social services or family members who could have kept the child safe - A piecemeal pattern of on/off engagement by social services and other agencies with families - Lack of appropriate information sharing by children's social services and other agencies - Lack of early intervention was particularly apparent in cases involving adolescents - Agencies were poor at addressing the impact of chronic neglect on children and intervening at an early stage - Failures to respond in a sustained way to extreme distress, manifested as risky behaviour, particularly among 'hard to help' adolescents.	of internal validity: +  Overall assessment of external validity: +  Study contains information relevant to guideline.  Overall validity rating:+  Overall, there is a lack of description of how thematic analysis was undertaken.
Country: UK.  Source of funding: Government.	<ul> <li>Sample characteristics:</li> <li>Age - Age of index children who were subject to Case Management Review at time of index event were as follows: Under 1 year - 29% Between 1 year and 5 years - 17% Between 6 years and 10 years - 4% Between 11 years and 15 years - 33% 16 years and above - 17% n=24.</li> <li>Sex - Gender of index child - Female - 54% Male - 46% (n=24).</li> </ul>	The report highlights 'The importance of early, more sustained and better coordinated intervention, not just for younger children but older children and adolescents'  Child neglect (p48): No data relevant to early help specifically  Thresholds for intervention (p49): No data relevant to early help specifically.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims		Communication and information sharing between professionals: No data relevant to early help specifically.  Recording and record keeping: No data relevant to early help specifically.  Compliance with established policies and practice: No data relevant to early help specifically.  Assessment and analysis of information: To be reported under NCCSC questions on assessment.  Supervision, staff support and training: To be reported under NCCSC question on organisational factors.  Keeping the focus on the child: No data relevant to early help specifically.  Organisational and staffing context: To be reported under NCCSC question on organisational factors - Inter and Intra agency working.	Overall validity rating
	<ul> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample size: 24 Case Management Reviews analysed.		

8. Domian EW, Baggett KM, Carta JJ et al. (2010) Factors influencing mothers' abilities to engage in a comprehensive parenting intervention program. Public Health Nursing 27: 399–407

Research aims	<b>Study aim:</b> 'To identify possible factors influencing the ability of mothers perceived to be at the highest risk for child maltreatment to engage in a home visitation program' (p399).		
	Methodology: Qualitative.		
	Country: USA.		
	<b>Source of funding:</b> Government - The National Institutes of Child Health and Development; Centers for the Prevention of Child Neglect, US.		
PICO (population, inter-	Participants:		
vention, comparison,	Data source was professionals/practitioners. Coach interventionists of parenting programmes.		
outcomes)	• Participants in the intervention were caregivers and families. Parents at risk for child abuse and neglect engaged in parenting programmes.		
	Sample characteristics:		
	The 4 coaches spoke about their experiences of working with the following sample of families:		
	<ul> <li>Age - Mothers aged 15–35 years of age (6 teenagers); 3 coaches middle aged adults, 1 coach in late 20s.</li> <li>Sex - mothers; all coaches female.</li> </ul>		
	• Ethnicity - Eight mothers African American, and 1 mixed African American and Caucasian. Coaches: 3 Caucasian and 1 African American.		
	Religion/belief - Not reported.		
	Disability - 4 mothers had learning disabilities, 6/9 mothers had low literacy levels.		
	Long term health condition - Not reported.		
	Sexual orientation - Not reported.		
	<ul> <li>Socioeconomic position - None of the mothers had completed high school. Mothers inadequate family and/or poor social supports.</li> </ul>		

- Type of abuse Mothers with a history of previous reports of child neglect or abuse with other children; problems
  with anger management; involvement with alcohol and/or street drugs; history of domestic violence and/or psychological trauma.
- Looked after or adopted status 1 teen mother lived with a foster family.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

#### Sample size:

- Comparison numbers not applicable.
- Intervention number not applicable.
- Sample size 4 coaches, reporting on work with nine families

**Intervention:** The context for this study is that of 'My Baby and Me' multisite home visitation intervention study.

#### Findings.

#### Narrative findings – qualitative and views and experiences:

The authors identified three themes which reflected coaches' perceptions of mother's ability to engage in programmes.

**Theme 1:** 'Mothers struggle to meet the emotional needs of the self and the child' 1a. Difficulty in identifying emotional needs: Coaches in the study reported that mothers often had difficulty in recognising how their own emotional wellbeing impacted their child's emotional and behavioral state and these difficulties were often mirrored in the mother-child relationship. An unemployed and isolated 30-year-old mother with an infant daughter and a 2-year-old son said: '... if the two-year-old is acting out ... and not really doing what she wants him to do, it's his fault, it's not because she's been yelling and kind of really harsh with him' (p402). 1b. Confusion in emotional caretaking. Coaches in the study found that some mothers were unaware and confused of her own and the child's emotional needs. 'They [mothers] expect their babies to understand their needs as women, as mothers, as adults ... that their babies should be able to understand those things ...' (p403). 1c. Difficulty in trusting others. Some high risk mothers were reported to be less able to trust and communicate openly with coaches, and ask for help.

**Theme 2:** 'Mothers lack support in navigating complicated and stressful life events' 2a. Coaches reported multiple deprivations and support in a non-nurturing environment, leading to isolation that prevented them from managing stressful life events. 2b. A future of uncertainties. Coaches in the study reported that mothers lacked the skills or resources necessary to deal with complicated and stressful parent-child situations: '... none of' [mothers] have vehicles .... faced with all these stressors .... they don't have any way to escape .... get out of the house or ... go to the store ...' (p403). Coaches also perceived that, due to instability in living conditions, mothers moved around a lot. 2c. Isolated in life struggles. Coaches reported a lack of financial and personal support for mothers which meant they do it all on their own. Additional psychological stressors such as sexual assault and abuse, depression, learning disabilities, minority status etc. could compound the situation.

Theme 3: 'Mothers' consistency with program engagement is mediated through a trusting and caring relationship with coaches' 3a. Need for genuine caring. Coaches reported some mothers difficult to engage. Specific programme materials and interventions could either increase involvement or cause psychological conflict for the mothers, resulting in disruption to engage in parenting programmes. All the coaches felt that attentive human contact, providing opportunities for genuine communication with another person, and allowing mothers to express ideas were important to engage mothers in parenting sessions. '... just being able to relate to their situation and 'basically how they're feeling that day' increased the mother's involvement with program materials' (p404). 3b Need for a committed coach relationship This required coaches to meet the mother 'where she is' physically, emotionally, and mentally, and to make her feel valued during all interactions and interventions. Such relationships not easily accomplished due to emotional burden and time commitment. Coaches also felt that they could better support the mothers if the mothers could identify with the coach, for example on grounds of age, race, history of childbearing, or other experiences.

This study showed that vulnerable mothers' levels of engagement can be mediated by professionals who are sensitive to the individualised factors influencing the mothers' lives and decisions. To develop a trusting and caring relationship, it is important that home visitor coaches/nurses understand the psychological and the contextual factors that influence mothers' ability to engage, and to achieve the continuous process of engagement by supporting mothers to explore and discover self-care strategies and ways to manage life struggles. Study also supports some well-known barriers to engagement, including fear of 'the system', and the difficulty in parenting in the face of extreme poverty, and lack of emotional and financial support. Limitations: Teen mothers and older mothers would have different life experiences and developmental needs Coaches' perceptions only, not mothers.

Overall validity rating.

Overall assessment of internal validity: ++

Overall assessment of external validity: +

Overall validity rating: +

### 9. Easton C, Lamont L, Smith R et al (2013). 'We should have been helped from day one': A unique perspective from children, families and practitioners. Slough: National Foundation for Educational Research

#### Research aims

**Study aim:** To explore effective early interventions in response to neglect and families and practitioners views on these. The research question was: 'How do we effectively support families with different levels of need across the early intervention spectrum to engage with services within an overall framework of neglect?' (piv).

**Methodology:** Qualitative study - Although the Local Authorities Research Consortium provides the overall research

question, the local authorities carried out their own research. Three indicated that they used quantitative methods although it is not clear if this data is included in the report.

**Country:** UK. Nine local authorities in England: Bracknell Forest Council, Coventry City Council, Hertfordshire County Council, Kent County Council, Portsmouth City Council, Solihull Council, Telford and Wrekin Council, Wolverhampton City Council and Warwickshire County Council.

Source of funding: Not reported.

# PICO (population, intervention, comparison, outcomes).

#### Participants:

- Children and young people Children and young people experiencing neglect.
- Caregivers and families Families in which child neglect was a problem.
- Professionals/practitioners Practitioners worked in a range of fields including '... education, health, early years settings and authority services ...' (pv) This included head teachers, school nurses, police officers, targeted youth support workers, domestic abuse workers, Home-Start workers, etc.

#### Sample characteristics:

- Age Children and young people: '... aged up to 11 ...' and '... aged 12+ ...' (p 45). No details are provided regarding
  age of families and caregivers, or practitioners.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse The study focused on children experiencing neglect which met definitions used in Southampton's Local Safeguarding Children's Board 'Really Useful Guide to Recognising Neglect' (Southampton 2012): 'Level two, related to families where the parent/s mostly met the child's needs. Level three, where children had some unmet needs; lived in a family home that lacked routines; had parents with poor awareness of safety issues; and the child received limited interaction and affection. Level four, these were families in which adults' needs were put before the child's, and where the child had low nutrition and scarce stimulation' (p1). The report did not aim to '... consider cases where children were at significant risk of harm and should be being supported by statutory services' (p1).
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

Sample size: 9 local authorities provided data from –

- n=105 practitioners.
- n=25 parents or carers.
- n=15 children and young people.

#### Findings.

#### Narrative findings – qualitative and views and experiences:

'How do authorities support families experiencing neglect?' (p9). Practitioners reported a range of services which they felt were appropriate when responding to families experiencing neglect at level two. These included parenting programmes (e.g. Triple P) or child and parent support groups, children's centres, the Family Intervention Project, Home-Start, housing services (i.e. for help with tenancy issues), and mental health services.

Gaps in provision - A number of practitioners working in education suggested that the need for a CAF to access services was problematic and that the need for parental consent also caused difficulties. Other practitioners reported that families had difficulties in accessing health services such as child and adult mental health services. Some early years practitioners suggested that new parents (at level 2) should receive greater assistance to cope with the '... emotional upheaval ...' (authors, p11) of a newborn baby. Practitioners felt that there were also gaps in education support for families at levels three and four, such as a lack of family support workers in schools, or the small number of Emotional and Behavioural Difficulties placements.

Gaps in parenting provision - Practitioners felt that parents in families at levels 2, 3 and 4 needed help with basic parenting skills and managing budgets. They also suggested that help needed to be offered at an earlier stage and attempt to address the issue of stigma (suggestions included a coffee morning). For families at levels 3 and 4, practitioners felt that support should be provided in the home in some instances, and that some 'chaotic' families were unlikely to engage with group based support. Practitioners also commented on the long waiting lists for parenting programmes. 'Perceived reasons for gaps in provision' (p12). Practitioners felt that other professionals were often unaware of the extent of support available for families at a local level. Other reasons given include the failure to identify family needs early enough, high thresholds, reluctance to enable early intervention and use the CAF process, and poor information sharing. Practitioners also emphasised the lack of preventative help which they felt would prevent some problems escalating to level 4.

Suggested methods of addressing these gaps included providing information to families regarding available support, developing clear action plans that all practitioners are aware of, ensuring that workers assigned to families are consistent, delivering more support in the family home, improved training, enhanced school provision of early intervention (i.e. through family support workers), better coordination of multidisciplinary support (one practitioner noted that a family had received five visits from different professionals in one day. One practitioner noted that they supported parents to access services by accompanying them on their first visit to a service.

The authors report that practitioners most authorities felt that gaps in service provision were not specific to neglect, but

rather to '... early intervention support in general' (authors, p18). A number suggested that practitioners in children's and adult services needed to cooperate more closely and suggested a single directorate as the solution whilst others felt that some of the families they dealt with actually had very high needs which they lacked experience in dealing with. Although the authors report that the majority of families felt that there were no gaps in service provision and were happy with the support they had received, a small number from 2 local authorities identified issues such as gaps in health and education services (e.g. signposting to other services), the time-limited nature of support and a lack of information as particular problems.

'Do practitioners feel prepared to meet families' need?' The authors report that only a few practitioners were asked this question specifically but those who did identified issues such as their reliance on other professionals for information about families, a need for greater multi-agency working, inconsistent ways of working with families and the failure to initiate CAF processes at an earlier stage as challenges they faced. Practitioners were also asked whether there were any unmet training needs in relation to supporting families experiencing neglect. The authors report that '... a slightly larger proportion indicated that they or their colleagues had unmet needs' (p18). They also note that practitioners in four local authorities were specifically concerned with children's social care staff with some suggesting that social workers were too lenient with regards to poor behaviour which then escalated to more serious issues.

'How do practitioners think they can best meet families' needs?' (p19).

Access – Practitioners felt that services and information about them needed to be more easily available to families and that universal services should play a greater part in preventative efforts. One practitioner felt that the need to make an appointment before accessing services was a problem and suggested that the use of 'open-door' policies.

Multi-agency working – Practitioners felt that multi-agency working needed to be improved and suggested that better communication and information-sharing would help in this respect (with one practitioner commenting on the value of co-location). Some also felt that practitioners needed to develop a common language which would help both practitioners and families. At one local authority, it was reported that social housing landlords were invited to multi-agency meetings, and one practitioner felt that housing practitioners could signpost families to appropriate services if they became aware of particular problems in the family home.

Practitioner skills – The authors report that the majority of practitioners felt that their skills and the relationships they developed with families were a fundamental component of the support they provided. They suggested a number of key principles including taking the time needed to develop relationships, being persistent, ensuring that they are consistent in the work they do with families, being honest and confident enough to state when a caregiver displays unacceptable behaviour, fostering trust, being aware of services available, being non-judgemental, motivating families and setting realistic goals, and being flexible and available. The authors quote a number of practitioners including one who commented on the importance of consistency.

'Being consistent in that support, being firm with them. Doing what you said you were going to do, making sure it was followed through ... so they knew that you were being honest' (practitioner, p20).

A small number of practitioners commented on the importance of acceptance of the practitioner by families and the need for a good first impression:

'It's a bit like a job interview, you have got a minute to impress, if they don't like you, you're not going anywhere' (p21).

Interventions and strategies which practitioners felt were useful included: parenting programmes (e.g. Triple P) and the 'Solihull approach' (courses designed to help parents understand their child's behaviour); Family Intervention projects; location of family support workers in schools; home visits; contacting families when they miss appointments; accompanying parents on their first visits to courses or services; and ensuring that support is consistent and that there are no breaks in service (e.g. when families fall below thresholds). Families were asked which aspects of support they had found most helpful. They identified emotional support, practical and financial support, programmes and clubs for children and young people and parenting support or courses as particularly helpful.

Emotional support – The authors note that parents 'commonly' specified that emotional support had been the most valuable type of help they had received. They stated that having someone to listen to them who was non-judgemental had led to improvements in their parenting: 'Having someone here to support me emotionally and practically who did not judge me or my situation was great. Knowing I had support and could phone up at any time to ask for advice was great too. It gave me the strength to work at being a better parent' (parent, p22). Some parents also appreciated the fact that practitioners acted as an advocate and supported them in difficult meetings. Whilst others commented on the emotional support their child had received which had improved their behaviour.

Practical and financial support – The authors note that many parents valued the practical and financial assistance they received such as help with repairs to their house or to obtain household goods and advice regarding finances. Programmes and clubs for children and young people – Some parents reported that clubs which their child had attended had had a positive effect on their behaviour. These included youth centre activities, anger management programmes, mentor support, etc. Children and young people also reported that these types of activities had been beneficial.

Parenting programmes and support – The authors report that parents appreciated support which helped them to improve their parenting, which they reported had increased their confidence and self-control:

'They helped me feel confident that I could be a good parent and take care of my children' (parent, p23).

The authors also note that a small number of children and young people reported that this type of support had led to improved parenting with their parents responding in a calmer manner and being able to solve problems themselves.

Children and young people also appreciated having someone to talk to, which some reported was the most helpful type of support provided.

'Barriers and enablers to supporting families'/'Why families do not engage with services' (p24). The authors report a number of themes which came up when practitioners and families were asked to comment on barriers and facilitators to engagement.

Misconceptions – Families misunderstood the role of social services and are afraid of their child being removed from the home. Families are also afraid that other professionals they come in to contact with will contact social services, as one professional stated:

'I know a woman who was scared to go to her GP about her low mood because she was afraid it would lead to a social worker taking her child away. So, there's that real misunderstanding of what social workers do' (practitioner, p25).

Practitioners also stated that the stigma attached to receiving support from social services prevented parents from engaging. Families also commented on stigma and feared that asking for help would lead to the removal of their child, as one parent commented: 'I was petrified that if I asked for help my kids would be taken away from me [...] and it's happened to my friends. I was really scared but also really desperate for that help' (parent, p25).

Previous experience with services – Both practitioners and families noted that prior experience had an effect on the likelihood of families engaging with services in the future and a number of families commented on perceived attitudes of professionals which they had found unhelpful such as being judgemental or condescending. Practitioners also suggested that the tendency for other professionals to act as 'authority figures' can act as a barrier to engagement.

'Processes and resourcing' (p26) – Practitioners reported that time-limited services and the use of jargon were potential barriers to engaging families. Some families reported that thresholds, particularly in relation to children's social care and mental health services, prevented them from getting assistance. In relation to family level issues, practitioners suggested that parent's feelings of being judged was a barrier to engagement, which children and parents also suggested was a concern. Some also viewed professionals as unlikely to help or listen to them, particularly if they had unsuccessfully sought help in the past. Some parents were also reluctant to seek help through fear of being a burden. The authors asked parents what helped them to engage and they report that the majority stated that being aware of the help available to them was important. They suggested that services needed to be promoted and advertised to a greater extent and identified practitioners who supported and listened to them as another factor which would help. Other suggestions included an open evening to address misconceptions about social services and fear of stigmatisation, and support which was coordinated with one parent explaining: 'It's helpful to get everyone together because people can't cope with lots of different phone calls etc.' (parent, p28).

When asked to discuss barriers to supporting families, practitioners reported difficulties associated with multidisciplinary working including, other practitioners who were unaware of available support and '... unresponsive to proactive family requests for help ...' (authors, p29). Practitioners also reported that 'access' was an issue and specified that low numbers of home visits and the need for family consent in order for early interventions to commence were particular difficulties which they faced. Some also felt that the lack of alternative sources of support for families who do not meet thresholds can make re-engagement more challenging. When asked about the help they received, the authors report that the majority were positive and recognised that they had needed assistance. Some felt relieved that they were receiving help and others were glad that they were being 'listened to'. The authors also report that the majority of children and young people were happy about the help their families had received although some had initially been nervous about this.

Parents were also asked whether they had received help at the right time and the authors state that: 'Around two-thirds of the parents stated that they would have liked the help sooner. Some parents recognised that this was partly because they were not aware of the organisations that could help. However, others felt that they were not being listened to or that services (particularly education and children's social care) were not acting quickly enough to help them' (authors, p31). The authors also report that the majority of families perceived that the support they had been given had led to positive changes in their circumstances such as a more stable home environment, improved child behaviour, and improved parental mental health. In contrast, there were some families who reported that the assistance had had only minimal impact, particularly if it had only recently been provided. The authors report that as parents stated that they would ask for help again from the practitioner or agency they were currently receiving support from this is an indicator of the value which it had. Other parents reported greater awareness of the support they could access and greater confidence in doing so.

'Families and the 'revolving door' (p33): The authors report that practitioners saw the 'revolving door' issue as partially a result of the way in which services were delivered: Time of case closure – Practitioners felt that support was withdrawn from families before their resilience had developed sufficiently and some suggested that the withdrawal of support should be tapered rather than immediate which would allow practitioners to monitor progress. The authors note that both families and practitioners felt that services should not be time-limited.

Communication between services – Practitioners identified poor dialogue between professionals as an issue, with some working in education noting that they were not informed when an intervention had ended.

Working with families: Some practitioners believed that support too often focused on the 'symptoms' of neglect rather than the underlying causes and the authors quote a practitioner comment as 'typical' which stated that: 'You will not break the cycle just by addressing the symptoms' (practitioner, p34). The authors suggest that practitioners need to work with families using strategies which enable them to build capacity to support themselves and change the underlying behaviours which contribute to the cycle of neglect. Practitioners also suggested strategies such as working with

	the whole family (e.g. addressing adult mental health problems), developing clearer plans for change with appropriate outcomes, encouraging parents to think about their own behaviour rather than focusing on 'problem' behaviours of their child, etc. Practitioner views on engaging extended families were mixed, with some who felt that this was a helpful way of addressing family issues whilst others felt that this tactic may in some instances be harmful. Some practitioners felt that supporting families to engage with their community was an appropriate way of extending their support network, however this was contrasted with responses from other practitioners who thought this was inappropriate and should not be seen as a substitute for necessary services.
Overall validity rating.	Overall assessment of internal validity: -
	Overall assessment of external validity: ++
	Overall validity rating: -
	The failure to provide details regarding the analysis process and the characteristics of the sample are significant limita-

### 10. Fernandez E (2004) Effective interventions to promote child and family wellness: A study of outcomes of intervention through Children's Family Centres. Child and Family Social Work 9: 91–104

uten s ranning Centres. C	mid and Family Social Work 9: 91–104
Research aims	Study aim: To ' to evaluate the impact of family support interventions by comparing the views of families and their caseworkers with respect to the perceived benefits and outcomes of the interventions in the context of changes in family functioning and parent—child relationships, and the extent to which changes led to reduced involvement in protective services' (p91). Data extraction for this study has focused on the perceived benefits of the intervention (qualitative data from families and caseworkers), as most relevant to review question 14.  Methodology: Part of a mixed methods study. Only qualitative data (from semi-structured interviews) have been extracted and the study has been appraised as a qualitative study.  Country: Australia - Sydney.
PICO (population, intervention, comparison, outcomes)	<ul> <li>Participants:</li> <li>Caregivers and families - Families identified as being at risk for child abuse and neglect and were in receipt of services from Children's Family Centres. The participant families had been referred for a range of reasons. 28% had been referred (including some self-referrals) primarily for assistance with accommodation and a number of families had experience periods of homelessness. 24% were referred primarily because of difficulties managing their children's behaviour. 28% had been referred due to child protection concerns or wished to place their child in temporary</li> </ul>

tions.

foster care. 21% had been referred due to '... relationship issues ...' (p93). The authors note that in all of the 29 families the women had experienced domestic violence and '... needed assistance living with the aftermath of the violence' (p93). The sample also included children whom statutory workers had assessed as having been abused.

 Professionals/practitioners - Caseworkers delivering services through Children's Family Centres to families identified as being at risk for child abuse and neglect.

#### Sample characteristics:

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Data is not provided but the authors note that the sample included parents with learning disabilities.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position The authors note that a '... significant number of the families were characterized by sole parenthood, social isolation, homelessness, debt, and alienation from family networks' (p93).
- Type of abuse Not reported specifically: '... children assessed by statutory workers to have been abused or at risk of abuse and of entering care, or of being restored from care ...' (p 93).
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

**Sample size:** n=29 families were chosen who had been referred to the service, however 3 families then declined to participate as a result of crises they experienced at the time.

**Intervention:** Children's Family Centres are run by Barnardo's Australia and provide integrated family support. The services they provide are intended to be holistic, non-stigmatising and to encourage families to proactively seek assistance. The aim of the programme is to reduce risk factors and enhance protective factors. Specific services include home visiting, day care, semi-supported accommodation, counselling, group sessions, respite care and crisis services. The centres also run Temporary Family Care - a crisis service open on a 24 hour basis which can provide crisis responses and respite care.

#### Findings.

**Narrative findings – qualitative and views and experiences:** The authors note that caseworkers identified positive changes in the families they worked with, for example in parent's attitudes and decision-making. The authors also report that the '... general picture ...' from interviews with families was that the services they received were useful in both emotional and practical terms.

The authors note that parents described approaches which they had found helpful such as '... listening, being non-

judgemental, respectful and accessible ...' (authors, p 100) They quote one parent who stated that: 'Well they've helped us a lot. They've given us "respect", like normal people just run you down – don't give a damn how you feel and that, and they've just given us that support, just being able to cope, and that ... just being able to talk – that helps' (parent, p100).

The authors also report that families' positive views on tangible benefits such as monetary assistance or help with housing was often followed by comments on the less concrete benefits associated with the programme such as the development of support networks, or the potential to make friends: 'Yeah, they've given us ideas - how to change things and just - be more relaxed and that, they've helped out financially with the power bill, and food wise – and stuff and just introducing me to um the Mother's Group – that really helped cause I've made a really good friend out of it, and we see each other all the time' (parent, p100).

The authors state that '... sympathetic and accessible professionals were important to many parents ...' (p100) and that the ability to share problems with other parents and discuss what was 'normal' and what was a 'problem' were also valued. Parents also reported that they had become closer to their children and that their parenting had improved. The authors asked parents what they liked and disliked about the service and they report that many commented on the accessibility of the service, with one parent commenting: 'Just her coming out and um just having someone that'll come out to your house cause there's time there - no one used to come to the house, you know, it was like just me and him, all the time with the kids and it just got monotonous. Just having a person come into your house and respect ya, and everything - that even helped and not criticize ya' (parent, p100).

Parents also felt that they had benefitted from the intervention and the authors highlight such views as 'typical':

'I have to say, at the end when they played a pro-active role in trying to help was really good, rather than waiting to have me call and scream for help – it was good when they were more – jumping on things before things got bad – that was good. So, it was good to have her phoning and saying "how are things going" and that, you know, rather than to have me phone and ask for help' (parent, p100).

'They have taught us all how to live with each other and just how to cope with all the little things that come up in every-day life. There hasn't been any drawbacks. I don't know where I'd be without them, I know for a fact that I wouldn't have my kids, so ...' (parent, p 101).

Parents also welcomed support which was tailored to their individual needs and supported their parenting goals. They also appreciated support which was delivered in their home and combined tangible assistance with emotional support and education.

Parents also valued the role which the service played in mitigating their lack of family and social networks. In addition

	to positive comments regarding the service, the authors report that workers and parents reported ongoing issues of concern. Some workers felt that it was important to remember that the positive changes which families had made had taken place in a short timescale, and that the problems they faced were 'intractable' (authors, p101).	
	Family support workers still had concerns regarding the use of physical discipline and issues in relation to attachment and the authors state that transcripts of interviews with workers show the difficulty in supporting families whilst also remaining aware of child protection issues and the point at which a threshold has been reached.	
Overall validity rating.	Overall assessment of internal validity: -	
	Overall assessment of external validity: ++	
	Overall validity rating: -	
	The failure to include any detail regarding the analysis process and only minimal details on the characteristics of participants and settings are a key limitation.	

## 11. Girvin H, DePanfilis D, Daining C (2007) Predicting program completion among families enrolled in a child neglect preventive intervention. Research on Social Work Practice 17: 674–85

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To build a model to predict which families complete the Family Connections programme, a targeted preventive intervention delivered to families who meet child neglect criteria. The model included consideration of three variables relevant to aspects of professional practice and ways of working: -	Participants: Caregivers and families - Families who meet child neglect risk criteria with at least one child be- tween the ages of 5 and 11. There were 4 eligibility criteria - 1. Concern from a 'referring person' that at least one of 19 neglect subtypes was pre- sent at a level below that required for CPS investigation. Subtypes included unsafe housing, poor health care, etc. 2. Concern that at least 2 other risk factors related to the child or care- giver were present. These included behaviour problems; physical, learn- ing, or developmental disabilities;	<ul> <li>Quantitative data - Satisfaction with services -</li> <li>Results from bivariate analysis:         <ul> <li>Intervention group (3 or 9 month programme): Significant difference in completion, in favour of 3-month group (3 month group: 61 competed, 3 did not; 9 month group 51 completed, 19 did not), χ2 [1, n=136] = 10.745, p=0.001.</li> <li>Helping Relationship Inventory-Client - Interpersonal subscale: (Independent sample t tests. Significance assessed after Bonferroni correction. Only p values of less than .001 are significant). Caregivers who completed the programme reported higher scores on the HRI-C interpersonal score than those who did not complete the programme: Programme</li> </ul> </li> </ul>	Overall assessment of internal validity: +  Overall assessment of external validity: ++  Overall validity rating:+

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
<ul> <li>Length of intervention.</li> <li>The helping relationship between worker and client.</li> <li>Satisfaction with interaction with worker.</li> <li>Data have been extracted in relation to these variables only. Other variables considered related to characteristics of the participants or their families, rather than aspects of professional practice.</li> <li>Methodology: Other - Correlational design measuring the association between a range of independent variables and service completion - and indicator of satisfaction with services. The study has been critically appraised using a tool designed for cross-sectional studies, which are closely related to correlational</li> </ul>	more than three children; unemployment; mental health problems; domestic violence; homelessness; etc.  3. Not currently involved with CPS. 4. Caregiver willingness to participate.  Sample characteristics:  • Age - Age of primary caregivers ranged between 19 and 72 years (M=36.88, SD=12.21). Age of children ranged from newborn to 20 years old (M=8.34, SD=4.05).  • Sex - The majority of caregivers were female = 97.8%.  • Ethnicity – The majority of caregivers were African American = 87.5%. The majority of children were African American = 86.4%  • Religion/belief - Not reported.  • Disability - Not reported.  • Long term health condition - Not reported.  • Sexual orientation - Not reported.  • Socioeconomic position - Never married = 67.6%, unemployed = 59.6%, mean educational level = 10.80 years (SD=2.27), mean income level = \$9,931.83 (SD = \$5,926.18), number of children per family ranged from 1 to 9 (M=3.14, SD=1.63). Children living with their mothers=78.0%.  • Type of abuse - The most frequent concerns (in relation to neglect) at	completers M=39.18, SD = 8.89; Caregivers who did not complete programme M=28.87, SD=11.71; t=-4.788, p<.0005. The size of the effect was large (Cohen's d = 1.11).  • Helping Relationship Inventory-Client - Structural subscale: (Independent sample t tests. Significance assessed after Bonferroni correction. Only p values of less than .001 are significant). Caregivers who completed the programme also reported higher scores on the HRI-C structural component. This was not significant according to the Bonferroni-corrected criterion, but did show a large effect size: (Programme completers M=40.19, SD=8.40; Caregivers who did not complete programme M=32.13, SD=12.20; t=-3.026, p=.005, Cohen's d=.89).  • 'Satisfaction with interaction of workers' as measured by Parent Outcome Interview: (Independent sample t tests. Significance assessed after Bonferroni correction. Only p values of less than .001 are significant). Caregivers who completed the program reported significantly higher satisfaction with workers, with a large effect size: (Programme completers M=2.44, SD=0.62; Caregivers who did not complete programme M=1.82, SD=0.75; t=-4.213, p<.0005, Cohen's d=.97).  Results from multivariate analysis (logistic regression): NB Only data from the final model (block 3) has been extracted as this model contains all variables of interest to NCCSC question 14.  The significance criterion used was p<0.005 (note this is not the usual significance level, but is stated in paper on p.681).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
designs.  Country: USA - Baltimore.  Source of funding: Not reported.	intake were - delay in accessing children's mental health care (35%), unstable living conditions (24%), inadequate supervision (23%), the majority of families also had employment problems (68%) or child behavior problems (66%).  • Looked after or adopted status - Not reported.  • Unaccompanied asylum seeking, refugee or trafficked children - Not reported.	<ul> <li>Intervention group (three or nine months programme): This was a significant predictor of completion within the model (B=1.995, p=0.003)</li> <li>Helping Relationship Inventory-Client - Interpersonal subscale: Scores on the helping relationship inventory interpersonal subscale were also significantly predictive of completion (B=0.085, p=0.049).</li> <li>'Satisfaction with interaction of workers': This was not a significant predictor of completion (B=0.650, p=0.295).</li> <li>Helping Relationship Inventory-Client - Structural subscale – Not reported.</li> </ul>	
	Sample size: This study represents part of a larger randomised controlled trial which aimed to evaluate the effects of the Family Connections programme. This used an experimental design to randomly assign 154 families into four conditions: 1. Family Connections programme for 3 months. 2. Family Connections programme for 3 months with a group intervention. 3. Family Connections programme for 9 months. 4. Family Connections programme for 9 months. 4. Family Connections programme for 9 months with a group intervention.  'Because of poor compliance with the group intervention, this article reports only on a comparison of 70 families who were assigned to FC intervention for 3 months versus 84 families assigned to receive FC intervention for	<ul> <li>Results from bivariate analysis:         <ul> <li>Intervention group (3 or 9 month programme):</li></ul></li></ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	9 months, combining those with and without the group intervention' (p677).  n=70 received treatment for 3 months	on section 11 of the Parent Outcome Interview (satisfaction) with caregivers who completed the programme reporting higher scores.	
	(some of whom received the en-	Results from multivariate analysis (logistic re-	
	hanced version of the programme	gression) - final model (block 3):	
	which included a group intervention). n=84 received treatment for 9 months (some of whom received the enhanced version of the programme which included a group intervention).	<ul> <li>Treatment group and scores on the Helping Relationship Inventory-Client - interpersonal subscale were significant predictors of programme completion. Families assigned to the 3 month intervention were 7.35 times more likely than those assigned to the 9 month intervention. Each 1 point increase on</li> </ul>	
	n=136 families completed interviews at service termination.	the Helping Relationship Inventory-Client - interpersonal subscale increased the odds of completion by 1.09.	
	<b>Intervention category:</b> Multi-component intervention.	Client satisfaction measured using section 11 of the Parent Outcome Interview was not a significant pre- dictor of programme completion.	
	Intervention: Family Connections is a targeted preventive intervention aiming to reduce the risk of child neglect. It uses a ' family-centered model of practice' (p677) and is based on nine principles such as the helping alliance, individualized family assessments, outcome-driven service plans, etc. It is delivered by social workers and social work interns ' in the context of their neighborhoods' (p678) using a manual.	The authors conclude that ' the FC intervention emphasises the formation of helping alliances between the social worker or social work intern and all family members Considerable effort is made by the program to teach and model methods for forming helping alliances between social work interns and family members. The findings of this study suggest that those efforts are important and should be continued as part of the implementation of intervention' (p683). The authors further conclude that the study suggests that families may find it easier to complete services designed for a shorter interval.	
	The main components of Family Connections are; home-based family interventions (e.g. assessments and		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	service planning, counselling, etc.), coordination of services and referrals to services to address risk factors such as substance abuse, and to enhance protective factors, e.g. through mentoring programmes) and 'multifamily support recreational activities'.		
	n=154 families were randomly assigned to one of four treatment conditions: 1. Family Connections programme for 3 months. 2. Family Connections programme for 3 months with a group intervention. 3. Family Connections programme for 9 months. 4. Family Connections programme for 9 months with a group intervention.		
	Outcomes measured: Satisfaction with services - The authors aimed to build a predictive model of service completion based on variables noted in the literature. The dependent variable was service completion and the independent variables were: caregiver age, intervention group, Child Protective Services status, history of drug use, depressive symptoms, everyday stressors, 'the helping relationship', and 'satisfaction with interaction of workers'. As the NCCSC review question focuses on professional		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	practice or ways of working only find- ings relating to the following variables have been extracted:		
	<ul> <li>Intervention group (3 or 9 month programme).</li> <li>'The helping relationship'. Measured using the Helping Relationship Inventory-Client (Poulin and Young 1997) at termination of programme. This is comprised of two subscales; the interpersonal component which measures interpersonal connections or bonds; and the structural component on which higher scores indicate collaboration and ' clarity about the purpose of the worker—client relationship' (p679).</li> <li>'Satisfaction with interaction of workers' measured using Section 11 of the Parent Outcome Interview (Magura and Moses 1986). Self-reported at service termination.</li> </ul>		

### 12. Krysik J, LeCroy CW, Ashford JB (2008) Participants' perceptions of healthy families: A home visitation program to prevent child abuse and neglect. Children and Youth Services Review 30: 45–61

abuse and neglect.	Similaren ana Touth Services Neview 30. 43-01
Research aims	Study aim: To explore the views of participants currently enrolled in a home visitation programme (Healthy Families Arizona) with specific regard to their ' perceptions of the intake process, the program's purpose, and the relationship between the home visitor and the participant'.  Methodology: Qualitative.
	Country: USA.

	Source of funding: Government.
PICO (population, inter-	Participants: Caregivers and families. Participants of the Healthy Families Arizona programme.
vention, comparison,	
outcomes)	Sample characteristics:
	<ul> <li>Age – Administrators of the programme requested that identifying information such as age and marital status were not collected. ('Owing to the random selection of participants from each site, it is expected that the sample reflects the population of those receiving Healthy Families services', p 48).</li> <li>Sex - Not reported.</li> </ul>
	<ul> <li>Ethnicity - Approximately 54% of participants were Hispanic; 22% were white, non-Hispanic; 8% American Indian;</li> <li>7% African American; 8% mixed-race identity, and 1% other.</li> </ul>
	Religion/belief - Not reported.
	Disability - Not reported.
	Long term health condition - Not reported.
	Sexual orientation - Not reported.
	<ul> <li>Socioeconomic position – 38% of the sample were teen mothers; 71% were not married upon entry to the programme, and 63% had less than a high school education. The median, gross annual family income was \$9600.</li> <li>Type of abuse - Not reported.</li> </ul>
	<ul> <li>Looked after or adopted status - Not reported.</li> </ul>
	Unaccompanied asylum seeking, refugee or trafficked children - Not reported.
	Sample size:
	Comparison numbers - not applicable.
	Intervention number - not applicable.
	• Sample size – 46 randomly chosen, currently enrolled families from 3 sites of the home visitor programme: 12 from the large urban site, 16 from the medium-sized urban site, and 18 from the site serving rural participants.
	<b>Intervention:</b> The context for this study is that of the Healthy Families America The 3 overarching goals of the Healthy Families America programme are: (a) to promote positive parenting, (b) to enhance child health and development, and (c) to prevent child abuse and neglect.
Findings.	Narrative findings – qualitative and views and experiences:
	Four questions were posed regarding the participants' experiences with the home visitation programme.
	1. Their experience with the intake process Immediate positive reaction: Study found that there was an immediate

positive reaction in 18/46 or 39% of the sample. 'I felt wonderful. I wanted something because I knew that I was at the end of my rope. I drank through my pregnancy. I didn't need a baby. I was grateful for such a thing' (p49). Study found initial concern in 8/46 or 17% of the sample: 'Just the way that it was explained to me, I felt it was a child abusing thing. She wanted to come into the household to see if the baby was being fed and well loved. I felt like they thought I was going to abuse my child' (p50). Ambivalent - 3/46 or 7% of the sample: (p50). Neutral - 17/46 or 37% of the sample.

- 2. What they perceived to be the programme's primary purpose Perceptions of the programme's primary purpose: Most participants said that the programme was 'to help, support, or provide services'. Some described the programme as being principally for the care of the child. 'It gives you good advice on what to do if your child needs to gain weight or what to do with discipline' (p51). Some viewed the programme's purpose as providing services for a specific target population. 'The program was designed to see how I am as a mother and how I am coping with the baby's behavior as a new mom.' 17% of the sample said that the programme turned out differently than expected. 'Well, when I got into the program I didn't know I would come to care for the Healthy Families person as much as I have. That is the plus in it all. I didn't realize that she would become such a big part of the family.' This suggested that the participants understand the purpose of the programme.
- **3. Their perceptions of the home visitor** 29/46 or 63% of the sample described their relationship with the home visitor as being more like a friend than a parent or teacher. 'She is real friendly and real polite. She'll ask me if I need anything and I think she really cares about me. She is a really nice person. She is more like a friend. She is not really like an authority' (p54). When participants were asked about what they liked about the home visitor, the authors report that three fundamental themes emerged: 1) Factors attributed to personal qualities of the home visitor, e.g. being a 'caring person' 2) The forms of concrete help they provided, e.g. help with taking children to appointments 3) Appreciation of home visitation component. What participants liked least about their home visitor (4/46 of the sample) 'Just that she needs to walk a mile in my shoes. To understand why I deal with my child the way I do. I have to spank him but it is something that has to be done. Every kid has to be spanked in my eyes. She thinks that is wrong. I don't see what is wrong with it' (p55). Almost all of the participants reported not feeling criticised by the home visitor. Most of the participants reported that the home visitors were not judgmental or critical in relating with them about their parenting abilities.
- **4. How their involvement in the programme changed over time** The study found that involvement: remained the same for 21/44 or 48%. increased (15 or 34%) (the quality of the participant's relationship with the home visitor appeared to be an important consideration in this increased levels of commitment) decreased (8 or 18%) mainly due to changes in their life circumstances or they no longer needed the programme. 'Not as much as I was before. It is kind of like they come to me every two weeks now and they've done so much for me in the beginning, I'm getting by on my own now' (p58).

Summary: Most participants felt that the understand the purpose of the programme to be 'to help, support, or provide services', some viewed it as being fundamentally for the care of the child. They described their relationship with the

	home visitor as being more like a friend than a parent or teacher, and that they had very close relationships with their home visitors which supported the intervention. They appreciated the specific personal quality of the home visitors as 'caring', 'listening' and providing concrete help when needed. This suggested that the participant and home visitor relationship was a central feature of the programme and this positive relationship would improve the delivery of home visitation services, strengthen the commitments and attachment of the families to stay with the programme, thus facilitating positive changes to address major risk factors for child maltreatment.
Overall validity rating.	Overall assessment of internal validity: +
	Overall assessment of external validity: +
	Overall validity rating: +

### 13. LeCroy C W and Whitaker K (2005) Improving the Quality of Home Visitation: An Exploratory Study of Difficult Situations. Child Abuse and Neglect 29: 1003–13

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: ' to use an ecological assessment model to obtain a better understanding of difficult situations that home visitors confront when implementing home visitation services' (p1003). The study was considered to be relevant to NCCSC question 14 as the findings provide information on areas of professional practice which need to be present or developed in order to work with difficult situations. The	Participants: Professionals/practitioners - Home visitors who deliver Healthy Families Arizona - a programme of home visiting provided to at risk parents (usually first time parents) based on the Healthy Families America model. Risk factors include poverty, a single parent, history of abuse, etc. Most home visitors had ' at least some college education (38.8% some and 45.9% college degrees)' (p1006). The authors report that most of those who had Bachelor's degrees had obtained them in ' human service fields such as social work, family studies, and psychology' (p1006) although no data in relation to this is presented. The authors also describe the home visitors as '	Quantitative data – The authors used focus groups to create the Difficult Situations Inventory on which the survey was based. 'Included were specific situations in which individuals must respond effectively to be considered 'competent' Furthermore, these situations need to be 'problematical' to the degree that how to respond is not immediately apparent' (p1005).  Top 15 most difficult situations identified by home visitors - mean ratings out of 5 (M) and standard deviation (SD).  'Limited resources to help parents' - M 3.58, SD 1.14. 'Helping parents who threaten to commit suicide' - M 3.34, SD 1.23.  'One person in the home is under the influence of alcohol or drugs' - M 3.34, SD 1.33.  'Working in the homes during the summer heat' - M 3.31, SD 1.26.	Overall assessment of internal validity: -  Overall assessment of external validity: ++  Overall validity rating: -  The failure to determine the reliability and validity of the Difficult Situations Inventory is a significant limitation of this study.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
study aimed to reveal situations that home visitors find most difficult and, using factor analysis, group these in to themes.  Methodology: Survey - A survey of 91 Healthy Families home visitors, based on an inventory developed through focus group research.  Country: USA - Arizona.  Source of funding: Not reported.	fairly experienced, having done home visiting for an average of 3.8 years; 70.4% were themselves mothers' (p1006).  Sample characteristics:  • Age - Mean 35.4 years, SD 10.4.  • Sex - All participants were female.  • Ethnicity - Caucasian 42.9%, Hispanic 28.6%, African American 4.4%, Asian American 1.1%, Native American 6.6%, mixed race 13.2%, other 4.4%.  • Religion/belief - Not reported.  • Disability - Not reported.  • Long term health condition - Not reported.  • Sexual orientation - Not reported.  • Socioeconomic position - Not reported.  • Type of abuse - Not reported.  • Looked after or adopted status - Not reported.  • Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size: n=91 (participants who completed and returned the survey, representing a 90% response rate).  Intervention category: Home visiting.	<ul> <li>'When someone reports having given drugs or alcohol to children' - M 3.31, SD 1.26.</li> <li>'Responding to threats or dangerous behavior directed at home visitor' - M 3.19, SD 1.46.</li> <li>'Working with uncommitted families' - M 3.09, SD 1.10. 'Working with families that aren't motivated' - M 3.08, SD 1.13.</li> <li>'Dealing with family members who show up under the influence' - M 3.00, SD1.27.</li> <li>'Inability to contact parents' - M 2.99, SD 1.13.</li> <li>'Helping parents to change their parenting style' - M 2.98, SD 1.13.</li> <li>'Family members who are not motivated because of alcohol or drugs' - M 2.96, SD 1.12.</li> <li>'Families who are in constant crisis' - M 2.92, SD 1.00. 'Proving services in unsafe homes' - M 2.89, SD 1.23. 'Addressing domestic violence' - M 2.87, SD 1.08.</li> <li>Top 15 most frequent difficult situations identified by home visitors:</li> <li>'Working in homes during the summer heat' - M 3.97, SD 1.26.</li> <li>'Working with limited resources to help parents' - M 3.52, SD 1.21.</li> <li>'Working with teenage mothers' - M 3.48, SD 1.11.</li> <li>'Trying to create a confidential environment' - M 3.22, SD 1.42.</li> <li>'Knowing what activities to do during a home visit' - M 3.22, SD 1.6.</li> <li>'Working with parents whose decisions you don't agree with' - M 3.19, SD 1.18.</li> <li>'Working with families that aren't motivated- M 3.19,</li> </ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Intervention: Healthy Families Arizona - a programme of home visiting provided to at risk first time parents based on the Healthy Families America model.	<ul> <li>SD 1.18.</li> <li>'Working with parent's emotional feelings (like sadness)' - M 3.18, SD 1.10.</li> <li>'Helping families when they are experiencing a crisis' - M 3.08, SD 1.08.</li> <li>'Working with uncommitted family members' - M 3.07, SD 1.23.</li> <li>'Working with parents who have different values' - M 3.04, SD 1.28.</li> <li>'Working with immature clients' - M 3.04, SD 1.16. 'Working with parents who are in denial about their problems' - M 2.98, SD 1.24.</li> <li>'Trying to collaborate with other agencies' - M 2.98, SD 1.24.</li> <li>'Inability to contact clients to set appointments' - M 2.98, SD 1.30.</li> <li>Home visitors who have worked with families experiencing domestic violence, substance abuse or mental illness:</li> <li>Domestic violence - in the last year = 81.8%, M 5.09, SD 6.2. Domestic violence - in the last 30 days = 64.6%, M1.86, SD 2.5.</li> <li>Substance abuse - in the last year = 82.7%, M 5.67, SD 8.6. Substance abuse - in the last 30 days = 67.5%, M 2.21, SD 3.1.</li> <li>Mental illness - in the last year = 86.7%, M 4.84, SD 5.2. Mental illness - in the last 30 days = 78.5%, M 2.70, SD 3.1.</li> <li>Factor analysis of the difficult situations identified by the home visitors revealed the following five factors:</li> </ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		lack of clinical skill, family difficulties, parenting difficulties, personal difficulties, lack of experience. The items and their respective factor loadings are shown below:	
		<ul> <li>Factor 1: 'Lack of clinical skill' –     'Working with a family member when they are under the influence' .79 'Dealing with a family member who shows up under the influence' .77 'Working with families when you know there is alcohol or drug use in the home' .73 'Working with families when someone reports giving drug or alcohol to children' .72 'Working with parents who deny alcohol or drug use' .68 'Providing services in unsafe homes' .64 'Inability to contact clients to set appointments' .62 'Working with parents not to change their parenting style' .62 'Working with parents who are not motivated due to alcohol or drug problems' .60 'Working with clients who are forced to receive services' .60 'Working with uncommitted clients' .59 'Not knowing how to intervene when parents use physical punishment' .48 'Dealing with polices or procedures that inhibit your progress' .45 'Working with parents when they have disclosed alcohol or drug use' .40</li> <li>Factor 2: 'Addressing family difficulties' – 'Knowing how to respond to child abuse with a family' .71 'Knowing how to respond to child neglect with a family' .70 'Working with multiple social problems within a family' .70 'Knowing when to report a family to CPS' .68 'Knowing how to respond to domestic violence' .63 'Knowing when to report a family to</li> </ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		your supervisor' .54 'Using confrontation with families' .51 'Helping parents who threaten to commit suicide' .46 • Factor 3: 'Addressing parenting difficulties' — 'Working with families with limited understanding due to cognitive difficulties' .77 'Educating parents with mental health problems' .74 'Working with parents who have emotional feelings' .67 'Helping parents accept children 'the way they are' .65 'Working with limited resources to help parents' .61 'Finding strengths in families that you can use' .46 'Working with extended family members' .42 • Factor 4: 'Personal difficulties' — 'Dealing with personal frustration and failed efforts to help' .74 'Working with parents who have different values from your own' .72 'Working with parents regarding their sexual orientation' .65 'Trying to collaborate with other agencies' .64 'Making a successful referral for additional services' .60 'Working with parents whose decisions you don't agree with' .57 'Not understanding cultural differences' .58 'Feeling uncomfortable with the required paperwork' .54 • Factor 5: 'Lack of experience' — 'Knowing what activities to do in a home visit' .60 'Knowing how to intervene when problems arise' .58 'Not having enough experience to help parents' .53 'Not having enough experience to address mental health problems' .50	
		Narrative findings: The top 15 most difficult situations identified by home visitors were (in order of frequency) were: 'limited resources to help parents', 'helping parents who	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		threaten to commit suicide', 'one person in the home is under the influence of alcohol or drugs', 'working in the homes during the summer heat', 'when someone reports having given drugs or alcohol to children', 'responding to threats or dangerous behavior directed at home visitor', 'working with uncommitted families', 'working with families that aren't motivated', 'dealing with family members who show up under the influence', 'inability to contact parents', 'helping parents to change their parenting style', 'family members who are not motivated because of alcohol or drugs', 'families who are in constant crisis', 'providing services in unsafe homes', 'addressing domestic violence'.	
		The top 15 most frequently occurring difficult situations which home visitors identified were: 'working in homes during the summer heat', 'working with limited resources to help parents', 'working with teenage mothers', 'trying to create a confidential environment', 'knowing what activities to do during a home visit', 'working with parent's whose decisions you don't agree with', 'working with families that aren't motivated', 'working with parent's emotional feelings (like sadness)', 'helping families when they are experiencing a crisis', 'working with uncommitted family members', 'working with parents who have different values', 'working with immature clients', 'working with parents who are in denial about their problems', 'trying to collaborate with other agencies', 'inability to contact clients to set appointments'.	
		In the past year, over 80% of home visitors had worked with families where domestic violence, substance abuse and mental illness had been an issue.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Over 60% had worked with a family experiencing at least one of these issues in the last 30 days.	
		The authors report that they identified through analysis (of 18 different factors) 5 five factors which explained 56.5% of the variance. The five factors were:  • Factor 1: 'lack of clinical skill' (including working with clients whose participation is mandatory, being unsure how to respond when parents use physical discipline, being subject to policies and procedures which ' inhibit your progress' (p1010).  • Factor 2: 'addressing family difficulties' (including 'confronting' families, working with families where there are a number of social problems, etc. Factor 3: 'addressing parenting difficulties' (including a lack of resources, identifying families' strengths on which to build, etc.)  • Factor 4: 'personal difficulties' (including working with parents whose values are different, collaborating with other agencies, making 'successful' referrals, being unsure about cultural issues, etc.)  • Factor 5: 'lack of experience' (including deciding which activities to use in home visits, deciding how to intervene when necessary, etc.) The authors conclude that 'many of these results suggest that home visitors may be overwhelmed by some of the complex situations they face' (p1009). They suggest that the five areas identified in the factor analysis could be thought of as core areas for training and supervision.	

### 14. Martin C, Marryat L, Miller M et al. (2011) The Evaluation of the Family Nurse Partnership Programme in Scotland: Phase 1 Report – Intake and Early Pregnancy. Edinburgh: Scottish Government

#### Research aims

**Study aim:** 'The overall aim of the evaluation is to assess the implementation of the FNP programme in Edinburgh and to use the learning from this to assess whether the programme can be implemented in other areas of the country. The evaluation focuses on three broad questions: - Is the programme being implemented as intended? If not, why not? - How does the programme work in Scotland (Lothian)? How do Nurses, clients and the wider services respond to the programme? What are the implications for future nursing practice? What factors support or inhibit the delivery of the programme? - What is the potential for FNP to impact on short, medium and long term outcomes relevant to Scotland?' (p20). It was considered that the research question on 'which factors support or inhibit the delivery of the programme' was relevant to this review question. We have extracted only the data based on the qualitative research conducted as part of the evaluation, as these were most closely aligned to our review question.

**Methodology:** Qualitative study. Study overall uses mixed methods, but for the purpose of this review we have extracted only data obtained using qualitative research with clients and family nurses. This comprised 'in-depth interviews' 15 clients, a nominated significant other, and their family nurses.

Country: United Kingdom.

Source of funding: Government.

## PICO (population, intervention, comparison, outcomes).

#### Participants:

- Caregivers and families Interviews conducted with 15 of the 148 women initially recruited to FNP. These were mothers aged 19 years or less at the point of conception.
- Professionals/practitioners Interviews were also held with the family nurses of the 15 clients interviewed. It is not reported how many individuals this comprised.

#### Sample characteristics:

- Age Not reported, although all clients were under the age of 19 at time of conception and the majority were recruited by the 28th week of pregnancy.
- Sex All clients were mothers. Sex of family nurses not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.

- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

#### Sample size:

- Clients n=15.
- Family nurses unclear.

**Intervention:** The Family Nurse Partnership Programme is a prevent programme. Its goals are to: '... improve pregnancy outcomes, the health and well-being of vulnerable first time parents and their children, child development and families' economic self-sufficiency' (p13). The programme comprises an intensive, nurse-led home visiting programme, beginning during pregnancy and continuing until the child is two. Areas of support include: - preventative health practices - providing responsible and competent care - positive parenting - planning for the future. Basis of the programme is a 'therapeutic relationships' or 'alliance' (p14) between the family nurse and client. Theories underpinning the programme: - ecological theory - attachment theory - self-efficacy theory. The study describes the FNP 'core model elements', which are: - the visiting regime (frequency of visits is closely specified) - staffing requirements (professional and personal characteristics of family nurse) - client eligibility - the support organisation structures and processes required. The study also describes a number of fidelity 'stretch goals' which can help to maximise effectiveness. These relate to: - retention - visit 'dosage' (numbers and length) - coverage of different topics during visits (p15).

#### Findings.

#### Narrative findings – qualitative and views and experiences:

Data relevant to aspects of professional practice in early help. Section 4 - Engaging and enrolling clients Section 4.3 Clients' and the delivery team's experiences of the recruitment phase (p27).

- **4.3.1 Finding out about FNP**: The study reports that the majority of clients were referred to the programme either by their midwife, or were contacted directly by a family nurse.
- **4.3.2 The engagement process:** The study found that the majority of clients who were approached decided to take part in the programme, but that clients did not always decide to take part immediately 'the process of engagement was lengthy for some clients' (p28). The study found that 'Nurses described the importance of taking time to include the mother or partner in the engagement process to answer any questions they may have had' (p28).
- **4.3.3 Deciding to sign up to FNP:** The study found that while some participants signed up with FNP because it 'sounded good', others had more clearly defined reasons for signing up, including wanting practical and emotional support, and having someone to talk to in confidence who was outside their family. The study also found that clients were keen to obtain information about parenting. One client said 'I didn't have a clue about anything' (p29). Concerns expressed included: Worries that the family nurse 'sounded like a social worker' Information being passed to other agencies Fear of having baby removed. Client expectations of the service included: Provision of information, advice

and support about 'physical aspects of pregnancy and childbirth, ante-natal care and ante-natal classes' (p29). - Advice and support after birth - Information about role as parent - How to take care of a baby - Improve confidence - Provision of help with college applications or employment. The study reports that family nurses emphasised the importance of giving potential clients time to make their decisions about whether to enrol.

**4.3.4 Recruitment schedule:** No relevant information - relates to pilot project rather than intervention itself.

### Section 5 - Pregnancy section 5.1. The visiting schedule

- 5.1.1: No relevant data
- **5.1.2 Clients' perceptions of the visiting schedule:** The study reports that clients of the programme generally agreed with the visiting schedule, regarding the weekly visits at the start of the programme as a way of getting to know the family nurse, and subsequent fortnightly visits as being 'just right, it's not too much time, just perfect' (p33). The study reports that all clients interviewed thought they had enough time with the family nurse.
- **5.1.3 Contact between visits:** The study reports that clients varied in the extent to which they contacted their family nurse between visits. Those who did contact the family nurse valued the 'between-session reassurance' (p34). 'If I ever worried I would always ask her and she's always there' (p34).
- **5.1.4 Nurses' experiences of programme delivery during the pregnancy period:** The study reports that family nurses find certain aspects of the pregnancy programme easier to deliver that others. The nurses reported that it was positive delivering the programme early on in clients' pregnancies.

#### Section 5.2 The content of contacts (p.37)

- **5.2.1 Clients' perceptions:** The study reports that clients felt that the family nurse 'worked with them to decide what was talked about and regarded their nurse as flexible.' (p37). The study reports that clients felt they had enough time for each topic and 'if they wanted to talk more about something or still were not sure about a topic, they could ask to talk more at the next visit or, if necessary, request an additional visit' (p37).
- **5.2.2 Family nurses' perceptions:** The study reports that 'for the most part, family nurses found that they were able to use and manipulate the programme materials in ways that made each session relevant for their client' (p37). Nurses reported that the process of 'agenda-matching' enabled them to tailor the programme around each individual client. 'It's got to be what they're wanting, what's going on in their life at the time and let it flow from that' (family nurse, p38).

#### Section 5.3 The involvement of others

**Section 5.3.1 Involvement of partners:** The study found that, although clients were aware that they were able to bring a partner or parent to the visits, there were differing levels of involvement. Clients whose partners were not involved reported that it was because of work commitments, shyness on the part of the partner, or because the partner did not want to be involved.

**Section 5.3.2 Family involvement:** The study found that involvement of family members in visits was generally limited. The study found that clients' mothers were very involved in some cases. This was reported to be positive by clients in that their 'mother's involvement in FNP had brought them closer together' (p39).

Section 5.4 Relationships between clients and family nurses: The study reports that, in client interviews, Family nurses were described as 'really nice', 'a good laugh', 'funny' 'friendly' and 'great' (p40), and that clients' relationships with them were more like a friend than with a nurse or midwife. The study found that clients said they could be open and honest with their family nurse because they trusted them and knew that what they said would be confidential. Clients also reported that family nurses were easy to talk to, and perceived to 'have the time to sit and talk to clients in a way that midwives did not' (p.40). The authors conclude that 'clients' accounts thus provide evidence of the developing therapeutic alliance with their family nurse (p40). The study further reports that family nurses: - placed importance on building relationships and trust with clients, and that this was a foundation for being able to ask 'difficult questions' which might otherwise be perceived as intrusive - reported that they needed to strike a balance between giving information and 'sounding like a teacher' (p41).

**Section 9. Discussion (p.64) Relevant conclusions to aspects of professional practice in early help:** 'The development of good, trusting relationships between family nurses and clients, with their descriptions of "agenda matching" in meetings and their views of their therapeutic relationships closely reflecting the central values and principles of the programme. The degree of trust and respect between clients and Family nurses also highlights the benefits of the strengths-based approach which underpins FNP in working with vulnerable young women' (p64). 'The influence of the family nurses' own degree of comfort in discussing sensitive issues on clients' willingness to discuss topics like sexual health' (p64).

#### Overall validity rating.

#### Overall assessment of internal validity: -

Lack of information about sampling procedure and resulting participant sample is a serious flaw.

#### Overall assessment of external validity: +

Awarded + for external validity as only part of study is relevant to review question.

#### Overall validity rating: -

Little information is given with regard to how the participants in the qualitative research were sampled, what their characteristics are and how representative these are of the intervention population as a whole. Lack of information about participant characteristics (for both clients and family nurses) also makes it difficult to contextualise variation in research findings.

### 15. Paris R (2008) 'For the dream of being here, one sacrifices ...': Voices of immigrant mothers in a home visiting program. American Journal of Orthopsychiatry 78: 141–51

#### Research aims

**Study aim:** To capture the women's perception of the home visiting programme for mothers of infants and young children at risk of maltreatment services they were receiving. An additional aim of the study was to capture views on the process of immigration: these are not reported here.

**Methodology:** Qualitative.

Country: USA.

**Source of funding:** Jessie Ball DuPont Fund and Community Benefits Programme, MA General Hospital.

## PICO (population, intervention, comparison, outcomes).

Participants: Caregivers and families. Parents.

#### Sample characteristics:

- Age 25–38 years of age, mean age 31 years.
- Sex mothers.
- Ethnicity Latino immigrant parents (11 from El Salvador, 1 from Honduras and 1 from Guatemala), been in the USA about 5 years. Spanish speaking.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position All 14 participants were unemployed.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

#### Sample size:

Comparison numbers - not relevant.

- Intervention number not relevant.
- Sample size 14 Latino mothers.

**Intervention:** 'Visiting Moms' home visitation programme - a culturally sensitive programme using multilingual and bicultural para-professionals who were immigrants and mothers themselves. Typical services included weekly home visit and frequent phone contact, advocacy, parenting education and referral to resources. Services provided for up to 3 years. Weekly supervision by licensed social workers to mentor and teach home visitor's in the necessary relationship building skills and useful approaches to home visiting.

Outcomes measured: Satisfaction with services - see narrative findings.

#### Findings.

#### Narrative findings – qualitative and views and experiences:

Mothers' perception of home visitation service –

- **1. Emotional support:** Study found that respondents valued emotional support from home visitor, and participants reported that home visitor's listen, reassure, give guidance and link up appropriate agencies for assistance. 'When I really feel depressed ... she would tell me to think things through ... she would counsel me and give me lots of advice' (p147).
- **2. Case management and advocacy:** Participants thought this was as important as emotional support, such as accompanying them to appointments, making phone calls, buying food/clothes, and referring to other services. 'She's helped me with food vouchers ... filling out forms. I have called her and she has received me well ... She's never denied me ... toys for the kid ... t's a big help' (p147).
- **3. Translation**: 13 of the 14 women in the study reported valuing the home visitor's role as translator and cultural brokers.
- **4. Teaching and friendship:** 6 of the women in the study described home visitor as 'educators'. Mothers learnt from home visitors about child development and the best ways to parent and the 'teaching' was informal. 'She tells me how to do things and if I cannot do it, she's there with me so that we can do it together'; 'She gives me advice about nutrition, food and a sleeping schedule for my child' (p148). Nine of the women interviewed saw home visitors as friends.
- **5. Mothers' dissatisfaction with the programme:** Mothers found transition to another home visitor difficult. It was also not appreciated when home visitors were inconsistent or unavailable.

Data reported in the study on the following outcomes are not recorded here, as they are not directly relevant to research questions: Experiences of beginning of immigrant journey; life in the new country (USA). Trauma of immigra-

	tion, raising infants in a new country without familiar support and resources, isolation and managing challenging relationship with partners, etc.
	Mothers valued the emotional support from bilingual/bicultural home visitor and also the home visitor's role in advocacy and in providing practical help and guidance such as translation and dealing with various agencies. The home visitor's input in teaching parenting skills was also appreciated. Many mothers perceived their home visitor as a friend. Mothers found transition to another home visitor difficult, and were dissatisfied with the inconsistency and unavailability of some home visitors.
Overall validity rating.	Overall assessment of internal validity: +
	Overall assessment of external validity: +
	Overall validity rating: +

16. Self-Brown S, Frederick K, Binder S (2011) Examining the need for cultural adaptations to an evidence-based parent training program targeting the prevention of child maltreatment. Children and Youth Services Review 33: 1166–72

Research aims.	Study aim: 'To assess the types of cultural adaptations that are being made to a widely implemented BPT, SafeCare, by providers working with families involved in the child welfare system, and to explore the need for more systematic adaptations to improve the program' (p1166).  Methodology: Qualitative.  Country: USA.  Source of funding: Other - Doris Duke Charitable Foundation.
PICO (population, intervention, comparison, outcomes).	<b>Participants:</b> Professionals/practitioners - SafeCare providers who had experience of implementing SafeCare with diverse families and whose clients were always or often referred by child welfare agencies.
	Sample characteristics:
	Age - Not reported.
	Sex - Not reported.
	Ethnicity - 5 Caucasian; 5 Latino; 1 African American.
	Religion/belief - Not reported.
	Disability - Not reported.
	Long term health condition - Not reported.
	Sexual orientation - Not reported.
	Sexual orientation - Not reported.

- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

### Sample size:

- Comparison numbers not applicable.
- Intervention number not applicable.
- Sample size 11 SafeCare providers.

**Intervention:** The context for this study is that of SafeCare, an evidence-based, BPT that targets risk factors for child physical abuse and neglect. SafeCare includes 3 modules: Health, Safety, and Parent–Child Interaction.

### Findings.

### Narrative findings – qualitative and views and experiences:

The study reports the following findings -

- 1. Approaches to family engagement Providers said that it is important to show openness and respect to gain trust during initial visits with the families: 'the main thing is just really get to know your clients and just let them be the expert and let them teach you ... if you build a good relationship with your client that will be the key to how the implementation goes' (provider 11, p1168). Providers also reported that sometimes more than one visit was needed before starting training on SafeCare modules. '... spend one or more sessions in the engagement where you talk with [the families] about their concerns, engage the rest of the family ... If you spend the time up front, it pays off drastically towards the rest of treatment' (provider 11, p1168). Matching providers and families by race/ethnicity was reported to be increasingly accepted, especially in matching based on language. Providers reported that families with a history with child protective services are often fearful of engaging in services, and suggested that this fear often increases for families who are of diverse backgrounds. Families who had been reported to child welfare services as a result of practices that were acceptable in their cultures found engagement with home visitors particularly difficult. '... some home remedies like sweating a fever out using cupping ... Things where in their cultures, it is not necessarily good ... they do it as a last resort, but it's not a reportable offense where kids can be taken away' (provider 1, p1168).
- **2. The importance of flexibility in service delivery to retain families.** Providers reported that offering training sessions in different settings can improve family engagement: 'such as McDonalds, foster home/relative home, at the department ... various locations as they try to find permanent housing' (provider 9, 10, p1168). Providers also noted that it is important to show flexibility about cultural or ethnic celebrations/traditions which can be disruptive to continuity of care: 'Even though a policy on consent around needing to maintain appointments, there are certain times where the parents are going to have Powwows or if there's a death, or things like that [resulting in many sessions being missed]

- ... to be sensitive [about these events], which engages the parent a little bit more in the service, to the point that we can even double up on some sessions ...'(provider 10, p1168).
- 3. Perspectives on the SafeCare model a. SafeCare delivered through home visitation Families appreciate home services; 'there are transportation issues, especially in rural areas; there's just not a lot there and so they love having somebody come to their home ... I think they're very appreciative they don't have to worry about babysitting and everything else. They really view the workers as family friends and so I think it's been a very good approach' (provider 1, p1169). b. The focus on parenting skills providers reported that families enjoy SafeCare content, and particularly the focus on parenting skills. '... They just enjoy the feedback. Some of our parents who just feel a little insecure and really don't know if they're doing the right thing, it's important for them to have somebody that's there, that's observing ... saying their doing well' (provider 7, p1169). c. Including children in sessions Providers' perception was that inclusion of children in SafeCare was a positive. 'Parents like the idea of working with their children [during] a session ... this gives them an opportunity to make the time and actually interact in a positive way with their children' (Latino family, provider 6, p1169).
- **4. Need for modifications or adaptations of structure or content of SafeCare sessions** Providers thought that a SafeCare programme adapted for particular culture/ethnic groups would be of limited use as every family is different: '[you cannot] just stereotype the family based on what [you] know about that culture, or assume that the family is the same as another family that was from the same culture' (provider 10, p1169). A more individualised approach to adaptation and case-by-case approach for specific local populations or specific families would be more appropriate. Learning about specific aspects of the cultures and beliefs of the populations was reported by providers to be important in establishing families' current beliefs about child rearing practices, medical treatment and so on. One example given was the importance of 'being open to discussing and working with home remedies, superstitions, and spiritual beliefs with families who consider these as a component of dealing with health issues is important ... be respectful' (provider 1, p1169). Providers recommended adaptation of training materials/handouts to make them more comprehensive for families with language barriers and low literacy, such as adding picture aids and so on.
- **5. Participant recommendations** The study reports that participants made the following recommendations: Adapt materials to be more user-friendly. Provide additional training about cultural competency and cultural sensitivity to SafeCare home visitor and sharing information and experiences with other providers, especially related to delivering SafeCare to diverse families.

The providers did not recommend systematic adaptations of the model for specific ethnic groups but provided general and specific information regarding SafeCare components that require adaptation on a case-by-case basis, which is likely to be applicable to many behavioural parenting programmes. Providers also emphasised the importance of flexibility in their approach; mutual respect, openness, avoiding stereotyping, in establishing a trusting relationship with the

	families, involving children and grandparents to improve a family's engagement with the programme. They also suggested making the training materials more user-friendly, tailored to meet the needs of the families from a diverse cultural background. Matching providers and families by race/ethnicity increasingly accepted, especially in matching based on language. Limitations small sample. This study is specific to the SafeCare Parenting programme, may not be applicable to all parenting programmes. No data from families. Uncertain if cultural adaptation would retain/maintain fidelity of the programme. Impacts of the cultural adaptation and changes made on the effectiveness of the intervention still unknown.
Overall validity rating.	Overall assessment of internal validity: +
	Overall assessment of external validity: +
	Overall validity rating: +

17. Stevens J, Ammerman RT, Putnam FW (2005) Facilitators and barriers to engagement in home visitation: A qualitative analysis of maternal, provider, and supervisor data. Journal of Aggression, Maltreatment and Trauma 11: 75–93

Research aims	Study aim: 'To explore reasons for and barriers to engagement in the first six months of parenting programs' (p7			
	<b>Methodology:</b> Qualitative – 5 focus groups: 2 mother groups, 2 home visitor groups, 1 supervisor group.			
	Country: USA.			
	Source of funding: Voluntary/charity - Every Child Succeeds (ECS), a voluntary home visitation programme.			
PICO (population, intervention, comparison, outcomes).	<ul> <li>Participants:</li> <li>Caregivers and families. Mothers from a High Engagement Group (HEG) received at least 5 home visits and mothers from a Moderate Engagement Group (MEG) received no more than 2 home visits.</li> <li>Professionals/practitioners. Home visitors with 6 months of home visitation experience, and, and home visitor supervisors; home visitation supervisors with at least 3 months experience of directly overseeing home visitors.</li> <li>Sample characteristics:</li> <li>Age - HEG mothers: mean age 20.6 years old (SD=5.0), MEG mothers: mean age= 25.2 years (SD=5.4).</li> <li>Sex - Mothers; all home visitors were female, all home visitor supervisors were female.</li> <li>Ethnicity - HEG mothers: 5/8 African-Americans; MEG mothers: all (5) Caucasian HEG home visitors: 4/6 African American; MEG home visitors: 6/7 Caucasians. Home visitor supervisors: 6 Caucasian, 2 African-American.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> </ul>			
	Long term health condition - Not reported.			

- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

### Sample size:

- Comparison numbers Not applicable.
- Intervention number Not applicable.
- Sample size 8 mothers for HEG; 5 mothers for MEG. (total 13) Home visitors: 6 for HEG; 7 for MEG. (Total 13) home visitor supervisors: 8.

**Intervention:** The context of this study is that of a voluntary home visitation programme in Midwest America called Every Child Succeeds (ECS).

### Findings.

- **1. Reasons for Participation:** The study reports key three reasons for participation 1a. Reassurance and non-judgmental support 1b. Information on effective parenting practices for mothers. '... learning how to discipline a child the correct way' (HEG mother, p83). 1c. tangible support (e.g., diapers) a recurrent theme among home visitors and mothers. Mothers anticipate these parent aid bags, toiletries, small toys, and children's books. Two additional themes related to regular maternal participation were: The flexibility and availability of home visitors.
- 2. Barriers to Participation: The study reports two key themes in relation to barriers to participation: 2a. Invasiveness of programme due to inquiries about sensitive information (e.g., substance abuse, trauma history) during the initial face-to-face contacts. '... they need to redo those questions. You don't need to know all of my business. I just met you. Work on the relationship first, then you can ask me more in-depth questions' (MEG mother, p84). 2b. confusion amongst participating mothers regarding the frequency and benefits of home visits. 'I began to realize this is something that happens every week. Because I had no idea I just thought people were coming to say hi!' (HEG mother, p84). '. . And then they start not showing up or not being there. They never really understood what is was all about' (home visitor supervisor, p84). Two further barriers were reported by supervisors and home visitors: 2c. mental health problems which interfere with service delivery. ') 2d. challenges adapting the curriculum of the programme to fit the cognitive level of the individual mothers. The study reports that the following themes did not emerge consistently across groups, but did emerge in 1 or 2 groups: 2e. Concerns about being reported to child protective services was frequently mentioned in both mother groups. 2f. Home visitor's lack of knowledge, often attributed to a home visitor being childless herself. 2g. a perceived failure to receive helpful, accurate, and timely information appears to be a chief reason for disengagement.

Mothers and home visitors perceived social support, psycho-education, and tangible assistance (receiving material

Overall validity rating. Overall a	l assessment of internal validity: +
Overall a	l assessment of external validity: +

# 18. Voice Of Young People In Care (2014) Independent Inquiry on Child Sexual Exploitation in Northern Ireland: Consultation with care experienced young people. Belfast: Voice of Young People in Care

Research aims	<b>Study aim:</b> To inform an independent inquiry into child sexual exploitation in Northern Ireland by collecting the views of care experienced young people on this issue. 'Their understanding of child sexual exploitation (CSE). Where or from whom they learned about CSE. The ways in which a young person can be taken advantage of. The effectiveness of current safeguarding and protection arrangements. Measures being taken to prevent and respond to risks and CSE. Recommendations to prevent and respond to risk and CSE' (p9).
	Methodology: Qualitative study - workshops and questionnaires.
	Country: United Kingdom - Northern Ireland.
	<b>Source of funding:</b> Not reported. VOYPIC was asked to gather the views of care experienced young people in order to inform an independent inquiry which was supported by the Regulation and Quality Improvement Authority and the Criminal Justice Inspectorate of Northern Ireland.
PICO (population, intervention, comparison, outcomes)	Participants: Children and young people - Care experienced children and young people using services across 5 health and social care trusts in Northern Ireland.
,	Sample characteristics:
	• Age - 12 to 25 years. 80% over 16 (n=44) 20% 12–15 (n=11).

- Sex Female 62% (n=36) Male 38% (n=19).
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse The study focuses on responses to risk of child sexual exploitation.
- Looked after or adopted status Non relative foster care n=8, Kinship care n=2, Children's home n=10, Independent living n=24, Secure accommodation n=9.
- Unaccompanied asylum seeking, refugee or trafficked children Not reported.

Sample size: N=55

### Findings.

**Narrative findings – qualitative and views and experiences:** The authors note that young people perceived there to be different responses to incidents and risks depending on where the child was placed.

Participants were reported to believe that '... current measures to prevent and respond to risks and CSE are not working as effectively as they could and that a better approach should be considered' (authors, p22). The young people discussed responses to risk and the authors identify three themes which emerged – differing responses used by foster carers and children's home staff; a perception that responses were often an 'overreaction' and that police were sometimes unnecessarily involved; and views on the use of secure accommodation. However, as the decision to remove children and young people from their current home is out of scope, findings in relation to this have not been extracted.

The authors report that some young people felt that foster carers responses '... to risky behaviour is effective' (authors, p23). They note that foster carers used boundaries to resolve problems and that calm and continuous discussion were an important feature. This was contrasted with responses from staff in children's homes, where young people noted that staff turnover made it more difficult to build relationships which in turn made it difficult for staff and young people to discuss their behaviour and the appropriate response.

They also report that young people felt that the lack of confidentiality in children's homes was a barrier to approaching staff. The authors note that '... nearly every group ...' (authors, p24) commented on perceived overreactions by staff in children's homes and the tendency for '... excessive contact ...' with the police when a young person was not at home when expected. The authors also report that young people felt that applying 'sanctions' and curfews to all children living in a particular home was unfair.

The authors report that participants were aware of 'Harbouring Orders' but had little understanding of how these actually worked. The authors conclude that '... excessive contact ...' with the police is ineffective and '... may result in a young person refusing to engage with support staff or the police service ...' (authors, p27). They also state that excessive questioning and the use of 'sanctions' such as less pocket money are of '... limited value or effect. Instead, young people felt that staff should talk to them more and highlight the consequences of the risks they may be taking by using drugs and alcohol and agree together acceptable behaviour and how to keep safe' (authors, p28).

Participants felt that children's home staff relied more heavily on the police due to a lack of confidence: 'Staff don't have confidence which is why police is phoned [sic]' (participant, p30). The authors report that some young people felt that this could be addressed through training and suggest that training on responding to risk would be most effective if it involved children and young people.

Young people were reported to believe that the organisation of activities in children's homes and encouragement to volunteer was a potential means of minimising risky behaviour, with one young person stating that: 'Getting young people involved in the local community and in volunteering ... with VOYPIC, youth club ... if you have too much time on your hands, you can end up hanging out with the wrong crowd' (p33).

Young people also felt that if staff spent more time with them the same effect could be achieved.

The authors report that young people felt that peer education and support and the use of real life examples would help to educate them on their vulnerability in relation to child sexual exploitation. In their conclusions the authors note that participants did not discuss safety plans.

#### Overall validity rating.

Overall assessment of internal validity: -

Overall assessment of external validity: ++

Overall validity rating: -

The study is very unclear on a number of key methodological issues such as sampling techniques, analysis procedures and the contexts in which data were collected.

## 19. Woodman J, Gilbert R, Allister J et al. (2013) Responses to concerns about child maltreatment: A qualitative study of GPs in England. BMJ Open 3: e003894

Research aims	Study aim: To explore ' how a small sample of GPs understood and responded to child maltreatment-related con-
	cerns in their daily practice' (p2).

**Methodology:** Qualitative study - In-depth, individual interviews conducted in person. Country: UK - England. Source of funding: Other - MRC/ESRC interdisciplinary studentship award (grant number G0800112). PICO (population, inter-Participants: vention, comparison, Professionals/practitioners - GPs, practice nurses and health visitors from English GP practices. The number of outcomes). years which the GPs had been practicing for ranged between 5 and 40 (average of 19). They had been at their current practice between 6 months and 23 years (average of 10). Sample characteristics: Age - Not reported. Sex - Not reported. Ethnicity - Not reported. Religion/belief - Not reported. Disability - Not reported. Long term health condition - Not reported. Sexual orientation - Not reported. • Socioeconomic position - Not reported. • Type of abuse - The study aims to understand GP responses to children for whom there are maltreatment concerns but do not meet social care thresholds for intervention. Looked after or adopted status - Not reported. Unaccompanied asylum seeking, refugee or trafficked children - Not reported. Sample size: • GPs – n=14. Practice nurses - n=2. Health visitors – n=2. Findings. Narrative findings – qualitative and views and experiences: A - Which families do GPs intervene with? The authors identify 3 themes which were '... typical of accounts of intense or long-term involvement with maltreatment-related concerns' (p4). These were: 1. GPs tended to conceptualise their responses as 'medical' and were able to justify their safeguarding involvement

with families who had higher medical needs on this basis. They suggest that this '... containment of safeguarding within a medical sphere seemed most compatible, with chaotic, neglectful families seen to be suffering a host of medical and social problems' (authors, p4). The authors report that a number of GPs felt that intervening in cases where there were maltreatment concerns without any apparent medical need was not part of the GPs responsibility. However, other GPs challenged the distinction between 'health' and 'social' need.

- 2. GPs appeared to be more willing to intervene in cases where the parents were viewed as 'incompetent' rather than 'malicious' (p4).
- 3. GPs also appeared to be more willing to take action when they expressed distrust regarding the involvement of social services who were perceived to respond inappropriately.

#### B - Actions taken:

The authors identify seven types of actions which GPs described taking in relation to maltreatment-related concerns:

- 1. Monitoring concerns (e.g., 'using routine health checks in children and regulator consultations for health problems in parents to assess well-being of children and coping/risk factors in parents).
- 2. Advocating (e.g., support requests for improved housing).
- 3. Coaching parents (e.g., talking to parents, usually the mother, to encourage them to change their behaviours)
- 4. Providing opportune healthcare for children (e.g., using a consultation for something else to deliver an overdue vaccination).
- 5. Referral to other services (e.g., referral to Children's Social Care).
- 6. Working with other services.
- 7. Recording the concerns. The authors note that GPs '... were very aware their management of maltreatment-related concerns relied on regular contact with families for nonmaltreatment related reasons (monitoring and opportune healthcare), help-seeking behaviour and honest disclosure of problems from adult family members (monitoring and advocating), parental engagement with general practice (coaching and advocating) and being able to offer services that parents wanted (monitoring and opportune healthcare)' (authors, p5).

#### C - Facilitators and barriers:

1. Relationship between GPs and families - The authors report that GPs attempts to foster trust between themselves and parents was '... the strongest and most persistent theme across the interviews ...' which was seen as an important facilitator to response and a means of encouraging parents to engage and accept help and advice (p5). One GP reported that: 'It's [the reason to develop trust] not frightening them away because, as well, there is that kind of unseen agreement between you. She is thinking: 'if this gets a bit much for me, I might be asking you for a bit more help'. 'How will you be when I ask you for more help?' and I am thinking 'if this gets too much for you I might ask you if you need more help. I want you to be accepting of that help and not worried about it' (participant 0, discussing a 4 year old child

with older siblings). GPs felt that it was easier to foster trust when they could offer something to families such as a letter to support a benefit or housing claim.

- 2. Relationship between GPs and health visitors (p5) The study found that GPs reported being dependent on health visitors in their responses to maltreatment-related concerns. The authors report that the two health visitors interviewed believed that GPs had only limited knowledge and were eager to avoid or pass on child protection work to other professionals. I think ultimately being based in the same building, seeing people day to day, you know in the kitchen, putting the kettle on, that kind of daft thing does build a good relationship' (participant 16, discussing siblings aged 3 and 7 years old) (p 8). In their discussion the authors also report that '... information and support from health visitors was threatened by mismatched expectations ...' (p9).
- 3. Relationship between GPs and other professionals GPs did not discuss in detail how their relationships with other professionals helped or hindered their responses to maltreatment concerns. However, they '... wished to be seen as separate from children's social care and paediatric services, which they thought patients saw as punitive and policing' (p5). The authors describe a lack of feedback from children's social services, seen to be exacerbated by lack of personal relationships between GPs and social workers, and note that GPs drew on personal contacts with 'trusted' paediatricians.
- 4. Medical role GPs justified and legitimised their involvement by framing their responses as 'medical'. The authors note that 'the theoretical distinction between 'medical' and 'social' problems was used by participants to delineate where the GP could legitimately be involved with maltreat-related concerns. However this neat distinction was challenged' (p8).

**Discussion:** The study found that GPs '... described being actively involved with the management of (possible) child neglect and emotional abuse' (p9). Study notes that, due to 'case-based' study design, it is possible that some GPs recounted what they should have done, rather than what they did do. It is also unclear to what extent the 7 responses are being used in general practice more widely. Study findings are compared to a study by Tompsett et al. (2010). The authors note that, similar to this study, Tompsett et al.'s study suggests that GPs might have the biggest role to play for children with chronic neglect. The authors note that this study did to seek the views of parents or children, which is a limitation to the study. Implications The authors suggest that the implications of the study include: - Policy and research focus should be broadened to include direct intervention by GPs for families who prompt maltreatment-related concerns.

Overall validity rating.

Overall assessment of internal validity: +

Overall assessment of external validity: ++

Overall validity rating: +

### Response

Review question 15 – What is the impact of social and psychological interventions responding to child abuse and neglect? (Prevention of recurrence, prevention of impairment)

**Review question 15 – Critical appraisal tables** 

1. Barlow J, Johnston I, Kendrick D et al. (2006) Individual and group-based parenting programmes for the treatment of physical child abuse and neglect. Cochrane Database of Systematic Reviews issue 3: CD005463

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Appropriate and clearly focused question?	Inclusion of relevant individual studies?	Does the study's research question match the review	Overall assessment of internal validity:
Yes.	Yes.	question?	++
Adequate description of methodology?	Study quality assessed and reported?	Has the study dealt appropri-	Overall assessment of external validity:
Yes.	Yes.	ately with any ethical concerns? Not reported.	+
Rigorous literature search?	Do conclusions match find-		Overall validity rating:
Yes.	ings? Yes.	Were service users involved in the study? Not reported.	+
		Is there a clear focus on the guideline topic? Yes.	
		Is the study population the same as at least 1 of the groups covered by the guideline? Yes - parents and families.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes - clinic and home-based.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes – response, treatment of physical child abuse and neglect.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.	
		Does the study have a UK perspective? No – mainly US studies.	

# 2. Browne DT, Puente-Duran S, Shlonsky A et al (2016) A Randomized Trial of Wraparound Facilitation Versus Usual Child Protection Services. Research on Social Work Practice 26: 168-179

Internal validity – approach	Internal validity - performance and analy-	External validity	Overall validity rating
and sample	sis		
Study aim	Was the exposure to the intervention	Does the study's research question	Overall assessment of
Study aim: To evaluate	and comparison as intended?	match the review question?	internal validity:
whether the addition of a	Partly. It is likely that workers in the con-	Yes. To evaluate whether the addition of	++
wraparound facilitator to	trol condition (usual CPS care) also	a wraparound facilitator to regular child	Overall assessment of
regular child protection	"came up with new ideas when others	protection services improved child and	external validity:
services improved child	weren't working' (similar to that of wrapa-	family functioning over 20 months.	+
and family functioning over	round care) (p7).		
20 months.	Was contamination acceptably low?	Has the study dealt appropriately with	Overall validity rating:
		any ethical concerns?	+

Internal validity – approach	Internal validity – performance and analy-	External validity	Overall validity rating
and sample	sis		
Description of theoretical	Partly. Commonalities (community-based	Yes. Ethical approval obtained from the	
approach?	care and unconditional care) and differ-	McMaster University Ethics Review	
Yes	ences in experimental and control condi-	Board, plus procedures for informed con-	
	tions likely as is often the case in psycho-	sent.	
How was selection bias	social intervention (pp7, 10).		
minimised?		Were service users involved in the	
Randomised: Blocked ran-	Did either group receive additional in-	study?	
domization stratified by site	terventions or have services provided	Yes. Service users as participants in the	
(3 sites), with variable	in a different manner?	study.	
block sizes of 2, 4, and 6.	Not reported.		
The unit of analysis and	·	Is there a clear focus on the guideline	
randomization was at the	Were outcomes relevant?	topic?	
family level, but only one	Yes. Child impairments, caregiver psy-	Yes. Impact of social intervention on child	
child per family was in-	chological distress.	protection.	
cluded.			
	Were outcome measures reliable?	Is the study population the same as at	
Was the allocation	Yes. Validated.	least one of the groups covered by the	
method followed?		guideline?	
Yes: The allocation ratio	Were all outcome measurements com-	Yes. Family care givers (mostly mothers).	
was 1 control: 1 interven-	plete?		
tion. Random numbers	Yes.	Is the study setting the same as at	
generated and placed in		least one of the settings covered by	
opaque, sealed envelopes.	Were all important outcomes as-	the guideline?	
• • • •	sessed?	Yes. Not reported, but likely to be in	
Is blinding an issue in	Yes.	home setting.	
this study?			
Part blinding. Single blind-	Were there similar follow-up times in	Does the study relate to at least one of	
ing: interviewers were blind	exposure and comparison groups?	the activities covered by the guide-	
to the family's experi-	Yes. At 20 months after intervention.	line?	
mental condition.		Yes. Child protection (abuse and ne-	
	Was follow-up time meaningful?	glect).	
	Yes.		

Internal validity – approach	Internal validity - performance and analy-	External validity	Overall validity rating
and sample	sis		
Did participants reflect		(For effectiveness questions) Are the	
target group?	Were exposure and comparison	study outcomes relevant to the guide-	
Yes. Families who had a	groups similar at baseline? If not, were	line?	
substantiated investigation	these adjusted?	Yes.	
for child maltreatment.	Partly. Both groups similar at baseline ex-		
	cept for the following: Parents in interven-	Does the study have a UK perspec-	
Were all participants ac-	tion group more likely than control to have	tive?	
counted for at study con-	been reported for emotional harm/expo-	No. Canada.	
clusion?	sure to conflict (41% vs. 22%, p=0.02)		
Partly. Initially 306 families	and have substance use problems		
were approached and 135	(21.7% vs. 3.4%, p=0.003). Fewer par-		
agreed to participate in the	ents in the intervention group had		
study prior to being ran-	spouses who were employed (16.7% vs.		
domised into intervention	39%, p=0.03) and had substantial unmet		
and control group. De-	material needs (10% vs. 50%, p=0.05)		
mographics and reason for	(p7).		
referral/maltreatment type			
between the participants	Was intention to treat (ITT) analysis		
(n=135) and non-partici-	conducted?		
pants (n=171) were simi-	Yes.		
lar, except that significantly			
more of the 25-29 aged	Was the study sufficiently powered to		
group declined to take part	detect an intervention effect (if one ex-		
(non -participants) (10.4%	ists)?		
vs. 24%, p=0.02). Signifi-	Yes. Power calculation performed, power		
cantly more participants	analyses on all outcomes were deemed		
had financial problems	to be satisfactory (>0.80) (p6)		
(30.4% vs. 18.1%, p=0.02)			
and previous child removal	Were the estimates of effect size given		
due to CPS involvement	or calculable?		
(26.7% vs.18.1%, p=0.01).	Yes.		
16 of the initial 135 families			

Internal validity – approach	Internal validity – performance and analy-	External validity	Overall validity rating
and sample	sis		
were lost to follow-up (attri-	Were the analytical methods appropri-		
tion rate 11.9%). Complet-	ate?		
ers and noncompleters	Yes. Intention-to-treat principle, analysis		
were similar on all other	by ANOVA using SPSS. To adjust for at-		
variables at baseline, ex-	trition, data were imputed using multiple		
cept that slightly greater	imputation.		
proportion of children			
among completers were	Was the precision of intervention ef-		
removed from the home	fects given or calculable? Were they		
due to previous CPS in-	meaningful?		
volvement (27% vs. 25%,	Yes.		
p=0 .02); a lower propor-			
tion of retained caregivers	Do conclusions match findings?		
were involved in adult con-	Yes.		
flict/violence (16% vs.			
43.8%, p=0 .04); Retained			
children were lower in			
baseline behavioural and			
emotional strengths scores			
(p=0 .03), and in the fire			
setting subscale on the			
CAFAS (4% vs. 28.6%,			
p=0.01).			

3. DePrince AP, Chu AT, Labus J S et al (2015) Testing Two Approaches to Revictimization Prevention Among Adolescent Girls in the Child Welfare System. Journal of Adolescent Health 56: S33-S39

Internal validity - ap-	Internal validity - performance and	External validity.	Overall validity rating.
proach and sample.	analysis.		
Study aim	Was the exposure to the intervention	Does the study's research question	Overall assessment of
Study aim: To 'compare	and comparison as intended?	match the review question?	internal validity:
two interventions designed		Yes.	+
to decrease revictimisation			

Internal validity - ap-	Internal validity - performance and	External validity.	Overall validity rating.
proach and sample.	analysis.		
in a diverse sample of ado-	Partly. Attendance at sessions was 73%	Has the study dealt appropriately with	Overall assessment of
lescent child-welfare in-	for risk detection/executive function inter-	any ethical concerns?	external validity:
volved girls' (pS33).	vention and 70% for social learning/femi-	Partly. Ethical approval obtained. Informed	++
	nist theory.	consent from parents/guardians, although	US study, but back-
Description of theoretical		unclear if consent obtained from young	ground services likely to
approach?	Was contamination acceptably low?	people themselves.	be the same for this type
Yes. Testing two different	Yes.		of intervention as in UK.
theoretical approaches: so-		Were service users involved in the	
cial learning/feminist the-	Did either group receive additional in-	study?	Overall validity rating:
ory compared to risk de-	terventions or have services provided	No. Service users involved as participants	+
tection and executive func-	in a different manner?	only.	Limitations include no in-
tion.	No.		tent to treat analysis, and
		Is there a clear focus on the guideline	creation of a 'no treat-
How was selection bias	Were outcomes relevant?	topic?	ment' comparison group
minimised?	Yes.	Yes.	of those who did not at-
Randomised. Although			tend any sessions.
non-treatment group was	Were outcome measures reliable?	Is the study population the same as at	
not randomly selected. Re-	Yes. Standardised scales used - Trau-	least one of the groups covered by the	
sults from this group are	matic events screening inventory (TESI)	guideline?	
not presented.	and Conflict in Adolescent Dating Rela-	Yes. Females aged 12 to 19 who had his-	
	tionships (CADRI). Reliability of scales	tories of childhood neglect or abuse.	
Was the allocation	not reported.		
method followed?		Is the study setting the same as at least	
Yes.	Were all outcome measurements com-	one of the settings covered by the	
	plete?	guideline?	
Is blinding an issue in	Yes.	Yes.	
this study?			
No blinding. Participants	Were all important outcomes as-	Does the study relate to at least one of	
not blind to study condi-	sessed?	the activities covered by the guideline?	
tion. Unclear whether re-	Partly. Measurement did not look at im-	Yes. Study relates to response.	
searchers administering	pact on the girls' overall wellbeing.		
outcome measures were			

Internal validity - approach and sample.	Internal validity - performance and analysis.	External validity.	Overall validity rating.
blind to participant condi-	Were there similar follow-up times in	(For effectiveness questions) Are the	
tion.	exposure and comparison groups?	study outcomes relevant to the guide-	
	Yes.	line?	
Did participants reflect		Yes.	
target group?	Was follow-up time meaningful?		
Yes.	Partly	Does the study have a UK perspective?	
	4 months.	No. US study.	
Were all participants ac-		-	
counted for at study con-	Were exposure and comparison		
clusion?	groups similar at baseline? If not,		
Yes.	were these adjusted?		
	Yes. Authors conclude two intervention		
	groups were similar at baseline.		
	Was intention to treat (ITT) analysis		
	conducted?		
	No. No intent-to-treat analysis con-		
	ducted. Some young people who were		
	initially randomised to a treatment group,		
	but attended no sessions, were moved in		
	to a 'no treatment' comparison group.		
	Was the study sufficiently powered to		
	detect an intervention effect (if one		
	exists)?		
	Partly. No power calculation given, but		
	relatively large sample size.		
	Were the estimates of effect size		
	given or calculable?		
	No.		

Internal validity - approach and sample.	Internal validity - performance and analysis.	External validity.	Overall validity rating.
	Were the analytical methods appropriate? Yes.		
	Was the precision of intervention effects given or calculable? Were they meaningful?		
	Do conclusions match findings? Yes.		

4. Donohue B, Azrin NH, Bradshaw K et al. (2014) A controlled evaluation of family behavior therapy in concurrent child neglect and drug abuse. Journal of Consulting and Clinical Psychology 82: 706–20

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
'The study examines 'the effects	vention and comparison as in-	question match the review	validity:
of Family Behavioral Therapy as	tended?	question?	-
compared to treatment as usual	Yes – Fidelity monitored during in-	Yes – Study evaluates the impact	Overall assessment of external
community-based services (TAU)'	tervention. 95% of protocol in-	of an intervention for the families	validity:
(p708).	structions were implemented by	of children who are experiencing	++
	providers.	or have experienced abuse and	
Description of theoretical ap-		neglect.	Overall validity rating:
proach?	Was contamination acceptably		-
No. No logic model provided for	low?	Has the study dealt appropri-	A key methodological flaw is the
how intervention operates.	Yes.	ately with any ethical concerns?	failure to report cell sizes for drug-
	–No contamination between	Yes.	exposed versus non-drug exposed
How was selection bias mini-	groups reported.	<ul><li>–Approval obtained from institu-</li></ul>	families. This makes it difficult to
mised?		tional review board and informed	judge the validity of the statistical
Randomised.	Did either group receive addi-	consent obtained from all partici-	analysis. There is also lack of clar-
–Urn randomisation.	tional interventions or have ser-	pants.	ity regarding data imputation
	vices provided in a different		methods for intent to treat analysis
	manner?		(or indeed if imputation was used).

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Was the allocation method fol-	No.	Were service users involved in	
lowed?	-Although TAU option could com-	the study?	
Yes.	prise a variety of services.	No.	
		-Service users involved as partici-	
Is blinding an issue in this	Were outcomes relevant?	pants only - not in design or inter-	
study?	Yes.	pretation of findings.	
Part blinding.	–Focusing on parenting and par-		
–Not possible to blind participants	ent wellbeing outcomes relevant	Is there a clear focus on the	
or providers to study condition.	to substance misuse.	guideline topic?	
However, assessments of out-		Yes.	
come were carried out by provid-	Were outcome measures relia-		
ers who were blind to study condi-	ble?	Is the study population the	
tion.	Yes.	same as at least 1 of the groups	
		covered by the guideline?	
Did participants reflect target	Were all outcome measure-	Yes.	
group?	ments complete?	-Families who have been referred	
Partly	Yes.	to child protective services on	
<ul><li>Requirement of intervention is</li></ul>	-Primary outcome measures (risk	grounds of child neglect and treat-	
that there must be one other adult	of abuse, frequency of days using	ment for substance misuse.	
prepared to participate in the par-	hard drugs or marijuana) taken at		
ent's treatment (p708). This could	baseline and 6- and 10-month fol-	Is the study setting the same as	
potentially skew the data in favour	low up. Secondary outcome	at least 1 of the settings cov-	
of those with better support net-	measure (risk of HIV transmission)	ered by the guideline?	
works. The authors do not com-	taken at 6- and 10-month follow-	Yes.	
ment on the representativeness of	up only.	–Intervention delivered in the	
the sample compared to target		home.	
group.	Were all important outcomes		
	assessed?	Does the study relate to at least	
Were all participants accounted	Partly.	1 of the activities covered by	
for at study conclusion?	–No outcome measures relating to	the guideline?	
Yes	child wellbeing were included.	Yes.	
<ul><li>–All participants accounted for</li></ul>		<ul><li>Response to prevent recurrence</li></ul>	
(See Fig 1, p710) but significant	Were there similar follow-up	and prevent/ameliorate impair-	
attrition, with attrition from assign-	times in exposure and compari-	ment.	
ment to second follow up 26% in	son groups?		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
experimental group, and 14% in control group.	Yes.  Was follow-up time meaningful? Partly —Follow-up time sufficient to observe proximal impact on outcomes, but not longer term outcomes.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes. —Analysis of demographic and outcome variable at baseline using chi square and ANOVA showed no significant baseline differences between participants in the intervention versus the comparison group.	(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  Does the study have a UK perspective? No.  –US study, however the service delivery system (CPS making referral to a specialist provider) is similar to UK.	
	Was intention to treat (ITT) analysis conducted? Partly.  The study states that 'all 72 of the qualifying participants who were interested in participating in the study were randomly assigned to treatment (35 FBT, 37 TAU) and included in the intent to treat study analyses' (p709). However, as only 55 people provided data at 6 months, and 58 provided at 10 months and no method for imputing missing data is reported.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Partly.  Power calculation not given. Sample size is relatively small, particularly given the 2x2 (x3) design, meaning that sample size in each condition would be relatively small (c.18).		
	Were the estimates of effect size given or calculable? YesEffect sizes calculated using partial eta squared.		
	Were the analytical methods appropriate? Yes.  -Analysis of variance with no covariates (no existing differences identified between intervention and control group).		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes.		
	Do conclusions match find- ings? Yes.		

# 5. Fantuzzo J, Manz P, Atkins M et al. (2005) Peer-mediated treatment of socially withdrawn maltreated preschool children: Cultivating natural community resources. Journal of Clinical Child and Adolescent Psychology 34:320–5

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	Describeration of the second	0
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
-To evaluate the effectiveness of	vention and comparison as in-	question match the review	validity:
Resilient Peer Treatment, a '	tended?	question?	
peer-mediated, classroom-based	Yes.	Yes	Overall assessment of external
intervention for socially withdrawn,	-The authors report that checklists	-The study aimed to evaluate the	validity:
maltreated pre-school children'	were used to determine whether	effectiveness of Resilient Peer	++
(p320). The intervention had previ-	the interventions had been carried	Treatment, a ' peer-mediated,	Overall validity rating:
ously been found to be effective in	out as planned. This is reported as	classroom-based intervention for	-
a treatment setting and the au-	an average of 90%, ranging from	socially withdrawn, maltreated	The use of coding systems and
thors aimed to determine whether	81–100%. They also note that	pre-school children' (p320). The	scales with unclear reliability and
this could be transferred to the	sessions were not conducted	intervention had previously been	validity and a very short follow-up
classroom setting.	when either the 'play buddy' or	found to be effective in a treat-	(two weeks) mean that it is difficult
_	participating child was absent.	ment setting and the authors	to be confident in the findings of
Description of theoretical ap-		aimed to determine whether this	this study.
proach?	Was contamination acceptably	could be transferred to the class-	
No.	low?	room setting.	
-The authors do not present a	Not reported.		
clear theory of change or logic	-Information on contamination is	Has the study dealt appropri-	
model but note that the interven-	not provided.	ately with any ethical concerns?	
tion is designed to improve social		Partly.	
functioning by providing an oppor-	Did either group receive addi-	-Informed consent and approval	
tunity for ' positive play experi-	tional interventions or have ser-	for the study are not reported but	
ences with peers, who evidence	vices provided in a different	the authors note that 'permission'	
high social functioning amidst	manner?	was sought prior to randomisation.	
high-risk urban contexts' (p321).	No.	The stage prior to ramasimount	
riigii riok dibari beritexto (poz 1).	There is no indication that either	Were service users involved in	
How was selection bias mini-	group received additional interven-	the study?	
mised?	tions.	No.	
Randomised.		In discussing the context for the	
-Method not reported.	Were outcomes relevant?	intervention, the authors note that	
Method hot reported.	Yes.	they ' initiated a partnership pro-	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Was the allocation method fol-	-The study aimed to evaluate the	cess with Head Start staff and par-	
lowed?	effectiveness of an intervention for	ents' (p321) but the extent to	
Not reported.	socially withdrawn maltreated pre-	which parents were involved in the	
-Method of allocation and con-	school children and the outcome	design of the intervention or the	
cealment are not reported.	measures used related to social	study is not clear.	
	behaviours and interactions with		
Is blinding an issue in this	peers.	Is there a clear focus on the	
study?		guideline topic?	
Part blinding.	Were outcome measures relia-	Yes.	
–Due to the nature of the interven-	ble?	–The study aims to determine the	
tion it would not have been possi-	Partly.	effectiveness of an intervention	
ble to blind participating children,	<ul><li>Only two of the scales or coding</li></ul>	designed for maltreated children.	
'Play buddies' or 'play supporters'	systems appear to have estab-		
however the authors note that ob-	lished reliability and validity and	Is the study population the	
servational data was coded by re-	data in relation to this is only pro-	same as at least 1 of the groups	
searchers blind to maltreatment	vided for 1 measure.	covered by the guideline?	
status, group assignment and as-		Partly.	
sessment point. They also report	Were all outcome measure-	-Participants were socially with-	
that teachers who provided data	ments complete?	drawn African American children	
on children's play and behaviour	Yes.	enrolled in the Head Start pro-	
in the classroom were blind to		gramme. Child maltreatment was	
maltreatment status and group as-	Were all important outcomes	substantiated for n=37 out of	
signment.	assessed?	n=82. The study has been in-	
	Yes.	cluded in the NCCSC review be-	
Did participants reflect target		cause findings are reported on the	
group?	Were there similar follow-up	basis of treatment group and mal-	
Partly.	times in exposure and compari-	treatment status.	
-The number of eligible children	son groups?		
and those for whom consent for	Yes.	Is the study setting the same as	
participation was provided is not	Was fallow on the control of 10	at least 1 of the settings cov-	
reported. Eligibility was deter-	Was follow-up time meaningful?	ered by the guideline?	
mined on the basis of teacher rat-	No	Yes	
ings of prosocial peer interactions	-Follow-up assessments were	-The setting for the intervention	
and independent verification of	conducted at the two week post-	and assessments was the child's	
		classroom.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
these. The entire sample was African American.  Were all participants accounted for at study conclusion?  Yes.  There were no participants lost to follow-up or and none failed to complete the programme.	intervention point which is extremely short and unlikely to allow any effects of the intervention to be detected.  Analyses Was the precision of intervention effects given or calculable? Were they meaningful? Yes.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Not reported.  —Pre-treatment comparisons focused on comparing maltreated versus non-maltreated children, rather than assessing any differences between exposure and comparison.  Was intention to treat (ITT) analysis conducted? Yes.  —All participants completed the intervention and participated in follow-up assessments.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported.	Does the study relate to at least 1 of the activities covered by the guideline? Yes.  Response – The study evaluates an intervention which is designed to enhance the social capabilities of maltreated pre-school children who are withdrawn.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  Outcomes included social interactions with peers and social behaviour.  Does the study have a UK perspective? No.  Study was conducted in the USA.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	-The authors do not provide a		
	power calculation or expected ef-		
	fect sizes. The sample size is ac-		
	ceptable.		
	Were the estimates of effect		
	size given or calculable?		
	Yes.		
	–Partial eta squared effect sizes		
	are reported.		
	Were the analytical methods ap-		
	propriate?		
	Yes		
	-Analysis of variance and chi-		
	square analysis.		
	Was the precision of interven-		
	tion effects given or calculable?		
	Were they meaningful?		
	Yes.		
	-p values and partial eta squared		
	effect sizes are provided.		
	Do conclusions match find-		
	ings?		
	Partly.		
	On the whole the authors conclu-		
	sions fit well with their findings,		
	however, it should be noted that		
	some of the findings for which a		
	significant effect was found were		
	observed within a setting which		
	overlaps with the intervention un-		
	der evaluation (i.e. observations of		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	children's play in dyadic play cor- ner interactions with their play buddy).		

# 6. Fisher PA, Nurraston B, Pears KC (2005) The Early Intervention Foster Care Program: permanent placement outcomes from a randomized trial. Child Maltreatment 10:61–71

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	Describerated to seconds	0 !!
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
This paper forms part of a larger	vention and comparison as in-	question match the review	validity:
RCT exploring effectiveness of	tended?	question?	+
Early Intervention Foster Care Program. This paper reports per-	Yes.	Yes.	Overall assessment of external validity:
manent placement outcomes.	Was contamination acceptably	Has the study dealt appropri-	+
·	low?	ately with any ethical concerns?	Unclear to what extent US training
Description of theoretical ap-	Yes.	Partly.	for foster carers is similar to UK.
proach?		No reference made to ethical ap-	
Partly.	Did either group receive addi-	proval. Consent sought from case-	Overall validity rating:
Some background to the interven-	tional interventions or have ser-	worker (legal guardian) and,	+
tion given, but paper also refers to	vices provided in a different	where possible, birth parents. No	Relatively small sample size
Fisher et al. 1999, 2000).	manner?	mention of obtaining informed	(n=54). Focuses on placement
	Not reported.	consent from children.	outcomes only.
How was selection bias mini-	Trott op or to a.		Careening.
mised?	Were outcomes relevant?	Were service users involved in	
Randomised.	Partly.	the study?	
Transcou.	T ditty.	No.	
Was the allocation method fol-	Study also explored a number of	Service users involved as partici-	
lowed?	cognitive and behavioural	pants only.	
Yes.	measures, but they are not re-	parito orny.	
100.	ported in this paper.	Is there a clear focus on the	
Is blinding an issue in this		guideline topic?	
		Yes.	
study?		165.	
No blinding.			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Participants not blind to interven-	Were outcome measures relia-	Is the study population the	
tion condition. Not reported	ble?	same as at least 1 of the groups	
whether those assessing out-	Yes.	covered by the guideline?	
comes were blind to intervention		Yes.	
condition.	Were all outcome measure-		
	ments complete?	Is the study setting the same as	
Did participants reflect target	Yes.	at least 1 of the settings cov-	
group?		ered by the guideline?	
Yes.	Were all important outcomes	Yes.	
	assessed?		
Were all participants accounted	Partly.	Does the study relate to at least	
for at study conclusion?	As above - this paper focuses on	1 of the activities covered by	
Yes.	placement outcomes. Other types	the guideline?	
	of outcomes were also measured	Yes.	
	but are not reported here.	. 66.	
	but are not reported note.	(For effectiveness questions)	
	Were there similar follow-up	Are the study outcomes rele-	
	times in exposure and compari-	vant to the guideline?	
	son groups?	Partly.	
	Yes.	Placement outcomes will be	
	165.		
	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	coded as a service outcome.	
	Was follow-up time meaningful?	5 4 4 1 1 114	
	Yes.	Does the study have a UK per-	
	24 months.	spective?	
		No. US study.	
	Were exposure and comparison		
	groups similar at baseline? If		
	not, were these adjusted?		
	Partly.		
	Raw data provided suggest that		
	there are some key differences in		
	terms of type of permanent place-		
	ment (EIFC is 48% birth parents,		
	RFC 68%) which may have af-		
	fected results.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Was intention to treat (ITT) analysis conducted? No. Eight children did not complete the assessments, and missing data do not appear to have been imputed.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. No power calculation given, alt-		
	hough effective sample size is relatively low (n=54).  Were the estimates of effect size given or calculable?  No.		
	Were the analytical methods appropriate? Yes.		
	Was the precision of intervention effects given or calculable? Were they meaningful?		
	Do conclusions match findings? Yes.		

7. Forrester D, Holland S, Williams A et al. (2014) Helping families where parents misuse drugs or alcohol? A mixed methods comparative evaluation of an intensive family preservation service. Child & Family Social Work 21(1) 65-75

Internal validity - ap-	Internal validity - performance and	External validity	Overall validity rating
proach and sample	analysis		
Qualitative comp 1	3. Quantitative component (incl. non-	Does the study's research question	Overall assessment of
Which component? Fami-	RCT; cohort study; case-control study)	match the review question?	internal validity
ly's experience of using	Which quantitative component? Quasi-ex-	Yes. Child protection relating to parental	-
Option 2, the experience of	perimental (Comparative cohort) study:	substance abuse.	
other services; and family	Option 2 vs. no Option 2 (control).		Overall assessment of
life and experiences since		Has the study dealt appropriately	external validity
the time of referral (data	3.1 Are participants (organisations) re-	with any ethical concerns?	++
collected via interviews).	cruited in a way that minimises selec-	Yes. Ethical approval given by the Uni-	
Most participants also	tion bias?	versity of Bedfordshire Research Ethics	Overall validity score
gave extraordinary stories,	No. Initially a retrospective study, in-	Committee. All details anonymized.	-
'autobiographical narra-	tended to match each comparison family		Unclear if the groups in the
tives' placing and explain-	to the O2 family referred for the same	Were service users involved in the	quasi-experimental cohort
ing their difficulties that ran	level of seriousness but due to a low re-	study?	study are comparable.
from before substance	sponse rate (36%) when 75 families were	Yes. Service users as participants in	
misuse became a problem,	approached, the case comparison ap-	study.	
up to the time of the inter-	proach was dropped and more recent O2		
view (p69).	referrals were approached to take part in	Is there a clear focus on the guideline	
	the research. This compromises the com-	topic?	
1.1 Are the sources of	parability of the samples (p67).	Yes. response to child protection con-	
qualitative data (ar-		cerns	
chives, documents, in-	3.2 Are measurements appropriate		
formants, observations)	(clear origin, or validity known, or	Is the study population the same as	
relevant to address the	standard instrument; and absence of	at least one of the groups covered by	
research question?	contamination between groups when	the guideline?	
Yes. Family life and experi-	appropriate) regarding the expo-	Yes. Parents and families.	
ences since the time of re-	sure/intervention and outcomes?		
ferral, also 'autobiograph-	Yes. Instruments used: 1. Child's welfare	Is the study setting the same as at	
ical narratives'.	(Strengths and Difficulties Questionnaire	least one of the settings covered by	
	[SDQ] for emotional and behavioural de-	the guideline?	
	velopment; Goodman 2001) 2. Parental		

Internal validity - ap-	Internal validity - performance and	External validity	Overall validity rating
proach and sample	analysis		
1.2 Is the process for an-	substance use (Maudsley Addiction Pro-	Yes. Not reported, but assumed to be	
alysing qualitative data	file [Section B]; Marsden et al. 1998) 3.	home setting.	
relevant to address the	Parental emotional well-being (General		
research question?	Health Questionnaire [GHQ-12]; Goldberg	Does the study relate to at least one	
Yes. To explore parents'	1978) 4. Family functioning (Family Envi-	of the activities covered by the guide-	
experience of the Option 2	ronment Scale [FES subscales for family	line?	
programme. From the sto-	cohesion, open expression of emotion	Yes. Child protection.	
ries and the 'autobiograph-	and open conflict]; Moos & Moos 1986).		
ical narratives' describing		(For effectiveness questions) Are the	
the parents' life journeys,	3.3 In the groups being compared (ex-	study outcomes relevant to the	
the impact of the O2 pro-	posed versus non-exposed; with inter-	guideline?	
gram was assessed.	vention versus without; cases versus	Yes.	
	controls), are the participants compa-		
1.3 Is appropriate con-	rable, or do researchers take into ac-	(For views questions) Are the views	
sideration given to how	count (control for) the difference be-	and experiences reported relevant to	
findings relate to the	tween these groups?	the guideline?	
context, such as the set-	Partly. At time of referral, no significant	Yes.	
ting, in which the data	difference between the O2 group and		
were collected?	control in 1. Age of the parents. 2. Age of	Does the study have a UK perspec-	
Unclear. Not reported.	the children. 3. Number of children living	tive?	
	with their parents. 4. Number of families	Yes.	
1.4 Is appropriate con-	who accepted referral to avoid care.		
sideration given to how	There were 1. Significantly more parents		
findings relate to re-	with illicit drug use in the O2 group (72%		
searchers' influence; for	vs. 23%, p=0.01) (Note Table 1 shows		
example, though their in-	=0.1. However, as all other p values >		
teractions with partici-	0.05 are shown as NS, and due to large		
pants?	difference in proportions, assume this is a		
Unclear. Not reported	typo and should read p=0.1). 2. Signifi-		
	cantly higher proportion of boys in the Op-		
	tion 2 group (70& vs 43%, p=0.02).		

Internal validity - ap- proach and sample	Internal validity - performance and analysis	External validity	Overall validity rating
	3.4 Are there complete outcome data (80% or above), and, when applicable, an acceptable response rate (60% or above), or an acceptable follow-up rate for cohort studies (depending on the duration of follow-up)?  Unclear.		
	5.1. Is the mixed-methods research design relevant to address the qualitative and quantitative research questions (or objectives), or the qualitative and quantitative aspects of the mixed-methods question?  Yes.		
	5.2. Is the integration of qualitative and quantitative data (or results) relevant to address the research question? Yes.		
	5.3 Is appropriate consideration given to the limitations associated with this integration, such as the divergence of qualitative and quantitative data (or results)?  Yes		
	There were several steps taken in the analytical process of these 'stories'. All transcripts and summaries were discussed among the researchers to ensure agreement, then entered into NVivo, coded and		

Internal validity - ap-	Internal validity - performance and	External validity	Overall validity rating
proach and sample	analysis		
	analysed. The authors also highlighted		
	the limitations of combining the qualitative		
	and quantitative data in a study which		
	was compromised by small sample size		
	and group comparability due to failure to		
	recruit sufficient no. of participants (p72).		

# 8. Goldman Fraser J, Lloyd SW, Murphy RA et al. (2013) Child exposure to trauma: Comparative effectiveness of interventions addressing maltreatment. Comparative Effectiveness Review 89: 1–161

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Appropriate and clearly focused question?	Inclusion of relevant individual studies?	Does the study's research question match the review	Overall assessment of internal validity:
Yes.	Yes.	question? Partly.	++
Adequate description of meth- odology?	Study quality assessed and reported?	-Include sexually abused children.	Overall assessment of external validity:
Yes.	Yes.	Has the study dealt appropriately with any ethical concerns?	+
Rigorous literature search? Yes.	Do conclusions match find-ings?	Not reported.	Overall validity rating:
	Yes.	Were service users involved in the study?	
		Not reported.	
		Is there a clear focus on the guideline topic? Yes.	
		Is the study population the same as at least 1 of the groups covered by the guideline? Yes.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes.	
		(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  -No data on abuse recurrence.	
		Does the study have a UK perspective? No. US, UK, Canada.	

9. Graham-Bermann SA, Miller-Graff LE, Howell KH et al (2015) An Efficacy Trial of an Intervention Program for Children Exposed to Intimate Partner Violence. Child Psychiatry and Human Development 46: 928–39

Internal validity - ap-	Internal validity - performance and	External validity.	Overall validity rating.
proach and sample.	analysis.		
Study aim	Was the exposure to the intervention	Does the study's research question	Overall assessment of
Study aim: 'To compare	and comparison as intended?	match the review question?	internal validity:
outcomes for 4-6 year old	Not reported.	Yes. Children exposed to IPV (intimate	+
children randomly as-		partner violence).	
signed to a program de-	Was contamination acceptably low?		Overall assessment of
signed to address the ef-	Not reported.	Has the study dealt appropriately	external validity:
fects of exposure to IPV		with any ethical concerns?	+
with those allocated to a	Did either group receive additional in-	Yes. University Institutional Review	
waitlist comparison condi-	terventions or have services provided	Board approval obtained, interviewers	Overall validity rating:
tion' (p928).	in a different manner?	trained in research ethics. Mothers gave	+
	Not reported.	informed consent prior to being inter-	
<b>Description of theoretical</b>		viewed, and were compensated \$25 for	
approach?	Were outcomes relevant?	each study interview.	
No.	Yes. Child internalizing disorders.		
		Were service users involved in the	
How was selection bias	Were outcome measures reliable?	study?	
minimised?	Yes. The Child Behavior Checklist.	Yes. Mothers and child pairs were par-	
Randomised. Quasi-RCT,		ticipants in the trial.	
as participants were alter-	Were all outcome measurements com-		
nately allocated in blocks	plete?	Is there a clear focus on the guideline	
of 5- first 5 to intervention	Yes.	topic?	
and next 5 to control (wait		Yes. IPV (intimate partner violence).	
list).	Were all important outcomes as-		
	sessed?	Is the study population the same as	
Was the allocation	Yes.	at least one of the groups covered by	
method followed?		the guideline?	
Partly. Mothers were as-	Were there similar follow-up times in	Yes. Children exposed to IPV (intimate	
signed to the experimental	exposure and comparison groups?	partner violence).	
condition by the project co-	Yes.		
ordinator. The first five		Is the study setting the same as at	
families who qualified for	Was follow-up time meaningful?	least one of the settings covered by	
the study were assigned to		the guideline?	

the experimental condition, and the next five families were assigned to the no treatment comparison condition. All participating agencies used the same allocation schedule.

### Is blinding an issue in this study?

Blinding. Participants and those who conducted interviews were blind to group assignment.

## Did participants reflect target group?

Yes. Mother-Child pairs who experienced IPV.

# Were all participants accounted for at study conclusion?

Yes. Study completion rate (drop-out): Intervention: 36/51 (76%) Control (wait list): 35/62 (56%) Subjects who discontinued participation were accounted for at 3 time points and at conclusion of study.

Partly. Mothers interviewed 5 weeks apart at three time points and at 8 month follow-up, a short term period. Longer term effects of intervention not known.

# Were exposure and comparison groups similar at baseline? If not, were these adjusted?

Yes. 'There were no statistically significant differences between the experimental and no treatment comparison groups at baseline on demographic variables and violence severity' (p934).

### Was intention to treat (ITT) analysis conducted?

Yes. Using both ITT (include all participants as assigned) and per-protocol analysis (based on data of those who adhered to the treatment protocol).

# Was the study sufficiently powered to detect an intervention effect (if one exists)?

Not reported.

## Were the estimates of effect size given or calculable?

Yes.

## Were the analytical methods appropriate?

Yes. Using regression analyses and perprotocol analysis. Yes. Domestic violence shelter, the research laboratory, or in or near the participant's home.

Does the study relate to at least one of the activities covered by the guide-line?

Yes.

# (For effectiveness questions) Are the study outcomes relevant to the guideline?

Yes. Child internalizing problems

### Does the study have a UK perspective?

No. USA.

Was the precision of intervention effects given or calculable? Were they meaningful? Yes.	
Do conclusions match findings? Yes.	

## 10. Jouriles EN, McDonald R, Rosenfield D et al. (2010) Improving parenting in families referred for child maltreatment: A randomized controlled trial examining effects of Project Support. Journal of Family Psychology 24: 328–38

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample Study aim	and analysis Was the exposure to the inter-	Does the study's research	Overall assessment of internal
The study aimed to evaluate the	<u>-</u>	question match the review	
effectiveness of Project Support, a	vention and comparison as in- tended?	question?	validity:
home-based intervention targeting	Yes.	Yes.	T
parenting and maternal distress, in	–A staff person trained in imple-	I es.  I note in the line with the review question,	Overall assessment of external
1.	•	•	
comparison to services as usual, in a sample of families referred for	menting the intervention reviewed audiotapes for 25% of treatment	the study aims to evaluate the im-	validity: ++
child maltreatment.	•	pact of Project Support in a sam-	**
chiid mailleatment.	sessions and compared them to therapists' notes to determine how	ple of families reported to CPS for allegations of physical abuse or	Overall validity rating:
Description of theoretical ap-	closely the documents reflected	, ,	Overall validity rating:
•		neglect.	Koy limitations of the study are:
proach? No.	the actual content of sessions, in-	Has the study dealt appropri	Key limitations of the study are: -
	dicating 100% correspondence.  The review also demonstrated that	Has the study dealt appropri-	Assessors not blind to participant
-The study does not report the		ately with any ethical concerns? Yes.	condition - Comparison interven-
theory behind the evaluated inter-	52% (SD=20.29) of time in ses-		tion was not consistent across all
vention.	sions was devoted to the parent-	-All research procedures had In-	participants - Method for intent-to-
Have ween coloration bine mini	ing component, with at least 11 of	stitutional Review Board approval	treat analysis not reported
How was selection bias mini-	the 12 parenting skills being ad-	and informed consent was ob-	
mised?	dressed in 16 of the 17 families	tained from participating parents.	
Randomised.	assigned to the Project Support	Participants who did not meet eli-	
-Participants were randomly as-	condition. Services as usual var-	gibility criteria were offered appro-	
signed to groups using a random	ied considerably across the 18	priate treatment alternatives.	
numbers table.	families. For example, 4 did not	<b>W</b>	
	receive any services and of the 14	Were service users involved in	
	who did, all received some type of	the study?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	NI-	
Was the allocation method fol-	parenting intervention. 12 families	No.	
lowed?	also received services in addition	-Service users involved as partici-	
Not reported.	to parenting, including anger man-	pants but not in design or interpre-	
-The study does not report this.	agement, GED classes and individual therapy.	tation of results.	
Is blinding an issue in this		Is there a clear focus on the	
study?	Was contamination acceptably	guideline topic?	
No blinding.	low?	Yes.	
-The staff person responsible for	Yes.	–The study is relevant to the	
conducting the baseline assess-	-Families in the comparison group	guideline topic, focusing on what	
ment was informed of the group	did not receive the intervention	works to improve outcomes for	
assignment, but was blind to the	and vice versa.	children and parents.	
study hypotheses. The same per-		•	
son also conducted follow-up as-	Did either group receive addi-	Is the study population the	
sessments. Mothers were in-	tional interventions or have ser-	same as at least 1 of the groups	
formed of the condition to which	vices provided in a different	covered by the guideline?	
they were assigned after the first	manner?	Yes.	
assessment was completed.	Yes.	-The study population includes	
· ·	-12 families also received ser-	mothers of children who are expe-	
Did participants reflect target	vices in addition to parenting, in-	riencing, or who have experi-	
group?	cluding anger management, GED	enced, abuse or neglect, as indi-	
Partly.	classes and individual therapy.	cated by a substantiated CPS alle-	
-The sample was small (n= 35),		gation.	
and included a relatively high pro-	Were outcomes relevant?	o a a a a a a a a a a a a a a a a a a a	
portion of families referred for	Yes.		
physical abuse rather than ne-	-Reported outcomes clearly relate	Is the study setting the same as	
glect, which may reflect a bias.	to the measures used.	at least 1 of the settings cov-	
Mothers who were experiencing		ered by the guideline?	
serious mental health problems or	Were outcome measures relia-	Yes.	
substance abuse disorders were	ble?	-Project support is a home-based	
also excluded from the study,	Yes.	intervention.	
whom the authors state can make	<ul> <li>–A variety of measures were used</li> </ul>		
up a substantial proportion of a	including direct observation of	Does the study relate to at least	
' '	child-parent interactions, data on	1 of the activities covered by	
	<u> </u>	the guideline?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
more typical CPS sample. Fami-	referrals to CPS for child maltreat-	Yes.	
lies were also excluded if they did	ment and commonly used self-re-	<ul><li>–Intervention aimed primarily at</li></ul>	
not speak English.	port measures of parenting. The	parents and families.	
	latter included the Parenting Lo-		
Were all participants accounted	cus of Control Scale (alpha coeffi-	(For effectiveness questions)	
for at study conclusion?	cient: .83 at baseline), the Revised	Are the study outcomes rele-	
Yes.	Conflict Tactics Scale (alpha coef-	vant to the guideline?	
-There was a relatively low level	ficient: .82 at baseline) and the	Yes.	
of attrition. Data were available for	Symptom Checklist-90-Revised	-Outcomes included mothers' per-	
34 of the 35 families at the 8	(alpha coefficient: .98 at baseline).	ceived and reported parenting, ob-	
month assessment (3% attrition)	For observed ineffective parent-	served ineffective parenting, ma-	
and 31 of the 35 families at the 16	ing, Pearson correlations between	ternal psychological distress and	
month assessment (11% attrition).	raters, based on approximately 12	recurrence of maltreatment.	
	hours of observational data, were	(Familiana mantiana) Anatha	
	.83 for hostile behaviour, .93 for	(For views questions) Are the	
	inappropriate use of promotion	views and experiences reported	
	skills and .76 for inappropriate use	relevant to the guideline?	
	of extinguishing skills.	Not applicable (not views question).	
	Were all outcome measure-	tion).	
	ments complete?	Does the study have a UK per-	
	Yes.	spective?	
	All the planned data was gath-	No.	
	ered.	–US study.	
	Cica.	Co study.	
	Were all important outcomes		
	assessed?		
	Yes.		
	The authors report the meaning-		
	ful effects of the intervention on		
	mothers' parenting versus service		
	as usual, comparing this to other		
	existing studies, in which Project		
	Support exceeds research on par-		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Sample	enting programmes with this population. No explicit harms were reported.		
	Were there similar follow-up times in exposure and comparison groups? Yes.  -Mothers assigned to the Project Support condition were contacted monthly for an additional 8 months (following the 8 month intervention period), and mothers in the comparison condition were contacted monthly for the full 16 months. The authors note that this was so families could be provided with referral information for community resources if desired.		
	<ul><li>Was follow-up time meaningful?</li><li>Yes.</li><li>-Follow-up is comparable to other similar studies.</li></ul>		
	Analyses		
	Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.  -There were no statistically significant differences between families assigned to the 2 conditions. The proportion of African American		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	families in the comparison group (61%) exceeded that of the Project Support group (35%), although this difference did not reach statistical significance.		
	Was intention to treat (ITT) analysis conducted? Partly.  The authors state that all participants (n=35), including those that were not available at follow-up, were analysed in the groups to which they were originally allocated. However, they do not state how this was conducted, e.g. imputation method for missing data.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Yes.  -The authors note that research using similar data concludes that regression coefficients and variance components are estimated without bias, and standard errors of regression coefficients are estimated accurately with a sample size as small as 30 (n=35). Post hoc analysis indicated that the power to detect a medium effect was >.80.		

Internal validity – performance	External validity	Overall validity rating
1 <u> </u>		
1		
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multilevel data.		
Word the applytical mathed as		
_		
1		
· ·		
•		
variable in the analysis.		
Was the precision of interven-		
_		
Yes.		
• • • • • • • • • • • • • • • • • • •		
outcome measures. ES for rele-		
are also reported.		
	were the estimates of effect size given or calculable? Partly.  -Effect sizes are reported for between-group differences and are calculated using Cohen's standardised effect size. No ES was calculated for the slopes of outcomes over time themselves, as the authors state that there is no agreed general ES statistic for multilevel data.  Were the analytical methods appropriate? Yes.  -The authors used hierarchical linear modeling (HLM), which is appropriate for multilevel data. Separate models were computed for each outcome variable, with outcome scores at each assessment level nested within individuals. Ethnicity was included as a control variable in the analysis.  Was the precision of intervention effects given or calculable? Were they meaningful? Yes.  -Confidence intervals and p values are reported for the relevant outcome measures. ES for relevant between-groups differences	and analysis  Were the estimates of effect size given or calculable? Partly.  —Effect sizes are reported for between-group differences and are calculated using Cohen's standardised effect size. No ES was calculated for the slopes of outcomes over time themselves, as the authors state that there is no agreed general ES statistic for multilevel data.  Were the analytical methods appropriate? Yes.  —The authors used hierarchical linear modeling (HLM), which is appropriate for multilevel data. Separate models were computed for each outcome variable, with outcome scores at each assessment level nested within individuals. Ethnicity was included as a control variable in the analysis.  Was the precision of intervention effects given or calculable? Were they meaningful? Yes.  —Confidence intervals and p values are reported for the relevant outcome measures. ES for relevant between-groups differences

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Do conclusions match findings? Yes.  -The authors conclude that based on their findings, Project Support may be a promising intervention for improving parenting in families reported to CPS for child maltreatment. It is also noted that, given their small sample size, additional research is needed to further demonstrate the generalisability of these findings.		
	Were the analytical methods appropriate? Yes, although methods for intent to treat analysis not reported.		

11. Lieberman AF, Van Horn PJ, Ghosh Ippen C (2005) Toward evidence-based treatment: Child-parent psychotherapy with preschoolers exposed to marital violence. Journal of the American Academy of Child and Adolescent Psychiatry 44: 1241–8

Same trial also reported in: Lieberman AF, Ghosh Ippen C, Van Horn P (2006) Child-parent psychotherapy: 6-month follow-up of a randomized controlled trial. Journal of the American Academy of Child and Adolescent Psychiatry 45: 913–18; Ghosh Ippen C, Harris WW, Van Horn P et al. (2011) Traumatic and stressful events in early childhood: Can treatment help those at highest risk? Child Abuse and Neglect 35: 504–13

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
-The trial sought to evaluate the	vention and comparison as in-	question match the review	validity:
effectiveness of Child Parent Psy-	tended?	question?	+
chotherapy (CPP) in preschoolers	Yes.	Yes.	
who had been exposed to 'marital			

#### Internal validity – approach and sample

violence'. The results are reported in 3 papers. One paper reports results up to conclusion of treatment (Lieberman et al. 2005), one at 6 months post-treatment (Lieberman et al. 2006) and one considers effectiveness in relation to exposure to multiple traumatic and stressful events (TSEs) (Ghosh et al. 2011).

#### Description of theoretical approach?

Yes.

-Theoretical premises for the intervention are as follows: - attachment is key organising framework for responses to danger and safety in the first years of life (Ainsworth 1969; Bowlby 1969/1982) - early mental health problems should be addressed in the context of primary relationships (Fraiberg 1980; Lieberman et al. 2000), - child outcomes are a productive of environmental protective and risk factors (Cicchetti and Lynch 1993; Sameroff 1995), - witnessing interpersonal violence can be a traumatic stressor (Pynoos et al. 1999), - the therapeutic relationship is a key factor in treatment (Lieberman et al. 2000) and cultural values of families should be incorporated in to

#### Internal validity – performance and analysis

-Treatment fidelity to CPP was monitored through weekly case supervision, which included review of process notes. The treatment manual was also followed. In the comparison group (individual psychotherapy plus case management), 73% (n=22) of mothers and 55% (n=17) of children received individual treatment, and 45% (n=14) received separate individual psychotherapy for both mother and child. 50% of mothers and 65% of children received more than 20 individual sessions. One child attended fewer than 5 treatment sessions, and 1 mother attended between 5 and 10. The remaining mothers and children attended between 11 and 20 sessions (taken from original study; Lieberman et al., 2005.

#### Was contamination acceptably low?

Not reported.

–This was not reported.

# Did either group receive additional interventions or have services provided in a different manner?

No.

Were outcomes relevant?

#### **External validity**

-The trial sought to evaluate the effectiveness of Child Parent Psychotherapy (CPP) in preschoolers who had been exposed to 'marital violence'. The results are reported in 3 papers. One paper reports results up to conclusion of treatment (Lieberman et al. 2005), one at 6 months post-treatment (Lieberman et al. 2006) and one considers effectiveness in relation to exposure to multiple traumatic and stressful events (TSEs) (Ghosh et al. 2011).

## Has the study dealt appropriately with any ethical concerns? Yes.

-Informed consent was obtained and all procedures received University of California-San Francisco review board approval.

#### Were service users involved in the study?

No.

–Service users were involved as participants, but not in the design of the study or interpretation of results.

## Is there a clear focus on the guideline topic? Yes.

#### Overall validity rating

#### Overall assessment of external validity:

+

#### Overall validity rating:

+

Small sample size - Reliance on maternal report - Short follow-up period - In Ghosh (2011), dichotomisation of children into <4 and 4+ TSE risk groups (as nearly all children in the <4 group had experienced at least 2 TSEs).

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
treatment (Tharp 1991; Wessells	Yes.	–The study covers response to	
1999). The authors also note that	-Reported outcomes clearly relate	child abuse and neglect.	
marital violence overlaps signifi-	to the measures used.		
cantly with child abuse (e.g. Edle-		Is the study population the	
son 1999), and that maternal ex-	Were outcome measures relia-	same as at least 1 of the groups	
posure to violence affects quality	ble?	covered by the guideline?	
of parenting. The CPP model is in-	Partly.	Yes.	
fluenced by psychodynamic for-	-Reliability of all measures not re-	-The study population included	
mulations, social learning and	ported. Reliability not reported for	children aged 3–5, and their moth-	
cognitive-behavioural theories and	measure of Traumatic and Stress-	ers, who had been exposed to	
ecological models.	ful Events (TSEs). The semistruc-	marital violence, as confirmed by	
	tured interview for diagnostic clas-	mothers' report on the Conflict	
How was selection bias mini-	sification DC scored an internal	Tactics Scale 2 (Straus et al.	
mised?	consistency measure of .77 for	1996).	
Randomised.	PTSD and .69 for depression		
-Child-parent dyads were ran-	(Kuder-Richardson 20). The Child	Is the study setting the same as	
domly assigned to CPP or a com-	Behavior Checklist (CBCL;	at least 1 of the settings cov-	
parison group. Method of randomi-	Achenbach 1991, 1992) has been	ered by the guideline?	
sation not described.	shown to have good reliability, sta-	Partly.	
West the allege Consults of Col	bility and predictive reliability. The	-Settings are not stated.	
Was the allocation method fol-	Clinician-administered PTSD	Dana dia atau arata ta at la at	
lowed?	Scale (CAPS) has excellent test-	Does the study relate to at least	
Not reported.	retest reliability and the Symptoms	1 of the activities covered by	
-This was not reported.	Checklist-90 Revised (SCL-90-R;	the guideline?	
	Derogatis 1994) has test-retest re-	Yes.	
Is blinding an issue in this	liabilities from .78 to .90. The de-	-Study relates to response, inter-	
study?	pression scale was used to as-	vention is aimed primarily at parents and families.	
Part blinding.	sess maternal functioning (the reli-	ents and families.	
<ul> <li>Not possible for participants to be blind to treatment condition, but</li> </ul>	ability of this was not stated). It may also be worth noting that chil-		
assessors were blind to group as-	dren's outcomes relied on mater-	(For effectiveness questions)	
signment.	nal report.	Are the study outcomes rele-	
Significit.	Harreport.	vant to the guideline?	
Did participants reflect target	Were all outcome measure-	Yes.	
group?	ments complete?	100.	
group:	menta compiete:		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Yes.	Yes.	-Outcomes include both child and	
-The authors note that minority	–All planned data was gathered.	maternal functioning.	
and low SES children are at			
greater risk of TSEs, yet are least	Were all important outcomes	Does the study have a UK per-	
likely to receive the treatment they	assessed?	spective?	
need. Participants in this study	Partly.	No.	
were therefore, ethnically diverse,	-Study examines both child and	–US study.	
with 23% receiving public assis-	maternal wellbeing outcomes,		
tance and 41% having incomes	however no data on incidence or		
below the federal poverty level	risk of future child maltreatment		
(according to the Department of	was gathered.		
Health and Human Services	Ware there similar follow up		
Guidelines 2004). [Taken from the original studies, Lieberman et al.,	Were there similar follow-up times in exposure and compari-		
2005, 2006.] Mothers were ex-	son groups?		
cluded if there was documented	Yes.		
abuse of the child, they were cur-	-Dyads followed up 6 months in to		
rently abusing substances, were	treatment, at conclusion of treat-		
homeless, mentally retarded or	ment (reported in Lieberman et al.		
had psychosis. Children with men-	2005), 6 months following treat-		
tal retardation or autistic spectrum	ment (reported in Lieberman et al.		
disorder were also excluded.	2006).		
	,		
Were all participants accounted	Was follow-up time meaningful?		
for at study conclusion?	Partly.		
Yes.	-The only longitudinal data col-		
-At post-test, the attrition rate was	lected was at 6 month follow-up,		
14.3% (n=6) in the treatment	which may impact upon under-		
group and 12% (n=4) in the com-	standing of potential long term		
parison group. At 6-month follow-	benefits.		
up, 2 treatment and 4 comparison	Analyses		
dyads dropped from the study,	Analyses		
and 7 treatment dyads were not			
assessed because their treatment			

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
ended before the 6 month follow- up was added to the study.	Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.  -T tests for continuous variables and Chi-squared tests for categorical variables showed that the groups did not differ on these, as well as demographic variables,		
	dependent variables, or trauma exposure at intake.  Was intention to treat (ITT) analysis conducted?  Yes.  ITT analyses were conducted using a conservative last observation carried forward (LOCF) method, in		
	which the score at the most recent time period was substituted for later incomplete data. Analyses were repeated with the treatment completer (TC) sample, with list- wise deletion of cases with miss- ing data to allow for examination of consistency across results.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Partly.  -Due to the small sample size, both significant treatment effects and trends in either ITT or TC samples were examined through		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Sample	post-hoc analyses (t tests). The authors did not apply a correction for multiple comparisons due to the risk of increasing a Type II error and focused instead on effect sizes, as has been suggested by other researchers.		
	Were the estimates of effect size given or calculable? Yes.  -Within group pre to post and pre to follow-up effect sizes were calculated using Cohen's standardised effect size. Chi-squared tests were also used to examine whether pre and posttest groups differed with respect to prevalence of child and maternal PTSD.		
	Were the analytical methods appropriate? Yes.  -The authors used a general linear model (GLM) repeated measures analysis, which allowed for consistency of analyses across measures, streamlining of data presentation, and decreased post-hoc testing.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	<ul> <li>P values are reported for the rel- evant outcome measures and the estimates of effect sizes given.</li> </ul>		
	Do conclusions match findings? Yes.		

### 12. Linares LO, Li MM, Shrout PE (2012) Child training for physical aggression? Lessons from foster care. Children and Youth Services Review 34: 2416–22

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
-The study aimed to evaluate the	vention and comparison as in-	question match the review	validity:
effectiveness of an adapted ver-	tended?	question?	+
sion of the Incredible Years Child	Not reported.	Yes.	
Training programme in reducing	–Information on exposure to the	–The study aimed to evaluate the	Overall assessment of external
physical aggression in young chil-	intervention and comparison is not	effectiveness of an adapted ver-	validity:
dren in foster homes.	provided.	sion of the Incredible Years Child	++
		Training programme in reducing	
Description of theoretical ap-	Was contamination acceptably	physical aggression in young chil-	Overall validity rating:
proach?	low?	dren in foster homes.	+
Partly.	Yes		
–The authors do not present a	-The authors do not report on	Has the study dealt appropri-	A limitation of the study is the very
clear theory of change or a logic	contamination specifically but note	ately with any ethical concerns?	short follow-up period (3 months).
model but do note that cognitive	that they ' tracked the extent to	Yes.	
behavioural approaches such as	which knowledge transfer (con-	-Consent was provided by biologi-	
that used in the intervention are	tamination) may have occurred	cal and foster parents however,	
likely to help foster children to de-	and found it non-existent' (p2417).	however approval of the research	
velop self-control and coping skills		protocol is not reported.	
which reduce the risk for physical	Did either group receive addi-		
aggression.	tional interventions or have ser-	Were service users involved in	
	vices provided in a different	the study?	
How was selection bias mini-	manner?	No.	
mised?	No.	-Service users involved as partici-	
Randomised.	-There is no indication that either	pants only. No indication that ser-	
-Children were randomised at one	group received additional services	vice users were involved at the	
of the 6 study sites. Method of	or were treated differently by re-	design stage.	
randomisation is not reported.	searchers. Differences in levels of		
	mental health service use were	Is there a clear focus on the	
Was the allocation method fol-	not significant at baseline assess-	guideline topic?	
lowed?	ment.	Yes.	
Not reported.			
	Were outcomes relevant?		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	External validity	Overall valialty rating
-Allocation method and conceal-	Yes.	-The study evaluates an interven-	
ment are not reported.	The study evaluates an interven-	tion designed to reduce physical	
mont are net reported.	tion designed to improve self-con-	aggression in foster children.	
Is blinding an issue in this	trol and reduce physical aggres-		
study?	sion in foster children and these	Is the study population the	
Part blinding.	were measured directly.	same as at least 1 of the groups	
–Due to the nature of the interven-	Word model of an obly.	covered by the guideline?	
tion it would not have been possi-	Were outcome measures relia-	Yes.	
ble to blind participants or provid-	ble?	The study focuses on physical	
ers and it is not clear whether	Partly.	aggression in foster children all of	
teachers who completed assess-	Outcome measures had estab-	whom had officially substantiated	
ments of the child's behaviour and	lished reliability and validity how-	reports of maltreatment.	
aggression were blinded, however	ever both were based on parental	reperte et maia edament	
the authors report that interview-	(biological and foster parents) and	Is the study setting the same as	
ers (i.e. those who collected data	teacher reports, particularly given	at least 1 of the settings cov-	
from foster parents) were blinded	the fact that children may only	ered by the guideline?	
to group assignment.	have been living with their current	Yes.	
to group accignment	foster parent for a short period of		
Did participants reflect target	time.	Does the study relate to at least	
group?		1 of the activities covered by	
Partly.	Were all outcome measure-	the guideline?	
–Quite high numbers of parents	ments complete?	Yes.	
declined to participate (31 out of a	Yes.	-Response - The study evaluates	
total eligible sample of 125). It is		an intervention which is designed	
not clear whether a history of mal-	Were all important outcomes	to reduce physical aggression in	
treatment was an eligibility crite-	assessed?	foster children.	
rion and the Guideline Committee	Yes.		
may also wish to note that children		(For effectiveness questions)	
with a sibling in the study or those	Were there similar follow-up	Are the study outcomes rele-	
whose parents had had their pa-	times in exposure and compari-	vant to the guideline?	
rental rights terminated were ineli-	son groups?	Yes.	
gible for participation.	Yes.	-Outcomes included physical ag-	
		gression and self-control.	
Were all participants accounted	Was follow-up time meaningful?		
for at study conclusion?	No.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
•			
Internal validity – approach and sample  Yes.  -Rates of attrition were acceptable and comparable between groups.	Internal validity – performance and analysis  The final follow-up assessment was conducted at 3 months which is very short and not likely to allow medium term or long term effects to become apparent. The authors do not discuss their rationale for this.  Analyses  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Partly.  At baseline the authors found significant differences between the 2 groups in terms of gender (greater numbers of male children in the intervention group compared to the usual care group, 59% vs. 38% x2=3.75, p=.053), ethnicity) (fewer African American children in the intervention group compared to the usual care group, 37% vs. 62%, x2=5.39, p=.020), and Attention Deficit Hyperactivity Disorder diagnosis (greater numbers of children with an initial diagnosis in the intervention group compared to the usual care group, compared to the usual care group, and Attention Deficit Hyperactivity Disorder diagnosis (greater numbers of children with an initial diagnosis in the intervention group compared to the usual care group, compared to the usual care group, compared to the usual care group,	Does the study have a UK perspective? NoStudy was conducted in the USA.	Overall validity rating
	Disorder diagnosis (greater numbers of children with an initial diagnosis in the intervention group		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis Was intention to treat (ITT) anal-		
	ysis conducted?		
	Partly.		
	The authors report that they took		
	an intent to treat approach but		
	also state that they excluded data		
	from multilevel analyses data from		
	three children who were dis-		
	charged home during the course		
	of the trial.		
	Was the study sufficiently pow-		
	ered to detect an intervention		
	effect (if one exists)?		
	No.		
	-The authors do not present a		
	power calculation or expected ef-		
	fect size, however the sample size is reasonably large (n=94).		
	is reasonably large (II-94).		
	Were the estimates of effect		
	size given or calculable?		
	No.		
	-The authors do not report effect		
	sizes.		
	Were the analytical methods ap-		
	propriate?		
	Yes.		
	Was the precision of interven-		
	tion effects given or calculable?		
	Were they meaningful?		
	Yes.		
	–P values are provided.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Do conclusions match find-		
	ings?		
	Yes.		
	-Statistical analysis of teacher rat-		
	ings is not presented as these		
	showed no change.		

13. Lind T, Bernard K, Ross E et al. (2014) Intervention effects on negative affect of CPS-referred children: Results of a randomized clinical trial. Child Abuse and Neglect 38: 1459–67

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
–The study aimed to determine	vention and comparison as in-	question match the review	validity:
the effectiveness of Attachment	tended?	question?	-
and Biobehavioral Catch-up, an	Not reported.	Yes.	
intervention designed to enhance	-The authors do not provide detail	–The study aimed to determine	Overall assessment of external
children's self-regulatory capabili-	on exposure.	the effectiveness of Attachment	validity:
ties, for young children who had		and Biobehavioral Catch-up for	++
been referred to Child Protective	Was contamination acceptably	young children in families reported	
Services. The authors hypothe-	low?	to Child Protective Services. They	Overall validity rating:
sised that children who partici-	Not reported.	hypothesised that children who re-	-
pated in the Attachment and Bi-	-The authors do not provide detail	ceived Attachment and Biobehav-	The decision to use the Tool Task
obehavioral Catch-up programme	on contamination.	ioral Catch-up ' would show	to observe the child's emotional
(with their parents) would display		lower expression of negative af-	expression and the use of an un-
lower levels of negative affect	Did either group receive addi-	fect in a challenging task than chil-	published scale to score these
whilst participating in a challeng-	tional interventions or have ser-	dren in the control intervention	(particularly without explanation)
ing task than those who partici-	vices provided in a different	group' (p1461).	and the failure to provide detail on
pated in the control intervention	manner?		methodological issues such as ex-
(with their parents).	No.	Has the study dealt appropri-	posure and contamination mean
	-There is no indication that either	ately with any ethical concerns?	that it is difficult to be confident in
Description of theoretical ap-	group received additional ser-	Yes.	the authors findings.
proach?	vices.	<ul><li>–Approval for the study was given</li></ul>	
Yes.		by the University of Delaware In-	
	Were outcomes relevant?		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
–Although the authors do not pro-	Yes.	stitutional Review Board and con-	
vide a clear theory of change or	-The main outcome measured	sent was provided by participating	
logic model they discuss the ra-	was negative affect although this	families.	
tionale for the intervention - mal-	was measured by combining three		
treated children can show emo-	subscales of the Revised Manual	Were service users involved in	
tional development problems and	for Scoring Mother Variables (an-	the study?	
maltreating parents may not pro-	ger, anger toward parent, global	No.	
vide adequate support to enable	sadness/anger) in the tool-use	-Service users involved as partici-	
their child to develop their emo-	task which the authors themselves	pants only. No indication that ser-	
tional regulatory abilities. As At-	note is a non-clinical measure.	vice users were involved at the	
tachment and Biobehavioural		design stage.	
Catch-up was designed to encour-	Were outcome measures relia-		
age parents to respond to their	ble?	Is there a clear focus on the	
child in a nurturing and non-fright-	No.	guideline topic?	
ening way, the authors note that	–Observations of children's emo-	Yes.	
they expect the intervention to '	tion expression were taken using	-The study aims to evaluate an in-	
enhance children's developing	the Tool Task (Matas, L, Arend,	tervention designed to enhance	
regulatory capabilities' (p1460).	RA and Sroufe LA, 1978, Continu-	self-regulation of emotions in	
	ity of adaptation in the second	young children whose families had	
How was selection bias mini-	year: The relationship between	been reported to Child Protective	
mised?	quality of attachment and later	Services.	
Randomised.	competence. Child Development,		
-Method of randomisation not re-	49: 547–556) which is a parent-	Is the study population the	
ported.	child problem-solving interaction	same as at least 1 of the groups	
	task ' designed to assess chil-	covered by the guideline?	
Was the allocation method fol-	dren's emotion expression during	Yes.	
lowed?	a challenging task' (p1464). The	-Young children and their families	
Not reported.	task was videotaped and the	who were involved with Child Pro-	
-Methods of allocation and con-	child's behaviour was coded using	tective Services.	
cealment are not reported.	scales outlined in the 'Revised	la dia attain a differenti	
In blinding on the call of the	manual for scoring mother varia-	Is the study setting the same as	
Is blinding an issue in this	bles in the tool-use task' (Sroufe	at least 1 of the settings cov-	
study?	LA, Matas L, Rosenberg D et al.	ered by the guideline?	
Part blinding.	1980, University of Minnesota: Un-	Yes.	
	published document). The authors		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
–Due to the nature of the interven-	report that inter-rater reliability	-Interventions and assessments	
tion it would not have been possi-	was acceptable and note that	were conducted in the family	
ble to blind participants or those	Spearman correlations ' was	home.	
delivering the intervention. The	0.90 for anger, 0.65 for anger to-		
authors report that researchers	ward caregiver, and 0.62 for	Does the study relate to at least	
who coded the observational data	global sadness/anger' (p1464).	1 of the activities covered by	
were blinded. However this is not	The authors do not discuss their	the guideline?	
reported for researchers conduct-	rationale for the use of the Tool	Yes.	
ing assessments, for whom this	Task, an unpublished scoring	-Response - prevention/ameliora-	
would have been possible.	scale, or the decision to measure	tion of impairment. The study fo-	
	negative affect by combining three	cuses on an intervention designed	
Did participants reflect target	subscales of this rather than a	to enhance self-regulation of emo-	
group?	more established measure.	tions in young children whose	
Yes.		families had been reported to	
–Inclusion criteria were: referral to	Were all outcome measure-	Child Protective Services.	
Child Protective Services due to	ments complete?		
maltreatment allegations, children	Yes.	(For effectiveness questions)	
under the age of two at time of re-	<ul><li>–Although pre-intervention scores</li></ul>	Are the study outcomes rele-	
ferral, and residence with biologi-	could not be collected as the chil-	vant to the guideline?	
cal parents. Out of 404 families re-	dren were too young at this point	Yes.	
ferred to the programme, only 212	meaning that changes over time	–Main outcome is negative affect.	
were enrolled and quite significant	could not be evaluated.		
numbers of those eligible declined		Does the study have a UK per-	
to participate (n=32 at the pre-	Were all important outcomes	spective?	
consent stage) or did not respond	assessed?	No	
to contact (n=79 at the pre-con-	Yes.	-Study conducted in USA.	
sent stage).	-The authors note that the inter-		
	vention has previously been		
Were all participants accounted	shown to be effective in relation to		
for at study conclusion?	cortisol production and attachment		
Yes.	levels.		
–All participants are accounted			
for. However, there was significant	•		
attrition at all stages of the pro-	times in exposure and compari-		
cess, including referral to consent	son groups?		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
(36%), and from consent to enrol-	Partly.		
ment (18%), non-completion of in-	-The authors note that the major-		
tervention (22% of experimental	ity of children (62%) participated in		
condition, 18% of control condi-	the Tool Task assessment over 12		
tion).	months after the final session of		
	the intervention but it is not clear		
	whether time to follow-up assess-		
	ment differed by group.		
	Was follow-up time meaningful?		
	Partly.		
	-The point at which follow-up as-		
	sessments were conducted		
	ranged from one month to 27.2		
	months (M=12.5, SD=6.6) after		
	the final session of the interven-		
	tion. The mean of 12.5 months		
	would be long enough to detect		
	the effects of the intervention but		
	may not be long enough to assess		
	longer-term benefits or harms. Alt-		
	hough the age of the child at en-		
	rolment is not provided the mean		
	ages appear appropriate to as-		
	sess expression and regulation of		
	the child's emotion.		
	Analyses		
	Were exposure and comparison		
	groups similar at baseline? If		
	not, were these adjusted?		
	Yes.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	<ul> <li>Data is not provided but the authors report that there were no sig-</li> </ul>		
	nificant differences between		
	groups in relation to: age of child		
	at enrolment, age of child at Tool		
	Task, child's gender, or 'minority		
	status'. There were also no signifi-		
	cant differences between groups		
	in terms of age of the parent, their		
	education, or their 'minority sta-		
	tus'.		
	Was intention to treat (ITT) anal-		
	ysis conducted?		
	Partly.		
	-The authors report that they used		
	an intent-to-treat approach to		
	analysis and included in their anal-		
	ysis all children who ' provided		
	post-intervention data regardless		
	of whether or not the parent com-		
	pleted the intervention' (p1465).		
	However, there was no imputation		
	of missing data from those who		
	completed the intervention but did		
	not provide follow-up data.		
	Was the study sufficiently pow-		
	ered to detect an intervention		
	effect (if one exists)?		
	Not reported.		
	-The authors do not provide a		
	power calculation or expected ef-		
	fect sizes. A sample size of 260 is		
	suitable.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Were the estimates of effect size given or calculable? YesEffect sizes using Cohen's d are provided.		
	Were the analytical methods appropriate? Yes.  -Analysis of variance with intervention group as the independent variable and the composite measure of negative affect as the dependent variable. Scale scores were transformed into z scores.  Was the precision of intervention effects given or calculable? Were they meaningful? Yes.  -P values are provided.  Do conclusions match findings?		
	Yes.  Were the analytical methods appropriate? Yes.		

<sup>14.</sup> Mast JE, Antonini TN, Raj SP et al. (2014) Web-based parenting skills to reduce behavior problems following abusive head trauma: A pilot study. Child Abuse and Neglect 38: 1487–95

Internal validity – approach and	Internal validity – performance and analysis	External validity	Overall validity rating
sample Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
The study aimed to examine the	vention and comparison as in-	question match the review	validity:
' efficacy of a web-based inter-	tended?	question?	validity.
vention with live coaching de-	Not reported.	Yes.	-
signed to improve parenting skills	-Information relating to exposure	Tes.  -The study aimed to examine the	Overall assessment of external
and everyday child functioning'	is provided.	' efficacy of a web-based inter-	validity:
(p1488) for children who had ex-	is provided.	vention with live coaching de-	tandity.
perienced abusive head trauma.	Was contamination acceptably	signed to improve parenting skills	**
perienceu abusive neau trauma.	low?	and everyday child functioning'	Overall validity rating:
Description of theoretical ap-	Not reported.	(p1488) for children who had ex-	Overall validity fathing.
proach?	Information relating to contami-	perienced abusive head trauma.	Key study limitations: very small
Partly.	nation is provided.	penenced abusive nead trauma.	sample size (n=9), and resulting
The authors do not provide a	nation is provided.	Has the study dealt appropri-	very low level of statistical power
logic model or clear theory of	Did either group receive addi-	ately with any ethical concerns?	(12 to 22% at 0.05 criterion - usual
change, however they discuss the	tional interventions or have ser-	Yes.	standard would be 80%).
long-term sequelae of abusive	vices provided in a different	Tes.  -The trial was part of a larger	standard would be 50 %.
head trauma and note the im-	manner?	study approved by an institutional	
portance of positive parenting in	No.	review board, and families who	
relation to cognitive development.	NO.	participated provided consent.	
They also note that specialist care	Were outcomes relevant?	participated provided consent.	
to address the sequelae of abu-	Yes.	Were service users involved in	
sive head trauma can sometimes	The study focused on parenting	the study?	
be difficult to access and suggest	skills and child behaviour and the	No.	
that care provided online has the	outcome measures used were the	-Service users involved as partici-	
potential to ' reduce physical	Dyadic Parent-Child Interaction	pants only. No indication that ser-	
and psychological barriers to sup-	Coding Scale, the Eyberg Child	vice users were involved at the	
port and link families with state-of-	Behavior Inventory and the Child	design stage.	
the-art psychosocial care'	Behavior Checklist.		
(p1488).		Is there a clear focus on the	
(1-1-1-1).	Were outcome measures relia-	guideline topic?	
How was selection bias mini-	ble?	Yes.	

-The study evaluated an interven-

tion designed to enhance the func-

tioning of children who had suf-

fered abusive head trauma

Partly

-The measures used have estab-

lished validity and reliability how-

ever data in relation to these are

mised?

Randomised.

-Method not reported.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
Was the allocation method fol-	not reported. In addition, the Ey-	through improving their caregivers	
lowed?	berg Child Behavior Inventory and	parenting skills.	
Not reported.	the Child Behavior Checklist are		
-Details on allocation methods or	both based on parental report. In	Is the study population the	
concealment are not reported.	addition, the authors note that	same as at least 1 of the groups	
	coding of parent child interactions	covered by the guideline?	
Is blinding an issue in this	which focused on the parent's de-	Yes.	
study?	scriptions of their child's behaviour	-Children who have suffered abu-	
Part blinding.	were removed from analyses due	sive head trauma and their fami-	
–Due to the nature of the interven-	to low inter-rater reliability and that	lies.	
tion it would not have been possi-	despite close inter-rater reliability		
ble to blind participants or those	for the other categories ' small	Is the study setting the same as	
delivering the intervention. It	coding differences greatly affected	at least 1 of the settings cov-	
would have been possible to blind	ICC values for the low frequency	ered by the guideline?	
the researchers involved in the	categories.' (p 1491)	Yes.	
collection and coding of data but		-The interventions and assess-	
this is not reported.	Were all outcome measure-	ments were delivered in the family	
	ments complete?	home (including the use of vide-	
Did participants reflect target	Yes	oconferencing).	
group?			
Partly.	Were all important outcomes	Does the study relate to at least	
–A relatively high number of eligi-	assessed?	1 of the activities covered by	
ble families declined to participate	Yes	the guideline?	
(5 out of 14 families).	-Although it is not clear why the	Yes.	
	authors provide qualitative feed-	-Response - The study evaluates	
Were all participants accounted	back on the intervention rather	an intervention designed to im-	
for at study conclusion?	than measuring this quantitatively	prove parenting skills and en-	
Yes.	or why this is not contrasted with	hance the functioning of children	
-The overall number of families	feedback from parents in the con-	who have suffered abusive head	
lost to follow-up was acceptable	trol group.	trauma.	
but this differed by group (inter-	Maria di caracteria de la		
vention n=0, control n=1).	Were there similar follow-up	(= ee .:	
	times in exposure and compari-	(For effectiveness questions)	
	son groups?	Are the study outcomes rele-	
	Yes	vant to the guideline?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	-At six months after baseline as-	Yes	
	sessment or at programme com-	–Parent-child interactions and	
	pletion (if sessions had not yet	child behaviour.	
	been completed).		
		Does the study have a UK per-	
	Was follow-up time meaningful?	spective?	
	Partly	No.	
	-The six month follow-up assess-	-The study was conducted in the	
	ment would have allowed suffi-	USA.	
	cient time to demonstrate the ef-		
	fects of the intervention on parent-		
	ing skills and child behaviour how-		
	ever this is unlikely to allow the		
	detection of longer-term beneficial		
	or harmful effects.		
	or namua chects.		
	Analyses		
	Analyses		
	Were exposure and comparison		
	groups similar at baseline? If		
	1 9 -		
	not, were these adjusted?		
	Partly The guide are report that there		
	-The authors report that there		
	were no significant differences be-		
	tween groups on outcome		
	measures at baseline (T-test) but		
	the significance of differences be-		
	tween groups on demographic		
	data is not reported.		
	Was intention to treat (ITT) anal-		
	ysis conducted?		
	No		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	-The authors report that two families were excluded from analyses (one family from the intervention group dropped out and another from the control group was lost to follow-up).		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Yes  -The authors report that 'Power analyses showed that with a sample size of 4 in each group, the ability to detect significant group differences ranged from 12 to 22% power using a .05 significance level' (p 1492).		
	Were the estimates of effect size given or calculable? Yes —Relative risk values are provided for the majority of observations coded using the Dyadic Parent-Child Interaction Coding System and partial eta squared effect sizes are provided for scores on the Child Behavior Checklist and the Eyberg Child Behavior Inventory.		
	Were the analytical methods appropriate? Yes		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	–The majority of observations us-		
	ing the Dyadic Parent-Child Inter-		
	action Coding System were ana-		
	lysed using Poisson regression to		
	compare relative risk. Where data		
	was available from both primary		
	and secondary caregivers this was		
	averaged. Ordinary least squares		
	regression was used to compare		
	child compliance and parental re-		
	sponses to child compliance or		
	non-compliance. ANCOVA was		
	used to analyse parental ratings of		
	child behaviour. The authors re-		
	port that for measures with low		
	variation across groups, Fisher's		
	exact test was used. Scores were		
	averaged if both caregivers had		
	completed a measure or provided		
	data. The authors did not statisti-		
	cally correct for multiple analysis		
	which they justify on the basis that		
	the study is a pilot study.		
	Was the precision of interven-		
	tion effects given or calculable?		
	Were they meaningful?		
	Yes		
	–P values are provided.		
	Do conclusions match find-		
	ings?		
	Partly.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	-The authors appear to discuss data collected during child-directed interactions twice in their narrative and report slightly different p values for these.		

15. Oxford ML, Fleming CB, Nelson EM et al. (2013) Randomized trial of Promoting First Relationships: Effects on maltreated toddlers' separation distress and sleep regulation after reunification. Children and Youth Services Review 35: 1988–92

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	•	, c
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
–The study aimed to determine	vention and comparison as in-	question match the review	validity:
the impact of Promoting First Re-	tended?	question?	-
lationships, an attachment fo-	Not reported.	Yes.	
cused intervention, for toddlers re-	–Information on exposure to inter-	–The study aimed to determine	Overall assessment of external
cently reunified with their biologi-	vention and comparison is not pro-	the impact of Promoting First Re-	validity:
cal parent after being placed in	vided.	lationships, an attachment fo-	++
foster care. The study specifically		cused intervention, for toddlers re-	
evaluated the impact of the inter-	Was contamination acceptably	cently reunified with their biologi-	Overall validity rating:
vention on sleep problems. The	low?	cal parent after being placed in	-
authors decided to analyse the	Not reported.	foster care. The study specifically	Key study limitations: High attrition
subsample of birth parents en-	-Information on contamination is	evaluated the impact of the inter-	rate, particularly in intervention
rolled in the original study due to	not provided.	vention on sleep problems and	group. The exclusion from the
their increased risk and significant		aimed to determine whether this	study of dyads that were no longer
demographic differences when	Did either group receive addi-	was linked to a reduction in sepa-	in the same household (presuma-
compared to foster carers or kin-	tional interventions or have ser-	ration distress.	bly those in which the child had
ship carers participating in the par-	vices provided in a different		been removed back in to care) is a
ent study. The authors also note	manner?	Has the study dealt appropri-	possible source of bias, as these
that it is more likely that this group	Partly.	ately with any ethical concerns?	are likely to be families with the
will experience feelings of greater	-Families in the comparison group	Yes.	highest level of need, for whom
anxiety and inadequacy in the par-	were referred to other services	-Consent was given and the study	the intervention may have been
enting role as a result of the re-	when necessary.	was approved by an institutional	less likely to be effective. Exclu-
moval of their child from their care		review board.	

Internal validity - approach and
sample
and would therefore derive greate
hanafit from the intervention The

and would therefore derive greater benefit from the intervention The authors hypothesise that the intervention helps to develop parent's ability to respond sensitively to the behavioural cues of their child and support their ability to self-regulate, thereby leading to reductions in separation distress and sleep problems.

### Description of theoretical approach?

Partly.

-The authors hypothesise that the intervention would help to develop parent's ability to respond sensitively to the behavioural cues of their child and support the child's ability to self-regulate, thereby leading to reductions in separation distress and sleep problems.

#### How was selection bias minimised?

Randomised.

–Method of randomisation not reported.

#### Was the allocation method followed?

Not reported.

–Allocation methods and concealment are not reported.

### Internal validity – performance and analysis

#### Were outcomes relevant?

 The study focused on sleep problems and separation distress and these were measured directly.

#### Were outcome measures reliable?

Yes.

-Both measures had established reliability and validity but data to support this are not always presented. The sleep problems measure relied on parental report.

#### Were all outcome measurements complete?

Yes.

–All data was collected as planned.

#### Were all important outcomes assessed?

Yes.

## Were there similar follow-up times in exposure and comparison groups?

Partly.

-The authors report that due to the fact that the Promoting First Relationships intervention took longer to complete than the comparison intervention there was, on average, more time between

#### **External validity**

### Were service users involved in the study?

No.

-Service users involved as participants only. No indication that service users were involved at the design stage.

## Is there a clear focus on the guideline topic?

Yes.

-The intervention is designed to improve parenting which is hypothesised to interrupt escalating patterns of separation distress thereby reducing the child's sleep problems.

# Is the study population the same as at least 1 of the groups covered by the guideline? Yes.

-Toddlers who had recently been in foster care and their birth parents. Reasons for placement are not reported, only that placements were all court-ordered (eligibility criterion).

#### Is the study setting the same as at least 1 of the settings covered by the guideline? Yes

sion of these families may therefore have inflated estimates of the effectiveness of the intervention. The sample size for the study is also relatively small (n=43), and there is no consideration in the paper of study power.

Overall validity rating

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is blinding an issue in this	baseline and 6 month post-inter-	-Interventions were delivered, and	
study?	vention assessments for partici-	assessments were conducted in	
Part blinding.	pants in this group than those in	the family home.	
–Due to the nature of the interven-	the comparison group (10.55 vs		
tion it would not have been possi-	8.80 months, t=3.73, df=41,	Does the study relate to at least	
ble to blind participants or provid-	p<.01). To address this, the re-	1 of the activities covered by	
ers, however the authors report	searchers included time (in	the guideline?	
that researchers who conducted	months) between baseline and 6	Yes.	
assessments were blinded.	months post-intervention assess-	<ul><li>Response. The intervention is</li></ul>	
	ments as a covariate in analyses.	designed to improve separation	
Did participants reflect target		distress and sleep problems in	
group?	Was follow-up time meaningful?	children who have recently been	
Partly.	Partly.	placed in foster care by enhancing	
–The number of eligible partici-	-The final assessment took place	the parenting of their biological	
pants who agreed to participate is	at 6 months post-intervention	parents.	
not reported.	which is sufficient to detect the		
	more immediate effects of the in-	(For effectiveness questions)	
Were all participants accounted	tervention but too short to detect	Are the study outcomes rele-	
for at study conclusion?	more longer-term impacts.	vant to the guideline?	
Partly.		Yes.	
-The study states that 'the con-	Analyses	-Chid sleep problems.	
senting caregiver and child as-			
sessed at baseline, received inter-	Were exposure and comparison	Does the study have a UK per-	
vention services, and then as-	groups similar at baseline? If	spective?	
sessed post-intervention and 6	not, were these adjusted?	No.	
months later if they were still in the	Yes.	-Study conducted in USA.	
same household' (p1989). At the 6	–At baseline, children in the inter-		
month post-intervention assess-	vention group were more likely to		
ment 43 dyads remained intact out	have been removed from the care		
of a total of 56 who were random-	of their birth parent more than		
ised (25 in the comparison group	once although this was not signifi-		
and 18 in the intervention group).	cant (p=.067 Fischer's exact test).		
This represents a relatively high	To account for this (and the poten-		
overall attrition rate of 23%, and	tial effect multiple removals may		
an attrition rate of 33% from within	have on secure attachment as		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
the intervention group. The exclusion from the study of dyads that were no longer in the same household (presumably those in which the child had been removed back in to care) is a possible source of bias, as these are likely to be families with the highest level of need, for whom the intervention may have been less likely to be effective. Exclusion of these families may therefore have inflated estimates of the effectiveness of the intervention.	well as regulatory or sleep problems) the authors report that 'a dichotomous variable representing multiple removals (yes, no) was included as a covariate in the models' (p1991).  Was intention to treat (ITT) analysis conducted? No.  Only dyads which remained intact at conclusion were included in analysis.  Was the study sufficiently powered to detect an intervention effect (if one exists)? No.  Power calculations or expected effect sizes are not presented. The sample is relatively small.  Were the estimates of effect size given or calculable? Partly.  Effect sizes using Cohen's d are presented in some instances but not consistently.  Were the analytical methods appropriate? Yes.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Campio	Was the precision of intervention effects given or calculable? Were they meaningful? Partly.  P values and confidence intervals are provided inconsistently.		
	Do conclusions match findings? Yes.		

### 16. Purvis KB, Razuri EB, Howard ARH et al. (2015) Decrease in Behavioral Problems and Trauma Symptoms Among At-Risk Adopted Children Following Trauma-Informed Parent Training Intervention. Journal of Child and Adolescent Trauma 8:201–210

Internal validity - ap-	Internal validity - performance and	External validity	Overall validity rating
proach and sample	analysis		
Study aim	Was the exposure to the intervention	Does the study's research question	Overall assessment of
Study aim: 'Using a two-	and comparison as intended?	match the review question?	internal validity:
group, pre-post interven-	Not reported. There is no discussion of	Yes.	+
tion design, the current	whether the exposure was as intended.		
study evaluated the effec-		Has the study dealt appropriately	Overall assessment of
tiveness of a parent train-	Was contamination acceptably low?	with any ethical concerns?	external validity:
ing utilizing Trust-Based	No. It would not have been possible for	Yes. Ethical approval sought and	++
Relational Intervention, a	the control group to receive the interven-	gained.	
trauma-informed, attach-	tion.		Overall validity rating:
ment-based intervention, in		Were service users involved in the	+
reducing behavioral prob-	Did either group receive additional in-	study?	
lems and trauma symp-	terventions or have services provided	Yes. Care-givers and children with a his-	
toms in at-risk adopted	in a different manner?	tory of trauma or 'early adversities'.	
children. (p201).	Not reported. It is not discussed whether		
	the intervention group received any addi-	Is there a clear focus on the guideline	
Description of theoretical	tional services, but could affect outcomes.	topic?	
approach?	The control group did not receive the on-	Partly. It is not 100% clear whether all	
		the participants have experienced abuse	

Internal validity - ap-	Internal validity - performance and	External validity	Overall validity rating
proach and sample	analysis		
Yes. It is not 100% clear	line course until after the intervention	or neglect. The study states that that	
whether all the participants	group was complete.	they have all experienced 'early adversi-	
have experienced abuse or		ties'. Participants were asked if they had	
neglect. The study states	Were outcomes relevant?	experienced neglect, physical abuse or	
that that they have all ex-	Yes. The outcomes relate to the	sexual abuse. But it is not clear whether	
perienced 'early adversi-	measures in the strengths and difficulties	the whole sample had experienced one	
ties'. Participants were	questionnaire and the trauma symptoms	or more.	
asked if they had experi-	checklist.		
enced neglect, physical		Is the study population the same as	
abuse or sexual abuse.	Were outcome measures reliable?	at least one of the groups covered by	
But it is not clear whether	Yes.	the guideline?	
the whole sample had ex-		Yes. Children and caregivers.	
perienced one or more.	Were all outcome measurements com-		
The study uses a theory	plete?	Is the study setting the same as at	
based three principles that	Yes.	least one of the settings covered by	
are thought to aid trauma-		the guideline?	
based care. The interven-	Were all important outcomes as-	Yes. Children living with adoptive par-	
tion is based on the idea	sessed?	ents in family homes.	
that 'felt-safety, self-regula-	Partly. All the outcomes are based on		
tion, and connection'	parent feedback. It might have been ben-	Does the study relate to at least one	
should inform trauma care.	eficial to also speak to the child.	of the activities covered by the guide-	
The study uses a literature		line?	
review to make its case	Were there similar follow-up times in	Yes. Interventions aimed at supporting	
that these points are the	exposure and comparison groups?	children and young people (and their	
basis for several interven-	No.	caregivers) who have experienced	
tions that place emphasis		abuse and neglect.	
on the caregiving relation-	Was follow-up time meaningful?		
ship. TBRI is an interven-	No. There is a lack of clarity around follow	(For effectiveness questions) Are the	
tion that seeks to aid	up. Each child was measured against the	study outcomes relevant to the	
trauma care by couching it	SDQ and TSCYC before and after the in-	guideline?	
in attachment theory. The	tervention, but there does not appear to		
	have been any follow up beyond that.		

Internal validity - ap-	Internal validity - performance and	External validity	Overall validity rating
proach and sample	analysis		
intervention aims to im-		Yes. The outcomes fall under 'children	
prove caregivers aware-	Were exposure and comparison	and young people's health and wellbe-	
ness of the child's needs	groups similar at baseline? If not, were	ing and quality of parenting and parent-	
and assist care givers to	these adjusted?	child relationships.	
meet those needs. The in-	Yes. The study states that the groups		
tervention seeks to tackle	were matched in terms of age, age at	Does the study have a UK perspec-	
underlying trauma. The	adoption, gender, and type of adoption	tive?	
theory behind the interven-	(international or domestic).	No. USA.	
tion asserts that by build-			
ing trusting relationships	Was intention to treat (ITT) analysis		
(or felt-safety) and from	conducted?		
here behaviour change (or	Not reported.		
self-regulation) and con-			
nections to others are	Was the study sufficiently powered to		
more possible.	detect an intervention effect (if one exists)?		
How was selection bias	Not reported.		
minimised?			
Randomised.	Were the estimates of effect size given		
	or calculable?		
Was the allocation	Yes.		
method followed?			
Partly. Only those that	Were the analytical methods appropri-		
could attend the university	ate?		
on-site sessions were ran-	Yes. The two subscales were examined		
domised to the intervention	by repeated measures Multivariate Analy-		
group. All the other were	sis of Covariance (MANCOVAs).		
randomised to the on-line			
treatment group or the	Do conclusions match findings?		
control group.	Yes.		

Internal validity - ap-	Internal validity - performance and	External validity	Overall validity rating
proach and sample	analysis		
Is blinding an issue in			
this study?			
Blinding not possible			
Did participants reflect			
target group?			
Partly. The sample were			
chosen, in the first in-			
stance on their ability to at-			
tend the on-site training			
course, they were recruited			
via advertisement. It is			
hard to say whether the			
backgrounds of the chil-			
dren were assessed before			
recruitment. The sample			
was uneven in terms of			
gender, ethnicity, adoption			
type (domestic or interna-			
tional) and type of abuse.			
However, the control group			
were matched to the inter-			
vention group on age, gen-			
der. adoption type and age			
at adoption.			
Were all participants ac-			
counted for at study con-			
clusion?			
Yes.			

## 17. Reddy SD, Negi LT, Dodson-Lavelle B et al. (2013) Cognitive-Based Compassion Training: A promising prevention strategy for at-risk adolescents. Journal of Child and Family Studies 22: 219–30

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	, c
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
–Aim of study to examine whether	vention and comparison as in-	question match the review	validity:
a 6-week Cognitive-Based Com-	tended?	question?	-
passion Training (CBCT) interven-	Not reported.	Yes.	
tion would improve psychosocial		-Study is examining the impact of	Overall assessment of external
functioning among adolescents in	Was contamination acceptably	an intervention aimed at improving	validity:
foster care.	low?	psychosocial functioning among	+
	Not reported.	adolescents in foster care.	Unable to award ++ due to lack of
Description of theoretical ap-			specificity regarding maltreatment
proach?	Did either group receive addi-	Has the study dealt appropri-	history of participants.
Yes.	tional interventions or have ser-	ately with any ethical concerns?	
-The study states that 'Building on	vices provided in a different	Partly.	Overall validity rating:
basic mindfulness practice, Cogni-	manner?	<ul><li>–All procedures were approved by</li></ul>	-
tively-Based Compassion Training	Not reported.	the Georgia Department of Human	Poor reporting of sample size and
(CBCT) employs a variety of cog-		Services Internal Review Board.	attrition rates. Unclear whether as-
nitive restructuring and affect gen-	Were outcomes relevant?	Participants gave informed con-	sessors were blinded to treatment
erating practices with the long-	Yes.	sent. Waitlist control. However,	condition. No consideration of sta-
term goal of developing an equa-		study does not seem to have con-	tistical power. Short follow-up
nimity of mind that fosters ac-	Were outcome measures relia-	sidered ethical implications of	time.
ceptance and understanding of	ble?	teaching maltreated children com-	
others (Salzberg 2002)' (p220).	Partly.	passion towards 'strangers and	
	-Study used standardised	enemies', given what is known	
How was selection bias mini-	measures, however one measure	about tendency amongst some	
mised?	(Self-Other Four Immeasurables	maltreated children and young	
Randomised.	Scale, Kraus and Sears 2009) has	people to be vulnerable to exploi-	
–Block randomisation.	not been used with adolescents,	tation by others.	
	although reliability was accepta-		
Was the allocation method fol-	ble(Cronbach's alpha = 0.63).	Were service users involved in	
lowed?		the study?	
Yes.	Were all outcome measure-	No.	
	ments complete?		
	No.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	Comice vecre se porticipante	
Is blinding an issue in this	-Study states that 'due to a re-	-Service users as participants	
study?	search staff error, caregivers of	only - not involved in design or in-	
No blinding.	wait-list participants were only	terpretation of results.	
-It was not possible to blind partic-	given the ICU-p at baseline but	la dia a a ala a fara a a a dia	
ipants or (presumably) their legal	not Study Week 6' (p223). Statisti-	Is there a clear focus on the	
guardians (who completed one of	cal analyses do not appear to	guideline topic?	
the outcome measures) to inter-	have been conducted in relation to	Yes.	
vention condition. It is not stated	all variables.	-Study focuses improving psycho-	
whether the researchers adminis-	We are all the second and an income	social functioning among adoles-	
tering the various outcome scales	Were all important outcomes	cents in foster care, stating that	
were blind to intervention condi-	assessed?	'these youth have suffered mal-	
tion or not.	Yes.	treatment'.	
Did participants reflect target	Were there similar follow-up	Is the study population the	
group?	times in exposure and compari-	same as at least one of the	
Yes.	son groups?	groups covered by the guide-	
-Participants were young people	Yes.	line?	
aged 13-17 in foster care. How-		Partly.	
ever, participants were 'free of ac-	Was follow-up time meaningful?	-Study population is young people	
tive suicidality, psychotic disor-	Partly.	in foster care. These young peo-	
ders, bipolar I disorder, eating dis-	–Follow-up was conducted at 6	ple were selected due to the 'ex-	
orders and chronic illness' (p220).	weeks only (after completion of	ceptionally high rates of maltreat-	
This could mean that the sample	treatment). This is a relatively	ment' in this group (p219). How-	
population has a lower level need	short timeframe within which to	ever, it is not documented in the	
than the foster care population as	observe improvements, and also	study whether all participants have	
a whole.	provides no information about	experienced abuse or neglect.	
	longer term effects of the interven-		
Were all participants accounted	tion.	Is the study setting the same as	
for at study conclusion?		at least one of the settings cov-	
Not reported.	Were exposure and comparison	ered by the guideline?	
-Retention rates not reported.	groups similar at baseline? If	Yes.	
	not, were these adjusted?		
	Yes.	Does the study relate to at least	
	–Used independent samples t	one of the activities covered by	
	tests to confirm that there were no	the guideline?	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
sample	demographic differences by group, or differences in terms of mood, behaviour and emotion regulation at baseline.  Was intention to treat (ITT) analysis conducted? Not reported.  -Unclear - and unclear whether there was attrition from the study.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported.  Were the estimates of effect size given or calculable? Partly.  -Effect sizes not reported, but are calculable from available data.  Were the analytical methods appropriate? Partly.  -Analysis of covariance - appropriate as existing correlations between sample characteristics and outcome measures. Analyses controlled for age, ethnicity, gender and baseline scores.  Do conclusions match findings? Yes.	Yes.  -Study relates to response following abuse or neglect.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  -Outcome measures explore young people's wellbeing.  Does the study have a UK perspective? No.  -US study. However, service delivery context is likely to be similar to this country, that is, a specialist intervention delivered to young people in foster care.	

### 18. Rushton A, Monck E, Leese M et al. (2010) Enhancing adoptive parenting: A randomized controlled trial. Clinical Child Psychology and Psychiatry 15: 529–42

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		Crorum rumanty rumnig
Study aim  -The study aimed to evaluate 2 parenting programmes designed	Was the exposure to the intervention and comparison as intended?	Does the study's research question match the review question?	Overall assessment of internal validity: -
to improve adoptive parenting and child behavioural problems.	Not reported.  —Information on exposure to the interventions is not provided.	Yes.  -The study aimed to evaluate ' two parenting programmes de-	Overall assessment of external validity:
Description of theoretical approach? No.	Was contamination acceptably low?	signed for adopters of children late placed from care' (p529).	Overall validity rating:
<ul><li>The authors do not discuss the theory underlying the intervention.</li></ul>	Not reported.  —Information on contamination is not provided.	Has the study dealt appropriately with any ethical concerns?	The small sample size and use of a scale with unclear reliability or
How was selection bias minimised? Randomised. —Permuted block randomisation.	Did either group receive additional interventions or have services provided in a different manner?	-Consent was provided by adoptive parents and the study was approved by a research ethics committee.	validity, as well as a lack of detail on key methodological issues such as the use of intent to treat analysis means that it is not possi- ble to award a higher score. The
Was the allocation method followed? Not reported. —Allocation methods and concealment are not reported.	No.  -Although the authors report that some participants in the control group received support (unspecified content) they state that this was ' far less intensive than the	Were service users involved in the study? NoService users involved as participants only, no indication of involvement at design stage or in in-	analysis also combines the 2 parenting interventions, making it difficult to draw conclusions about what has led to any improvement in outcomes.
Is blinding an issue in this study?	individualized parenting advice provided in the trial' (p532).	terpretation of findings.	
Blinding not possible.  -Due to the nature of the intervention it would not have been possi-	Were outcomes relevant? Yes.	Is there a clear focus on the guideline topic? Yes.	
ble to blind participants or providers and the authors note that as follow-up interviews included a focus on the adopters' involvement	The study focused on adoptive parenting and child behaviour problems and the outcome measures used included the	-The study evaluated two parent- ing programmes aiming to im- prove the adoptive parenting of	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
in either condition it was not possi-	Strengths and Difficulties Ques-	children late placed from care with	
ble for these to be blinded.	tionnaire, the Expression of Feel-	serious behavioural problems.	
	ings Questionnaire, the Post		
Did participants reflect target	Placement Problems scales, Par-	Is the study population the	
group?	enting Sense of Competence	same as at least 1 of the groups	
Partly.	Scale, and the Daily Hassles	covered by the guideline?	
-Out of 80 families screened as	scale.	Yes.	
eligible only 38 participated in the		-Late placed adoptive children be-	
study. One family withdrew from	Were outcome measures relia-	tween the ages of 3 and 8 with se-	
the study before baseline assess-	ble?	rious behavioural problems. The	
ments were conducted but it is not	Partly.	majority had experienced some	
clear if this occurred before ran-	-The majority of outcome	form of abuse or neglect.	
domisation. Children who had	measures had established reliabil-	3	
been placed with a relative or with	ity and validity however they all	Is the study setting the same as	
their existing foster parents were	rely on self-report and no data in	at least 1 of the settings cov-	
ineligible.	relation to reliability and validity is	ered by the guideline?	
3	provided. In addition, the Post	Yes.	
Were all participants accounted	Placement Problems scale was	-Interviews and sessions were	
for at study conclusion?	created specifically for use in this	conducted and delivered in the	
Yes.	study in order to measure the	family home.	
–Drop-out rates were acceptable.	post-adoption experiences of mal-		
•	treated children, however the in-	Does the study relate to at least	
	ternal consistency of this scale is	1 of the activities covered by	
	not reported. The authors also re-	the guideline?	
	port that they measure parental	Yes.	
	management of emotional difficul-	-The study evaluates 2 parenting	
	ties and provide statistical analysis	programmes which aimed to im-	
	of this but this appears to be	prove adoptive parenting and re-	
	based on qualitative data with no	duce behavioural difficulties in	
	explanation of how this was col-	children late placed from care.	
	lected (e.g. what questions were	•	
	used), as a result only the qualita-	(For effectiveness questions)	
	tive findings, rather than quantita-	Are the study outcomes rele-	
	tive calculations, from this section	vant to the guideline?	
	have been extracted.	Yes.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
Internal validity – approach and sample	were all outcome measurements complete? Yes.  Were all important outcomes assessed? Yes.  Were there similar follow-up times in exposure and comparison groups? Yes.  Both groups were followed up for	-Outcomes included children's psycho-social problems; nature of the relationship between the child and their adoptive parent; post-adoption problems; and perceived parenting competence and challenges.  Does the study have a UK perspective? YesStudy was conducted in England.	Overall validity rating
	the same length of time (6 months post-intervention).  Was follow-up time meaningful? Yes  The final follow-up interview was conducted at 6 months post-intervention which would have been sufficient to detect the impact of the intervention on parenting but may not be long enough to allow the longer-term effects on child behaviour to become apparent.		
	Analyses  Were exposure and comparison groups similar at baseline? If not, were these adjusted?  Yes.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	–The authors report that the		
	groups were ' well balanced'		
	(p535) but no statistical tests were		
	conducted to assess differences		
	between the groups.		
	Was intention to treat (ITT) analysis conducted?		
	Not reported.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)?		
	No.		
	The authors report that in order		
	to detect a difference in power at		
	0.8 (p<.05) they required a sample		
	of 27 families in each group, when		
	in fact the sample sizes were 19		
	and 18 respectively.		
	Were the estimates of effect		
	size given or calculable?		
	Yes.		
	-Effect sizes using Cohen's are		
	reported.		
	Were the analytical methods ap-		
	propriate?		
	Yes.		
	-Analysis of variance (controlled		
	for baseline variables), linear re-		
	gression and Chi-squared tests.		
	NB Due to the small sample size		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	the authors report that they combined the two experimental groups		
	in their analysis.		
	Was the precision of interven-		
	tion effects given or calculable? Were they meaningful?		
	Partly.  –P values and confidence inter-		
	vals (for some outcome measures) are provided.		
	, ,		
	Do conclusions match find-ings?		
	Partly.  In their discussion the authors		
	emphasise the effect which the in-		
	terventions had on parenting sense of competence which does		
	not directly correspond to their aim of improving parenting.		

### 19. Spieker SJ, Oxford ML, Kelly JF et al. (2012) Promoting First Relationships: Randomized trial of a relationship-based intervention for toddlers in child welfare. Child Maltreatment 17: 271–86

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim  -The study aimed to evaluate the	Was the exposure to the intervention and comparison as in-	Does the study's research question match the review	Overall assessment of internal validity:
impact of the Promoting First Relationships intervention for care-	tended? Not reported.	question? Yes	-
givers of toddlers with a recent placement in foster care. The au-	-Information on exposure to intervention and comparison is not pro-	-The study aimed to evaluate the impact of the Promoting First Re-	Overall assessment of external validity:
	vided.		++

#### Internal validity – approach and sample

thors hypothesised that the intervention '... would result in improved parenting and child outcomes relative to a comparison condition in which families received home-based services that were not relationship focused' (p273)

#### Description of theoretical approach?

Partly.

-The authors hypothesise that the intervention would improve caregiver's abilities to recognise which child behaviours correspond to a need for nurturance (e.g. unmet emotional needs displayed through difficult behaviours) and that this would enhance parental sensitivity. This in turn is expected to promote more secure attachments and improved regulation of emotions in the child.

#### How was selection bias minimised?

Randomised.

-Computer generated and blocked by caregiver type.

#### Was the allocation method followed?

Not reported.

#### Internal validity – performance and analysis

#### Was contamination acceptably low?

Yes.

-The authors report that fidelity of the comparison intervention was monitored and that this indicated that no intervention strategies were used in these sessions.

# Did either group receive additional interventions or have services provided in a different manner?

Partly.

-The authors report that providers delivering the comparison intervention helped participants in this group to access other services such as Early Head Start, mental health services housing, etc.

#### Were outcomes relevant? Yes.

-The authors hypothesised that the intervention would improve parenting, child attachment and emotional regulation; and the measures used were relevant to these outcomes.

#### Were outcome measures reliable?

Yes.

#### External validity

lationships intervention for caregivers of toddlers with a recent placement in foster care.

## Has the study dealt appropriately with any ethical concerns? Yes.

-Informed consent and approval of the study by an institutional review board or ethics committee are not reported specifically but the authors note that recruitment for the study involved both an institutional review board, and state social services.

#### Were service users involved in the study?

No.

–Service users involved as participants only. No indication that service users were involved at the design stage.

### Is there a clear focus on the guideline topic?

Yes.

-The intervention is designed to improve parenting (e.g. greater sensitivity) which is hypothesised to promote the development of secure attachment and improved emotional regulation in toddlers who have recently been placed in foster care.

#### Overall validity rating:

Overall validity rating

+

Key study limitations: relatively high attrition rate from the study. Relatively high numbers of participants did not complete follow up assessments (n=28 (26%) at postintervention stage, and n=34 (32%) at the 6 month point.) At the immediate post-intervention assessment this was comparable by group but at the six month point greater numbers of dyads in the intervention group (n=22) failed to complete assessments than those in the control group (n=12). In addition, significant numbers of dyads were excluded from the analyses due to changes in caregiver throughout the course of the study. This meant that data from only 56% of participants in intervention group, and 66% of comparison group were used in the analysis.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
–Details on allocation methods	–All outcomes appear to have es-		
and concealment are not pro-	tablished reliability and validity alt-	Is the study population the	
vided.	hough data to support this is not	same as at least 1 of the groups	
	always presented. The majority of	covered by the guideline?	
Is blinding an issue in this	measures relied on self-report	Yes	
study?	data.	<ul><li>Caregivers of toddlers who had</li></ul>	
Part blinding.		recently been in foster care (be-	
–Due to the nature of the interven-	Were all outcome measure-	tween the ages of ten and 24	
tion it would not have been possi-	ments complete?	months). Reasons for placement	
ble to blind participants or provid-	No.	are not reported, only that place-	
ers to group assignment, however	-The authors report that ' some	ments were all court-ordered (eli-	
the authors do report that re-	measures had further missing	gibility criterion).	
searchers who conducted assess-	data (<5%) due to observational		
ments were blinded.	data being uncodable.' The	Is the study setting the same as	
	measures affected by this are not	at least 1 of the settings cov-	
Did participants reflect target	reported. Child internalising prob-	ered by the guideline?	
group?	lems, externalising problems,	Yes.	
Partly.	sleep problems and 'other prob-	<ul><li>Assessments and intervention</li></ul>	
-A relatively high number of eligi-	lems' (measured using subscales	sessions were conducted in the	
ble participants declined to take	of the Child Behavior Checklist for	caregiver's home.	
part (61 out of 271 determined to	Ages 1½–5) were not measured at		
be eligible).	baseline or the immediate post-in-	Does the study relate to at least	
	tervention assessment due to the	1 of the activities covered by	
Were all participants accounted	young age of the children. Assess-	the guideline?	
for at study conclusion?	ments of child emotional regula-	Yes.	
Partly.	tion and orientation (measured us-	–Response. The intervention is	
-Relatively high numbers of par-	ing scales from the scales Bayley	designed to improve the attach-	
ticipants did not complete follow	Behavior Rating Scales) were not	ment levels and emotional regula-	
up assessments (n=28 (26%) at	conducted at the immediate post-	tion of children who have recently	
post-intervention stage, and n=34	intervention assessment due to	been placed in foster care by en-	
(32%) at the six month point.) At	concerns that the interval between	hancing the parenting of their	
the immediate post-intervention	completion of the intervention and	caregivers.	
assessment this was comparable	the assessment was too short.		
by group but at the 6 month point			
greater numbers of dyads in the			

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
intervention group (n=22) failed to complete assessments than those in the control group (n=12). In addition, significant numbers of dyads were excluded from the analyses due to changes in caregiver throughout the course of the study. This meant that data from only 56% of participants in intervention group, and 66% of comparison group were used in the analysis.	Were all important outcomes assessed? Yes.  Were there similar follow-up times in exposure and comparison groups? Yes.  Was follow-up time meaningful? Partly.  -The final assessment took place at 6 months post-intervention which is sufficient to detect more immediate effects of the intervention but too short to detect more longer-term impacts.  Analyses  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Partly  -At baseline, children in the intervention group were significantly more likely to have been removed from the care of their birth parent more than once x2 (1, n=210) = 7.31, p<.01. The ANCOVA model adjusted for this difference.  Was intention to treat (ITT) analysis conducted? Partly.	(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  -Outcomes include parental sensitivity and stress; as well as the child's attachment levels, behaviour and emotional regulation.  Does the study have a UK perspective? No.  -Study conducted in USA.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis  The authors report that their analysis was carried out using intention to treat models however they also state that their analysis only included dyads which remained intact throughout the course of the study.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Yes.  -The number of dyads which remained intact at the conclusion of the study was sufficient to yield power of .80 to detect an effect size of d=.50 with an α of p<.05.		
	Were the estimates of effect size given or calculable? Yes. –Effect sizes using Cohen's d are provided.		
	Were the analytical methods appropriate? Yes.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes.  —P values are provided.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Do conclusions match find-		
	ings?		
	Yes.		
	-Although discussion really only		
	focuses on outcome measures for		
	which significant differences were		
	detected at either follow-up as-		
	sessment.		

## 20. Stronach EP, Toth SL, Rogosch F et al. (2013) Preventive interventions and sustained attachment security in maltreated children. Development and Psychopathology 25: 919–30

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	
Study aim	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
–The aim of the study was to	vention and comparison as in-	question match the review	validity:
evaluate the efficacy of a child-	tended?	question?	+
parent psychotherapy programme	Not reported.	Yes.	
and a psychoeducational parent-	-The authors do not provide de-	-The study aimed to expand on	Overall assessment of external
ing intervention in comparison to	tails on exposure to the interven-	the findings of a previous paper	validity:
care as usual. The study focused	tion.	which evaluated the relative effi-	++
on secure attachment and behav-		cacy of child-parent psychother-	
ioural functioning at 12 months	Was contamination acceptably	apy and a psychoeducational par-	Overall validity rating:
(expanding on the findings from a	low?	enting intervention in comparison	+
previous study in which assess-	Not reported.	to standard care. Data from 12	
ments were conducted in the im-	-The authors do not provide de-	months post-intervention was ana-	
mediate post-intervention period -	tails on contamination.	lysed. (Cicchetti D, Rogosch F,	
Cicchetti D, Rogosch F, Toth SL,		Toth SL, 2006, Fostering secure	
2006, Fostering secure attach-	Did either group receive addi-	attachment in infants in maltreat-	
ment in infants in maltreating fami-	tional interventions or have ser-	ing families through preventive in-	
lies through preventive interven-	vices provided in a different	terventions. Development and	
tions. Development and Psycho-	manner?	Psychopathology, 18: 623–49).	
pathology, 18: 623–49). NB The	Not reported.		
NCCSC have reported the find-		Has the study dealt appropri-	
ings of this paper as part of the		ately with any ethical concerns?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		a roran ramany ramny
findings extracted from Goldman Fraser J, Lloyd SW, Murphy RA et al. (2013) Child exposure to trauma: Comparative effectiveness of interventions addressing maltreatment. Comparative Effectiveness Review, 89: 1–161.  Description of theoretical approach?	<ul> <li>and analysis</li> <li>It is unclear whether children in the non-maltreated comparison group received any services.</li> <li>Were outcomes relevant? Yes.         <ul> <li>The study focused on secure attachment and behavioural functioning and these were measured directly using appropriate scales.</li> </ul> </li> </ul>	Partly.  Informed consent processes are not reported explicitly but the authors note that participating families were made aware that involvement was voluntary and a decision not to participate would not affect their receipt of any other services. Approval of study protocol is not reported.	
No.	, , , , , ,	'	
<ul> <li>The authors do not clearly outline the theories underlying the interventions although they do discuss potential effects which they may have on parenting.</li> <li>How was selection bias minimised?</li> <li>Randomised.</li> <li>Method of randomisation not reported.</li> </ul>	Were outcome measures reliable? Partly.  The scales used had established reliability and validity however scores on the Child Behavior Checklist were based on maternal reports of child behaviour. The authors note that because abusive parents may overemphasise externalising behaviours, scores on	Were service users involved in the study? No. —Service users involved as participants only, no indication of involvement at design stage or interpretation of findings.  Is there a clear focus on the guideline topic? Yes.	
Was the allocation method followed?  Not reported.  -Allocation methods and concealment are not reported.  Is blinding an issue in this study?  Part blinding.  -Due to the nature of the intervention it would not have been possi-	this scale were ' interpreted in terms of parental perceptions of behavior problems' (p924). In addition, children's attachment levels appear to have been coded and classified using different manuals at baseline, immediate post-intervention and 12 month post-intervention follow-up assessments using different manuals and this is not explained by the authors.	<ul> <li>The study evaluates the effects of two interventions on attachment in maltreated children.</li> <li>Is the study population the same as at least one of the groups covered by the guideline?</li> <li>Yes.</li> <li>The majority of participants were maltreated children and their families.</li> </ul>	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
ble to blind participants or provid-	Were all outcome measure-	Is the study setting the same as	
ers to group allocation. The au-	ments complete?	at least one of the settings cov-	
thors report that researchers who	Yes.	ered by the guideline?	
coded videotaped 'Strange Situa-	-Maternal perceptions of child be-	Yes.	
tion' assessments for children's at-	haviour only assessed at 12	-Interventions and some assess-	
tachment levels were blinded to	months post-intervention follow-	ments took place in the family	
group assignment but blinding of	up.	home.	
other investigators is not reported.			
	Were all important outcomes	Does the study relate to at least	
Did participants reflect target	assessed?	one of the activities covered by	
group?	Yes.	the guideline?	
Partly.	-Although the Guideline Commit-	Yes.	
-The number of families screened	tee may wish to note that attach-	-Response (prevention of impair-	
as eligible and those who agreed	ment was assessed during the	ment) - The study evaluates the	
to participate are not reported.	'Strange Situation' procedure in a	effects of 2 interventions on at-	
Ware all participants accounted	research environment.	tachment in maltreated children.	
Were all participants accounted	Were there einciles followers	(For effective page avections)	
for at study conclusion?	Were there similar follow-up	(For effectiveness questions)	
Yes.	times in exposure and compari-	Are the study outcomes rele-	
<ul> <li>–All participants were accounted for however attrition rates were</li> </ul>	son groups? Yes.	vant to the guideline? Yes.	
relatively high. The authors report	165.	Tes.  -The study focused on children's	
that 32 families (60.4%) random-	Was follow-up time meaningful?	attachment and behavioural prob-	
ised to the child–parent psycho-	Yes.	lems.	
therapy group and 24 families	Tes. The study analyses data col-	iems.	
(48.9%) randomised to the psy-	lected at the 12 month point which	Does the study have a UK per-	
choeducational parenting interven-	may not have been sufficient to	spective?	
tion ' participated in the interven-	detect longer-term benefits or	No.	
tions' (p924); 41 families (21.7%)	harms.	The study was conducted in the	
did not complete postintervention		USA.	
assessments (12 months). The	Analyses		
authors note that the percentage	,		
of families unavailable at this	Were exposure and comparison		
stage was significantly higher in	groups similar at baseline? If		
the care as usual group (33.4%,	not, were these adjusted?		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
n=27) than in other groups. The number of families available at follow-up assessment is not reported specifically but the data provided in the tables suggests n=145.	Yes.  Was intention to treat (ITT) analysis conducted? Partly.  The intent-to-treat analysis does not include all comparisons used in treatment completer analyses.  Was the study sufficiently powered to detect an intervention effect (if one exists)?  Not reported.  Power calculations or expected effect size are not presented however the sample size seems reasonable.		
	Were the estimates of effect size given or calculable? Partly. –Effect sizes are presented but it is not clear what type has been used and it is therefore not possible to include a narrative description of the size of effect when reporting the authors findings.  Were the analytical methods appropriate? Yes.		
	Was the precision of intervention effects given or calculable? Were they meaningful?		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Yes.		
	–P values are provided.		
	Do conclusions match find-		
	ings?		
	Yes.		

### 21. Swenson CC, Schaeffer CM, Henggeler SW et al. (2010) Multisystemic therapy for child abuse and neglect: A randomized effectiveness trial. Journal of Family Psychology 24: 497–507

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim  -To evaluate an adaptation of multisystemic therapy for physi-	Was the exposure to the intervention and comparison as intended?	Does the study's research question match the review question?	Overall assessment of external validity:
cally abused adolescents and their families.	Yes.	Yes.  -Study is examining effectiveness	Overall assessment of internal validity:
Description of theoretical ap-	Was contamination acceptably low?	of therapeutic intervention following physical abuse.	+ Overall validity rating:
proach?	Not reported.	Has the study dealt appropri-	+
-based in part on ecological sys-	Did either group receive addi-	ately with any ethical concerns?	
tems theory.	tional interventions or have ser- vices provided in a different	Yes.  -Written informed consent ob-	
How was selection bias mini- mised?	manner? Partly.	tained; approved by the institu- tional review board of the partici-	
Randomised.  -Randomisation using a com-	<ul> <li>–MST sessions titrated according to family needs (see intervention</li> </ul>	pating university. If family chose not to participate, the caseworker	
puter-generated table of random numbers.	details), Control group (EOT) also had additional services provided	arranged other treatments. Youth were compensated \$15 and par-	
Was the allocation method fol-	when required (see comparison details).	ents \$35 per assessment.	
lowed?	,	Were service users involved in	
Yes.	Were outcomes relevant?	the study?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	NI.	
-Allocation by opening a sealed	Yes.	No.	
envelope and family informed of		-Service users involved as partici-	
the assigned treatment condition.	Were outcome measures relia-	pants only - not in design or inter-	
	ble?	pretation of results.	
Is blinding an issue in this	Yes.		
study?	–All validated.	Is there a clear focus on the	
No blinding.		guideline topic?	
	Were all outcome measure-	Yes.	
Did participants reflect target	ments complete?	-Study is relevant to response fol-	
group?	Partly.	lowing abuse and neglect.	
Yes.	-Service use not reported.		
-Some youth were in placement.	·	Is the study population the	
	Were all important outcomes	same as at least 1 of the groups	
Were all participants accounted	assessed?	covered by the guideline?	
for at study conclusion?	Yes.	Yes.	
Yes.		-Population is young people and	
-Intention-to treat analysis, 44/45	Were there similar follow-up	custodial parents known to Child	
participants in intervention and	times in exposure and compari-	Protective Services due to physi-	
42/45 participants completed	son groups?	cal abuse.	
study. Retention was 100%	Yes.		
through months 2 and 4, and 97%	-At 2, 4, 10 and 16 months.	Is the study setting the same as	
through months 10 and 16.	7 K 2, 1, 10 and 10 monate.	at least 1 of the settings cov-	
through months to and to.	Was follow-up time meaningful?	ered by the guideline?	
	Yes.	Yes.	
	163.	-Community setting.	
	Analyses	Community Setting.	
	Allalyses	Does the study relate to at least	
	Were exposure and comparison	1 of the activities covered by	
	groups similar at baseline? If	the guideline?	
		Yes.	
	not, were these adjusted?		
	Was intention to treat (ITT) anal-	-Study is relevant to response.	
	ysis conducted?	(For effectiveness sussetters)	
	–Yes.	(For effectiveness questions)	
		Are the study outcomes rele-	
		vant to the guideline?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Were exposure and comparison	Yes.	
	groups similar at baseline? If		
	not, were these adjusted?	Does the study have a UK per-	
	Yes.	spective?	
	-Comparisons conducted using	No.	
	chi-square and t tests, and no sig-	–US study. Service context differs	
	nificant differences between base-	from UK, particularly in terms of	
	line and comparison group.	comparison intervention which in-	
		clude 'standard services provided	
	Was intention to treat (ITT) anal-	for physically abused youths and	
	ysis conducted?	their parents'. There is insufficient	
	Yes.	description of 'standard services'	
		to know whether this is similar to	
	Was the study sufficiently pow-	UK standard services.	
	ered to detect an intervention		
	effect (if one exists)?		
	Yes.		
	-Power calculation: limited for de-		
	tecting medium effects; but ade-		
	quate for large effects (p502).		
	Were the estimates of effect		
	size given or calculable?		
	Yes.		
	–Effect sizes reported using Co-		
	hen's d.		
	Were the analytical methods ap-		
	propriate?		
	Yes.		
	-Latent growth curve modelling.		
	Man the maniple of interes		
	Was the precision of interven-		
	tion effects given or calculable?		
	Were they meaningful?		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Yes.  -P values, effect sizes and standard error given.		
	Do conclusions match findings? Yes.		

22. Toth SL, Sturge-Apple ML, Rogosch FA et al. (2015) Mechanisms of change: Testing how preventative interventions impact psychological and physiological stress functioning in mothers in neglectful families. Development and psychopathology 27: 1661–74

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
two preventative interventions - Child-Parent Psychotherapy(CPP) and Pyschoeducational Parenting Intervention(PPI) on levels of maternal stress in mothers from neglectful families, compared with community standard treatment for maltreating parents (CS) and a nonmaltreating comparison group (NC).	Was the exposure to the intervention and comparison as intended? Yes.  Was contamination acceptably low? Not reported.  Did either group receive additional interventions or have services provided in a different manner? Not reported.  Were outcomes relevant? Partly. Parental stress for proxy as predictor of future maltreatment.  Were outcome measures reliable? Partly. Parenting stress questionnaire is a val-	Has the study dealt appropriately with any ethical concerns? Partly. States that mothers gave written consent and several screening levels for nonmaltreating mothers. No ethical statement on authors' manuscript reviewed.  Were service users involved in the study? No Is there a clear focus on the guideline topic? Yes. Study discusses link between parenting stress and maltreatment of children.	Overall assessment of internal validity:  + More precision on results in providing confidence intervals for differences between groups and a power calculation combined with no blinding.  Overall assessment of external validity:  + Lack of UK focus and doesn't exactly address review question.  Overall validity rating: +
Study based on theory			

Internal validity – ap- proach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
that maltreating parents experience higher levels of parenting stress (cites Haskett et al.2006, McCanne & Hagstrom 1996 on p.5) while identifying a research gap of understanding impact of pyschosocial intervention on biological processes (p.5). In terms of physical hypothalamic-pituitary-adrenal(HPA)-Axis functioning as measure of biological stress cites family risk models which suggest that physiological responses to family stressors serve as an explanatory mechanism in links between family adversity and functioning (p.6, cites Repetti, Taylor & Seeman 2002). The authors have found that dysregulation in basal activity in the HPA axis has been linked to 'perturbations in caregiving' in their previous work (p.6). Logic models for	idated tool and measuring basal cortisol activity accepted method of measuring physiological stress but link/logic model new to this study.  Were all outcome measurements complete? Not reported.  Were all important outcomes assessed? Partly. Could have been validated by looking at CPS reports.  Were there similar follow-up times in exposure and comparison groups? Yes.  Was follow-up time meaningful? Yes.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.  Differences in levels of psychological stress in CPP group at baseline controlled for.  Was intention to treat (ITT) analysis conducted? Yes.	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Mothers who maltreat their children. Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Home of children/biological mothers.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to Response.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  Does the study have a UK perspective? No, US study.	More precision on results in providing confidence intervals for differences between groups and a power calculation combined with no blinding

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
how psychological and			
physiological stress fac-	, , , , , , , , , , , , , , , , , , , ,		
tors are associated are	to detect an intervention effect (if		
presented in Figures 1	one exists)?		
and 2 in pp.22-23.	Not reported.		
How was selection			
bias minimised?	Were the estimates of effect size		
Randomised	given or calculable?		
Matched groups	Partly.		
Was the allocation	Does not give confidence intervals and		
method followed?	only describes mean difference in text		
Yes	not included in data table.		
Is blinding an issue in			
this study?	Were the analytical methods appro-		
Blinding not possible	priate?		
Did participants re-	Yes.		
flect target group?			
Yes	Was the precision of intervention		
Were all participants	effects given or calculable? Were		
accounted for at study	they meaningful?		
conclusion?	No.		
Not reported	Confidence intervals and power calcu-		
-	lation not stated.		
	Do conclusions match findings? Yes.		

<sup>23.</sup> Winokur M, Ellis R, Drury I et al. (2014) Answering the big questions about differential response in Colorado: Safety and cost outcomes from a randomized controlled trial. Child Abuse and Neglect 39: 98–108

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim	Was the exposure to the interven-	Does the study's research question match the re-	Overall assessment of
1) To assess the impact on child safety out-	tion and comparison as intended? Yes.	view question? Yes.	internal validity:
comes of a family as-	Was contamination acceptably low?		Overall assessment of
sessment response versus an investigation re-		reports of child abuse.	external validity:
•	Did either group receive additional	Has the study dealt appropriately with any ethical	Overall validity rating:
dren and families with a	interventions or have services pro-	concerns?	+
referral for child neglect		No.	
or abuse 2) To examine	Not reported.	Not reported.	
the cost implications for			
child welfare agencies	Were outcomes relevant?	Were service users involved in the study?	
that implement a DR	Yes.	Yes.	
(Differential Response)-		Service users were participants in the trial.	
organized CPS (child	rals, assessments, high risk assess-	lo thore a clear feature on the guideline tonic?	
protective services) system.	ments recorded later than 3 days after the initial referral.	Is there a clear focus on the guideline topic? Yes.	
terri.	The initial referral.	To compare the effect/impact of differential response	
Description of theoret-	Were outcome measures reliable?	to reports of child abuse.	
ical approach?	Yes.		
No.		Is the study population the same as at least 1 of	
	Were all outcome measurements	the groups covered by the guideline?	
How was selection	complete?	Yes.	
bias minimised?	Yes.	Families with a referral for child neglect or abuse.	
Randomised.			
	Were all important outcomes as-	Is the study setting the same as at least 1 of the	
Was the allocation	sessed?	settings covered by the guideline?	
method followed?	Yes.	No.	
Not reported.  Method of randomisa-	Were there similar follow-up times	Not reported.	
tion, allocation conceal-	in exposure and comparison	Does the study relate to at least 1 of the activities	
ment not reported.	groups?	covered by the guideline?	
	Not reported.	Yes.	
	'	Response to child neglect and abuse.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is blinding an issue in this study? No blinding. Caseworkers were not randomly assigned to serve FAR or IR cases.  Did participants reflect target group? Yes. Families with a referral for child neglect or abuse.  Were all participants accounted for at study conclusion? Not reported. attrition or drop-out rate not reported.	Was intention to treat (ITT) analysis conducted? Yes. Used an 'intent-to-treat' (ITT) analysis. Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. Were the estimates of effect size given or calculable? Yes. Effect size given. Were the analytical methods appro-	(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  Does the study have a UK perspective? No, Colorado, USA.	
	priate?		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Yes. Regression and survival analyses on safety outcomes.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes. Effects given.		
	Do conclusions match findings? Yes.		

#### **Review question 15 – Findings tables**

1. Barlow J, Johnston I, Kendrick D et al. (2006) Individual and group-based parenting programmes for the treatment of physical child abuse and neglect. Cochrane Database of Systematic Reviews issue 3: CD005463

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  - To assess the efficacy of brief (i.e. between 6 and 30 weeks) group-based or 1:1 parenting programmes in addressing child physical abuse or neglect.	Participants Caregivers and families  – Studies were eligible for inclusion in the review if the intervention was provided directly to parents of children aged 0–19 years. Programmes had to have targeted parents who have a history of physical abuse or neglect (p5).	Effect sizes A. Parenting programs vs. control (no active treatment): child abuse potential: 1). a large significant difference favouring the intervention group SMD (Standard Mean Difference) -0.99 [-1.71 to -0.27] (Terao 1999). Parental involvement - free play: 2). no difference SMD-0.76 [-1.56, 0.04] (Hughes	Overall assessment of internal validity + Overall assessment of external validity + Overall score
<b>Methodology</b> Systematic review.	Sample characteristics	2004). Parental involvement - ring toss	+
Country	Age – not reported. Sex	3). no difference SMD-0.34 [-1.12, 0.43] (Hughes 2004).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Range of countries.	- parents	Parental autonomy-support - free play	
	Ethnicity	4). no difference SMD-0.89 [-1.70, -0.08] (Hughes	
Source of funding	– not reported.	2004).	
Voluntary/Charity	Religion/belief	Parental autonomy-support - ring toss	
<ul> <li>the Nuffield Founda-</li> </ul>	<ul> <li>not reported.</li> </ul>	5). no difference SMD-0.26 [-1.04, 0.51] (Hughes	
tion UK	Disability	2004).	
	<ul><li>not reported.</li></ul>	Parenting structure - free play	
	Long term health condition	6). no difference SMD 0.0 [ -0.77, 0.77 ] (Hughes	
	<ul><li>not reported.</li></ul>	2004)	
	Sexual orientation	Parenting structure - ring toss	
	<ul><li>not reported.</li></ul>	7). no difference SMD-0.34 [ -1.12, 0.44 ] (Hughes	
	Socioeconomic position	2004)	
	<ul><li>not reported.</li></ul>	Parental stress	
	Type of abuse	8). no difference SMD-0.36 [-1.04, 0.31] (Terao 1999).	
	<ul><li>– physical abuse (5 RCTs); physical</li></ul>		
	abuse and neglect (1 RCT); unspeci-	Child behaviour (ECBI, Eyberg Child Behavior Inven-	
	fied type of abuse (1 RCT).	tory) - intensity score	
	Looked after or adopted status	9). large significant differences favouring the interven-	
	<ul><li>not reported.</li></ul>	tion group for intensity of behaviour problems SMD-	
	Unaccompanied asylum seeking, refu-	0.72 [-1.41 to -0.02] and for the number of problems	
	gee or trafficked children	SMD-1.81	
	<ul><li>not reported.</li></ul>	[-2.63 to -1.00] (Terao 1999).	
		Child autonomy - free play	
	Sample size	10). no difference SMD 0.45 [ -0.33, 1.23 ](Hughes	
	Systematic reviews: number of studies	2004)	
	<ul><li>7 RCTs published between 1983–</li></ul>	Child autonomy - ring toss	
	2004.	11). no difference SMD 0.18 [-0.59, 0.95] (Hughes	
		2004).	
	Intervention category		
	Parenting programmes		
	<ul> <li>Webster-Stratton parenting pro-</li> </ul>	B. Parenting program vs alternative treatments (CBT	
	gramme	or family therapy).	
	Parenting intervention	child abuse potential:	
	– CBT		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Parent-Child Interaction therapy	1). no difference between the two groups SMD 0.03 [-	
		0.42 to 0.48] (Chaffin 2004).	
	Intervention	Child abuse potential (CAPI) - Rigidity scale	
	Describe intervention	2). no difference SMD 0.41 [-0.04, 0.86] (Chaffin	
	– 1. PCIT programme (1 RCT, Chaffin	2004).	
	2004), aimed to enhance skills and es-	Child abuse potential (CAPI) - Distress scale	
	tablish daily positive parent-child inter-	3). no difference SMD -0.11 [-0.56, 0.34] (Chaffin	
	action, followed by command-giving	2004).	
	and positive discipline using live	Child Abuse Potential (CAPI) - Loneliness scale	
	coached parent-child dyad sessions. It	4). no difference SMD -0.05 [-0.49, 0.40] (Chaffin	
	comprised 6 group-based sessions on	2004).	
	increasing parental motivation, fol-	Child Abuse Potential (CAPI) Problems with child	
	lowed by clinic-based individual par-	scale	
	ent-child dyad sessions. Both pro-	5). no difference SMD 0.39 [-0.06, 0.85] (Chaffin	
	grammes were delivered over 3 mod-	2004).	
	ules (30 sessions). Comparison -	D ::: (DD:00 II)	
	Standard community based parenting	Positive parent behaviours (DPICS-II)	
	group.	6). significant improvement in positive parent behav-	
	2. Another PCIT program (1 RCT,	iour towards the child for the PCIT group SMD 0.50	
	Terao 1999), aimed to change pat-	[0.04, 0.95] (Chaffin 2004).	
	terns of dysfunctional parent-child rela-	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	
	tionships. The programme was deliv-	7).significant effect for reduced negative parent	
	ered over 14 weekly sessions and	behaviour towards the child SMD 0.75 [0.29, 1.22]	
	comprised behaviour management	(Chaffin 2004).	
	and communication skills training.	Child behaviour (BASC) - externalising	
	Comparison - standard family preser-	8). no difference SMD 0.06 [-0.39, 0.51] (Chaffin	
	vation services.	2004).	
	3. The Webster-Stratton Incredible	Child behaviour (BASC) - Internalising	
	Years programme (1 RCT, Hughes	9). no difference SMD -0.02 [-0.47, 0.43] (Chaffin	
	2004) - no programme description pro-	2004).	
	vided. The programme was delivered		
	over the course of 8 two-hour weekly	Parental anger - child report	
	sessions and was designed to assist	10). a large significant effect in favour of the CBT	1
	parents in learning how to modify their	group SMD -1.21 [-1.91, -0.51] (Kolko 1996).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	parenting practices following home visits to assess parent-child interaction. Comparison - waiting list (no treatment)control group  4. Cognitive behavioural therapy (CBT) (1 RCT, Kolko 1996) aimed to modify risk factors associated with child physical abuse with an ecologically based family therapy (FT) programme focused on family interaction. Both services comprised 12 one-hour weekly clinic sessions with follow-up home sessions to evaluate progress. Comparison-Family therapy  5-7. Group-based parent-training sessions (3 RCTs, Brunk 1987; Egan 1983,;; Wolfe 1981), aimed to enhance child management skills using a clinic-based multi-systemic family therapy comprising individual family-tailored behavioural management strategies delivered in 8 weekly sessions of 1.5 hours duration. Comparison - clinic-based multi-systemic family therapy (Brunk 1987); or parenting group with stress management training aimed at improving parental emotional control and including relaxation skills training and cognitive restructuring. Comparison - parenting group + stress management, and control (Egan 1983) or parenting group using videotaped vignettes, and self-control using deep	11). a large significant effect in favour of CBT SMD - 0.96 [-1.64, -0.28] (Kolko 1996).  Parental anger - parent report 12). no difference SMD -0.45 [-1.10, 0.19] (Kolko 1996).  Family problems - parent report 13). no effects SMD 0.0 [-0.64, 0.64] (Kolko 1996).  Narrative findings - effectiveness — The authors conclude that there re is insufficient evidence to support the use of parenting programmes to reduce physical abuse or neglect. Only 3 of the included 7 studies assessed the impact of the programme on objective measures of child abuse and one study showed a significant effect, suggesting that par-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	muscle relaxation. Comparison-stand- ard service group. Limited information on details of 'comparison' interven- tions. Delivered by – No details on who delivered inter- ventions.		
	Duration, frequency, intensity  —See 'Describe interventions'.		
	Key components and objectives of intervention  —See 'Describe interventions'.		
	Location/place of delivery  -Clinic- and home-based.		
	Describe comparison intervention  —See 'Describe intervention'. Overall, limited information on details of 'comparison' interventions.		
	Outcomes measured Incidence of abuse and neglect  - Child abuse potential Quality of parenting and parent-child relationships.  - Parenting skills, Parenting Behaviours, Parental Competence. Children and young people's health and wellbeing outcomes.		
	Child Behaviour, Child Autonomy		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Caregiver/parent health and wellbeing outcomes.  – Parental stress.		

#### 2. Browne DT, Puente-Duran S, Shlonsky A et al. (2016) A Randomized Trial of Wraparound Facilitation Versus Usual Child Protection Services. Research on Social Work Practice 26: 168-179

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim Study aim: To evaluate whether the addition of a wraparound facilitator to regular child protection services improved child and family functioning over 20 months.  Methodology RCT. Blocked randomization stratified by site.  Country Not UK. Canada.  Source of funding Government - The Ontario Ministry of Children and Youth Services.	<ul> <li>Participants</li> <li>Caregivers and families.</li> <li>Sample characteristics</li> <li>Age: Parents/family carers: mean age of 32.22 years old; Children mean age: 6.45 years old</li> <li>Sex: Parents/family carers: mostly mothers. Children: 47.4% were female.</li> <li>Ethnicity: Not reported.</li> <li>Religion/belief: Not reported.</li> <li>Disability: Not reported.</li> <li>Long term health condition: Not reported.</li> <li>Sexual orientation: Not reported.</li> <li>Socioeconomic position: Parents/family carers (mostly mothers): 27.4% "single" parents; 26.4% "separated," 47.4% had one child living at home at the time of the referral, 27.4% had two, 16.3% had three, and the remaining families had four or more.</li> </ul>	Effect sizes  Effects of Wraparound Versus Usual Care Over 20  Months: A. The effects of intervention (wraparound vs. usual care) and time (baseline and 20-month follow-up) (Table 2) Significant main effect of time for 1. care-giver psychological distress (F=10.88, p=0.001), 2. family resources (F=25.83, p <.001), 3. child impairments (F=31.10, p<.001), indicating that families and children enrolled in the study tended to improve in these areas irrespective of the treatment group. No significant main effect of time for (Table 2) 1. parental stress (F=1.47, p=0.227), 2. developmental milestones (ages and stages) (F=2.55, p=0.116), suggesting neither improvement nor deterioration between intake and follow-up. 3. child strengths was marginally significant (F=3.48, p=0.066).  B. There were no significant Intervention x Time interactions, indicating that participants in the experimental and control conditions had improved similarly at the 20-month follow-up, with small to moderate effect sizes (Table 3). Both groups improved in 1. child impairments, d=-0.60 [-0.81 to39], 2. caregiver psychological distress, d=-0.33 [-0.52 to -0.13], 3. family resources, d=0.44 [0.27 to 0.62], Post-test treatment effects (Table 3) child impairments, d=0.14 [-0.12 to	Overall assessment of internal validity ++ Overall assessment of external validity + Overall validity score +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Type of abuse: Child abuse and neglect. Participants; physical/sexual harm by commission (20%), harm by omission (21.5%), emotional harm/exposure to conflict (32.6%), abandonment/separation (12.6%), caregiver capacity (73.3%), and request for assistance (1.5%).</li> <li>Looked after or adopted status: N.A.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children: N.A.</li> </ul>	0.52] ns Maternal depression d=0.25 [-0.07 to 0.57] ns Family resources, d=-26 [-0.26 to 0.03] ns Parental stress, d=0.10 [-0.19 to 0.40] ns Child strengths, d=-0.24 [-0.37 to 0.29] ns. This suggests no measurable benefit was associated with the intervention. A program fidelity assessment was conducted after the intervention and found "average" implementation fidelity (i.e. minimum standards for wraparound) in two of the programme's major components.	
	Sample size		
	<ul> <li>Comparison numbers - Control: CPS only (n=68)</li> <li>Intervention numbers - Wraparound +CPS (n=68)</li> <li>Sample size - Total n=135</li> </ul>		
	Intervention Describe intervention Wraparound intervention: 'a comprehensive model of care coordination based upon a bioecological model of human development' (p2, citing Bronfenner and Morris, 2006; Bruns, Weather, Suters et al. 2014). Families in the intervention received usual CPS plus assigned a wraparound facilitator. Wraparound facilitators were master's-level social workers who received extensive training and ongoing monitoring from a certified wraparound trainer		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	prior to commencement of the trial.		
	The model is a person- and family-		
	driven planning process that is team		
	based. It highlights the importance of		
	flexible adaptation to the unique needs		
	of communities, cultures, care provid-		
	ers, and system partners (p6). 'Before		
	intervention, wraparound facilitators		
	held an initial meeting with children		
	and families in order to identify their		
	hopes and aspirations, assess needs		
	and strengths in multiple domains, and		
	gain an understanding of any individu-		
	alized or cultural factors that may be		
	important to address during care, es-		
	pecially the social determinants of		
	health such as socioeconomic, hous-		
	ing, and neighbourhood challenges. A		
	personalized wraparound team was		
	created in a chosen support network		
	including friends, extended family		
	members, and both formal and infor-		
	mal supports. The team met regularly,		
	beginning with contact in the 3–5		
	hr/week range over the first few		
	months, then eventually to 2–3		
	hr/week once engagement and pro-		
	gress was established. At each meet-		
	ing, the family's pressing needs were		
	identified and solutions were brain-		
	stormed, leading to a concrete written		
	action plan that specifies explicit tasks		
	and roles. Outcomes were tracked		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	throughout the process. Both suc-		
	cesses and failures were integrated		
	into future strategies in an iterative and		
	reflective fashion. Throughout the in-		
	tervention, the three wraparound facili-		
	tators met weekly with the expert		
	trainer in order to review cases, ad-		
	dress challenges and concerns, and		
	monitor fidelity to wraparound princi-		
	ples' (p6). Integral intervention compo-		
	nents identified 10 essential elements		
	for care in wraparound model. These		
	are as follows: 1. promoting family		
	voice and choice in the service plan, 2.		
	providing care that is embedded in the		
	child and family team, 3. drawing upon		
	natural supports in the family's con-		
	text, 4. collaboration among all formal		
	and informal team members, 5. provision of community-based care, 6. en-		
	suring cultural competence and sensi-		
	tivity, 7. presence of an individualized		
	care plan, 8. use of a strengths-based		
	model, 9. persistence and problem		
	solving throughout challenges, and 10.		
	outcome-based methods of evaluation		
	(p2). Family voice and choice (free-		
	dom to choose and design care plan),		
	team-based (family selected people on		
	team), natural supports (increased		
	support from friends and family), col-		
	laboration (family made plan, team		
	members had role in implementation		
	and held one another accountable),		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	community-based (child got involved with community activities, developed access to services and supports), culturally competent (family had time to talk about strengths, and team used understandable language and respected client), individualized (team included people who were not just professionals, resources were available for support and transitions), strength-based (strengths were discussed and supports were connected to child and family abilities), persistence (team came up with new ideas if others weren't working), and outcome-based (went through a process identifying what leads to success) (p6). At the end of treatment, clients completed the WFI (wraparound fidelity index), which assessed these areas in reference to the care they received.		
	<b>Delivered by</b> Facilitators who were master's-level social workers who received extensive training.		
	<b>Delivered to</b> Families (parents and carers).		
	Duration, frequency, intensity, etc. Contact between wraparound facilitators and families 3–5 hr per week		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	range over the first few months, then eventually to 2–3 hr per week once engagement and progress was established.		
	Key components and objectives of intervention Wraparound facilitation Integral intervention components identified as family voice and choice (freedom to choose and design care plan), teambased (family selected people on team), natural supports (increased support from friends and family), collaboration (family made plan, team members had role in implementation and held one another accountable), community-based (child got involved with community activities, developed access to services and supports), culturally competent (family had time to talk about strengths, and team used understandable language and respected client), individualized (team included people who were not just professionals, resources were available for support and transitions), strengthbased (strengths were discussed and supports were connected to child and family abilities), persistence (team		
	turally competent (family had time to talk about strengths, and team used understandable language and respected client), individualized (team included people who were not just professionals, resources were available for support and transitions), strength-based (strengths were discussed and supports were connected to child and		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	(went through a process identifying what leads to success) (p6).		
	Content/session titles Wrap-around Facilitation.		
	Location/place of delivery Not clear, likely to be at home.		
	Describe comparison intervention Control group received CPS care as usual: delivered by usual care workers had a range of certifications and back- grounds. Current standards indicate that workers and families must be in direct contact at least monthly, with formal reassessment occurring every 6 months. Over the course of the current 20-month trial, this translated into 20 meetings and 3 formal revaluations. The control group also filled out the WFI in response to the care they re- ceived (p6).		
	Outcomes measured Children and young people's health and wellbeing outcomes. Functional impairments, Behavioral and emotional strengths, Developmental milestones. Caregiver/parent health and wellbeing outcomes. Caregiver psychological distress, adequacy of family resources		

## 3. DePrince AP, Chu AT, Labus J S et al. (2015) Testing Two Approaches to Revictimization Prevention Among Adolescent Girls in the Child Welfare System. Journal of Adolescent Health 56: S33-S39

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To 'compare two interventions designed to decrease revictimisation in a diverse sample of adolescent child-welfare involved girls' (pS33).  Methodology RCT including cluster.  Country Not UK. USA - Colorado  Source of funding Government Other - University of Denver	<ul> <li>Participants</li> <li>Children and young people - Adolescent girls (aged 12-19) with histories of child neglect or abuse.</li> <li>Sample characteristics</li> <li>Age - Range 12 to 19, mean 15.85 (sd=1.58).</li> <li>Sex - All female.</li> <li>Ethnicity - White/Caucasian 36%, Black/African American 36%, American Indian/Native Alaskan/Native American 7%, Asian/Asian-American 3%, Other 18%.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - 77% reported as heterosexual/straight.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Witnessing domestic violence 69%, neglect 43% sexual abuse 40%, physical abuse 37%, emotional psychological abuse 35%. Mean age of onset 5.56 years (sd=4.39), average number of perpetrators was 2.51 (sd=2.00). 63% reported victimisation by peer perpetrators in addition</li> </ul>	Effect sizes Incidence of abuse and neglect. Note: Only contrasts between the two intervention groups are reported, not contrasts with 'no treatment group'. 'No treatment group' not randomly allocated. 1) Sexual revictimisation No significant differences between the odds ratios for sexual revictimisation were observed between the social learning/feminist theory intervention and executive function/risk detection intervention. 2) Physical revictimisation No significant differences between the odds ratios for physical revictimisation were observed between the social learning/feminist theory intervention and executive function/risk detection intervention.	Overall assessment of internal validity +  Overall assessment of external validity ++ US study, but back- ground services likely to be the same for this type of intervention as in UK.  Overall validity score + Limitations include no intent to treat analysis, and creation of a 'no treatment' comparison group of those who did not attend any sessions.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>to victimisation by adults.</li> <li>Looked after or adopted status - Biological/natural family 27%, foster home 23%, group home 17%, residential treatment facility 12%, independent living program 4%, with relatives 6%, on own 3%, with adoptive family 3%, declined to answer 4%.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>		
	Sample size Comparison numbers: n=67 (no treatment group have not been included in this data extraction). Intervention numbers - n=67 Sample size: n=134		
	Describe intervention Intervention based on social learning/feminist theory. From this perspective, children exposed to violence may learn that this is acceptable, and fail to learn coping skills. Uses Youth Relationships Manual (Wolfe et al. 1996) targeting 1) power in relationship violence, 2) developing skills to build healthy relationships and recognise abuse 3) developing skills to respond to pressures that can lead to violence		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	4) increasing competency. Intervention comprised 12 weekly intervention group meetings, co-facilitated by graduate students. Each session lasted 1.5 hours. Receipt of newsletters with local and telephone resources for violence. Individual onward referrals made as appropriate.		
	Describe comparison intervention Based on a risk detection and executive function perspective. This involves 'noticing and responding to externaland internaldanger cues in intimate relationships' (p. S34). Working on cognitive skills to support this including focusing attention, taking on board new information, thinking flexibly about solutions and planning and initiating actions. As for social learning/feminist intervention, risk detection intervention comprised 12 weekly intervention group meetings, co-facilitated by graduate students. Each session lasted 1.5 hours. Receipt of newsletters with local and telephone resources for violence. Individual onward referrals made as appropriate.		
	Outcomes measured Incidence of abuse and neglect 1) Violence exposure (revictimisation) assessed using Traumatic Events		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Screening Inventory (TESI) Child version at baseline, immediately after 12 week intervention, 2 months and 6 months. 2) Dating violence measured using Conflict in Adolescent Dating Relationships Inventory (CADRI).		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim	Participants	Effect sizes	Overall assessment of
<ul> <li>The study examines</li> </ul>	Caregivers and families.	Risk of abuse and neglect	internal validity:
the effects of Family	<ul> <li>Mothers (this is specified by the re-</li> </ul>	(Note: We do not report main effects of time, or time x	-
Behavioral Therapy as	search as opposed to 'parents') who:	neglect type interactions here as they are not relevant	
compared to treatment	a) Had been reported to the Depart-	to the review question regarding effectiveness of the	Overall assessment of
as usual community-	ment of Family Services for child ne-	intervention.)	external validity:
pased services (TAU)'	glect b) Were living with the child who	<ul> <li>There was a significant time x treatment x neglect</li> </ul>	++
(p708).	were subject to the neglect referral c)	type interaction from baseline to 6 months postran-	
	Were identified as using illicit drugs	domisation - F(1, 68)=5.977, p=0.009, partial eta-	Overall validity score:
Methodology	during the 4 months prior to the refer-	squared=0.081 - and baseline to 10 months postran-	-
<ul><li>Design is a 2 (treat-</li></ul>	ral d) Were displaying symptoms con-	domisation - F(1, 68)=3.329, p=0.04, partial eta	A key methodological
,	sistent with illicit drug abuse or de-	, ,	flaw is the failure to re-
2 (neglect type: neglect	1.	mothers of drug exposed children reduced their mal-	port cell sizes for drug-
due to foetus/child be-	at least one other adult individual will-	treatment potential more than FBT mothers of drug-ex-	
ing exposed to drugs,	ing to participate in their treatment f)	posed children and TAU mothers (p<0.05)' (p71).	drug exposed families.
other child neglect) x 3	Whose primary reason for referral was	(Note: the paper does not give ANOVA result for treat-	This makes it difficult to
(time: baseline, 6	not due to sexual abuse perpetration	ment x time interaction, so the overall effectiveness of	judge the validity of the
months postrandomisa-	or domestic violence. The authors also	FBT compared to TAU across both categories of ne-	statistical analysis.
tion and 10 months	distinguish between parents for whom	glect is not clear).	There is also lack of
postrandomisation)	neglect consists of exposing their child	The overall effect sizes for CAPI are described as 'me-	clarity regarding data
mixed model experi-	to drug use in utero or in childhood,	dium' for FBT and 'small' for TAU (FBT 6 months 0.41	imputation methods for
mental design.		[11,.94], 10 months 0.41 [10, .92]; TAU 6 months	intent to treat analysis

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Country Not UK – US.  Source of funding Other. – National Institutes of Health (USA).	and those who neglect 'for other reasons' (p708). Later in the paper, these reasons are stated to include lack of supervision, emotional, medical, environmental or physical neglect (p.716). It's unclear how many parents were in each category.  Sample characteristics Age  - Mothers: Overall mean age 29.04 (sd=8.07); FBT mean age 29.63 (7.65); TAU mean age 28.49 (8.51) Children: Overall mean age 3.92 (3.73); FBT mean age 4.20 (4.06); TAU mean age 3.65 (3.42). Sex  - All caregivers appear to be mothers. Sex of children not provided. Ethnicity  - Caucasian - Overall 34 (47.2%); FBT 14 (40.0%); TAU 20 (54.1%) Black/African American - Overall 18 (25.0%); FBT 10 (28.6%); TAU 8 (21.6%) Hispanic/Latino - Overall 8 (11.1%); FBT 6 (17.1%); TAU 2 (5.4%) Asian American - Overall 2 (2.8%); FBT 2 (5.7%); TAU 0 (0.0%) Pacific Islander - Overall 2 (2.8%); FBT 1 (2.9%); TAU 1 (2.7%) Other - Overall 5 (6.9%); FBT 0 (0.0%); TAU 5 (13.5%)	0.23[25, .70], 10 months 0.27 [-0.21, 0.74). (NB effect sizes appear to measure the size of the effect comparing mean scores at baseline with 6 and 10 month measures, rather than comparing the mean scores between the 2 interventions).  Children and young people's health and wellbeing outcomes  — Time spent by child in Department of Family Services custody There was no difference between FBT and TAU in terms of days spent by children in DFS custody. In both conditions, children were significantly more likely to spend time in DFS custody at 6 months postrandomisation (F(1, 68)=7.625, p=0.004, partial eta squared=1.01), but not at 10 months postrandomisation. This is reflected in the effect sizes for both interventions (FBT 6 months -0.24 [76, .28], FBT 10 months -0.04 [55, .47]; TAU 6 months -0.28 [76, .19], TAU 10 months12 [59, .36].  Caregiver/parent health and wellbeing outcomes  — Marijuana use: There were no significant differences in parental marijuana use between conditions (p values > 0.05). Effect sizes for both FBT and TAU were medium. (NB effect sizes appear to measure the size of the effect comparing mean scores at baseline with 6 and 10 month measures, rather than comparing the mean scores between the two interventions). (FBT 6 months 0.74 [.22-1.27], FBT 10 months 0.63 [.12, 1.15]; TAU 6 months 0.55 [.07, 1.04], TAU 10 months 0.53 [.06, 1.01]).	(or indeed if imputation was used).

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Religion/belief  Not reported. Disability  Not reported. Long term health condition  Not reported. Sexual orientation  Not reported. Socioeconomic position  Employment Unemployed - Overall 63 (87.5%); FBT 28 (80.0%); TAU 35 (94.6%) Employed full time - Overall 5 (6.9%); FBT 3 (8.6%); TAU 2 (5.4%) Employed part time - Overall 4 (5.6%); FBT 4 (11.4%); TAU 0 (0.0%) Education Less than high school - Overall 36 (50.0%); FBT 19 (54.3%); TAU 17 (45.9%) High school/equivalent - Overall 32 (44.4%); FBT 15 (42.9%); TAU 17 (45.9%) Degree - Overall 4 (5.6%); FBT 1 (2.9%); TAU 3 (8.1%). Type of abuse  Included families were those who had had referrals to CPS on grounds of neglect. Looked after or adopted status  Not reported. Unaccompanied asylum seeking, refugee or trafficked children	'Hard drug' use (illicit drugs other than marijuana) There was a significant time x treatment x neglect interaction from baseline to 6 months - F(1, 68)=5.577, p=0.015, partial eta squared=0.076 - and from baseline to 10 months - F(1, 68)=8.148, p=0.003, partial eta squared =0.107. 'Post hoc analysis indicated that mothers of non-drug exposed children in FBT demonstrated significant decreases in hard drug use, as compared with mothers of drug-exposed children in TAU (p<0.05). Mothers of drug-exposed children in TAU demonstrated significant decreases in hard drug use, as compared with mothers of drug-exposed children in TAU demonstrated significant decreases in hard drug use, as compared with mothers of drug-exposed children in TBT and mothers of non-drug-exposed children in TAU' (pp713-714). Effect sizes for both FBT and TAU were small to medium (FBT 6 months 0.41 [11, 0.93], FBT 10 months 0.39 [12, 0.90]; TAU 0.31 [16, .79], TAU 10 months 0.45 [2, 0.93].  Risk of HIV transmission: There was a significant treatment x time interaction for risk of HIV transmission - F(1, 68) = 4.014, p=0.03, partial eta squared = 0.056, suggesting that Participants in FBT showed greater improvements in risk of HIV transmission than the comparison group. The hypothesised time x neglect type x treatment interactions were not observed (p values > 0.05). Effect sizes for risk of HIV transmission for FBT were medium, whereas those in TAU showed almost no effect from baseline- to post, and only a small effect from baseline to follow up (FBT post 0.33 [-0.19, 0.85], FBT follow-up 0.33 [-0.18, 0.84]; TAU post 0.00 [-0.48, 0.48], TAU follow-up 0.24 [24, 0.71]). (Reviewer note: assume that post = 6 months and follow-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		up = 10 months, although this is not clear in the pa-	
	Sample size	per).	
	Comparison numbers	,	
	– n=37	Hours of employment: There was a significant time x	
	Intervention number	treatment interaction in number of hours employed	
	_ n=35	from baseline to 6 months - F(1, 68)=3.868, p=0.027,	
	Sample size	partial eta squared=0.054 - and from baseline to 10	
	_ n=72	months - F(1, 68) = 3.549, p=0.032, partial eta	
		squared = 0.05, in favour of FBT. The effect sizes for	
	Intervention category	this variable for FBT are small, and for TAU the effect	
	Family Behaviour Therapy.	size is small at 6 months and negligible at 10 months	
		(FBT 6 months18 [-0.70, 0.34], 10 months -0.30 [-	
	Intervention	0.80, 0.21]; TAU 6 months 0.23 [-0.25, 0.71], 10	
	Describe intervention	months 0.04 [43, 0.52].	
	<ul> <li>Intervention has been adapted from</li> </ul>		
	family behaviour therapy, a 'compre-	Alcohol intoxication: There was no significant differ-	
	hensive outpatient treatment equipped	ence between levels of alcohol intoxication between	
	to manage substance disorders'	FBT and TAU (no time x treatment interaction, and no	
	(p.709). The authors note that FBT	time x treatment x neglect type interaction) (p values	
	'emphasises cognitive and behavioral	>0.05). There were small to medium effect sizes for	
	skill development through behavioral	both conditions (FBT 6 months 0.31 [21, 0.83], FBT	
	role-playing, therapeutic assignments	10 months 0.37 [14, .88]; TAU 6 months 0.11 [37,	
	and utilisation of family support sys-	.59], TAU 10 months .33 [14, 0.81].	
	tems' (p709).		
		Incarceration: There was a marginally significant time	
	Delivered by	x treatment interaction from baseline to 6 months	
	<ul> <li>Eleven providers with no previous</li> </ul>	postrandomisation - $F(1, 68) = 2.554$ , $p = 0.058$ , partial	
	experience of implementing FBT.	eta squared = 0.036, with FBT Participants spending	
	Qualifications ranged from bachelor's	less time incarcerated than TAU Participants. The time	
	level to doctorate. Providers received	x treatment x neglect type interaction was not signifi-	
	approximately 16 hours of training and	cant. There was no effect of FBT on incarceration. The	
	attended 90 to 120 minutes of weekly	effect size for TAU was medium, but the direction of	
I	group supervision throughout the	the effect is in terms of increased number of days in-	
	study.	carceration. (FBT 6 months 0.02 [50, .54], FBT 10	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		months 0.03 [48, .54]; TAU 6 months -0.40 [88, .08],	
	Delivered to	TAU 10 months .0.35 [83, 0.12]).	
	<ul> <li>Mothers who had been reported to</li> </ul>		
	the Department of Family Services for	Narrative findings	
	child neglect and were involved in illicit drug use.	Narrative findings – effectiveness	
	-	- Risk of abuse and neglect (measured using Child	
	Duration, frequency, intensity	Abuse Potential Inventory)	
	<ul> <li>Mothers attended an average of 14.9</li> </ul>	The authors conclude that 'FBT was more effective	
	meetings.	than TAU in reducing child maltreatment potential in	
	_	mothers of non-drug-exposed children from baseline to	
	Key components and objectives of	6 and 10 months postrandomization' (p715). 'Non-	
	intervention	drug-exposed' refers to forms of neglect which do not	
	<ul> <li>Intervention has been adapted from</li> </ul>	involve exposure to drugs in utero or in childhood (for	
	family behaviour therapy, a 'compre-	example, lack of supervision). However, FBT was not	
	hensive outpatient treatment equipped	more effective than TAU for mothers of drug-exposed	
	to manage substance disorders'	children. The authors suggest this may be due to older	
	(p.709). The authors note that FBT 'emphasises cognitive and behavioral	age and greater family stability of non-drug-exposing parents, meaning that they were better able to engage	
	skill development through behavioral	in treatment.	
	role-playing, therapeutic assignments	in deadnent.	
	and utilisation of family support sys-	Children and young people's health and wellbeing	
	tems' (p.709). It involves implementing	outcomes (measured by days in DFS custody).	
	the following components a) helping	There was no difference between FBT and TAU in	
	significant others to provide family-de-	terms of days spent by children in DFS custody. In	
	rived rewards for prosocial target be-	both conditions, children were significantly more likely	
	haviours; n) communication skills; c)	to spend time in DFS custody at 6 months postran-	
	stimulus control interventions to pro-	domisation compared to baseline.	
	mote spending time with individuals	·	
	and situations not involved substance	Caregiver/parent health and wellbeing outcomes	
	misuse and other problem behaviors;	Marijuana use: There were no significant differences in	
	d) self-control methods to manage	parental marijuana use between FBT and TAU. Effect	
	drug cravings; e) skills training specific	sizes for this variable both FBT and TAU were me-	
	to employment. In this study, FBT was	dium.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	adapted for use with families by seeing service users at home; treatment session increased from 60 to 75 minutes; duration of treatment increased from 4 to 6 months; target number of treatment sessions increased from 15 to 20; the following intervention components added: a) identification of home hazards, b) improving financial management skills c) teaching mothers how to reinforce good behaviours in their children, d) teaching mothers to react to emergent conditions affecting their families, e) HIV and STD prevention.  Content/session titles  See above.  Location/place of delivery  Participants' homes.  Describe comparison intervention  Comparison was 'treatment as usual' (TAU) which comprised 'a variety of services that vary according to provider qualifications, duration, intensity and type of services offered' (p711).  Caseworkers referred families to different services, depending on need, problem severity, motivation and the availability of services. Referrals included child placement, crisis intervention services, family services (e.g. family therapy), caregiver services (e.g.	'Hard drug' use (illicit drugs other than marijuana) - Mothers of non-drug exposed children in FBT demonstrated significant decreases in hard drug use, as compared with mothers of drug-exposed children in FBT and mothers of non-drug exposed children in TAU. However, mothers of drug-exposed children in TAU demonstrated significant decreases in hard drug use, as compared with mothers of drug-exposed children in FBT and mothers of non-drug-exposed children in TAU. Within-subjects effect sizes for this variable for both FBT and TAU were small to medium.  Risk of HIV transmission - Participants in FBT showed greater improvements in risk of HIV transmission than the comparison group. However, the authors describe these improvements as 'shortlived' (p.716). Within-subjects effect sizes for risk of HIV transmission for FBT were medium, whereas those in TAU showed almost no effect from baseline- to post, and only a small effect from baseline to follow up. (Reviewer note: assume that post = 6 months and follow-up = 10 months, although this is not clear in the paper).  Hours of employment - Participants in the FBT group showed a greater increase in hours of employment compared to TAU, with a small between-subjects effect size. The within-subjects effect sizes for this variable for FBT are small, and for TAU the within-subjects effect size is small at 6 months and negligible at 10 months.  Alcohol intoxication - There was no significant differ-	
		ence between levels of alcohol intoxication between	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	counselling), child services, and other 'miscellaneous' services.	FBT and TAU. There were small to medium within-subjects effect sizes for both conditions.	
	Outcomes measured Risk of abuse and neglect  - Potential for maltreatment was measured using the Child Abuse Potential Inventory (CAPI; Milner 1986). This measure has recognised crosscultural validity, internal consistency for subscale and total scores and differential validity (Walker and Davies 2010).	Incarceration - FBT Participants spent less time incarcerated than TAU Participants. This difference was marginally significant. There was no within-subjects effect of FBT on incarceration, and a medium within-subjects effect on incarceration for TAU, in the direction of increased number of days incarceration. The authors interpret this as indicating that FBT may have helped to prevent future incarceration.	
	Children and young people's health and wellbeing outcomes  – Participant and significant other Timeline Follow-Back was used to assess the number of days Participants' children had been in DFS custody (note: unsure whether this would reflect abuse taking place, or whether children could be placed in care of Department of Family Services for other reasons).		
	Caregiver/parent health and wellbeing outcomes  – Drug use (frequency of days of use of marijuana and other illicit drugs other than marijuana - hard drugs) measured during the four months prior to assessment using the Timeline Follow-Back (TLFB; Sobell and Sobell		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	1992). The TLFB is completed both by the parent and their 'primary adult significant other' (p711). Drug use also measured using urinalysis testing. Where there were conflicts between the three measures, the measure indicating greatest substance use during the previous four months was used. Risk of HIV transmission was measured using the Total Risk Scale of the Risk Assessment Battery (Metzger et al. 1990). Internal consistency of this scale is poor to good (Cronbach alpha 0.42 to 0.82). Participant and partner TLFB were used to assess: - hours employed - days using alcohol - days incarcerated.		

4. Fantuzzo J, Manz P, Atkins M et al. (2005) Peer-mediated treatment of socially withdrawn maltreated preschool children: Cultivating natural community resources. Journal of Clinical Child and Adolescent Psychology 34: 320–25

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  To evaluate the effectiveness of Resilient Peer Treatment, a ' peer-mediated, class-room-based intervention for socially withdrawn, maltreated preschool children' (p320). The intervention had previously been found	Participants Children and young people  Recipients of the interventions were socially withdrawn African American children from 40 participating Head Start classrooms in the northeast of the USA. Eligibility was determined on the basis of teacher ratings of prosocial peer interactions and independent verification of these. Maltreatment was substantiated for around half of this	Effect sizes Children and young people's health and wellbeing outcomes Dyadic play interactions in play corners (observed, two weeks pre and two weeks post intervention) Two-way analysis of covariance (treatment x maltreatment) - collaborative play (at post-test, controlling for pre-test scores using a Bonferroni correction): There was a main effect of treatment group, in favour of the intervention, with large effect size: F(1, 77)=39.1, p<.0001, n2 = .36. Maltreatment status: No significant	Overall assessment of internal validity  Overall assessment of external validity  ++ Overall validity score  The use of coding systems and scales with unclear reliability and

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	group. A second group of children identified as having the highest levels of prosocial peer play interactions were chosen to be 'play buddies'.  Caregivers and families  Parent volunteers identified by teachers and 'parent involvement staff members' were invited to take on the role of 'play supporters'.  Professionals/practitioners  Teachers working in one of 40 participating Head Start classrooms in the northeast of the USA.  Sample characteristics  Age -The mean age of children who received the interventions was 4.35 years (SD= .47). Age of play buddies and play supporters is not reported.  Sex - 50% of children who received the interventions were male. Gender of play buddies and play supporters is not reported.  Ethnicity - All children who received	effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided).  Two-way analysis of covariance (treatment x maltreatment) – solitary play (at post-test, controlling for pretest scores using a Bonferroni correction): There was a main effect of treatment group, in favour of the intervention, with medium to large effect size: F(1, 77)=13.7, p<.0001, η2 = .15. Maltreatment status: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided).  Two-way analysis of covariance (treatment x maltreatment) – social attention (at post-test, controlling for pre-test scores using a Bonferroni correction): Treatment group: No significant effect (statistical data not provided). Maltreatment status: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided). Two-way analysis of covariance (treatment x maltreatment) – associative play (at post-test, controlling for pre-test scores using a Bonferroni correction): Treatment group: No significant effect (statistical data not provided). Maltreatment status: No significant effect (statistical data not provided). Maltreatment status: No significant effect (statistical data not provided). Treatment x	validity and a very short follow-up (2 weeks) mean that it is difficult to be confident in the findings of this study.
	<ul> <li>the interventions were African American. Ethnicity of play buddies and play supporters is not reported.</li> <li>Religion/belief— Not reported.</li> <li>Disability— Not reported.</li> <li>Long term health condition— Not reported.</li> <li>Sexual orientation— Not reported.</li> </ul>	maltreatment interaction: No significant effect (statistical data not provided).  Free-play observations at two weeks post-intervention  – Collaborative play (observed during free-play at two weeks post-intervention) - Two-way analysis of variance (using Bonferroni correction) – There was a main effect of treatment group, in favour of the intervention, with medium to large effect size: F(1, 78) = 19.0, p <	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Socioeconomic position— 72% of children who received the interventions lived in single-female households; 32% of the parents of these children had no high-school education; 74% cent of these parents were unemployed. Socioeconomic data for play buddies and play supporters is not reported.</li> <li>Type of abuse— Maltreatment was substantiated for 37 of the 82 children who received the interventions. Twelve children had been physically abused, 18 had been physically neglected and seven had been both physically abused and physically neglected. The authors report that the first documented incident, occurred, on average between the ages of two and three and there were on average 1.4 incidents per child. This ranged from minor to moderate injuries.</li> <li>Looked after or adopted status— Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children — Not reported.</li> <li>Sample size</li> <li>Comparison numbers</li> <li>n=44. Maltreated n=19, non-maltreated n=25. Intervention number</li> </ul>	.0001, η2=.19. Maltreatment status: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided).  Associative play (observed during free-play at 2 weeks post-intervention) – 2-way analysis of variance (using Bonferroni correction) - Treatment group: No significant effect (statistical data not provided). Maltreatment status: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided). Social attention (observed during free-play at two weeks post-intervention) – 2-way analysis of variance (using Bonferroni correction) – Treatment group: No significant effect (statistical data not provided). Maltreatment status: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided). Solitary play (observed during free-play at two weeks post-intervention) – 2-way analysis of variance (using Bonferroni correction) - There was a main effect of treatment group, in favour of the intervention, with medium to large effect size: F(1, 78)=12.4, p<.001, η2=.14. Maltreatment status: No significant effect (statistical data not provided). Penn Interactive Peer Play Scale (Teacher completed at two weeks post-intervention) multivariate analysis (NB raw data not reported): Significant effect for treatment group: Wilks' Λ=.79, F(3, 76)=6.9, p<.001. Maltreatment status: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No significant effect (statistical data not provided).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	- n=38. Maltreated n=18, non-mal-	Penn Interactive Peer Play Scale (Teacher completed	
	treated n=20.	at two weeks post-intervention) univariate analysis	
	Sample size	(treatment group): Play interaction subscale: There	
	– n=82.	was a main effect of treatment group, in favour of the	
	Intervention category	intervention, with a medium to large effect size, F(1,	
	Other	78)=15.4, p<.001, η2=.16. Play disruption subscale:	
	<ul> <li>Resilient Peer Treatment</li> </ul>	There was a main effect of treatment group, in favour	
	Intervention	of the intervention, with a medium to large effect size,	
	Describe intervention	F(1, 78)=6.0, p<.05, η2=.07. Play disconnection sub-	
	<ul> <li>Resilient Peer Treatment is a child</li> </ul>	scale: There was a main effect of treatment group, in	
	focused ' peer-mediated, classroom-	favour of the intervention, with a medium to large ef-	
	based intervention for socially with-	fect size, F(1, 78)=12.2, p<.001, η2=.14.	
	drawn, maltreated pre-school children	Social Skills Rating System (Teacher completed at two	
	(p320).	weeks post-intervention) – Social skills scale - multi-	
		variate analysis: Significant effect for treatment group:	
	Delivered by	Wilks' $\Lambda$ =.77, F(3, 76)=7.4, p<.001. Maltreatment sta-	
	<ul> <li>Participating children interact in play</li> </ul>	tus: No significant effect (statistical data not provided).	
	sessions with play buddies (class-	Treatment x maltreatment interaction: No significant	
	mates of the participating child who	effect (statistical data not provided). Social Skills Rat-	
	are assessed as showing high levels	ing System (Teacher completed at two weeks post-in-	
	of prosocial peer play). The session is	tervention) – Social skills scale - univariate analysis:	
	facilitated by a play supporter (parent	Self-control subscale: There was a main effect of treat-	
	volunteer identified by teachers and	ment group, in favour of the intervention, with a me-	
	parents involved in the design of the	dium to large effect size, F(1, 78)=13.4, p<.05, η2=.15.	
	study as being supportive and nurtur-	Interpersonal skills subscale: There was a main effect	
	ing).	of treatment group, in favour of the intervention, with a	
		medium to large effect size, F(1, 78) = 18.18.77 [sic],	
	Delivered to	p<.001, η2=.19. NB There appears to be an error in re-	
	<ul> <li>Socially withdrawn African American</li> </ul>	porting the F value in relation to this measure. Verbal	
	children from participating Head Start	assertion subscale: No significant differences between	
	classes in the northeast of the USA.	groups (statistical data not provided).	
		Social Skills Rating System (Teacher completed at two	
	Duration, frequency, intensity	weeks post-intervention) – Problem behaviors scale -	
		multivariate analysis: Significant effect for treatment	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>15 sessions over a two month period (three sessions planned per week).</li> </ul>	group: Wilks' Λ=.80, F(2, 77)=8.7, p<.001. Maltreatment status: No significant effect (statistical data not provided). Treatment x maltreatment interaction: No	
	Key components and objectives of intervention	significant effect (statistical data not provided). Social Skills Rating System (Teacher completed at two	
	- The main aim of the intervention is to	,	
	improve the social competence of	univariate analysis: Internalising: There was a main ef-	
	withdrawn, maltreated pre-school chil-	fect of treatment group, in favour of the intervention,	
	dren by providing opportunities for reg- ular positive play interactions with	with a medium to large effect size, F(1, 78)=12.7, p<.001, η2=.14 Externalizing: There was a main effect	
	peers (play buddies) displaying high	of treatment group, in favour of the intervention, with a	
	levels of social functioning. The inter-	small to medium effect size, F(1, 39)=8.8, p<.001,	
	vention consists of a number of play	η2=.10 Chi-square analysis of group differences on in-	
	sessions with a peer which are sup-	ternalizing and externalizing subscales of the Social	
	ported by an adult volunteer (play sup-	Skills Rating System Problem behaviors scale – (' to	
	porter). Play supporters facilitate ses-	determine if there were group differences in the num-	
	sions by setting up the play corner in	ber of Participants whose scores were at least 1 stand-	
	the classroom e.g. putting out toys	ard deviation above the mean range on these behav-	
	(usually available in Head Start class-rooms); preparing the play buddy for	iour problem scales (T 60)' (p324) Internalizing: Significantly more children in the control group had scores	
	the session (i.e. discussing specific ac-	in the higher range on this scale than those in the in-	
	tivities which led to positive interac-	tervention group, chi-square (1)=7.9, p<.01. Externaliz-	
	tions; observing the play session and	ing: Significantly more children in the control group	
	providing supportive comments to par-	had scores in the higher range on this scale than those	
	ticipating child and their play buddy regarding their interactions.	in the intervention group, chi-square (1)=5.0, p<.05.	
	_	Narrative findings	
	Content/session titles	Narrative findings - effectiveness	
	– N/A.	Children and young people's health and wellbeing	
	Location/place of delivery	outcomes	
	<ul><li>Classroom – play corner.</li></ul>	Dyadic play interactions in play corners (observed, two weeks pre and two weeks post intervention)	
	Describe comparison intervention		

- Attention control. Delivered by - Participating children spend time with a peer (assessed as showing average levels of interactive play ability). These interactions are supervised by play supporters (parent volunteer identified by teachers and parents involved in the design of the study as being supportive and nurturing). The authors note that 'Play conditions were identical to the children in the RPT condition, except that they were not paired with a Play Buddy and the Play Supporter only supervised the play (no prompts or encouragement of play' (p323). Delivered to - Socially withdrawn African American children from participating Head Start classes in the northeast of the USA.  Duration, frequency, intensity - 15 sessions over a 2 month period (three	Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
sessions planned per week).  Key components and objectives of intervention — The authors report that this ' condition was designed to control for the extra attention of being paired with a peer and spending time with this peer in a play corner under the supervision of a parent volunteer' (p323). Children in this group  Interval 2 micht x matrication of levels of as sociative play.  Free-play observations at two weeks post-intervention — Collaborative play: There was a significant effect for treatment group, with children randomised to the experimental condition showing higher levels of collaborative play than those in the control group, this showed a medium to large effect size. There was no significant effect for maltreatment status interaction on levels of collaborative play.		Attention control. Delivered by - Participating children spend time with a peer (assessed as showing average levels of interactive play ability). These interactions are supervised by play supporters (parent volunteer identified by teachers and parents involved in the design of the study as being supportive and nurturing). The authors note that 'Play conditions were identical to the children in the RPT condition, except that they were not paired with a Play Buddy and the Play Supporter only supervised the play (no prompts or encouragement of play' (p323). Delivered to - Socially withdrawn African American children from participating Head Start classes in the northeast of the USA.  Duration, frequency, intensity - 15 sessions over a 2 month period (three sessions planned per week).  Key components and objectives of intervention – The authors report that this ' condition was designed to control for the extra attention of being paired with a peer and spending time with this peer in a play corner under the supervision of a parent volun-	- Collaborative play: There was a significant effect for treatment group, with children randomised to the experimental condition showing higher levels of collaborative play than those in the control group. There was no significant effect for maltreatment status or treatment x maltreatment status interaction on levels of collaborative play.  Solitary play: There was a significant effect for treatment group, with children randomised to the experimental condition showing lower levels of solitary play than those in the control group, this showed a small to medium effect size. There was no significant effect for maltreatment status or treatment x maltreatment status interaction on levels of solitary play, meaning that the intervention was not significantly more effective for maltreated compared to non-maltreated children.  Social attention: There were no significant effects for treatment group, maltreatment status or treatment x maltreatment status interaction on levels of social attention. Associative play: There were no significant effects for treatment group, maltreatment status or treatment x maltreatment status interaction on levels of associative play.  Free-play observations at two weeks post-intervention – Collaborative play: There was a significant effect for treatment group, with children randomised to the experimental condition showing higher levels of collaborative play than those in the control group, this showed a medium to large effect size. There was no significant effect for maltreatment status or treatment x maltreatment status interaction on levels of collaborative play,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	as those used in the experimental condition but were not paired with a play buddy. Play supporters assigned to this group provided supervision only and did not offer prompts or encouragement.	Associative play: There were no significant effects for treatment group, maltreatment status or treatment x maltreatment status interaction on levels of associative play.  Social attention: There were no significant effects for treatment group, maltreatment status or treatment x	
	Content/session titles – N/A.	maltreatment status interaction on levels of social attention.	
	Location/place of delivery – Class- room – play corner.	Solitary play (observed during free-play at two weeks post-intervention) - There was a significant effect for treatment group, with children randomised to the experimental condition showing lower levels of solitary	
	Outcomes measured Children and young people's health and wellbeing outcomes	play than those in the control group, this showed a medium to large effect size. There was no significant effect for maltreatment status or treatment x maltreat-	
	<ul> <li>Social interaction with peers was measured using the Interactive Peer Play observational Coding System (Fantuzzo et al. 1996). Videotaped in-</li> </ul>	ment status interaction on levels of solitary play, meaning that the intervention was not significantly more effective for maltreated compared to non-maltreated children.	
	teractions were coded by researchers into 1 of 4 categories (collaborative play, associative play, social atten-	Penn Interactive Peer Play Scale (Teacher completed at two weeks post-intervention) multivariate analysis: There was a significant effect for treatment group on	
	tion). Classroom play with peers was measured using the Penn Interactive Peer Play Scale (Fantuzzo et al. 1998; Fantuzzo et al. 1995) (teacher com-	the Penn Interactive Peer Play Scale but it is not clear whether this was in favour of the experimental or control condition. No significant effects were found for maltreatment status or treatment x maltreatment status	
	pleted) and analysed using two-way multivariate analyses and univariate analyses (play interaction, play disruption and play disconnection sub-	interaction. Penn Interactive Peer Play Scale (Teacher completed at two weeks post-intervention) univariate analysis (treatment group): Significant effects were found for treatment group, with children randomised to	
	scales). Children's social behaviour in the classroom was measured using the teacher completed Social Skills Rating System (Gresham and Elliot	the experimental condition being rated significantly higher on the play interaction subscale; and significantly lower on the play disruption (small to medium effect size) and play disconnection subscales (medium	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	1990) and analysed using two-way multivariate analyses (Social skills scale - self-control, interpersonal skills, verbal assertion subscales; problem behaviors scale – internalising and externalizing subscales).	to large subscales) of the Penn Interactive Peer Play Scale. Social Skills Rating System (Teacher completed at two weeks post-intervention) — Social skills scale - multivariate analysis: There was a significant effect for treatment group on the Social Skills scale of the Social Skills Rating System but it is not clear whether this was in favour of the experimental or control condition. No significant effects were found for maltreatment status or treatment x maltreatment status interaction.  Social Skills Rating System (Teacher completed at two weeks post-intervention) — Social skills scale - univariate analysis: Significant effects were found for treatment group, with children randomised to the experimental condition being rated significantly higher on the self-control and interpersonal skills subscale (medium to large effect sizes) of the Social Skills Rating System. No significant effects for treatment group were found on the verbal assertion subscale. Social Skills Rating System (Teacher completed at two weeks post-intervention)  Problem behaviors scale - multivariate analysis: There was a significant effect for treatment group on the Problem Behaviors scale of the Social Skills Rating System but it is not clear whether this was in favour of the experimental or control condition. No significant effects were found for maltreatment status or treatment x maltreatment status interaction. Social Skills Rating System (Teacher completed at two weeks post-intervention)  Problem behaviors scale - univariate analysis: Significant effects were found for treatment group, with children randomised to the experimental condition being	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		rated as displaying significantly lower levels of internalizing (medium to large effect size) and externalizing behaviours (small to medium effect size) on the Problem Behaviors scale of the Social Skills Rating System. Chi square analyses showed that significantly greater numbers of children in the control condition had scores in the higher ranges on both of these measures.	

## 5. Fisher PA, Nurraston B, Pears KC (2005) The Early Intervention Foster Care Program: permanent placement outcomes from a randomized trial. Child Maltreatment 10: 61–71

forms part of a larger RCT exploring effectiveness of Early Intervention Foster Care Program. This paper reports permanent placement outcomes.  Methodology: RCT including cluster. Analysis of data from 54 children who were placed in a permanent placement during the EIFC study (out of a total of 90).  Country: Not UK. US.  Children and young people Total 54 childre	1) Success of permanent placement There was a significant difference in favour of the intervention in rates of failed placement (EIFC 10%; RFC 36%; chi-square=5.11, p=0.02. Effect size calcuated by reviewing team r=0.31).). Two children in the RFC group also experienced a second permanent placement breakdown, whereas none in the EIFC group did.  2) Regression model A Cox regression model explaining the variance in failure rates in permanent placement was constructed.	Overall assessment of internal validity  + Overall assessment of external validity + Unclear to what extent US training for foster carers is similar to UK.  Overall validity score + Relatively small sample size (n=54). Focuses on placement outcomes only.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Government - US Public Health Service.	<ul> <li>Sex - EIFC: 66% male, RFC: 60% male.</li> <li>Ethnicity - EIFC: White 79%, Native American 3%, Hispanic or Latino 18% RFC: White 92%, Native American 4%, Hispanic or Latino 4%</li> <li>Religion/belief— Not reported.</li> <li>Disability— Not reported.</li> <li>Long term health condition— Not reported.</li> <li>Sexual orientation— Not reported.</li> <li>Socioeconomic position— Not reported.</li> <li>Type of abuse— EIFC: Sexual abuse 17%, physical abuse 24%, neglect 55%, emotional abuse 4% RFC: Sexual abuse 8%, physical abuse 4%.</li> <li>Looked after or adopted status— Type of permanent placement EIFC: Reunification 48%, relative adoption 28%, nonrelative adoption 24%. Type of permanent placement RFC: Reunification 68%, relative adoption 12%.</li> <li>Looked after or adopted status— Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children— Not reported.</li> </ul>	When entered as a variable, membership of the intervention versus control condition did not significantly predict rates of failed placement (beta=-0.10, p=0.26).  However, the interaction of condition x placements prior to study was significant (beta =-1.82, p=0.05), suggesting that 'the number of foster placements prior to the study was significantly related to failed permanent placements for children in RFC but not for children in EIFC' (p67).  The interaction of condition x gender was marginally significant (beta=1.22, p=0.08). There was a higher failure rate for girls in the RFC, but not in the EIFC condition.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample size Comparison numbers -25 Intervention numbers -29 Sample size - 54 relating to permanent placement outcomes (overall study has 90 participants).		
	Intervention Describe intervention Delivered via a team approach to the child, foster care provider and 'permanent placement resource' (p65) (birth parents, adoptive relatives or nonrelatives) to provide foster parents with intensive prior training, and ongoing consultation and support.		
	<b>Delivered by</b> Clinicians with bachelor's and master's degrees and a licensed psychologist as clinical supervisor.		
	Delivered to Before foster placement, foster parents given intensive training. After placement they receive support through daily telephone contacts, a weekly foster parent support group and 24-hour on-call crisis support. When a child is entering a permanent placement, the birth parents or adopters are trained in the same skills as the foster parents to support transition. Children receive services from a		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	behavioural specialist and attend weekly therapeutic playgroup sessions.		
	Duration, frequency, intensity, etc. Typically 6 to 9 months, including transition to permanent placement. See above for frequency of contact.		
	Key components and objectives of intervention Key features: - Following a developmental framework, characterising challenges faced by foster preschoolers as delayed development rather than strictly as emotional or behavioural problems - Encouraging prosocial behaviour in the child - Setting consistent limits to address disruptive behaviour - Close supervision of child - Development of a predictable daily routine.		
	Content/session titles Not reported.		
	Location/place of delivery Not reported.		
	Describe comparison intervention Regular foster care in which children placed with foster carers and receive services as required. These can in- clude: - individual mental health ther- apy - medical/dental treatment -		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	screening and referral for services for developmental delay. When child goes to permanent placement, services might include - social service support - substance abuse/mental health support for birth parents - parent training.		
	Outcomes measured Service outcomes. Failure of permanent placement Number of foster care placements Time in foster care before a permanent placement.		

6. Forrester D, Holland S, Williams A et al (2014) Helping families where parents misuse drugs or alcohol? A mixed methods comparative evaluation of an intensive family preservation service. Child & Family Social Work 21(1) 65-75

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim	Participants	Q15	Overall assessment of
Study aim: 1. To evaluate 'the im-	Children and young people - 84 children, 34 parents or step-par-	Effect sizes	external validity:
pact of Option 2 on pa-	ents from 27 families.	Effect sizes	
rental substance misuse and welfare, family functioning and child well-being' (p67).	Caregivers and families - 84 children, 34 parents or step-parents from 27 families.	Quality of parenting and parent-child relationships At follow-up Family functioning (FES score)(experienced poor functioning)(Table 2) Option 2: 7 (50%) vs control: 6 (60%); OR 1.5 (CI 0.29–7.75) Expressive-	Overall assessment of internal validity:
2. To explore how 'par-	Sample characteristics	ness scale (high better) Option 2:12.1 vs control:12.7	Overall assessment of
ents view the service and its impact on their welfare' (p67).	<ul> <li>Age - Parents: age range 18-&gt;30 years Children: mean age: 9 years.</li> <li>Sex - Most respondents were</li> </ul>	(ns) Cohesion scale (high better) Option 2: 11.6 vs control: 10.3 (mean difference = −1.27, 95% CI: −2.30 to −0.24) (p<0.01) Conflict scale (low is better) Option	internal validity: -
Methodology Mixed methods. A	mothers (87%) Children: 59% males.  • Ethnicity - All parents: most White	2; 13.4 vs control: 14.0 (ns) Overall (high better) Option 2:10.3 vs control: 9.0 (ns) [At baseline, Moderate to high functioning) Option 2: 7 (50%) vs control: 4	Overall validity rating: - Unclear if the groups in

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
quasi-experimental study (comparative cohort) (quantitative) with interviews of parents (qualitative) to assess their views about the intervention.  Country UK.  Source of funding Voluntary/charity - funded by Alcohol Research UK.	<ul> <li>British.</li> <li>Religion/belief - Not reported.</li> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Not reported.</li> <li>Type of abuse - Child protection concerns with parents who misuse drugs or alcohol. Most of the families involved alcohol use issues (59%), a significant minority involved drug problems (44%).</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - N.A.</li> <li>Sample size</li> <li>Comparison numbers - 12 families (28 children) in the comparison group. Intervention numbers - 15 families (46 children) received Option 2</li> <li>Sample size - 1. Comparative cohort studies: 84 children, 34 parents or step-parents (quantitative data provided by 31) from 27 families. 2. Interview: Qualitative data from one or both parents for 26 families. Interviews were also carried out with children in five families (this is</li> </ul>	(40%); OR 1.00 (at baseline)] Overall, families had more cohesion.  Children and young people's health and wellbeing outcomes  At follow-up, Child behaviour (SDQ score) (experienced some or high needs) (Table 2): Option 2: 6 (46%) v control; 3 (43%), OR 1.14 (CI 0.18–7.28) [Child behaviour (SDQ score) (experienced low needs at baseline): Option 2: 7 (54%) vs control: 4 (57%) OR 1.00 (Baseline)] There was no significant difference in the welfare of the children in the two groups. Child permanently moved (Table 4) Option 2: 17% v control: 41% (t=-2.27, p= 0.03) Entering care: Option 2: 8% vs control: 44% (t= -3.73, p=0.001) In permanent care: Option 2: 0% vs control: 38% (t=-4.31, p <0.001) Overall, Option 2 children less likely to enter care.  Caregiver/parent health and wellbeing outcomes  At follow-up, Reduction in parental substance: Option 2: 17 (94%) vs control: 7 (58%); Odds ratio [OR] 12.14 (CI 1.19–123.62, p<0.05) (very wide CI due to small sample size)(Table 2) [Option 2: 1 (6%) vs control; 5 (42%); OR 1.00 (at baseline)] Parent's psychological distress (GHQ-12 score) experienced: Option 2: 19 (61%) vs control 11 (85%); OR 0.15 (CI 0.03–0.85, p<0.05) [Option 2; 10 (56%) vs control: 2 (15%); OR 1.00 (at baseline)] Overall, parents in Option 2 were more likely to have reduced their alcohol or drug misuse, they were less stressed and at risk of psychological problems. Other  Detailed analyses of 'autobiographical narratives' about large parts of the lives of the participants were categorized into three groups: 1. Stories of change (n	the quasi-experimental cohort study are comparable.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Describe intervention Option 2: "Based on the 'Homebuilders' model used and evaluated in the USA. It is based on a crisis intervention model, providing relatively brief (6 weeks) but very intensive input (workers have one primary case at any time and are available at all times). The communication style combines motivational interviewing and solution-focused approaches with family-orientated activities designed to build on strengths and core values held by parents. A full description is provided in Hamer 2005" (p67).	= 10) – in which there had been clear changes for the better such as reduced substance misuse and/or violent partners leaving [good outcomes]. 2. Stories of struggle (n = 7) – involved change, often partial and characterized by fluctuation between better times and increased difficulties [mixed outcomes] (p70). 3. Tales of troubles (n = 9) – 'descriptions of multiple and serious problems going on for years' (p70), 'with little reduction of drug or alcohol problems [poor outcomes]' (p70). The impact of Option 2 on these 3 groups: Option 2 was involved in: • 3 of 9 families with poor outcomes (33%) • 4 of 7 with mixed outcomes (57%) • 7 of 10 good outcomes (70%) suggesting that Option 2 was having a positive impact. Views and experiences of Option 2 users (see under 'narrative findings' qualitative and views and experiences).	
	<b>Delivered by</b> See under 'Describe intervention'.		
	Delivered to Parents who misuse of drugs or alcohol.		
	<b>Duration, frequency, intensity, etc.</b> See under 'Describe intervention'.		
	Key components and objectives of intervention See under 'Describe intervention'.		
	Content/session titles Option 2.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Location/place of delivery Not reported.		
	Describe comparison intervention Control: families referred when the service was full received basic infor- mation but do not receive a service (i.e. no O2).		
	Outcomes measured Quality of parenting and parent-child relationships. Family functioning. Children and young people's health and wellbeing outcomes. Child behaviour. Caregiver/parent health and wellbeing outcomes. Reduction in parental substance misuse. Parent's psychological distress.		

7. Goldman Fraser J, Lloyd SW, Murphy RA et al. (2013) Child exposure to trauma: Comparative effectiveness of interventions addressing maltreatment. Comparative Effectiveness Review 89: 1–161

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  – 1. To evaluate the comparative efficacy and effectiveness of	Participants Children and young people - 1. Aged 0–14 years of age, exposed to maltreatment (defined as child	Effect sizes Qualitative synthesis; a quantitative meta-analysis was not conducted due to the diversity in interventions, comparators, and outcomes measured.	Overall assessment of internal validity:
psychosocial and phar-	abuse [acts of commission: words or		Overall assessment of external validity:

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
macological interven-	overt actions that cause harm, poten-	Question 1: Comparative Effectiveness of Interven-	+
tions that address child	tial harm, or threat of harm to a child]	tions for Improving Child Well-Being Outcomes and	_
well-being and/or pro-	and child neglect [acts of omission:	Improving Child Welfare Outcomes.	Overall score:
mote positive child wel-	failure to provide for a child's basic	Question 2. Comparative Effectiveness of Interven-	+
fare outcomes (safety,	physical, emotional, or educational	tions for Improving Child Welfare Outcomes (safety:	
placement stability, and	needs or to protect a child from harm	maltreatment recurrence).	
permanency) for mal-	or potential harm]). 2. Children of the		
treated children ages	same ages involved with the child wel-	PARENTING INTERVENTIONS (Total 10 RCTs)	
birth to 14 years.	fare system (including foster care),	1. Parenting interventions: Attachment and Biobehav-	
2. To assess the com-	and caregivers of maltreated children	ioral Catch Up (ABC) (3 RCTs, N=261).	
parative effectiveness	when they were the target of an inter-		
of interventions (a) with	vention. 3. Children with known CPS	Child wellbeing outcomes	
different treatment char-	involvement.	Mental and behaviour health	
acteristics, (b) for child		Compared with an active control (a home-based inter-	
and caregiver sub-	Caregivers and families	vention focused on children's cognitive and linguistic	
groups, and (c) for en-	<ul> <li>Also included primary caregiver(s)</li> </ul>	development derived from the Abecedarian early inter-	
gaging and retaining	caregivers of maltreated children when	vention program) (1 RCT, n=120), children whose bio-	
children and/or caregiv-	they were the target of an intervention.	logical parents participated in ABC exhibited signifi-	
ers in treatment;		cantly less negative emotionality (effect size not re-	
	Sample characteristics	ported; p<0.05). (strength of evidence [SOE] low). No	
sociated with interven-	Age	significant difference in efficacy was found for ABC for	
tions for this population.	- Children 0–14 years of age; age of	parent report of child behavioral problems. (SOE low).	
	caregivers differed in different stud-	Compared with a wait-list control (1 RCT, n=58), foster	
Methodology	ies/interventions.	parents who participated in ABC reported significantly	
Systematic review.	Sex	greater improvement in child internalising (partial eta	
<ul> <li>used review methods</li> </ul>	<ul> <li>Children and care givers (both male</li> </ul>	squared =0.436; p=0.01) and externalising behavior	
described in AHRQ's	and female), details differed for differ-	(partial eta squared=0.511; p=0.001) (SOE low).	
Methods Guide for Ef-	ent interventions.		
fectiveness and Com-	Ethnicity	Healthy caregiver child relationship	
parative Effectiveness	- Reported in some interventions: chil-	Compared with active control (2 RCTs, n=213), chil-	
Reviews. data analysed	dren and caregivers: Caucasians, Afri-	dren whose caregivers (foster or biological) partici-	
in the form of a qualita-	can Americans, Hispanic/Latino, multi-	pated in ABC exhibited significantly more positive at-	
tive synthesis. A quanti-	ethnic populations.	tachment behaviours (fewer report of avoidant attach-	
tative meta-analysis	Religion/belief	ment behaviour, p=0.030; Decreased proportion with	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
was not performed due to issues of heterogene- ity, insufficient numbers	<ul><li>not reported.</li><li>Disability</li><li>not reported.</li></ul>	disorganized attachment, effect size not reported; p<0.01; Increased proportion with secure attachment, effect size not reported; p<0.05) (SOE low).	
of similar studies, and poor outcome reporting.	Long term health condition  – not reported.  Sexual orientation	Compared with a wait-list control (1 RCT, n=58), foster parents who participated in ABC had greater improvement in parent attitudes (Improvements in self-re-	
Country Range of countries – USA, UK, Canada.	<ul><li>not reported.</li><li>Socioeconomic position</li><li>not reported.</li></ul>	ported risk factors for child abuse, partial eta squared=0.791; p=0.001; and greater reductions in parent stress (partial eta squared=0.59; p=0.01) (SOE	
Source of funding Government	Type of abuse  – included studies/interventions for sexually abused children. These will	low).  Healthy development	
- The Agency for Healthcare Research and Quality (AHRQ),	be presented under Q16. Looked after or adopted status	Compared with an active control, children whose foster parents participated in ABC exhibited higher levels of cognitive functioning (Cognitive flexibility, effect size	
Evidence-based Practice Centers (EPCs), USA.	the care of their biological parent and those in out-of-home care (e.g., foster care, kinship care, group home care).	not reported; p=.008; Theory of mind, effect size not reported; p=.01) (SOE low).	
OSA.	Unaccompanied asylum seeking, refugee or trafficked children  – not reported.	NB. Parenting interventions: Attachment and Biobehavioral Catch Up: No studies assessed child welfare outcomes (safety: maltreatment recurrence).	
	Sample size Systematic reviews: number of studies – qualitative synthesis of 11 trials on physical abuse and neglect. Studies	2. Parenting interventions: Attachment-Based Intervention One RCT, n=79.	
	with a high risk of bias are excluded by the authors in the results.	Child wellbeing outcomes Mental and behaviour health No significant differences in efficacy of the intervention	
	Intervention category Parenting intervention  – A. Parenting interventions: 1. Attach-	on child internalising or externalising behaviour (SOE insufficient).	
	ment and Biobehavioral Catch Up vs	Healthy caregiver child relationship	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	active control vs waiting list; 2. Attachment- Based Intervention vs. usual care; 3. Child-Parent Psychotherapy vs active control vs usual care; 4. Incredible Years Adaptation vs. usual care; 5. Keeping Foster and Kinship	Compared with usual care, Participants in the Attachment-based Intervention demonstrated significant improvements in maternal sensitivity (d=0.47; p<0.05) and secure attachment behaviour (r=0.36; p<0.05), changes from disorganized to organized attachments (r=0.37; p<0.05) (SOE low).	
	Parents Trained and Supported vs usual care; 6. Nurse-Home Visitation Intervention vs usual care; 7. PCIT Adaptation	Healthy development No data.	
	aptation Package vs PCIT Adaptation Package Enhanced vs Usual care; 8. PCIT Adaptation Package Enhanced vs usual care; 9. Safe care vs. usual	NB. Attachment-Based Intervention: No studies assessed child welfare outcomes (safety: maltreatment recurrence).	
	care; Parent-Child Interaction therapy – see details in Parenting interventions Other.	3. Parenting interventions: Child-Parent Psychotherapy Two RCTs, n=224.	
	Intervention	Child wellbeing outcomes	
	<ul><li>Describe intervention</li><li>A. Parenting interventions (10 trials)</li><li>1. Attachment and Biobehavioral</li></ul>	Mental and behaviour health No data	
	Catch-up (ABC), a caregiver-directed approach to guide and support nurturing, sensitive care that promotes child regulatory capabilities and attachment	Healthy caregiver-child relationship Compared with an active control, preschool-age children who participated in CPP reported significantly fewer negative attachment representations (greater	
	formation. Manualised curriculum, allows flexibility in responding to current issues; videotaped parent—child interactions used to illuminate child cues and strengths in the relationship. Dura-	decline in negative self-representations, effect size not reported; p=0.01); however, for younger children, there were no significant differences in efficacy of the intervention on secure attachment behaviour (SOE insufficient).	
	tion/intensity: 10, 1-hr weekly home visits with caregiver and child together. Target population: children aged from	When compared with usual care, infants who participated in CPP demonstrated significantly greater improvements in secure attachment behaviour (higher	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	birth to 5 years and their primary caregivers.  2. Attachment-based Intervention, a caregiver-directed approach, loosely derived from ABC and other attachment-focused interventions, to guide and support maternal sensitivity to	rates of secure attachment, h=1.16 to 1.39; p=0.01; Higher rates of becoming securely attached, h=1.16 to 1.34; p=0.01; Lower rates of stable disorganized attachment, h=0.64 to 0.83; p=0.025); and preschoolage children reported significantly fewer negative attachment representations (Greater decline in negative self-representations, effect size not reported; p=0.01)	
	child cues and secure attachment. Employs individualized parent-child in-	(low SOE).	
	teraction support, video feedback, and discussion of attachment and emotion regulation-related themes. Duration/in-	No data.	
	tensity: 8, 1.5-hr weekly home visits with caregiver and child together. Target population: children aged 1–5 years and their caregivers.	NB. Parenting interventions: Child-Parent Psychotherapy: No studies assessed child welfare outcomes (safety: maltreatment recurrence).	
	3. Child-Parent Psychotherapy (CPP), a relationship-based dyadic psychotherapy, with focus on supporting for-	4. Parenting interventions: Incredible Years Adaptation One RCT, n=128 carers and 64 children.	
	mation of and repairing the caregiver- child attachment relationship; home- or clinic-based. Employs the parent-child	Mental and behavioural health	
	relationship as the 'port of entry' for therapeutic work. Duration/intensity: 50, approximately 1-h weekly visits with child and caregiver together. Target population: children aged 1–5 years and their primary caregivers.	No significant differences in efficacy of the IY Adaptation with parents (biological and foster) on child internalizing or externalizing problems (Caregiver perception of child behavioural problems; Caregiver perception of child behavioural and conduct problems; Teacher report of disruptive classroom behaviours	
	4. Incredible Years Adaptation, a care- giver-directed approach adapted for use with foster and biological parent	(SOE insufficient).  Healthy caregiver-child relationship	
	pairs to address placement issues (e.g., safety; attachment and loss); supplemented with a co-parenting	Compared with usual care, parents (biological and foster) who participated in the IY Adaptation reported a significant increase in the endorsement/use of positive	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	component designed to support a positive, nonconflicted relationship between caregivers and increase caregiver sensitivity. Duration/intensity:12, 2-hr weekly parent group sessions for	parenting practices (Greater reporting of positive discipline strategies, d=0.40 to 0.59; p=0.01 at T2; Greater reporting of setting clear expectations for child, d=0.54; p<0.05 at T2 (SOE low).	
	biological-foster parent pairs, supplemented with weekly sessions (duration not specified) with individual families	Healthy development No data.	
	(biological and foster parent pair and target child). Target population: caregivers of children aged 3–10 years.  5. Keeping Foster Parents Trained and	NB. Parenting interventions: Incredible Years Adaptation: No studies assessed child welfare outcomes (safety: maltreatment recurrence).	
		5. Parenting interventions: Keeping Foster and Kinship Parents Trained and Supported (KEEP) One RCT, n=700.	
	plays, videotapes, homework practice. Duration/intensity: 16, 1.5-hr weekly parent group sessions, with 15-min didactic presentations by facilitators then group discussion related to primary curriculum concepts. Target population: caregivers of children aged 5–12	Child wellbeing outcomes Mental and behavioural health Compared with usual care, Participants in KEEP reported significantly greater improvement in child externalising behaviour (Improvement in problem behaviours at end point, d=0.26, significant but p value not reported) (SOE moderate).	
	years. 6. Nurse Home Visitation Intervention A caregiver-directed approach offering intensive family support, parent educa- tion, and referrals to health and social services (derived from Olds et al. 1997 home visiting preventive intervention (authors developed their own manual).	Healthy caregiver-child relationship Compared with usual care, Participants in KEEP reported significantly increased use of positive discipline practices (Increased proportion positive reinforcement at endpoint significant, d=0.29, but p value not reported) (SOE moderate).	
	Employs mutual problem identification, goal setting, and problem-solving strategies; supporting positive parent-child	Healthy development No data.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	interaction. Duration/intensity: 6 months of 1.5-hr weekly home visits with parent, then visits every 2 weeks for 6 months, then monthly visits for 12	NB. Keeping Foster and Kinship Parents Trained and Supported (KEEP): report on placement outcomes only.	
	months. Target population: caregivers of children aged from birth to 13 years. 7. SafeCare A home-based multifaceted parent services to prevent and	6. Parenting interventions: Nurse Home Visitation Intervention (NHV) One RCT, n=163.	
	treat child abuse and neglect, formerly known as Project 12-Ways. The services address parent-child or parent-infant interaction, parental stress, and home safety risks including behavior	Mental and behavioural health No significant differences in efficacy of the intervention on child internalizing or externalising behaviour (SOE insufficient).	
	management, problem solving, infant and child health and nutrition, and social support. Duration/intensity: Home visits at least weekly for 6 months (duration not specified) Target population: Children ages 0 to 12 years.	Healthy caregiver-child relationship No significant differences in efficacy of the intervention parent attitudes, parenting practices associated with child abuse, family functioning, or the home environment (SOE insufficient).	
	8. Parent-Child Interaction Therapy Adaptation A standard parent-child in- teraction therapy (PCIT), based on so- cial learning and attachment theory, adapted for abusive or neglectful par- ents. It includes a 3-phases motiva-	Healthy development No data.  NB. Parenting interventions: Nurse Home Visitation Intervention: Child welfare outcomes (Safety: maltreatment recurrence).	
	tional intervention orientation: (1) motivational intervention (orientation phase); (2) child-directed interaction phase during which parents develop child-centred interaction skills; (3) parent-directed interaction phase during which effective discipline skills are the focus. It uses live parent-child skills practice/rehearsal, with live coaching	Compared with usual care, there was no significant difference in efficacy of the intervention on maltreatment recurrence based on Child Protective Services (CPS) records, whereas hospital records showed significantly higher rates of recidivism for the NHV condition compared with usual care (23.6% vs. 10.8%, difference 12.8% [95% CI, 1.4 to 24.1]). There was a borderline significant difference (effect size not reported;	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	by the therapist (immediate feedback from therapist from observation room to parent via wireless earphone). Coaching is driven by behavioural	p=0.058) between the intervention and comparison groups in the severity of neglect incidents, favouring the intervention group.(SOE insufficient).	
	principles such as modelling, rein-	7. Parenting interventions: Parent-Child Interaction	
	forcement, and selective attending to shape parents' behaviours. Duration/intensity: Motivational intervention:	Therapy Adaptation Package (PCIT-AP) Two RCTs, n=263.	
	6 clinic-based parent group ses-	Child wellbeing outcomes	
	sions/therapeutic sessions: 12 to 14	No data.	
	approximately 1-hour clinic-based indi-		
	vidual sessions with parent and child	Child welfare outcomes	
	together. Target population: Children	Safety: compared with usual care, PCIT-AP was re-	
	ages 4 to 12 years.	ported to reduce child maltreatment recidivism (reports	
	9. Videotape Intervention (for sexually abused children) Informed by social	to the child welfare system) (effect size not reported; p=0.02) (1 RCT, N=110) (SOE low).	
	learning theory to increase supportive	Compared with PCIT-AP, an enhanced version of the	
	maternal behaviours following sexual	intervention that provided individualised services and	
	abuse of a child and the child's subse-	home visits showed no significant difference in efficacy	
	quent medical evaluation. The vide-	on recidivism (1 RCT, n= 75) (insufficient SOE).	
	otape provides specific information	Compared with the community standard parenting pro-	
	about short- and long-term psychologi-	gram combined with the experimental self-motivational	
	cal and behavioural effects seen in	orientation, PCIT—AP resulted in significantly reduced	
	sexually abused children, reactions of parents, and importance of how parent	recidivism (recurrence of maltreatment, effect size not reported; p=0.05) (1 RCT, n=153) (low SOE).	
	respond to children; suggested re-	reported, p=0.00) (1 NO1, 11=100) (low SOL).	
	sponses presented as 'BRAVE To Tell'	8. Parenting Intervention: SafeCare	
	representing five specific supportive	One RCT, n=2175.	
	behavioural approaches for interacting		
	with child. Duration/intensity: 22-mi-	Child wellbeing outcomes	
	nute videotape presented to parents	No data.	
	during child's forensic examination	Child welfore outcomes	
	Target population: Children ages 4 to 12 years.	Child welfare outcomes	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Delivered by  – see 'Describe interventions'.  Delivered to  – see 'Describe interventions'.	Safety: Compared with usual care, SafeCare resulted in significantly reduced child maltreatment recidivism (reports to the child welfare system) (Hazard ratio [HR]=0.83 [95% CI, 0.70 to 0.98] for the full population; HR=0.74 [95% CI, 0.58 to 0.95] for the preschool subpopulation (SOE moderate).	
	Duration, frequency, intensity  – see 'Describe interventions'.  Key components and objectives of	9. Video tape intervention (not data extracted – population children who have been sexually abused, will be data extracted for Q16).	
	intervention  - see 'Describe interventions'.  Content/session titles	TRAUMA-FOCUSED INTERVENTIONS (1 RCT) 10. Trauma-Focused Treatments: Combined Parent-Child Cognitive Behavioural Therapy (CPCCBT) One RCT, n=75.	
	<ul><li>– see 'Describe interventions'.</li><li>Location/place of delivery</li></ul>	Child wellbeing outcomes Mental and behavioural health	
	– see 'Describe interventions'. Settings varied with interventions: outpatient and inpatient mental healthcare set- tings; schools, community-based pro- viders, shelters, prison; home-based and out-of-home care (e.g., foster or kin care, residential treatment).	Compared with an active control, Participants in CPCCBT had a significantly greater reduction in trauma symptoms (Parent and child report of trauma symptoms, d=0.61; p<0.05); however, there was no significant difference in efficacy of the intervention on child internalizing or externalizing behaviour problems (SOE low).	
	Describe comparison intervention  —Usual care, active control (interventions representative of conventional practices in the field [family, child-centred, or supportive group therapy] or modified version of the intervention model, inactive control.	Healthy caregiver-child relationship Compared with an active control, parents in CPCCBT reported significantly greater increases in positive parenting practices (parent report of positive parenting, d=0.59; p<0.05; parent report of reduction in use of corporal punishment, d=0.57; p<0.05). Based on child report, there were no significant differences in efficacy	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Outcomes measured Incidence of abuse and neglect – Safety (i.e., maltreatment recurrence) Risk of abuse and neglect – Self-reported risk factors for child abuse Quality of parenting and parent-child relationships – Healthy caregiver-child relationship outcomes Children and young people's health and wellbeing outcomes – Children's mental and behavioural health Caregiver/parent health and wellbeing outcomes – parental stress.	of the intervention on positive parenting practices or use of corporal punishment (SOE insufficient).  Healthy development No data.  NB. Trauma-Focused Treatments: CPCCBT: No studies assessed child welfare outcomes (Safety: maltreatment recurrence).  11. Trauma-Focused Treatments: Eye Movement Desensitization and Reprocessing (EMDR) (1 RCT, n=14) (sexually abused children) To DE for Q16.  12. Trauma-Focused Treatments: Group Psychotherapy for Sexually Abused Girls (1 RCT, n=71) (sexually abused children) To DE for Q16.  13. Trauma-Focused Treatments: Group Treatment Program for Sexual Abuse (1 non-RCT, n=30) (sexually abused children) To DE for Q16.  14. Trauma-Focused Treatments: Trauma-focused cognitive behavioral therapy (3 RCTs, n=359) (sexually abused children) To DE for Q16.  Question 3. Comparative Effectiveness of Interventions With Different Characteristics: theoretical orientation (3 RCTs)  Attachment-based approach versus didactic approach Attachment based intervention was found to show benefit in child mental and behavioural health, caregiver-child relationship and developmental outcomes	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		(no effect size reported), when compared with didactic approach (low SOE).	
		Cognitive behavioural versus psychodynamic Cognitive behavioural intervention was found to show benefit in child mental and behavioural health (d=0.33 to 0.70) and caregiver-child relationship (d=0.38 to 0.57) outcomes, when compared with the psychodynamic approach (low SOE).	
		Question 4. Comparison of Intervention Effective- ness for Improving Child Well-Being or Child Wel- fare Outcomes in Population Subgroups Question 4a. Child Well-Being and Child Welfare Outcomes in Child Subgroups	
		Parenting interventions: Early childhood (ages 0–5 years) (7 RCTs): Attachment and Biobehavioral Catch Up (ABC) resulted in improvements in child mental and behavioural health and caregiver-child relationship outcomes compared with an active control (2 RCTs), and with waiting list control (1 RCT) (SOE low). Attachment-Based Intervention was reported to improve caregiver-child relationship outcomes compared with usual care (1 RCT) (SOE low). Child-Parent Psychotherapy (CPP) was reported to result in improved caregiver-child relationship outcomes compared with usual care (2 RCTs) (SOE low). SafeCare resulted in significantly reduced child recidivism (re-reports to child welfare) compared with usual care; the benefits of SafeCare were strongest for pre-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		school-age children compared with the full study population, which included children up to 12 years of age (1 RCT) (SOE moderate).	
		Subgroup by type of maltreatment: Neglect Parenting interventions: SafeCare intervention resulted in significantly reduced child recidivism (re-reports to child welfare) compared with usual care. More than a third of the children in each study group had previous histories of physical abuse and of sexual abuse. The benefits of SafeCare were strongest for preschool-age children compared with the full study population, which included children up to 12 years of age (1 RCT) (SOE moderate).	
		Subgroup by type of maltreatment: physical abuse (2 RCTs) Parenting Interventions: Parent-Child Interaction Therapy Adaptation Package (PCIT-AP) including a motivational interviewing orientation, found significantly reduced child recidivism in favour of the intervention (1 RCT) (SOE low).  Trauma-Focused Treatments: Combined Parent-Child Cognitive Behavioural Therapy (CPC-CBT), designed specifically to treat children exposed to physical abuse, found greater improvements in child mental and behavioural health among children in the intervention group compared with an inactive control (1 RCT) (SOE low).	
		Question 4b. Child Welfare and Child Well-Being Outcomes in Caregiver Subgroups Maltreating parents (7 RCTs and 1 cohort study):	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Parenting interventions: Attachment and Biobehavioural Catch Up (ABC): The study found significantly greater improvements in child mental and behavioural health and caregiver child relationship outcomes (partial eta squared 0.436 to 0.511) compared with a waiting list. (1 RCT) (SOE low).  Parenting interventions: Attachment-Based Intervention: The study found improved caregiver-child relationship outcomes (d=0.47, r=0.36) compared with usual care (1 RCT) (SOE low).  Parenting interventions: Child-Parent Psychotherapy (CPP) resulted in improved caregiver-child relationship outcomes (h=0.64 to 1.34) compared with usual care (2 RCTs) (SOE low).  Parenting interventions: Parent-Child Interaction Therapy Adaptation Package (PCIT-AP): this study found significantly reduced child recidivism in favour of the intervention (1 RCT); a trend towards this effect was found in a subsequent effectiveness trial which targeted parents referred for services by child welfare for neglect and/or physical abuse (1 RCT)(SOE low).  Parenting interventions: SafeCare intervention resulted in significantly reduced child recidivism (re-reports to child welfare; HR 0.74 to 0.83) compared with usual care. The benefits of SafeCare were strongest for preschool-age children compared with the full study population, which included children up to 12 years of age (1 RCT) (SOE moderate).  Parenting interventions: Incredible Years Adaptation (IYA) for Neglecting parents: The study found significantly greater improvements in caregiver child relationship outcomes (d=0.40 or 0.59) compared with usual care.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Trauma-Focused Treatments: Combined Parent-Child Cognitive Behavioural Therapy (CPC-CBT): This study found significantly greater improvements in child mental and behavioural health outcomes (d=0.61) compared with an active control; but the short-term outcomes faded by 3-month postintervention (1 RCT) (SOE low).	
		Foster parents (3 RCTs) Parenting interventions: Attachment and Biobehavioural Catch Up (ABC): This study found significantly greater improvements in child mental and behavioural health outcomes, caregiver child relationship and child developmental outcomes when compared with active control (SOE low).  Parenting interventions: Attachment and Biobehavioural Catch Up (ABC): This study found significantly greater improvements in child mental and behavioural health and caregiver child relationship outcomes when compared inactive control (SOE low).  Parenting interventions: Keeping Foster and Kinship Parents Trained and Supported (KEEP): This study found significantly greater improvements in child mental and behavioural health (d=0.26) and caregiver child relationship outcomes (d=0.29) when compared with inactive control (SOE moderate).	
		Question 5. Comparative Effectiveness of Interventions With Children Exposed to Maltreatment for Engaging Children and/or Caregivers in Treatment (1 RCT, n=153)  Treatment engagement: Compared with parents who participated in a standard orientation, maltreating parents who participated in the motivational intervention	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		(MI) orientation reported greater readiness for change (d=0.33, p<0.01) and other positive self-motivational outcomes (Increased readiness to change, p<0.05; Better attitude to the program, p< 0.05)(SOE moderate).  Treatment retention: Compared with parents who participated in a standard orientation combined with PCIT, maltreating parents who participated in PCIT combined with the MI orientation had higher treatment completion rates (Higher percentage of treatment completers, p=0.01 to 0.05) (SOE moderate).	
		Question 6. Adverse Events Associated With Interventions for Children Exposed to Maltreatment (Data available for sexually abused children) To DE for Q16.	
		No eligible studies on pharmacotherapy was identified by the review.	
		Narrative findings This systematic review (Goldman Fraser 2013 +) (15 RCTs and 1 cohort studies) assessed the effectiveness of psychosocial interventions in children aged 0-14 years who are exposed to maltreatment (physical abuse and neglect). The evidence base for effective interventions is limited with predominantly low level of evidence derived from results of single trials evaluating different outcomes. Firm conclusion of the review cannot be drawn.	
		PARENTING INTERVENTIONS:  1.Attachment and Biobehavioral Catch Up programme (ABC)(3 RCTs, evidence level low)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Compared with active control, children whose biological parents participated in ABC showed significantly less negative emotionality (1 RCT), more positive attachment behaviours, decreased proportion with disorganized attachment and increased proportion with secure attachment. These children also exhibited higher levels of cognitive functioning.	
		Compared with a wait-list control, foster parents who participated in ABC reported significantly greater improvement in child internalizing and externalizing behaviour (small to medium effect size, partial eta squared 0.44 to 0.51), and had greater improvement in parent attitudes (large effect size, partial eta squared 0.79) and greater reductions in parental stress (medium effect size, partial eta squared 0.59).	
		2.Attachment-Based Intervention (1 RCT, evidence level low) Compared with usual care, participants in the Attachment-based Intervention reported significant improvements in maternal sensitivity (small to medium effect size, d=0.7) and secure attachment behaviour (small to medium effect size, r=0.36) and improved organized attachments (small to medium effect size, r=0.37).	
		3. Child-Parent Psychotherapy (CPP)(2 RCTs, evidence level low/insufficient) Compared with an active control, preschool-age children who participated in CPP reported significantly fewer negative attachment representations but no significant differences in efficacy of the intervention on secure attachment behaviour.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Compared with usual care, infants in CPP demonstrated significantly greater improvements in secure attachment behaviour (small effect size, h=1.6); lower rate of disorganised attachment (medium to large effect size, h=0.64 to 0.83) and preschool-age children reported significantly fewer negative attachment representations.	
		4. Incredible Years Adaptation (IYA)(1 RCT, evidence level low) Compared with usual care, there was no significant difference in parent-reported child internalising or externalizing problems after IY Adaptation Intervention. Compared with usual care, parents (biological and foster) who participated in the IY Adaptation reported a significant increase in the endorsement/use of positive parenting practices (small to medium effect size, d=0.40 to 0.59).	
		<b>5.Keeping Foster and Kinship Parents Trained and Supported (KEEP)</b> (1 RCT, evidence level moderate) Compared with usual care, participants in KEEP reported significantly greater improvement in child externalizing behaviour (small effect size, d=0.26). Compared with usual care, participants in KEEP reported significantly increased use of positive discipline practices (small effect size, d=0.29).	
		6. Nurse Home Visitation Intervention (NHV) (1 RCT, evidence level insufficient) Compared with usual care, there was no significant difference in the NHV group on child internalising or externalizing behaviour, on parent attitudes, parenting	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		practices associated with child abuse, family functioning, or the home environment.  Compared with usual care, there was no significant difference in the NHV intervention on maltreatment recurrence based on Child Protective Services (CPS) records whereas hospital records showed significantly higher rates of recidivism for the NHV condition (mean difference 10.8%).	
		<ul> <li>7. Parent-Child Interaction Therapy Adaptation Package (PCIT-AP) (2 RCTs, evidence low/insufficient) Compared with usual care, PCIT-AP was reported to reduce child maltreatment recidivism (reports to the child welfare system). Compared with the community standard parenting program combined with the experimental self-motivational orientation, PCIT-AP resulted in significantly reduced recidivism.</li> <li>Compared with PCIT-AP, an enhanced version of the intervention that provided individualised services and home visits showed no significant difference in efficacy on recidivism (recurrence of maltreatment).</li> </ul>	
		8. SafeCare (1 RCT, evidence level moderate) Compared with usual care, SafeCare resulted in significantly reduced child maltreatment recidivism (reports to the child welfare system) for the preschool subpopulation (Hazards ratio 0.74, 95% CI 0.58 to 0.95).  TRAUMA-FOCUSED INTERVENTIONS Combined Parent-Child Cognitive Behavioral Therapy (CPCCBT) (1 RCT, evidence level low/insufficient)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Compared with an active control, participants in CPCCBT had a significantly greater reduction in trauma symptoms (medium effect size, d=0.59) but no significant difference in efficacy of the intervention on child internalizing or externalizing behaviour problems. Parents in CPCCBT also reported significantly greater increases in positive parenting practices (medium effect size, d=0.57 to 0.59). However, there were no significant differences in efficacy of the intervention on child-reported positive parenting practices or use of corporal punishment.	
		ADVERSE OUTCOMES Available data relate only to interventions for sexually abused children – to be data extracted for Q16.	
		COMPARATIVE EFFECTIVENESS OF INTERVENTIONS WITH DIFFERENT CHARACTERISTICS: THEORETICAL ORIENTATION (2 interventions assessed this subgroup).	
		Compared with didactic interventions (non-relation-ship-based), families who participated in attachment-based intervention were more likely to achieve better outcomes in child mental and behavioural health, caregiver-child relationship and child healthy development.	
		Compared with psychodynamic interventions, families who participated in cognitive behavioural interventions were more likely to achieve better outcomes in child mental and behavioural health and caregiver-child relationship.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		COMPARATIVE EFFECTIVENESS OF INTERVENTIONS WITH DIFFERENT CHARACTERISTICS: EARLY CHILDHOOD (0–5 YEARS AGE) (4 interventions assessed this age group) Compared with usual care or waiting list control, families with children aged 0–5 years (Early childhood) who participated in ABC, ABI, CPP and SafeCare were more likely to achieve better outcomes in child mental and behavioural health, caregiver-child relationship, child development and reduced maltreatment recurrence.	
		COMPARATIVE EFFECTIVENESS OF INTERVEN- TIONS WITH DIFFERENT CHARACTERISTICS: NE- GLECT ONLY (1 intervention assessed this subgroup) Compared with usual care, families offered SafeCare were more likely to achieve better child mental and be- havioural health, caregiver-child relationship, child de- velopment and reduced maltreatment recurrence.	
		COMPARATIVE EFFECTIVENESS OF INTERVEN- TIONS WITH DIFFERENT CHARACTERISTICS: PHYSICAL ABUSE ONLY (1 intervention assessed this subgroup) Compared with active control, families offered CPCCBT were more likely to achieve better child men- tal and behavioural health outcomes.	
		COMPARATIVE EFFECTIVENESS OF INTERVEN- TIONS WITH DIFFERENT CHARACTERISTICS: MALTREATING PARENTS (7 interventions assessed this subgroup)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Compared with usual care, maltreating parents offered ABI and CPP were more likely to achieve better care-giver-child relationship outcomes.	
		Compared with usual care, maltreating parents offered PCIT-AP were more likely to achieve reduction in their maltreatment recurrence.	
		Compared with active control, maltreating parents of- fered ABC were more likely to achieve better child mental and behavioural health and caregiver-child re- lationship outcomes.	
		Compared with active control, maltreating parents of- fered CPCCBT were more likely to achieve better child mental and behavioural health outcomes. Compared with inactive control, maltreating parents of- fered IYA were more likely to achieve better child men- tal and behavioural health and caregiver-child relation- ship outcomes. Compared with usual care, maltreating parents offered SafeCare were more likely to achieve reduction in their maltreatment recurrence.	
		COMPARATIVE EFFECTIVENESS OF INTERVENTIONS WITH DIFFERENT CHARACTERISTICS: FOSTER PARENTS (3 interventions assessed this subgroup) Compared with usual care, foster parents offered KEEP were more likely to achieve better child mental and behavioural health and caregiver-child relationship outcomes.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Compared with usual care, foster parents offered MTFC-P were more likely to achieve better child mental and behavioural health, caregiver-child relationship, child development outcomes.  Compared with active control, foster parents offered ABC were more likely to achieve better child mental and behavioural health, caregiver-child relationship, child development outcomes.  Compared with inactive control, foster parents offered ABC were more likely to achieve better child mental and behavioural health and child development outcomes.	
		COMPARATIVE EFFECTIVENESS OF INTERVEN- TIONS FOR ENGAGING CHILDREN AND CAREGIV- ERS IN TREATMENT (1 intervention) Treatment engagement: Compared with standard approach, maltreating par- ents offered motivational intervention (MI) were more likely to report greater readiness to change and to complete interventions. Treatment retention; Compared with a standard approach combined with PCIT, maltreating parents offered PCIT combined with motivational intervention (MI) were more likely to com- plete treatment.	
		No eligible studies on pharmacotherapy was identified by the review authors.	
		LIMITATIONS No quantitative meta-analysis due to heterogeneity.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Results derived from single trials, many with small sample size. Firm conclusion of the review cannot be drawn.  Substantive methodological limitations in included studies: small sample, size, poor reporting, unclear definitions, short follow-ups. Interventions of different intensity.  Data from studies conducted in US, Canada and Romania, issues of generalisability due to differences in child welfare systems and health service systems.  This review is rated ++ for internal validity and + external validity, overall score of + for validity.	

## 8. Graham-Bermann SA, Miller-Graff LE, Howell KH et al. (2015) An Efficacy Trial of an Intervention Program for Children Exposed to Intimate Partner Violence. Child Psychiatry and Human Development 46: 928–939

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim Study aim: 'To compare outcomes for 4-6 year old children randomly assigned to a program designed to address the effects of exposure to IPV with those allocated to a waitlist comparison	Participants Children and young people - Children exposed to intimate partner violence Caregivers and families - Mothers who have experienced intimate partner violence.  Sample characteristics	comes. Note: Findings reported in text do not match results in Table 2. Findings taken from ITT analysis reported in Table. Using multilevel regression, there were no significant effects for: - Treatment - Time 2 - Time 3 - Child sex. However, there was a significant treatment x time 3 interaction (beta=-0.475), p<0.05, although not a significant treatment x time 2 interaction	Overall assessment of internal validity + Overall assessment of external validity + Overall validity score
condition' (p928).  Methodology  RCT including cluster.	<ul> <li>Age - Children aged 4 to 6, mean age 4.93 (sd=0.86). Mothers: mean age 31.9 (sd=7.19).</li> <li>Sex - Children: Male 53%, female</li> </ul>	(beta=-0.111, p>0.05). The discussion states that there was an improvement in internalising symptoms for girls only. However, this does not match the findings as reported in Table 2.	+

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Country Not UK. USA.	<ul> <li>47%. All caregivers were female.</li> <li>Ethnicity - Children: Caucasian 38%, African American 37%, 'bira- cial' 20%, Latino/a 5% Mothers:</li> </ul>		
Source of funding Not reported.	Caucasian 48%, African American 37%, 'biracial' 8%, Latino/a 6%, Other 1%.		
	Religion/belief - Not reported.		
	<ul> <li>Disability - Not reported.</li> <li>Long term health condition - Not reported.</li> </ul>		
	<ul> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Mean monthly income \$1414, (sd=\$1549).</li> </ul>		
	<ul> <li>Type of abuse - Not reported.</li> <li>Looked after or adopted status - Not reported.</li> </ul>		
	<ul> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul>		
	Sample size		
	<ul> <li>Comparison numbers - n=62</li> <li>Intervention numbers - n=58</li> <li>Sample size - n=120</li> </ul>		
	Describe intervention The Pre Kids Club (PKC) intervention has two components: PKC for children and the Moms' Empowerment Programme (MEP) for mothers. Based on the assumption that children may be		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	traumatised by witnessing IPV, and develop unhelpful attitudes and beliefs as a result. PKC involves discussing issues related to IPV in an age-appropriate way, using a training manual. MEP is designed to support mothers' social and emotional adjustment. As part of the intervention mothers are support to discuss: the impact of IPV on their child their mental health symptoms; normalise and reduce stress; provide support regarding parenting challenges.		
	<b>Delivered by</b> Master's level social workers and graduate students in clinical psychology.		
	<b>Duration, frequency, intensity, etc.</b> Ten-session intervention provided over five weeks.		
	Content/session titles Sessions focus on topics related to intimate partner violence, including: attitudes and beliefs about violence; managing emotions; safety planning; conflict resolution.		
	Describe comparison intervention Waitlist.		
	Outcomes measured		

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Children and young people's health and wellbeing outcomes. Child adjustment (internalising behav- iour) measured using the Child Behav- ior Checklist (Achenbach 1991).		

9. Jouriles EN, McDonald R, Rosenfield D et al. (2010) Improving parenting in families referred for child maltreatment: A randomized controlled trial examining effects of Project Support. Journal of Family Psychology 24:328–38

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim	Participants	Effect sizes	Overall assessment
<ul> <li>The study aimed to</li> </ul>	Caregivers and families	Incidence of abuse and neglect	of internal validity
evaluate the effective-	<ul> <li>Participants were families in which</li> </ul>	<ul> <li>No significant difference in re-referrals to CPS be-</li> </ul>	+
ness of Project Sup-	allegations of physical abuse or ne-	tween Project Support families versus comparison,	Overall assessment
port, a home-based in-	glect of a child aged 3-8 were sub-	but with medium effect size. Project Support 1/17	of external validity
tervention targeting	stantiated by CPS, and in which it	(5.9%) re-referrals, comparison 5/18 (27.7%), chi-	++
parenting and maternal	was determined that the child and	squared (1)=2.95, p=0.086, effect size (phi)=0.29.	Overall validity score
distress, in comparison	family's interests would be best		+
to services as usual, in	served by keeping the family intact,	Quality of parenting and parent-child relation-	<ul> <li>Key limitations of the</li> </ul>
a sample of families	and the mother (or both parents)	ships	study are: Assessors
referred for child mal-	would participate in services. All pri-	<ul> <li>1. Self-reported inability to manage childbearing re-</li> </ul>	not blind to participant
treatment.	mary caregivers in the study were	sponsibilities, measured using the Parenting Locus of	condition; Comparison
Methodology	mothers.	Control Scale (PLOC) (NB decrease in scores reflects	intervention was not
RCT	Sample characteristics	improvements in parenting). Using hierarchical linear	consistent across all
<ul> <li>Participants were</li> </ul>	Age	modelling the study found that scores for the Project	participants; Method
randomly allocated to	<ul> <li>The average age of mothers was</li> </ul>	Support group decreased (i.e. improved) to a signifi-	for intent-to-treat anal-
one of two conditions:	28.7 (SD=5.4) and the average age	cantly greater extent than for the comparison group	ysis not reported.
the intervention and	of children was 5.4 (SD=1.5).	b= 1.09, t(32)=2.58, p<.05, ES=1.02, 95% CI [0.29,	
services as usual.	Sex	1.70].	
Country	<ul> <li>The exact number is not stated,</li> </ul>	2. Self-reported harsh parenting behaviours, meas-	
Not UK	however, it is gleaned from the infor-	ured using the psychological aggression and minor	
<ul><li>US study.</li></ul>	mation that the sample was entirely	assault subscales from the Revised Conflict Tactics	
	female.	Scales (CTS-R). The study found that harsh parenting	

	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Other  — The study was funded by grants from the Interagency Consortium on Violence Against Women and Violence Within the Family, and the Hogg Foundation for Mental Health.	Ethnicity - 23% of mothers reported their ethnicity as White, 47% as Black, 26% as Hispanic and 3% as other. Religion/belief - This was not stated. Disability - This was not stated. Long term health condition - This was not stated, although mothers experiencing serious mental health issues and substance misuse disorders were excluded from the study. Sexual orientation - This was not stated. Socioeconomic position - This was not stated, although the authors note that the intervention was augmented to address the circumstances of children in abusive, low-income families. Type of abuse - 63% had been referred to CPS for physical abuse, 25% for neglect and 12% for both. Looked after or adopted status - Participants included families that were still intact, but had been reported to CPS for child maltreatment. Unaccompanied asylum seeking, refugee or trafficked children - This is not stated.	scores also decreased to a significantly greater extent in the Parent Support group compared to the comparison group b=0.14, t(32)=2.26, p<.05, ES=0.86, 95% CI [0.15, 1.53].  3. Staff observations of ineffective parenting Staff observations of ineffective parenting showed significantly greater improvement in the Parent Support group compared to the comparison group b= 0.38, t(32)=2.22, p<.05, ES=0.96, 95% CI [0.24, 1.64].  Caregiver/parent health and wellbeing outcomes – 1. Maternal psychological distress, measured using the Symptom Checklist-90-Revised (SCL-90-R). There was no significant difference in changes to maternal psychological distress between Project Support and the comparison condition (data not provided).  Narrative findings - effectiveness – Findings suggest that Project Support had meaningful effects on mothers' parenting. Specifically, mothers in the Project Support condition, compared to those in the comparison condition, showed greater reductions in perceived inability to manage their children's behaviour, self-reported harsh parenting and observed ineffective parenting. Improvements were most rapid during treatment and maintained during follow-up. The intervention had no statistically significant impact on subsequent referrals to Child Protective Services, although the authors note that this was large in absolute terms (5.9% of families compared to 27.7% of families). However, it should be noted that the effect size was small (0.29). The rate of improvement in mothers' psychological distress did not differ significantly across the two groups.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample size		
	Comparison numbers		
	– n=18.		
	Intervention number		
	– n=17.		
	Sample size		
	<ul> <li>A total of 35 families were included</li> </ul>		
	in the study.		
	Intervention		
	Describe intervention		
	- Project Support is a home-based in-		
	tervention involving two primary com-		
	ponents: 1) teaching mothers child		
	behaviour management skills and 2)		
	providing instrumental and emotional		
	support to mothers. The authors hy-		
	pothesise that the primary mecha-		
	nism for reducing maltreatment is the		
	child behaviour management skills		
	component. Mothers are taught skills		
	with which to increase desirable, and		
	decrease undesirable, child behav-		
	iours and facilitate a positive and		
	warm relationships. This is taught		
	through direct instruction, practice		
	and feedback. The social and instru-		
	mental support components involves		
	training mothers in decision-making		
	and problem-solving skills, for exam-		
	ple maintaining adequate food with		
	limited financial resources.		
	Dolivored by		
	Delivered by  - The intervention team consisted of		
	- The intervention team consisted of		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	a therapist and one or more advanced undergraduate or postbaccalaureate students (11 masters-level licensed mental health service providers were hired and trained, supervised by a clinical psychologist).		
	Delivered to  - The intervention was delivered to mothers who were randomly assigned to the Project Support condition (n=17).		
	Duration, frequency, intensity  – The intervention was designed to include weekly sessions of 1:1 1/2hr for up to 8 months. There was not a specific set number of sessions - the intervention was structured so that it could be delivered flexibly within the 8 month period.		
	Key components and objectives of intervention  – The intervention sought to improve parenting skills and reduce psychological distress.		
	Content/session titles  - Therapists addressed mothers' beliefs, practices, and knowledge about parenting, in addition to their children's behaviour patterns. Included among the 12 skills that were taught		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	were: attentive and nondirective play with your child, and listening to and comforting your child. Therapists monitor mothers' mastery of the parenting skills – any skills not fully mastered are revisited to ensure mastery of each skill before moving on to the next. The social and instrumental support component of the intervention included training in decision-making and problem-solving skills.		
	Location/place of delivery  – Sessions were delivered at families' homes.		
	Describe comparison intervention  — Services as usual varied considerably across the 18 families. Four did not receive any services and of the 14 who did, all received some type of parenting intervention. Twelve families also received services in addition to parenting, including anger management, GED classes and individual therapy.		
	Outcomes measured Incidence of abuse and neglect – CPS records were reviewed to assess whether participating families had again been referred to CPS for child maltreatment during the 20		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	months following their baseline assessment.		
	Quality of parenting and parent-child relationships  — Mothers' perceived inability to manage childbearing responsibilities was measured using the Parenting Locus of Control Scale (PLOC; Campis et al. 1986). Mothers' reports of harsh parenting behaviours were measured using the psychological aggression and minor assault subscales from the Revised Conflict Tactics Scales (CTS-R; Straus et al. 1996). Ineffective parenting was also observed by staff.		
	Caregiver/parent health and wellbeing outcomes  – Maternal psychological distress was measured using the Symptom Checklist-90-Revised (SCL-90-R; Derogatis et al. 1976).		

10a. Lieberman AF, Van Horn PJ, Ghosh Ippen C (2005) Toward evidence-based treatment: Child-parent psychotherapy with preschoolers exposed to marital violence. Journal of the American Academy of Child and Adolescent Psychiatry 44: 1241–8

	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Participants Children and young people  - Participants included 39 girls and 36 boys aged 3-5 (M=4.06, SD=.82) who	, , , ,	Overall assessment of internal validity +

préschoolers who had been exposed to maritat violence'. The results are reported in three papers. One paper reports results up to conclusion of treatment (Lieberman et al. 2005), one at 6 months post-treatment (Lieberman et al. 2006) and 1 considers effectiveness in relation to exposure to multiple traumatic and stressful events (TSEs) (Ghosh et al. 2011).  Methodology RCT.  Methodology RCT.  Methodology RCT.  Doubter a so confirmed by mother's report. (NB under the Adoption and Children Axe as a significant group x time interaction regarding the total number of traumatic stress disorder symptoms, in payment suffered from seeing or hearing the lill-treatment of another'.)  Doubter's report. (NB and post-treatment (Lieberman et al. 2005), one at 6 months post-treatment (Lieberman et al. 2005) and 1 considers effectiveness in relation to exposure to multiple traumatic and stressful events (TSEs) (Ghosh et al. 2011).  Methodology RCT.  Methodology RCT.  Doubter's report. (NB adoption and Children Axe as significant frequency in traumatic stress disorder symptoms - t(32)=5.46, p<0.001, d=0.63. Follow-up analyses showed that the CPP group had a significant reduction in traumatic stress disorder symptoms - t(32)=5.46, p<0.001), whereas the comparison group did not. Ochild Behavior Checklist (CBCL) There was a significant frequency time interaction for CBCL scores in favour of the intervention, with small effect size - F(1,59)=10.98, p<0.001), whereas the comparison group did not. Ochild Behavior Checklist (CBCL) There was a significant freduction in traumatic stress disorder symptoms - t(32)=5.46, p<0.001, pixel-goup x time interaction for CBCL scores in favour of the intervention, with small effect size - F(1,59)=10.98, p<0.001, whereas the comparison group did not. Ochild Behavior Checklist (CBCL) There was a significant freduction in traumatic stress disorder symptoms - t(32)=5.46, p<0.001, pixel-goup x time interaction for CBCL scores in favour of the intervention, with small effect size - F(1,59)=10.98, p<0.01.	Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Asian and the rest were mixed race or other ethnicities.  Religion/belief  Not stated.  Disability  Children and mothers with 'mental  Asian and the rest were mixed race or other expression and the rest were mixed race or other action in favour of CPP, with a small to medium effect size - F(1, 59)=3.48, p=0.07, d=0.037). Follow-up analyses showed that the CPP group showed statistically significant reduction in GSI (t(32)=4.47, p<0.001), whereas for comparison	preschoolers who had been exposed to 'marital violence'. The results are reported in three papers. One paper reports results up to conclusion of treatment (Lieberman et al. 2005), one at 6 months posttreatment (Lieberman et al. 2006) and 1 considers effectiveness in relation to exposure to multiple traumatic and stressful events (TSEs) (Ghosh et al. 2011).  Methodology RCT.  Country Not UK.	had been exposed to marital violence, as confirmed by mother's report. (NB under the Adoption and Children Act 2002, significant harm includes 'impairment suffered from seeing or hearing the ill-treatment of another'.)  Caregivers and families  – Mothers of the 39 girls and 36 boys were also included (the exact number is not stated), forming child-parent dyads.  Sample characteristics Age  – Children were aged between 3 and 5 (M=4.06, SD=.82). Mothers averaged 31.48 years (SD=6.23). Sex  – There were 39 girls, 36 boys and their mothers. Ethnicity  – 38.7% of children were mixed ethnicity (predominantly Latino/White), 28% Latino, 14.7% African American, 9.3% White, 6.7% Asian and 2.6% other. Mothers were 37.3% Latina, 24% White, 14.7% African American, 10.7% Asian and the rest were mixed race or other ethnicities. Religion/belief  – Not stated. Disability	nostic classification DC (Scheeringa et al. 1995) There was a significant group x time interaction regarding the total number of traumatic stress disorder symptoms, in favour of the intervention, with medium effect size - F(1,59)=10.98, p<0.001, d=0.63. Follow-up analyses showed that the CPP group had a significant reduction in traumatic stress disorder symptoms - t(32)=5.46, p<0.001), whereas the comparison group did not. Child Behavior Checklist (CBCL) There was a significant group x time interaction for CBCL scores in favour of the intervention, with small effect size - F(1,61)=5.77, p<0.05, d=0.24. Follow-up analyses showed that only the CPP group showed significant reductions in CBCL scores (t(34)=2.86, p<0.01. Clinical significance of the effects was examined by analysis of the percentage of children in each group meeting the criteria for a diagnosis of Traumatic Stress Disorder. At intake, the two groups were not significantly different. At post-test, there was a statistically significant group difference in favour of CPP (chi-square (n=61) = 8.43, p<0.01, phi=0.37). The authors state that intent-to-treat analyses resulted in similar results to the above, but these results are not reported.  Caregiver/parent health and wellbeing outcomes — The Symptoms Checklist-90 Revised (Derogatis, 1994) Global Severity Index: There was a marginally significant time x group interaction in favour of CPP, with a small to medium effect size - F(1, 59)=3.48, p=0.07, d=0.037). Follow-up analyses showed that the CPP group showed statistically significant reduction in	+ Overall validity score + Small Sample size - Re- liance on maternal re- port - Short follow-up period - In Ghosh (2011), query validity of dichotomisation of chil- dren into <4 and 4+ TSE risk groups (as nearly all children in the <4 group had experi- enced at least 2 TSEs).

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	retardation' (Lieberman et al. 2005, p1243) were excluded from the study, as were children with autistic spectrum disorder.  Long term health condition  Not reported. Sexual orientation  Not reported. Socioeconomic position  Mean monthly family income was \$1,817 (SD=\$1,460; range \$417—\$8,333). Public assistance was received by 23% of families and 41% had incomes below the federal poverty level, according to the Department of Health and Human Services Guidelines (2004).  Type of abuse  Child—mother dyads were recruited if the child had been exposed to marital violence, as confirmed by mother's report on the Conflict Tactics Scale 2 (Straus et al. 1996). The prevalence of exposure to the 8 TSEs was as follows: physical abuse (29.3%); sexual abuse (12%); witnessing domestic violence (97.3%); neglect (5%); separation from a caregiver (100%); caregiver criminal history (5.3%); caregiver substance abuse (16%); and caregiver mental illness (88%). High prevalence rates of domestic violence exposure and separation from a caregiver are related to study criteria. In Ghosh et al.	group this was only marginally significant (t(27)=1.94, p=0.06).  Clinician-administered PTSD Scale (CAPS) CAPS reexperiencing - time x group interaction was not significant, showing that intervention was not significant, showing that intervention was not significantly better than control (d=0.29). CAPS avoidance - there was a significant time x group interaction in favour of the intervention, with medium effect size - F(1, 57)=5.08, p<0.05, d=0.50. Follow-up analyses showed significant intake-outcome reductions in avoidance symptoms for CPP group only (t(33=5.16, p<0.001). CAPS hyperarousal - time x group interaction was not significant, showing that intervention was not significantly better than control (d=0.19). CAPS total - time x group interaction was marginally significant, with small to medium effect size - F(1, 57)=3.23, p<0.1, d=0.41. Follow-up analyses showed that both CPP and comparison groups showed significant intake-outcome reductions (CPP: t(33)=5.34, p<0.001; Comparison: t(24)=2.50, p<0.05).  Clinical significance of treatment effects was explored by examining percentage of mothers in each group with a diagnosis of PTSD. At intake there was no group difference, at outcome there was also no statistically significant difference in PTSD rates across the two groups (chi-square (n=60)=2.26, p=non-significant, phi=0.19). The authors state that intent-to-treat analyses resulted in similar results to the above, but these results are not reported.  Narrative findings  Narrative findings  Narrative findings - effectiveness  - Child Participants in the CPP group showed a significantly greater reduction in the number of traumatic	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	(2011) the number of traumatic and stressful events to which children had been exposed was also recorded. Of the children, 12% had experienced 2 TSEs, 41.3% had 3 TSEs, and 46.7% had 4+ TSEs. Looked after or adopted status – Not reported. Unaccompanied asylum seeking, refugee or trafficked children – Not reported.  Sample size Comparison numbers – n=33, (in Ghosh et al. 2011, 15 of whom had been exposed to >4 TSEs, and 18 to <4 TSEs). Intervention number – n=42, (in Ghosh et al. 2011, 20 of whom had been exposed to >4 TSEs and 22 to <4 TSEs).  Sample size – A total of 75 child-mother dyads were included in the study.  Intervention category Child-Parent Psychotherapy.  Intervention Describe intervention – CPP is an empirically supported treatment, based on the premise that	stress disorder symptoms than those in the intervention group. They also showed a greater reduction in behaviour problems, as measured by the Child Behavior Checklist, and were significantly less likely to be diagnosed with Traumatic Stress Disorder. There was a trend towards mothers in the CPP group showing a significantly greater improvement in maternal functioning, as measured by the Symptoms Checklist-90 Revised (Derogatis 1994) Global Severity Index, although this was not statistically significant. There was also a trend towards mothers in the CPP groups showing a significantly greater improvement in PTSD symptoms, as measured by the clinician-administered PTSD Scale, although this was not statistically significant, but did have a small to medium effect size. No significant differences were seen on the re-experiencing, and hyperarousal subscales. There was a significant difference in favour of the intervention on the avoidance subscale. There was no difference in rates of PTSD diagnoses at post-treatment between the CPP and comparison groups.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	the attachment system is the main organiser of children's responses to danger and safety in the first years of life. CPP targets maladaptive behaviours, supports developmentally appropriate interactions, and guides both child and mother in creating a joint narrative of the traumatic events while working toward their resolution.		
	Delivered by  - CPP was delivered by clinicians who had at least a masters degree in clinical psychology.		
	Delivered to  - The intervention was delivered to dyads randomly assigned to the CPP condition (n= 22).		
	Duration, frequency, intensity  – Weekly CPP sessions lasted approximately 60 minutes and were conducted over the course of 50 weeks.  Dyads attended a mean of 32.09 sessions (SD=15.20).		
	Key components and objectives of intervention  – CPP is guided by the unfolding child–parent interactions, with the therapeutic goal of enhancing parents' ca-		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	pacity to provide safety and develop- mentally appropriate caregiving to the child.		
	Content/session titles  - The treatment manual included clinical strategies and clinical illustrations to address the following domains of functioning: play; sensorimotor disorganization and disruption of biological rhythms; fearfulness; reckless, selfendangering, and accident-prone behaviour; aggression; punitive and critical parenting; and the relationship with the perpetrator of the violence and/or absent father (taken from original study; Lieberman et al. 2005).		
	Location/place of delivery  – Not reported.		
	Describe comparison intervention  – Comparison mothers received individual psychotherapy plus case management from a PhD degree-level clinician. This involved at least monthly phone calls and inquiries about how mother and child were doing. Face-to-face meetings were also scheduled when clinically indicated.		
	Outcomes measured Children and young people's health and wellbeing outcomes		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Child functioning - the semistructured interview for diagnostic classification DC (Scheeringa et al. 1995) was used to measure the number of PTSD and depression symptoms the child was experiencing. The Child Behavior Checklist (CBCL; Achenbach 1991, 1992) was additionally completed with parents complete to detect emotional and behavioural problems in children.</li> </ul>		
	Caregiver/parent health and wellbeing outcomes  – The Symptoms Checklist-90 Revised (Derogatis 1994) was used to assess maternal functioning Clinician-administered PTSD Scale (CAPS) was used to measure maternal PTSD.		

10b. Lieberman AF, Ghosh Ippen C, Van Horn P (2006) Child-parent psychotherapy: 6-month follow-up of a randomized controlled trial. Journal of the American Academy of Child and Adolescent Psychiatry 45: 913–18

Journal of the American Academy of Child and Adolescent Psychiatry 45. 915–16				
Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating	
therapy (CPP) in pre- school children who had	<ul> <li>Children between the ages of 3 and 5 who had been exposed to marital vi- olence, as confirmed by mother's re- port. (NB under the Adoption and Chil- dren Act 2002, significant harm in-</li> </ul>	Children and young people's health and wellbeing outcomes  – Total Behavior Problem scale of the Child Behavior Checklist - Treatment Completer analyses - Significant group x time interaction with a small to medium effect	Overall assessment of internal validity + Overall assessment of external validity ++ Overall validity score +	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
are reported in three papers. One paper reports results up to conclusion of treatment	cludes 'impairment suffered from seeing or hearing the ill-treatment of another'.)	time - F (1, 48)=14.35, p<.001. Follow-up analyses showed that only the intervention group evidenced significant reductions – t (26)=3.92, p< 001. Total Behavior Problem scale of the Child Behavior Checklist - In-	The failure to present intent-to-treat analysis of maternal outcomes and use of measures
one at 6 months post- treatment (Lieberman et al. 2006) and 1 consid- ers effectiveness in re-	Caregivers and families  — Mothers of children between the ages of three and five who had been exposed to marital violence, forming child-parent dyads.	tent to treat analyses – Significant group x time interaction with a small to medium effect size, in favour of the intervention group - F (1, 73)=5.44, p<.05, d=0.44. Significant main effect for time - F (1, 73)=14.08, p<.001. Follow-up analyses showed that only the inter-	which rely on maternal report are important limitations of the study.
lation to exposure to multiple traumatic and stressful events (TSEs) (Ghosh et al. 2011).	Sample characteristics Age  - Children - Originally randomised - 3-5 years old (M=4.06, SD=.82). Final	vention group evidenced significant reductions – t (41)=4.07, p<.001. Caregiver/parent health and wellbeing outcomes – Global Severity Index of the Symptoms Checklist-90 Revised - Treatment Completer analyses - Significant	
Country Not UK, USA.	six month follow-up sample – 3-6 years old (M=4.04, SD=.82). Age of mothers not reported.	group x time interaction with a small to medium effect size, in favour of the intervention group – F (1, 47)=5.12, p=.05, d=0.38. Significant main effect for	
Source of funding Government  - National Institute of Mental Health. Voluntary/charity  - Irving Harris Foundation.	Sex  – 39 girls and 36 boys (and their mothers) were originally randomised. Final sample 6 month follow-up sample included 22 girls and 28 boys.  Ethnicity  – Children – Originally randomised – 38.7% of children were mixed ethnicity	time - F (1, 47)=21.50, p<.001. Follow-up analyses showed that only the intervention group evidenced significant reductions – t (26)=5.11, p<.001. Global Severity Index of the Symptoms Checklist-90 Revised - Intent to treat analyses – Group x time interaction – Not reported. Significant main effects for time - F (1, 73)=14.92, p<.001.	
	Asian and the rest were mixed race or	Narrative findings - effectiveness  — Children and young people's health and wellbeing outcomes — Treatment completer analysis - At 6 months post-intervention, children in the intervention group showed a significantly greater reduction in behavioural problems than those in the comparison group as measured by the Total Behavior Problem	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	follow-up sample – 38% mixed ethnicity, 28% Latino, 16% African American, 12% white, 4% Asian, and 2% of another ethnicity. Religion/belief  Not reported. Disability  Children and mothers with 'mental retardation' (Lieberman et al. 2005: 1243) were excluded from the study, as were children with autistic spectrum disorder. Long term health condition  Not reported. Sexual orientation  Not reported (further demographic details provided in Lieberman et al. 2005). Type of abuse  Child-mother dyads were recruited if the child had been exposed to marital violence, as confirmed by mother's report on the Conflict Tactics Scale 2 (Straus et al. 1996). Further details on exposure to traumatic and stressful events are provided in Lieberman et al. 2005). Looked after or adopted status  Not reported.	scale of the Child Behavior Checklist. Follow-up analyses showed that only children assigned to the intervention group showed significant reductions in scores on this measure. Intent to treat analysis. At 6 months post-intervention, children in the intervention group showed a significantly greater reduction in behavioural problems than those in the comparison group as measured by the Total Behavior Problem scale of the Child Behavior Checklist. Follow-up analyses showed that only children assigned to the intervention group showed significant reductions in scores on this measure. Caregiver/parent health and wellbeing outcomes – Treatment completer analysis - At 6 months post-intervention, mothers in the intervention group showed a significantly greater reduction in severity of psychiatric symptoms (functioning) than those in the comparison group as measured by the Global Severity Index of the Symptoms Checklist-90 Revised. Follow-up analyses showed that only mothers assigned to the intervention group showed significant reductions in scores on this measure. Intent to treat analysis – Not reported.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Unaccompanied asylum seeking, refugee or trafficked children  – Not reported.		
	Sample size Comparison numbers - Originally randomised n=33, (in Ghosh et al. 2011, 15 of whom had been exposed to >4 TSEs, and 18 to <4 TSEs). Final six month follow-up sample n=23. Intervention number - Originally randomised n=42, (in Ghosh et al. 2011, 20 of whom had been exposed to >4 TSEs and 22 to <4 TSEs.) Final six month follow-up sample n=27. Sample size - Originally randomised n=75. Final six month follow-up sample n=50 (dy- ads who completed treatment and were included in Treatment Completer analyses).		
	Intervention category Child-Parent Psychotherapy.		
	Intervention Describe intervention  - Child-Parent Psychotherapy is an empirically supported treatment, based on the premise that the attachment		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	system is the main organiser of children's responses to danger and safety in the first years of life. The intervention targets maladaptive behaviours, supports developmentally appropriate interactions, and guides both child and mother in creating a joint narrative of the traumatic events while working toward their resolution.		
	Delivered by  - Child-Parent Psychotherapy was delivered by clinicians who had at least a Master's degree in clinical psychology.		
	Delivered to  - The intervention was delivered to parent-child dyads randomly assigned to the CPP condition (n=42 were originally randomised, final 6 month follow-up sample n=27).		
	Duration, frequency, intensity  – Weekly Child-Parent Psychotherapy sessions lasted approximately 60 minutes and were conducted over the course of 50 weeks. Dyads attended a mean of 32.09 sessions (SD=15.20).		
	Key components and objectives of intervention  – Child-Parent Psychotherapy is guided by the unfolding child–parent		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	interactions, with the therapeutic goal of enhancing parents' capacity to provide safety and developmentally appropriate caregiving to the child.		
	Content/session titles  — The treatment manual included clinical strategies and clinical illustrations to address the following domains of functioning: play; sensorimotor disorganization and disruption of biological rhythms; fearfulness; reckless, self-endangering, and accident-prone behaviour; aggression; punitive and critical parenting; and the relationship with the perpetrator of the violence and/or absent father (taken from original study; Lieberman et al. 2005).		
	Location/place of delivery  – Not reported.		
	Describe comparison intervention  — Comparison mothers received individual psychotherapy plus case management from a PhD degree-level clinician. This involved at least monthly phone calls and inquiries about how mother and child were doing. Face-to-face meetings were also scheduled when clinically indicated. The authors report that in ' the comparison group, 73% (n=22) of mothers and		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	55% (n=17) of children received individual treatment, and 45% (n=14) received separate individual psychotherapy for both mother and child. Mothers in the comparison group reported a range of 2 to 50 sessions for children and 6 to 50 sessions for themselves, with 50% of the mothers and 65% of the children receiving more than 20 individual sessions' (p915).		
	Outcomes measured Children and young people's health and wellbeing outcomes  - Stress-related behaviours (parental reports of emotional and behavioural problems) were measured using the Total Behavior Problem scale of the Child Behavior Checklist (Achenbach 1991, 1992). Caregiver/parent health and wellbeing outcomes  - Caregiver/parent health and wellbeing outcomes The Global Severity Index of the Symptoms Checklist-90 Revised (Derogatis, 1994) was used to assess maternal functioning (current psychiatric symptoms).		

11c. Ghosh Ippen C, Harris WW, Van Horn P et al. (2011) Traumatic and stressful events in early childhood: Can treatment help those at highest risk? Child Abuse and Neglect 35: 504–13

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  This study is a reanalysis of data from the Lieberman et al. (2005, 2006) treatment outcome and follow-up studies, which examined the effectiveness of Child Parent Psychotherapy (CPP) in preschoolers who had been exposed to multiple traumatic and stressful events (TSEs). The aim of this study was to examine the effects of CPP in children with 4+ TSEs, and whether level of child risk influences treatment effects on maternal symptoms.  Methodology RCT  Participants were randomly allocated to one of two conditions: the intervention (CPP) or individual psychotherapy plus case management.	Participants Children and young people  Participants included 39 girls and 36 boys aged 3-5 (M=4.06, SD=.82) who had been exposed to marital violence, as confirmed by mother's report. (NB under the Adoption and Children Act 2002, significant harm includes 'impairment suffered from seeing or hearing the ill-treatment of another'.)  Caregivers and families  Mothers of the 39 girls and 36 boys were also included (the exact number is not stated), forming child-parent dyads.  Sample characteristics Age  Children were aged between 3 and 5 (M=4.06, SD=.82). Mothers averaged 31.48 years (SD=6.23).  Sex  There were 39 girls, 36 boys and their mothers. Ethnicity  38.7% of children were mixed ethnicity (predominantly Latino/White), 28% Latino, 14.7% African American, 9.3% White, 6.7% Asian and 2.6% other. Mothers were 37.3% Latina, 24%	Effect sizes Children and young people's health and wellbeing outcomes  – All analyses were conducted for both the full sample (intent to treat analysis, ITT) and treatment completers only (TC). We have extracted data for the ITT calculations only, as these provide a more conservative analysis. Main effects of time and interactions of time and TSE status are not reported here, as they do not provide information regarding treatment effectiveness. PTSD – pre to post-test. There was a significant time x treatment interaction effect (F= 14.71, p<0.001, eta-squared=0.17) in favour of the intervention group. There was also a significant time x treatment x TSE interaction effect (F=3.99, p<0.05, eta-squared=0.05) in favour of the intervention group, with greater improvements observed for children with 4+ TSEs in the CPP group. To examine clinically significant reductions in PTSD symptoms, chi-square tests were used to compare the number of CPP and comparison group children diagnosed with PTSD. At posttest, there were statistically significant group differences for children with 4+ TSEs, with children in the CPP group showing significantly lower rates of PTSD (chi-square(1)=10.48, p<0.01, phi=0.55).  Depression – pre to posttest There was a significant time x treatment interaction effect (F=4.34, p<0.05, eta-squared = 0.06) in favour of the intervention group. There was also a significant time x treatment x TSE interaction effect (F=4.52, p<0.05, eta-squared = 0.06) in	Overall assessment of internal validity + Overall assessment of external validity + Overall validity score + Key limitations of the study include: - Small sample size - Reliance on maternal report - Short follow-up period - No reported blinding of assessors - Dichotomisation of children into <4 and 4+ TSE risk groups (as nearly all children in the <4 group had experienced at least 2 TSEs).

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Country Not UK.  – US study.  Source of funding Other  – This research was supported by the Na- tional Institute of Mental Health Grant and the Coydog Foundation.	Asian and the rest were mixed race or other ethnicities. Religion/belief  - This is not stated. Disability  - Children and mothers with 'mental retardation' (p506) were excluded from the study, as were children with autistic spectrum disorder. Long term health condition  - This is not reported. Sexual orientation  - This is not reported. Socioeconomic position  - Mean monthly family income was \$1,817 (SD=\$1,460; range \$417—\$8,333). Public assistance was re-	favour of the intervention group, with greater improvements observed for children with 4+ TSEs in the CPP group.  Co-occurring diagnoses – pre to post-test. There was a marginally significant time x treatment interaction effect (F=2.86, p<0.1, eta-squared =0.04) in favour of the intervention group. There was no significant time x treatment x TSE interaction.  Total CBCL – pre to posttest There was a significant time x treatment interaction effect (F=7.25, p<0.01, eta-squared = 0.09) in favour of the intervention group. There was also a significant time x treatment x TSE interaction effect (F=6.83, p<0.05, eta-squared = 0.09), with greater improvements observed for children with 4+ TSEs in the CPP group. Total CBCL – pre to 6 month follow up There was a significant time x treatment interaction effect (F=7.47, p<0.01, eta-squared = 0.10) in favour of the intervention group. There was also a significant time x treatment x TSE interaction effect (F=12.19, p<0.001, eta-squared =0.15), with greater improvements observed for children with 4+ TSEs in the CPP group.  Caregiver/parent health and wellbeing outcomes – PTSD – pre to post-test. There was a significant time x treatment group interaction effect (F=3.98, p<0.05, eta-squared = 0.05) in favour of the intervention. There was no significant time x treatment x TSE interaction effect. Post hoc tests found that mothers in the CPP group showed a significant improvement from pre to posttest, for mothers of both <4 TSE children (t(21) =3.81, p<0.01, d=0.68) and 4+ children (t(21) =3.17, p<0.01, d=0.92), whereas in the comparison	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	lence (97.3%); neglect (5%); separation from a caregiver (100%); caregiver criminal history (5.3%); caregiver substance abuse (16%); and caregiver mental illness (88%). High prevalence rates of domestic violence exposure and separation from a caregiver are related to study criteria. Of the children, 12% had experienced 2 TSEs, 41.3% had 3 TSEs, and 46.7% had 4+ TSEs.  Looked after or adopted status  – This is not stated.	group only mothers of <4 children made a significant improvement (t(17)=2.55, p<0.05, d=0.76). Chisquared analyses found that, at posttest, in the ITT sample, CPP 4+ mothers were significantly less likely to have a diagnosis of PTSD [X2(1)=7.70, p=.01., phi = .47], with 15% of CPP mothers and 60% of comparison group mothers meeting PTSD criteria. No significant treatment differences for maternal PTSD were found for the <4 group.  Depression - pre to posttest There was a marginally significant time x treatment group interaction effect ((F=3.76, p<0.1, eta-squared = 0.05). There was no significant time x treatment x TSE interaction effect.	
	Unaccompanied asylum seeking, refugee or trafficked children  – This is not stated.  Sample size Comparison numbers  – n=33, 15 of whom had been ex-	Narrative findings - effectiveness  - Overall, children in the CPP group showed significantly greater improvements on PTSD, depression, co-occurring diagnoses and behaviour problems, compared to those in the comparison group. The rate of improvement was greater amongst children with 4+	
	posed to >4 TSEs, and 18 to <4 TSEs. Intervention number  – n=42, 20 of whom had been exposed to >4 TSEs and 22 to <4 TSEs. Sample size  – A total of 75 child-mother dyads were included in the study.	TSEs for all these variables. CPP also had a greater impact on PTSD and depression in mothers, compared to the comparison group. There is some evidence that the beneficial effects on PTSD are more pronounced for mothers of higher risk (4+ TSE children). The authors note that 'In the <4 TSE group, both treatment and comparison group mothers showed significant improvements in PTSD, but only CPP moth-	
	Intervention Describe intervention – CPP is an empirically supported treatment, based on the premise that	ers showed significant posttreatment reductions in depressionIn the 4+ TSE group, CPP mothers showed significant reduction in PTSD and depression whereas comparison group mothers showed no improvements in any of these domains' (p510).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	the attachment system is the main organiser of children's responses to danger and safety in the first years of life. CPP targets maladaptive behaviors, supports developmentally appropriate interactions, and guides both child and mother in creating a joint narrative of the traumatic events while working toward their resolution.		
	Delivered by  - CPP was delivered by clinicians who had at least a masters degree in clinical psychology.		
	Delivered to  - The intervention was delivered to dyads randomly assigned to the CPP condition (n= 22).		
	Duration, frequency, intensity  – Weekly CPP sessions lasted approximately 60 minutes and were conducted over the course of 50 weeks.  Dyads attended a mean of 32.09 sessions (SD= 15.20).		
	Key components and objectives of intervention  – CPP is guided by the unfolding child–parent interactions, with the therapeutic goal of enhancing parents' ca-		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	pacity to provide safety and develop- mentally appropriate caregiving to the child.		
	Content/session titles  - The treatment manual included clinical strategies and clinical illustrations to address the following domains of functioning: play; sensorimotor disorganization and disruption of biological rhythms; fearfulness; reckless, self-endangering, and accident-prone behaviour; aggression; punitive and critical parenting; and the relationship with the perpetrator of the violence and/or absent father (taken from original study; Lieberman et al. 2005).		
	Location/place of delivery  – This is not stated.		
	Describe comparison intervention  - Comparison mothers received individual psychotherapy plus case management from a PhD degree-level clinician. This involved at least monthly phone calls and inquiries about how mother and child were doing. Face-to-face meetings were also scheduled when clinically indicated.		
	Outcomes measured Children and young people's health		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	and wellbeing outcomes  - The semistructured interview for diagnostic classification DC (Scheeringa et al. 1995) was used to measure the number of PTSD and depression symptoms the child was experiencing. The Child Behavior Checklist (CBCL; Achenbach 1991, 1992) was additionally completed with parents complete to detect emotional and behavioural problems in children.  Caregiver/parent health and wellbeing outcomes  - The Symptoms Checklist-90 Revised (Derogatis 1994) was used to assess maternal functioning and the Clinicianadministered PTSD Scale (CAPS) was used to measure maternal PTSD.		

## 12. Linares LO, Li MM, Shrout PE (2012) Child training for physical aggression? Lessons from foster care. Children and Youth Services Review 34: 2416–22

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
evaluate the effective- ness of an adapted ver-	Participants Children and young people  - Foster children between the ages of 5 and 8 with substantiated neglect. At baseline 49% met criteria for an externalising disorder and 39% met criteria	Effect sizes Children and young people's health and wellbeing outcomes.  — Primary multilevel analysis (post-intervention to follow-up). Effect sizes not reported in the paper and have not been calculated by review team due to differences in the 2 groups at baseline.	Overall assessment of internal validity + Overall assessment of external validity ++

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
physical aggression in young children in foster homes.  Country	for Attention Deficit Hyperactivity Disorder. There do not appear to have been any eligibility criteria in relation to physical aggression.	Foster parent ratings of physical aggression measured using 6 items from the child behavior checklist aggression subscale: Main effect of time – Significant effect for time – foster parent reports of physical aggression in both groups declined over time – estimate = -1.47,	Overall validity score + - A limitation of the study is the short follow- up period (3 months).
Not UK. – USA - New York.	Caregivers and families  – Biological and foster parents of foster children between the ages of 5 and	p<.01. Group x time interaction effect (improvement from post-intervention to follow-up) – Significant effect in favour of the control group - estimate = -1.41, p<.01.	up period (o montris).
Source of funding Not reported.	Professionals/practitioners  - Teachers of foster children between the ages of 5 and 8.  Sample characteristics Age  - Mean age of child at baseline assessment (standard deviation) - Intervention 6.7 years (1.1), control 6.7 years (1.3). Mean age of child at placement in foster care (standard deviation) - Intervention 4.9 years (1.8), control 4.7 years (2.4).  Sex  - Male children - Intervention n=29 (59%), control n=17 (38%).  Ethnicity	Foster parent ratings of good self-control: Main effect of time – Not reported. Treatment group – Significant difference in favour of the control group - estimate =27, p<.05. Group x time interaction effect (improvement from post-intervention to follow-up) - Significant effect in favour of the control group - estimate =33, p<.05. Foster parent ratings of poor self-control No significant differences from post-intervention to follow up Classroom teacher ratings Statistical analyses of teacher ratings are not reported as these showed no change. Moderator analyses Foster parent ratings of physical aggression measured using 6 items from the child behavior checklist aggression subscale (post-intervention – controlling for baseline scores, child ethnicity, adhd diagnosis and study site): Group x gender: Significant effect for group x gender with male children in the intervention group showing lower scores than those in the control group. Foster parent ratings of self-control (post-intervention): Group x type of maltreatment interaction: Significant effect for group x type of maltreatment interaction with children in the control	
	tervention n=14 (29%), control n=9 (20%), 'Other (mixed, Caucasian, other)' intervention n=17 (35%), control n=8 (18%).	group with a history of neglect (in the presences of abuse) showing higher levels of self-control than those in the intervention group.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Religion/belief	Narrative findings	
	<ul><li>Not reported.</li></ul>	Narrative findings - effectiveness	
	Disability	<ul> <li>Foster parent ratings of physical aggression meas-</li> </ul>	
	<ul> <li>Not reported.</li> </ul>	ured using 6 items from the child behavior checklist	
	Long term health condition	aggression subscale: The study found a group x time	
	<ul> <li>Not reported.</li> </ul>	interaction effect (improvement from post-intervention	
	Sexual orientation	to follow-up) in favour of the control group, meaning	
	<ul> <li>Not reported.</li> </ul>	that those in Usual Care showed more improvement	
	Socioeconomic position	from post-intervention to follow-up than those in the	
	– Not reported.	Child Training group. Foster parent ratings of self-con-	
	Type of abuse	trol: There was a significant main effect of treatment	
	<ul> <li>Overall maltreatment was identified</li> </ul>	group in favour of the control group, with foster parents	
	in the case records of 97% of the sam-	of the Usual Care group rating the child's self-control	
	ple. Type of maltreatment – Physical	higher than those in the intervention group at both	
	abuse - Intervention n=11 (22%), con-	post-intervention and follow-up. There was significant	
	trol n=9 (20%). Sexual abuse - Inter-	group x time interaction effect (improvement from post-	
	vention n=0 (0%), control n=3 (7%).	intervention to follow-up) in favour of the control group,	
	Type of neglect – Lack of supervision -	with foster parent reports of the child's self-control	
	Intervention n=30 (61%), control n=31	showing more improvement for those in Usual Care	
	(69%). Failure to provide - Intervention	compared to the Child Training group. The study ex-	
	n=21 (43%), control n=17 (38%). Fail-	amined two variables which may interact with treat-	
	ure to protect (Domestic violence) - In-	ment condition. It was found that there was a signifi-	
	tervention n=14 (29%), control n=10	cant interaction with gender: boys in the Child Training	
	(22%). Emotional - Intervention n=13	group at post intervention showed lower ratings of	
	(27%), control n=11 (24%). Educa-	physical aggression that boys in the Usual Care group.	
	tional - Intervention n=8 (16%), control	There was also a significant interaction with type of	
	n=7 (16%). Legal/moral - Intervention	maltreatment: children in the Usual Care group with	
	n=3 (6%), control n=4 (9%). Any ne-	histories of neglect showed higher good elf control	
	glect - Intervention n=46 (94%), con-	than those in the Child Training group. The study re-	
	trol n=38 (80%).	ports that teacher ratings across the three outcomes	
	Looked after or adopted status	'remain unchanged'. No statistical data reported.	
	<ul> <li>All children were living in foster</li> </ul>	Effect sizes	
	homes. Placement in a kinship foster	Children and young people's health and wellbeing	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	home - Intervention n=18 (37%), con-	outcomes	
	trol n=19 (42%). Mean number of chil-	Primary multilevel analysis (post-intervention to follow-	
	dren in the foster home (standard devi-	up)	
	ation) – Intervention 2.6 (1.5), control	Foster parent ratings of physical aggression measured	
	2.9 (1.2). Mean number of weekly fam-	using 6 items from the child behavior checklist aggres-	
	ily visits (standard deviation) – Inter-	sion subscale: Main effect of time – Significant effect	
	vention 1.1 (2.0), control 1.1 (1.0).	for time – foster parent reports of physical aggression	
	Cases in which parental rights had	in both groups declined over time – estimate = -1.47,	
	been terminated – Intervention n=5	p<.01. Group x time interaction effect (improvement	
	(10%), control n=5 (11%).	from post-intervention to follow-up) – Significant effect	
	Unaccompanied asylum seeking, refu-	in favour of the control group - estimate = -1.41, p<.01.	
	gee or trafficked children	Foster parent ratings of good self-control: Main effect	
	- Not reported.	of time – Not reported. Treatment group – Significant difference in favour of the control group - estimate = -	
	Sample size	27, p<.05. Group x time interaction effect (improve-	
	Comparison numbers	ment from post-intervention to follow-up) - Significant	
	– n=45 children.	effect in favour of the control group - estimate =33,	
	Intervention number	p<.05.	
	– n=49 children.	Foster parent ratings of poor self-control: No signifi-	
		cant differences from post-intervention to follow up	
	Sample size	Classroom teacher ratings - Statistical analyses of	
	- n=94 eligible children were random-	teacher ratings are not reported as these showed no	
	ised. Intervention - n=49, control n=45.	change.	
		Moderator analyses	
	Intervention category	Foster parent ratings of physical aggression measured	
	Other.	using six items from the child behavior checklist ag-	
	Child training programme - A ' a	gression sub scale (post-intervention – controlling for	
	child-focused adaptation of the Incredi-	baseline scores, child ethnicity, ADHD diagnosis and	
	ble Years Child Training program'	study site): Group x gender: Significant effect for group	
	(p2416).	x gender with male children in the intervention group	
		showing lower scores than those in the control group.	
	Intervention	Foster parent ratings of self-control (post-intervention):	
	Describe intervention	Group x type of maltreatment interaction: Significant	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>- 'Treatment' version of the Incredible Years Training programme (manualised). The authors report that they selected 12 out of a possible 18 lessons from the Incredible Years Dina Pro-</li> </ul>	effect for group x type of maltreatment interaction with children in the control group with a history of neglect (in the presences of abuse) showing higher levels of self-control than those in the intervention group.	
	gram for Young Children which they believed would enable them to target the self-regulation processes of the participating children whilst remaining feasible. The goals of this intervention	Narrative findings - effectiveness  - Foster parent ratings of physical aggression measured using 6 items from the child behavior checklist aggression sub scale:  The study found a group x time interaction effect (im-	
	are not clearly specified but the authors note that they selected the treatment version because it had previously been found to be effective in reducing conduct problems and conflicts	provement from post-intervention to follow-up) in favour of the control group, meaning that those in Usual Care showed more improvement from post-intervention to follow-up than those in the Child Training group. Foster parent ratings of self-control: There was a sig-	
	with peers for 4 to 8 year old children with conduct disorders, Attention Defi- cit Hyperactivity disorder and Opposi- tional Defiant disorder, noting the high	nificant main effect of treatment group in favour of the control group, with foster parents of the Usual Care group rating the child's self-control higher than those in the intervention group at both post-intervention and fol-	
	prevalence of these types of disorders in foster children.  Delivered by  – A team of 3 clinicians (one from a university and 2 from the agency	low-up. There was significant group x time interaction effect (improvement from post-intervention to follow-up) in favour of the control group, with foster parent reports of the child's self-control showing more improvement for those in Usual Care compared to the Child	
	through which the child was accessing services) with at least a masters level qualification in psychology or social work.  Delivered to	Training group.  The study examined 2 variables which may interact with treatment condition. It was found that there was a significant interaction with gender: boys in the Child	
	<ul> <li>Foster children between the ages of</li> <li>5 and 8 in groups of 6 to 9. Foster parents (and biological parents where available) also participated in group</li> </ul>	Training group at post intervention showed lower ratings of physical aggression than boys in the Usual Care group. There was also a significant interaction with type of maltreatment: children in the Usual Care	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	classes at sessions 1, 6 and 12. <b>Duration, frequency, intensity</b> – The programme delivered to children consisted of 12 2-hour sessions; parent sessions also lasted for 2 hours. (No further details are provided).	group with histories of neglect showed higher good elf control than those in the Child Training group. The study reports that teacher ratings across the 3 outcomes 'remain unchanged'. No statistical data reported.	
	Key components and objectives of intervention  – Little detail on the intervention is provided, only that it addresses the self-regulatory processes of the child. The authors note that they added a lesson to the programme which aimed to enhance the child's sense of 'belongingness' to their foster home. They also report that parent sessions were ' aimed at promoting skill generalisation to the foster home (or during the family visitation) and assist in homework activities' (p2418).		
	Content/session titles  - The authors report that the Incredible Years modules which they used were 'Understanding and Detecting Feelings', 'Detective Wally Teaches Problem Solving Steps', and 'Tiny Turtle Teaches Anger Management'. The 'My Homes, My Families' lesson was a lesson developed by the authors and aimed to enhance the child's sense of 'belongingness' to their foster home.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Location/place of delivery  – Classroom like settings at 1 of 6 ' volunteering community sites' (p2417).		
	Describe comparison intervention  — Care as usual - no information regarding the services which the comparison group received are provided.		
	Outcomes measured Children and young people's health and wellbeing outcomes  — Physical aggression was measured using six items from the Child Behavior Checklist aggression sub scale (Achenbach 1991; foster parent completed) and a measure compiled using seven items from the Sutter–Eyberg Student Behavior Inventory—Revised (Eyberg and Pincus, 1991; teacher completed). Self-control was measured using a scale (Wills et al. 2007) completed by both foster parents and teachers (parallel versions). NB Statistical analyses of teacher ratings are not reported as these showed no change.		
	Satisfaction with services  – Measured using a questionnaire – statistical analysis not presented.		

13. Lind T, Bernard K, Ross E et al. (2014) Intervention effects on negative affect of CPS-referred children: Results of a randomized clinical trial. Child Abuse and Neglect 38: 1459–67

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  The study aimed to determine the effectiveness of Attachment and Biobehavioral Catch-up, an intervention designed to enhance children's self-regulatory capabilities, for young children who had been referred to Child Protective Services. The authors hypothesised that children who participated in the Attachment and Biobehavioral Catch-up programme (with their parents) would display lower levels of negative affect whilst participating in a challenging task than those who participated in the control interven-	Participants Children and young people.  Children who had been referred to Child Protective Services as a result of maltreatment. Eligibility criteria were: age of less than 2 years at the point of referral to Child Protective Services and residence with their biological par- ent.  Caregivers and families  Biological parents of children re- ferred to Child Protective Services as a result of maltreatment.  Sample characteristics Age  NB. Demographic data collected at post-intervention follow-up. Age of child at post-intervention follow-up: In- tervention M=26.7 months (SD=3.8), control M=26.2 months (SD=3.0). Age of caregiver at post-intervention follow- up: Intervention M=28.7 years	Effect sizes Children and young people's health and wellbeing outcomes  Anger: Children in the intervention group showed significantly lower levels of anger (small to medium effect size) than those in the comparison group: F (1, 115)=4.69, p<.05, d=0.40. Anger toward parent: Children in the intervention group showed significantly lower levels of anger towards parent (small to medium effect size) than those in the comparison group: F (1, 115)=5.35, p< 05, d=0.43. Global sadness/anger: Children in the intervention group showed significantly lower levels of global sadness/anger (small to medium effect size) than those in the comparison group: F (1, 115)=5.66, p< 05, d=0.44. Composite negative affect score: Children in the intervention group showed significantly lower levels of affect expression (small to medium effect size) than those in the comparison group: F (1, 115)=5.04, p< 05, d=0.42.  Narrative findings - effectiveness  Children in the intervention group showed significantly lower scores on the anger, anger toward parent, and the global sadness/anger scales of the Revised	Overall assessment of internal validity  Overall assessment of external validity  The decision to use the Tool Task to observe the child's emotional expression and the use of an unpublished scale to score these (particularly without explanation) and the failure to provide detail on methodological issues such as exposure and contamination mean that it is difficult to be confident in the authors findings.
tion (with their parents).  Methodology RCT Country Not UK	(SD=7.5), control M=27.7 years (SD=8.3). Sex – Sex - Child - Intervention n=31 male (55%), n=25 female (45%). Control n=31 male (51%), n=30 female (49%).	Manual for Scoring Mother Variables in the Tool-Use Task as well as a composite measure of negative affect devised from these three scales. All differences showed a small to medium effect size.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
- USA (' a large, mid-Atlantic city' (p1461).  Source of funding Government National Institute of Mental Health.	, ,		
	Protective Services for allegations of		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	maltreatment, however the authors did not have access to case records and were unable to determine specific reasons for referral. They also note that substantiation status was not a criterion for eligibility.  Looked after or adopted status  – Eligibility criteria for the study included residence with biological parents. After enrolment a number of children were removed from the care of their families (n=12).  Unaccompanied asylum seeking, refugee or trafficked children  – Not reported.		
	Sample size Comparison numbers  - n=131 initially randomised to comparison condition, follow-up data available for n=61 children. Intervention number  - n=129 initially randomised to experimental condition, follow-up data available for n=56 children. Sample size  - n=260 initially randomised (control n=131, intervention n=129), final sample for whom data were available n=117.		
	Intervention category - Attachment and Biobehavioral Catchup.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Intervention Describe intervention  – Attachment and Biobehavioural Catch-up (manualised) - An intervention designed to help parents to behave in ways which support their child's self-regulation skills in relation to affect, behaviour and physiology.		
	Delivered by  – Parent coaches (with some supervision) who had ' strong interpersonal skills and past experience working with children' (p1462) and a mixture of bachelor and masters level education.		
	Delivered to  - Biological parent/child dyads referred to Child Protective Services for allegations of maltreatment. (The majority of participating parents were female). Eligibility criteria were: child must reside with their biological parents and be under the age of two at referral to Child Protective Services.		
	Duration, frequency, intensity  – 10 sessions (no further details are provided).		
	Key components and objectives of intervention		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>The key objectives of the interven-</li> </ul>		
	tion were to 'enhance children's abil-		
	ity to develop secure and organised at-		
	tachments, to develop normal cortisol		
	production, and to develop the ability		
	to regulate emotions effectively'		
	(p1462). To achieve this the interven-		
	tion is intended to change parenting behaviours to ensure that responses		
	to the child are: 1. Synchronous (i.e.		
	following the child's lead and giving		
	them control, and responding quickly		
	and with sensitivity. It is suggested		
	that this improves regulation of affect).		
	2. Nurturing (i.e. responding sensi-		
	tively to distress which is hypothesised		
	to enable children to manage negative		
	affect and to develop secure and or-		
	ganised attachments). 3. Non-frighten-		
	ing (The authors give examples of		
	frightening behaviour such as rough		
	play and a failure to respond to cues		
	from the child, physically intrusive be-		
	haviour, shouting or hitting, etc. They		
	note that frightening behaviour is asso-		
	ciated with disorganised attachment		
	and difficulties in the control of emo-		
	tion expression.) The authors note that		
	maltreatment in children often leads to		
	difficulties in the regulation of emotion		
	(particularly during challenging situa-		
	tions) which can be exacerbated by		
	the failure of maltreating parents to in-		
	teract with their child in ways which		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	help them to develop self-regulation skills. Although the intervention is based on content outlined in a manual the authors note that the ' parent coach's primary role was to provide 'in the moment' feedback about the parent's interaction with his or her child.' (p1462) This feedback focused on the three concepts of synchrony, nurturance and non-frightening behaviour and was intended to help parents to understand and practice these target behaviours and to gain an awareness of how their behaviour can impact upon the development of their child.		
	Content/session titles  - Sessions 1 and 2 focused on nurturing responses to child distress. Sessions 3 and 4 focused on synchronous responses. Sessions 5 and 6 focus on avoiding the use of frightening and intrusive behaviours. Sessions 7–10 were tailored to the needs of each parent. (Sessions 7 and 8 included discussion of how the parents own attachment histories might impact upon the way in which they interacted with their child. Although each session had a specific topic the target behaviours were emphasised throughout all sessions through the coaches use of 'in the moment' feedback.)		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Location/place of delivery  - Family home.  Describe comparison intervention  - Developmental Education for Families (manualised) - Adapted from a home-visiting programme, previously shown to be effective in improving intellectual functioning. The authors note that the components of this intervention which addressed parental sensitivity were removed in order to ensure the two conditions remained distinct.  Delivered by  Parent coaches (with some supervision) who had ' strong interpersonal skills and past experience working with children' (p1462) and a mixture of bachelor and master's level education.  Delivered to		
	Biological parent/child dyads (The majority of parents were female).		
	Duration, frequency, intensity Ten sessions (frequency and length not reported although authors note the two conditions were comparable in re- lation to these aspects).		
	Key components		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	The programme is designed to strengthen children's cognitive, motor and language skills.		
	Content/session titles - N/A. Delivered in the family home.		
	Outcomes measured Children and young people's health and wellbeing outcomes  — Children's expression of emotion was assessed during a parent-child problem-solving activity known as the Tool Task (Matas et al. 1978). This consists of 3 increasingly difficult tasks and the final 2 are impossible for the child to complete without help. At the beginning of the session, parents were told that the tasks were too difficult for the majority of young children to complete themselves. They were then instructed to let their child attempt to solve the problem on their own for a few minutes and then offer whatever help they thought necessary. A composite score of negative affect was devised using three scales outlined in the Revised Manual for Scoring Mother Variables in the Tool-Use Task (Sroufe et al., 1980 Revised manual for scoring mother variables in the tool-use task. University of Minnesota: Unpublished). These scales were: anger,		

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
anger toward parent and global sad- ness/anger. Scores on these scales are also reported separately.		

14. Mast JE, Antonini TN, Raj SP et al. (2014) Web-based parenting skills to reduce behavior problems following abusive head trauma: A pilot study. Child Abuse and Neglect 38: 1487–95

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  The study aimed to examine the ' efficacy of a web-based intervention with live coaching designed to improve parenting skills and everyday child functioning' (p1488) for children who had experienced abusive head trauma.  Methodology RCT.  Country Not UK.	Participants Children and young people  — Children between the ages of 3 and 8 who had suffered abusive head trauma. Inclusion criteria for the larger trial from which the sample were drawn were — Score of 12 or less on the Glasgow Coma Scale or evidence of brain injury using computerised tomography or magnetic resonance imaging; head trauma had required hospitalisation; trauma had occurred after birth; child between the ages of three and eight at enrolment; inpatient rehabilitation (if needed) had ceased; child remained with legal guardian for duration of study; families should speak English as their primary language. Ex-	Effect sizes Quality of parenting and parent-child relationships  — Parent-child interactions (parenting skills and child compliance) were measured using the Dyadic Parent-Child Interaction Coding System. Videotaped play sessions (child and parent led) were coded. Coding focused on positive parenting behaviours such as reflective statements and behavioural descriptions) and undesirable parenting behaviours such as (questions, criticisms, or commands). NB Parental descriptions of child behaviour were removed from analyses as a result of low reliability. Child compliance and 'parent follow-through' were also coded using the following variables: 'Percentage of times that child complied with parent direct commands' (p1491). 'Percentage of times that parent gave child labelled praise after child followed direct command' (p1491). Percentage of times parent properly used discipline techniques when child	Overall assessment of internal validity  Overall assessment of external validity  Overall validity score  Key study limitations:  Very small sample size  (n=9), and resulting  very low level of statistical power (12 to 22% at 0.05 criterion - usual standard would be 80%).
<ul> <li>Study conducted in the USA.</li> </ul>	clusion criteria were – Parent or child with a history of hospitalisation as a re- sult of psychiatric diagnosis; or the	did not comply with direct command' (p1491). Child directed interactions at follow-up (Primary and secondary caregiver data was averaged) –	
Source of funding Government.	child had a developmental disability or	Parents' use of labelled praise: Parents in the intervention group were significantly more likely to use labelled	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
National Institute on     Disability and Rehabilitation Research.	significant intellectual difficulties which were not a result of the brain injury.	praise than those in the comparison group, (reported as both p=.027 and p=.03). No relative risk values given.	
	Caregivers and families  – Families of children who had suffered abusive head trauma. Assessments appear to have been conducted with both primary and secondary caregivers in some instances but it is not specified whether the intervention was delivered to both caregivers.	Parents' use of reflective statements: Parents in the intervention group were significantly more likely to use reflective statements than those in the comparison group, relative risk=9.35, lower relative risk=3.91, upper relative risk=22.39, chi-square = 25.18, p<.001. Parents' use of questions: Parents in the intervention group were significantly less likely to ask their child questions than those in the comparison group, relative	
	Sample characteristics Age  – No details provided, only that children were between the ages of 3 and	risk=0.31, lower relative risk=0.20, upper relative risk=0.50, chi-square=2.052, p<.001. Parents' use of commands: No significant difference between groups, relative risk=0.66, lower relative risk=0.37, upper relative risk=1.17, chi-square=2.041,	
	9 at enrolment.  Sex  - Child - not reported. Primary care- giver - Intervention n=3 female, n=1	p=.153. Parent directed interactions at follow-up - Primary and secondary caregiver data was averaged) – Parents' use of labelled praise: Parents in the interven-	
	male. Control n=2 female, n=1 male. (NB not reported for families who dropped out or were lost to follow up.) Ethnicity – Intervention - Caucasian n=4, Afri-	tion group were significantly more likely to use labelled praise than those in the comparison group, relative risk=16.9, lower relative risk=2.25, upper relative risk=127.7, chi-square=7.58, p=.006. Parents' use of reflective statements: Parents in the in-	
	can American/multiracial n=0. Control - Caucasian n=2, African Ameri- can/multiracial n=1. (NB not reported for families who dropped out or were lost to follow up and not specified	tervention group were significantly more likely to use reflective statements than those in the comparison group, relative risk=13.9, lower relative risk=4.21, upper relative risk=46.19, chi-square=18.60, p<.001. Child compliance following direct commands (%): Sig-	
	whether this corresponds to child or primary caregiver.) Religion/belief – Not reported.	nificant difference, in favour of the intervention group, estimate=0.39, standard error=0.11, t=3.60, p=.023 (also reported as p=.02).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Disability  Not reported. Long term health condition  All children had a lowest recorded score of 12 or less on the Glasgow Coma Scale or showed evidence of brain injury using computer tomography or magnetic resonance imaging (eligibility criteria for larger trial from which sample were identified). Sexual orientation  Not reported. Socioeconomic position  Marital status of primary caregiver - Intervention n=3 married or living with someone, n=1 not married/divorced. Control n=2 married or living with someone, n=1 not married/divorced. (NB not reported for families who dropped out or were lost to follow up.) Education level of primary caregiver - Intervention n=2 high school diploma or less, n=2 2 or more years of college. Control n=1 high school diploma or less, n=2 2 or more years of college. (NB not reported for families who dropped out or were lost to follow up.) Employment status of primary caregiver - Intervention n=3 working full or part time, n=1 not working. Control n=1 working full or part time, n=2 not working. (NB not reported for families who dropped out or were lost to follow	Parental labelled praise following child compliance (%): No significant difference between groups, estimate = 0.17, standard error=0.08, t=2.03, p=.099. Parental use of clear consequences following child noncompliance for a direct command (%): The authors report that no parents in either group provided clear consequences for noncompliance in response to a direct command.  Children and young people's health and wellbeing outcomes  — Parental ratings of child behaviour - Eyberg Child Behavior Inventory - Total Intensity at follow-up (controlling for baseline scores): Children in the intervention group scored significantly lower than those in the comparison group, with a very large effect size - F(1,4) =13.07, df=2, p=.02, partial eta-squared=.77.  Child behaviour problems - Eyberg Child Behavior Inventory - Total problems at follow-up (controlling for baseline scores): No significant difference between groups, F=0.01, df=2, p=.91, partial eta-squared=0.  Child behaviour - Child Behavior Checklist - Internalising problems after controlling for baseline scores): No significant difference between groups, F=0.26, df=2, p=.64, partial eta-squared=.65.  Child behaviour - Child Behavior Checklist - Externalizing problems after controlling for baseline scores): No significant difference between groups, F=0.31, df=2, p=.61, partial eta-squared=0.7.  Child behaviour - Child Behavior Checklist - Total problems after controlling for baseline scores): No significant difference between groups, F=0.31, df=2, p=.61, partial eta-squared=0.7.  Child behaviour - Child Behavior Checklist - Total problems after controlling for baseline scores): No significant difference between groups, F=0.10, df=2, p=.76, partial eta-squared=0.3.	
	1		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	up.) Home computer at baseline - Intervention n=1 had a home computer, n=3 did not have a home computer. Control n=1 had a home computer. (NB not reported for families who dropped out or were lost to follow up.) Type of abuse – Physical. All children had an acquired brain injury which determined to be the result of abuse by a hospital multidisciplinary child abuse team. Looked after or adopted status – Two children were living with adoptive parents. The authors also note that five children were living with parents NOT suspected of being the abuser, whilst two children lived with a caregiver who WAS suspected of causing the injury. Unaccompanied asylum seeking, refugee or trafficked children – Not reported.	Narrative findings - effectiveness — Quality of parenting and parent-child relationships — Parents in the intervention group were significantly more likely to use labelled praise and reflective statements; and significantly less likely to use questions than parents in the comparison group during child directed interactions. No significant differences between groups were found in parental use of commands during child-directed play. No parents in either group provided clear consequences for noncompliance in response to a direct command.  Parents in the intervention group were also significantly more likely to use labelled praise and reflective statements in parent directed interactions than those in the comparison group.  Children in the intervention group were significantly more likely to comply with their parents' commands during parent directed interactions than children in the comparison group.  There were no significant differences between groups in parental use of labelled praise following child compliance during parent directed interactions.	
	Sample size Comparison numbers - n=4 Intervention number - n=5 Sample size - n=9 Intervention category - I-InTERACT (Internet-based Interacting Together Everyday: Recovery	Children and young people's health and wellbeing - Parental ratings of child behaviour: Children in the intervention group had significantly lower scores on the total intensity scale of the Eyberg Child Behavior Inventory, with a very large effect size; however there were no significant differences between groups in scores on the total problems scale of this measure. There were also no significant differences between groups in scores on the internalizing, externalising, or total problems scale of the Child Behavior Checklist.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	After Childhood Traumatic Brain Injury). Manualised.	Narrative findings - qualitative and views and evidence	
	Intervention Describe intervention I-I-InTERACT (Internet-based Interacting Together Everyday: Recovery After Childhood Traumatic Brain Injury).  Delivered by Intervention Three Master's level research personnel (a research coordinator and two advanced clinical psychology doctoral students)' (p1490). The three 'therapists' received training in the sequelae of traumatic brain injury and were instructed on how to deliver the intervention. They also had weekly supervision meetings with a licensed clinical psychologist.	The authors report that families valued the intervention and the behaviour management techniques which they had been able to develop as a result, as well as the opportunity to get direct feedback on their parenting. NB The qualitative findings are quite brief and it is not clear which Participants provided this feedback (e.g. whether feedback was provided from Participants who did not complete the intervention).	
	Delivered to  - Parents of children with abusive head trauma. Some of whom may have been suspected perpetrator.		
	Duration, frequency, intensity  – Ten core sessions (with the option for supplementary sessions delivered between core sessions 9 and 10. Families could schedule four supplementary sessions from a range of five topics). Sessions 1–9 were intended to be		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	completed within 3 months, with months four and five used to deliver supplementary sessions where families requested these. The tenth core session was completed in month 6. Families who did not schedule supplementary sessions were contacted on a bi-weekly basis between the core sessions 9 and 10 via phone or email (four contacts in total) to discuss their progress.		
	Key components and objectives of intervention  - The I-InTERACT programme is a parenting skills programme which focuses on positive parenting skills and consistent use of discipline. It incorporates content from a number of parenting programmes including Parent-Child Interaction Therapy but also helps parents to develop behaviour management techniques to address the difficulties that children who have experienced head injuries may have in learning from consequences. The programme is based on therapy protocol outlined in a manual. The programme also includes content on the behavioural sequelae of head injury as well as communication issues and management of stress. Optional sessions focus on specific ongoing problems		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	which the families may be experiencing such as pain management or guilt.		
	Content/session titles  - Session 1 'Introduction to I-InTER-ACT Program'; Session 2 'Introduction to Positive Parenting Skills and Special Play Time'; Session 3 'Staying Positive and Coping with Stress'; Session 4 'Behavior Management'; Session 5 'Introduction to 'Lead Your Child' (Parent Directed Interaction)'; Session 6 'Dealing with Anger'; Session 7 'Introduction to Consequences for Not Following Directions'; Session 8 'Cognitive Problems'; Session 9 'House Rules and Using Positive Parenting Skills in Real Life'; Session 10 'Closing Thoughts' (p1490). Titles of optional sessions are as follows: 'Marital Communication'; 'Parents and Siblings'; 'Pain Management'; 'Guilt and Grief'; 'Working with the School and Transition Issues' (p1490).		
	Location/place of delivery  — Sessions are conducted in the family home. The first session is delivered during a home visit but the remainder are delivered online and take the form of a web module (including reading about specific skills, watching videos of parents demonstrating these skills, and completing exercises on these		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	skills) and a videoconference session via Skype or Movi Client during which the parents and therapists review the web module, role-play the skills learnt during the web module. The parent then plays with their child and practices these skills whilst receiving 'bug-in-the-ear' feedback from the therapist. Supplementary sessions included both a web module and videoconference session. Families also appear to have been given access to a website providing information on abusive head trauma.		
	Describe comparison intervention  Internet Resource Comparison Group. Families in this group were given access to a study website that provided links to a range of internet re- sources which included information on traumatic brain injury, support groups and associations, as well as resources focusing on recovery, coping and par- enting skills. Families were asked to use these as often as they liked and to note which they found the most useful.		
	Outcomes measured Quality of parenting and parent-child relationships  — Parent-child interactions (changes in parenting skills and child compliance from pre to post-test) were assessed		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims	'- '- '- '- '- '- '- '- '- '- '- '- '-		Overall validity rating
	berg Child Behavior Inventory (Eyberg and Pincus 1999; parental report - measures frequency and intensity of a child's oppositional behaviour and conduct problems - provides total problems and total intensity scores. Scores over 65 are considered to be clinically		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	elevated.) Child behaviour was also measured using the Child Behavior Checklist (Achenbach and Rescorla 2000, 2001; parental report - 1 of 2 versions used depending on age of child - measures behavioural and emotional functioning over last 6 months - authors used composite scales measuring internalizing behaviours, externalizing behaviours and total problems). Scores of 65 or more are considered to be clinically elevated.		

15. Oxford ML, Fleming CB, Nelson EM et al. (2013) Randomized trial of Promoting First Relationships: Effects on maltreated toddlers' separation distress and sleep regulation after reunification. Children and Youth Services Review 35: 1988–92

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  The study aimed to determine the impact of Promoting First Relationships, an attachment focused intervention, for toddlers recently reunified with their biological parent after being placed in foster care. The study specifically evaluated the impact of the inter-	Participants Children and young people  — Toddlers with a change in primary caregiver in the previous 7 weeks as a result of a court-order, recently reunified with their biological parent. (The age of the participating children is variously reported as ten to 24 months and 11 to 36 months).  Caregivers and families  — Biological parents of toddlers who had experienced a court-ordered	Effect sizes Children and young people's health and wellbeing outcomes  NB Dyads were excluded from analysis if the child was removed from the parents care during the course of the study. Data therefore based on 43 dyads (control – n=25, intervention – n=18) Sleep problems at six month follow-up: Comparison of means showed no significant difference between groups (t=1.54, p=.132). However, regression analysis adjusting for covariates including sleep problems at baseline showed that being in PFR was a significant predictor of reduced sleep problems (b=-2.116,	Overall assessment of internal validity  Overall assessment of external validity  ++ Overall validity score  Key study limitations: High attrition rate, particularly in intervention group. The exclusion from the study of dyads that were no longer in

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
vention on sleep problems. The authors decided to analyse the subsample of birth parents enrolled in the original study due to their increased risk and significant demographic differences when compared to foster carers or kinship carers participating in the parent study. The authors also note that it is more likely that this group will experience feelings of greater anxiety and inadequacy in the parenting role as a result of the removal of their child from their care and would therefore derive greater benefit from the intervention. The authors hypothesise that the intervention helps to develop parent's ability to respond sensitively to the behavioural cues of their child and support their ability to self-regulate, thereby leading to reductions in separation	Sex  - Male target child – Control n=11 (44%), intervention n=9 (50%). Male caregiver – Control n=4 (16%), intervention n=1 (6%).  Ethnicity  - Infant - Control - Hispanic n=3 (12%), Native American/Alaskan native n=1 (4%), Black n=1 (4%), mixed race n=2 (8%), 'unable to determine' n=2 (4%), White n=19 (76%). Intervention - Hispanic n=0 (0%), Native American/Alaskan native n=0 (0%), Black n=3 (17%), mixed race n=5 (28%), 'unable to determine' n=0 (0%), White n=10 (56%). The study required eligible caregivers to speak English.	p<0.05). (NB p value is denoted with *, but this is missing from the table key. However, tables elsewhere in the paper use * to denote a value of <0.05). The effect size, in terms of standard deviation unit difference, was d=0.67.  Separation distress at 6 month follow-up: Comparison of means showed significant difference between groups in favour of the intervention - (t=3.05, p=.004). Study had predicted that sleep problems would be mediated by separation distress. This was tested using a path model. This showed a significant association between the intervention and reduced separation distress (path coefficient = -0.45, p<0.05), and a significant association between reduced separation distress and reduced sleep problems (path coefficient = -0.34, p<0.05). The unstandardised estimate for the indirect effect of PFR on sleep problems (mediated by separation distress) was -0.96 (95% CI =2.22 to -0.07).  Narrative findings - effectiveness  The study found that being in the intervention group (compared to control group) significantly predicted reduction in sleep problems, with medium to large effect size (d=0.67). Path analysis showed that the relationship between being in the intervention group and reduced sleep problems, was mediated by impact on separation distress.	the same household (presumably those in which the child had been removed back in to care) is a possible source of bias, as these are likely to be families with the highest level of need, for whom the intervention may have been less likely to be effective. Exclusion of these families may therefore have inflated estimates of the effectiveness of the intervention. The sample size for the study is also relatively small (n=43), and there is no consideration in the paper of study power.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
distress and sleep problems.  Methodology  - Secondary analysis of data from an RCT focusing on a subsample (biological parent-child dyads) of the overall population (included kinship carers and foster carers) originally randomised (reported in Spieker et al. 2012).  Country Not UK.  - USA (single county).  Source of funding  Government.  - National Institute of Mental Health.	· · · · · · · · · · · · · · · · · · ·		
	month assessment only 18 remained intact.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample size  – n=56 randomised. NB Only data from dyads which remained intact were used in analyses. At the six month assessment only 43 remained intact.		
	Intervention category Parenting programmes.		
	Intervention Describe intervention – Promoting First Relationships.		
	Delivered by  – Providers from community mental health services.		
	Delivered to  - Biological parents of children between the ages of 10 and 24 months whose child had experienced a courtordered change in primary caregiver in the last seven weeks but had recently been reunified with their parent.		
	Duration, frequency, intensity  – Ten weekly sessions around 60–75 minutes in length. The authors report that 67% of parents in the intervention group took part in all ten sessions.		
	Key components and objectives of intervention		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	- The authors report that Promoting First Relationships is designed to '…improve sensitive, responsive, and predictable care by caregivers (foster, kin, and birth caregivers) of toddlers with a recent child welfare mandated placement change' (p1989). One session focused on caregiver responses to separation distress, and responses to distress more generally are reported as a wider theme of the intervention. Work focusing specifically on separation distress involved the use of a videotaped separation and reunion between the caregiver and child which the provider used to help the caregiver to understand the emotional cues the child showed (e.g. indirect displays of distress, or inconsolable distress which the caregiver might interpret as manipulative, etc.) and recognise the need for a predictable relationship with their child. This work also involved encouraging the parent to reflect on their recent separation and reunification with their child and addressed their feelings of anger, anxiety and guilt regarding these events.  Content/session titles  N/A.		
	Location/place of delivery  – Caregiver's home.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Describe comparison intervention  – Early Educational Services.		
	<b>Delivered by</b> Specialists in early education.		
	Delivered to Biological parents of children between the ages of ten and 24 months whose child had experienced a court-ordered change in primary caregiver in the last seven weeks but had recently been reunified with their parent.		
	Duration, frequency, intensity Three monthly sessions of 90 minutes; 96% of parents in the comparison group took part in all three sessions.		
	Key components and objectives of intervention – Education in early development of children and referral to other services when necessary.		
	Content/session titles N/A.		
	Location/place of delivery Caregiver's home.		
	Outcomes measured Children and young people's health and wellbeing outcomes		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Parental reports of sleep problems</li> </ul>		
	were measured using 4 items from the		
	Child Behavior Checklist (Achenbach		
	and Rescorla, 2000) and 2 items from		
	the Brief Infant Toddler Social and		
	Emotional Assessment (Briggs-Gowan		
	& Carer 2002). The score on this scale		
	was the average of the 6 items. NB		
	Only measured at the 6 months post-		
	intervention assessment due to the		
	age of participating children at base-		
	line and immediate post-intervention		
	assessment. Separation distress was		
	measured using the Separation Dis-		
	tress meaning cluster of the Toddler		
	Attachment Sort-45 (Kirkland et al.		
	2004), a modified version of the At-		
	tachment Q-Sort (Waters 1987). The		
	authors report that this cluster '		
	weights most heavily on the following		
	items: 'When mom talks with others,		
	child wants attention', 'Child is very		
	clingy, stays close to mom', 'Child		
	cries when mom leaves or moves to		
	another place, and Child gets upset if		
	mom leaves or shifts place' (p1991).		
	NB This was measured during a home		
	visit in which researchers observed the		
	child's distress when their parent ap-		
	peared to leave the home.		

16. Purvis KB, Razuri EB, Howard ARH et al. (2015) Decrease in Behavioral Problems and Trauma Symptoms Among At-Risk Adopted Children Following Trauma-Informed Parent Training Intervention. Journal of Child and Adolescent Trauma 8: 201–210

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating.
Study aim: 'Using a two-group, pre-post intervention design, the current study evaluated the effectiveness of a parent training utilizing Trust-Based Relational Intervention, a traumainformed, attachment-based intervention, in reducing behavioral problems and trauma symptoms in at-risk adopted children' (p201).  Methodology RCT including cluster.  Country Not UK. USA.	<ul> <li>Participants</li> <li>Children and young people.</li> <li>Caregivers and families.</li> <li>Sample characteristics</li> <li>Age - Age in years: Control group (7.88) Intervention group (7.88)</li> <li>Sex - Intervention: 30 male 18 female Control: 30 male 18 female Control: 30 male 18 female</li> <li>Ethnicity - Intervention: Asian 9 Black/African American 13 Hispanic/Latino 1 White/Caucasian 20 Native American 1 Other 0 Control: Asian 12 Black/African American 16 Hispanic/Latino 4 White/Caucasian 16 Native American 0 Other 0</li> <li>Type of abuse – Intervention: Neglect Yes 35 No 13; Physical abuse Yes 13 No 35; Sexual abuse Yes 7 No 41. Control: Neglect Yes 37 No 11; Physical abuse Yes 19 No 29; Sexual abuse Yes 7 No 41.</li> <li>Looked after or adopted status - All participants were adopted.</li> <li>Sample size</li> <li>Comparison numbers - 48 children</li> <li>Intervention numbers - 48 children</li> <li>TBRI is a trauma-informed intervention grounded in attachment theory</li> </ul>	Effect sizes Children and young people's health and wellbeing outcomes. The study found significant effects in relation to four of the five SDQ subscales (as reported by caregivers). Care-givers reported that emotional problems, conduct problems, hyperactivity/inattention and total difficulties were 'significantly lower' following the intervention. The results in the post-test found an improvement in children who had had the intervention. There was no significant improvement over time for children in the control group. Significant interaction between time and age (current) Emotional Problems: p<.05 ηp 2=.05), Peer Problems: p<.01, ηp2=.08), Total Difficulties: (p<.05, ηp2=.06).	Overall assessment of internal validity +  Overall assessment of external validity ++  Overall validity score +

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating.
	that seeks to improve outcomes for vulnerable children by (1) helping caregivers see the needs of children who have experienced relational trauma and (2) helping caregivers do what is necessary to meet those needs TBRI consists of three sets of principles that facilitate felt-safety, self-regulation, and connection: Empowering Principles, Connecting Principles, and Correcting Principles. Each set of principles has two associated sets of strategies' (p203).		
	Delivered by Trainers who had a least two years experience of TBRI parent training.		
	Delivered to Adoptive parents of children who had a history of maltreatment.		
	Duration, frequency, intensity, etc. The treatment group attended a four day TBRI training session designed to teach strategies and skills to improve behaviour.		
	Key components and objectives of intervention The TBRI intervention is based on three principles that seek to improve outcomes for vulnerable children. The principle are: Empowering principles -		

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating.
	Aiming to help care givers develop the child's capacity for self-regulation and decrease negative and disruptive behaviour. Connecting principles - Aiming to help build trusting relationships and connect the other two principles Correcting principles - To shape behaviour and responses. Each of these principles is linked to strategies. Empowering principles: Ecological strategies and psychological strategies. Connecting principles: Mindful awareness and engagement strategies. Correcting Principles: Proactive strategies and responsive strategies.		
	Content/session titles On site group: Four-day TBRI parent training. One day on each principle and an overview day. The days consisted of lectures, standardised presentations, group discussions, therapy, group activities and videos.		
	Location/place of delivery Four training sessions at the university.		
	Describe comparison intervention The control group were offered on-line training.		
	Outcomes measured Children and young people's health		

Research aims.	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating.
	and wellbeing outcomes The assessments: Strengths and difficulties questionnaire and the trauma symptom checklist. Strengths and difficulties measures behavioural problems Trauma Symptom checklist measures posttraumatic symptoms The study reports on short-term improvements in behaviour and trauma		

17. Reddy SD, Negi LT, Dodson-Lavelle B et al. (2013) Cognitive-Based Compassion Training: A promising prevention strategy for at-risk adolescents. Journal of Child and Family Studies 22: 219–30

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim	Participants	Effect sizes	Overall assessment of
- Aim of study to ex-	Children and young people	Children and young people's health and wellbeing	internal validity
amine whether a 6-	– A sample of children aged 13–17 liv-	outcomes	
week Cognitive-Based	ing in the foster care system.	Depressive symptoms measured using the Quick In-	Overall assessment of
Compassion Training		ventory of Depressive Symptomatology-Self report	external validity
(CBCT) intervention	Sample characteristics	(QIDS-SR; Rush et al. 2003): No significant differ-	+
would improve psycho-	Age	ences between groups post-treatment (no data pro-	Unable to award ++ due
social functioning	<ul><li>– Mean age 14.7 (sd=1.14)</li></ul>	vided).	to lack of specifity re-
among adolescents in	Sex	Anxiety measured using the State-Trait Anxiety Inven-	garding maltreatment
foster care.	<ul> <li>Female 56%, Male 44%</li> </ul>	tory (Spielberger et al. 1983). No significant differ-	history of Participants.
	Ethnicity	ences between groups post-treatment (no data pro-	
Methodology	– 78.8% African American	vided).	Overall validity score
RCT.	Religion/belief	Self-harm measured using functional assessment of	-
	<ul><li>Not reported</li></ul>	self-mutilation (FASM, Lloyd et al. 1997): No outcome	Poor reporting of sam-
Country	Disability	data reported (no data provided).	ple size and attrition
Not UK.	<ul><li>Not reported</li></ul>		rates. Unclear whether
– US study.	Long term health condition		assessors were blinded

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Psychiatric disorder: One axis I disorder 37%; More than 1 axis 1 disorder 51% (anxiety disorders 6%, depression/dysthymia 36%, attention-deficit hyperactivity disorder 40%, oppositional defiant/conduct disorder 43%, adjustment disorder 10%, bipolar disorder 7%, post-traumatic stress disorder 10%). One psychiatric medication 13%, two or more psychiatric medications 29%. BMI: 20% overweight (BMI 25-29.9) 11.4% obese (BMI of 30 or above).</li> <li>Sexual orientation <ul> <li>Not reported.</li> <li>Socioeconomic position</li> <li>Not reported.</li> </ul> </li> <li>Type of abuse <ul> <li>Experiences of abuse measured using the Child Trauma Questionnaire (Fink et al. 1995). Scale measuring abuse ranging from 0 to 20 (0 to 12 for minimisation/denial scale), with higher scores indicating more abuse. Scores (standard deviations) for CBCT group; waitlist Emotional abuse: 5.92 (6.0); 5.56 (5.12) Physical abuse: 6.83 (6.81); 4.29 (5.23) Sexual abuse: 2.72 (5.20); 3.26 (5.91) Emotional neglect: 6.69 (5.11); 7.50 (5.80) Physical neglect: 4.03 (3.97); 3.74 (3.25) Minimisation/denial: 8.42 (3.04); 8.59 (3.28) Looked after or adopted status</li> <li>All Participants in foster care</li> </ul> </li> </ul>	Respondent experiences of positive and negative emotions assessed using Self-other Four Immeasurables Scale, SOFI, Kraus and Sears 2009): No between-groups comparisons were conducted. Agency (beliefs about initiating and moving towards goals) measured using Children's Hope Scale (CHS; Snyder et al. 1991): No significant differences between groups post-treatment (no data provided). Difficulties with Emotion Regulation Scale (DERS; Gratz and Roemer 2004): No significant differences between groups post-treatment (no data provided). Callous and unemotional traits measured using Inventory of Callous and Unemotional traits self report version and parent version (Essau et al. 2006): No between-groups comparisons were conducted.  Narrative findings - effectiveness  — There was no significant improvement on self-report measures of psychosocial outcomes for the CBCT group compared to a wait-list control. However, the authors note that 'CBCT was positively evaluated by the majority of this population of at risk adolescent, and most reported they would recommend it to a friend' (p225).	to treatment condition. No consideration of statistical power. Short follow-up time.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Unaccompanied asylum seeking, refugee or trafficked children  – Not reported.		
	Sample size Comparison numbers  - Not reported. Intervention number  - Not reported. Sample size  - Unclear if sample is 70 (in abstract) or 71 (see Table 1).		
	Intervention category Cognitive-based compassion training.		
	Intervention Describe intervention  - Cognitively-Based Compassion Training is described as 'a type of contemplative practice that teaches active contemplation of loving-kindness, empathy and compassion towards loved ones, strangers and enemies (Ozawade Silva and Dodson-Lavelle 2011; Ozawa-de Silva et al. in press)' (p220).  Delivered by  - Not reported.  Delivered to  - Children aged 13–17 in foster care.		
	Duration, frequency, intensity  – Twice-weekly classes for 6 weeks.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Key components and objectives of intervention  - The study states that 'Building on basic mindfulness practice, Cognitively-Based Compassion Training (CBCT) employs a variety of cognitive restructuring and affect generating practices with the long-term goal of developing an equanimity of mind that fosters acceptance and understanding of others (Salzberg 2002)' (p220).  Content/session titles  - Not reported.		
	Location/place of delivery  – Not reported.  Describe comparison intervention  – Waitlist.		
	Outcomes measured Children and young people's health and wellbeing outcomes  – Depressive symptoms measured us- ing the Quick Inventory of Depressive Symptomatology-Self report (QIDS- SR; Rush et al. 2003). Anxiety meas- ured using the State-Trait Anxiety In- ventory (Spielberger et al. 1983). Self- harm measured using functional as- sessment of self-mutilation (FASM,		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Lloyd et al. 1997) Respondent experiences of positive and negative emotions assessed using Self-other Four Immeasurables Scale, SOFI, Kraus and Sears 2009). Agency (beliefs about imitating and moving towards goals) measured using Children's Hope Scale (CHS; Snyder et al. 1991) Difficulties with Emotion Regulation Scale (DERS; Gratz and Roemer 2004) Callous and unemotional traits measured using Inventory of Callous and Unemotional traits self report version and parent version (Essau et al. 2006).  Service outcomes  — Post-treatment, Participants completed a 5-item feedback form assessing 1. The helpfulness of the programme, 2. Frequency of thinking about CBCT principles or lessons outside of class, 3. Whether they would recommend the programme to a friend, 4. If they would like to have this programme offered in their schools and 5. How they felt about the length of the programme. The form also in-		
	cluded open-ended questions about what they had learned, use of CBCT in daily life and how the programme could be improved.		

# 18. Rushton A, Monck E, Leese M et al. (2010) Enhancing adoptive parenting: A randomized controlled trial. Clinical Child Psychology and Psychiatry 15: 529–42

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim	Participants	Effect sizes	Overall assessment of
<ul> <li>The study aimed to</li> </ul>	Children and young people	Quality of parenting and parent-child relationships	internal validity
evaluate 2 parenting	<ul> <li>Adopted children (late placed) be-</li> </ul>	<ul> <li>The authors note that 'due to small sample size the</li> </ul>	-
programmes designed	tween the ages of 3 and 8 assessed	statistical analysis was mainly conducted on the com-	Overall assessment of
to improve adoptive	as having serious behavioural prob-	bined interventions versus 'service as usual' cases.	external validity
parenting and child be-	lems using the Strengths and Difficul-	At first follow-up assessment (controlled for scores at	++
havioural problems.	ties Questionnaire (score must be	baseline).	Overall validity score
·	greater than 13 if this had been com-	Expression of Feelings Questionnaire: Small to me-	-
Methodology	pleted by the parents or higher than 11	dium effect size, non-significant difference between	The small sample size
<ul> <li>Two experimental</li> </ul>	if this had been completed by the	groups - d=0.49, p=0.11.	and use of a scale with
conditions versus care	child's social worker.	Post Placement Problems: - Very small effect size,	unclear reliability or va-
as usual. Due to the		non-significant difference between groups - d=0.01,	lidity, as well as a lack
small sample size the 2	Caregivers and families	p=0.95.	of detail on key method-
experimental groups	<ul> <li>Adoptive parents of children (late</li> </ul>	Parenting Sense of Competence Scale - satisfaction	ological issues such as
were combined for anal-	placed) between the ages of 3 and 8	with parenting: Small effect size, non-significant differ-	the use of intent to treat
ysis purposes.	assessed as having serious behav-	ence between groups - d=0.31, p=0.27.	analysis means that it is
	ioural problems.	Parenting Sense of Competence Scale - parenting effi-	not possible to award a
Country	,	cacy: Small effect size, non-significant difference be-	higher score. The analy-
UK	Sample characteristics	tween groups d=0.20, p=0.46.	sis also combines the 2
– England.	Age	Daily Hassles (frequency): Small effect size, non-sig-	parenting interventions,
_	- Childs mean age at placement - In-	nificant difference between groups - d=0.25, p=0.4.	making it difficult to
Source of funding	tervention 68 months (SD=19), control	Daily Hassles (intensity): Medium effect size, non-sig-	draw conclusions about
Government	65 months (SD=17). Childs mean age	nificant difference between groups - d=0.53, p=0.09.	what has led to any im-
<ul> <li>Department of Health</li> </ul>	at first admission to care - Intervention	At second follow-up assessment (controlled for scores	provement in outcomes.
and Department for	37 months (SD=14), control 27	at baseline).	
Children, Schools and	(SD=7).	Expression of Feelings Questionnaire: Small effect	
Families.	Sex	size, non-significant difference between groups -	
Voluntary/charity	- Female children - Intervention 53%,	d=0.29, p=0.26.	
<ul> <li>Nuffield Foundation.</li> </ul>	control 55%.	Post Placement Problems: Small effect size, non-sig-	
	Ethnicity	nificant difference between groups - d=0.21, p=0.55.	
	- Ethnicity (% of white children) - Inter-	Parenting Sense of Competence Scale - satisfaction	
	vention 84%, control 88%.	with parenting: Medium to large effect size, significant	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Religion/belief  - Not reported. Disability  - Not reported. Long term health condition  - Not reported. Sexual orientation  - Three of the adoptive couples were same-sex. Socioeconomic position  - Nine children had been placed with single parents. Severe economic deprivation in birth family - Intervention 52%, control 61%. Type of abuse  - Reason for child's first admission to	difference between groups in favour of the combined intervention group - d=0.7, p=0.007, 95% CI – 8.4 to - 1.4).  Parenting Sense of Competence Scale - parenting efficacy: Small effect size, non-significant difference between groups - d=0.34, p=0.21.  Daily Hassles (frequency): Very small effect size, non-significant difference between groups - d=0.13, p=0.68.  Daily Hassles (intensity): Very small effect size, non-significant difference between groups - d=0.13, p=0.58. The authors also report the analysis of parental management of emotional difficulties and provide statistical analysis of this but this appears to be based on qualitative data with no explanation of how this was collected (e.g. questions asked), as a result this data	
	care: Neglect (intervention 89%, control 89%), sexual abuse (intervention 21%, control 22%), physical abuse (intervention 58%, control 44%), emotional abuse (intervention 57%, control 33%), carer's mental illness (intervention 47%, control 39%), carer's addiction (intervention 42%, control 72%), concern about siblings (intervention 56%, control 43%), Schedule 1 offender in household (intervention 16%, control 22%), domestic violence (intervention 63%, control 55%).  Looked after or adopted status – Looked after or adopted status – All children had been adopted by non-relative parents. Children placed with existing foster parents were ineligible to	Children and young people's health and wellbeing outcomes  — At first follow-up assessment (controlled for scores at baseline)  Total score on the Strengths and Difficulties Questionnaire: Small effect size, non-significant difference between groups - d=0.35, p=0.23.  At second follow-up assessment (controlled for scores at baseline).  Total score on the Strengths and Difficulties Questionnaire: Very small effect size, non-significant difference between groups - d=0.13, p=0.66. NB. Only data for total scores on this scale are provided which is calculated by adding together scores on the first four subscales which cover emotions, behaviour, restlessness and concentration, and peer relationships. Impact	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	participate. At baseline assessment, the child had been with their adoptive parents for an average of 12 months (range 5 to 18). The mean number of changes in placement prior to this was six for the intervention group (standard deviation 2.9) and 6 for the control group (standard deviation 3.7). Unaccompanied asylum seeking, refugee or trafficked children – Not reported.	scores and scores on the fifth subscale which measures pro-social behaviour are only reported narratively. Parents perceptions of their child's progress in relation to emotional distress, behaviour and attachment were measured at the final follow-up assessment using a visual analogue scale (mark on a line) however this is only reported in narrative form.  Satisfaction with services  Satisfaction with Parenting Advice Questionnaire: No statistical data provided.	
	Sample size Comparison numbers - n=18 Intervention number - Group 1 (Parent advice type 1 - cognitive behavioural) n=10, group 2 (Parent advice type 2 - educational) n=9. NB Due to the small sample size these two groups were combined for the purposes of analysis. Sample size - n=37.  Intervention category Parenting programmes - The study evaluated 2 parenting programmes in comparison to care as usual. The first is described as a cognitive behavioural approach and the second is described as an educational approach.	Narrative findings - effectiveness Quality of parenting and parent-child relationships At the first follow-up assessment there were no significant differences between groups in scores on the Expression of Feelings Questionnaire; the Post Placement Problems scale; the satisfaction with parenting and the parenting efficacy subscales of the Parenting Sense of Competence Scale; and the frequency and intensity subscales of the Daily Hassles scale. At the second follow-up assessment there was a significant difference in scores on the satisfaction with parenting subscale of the Parenting Sense of Competence Scale which showed a medium to large effect in favour of the intervention group. However, there were no significant differences between groups in scores on the Expression of Feelings Questionnaire; the Post Placement Problems scale; the parenting efficacy subscale of the Parenting Sense of Competence Scale; and the frequency and intensity subscales of the Daily Hassles scale.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Intervention Describe intervention  - Both the cognitive behavioural and the educational approach were designed to help adoptive parents have greater control of their child's problematic behaviour and to foster a ' consistent, responsive, parenting environment' (p531).  Delivered by  - Both experimental interventions were delivered by children and family social workers who were 'familiar' with adoption (p532). They received train-	Children and young people's health and wellbeing  — There were no significant differences between groups in total scores, impact scores or scores on any subscales of the Strengths and Difficulties Question- naire at either the first or second follow-up assess- ment. The authors also report that on the visual ana- logue scale of parental judgements of their child's pro- gress (level of emotional distress, misbehaviour, and attachment) there were no significant differences be- tween the groups in their perceptions of the level or di- rection of change. Satisfaction with services — The au- thors report that there were no differences between the 2 groups in scores on the Satisfaction with Paren- tal Advice Questionnaire. However, the data for this measure is not reported earlier in the paper.	
	ing as well as guidance on the use of the manual and could access supervision by the relevant professional who had assisted in the creation of each programme.	Narrative findings – qualitative data  – The authors report that adoptive parents who had participated in one of the two parenting programmes ' almost universally responded positively' (p538) and note that parents appreciated the ability to work	
	Delivered to  - Both experimental interventions were delivered to adoptive parents. In the case of couples, both parents were encouraged to participate.	with the same advisor on the specific problems their child had. This was viewed positively in contrast to the generalised advice they had received in the past. Parents who participated in the cognitive behavioural focused group were reported to value the help they received in implementing what they had learnt in a con-	
	Duration, frequency, intensity  – Cognitive behavioural approach – 10 sessions (no further information provided). Educational approach – 10 sessions (no further information provided).	sistent and persistent manner, whilst those in the education focused group appreciated the opportunity to develop their understanding of the situation aided by an experienced practitioner. The advisers involved were reported to value the components of the manuals which focused on play but were less positive about those which focused on aggression. The authors also	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Key components and objectives of intervention  Cognitive behavioural approach (manualised): The cognitive behavioural approach draws on the work of Webster-Stratton and was adapted with the assistance of a clinical psychologist. The programme demonstrates the use of praise as a means of encouraging acceptable behaviour and the use of firm limits, 'logical consequences' and problem-solving as a way of discouraging problematic behaviour. The programme emphasises the importance of daily play sessions and helping parents when their child rejects their praise. The authors report that the intervention includes a cognitive element because ' parenting behaviour is influenced by how adopters construe the child's behaviour and how they come to see themselves in relation to the child' (p531). Educational approach (manualised): The educational approach was designed for the purposes of the study with input from a county adoption adviser. It is intended to enhance the adoptive parents understanding of their child's behaviour and possible triggers of anger or distress. The programme focuses on the adoptive parent's response to		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	parenting challenges and aims to enable them to anticipate these and consequently be able to manage them better. The advisers who delivered this intervention used local authority adoption records to gain an understanding of each family and the attachment and developmental history of the child.		
	Content/session titles		
	<ul> <li>Cognitive behavioural programme - Session 1 – 'Getting to know the parents and introducing the programme', session 2 – 'Using positive attention to change behaviour', session 3 – 'The value of play for establishing positive relationships', session 4 – 'Using verbal praise', session 5 – 'Praise and rewards', session 6 – 'Learning clear commands and boundaries', session 7 – 'Using 'ignoring' to reduce inappro-</li> </ul>		
	priate behaviour, session 8 – 'Defining for the child the consequences of undesirable behaviour', session 9 – 'Time Out' and problem solving, session 10 – 'Review and ending' (p531). Educational programme - Session 1 – 'Getting to know the parents and introducing the programme', session 2 – 'Understanding insecurity', session 3 –		
	Helping parents understand their own reactions to disturbed children's behaviour, session 4 – 'Understanding how 'bad experiences' affect learning		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	and behaviour', session 5 – 'Understanding how 'bad' and broken relationships affect development', session 6 – 'Children's survival strategies and defensive reactions: the outward show', session 7 – 'The expression and control of feelings', session 8 – 'Understanding how children develop new relationships', session 9 – 'Surviving in the wider world', session 10 – 'Review and ending' (p532).		
	Location/place of delivery  – Both interventions were delivered in the family home.  Describe comparison intervention  – Services as usual - no further details are provided.		
	Outcomes measured Quality of parenting and parent-child relationships  - The nature and progress of the parent-child relationship was measured using the Expression of Feelings Questionnaire (Quinton et al. 1998; completed by adopters). This assesses the child's ability to express their feelings and to seek comfort. Higher scores indicate better adjustment. Problematic post-adoption behaviour such as rejection of the new parents was measured using the Post		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Placement Problems questionnaire (completed by adopters). Higher scores indicate more problematic behaviour. Parental satisfaction as well as sense of competence was measured using two scales of the Parenting Sense of Competence Scale (Johnston and Mash 1989; Ohan et al. 2000). Common challenges in the parenting role such as difficulties at mealtimes or arguments between siblings were measured using the frequency and intensity subscales of the Daily Hassles scale (Crnic and Booth 1991). Higher scores indicate more significant problems. The authors also report that they measure parental management of emotional difficulties and provide statistical analysis of this but this appears to be based on qualitative data with no explanation of how this was collected (e.g. questions asked), as a result only the qualitative findings have been extracted from this section.		
	Children and young people's health and wellbeing outcomes  – Psychosocial problems were measured using the Strengths and Difficulties Questionnaire (Goodman 2001) which was completed by the adoptive parents. (Only data for total scores on		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	this scale are provided which is calculated by adding together scores on the first four subscales which cover emotions, behaviour, restlessness and concentration, and peer relationships. Impact scores and scores on the fifth subscale which measures pro-social behaviour are only reported narratively.) Parents perceptions of their child's progress in relation to emotional distress, behaviour and attachment were measured at the final follow-up assessment using a visual analogue scale (mark on a line). Satisfaction with services  — Parental satisfaction with the 2 experimental interventions were measured using the Satisfaction with Parenting Advice Questionnaire (Davies and Spurr 1998).		

19a. Spieker SJ, Oxford ML, Kelly JF et al. (2014) Promoting First Relationships: Randomized trial of a relationship-based intervention for toddlers in child welfare. Child Maltreatment 17: 271–86

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  - The study aimed to evaluate the impact of the Promoting First Re- lationships intervention for caregivers of tod- dlers with a recent placement in foster	<ul> <li>Children between the ages of 10 and 24 months with a change in primary caregiver in the previous seven weeks as a result of a court-order.</li> </ul>	Effect sizes Quality of parenting and parent-child relationships  – NB Dyads were excluded from analysis if a change in caregiver occurred during the course of the study. Caregiver outcomes post-intervention (adjusted for baseline score, age of child, multiple removals, caregiver type, and time between baseline and post-intervention assessment). Positive effect sizes represent a	Overall assessment of internal validity  Overall assessment of external validity  ++ Overall validity score  +

Research aims
care. The authors hypothesised that the intervention ' would result in improved parenting and child outcomes relative to a comparisor condition in which families received homebased services that were not relationship fo cused' (p273).
Methodology RCT.
Country Not UK – USA.
Source of funding

## Source of funding

Government

 National Institute of Mental Health.

## PICO (population, intervention, comparison, outcomes)

#### Caregivers and families

 Caregivers of children between the ages of ten and 24 months who had recently experienced a court-ordered change in primary caregiver. (Birth parents, foster parents and kinship carers were all eligible.)

## Sample characteristics

Age

– Infant mean age in months (standard deviation) - Control 18.06 (4.49), intervention 17.96 (4.97). Caregiver mean age in years (standard deviation) - Control 36.50 (10.95), intervention 35.39 (10.98).

#### Sex

Male target child – Control n=55 (52.4%), intervention n=63 (60%).
 Gender of caregivers not reported, only that 5 of the birth parents were fathers.

#### Ethnicity

– Ethnicity – Infant - Control - Hispanic n=12 (52.4%), Native American/Alaskan native n=5 (4.8%), Black n=14 (13.3%), mixed race n=18 (17.1%), Native Hawaiian/Other Pacific Islander n=0 (0%), 'unable to determine' n=4 (3.4%), White n=65 (61.9%). Intervention - Hispanic n=9 (8.6%), Native American/Alaskan native n=9 (8.6%),

## Findings

beneficial effect of the intervention. Based on data from 175 dyads (control n=89, intervention n=86). Sensitivity: Significant difference between groups in favour of the intervention group, small to medium effect size - F=5.22, p=.024, d=0.41. Support: No significant differences between groups - F=0.48, p=.491, d=0.11. Commitment: No significant differences between groups - F=0.86, p=.354, d=-0.17. Understanding of toddlers: Significant difference between groups in favour of the intervention group, small to medium effect size - F=4.21, p=.042, d=0.36.

Caregiver outcomes 6 months post-intervention (adjusted for baseline score, age of child, multiple removals, caregiver type, and time between baseline and six months post-intervention assessment). Positive effect sizes represent a beneficial effect of the intervention. Based on data from 129 dyads (control n=70, intervention n=59).

Sensitivity: No significant differences between groups - F=2.02, p=.158, d=0.29. Support: No significant differences between groups - F=0.58, p=.446, d=0.18. Commitment: No significant differences between groups - F=0.67, p=.414, d=0.16. Understanding of toddlers: No significant differences between groups - F=3.55, p=.062, d=0.39.

Parameter estimates of intervention effects on monthly change – model 1 – estimated effects of intervention on change baseline to immediate post-intervention assessment and immediate post-intervention assessment to 6 months post-intervention assessment.

Intervention effect on monthly rate of change - baseline to immediate post-intervention assessment

Overall validity rating

Key study limitations: Relatively high attrition rate from the study. Relatively high numbers of Participants did not complete follow up assessments (n=28 (26%) at post-intervention stage, and n=34 (32%) at the 6 month point.) At the immediate post-intervention assessment this was comparable by group but at the 6 month point greater numbers of dyads in the intervention group (n=22) failed to complete assessments than those in the control group (n=12). In addition, significant numbers of dyads were excluded from the analyses due to changes in caregiver throughout the course of the study. This meant that data from only 56% of participants in intervention group, and 66% of comparison group were used in the analysis.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Black n=17 (16.2%), mixed race n=23 (21.9%), Native Hawaiian/Other Pacific Islander n=2 (1.9%), 'unable to determine' n=3 (2.9%), White n=51 (48.6%).  Religion/belief  Not reported.  Disability  Not reported.  Long term health condition  Not reported.  Sexual orientation  Not reported.  Socioeconomic position  Household income of less than \$20,000 per year – control n=27 (26.5%), intervention n=23 (23%). Mean caregiver years in education (standard deviation) – control 12.93 (1.79), intervention 13.11 (2.10).  Type of abuse  Not reported.  Looked after or adopted status  Removed from birth parents home on more than one occasion – control n=5 (4.8%), intervention n=17 (16.2%). chi-square (1, n=210)=7.31, p<.01.  Caregiver type – Control – biological parent n=29 (27.6%), kinship carer n=30 (28.6%), foster parent n=46 (43.8%). Intervention - biological parent n=27 (25.7%), kinship carer n=35 (33.3%), foster parent n=43 (41%).	Sensitivity (caregiver): The intervention had a significant positive effect on sensitivity from baseline to post-intervention - b = .34, p<.05.  Support (caregiver): The intervention did not have a significant effect on support from baseline to post-intervention - b=.01.  Commitment (caregiver): The intervention did not have a significant effect on commitment from baseline to post-intervention - b=.00.  Understanding of toddlers (caregiver): The intervention had a significant positive effect on understanding of toddlers from baseline to post-intervention - b=.53, p<.01.  Intervention effect on monthly rate of change - immediate post-intervention assessment to 6 months post-intervention assessment Sensitivity (caregiver): The intervention did not have a significant effect on sensitivity from post-intervention to six months - b=08.  Support (caregiver): The intervention did not have a significant effect on support from post-intervention to six months - b=01.  Commitment (caregiver): The intervention did not have a significant effect on commitment from post-intervention to 6 months - b=.02.  Understanding of toddlers (caregiver): The intervention did not have a significant effect on understanding of toddlers from post-intervention to 6 months - b=01.  Model 2 – estimated effects of intervention on monthly rate of change - baseline to 6 months post-intervention assessment  Sensitivity (caregiver): The intervention did not have a significant effect on sensitivity from baseline to 6 months - b=.06.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Mean age of child in months at first removal (standard deviation) – control 10.86 (7.07), intervention 10.73 (7.78). Mean number of changes in caregivers since birth – Control 2.70 (1.51), intervention 2.67 (1.66). Unaccompanied asylum seeking, refugee or trafficked children – Not reported.  Sample size Comparison numbers – n=105 randomised. NB Only data from dyads which were remained intact were used in analyses. At the immediate post-intervention assessment only 89 dyads remained intact. At the 6 month assessment only 70 remained intact. Intervention number – n=105 randomised. At the immediate post-intervention assessment only 86 dyads remained intact. At the 6 month assessment only 59 remained intact. Sample size – n=210 randomised. NB Only data from dyads which remained intact were used in analyses. At the immediate post-intervention assessment only 175 dyads remained intact. At the six month assessment only 129 remained intact. Intervention	Support (caregiver): The intervention did not have a significant effect on support from baseline to 6 months - b=.02.  Commitment (caregiver): The intervention did not have a significant effect on commitment from baseline to 6 months - b=.01.  Understanding of toddlers (caregiver): The intervention had a marginally significant positive effect on understanding of toddlers from baseline to six months - b=.13, p<.10. NB Using a less commonly accepted significance threshold.  Children and young people's health and wellbeing outcomes  - Child outcomes (adjusted for baseline score, age of child, multiple removals, caregiver type, and time between baseline and post-intervention assessment). Positive effect sizes represent a beneficial effect of the intervention. Based on data from 175 dyads (control n=89, intervention n=86). Security: No significant differences between groups - F=0.68, p=.410, d=0.16.  Engagement: No significant differences between groups - F=0.76, p=.386, d=-0.15.  Competence: Significant differences between groups in favour of the intervention group, small to medium effect size - F=4.77, p=.031, d=0.42.  Problem behaviour: No significant differences between groups - F=0.01, p=.924, d=-0.02.  Child outcomes 6 months post-intervention (adjusted for baseline score, age of child, multiple removals, caregiver type, and time between baseline and 6 months post-intervention assessment). Positive effect sizes represent a beneficial effect of the intervention.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims	Describe intervention  Promoting First Relationships (manualised).  Delivered by  Masters prepared' providers working for 1 of 5 community mental health agencies. Providers were trained for a total of 90 hours over 6 months and were mentored during the provision of the intervention to 3 families. Weekly reflective sessions with other providers were also conducted throughout the programme (p274).  Delivered to  Caregivers of children between the ages of ten and 24 months who had recently experienced a court-ordered change in primary caregiver. (Sample included birth parents, foster parents and kinship carers.)	Based on data from 129 dyads (control n=70, intervention n=59).  Security: No significant differences between groups - F=0.12, p=.736, d=-0.13. Engagement: No significant differences between groups - F=0.71, p=.402, d=-0.18. Competence: No significant differences between groups - F=0.63, p=.429, d=-0.16. Problem behaviour: No significant differences between groups - F=0.62, p=.434, d=-0.16. Internalizing problems: No significant differences between groups - F=0.02, p=.879, d=0.03. Externalising problems: No significant differences between groups - F=0.42, p=.520, d=0.13. Sleep problems: No significant differences between groups - F=2.85, p=.094, d=0.34. 'Other problems': No significant differences between groups - F=0.51, p=.475, d=0.14. Emotional regulation: No significant differences between groups - F=1.02, p=.314, d=0.20. Orientation: No significant differences between groups - F=0.13, p=.723, d=0.06. Parameter estimates of intervention effects on monthly change – model 1 – estimated effects of intervention	
	Duration, frequency, intensity  – Ten weekly sessions around 60–75 minutes in length. The authors report that 71% of the caregivers assigned to the intervention group participated in all ten sessions, 3% took part in more than half of the sessions, 20% took part in fewer than half of the sessions and 7% did not take part in any sessions.  Key components and objectives of intervention	on change baseline to immediate post-intervention assessment and immediate post-intervention assessment to 6 months post-intervention assessment. Intervention effect on monthly rate of change - baseline to immediate post-intervention assessment — Engagement (child): The intervention did not have a significant effect on engagement from baseline to post-intervention - b=02. Competence (child): The intervention did not have a significant effect on competence from baseline to post-intervention - b=.10. Problem behaviour (child): The intervention did not have a significant effect on problem behaviour from baseline to post-intervention - b=.05. Intervention effect on	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Although the intervention is manualised the authors report that the sessions were designed specifically for this project. The intervention also includes the use of 5 videotaped child-caregiver interactions which are used to guide sessions and prompt discussion of the strengths of the parent and their interpretation of the child's behaviour. Providers also practised the 'Promoting First Relationships Ways of Being' which emphasises the importance of establishing an emotional connection with the caregiver, sensitive interviewing techniques, reflective practice, positive and instructive feedback, reflection, and responsive and validating statements.</li> </ul>	monthly rate of change - immediate post-intervention assessment to 6 months post-intervention assessment – Security (child): The intervention did not have a significant effect on security from post-intervention to 6 months - b=.01. Engagement (child): The intervention did not have a significant effect on engagement from post-intervention to six months - b=01. Competence (child): The intervention had a significant negative effect on competence from post-intervention to 6 months - b=15, < .01. Problem behaviour (child): The intervention did not have a significant effect on problem behaviour from post-intervention to 6 months - b=.03. Model 2 – estimated effects of intervention on monthly rate of change - baseline to 6 months post-intervention assessment – Security (child): The intervention did not have a significant effect on security from baseline to 6 months - b=.00. Engagement (child): The intervention did not have a significant effect on engagement from	
	Content/session titles  - The Promoting First Relationships manual includes topics such as attachment theories, challenging behaviours, emotional and social needs of children, and reflective parenting. Topics developed specifically for this study included 'Staying connected during difficult moments' and 'Memory of a strong emotion' (p275).  Location/place of delivery  - Caregiver's home.  Describe comparison intervention	baseline to 6 months - b=01. Competence (child): The intervention did not have a significant effect on competence from baseline to 6 months - b=07. Problem behaviour (child): The intervention did not have a significant effect on problem behaviour from baseline to 6 months - b=.03.  Caregiver/parent health and wellbeing outcomes – Caregiver outcomes post-intervention (adjusted for baseline score, age of child, multiple removals, caregiver type, and time between baseline and post-intervention assessment). Positive effect sizes represent a beneficial effect of the intervention. Based on data from 175 dyads (control n=89, intervention n=86). Stress related to perceptions of caring for a difficult child: No significant differences between groups -	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Early Education Support. Few details on the comparison intervention are provided. Delivered by – Providers worked at one of five community mental health agencies and had a bachelors degree. Delivered to - Caregivers of children between the ages of ten and 24 months who had recently experienced a court-ordered change in primary caregiver. (Sample included birth parents, foster parents and kinship carers.)</li> <li>Duration, frequency, intensity         Three monthly sessions of 90 minutes. The authors report that 81% of caregivers in the comparison group participated in all 3 visits, 15% took part in one or two and 4% did not take part in any.     </li> <li>Key components and objectives of intervention         Not reported. The only information provided is that providers of this intervention helped the families to access other services such as Early Head Start, mental health services housing, etc. and suggested activities to ' promote growth and development.' (p 275).     </li> </ul>	F=1.54, p=.216, d=-0.22. Stress related to perceptions of a dysfunctional caregiver-child interactions: No significant differences between groups - F=.51, p=.478, d=-0.13.  Caregiver outcomes 6 months post-intervention (adjusted for baseline score, age of child, multiple removals, caregiver type, and time between baseline and 6 months post-intervention assessment). Positive effect sizes represent a beneficial effect of the intervention. Based on data from 129 dyads (control n=70, intervention n=59). Stress related to perceptions of caring for a difficult child: No significant differences between groups - F=0.07, p=.790, d=0.06. Stress related to perceptions of dysfunctional caregiver-child interactions: No significant differences between groups - F=0.67, p=.415, d=-0.17.  Parameter estimates of intervention effects on monthly change – model 1 – estimated effects of intervention on change baseline to immediate post-intervention assessment and immediate post-intervention assessment to 6 months post-intervention assessment. Intervention effect on monthly rate of change - baseline to immediate post-intervention - b=.19. Stress related to perceptions of dysfunctional caregiver-child interactions (caregiver): The intervention did not have a significant effect on stress relayed to perceptions of a dysfunctional caregiver-child relation-ship from baseline to post-intervention - b=05. Intervention effect on monthly rate of change - immediate post-intervention assessment to 6 months post-intervention - b=05. Intervention effect on monthly rate of change - immediate post-intervention assessment to 6 months post-intervention effect on monthly rate of change - immediate post-intervention assessment to 6 months post-intervention effect on monthly rate of change - immediate post-intervention assessment to 6 months post-intervention effect on monthly rate of change - immediate post-intervention assessment to 6 months post-intervention effect on monthly rate of change - immediate post-intervention assessment to 6 months pos	
	Content/session titles N/A.	vention assessment – Stress related to perceptions of caring for a difficult child (caregiver): The intervention	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Location/place of delivery Caregiver's home.	did not have a significant effect on stress related to perceptions of caring for a difficult child from post-intervention to 6 months - b=08. Stress related to perceptions of dysfunctional caregiver-child interactions	
	Outcomes measured Quality of parenting and parent-child relationships  – Sensitivity (e.g. positive interactions, mutuality, verbal and non-verbal sup-	(caregiver): The intervention did not have a significant effect on stress related to perceptions of a dysfunctional caregiver-child relationship from post-intervention to 6 months - b=.05. Model 2 – estimated effects of intervention on monthly rate of change - baseline to	
	port, sensitive instruction) was measured using the Nursing Child Assessment Teaching Scale an observational videotaped assessment measure (Barnard 1994). Support (e.g. ac-	6 months post-intervention assessment – Stress related to perceptions of caring for a difficult child (caregiver): The intervention did not have a significant effect on stress related to perceptions of caring for a difficult child from baseline to 6 months - b=.00. Stress related	
	ceptance/warmth, follows child lead) was measured (observational) using the Indicator of Parent–Child Interaction (Baggett et al. 2009). Commitment to the child (e.g. missing the child, desire to take care of child in the future)	to perceptions of dysfunctional caregiver-child interactions (caregiver): The intervention did not have a significant effect on stress related to perceptions of a dysfunctional caregiver-child relationship from baseline to 6 months - b=.07.	
	was measured using the caregiver completed This Is My Baby scale (Bates, 1998; Dozier and Lindhiem 2006). Higher scores suggest higher levels of commitment. Understanding of toddlers (emotional and social needs and developmentally appropri-	Narrative findings - effectiveness  — Quality of parenting and parent-child relationships Caregiver outcomes post-intervention — Based on data from 175 dyads (control n=89, intervention n=86). At the immediate post-intervention assessment there was a significant difference between groups in scores of caregiver sensitivity (small to medium effect size)	
	ate expectations) was measured using the caregiver completed Raising a Baby (Kelly and Korfmacher 2008). Children and young people's health and wellbeing outcomes  – Attachment security was measured using the Toddler Attachment Sort-45	measured using the Nursing Child Assessment Teaching Scale and caregiver understanding of toddlers (small to medium effect size) measured using the Raising a Baby scale. There were no significant differences between groups in scores of caregiver support (measured using the Indicator of Parent–Child Interaction) and caregiver commitment to the child (measured	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	(Kirkland et al. 2004), a modified version of the Attachment Q-Sort (Waters 1987). The authors report the use of a sorting technique described by the developers of TAS45 as trilemmas. These are a specific set of three from which the observer chooses which is most like and which is least like the behaviour of the child. Each of descriptive statement appears in two trilemmas and there are 30 trilemmas in total. Scoring provides an overall score of attachment security. Engagement (e.g. positive feedback, turn-taking, etc.) was measured (observation) using scores from the Indicator of Parent–Child Interaction (Baggett et al. 2009) as used to measure caregiver support. Competence (e.g. positive social behaviours) and Problem-Behaviours in the last month were measured using the Brief Infant Toddler Social and Emotional Assessment (Briggs-Gowan and Carter 2002). Child behaviour in the last two months was measured using the caregiver completed the Child Behavior Checklist for Ages 1 ½–5 (Achenbach and Rescorla 2000). The internalizing, externalizing, sleep problems and 'other problems' scales were used. NB This was only measured at the 6 months post-intervention assessment point due to the	using the This Is My Baby scale). Caregiver outcomes six months post-intervention - Based on data from 129 dyads (control n=70, intervention n=59). At the 6 months post-intervention assessment there were no significant differences between groups in scores of caregiver sensitivity, caregiver support, caregiver commitment, and caregiver understanding of toddlers. Caregiver/parent health and wellbeing Caregiver outcomes post-intervention – Based on data from 175 dyads (control n=89, intervention n=86). At the immediate post-intervention assessment there were no significant differences between groups in scores of caregiver stress related to perceptions of caring for a difficult child or caregiver stress related to perceptions of a dysfunctional caregiver-child relationship (both measured using the short form of the Parenting Stress Index). Caregiver outcomes 6 months post-intervention - Based on data from 129 dyads (control n=70, intervention n=59). At the 6 months post-intervention assessment there were no significant differences between groups in scores of caregiver stress related to perceptions of caring for a difficult child or caregiver-child relationship. Children and young people's health and wellbeing Child outcomes post-intervention - based on data from 175 dyads (control n=89, intervention n=86). At the immediate post-intervention assessment there was a significant difference between groups in scores of child competence in favour of the intervention group (small to medium effect size) measured using the Brief Infant Toddler Social and Emotional Assessment tool. There were no significant differences between groups in scores of child attachment security (measured using the Toddler Attachment Sort-45), child engagement	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	age of the child at baseline and immediate post-intervention assessment. Emotional regulation was measured using seven out of ten items from the Emotional Regulation factor of the Bayley-III Screening Test (Bayley 2005). NB This was not measured at the immediate post-intervention assessment as the authors report the interval was too brief. Orientation/engagement was measured using 6 out of 9 items from the Orientation/Engagement factor of the Bayley Behavior Rating Scales (Bayley 1993). NB This was not measured at the immediate post-intervention assessment as the authors report the interval was too brief.  Caregiver/parent health and wellbeing outcomes  — Parenting stress linked to the perception of caring for a difficult child or a dysfunctional caregiver—child relationship was measured using the caregiver completed short form of the Parenting Stress Index (Abidin 1995) administered during the structured interview.	(measured using the Indicator of Parent–Child Interaction) or child problem behaviours (measured using the Brief Infant Toddler Social and Emotional Assessment). Child outcomes six months post-intervention - Based on data from 129 dyads (control n=70, intervention n=59). At the 6 months post-intervention assessment there were no significant differences between groups in scores of child attachment security, child competence or child problem behaviours. At the 6 months post-intervention assessment the study also measured internalizing problems externalizing problems, sleep problems, 'Other problems' (all measured using subscales of the Child Behavior Checklist for Ages 1 ½–5) and found no significant differences between groups in scores on any of these scales. Emotional regulation and orientation were also measured (both using the Orientation/Engagement factor of the Bayley Behavior Rating Scales) and no significant differences between groups in scores on either of these were found. Parameter estimates of intervention effects on monthly change – model 1 – estimated effects of intervention assessment and immediate post-intervention assessment to 6 months post-intervention assessment. Intervention effect on monthly rate of change – baseline to immediate post-intervention assessments and immediate post-intervention assessments the intervention had a significant positive effect on monthly change in scores of caregiver sensitivity and caregiver understanding of toddlers. The intervention did not have a significant effect on monthly change in scores of caregiver support, caregiver commitment, caregiver stress related to perceptions of caring for a difficult child, caregiver stress	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		related to perceptions of a dysfunctional caregiver-child relationship, child attachment security, child engagement, child competence, and child problem behaviours. Intervention effect on monthly rate of change immediate post-intervention assessment to 6 months post-intervention assessment – Between immediate post-intervention assessments and 6 months post-intervention assessments the intervention had a significant negative effect on monthly change in scores of child competence. The intervention did not have a significant effect on monthly change in scores of caregiver sensitivity, caregiver support, caregiver commitment, caregiver understanding of toddlers, caregiver stress related to perceptions of caring for a difficult child, caregiver stress related to perceptions of dysfunctional caregiver-child interactions, child attachment security, child engagement, and child problem behaviours. Model 2 – estimated effects of intervention on monthly rate of change - baseline to six months post-intervention assessments — Between baseline assessments and 6 months post-intervention assessments the intervention had a marginally significant positive effect on monthly change in scores of caregiver understanding of toddlers (using a less commonly accepted significance threshold of p < .10). The intervention did not have a significant effect on monthly change in scores of caregiver sensitivity, caregiver support, caregiver commitment, caregiver stress related to perceptions of caring for a difficult child, caregiver stress related to perceptions of dysfunctional caregiver-child relationships, child security, child engagement, child competence, and child problem behaviours.	

19b. Spieker SJ, Oxford ML, Fleming CB (2014) Permanency outcomes for toddlers in child welfare two years after a randomized trial of a parenting intervention. Children and Youth Services Review, 44: 201–6

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: 'We ask whether an attachment-based parenting program directed at promoting sensitive caregiving has an effect on the child's placement stability and legal permanency two years later' (p202).  Methodology RCT.  Country Not United Kingdom. USA.  Source of funding Government.	intervention has an effect on the permanency of foster placements.  Sample characteristics	Effect sizes  Quality of parenting and parent-child relationships Logistic regression intent-to-treat models were constructed to assess differences by intervention in stability and permanency. Model 1 entered intervention and all covariates (foster/kin placement, age of child in months, months in child welfare, number of prior placements, multiple removals and commitment) as predictors. Model 2 entered an additional interaction term between caregiver type and intervention condition. 1. Stability Model 1 found no significant effect on stability of the intervention. Significant effects were found in two covariate areas: Children who enrolled with birth parents were found to be more likely to be living with them two years later (OR=0.16, 95% CI 0.07 to 0.34). Also, those children living with caregivers who had a greater 'commitment level' were also more likely remain living with them 2 years later (OR=1.89, 95% CI 1.20 to 2.98). Model 2 suggested a differential relationship with stability depending on which type of carer received the intervention, with the intervention x caregiver interaction term showing a marginally statistically significant result (p<0.10 OR=3.91, 95% CI 0.82 to 18.52). This showed that being in the intervention group was more positively related to placement stability for foster/kin caregivers compared to birth parents. 2. Permanency Model 1 showed no impact of intervention group on permanency. In Model 2 the intervention x caregiver interaction term was significant (OR=9.67, 95% CI 1.54 to 60.68), suggesting that being in the intervention group was more positively related to permanency for foster/kin carers compared to birth carers. 3.	Overall assessment of internal validity  Overall assessment of external validity  ++  Overall validity score  Coded for consistency with Spieker (2012).

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Intervention numbers - 105 children  Intervention  Describe intervention  The intervention was called Promoting First Relationships (PFR). It is designed to improve the sensitivity and responsiveness of caregivers toward toddlers that have been placed in their care. The intervention is made up of 10 sessions (over 10 weeks). The sessions lasted 60 to 75 minutes. The training was delivered by a mental health worker. The intervention uses: 'attachment theory-informed, strength-based consultation strategies in conjunction with video feedback' (p203). Five sessions used 'reflective video feedback' (p202). The videos of caregivers playing with the child were watched by the caregivers and the mental health worker. There was discussion on parenting strengths and how well the care giver responded to the child's cues. The caregivers reflected on the previous session's progress. Caregivers were issues with up to 15 handouts on various parenting topics. PFR aimed to inform caregivers that difficult or challenging behaviour from toddlers was a sign of attachment		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	needs or a 'language of distress', re- curring greater emotional openness from the caregiver.		
	<b>Delivered by</b> Mental health practitioners, at masters level.		
	Delivered to Caregivers of toddlers who had been placed with them by child welfare. Duration, frequency, intensity, etc. 10 sessions over 10 weeks.		
	Location/place of delivery In the family home.		
	Describe comparison intervention The comparison group received Early Education Support (EES). Provided from a community agency. Three sessions, over three 3, in the family home. Delivered by a child development specialist. The specialist assisted with suggesting activities that might stimulate the child's development and sign-posted to services in the community.		
	Outcomes measured Quality of parenting and parent-child relationships The study sought to measure stability and permanency outcomes. Stability		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	was defined as whether the child had remained with the same caregiver since randomisation in to the study. Permanency included reunification and discharge to the study birth parent, adoption by the study kin or non-kin caregiver or legal guardianship by the study caregiver.		

20. Stronach EP, Toth SL, Rogosch F et al. (2013) Preventive interventions and sustained attachment security in maltreated children. Development and Psychopathology 25: 919–30

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim  The aim of the study was to evaluate the efficacy of a child–parent psychotherapy programme and a psychoeducational parenting intervention in comparison to care as usual. The study focused on secure attachment and behavioural functioning at 12 months (expanding on the findings from a previous study in which as-	Participants Children and young people  - Maltreated children or siblings of maltreated children living with their biological mother (service records were used to identify families in which an indicated report for abuse or neglect had been filed) were randomised to one of three treatment conditions. The study also included a group of non-maltreated children in receipt of Temporary Assistance to Needy Families ' in order to obtain a demographically similar comparison group' (p 922). Service records for the Temporary Assistance to Needy Families programme were screened to exclude	<b>Effect sizes Quality of parenting and parent-child relationships</b> – NB It is not possible to provide a narrative description of the effect size due to lack of detail on the type of effect size reported.  Children's attachment in the 'Strange Situation' assessment at 12 months post-intervention follow-up (treatment completer analysis) –  Differences in attachment classification by group –  Significant difference, chi-square (9, n=145) = 33.49, p<.001, ES=0.28. Differences in rates of secure attachment between Child-parent Psychotherapy group and care as usual group – Children in the Child-parent Psychotherapy group had significantly higher rates of secure attachment than those in the care as usual group, chi-square (1, n=76) = 16.33, p<.001, ES=0.46.	Overall assessment of internal validity + Overall assessment of external validity ++ Overall validity score +

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
sessments were con-	families in which there was a history of	Differences in rates of disorganised attachment be-	
ducted in the immediate	maltreatment.	tween Child-parent Psychotherapy group and care as	
post-intervention period		usual group - Children in the Child-parent Psychother-	
- Cicchetti D, Rogosch	Caregivers and families	apy group had significantly lower rates of disorganised	
F, Toth SL, 2006, Fos-	- Biological mothers of maltreated chil-	attachment than those in the care as usual group, chi-	
tering secure attach-	dren (residing together) they or sib-	square (1, n=76) = 3.83, p=.05, ES=0.23. Differences	
ment in infants in mal-	lings of maltreated children living with	in rates of secure attachment between Psychoeduca-	
treating families through	their biological mother (service records	tional Parenting Intervention group and care as usual	
preventive interven-	were used to identify families in which	group – Non-significant difference, chi-square (1,	
tions. Development and	an indicated report for abuse or ne-	n=71) = 1.27, p=.26, ES = 0.13. Differences in rates of	
Psychopathology 18:	glect had been filed) were randomised	disorganised attachment between psychoeducational	
623-49). NB The	to one of three treatment conditions.	parenting intervention group and care as usual group -	
NCCSC have reported	The study also included a group of	Non-significant difference, chi-square (1, n=71) = 0.62,	
the findings of this pa-	non-maltreated children and their	p=.43, ES=0.09. Differences in rates of secure attach-	
per as part of the find-	mothers in families in receipt of Tem-	ment between Child-parent Psychotherapy group and	
ings extracted from	porary Assistance to Needy Families	psychoeducational parenting intervention group - Chil-	
Goldman Fraser J,	'in order to obtain a demographically	dren in the Child-parent Psychotherapy group had sig-	
Lloyd SW, Murphy RA	similar comparison group' (p922).	nificantly higher rates of secure attachment than those	
et al. (2013) Child expo-		in the Psychoeducational Parenting Intervention group,	
sure to trauma: Com-	Sample characteristics	chi-square (1, n=49)=5.41, p=.02, ES=0.33. Differ-	
parative effectiveness	Age	ences in rates of disorganised attachment between	
of interventions ad-	<ul> <li>All groups - Age of child at baseline</li> </ul>	child-parent psychotherapy group and psychoeduca-	
dressing maltreatment.	assessment (approximate) - 13.31	tional parenting intervention group - Children in the	
Comparative Effective-	months, SD=0.81. Age of mother at	Child-parent Psychotherapy group had significantly	
ness Review 89: 1–161.	baseline assessment (approximate) -	lower rates of disorganised attachment than those in	
	26.98 years, SD=5.98.	the Psychoeducational Parenting Intervention group,	
Methodology	Sex	chi-square (1, n=49) = 5.52, p=.02, ES=0.34. Differ-	
RCT.	<ul> <li>Maltreated group of children - female</li> </ul>	ences in rates of secure attachment between child-	
<ul> <li>Maltreated children</li> </ul>	n=77, male n=60. Non-maltreated	parent psychotherapy group and non-maltreated com-	
and their mothers were	group of children - female n=24, male	parison group - Non-significant difference, chi-square	
randomised to either a	n=28. All caregivers were female.	(1, n=74) = 2.06, p=.15, ES=0.17. Differences in rates	
child-parent psychother-	Ethnicity	of secure attachment between psychoeducational par-	
apy programme, a psy-	<ul><li>All groups - Mothers - 74% were</li></ul>	enting intervention group and non-maltreated compari-	
	from a 'minority race'. Children - not	son group - Non-significant difference, chi-square (1,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
choeducational parent-	reported.	n=69) = 1.64, p=.20, ES=0.13. Differences in rates of	
ing intervention or care	Religion/belief	secure attachment between care as usual group and	
as usual. The study	<ul><li>Not reported.</li></ul>	non-maltreated comparison group – Children in the	
	Disability	non-maltreated comparison group had significantly	
non-maltreated children	<ul><li>Not reported.</li></ul>	higher rates of secure attachment than those in the	
and their mothers as a	Long term health condition	care as usual group, chi-square (1, n=96) =8.68,	
comparison.	<ul> <li>Long term health condition - All</li> </ul>	p=.003, ES=0.30. Differences in rates of disorganised	
	groups - Mothers with a lifetime history	attachment between child-parent psychotherapy group	
Country	of post-traumatic stress disorder - 35%	and non-maltreated comparison group – Non-signifi-	
Not UK.	(n=65). Mothers meeting criteria for	cant differences, chi-square (1, n=74), = 0.13, p= .72,	
– USA.	post-traumatic stress disorder at base-	ES=0.04. Differences in rates of disorganised attach-	
	line assessment - 20% (n=38)	ment between psychoeducational parenting interven-	
Source of funding	Sexual orientation	tion group and non-maltreated comparison group –	
Government.	<ul><li>Not reported.</li></ul>	Children in the Psychoeducational Parenting Interven-	
<ul> <li>Administration for</li> </ul>	Socioeconomic position	tion group had significantly higher rates of disorgan-	
Children, Youth and	<ul> <li>Socioeconomic position - All groups</li> </ul>	ised attachment than those in the non-maltreated com-	
Families and the Na-	- Mothers who were married - 12.7%.	parison group, chi-square (1, n=69) = 5.40, p=.02,	
tional Institute for Men-	Mothers with a high school diploma or	ES=0.28.	
tal Health.	equivalent - 58.2%. Families in receipt		
Other.	of Temporary Assistance to Needy	Children and young people's health and wellbeing	
<ul><li>Spunk Fund, Inc.</li></ul>	Families - 96.3%.	outcomes	
	Type of abuse	<ul> <li>Child behaviour problems (maternal perceptions) at</li> </ul>	
	<ul> <li>Maltreated group - Participating child</li> </ul>	12 months post-intervention follow-up (treatment com-	
	indicated as target of abuse and/or ne-	pleter analysis) – Multivariate effect for treatment	
	glect in family report - 66.4%. Sibling	group – Non-significant effect, Wilks λ=0.95, F (9,	
	of participating child indicated as tar-	145)=0.86, p=.56. Child behaviour problems (maternal	
	get of abuse and/or neglect in family	perceptions) at 12 months post-intervention follow-up	
	report 33.6%. Participating child who	(intent-to-treat analysis) - Multivariate effect for treat-	
	had experienced neglect - 84.6%. Par-	ment group - Wilks λ=0.93, F (9, 145)=1.15, p=.32.	
	ticipating child who had experienced	NB. Intent-to-treat analysis does not include all com-	
	emotional maltreatment - 69.2%. Par-	parisons used in treatment completer analysis.	
	ticipating child who had experienced		
	physical abuse - 8.8%. Participating		
	child who had experienced sexual		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	abuse - 0%. All groups - Mothers who had been maltreated as children - 79.4% (n=150). Looked after or adopted status - All groups - All children were living with their biological mother. Unaccompanied asylum seeking, refugee or trafficked children - Not reported.	Narrative findings - effectiveness  — Children's attachment in the 'Strange Situation' assessment at 12 months post-intervention follow-up (treatment completer analysis)  At 12 month post-intervention follow-up there were significant differences between groups in attachment classifications. Maltreated children randomised to the child-parent psychotherapy group showed significantly higher rates of secure attachment and significantly	
	Sample size Comparison numbers  – Care as usual group (community standard) - n=35. Non-maltreated comparison group - n=52. Intervention number	lower rates of disorganised attachment than those assigned to the care as usual group. There was no significant differences in rates of secure or disorganised attachment between maltreated children randomised to the psychoeducational parenting intervention group or those randomised to the care as usual group. Maltreated children randomised to the child-parent psy-	
	<ul> <li>Child–parent psychotherapy - n=53.</li> <li>Psychoeducational parenting intervention - n=49.</li> <li>Sample size</li> <li>Maltreated sample - n=137. Nonmaltreated sample - n=52. Total sample - n=189.</li> </ul>	chotherapy group showed significantly higher rates of secure attachment and significantly lower rates of disorganised attachment than those assigned to the psychoeducational parenting intervention group. There were no significant differences in rates of secure attachment between maltreated children randomised to either the child-parent psychotherapy group or the psychodynational parenting intervention group in accomplished to the child-parent psychotherapy group or the psychotherapy group in accomplished to the psychotherapy group or the psychotherapy group or the psychotherapy group in accomplished to the psychotherapy group or the psychotherapy group or the psychotherapy group in accomplished to the psychotherapy group or the psychotherapy group grou	
	Intervention category Parenting programmes  - The study evaluated 2 interventions - Child–parent psychotherapy and a psychoeducational parenting interven- tion. Child-Parent Psychotherapy  - The study evaluated 2 interventions - Child–parent psychotherapy and a	choeducational parenting intervention group in comparison to the non-maltreated comparison group. Children in the non-maltreated comparison group had significantly higher rates of secure attachment than maltreated children randomised to the care as usual group. There were no significant differences in rates of disorganised attachment between maltreated children randomised to the Child-Parent Psychotherapy group and those in the non-maltreated comparison group. Maltreated children randomised to the Psychoeduca-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Intervention Describe intervention  - Child–parent psychotherapy (manualised) - A 'therapeutic model' which is intended to ' enrich the complex relationship between traumatized children and parents' (p923). Psychoeducational parenting intervention (manualised) - Modelled after a nurse home visiting programme (Olds DL and Kitzman H, 1990, Can home visitation improve the health of women and children at environmental risk? Pediatrics 86: 108–16) which provided low-income mothers with education about the physical and psychological development of their infant.	tional Parenting Intervention group showed significantly higher rates of disorganised attachment in comparison to children in the non-maltreated comparison group.  Child Behaviour problems at 12 months post-intervention follow-up (treatment completer analysis)  At 12 month post-intervention follow-up there were no significant differences between groups in maternal perceptions of externalising, internalising or total child behaviour problems.	
	Delivered by  - Child-parent psychotherapy - Therapists (masters level). Psychoeducational parenting intervention - Therapists (masters level).		
	Delivered to  - Child-parent psychotherapy - Mother and child. Psychoeducational parenting intervention - Mothers.		
	Duration, frequency, intensity  – Child–parent psychotherapy - weekly		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	sessions delivered over a 12-month		
	period (no further details provided).		
	The authors report that n=32 (60.4%)		
	of dyads randomised to the Child–parent psychotherapy took part in the pro-		
	gramme. Psychoeducational parenting		
	intervention - weekly sessions deliv-		
	ered over a 12-month period (no fur-		
	ther details provided). The authors re-		
	port that n=24 (48.9%) of dyads ran-		
	domised to the Child-parent psycho-		
	therapy took part in the programme.		
	Key components and objectives of		
	intervention		
	<ul> <li>Child–parent psychotherapy - The</li> </ul>		
	therapy provided is 'non-directive' and		
	'non-didactic' and focuses on the		
	mother's negative perceptions of her		
	relationship with her child stemming		
	from her own negative experiences or		
	insecure representational model. Dur-		
	ing the sessions the therapist ob- serves interactions between the		
	mother and child (using the child's own		
	toys) and responds 'empathically' to		
	these. Mothers are able to use this		
	support to address their negative per-		
	ceptions and differentiate ' between		
	affect and impulses associated with		
	past experiences versus current rela-		
	tionships' (p923) which results in		
	more positive and sensitive interac-		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	tions. The authors also note that further individual sessions with mothers could be arranged to ' discuss content that may be distressing to a verbal child, such as the mother's physical or sexual abuse history' (p923). Psychoeducational parenting intervention - The psychoeducational parenting intervention is didactic and intended to provide mothers with information on child development and parenting techniques, as well as helping them to reduce stress in the parenting role and to increase their personal satisfaction. Therapists also use a range of cognitive and behavioural techniques to help parents improve their parenting and problem solving skills, and to develop methods of relaxation and social support resources. This work was tailored to the primary needs of mothers.		
	Content/session titles - N/A.		
	Location/place of delivery  - Child-parent psychotherapy - Family home. Psychoeducational parenting intervention - Family home.  Describe comparison intervention  - Care as usual - Cases of families randomised to the 'community standard' group were managed by the De-		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	partment of Human Services ' according to their customary approach' (p922). They were also helped to access services and support that may have been difficult to reach otherwise. The authors note that this varied from ' minimal contact to group parent skills training or individual counseling' (p922).		
	Outcomes measured Quality of parenting and parent-child relationships  - Children's attachment was measured during participation in the 'Strange Situation' assessment. These were videotaped and attachment levels was classified into 1 of 5 categories using the Attachment Organization in Preschool Children: Procedures and Coding Manual (Cassidy J and Marvin RS, 1992, Attachment organization in		
	preschool children: Procedures and coding manual. Pennsylvania State University: Unpublished). Children and young people's health and wellbeing outcomes  – Maternal perceptions of children's behavioural problems were measured using the Child Behavior Checklist/2-3 (Achenbach 1992). The authors note that they interpreted scores on this scale as maternal perceptions of be-		

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
havioural problems rather than objective observations because of the tendency for abusive parents to over-report externalising behaviours.		

21. Swenson CC, Schaeffer CM, Henggeler SW et al. (2010) Multisystemic therapy for child abuse and neglect: A randomized effectiveness trial. Journal of Family Psychology 24: 497–507

## Study aim

To evaluate an adaptation of multisystemic therapy for physically abused adolescents and their families.

### Methodology

RCT.

## Country

Not UK.

US.

## Source of funding Government.

 US National Institute of Mental Health Grant.

#### **Participants**

#### Children and young people

– 86 youth (10 to 17 years old) and parent who was implicated in the CPS (Child Protection Services) report of physical abuse. Cases were referred by the county CPS.

#### **Caregivers and families**

Parents.

## Sample characteristics

Age

Mean age of youth: 13.88 years (SD 2.07 years); mean age of parents:41.79 years (SD 10.49 years).

Sex

Youths: 55.8% female; parents: parents: 65.1% female, and 58.1% were single parents.

**Ethnicity** 

Youths: 68.6% Black, 22.1% White, and 9.3% other;

Religion/belief

Not reported

Disability

## Effect sizes Incidence of abuse and neglect

– Maltreatment outcomes at 16 months reabuse of the youth: No significant difference - 4.5% youth in the MST-CAN condition experienced an incident vs. 11.9% of youth in the EOT condition. However, this was not significant (Chi-square=1.56, p=0.198, ns) odds ratio not reported Reabuse by parents: No significant difference -parents who received EOT were more likely to have an incident of reabuse relative to MST-CAN parents (4.8% vs.2.3% respectively, 95% CI 0.19 –24.43, ns), odds ratio not reported. Youth who received MST-CAN were significantly less likely to experience an out-of-home placement over 16 months than were youth in the EOT condition. (Chi-square=3.74, p<0.05, phi=0.21).

### Quality of parenting and parent-child relationships

– Parenting behaviours at 16 months 1. Youth and parent-reported neglect Significantly greater decrease in MSTCAN than EOT group (youth-reported d=0.89; parent-reported d=0.28) 2. Youth-reported psychological aggression Significantly greater decrease in MSTCAN than EOT group (youth-reported d=0.21) 3. Youth-reported minor assault Significantly greater decrease in MSTCAN than EOT group (youth-reported

## Overall assessment of external validity

+

# Overall assessment of internal validity

+

#### Overall validity score

+

Not reported

Long term health condition

28% of youth received medication for attention deficit hyperactivity disorder [ADHD] and 7% of caregivers for depression or anxiety.

Sexual orientation

- Not reported

Socioeconomic position

- 64.3%. Family annual income (US\$): < 10,000- range from 19.2% to 31.3%; 10,001–15,000, range from 14.4% to 13.1%; 15,001–20,000, range from 2.4% to 5.2%; 20,001–25,000, range from 19.1% to 7.8%; 25,001-30,000. range from 19.2% to 5.3%; > 30,000, range from 26.4% to 36.5%.
- Type of abuse
- More than 80% of the abuse incidents included at least minor injuries. and 23.3% of families had a prior CPS report. Abuse categories: Pushing or shaking (no injury), Excessive spanking (no injury), Pinched or bit (minor injury), Hit with object (minor injury), Threatened with a weapon, Major assault (e.g., battery, beating). Looked after or adopted status Some youths on placement Unaccompanied asylum seeking, refugee or trafficked children No.

#### Sample size

Comparison numbers

– 42 youths

d=0.14) 4. Youth and parent-reported severe assault Significantly greater decrease in MSTCAN than EOT group (youth-reported d=0.54; parent-reported d=0.57). Clinical significant of this: rates of youth-reported incidence of severe assault by parents in the MST-CAN group across the 16 months was approximately half that of the comparison group (4.7 vs 9.8 cases respectively). 5. Youth and parent-reported nonviolent discipline Significantly greater decrease in Caregiver: high school graduate 75.0 MSTCAN than EOT group (youth-reported d=0.20; parent-reported d=0.57).

#### Children and young people's health and wellbeing outcomes

 Youth outcomes at 16 months 1. youth-reported PTSD symptoms Significant decrease in MSTCAN group from 17.8% at baseline to 8.9% at 16 months, compared with an increase in EOT group from 19% at baseline to 21.4% at 16 months. Improvement was significantly greater for MST-CAN youth than EOT youth (effect size (d) 0.68 [no CI provided]) 2. youthreported dissociative symptoms Significant decrease in MSTCAN but not EOT youth (d=0.73) 3. parent-reported internalising Significant decrease in MSTCAN but not EOT youth (d=0.71) 4. parent-reported PTSD Significant decrease in MSTCAN but not EOT youth (d=0.55) 5. parent-reported total symptoms Significant decrease in MSTCAN but not EOT youth (d=0.85)

#### Caregiver/parent health and wellbeing outcomes

 Parent outcomes at 16 months 1. distress Parental. psychiatric distress: decrease in MSTCAN group from 20.5% at baseline to 5.3% at 16 months, compared with little change in EOT group from 16.7% at baseline to 15.8% at 16 months. This amounted to a significantly greater decrease in MSTCAN than EOT parents Intervention number

- 44 youths Sample size

86 youths (44 MST; 42 EOT)

### Intervention category

Other

 Multisystemic Therapy for Child Abuse and Neglect (MST-CAN) Intervention

### **Describe intervention**

 Adapted Multisystemic Therapy for Child Abuse and Neglect (MST-CAN) adaptation of Multi-systemic therapy (MST, Henggeler et al. 2009). The principal features of MST include addressing the multidetermined nature of serious clinical problems, working with the family to achieve behaviour changed, delivering services in the home to overcome barriers to service access, integrating evidence-based interventions within the delivery of MST, and using a comprehensive quality assurance system to support therapist fidelity.

#### **Delivered by**

- The MST-CAN therapists worked in a team of 3 with full time MST supervisors. An MST-trained psychiatrist was available to the team and provided evidence-based pharmacotherapy to children and parents when warranted. To maintain program fidelity, all MST-

(d=0.63) 2. Social support for parents significant increases reported in MSTCAN parents in total (d=0.46), appraisal (0.67), and belonging social support (0.57), whereas EOT counterparts did not.

#### **Narrative findings - effectiveness**

- This RCT reported improved outcomes in youths and parents who were implicated in CPS report of physical abuse, when they were offered Multisystemic therapy for child abuse and neglect (MSTCAN) compared with Enhanced Outpatient Treatment (EOT). At 16 months. MSTCAN was found to be more effective in decreasing youth and parent mental health problems such as (Swenson et al. 2010). MST-CAN is an internalizing, PTSD and dissociative symptoms. Parental use of severe assault was much reduced (reported by both youth and parents), so was youth-reported reduction in parental neglect after the intervention when compared with EOT. There was also improvement in perceived social support and belonging among MSTCAN parents, not evident in the EOT parents. Fewer youth in MSTCAN group experienced reabuse than those in the EOT group, though the effect was not statistically significant.

CAN therapists received a 5-day orientation to the standard MST model. Additional training sessions were provided for the MST-CAN adaptations. Therapists participated in 4 hours of weekly group supervision (two sessions of 2 hours each) and individual supervision as needed. All therapists in both intervention and comparison groups had masters degrees in clinical counselling, social work, or psychology and at least 1 year of prior clinical experience.

#### **Duration, frequency, intensity**

- As MST is outcome driven rather than time driven, the treatment length can vary by family. In this study, the length of treatment was allowed to extend beyond the typical 4 to 6 months used in standard MST. The MST therapists delivered interventions in the home and other community locations (e.g., school) at times convenient to families (e.g., evenings, weekend hours). The frequency of treatment sessions was adjusted to family need—ranging from daily sessions to once or twice per week. The team also provided a 24 hour/7 day per week on call service for families to manage crises.

### Key components and objectives of intervention

 MST practices aimed at overcoming barriers to service access. MSTCAN used a recursive analytical process to identify, develop, and prioritise interventions. Some of these interventions are conducted with all families and others only as warranted. 1. A safety plan was developed for and agreed by each family that outlined what family members would do if they felt unsafe. 2. The treatment team worked closely with CPS, aiming to foster positive CPS-family relations and ensure that any decisions made by CPS were based on clinical progress made by Support for the parent to address cognitions about the abuse incident, accept responsibility for the abuse, and apologise to the child and family. 4. A number of cognitive behavioral and behavioral interventions incorporated as needed such as CBT for deficits in anger management. Similarly, a CBT protocol was used with families who had problem solving skills or difficulties communicating. In addition, parents experiencing PTSD symptoms received prolonged exposure therapy.

#### Location/place of delivery

 Community setting (mental health centre), or homes or school as convenient to families.

#### **Describe comparison intervention**

 Enhanced Outpatient Treatment (EOT) A standard services provided for physically abused youths and their parents as well as enhanced engagement and parent training interventions. Additional services were provided as needed Referrals made to the Centre were followed up with psychiatric assessment. To support participation and retention in interventions within the EOT condition, therapists made multiple efforts to remind families about upcoming appointments and to reschedule missed appointments. Therapists also made home visits and provided vouchers to cover family transportation to the Centre. Parent training. The Systematic Training for Effective Parenting of Teens (STEP-TEEN; Dinkmeyer et al. 1998) programme was provided for all parents. STEP-TEEN is a structured, 7-lesson or longer, group-based parent-training programme that targets parent-child relations, through didactic instruction, roleplay, videotapes and group discussion, the program teaches skills in understanding teens, communication, problem solving, building responsibility, and encouraging cooperation. Within the EOT condition, STEP-TEEN, enhanced engagement, and other standard services delivered at the Centre were provided by a single therapist. All therapists in both intervention and comparison groups had masters degrees in clinical counselling, social work, or psychology and at least 1 year of prior clinical experience. To maintain programme fidelity, therapists in the EOT condition received one day of training on administering the STEP-TEEN programme and participated in weekly 1.5-hour consultation sessions with a supervisor not involved in any clinical aspect of MST-CAN.

#### Outcomes measured

Incidence of abuse and neglect

– Two measures of reabuse: new report of abuse of the target child; abuse of any child by the target parent. Obtained from CPS records.

Quality of parenting and parent-child relationships

- Parent functioning using the Global Severity Index (GSI) of the Brief Symptom Inventory (BSI; Derogatis 1975), also the number of symptoms was measured on the BSI Positive Symptom Total Scale (PST).
   Children and young people's health and wellbeing outcomes
- Youth functioning, measured using (a) the 113-item Child Behavior Checklist (CBCL; Achenbach 1991) and a 20-item CBCL-PTSD scale (Ruggiero & McLeer 2000); (b) The 54-item Trauma Symptom Checklist for Children (TSCC; Briere 1989) was used to assess children's self-reports of trauma-related symptoms including Anger, Anxiety, Depression, Dissociation, and Posttraumatic Stress; (c) Parent ratings of youth social skills with the Social Skills Rating System (Gresham & Elliott 1990).

outco – Par port a flict Ta 1998) aggre sault, suppo	enting behaviour (parent self-re- and youth report) using the Con- actics Scale (CTS; Straus et al. including neglect, psychological assion, minor assault, severe as- and nonviolent discipline. Social ort and belonging as measured	
by the	e Interpersonal Support Evalua- ist (ISEL; Cohen et al. 1985).	

22. Toth SL, Sturge-Apple ML, Rogosch FA et al. (2015) Mechanisms of change: Testing how preventative interventions impact psychological and physiological stress functioning in mothers in neglectful families. Development and psychopathology 27: 1661–74

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To identify	Participants	Effect sizes	Overall assessment of
the impact of 2 preven-	Children and young people -	Caregiver/parent health and wellbeing outcomes	internal validity
tative interventions -	Infants.		+
Child-Parent psycho-	Caregivers and families -	1. At baseline:	More precision on re-
therapy (CPP) and	Mothers. A Department of Human Ser-	a) Parent-related psychological stress	sults in providing confi-
Pyschoeducational Par-	vices (DHS) recruitment liaison identi-	Mothers in CPP group reported higher levels of parent-	dence intervals for dif-
enting Intervention	fied infants who were currently resid-	related psychological stress and child-related stress	ferences between
(PPI) on levels of ma-	ing with biological families who were	compared to mothers in NC group (d=2.07).	groups and a power cal-
ternal stress in mothers	subject to CPS reports for maltreat-	b) Child-related psychological stress	culation combined with
from neglectful families,	ment, specifically for this study, ne-	CPP mothers also reported higher levels of child-re-	no blinding.
compared with commu-	glect. Eligible mothers were contacted	lated psychological stress when compared to the NC	
nity standard treatment	and gave written consent for their	group and CS groups (d=3.60 and 2.11 respectively).	Overall assessment of
for maltreating parents	names to be passed to project staff. A	No other differences between groups was noted.	external validity
(CS) and a nonmaltreat-	, , , , ,		+
ing comparison group	of low-income (receiving Temporary	2. Post intervention:	Lack of UK focus and
(NC).	Assistance to Needy Families TANF)	a) Parent-related psychological stress	doesn't exactly address review question.

Research aims	PICO (po comparis
Methodology: RCT. This RCT randomised 105 mothers known to a US Department of Human Services as their children were subject to CPS reports for maltreatment to either Child-Parent Psychology intervention (CPP) or Psychoeducational Parenting (PPI) or community standard treatment (CS). Total 52 nonmaltreating mothers, enrolled in the Temporary Assistance to Needy Families (TANF) programme were recruited as a comparison group after being screened for child maltreatment through review of DHS record and interviews. The Maltreatment Classification System (Barnett et al. 1993) was used to code DHS records in order to recruit participants. Data was col- lected pre-intervention (baseline (child mean age 13.3 months));	mother-in ter being ment via I and a Marcation Interstaff.  Sample of Age - month group maltre 13.31. group group Sex - Ethnic statistic ence to Disabit   Disabit   Disabit   Disabit   Ported   Sexual   Sociote educal High SPI group group group group group group group group

### opulation, intervention, ison, outcomes)

nfant dyads, were recruited afscreened for child maltreat-DHS and preventive records aternal Maltreatment Classifiterview by DHS and research

#### characteristics

- Mean age of infants was 13 hs - CPP group 13.33; PPI eated comparison group . Mean maternal age - CPP 26.98; PPI group 26.35; CS 27.7; NC group 26.06.
- Infants 46 boys, 59 girls
- city not reported, only that tical analysis found no differbetween the 2 groups.
- ion/belief- Not reported.
- oility- Not reported.
- term health condition- Not re-
- al orientation— Not reported.
- peconomic position- Maternal ation attainment at less than School: CPP group 62.8%; roup 44.1%; CS group 51.9%; roup 26.9% Total income in 0: CPP group 17.20; PPI 15.90; CS group 18.54; NC 16.96.

### Findings

Mothers in the PPI group reported significantly improved reduction of levels of parenting-related psychological stress, both and pre and post intervention and when compared with the NC and CS groups (whose levels of parenting-stress remained the same or increased respectively)- d=2.43 and 2.44 respectively. There was no significant difference between PPI and CPP mothers (who reported no significant changes in parent-related stress) with d=1.10.

13.32; CS group 13.31; non- |b) Child-related psychological stress CPP mothers experienced a significant decrease in child-related psychological stress pre- and post-intervention, which was also significantly different from mothers in the NC and CS groups (d=2.61 and 2.29 respectively). It is unclear whether the difference between the CPP and PPI groups was significant where d=1.45. NC and CS groups reported increases in child-related psychological stress that was not statistically significant.

> Further conditional latent difference score analysis was conducted to analyse whether treatment related changes in maternal psychological stress from baseline to post-intervention was associated with changes in basal cortisol activity from post-intervention to 1year post intervention. The latent change score was regressed onto initial status to control for its effect and analysis was also controlled for pre-intervention levels of maternal parenting psychological distress variables. The only significant findings from this analysis related to CPP mothers, as it found in the CPP group a decrease in child-related psychological stress predicted a

#### Overall validity score

Overall validity rating

More precision on results in providing confidence intervals for differences between groups and a power calculation combined with no blinding.

post-intervention (child m age 27.6 months) and 1 year post-intervention (child m 39.13 months). Outcome measures of interest are levels of maternal psychological parenting stress, measured using the Parenting Stress Index (PSI: Abidin 1997) completed at baseline and 1 year lost-intervention and post-intervention and post-intervention and post-intervention and post-intervention and post-intervention followup. Home-based and centre-based research sessions were conducted with mothers and their children, with demographic questionnaires completed by mothers during home-based and centre-based research sessions were conducted with mothers and self-report measures and saliva samples provided during lab-based sessions. The intervents are levels of maternal psychological stress measured at baseline and 1 year post-intervention followup. Home-based and centre-based research sessions were conducted with mothers and their children, with demographic questionnaires completed by mothers during home-based interviews and self-report measures and saliva samples provided during lab-based sessions. The intervents are levels of abids and post-intervention follows.	Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
tions CPP, and PPI took place in mothers own Nonmaltreating comparison group	m age 27.6 months) and 1 year post-intervention (child m 39.13 months). Outcome measures of interest are levels of maternal psychological parenting stress, measured using the Parenting Stress Index (PSI: Abidin 1997) completed at baseline and post-intervention and physiological stress, measured via cortisol levels in saliva samples, measured at baseline and 1 year post-intervention follow-up. Home-based and centre-based research sessions were conducted with mothers and their children, with demographic questionnaires completed by mothers during home-based interviews and self-report measures and saliva samples provided during lab-based sessions. The interventions CPP, and PPI took	were subject to CPS reports of neglect were analysed by this study. Neglect was defined by this study as caregiver who 'failed to provide for a child's basic needs for food, clothing, shelter, medical, care, adequate hygiene, or physical safety.' Incidents coded as neglect were 'inadequate supervision, maintaining unsanitary living conditions failing to seek medical care, or to provide adequate nourishment' (p9). In the maltreatment sample mothers were more likely to have experienced abuse (72%) than comparison mothers (28%) (x2 (1)=5.73<.001). Mothers in the maltreatment sample - 74% reported having experienced physical abuse; 66% reported sexual abuse; 55% reported experiencing neglect as a child. 30% reported experiencing 2 types of maltreatment, 54% reported experiencing 3 or more.  • Looked after or adopted status— All infants living with biological mothers.  • Unaccompanied asylum seeking, refugee or trafficked children— Not reported.  Sample size  Comparison numbers -	B=.12, beta=.19; SE=.06, p<.05).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	n=52 Intervention numbers - CPP group n=44 PPI group n=34 Maltreating community standard comparison group n=27 Sample size -		
to adjust for missing data. A latent difference score approach was	Maltreating group n=105 Nonmaltreating comparison group n=52.		
in outcomes over time,	Intervention Describe intervention		
and how the groups dif- fered from each other, as well as the predictive	Two home-based preventative interventions, CPP and PPI, both designed to improve the mother-infant relation-		
link between psychological and physiological	ships and improve parenting in families that have been reported for mal-		
levels of stress. Time of day of saliva collection was controlled for, as	treatment.  Delivered by		
cortisol levels in saliva decline throughout the	CPP and PPI are both delivered by masters levels therapists who partici-		
day.  Country: Not UK. US.	pated in individual and group supervision on a weekly basis, with vide- otapes of sessions viewed by an inde-		
Source of funding:	pendent third party to verify and maintain fidelity.		
Voluntary/charity - Spunk Fund	Delivered to		
Government - National Institute of Mental Health	Mother-infant dyads. Duration, frequency, intensity, etc. Sessions delivered over 12 month period		
(MH54643).	riod.  Key components and objectives of		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	intervention		
	CPP is based on the understanding		
	that a caregiver's childhood experi-		
	ences of parenting will affect their own.		
	It uses a supportive and nondidactic		
	approach to improving the mother-in-		
	fant relationship by providing respon-		
	sive developmental guidance and ther-		
	apy that helps mothers to understand		
	the effect of their pasts on their own		
	parenting. It aims to improve their re-		
	sponsiveness, sensitivity and attune-		
	ment to the needs of their child, and		
	therefore begin to build a secure at-		
	tachment between mothers and chil-		
	dren. Beyond the mother-child rela-		
	tionship it also aims to help mothers		
	build a supportive relational network.		
	PPI in contrasts looks at current rather		
	than past concerns. It involves didactic		
	home-based parenting education and		
	skills training, problem solving and re-		
	laxation techniques. It uses cognitive		
	and behavioural techniques to address		
	parenting skills deficits; limited per-		
	sonal resources, poor social supports		
	and stresses in the home (those asso-		
	ciated with maltreatment) while en-		
	couraging mothers to seek further edu-		
	cation and employment and improving		
	their social support networks.		
	Location/place of delivery		
	Mother's homes.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Describe comparison intervention In the maltreatment sample, there was a comparison with community standard services for maltreatment (no further detail given). There was also comparison with a sample who were not maltreating and therefore required no services.		
	Outcomes measured Caregiver/parent health and wellbeing outcomes Maternal psychological and physiological parenting stress levels were measured using the Parenting Stress Index self-report questionnaire and assessments of saliva samples for cortisol levels. Results relating to cortisol levels have not been reported here. Parent-related stress (concerns about parental efficacy and competence; parental health and social isolation; relationship with others) was differentiated from child-related stress (parental perception of stress related to dealing with child's fluctuating mood, low adaptability and high demanding behaviour; difficulty in behaviour regulation and inability to reinforce parenting		

23. Winokur M, Ellis R, Drury I et al. (2014) Answering the big questions about differential response in Colorado: Safety and cost outcomes from a randomized controlled trial. Child Abuse and Neglect 39: 98–108

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: 1) To as-	Participants	Effect sizes	Overall assessment of
sess the impact on child	Children and young people -	Incidence of abuse and neglect	internal validity
safety outcomes of a	children and families with a referral for	-	+
family assessment re-	child neglect or abuse Inclusion criteria	Safety outcomes by regression analysis (Table 3).	Overall assessment of
sponse versus an in-	for Family assessment response		external validity
vestigation response	(FAR) cases: (1) mild to moderate	1. Referral within 365 days of initial referral: FAR=1407	+
assigned to children	general neglect, (2) educational ne-	(44%) vs. IR=820 (45%) (ns), total=2,227 (45%)	Overall validity score
and families with a re-	glect, (3) mild to moderate neglect	2. Assessment within 365 days of initial referral: FAR=	+
ferral for child neglect or	from an injurious environment due to	837 (26%) vs. IR=490 (27%) (ns), total=1,327 (27%)	
abuse 2) To examine	domestic violence, or (4) mild to mod-	3. High risk assessment (HRA) within 365 days of ini-	
the cost implications for	erate physical abuse. Exclusion crite-	tial referral: FAR= 390 (12%) vs IR=243 (13%) (ns), to-	
child welfare agencies	ria for FAR cases: Families with alle-	tal = 633 (13%)	
that implement a DR	gations of serious harm, sexual abuse,	4. Founded HRA within 365 days of initial referral:	
(Differential Response)-	or suspicious child fatality were ineligi-	FAR=142 (4%) vs. IR=79 (4%) (ns), total=221 (4%)	
organized CPS (child	ble for FAR.	5. Traditional Child welfare (CW) case opened after in-	
protective services) sys-	Caregivers and families -	itial involvement: FAR=234 (7%) vs. IR=160 (9%) (ns),	
tem.	children and families with a referral for	total=394 (8%)	
		6. Out-of-home (OOH) placement after initial involve-	
Methodology: RCT in-	for FAR cases: (1) mild to moderate	ment: FAR=188 (6%) vs IR=108 (6%) (ns), total=296	
cluding cluster.	general neglect, (2) educational ne-	(6%).	
	glect, (3) mild to moderate neglect		
	from an injurious environment due to		
- Colorado.	domestic violence, or (4) mild to mod-		
	erate physical abuse. Exclusion crite-	Survival analysis of the time-to-event data for predict-	
Source of funding	ria for FAR cases: Families with alle-	ing (Table 4)	
Government. The Chil-	gations of serious harm, sexual abuse,	1. The time to first referral: FAR and IR difference Haz-	
dren's Bureau, Admin-	or suspicious child fatality were ineligi-	ard ratio (HR) 0.961, p=0.3816 (ns)	
istration for Children	ble for FAR.	2. The time to assessment after the initial referral:	
and Families, US De-		FAR and IR difference Hazard ratio (HR) 0.975,	
partment of Health and	Sample characteristics	p=0.6427 (ns)	
Human Services.	<ul> <li>Age - Not reported At baseline FAR families (Mean=5.9 years) had an</li> </ul>	3. The time to HRA after the initial referral: FAR and IR difference Hazard ratio (HR) 0.820, p=0.0100 (sig)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	'older' youngest child, on average, than did IR families (Mean =5.4 years).  Sex - Not reported.  Ethnicity - Not reported.  Religion/belief— Not reported.  Disability— Not reported.  Long term health condition— Not reported.  Sexual orientation— Not reported.  Socioeconomic position— Not reported.  Socioeconomic position— Not reported At baseline IR families (Mean=2.0) had more children in the home, on average, than did FAR families (Mean=1.7) had more caregivers, on average, than did FAR families (Mean=1.6).  Type of abuse— neglect and abuse.  Looked after or adopted status— All infants living with biological mothers.  Unaccompanied asylum seeking, refugee or trafficked children— Not applicable.  Sample size  Comparison numbers— Investigation response (IR), n=1,802 cases Intervention numbers— Family assessment response (FAR), n=3,194 cases	4. The time to founded HRA after the initial referral: FAR and IR difference Hazard ratio (HR) 0.932, p=0.5829 (ns)  The predicted hazard rates for each of the significant predictor variables were the same for both FAR and IR tracks with no significant interactions between tracks and the predictors (raw data not presented here). FAR cases had a lower probability for referrals, assessments, high risk assessments, and founded high risk assessments over time than did IR cases. The FAR/IR difference was only statistically significant for predicting the probability of a high risk assessment (p = 0.01). FAR cases were 18% less likely to have an HRA, over time, than were IR cases.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample size - Overall sample size of 4,996 cases.		
	Intervention Describe intervention In the differential response model, lowand moderate- risk families receive a family assessment response (FAR), a comprehensive assessment of family needs and strengths instead of a maltreatment determination. Services are voluntary.		
	<b>Delivered by</b> Not reported.		
	<b>Delivered to</b> Families and children under referral for CAN.		
	Duration, frequency, intensity, etc. Not reported.		
	Key components and objectives of intervention Differential response also includes specified organisational processes including: enhanced screening, group supervision, family meetings and support planning. The intervention also includes rigorous assessment and use of evidence-based assessment tools, use of 'risk and goal statements' (p99)		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	and 'behaviourally-based safety and support plans'.		
	Content/session titles Not reported.		
	Location/place of delivery Not reported.		
	Describe comparison intervention The control group received the investigation response (IR), a maltreatment determination with the possible provision of services (after opening a traditional child welfare case).		
	Outcomes measured Incidence of abuse and neglect Safety outcomes from regression analysis as measured by: 1. Referral within 365 days of initial referral, 2. Assessment within 365 days of initial referral, 3. High risk assessment (HRA) within 365 days of initial referral, 4. Founded HRA within 365 days of initial referral, 5. Traditional Child welfare (CW) case opened after initial involvement, 6. Out-of-home (OOH) placement after initial involvement Safety outcomes from survival analysis as measured by the time-to-event data for predicting the time to the first referral, assessment, HRA, or founded HRA after the initial referral.		

Research question 16 – What is the impact of social and psychological interventions responding to child sexual abuse? (Prevention of recurrence, prevention of impairment)?

### Research question 16 – Critical appraisal tables

1. Barbe RP, Bridge AJ, Birmaher B et al. (2004) Lifetime history of sexual abuse, clinical presentation, and outcome in a clinical trial for adolescent depression. Journal of Clinical Psychiatry 65: 77–83

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Aim of the study: The study	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
aimed to determine what impact	vention and comparison as in-	question match the review	validity: A key limitation is the re-
sexual abuse had on clinical de-	tended? Yes. Some sessions	question? Partly. The study	ferral of participants not showing
pression and treatment outcome	were videotaped and rated by ex-	aimed to determine what impact	progress to 'open treatment'. Also,
in depressed adolescents.	perts which the authors report	sexual abuse had on clinical de-	the authors note that randomisa-
	showed that all three treatments	pression and treatment outcome	tion included 'balancing' for num-
Description of theoretical ap-	were ' delivered with fidelity and	in depressed adolescents. Sexual	ber of parents in household, gen-
<b>proach?</b> No. The authors do not	were distinct from each other'	abuse is therefore treated as a	der, suicidality. It is unclear
present a theory of change or	(p78).	moderating variable. However, the	whether this refers to a priori strat-
logic model for any of the interven-		reviewing team decided that this	ification, or a post hoc adjustment
tions and they do not hypothesise	Was contamination acceptably	study was still relevant to the re-	to randomisation, which would in
what impact history of sexual	low? Not reported. Information on	view question as it gathers data	turn negate the randomisation pro-
abuse will have on treatment out-	contamination is not provided.	about the effectiveness of cogni-	cess.
come or why the intervention may	Did side an array was also addi	tive behavioural therapy for	0
work differently for different	Did either group receive addi-	abused compared to non-abused	Overall assessment of external
groups.	tional interventions or have ser-	individual. Only data relating to the	validity: ++
How was colootion bigs mini	vices provided in a different	interaction between treatment ef-	Overall validity retings
How was selection bias mini- mised? Randomised. Method not	manner? Partly. Seven partici-	fects and abuse history have been extracted.	Overall validity rating: -
reported. Participants were ran-	pants were removed from the protocol and referred to 'open treat-	extracted.	
domised to 1 of 3 treatment condi-	ment' because they had failed to	Has the study dealt appropri-	
tions but data from the systemic	make symptomatic progress. It is	ately with any ethical concerns?	
behavioural family therapy group	unclear what 'open treatment' re-	Yes. The study protocol was ap-	
were excluded from this analysis	fers to. There is no other indica-	proved by an institutional review	
as only 1 participant in this group	tion that any of the treatment	board and informed consent was	
was found to have a history of	groups received any other addi-	sought from participants and their	
sexual abuse. The authors note	tional interventions or received	families.	
	services in a different manner.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
that randomisation included 'bal-		Were service users involved in	
ancing' for number of parents in	Were outcomes relevant? Yes.	the study? No. Service users in-	
household, gender, suicidality. It is	The study focused on the impact	volved as participants only. No in-	
unclear whether this refers to a	which history of sexual abuse had	dication that service users were	
priori stratification, or a post hoc	on clinical depression at baseline	involved at the design stage or in	
adjustment to randomisation,	and treatment outcome for de-	the interpretation of findings.	
which would in turn negate the	pression. Presence of depression	and interpretation or initiality	
randomisation process.	was used as the primary outcome.	Is there a clear focus on the	
μ	acca ac acc pa., conco	guideline topic? Yes. The study	
Was the allocation method fol-	Were outcome measures relia-	focuses on the effect which sexual	
lowed? Not reported. Method of	<b>ble?</b> Yes. The authors note that	abuse has on clinical depression	
allocation and concealment are	all measures have established re-	and treatment outcome in de-	
not reported.	liability and validity; however they	pressed adolescents.	
	do not present data in relation to	process and an arrangement	
Is blinding an issue in this	this. The majority of measures	Is the study population the	
study? Part-blinding. Due to the	were based on child and parental	same as at least 1 of the groups	
nature of the intervention it would	self-report with the exception of	covered by the guideline?	
not have been possible to blind	major depression which was also	Partly. Participants were adoles-	
participants or providers; however	assessed by an interviewer	cents between the ages of 13 and	
the authors report that assess-	blinded to group assignment, and	18. Only 11 adolescents were	
ments were conducted by clinical	functional impairment which was	identified as having experienced	
interviewers who were blinded to	only assessed by an interviewer	sexual abuse out of a total sample	
group assignment.	blinded to group assignment. His-	of 107 however the study has	
	tory of sexual abuse was deter-	been included in the NCCSC re-	
Did participants reflect target	mined by a yes/no question which	view because findings are re-	
group? Yes. An acceptable num-	the authors themselves note is a	ported on the basis of history of	
ber of eligible adolescents agreed	limitation, meaning that the impact	sexual abuse status. NB. Although	
to participate (87.7%). The au-	of frequency or severity of abuse	participants were randomised to 1	
thors report that participants were	could not be investigated.	of 3 treatment conditions this	
moderately depressed (mean		study only reports on those ran-	
Beck Depression Inventory score	Were all outcome measure-	domised to either cognitive-behav-	
of 24.1 (SD=8.1) and they note	ments complete? Yes. All	ioural therapy or nondirective sup-	
that participants were ' nonpsy-	planned data was gathered; how-	portive therapy (n=72) due to the	
chotic, nonbipolar, and without ob-	ever only the primary outcome of	fact that only one participant as-	
		signed to systemic behavioural	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
sessive-compulsive disorder, eat-	presence of DSM-III-R major de-	therapy was determined to have a	
ing disorder, substance abuse, or	pression was measured at both	history of sexual abuse.	
ongoing physical or sexual abuse'	time points.		
(p78). The Guideline Committee		Is the study setting the same as	
may therefore wish to bear in mind	Were all important outcomes	at least 1 of the settings cov-	
that the findings of this study are	assessed? Yes.	ered by the guideline? Not re-	
not generalisable to younger chil-		ported. The context in which treat-	
dren or adolescents with severe	Were there similar follow-up	ments and assessments took	
psychological symptoms.	times in exposure and compari-	place is not reported by the au-	
	son groups? Yes. All groups	thors.	
Were all participants accounted	were followed-up for the same		
for at study conclusion? Not re-	length of time. Final assessments	Does the study relate to at least	
ported. It is not clear whether all	took place 24 months after com-	1 of the activities covered by	
participants took part in all follow-	pletion of treatment.	the guideline? Yes. Response	
up assessments (7 in total, in ad-	Was falls and discount of 10	(prevention of impairment). The	
dition to baseline) as the authors	Was follow-up time meaningful?	study aims to measure the impact	
only report the percentage which	Yes. Assessments took place at	of sexual abuse history on clinical	
took part in the 6 week (sixth ses-	baseline, at the sixth week/ses-	depression and treatment out-	
sion) and 24 months post-treat- ment assessments. Of the total	sion, at treatment completion,	come in a randomised controlled	
	every 3 months during the first	trial evaluating three types of ther-	
sample, 87.8% (n=94) completed an interview and the Beck Depres-	year post-treatment, and at the 24 months post-treatment point.	ару.	
sion Inventory at the 6 week/ses-	These would be sufficient to cap-	(For effectiveness questions)	
sion time point. 92.5% (n=99)	ture the more immediate effects of	Are the study outcomes rele-	
completed the 24 months post-	treatment as well as the intermedi-	vant to the guideline? Yes. Out-	
treatment interview, and 90.7%	ate effects.	comes included rate of major de-	
(n=97) completed the Beck De-		pression, rate of decline in depres-	
pression Inventory at this time	Were the analytical methods ap-	sive symptoms and psychiatric	
point. Drop-out rates were ac-	propriate? Partly. Analytical	hospitalisation.	
ceptable and did not differ signifi-	measures were appropriate. How-	'	
cantly by treatment group. The au-	ever, only one data was analysed	Does the study have a UK per-	
thors also report that there was no	in terms of the interaction between	spective? No. The study was	
significant difference in drop-out	treatment group and abuse history	conducted in the USA.	
rates between participants with a	<ul> <li>the variables of interest to this</li> </ul>		
history of sexual abuse and those	review.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
without. The authors also report that seven participants were referred to 'open treatment' and excluded from the research protocol due to the fact that they ' continued to meet criteria for major depression, had a Beck Depression Inventory score persistently higher than or equal to 13, and had failed to make symptomatic progress' (p78). A slightly higher proportion of these participants came from the comparison interventions than from the cognitive behavioural therapy intervention. The authors report that rates of referral did not differ by treatment group or by history of sexual abuse status. It appears that adolescents referred to	Were exposure and comparison groups similar at baseline? If not, were these adjusted? Not reported. Pre-treatment analysis focused on comparing sexually abused children to those who had not experienced sexual abuse, rather than assessing any differences between exposure and comparison. The authors report that these 2 groups were similar on the majority of variables however rates of maternal current major depression were significantly higher in the sexually abused group (78% vs. 39%, Fisher exact test p=.04).		
'open treatment' were still included in the final analysis.	Was intention to treat (ITT) analysis conducted? Unclear. Data appear to be based on all 72 randomised participants, but the authors do not describe undertaking an intention to treat analysis.  Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. The authors do not provide a power calculation. The sample size is acceptable.  Were the estimates of effect size given or calculable? Partly.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
•	Odds ratios and phi values are presented in some instances but the reporting of these is not consistent.		
	Was the precision of intervention effects given or calculable? Yes. P values and confidence intervals are presented as appropriate.		
	Do conclusions match find-ings? Yes.		

### 2. Carpenter J, Jessiman T, Patsos D et al. (2016) Letting the future in: A therapeutic intervention for children affected by sexual abuse and their carers. London: NSPCC

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim Study aim: Research questions: '1. What are the outcomes for children and young people affected by sexual abuse of providing Letting the Future In in NSPCC services? 2. What is the cost-effectiveness of this service? 3. What is the effectiveness of the support intervention received by the 'safe' carers?' (p10).  Description of theoretical approach? Yes.	Was the exposure to the intervention and comparison as intended? Partly. Important to note that some intervention sessions happened after T2 data collection point (key data collection point). Was contamination acceptably low? Yes. Did either group receive additional interventions or have services provided in a different	Does the study's research question match the review question? Yes.  Has the study dealt appropriately with any ethical concerns? Yes. Research approved by Research Ethics Committee of the NSPCC and the Research Ethics Committees of the Universities of Bristol and Durham. Informed consent sought from children and nonabusing parents.	Overall assessment of internal validity: + Overall assessment of external validity: ++ Overall validity rating: +

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
Clear description of theoretical origins of the model, which is rooted in Bannister's (2003) Recovery and Regeneration model, which is influenced by psychodrama, play therapy and attachment theory. Model is described as 'deliberately multi-theoretical' (p21), and uses diverse constructs to build a guide for practitioners (not a manualised treatment) which has: - a value base - an underpinning knowledge base - a skills base.	and analysis manner? No. Were outcomes relevant? Yes. Were outcome measures reliable? Partly. All outcome measures were via self-report - no clinician assessment or observation. Were all outcome measurements complete?	Were service users involved in the study? No. Service users involved as participants only. Is there a clear focus on the guideline topic? Yes. Is the study population the same as at least 1 of the groups covered by the guideline? Yes.	
How was selection bias minimised? Randomised. Randomised by clinical trials centre in the Netherlands.	Partly. Some participants left intervention or were lost to follow up. Missing data were imputed.  Were all important outcomes assessed?	Children who have been sexually abused and their non-abusing carer.  Is the study setting the same as at least 1 of the settings covered by the guideline?	
Was the allocation method followed? Yes. Is blinding an issue in this study? No blinding. Wait list control - no blinding.	Partly. Lack of clinical assessment at follow-up noted as a limitation by study authors.  Were there similar follow-up times in exposure and compari-	Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to Response.	
Did participants reflect target group? Yes. Were all participants accounted for at study conclusion? Yes. Data completed at T2 for 72% of intervention group and 73% of	yes.  Was follow-up time meaningful? Partly. Majority of analyses use T2 data - gathered at 6 months. This is a relatively short follow-up time.	(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes.  Does the study have a UK perspective? Yes.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
control group. Missing data imputed.	Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.  No significant differences between intervention and control groups at baseline.		
	Was intention to treat (ITT) analysis conducted? Yes. Missing data were imputed. Study states that: 'Multiple imputation in this case was the statistical prediction of the missing score based on T1 score, demographics and variables suggested by previous literature to affect treatment outcomes, the nature of abuse (penetration or attempted penetration) and intra- or extra-familial abuse. Five imputations were run and a pooled estimate used' (p67).		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Partly. Study's power calculation estimates that 210 participants required - study achieved sample of 242. However, authors note that not all the children in the sample met the clinical threshold on the Trauma Symptoms Checklist for Children at baseline, and so were		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	unable to show a positive result on the primary outcome (reduction in 'caseness' as measured by TSCC). This effectively meant that the study was underpowered.		
	Were the estimates of effect size given or calculable? No. Authors report test statistics and p values only.		
	Were the analytical methods appropriate? Partly. Reporting of results of McNemar's test for primary outcomes is unclear.		
	Was the precision of intervention effects given or calculable? Were they meaningful?		
	Do conclusions match findings? Yes.		

3. Danielson CK, McCart MR, Walsh K, et al. (2012) Reducing substance use risk and mental health problems among sexually assaulted adolescents: A pilot randomized controlled trial. Journal of Family Psychology 26: 628–35

### Internal validity – approach and sample

#### Study aim

To evaluate the differential efficacy of Reduction through Family Therapy (RRFT) and treatment as usual (TAU) in reducing substance use (SU) problems (including early initiation), mental health symptoms, and risky sexual behavior among adolescent CSA victims.

### Description of theoretical approach?

Yes.

Several theories are incorporated into RRFT via multiple intervention strategies. First, RRFT is guided by ecological theory, which proposes that an adolescent's behavior is influenced by multiple social and environmental contexts. including the family, peer network, school and community (Bronfenbrenner 1979). RRFT, like other ecological models (e.g., MST), adopts a family-based approach to intervention and encourages therapists to intervene in multiple social systems. As part of this ecological model, Strategic Family Therapy (e.g., Haley 1976) is utilized to help the family define problems (in behaviourally specific terms – and from the perspective of both of the adolescent and the caregiver) and work together to

### Internal validity – performance and analysis

# Was the exposure to the intervention and comparison as intended?

Not reported.

### Was contamination acceptably low?

Not reported.

# Did either group receive additional interventions or have services provided in a different manner?

Not reported.

### Were outcomes relevant? Partly

Yes to 1 aspect of the review that is seeking to understand what evidence there is about the health and wellbeing of young people who have experienced child abuse.

### Were outcome measures reliable?

Partly

Most of the outcomes are based on robust pre-tested scales and measures. However, it should be noted there were some limitations with the study: baseline differences existed between RRFT and TAU across most variables. This was likely due to the small sample size and the unrestrictive inclusion

### **External validity**

# Does the study's research question match the review question?

Yes.

The study is evaluating the impact of Risk Reduction through Family Therapy (RRFT) for reducing substance use risk and trauma-related mental health problems among sexually assaulted adolescents.

# Has the study dealt appropriately with any ethical concerns? Yes.

Eligible adolescents and their (non-offending) caregivers were approached by a researcher to solicit participation. Of the eligible families, 91% agreed to participate (see Figure 1). Legal guardians provided consent and youth provided assent. Following consent, participants were randomly assigned to condition using a computerised blocked randomisation method. Participants were compensated for completing each assessment but were not paid to attend treatment. All procedures were approved by MUSC's Institutional Review Board, and a certificate of confidentiality was obtained. Adequate consideration

### Overall validity rating

### Overall assessment of internal validity:

++

### Overall assessment of external validity:

+

#### Overall validity rating:

+

+ (moderate) external validity (related to narrow match of study outcomes relative to review scope) but ++ internal validity = + moderate overall validity.

Internal validity – approach and
sample
solve those problems. The family
is involved across all 7 treatment
components. Mowrer's Two-Fac-
tor Theory (Mowrer 1960) and
negative reinforcement theory
(Delegant of all 2004) also are an

### (Baker et al. 2004) also are applied in targeting PTSD, SU, and their overlap in RRFT. Additional information about the RRFT model can be found in Danielson et al. (2010a).

### How was selection bias minimised?

Randomised.

Following consent, participants were randomly assigned to condition using a computerised blocked randomisation method.

### Was the allocation method followed?

Partly.

Adherence to RRFT was assessed via review of randomly selected audiotaped sessions (two per client per month) by the first author. Given that the control condition was 'treatment as usual' (i.e., not one specific protocol), adherence was not monitored systematically in this condition. RRFT treatment adherence also was monitored through weekly individual supervision with the treatment developer. Further, participants

### Internal validity – performance and analysis

criteria, which permitted both substance using and non-substance using youth to participate (i.e., to capture a 'real world' adolescent CSA sample). Although this heterogeneity in symptom presentation among study participants is representative of the multiple trajectories of adolescents with a CSA history (Danielson et al. 2010b), which drove study design decisions to focus on this high risk population rather than a particular diagnosis, future studies will need to ensure equality on key variables across the two conditions. Similarly, dosage differences existed between the 2 conditions. where RRFT youth received more sessions on average than TAU youth. Analyses indicated that dosage was not significantly associated with any of the outcome variables. Nonetheless, an important future direction will involve use of an attention-matched control condition, as well as a much larger sample size to allow for an examination of mediators and/or moderators that may speak to RRFT's 'active ingredients.' Finally, while the flexibility of offering treatment outside of the office can be viewed as a strength and rep-

### **External validity**

Overall validity rating

was also given to the administration of the treatment and quality assurance. Participants were treated by clinical psychology graduate students completing a predoctoral internship. Therapy was delivered through both an outpatient clinic and an outreach programme offered at the same clinic (for families without transportation: 4 families in RRFT condition and 3 in TAU condition). The first author, a licensed clinical psychologist and RRFT developer, supervised all RRFT cases. TAU therapists were supervised by other licensed psychologists in the clinic. RRFT therapists received didactic training on the intervention prior to implementation. Adherence to RRFT was assessed via review of randomly selected audiotaped sessions (2 per client per month) by the first author. Given that the control condition was 'treatment as usual' (i.e., not one specific protocol), adherence was not monitored systematically in this condition. RRFT treatment adherence also was monitored through weekly individual supervision with the treatment developer. Further, participants were asked to complete an RRFT adherence checklist immediately following

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Internal validity approach and	Internal validity naufarmanas	External validity	Overall validity ratios
Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
were asked to complete an RRFT adherence checklist immediately following each session, which was then reviewed.  Is blinding an issue in this study? Blinding. Following consent, participants were randomly assigned to condition using a computerised blocked randomisation method. Participants then completed a baseline assessment, which included the measures noted below and a urine drug screen. Assessment measures were re-administered at post-treatment, 3-, and 6-month follow-up using a match-timing design, where completion of treatment by a RRFT youth triggered the post-treatment assessment (and timing for the 3-month and 6-month posttreatment assessment (and timing for that youth and his/her matched pair in the TAU condition.  Did participants reflect target group? Partly. Total 102 were assessed foe eligibility: 72 were excluded and 30 were included. Of the excluded, 69 did not meet the inclusion criteria, and 3 refused to participate.	resentative of the real world barriers faced by many clients, this introduces another layer of heterogeneity within the sample and thus 'noise' when drawing conclusions about treatment efficacy.  Were all outcome measurements complete? Yes.  Were all important outcomes assessed? Yes.  Were there similar follow-up times in exposure and comparison groups? Yes.  Was follow-up time meaningful? Yes.  Assessment measures were readministered at post-treatment, 3-, and 6-month follow-up using a match-timing design, where completion of treatment by a RRFT youth triggered the post-treatment assessment (and timing for the 3-month and 6-month posttreatment assessments) for that youth and his/her matched pair in the TAU condition.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes.	each session, which was then reviewed.  Were service users involved in the study? Yes. Participants were attendees of a weekly mental health service. Participants were recruited through an urban clinic specialising in the treatment of trauma.  Is there a clear focus on the guideline topic? Partly. This study is a specific intervention supporting young people who have experienced child abuse and neglect. However, it does not set out to help explain what may prevent future abuse. Rather its focus is on supporting young people who have experienced child abuse recover from their trauma.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. The study covers young people (under 18) who have experienced abuse or neglect and/or their caregivers and families. Is the study setting the same as at least 1 of the settings covered by the guideline?	

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Were all participants accounted for at study conclusion? Yes. 30 were included in the study - 15 to the treatment group and 15 to the control group. All results are reported of the 30 indicating no attrition or dropout.	Table 1 includes descriptive data for each outcome. The MRMs yielded significant condition effects on the UCLA PTSD-P, CDI, BASC-Internalising, TLFB, FES Cohesion (adolescent and parentreport), and FES Conflict (adolescent-report) scales (see Table 2), reflecting greater impairment among RRFT youth relative to TAU youth at baseline. These baseline differences need to be considered when interpreting the results pertaining to betweengroup differences on change over time.  Table 1 includes descriptive data for each outcome. The MRMs yielded significant condition effects on the UCLA PTSD-P, CDI, BASC-Internalising, TLFB, FES Cohesion (adolescent and parentreport), and FES Conflict (adolescent-report) scales (see Table 2), reflecting greater impairment among RRFT youth relative to TAU youth at baseline. These baseline differences need to be considered when interpreting the results pertaining to betweengroup differences on change over time.  Was intention to treat (ITT) anal-	The setting is a secondary health centre.  Does the study relate to at least 1 of the activities covered by the guideline? Yes Area e: Specific interventions as part of a package of support for children and young people who have experienced child abuse and neglect. The treatment Risk Reduction through Family Therapy (RRFT) has been aimed at reducing substance use risk and trauma-related mental health	
	Was the study sufficiently powered to detect an intervention effect (if one exists)?  Not reported.	(For effectiveness questions) Are the study outcomes relevant to the guideline? Partly.	
	Were the estimates of effect size given or calculable? Yes.	One but not all. The study focuses on young people's health and wellbeing.	
	Standardised beta coefficients were reported in Table 2.	Does the study have a UK perspective?	
	Were the analytical methods appropriate? Yes. Data were comprised of 4 repeated measurements (level-1)	No. The study is set in the USA.	

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	nested within 30 families (level-2),		
	yielding a two-level Mixed-Effects		
	Regression Model (MRM). The		
	TLFB score represented the num-		
	ber of days with self-reported SU		
	over the previous 90 days and		
	was modeled as a count-distrib-		
	uted (i.e., Poisson) outcome. A		
	Sexual Partners variable was		
	modelled as a dichotomous (i.e.,		
	Bernoulli) outcome indicating		
	whether the adolescent had any		
	new consensual sexual partners		
	over the previous 90 days. The re-		
	maining outcomes were modeled		
	as continuous variables. Slopes		
	were modeled using linear polyno-		
	mials computed from assessment		
	dates (Singer & Willett 2003).		
	Treatment condition was coded		
	such that RRFT=0 and TAU=1.		
	MRMs were performed using HLM		
	software (v. 6.08; Raudenbush et		
	al. 2004), with restricted maximum		
	likelihood estimation for the con-		
	tinuous outcomes and Laplace es-		
	timation for the Poisson and Ber-		
	noulli outcomes. Specification of		
	random effects was based on the		
	likelihood ratio test for the continu-		
	ous outcomes and the Wald test		
	for variance components for the		
	Poisson and Bernoulli outcomes		
	(Singer & Willett 2003). The Wald		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
sample	test statistic for significance testing was computed using asymptotic standard errors. According to this model specification, the intercept and slope terms represent the average baseline score and monthly rate of change for youth in the RRFT condition. The condition and condition × linear terms represent the difference between TAU and RRFT at baseline and in the monthly rate of change. Variables representing number of sessions and treatment length were initially included in the MRMs to control for treatment intensity. Conclusions did not differ when intensity was controlled; therefore, results are presented for models without the covariates.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes. Table 2 reports p values (with CI) for each beta coefficient.		
	Do conclusions match findings? Yes. The conclusions are consistent with stated hypotheses, adolescents who received RRFT reported reduced SU and improve-		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
	ments in SU risk factors (e.g., in-		
	creased family cohesion). Also as		
	expected, participants in both con-		
	ditions experienced reductions in		
	PTSD and depression symptoms,		
	although greater reductions were		
	found for adolescents in the RRFT		
	condition with regard to parent-re-		
	ported PTSD, as well as adoles-		
	cent-reported depression and in-		
	ternalising symptoms. However,		
	randomization failed to prevent in-		
	equality at baseline across the 2		
	conditions.		

4. Foa EB, McLean CP and Capaldi S (2013) Prolonged exposure vs supportive counseling for sexual abuse-related PTSD in adolescent girls: A randomized clinical trial. Journal of the American Medical Association 310: 2650–7

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Aim of the study: The study aims	Was the exposure to the inter-	Does the study's research	Overall assessment of internal
to evaluate the impact of counsel-	vention and comparison as in-	question match the review	validity: ++
lor-delivered prolonged exposure	tended? Not reported. The au-	question? Yes. The study aims to	
therapy in comparison to support-	thors do not report any changes to	evaluate the impact of counsellor-	Overall assessment of external
ive counselling for adolescent girls	either the intervention or compari-	delivered prolonged exposure	validity: ++
with sexual abuse related post-	son during the course of the study.	therapy in comparison to support-	
traumatic stress disorder.	Treatment completion was defined	ive counselling for adolescent girls	Overall validity rating: ++
	as receipt of at least 8 of the 14	with sexual abuse related post-	
Description of theoretical ap-	treatment sessions for both inter-	traumatic stress disorder.	
proach? No. The authors do not	vention and comparison condi-		
outline the theories which under-	tions. Three participants assigned	Has the study dealt appropri-	
pin prolonged exposure therapy.	to the intervention (9.7% and 5 as-	ately with any ethical concerns?	
They note that although the ef-	signed to the comparison condi-	Yes. The study was approved by	
fects of this therapy have been ex-	tion (16.6%) failed to complete	the University of Pennsylvania in-	
tensively studied in adults it is not			

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
usually offered to adolescents due	treatment. The authors report ad-	stitutional review board and in-	
to concerns that it can only be	herence to the essential treatment	formed consent/assent was given	
safely provided to participants who	components as 90.8% for the in-	by participants and their guardi-	
have 'mastered' the necessary	tervention and 90.5% for the com-	ans.	
skills to cope with exposure and	parison condition.		
can exacerbate post-traumatic		Were service users involved in	
stress disorder symptoms.	Was contamination acceptably	the study? No. Service users in-	
	low? Not reported. The authors	volved as participants only, no in-	
How was selection bias mini-	do not provide detail on contami-	dication of involvement at design	
mised? Randomised. Permuted	nation.	stage or in interpretation of find-	
block procedure.		ings.	
	Did either group receive addi-		
Was the allocation method fol-	tional interventions or have ser-	Is there a clear focus on the	
<b>lowed?</b> Not reported. Method of	vices provided in a different	guideline topic? Yes. The study	
allocation and concealment are	manner? Not reported. There is	evaluates the effects of an inter-	
not reported.	no indication that either group re-	vention on post-traumatic stress	
	ceived additional services.	disorder in sexually abused ado-	
Is blinding an issue in this	_	lescent girls.	
study? Part blinding. Due to the	Were outcomes relevant? Yes.		
nature of the intervention it would	The primary outcome was post-	Is the study population the	
not have been possible to blind	traumatic stress disorder symptom	same as at least 1 of the groups	
participants or providers, however	severity. Secondary outcomes in-	covered by the guideline? Yes.	
the investigators who conducted	cluded post-traumatic stress disor-	Sexually abused adolescent girls.	
assessments were blinded to	der diagnosis, depression sever-		
group assignment.	ity, and functioning and these	Is the study setting the same as	
<b>D</b>	were measured directly.	at least 1 of the settings cov-	
Did participants reflect target		ered by the guideline? Yes. The	
group? Partly. An acceptable	Were outcome measures relia-	study was conducted in a rape cri-	
number of eligible individuals	<b>ble?</b> Yes. All outcome measures	sis centre.	
agreed to participate, however a	relating to treatment efficacy had	Baradha at di salatata at la at	
number of eligible participants	established reliability and validity	Does the study relate to at least	
were not randomised because	although data to support this is not	1 of the activities covered by	
they refused any treatment at all,	always presented. The authors re-	the guideline? Yes. Response	
wanted to take part in group treat-	port that the primary outcome	(prevention of impairment). The	
ment only or because there were	measure (Child PTSD Symptom	study evaluates the effects of an	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
problems obtaining parental consent because of custody issues. Participants with less than three months since trauma were also excluded. Formal inclusion and exclusion criteria were 'current suicidal ideation with intent, uncontrolled bipolar disorder, schizophrenia, conduct disorder, pervasive developmental disorder, initiation of psychotropic medication within the previous 12 weeks, and current inpatient psychiatric treatment. Adolescents with substance use or suicidality without imminent threat were not excluded' (p2651). All participants were female, over half of whom were Black and 6 participants with late stage pregnancies were also excluded.  Were all participants accounted for at study conclusion? Yes. Rates of intervention completion and availability of outcome data	and analysis  Scale–Interview) has ' excellent internal consistency (Cronbach α = .8389) and test-retest reliability (Cronbach α=.8486)' as well as high convergent validity and discriminant validity (p2651). A mixture of self-report and clinically judged ratings are used. Participant's expectations regarding treatment were also assessed at the first session, and was measured using a scale which does not appear to be published, however this data was not used in analysis.  Were all outcome measurements complete? Yes. All data was collected as planned; however there were some missing data which the researchers dealt with by using multiple imputation. Pattern mixture modelling showed that missing data did not affect any of the results.	intervention on sexual abuse related post-traumatic stress disorder in adolescent girls.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes. The primary outcome was post-traumatic stress disorder symptom severity. Secondary outcomes included post-traumatic stress disorder diagnosis, depression severity, and functioning.  Does the study have a UK perspective? No. The study was conducted in the USA.	Overall validity rating
•	were all important outcomes assessed? Yes.		
	Were there similar follow-up times in exposure and comparison groups? Yes. Both groups were followed-up for an equal length of time.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Campio	Was follow-up time meaningful? Yes. Follow up took place midtreatment, post-treatment and at three, six and 12 months post-treatment. However, 12 months may not have been sufficient to detect longer-term benefits or harms. NB. Data are not reported for mid-treatment or 3 and 6 month's post-treatment assessments.		
	Were the analytical methods appropriate? Yes. Continuous data were analysed using piecewise linear mixed models. Dichotomous data were analysed using generalised linear mixed models. The authors report that to account for the possibility of type 1 errors the Benjamini-Hochberg-Yekutieli procedure was used to correct p values. NB This article only reports the corrected values.		
	Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes. There were no significant differences between groups on any demographic variables or on any of the outcome measures (all p>.17).		
	Was intention to treat (ITT) analysis conducted? Yes.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Yes. The authors report a power calculation showing that the study had greater than 0.95 power to detect medium effect sizes in differences between group means.  Were the estimates of effect size given or calculable? Partly. Cohen's d are reported for the primary outcome of post-traumatic stress disorder. Effect sizes for secondary outcomes are not provided.		
	Was the precision of intervention effects given or calculable? Yes. Confidence intervals and p values are provided.  Do conclusions match findings? Yes.		

5. Goldman Fraser J, Lloyd SW, Murphy RA et al. (2013) Child exposure to trauma: Comparative effectiveness of interventions addressing maltreatment. Comparative Effectiveness Review 89: 1–161

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Appropriate and clearly focused question? Yes. The review seeks to evaluate the comparative effi-	Inclusion of relevant individual studies? Yes. Includes interventions for sexually abused children.	Does the study's research question match the review	Overall assessment of internal validity: ++

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
cacy and effectiveness of psychosocial and pharmacological interventions that address child wellbeing and/or promote positive child welfare outcomes (safety, placement stability, and permanency) for maltreated children ages birth to 14 years.  Adequate description of methodology? Yes.  Rigorous literature search? Yes. Four bibliographic databases searched, search of grey and unpublished literature, and trial registries.	Study quality assessed and reported? Yes. Study quality assessed for risk of bias and graded as 'High', 'Medium' or 'Low' risk of bias.  Do conclusions match findings? Yes.	question? Yes. Study is applicable to both review questions 15 and 16.  Has the study dealt appropriately with any ethical concerns? Not reported.  Were service users involved in the study? Not reported.  Is there a clear focus on the guideline topic? Yes.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Children aged 0 to 14 years exposed to maltreatment.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Response following maltreatment.  (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes. No data on abuse recurrence.	Overall assessment of external validity: +  Overall validity rating: +

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		Does the study have a UK per-	
		spective? No. Studies conducted	
		in the USA, the UK and Canada	

6. Leenarts, LE, Diehle J, Doreleijers TA et al. (2013) Evidence-based treatments for children with trauma-related psychopathology as a result of childhood maltreatment: A systematic review. European Child and Adolescent Psychiatry 22: 269–83

result of childhood maltreatment: A systematic review. European Child and Adolescent Psychiatry 22: 269–83			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused		Does the study's research	Overall assessment of internal
question? Partly. The review	studies? Yes. The included stud-	question match the review	validity: -
question is clear and is relevant to	ies are appropriate to address the	question? Yes. The objective of	
the NCCSC guideline; however,	review question as set out by the	the review is to ' systematically	Overall assessment of external
the review lacks detail overall, i.e.	authors and are clearly relevant to	evaluate psychotherapeutic treat-	validity: ++
in relation to direction of effect,	the NCCSC work.	ments for children exposed to	
significance values and there is a		childhood maltreatment and to de-	Overall assessment of validity: -
lack of clarity in relation to whether	Study quality assessed and re-	scribe treatments which focus on	
the included studies evaluate	ported? Yes. The authors as-	the above mentioned broad range	
treatments which are psychothera-	sessed risk of bias in relation to	of psychopathological outcomes'	
peutic or cognitive behavioural.	seven domains using a Cochrane	(p270). The review included stud-	
	Collaboration tool (Higgins et al.	ies focusing on treatment for sex-	
Adequate description of meth-	2011) and disagreements were	ually abused children and has	
odology? No. On the whole, the	solved by consensus. Although	been included on the basis that ef-	
review includes little detail on	these ratings are presented in ta-	fect sizes for these are reported	
methodology, e.g. how the pro-	ble form the individual ratings do	separately.	
cess by which the authors came to			
the three 'clusters' of treatment	bined in any way and it is there-	Has the study dealt appropri-	
type. The findings are mostly nar-	fore difficult to clearly understand	ately with any ethical concerns?	
rative and no meta-analysis has been conducted. The authors only	the limitations of each study. Simi-	Not reported. The review authors do not record whether the re-	
report on post-traumatic stress	larly, the narrative findings in relation to each type of treatment do	search protocols of individual	
disorder related outcomes which	not consistently include details on	studies were approved by institu-	
could result in bias and it is not	the quality of the studies.	tional review boards or whether	
clear whether the search strategy	the quality of the studies.	participants gave informed con-	
included outcomes. Significance		sent.	
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Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Internal validity – approach and sample  levels are not provided and although it appears that the included effect sizes are Cohen's d the reviews authors do not make this clear or report whether these were calculated by themselves or reported by the original studies. In addition, where between group differences were detected, the direction of effect is not reported.  Rigorous literature search? Partly. The authors appear to have searched an appropriate number of relevant databases, however there is no indication that citation searching was conducted. In addition, full search strategies are not reported which means that it is difficult to determine whether this was comprehensive (although the authors report that both controlled vocabulary and free text terms were used.	Internal validity – performance and analysis  Do conclusions match findings? Yes.	Were service users involved in the study? No. Service users appear to be involved as participants of individual studies only. There is no indication of involvement at the design stage or in the interpretation of findings.  Is there a clear focus on the guideline topic? Yes. The study focuses on psychotherapeutic treatments provided to children who have experienced maltreatment in order to determine their impact on psychopathological outcomes.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Children and young people between the ages of 6 and 18 years who had experienced maltreatment.  Is the study setting the same as at least 1 of the settings covered by the guideline? Not reported. The review authors do not report whether the individual studies recorded settings or contexts.	Overall validity rating
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Response	

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		(prevention of impairment). The	
		review focuses on psychothera-	
		peutic treatments which are de-	
		signed to address the psycho-	
		pathological effects of maltreat-	
		ment.	
		(For effectiveness questions)	
		Are the study outcomes rele-	
		vant to the guideline? Yes. The	
		review focuses on the 'broad	
		range of psychopathological out-	
		comes' such as anxiety, post-trau-	
		matic stress disorder, suicidal ide-	
		ation, and substance abuse, which	
		can result from maltreatment.	
		Does the study have a UK per-	
		spective? No. Only one of the in-	
		cluded studies originates from the	
		UK, and the majority were con-	
		ducted in the USA. The review	
		was conducted by Dutch re-	
		searchers.	

7. Macdonald G, Higgins J, Ramchandani P et al. (2012) Cognitive-behavioural interventions for children who have been sexually abused: A systematic review. Campbell Systematic Reviews 14: 111

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
question? Yes. The review ques-	studies? Yes. The included stud-	question match the review	validity: ++
tion is clearly focused and is rele-	ies are appropriate to address the	question? Yes. The objective of	-
vant to the NCCSC review work.	review question as set out by the	the review is to ' assess the effi-	Overall assessment of external
However, the detail provided on	authors and are clearly relevant to	cacy of cognitive-behavioural ap-	validity: ++
	the NCCSC work.	proaches (CBT) in addressing the	-

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
the reviews inclusion and exclusion criteria are quite minimal, e.g. search dates.  Adequate description of methodology? Yes. The approaches used to analyse the data are explained fully and are justifiable. Hedge's g effect sizes are used. Two studies were randomised by group rather than individual. The authors estimate the possible inflation of effect size due to clustering effects, however it is not clear whether the study's effect size was adjusted to take this in to account.  Rigorous literature search? Yes. The authors searched an appropriate number of relevant databases and some citation searching appears to have been carried out. The search strategies are comprehensive and relevant to the focus of the review and both controlled vocabulary and free text terms are used.	Study quality assessed and reported? Yes. The authors assessed risk of bias in relation to six domains using a Cochrane Collaboration tool (Higgins 2008) and these are clearly presented in table form. However these individual ratings do not appear to have been combined in any way and it is therefore not clear what the overall risk of bias for each study is. The authors note that the included studies were generally of a low quality and that this is exacerbated by poor reporting; but the way in which the authors arrive at this conclusion is not transparent.  Do conclusions match findings? Yes.	immediate and longer-term sequelae of sexual abuse on children and young people up to 18 years of age' (p6).  Has the study dealt appropriately with any ethical concerns? Not reported. The review authors do not record whether the research protocols of individual studies were approved by institutional review boards or whether participants gave informed consent.  Were service users involved in the study? No. Service users involved as participants only, no indication of involvement at design stage or interpretation of findings.  Is there a clear focus on the guideline topic? Yes. The study focuses on the use of cognitive behavioural therapy in the treatment of sexual abuse related sequelae in children and young people up to the age of 18.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Children and young people up to the age of 18 with experience of sexual abuse.	Overall assessment of validity: ++

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Is the study setting the same as at least 1 of the settings covered by the guideline? Not reported. The review authors do not report whether the individual studies recorded settings or contexts.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Response (prevention of impairment). Cognitive behavioural therapy to address the sequelae of sexual abuse.	
		(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes. Primary outcomes specified by the review authors are described as children's psychological functioning (e.g. anxiety, depression and	
		post-traumatic stress disorder); and children's behavioural problems (e.g. externalising and sexualised behaviour). Secondary outcomes are summarised as 'future offending behaviours' such as sexual offending, delinquency and	
		criminal offending; and outcomes relating to the quality of parenting and parent-child relationships which the authors categorise as	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		'parental skills and knowledge' (in-	
		cluded behavioural management	
		skills, parental emotional reac-	
		tions, knowledge of child sexual	
		abuse and possible consequences	
		of this); 'belief in their child's	
		story'; and understanding of child	
		behaviour and psychological prob-	
		lems. NB. The review does not re-	
		port on 'future offending behav-	
		iours' and it is therefore not clear if	
		any of the included studies report	
		on this type of outcome.	
		Does the study have a UK per-	
		<b>spective?</b> No. The trials which the	
		authors report on were conducted	
		in the USA (n=9) and Australia	
		(n=1). The review was conducted	
		by researchers in Northern Ire-	
		land.	

8. Parker B and Turner W (2013) Psychoanalytic/psychodynamic psychotherapy for children and adolescents who have been sexually abused: A systematic review. Campbell Collaboration 9(13)

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Appropriate and clearly focused	Inclusion of relevant individual	Does the study's research	Overall assessment of internal
question? Yes. The review ques-	studies? N/A The review did not	question match the review	validity: ++
tion is clearly focused and is rele-	identify any studies which were el-	question? Yes. The objective of	_
vant to the NCCSC review work.	igible for inclusion, however the in-	the review is to ' assess the ef-	Overall assessment of external
However, the detail provided on	clusion and exclusion criteria used	fectiveness of psychoanalytic/psy-	validity: ++
the reviews inclusion and exclu-	by the reviewers were appropriate	chodynamic psychotherapeutic	
sion criteria are quite minimal e.g.	both for their own review question	approaches in treating the effects	Overall assessment of validity:
search dates.	and that of the NCCSC with the	of sexual abuse (psychologically	++
	exception that studies which used		

· · · ·	Internal validity – performance and analysis	External validity	Overall validity rating
Adequate description of methodology? Yes. The authors provide a good level of detail in relation to search strategies, inclusion and exclusion criteria and data collection and analysis methods.  Rigorous literature search? Yes. An appropriate number of relevant databases were searched and ci-	an active comparison group were excluded.  Study quality assessed and reported? Unclear. The review did not identify any studies which were eligible for inclusion.  Do conclusions match findings? Yes.	and in terms of behaviour and social functioning) in children and adolescents' (p13).  Has the study dealt appropriately with any ethical concerns? Not reported. The review protocol does not appear to include consideration of these issues.  Were service users involved in the study? Not reported. The review protocol does not appear to include consideration of this issue.  Is there a clear focus on the guideline topic? Yes. The study focuses on the use of psychoanalytic/psychodynamic approaches to the treatment of sexual abuse related sequelae in children and adolescents.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Children and young people up to the age of 18 with experience of sexual abuse.  Is the study setting the same as at least 1 of the settings covered by the guideline? Not reported. The review protocol does	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	<b>,</b>	not include criteria relating to settings or context.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Response (prevention of impairment). Psychoanalytic, psychodynamic or psychotherapeutic treatment approaches to address the sequelae of sexual abuse.	
		(For effectiveness questions) Are the study outcomes relevant to the guideline? Yes. Primary outcomes specified in the review protocol are; post-traumatic stress disorder, depression, sexualised behaviour, aggression or conduct problems, and self-harm. The protocol specifically includes suicide as an adverse outcome. Secondary outcomes are conceptualised as; symptoms and/or psychiatric diagnosis, 'measures of underlying processes (relevant to psychoanalytic/psychodynamic psychotherapy)', psychosocial functioning, service use, and 'other' (p16).	
		Does the study have a UK per- spective? Unclear. The review did not identify any studies which	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		were eligible for inclusion. The re-	
		view was conducted by authors	
		based in England.	

9. Shirk SR, DePrince AP, Crisostomo PS et al. (2014). Cognitive behavioral therapy for depressed adolescents exposed to interper-

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim To assess the feasibility, acceptability and initial impact of a modified CBT protocol (based on 1 previously found to be effective, the Adolescent Mood Project protocol) for adolescent depression (m-CBT) designed to treat adolescents with history of interpersonal trauma.  Description of theoretical approach? Yes. Modification of CBT in light of evidence that effectiveness in treating depression can be diminished when there is co-existing history of sexual abuse.  How was selection bias minimised? Randomised. Randomisation stratified by gender.	Was the exposure to the intervention and comparison as intended? Yes. Study reports that m-CBT was delivered with high degree of adherence to treatment protocol. Number of completed sessions did not differ across conditions. Was contamination acceptably low? Yes. Did either group receive additional interventions or have services provided in a different manner? No. Were outcomes relevant? Yes Were outcome measures reliable? Yes. All outcome measures are recognised, validated instruments.	Does the study's research question match the review question? Yes.  Has the study dealt appropriately with any ethical concerns? Partly. Research procedure approved at University of Denver and community clinic review board. Consent provided by parents - unclear if adolescents also gave their own consent.  Were service users involved in the study? No. Service users involved as participants only. Is there a clear focus on the guideline topic? Yes. Is the study population the same as at least 1 of the groups covered by the guideline? Yes.	Overall assessment of internal validity:  - Overall assessment of external validity: ++ Despite US context both m-CBT and usual care (client-centred or psychodynamic interventions) are similar to the UK context.  Overall validity rating: - Key limitations of the study include relatively small sample size, no male participants completed the study. Unclear what the analysed sample size was, due to exclusion of male participants.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Was the allocation method followed?	Were all outcome measure- ments complete?	Young people with depression and who had experienced abuse.	
Yes.  Is blinding an issue in this study?  Blinding not possible.	Yes. Were all important outcomes assessed? Yes.	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
Did participants reflect target group? Yes. Were all participants accounted	Were there similar follow-up times in exposure and comparison groups? Yes.	Does the study relate to at least 1 of the activities covered by the guideline? Yes.	
for at study conclusion? Yes. Seven participants were missing outcome data at 16 weeks - this group differed only from those for whom data was available in terms of number of sessions attended. Important to note: it appears that all 7 missing participants were male. Data were therefore analysed for females only.	Was follow-up time meaningful? Partly. Final assessment conducted at 16 weeks - relatively short follow up time.	Study relates to Response.  (For effectiveness questions)  Are the study outcomes relevant to the guideline?  Yes.	
	Were exposure and comparison groups similar at baseline? If not, were these adjusted? Yes. There were some differences in groups in terms of location of treatment, but this was included as a covariate.	Does the study have a UK perspective? No. US study.	
	Was intention to treat (ITT) analysis conducted? Yes. Last observation carried forward for missing data.		
	Was the study sufficiently powered to detect an intervention effect (if one exists)?  Not reported.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis  Not reported, however relatively small sample size.		
	Were the estimates of effect size given or calculable? No.		
	Were the analytical methods appropriate? Yes.		
	Was the precision of intervention effects given or calculable? Were they meaningful? Yes.		
	Do conclusions match findings? Yes.		

10. Trowell J, Kolvin I, Weeramanthri T et al. (2002) Psychotherapy for sexually abused girls: psychopathological outcome findings and patterns of change. The British journal of psychiatry: the journal of mental science 180: 234–47

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Study aim 'To compare the relative efficacy of focused individual or group therapy in symptomatic sexually abused girls, and to monitor psy- chiatric symptoms for persistence or change' (p234).	Was the exposure to the intervention and comparison as intended? Yes. Was contamination acceptably low? Yes.	Does the study's research question match the review question? Yes. Has the study dealt appropriately with any ethical concerns? Partly.	Overall assessment of internal validity:  - Overall assessment of external validity: + However, lack of reporting in rela-
Description of theoretical approach? Partly. Study points out links between child sexual abuse and mental health problems. However theory	Did either group receive additional interventions or have services provided in a different manner? No.	Ethical approval not mentioned. Both children and guardians had to give informed consent to partici- pate. Study design meant that all	tion to ethical approval is a concern.  Overall validity rating:  Lack of clarity regarding statistical

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
base for the two treatment models not given.	Were outcomes relevant? Yes.	children meeting the inclusion criteria received an intervention.	analysis, including calculation of effect sizes, and unclear presentation of data are significant limitations in this study.
How was selection bias minimised? Randomised. Was the allocation method followed?	Were outcome measures reliable? Yes. Standardised validated instruments used for all measures.	Were service users involved in the study? No. Service users involved as participants only.	
Yes.  Is blinding an issue in this study?  Blinding not possible.  Not possible to blind participants to condition (group versus individual therapy). Not reported whether assessors were blind to participant condition.	Were all outcome measurements complete? Not reported. Some of the data relating to K-SADS do not seem to have been reported. Were all important outcomes assessed? Yes.	Is there a clear focus on the guideline topic? Yes. Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Girls who have experienced sexual abuse.	
Did participants reflect target group? Yes.	Were there similar follow-up times in exposure and comparison groups? Yes.	Is the study setting the same as at least 1 of the settings covered by the guideline?	
Were all participants accounted for at study conclusion? Yes. Some missing data imputed using Last Observation Carried Forward.	Was follow-up time meaningful? Yes. Two years.  Were exposure and comparison groups similar at baseline? If not, were these adjusted? Partly. Baseline scores on outcome measures varied across groups. Authors have aimed to correct for this by conducting ANCOVA, but this is poorly reported.	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to response. (For effectiveness questions) Are the study outcomes relevant to the guideline? Yes. Does the study have a UK perspective? Yes.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis Was intention to treat (ITT) analysis conducted? Partly. Yes but missing data only imputed for ANCOVA calculations (not in Tables 2 and 3).		
	Was the study sufficiently powered to detect an intervention effect (if one exists)? Not reported. However, relatively small sample size.		
	Were the estimates of effect size given or calculable? Partly. Not all relevant effect sizes are reported (only those where d>0.5). When the reviewing team have attempted to calculate effect sizes from raw data in the paper, different estimates are obtained. It is therefore unclear what method the authors used to calculate effect size.		
	Were the analytical methods appropriate? Partly. Analysis and presentation of findings in the paper is problematic: - Results tables show only changes in scores across measures, rather than raw data. In Table 3 it is states that 'high scores represent the most impairment', yet scores		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	-	
	appear to increase for both groups		
	at each time point, suggesting that		
	impairment worsened throughout		
	the intervention. Text elsewhere in		
	the document suggests that this is		
	a typo Effect sizes have only		
	been reported where they exceed		
	0.5 - the reviewing team query the		
	validity of this It is unclear		
	whether standard deviations re-		
	ported in the tables refer to the		
	raw scores, or increase/decreases		
	in scores - Potentially linked to the		
	above, when the reviewing team		
	has attempted to recalculate effect		
	sizes based on data provided in		
	the tables, different estimates are		
	obtained - Reporting of 2-way AN-		
	COVA reports only one F value (there should be two main effects		
	and one interaction term).		
	,		
	Was the precision of interven-		
	tion effects given or calculable?		
	Were they meaningful?		
	No.		
	Do conclusions match find-		
	ings?		
	Yes.		

## Research question 16 - Findings tables

1. Barbe RP, Bridge AJ, Birmaher B et al. (2004) Lifetime history of sexual abuse, clinical presentation, and outcome in a clinical trial for adolescent depression. Journal of Clinical Psychiatry 65: 77–83

Research aims	on. Journal of Clinical Psychiatry 65: PICO (population, intervention,	Findings	Overall validity rating
Research anns	,	i iliuliigs	Overall validity rating
Study aim: The study aimed to determine what impact sexual abuse had on clinical depression and treatment outcome in de-	comparison, outcomes)  Participants: Children and young people. Adolescents between the ages of 13 and 18 meeting criteria for DSM-III-R major depression with a score greater than or equal to 13 on the Beck Depression Inventory. Ex-	Statistical data - children and young people's health and wellbeing at treatment completion - Rate of major depression - Participants randomised to the cognitive behavioural therapy group who had a history of sexual abuse had a higher rate of major depression at treatment completion than non-abused	Overall assessment of internal validity:  - A key limitation is the referral of participants not showing progress
Methodology: RCT. Participants were randomised to one of three treatment conditions. NB. Although participants were randomised to 1 of three	clusion criteria appear to be; psychosis, bipolar disorder, substance abuse, ongoing abuse (physical or sexual), or obsessive-compulsive disorder. History of sexual abuse was determined by the question 'Have you ever been sexually abused by a relative, acquaintance, or stranger?' (p79).	participants, but this was not significant 40% (2/5) vs. 13.3% (4/30), Fisher exact test p=.1912, effect size [phi]=0.248. For participants without a history of sexual abuse, membership of the intervention group was associated with significantly lower rates of major depression at end of treatment than for the control group (p=0.02). However, this effect was not observed for those with a history of sexual abuse. However, the difference in effect between sexually abused and non-	to 'open treatment'. Also, the authors note that randomisation included 'balancing' for number of parents in household, gender, suicidality. It is unclear whether this refers to a priori stratification, or a
treatment conditions this study only reports on those randomised to either cognitive-be- havioural therapy or nondirective supportive	Sample characteristics:  • Age – Mean age in years (SD) – Sexually abused group 15.7 (1.4). Never sexually abused group 15.9 (1.5).	sexually abused individuals was not significant (chi-square=0.64, df=1, p=0.43).  Narrative findings - children and young people's health and wellbeing at treatment completion – Rate of DSM-III-R major depression –	post hoc adjustment to randomisation, which would in turn negate the randomisation process.
therapy (n=72) due to the fact that only one participant assigned to systemic behavioural therapy was determined to have a history of sexual abuse.	<ul> <li>Sex – Percentage female - Sexually abused group 90 %. Never sexually abused group 72.6%.</li> <li>Ethnicity – Percentage White - Sexually abused group 60%. Never sexually abused group 83.9%.</li> <li>Religion/belief – Not reported.</li> <li>Disability – Not reported.</li> </ul>	For participants without a history of sexual abuse, membership of the intervention group was associated with significantly lower rates of major depression at end of treatment than for the control group. However, this effect was not observed for those with a history of sexual abuse. The authors interpret this as meaning that a history of sexual abuse means that individuals are 'less likely to respond to treatment' (p81). However, the difference in effect between sexually abused	Overall assessment of external validity: ++ Overall validity rat- ing: -
Journal of the state of the sta	<ul> <li>Long term health condition – Not reported.</li> </ul>	ever, the difference in effect between sexually abused	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Government – USA Institute for Mental Health.	<ul> <li>Sexual orientation - Not reported.</li> <li>Socioeconomic position - Determined using the Hollingshead Four-Factor Index of Social Status (unclear how socio-economic status is linked to each grade) Percentage in each grade. Sexually abused group; I=10%; II=30%; III=20%; IV=30%; V=10%. Never sexually abused group; I=6.5%; II=11.3%; III=27.4%; IV=40.3%; V=14.5%.</li> <li>Type of abuse - Sexual abuse was determined for 11 participants (cognitive behavioural therapy group n=6; systemic behavioural family therapy n=4; nondirective supportive therapy n=1). NB The analysis reported here is restricted to those participants assigned to either cognitive behavioural therapy or nondirective supportive therapy as only one participant assigned to systemic behavioural family therapy was determined to have experienced sexual abuse. The question used to determine this was a dichotomous yes/no question meaning that no further details on extent, frequency, severity, etc., of sexual abuse could be determined.</li> <li>Percentage of participants with a history of physical abuse – Sexually abused group 20%. Never sexually abused group 29.3%.</li> </ul>	and non-sexually abused individuals was not significant, meaning that the basis for the conclusion is weak.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Looked after or adopted status -		
	Not reported.		
	Unaccompanied asylum seeking,     The seeking asylum seeking asylum seeking.		
	refugee or trafficked children - Not		
	reported.		
	Sample size:		
	Sample size – 107 participants		
	were randomised but analysis is re-		
	stricted to the 72 participants as-		
	signed to either cognitive behav-		
	ioural therapy (n=37) or non-		
	directive supportive therapy (n=35)		
	as only one participant assigned to		
	systemic behavioural family therapy		
	was determined to have experi-		
	enced sexual abuse.		
	<ul> <li>Comparison numbers – Cognitive behavioural therapy - n=37. Sex-</li> </ul>		
	ually abused n=6, never sexually		
	abused n=31.		
	Systemic behavioural family ther-		
	apy - n=35. Sexually abused n=1,		
	never sexually abused n=34.		
	Nondirective supportive therapy -		
	n=35. Sexually abused n=4, never		
	sexually abused n=31.		
	NB The analysis reported here is		
	restricted to those participants as-		
	signed to either cognitive behav-		
	ioural therapy or nondirective sup-		
	portive therapy as only one partici-		
	pant assigned to systemic behav-		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	ioural family therapy was deter-		
	mined to have experienced sexual		
	abuse.		
	Intervention: Cognitive behavioural		
	therapy. The authors do not provide		
	any details on this intervention other		
	than noting that it is derived from		
	Beck et al. (1979).		
	Delivered by – Cognitive behav-		
	ioural therapy – Not reported.		
	Delivered to - Cognitive behavioural		
	therapy - Not reported.		
	<ul> <li>Duration, frequency, intensity, etc.</li> </ul>		
	Cognitive behavioural therapy –		
	12 to 16 sessions delivered over		
	12-16 weeks.		
	<ul> <li>Key components and objectives of</li> </ul>		
	intervention – Cognitive behav-		
	ioural therapy - Not reported.		
	Content/session titles - Cognitive		
	behavioural therapy - Not reported.		
	Location/place of delivery - Cogni-		
	tive behavioural therapy - Not re-		
	ported.		
	<ul> <li>Describe comparison intervention –</li> </ul>		
	Nondirective supportive therapy –		
	12 to 16 sessions delivered over		
	12–16 weeks. The only other detail		
	provided in relation to this interven-		
	tion is that it is designed to ' con-		
	trol for the nonspecific effects of		
	psychotherapy and consisted of the		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	provision of support, affect clarifica-		
	tion, and active listening' (p78).		
	<ul> <li>Systemic behavioural family ther-</li> </ul>		
	apy - 12 to 16 sessions delivered		
	over 12–16 weeks. The only other		
	detail provided in relation to this in-		
	tervention is that it combines func-		
	tional family therapy with a problem		
	solving model created by Robin		
	and Foster (1989). NB Participants		
	assigned to this intervention were		
	excluded from analysis as only one		
	participant was determined to have		
	experienced sexual abuse.		
	Outcomes measured:		
	Children and young people's health		
	and wellbeing - A number of		
	measures of health and wellbeing		
	were utilised in the study. However,		
	only one was analysed in terms of		
	the interaction between treatment		
	group and abuse history – this was		
	rate of DSM-III-R major depression		
	at the end of treatment assessed		
	using the interviewer Kiddie Sched-		
	ule for Affective Disorders and		
	Schizophrenia - Present Episode		
	Version (Chambers et al. 1985) and		
	the Kiddie Schedule for Affective		
	Disorders and Schizophrenia – Epi-		
	demiologic Version (Overaschel et		
	al. 1982).		
	Service outcomes - No service out-		
	comes were analysed in terms of		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	the interaction between treatment group and abuse history.		
	Follow-up: There were 7 follow-up assessments in total. These took place at the sixth treatment session; at treatment completion (between the 12th and 16th sessions); every 3 months during the first year and at 24 months post-treatment. NB. Only data collected at post-treatment and 24 months post-treatment are reported here and only the primary outcome of interviewer assessed rate of DSM-III-R major depression was measured at both time points.		
	Costs? No. Cost/resource use information is not reported.		

## 2. Carpenter J, Jessiman T, Patsos D et al. (2016) Letting the future in: A therapeutic intervention for children affected by sexual abuse and their carers. London: NSPCC

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim Research questions: '1. What are the outcomes for children and young people affected by sexual abuse of providing Letting the Future In in NSPCC services? 2. What is the cost-effectiveness	Participants Children and young people. Children and young people aged 4 to 17 'affected by sexual abuse' (p10). Caregivers and families - 'Safe carers' (p10) of children and young people aged 4 to 17 affected by sexual abuse.	Effect sizes Children and young people's health and wellbeing  A - Primary outcomes (clinical or significant difficulty level scores on TSCC or TSCYC)  1. Older children and young people (8 and over) Results are reported for 'analysis completers' (those for whom T1 and T2 data were available) and 'intention to treat' in which missing data have been imputed statistically (using demographic and other variables	Overall assessment of internal validity + Overall assessment of external validity ++ Overall validity score +

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
of this service? 3.	Sample characteristics:	likely to affect treatment outcomes). The intention to	
What is the effective-	<ul> <li>Age – Children: Mean age 10.7,</li> </ul>	treat data are reported in the narrative summary as	
ness of the support in-	age range 3 (note exec summary	these provide the more conservative estimates.	
tervention received by	states 4) to 17 Carers: 20–29 12%,		
the 'safe' carers?'	30-39 36%, 40-49 27%, 50+ 9%,	Separate analyses have been completed for:	
(p10).	unknown 18%.	- Clinical level scores only	
Methodology	• Sex – Children: 26% male, 74% fe-	- Clinical level and 'significant difficulty' scores	
RCT including cluster.	male Carers: Male 8%, female		
Intervention and wait-	89%, unknown 4%.	1.1 Clinical level scores on one more TSCC sub-	
list control.	Ethnicity – Children: Black and mi-	scales	
	nority ethnic 9% Carers: Black and	Results have been analysed using McNemar's test for	
Country	minority ethnic 4%.	the difference between correlated proportions. How-	
UK.	<ul> <li>Religion/belief – Not reported.</li> </ul>	ever, test statistics are not reported, only p values.	
Source of funding	Disability – Children: One or more		
Voluntary/charity -	disabilities 17% Carers: Not re-	1.1.1 Analysis completers	
NSPCC	ported.	There was a significant reduction in the proportion of	
Other commercial	<ul> <li>Long term health condition – Not</li> </ul>	children and young people with clinical level scores	
source - Impetus - The	reported.	on one or more TSCC subscales in the intervention	
Private Equity Founda-	<ul> <li>Sexual orientation – Not reported.</li> </ul>	condition (p=0.029) but not the waitlist condition	
tion.	Socioeconomic position – Not re-	(p=1.00).	
tion.	ported.		
	<ul> <li>Type of abuse – Sexual abuse Age</li> </ul>	1.1.2 Intention to treat	
	at onset of abuse: Less than 3	Using the ITT approach, the reduction in the propor-	
		tion of children and young people with clinical level	
	years old 20%, 3-7 38%, 8-12 26%,	scores on one or more TSCC subscales in the inter-	
	13+ 16% Nature of abuse: Non-	vention condition was only marginally significant	
	contact 12%, online abuse 4%, in-	(p=0.065). Wait list condition was non-significant	
	appropriate touching 66%, penetra-	(p=0.839).	
	tion or attempted penetration 49%, sexual abuse with violence 5%.		
	Number of known incidents of	1.2 Combined clinical and significant difficulty scores	
		1.2.1 Analysis completers	
	abuse: One 28%, 2-4 21%, 5+	There was a significant reduction in the proportion of	
	38%, unknown 14%. Duration be-	children and young people with clinical level or signifi-	
	tween onset and discovery of sex-	cant difficulty scores on 1 or more TSCC subscales in	
	ual abuse: Less than 6 months	,	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	52%, 6-12 months 20%, more than	the intervention condition (p=0.001) but not the wait-	
	12 months 28%. Relationship of	list condition (p=0.581).	
	perpetrator with child: Intrafamilial		
	65%, extrafamilial 35%. Number of	1.2.2 Intention to treat	
	perpetrators: Single perpetrator	There was a significant reduction in the proportion of	
	80%, 2+ perpetrators 10%, un-	children and young people with clinical level or signifi-	
	known 10%. Perpetrator gender:	cant difficulty scores on 1 or more TSCC subscales in	
	Male 93%, female 5%, male and fe-	the intervention condition (p=0.016) but not the wait-	
	male 2%. Perpetrator age: Adult 58%, young person over 14 years	list condition (p=1.00).	
	22%, young person 11-13 years	1.3 TSCC subscale analysis	
	9%, children aged 10 and under	1.3.1 Analysis completers	
	11%, unknown 3%.	NOTE - some very small cell sizes for this analysis.	
	Looked after or adopted status –	The study found that those in the intervention group,	
	12% were looked after.	but not the control group showed significant shift	
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	away from clinical/significant difficulty level scores on	
	refugee or trafficked children – Not	the following subscales: anxiety (intervention	
	reported.	p=0.035, control p=NS), post-traumatic stress	
		(p=0.011, p=0.118), and dissociation (p=0.043,	
	Sample size:	p=0.629). For 1 item (sexual concerns - general) the	
	Comparison numbers -	wait list group showed a significant improvement	
	Children: 114 Carers: 76	(p=0.003) but the intervention group did not. All other	
	Intervention numbers -	subscales did not show significant differences for ei-	
	Children: 128 Carers: 89	ther group (depression, anger, dissociation - overt,	
	Sample size -	dissociation - fantasy, sexual concerns - preoccupa-	
	Children=242 Carers=165	tion, sexual concerns - distress.	
	Describe intervention	1.3.2 Intention to treat	
	Therapeutic intervention which is	Analysis of the TSCC subscales using imputed data	
	largely psychodynamic and 'grounded	provided a different picture. In this case, the interven-	
	in an understanding of trauma, at-	tion group showed significant improvement in relation	
	tachment and resilience' (p10), and	to anger (intervention p=0.003, control p=0.076),	
	draws on methods such as counsel-	post-traumatic stress (p=0.020, p=0.108) and dissoci-	
	ling and socio-educative approaches.	ation - general (p=0.020, p=0.108). For 1 item (sexual	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	The intervention emphasises the ther-	concerns - general) the wait list group showed a sig-	
	apeutic 'attunement of the practitioner	nificant improvement (p=0.008) but the intervention	
	to the child's emotional responses'	group did not (p=0.115). All other subscales did not	
	(p10).	show significant differences for either group (anxiety,	
	Delivered by	depression, dissociation-overt, dissociation - fantasy,	
	Therapists, also described as 'chil-	sexual concerns - preoccupation, sexual concerns -	
	dren's services practitioners (CSPs)	distress).	
	[with] varying levels of experience	,	
	and training' (p21). Unclear if all were	2. Young children (under 8)	
	qualified psychotherapists.	2.1 Clinical level scores on one more TSCC sub-	
	Delivered to	scales	
	Children aged 4 to 17 affected by	2.1.1 Analysis completers	
	sexual abuse and their non-abusing	Neither the intervention nor control groups showed a	
	carer.	significant reduction in the proportion of children with	
	Duration, frequency, intensity, etc.	clinical level scores on 1 or more TSCC subscales	
	Intervention delivered over 6 months.	(intervention p=0.687; control p=1.000).	
	Children offered up to four therapeu-		
	tic assessment sessions and 20 inter-	2.1.2 Intention to treat	
	vention sessions, extended to 30 as	Results not reported.	
	necessary. Median number of ses-		
	sions was 18.4 for children aged 8	2.2 Combined clinical and significant difficulty scores	
	and over (14.6 were individual work	2.2.1 Analysis completers	
	with child, 2.5 safe carer work, 1.4	Results not reported.	
	safe carer and joint child work). Me-	·	
	dian number of sessions was 19.6 for	2.2.2 Intention to treat	
	children under 8 (13.2 individual work	Neither the intervention nor control groups showed a	
	with child, safe carer work 3.4, safe	significant reduction in the proportion of children with	
	carer and child joint work 3.0). Safe	clinical level or 'significant difficulty' level scores on 1	
	carers are offered up to 8 sessions.	or more TSCC subscales (intervention p=0.625; con-	
	The median number of sessions was	trol p=1.000).	
	6.9.		
	Key components and objectives of in-	2.3 TSCYC subscale analysis.	
	tervention	2.3.1 Analysis completers.	
	The framework for intervention is		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	based on Bannister's (2003) Recov-	The intervention groups showed significant reductions	
	ery and Regeneration Model, which is	in two subscales: post-traumatic stress - intrusion (in-	
	largely psychodynamic and draws on	tervention p=0.022; control p=0.039) and post-trau-	
	psychodrama (Moreno 1983), play	matic stress - avoidance (p=0.039, p=0.375). There	
	therapy (Gil 1991) and attachment	were no significant reductions on the remaining seven	
	theory (Bowlby 1969). Bannister's	subscales: anxiety, depression, anger, post-traumatic	
	model uses three key phases: 1. As-	stress - arousal, post-traumatic stress - total, dissoci-	
	sessment of the child's developmen-	ation or sexual concerns.	
	tal needs and how the process of de-		
	velopment may have been interrupted	2.3.2 Intention to treat	
	by sexual abuse 2. Action phase -	Using the intent to treat data there were no significant	
	building a positive relationship with	improvements in any of the TSCYC subscales for ei-	
	the worker including developing	ther intervention or control group. The control group	
	boundaries and 'confirming the child's	deteriorated in relation to the depression (p=0.022)	
	feelings and identity' (p21). This	and sexual concerns (p=0.039) subscales.	
	draws on techniques such as play,		
	art, drama and stories. 3. Resolution	B - Secondary outcomes	
	phase - child is encouraged to ex-	Secondary outcomes were the changes in mean	
	press feelings and develop self-	scores on the TSCC and TSCYC subscales, analysed	
	awareness and relationships. Despite	using ANCOVA. There were no statistically significant	
	the influence of Bannister's frame-	differences on any subscales for either older or	
	work the authors describe Letting the	younger children (no data reported).	
	Future In as 'deliberately multi-theo-		
	retical', and state that a number of	C - Effectiveness analysis	
	constructs have been used to build: -	The study had planned to examine whether children	
	a value base - an underpinning	who received four or more sessions did better than	
	knowledge base including knowledge	those who dropped out early. However, 87% of partic-	
	of child development, attachment the-	ipants received 4 or more sessions, meaning that this	
	ory and resilience factors - a skills	comparison was not possible.	
	base including using the therapeutic		
	relationship and motivational inter-	D - Follow on one year from baseline	
	viewing and elements of trauma-fo-	1. Older children	
	cused CBT (psycho-educative work,	1.1 Proportion of children reporting clinically signifi-	
	development of parenting skills, joint	cant scores on one or more TSCC subscales	
	carer-child sessions). In terms of the	1.1.1 Analysis completers	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	carer component of the intervention,	For the children for whom data were available at all	
	the key aims are to help carers to:	three time points (n=34) the following pattern of re-	
	'process the impact of discovering the	sults was observed: at T1 52.9% of young people had	
	child's sexual abuse; create a social	clinically significant scores, T2 23.5%, T3 44.1%.	
	environment that facilitates their chil-	Cochran's Q test was carried out and was significant	
	dren's recovery; provide emotional	(Q=8.316, p=0.16), however it is unclear whether all	
	warmth alongside structure and rou-	differences are significant - no post hoc testing under-	
	tine; help their child feel safe, and col-	taken.	
	laborate in the process of their child		
	in re-authoring their trauma narrative'	1.1.2 Intent to treat analysis	
	(p22). The intervention is guided by a	The study reports that the intervention group showed	
	2-stage assessment: 1. Referral as-	a statistically significant improvement in the propor-	
	sessment - to gather initial infor-	tion of children reporting clinical level scores between	
	mation and judge suitability of referral	T1 and T2 (p=0.041). There was a non-significant in-	
	2. Assessment of therapeutic need,	crease in children with clinical or significant difficulty	
	based on child's self-completion of	level scores between T2 and T3 (p=0.263).	
	the Trauma Symptoms Checklist		
	(TSCC) or Trauma Symptoms Check-	1.2 Proportion of children reporting clinically signifi-	
	list for Young Children (TSCYC) on	cant or significant difficulty scores on 1 or more TSCC	
	the child's behalf (for children aged	subscales	
	under 8).		
	Content/session titles	1.2.1 Analysis completers	
	Children: Records were kept of pri-	Not reported.	
	mary content of individual sessions		
	with each child. Content of sessions	1.2.2 Intent to treat	
	as follows: Creative therapies (20% of	A similar pattern was observed, of a significant de-	
	sessions) Awareness and manage-	crease in the proportion of children with clinical or sig-	
	ment of feelings (17%) Counselling	nificant difficulty level scores between T1 and T2	
	(15%) Identity and self-esteem (9%)	(p=0.020) and a non-significant increase between T2	
	Socio-educative (9%) Symbolic play	and T3 (p=0.503).	
	(8%) Solution-focused brief therapy		
	(7%) Agreement and boundary for-	2. Younger children	
	mation (5%) Using scales and tools	2.1 Proportion of children reporting clinically signifi-	
	(4%) Attachment based (3%) Gradual	cant scores on one or more TSCYC subscales	
	exposure (1%) Trauma-focused CBT	2.1.1 Analysis completers	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	(1%) Carers: 'Generally based on counselling and awareness and management of feelings, together with socio-educative work' (p62). The following topic areas are covered: 'Helping the carer express and process the personal impact of discovering that their child was sexually abused; educating carers about the nature and consequences of sexual abuse; helping carers consider how they can support their child, assessing the safe carer's capacity for joint sessions and preparing for joint sessions with the child/young person and safe carer' (p24).  Location/place of delivery Not reported.	For children for whom data were available at all 3 time points (n=15) there was a non-significant decrease in the proportions of children with clinically significant scores on one or more subscales (p=0.687) but a marginally significant decrease between T2 and T3 (p=0.063). The authors suggest this may be because younger children tended to receive more sessions in between T2 and T3 than older children.  2.1.2 Intent to treat Not reported.  2.2. Proportion of children reporting clinically significant or significant difficulty scores on 1 or more TSCC subscales 2.2.1 Analysis completers Not reported.	
	Describe comparison intervention Waiting list.  Outcomes measured Children and young people's health and wellbeing outcomes Change in proportion of children with clinical levels of symptoms or prob- lematic behaviour or significant diffi- culties, as assessed using the Trauma Symptoms Checklist (TSCC) (Briere 1996) for children aged 8 and over, and Trauma Symptoms Check- list for Young Children (TSCYC) (Bri- ere et al. 2001) for children aged un- der 8. Caregiver/parent health and wellbe- ing outcomes	2.2.2 Intent to treat Not reported.  Caregiver health and wellbeing  1. Proportion of carers with Parenting Stress scores at or above clinical threshold Data are reported for analysis completers only - no intent to treat analysis has been conducted. The study found that there was little change in scores for either intervention or control between T1 and T2. At 1 year follow up (T3) significant improvements in total stress were observed for both the intervention (p=0.016) and control groups (p=0.021). Overall, the change in proportion of clinical level scores in the intervention group was significant (Q=7.2, p=0.027).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Change in parental stress as meas-		
	ured by the Parenting Stress Index		
	(Abidin 1995).		

3. Danielson CK, McCart MR, Walsh K, et al. (2012). Reducing substance use risk and mental health problems among sexually assaulted adolescents: A pilot randomized controlled trial. Journal of Family Psychology 26: 628–35

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Study aim	comparison, outcomes) Participants	Effect sizes	Overall assessment
To evaluate the differential efficacy of Re-	Children and young people - Thirty adolescents (aged 13–17	Children and young people's health and wellbeing	of internal validity: ++
duction through Family Therapy (RRFT) and	years; M=14.80; SD=1.51) who had experienced at least 1 sexual assault	FROM TABLE 2:	Overall assessment of external validity:
treatment as usual (TAU) in reducing sub- stance use (SU) prob-	and their caregivers were randomized to RRFT or treatment as usual (TAU) conditions.	Mixed-Effect Regression Models for Treatment Outcome Measures	+ Overall validity rat-
lems (including early initiation), mental health symptoms, and risky sexual behavior among adolescent CSA victims.	Caregivers and families - Caregivers: 72.6% biological parents, 17.1% other family members, 10.3% non-familial guardians.  Sample characteristics:	UCLA PTSD-Adolescent Intercept: RRFT β37.24 SE: 4.02 df=28 p=<.001 (29.36, 45.12) TAU v. RRFT β-4.60 SE: 5.65 df=28 p=0.422 (-15.65, 6.45) Slope: RRFT β-1.19 SE: 0.24 df=81 p=<.001 (-1.66,	ing: + + (moderate) external validity (related to nar- row match of study outcomes relative to
Methodology RCT including cluster.	Age – Adolescents aged 13–17 years (M=14.80; SD=1.51).	-0.72) TAU v. RRFT β0.42 SE: 0.34 df=81 p=0.215 (-0.25,	review scope) but ++ internal validity = + moderate overall valid-
Country Not UK.	<ul> <li>Sex – Approximately 88% of the sample was female.</li> </ul>	1.09)	ity.
USA - Charleston, South Carolina	• Ethnicity – 46% were African American (37.5% white, 4.2% Native	UCLA PTSD-Parent Intercept: RRFT β39.09 SE: 3.66 df=28 p=<.001	
Source of funding Pharmaceutical -	American, 8.3% bi-racial, 4% His-panic). Religion/belief – Not reported.  • Disability – Not reported.	(31.92, 46.26) TAU v. RRFT β-12.97 SE: 5.14 df=28 p=0.018 (-23.04, -2.90)	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
The study was supported by grant award K23DA018686 from the National Institute on Drug Abuse (NIDA; Pl: Danielson) and a Young Investigator Award from NARSAD (Pl: Danielson).	<ul> <li>Long term health condition – Not reported.</li> <li>Sexual orientation – Not reported.</li> <li>Socioeconomic position – Not reported.</li> <li>Type of abuse – Sexual: experienced at least 1 lifetime CSA that could be recollected by the youth (defined as unwanted/forced vaginal or anal penetration by an object, finger, or penis; oral sex; or touching of one's genitalia). Mean time since most recent assault was 3.7 years (SD=3.8).</li> <li>Looked after or adopted status – Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children – Not reported.</li> <li>Sample size</li> <li>Comparison numbers – 15 in the TAU group. Intervention numbers – 15 in the RRFT group. Sample size – Participants included 30 treatment seeking adolescent CSA victims. 15 were included in the treatment group (RRFT) and 15 in the 'control' group (TAU).</li> <li>Intervention</li> <li>Describe intervention</li> </ul>	Slope: RRFT β-1.46 SE: 0.21 df=82 p=<.001 (-1.87, -1.05)     TAU v. RRFT β0.87 SE: 0.29 df=82 p=0.004 (0.30, 1.44)  Child Depression Inventory Intercept: RRFT β60.42 SE: 2.73 df=28 p=<.001 (55.07, 65.77)     TAU v. RRFT β-8.54 SE: 3.83 df=28 p=0.034 (-16.05, -1.03)     Slope: RRFT β-0.87 SE: 0.17 df=81 p=<.001 (-1.20, -0.54)     TAU v. RRFT β0.52 SE: 0.24 df=81 p=0.036 (0.05, 0.99)  Behavioural Assessment System for Children - Internalising Intercept: RRFT β67.45 SE: 2.47 df=28 p=<.001 (62.61, 72.29)     TAU v. RRFT β-10.71 SE: 3.44 df=28 p=0.004 (-17.45, -3.97)     Slope: RRFT β-1.06 SE: 0.14 df=81 p=<.001 (-1.33, -0.79)     TAU v. RRFT β0.53 SE: 0.20 df=81 p=0.008 (0.14, 0.92)  Behavioural Assessment System for Children - Externalizing Intercept: RRFT β66.94 SE: 3.27 df=28 p=<.001 (60.53, 73.35)     TAU v. RRFT β-6.43 SE: 4.52 df=28 p=0.166 (-15.29, 2.43)     Slope: RRFT β-0.90 SE: 0.22 df=81 p=<.001 (-1.32, -0.46)	Overall validity rating

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	TALL DDET 00 40 05 0 04 40 04 0 404 / 0 40	
	In an effort to better address the mul-	TAU v. RRFT β0.42 SE: 0.31 df=81 p=0.181 (-0.19,	
	tiple clinical problems commonly ex-	1.03)	
	perienced by victims of CSA, the au-	Time Line Fellow Book Bows welloo	
	thors recently developed an inte-	Time Line Follow Back Days w. Use	
	grated treatment protocol called Risk	Intercept: RRFT β0.21 SE: 0.70 df=28 p=0.764	
	Reduction through Family Therapy	(-1.16, 1.58)	
	(RRFT; Danielson et al. 2010a).	TAU v. RRFT β-2.17 SE: 1.01 df=28 p=0.040 (-4.13,	
	RRFT builds upon the principles and	-0.21)	
	interventions applied in empirically-	Slope: RRFT β-0.17 SE: 0.01 df=81 p=<.001 (-0.19,	
	supported treatments for adolescent	-0.15)	
	SU (Multisystemic Therapy/MST;	TAU v. RRFT β 0.30 0.03 81 <.001 (0.24, 0.36)	
	Henggeler et al. 2002), PTSD and depression (TF-CBT), and other nega-	Any Sexual Partners	
	tive sequelae (e.g., risky sexual be-	Intercept: RRFT β -0.04 0.56 27 0.948 (-1.14, 1.06)	
	haviors; DiClemente et al., 2004). Im-	TAU v. RRFT β 0.37 0.76 27 0.633 (-1.12, 1.86)	
	portantly, the model utilises expo-	Slope: RRFT β -0.12 0.05 82 0.026 (-0.22, -0.02)	
	sure-based techniques (i.e., where	TAU v. RRFT β -0.01 0.07 82 0.912 (-0.15, 0.13)	
	one learns to gain control of the dis-	170 v. 100 i p 0.01 0.07 02 0.312 ( 0.13, 0.13)	
	tress induced by trauma-related cues)	Family Environment Scale Cohesion-Adolescent	
	from TF-CBT to address youths'	Intercept: RRFT β 40.16 3.78 28 < .001 (32.75, 47.57)	
	trauma symptoms, as well as involve-	TAU v. RRFT β 12.80 5.31 28 0.023 (2.39, 23.21)	
	ment of the family, which has been	Slope: RRFT 0.76 0.21 81 0.001 (0.35, 1.17)	
	demonstrated to be beneficial in the	TAU v. RRFT β -1.03 0.30 81 0.001 (-1.62, -0.44)	
	treatment of youth PTSD (Gilboa-	17.60 V. Taka T. p. 11.60 01.60 01 01.60 T ( 11.62, 10.11)	
	Schechtman et al. 2010) and SU	Family Environment Scale Cohesion-Parent	
	problems (Henggeler et al. 2002).	Intercept: RRFT β 45.25 2.74 28 < .001 (39.88, 50.62)	
	Data from an open pilot suggest that	TAU v. RRFT β 12.27 3.81 28 0.003 (4.80, 19.74)	
	RRFT is feasible and potentially effi-	Slope: RRFT β 0.85 0.21 82 < .001 (0.44, 1.26)	
	cacious in reducing risk for SU prob-	TAU v. RRFT β -0.79 SE: 0.30 df=82 p=0.010	
	lems and decreasing PTSD and de-	(-1.38, -0.20)	
	pression among youth (Danielson et	,	
	al., 2010a). RRFT—RRFT was devel-	Family Environment Scale Conflict-A	
	oped to reduce risk of SU and other	Intercept: RRFT β 58.69 SE: 2.72 df=28 p=<.001	
	high-risk behaviors and trauma-re-	(53.36, 64.02)	
	lated psychopathology in adolescents	,	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	who have experienced CSA. RRFT	TAU v. RRFT β -9.15 SE: 3.80 df=28 p=0.023	
	integrates the nine guiding principles	(-16.60, -1.70)	
	of MST with other empirically-sup-	Slope: RRFT β -1.13 SE: 0.19 df=81 p=<.001 (-1.50,	
	ported interventions with similar theo-	-0.76)	
	retical rationales targeting similar	TAU v. RRFT β 0.92 SE: 0.27 df=81 p=0.001 (0.39,	
	populations, including TF-CBT and	1.45)	
	psychoeducation strategies for pre-		
	vention of high-risk sexual behavior	Family Environment Scale Conflict-P	
	(e.g., DiClemente et al. 2004) and	Intercept: RRFT β 54.70 SE: 2.72 df=28 p=<.001	
	sexual revictimization (Marx et al.	(49.36, 60.02)	
	2001). The RRFT protocol is devised	TAU v. RRFT β -6.44 SE: 3.81 df=28 p=0.102	
	into 7 treatment components: Psy-	(-13.91, 1.03)	
	choeducation, Coping, Family Com-	Slope: RRFT β -0.79 SE: 0.17 df=82 p=<.001 (-1.12,	
	munication, Substance Abuse, PTSD,	-0.46)	
	Healthy Dating and Sexual Decision	TAU v. RRFT β 0.47 SE: 0.25 df=82 p=0.058 (-0.02,	
	Making, and Revictimisation Risk Re-	0.96)	
	duction and is administered through		
	weekly, 60–90 minute sessions with		
	adolescents and caregivers (meeting		
	individually with the therapist and as		
	a family). RRFT utilizes a clinical		
	pathways approach that is driven by		
	youth symptomatology (i.e., the order		
	of and time spent on each component		
	is determined by the needs of each		
	youth and family). Several theories		
	are incorporated into RRFT via multi-		
	ple intervention strategies. First,		
	RRFT is guided by ecological theory,		
	which proposes that an adolescent's		
	behavior is influenced by multiple so-		
	cial and environmental contexts, in-		
	cluding the family, peer network,		
	school, and community (Bronfenbren-		

ner 1979). RFT, like other ecological models (e.g., MST), adopts a family-based approach to intervention and encourages therapists to intervene in multiple social systems. As part of this ecological model, Strategic Family Therapy (e.g., Haley 1976) is utilised to help the family define problems (in behaviourally specific terms – and from the perspective of both of the adolescent and the caregiver) and work together to solve those problems. The family is involved across all 7 treatment components. Mowrer's Two-Factor Theory (Mowrer, 1960) and negative reinforcement theory (Baker et al. 2004) also are applied in targeting PTSD, SU, and their overlap in RRFT. Additional information about the RRFT model can be found in Danielson et al. (2010a).  Delivered by Clinical psychology graduate students. Therapy was delivered through both an outpatient clinic and an outreach programme offered at the same clinic.  Delivered to Adolescents visiting a weekly mental health clinic.	Research aims	PICO (population, intervention,	Findings	Overall validity rating
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Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Duration, frequency, intensity, etc. Mean treatment length for RRFT was 23 sessions (SD=13); mean number of weeks in treatment was 34 (SD=17). Treatment completers were defined as having completed 5 of 7 RRFT components. Key components and objectives of intervention Location/place of delivery The trial was conducted in an urban clinic specialising in the treatment of trauma. Therapy was delivered through both an outpatient clinic and an outreach program offered at the same clinic. Describe comparison intervention Treatment as Usual (TAU) – range of treatments. Clinic chart reviews for those in the TAU condition showed that no one treatment was consist- ently delivered across youth and fam- ilies assigned to this condition.		
	Recognition tool Describe recognition tool Mental Health Symptoms – PTSD symptoms were assessed with the UCLA PTSD Index for DSM-IV-Ado- lescent & Caregiver versions (Stein- berg et al. 2004). The Child Depres- sion Inventory (CDI; Kovacs 1983) was used to assess depression symptoms and the Behavioral As- sessment System for Children		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	(BASC-2; Reynolds & Kamphaus		
	1992) (parent and youth self-report)		
	measured participants' internalizing		
	and externalising symptoms. Internal		
	consistency for all measures was		
	high in the current sample		
	(Cronbach's alphas >.84). Substance		
	Use and Substance Use Risk Fac-		
	tors—The Time Line Follow Back In-		
	terview (TLFB), a well-established		
	method of assessing SU (Sobell &		
	Sobell 1996), was conducted with		
	each participant to identify specific		
	amounts of alcohol and drugs con-		
	sumed over the past 90 days. Urine		
	drug screens were collected to vali-		
	date self-reported SU (i.e., verify that		
	denial of illicit drug use was accu-		
	rate). The Cohesion and Conflict sub-		
	scales of the Family Environment		
	Scale (FES; Moos & Moos 1986)		
	were completed by adolescents and		
	caregivers, as these aspects of family		
	environment have been linked with		
	SU risk. The reliabilities of these sub-		
	scales have been established (Boyd		
	et al., 199; Cole & McPherson,		
	1993).Risky Sexual Behavior - Two		
	items were used to assess: 1) num-		
	ber of consensual sexual intercourse		
	partners over the past 3 months (in-		
	cluding new sexual partners), and 2)		
	whether or not the youth had been di-		
	agnosed with a sexually transmitted		
	disease in the past 3 months.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Describe comparison tool/usual practice Same as intervention group. Participants completed measures of substance use, substance use risk factors (e.g., family functioning), mental health problems (i.e., posttraumatic stress disorder, depression, and general internalizing/externalising symptoms) and risky sexual behavior at four time points (baseline, post-treat-		
	ment, and 3- and 6-month follow-up).		
	Children and young people's health and wellbeing outcomes Mental Health Symptoms PTSD symptoms measured using PTSD Index for DSM-IV-Adolescent & Caregiver versions (Steinberg et al. 2004). Depression measured using the Child Depression Inventory (CDI; Kovacs 1983). Internalising and externalising symptoms measured using Behavioral Assessment System for Children (BASC-2; Reynolds & Kamphaus, 192) (parent and youth self-report) Internal consistency for all measures was high in the current sample (Cronbach's alphas > .84). Substance Use and Substance Use Risk Factors		
	Alcohol and drug use in previous 90 days measured using the Time Line		
	Follow Back Interview (TLFB) Family		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	environment assessed using the Co-		
	hesion and Conflict subscales of the		
	Family Environment Scale (FES;		
	Moos & Moos 1986) completed by		
	adolescents and caregivers, as these		
	aspects of family environment have		
	been linked with SU risk. Risky Sex-		
	ual Behavior Number of consensual		
	sexual intercourse partners over the		
	past 3 months (including new sexual		
	partners) Whether or not the youth		
	had been diagnosed with a sexually		
	transmitted disease in the past 3		
	months.		
	Recognition indicators measured		
	Trauma -		
	Mental Health Symptoms - PTSD		
	symptoms were assessed with the		
	UCLA PTSD Index for DSM-IV-Ado-		
	lescent & Caregiver versions (Stein-		
	berg et al. 2004). The Child Depres-		
	sion Inventory (CDI; Kovacs 1983)		
	was used to assess depression		
	symptoms and the Behavioral As-		
	sessment System for Children		
	(BASC-2; Reynolds & Kamphaus		
	1992) (parent and youth self-report)		
	measured participants' internalizing		
	and externalising symptoms. Internal		
	consistency for all measures was		
	high in the current sample		
	(Cronbach's alphas > .84).		
	Substance abuse -		
	Substance Use and Substance Use		
	Risk Factors - The Time Line Follow		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Back Interview (TLFB), a well-estab-		
	lished method of assessing SU (So-		
	bell & Sobell 1996), was conducted		
	with each participant to identify spe-		
	cific amounts of alcohol and drugs		
	consumed over the past 90 days.		
	Urine drug screens were collected to		
	validate self-reported SU (i.e., verify		
	that denial of illicit drug use was ac-		
	curate). The Cohesion and Conflict		
	subscales of the Family Environment		
	Scale (FES; Moos & Moos 1986)		
	were completed by adolescents and		
	caregivers, as these aspects of family		
	environment have been linked with		
	SU risk. The reliabilities of these sub-		
	scales have been established (Boyd		
	et al. 1997; Cole & McPherson 1993).		
	Risk factors -		
	Risky Sexual Behavior - Two items		
	were used to assess: 1) number of		
	consensual sexual intercourse part-		
	ners over the past 3 months (includ-		
	ing new sexual partners), and 2)		
	whether or not the youth had been di-		
	agnosed with a sexually transmitted		
	disease in the past 3 months.		

4. Foa EB, McLean CP, Capaldi S (2013) Prolonged exposure vs supportive counseling for sexual abuse-related PTSD in adolescent girls: A randomized clinical trial. Journal of the American Medical Association 310: 2650–7

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The study	Participants: Children and young	Statistical data - Baseline to post-treatment -	Overall assessment
aims to evaluate the	people. Female adolescents with a	·	of internal validity: ++

Research aims	PICO (population, intervention,	Findings	Overall validity rating
-	comparison, outcomes)		
impact of counsellor-	primary diagnosis of chronic or sub-	Interviewer-rated post-traumatic stress disorder	
delivered prolonged	threshold post-traumatic stress disor-	symptom severity (Child PTSD Symptom Scale–Inter-	Overall assessment
exposure therapy in	der resulting from experience of sex-	view) -	of external validity:
comparison to support-	ual abuse at least 3 months before	Intervention: Significant improvement in symptom se-	++
ive counselling for ado-	assessment for study eligibility.	verity with large effect size; change in score=20.1;	
lescent girls with sex-		95% CI 16.7-23.6; t57=11.35; p<.001; d=2.72.	Overall validity rat-
ual abuse related post-	Exclusion criteria were 'current sui-	Comparison: Significant improvement in symptom se-	ing: ++
traumatic stress disor-	cidal ideation with intent, uncontrolled	verity with a large effect size; change in score 12.6;	
der.	bipolar disorder, schizophrenia, con-	95% CI 9.0-16.2; t60=6.83; p<.001; d=1.71.	
	duct disorder, pervasive developmen-	Between group differences: The intervention group	
Methodology: RCT.	tal disorder, initiation of psychotropic	showed significantly greater improvement in symptom	
	medication within the previous 12	severity, with a large effect size: Between-treatment	
Country: USA – Phila-	weeks, and current inpatient psychiat-	difference in mean score=7.5; 95% CI 2.5-12.5;	
delphia.	ric treatment. Adolescents with sub-	t59=2.93; p<.001; d=1.01.	
	stance use or suicidality without immi-		
Source of funding:	nent threat were not excluded'	Rates of loss of post-traumatic stress disorder diag-	
Government - National	(p2651). Six participants with late	nosis (post-traumatic stress disorder module of the	
Institute of Mental	stage pregnancies were also ex-	DSM-IV Schedule for Affective Disorders and Schizo-	
Health (R01	cluded.	phrenia for School-Age Children) –	
MH074505).		Intervention: Significant decrease in rates of diagno-	
	Sample characteristics:	sis, effect size not reported; Rate of loss of diagnosis:	
	<ul> <li>Age – All participants were be-</li> </ul>	83.3%; 95% CI 77.2%-85.4%; t270=8.92; p<.001.	
	tween the ages of 13 and 18. Mean	Comparison: Significant decrease in rates of diagno-	
	age of total sample=15.3 years	sis, effect size not reported; Rate of loss of diagnosis:	
	(15.0-15.7, 95% CI); mean age of	54%; 95% CI 49.1%-56.5%; t270=8.33; p<.001.	
	intervention group=15.4 (14.9-15.8,	Between group differences: The intervention group	
	95% CI); mean age of comparison	showed a significantly greater decrease in rate of di-	
	group=15.3 (14.7-15.9, 95% CI).	agnosis, effect size not reported; Difference in loss of	
	<ul> <li>Sex – All participants were female.</li> </ul>	diagnosis: 29.3%; 95% CI 20.2%-41.2%; t270=2.65;	
	Ethnicity – Total sample – Black	p<.01.	
	n=34, White n=11, Hispanic n=10,		
	Biracial n=2, 'other or no response'	Self-reported post-traumatic stress disorder symptom	
	n=4, intervention group – Black	severity (Child PTSD Symptom Scale – Interview) -	
	n=19, White n=5, Hispanic n=3, Bi-		
	racial n=0, 'other or no response'		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)  n=4; comparison group – Black n=15, White n=6, Hispanic n=7, Bi- racial n=2, 'other or no response' n=0.	Intervention: Significant improvement in symptom severity, effect size not reported; Change in score: 20.6; 95% CI 16.7-24.5; t202=10.23; p<.001. Comparison: Significant improvement in symptom se-	
	<ul> <li>Religion/belief – Not reported.</li> <li>Disability – Not reported.</li> <li>Long term health condition – Not reported.</li> <li>Sexual orientation – Not reported.</li> <li>Socioeconomic position – Not reported.</li> </ul>	verity, effect size not reported; Change in score: 14.4; 95% CI 10.3-18.5; t208=6.79; p<.001. Between group differences: The intervention group showed a significantly greater improvement in symptom severity, effect size not reported; Difference in changes in score: 6.2; 95% CI 1.2-11.2; t209=2.41; p=.02.	
	Type of abuse – All participants had experienced sexual abuse at least three months before assessment for study eligibility. No further details on this are provided, such as the period over which this occurred, perpetrator, etc.; however treatment and study participation were provided through a rape crisis centre and the authors note that non-offending primary guardians provided assent suggesting that the perpetrator in some instances may have been a family member or par-	Self-reported depression severity (Children's Depression Inventory) – Intervention: Significant improvement in depressive symptoms, effect size not reported; Change in score: 11.4; 95% CI 9.2-13.6; t135=10.4; p<.001. Comparison: Significant improvement in depressive symptoms, effect size not reported; Change in score: 6.5; 95% CI 4.0-9.0; t139=5.17; p<.001. Between group differences: The intervention group showed a significantly greater improvement in depressive symptoms, effect size not reported; Difference in changes in score: 4.9; 95% CI 1.6-8.2; t137=2.91; p=.008.	
	<ul> <li>ent.</li> <li>Looked after or adopted status – Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children – Not reported.</li> <li>Sample size:</li> <li>Comparison numbers – n=31.</li> </ul>	Functioning (Children's Global Assessment Scale) - Intervention: Significant improvement in functioning, effect size not reported; Change in score: 17.8; 95% CI 13.2-22.4; t55=7.53; p<.001. Comparison: Significant improvement in functioning, effect size not reported; Change in score: 7.7; 95% CI 2.9-12.5; t58=3.13; p<.003.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	Detugees group differences. The intervention are:	
	• Intervention numbers – n=30.	Between group differences: The intervention group	
	• Sample size – n=61.	showed a significantly greater improvement in func-	
		tioning, effect size not reported; Difference in changes	
	Intervention:	in score: 10.1; 95% CI 3.4-16.8; t57=2.95; p=.008.	
	<ul> <li>Intervention category – Other - Pro-</li> </ul>		
	longed exposure therapy. The au-	Post-treatment to 12 month follow-up –	
	thors note that the intervention is a	Interviewer-rated post-traumatic stress disorder	
	modified version of that used with	symptom severity (Child PTSD Symptom Scale–Inter-	
	adults but do not provide details on	view) –	
	this.	Intervention: No significant improvement in symptom	
	<ul> <li>Describe intervention – The inter-</li> </ul>	severity; p>.88. (No further statistical data presented).	
	vention comprises eight modules	Comparison: No significant improvement in symptom	
	delivered in up to 14 weekly 60 to	severity; p>.88. (No further statistical data presented).	
	90 minute sessions. Treatment in-	Between group differences: No significant difference	
	cludes 'in vivo' exposure (confront-	between groups in improvement of symptom severity	
	ing trauma reminders in real life)	p>.89. (No further statistical data presented).	
	and 'imaginal exposure' (revisiting		
	and recounting the traumatic	Rates of loss of post-traumatic stress disorder diag-	
	memory) (p2652). It is unclear, in	nosis (post-traumatic stress disorder module of the	
	the context of sexual abuse, what	DSM-IV Schedule for Affective Disorders and Schizo-	
	either in vivo or imaginal exposure	phrenia for School-Age Children) –	
	comprise.	Intervention: No significant decrease in rates of diag-	
	<ul> <li>Delivered by – Masters level coun-</li> </ul>	nosis; p>.19. (No further statistical data presented).	
	sellors working at a rape crisis cen-	Comparison: No significant decrease in rates of diag-	
	tre who usually provide supportive	nosis; p>.19. (No further statistical data presented).	
	counselling. Counsellors attended a	Between group differences: No significant difference	
	four day training workshop and	between groups in decrease in rates of diagnosis p >	
	group supervision was provided by	.57. (No further statistical data presented).	
	2 of the authors every other week.		
	Delivered to – Female adolescents	Self-reported post-traumatic stress disorder symptom	
	between the ages of 13 and 18 with	severity (Child PTSD Symptom Scale–Interview) -	
	recent experience of sexual abuse.	Intervention: No significant improvement in symptom	
	·	severity; p>.19. (No further statistical data presented).	
		Comparison: No significant improvement in symptom	
		severity; p>.19. (No further statistical data presented).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims	<ul> <li>Duration, frequency, intensity, etc.         <ul> <li>Up to 14 weekly sessions between 60 and 90 minutes in duration. Participants also complete 'homework' between sessions.</li> <li>Prior to randomisation both groups participated in preparatory sessions (up to 3) which focused on case management concerns such as level of parental involvement, desire for treatment, legal processes and safety concerns (participants assessed as having active suicidal plans were excluded from the study).</li> <li>Key components and objectives of intervention – The programme includes 8 modules which can be presented across a number of sessions according to the needs and abilities of each participant. No further details are provided such as the theories of change.</li> <li>Content/session titles -</li> <li>Treatment rationale.</li> <li>Identification of index trauma,</li> </ul> </li> </ul>	Between group differences: No significant difference between groups in improvement of symptom severity p>.57. (No further statistical data presented).  Self-reported depression severity (Children's Depression Inventory) — Intervention: No significant improvement in symptom severity; p > .19. (No further statistical data presented).  Comparison: No significant improvement in symptom severity; p > .19. (No further statistical data presented).  Between group differences: No significant difference between groups in improvement of symptom severity p > .57. (No further statistical data presented).  Functioning (Children's Global Assessment Scale) – Intervention: No significant improvement in functioning; p > .19. (No further statistical data presented).  Comparison: No significant improvement in functioning; p > .19. (No further statistical data presented).  Between group differences: No significant difference between groups in functioning; p > .57. (No further statistical data presented).  Baseline to 12 month follow-up -	Overall validity rating
	<ul><li>collection of information and breathing retraining exercises.</li><li>3. Reactions to trauma.</li></ul>	Interviewer-rated post-traumatic stress disorder symptom severity (Child PTSD Symptom Scale–Interview) –	
	<ul> <li>4. Rationale for in vivo exposure and ' confronting trauma remind- ers in real life' (p2652), creation of an in vivo hierarchy, setting the in vivo homework.</li> </ul>	Intervention: Significant improvement in symptom severity with a large effect size; Change in score: 19.8; 95% CI 16.8-22.8; t52 = 12.87; p < .001; d = 2.67. Comparison: Significant improvement in symptom severity with a large effect size; Change in score: 13.8; 95% CI 10.6-17.0; t62 = 8.33; p < .001; d = 1.87.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>5. Rationale for imaginal exposure and ' revisiting and recounting the traumatic memory' (p2652), practice of imaginal exposure (15 to 45 minutes) and processing of this experience. This module can be repeated at up to 5 sessions.</li> <li>6. Imaginal exposure focusing on the ' worst moments of the trauma' (p2652). This module can be repeated for between 4 and 7 sessions.</li> <li>7. Generalising the skills developed in previous sessions and preventing relapse.</li> <li>8. Creating a 'final project' which records the trauma and documents the progress made during treat-</li> </ul>	Between group differences: The intervention group showed significantly greater improvement in symptom severity, with a large effect size: Difference in changes in score: 6.0; 95% CI 1.6-10.4; t57 = 2.67; p < .02; d = 0.81.  Rates of loss of post-traumatic stress disorder diagnosis (post-traumatic stress disorder module of the DSM-IV Schedule for Affective Disorders and Schizophrenia for School-Age Children) − Intervention: Significant decrease in rates of diagnosis; p≤.001. (No further statistical data presented). Comparison: Significant decrease in rates of diagnosis; p≤.001. (No further statistical data presented). Between group differences: The intervention group showed a significantly greater decrease in rate of diagnosis, effect size not reported; Difference in changes in score: 31.1; 95% CI 14.7-34.8; t59=2.95;	
	ment.  • Location/place of delivery – Rape crisis centre.	p=.01.  Self-reported post-traumatic stress disorder symptom severity (Child PTSD Symptom Scale–Interview) -	
	Comparison intervention: Supportive counselling, a client-centred therapy which is based on the Traumagenic Dynamics Model (Finkelhor D and Browne A, 1985) and the Rogerian psychotherapy model (Rogers 1951).  • Delivered by – Masters level counsellors working at a rape crisis centre who provide supportive counsel-	Intervention: Significant improvement in symptom severity; p≤.001. (No further statistical data presented). Comparison: Significant improvement in symptom severity; p≤.001. (No further statistical data presented). Between group differences: The intervention group showed a significantly greater improvement in symptom severity, effect size not reported; Difference in changes in score: 9.3; 95% CI 1.2-16.5; t59=2.55; p=.02.	
	ling as part of their usual work.	Self-reported depression severity (Children's Depression Inventory) –	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Delivered to – Female adolescents between the ages of 13 and 18 with recent experience of sexual abuse.</li> <li>Duration, frequency, intensity, etc. – Up to 14 weekly sessions between 60 and 90 minutes in duration. Prior to randomisation both groups participated in preparatory sessions (up to three) which focused on case management concerns such as level of parental involvement, desire for treatment, legal processes and safety concerns (participants assessed as having active suicidal plans were excluded from the study).</li> <li>Key components and objectives of intervention – The authors describe supportive counselling as a therapy which aims to establish a therapeutic relationship which is empowering, trusting and validating. Participants decide ' when, how, and whether or not to address their trauma' (p 2652). Counsellors actively listen, are empathic, encourage participants to talk about their feelings and ' express belief in the participant's ability to cope.' (p2652). Sessions are directed by participants with the exception of 4 and 8 during which counsellors ask participants to talk about their feelings regarding their trauma. This discussion and the time devoted to</li> </ul>	Intervention: Significant improvement in symptom severity; p≤.001. (No further statistical data presented). Comparison: Significant improvement in symptom severity; p≤.001. (No further statistical data presented). Between group differences: The intervention group showed a significantly greater improvement in symptom severity, effect size not reported; Difference in changes in score: 7.2; 95% CI 1.4-13.0; t139=2.43; p=.02.  Interviewer-rated functioning (Children's Global Assessment Scale) - Intervention: Significant improvement in symptom severity; p≤.001. (No further statistical data presented). Comparison: Significant improvement in symptom severity; p≤.001. (No further statistical data presented). Between group differences: The intervention group showed a significantly greater improvement in functioning, effect size not reported; Difference in changes in score: 11.2; 95% CI 4.5-17.9; t60=3.25; p=.01.  Participants achieving a 'good' response to treatment (defined as a score of ≤ 8 on the Child PTSD Symptom Scale—Interview, measuring symptom severity, equivalent to ≥ 2 SDs below baseline mean) — Post-treatment  Between group differences: Significantly more participants in the intervention group were classed as good responders than those in the comparison group; n=22.7 of 31, 73.3% vs. n=8.2 of 30, 27.3%; p=.001.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	it are recorded by counsellors. The authors note that no participants described their trauma during these sessions.  • Content/session titles – The first session focuses on orientation to supportive counselling but no further details on content are provided.  • Location/place of delivery – Rape crisis centre.	responders than those in the comparison group; n=22.2 of 31, 71.7% vs. n=11.9 of 30, 39.7%; p=.02.  Participants with a good response at post-treatment who maintained this at 12 month follow-up Between group differences: No significant difference (intervention=81.5% vs. comparison=70.0%; p=.53.  Narrative findings – effectiveness  Baseline to post-treatment –	
	<ul> <li>Outcomes measured:</li> <li>Incidence of abuse and neglect - Not measured.</li> <li>Risk of abuse and neglect - Not measured.</li> <li>Quality of parenting and parent-child relationship – Not measured.</li> <li>Children and young people's health and wellbeing – Post-traumatic stress disorder symptom severity (interviewer-rated) was measured using the Child PTSD Symptom Scale—Interview (ages 8 to 18; Foa et al. 2001). Scores range between 0 and 51 with higher scores indicating increased severity. A score of 0-10 is considered below the threshold for diagnosis; 11–15 is considered subclinical; 1–-20 = mild; 21–25 = moderate; 26–30 = moderately severe; 31–40 = severe; 41–51 = extremely severe).</li> </ul>	Interviewer-rated post-traumatic stress disorder symptom severity (Child PTSD Symptom Scale—Interview) - Both groups showed significant improvements in symptom severity between baseline and post-treatment, with large effect sizes; however the intervention group showed a significantly greater improvement than the comparison group, with a large effect size.  Rates of loss of post-traumatic stress disorder diagnosis (post-traumatic stress disorder module of the DSM-IV Schedule for Affective Disorders and Schizophrenia for School-Age Children) — Both groups showed significant decreases in rates of diagnosis between baseline and post-treatment, however the intervention group showed a significantly greater decrease than the comparison group (effect sizes are not reported).  Self-reported post-traumatic stress disorder symptom severity (Child PTSD Symptom Scale—Interview) -	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Post-traumatic stress disorder	Both groups showed significant improvements in	
	symptom severity was also meas-	symptom severity between baseline and post-treat-	
	ured by child self-report using the	ment; however the intervention group showed a sig-	
	Child PTSD Symptom Scale-Self	nificantly greater improvement than the comparison	
	Report (ages 8 to 18, Foa et al.	group (effect sizes are not reported).	
	2001) and uses the same scoring		
	system as the Child PTSD Symp-	Self-reported depression severity (Children's Depres-	
	tom Scale–Interview.	sion Inventory) –	
	Presence or absence of post-trau-	Both groups showed significant improvements in	
	matic stress disorder diagnosis was	symptom severity between baseline and post-treat-	
	measured using the post-traumatic	ment; however the intervention group showed a sig-	
	stress disorder module of the DSM-	nificantly greater improvement than the comparison	
	IV Schedule for Affective Disorders	group (effect sizes are not reported).	
	and Schizophrenia for School-Age		
	Children (Kaufman et al. 1996).	Interviewer-rated functioning (Children's Global As-	
	Self-reported depression severity	sessment Scale) -	
	was measured using the Children's	Both groups showed significant improvements in	
	Depression Inventory (ages 7 to 17,	functioning between baseline and post-treatment;	
	Kovacs 1985). Scores range be-	however the intervention group showed a significantly	
	tween 0 and 54 with higher scores	greater improvement than the comparison group (ef-	
	indicating increased severity. A	fect sizes are not reported).	
	score of 0–13 is considered below		
	the threshold for diagnosis; scores	Post-treatment to 12 month follow-up –	
	between 14 and 19 indicate the		
	possibility of a depressive disorder;	Interviewer-rated post-traumatic stress disorder	
	and scores between 20 and 54 indi-	symptom severity (Child PTSD Symptom Scale–Inter-	
	cate the presence of a depressive	view) –	
	disorder.	There were no significant improvements in symptom	
	Functioning was measured using	severity in either group between post-treatment and	
	the Children's Global Assessment	12 month follow-up and between group differences in	
	Scale (ages 4 to 18, Shaffer et al.	rate of improvement were also non-significant (effect	
	1983). Scores range from between	sizes are not reported).	
	1 and 100 with lower scores indi-	Deter of least free time at the second secon	
	cating lower levels of functioning.	Rates of loss of post-traumatic stress disorder diag-	
	Scores between 1 and 10 indicate	nosis (post-traumatic stress disorder module of the	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	that the child needs supervision; a score between 51 and 60 indicates ' variable functioning with sporadic difficulties' (p2652); and a score of 91–100 indicates ' superior functioning in all areas' (p2652).  Participants achieving a 'good' response to treatment (defined as a score of ≤ 8 on the Child PTSD Symptom Scale–Interview, measuring symptom severity, equivalent to ≥ 2 SDs below baseline mean)  • Caregiver/parent health and wellbeing – Not measured.  • Satisfaction with services – Not measured.  • Service outcomes – Not measured.  Follow-up: Outcome measures were assessed at mid-treatment, post-treatment and at 3, 6 and 12 months post-treatment, however only data collected at baseline, post-treatment and 12 months post-treatment are reported in full.  Costs? No. No costs or resource use information is provided.	DSM-IV Schedule for Affective Disorders and Schizophrenia for School-Age Children) — There were no significant decreases in rates of diagnosis in either group between post-treatment and 12 month follow-up and between group differences in rate of diagnosis were also non-significant (effect sizes are not reported).  Self-reported post-traumatic stress disorder symptom severity (Child PTSD Symptom Scale—Interview) - There were no significant improvements in symptom severity in either group between post-treatment and 12 month follow-up and between group differences in rates of improvement were also non-significant (effect sizes are not reported).  Self-reported depression severity (Children's Depression Inventory) — There were no significant improvements in symptom severity in either group between post-treatment and 12 month follow-up and between group differences in rates of improvement were also non-significant (effect sizes are not reported).  Interviewer-rated functioning (Children's Global Assessment Scale) - There were no significant improvements in symptom severity in either group between post-treatment and 12 month follow-up and between group differences in rates of improvement were also non-significant (effect sizes are not reported).  Baseline to 12 month follow-up -	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Interviewer-rated post-traumatic stress disorder symptom severity (Child PTSD Symptom Scale–Interview) — Both groups showed significant improvements in symptom severity between baseline and 12 month follow-up, with large effect sizes; however the intervention group showed a significantly greater improvement than the comparison group, with a large effect size.	
		Rates of loss of post-traumatic stress disorder diagnosis (post-traumatic stress disorder module of the DSM-IV Schedule for Affective Disorders and Schizophrenia for School-Age Children) – Both groups showed significant decreases in rates of diagnosis between baseline and 12 month follow-up, however the intervention group showed a significantly greater decrease than the comparison group (effect sizes are not reported).	
		Self-reported post-traumatic stress disorder symptom severity (Child PTSD Symptom Scale–Interview) – Both groups showed significant improvements in symptom severity between baseline and 12 month follow-up; however the intervention group showed a significantly greater improvement than the comparison group (effect sizes are not reported).	
		Self-reported depression severity (Children's Depression Inventory) — Both groups showed significant improvements in symptom severity between baseline and 12 month follow-up; however the intervention group showed a significantly greater improvement than the comparison group (effect sizes are not reported).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Interviewer-rated functioning (Children's Global Assessment Scale) - Both groups showed significant improvements in functioning between baseline and 12 month follow-up; however the intervention group showed a significantly greater improvement than the comparison group (effect sizes are not reported).	
		Participants achieving a 'good' response to treatment (defined as a score of ≤8 on the Child PTSD Symptom Scale–Interview, measuring symptom severity, equivalent to ≥2 SDs below baseline mean) – Post-treatment At post-treatment, significantly more participants in the intervention group were classed as good responders than those in the comparison group.	
		12 month follow-up - At 12 month follow-up, significantly more participants in the intervention group were classed as good responders than those in the comparison group. Participants with a good response at post-treatment who maintained this at 12 month follow-up The proportion of participants who were classed as good responders and maintained this score at 12 month follow-up did not differ significantly by group.	

5. Goldman Fraser J, Lloyd SW, Murphy RA et al. (2013) Child exposure to trauma: Comparative effectiveness of interventions addressing maltreatment. Comparative Effectiveness Review 89: 1–161

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: 1. To eval-	Participants: The population for the	Statistical data for studies relevant to question	Overall assessment
uate the comparative	review as a whole were a) Children	16:	of internal validity: ++
	and young people:		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		_
efficacy and effective-	1. Aged 0–14 years of age, exposed	This systematic review examined 4 interventions	Overall assessment
ness of psychosocial	to maltreatment (defined as child	aimed at young people who had experienced sexual	of external validity: +
and pharmacological	abuse [acts of commission: words or	abuse: eye movement desensitisation and repro-	
interventions that ad-	overt actions that cause harm, poten-	cessing, group psychotherapy, group treatment pro-	Overall validity rat-
dress child wellbeing	tial harm, or threat of harm to a child]	gramme, trauma-focused CBT.	ing: +
and/or promote posi-	and child neglect [acts of omission:		
tive child welfare out-	failure to provide for a child's basic	Eye movement desensitisation and reprocessing	
comes (safety, place-	physical, emotional, or educational	One study included (Jaberghaderi et al. 2004), but	
ment stability, and per-	needs or to protect a child from harm	this was conducted in a country which is out of scope	
manency) for mal-	or potential harm]). 2. Children of the	of the current review (Iran), and therefore the results	
treated children ages	same ages involved with the child	are not recorded here.	
birth to 14 years.	welfare system (including foster		
2. To assess the com-	care), and caregivers of maltreated	2. Group psychotherapy	
parative effectiveness	children when they were the target of	One UK RCT identified (Trowell et al. 2002) evaluat-	
of interventions (a)	an intervention. 3. Children with	ing a medium-intensity, psychoeducational and psy-	
with different treatment	known CPS involvement	chotherapeutic group treatment for sexually abused	
characteristics, (b) for	b) Caregivers and families	girls compared with an active control (conventional	
child and caregiver	Also included primary caregiver(s)	psychoanalytic individual therapy).	
subgroups, and (c) for	caregivers of maltreated children		
engaging and retaining	when they were the target of an inter-	2.1 Incidence of abuse and neglect - Not measured.	
children and/or care-	vention.		
givers in treatment;		2.2 Risk of abuse and neglect - Not measured.	
and (3) To assess	Sample characteristics: In the stud-		
harms associated with	ies for which we have conducted data	2.3 Quality of parenting and parent-child relationships	
interventions for this	extraction for this question, the sam-	- Not measured.	
population.	ple characteristics were as follows:		
		2.4 Children and young people's health and wellbeing	
Methodology: Used	Age - Jaberghaderi et al. 2004 –	Re-experiencing traumatic events scale (Orvaschel	
review methods de-	not included in review.	PTSD scale):	
scribed in AHRQ's	Trowell et al. 2002 – 6 to 14 years	T1: Poorer outcome for intervention compared to ac-	
Methods Guide for Ef-	McGain and McKinzey 1995 – not	tive control (d=0.60, p=not reported, significant)	
fectiveness and Com-	included	T2: Poorer outcome for intervention compared to ac-	
parative Effectiveness	Cohen et al. 1996 – 2.11 to 7.1	tive control (d=0.79, p=not reported, significant)	
Reviews.	years		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		_
Data analysed in the	Cohen et al. 2004 – 8 to 14.11	Persistent avoidance of stimuli: (Orvaschel PTSD	
form of a qualitative	years	scale):	
synthesis. A quantita-	Deblinger et al. 2001 – 2 to 8 years	T1: Poorer outcome for intervention compared to ac-	
tive meta-analysis was	Sex - Jaberghaderi et al. 2004 –	tive control (d=0.66, p=not reported, significant)	
not performed due to	not included in review.	T2: Poorer outcome for intervention compared to ac-	
issues of heterogene-	Trowell et al. 2002 – all female	tive control (d=0.36, p=not reported, significant)	
ity, insufficient num-	McGain and McKinzey 1995 – not		
bers of similar studies,	included in review	Persistent symptoms of increased arousal:	
and poor outcome re-	Cohen et al. 1996 – not reported	(Orvaschel PTSD scale):	
porting.	Cohen et al. 2004 – not reported	T1: No difference between intervention and active	
	Deblinger et al. 2001 – not reported	control (p=not reported, non-significant)	
Country: The studies	Ethnicity - Not reported.	T2: No difference between intervention and active	
relevant to Q16 were	Religion/belief - Not reported.	control (p=not reported, non-significant)	
conducted in the UK (1	Disability - Not reported.		
study).	Long term health condition - Not re-	Impairment index (Kiddie Global Assessment Scale):	
	ported.	Q1: No difference between intervention and active	
Source of funding:	Sexual orientation - Not reported.	control (p=not reported, non-significant)	
Government. The	Socioeconomic position - Not re-	Q2: No difference between intervention and active	
Agency for Healthcare	ported.	control (p=not reported, non-significant)	
Research and Quality (AHRQ), Evidence-	Type of abuse – The review in- cluded studies/interventions for	2.5 Caregiver health and wellbeing - Not measured.	
based Practice Centers (EPCs), USA.	sexually abused children.	2.6 Satisfaction with services - Not measured.	
	Looked after or adopted status –	210 Galloradilori mar dormodd i tot modddirodi	
	The review included children who remained in the care of their biolog-	2.7 Service outcomes - Not measured.	
	<ul> <li>ical parent as well as those in out-of-home care (e.g., foster care, kinship care, group home care).</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> </ul> Sample size:	3. Group programme for sexual abuse (McGain and McKinzey 1995). NB It is not clear how this intervention differs from the group psychotherapy intervention above). The review found one non-randomised control trial. As this is not an RCT, data has not been extracted for this study.	
		4. Trauma-focused CBT	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Systematic reviews - number of studies Qualitative synthesis of 11 trials (9 RCTs and 1 cohort study) on physical abuse and neglect. Studies with a high risk of bias are excluded by the authors in the results.	The review identified three RCTs evaluating the efficacy of Trauma-Focused Cognitive Behavioural Therapy (TF-CBT) (Cohen et al. 1996; Cohen et al. 2004; Deblinger et al. 2001).  4.1 Incidence of abuse and neglect - Not measured in any studies.	
	Intervention:  1. Eye movement desensitisation and reprocessing – not included in review  2. Group psychotherapy - A psychoeducational and psychotherapeutic group treatment programme of medium-intensity (up to 18, 50 minute sessions with concurrent parent sessions every 2 weeks – group-based). The control treatment is described as high intensity (up to 30, 50 minute sessions every week). Both treatments included ' generic and abuse-specific components' (p11) such as establishing a therapeutic relationship and management of anxiety, and a ' caregiver-directed component comprising social work support (delivered in either a group or individual mode aligned with that of the	4.2 Risk of abuse and neglect - Not measured in any studies.  4.3 Quality of parenting and parent-child relationships Cohen et al. 1996 - Not measured Cohen et al. 2004 - Improved parenting practices (Parenting Practices Questionnaire): Intervention group significantly better than control (d=0.57, p<0.001)  Deblinger et al. 2001 - Improved parenting practices (Parenting Practices Questionnaire): No difference between intervention and control (p=not reported, non-significant)  2.4 Children and young people's health and wellbeing Cohen et al. 1996 'Improvements in social competence (Child Behaviour Checklist Social Competence): No difference between intervention and control (p=not reported, non-signifi-	
	child-directed component)' (p57).  3. Group programme for sexual abuse – not included in review  4. Trauma-focused CBT - therapy which aims to reduce maladaptive responses to sexual abuse exposure or	cant).  Improvements in behaviour (Child Behaviour Checklist Behavioural Profile - Total): Intervention group significantly better than control (p<0.01).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	other traumatic events. The key objectives of treatment are to enhance the child's ability to express feeling; recognise the relationship between	Improvements in internalising symptoms (Child Behaviour Checklist - Internalising): Intervention group significantly better than control (p>0.002).	
	behaviours, feelings and thoughts; and to develop coping skills. The pro- grammes involve 'gradual exposure' or creation of the trauma narrative, and cognitive processing of traumatic	Improvements in externalising symptoms (Child Behaviour Checklist - Externalising): No difference between intervention and control (p=not reported, non-significant).	
	event, psychoeducation in relation to child sexual abuse and body safety, and support for parents in relation to behavioural management. Partici-	Improvements in sexual behaviours (Child Sexual Behaviour Inventory): Intervention group significantly better than control (p>0.05)'	
	pants received between 12 and 16 weekly sessions which lasted for between one and 1 and a half hours. Sessions were delivered individually to both children and parents, and jointly to children and parents.	Cohen et al. 2004 'Decrease in re-experiencing of traumatic event (Schedule for Affective Disorders and Schizophrenia for School-Aged Children Present and Lifetime Version - Re-experiencing): Intervention group significantly better than control (d=0.49, p<0.01).	
	<ul> <li>Outcomes measured:</li> <li>Jaberghaderi et al. 2004 – not included in review.</li> <li>Trowell et al. 2002 – 2.4 Children and young people's health and wellbeing measured using re-expe-</li> </ul>	Decrease in avoidance of reminders of traumatic event (Schedule for Affective Disorders and Schizophrenia for School-Aged Children Present and Lifetime Version - Avoidance): Intervention group significantly better than control (d=0.70, p<0.0001).	
	riencing traumatic events scale (Orvaschel PTSD scale); persistent avoidance of stimuli: (Orvaschel PTSD scale); persistent symptoms of increased arousal: (Orvaschel PTSD scale); Impairment index	Decrease in hypervigilance ((Schedule for Affective Disorders and Schizophrenia for School-Aged Children Present and Lifetime Version - Hypervigilance): Intervention group significantly better than control (d=0.40, p<0.01).	
	<ul><li>(Kiddie Global Assessment Scale).</li><li>McGain and McKinzey 1995 – not included in review</li></ul>	Improvements in behaviour (Child Behavior Checklist Total) Intervention group significantly better than control (d=33, p<0.01)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Comparison, outcomes)</li> <li>Cohen et al. 1996 – Child health and wellbeing - improvements in social competence (Child Behaviour Checklist Social Competence); internalising and externalising symptoms (Child Behaviour Checklist), sexualised behaviours (Child Sexual Behaviour Inventory).</li> <li>Cohen et al. 2004 – Quality of parenting and parent-child relationships: Improved parenting practices (Parenting Practices Questionnaire) Child health and wellbeing –re-experiencing, avoidance, hypervigilance (Schedule for Affective Disorders and Schizophrenia for School-Aged Children Present and Lifetime Version); behaviour, social competence (Child Behaviour Checklist); depression, sexual behaviours (Children's Depression Inventory); anxiety and proneness to anxiety (State-Trait Anxiety Inventory for Children)</li></ul>	Improvements in social competence (Child Behavior Checklist Competence) No difference between intervention and control (p=not reported, non-significant)  Improvements in internalising problems (Child Behaviour Checklist Internalising): No difference between intervention and control (p=non-significant)  Improvements in externalising behaviour (Child Behaviour Checklist Externalising): No difference between intervention and control (p=non-significant). Improvements in depression (Children's Depression Inventory) Intervention group significantly better than control (d=0.30, p<0.05)  Improvements in sexual behaviours (Children's Depression Inventory [sic?]): No difference between intervention and control (p=not reported, non-significant)  Improvements in proneness to anxiety (State-Trait Anxiety Inventory for Children Trait): No difference between intervention and control (p=not reported, non-significant)  Improvements in fleeting anxiety (State-Trait Anxiety Inventory for Children State): No difference between intervention and control (p=not reported, non-significant)'  Deblinger et al. 2001  'Changes in PTSD symptoms: No difference between intervention and control (p=not reported, non-significant)	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Child health and wellbeing – PTSD symptoms, behaviour (Child Behaviour Checklist), sexual behaviour (Child Sexual Behaviour Inventory) Caregiver health and wellbeing –	Changes in behaviour (Child Behaviour Checklist): No difference between intervention and control (p=not reported, non-significant)	
	Maternal PTSD symptoms (Symptom Checklist-90-Revised), maternal distress (Impact of events scale).	Changes in sexual behaviours (Child Sexual Behaviour Inventory) No difference between intervention and control (p=not reported, non-significant)	
		4.5 Caregiver health and wellbeing: Cohen et al. 1996 - Not measured Cohen et al. 2004 - Parent self-report of depression (Beck Depression Inventory): Intervention group significantly better than control (d=0.38, p<0.05) Deblinger et al. 2001 - 'Maternal PTSD symptoms (Symptom Checklist-90-Revised): No difference between intervention and control (p=not reported, non-significant)	
		Maternal distress-intrusive thoughts (Impact of events scale): Intervention group significantly better than control (p<0.05, d=not reported)	
		Maternal distress - avoidant thoughts (Impact of events scale): No difference between intervention and control (p=not reported, non-significant)	
		Satisfaction with services: Not measured in any studies.	
		Service outcomes: Not measured in any studies.	
		Narrative findings for studies relevant to Q16:  1. Eye movement desensitisation and reprocessing	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		One study included (Jaberghaderi et al. 2004), but this was conducted in a country which is out of scope of the current review (Iran), and therefore the results are not recorded here.	
		2. Group psychotherapy One UK RCT identified (Trowell et al. 2002) evaluating a medium-intensity, psychoeducational and psychotherapeutic group treatment for sexually abused girls compared with an active control (conventional psychoanalytic individual therapy). The study did not measure incidence of abuse and neglect; risk of abuse and neglect; the quality of parenting and parent-child relationships; caregiver health and wellbeing; satisfaction with services; or service outcomes. The study did measure children and young people's health and wellbeing and found that:	
		Post-traumatic stress disorder – re-experiencing - At 12 month follow-up participants randomised to the group psychotherapy plus caregiver support group had worse outcomes in comparison to participants randomised to the individual therapy plus caregiver support group with a medium effect size d=0.60 (significance value not reported, measured using Overaschel's Re-experience of the traumatic event subscale of the Post-traumatic stress disorder scale of the Schedule for affective disorders and schizophrenia for school—age children present and lifetime version). Participants in this group also had worse outcomes on this measure at 24 month follow-up in comparison to the control group with a medium to large effect size d=0.79 (significance value not reported).	
		Post-traumatic stress disorder – re-experiencing -	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		At 12 month follow-up participants randomised to the individual psychotherapy plus caregiver support group had better outcomes in comparison to participants randomised to the group therapy plus caregiver support group with a medium effect size d=0.60 (significance value not reported but reported as significant by the review authors, measured using Overaschel's Re-experience of the traumatic event subscale of the Post-traumatic stress disorder scale of the Schedule for affective disorders and schizophrenia for school—age children present and lifetime version). This difference remained significant at 24 months follow-up with a medium to large effect size (d=0.79; significance value not provided but reported as significant by the review authors).  Post-traumatic stress disorder — persistent avoidance  At 12 month follow-up participants randomised to the individual psychotherapy plus caregiver support group had better outcomes in comparison to participants randomised to the group therapy plus caregiver support group with a medium to large effect size (d=0.66, significance value not reported, measured using Overaschel's Persistent avoidance of stimuli subscale of the Post-traumatic stress disorder scale of the Schedule for affective disorders and schizophrenia for school—age children present and lifetime version). This difference remained significant at 24 months follow-up with a small to medium effect size (d=0.36; significance value not provided but reported as significant by the review authors).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	comparison, outcomes)	Persistent symptoms of increased arousal – At 12 month and 24 month follow-ups there were no significant differences between individual and group psychotherapy conditions in persistent symptoms of increased arousal measured using the Orvaschel PTSD scale (effect sizes and significance values not provided, reported as non-significant by review authors).  Impairment - At 12 month and 24 month follow-ups there were no significant differences between individual and group psychotherapy conditions in scores of impairment measured using the Kiddie Global Assessment Scale (effect sizes and significance values not provided, reported as non-significant by review authors)  3. Group program for sexual abuse (McGain and McKinzey 1995) NB It is not clear how this interven-	
		tion differs from the group psychotherapy intervention above.  The review found one non-randomised control trial.  As this is not an RCT, data has not been extracted for this study.	
		4. Trauma-focused CBT The review identified three RCTs evaluating the efficacy of Trauma-Focused Cognitive Behavioural Therapy (TF-CBT) (Cohen et al. 1996; Cohen et al. 2004; Deblinger et al. 2001). None of these studies measured incidence of abuse and neglect; risk of abuse and neglect; satisfaction with services; or service outcomes.	
		Quality of parenting and parent-child relationships was measured by Cohen et al. 2004 and Deblinger et al. 2001.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Cohen et al. 2004 found that there was a significant difference between groups with a medium effect size in relation to improved parenting practices measured using the (Parenting Practices Questionnaire), with participants randomised to the intervention group achieving higher scores than those randomised to the control group.  Deblinger et al. 2001 found that there was no significant differences between groups in scores on this measure (p values not provided, reported as non-significant by review authors).	
		Children and young people's health and wellbeing was measured by Cohen et al. 1996; Cohen et al. 2004; and Deblinger et al. 2001.  Cohen et al. 1996 found that there were no significant difference between the intervention and control groups in improvements in social competence (measured using the Child Behaviour Checklist Social Competence); and improvements in externalising symptoms (measured using the Child Behaviour Checklist - Externalising). NB effect sizes and p values not provided, reported as non-significant by review authors.	
		The intervention group showed significantly greater improvements in behaviour measured using total scores on the Child Behaviour Checklist Behavioural Profile (p<0.01); significantly greater improvements in internalising symptoms (measured using the Child Behaviour Checklist – Internalising; p>0.002; and significantly greater improvements in sexual behaviours (measured using the Child Sexual Behaviour Inventory (p>0.05). NB Effect sizes not provided.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Cohen et al. 2004 found that found that there were no significant difference between the intervention and control groups in improvements in social competence (measured using the Child Behaviour Checklist – Competence; improvements in internalising problems (measured using the Child Behaviour Checklist - Internalising); improvements in sexual behaviours (measured using the Children's Depression Inventory [sic]); improvements in proneness to anxiety (measured using the State-Trait Anxiety Inventory for Children – Trait); improvements in fleeting anxiety (measured using the State-Trait Anxiety Inventory for Children – State); and improvements in externalising behaviour (measured using the Child Behaviour Checklist - Externalising. NB Effect sizes and significance values not provided, reported as non-significant by review authors.	
		In contrast, the intervention group showed significantly greater improvements in behaviour measured using total scores on the Child Behavior Checklist – Total; d=0.33, p<0.01); and significantly greater improvements in depression (measured using the Children's Depression Inventory; d=0.30, p<0.05.) The intervention group also showed significantly greater decreases in re-experiencing of traumatic events (measured using the Schedule for Affective Disorders and Schizophrenia for School-Aged Children Present and Lifetime Version - Re-experiencing; d=0.49, p<0.01; significantly greater decreases in avoidance of reminders of traumatic event (measured using the Schedule for Affective Disorders and Schizophrenia for School-Aged Children Present and Lifetime Version – Avoidance; d=0.70, p<0.0001); and significantly greater decreases in hypervigilance (measured	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		using the Schedule for Affective Disorders and Schiz- ophrenia for School-Aged Children Present and Life- time Version – Hypervigilance; d=0.40, p<0.01)	
		Deblinger et al. 2001 found that there were no significant differences between groups in relation to changes in post-traumatic stress disorder symptoms; changes in behaviour (measured using the Child Behaviour Checklist; or changes in sexual behaviours (measured using the Child Sexual Behaviour Inventory). NB Effect sizes and significance values not provided, reported as non-significant by review authors.	
		Caregiver health and wellbeing was measured by Cohen et al. 2004 and Deblinger et al. 2001.  Cohen et al. 2004 found that parents whose children were randomised to the intervention group had significantly better levels of self-reported depression (measured using the Beck Depression Inventory; d=0.38, p<0.05).	
		Deblinger et al. 2001 found that mothers whose children were randomised to the intervention group had significantly better levels of maternal distress/intrusive thoughts (measured using the Impact of events scale (p<0.05, d=not reported) than participants whose children were randomised to the control group. However there were no significant differences found between groups on measures of maternal distress/avoidant thoughts (measured using the Impact of events scale) and maternal post-traumatic stress disorder symptoms (measured using the Symptoms Chapteriot On December 2000).	
		toms (measured using the Symptom Checklist-90-Revised). NB Effects sizes and significance values not provided, reported as significant by review authors.	

6. Leenarts, LE, Diehle J, Doreleijers TA et al. (2013) Evidence-based treatments for children with trauma-related psychopathology as a result of childhood maltreatment: A systematic review. European Child and Adolescent Psychiatry 22: 269–83

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Nesearch anns	comparison, outcomes)		Overall validity rating
Study aim: To ' sys-	Participants:	Statistical data – Children and young people's	Overall assessment
tematically evaluate	•	health and wellbeing outcomes: NB. It is not clear	of internal validity: -
psychotherapeutic	Children and young people. The re-  view inclusion entire stimulated.	whether the review authors calculated effect sizes or	of internal validity.
treatments for children	view inclusion criteria stipulated		Overall assessment
	that studies had to include children	whether those provided are quoted from the included	
exposed to childhood	between the ages of 6 and 18	studies. The authors do not specify that effect sizes	of external validity:
maltreatment and to	years who had experienced mal-	are Cohen's d however, their description suggests	++
describe treatments	treatment. Studies involving chil-	that this is the case. Significance levels and direction	Overell economist
which focus on the	dren who had experienced ' war	of effects are not reported although the narrative find-	Overall assessment
above mentioned	related violence or traumatic grief	ings sometimes refer to statistical significance; how-	of validity: -
broad range of psycho-	' were excluded. The NCCSC	ever due to concerns regarding the accuracy of this,	
pathological outcomes'	has only extracted data in relation	this information has not been extracted.	
(p270).	to studies which have a sample	The review included 0 studies relevant to supertion 16	
Mathadalamu Cya	composed entirely of sexually	The review included 9 studies relevant to question 16	
Methodology: Sys-	abused children (none of the in-	and the reported effect sizes ranged from very small	
tematic review of ran-	cluded studies with a mixed sample	to large (0.07 to 1.24).	
domised and non-ran-	report subgroup analyses).	Cohon et al. 2004 (N=220 rendemiced)	
domised controlled tri-	Caregivers and families - Inclusion	Cohen et al., 2004 (N=229 randomised) –	
als. There are eight	criteria specified that studies evalu-	Post-traumatic stress disorder (measured using the	
studies which are rele-	ating interventions delivered only to	Post-traumatic stress disorder supplement [re-experi-	
vant to question 16	a maltreating parent would only be	encing] of the Schedule for affective disorders and	
(randomised controlled	included if post-traumatic stress	schizophrenia for school-age children present and	
trials evaluating inter-	symptoms of the child were meas-	lifetime version) – Post-test: There was a small to medium difference	
ventions designed to	ured. Although it is not reported		
respond to sexual	specifically by the review authors a	between participants randomised to the Trauma-Fo-	
abuse).	number of the included studies ap-	cused Cognitive Behavioural Therapy group and	
Country: The included	pear to have also involved a parent	those randomised to the Child-Centred Therapy	
<b>Country:</b> The included studies were con-	or caregiver. Those which are rele-	group (significance value not reported); 0.49.	
	vant to question 16 (responses to	Post-traumatic stress disorder (measured using the Post-traumatic stress disorder supplement [avoid-	
ducted in a range of countries; and alt-	sexual abuse) are: Cohen et al.	ance] of the Schedule for affective disorders and	
hough one was con-	2004; Cohen et al. 2005; Deblinger	schizophrenia for school—age children present and	
ducted in the UK	et al. 2001; Deblinger et al. 2011;		
	and King et al. 2000.	lifetime version) –	
(Trowell et al. 2002)			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
the majority were from	Sample characteristics:	Post-test: There was a medium to large difference be-	
the USA. Only data re-	Age - The review protocol states	tween participants randomised to the Trauma-Fo-	
lating to studies which	that studies focusing on children	cused Cognitive Behavioural Therapy group and	
meet the geographical	between the ages of 6 and 18 were	those randomised to the Child-Centred Therapy	
criteria specified in the	to be included, however the ages of	group (significance value not reported); 0.70.	
NCCSC protocol and	participants in the included studies		
are relevant to ques-	ranged from two to 25. No details	Post-traumatic stress disorder (measured using the	
tion 16 have been ex-	on the ages of participating parents	Post-traumatic stress disorder supplement [hyper-vig-	
tracted.	are included. The age range of	ilance] of the Schedule for affective disorders and	
	samples in those studies relevant	schizophrenia for school—age children present and	
Cohen et al. 2004 –	to the question 16 are –	lifetime version) –	
USA.	Cohen et al., 2004 – 8–14 years.	Post-test: There was a small to medium difference	
Cohen et al. 2005 –	Cohen et al., 2005 – 7–14 years.	between participants randomised to the Trauma-Fo-	
USA.	Danielson et al., 2012 – 13–17	cused Cognitive Behavioural Therapy group and	
Danielson et al. 2012 –	years.	those randomised to the Child-Centred Therapy	
USA.	Deblinger et al., 2001 – 2–8 years.	group (significance value not reported); 0.40.	
Deblinger et al. 2001 –	Deblinger at al., 2011 – 4–11 years.		
USA.	King et al., 2000 – 5–17 years.	Cohen et al., 2005 (n=82 randomised) -	
Deblinger at al. 2011 –	Trowell et al., 2002 – 6–14 years.	Post-traumatic stress disorder (measured using the	
USA.	Sex - The review does not provide	post-traumatic stress disorder subscale of the Trauma	
King et al. 2000 –	details on the gender of participat-	symptom checklist for children) –	
USA.	ing parents despite the fact that	Post-test: There was a small difference between par-	
Trowell et al. 2002 –	they note the majority of studies '	ticipants randomised to the Trauma-Focused Cogni-	
UK.	involved parents or caregivers in	tive Behavioural Therapy group and those random-	
Source of fundings	some way' (p280). The reported	ised to the Non-directive supportive Therapy group	
<b>Source of funding:</b> Other – unclear - LSG-	gender balance of those studies	(significance value not reported); 0.22.	
Rentray, Residential	relevant to the question 16 are -	Danielson et al. 2012 (n=30 randomised) –	
and Ambulant Treat-	Cohen et al. 2004 – 21% male (at-	Post-traumatic stress disorder (measured using the	
ment Center for Chil-	tended three or more treatment	University of California at Los Angeles post-traumatic	
dren and Adolescents,	sessions). Cohen et al. 2005 – 32% male.	stress disorder index for adolescents) – Post-test:	
the Netherlands.	Danielson et al. 2012 – 12% male.	There was a small to medium difference between par-	
the Netherlands.	Deblinger et al. 2001 – 39% male.	ticipants randomised to the Risk Reduction through	
	Deblinger at al. 2001 – 39% male	Family Therapy group and those randomised to the	
	(completers).	Taning Thorapy group and those fandomised to the	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	King et al., 2000 – 31% male.	treatment as usual group (significance value not re-	
	Trowell et al., 2002 – 0% male.	ported); 0.38.	
	<ul> <li>Ethnicity - Not reported in detail for</li> </ul>		
	any of the included studies relevant	Deblinger et al. 2001 (n=67 randomised) –	
	to the NCCSC review, however, the	Post-traumatic stress disorder (scale used unclear) –	
	authors note that the sample in Co-	Post-test: There was a very small difference between	
	hen et al., 2004 was not ethnically	participants randomised to the cognitive-behavioural	
	diverse.	therapy group and those randomised to the support-	
	<ul> <li>Religion/belief - Not reported for</li> </ul>	ive counselling group (significance value not re-	
	any of the included studies.	ported); 0.07.	
	<ul> <li>Disability - Not reported for any of</li> </ul>		
	the included studies.	Deblinger et al. 2004 (n=210 randomised, experi-	
	<ul> <li>Long term health condition - Not re-</li> </ul>	mental and comparison conditions are not clear)	
	ported for any of the included stud-	<b>–</b>	
	ies.	Post-traumatic stress disorder (measured using the	
	Socioeconomic position - Not re-	Post-traumatic stress disorder supplement [re-experi-	
	ported for any of the included stud-	encing] of the Schedule for affective disorders and	
	ies.	schizophrenia for school-age children present and	
	<ul> <li>Type of abuse – The samples of all</li> </ul>	lifetime version) –	
	included studies relevant to ques-	Post-test: There was a small between group differ-	
	tion 16 are described as 'sexually	ence (mean, significance value not reported); 0.35.	
	abused children' (no further details		
	provided) with the exceptions of	Post-traumatic stress disorder (measured using the	
	Danielson et al. 2012, which the re-	Post-traumatic stress disorder supplement [avoid-	
	view authors describe as 'sexually	ance] of the Schedule for affective disorders and	
	assaulted children'.	schizophrenia for school—age children present and	
	<ul> <li>Looked after or adopted status -</li> </ul>	lifetime version) –	
	Not reported for any of the included	Post-test: There was a small between group differ-	
	studies.	ence (mean, significance value not reported); 0.35.	
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
	refugee or trafficked children - Not	Post-traumatic stress disorder (measured using the	
	reported for any of the included	Post-traumatic stress disorder supplement [hyper-vig-	
	studies.	ilance] of the Schedule for affective disorders and	
		schizophrenia for school-age children present and	
		lifetime version) –	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sample size:	Post-test: There was a small between group differ-	
	Comparison numbers: The review	ence (mean, significance value not reported); 0.23.	
	<ul> <li>authors do not report the number of participants assigned to each group for any of the included studies.</li> <li>Intervention numbers: The review authors do not report the number of participants assigned to each group for any of the included studies.</li> <li>Sample size (totals): Cohen et al. 2004 – n=229 randomised. Cohen et al. 2005 – n=82 randomised. Danielson et al. 2012 – n=30 randomised. Deblinger et al. 2001 – n=67 randomised. Deblinger at al. 2011 – N=210 randomised. King et al. 2000 – n=36 randomised. Trowell et al. 2002 – n=75 randomised.</li> </ul>	King et al. 2000 (n=36 randomised) – Post-traumatic stress disorder (measured using the post-traumatic stress disorder section of the Anxiety disorder interview schedule) – Post-test - child cognitive behavioural therapy vs family cognitive behavioural therapy: There was a small difference between participants randomised to the child cognitive behavioural therapy group and those randomised to the family cognitive behavioural therapy group (significance value not reported); 0.23. Post-test - child cognitive behavioural therapy vs WLC: There was a large difference between participants randomised to the child cognitive behavioural therapy group and those randomised to the waitlist control group (significance value not reported); 1.09. Post-test - family cognitive behavioural therapy vs. WLC: There was a large difference between participants randomised to the family cognitive behavioural therapy group and those randomised to the waitlist control group (significance value not reported); 1.24.  Trowell et al., 2002 (n=75 randomised) –	
	<ul> <li>Systematic reviews: The review included 27 studies reporting on a total of 26 trials. Seven of these studies are relevant to question 16 of the NCCSC review (responses to sexual abuse).</li> </ul>	Post-traumatic stress disorder (measured using Overaschel's Re-experience of the traumatic event subscale of the Post-traumatic stress disorder scale of the Schedule for affective disorders and schizophrenia for school-age children present and lifetime version) -	
	<ul> <li>Intervention:</li> <li>Intervention category – Other – The review focuses on psychotherapeutic treatments.</li> </ul>	12 month follow-up: There was a medium difference between participants randomised to the individual	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Describe intervention - The included studies relevant to question 16 of the NCCSC review evaluated:  Cohen et al. 2004 – Trauma-fo-	therapy plus caregiver support group and those randomised to the group psychotherapy plus caregiver support group (significance value not reported); 0.60.	
	cused cognitive behavioural therapy. Cohen et al. 2005 – Trauma-focused cognitive behavioural therapy. Danielson et al. 2012 – Risk reduction through family therapy. Deblinger et al. 2001 – Cognitive-behavioural therapy. Deblinger at al. 2011 – Trauma-focused cognitive behavioural therapy with or without trauma narrative	Post-traumatic stress disorder (measured using Overaschel's Persistent avoidance of stimuli subscale of the Post-traumatic stress disorder scale of the Schedule for affective disorders and schizophrenia for school-age children present and lifetime version) - 12 month follow-up: There was a medium to large difference between participants randomised to the individual therapy plus caregiver support group and those randomised to the group psychotherapy plus caregiver support group (significance value not reported); 0.66.	
	in 8 vs. 16 sessions.  King et al. 2000 – Child cognitive- behavioural therapy or family cogni- tive-behavioural therapy.  Trowell et al. 2002 – Individual psy- chotherapy plus caregiver support.	Narrative findings - Children and young people's health and wellbeing outcomes: The review included nine studies relevant to question 16 and the reported effect sizes ranged from very small to large (0.07 to 1.24).	
	<ul> <li>Delivered by – Not reported for any of the included studies relevant to question 16 of the NCCSC review.</li> <li>Delivered to - The samples of all included studies relevant to question 16 are described as 'sexually</li> </ul>	Cohen et al. 2004 (n=229 randomised) – Post-traumatic stress disorder (measured using the Post-traumatic stress disorder supplement [re-experiencing] of the Schedule for affective disorders and schizophrenia for school-age children present and lifetime version) – Post-test: There was a small to medium difference	
	abused children' (no further details provided) with the exception of Danielson et al. 2012, the sample of which the review authors describe as 'sexually assaulted children'. Cohen et al. 2004; Cohen et al. 2005; Deblinger et al. 2001;	between participants randomised to the Trauma-Fo- cused Cognitive Behavioural Therapy group and those randomised to the Child-Centred Therapy group (significance value not reported).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Deblinger et al., 211; and King et	Post-traumatic stress disorder (measured using the	
	al. 2000 all appear to have also in-	Post-traumatic stress disorder supplement [avoid-	
	cluded parents or caregivers.	ance] of the Schedule for affective disorders and	
	<ul> <li>Duration, frequency, intensity, etc.</li> </ul>	schizophrenia for school-age children present and	
	<ul> <li>Not reported for any of the in-</li> </ul>	lifetime version) –	
	cluded studies relevant to question	Post-test: There was a medium to large difference be-	
	16 with the exception of Deblinger	tween participants randomised to the Trauma-Fo-	
	et al. 2011 which appears to have	cused Cognitive Behavioural Therapy group and	
	been delivered for either eight or 16	those randomised to the Child-Centred Therapy	
	sessions.	group (significance value not reported).	
	<ul> <li>Key components and objectives of</li> </ul>		
	intervention – Not reported for any	Post-traumatic stress disorder (measured using the	
	of the included studies relevant to	Post-traumatic stress disorder supplement [hyper-vig-	
	question 16.	ilance] of the Schedule for affective disorders and	
	<ul> <li>Content/session titles - Not re-</li> </ul>	schizophrenia for school—age children present and	
	ported for any of the included stud-	lifetime version) –	
	ies relevant to question 16.	Post-test: There was a small to medium difference	
	<ul> <li>Location/place of delivery - Not re-</li> </ul>	between participants randomised to the Trauma-Fo-	
	ported for any of the included stud-	cused Cognitive Behavioural Therapy group and	
	ies relevant to question 16.	those randomised to the Child-Centred Therapy	
	<ul> <li>Describe comparison intervention -</li> </ul>	group (significance value not reported).	
	Cohen et al. 2004 – Child-Centered	Cohon et al. 2005 (n=02 naradomicad)	
	Therapy.	Cohen et al. 2005 (n=82 randomised) -	
	Cohen et al. 2005 – Non-directive	Post-traumatic stress disorder (measured using the	
	supportive therapy.	post-traumatic stress disorder subscale of the Trauma	
	Danielson et al., 2012 – Treatment	symptom checklist for children) –	
	as usual.	Post-test: There was a small difference between par-	
	Deblinger et al., 2001 – Supportive	ticipants randomised to the Trauma-Focused Cogni-	
	counselling	tive Behavioural Therapy group and those random- ised to the Non-directive supportive Therapy group	
	Deblinger at al. 2011 – Trauma-fo-	(significance value not reported).	
	cused cognitive behavioural ther-	(Significance value not reported).	
	apy with or without trauma narrative	Danielson et al. 2012 (n=30 randomised) –	
	in eight vs 16 sessions.	Danielson et al. 2012 (11–30 fandonniseu) –	
	King et al. 2000 – Waitlist control.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims	PICO (population, intervention, comparison, outcomes)  Trowell et al. 2002 – Group psychotherapy plus caregiver support.  • Delivered by - Not reported for any of the included studies relevant to question 16.  • Delivered to - The samples of all included studies relevant to question 16 are described as 'sexually abused children' (no further details provided) with the exception of Danielson et al. 2012, the sample of which the review authors describe as 'sexually assaulted children'. Cohen et al. 2004; Cohen et al. 2005; Deblinger et al. 2001; Deblinger et al. 2011; and King et al. 2000 all appear to have also included parents or caregivers.  • Duration, frequency, intensity, etc Not reported for any of the included studies relevant to question 16.  • Key components and objectives of intervention - Not reported for any of the included studies relevant to question 16.  • Content/session titles - Not reported for any of the included studies relevant to question 16.  • Location/place of delivery - Not reported for any of the included studies relevant to question 16.	Post-traumatic stress disorder (measured using the University of California at Los Angeles post-traumatic stress disorder index for adolescents) — Post-test: There was a small to medium difference between participants randomised to the Risk Reduction through Family Therapy group and those randomised to the treatment as usual group (significance value not reported).  Deblinger et al. 2001 (n=67 randomised) — Post-traumatic stress disorder (scale used unclear) — Post-test: There was a very small difference between participants randomised to the cognitive-behavioural therapy group and those randomised to the supportive counselling group (significance value not reported).  Deblinger et al. 2004 (n=210 randomised, experimental and comparison conditions are not clear) — Post-traumatic stress disorder (measured using the Post-traumatic stress disorder supplement [re-experiencing] of the Schedule for affective disorders and schizophrenia for school-age children present and lifetime version) — Post-test: There was a small between group difference (mean, significance value not reported); 0.35.  Post-traumatic stress disorder (measured using the Post-traumatic stress disorder supplement [avoidance] of the Schedule for affective disorders and schizophrenia for school-age children present	Overall validity rating
	Outcomes measured: On the whole the review is unclear about the outcomes measured by the individual	lifetime version) – Post-test: There was a small between group difference (mean, significance value not reported); 0.35.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	studies and provides little detail on how the review itself used this information (e.g. whether outcomes were included in the search strategy). The individual studies may have measured more outcomes than those listed below and effect sizes are not always included. Total scores were reported by the review authors where these were available.  • Incidence of abuse and neglect - This review did not record whether the included studies measured incidence of abuse and neglect.  • Risk of abuse and neglect - This review did not record whether the included studies measure risk of abuse and neglect.  • Quality of parenting and parent-child relationships - This review did not record whether the included studies measured quality of parenting and parent-child relationships.  • Children and young people's health and wellbeing outcomes - The authors simply note that the review aims to evaluate treatments which focus on a 'broad range of psychopathological outcomes' such as anxiety, post-traumatic stress disorder, suicidal ideation, and substance abuse. However, effect sizes are only presented for post-	Post-traumatic stress disorder (measured using the Post-traumatic stress disorder supplement [hyper-vigilance] of the Schedule for affective disorders and schizophrenia for school-age children present and lifetime version) — Post-test: There was a small between group difference (mean, significance value not reported); 0.23.  King et al. 2000 (n=36 randomised) — Post-traumatic stress disorder (measured using the post-traumatic stress disorder section of the Anxiety disorder interview schedule) — Post-test - child cognitive behavioural therapy vs family cognitive behavioural therapy: There was a small difference between participants randomised to the child cognitive behavioural therapy group and those randomised to the family cognitive behavioural therapy group (significance value not reported). Post-test - child cognitive behavioural therapy vs WLC: There was a large difference between participants randomised to the child cognitive behavioural therapy group and those randomised to the waitlist control group (significance value not reported). Post-test - family cognitive behavioural therapy vs WLC: There was a large difference between participants randomised to the family cognitive behavioural therapy group and those randomised to the waitlist control group (significance value not reported). Post-test - family cognitive behavioural therapy group and those randomised to the waitlist control group (significance value not reported).  Trowell et al. 2002 (n=75 randomised) — Post-traumatic stress disorder (measured using Overaschel's Re-experience of the traumatic event subscale of the Post-traumatic stress disorder scale of	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	scales. Very little detail is pre-	the Schedule for affective disorders and schizophre-	
	sented on these and it is not always	nia for school-age children present and lifetime ver-	
	clear if these are self-report	sion) -	
	measures. Measures used in in-	12 month follow-up: There was a medium difference	
	cluded studies relevant to the	between participants randomised to the individual	
	NCCSC review were -	therapy plus caregiver support group and those ran-	
	Post-traumatic stress disorder was	domised to the group psychotherapy plus caregiver	
	measured using the re-experienc-	support group (significance value not reported).	
	ing; hyper-vigilance; and avoidance	Post-traumatic stress disorder (measured using Over-	
	sections of the post-traumatic	aschel's Persistent avoidance of stimuli subscale of	
	stress disorder supplement of the	the Post-traumatic stress disorder scale of the Sched-	
	Schedule for affective disorders	ule for affective disorders and schizophrenia for	
	and schizophrenia for school-age	school—age children present and lifetime version) -	
	children present and lifetime ver-	12 month follow-up: There was a medium to large dif-	
	sion (K-SADS-PL) - used in Cohen	ference between participants randomised to the indi-	
	et al. 2004; Deblinger et al., 2011.	vidual therapy plus caregiver support group and those	
	Post-traumatic stress disorder was	randomised to the group psychotherapy plus care-	
	measured using the post-traumatic	giver support group (significance value not reported).	
	stress disorder subscale of the		
	Trauma Symptom Checklist for		
	Children (TSCC) - used in Cohen et		
	al. 2005.		
	Post-traumatic stress disorder was		
	measured using the University of		
	California at Los Angeles post-trau-		
	matic stress disorder index for ado-		
	lescents (UCLA PTSD-A) - used in		
	Danielson et al. 2012.		
	Post-traumatic stress disorder was		
	measured using the post-traumatic		
	stress disorder section of the Anxi-		
	ety disorder interview schedule		
	(ADIS) - used in King et al. 2000.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Overaschel's Re-experience of the		
	traumatic event subscale, and Per-		
	sistent avoidance of stimuli sub-		
	scale of the Post-traumatic stress		
	disorder scale (an extension of the		
	Schedule for affective disorders		
	and schizophrenia for school-age		
	children present and lifetime ver-		
	sion, K-SADS-PL) - used in Trowell		
	et al. 2002.		
	NB. The scale used to measure		
	post-traumatic stress disorder in		
	Deblinger et al., 2001 is not clear.		
	No details are provided in relation		
	to the authors of these scales or		
	whether they had established relia-		
	bility and validity.		
	<ul> <li>Caregiver/parent health and wellbe-</li> </ul>		
	ing outcomes - This review did not		
	record whether the included studies		
	measured caregiver or parent		
	health and wellbeing.		
	<ul> <li>Satisfaction with services - This re-</li> </ul>		
	view did not record whether the in-		
	cluded studies measured satisfac-		
	tion with services.		
	Service outcomes - This review did		
	not record whether the included		
	studies measured service out-		
	comes.		
	Follow-up: Not consistently reported,		
	however the authors note that		
	Deblinger et al., 2001 only had a 3		
	month follow-up period, and that King		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	et al. 2000 had a 'brief' follow-up period.		
	Costs? No. Costs and resource use information are not reported.		

7. Macdonald G, Higgins J, Ramchandani P et al. (2012) Cognitive-behavioural interventions for children who have been sexually abused: A systematic review. Campbell Systematic Reviews 2012: 14: 111

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Research aims  Study aim: NB. This study is an updated version of a 2006 review and reports on those studies which were included in the earlier review. The objective of the review is to ' assess the efficacy of cognitive-behavioural approaches (CBT) in addressing the immediate and longer-term sequelae of sexual abuse on children and young people up to 18 years of age' (p6).  Methodology: Sys-	<ul> <li>comparison, outcomes)</li> <li>Participants:         <ul> <li>Children and young people. Children up to the age of 18 who have experienced sexual abuse.</li> <li>Caregivers and families – A number of the reviewed studies included non-offending parents (Celano et al. 1996; Cohen et al. 1996/Cohen and Mannarino, 1997/Cohen and Mannarino, 1997/Cohen et al. 2004/Cohen et al. 2006; Deblinger et al. 2001).</li> </ul> </li> <li>Sample characteristics -         <ul> <li>Age: The review protocol states that studies focusing on children and adolescents up to the age of 18 were to be included. The ages of participant children in the included studies ranged from two to</li> </ul> </li> </ul>	Statistical data: The review identified 10 studies, giving a total sample of 847 participants (exact numbers of children and non-offending parents are not specified by the authors). Nine of the 10 studies included were conducted in the USA, and the tenth was conducted in Australia. NB. The authors do not report whether higher or lower scores on each scale represent an improvement.  Quality of parenting and parent-child relationships -  Parental belief and support of the child (measured using the Parental Support Questionnaire used in Cohen et al. 2004, and the Parents Reaction to Incest Disclosure Scale used in Celano et al. 1996. Total scores on these scales are not reported) -  Short-term parental belief of child (immediately after treatment): Cognitive behavioural therapy had a small but significant effect; evaluated in two studies, 211	Overall validity rating  Overall assessment of internal validity: ++  Overall assessment of external validity: ++  Overall assessment of validity: ++
Methodology: Systematic review of randomised and quasirandomised controlled	· · ·		
trials.	13 years.  Burke, 1988 - 8–13 years.	Intermediate term parental belief of child (three to 6 months after treatment: Cognitive behavioural therapy	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Country: Nine out of	Celano et al., 1996 – 8–13 years.	had a small non-significant effect; evaluated in one	
10 of the trials reported	Cohen et al., 1996 – 3–6 years.	study, 243 participants, standardised mean difference	
by the included studies	Cohen et al., 1998 – 7–15 years.	(IV, random, 95% CI), -0.32 [-0.65, 0.01].	
were conducted in the	Cohen et al., 2004 – 8–14 years.		
USA. The tenth (King	Deblinger et al., 1996 – 7–13 years.	Long term parental belief of child (at least one year):	
et al. 2000) was con-	Deblinger et al., 2001 – 2–8 years.	Cognitive behavioural therapy had a very small non-	
ducted in Australia.	Dominguez, 2001 – 6–17 years.	significant effect; evaluated in one study, 146 partici-	
The review was carried	King et al., 2000 – 5–17 years.	pants, standardised mean difference (IV, random,	
out by researchers in	Sex: Two studies included a nonof-	95% CI), -0.10 [-0.43, 0.23].	
Northern Ireland.	fending mother, or female caregiver		
	as participants (Celano et al. 1996;	Parental attributions (measured using the Parental At-	
Source of funding	Deblinger et al. 2001). Cohen et al.	tributions Score. Total scores not reported.) -	
government:	1996; and Cohen et al. 2004 also	Self blame: Cognitive behavioural therapy had a large	
Government - North-	included non-offending caregivers	non-significant effect; evaluated in one study, 30 par-	
ern Ireland Research	as participants but their gender is	ticipants, mean difference (IV, random, 95% CI), -0.80	
and Development.	not reported.	[-4.03, 2.43].	
Other - UK Nordic	Berliner and Saunders 1996 – Male		
Campbell Center,	11%. Female 89%.	Child blame: Cognitive behavioural therapy had a	
Denmark.	Burke 1988 – Female 100%.	large non-significant effect; evaluated in 1 study, 30	
	Celano et al. 1996 – Female 100%.	participants, mean difference (IV, random, 95% CI), -	
	Cohen et al. 1996 – Male 42%. Fe-	1.20 [-4.47, 2.07].	
	male 58%. (Treatment completers).		
	Cohen et al. 1998 – Male 31%. Fe-	Perpetrator blame: Cognitive behavioural therapy had	
	male 69%. (Treatment completers)	a medium non-significant effect; evaluated in 1 study,	
	Cohen et al. 2004 – Male 21%. Fe-	30 participants, mean difference (IV, random, 95%	
	male 79%.	CI), -0.60 [-2.62, 1.42].	
	Deblinger et al. 1996 – Male 17%.	Nonetice insert. Or with a balance well-the many bank	
	Female 83%.	Negative impact: Cognitive behavioural therapy had	
	Deblinger et al. 2001 – Male 39%.	a large non-significant effect; evaluated in 1 study, 30	
	Female 61%. (Treatment complet-	participants, mean difference (IV, random, 95% CI), -	
	ers).	1.90 [-4.67, 0.87].	
	Dominguez 2001 – Male 24%. Fe-	Daranting skills (magazired using the massured using	
	male 76%.	Parenting skills (measured using the measured using	
	King et al. 2000 – Male 31%. Fe-	the Parenting Practices Questionnaire. Total scores	
	male 69%.	not reported.) -	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	• Ethnicity: The majority of studies included participants who were either Caucasian, African American or Hispanic, however ethnicity is not reported at all for two studies (Burke 1998; King 2000).  Berliner and Saunders, 1996 – Caucasian 74%, African American 12%, Hispanic 6%, 'other' 8%.  Burke 1988 – Not reported by study.  Celano et al. 1996 – Caucasian 22%, African American 75%, Hispanic 3%.  Cohen et al. 1996 – Caucasian 54%, African American 42%, 'other' 4%.  Cohen et al. 1998/Cohen et al., 2005 – Caucasian 59%, African American 37%, Hispanic 2%, Biracial 2%.  Cohen et al. 2004 – White 60%, African American 28%, Biracial 7%, 'other' 1%.  Deblinger et al. 1996 – Caucasian 72%, African American 20%, Hispanic 6%, 'other' 2%.  Deblinger et al. 2001 – White 64%, Black 21%, Hispanic 2%, 'other ethnic origins' 14%.  Dominguez 2001 – Caucasian 48%, African American 8%, Hispanic 40%, 'other' 4%.  King et al. 2000 – Not reported by	Short-term parenting skills (immediately after treatment): Cognitive behavioural therapy had a large significant effect; evaluated in three studies, 278 participants, mean difference (IV, random, 95% CI), 3.86 [0.47, 7.26].  Intermediate term parenting skills (three to six months after treatment: Cognitive behavioural therapy had a large non-significant effect; evaluated in 3 studies, 231 participants, mean difference (IV, random, 95% CI), 2.36 [-1.55, 6.28].  Long term parenting skills (at least one year): Cognitive behavioural therapy had a large non-significant effect; evaluated in 2 studies, 193 participants, mean difference (IV, random, 95% CI), -0.89 [-4.89, 3.11].  Parent's emotional reactions (measured using the Parents' Emotional Reactions Questionnaire, follow-up point not clear) — Total score - Cognitive behavioural therapy had a large significant effect; evaluated in 2 studies, 558 participants, mean difference (IV, 95% CI), -5.17 [-7.17, -3.17].  Short-term parental emotional reactions (immediately after treatment): Cognitive behavioural therapy had a large significant effect; evaluated in 2 studies, 223 participants, mean difference (IV, 95% CI), -6.95 [-10.11, -3.80].  Intermediate term parental emotional reactions (three to six months after treatment: Cognitive behavioural therapy had a large non-significant effect; evaluated	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>Religion/belief: Not reported for any of the included studies.</li> <li>Disability: Not reported for any of the included studies.</li> <li>Long term health condition: Not reported for any of the included studies.</li> <li>Socioeconomic position: Not reported for any of the included studies, however the authors note that Cohen, et al. 1996, found that participants of a lower socioeconomic status were significantly more likely to complete treatment.</li> <li>Type of abuse: All children had experienced sexual abuse. Perpetrators included family members (e.g. siblings, biological parents, grandparents, uncles, etc.), step-parents and partners of parents (usually mothers), and strangers/non-relatives. Severity and extent are not always reported but Berliner 1996; Cohen 1996; Cohen 1998; Deblinger 1996; Dominguez 2001; King 2000; Deblinger 2001 all report that some of the sample had experience of multiple/repeated sexual abuse. Details on any other types of maltreatment or abuse these children may have experienced is not provided with the exception of Berliner 1996; Burke 1988; Cohen 1998; Dominguez</li> </ul>	in 2 studies, 187 participants, mean difference (IV, 95% CI), -3.46 [-6.98, 0.06].  Long term parental emotional reactions (at least one year): Cognitive behavioural therapy had a large significant effect; evaluated in 1 studies, 148 participants, mean difference (IV, 95% CI), -4.56 [-8.37, -0.75].  Children and young people's health and wellbeing outcomes - Depression (measured using the Children's Depression Inventory. Total scores not reported.) -  Short-term depression (immediately after treatment): Cognitive behavioural therapy had a large non-significant effect; evaluated in 5 studies, 421 participants, mean difference (IV, random, 95% CI), -1.92 [-4.24, 0.40], I2 = 53%; p value for heterogeneity = 0.08.  Intermediate term depression (three to six months after treatment: Cognitive behavioural therapy had a large significant effect; evaluated in 4 studies, 286 participants, mean difference (IV, random, 95% CI), -1.84 [-3.41, -0.27].  Long term depression (at least 1 year): Cognitive behavioural therapy had a large non-significant effect; evaluated in 4 studies, 301 participants, mean difference (IV, random, 95% CI), -1.19 [-2.70, 0.32].  Post-traumatic stress disorder (measured using a range of scales – not specified by review authors. Total scores not reported.)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>2001, which also report details of physical abuse and/or risk of injury.</li> <li>Looked after or adopted status: Not reported for any of the included studies.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not</li> </ul>	Short-term post-traumatic stress disorder (immediately after treatment): Cognitive behavioural therapy had a small to medium significant effect; evaluated in 6 studies, 442 participants, standardised mean difference (IV, random, 95% CI), -0.44 [-0.73, -0.16], I2 = 46%; P value for heterogeneity = 0.10.	
	reported for any of the included studies.	Intermediate term post-traumatic stress disorder (three to six months after treatment: Cognitive behavioural therapy had a small to medium significant ef-	
	<ul> <li>Sample size:</li> <li>Sample size - The 10 included studies of the review gave a total sample size of 847 participants (it is</li> </ul>	fect; evaluated in 5 studies, 327 participants, standardised mean difference (IV, random, 95% CI), -0.39 [-0.74, -0.04].	
	assumed that this is the total number of children and young people who participated. The review authors do not provide details on the total number of non-offending parents who participated). The review	Long term post-traumatic stress disorder (at least 1 year): Cognitive behavioural therapy had a small to medium significant effect; evaluated in 3 studies, 246 participants, standardised mean difference (IV, random, 95% CI), -0.38 [-0.65, -0.11].	
	authors record how many participants their analysis is based on for each outcome measure however	Anxiety (Scale not specified by review authors. Total scores not reported.)	
	the sample size for each study was: Berliner and Saunders 1996 – n=154 randomised. The number of participants assigned to each con- dition is reported as unclear by the review authors.	Short-term anxiety (immediately after treatment): Cognitive behavioural therapy had a small significant effect; evaluated in 5 studies, 434 participants, standardised mean difference (IV, fixed, 95% CI), -0.23 [-0.42, -0.03] I2 = 0%; P value for heterogeneity = 0.84.	
	Burke 1988 – n=25. Control n=12; intervention n=13. Celano et al., 1996 – n=49 randomised. Control n=24; intervention n=25. Also included non-offending female caretakers.	Intermediate term anxiety (three to six months after treatment): Cognitive behavioural therapy had a small to medium significant effect; evaluated in 4 studies, 296 participants, standardised mean difference (IV, fixed, 95% CI), -0.38 [-0.61, -0.14].	

Comparison, outcomes)  Cohen et al. 1996 – n=86 randomised. Sasigned to each condition is reported as unclear by the review authors. Also included non-offending parents.  Cohen et al. 1998 – n=82 randomised. Control n=115; intervention n=114. Also included n=189 parents/caretakers.  Deblinger et al. 1996 – n=100 randomised. Control n=25; intervention 1 n=25; intervention 1 n=25. Deblinger et al. 1,990 – n=54 randomised. Control n=25; intervention is reported as unclear by the review authors. Also included non-offending parents was signed to each condition is reported as unclear by the review authors. Also included non-offending mothers.  Dominiquez 2001 – n=32 randomised. Control n=10; intervention n=22.  King et al. 2000 – n=36 randomised. Control n=12; intervention 1 n=12; intervention 2 n=12.  Systematic reviews: Number of studies = 10 trials reported in 15 studies = 10 trials reported in 15 studies.  Intervention:  Long term anxiety (at least 1 year): Cognitive behaviour (fetct; evaluated in 4 studies, 278 participants, standardised mean difference (IV, fetch, 95% CI), -0.28 [-0.52, -0.04].  Child sexualised behaviour (immediately after treatment): Cognitive behaviour (18 treatment) on 15 studies and 18 studies and 18 sexualised behaviour (3 to 6 months after treatment): Cognitive behaviour (3 to 6 months after treatment): Cognitive behaviour (3 to 6 months after treatment): Cognitive behaviour (4 treatment): Cognitive beha
IIILEI VEIILIOII.   (1V, TAHUUHI, 35/0 OI), -0.12  -0.40, 0.17 .

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims	<ul> <li>Intervention category - Other – Cognitive behavioural therapy.</li> <li>Describe intervention - An overall description of cognitive behavioural therapy is provided in the review. The review authors describe cognitive behavioural treatment as deriving from 4 theories of learning: 'respondent conditioning (associative learning); operant conditioning (the effect of the environment on patterns of behaviour); observational learning (learning by imitation); and cognitive learning (the impact of thought patterns on feelings and behaviour)' (p13). The authors state that children who experience sexual abuse may experience 'psychobiological changes that contribute to the development and maintenance of post-traumatic stress symptoms' (p14). These include affective, behavioural, cognitive, complex PTSD and psychobiological trauma symptoms. The authors state that cognitive behavioural therapy is designed to address these symptoms through a range of techniques.</li> <li>Emotional distress: Children helped</li> </ul>	Intermediate term child externalising behaviour (3 to 6 months after treatment): Cognitive behavioural therapy had a very small non-significant effect; evaluated in four studies, 175 participants, standardised mean difference (IV, random, 95% CI), -0.11 [-0.42, 0.21].  Long term child externalising behaviour (at least one year): Cognitive behavioural therapy had a very small non-significant effect; evaluated in five studies, 355 participants, standardised mean difference (IV, random, 95% CI), 0.05 [-0.16, 0.27].  Narrative findings - effectiveness - Quality of the evidence: The authors report that the quality of the included studies was not of a high standard and that there were a range of methodological weaknesses, e.g. in relation to randomisation or blinding of investigators as well as a generally poor level of detail provided on potential sources of bias. A particular source of concern seems to be that only three of the included studies stated that analysis was conducted on an intent-to-treat basis.  Quality of parenting and parent-child relationships - Parental belief and support of the child (measured using the Parental Support Questionnaire used in Cohen et al. 2004, and the Parents Reaction to Incest Disclosure Scale used in Celano et al. 1996. Total scores on these scales are not reported) -	Overall validity rating
	to cope with emotional distress, for example through learning about relaxation and emotional expression skills.	Cognitive behavioural therapy was found to have a very small but significant effect on parental belief and support of the child immediately after treatment; however in the intermediate term (3 to 6 months after	

Anxiety: Children laught to recognise the signs of anxiety, and how to replace maladaptive responses to anxiety with adaptive ones. Behaviour problems: Parents supported to understand the impact of sexual abuse on children's behaviour, and how this is shaped or maintained by consequences.  • Delivered by - Not reported for any of the included studies.  • Delivered to - Children and adolescents between the ages of 2 and 17. Two interventions appear to have been delivered to children on their own (Berliner 1996; Burke 1998), whilst the majority also involved a non-offending parent to some extent, either in joint sessions or in parallel sessions.  • Demivered to children and adolescents between the ages of 2 and 17. Two interventions appear to have been delivered to shidlere on their own (Berliner 1996; Burke 1998), whilst the majority also involved a non-offending parent to some extent, either in joint sessions or in parallel sessions.  • Some interventions appear to have been delivered in group format (e.g. Burke 1988; Celano 1996).  • Duration, frequency, intensity, etc. The number of sessions is not always reported. Where this detail is provided, interventions generally lasted from between 8 to 12 sessions, however some provided as few as 6 (Burke, 1988) whilst others provided as many as 20 (King 2000). Sessions typically seem to be delivered on a weekly basis and are at least 45 minutes in duration.	Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Anxiety: Children taught to recognise the signs of anxiety, and how to replace maladaptive responses to anxiety with adaptive ones. Behaviour problems: Parents supported to understand the impact of sexual abuse on children's behaviour, and how this is shaped or maintained by consequences.  • Delivered by - Not reported for any of the included studies.  • Delivered to - Children and adolescents between the ages of 2 and 17. Two interventions appear to have been delivered to children on their own (Berliner 1996; Burke 1998), whilst the majority also involved a non-offending parent to some extent, either in joint sessions or in parallel sessions.  • Some interventions appear to have been delivered in group format (e.g. Burke 1988; Celano 1996).  • Duration, frequency, intensity, etc The number of sessions is not always reported. Where this detail is provided, interventions generally lasted from between 8 to 12 sessions, however some provided as few as 6 (Burke, 1988) whilst others provided as many as 20 (King 2000). Sessions typically seem to be delivered on a weekly basis and	the effects were very small to small and non-significant.  Short-term parental belief of child (immediately after treatment): Cognitive behavioural therapy (evaluated in two studies, giving a combined sample of 211 participants) had a small non-significant effect.  Intermediate term parental belief of child (three to six months after treatment): Cognitive behavioural therapy (evaluated in one study, with a sample of 243 participants) had a small non-significant effect.  Long term parental belief of child (at least 1 year): Cognitive behavioural therapy (evaluated in 1 study, with a sample of 146 participants) had a very small non-significant effect.  Parental attributions (measured using the Parental Attributions Score. Total scores not reported.) -  Cognitive behavioural therapy was found to have medium or large, but non-significant impact on parental self blame, child blame, perpetrator blame and negative impact.  Self blame: Cognitive behavioural therapy (evaluated in 1 study, with a sample of 30 participants) had a large non-significant effect.  Child blame: Cognitive behavioural therapy (evaluated in 1 study, with a sample of 30 participants) had	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Research aims	<ul> <li>Key components and objectives of intervention – To address the sequelae of sexual abuse by focusing on the meaning of events and identifying maladaptive cognitions and misattributions. The authors note that the majority of included studies are described as trauma-focused ' meaning simply that the adverse consequences of child sexual abuse are conceptualised as the consequences of trauma, which is reflected in the structure and the content of treatment' (p26).</li> <li>Content/session titles - Not reported consistently. The titles of programmes which are reported include Recovering from Abuse Program (Celano et al. 1996); Cognitive-behavioural therapy for sexually abused children (Cohen et al. 1996); and Sexual Abuse Specific Cognitive behavioural therapy (Cohen et al. 1998).</li> <li>Berliner and Saunders 1996 – As for the control group - 10 sessions covering – 'getting acquainted and establishing ground rules; feelings; family and friends (2 sessions); disclosure impact, self-esteem and sexual abuse; body</li> </ul>	Perpetrator blame: Cognitive behavioural therapy (evaluated in one study, with a sample of 30 participants) had a medium non-significant effect.  Negative impact: Cognitive behavioural therapy (evaluated in one study, with a sample of 30 participants) had a large non-significant effect.  Parenting skills (measured using the measured using the Parenting Practices Questionnaire. Total scores not reported.) -  Cognitive behavioural therapy had a large significant effect on short-term parenting skills, but this was not significant, although effect sizes were still large, in the intermediate and long term.  Short-term parenting skills (immediately after treatment): Cognitive behavioural therapy (evaluated in three studies, giving a combined sample of 278 participants) had a large significant effect.  Intermediate term parenting skills (3 to 6 months after treatment: Cognitive behavioural therapy (evaluated in three studies, giving a combined sample of 231 participants) had a large non-significant effect.  Long term parenting skills (at least 1 year): Cognitive behavioural therapy (evaluated in two studies, giving a combined sample of 193 participants) had a large non-significant effect.	Overall validity rating
	awareness and sexuality (2 sessions), and prevention and termination' (p30). For the intervention	Parent's emotional reactions (measured using the Parents' Emotional Reactions Questionnaire, follow-up point not clear) –	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	group, the session on feelings spe-		
	cifically focused on fear; 1 of the	Cognitive behavioural therapy had a large significant	
	family and friends sessions was re-	effect on parents' emotional reactions (as measured	
	placed with a Stress Inoculation	by the parent's emotional reactions questionnaire) in	
	Therapy session (no further details	terms of total scores, and in the short and long terms.	
	provided); 2 sessions on gradual	In the intermediate term, the effect size was large but	
	exposure were provided; and Stress Inoculation Therapy princi-	not significant.	
	ples were applied to the sessions	Total score - Cognitive behavioural therapy (evalu-	
	on impact of disclosure and self-es-	ated in two studies, giving a combined sample of 558	
	teem.	participants) had a large significant effect.	
	Burke 1988 – 6 group sessions	participants) nad a large significant effect.	
	(group format) focusing on 'good	Short-term parental emotional reactions (immediately	
	and bad touching', anxiety and re-	after treatment): Cognitive behavioural therapy (eval-	
	laxation techniques, imaginal expo-	uated in two studies, giving a combined sample of	
	sure and identifying feelings of de-	223 participants) had a large significant effect.	
	pression, identifying pleasurable		
	events and being able to engage in	Intermediate term parental emotional reactions (3 to 6	
	them; development of strategies to	months after treatment: Cognitive behavioural therapy	
	deal with 'bad touching' and the	(evaluated in two studies, giving a combined sample	
	anxiety this creates.	of 187 participants) had a large non-significant effect.	
	Celano et al. 1996 – Recovering		
	from Abuse Program (eight group	Long term parental emotional reactions (at least 1	
	sessions) which focus on maladap-	year): Cognitive behavioural therapy (evaluated in	
	tive affects, beliefs, and behaviour	one study with a sample of 148 participants) had a	
	relating to betrayal; powerlessness;	large significant effect.	
	self-blame and stigmatisation; trau-		
	matic sexualisation.	Children and young people's health and wellbeing	
	Cohen et al. 1996/Cohen and Man-	outcomes -	
	narino 1997/Cohen and Mannarino	Depression (measured using the Children's Depres-	
	1996 – Cognitive behavioural ther-	sion Inventory. Total scores not reported.) -	
	apy for sexually abused children.	Cognitive behavioural therapy showed large effect	
	No further details provided.	sizes on depression in the short term (but this was not	
		statistically significant), intermediate term (statistically	
		significant) and long term (not statistically significant).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Cohen et al. 1998/Cohen et al.		
	2005 – Sexual Abuse Specific Cog-	Short-term depression (immediately after treatment):	
	nitive behavioural therapy. Chil-	Cognitive behavioural therapy (evaluated in five stud-	
	dren's sessions focus on anxiety,	ies, giving a combined sample of 421 participants)	
	behavioural problems and depres-	had a large non-significant effect.	
	sion. Parental sessions focus on		
	parental emotional distress and en-	Intermediate term depression (3 to 6 months after	
	abling the parent to manage behav-	treatment: Cognitive behavioural therapy (evaluated	
	ior and provide emotional support.	in four studies, giving a combined sample of 286 par-	
	Cohen et al., 2004 – Trauma-fo-	ticipants) had a large significant effect.	
	cused cognitive behavioural ther-		
	apy. Individual sessions provided to	Long term depression (at least 1 year): Cognitive be-	
	both parent and child and three	havioural therapy (evaluated in four studies, giving a	
	joint child-parent sessions.	combined sample of 301 participants) had a large	
	Deblinger et al. 1996 – Evaluated	non-significant effect.	
	three experimental conditions – an		
	intervention delivered solely to chil-	Post-traumatic stress disorder (measured using a	
	dren; an intervention delivered	range of scales – not specified by review authors. To-	
	solely to parents; and an interven-	tal scores not reported.)	
	tion delivered to both children and		
	parents. The intervention delivered	Cognitive behavioural therapy had small to medium	
	to children included body safety	effect, which was statistically significant, on post-trau-	
	training, coping, education, gradual	matic stress disorder symptoms in the short, interme-	
	exposure, and modelling. The inter-	diate and long term.	
	vention delivered to parents aimed		
	to enable mothers with the cogni-	Short-term post-traumatic stress disorder (immedi-	
	tive behavioural skills to respond to	ately after treatment): Cognitive behavioural therapy	
	their child's avoidance and fear be-	(evaluated in six studies, giving a combined sample of	
	haviours. The joint intervention indi-	442 participants) had a small to medium significant ef-	
	vidual child and parent sessions as	fect.	
	well as joint sessions which aimed		
	to enhance child-parent communi-	Intermediate term post-traumatic stress disorder (3 to	
	cation to enable therapeutic work to	6 months after treatment: Cognitive behavioural ther-	
	be continued in the home environ-		
	ment.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Deblinger et al. 2001 – Manualised	apy (evaluated in 5 studies, giving a combined sam-	
	intervention. Parents receive 11	ple of 327 participants) had a small to medium signifi-	
	sessions of cognitive behavioural	cant effect.	
	therapy aiming to enable parents to		
	- deal with their own emotional re-	Long term post-traumatic stress disorder (at least one	
	actions so that they can support	year): Cognitive behavioural therapy (evaluated in	
	their children; foster child-parent	three studies, giving a combined sample of 246 par-	
	communication about the abusive	ticipants) had a small to medium significant effect.	
	experience; and manage behav-		
	ioural problems displayed by the	Anxiety (Scale not specified by review authors. Total	
	child. Children also receive 11 ses-	scores not reported.)	
	sions aiming to - help the child to	Cognitive behavioural therapy had a small, statisti-	
	communicate their feelings and	cally significant effect on anxiety in the short, interme-	
	learn how to cope with these; iden-	diate (small to medium effect size) and long term.	
	tify appropriate and inappropriate	Chart tarm anxiety (immediately after treatment)	
	touching; and to ' learn abuse response skills, using an interactive	Short-term anxiety (immediately after treatment): Cognitive behavioural therapy (evaluated in 5 studies,	
	behavioural format' (p44).		
	Dominguez 2001 – The main goal	giving a combined sample of 434 participants) had a small significant effect.	
	of treatment was to provide children	Small significant effect.	
	with the skills to manage affective,	Intermediate term anxiety (3 to 6 months after treat-	
	behavioural and cognitive re-	ment): Cognitive behavioural therapy (evaluated in	
	sponses to the traumatic events.	four studies, giving a combined sample of 296 partici-	
	King et al. 2000 – Evaluated 2 ex-	pants) had a small to medium significant effect.	
	perimental conditions. Child Cogni-	parto) riad a ornali to modiam significant chost.	
	tive-Behavioural Therapy which	Long term anxiety (at least 1 year): Cognitive behav-	
	aims to enable children to over-	ioural therapy (evaluated in four studies, giving a	
	come post-abuse distress and post-	combined sample of 278 participants) had a small sig-	
	traumatic stress disorder symp-	nificant effect.	
	toms. Family Cognitive Behavioural		
	Therapy plus sessions for parents	Child sexualised behaviour (measured using the Child	
	in behaviour management tech-	Sexual Behavior Inventory. Total scores not re-	
	niques and child-parent communi-	ported.)	
	cation.		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims	<ul> <li>Location/place of delivery - Not reported for any of the included studies.</li> <li>Describe comparison intervention - The review protocol specified that studies ' comparing CBT versus treatment as usual (referred to in the protocol as 'another intervention'), with or without placebo control, were eligible, as were studies comparing one intervention versus control' (p15). The authors report that although one study used a wait list control (Burke 1988) the other nine studies compared cognitive behavioural therapy to treatment as usual ' which was typically supportive unstructured psychotherapy' (p23).</li> <li>Berliner and Saunders 1996 – As for the intervention group - 10 sessions covering – 'getting acquainted and establishing ground rules; feelings; family and friends (2 sessions); disclosure impact, selfesteem and sexual abuse; body awareness and sexuality (2 sessions), and prevention and termination' (p30).</li> <li>Burke 1988 – Waitlist control.</li> <li>Celano et al. 1996 – Treatment as usual which the review authors'</li> </ul>	Cognitive behavioural therapy did not have a statistically significant impact on child sexualised behaviour in the short, intermediate or long term. However, effect sizes were medium, small to medium and large respectively.  Short-term child sexualised behaviour (immediately after treatment): Cognitive behavioural therapy (evaluated in 5 studies, giving a combined sample of 451 participants) had a medium non-significant effect.  Intermediate term child sexualised behaviour (three to six months after treatment): Cognitive behavioural therapy (evaluated in three studies, giving a combined sample of 133 participants) had a small to medium non-significant effect.  Long term child sexualised behaviour (at least one year): Cognitive behavioural therapy (evaluated in three studies, giving a combined sample of 161 participants) had a large non-significant effect.  Child externalising behaviour (measured using the Child Behaviour Checklist) - Cognitive behavioural therapy did not have a statistically significant impact on child externalising behaviour, and very small effect sizes were observed, in the short, intermediate and long term.  Short-term child externalising behaviour (immediately after treatment): Cognitive behavioural therapy (evaluated in seven studies, giving a combined sample of 537 participants) had a very small non-significant effect.	Overall validity rating
	note was ' defined as supportive, unstructured psychotherapy that sexually abused children and their		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	mothers would normally receive at	Intermediate term child externalising behaviour (3 to 6	
	the clinic' (p34).	months after treatment): Cognitive behavioural ther-	
	Cohen et al. 1996 - Non-directive	apy (evaluated in four studies, giving a combined	
	supportive therapy.	sample of 175 participants) had a very small non-sig-	
	Cohen et al. 1998 - Non-specific	nificant effect.	
	therapy which ' did not provide	Langutano abilda automolisio albabasio ne (at langt 4	
	suggestions or directive advice, but	Long term child externalising behaviour (at least 1	
	encouraged exploration of alterna-	year): Cognitive behavioural therapy (evaluated in five	
	tive attributions, behaviours and	studies, giving a combined sample of 355 partici-	
	feelings via nondirective interven-	pants) had a very small non-significant effect.	
	tions' (p38).		
	Cohen et al. 2004 – Not reported.		
	Deblinger et al. 1996 – Described		
	as 'community control' which pro-		
	vides caregivers with information in		
	relation to symptom patterns and encourages caregivers to access		
	therapeutic care.		
	Deblinger et al. 2001 – Manualised		
	supportive group therapy (11 ses-		
	sions) which aim to empower care-		
	givers. The therapists running		
	these sessions do not provide infor-		
	mation which specifically relates to		
	behaviour management, coping, or		
	gradual exposure. As in the inter-		
	vention group, children in the con-		
	trol group also receive 11 sessions		
	aiming to - help the child to com-		
	municate their feelings and learn		
	how to cope with these; identify ap-		
	propriate and inappropriate touch-		
	ing; and to ' learn abuse re-		
	sponse skills, using an interactive		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	behavioural format' (p44). However, therapists ' used a didactic format, presenting age appropriate information and personal safely using pictures, stories and activity age exercises' (p 44).  Dominguez 2001 – Supportive treatment which aims to ' facilitate change via a combination of consciousness raising and corrective emotional experiences that occur in the context of a genuine, empathic relationship characterised by unconditional positive regard' (p46). King et al. 2000 – Waitlist control.  Delivered by - Not reported for any of the included studies.  Duration, frequency, intensity, etc Not reported for any of the included studies.  Key components and objectives of intervention - Not reported for any of the included studies.  Content/session titles – Not reported for any of the included studies.  Location/place of delivery - Not reported for any of the included studies.		
	Outcomes measured:		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	<ul> <li>Incidence of abuse and neglect -</li> </ul>		
	This review did not record whether		
	the included studies measured inci-		
	dence of abuse and neglect.		
	Risk of abuse and neglect - This re-		
	view did not record whether the in-		
	cluded studies measured risk of		
	abuse and neglect.		
	<ul> <li>Quality of parenting and parent-</li> </ul>		
	child relationships - The authors		
	describe the outcome measures		
	used by individual studies as 'pa-		
	rental skills and knowledge' which		
	included behavioural management		
	skills, parental emotional reactions,		
	knowledge of child sexual abuse		
	and possible consequences of this,		
	'belief in their child's story', and un-		
	derstanding of child behaviour and		
	psychological problems. The out-		
	come measures used by individual		
	studies which are reported in the		
	review are: Parental belief and sup-		
	port was measured using the Pa-		
	rental Support Questionnaire (re-		
	vised, used in Cohen et al. 2004);		
	and the Parents Reaction to Incest		
	Disclosure Scale (used in Celano et		
	al. 1996). NB The authors state that		
	this measure was not used in their		
	review on p53 however information		
	the section of the findings table		
	dealing with parental belief and		
	support of the child suggests that		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	scores on this measure were com-		
	bined with those on the Parental		
	Support Questionnaire (revised) in		
	the meta-analysis.		
	Parental attributions were meas-		
	ured using the Parental Attributions		
	Score (used in Celano et al. 1996).		
	Parenting practices/skills were		
	measured using the Parenting		
	Practices Questionnaire (used in		
	Deblinger et al. 1996; Deblinger et		
	al. 2001; and Cohen et al. 2004).		
	Parental emotional reaction was		
	measured using the Parents' Emo-		
	tional Reactions Questionnaire		
	(used in Deblinger et al. 2001; Co-		
	hen et al. 2004).		
	<ul> <li>Children and young people's health</li> </ul>		
	and wellbeing outcomes - The re-		
	view protocol states that the pri-		
	mary outcomes that would be con-		
	sidered were children's psychologi-		
	cal functioning (e.g. anxiety, de-		
	pression and post-traumatic stress		
	disorder); and children's behav-		
	ioural problems such as externalis-		
	ing and sexualised behaviour. Sec-		
	ondary outcomes are summarised		
	as 'future offending behaviours'		
	such as sexual offending, delin-		
	quency and criminal offending; and		
	outcomes relating to the quality of		
	parenting and parent-child relation-		
	ships which the authors categorise		
	as 'parental skills and knowledge'		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	(included behavioural management		
	skills, parental emotional reactions,		
	knowledge of child sexual abuse		
	and possible consequences of		
	this); 'belief in their child's story';		
	and understanding of child behav-		
	iour and psychological problems.		
	NB. The review does not report on		
	'future offending behaviours' and it		
	is therefore not clear if any of the		
	included studies report on this type		
	of outcome.		
	Child depression was measured		
	using: The Children's Depression		
	Inventory (used in seven studies -		
	Berliner 1996; Burke 1988; Cohen		
	1998; Cohen 2004; Deblinger 1996;		
	Dominguez 2001; King 2000) how-		
	ever the meta-analysis only ap-		
	pears to use data from 5 studies		
	and it is unclear which these are.		
	Child post-traumatic stress disorder		
	was measured using:		
	The Children's Impact of Traumatic		
	Events Scales-Revised (used in		
	Celano et al. 1996).		
	The Post-traumatic stress disorder		
	subscale of the Kiddie-Schedule for		
	Affective Disorders and Schizo-		
	phrenia - Epidemiologic version		
	(used in Deblinger, et al. 2001).		
	The post-traumatic stress disorder		
	supplement (re-experiencing) of the		
	Schedule for Affective Disorders		
	and Schizophrenia for school-age		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	children - Present and Lifetime ver-		
	sion (used in Cohen et al. 2004).		
	The Trauma Symptom Checklist for		
	Children - Post-traumatic stress		
	disorder (used in Cohen et al.		
	1998).		
	The re-experiencing subscale of		
	the post-traumatic stress disorder		
	section of the Anxiety Disorders In-		
	terview Schedule DSM IV, child		
	version (used in King et al. 2000).		
	Child anxiety was measured using:		
	The Revised Children's Manifest		
	Anxiety Scale (total scores, used in		
	Berliner et al. 1996; and King. et al,		
	2000.		
	The State/Trait Anxiety Inventory		
	for Children (state scale scores		
	only, used in Cohen et al. 1998;		
	Deblinger et al. 1996; and Cohen et		
	al. 2004).		
	Sexualised behaviour was meas-		
	ured using: The Child Sexual Be-		
	havior Inventory (used in Berliner et		
	al. 1996; Cohen et al. 1996; Cohen		
	et al. 1998; Deblinger et al. 2001;		
	and Cohen et al. 2004).		
	Child externalising behaviour was		
	measured using: The externalising		
	behaviour scale of the Child Behav-		
	iour Checklist (parent report, used		
	in Berliner et al. 1996; Celano et al.		
	1996; Cohen et al. 1996; Cohen et		
	al. 1998; Deblinger et al. 1996;		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	King et al. 2000; Deblinger et al.		
	2001; and Cohen et al. 2004).		
	<ul> <li>Caregiver/parent health and wellbe-</li> </ul>		
	ing outcomes - This review did not		
	record whether the included studies		
	measured caregiver or parent		
	health and wellbeing.		
	<ul> <li>Satisfaction with services - This re-</li> </ul>		
	view did not record whether the in-		
	cluded studies measured satisfac-		
	tion with services.		
	Service outcomes - This review did		
	not record whether the included		
	studies measured service out-		
	comes.		
	Follow-up: NB. Although follow-up		
	periods vary between studies, the au-		
	thors have categorised these into		
	short-term, intermediate, or long-		
	term.		
	Berliner et al. 1996 – Post-treatment,		
	12 months, and 24 months.		
	Burke et al. 1988 – Not reported.		
	Celano et al. 1996 – Post-treatment		
	only.		
	Cohen et al. 1996 – Post-treatment,		
	six months and 12 months.		
	Cohen et al. 1998 - Post-treatment,		
	six months and 12 months.		
	Cohen et al. 2004 – Post-treatment		
	only.		
	Deblinger et al. 1996 – Post-treat-		
	ment, 3 months, 6 months, 12		
	months, and 24 months.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	Deblinger et al. 2001 – At around the		
	11 week mark of the intervention pe-		
	riod, and three months post-treat-		
	ment.		
	Dominguez et al. 2001 – Post-treat-		
	ment only.		
	King et al., 2000 – Post-treatment,		
	and 12 weeks.		
	Costs? No. Cost and resource use		
	information are not provided.		

8. Parker B and Turner W (2013) Psychoanalytic/psychodynamic psychotherapy for children and adolescents who have been sexually abused: A systematic review. Campbell Collaboration 9(13)

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	_	
Study aim: To 'as-	Participants: Children and young	Findings: The review did not identify any studies	Overall assessment
sess the effectiveness	people. The review aimed to include	which were eligible for inclusion.	of internal validity: ++
of psychoanalytic/psy-	studies in which the sample was com-		
chodynamic psycho-	prised of children and adolescents up		Overall assessment
therapeutic ap-	to the age of 18 years with experi-		of external validity:
proaches in treating	ence of sexual abuse.		++
the effects of sexual			
abuse (psychologically	Sample characteristics: N/A The re-		Overall assessment
and in terms of behav-	view did not identify any studies		of validity: ++
iour and social func-	which were eligible for inclusion.		
tioning) in children and			
adolescents' (p13).	Sample size: N/A The review did not		
	identify any studies which were eligi-		
Methodology: Sys-	ble for inclusion.		
tematic review of ran-			
domised and quasi-	Intervention:		
randomised controlled			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
trials values and treat	comparison, outcomes)		
trials using a no treat-	• Intervention category - Other – The		
ment control or wait list	review aimed to evaluate interven-		
control (studies with an	tions described as psychoana-		
active comparison	lytic/psychodynamic psychother-		
group were excluded).	apy.		
	Describe intervention – The review		
Country: The review	authors describe psychoanalytic		
was conducted by au-	and psychodynamic psychotherapy		
thors based in Eng-	as umbrella terms which are often		
land. The review did	used interchangeably and cover a		
not identify any studies	range of approaches and tech-		
which were eligible for	niques such as child or adolescent		
inclusion.	psychotherapy; child analysis or		
	psychoanalysis; Freudian, Jungian,		
Source of funding:	or Kleinian therapy; object relations		
Other - Centre for	based therapy; etc. Despite this		
Gender Violence Re-	variation in usage the authors note		
search, School for Pol-	that the defining features of these		
icy Studies, University	approaches is the objective of form-		
of Bristol, UK	ing a therapeutic relationship and		
South West London	through this exploring (through dis-		
and St Georges Mental	cussion or play) how earlier events		
Health NHS Trust, UK.	can impact upon current behav-		
	iours, feelings, and relationships.		
	The goal of this process is to ena-		
	ble the individual to become aware		
	of previously 'unconscious' difficul-		
	ties. The review authors note that		
	psychoanalytic/psychodynamic		
	therapy can be provided both indi-		
	vidually or to families or larger		
	groups, and can be of varying in-		
	tensity with treatment being pro-		
	vided for a few brief sessions, or		
	being delivered over the course of		

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	years. The authors note that the intervention could be of any length and could also include separate work with caregivers or parents or sessions which were delivered to both the child and their caregiver of parent.		
	Comparison intervention: The review aimed to evaluate psychoanalytic/psychodynamic psychotherapy by comparison to no treatment or wait list controls and studies with an active comparison group (such as cognitive behavioural therapy) were excluded.		
	Outcomes measured: The authors did not identify any studies that were eligible for inclusion. The outcomes of interest to the review related to children's and young people's health and wellbeing (i.e. aggression and conduct problems, depression, functioning, post-traumatic stress disorder, psychiatric symptoms, self-harm, sexualised behaviour and suicide).		
	Follow-up: N/A The review did not identify any studies which were eligible for inclusion.		
	Costs? No. The authors do not specify whether they intended to record cost or resource use information.		

9. Shirk SR, DePrince AP, Crisostomo PS et al. (2014) Cognitive behavioral therapy for depressed adolescents exposed to interpersonal trauma: An initial effectiveness trial. Psychotherapy 51: 167–79

## Study aim

Research aims

To assess the feasibility, acceptability and initial impact of a modified CBT protocol (based on 1 previously found to be effective, the Adolescent Mood Project protocol) for adolescent depression (m-CBT) designed to treat adolescents with history of interpersonal trauma.

#### Methodology

RCT including cluster. Adolescents referred to 2 American outpatient child and adolescent clinics at an urban community mental health centre were randomised to receive 12 sessions of m-CBT treatment or usual care, following a pretreatment assessment. using a stratified randomisation procedure (using gender variable). Post-treatment

# PICO (population, intervention, comparison, outcomes)

#### **Participants**

Children and young people. Adolescents referred to 2 outpatient community mental health clinics, who were not: (1) receiving concurrent psychological treatment for depression, (2) to have attempted suicide within 3 months before intake, (3) engaged in self-injurious behavior that required hospitalisation or emergency room treatment within the past 3 months, (4) meeting diagnostic criteria for bipolar disorder and/or substance dependence disorder, (5) presenting with psychotic symptoms or intellectual deficit (i.e. estimated IQ below 70).

## Sample characteristics:

- Age Mean age 15.48, range 13-17, SD=1.53 m-CBT mean age 15.25 (1.52) UC mean age 15.69 (1.55).
- Sex n=36 female, n=7 male.
- Ethnicity 49% non-Hispanic Caucasian. Of the other 51% 33%
   Hispanic, 38% African American.
   m-CBT 55% ethnic minority UC
   47.83 % ethnic minority.
- Religion/belief Not reported.
- Disability Not reported.

## Findings

#### **Effect sizes**

## Children and young people's health and wellbeing

**Beck Depression Inventory** 

A repeated measures linear mixed-methods model analysed BDI-II scores looking at treatment condition and time as factors. Only female (n=36) participants were analysed due to the small male sample (n=7) who had had no observations in Sessions 8 and 12 in the m-CBT group. No significant effects were found, either for which clinic was attended (F(1, 45)=2.65,p=.12); treatment condition (F (1, 54)=.09, p=.78) or the interaction between time and condition (F(5,128)=1.80, p=.12). BDI-II scores decreased in both groups up to session 12 and then rose again at posttreatment assessment. When male data was included, using a last-observation-carried-forward analysis model for missing BDI-II scores there was still no significant effect seen for either condition (F(1,42)=.06, p=.81) or time-by-condition (F(1,42)=1.76, p=.19).

The effect size for between-group differences at post-treatment slightly favoured UC (d=.16, t(42)=1.27, p=.18) but this was not reliable.

The effect for time was significant, (F, 41)=27.20, p<.001) reflecting symptom reduction in both groups - on average BDI-II scores dropped by 12.83 points in the UC condition and 8.50 in the m-CBT group.

Fisher's exact test was used to assess the effect of treatment on depression diagnosis at posttreatment -

# Overall assessment of internal validity

Overall validity rating

-

# Overall assessment of external validity

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Despite US context both m-CBT and usual care (client-centred or psychodynamic interventions) are similar to the UK context.

#### Overall validity score

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Key limitations of the study include relatively small sample size, no male participants completed the study. Unclear what the analysed sample size was, due to exclusion of male participants.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
assessment was con-	Long term health condition – Eligi-	it found that there was no significant difference be-	
ducted at 16 weeks af-	ble participants met criteria for de-	tween groups (p=.92) - diagnostic remission rates for	
ter treatment began	pressive disorder (using K-SADS):	the full sample was 48% for UC and 50% for m-CBT.	
but participants were	Major depressive disorder n=35		
able to carry on treat-	Dysthymic disorder n=3 Depressive	Satisfaction with services	
ment after assess-	disorder not otherwise specified	Multivariate analysis was carried out on CSQ and TEI	
ment. All treatment	n=5.	data from the n=36 adolescents who completed the	
sessions were audio-	<ul> <li>Sexual orientation – Not reported.</li> </ul>	posttreatment assessment. It found that m-CBT and	
recorded. The	<ul> <li>Socioeconomic position – Not re-</li> </ul>	UC participants did not differ on client satisfaction	
measures used for di-	ported.	(CSQ) or treatment acceptability (TEI) but found high	
agnosis, screening or	Type of abuse – 'All eligible adoles-	scores for both in both conditions.	
assessment were: Kid-	cents reported at least one incident	Difference F(2, 31)=.02, p<.98.	
dle-Schedule for Affec-	of physical abuse (49%), witness-		
tive Disorders and	ing family violence (58%), sexual		
Schizophrenia-Present	abuse (67%), and verbal/emotional		
and Lifetime version	abuse (47%) in response to a		
(K-SADS-LS) - to diag-	highly structured screening inter-		
nose depressive , posttraumatic stress,	view. A majority of the sample re-		
substance abuse and	ported more than one type of inter-		
dependence disorders	personal trauma throughout their		
and to screen for bipo-	lifetime: 1 type (23%); 2 types		
lar disorder, suicide at-	(28%); 3 or more types		
tempts and psychotic	(49%).'(p.12) % Sexually abused		
symptoms; an abbre-	66.66% m-CBT group 68.18 UC group % Physically abused 60.00		
viated version of the	m-CBT group 40.90 UC group %		
Trauma Experiences	Emotionally abused 55.00 m-CBT		
Screening Inventory-	group 42.80 UC group % Wit-		
Child Version (TESI-	nessed domestic violence 65.00 m-		
C)- to determining	CBT group 54.50 UC group Num-		
presence of prior	ber of trauma types 2.80 (1.20) m-		
trauma; the Beck De-	CBT group 2.45 (1.26) UC group.		
pression Inventory	<ul> <li>Looked after or adopted status –</li> </ul>		
(BDI-II) - to assess se-	Not reported.		
verity of depressive			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
symptoms at pre- and	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
posttreatment assess-	refugee or trafficked children – Not		
ments as well as after	reported.		
Sessions 1, 4, 8 and	. oponou.		
12; the Child Behav-	Comple size		
iour Checklist (CBCL)	Sample size Comparison numbers -		
to evaluate 'collateral	UC group n=23		
disruptive behaviour	Intervention numbers -		
problems' (p171), com-	m-CBT group n=20		
pleted by the adoles-	Sample size -		
cent's mother or	n=43 n=20 m-CBT group n=23 UC		
guardian pre-and post-	group		
treatment'; Similarities			
(and Block Design if	Intervention category		
adolescent scored <7	Other		
due to English not be-	Modified CBT		
ing their first language)	Intervention		
subtest of the Wesch-	Describe intervention		
ler Adult Intelligence	Individual therapy for depressed ado-		
Scale-IV or the Wesch-	lescents with a history of interper-		
ler Intelligence Scale	sonal trauma (physical, sexual and/or		
for Children-IV, to	emotional abuse) delivered in 2 out-		
measure verbal IQ and	patient clinics over 12 weeks with		
conceptual ability at preassessment; the	weekly sessions guided by a manual.		
Therapy Process Ob-	Treatment, either for intervention or		
servational Coding	usual care was not time-limited; n=8 adolescents continued to receive the		
System- Strategies	m-CBT treatment after the 16 week		
Scale (TPOCS-S) to	posttreatment assessment, n=10 the		
evaluate therapist in-	usual treatment. Therapists able to		
terventions in the UC	refer adolescents for medication at		
condition, with ses-	any time, and were informed of each		
sions from early and	adolescent's diagnosis and history		
later phases randomly	before commencing treatment.		
picked for coding on	Delivered by		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
use of psychodynamic,	2 clinic-based therapists, one male		
cognitive, behavioural,	(Doctoral-level psychologist with 28		
client-centred and fam-	years clinical experience), 1 female		
ily systems; the Adher-	(masters level therapist with 10 years		
ence Checklist for m-	of experience), who volunteered to		
CBT, adapted from the	deliver the m-CBT therapy sessions.		
adherence checklist for	They completed a 1 day workshop		
the original protocol, a	lead by an expert in mindfulness-		
Client Satisfaction	based interventions (Elizabeth		
Questionnaire (CSQ)	Roehmer) and the m-CBT developers		
(scores ranging 8–32	(Anne P.de Prince and Stephen R.		
with higher scores indi-	Shirk). It covered basic CBT princi-		
cating higher satisfac-	ples and components of m-CBT (in-		
tion) and the Treat-	cluding practice with mindfulness ex-		
ment Evaluation Inven-	ercises). Each therapist completed a		
tory (TEI) to assess	practice case under supervision be-		
treatment acceptability	fore the start of the clinical trial, and		
at posttreatment (15	received weekly supervision from		
items rated for fair-	Anne P. DePrince throughout.		
ness, appropriate and	Delivered to		
reasonable nature). At	n=20 adolescents, mean age 15.25,		
the 16 week posttreat-	who had been referred for outpatient		
ment assessment par-	treatment at 2 clinics at an urban		
ticipants completed the	mental health centre and met diag-		
K-SADS depression	nostic criteria for a depressive disor-		
and PTSD modules,	der (details above).		
the BDI-II, the CSQ	Duration, frequency, intensity, etc.		
and TEI with an inde-	m-CBT protocol is delivered through		
pendent evaluator. Af-	12 weekly sessions of individual ther-		
ter testing for group	apy (except for the first session		
comparability, missing	where parents were invited to attend).		
data comparisons, and	Key components and objectives of in-		
therapist differences,	tervention		
treatment effects were	m-CBT has modules (based on the		
	original protocol) looking at mood and		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
analysed for the pri-	cognition; mood and activities; mood		
mary outcome varia-	and interpersonal relationships. It		
bles of feasibility, ac-	combines CBT elements: mood moni-		
ceptability and impact	toring, cognitive restructuring, relaxa-		
(on depression out-	tion exercises, activity scheduling and		
comes), with an inten-	interpersonal problem-solving with		
tion to treat sample.	mindfulness exercises and applica-		
Country	tions across all sessions. It encour-		
Not UK.	ages and emphasises the need to ob-		
US - Rocky Mountain	serve, describe and tolerate trauma-		
region.	related emotions and cognitions in a		
1.09.0	non-judgemental way. This is de-		
	signed to improve self-monitoring and		
	enable people to live more in the pre-		
	sent than in the past. Therapists are		
	explicitly instructed to tackle the inter-		
	personal trauma experience and cog-		
	nitions relating to it.		
	Content/session titles		
	1 Introduction to Therapy, Depres-		
	sion, and Mindfulness 2 Mindfulness:		
	Learning to Observe 3 Mindfulness of		
	Sights and Sounds: Learning to De-		
	scribe 4 Mindfulness Now: Learning		
	to Participate 5 Mindfulness of		
	Thoughts 6 Noticing Thoughts: Hey,		
	They're Not Facts! 7 What to Do with		
	All those Fish in the Fish Tank? 8		
	Mindfulness of Trauma-Related		
	Thoughts and Emotions 9 More on		
	Mindfulness of Trauma-Related		
	Thoughts and Emotions 10 Mindful-		
	ness of Relationships 11 Participating		
	Mindfully in Relationships 12 Where		
	Have We Come From and Where Do		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	We Go From Here? Staying on Active		
	Pilot!'		
	Location/place of delivery		
	At the outpatient clinics		
	Describe comparison intervention		
	2 UC therapists, female doctoral-level		
	psychologists (with 3 and 4 years of		
	clinical experience, respectively) who		
	volunteered to work with the partici-		
	pants randomised to UC used treat-		
	ment strategies and procedures that		
	they regularly used and believed to		
	be effective -involving client-centred,		
	psychodynamic and family interven-		
	tions. Treatment did not follow a spe-		
	cific manual and were coded with		
	TPOCS-S to describe the treatment		
	strategies and how they differed from		
	m-CBT. The treatment also took		
	place across 12 weekly sessions, and		
	participants were also able to con-		
	tinue after posttest assessment.		
	Outcomes measured		
	Children and young people's health		
	and wellbeing outcomes		
	Depressive symptoms based on BDI-		
	Il scores from pre-treatment, sessions		
	1, 4, 8, 12 and posttreatment assess-		
	ment.		
	Satisfaction with services		
	Satisfaction, as measured by CSQ		
	and TEI at posttreatment assess-		
	ment.		

10. Trowell J, Kolvin I, Weeramanthri T et al. (2002) Psychotherapy for sexually abused girls: psychopathological outcome findings and patterns of change. The British journal of psychiatry: the journal of mental science 180: 234–47

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim 'To compare the relative efficacy of focused individual or group therapy in symptomatic sexually abused girls, and to monitor psychiatric symptoms for persistence or change' (p234).  Methodology RCT including cluster.  Country UK.  Source of funding Voluntary/charity - Mental Health Foundation Government - Department of Health.	Participants Children and young people - Sexually abused girls aged 6–14 years.  Sample characteristics: Age – Mean age 10 (sd=2.2). Sex – All participants were female. Ethnicity – White 45, Black Caribbean 8, Chinese 5, Mediterranean origin 4, unknown origin 2. Religion/belief – Not reported. Disability – Not reported. Long term health condition – Not reported. Sexual orientation – Not reported. Socioeconomic position – Not reported. Socioeconomic position – Not reported. Type of abuse – Sexual abuse. Total 30 girls were abused by a parent, 28 had more than one abuser, 39 had more than 10 abuse incidents and 27 had experienced abuse of more than 2 years duration. Total 12 girls had experienced touching with or without clothes, 27 genital touching or simulated intercourse, 32 oral, anal or vaginal penetration. Looked after or adopted status - 49 living with families of origin 19 in	Effect sizes Children and young people's health and wellbeing There are several difficulties with reporting findings from this paper: - Effect sizes have only been reported where they exceed 0.5 - the reviewing team query the validity of this It is unclear whether standard deviations reported in the tables refer to the raw scores, or increase/decreases in scores - Potentially linked to the above, when the reviewing team has attempted to recalculate effect sizes based on data provided in the tables, different estimates are obtained Results tables show only changes in scores across measures, rather than raw data. In Table 3 it is states that 'high scores represent the most impairment', yet scores appear to increase for both groups at each time point, suggesting that impairment worsened throughout the intervention. Text elsewhere in the document suggests that this is a typo.  A - Univariate analysis 1. K-SADS Data do not appear to be reported  2. Kiddie Global Assessment Scale Note: Effect sizes have been calculated for these variables as none are reported in the paper. Year 1 follow up: Both individual and group therapy conditions showed an improvement in scores, with no	Overall assessment of internal validity  Overall assessment of external validity  However, lack of reporting in relation to ethical approval is a concern.  Overall validity score  Lack of clarity regarding statistical analysis, including calculation of effect sizes, and unclear presentation of data are significant limitations in this study.

homes  Unaccompanied asylum seeking, refugee or trafficked children – Not reported.	significant difference between groups (effect size cal- culated by reviewing team d=0.07) Year 2 follow up: Both individual and group therapy conditions showed an improvement in scores, with no significant difference between groups (effect size cal- culated by reviewing team d=-0.05)	
Individual therapy, n=36 Intervention numbers - Group therapy - n=35. Sample size - n=71.  Intervention Describe intervention Group therapy plus carer work: Psychoeducational and psychotherapeutic group led by 2 co-therapists. Up to 18 group sessions, each involving around 5 girls. Each group was focused on a pre-arranged topic, with notebooks, task sheets and play materials. Supervision was provided to co-therapists after each session. Carers were worked with separately, sometimes in carers' group but these had some difficulties' (p238). Describe comparison intervention Individual therapy plus carer support: Individual weekly therapy sessions lasting 50 minutes, for up to 30 sessions. Early sessions (first phase) were an engagement phase, next 15	Exit from study: Both individual and group therapy conditions showed an improvement in scores, with no significant difference between groups (effect size calculated by reviewing team d=-0.02)  3. PTSD  Note: We have used effect sizes as reported in the paper for these variables.  3.1 Re-experiencing of traumatic events Year 1 follow up: Both individual and group therapy conditions showed an improvement in scores, with greater improvements in the individual therapy group with medium effect size (d=0.60) Year 2 follow up: Both individual and group therapy conditions showed an improvement in scores, with greater improvements in the individual therapy group with medium to large effect size (d=0.79) Exit from study: Both individual and group therapy conditions showed an improvement in scores, with greater improvements in the individual therapy group with medium effect size (d=0.65).  3.2 Persistent avoidance of stimuli Year 1 follow up: Both individual and group therapy conditions showed an improvement in scores, with greater improvements in the individual therapy group with medium to large effect size (d=0.66) Year 2 follow up: Both individual and group therapy conditions showed an improvement in scores, with	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	to the particular child, final 10 focused on separation and ending. Carers seen by social workers every 2 week. Supervision provided every other week.  Outcomes measured Children and young people's health and wellbeing outcomes Children assessed at baseline, one year and 2 years. Measures used: 1. Schedule for Affective Disorders and Schizophrenia for School-age Children (K-SADS) (Chambers et al. 1985) 2. Assessment of global impairment of functioning (social, psychological or school functioning) using Kiddie Global Assessment Scale (K-GAS) (Chambers et al. 1985) 3. PTSD scale (Orvaschel 1989).	greater improvements in the individual therapy group with small to medium effect size (d=0.36) Exit from study: Both individual and group therapy conditions showed an improvement in scores, with greater improvements in the individual therapy group with medium effect size (d=0.60).  B- Multivariate analysis It is unclear how this has been carried out, particularly as only one F term has been calculated for each dependent variable, despite two independent variables being included in the analysis (condition and placement type). Table 4 appears to present significant data only.  4. PTSD dimensions 4.1 Re-experiencing of traumatic events The relationship between intervention condition and re-experiencing, with K-GAS impairment measure (presumably at baseline) entered as a covariate found that being in the individual therapy group was significantly related to improvements on the re-experiencing trauma scale at first year follow-up (F=4.3, p<0.05), second year follow-up (F=7.5, p<0.01) and at exit from the study (F=7.3, p<0.03).  4.2 Persistent avoidance of stimuli The relationship between intervention condition and persistent avoidance of stimuli, with K-GAS impairment measure (presumably at baseline) entered as a covariate found that being in the individual therapy group was significantly related to improvements on the re-experiencing trauma scale at first year follow-up (F=5.5, p<0.03).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		C - Change irrespective of therapy The study found that there was a significant improvement in overall functioning in both groups over time (as measured by K-GAS) with a substantial shift from the category of 'major' or 'serious' impairment at baseline to lesser categories in year 1 (chisquare=76.0, p<0.001), and across all time points (chi-square test for most severe 2 categories, and least severe two categories at year one =14.8, p<0.001; chi-square test for most severe two categories, and least severe two categories at year two=29.9, p<0.001).  The study also found that there was a significant shift (as measured using McNemar's test) in the numbers of young people with general anxiety (p<0.01, no effect size reported), depression (p<0.001, no effect size reported) and separation anxiety (p<0.001, no effect size reported).	

Research question 17 – What is the impact of social and psychological interventions responding to female genital mutilation? (Prevention of impairment)

No eligible studies found.

Research question 18 – What is the impact of social and psychological interventions responding to forced marriage? (Prevention of impairment)

No eligible studies found.

Research question 19 – What is the impact of social and psychological interventions responding to child trafficking? (Prevention of recurrence, prevention of impairment)

No eligible studies found.

Research question 20 – What aspects of professional practice support and hinder effective response to children and young people who are experiencing, or have experienced, child abuse and neglect?

## Research question 20 – Critical appraisal tables

1. Beckett H, Brodie I, Factor F et al. (2013) 'It's wrong ... but you get used to it' - A qualitative study of gang-associated sexual violence towards, and exploitation of, young people in England. London: Office of the Children's Commissioner for England

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. The research	scribed?	question match the review	validity:
team conducts individual inter-	Clear. Under each direct quote, it	question?	++
views with young people (n=150);	is clear where data was collected,	Yes. The study explores 150	Very comprehensive, effective
11 focus groups with professionals	whether they are a young person	young people's and 76 profes-	study with detailed findings that
(n=76); and 8 single-sex focus	or professional and age of partici-	sional's responses to gang-associ-	are summarised into recommen-
groups (n=38). The comprehen-	pant (if individual interview). The	ated sexual violence and exploita-	dations. The methodology has
sive methods section details the	individual interviews with young	tion. The purpose is to understand	dealt appropriately with the ethics
rationale for interviewing partici-	people (n=150) contain detailed	the prevalence and experiences of	and risk associated with the sub-
pants because of the sensitive na-	characteristics, however the focus	young people: chapter 4 is rele-	ject matter, and the research team
ture of the topic and to follow an	groups held with professionals	vant to research question because	have ensured the voice of the
ethical protocol. In addition, safe-	(n=74) and young people (n=38),	it explores barriers that hinder	child is at the heart of the report.
guarding concerns have been ex-	it is unclear on the characteristics	young people formally disclosing.	
plored.	of these participants.		Overall assessment of external
		Has the study dealt appropri-	validity:
Is the study clear in what it	Was the sampling carried out in	ately with any ethical concerns?	++
seeks to do? Clear. The forward	an appropriate way? Appropri-	Yes. Ethical approval was gained	The study meets all criteria and
from Sue Berelowitz, Chief Execu-	ate.	from 4 different Research Ethics	has dealt effectively with ethical
tive, Office of the Children's Com-	Very clear that participants were	Committees and relevant local ap-	considerations. In addition, the in-
missioner details the context of	recruited via agencies that were	provals were obtained within each	terview guide was co-produced
the research: very little is known	supporting young people to mini-	research site. The research team	with the YPAG to make questions
about the prevalence of sexual vi-	mise risk. The authors state the	was accountable to a Research	age appropriate.
olence and exploitation within	potential for 'bias into the sample -	Project Advisory Group, a Young	Overell velidity, vetings
gangs by children and young peo-	and excludes other potential par-	People's Advisory Group and local	Overall validity rating:
ple against other children and	ticipants with valid contributions to	Multi-agency Advisory Groups in	An excellent thereugh empirical
young people. The purpose is to	offer - it was felt that the risks of	each research site.	An excellent, thorough empirical
understand through interviews	engaging those outside of ser-		study which meets its research
			aim and details implications for

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
with young people and professionals' experiences to better inform national and local policy.  How defensible/rigorous is the research design/methodology? Defensible. Very thorough research design and methodology which was governed and reviewed by a number of different bodies: Research Project Advisory Group' and Site specific Multi-agency Advisory Groups. Qualitative interviews were conducted with 150 young people; 11 focus groups with 76 professionals; and eight single-sex focus groups with 38 young people. There is a detailed breakdown of the 150 young people who participated in individual interviews, however the focus group held with professionals and young people is not descriptive.  How well was the data collection carried out? Appropriately. Data collection section is thorough and the research team explained the measures to ensure the participants comfortability by facilitating the young people to talk in the third person, unless they wanted to actively choose otherwise, i.e. conversational manner using the	vices could not be adequately negated within a time-limited, largescale, multi-site project such as this' (p12).  Were the methods reliable? Somewhat reliable. The data is collected by one method, which were qualitative interviews.  Are the data 'rich'? Rich. The research team cite references to where each finding was collected which helps contextualise responses to each participant. There are limitations as explored: 'Due to the flexibility built into the interviewing process, not all issues were covered with all of these interviewees' (p14).  Is the analysis reliable? Reliable. Qualitative interviews were thematically analysed using NVivo 8, which underpin the findings in the research. The research team explain the executive decision to generally prioritise the young persons' voice to be presented in the report.  Are the conclusions adequate? Adequate. The narrative findings of the voice and experience of	Were service users involved in the study? Yes. In order to use age-appropriate research questions, the Young People's Advisory Group co-produced the interview schedule.  Is there a clear focus on the guideline topic? Yes. The relevant section is Chapter 4.2 where young people and professionals state factors that hinder disclosure: confusion about what actually constitutes sexual violence and exploitation; the acceptance of sexual violence and exploitation; and low levels of reporting and seeking support from professionals, i.e. judgement by others, lack of faith in services, perception of police and absence of conviction.  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. 150 Young people's experience of gang-associated sexual violence and exploitation, and professionals (n=76) who have experience/specialism working with sexual violence and exploitation.	practice and policy on a local and national level.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
interview schedule as a framework for discussion. There is effective consideration of the commitment to maintaining participants' confidentiality and anonymity. An ethical protocol was developed on the basis of 'no harm should come to any individual as a result of their agreement to facilitate or take part in the work' (p12).	participants contextualise the current knowledge and prevalence of sexual violence and exploitation in gangs. The relevant section to disclosure (Chapter 4) concludes that from the aim of 'identifying learning for embedding more effective systematic response to these issues in the future Prompted responses to these are now presented in the form of recommendations' (p51). The recommendations are structured to address national and local policy, which in the context of presenting findings from 6 different localities in England, map the issue with scope to respond.	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Young people were selected because they were/had received support from services, and professionals from statutory services were interviewed i.e. social care, police, and education.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Chapter 4 relates to barriers to professionals for young people disclosing sexual violence and exploitation.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes. 'The research aimed to consider: the scale and nature of gang-associated sexual violence and exploitation in 6 areas of England; the main pathways into gang-related sexual violence and exploitation for young people living in these neighbourhoods; and potential models for an effective multiagency response to the issue' (p6).  Does the study have a UK perspective? Yes. Study is carried out in 6 different research areas.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		For confidentiality purposes the	
		sites are not named but do 'reflect	
		a broad range of experiences of	
		working with gangs and different	
		demographic profiles' (p6).	

2. Burgess C, Daniel B, Scott J et al. (2012). Child neglect in 2011: an annual review by Action for Children in partnership with the University of Stirling. Watford: Action for Children

University of Stirling. Watford: Action for Children				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis			
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal	
<b>priate?</b> Appropriate. The authors	scribed?	question match the review	validity:	
conduct 12 focus groups with 114	Not sure. Little information.	question?	-	
professionals to across 6 local au-		Yes. The relevant section in the	The annual review has carried out	
thorities. The aim of the focus	Was the sampling carried out in	report is part two where data from	12 focus groups which include 114	
group was to 'gather more in-	an appropriate way? Not sure.	professionals is gathered about	representatives from different	
depth information about preva-	Not reported.	what would help neglected chil-	agencies, however the findings	
lence, recognition and response in	_	dren.	and conclusions are 'somewhat	
relation to neglect' (p25). Partici-	Were the methods reliable? Re-		convincing' because there is diffi-	
pants were in-formed in advance	liable. Data is collected by 2 meth-	Has the study dealt appropri-	culty in identifying or contextualis-	
as to topics of discussion at focus	ods - focus group and surveys -	ately with any ethical concerns?	ing who said what. There is no	
group. The author states that	and findings are justified within the	No. Not reported.	consideration of limitations or the-	
meetings were recorded and de-	data collected.		ory underpinning focus groups.	
tailed notes were taken. There is		Were service users involved in		
no theoretical discussion as to the	Are the data 'rich'? Mixed. The	the study? No. Service users did	Overall assessment of external	
purpose of conducting focus	annual review has stated that par-	not co-produce this report.	validity:	
groups.	ticipants in focus group and sur-	la dia a a ala a fara a a a dia	+   O = ==   ==   ==   ==   ==   ==   ==	
	vey represent a broad range of	Is there a clear focus on the	Overall, study meets most of the	
Is the study clear in what it	agencies, however without a	guideline topic?	quality criteria however the study	
seeks to do? Clear.	breakdown of representatives, it is	Yes. What helps support young	is not co-produced and there is no	
How defensible/rigorous is the	difficult to distinguish where the in-	people.	ethical consideration.	
How defensible/rigorous is the	formation came from. At present,	le the study population the	Overall validity rating:	
research design/methodology? Somewhat defensible. The annual	data appears anecdotal and there is no context to the narrative find-	Is the study population the	Overall validity rating:	
Somewhat defensible. The annual		same as at least 1 of the groups	The annual review meets the aim	
	ings.	covered by the guideline? Yes.	THE AIRDALTEVIEW HICELS LIFE AIRD	

Internal validity - approach and	t
sample	

review is descriptive about the local authorities and participants (n=117) who were invited to focus groups, however a limitation is that there is not a clear sample method or demographic information so it is difficult to make generalisations.

How well was the data collection carried out? Not sure/inadequately reported. Not enough detail on structure of data collection.

## Internal validity – performance and analysis

Is the analysis reliable? Somewhat reliable The project team state that data has been 'analysed in depth to look for emerging themes in the same way as the qualitative information from the survey above' (p26). The detail in the survey analysis is that openended questions were grouped under over-arching themes and headings, with particular points of interest highlighted, as it was not possible to include everything. This process of analysis is not underpinned by theory or is not rigorous and the author has not considered the methods to be subject to bias.

## Are the findings convincing?

Somewhat convincing. Similar to the analysis, without a clear framework identified and the authors stating that they could not 'include all the detailed information' (p26), it is difficult to form a base of judgement on whether the findings are reliable.

# Are the conclusions adequate? Somewhat adequate. Again, the conclusions highlight overarching themes but there is no consideration of limitations or clarity where

## **External validity**

The population of the annual review, in part, is based on professionals working across agencies experience and views of what helps and hinders support services working with neglected children.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Intervention is delivered across all agencies that come into contact with children, i.e. schools and children's social care.

Does the study relate to at least 1 of the activities covered by the guideline? Yes. Relates to response.

(For views questions) Are the views and experiences reported relevant to the guideline? Yes. The aim is to 'gauge the current situation with regard to neglect and monitor the effects of changes in national and local policy' (p5).

Does the study have a UK perspective? Yes. The review is carried out across 6 local authorities within the UK.

### Overall validity rating

through the research design and mixed method data collection approach. The findings are representative of a large sample of professionals that work with children who are at the frontline for identifying and responding to child neglect. However, there is little information about consent of participants or what geographical region data is collected, so caution to generalise. Conclusions are difficult to see as reliable because the analysis is 'somewhat reliable'. In addition no ethical consideration. Furthermore, the findings are relatively brief including anecdotal accounts of unspecified respondents, so challenge is contextualising data.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	data is from, i.e. police officer or		
	social worker, hence making con-		
	clusions difficult or reliable.		

3. Children's Commissioner (2015) Protecting children from harm: A critical assessment of child sexual abuse in the family network in England and priorities for action. London: Office of the Children's Commissioner for England

Internal validity – performance	External validity	Overall validity rating
and analysis	•	
Quant comp descript A (includ-	a. Does the study's research	Overall assessment of internal
ing incidence or prevalence	question match the review	validity
study without comparison	question?	-
group; case series or case re-	Partly. Overall aim of the study is	
port)		Overall assessment of external
•		validity
	_	+
familial child sexual abuse.	•	
	·	Overall validity score
	_	
<u>-</u>	· · · · · · · · · · · · · · · · · · ·	Little methodological information
	'	provided, particularly regarding
•	,	survey distribution, response rates
	,	and representativeness of result-
·	questions.	ing sample. Limited consideration
vey were recruited.	lles the study dealt servers:	of ethical issues in reporting.
_	• • • • • • • • • • • • • • • • • • • •	
tills ill tile report.	,	
Are measurements annronriate	• • • • • • • • • • • • • • • • • • • •	
, ,		
	· · ·	
	•	
	Quant comp descript A (including incidence or prevalence study without comparison group; case series or case re-	a. Does the study's research question match the review question?  Partly. Overall aim of the study is to assess the scale and nature of child sexual abuse in the family environment in England. Some aspects of this are relevant to our review question. We have extracted data in relation to recognition and disclosure (sections 14.1, 14.2 and 14.3) and the impact of intervention (section 15.3), as these relate most closely to our review questions.  Is the sample representative of the population under study? Unclear. There is no analysis of this in the report.  Has the study dealt appropriate ately with any ethical concerns? Partly. The ethical approach for the study is outlined in Appendix A. However, this did not include getting ethical approval for the study. There is also no mention of how informed consent was ob-

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Is there an acceptable response		
Is appropriate consideration	rate (60% or above)?	Were service users involved in	
given to how findings relate to	Unclear. No response rate re-	the study? No. Service users in-	
researchers' influence; for ex-	ported - unclear how many individ-	volved as participants, but do not	
ample, though their interactions	uals were asked to complete the	appear to have been involved in	
with participants? N/A.	survey.	designing, conducting or interpret-	
	-	ing study. No mention of service	
Qualitative comp 2	Is the mixed-methods research	users on advisory panel of inde-	
Which component?	design relevant to address the	pendent experts.	
Site visits.	qualitative and quantitative re-		
	search questions (or objec-	Is there a clear focus on the	
Are the sources of qualitative	tives), or the qualitative and	guideline topic? Yes.	
data (archives, documents, in-	quantitative aspects of the		
formants, observations) rele-	mixed-methods question?	Is the study population the	
vant to address the research	Partly. Mixed method design ap-	same as at least 1 of the groups	
question?	propriate, but study does not	covered by the guideline?	
Yes.	make it clear what the relative	Partly.	
	contributions of different aspects	Views given by adult survivors and	
Is the process for analysing	were expected to be (e.g. oral evi-	professionals working with sex-	
qualitative data relevant to ad-	dence hearings compared to focus	ually abused children and young	
dress the research question?	groups).	people.	
Yes. Standard pro forma used to			
collect and analyse data.	Is the integration of qualitative	Is the study setting the same as	
	and quantitative data (or re-	at least 1 of the settings cov-	
Is appropriate consideration	sults) relevant to address the	ered by the guideline? Yes.	
given to how findings relate to	research question? Yes.		
the context, such as the setting,		Does the study relate to at least	
in which the data were col-	Is appropriate consideration	1 of the activities covered by	
lected?	given to the limitations associ-	the guideline? Yes. Study in-	
No. Little contextualisation of any	ated with this integration, such	cludes information relevant to	
differences between sites.	as the divergence of qualitative	recognition (Q6) and response	
	and quantitative data (or re-	(Q20).	
Is appropriate consideration	sults)?		
given to how findings relate to		(For views questions) Are the	
		views and experiences reported	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
researchers' influence; for ex-	No. Little consideration of limita-	relevant to the guideline?	
ample, though their interactions	tions of survey approach in gen-	Partly. Although important to note	
with participants? No.	eral.	that, due to age of some of the	
		survivors involved in the research,	
Qualitative comp 3		experiences of services may re-	
Which component?		flect past service arrangements	
•			
Oral evidence hearings.		and practice.	
Are the sources of qualitative		Does the study have a UK per-	
data (archives, documents, in-		spective? Yes. England.	
formants, observations) rele-		'	
vant to address the research			
question?			
Yes.			
163.			
Is the process for analysing			
qualitative data relevant to ad-			
dress the research question?			
Yes. Analysis according to themes			
identified elsewhere in the re-			
search.			
Is appropriate consideration			
given to how findings relate to			
the context, such as the setting,			
in which the data were col-			
lected?			
No. No consideration given to, for			
,			
example, differences in perspec-			
tive between voluntary and statu-			
tory organisations.			
Is appropriate consideration			
given to how findings relate to			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
researchers' influence; for ex-			
ample, though their interactions			
with participants?			
No.			

4. Cossar J, Brandon M, Jordan, P (2011) 'Don't make assumptions': children's and young people's views of the child protection system and messages for change. London: Office of the Children's Commissioner

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed?	question match the review	validity:
	Clear. The United Nations Con-	question?	+
Is the study clear in what it	vention on the Rights of the Child	Yes. Children and young people's	
seeks to do? Clear.	(UNCRC); the UK Children Act	views of the child protection sys-	Overall assessment of external
	1989; Working Together to Safe-	tem.	validity:
How defensible/rigorous is the	guard Children 2010 UK.		++
research design/methodology?		Has the study dealt appropri-	
Defensible. This approach also al-	Was the sampling carried out in	ately with any ethical concerns?	Overall validity rating:
lowed the children to expand on	an appropriate way? Somewhat	Yes. Ethical approval for the re-	+
areas of personal interest to them	appropriate. Children and young	search was obtained from the Uni-	
which they thought important.	people fitting the criteria were re-	versity of East Anglia's School of	
	ferred by the 2 participating agen-	Social Work and Psychology Eth-	
How well was the data collec-	cies. A flyer and covering letter for	ics Committee. Consent of the	
tion carried out? Appropriately.	the child was sent in a letter ad-	parent was sought before the child	
Methods of data collection in-	dressed to the parent. Follow-up	was approached.	
cluded individual activity-based in-	phone calls were made by local		
terviews carried out by adult re-	authority workers who passed on	Were service users involved in	
searchers and one workshop run	the names of children and families	the study? Yes. Participants were	
by a combination of adult and	who were willing to take part in the	children under protection plan. A	
young researchers. A group of	research to the research team.	group of young people in one of	
young people in one of the partici-	The vast majority of participants	the participating authorities was	
pating authorities was consulted	were recruited at this stage.	consulted by the research team	
by the research team about the		about the design of the recruit-	
design of the recruitment materi-	Were the methods reliable?	ment materials. All the young peo-	
als.	Reliable. Individual activity-based	ple attending received a £20	

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	interviews, workshops. Workshop	voucher in recognition of their time	
	materials and methods were de-	and effort.	
	veloped in collaboration with the		
	young researchers who delivered	Is there a clear focus on the	
	the workshop alongside adult re-	guideline topic? Yes. Children	
	searchers.	and young people's views of the	
		child protection system.	
	Are the data 'rich'? Rich.		
		Is the study population the	
	Is the analysis reliable? Relia-	same as at least 1 of the groups	
	ble. Interview data and workshop	covered by the guideline?	
	material were recorded and then	Yes. Children and young people	
	transcribed, and analysed qualita-	under child protection plan.	
	tively using thematic analysis. In		
	addition to the interview transcript	Is the study setting the same as	
	researchers wrote notes about	at least 1 of the settings cov-	
	their visit to each child. The quali-	ered by the guideline? No. Not	
	tative data analysis software pack-	clear (this is not an intervention	
	age was used (NVivo 8). A coding	study). Interviews carried out in	
	guide was developed on themes	homes of the children.	
	arising from a detailed considera-		
	tion of 2 of the interviews. Inter-	Does the study relate to at least	
	view data were coded by 1 of 3 re-	1 of the activities covered by	
	searchers, allowing further analy-	the guideline? Yes.	
	sis of key themes and preserving	Views and experiences of children	
	a sense of the complexity of each	under child protection plan.	
	child's situation. Some basic facts,		
	such as how many children had	(For views questions) Are the	
	seen their child protection plan,	views and experiences reported	
	were gathered from the interviews	relevant to the guideline?	
	and these were entered on SPSS.	Yes.	
	Themes from the workshop were		
	written up and arranged according	Does the study have a UK per-	
	to the research questions.	spective? Yes. One local author-	
		ity and one London borough, UK.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Are the findings convincing?		
	Convincing.		

# 5. Devaney J (2008) Inter-professional working in child protection with families with long-term and complex needs. Child Abuse Review 17, 242–61

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed?	question match the review	validity:
	Unclear.	question? Yes. Exploring views	+
Is the study clear in what it		and experiences of professional	
seeks to do? Clear.	Was the sampling carried out in	practice in child protection.	Overall assessment of external
	an appropriate way? Not sure.		validity:
How defensible/rigorous is the	Purposive sampling	Has the study dealt appropri-	++
research design/methodology?		ately with any ethical concerns?	
Defensible.	Were the methods reliable?	Yes. Approval for the study was	Overall validity rating:
	Somewhat reliable	provided by the Ethics Committee	+
How well was the data collec-		of Queen's University Belfast in	
tion carried out? Appropriately. A	Are the data 'rich'? Rich.	2002. To protect the identity of in-	
semi-structured interview sched-		terviewees, generic titles have	
ule was devised to guide the inter-	Is the analysis reliable? Relia-	been used in this paper to indicate	
view process. The interviews	ble.	the role and discipline of the re-	
lasted on average 75 minutes	Content analysis.	spondent.	
(range: 40–105 minutes) and were			
digitally recorded and subse-	Are the findings convincing?	Were service users involved in	
quently transcribed into a word	Convincing.	the study? No.	
processing package. The data			
were then subjected to a content	Are the conclusions adequate?	Is there a clear focus on the	
analysis, assisted by the computer	Adequate.	<b>guideline topic?</b> Yes. Exploring	
software package QSR NVivo 2.0.		views and experiences of profes-	
		sional practice in child protection.	
		Is the study population the	
		same as at least 1 of the groups	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	covered by the guideline? Yes.	
		Child welfare professionals.	
		Is the study setting the same as	
		at least 1 of the settings cov-	
		ered by the guideline? No. Set-	
		ting not relevant in this context	
		Does the study relate to at least	
		1 of the activities covered by	
		the guideline? Yes. Professional	
		practice.	
		(For views questions) Are the	
		views and experiences reported	
		relevant to the guideline?	
		Yes. Views and experiences of child welfare professionals.	
		Ciliu wellare professionals.	
		Does the study have a UK per-	
		spective?	
		Yes. Belfast, NI.	

6. Franklin A and Doyle L (2013) Still at risk: a review of support for trafficked children. London: The Children's Society

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Qualitative comp 1	Quant comp descript A (includ-	Does the study's research	Overall assessment of internal
Which component?	ing incidence or prevalence	question match the review	validity
Qualitative in-depth interviews	study without comparison	question?	+
with children and young people	group; case series or case re-	Partly. To assess mechanisms in	
identified as trafficked or sus-	port)	place to support trafficked or sus-	Overall assessment of external
pected trafficked.	Which component?	pected trafficked children and the	validity
	Online surveys of local authorities.	role of professionals	++
		,	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
Sample Are the sources of qualitative	and analysis Is the sampling strategy rele-	Has the study dealt appropri-	Overall validity score
data (archives, documents, in-	vant to address the quantitative	ately with any ethical concerns?	+
formants, observations) rele-	research question (quantitative	Yes. Approved by The Children's	T
vant to address the research	• • • • • • • • • • • • • • • • • • • •		
	aspect of the mixed-methods	Society ethics committee. With the	
question?	question)? Unclear. Not reported.	child's permission, supplementary information about their individual	
Yes. In-depth interviews with traf-	le the comple representative of		
ficked children and young people.	Is the sample representative of	circumstances and contacts with	
le the present for englysing	the population under study?	agencies were collected from the	
Is the process for analysing	Unclear. Not reported.	voluntary sector staff working with	
qualitative data relevant to ad-	Ave messerinements supremiets	them. Time was spent with the	
dress the research question?	Are measurements appropriate	child to ensure that they under-	
Yes. Data collected from face-to-	(clear origin, or validity known,	stood and agreed with any infor-	
face qualitative interviews with	or standard instrument)?	mation shared. Each child who	
children were digitally recorded,	Unclear. Not reported.	took part was given £20 in recog-	
fully transcribed and then themati-		nition of the time they had given,	
cally coded and analysed. Inter-	Is there an acceptable response	and all travel expenses were reim-	
views lasted a maximum of an	rate (60% or above)?	bursed.	
hour, and again with the child's	No. 34%.	Ware consider tracks involved in	
permission, supplementary infor-		Were service users involved in	
mation about their individual cir-	Is the mixed-methods research	the study? No.	
cumstances and contacts with	design relevant to address the		
agencies were collected from the	qualitative and quantitative re-	Is there a clear focus on the	
voluntary sector staff working with	search questions (or objec-	guideline topic? Yes. To assess	
them. Time was spent with the	tives), or the qualitative and	mechanisms in place to support	
child to ensure that they under-	quantitative aspects of the	trafficked or suspected trafficked	
stood and agreed with any infor-	mixed-methods question?	children and the role of profes-	
mation shared. Each child who	Yes. Mixed methods: 1. Qualita-	sionals.	
took part was given £20 in recog-	tive in-depth interviews with chil-		
nition of the time they had given,	dren and young people identified	Is the study population the	
and all travel expenses were reim-	as trafficked or suspected traf-	same as at least 1 of the groups	
bursed.	ficked 2. Online surveys of local	covered by the guideline? Yes.	
	authorities 3. Telephone inter-	Trafficked children, child protec-	
Is appropriate consideration	views with key stakeholders.	tion professionals, e.g. social	
given to how findings relate to		workers etc.	
the context, such as the setting,			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
in which the data were col-	Is the integration of qualitative	Is the study setting the same as	
lected?	and quantitative data (or re-	at least 1 of the settings cov-	
Yes. To offset the fact that some	sults) relevant to address the	ered by the guideline? Partly.	
children might be intimidated, in-	research question? Yes. The in-	Children were interviewed at pro-	
terviews were undertaken in an in-	tegration of quantitative and quali-	ject locations as these are a	
formal manner, conducted by a	tative data (results) to identify ar-	known safe, supportive and com-	
worker from within the organisa-	eas for improvement and high-	fortable environment for them.	
tion through which the young per-	lights issue requiring further re-		
son had been recruited. An ethi-	search. Survey data cleaned and	Does the study relate to at least	
cally robust and supportive envi-	analysed using SPSS (Statistical	1 of the activities covered by	
ronment was created to minimise	Package for Social Science). Data	the guideline? Yes. Child traffick-	
any possible distress to the young	collected from the telephone inter-	ing.	
person, and they were interviewed	views and face-to-face qualitative		
at project locations as these are a	interviews with children fully tran-	(For views questions) Are the	
known safe, supportive and com-	scribed and then thematically	views and experiences reported	
fortable environment for them.	coded and analysed.	relevant to the guideline? Yes.	
	5 2 la ammanuiata canaidanatian	Door the study hours a LIV year	
Is appropriate consideration	5.3 Is appropriate consideration given to the limitations associ-	Does the study have a UK per- spective? Yes. Children trafficked	
given to how findings relate to researchers' influence; for ex-	ated with this integration, such	into the UK from Burundi, Demo-	
ample, though their interactions	as the divergence of qualitative	cratic Republic of Congo, Ethiopia,	
with participants? Yes. To offset	and quantitative data (or re-	Ghana, Guinea, Ivory Coast, Nige-	
the fact that some children might	sults)?	ria and Vietnam and a South	
feel intimidated, the interviews	Unclear.	American country.	
were undertaken in an informal	Officical.	American country.	
manner, conducted by a worker			
from within the organisation			
through which the young person			
had been recruited. An ethically			
robust and supportive environ-			
ment was created to minimise any			
possible distress to the young per-			
son, and they were interviewed at			
project locations as these are a			

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
known safe, supportive and comfortable environment for them.			
Qualitative comp 2 Which component? Telephone interviews with key stakeholders.			
Are the sources of qualitative data (archives, documents, informants, observations) relevant to address the research question?  Yes. Telephone interviews data.			
Is the process for analysing qualitative data relevant to address the research question? Yes.  Data collected from the telephone interviews were fully transcribed and then thematically coded and analysed.			
Is appropriate consideration given to how findings relate to the context, such as the setting, in which the data were collected? Unclear.			
Is appropriate consideration given to how findings relate to			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
researchers' influence; for ex-			
ample, though their interactions			
with participants? Unclear.			

7. Ghaffar W, Manby M, Race T (2012) Exploring the experiences of parents and carers whose children have been subject to child				
protection plans. British Journal of Social Work 42: 887–905				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis			
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal	
<b>priate?</b> Appropriate. Qualitative	scribed?	question match the review	validity:	
interviews are appropriate be-	Clear. Very comprehensive con-	question?	++	
cause the researchers aimed to	sideration of demographic context	Yes. The study has a direct rele-	Study meets most criteria with	
gain an in-depth account of expe-	of research participants including	vance to responding to child	clear, balanced findings, analysis	
riences.	details that impacted on their par-	abuse and neglect because it	and conclusion. Methodology is	
	enting, hence statutory interven-	seeks to explore parents' experi-	thorough and the data is collected	
Is the study clear in what it	tion: domestic abuse (n=25); men-	ences whose children have been	from large sample group (n=47).	
seeks to do? Clear. The aim was	tal health (n=25); drugs/alcohol	subject to child protection plans.		
to 'explore parents' experiences of	(n=21); management of child's be-		Overall assessment of external	
child protection systems, including	haviour (n=18); financial problems	Has the study dealt appropri-	validity:	
information provided, assess-	(n=17); disability (n=12); childhood	ately with any ethical concerns?	++	
ments, case conferences and core	adversity (n=6); community (n=5);	Yes. The research design re-		
groups; their experiences of con-	and housing issues (n=4).	ceived detailed scrutiny and ap-	The study meets the topic ques-	
sultation and support; and their		proval from the Ethics Committee	tion.	
views about factors impacting on	Was the sampling carried out in	at 1 of the universities involved in	Overall validity rating:	
their ability to parent their children'	an appropriate way? Appropri-	the study.	++	
(p891). The findings offer implica-	ate.			
tions for practice.	Eligible parents were compiled by	Were service users involved in		
	each of the 3 local authorities to	the study? No. Service users did		
How defensible/rigorous is the	maintain confidentiality. Reasons	not co-produce the study.		
research design/methodology?	cited for not being eligible were			
Defensible. Thorough research	ongoing court proceedings, threat	Is there a clear focus on the		
design that received detailed scru-	of violence or serious health is-	guideline topic? Yes. Parents		
tiny and approval from the Ethics	sues. The purposive sampling was	and carers whose children have		
Committee at one of the universi-	to broadly represent the diversity	been subject to child protection		
ties involved. Confidentiality was		plan.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
upheld by having a contact with	of local populations and to include		
each local authority who com-	both mothers and parents.	Is the study population the	
prised a list of eligible parents.		same as at least 1 of the groups	
Each interview followed a semi-	Were the methods reliable?	covered by the guideline? Yes.	
structured approach, and parents	Reliable. Qualitative interviews	Parents and caregivers, child	
could choose the location of the	with 47 participants (from 42 fami-	abuse and neglect.	
interview and all requested to be	lies) where researchers used a		
interviewed in their own home.	detailed interview schedule pre-	Is the study setting the same as	
Harring the data called	pared and piloted prior to the start	at least 1 of the settings cov-	
How well was the data collec-	of the research project. Little detail	ered by the guideline? Yes.	
tion carried out? Appropriately.	is provided on what the pilot con-	Sample is from 3 local authorities	
The author's state that the study is based on uncorroborated self-re-	sists of.	in North England.	
port data from parents/carers,	Are the data 'rich'?	Does the study relate to at least	
however given the research aim to	Rich. Narrative findings describe	1 of the activities covered by	
explore the parents/carers per-	parents and caregivers (n=47)	the guideline? Yes. Child protec-	
spective on child protection sys-	whose children have been subject	tion.	
tems this is appropriate.	to child protection plans' positive	tion.	
tome the leappropriate.	and negative experience of statu-	(For views questions) Are the	
	tory intervention. The data is	views and experiences reported	
	clearly described in so far as	relevant to the guideline?	
	whose perspective is presented	Yes. The aim is to conduct qualita-	
	i.e. mother/father/couple.	tive interviews with 42 families	
	,	(n=47 parents/caregivers) and the	
	Is the analysis reliable?	response they received from stat-	
	Reliable. Research team used N-	utory services - 3 local authorities	
	Vivo software to enable system-	in Northern England.	
	atic coding of data and reliability		
	was ensured by three researchers	Does the study have a UK per-	
	examining coding themes emerg-	spective? Yes - 3 local authorities	
	ing from transcripts.	in Northern England.	
	Are the findings convincing?		
	Convincing. Presentation of find-		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	ings are suitably in the child protection process, where data is collected from participants about their experience. Additionally, findings are balanced, ensuring both positive and negative experiences are illuminated in text depending on how many participants agreed/disagreed.		
	Are the conclusions adequate? Adequate. Large sample group and corroborate previous studies with similar findings (Baistow and Hetherington 1998). Limitations are recognised in discussion as 'no claims are made that the views of parents interviewed in this study are generally representative of parents in the child protection sys- tem' (p901).		

8. Hackett A (2013) The role of the school nurse in child protection. Community Practitioner 86: 26–9

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. The authors	scribed?	question match the review	validity:
conduct 6 individual interviews	Clear. Participants are based in a	question?	+
with school nurses' and school	school in 2 geographical areas in	Partly. Some findings relate to the	Thorough research design and
nurse team leaders to determine	Scotland.	review question: nurses discus-	analysis process that explores
what is currently known about		sion of role confusion in child pro-	school nurses perception on safe-
child protection and aims to iden-	Was the sampling carried out in	tection as well as skills to help re-	guarding duties. The conclusions
tify gaps in knowledge. The study	an appropriate way? Appropri-	spond to child abuse and neglect	make recommendations for further
is clear that it was limited by time	ate.	_	

## Internal validity – approach and sample

and could not interview more professionals' despite having 11 volunteer participants.

Is the study clear in what it seeks to do? Clear. The study has a clear aim and provides a detailed implications and recommendations for practice.

# How defensible/rigorous is the research design/methodology?

Defensible. The methodology is rigorous: detailed description of the research participants (school nurses, n=6); where the participants were chosen and why there is limited interviews (time constraints); ethical approval processes, despite not needing to do so due to the study considered as a service evaluation; how interviews were carried out; and the topic guide adopted to aid thematic analysis.

How well was the data collection carried out? Appropriately. Interviews were semi-structured and conducted between February and March 2012 at various health board premises which typically lasted between 45 minutes to 90 minutes. The authors provide a

## Internal validity – performance and analysis

The study includes a detailed methods section that states the research participants were school nurses'/nurse leaders' (n=6), which explains their qualification time and education. In addition, the author's state how they were limited by time so could not use all the 11 volunteer participants and used purposive sampling from 2 geographical regions.

Were the methods reliable? Somewhat reliable. Data is collected by 1 method - qualitative face-to-face interviews.

Are the data 'rich'? Mixed. Findings are presented into 3 key themes: role confusion; learning in practice; and moving forward. The paper is 4 pages long so very short, which means findings are limited and selective. The data supports each finding.

#### Is the analysis reliable?

Reliable. 'The data were analysed thematically. Data analysis commenced at the end of the first interview when notes were made and transcription began. The completed transcription were read several times to aid familiarity and re-

## **External validity**

concerns. Moreover, the study focusses on training needs and learning processes. Due to the study being small scale and undertaken in only 1 health board area in Scotland, transferability and generalisability of the findings are limited.

Has the study dealt appropriately with any ethical concerns?

Yes. Ethical approval was not required as the study was considered to be service evaluation. Permission was granted by the local NHS, and the university research and ethics committee.

Were service users involved in the study? No. The study was not co-produced.

Is there a clear focus on the guideline topic? Yes. The study aim is to explore school nurses' perception when identifying and responding to child protection concerns within educational setting.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Professionals: School nurses' and school nurse team

leaders.

### Overall validity rating

training needs. There are limitations in that it is a small sample of school nurses (n=6) and open to bias due to the representation of participants from only 2 health boards, not the whole of UK.

## Overall assessment of external validity:

+

The paper has met most of our criteria, however as a small scale study and brief findings with limited transferability and generalisability due to one locality in Scotland, the conclusions and implication for practice are relevant to area of study.

### Overall validity rating:

+

Paper is limited and small scale (n=6), however comprehensive research design that links findings with recommendations. Caution to generalise findings.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
detailed topic guide to elicit partici-	duce the data aiding the identifica-		
pant's perspective on current	tion of themes. Upon completion	Is the study setting the same as	
knowledge/training/perception of	of this stage a coding index was	at least 1 of the settings cov-	
safeguarding and the school	developed and applied to the tran-	ered by the guideline?	
nurses role. Interviews were digi-	scripts. Subsequently, thematic	Yes. Education setting.	
tally recorded and transcribed ver-	charts were developed for each of		
batim by researcher. Notes were	the themes. The final stage in-	Does the study relate to at least	
also made by research team after	volved mapping out the key	1 of the activities covered by	
each interview to explore themes	themes and interpreting and mak-	the guideline? Yes. The study re-	
and assist in data analysis pro-	ing sense of the data' (p27).	lates to school nurses' perception	
cess.	A 11 6" ! !	of child safeguarding in an educa-	
	Are the findings convincing?	tional setting.	
	Convincing. The focus of findings	(Familiana mastiana) Anatha	
	is to address additional training	(For views questions) Are the	
	needs for the locality where the re-	views and experiences reported	
	search is conducted. For the pur-	relevant to the guideline?	
	poses of a 'service evaluation',	Yes. The study details school	
	qualitative interviews are useful to	nurses' perception on what helps	
	determine gaps in knowledge and	and hinders responding to child protection concerns within an edu-	
	examples of best practice. How-	•	
	ever, as a small sample, generali-	cational setting. The findings demonstrate where school nurses	
	sability and transferability is limited.		
	itea.	experience role confusion and ef-	
	Are the conclusions adequate?	fective ways of working.	
	Adequate. The conclusion pre-	Does the study have a UK per-	
	sents learning recommendations	spective? Yes. Scotland.	
	and implications for practice	spective: 168. Scotland.	
	based on data collected from		
	small sample of school nurses		
	(n=6). The limitations are 'the		
	small sample is open to criticism		
	in that it may be biased, as school		
	nurses from one Community		
	Health Partnership area did not		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	participate in the study and their perceptions may have been different' (p29).		

9. Harper Z and Scott S (2005) Meeting the needs of sexually exploited young people in London. London: Barnardo's			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed?	question match the review	validity:
	Clear.	question?	+
Is the study clear in what it		Partly. Overall research questions	
seeks to do? Clear.	Was the sampling carried out in	do not match our review question,	Overall assessment of external
	an appropriate way? Not sure.	but contains some relevant infor-	validity:
How defensible/rigorous is the	Little information given regarding	mation and has been included due	+
research design/methodology?	how individual participants were	to overall paucity of evidence on	
Somewhat defensible. Unclear	sampled.	child sexual exploitation.	Overall validity rating:
how practitioner participants were			+
identified.	Were the methods reliable?	Has the study dealt appropri-	Study was conducted in 2005,
	Reliable.	ately with any ethical concerns?	which means the findings may be
How well was the data collec-		Partly. Thorough ethical protocol	somewhat outdated as awareness
tion carried out? Somewhat ap-	Are the data 'rich'? Mixed. Rela-	covering informed consent, confi-	of, and practice in relation to, CSE
propriately. Interview protocol pro-	tively good data from practitioner	dentiality, recording and storing	has changed considerably since
vided for practitioners but not	interviews, but analysis of input	data. However, no ethical ap-	that time. Relatively sparse report-
young people. Unclear how inter-	from young people relatively brief.	proval sought.	ing of interviews with children and
views were recorded.	la dia analasia adiabahan	W	young people.
	Is the analysis reliable?	Were service users involved in	
	Not sure/not reported. No mention	the study? No. Service users in-	
	of double coding of analysis.	volved as participants, but not in	
	Are the findings convincing?	designing, conducting or interpret-	
	Are the findings convincing?	ing study results.	
	Somewhat convincing.	Is there a clear focus on the	
	Are the conclusions adequate?	guideline topic? Yes.	
	Somewhat adequate.	guideline topic? Tes.	
	Somewhat adequate.		

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
•	•	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Children and young people at risk of or experiencing child sexual exploitation and professionals working with them.	
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. Contains information relevant to Recognition and Response.	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes.	
		Does the study have a UK perspective? Yes. England. However, important to note that study was conducted in 2005, since which time there has been much greater awareness of CSE, and	
		significant changes to practice.	

10. Izzidien S (2008) I can't tell people what is happening at home: domestic abuse within South Asian communities - the specific needs of women, children and young people. London: NSPCC

needs of women, children and young people. London: NSPCC				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis	-		
Is a qualitative approach appro-	Is the context clearly de- scribed?	Does the study's research	Overall assessment of internal	
priate? Appropriate. Seeking		question match the review	validity:	
views and experiences through in-	Not sure. Not reported adequately	question?	Not an availation on mode	
terviews and focus groups.	and difficult to know agencies of	Yes. Views and experiences of	Not enough information on meth-	
	professionals as appears to gen-	South Asian children and young	odology.	
Is the study clear in what it	erally be NSPCC domestic abuse	people affected by domestic		
seeks to do? Clear.	services staff. No contextual infor-	abuse, as well as practitioners and	Overall assessment of external	
	mation on young people and their	managers' experience of respond-	validity:	
How defensible/rigorous is the	findings are bullet point summar-	ing to needs.	+   Observators and to 196 a 196 b.	
research design/methodology?	ies.		Clear relationship with guideline	
Somewhat defensible. 30 inter-		Has the study dealt appropri-	topic and question, however no re-	
views with professionals, however	Was the sampling carried out in	ately with any ethical concerns?	ports on gaining ethical approval	
not sure how many interviewed in-	an appropriate way? Not sure.	No. Not reported.	or consent from participants.	
dividually or in a focus group. Six-	Unsure, not clear how sampling	Maria and the second and the	O	
teen interviews with 2 youth	was done.	Were service users involved in	Overall validity rating:	
groups, again little information on	We as the second and a Paking	the study? No. Not co-produced.	-	
how interviews were carried out.	Were the methods reliable?		Relevant findings to research	
How well was the data called	Somewhat reliable. One method -	Is there a clear focus on the	question, however with little meth-	
How well was the data collec-	interviews with young people	guideline topic? Yes. Children	odology it is difficult to contextual-	
tion carried out? Not sure/inade-	through focus group and inter-	and young people affected by do-	ise the experiences of service us-	
quately reported. Not reported ad-	views with professionals through	mestic abuse.	ers. Additionally, young peoples'	
equately.	interview and focus group, though		voice is lost in the report as only	
	not clear.	Is the study population the same as at least 1 of the groups	summarised at the end of chapter 3.	
	Are the data 'rich'? Not sure. Not	covered by the guideline? Yes.	J.	
	reported contextually so difficult to	Children and young people, as		
	determine the narrative and where	well as professionals working in		
	themes emerged.	the field of domestic abuse ser-		
	l liellies ellielyeu.	vices.		
	Is the analysis reliable? Not	VICES.		
	sure/not reported. Not reported.	Is the study setting the same as		
	Suicinot reported. Not reported.	at least 1 of the settings cov-		
		at least 1 of the settings cov-		

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Are the findings convincing?	ered by the guideline? Yes. Do-	
	Somewhat convincing. Clearly	mestic abuse services in voluntary	
	presented narrative findings with	sector. As well as a domestic	
	supported statements from practi-	abuse youth service.	
	tioners and managers. However, it		
	is difficult to contextualise where	Does the study relate to at least	
	the information is collected. Fur-	1 of the activities covered by	
	thermore, young peoples' voice is	the guideline? Yes. Child abuse	
	lost in a summary at the end of	and neglect.	
	chapter 3 so no direct quotes.		
		(For views questions) Are the	
	Are the conclusions adequate?	views and experiences reported	
	Adequate. Findings and conclu-	relevant to the guideline? Yes.	
	sions link well with implications for	Response to children and young	
	further practice and training needs	people affected by domestic	
	to support young people and chil-	abuse and their experiences of	
	dren suffering in South Asian com-	seeking help as well as difficulties	
	munities with domestic abuse.	in responding to this group of ser-	
	Good insight into the cultural barri-	vice users' needs.	
	ers and supported by practitioners		
	experience of supporting service	Does the study have a UK per-	
	users with these needs.	spective? Yes. England and	
		Wales.	

11. Kazimirski A, Keogh P, Kumari V et al. (2009) Forced Marriage Prevalence and Service Response. London: Natcen

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. Qualitative	scribed?	question match the review	validity:
research forms part of a wider	Not sure. An anonymised descrip-	question?	+
mixed methods study, but we	tion of each case study local au-	Partly. Part of study is looking at	
have extracted data from qualita-	thority is given in the Methods	prevalence of forced marriage (not	Overall assessment of external
tive element only.	section. When reporting findings,	relevant to review question) but	validity:
	differences between the local au-	part is looking at 'how services are	+
	thorities are reported, but not	currently responding to cases of	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is the study clear in what it	linked back to the initial descrip-	forced marriage' (p11). There is	Good relevance to question, but
seeks to do? Clear.	tion (e.g. referring to them as local	content relevant to recognition,	no consideration of ethical issues.
	authority A etc.).	early help and response.	
How defensible/rigorous is the			Overall validity rating:
research design/methodology?	Was the sampling carried out in	Has the study dealt appropri-	+
Somewhat defensible. Good justi-	an appropriate way?	ately with any ethical concerns?	
fication for selection of local au-	Not sure. Little information given	No. No ethical approval gained.	
thority case study areas. Less	regarding sampling approach.	No description of how consent	
clear how individual participants		was gained from professionals in-	
were sampled and recruited.	Were the methods reliable?	volved in the research. Whilst	
	Somewhat reliable. Only interview	there are less risks involved in in-	
How well was the data collec-	data used - not triangulated with	terviewing professionals, some	
tion carried out? Appropriately.	other sources of data.	may have been directly affected	
Use of topic guide, and all inter-		by issues around forced marriage,	
views digitally recorded.	Are the data 'rich'?	so consideration of consent and	
	Rich. Good exploration of different	support would have been benefi-	
	types of perspectives, although no	cial.	
	direct quotes from participants	W	
	used in research.	Were service users involved in	
	la tha analysia naliahla	the study? No.	
	Is the analysis reliable?	la thana a alaan faassa an tha	
	Reliable. Thematic analysis using	Is there a clear focus on the	
	specialist software, which allowed	guideline topic? Yes.	
	checking of extent to which inter-	le the etudy penuleties the	
	pretations of the data were shared across the research team.	Is the study population the	
	across the research team.	same as at least 1 of the groups covered by the guideline?	
	Are the findings convincing?	Yes. Professionals working with	
	Convincing.	young people at risk of, or experi-	
	Convincing.	encing, forced marriage. However,	
	Are the conclusions adequate?	it should be noted that some of the	
	Adequate.	professionals also worked with	
	, addado.	adults who were at risk of, or ex-	
		periencing forced marriage. How-	
		ever, the majority of the report is	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
		concerned with practice in relation	
		to children and young people.	
		Is the study setting the same as at least 1 of the settings covered by the guideline?	
		Does the study relate to at least	
		one of the activities covered by the guideline? Yes. Study has content relevant to recognition, early help and response.	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes.	
		Does the study have a UK perspective? Yes.	

12.McGee H, Garavan R, de Barra M et al. (2002) The SAVI report: Sexual Abuse and Violence in Ireland. Dublin: The Liffey Press in association with Dublin Rape Crisis Centre

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
Objectives of the study clearly	Describes what was measured,	Does the study's research	Overall assessment of internal
stated?	how it was measured and the	question match the review	validity
Yes.	results?	question?	+
	Yes.	Yes.	Lack of disaggregation of child-
Design			hood versus adulthood abuse pre-
Measures for contacting non-re-	Measurements valid?	Has the study dealt appropri-	sents a challenge in interpretation
sponders?	Yes.	ately with any ethical concerns?	of results.
Not reported.		Yes. Ethical approval from Royal	

Internal validity - approach and sample	Internal validity - performance and analysis	External validity	Overall validity rating
·	Measurements reliable?	College of Surgeons in Ireland.	Overall assessment of external
Research design clearly speci-	Yes.	Study monitoring group provided	validity
fied and appropriate?		ongoing oversight. Arrangements	++
Yes.	Measurements reproducible?	in place to ensure confidentiality	Overall validity score
	Yes.	and to manage participant dis-	+
Clear description of context?		tress, including offer of a follow-up	Lack of disaggregation of child-
Yes.	Basic data adequately described?	call.	hood versus adulthood abuse pre- sents a challenge in interpretation
References made to original	Yes.	Were service users involved in	of results.
work if existing tool used?		the study?	
Yes. Some items were based on	Results presented clearly, ob-	No. Service users involved as par-	
previous research, e.g. rape atti-	jectively & in enough detail for	ticipants only.	
tudes (e.g. Burt 1980), PTSD	readers to make personal		
measures (Andrykowski 1998).	judgements?	Is there a clear focus on the	
, ,	Partly. Results not always clearly	guideline topic?	
Reliability and validity of new	disaggregated in terms of those	Yes.	
tool reported?	who had experienced abuse as		
Not applicable	children, and those who had been	Is the study population the	
	sexually assaulted in adulthood.	same as at least one of the	
Survey population and sample		groups covered by the guide-	
frame clearly described?	Results internally consistent?	line?	
Yes. Sample frame - whole popu-	Yes.	Partly. Survey was of general pop-	
lation of Ireland, sampling by ran-		ulation, and included adult survi-	
dom digit dialling.	Data suitable for analysis? Yes.	vors of childhood sexual abuse.	
Representativeness of sample		Is the study setting the same as	
is described?	Clear description of data collec-	at least one of the settings cov-	
Yes.	tion methods and analysis?	ered by the guideline?	
	Yes.	Yes.	
Subject of study represents full			
spectrum of population of inter-	Methods appropriate for the	Does the study relate to at least	
est?	data?	one of the activities covered by	
Yes.	Yes.	the guideline?	
		Yes. Data in relation to Response	
		have been extracted here.	

Internal validity - approach and sample	Internal validity - performance and analysis	External validity	Overall validity rating
Study large enough to achieve its objectives, sample size esti-	Statistics correctly performed and interpreted?	Does the study have a UK per-	
mates performed? Yes.	No statistical analysis conducted.	spective? No. Republic of Ireland.	
All subjects accounted for? Yes.	Response rate calculation provided? Yes.		
All appropriate outcomes con-	Methods for handling missing		
sidered? Yes.	data described? Yes. Some imputation of missing data.		
Measures for contacting non-responders? None reported.	Difference between non-respon-		
Response rate 71.44%.	dants and respondants described? No.		
	Results discussed in relation to existing knowledge on subject and study objectives?  Yes. Study also draws on research and other studies under-		
	taken in Ireland.		
	Limitations of the study stated? Yes.		
	Results can be generalised? Yes.		
	Appropriate attempts made to establish 'reliability' and 'validity' of analysis?		

Internal validity - approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
	Not applicable. Not a psychomet-		
	ric survey.		
	Conclusions justified? Partly. Some findings cannot be disaggregated in to child and adult abuse when this would be helpful, for example regarding experiences of using services.		

13. McNaughton Nicholls C, Harvey S, Paskell C (2014) Gendered perceptions: what professionals say about the sexual exploitation of

	boys and young men in the UK. London: Barnardo's				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating		
sample	and analysis				
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal		
<pre>priate? Appropriate. Study notes</pre>	scribed?	question match the review	validity:		
that 'qualitative research enables	Unclear. Little information given	question?	+		
an in-depth exploration of social	about location of services from	Partly. The study has 4 research			
phenomena and practices, and is	which interviewees were recruited,	questions, 1 of which matches our	Overall assessment of external		
particularly suited to exploring	and little analysis of diversity in re-	review question which is: to 'sug-	validity:		
emerging and complex issues	sponses according to type of ser-	gest ways in which policy and	+		
(Lewis and McNaughton Nicholls,	vice or type of interviewee.	practice may be able to identify	UK study but only part of overall		
2014)' (p13).		and appropriately respond to male	research aim was relevant to our		
	Was the sampling carried out in	victims of CSE, as well as those at	review question.		
Is the study clear in what it	an appropriate way? Appropri-	risk' (p13). The other three ques-			
seeks to do? Clear.	ate.	tions are less relevant to this re-	Overall validity rating:		
	Purposive sampling to obtain a	view question and are: identify	+		
How defensible/rigorous is the	spread of geographical location,	perpetration and victimisation pro-	Only part of overall research aim		
research design/methodology?	professional settings, gender and	cesses apparent in male-victim	was relevant to our review ques-		
Somewhat defensible. Purposive	levels of experience.	CSE cases known to profession-	tion. Study is of reasonable qual-		
sampling of interviews to repre-	·	als - explore existing service provi-	ity, although limited exploration of		
sent a range of regions of Eng-	Were the methods reliable?	sion for boys and young men at	divergent perspectives across dif-		
land, types of service, seniority,	Somewhat reliable. Little detail re-	risk of or experiencing CSE - iden-	ferent types of interviewees.		
length of service and gender.	garding how online interviews	tify future research priorities (p13).			
	were conducted.				

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
How well was the data collection carried out? Somewhat ap-	Are the data 'rich'? Mixed. Little	Has the study dealt appropriately with any ethical concerns?	
propriately. Little information given regarding data collection. Some	consideration of divergence in perspectives along lines of geogra-	Yes. Ethical approval by NatCen's research ethics committee and	
participants were 'interviewed online' (p15) - unclear how this was conducted, and no analysis of	phy, professional background and so on.	clarity regarding how data would be presented and stored.	
the impact of this on data.	Is the analysis reliable? Somewhat reliable. Analysis conducted	Were service users involved in the study? No. The report makes	
	using NVivo software. Unclear if procedures such as double-coding of interviews was used.	occasional references to a young people's workshop. However, this is not described in the methods	
	Are the findings convincing? Convincing.	section. Any findings reported from this strand have therefore not been extracted here.	
	Are the conclusions adequate? Adequate.	Is there a clear focus on the guideline topic? Yes.	
		Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Professionals working with boys	
		and young men experiencing, or at risk of, sexual exploitation.	
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		the guideline? Yes.	
		Relates to recognition (and response).	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes.	
		Does the study have a UK perspective?	
		Yes. England.	

# 14. Pearce J (2011) Working with Trafficked Children and Young People: Complexities in Practice. British Journal of Social Work 41: 1424–40

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appropriate? Appropriate. 'Qualitative	Is the context clearly described?	Does the study's research question match the review	Overall assessment of internal validity:
research methods were used to	Clear. Paper details practitioners	question?	++
explore how practitioners under-	agency and how many are repre-	Yes.	Excellent, thorough study that
stood "trafficking", focusing on	sentatives.	The study explores professionals'	meets aims and objectives. Au-
how this influenced their identifica-		perspective of factors that help	thors have cited other studies to
tion of and work with trafficked	Was the sampling carried out in	and hinder effective response to	discuss the current complexities
children or young people' (p1427).	an appropriate way? Appropri-	trafficked children and young peo-	working with trafficked children
Large sample group (n=72) with	ate.	ple.	through interviewing 72 practition-
mixed professionals from various	Research team explicit that pur-		ers.
agencies.	posive sampling was adopted to	Has the study dealt appropri-	
	include practitioners with direct ex-	ately with any ethical concerns?	Overall assessment of external
Is the study clear in what it	perience working with trafficked	Yes. Ethical approval granted by	validity:
seeks to do? Clear. 'The re-	children and young people.	the University and NSPCC Ethics	++
search aimed to explore the differ-		Committee. Identity of children	

Internal	validity –	approach	and
sample			

ent ways that 'trafficking' 'is understood by a range of practitioners from different service agencies; - look at the obstacles that emerge when trying to identify trafficked young people; - chart the process through which a child or young person first gained access to a support agency; and - identify how the practitioner understood the immediate and longer-term needs of the children and young people concerned' (p1427).

## How defensible/rigorous is the research design/methodology?

Defensible. Three focus groups held across 3 sites with practitioners from different agency services (n=65) then research team carried out semi-structured interviews with practitioners (n=7) with purposeful sample technique to identify practitioners who currently work with trafficked children.

How well was the data collection carried out? Appropriately. Topics were initially piloted with experienced practitioners, then the research team conducted qualitative focus group and interviews. The interviews were digitally recorded and transcribed.

## Internal validity – performance and analysis

Were the methods reliable?
Somewhat reliable. Data collected one method - qualitative interviews.

Are the data 'rich'? Rich. Data collected in 3 areas in England to determine practitioner's knowledge and experience with trafficked children. All interviewees are anonymous which enabled honesty from participants - i.e. 'a cynic might say she was trying to get money out of us' (p1431).

#### Is the analysis reliable?

Reliable. Authors are explicit that transcripts from focus groups were manually thematically analysed by research team. Transcripts from individual interviews were recorded and analysed using NVivo software. These were then triangulated and the final draft report was circulated among the Advisory Group for comment.

### Are the findings convincing?

Convincing. Narrative accounts of practitioners experience and knowledge working with trafficked children and young people where examples of good and bad practice are explored. Findings are supported by other studies.

## **External validity**

was anonymised to maintain confidentiality. Participants signed consent.

Were service users involved in the study? No. Research not coproduced.

Is there a clear focus on the guideline topic? Yes. Professionals identifying and responding to trafficked children and young people.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Professionals in statutory service.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Local Authority.

Does the study relate to at least 1 of the activities covered by the guideline? Yes. Child abuse and neglect.

(For views questions) Are the views and experiences reported relevant to the guideline?
Yes. Professional's knowledge

Yes. Professional's knowledge and experience working with trafficked children and young people.

### Overall validity rating

Relevant study to research question with excellent ethical consideration.

#### Overall validity rating:

++

Most criteria are met and very comprehensive, in-depth findings.

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
	Are the conclusions adequate? Adequate. Research aims are met because the data enriches the discourse and identifies gaps in knowledge and practice. The authors conclude that there are still difficulties identifying and working with trafficked children and there needs to be a service review of practice so that this group of children and young people are not overlooked.	Does the study have a UK perspective? Yes. England.	

15. Pearce J, Hynes P, Bovarnick S (2009) Breaking the wall of silence: practitioners' responses to trafficked children and young people. London: NSPCC

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appropriate? Appropriate.	Is the context clearly described? Clear. Contextual data provided	Does the study's research question match the review question?	Overall assessment of internal validity:
Is the study clear in what it seeks to do? Clear.	for the 3 research sites.  Was the sampling carried out in	Partly. Study has a range of research questions. The following were judged to be relevant to our	Overall assessment of external validity:
How defensible/rigorous is the research design/methodology? Defensible. Good rationale given for why children and young people not directly involved. Substantial	an appropriate way? Somewhat appropriate. Purposive sampling used for interviews. Practitioner focus groups and case files appear to be convenience sampled,	review questions: Recognition: 2. Explore the obstacles that might emerge to identifying the numbers of young people trafficked in the three areas. Response: 7. Identify	++ Overall validity rating: ++ Thorough data collection, analysis
How well was the data collection carried out? Appropriately. Focus groups and interviews guided by a specific set of topics	characteristics of both samples well described.  Were the methods reliable? Reliable.	how the professionals feel these needs are best met. 8. Where possible, identify perceptions of how the children/young people feel these needs are best met. We	and reporting.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
and digitally recorded. Data recorded from case files using an agreed template.	Are the data 'rich'? Rich. Very detailed analysis, drawing out good distinctions between UK chil-	considered questions 2 to be relevant to our review question on Recognition, and 7 and 8 to be rel-	
agreed template.	dren who are trafficked and children trafficked from abroad.	evant to our review question on Response.	
	Is the analysis reliable? Reliable. Focus group data analysed by 2 members of research team. Thematic analysis cross-checked between 2 staff members. Interview data analysed using NVivo. Case files do not appear to have been double coded.  Are the findings convincing? Convincing.	Has the study dealt appropriately with any ethical concerns? Yes. Ethical approval for the research project was given by the University of Bedfordshire, School of Applied Social Studies Ethics Committee and by the NSPCC Ethics Committee (p47). Carried out in accordance with ESRC and British Sociological Association guidelines and Barnardo's Research ethics.	
	Are the conclusions adequate? Adequate.	Were service users involved in the study? No. Children and young people were not directly involved - information gathered via analysis of case files. This was due in part to ethical issues associated with involving them in the research.  Is there a clear focus on the guideline topic? Yes.	
		Is the study population the same as at least 1 of the groups covered by the guideline? Yes.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		Trafficked children and practitioners working with them.	
		Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
		Does the study relate to at least 1 of the activities covered by the guideline? Yes. There is material relating to Recognition and Response.	
		Does the study have a UK perspective? Yes. England.	

16. Rees G, Gorin S, Jobe A et al. (2010) Safeguarding young people: Responding to young people 11 to 17 who are maltreated. London: The Children's Society

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. Study seeks	scribed?	question match the review	validity:
to explore young people's views	Clear. Characteristics of young	question?	+
and experiences.	people is described thoroughly	Yes. The aim of the study is to ex-	(When taking in to account addi-
	and the author provides contextual	plore 'access to, and initial re-	tional info from Jobe and Gorin)
Is the study clear in what it	information collected at interviews	sponses of, services for young	The study does not have a rigor-
seeks to do? Clear. Clear re-	about the maltreatment. There is a	people with potential maltreatment	ous methodology or consideration
search question relating to young	balanced ratio of female/male par-	to promote protective re-	of limitations. Presentation of in-
people's views on seeking and re-	ticipants involved in the study	sponses for this target group' (p7).	formation is difficult to ascertain
ceiving help. The aim is to better	(10:14) who represent a diverse	The section relevant to this review	where data is collected making
understand the experiences of	locality, background and ethnicity.	question is entitled young peoples'	conclusions challenging to draw.
young people to better meet the	The limitations of conducting inter-	experience of seeking help.	In addition, there is discrepancy in
needs of young people and im-	views with young people is dis-		young people's age as referred in
prove the safeguarding system.	cussed in-depth where the authors	Has the study dealt appropri-	text to both: 11–17; and 11–18.
	give a clear explanation for their	ately with any ethical concerns?	

Internal validity – approach and	
sample	

Implications for practice are discussed in conclusion.

How defensible/rigorous is the research design/methodology? Defensible. A qualitative design is appropriate given the research question.

How well was the data collection carried out? Appropriately. The study says that interviews were recorded and transcribed. Study reports that interviews were carried out face to face, that they asked young people about seeking help, being referred to CSC and subsequent responses, and recorded with young person consent.

# Internal validity – performance and analysis

decision making process, although it is not clear on their sampling techniques. There is consideration of bias, 'our findings may arguably be a partial representation of events as we are unable to present the views or recollections of any of the professionals' young people refer to' (p432).

Was the sampling carried out in an appropriate way? Somewhat appropriate. Sample appears to be a convenience sample, rather than aiming to be representative of particular categories, however there is diversity of age, gender and ethnic background within the sample. Unclear how young people were selected for interview.

Were the methods reliable? Somewhat reliable. The data was collected by 1 method which was qualitative interviews.

#### Are the data 'rich'?

Mixed. The authors state they have explored participants that represent a different locality, background and ethnicity, however there is no recognition of how different young people access a service i.e. the study includes 5 Unaccompanied Asylum Seekers

## **External validity**

Yes. The research had ethical approval from the Institute for Research in the Social Sciences Ethics Committee, University of York and the Association of the Directors of Children's Services.

Were service users involved in the study? No. Service users did not contribute or co-produce the research.

Is there a clear focus on the guideline topic? Yes. The population of the study is qualitative interviews with young people who discuss their experience of disclosure.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. The participants of the study are 11–17 year old young people who are experiencing statutory support for maltreatment.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Local authority.

Does the study relate to at least 1 of the activities covered by

### Overall validity rating

# Overall assessment of external validity:

++

Study relates to question of exploring young peoples' views and experiences of response from children's services and what helped/hindered effective support.

### Overall validity rating:

+

The study is suitable for scope and the findings enrich discussion about barriers to young people disclosing sexual abuse. Drawing on additional information from Jobe and Gorin (2013), where the research design is more informed, the findings are more convincing as data is richer and analysis is clearer.

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	with little recognition that they	the guideline? Yes. The aim ex-	
	might have a different experience	plores 24 young people (11–17)	
	of disclosing. The narrative find-	who have been referred to Chil-	
	ings of the young people make it	dren's Social Care Services in	
	difficult to distinguish where the in-	England and have received statu-	
	formation came from. The authors	tory support. The paper has a par-	
	do not state the number of young	ticular focus on the young peo-	
	people that experience what and	ples' experience of disclosing and	
	how so difficult to contextualise	seeking help for maltreatment.	
	and responses are not compared		
	or contrasted across groups.	(For views questions) Are the	
		views and experiences reported	
	Is the analysis reliable?	relevant to the guideline?	
	Somewhat reliable.	Yes. The study includes 1 section	
	Authors report that they used	entitled 'young people's experi-	
	NVivo and done a thematic analy-	ences of seeking help'. Interviews	
	sis.	have contributed to the findings	
	Are the findings convincing?	which are reported to be divided into 4 categories: the difficulties	
	Somewhat convincing	with seeking help; seeking help	
	There is relatively little presenta-	from peers; seeking help from	
	tion of the data analysis on which	family members; seeking help	
	to base a judgement of whether	from professionals. The other sec-	
	the findings are reliable. There is	tions of the paper are not relevant	
	also little consideration of diversity	to the current review question.	
	in views, for example the experi-	to and carrent remem queenem	
	ences of children who had sought	Does the study have a UK per-	
	asylum.	spective? Yes. Young people are	
		accessed from 6 English local au-	
	Are the conclusions adequate?	thority areas and represented a	
	Somewhat adequate	range of ethnic backgrounds and	
	The conclusions draw out over-	ages.	
	arching themes, without consider-		
	ing diverse experiences within the		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	group, e.g. the children who had		
	sought asylum.		

17. Richardson Foster H, Stanley N, Miller P et al. (2012) Police intervention in domestic violence incidents where children are present: police and children's perspectives. Policing & Society 22: 220–34

Internal validity - approach and	perspectives. Policing & Society 22 Internal validity - performance	External validity.	Overall validity rating.
sample.	and analysis.	External validity.	Overall validity fathing.
		Doos the study's receased	Overall assessment of internal
Is a qualitative approach appro-	Is the context clearly de- scribed?	Does the study's research	
priate? Appropriate.		question match the review	validity:
	Unclear. Not reported.	question?	<del>†</del>
Is the study clear in what it	Man the consulting consider and in	Yes. Views and experiences of	O
seeks to do? Clear. To assess	Was the sampling carried out in	children on police intervention in	Overall assessment of external
the views and experiences of chil-	an appropriate way? Somewhat	domestic violence and police pro-	validity:
dren on police interventions in do-	appropriate. Young people were	fessional practice in response to	++
mestic violence; and police and	contacted via a range of organisa-	domestic violence (his study was	_
social workers professional prac-	tions providing support for children	a mixed methods study examining	Overall validity rating:
tice in their response.	who had experienced domestic vi-	quantitative file data, prevalence	+
	olence. (No further details on sam-	and nature of domestic abuse and	
How defensible/rigorous is the	pling and response etc.). No de-	qualitative data - only the qualita-	
research design/methodology?	tails on how police officers re-	tive data on views and experi-	
Defensible.	cruited.	ences were data extracted to an-	
		swer the review question).	
How well was the data collec-	Were the methods reliable?		
tion carried out? Appropriately.	Somewhat reliable. Limited details	Has the study dealt appropri-	
Interviews and 5 focus groups	available.	ately with any ethical concerns?	
(Children and young people), in-		Yes. Ethical concerns resulted in	
terviews (Police)	Are the data 'rich'? Rich.	the 3 groups of participants	
		(young people, adult survivors and	
	Is the analysis reliable?	perpetrators of domestic violence)	
	Somewhat reliable. Thematic	being recruited separately so that	
	analysis of all interview data using	members of the participant groups	
	NVivo software to assist with data	had no relationship to one an-	
	sorting and storage. Qualitative	other. Informed consent proce-	
	data analysed thematically using	dures were adopted for all inter-	
	acta analysed themateany demig	views and ethical approval was	
		views and curious approval was	

Internal validity - approach and sample.	Internal validity - performance and analysis.	External validity.	Overall validity rating.
•	standard approaches to qualitative	provided by the University of Cen-	
	analysis -limited details available	tral Lancashire's Ethics Commit-	
		tee. All participants are anony-	
	Are the findings convincing? Convincing.	mised in this paper.	
	3	Were service users involved in	
	Are the conclusions adequate? Adequate.	the study? No.	
	4	Is there a clear focus on the	
		guideline topic? Yes. Part of the	
		study was to assess views and ex-	
		periences of children on police in-	
		terventions in domestic violence	
		and police professional practice in	
		response to domestic violence.	
		Is the study population the	
		same as at least 1 of the groups	
		covered by the guideline? Yes.	
		Children witnessing domestic vio-	
		lence, and police response on do-	
		mestic violence.	
		Is the study setting the same as	
		at least 1 of the settings cov-	
		ered by the guideline? Yes. As-	
		sumed to be in police stations.	
		Does the study relate to at least	
		1 of the activities covered by	
		the guideline? Yes. Child abuse	
		and neglect in the context of do-	
		mestic violence, professional prac-	
		tice of police officers.	

Internal validity - approach and	Internal validity - performance	External validity.	Overall validity rating.
sample.	and analysis.		
		(For views questions) Are the	
		views and experiences reported	
		relevant to the guideline?	
		Yes.	
		Does the study have a UK per-	
		spective?	
		Yes.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate. Study seeks</pre>	scribed?	question match the review	validity:
to explore experiences of young	Clear. The characteristics of par-	question?	+
people and in some instances	ticipants are clearly detailed and a	Partly. Study includes views from	The study postulates that there
their parent's perspective of the	representation of their de-	young people (n=9) and in 6 in-	are limitation in the small scale
sexual assault disclosure journey.	mographics are compared against	stances their parents and caregiv-	study (n=9) and its generalisabil-
	the majority of service users that	ers perspective on reporting sex-	ity, however the experiences shine
Is the study clear in what it	the SARC support, e.g. p135 titled	ual offences to one police service	a spotlight on hard to reach
seeks to do? Clear. Interviews	'Representativeness of the Re-	in England.	groups such as young people who
lasted 1 hour and all participants	spondents' where the SARC's da-		have been sexually assaulted.
understood the purpose of the re-	tabase of referrals contained de-	Has the study dealt appropri-	The sample is from a SARC who
search to gain: 'a more in-depth	tails of 201 survivors aged 14–16.	ately with any ethical concerns?	has supported the survivors which
understanding of the interviewees'		Yes. There is no legal requirement	opens the study to potential bias.
perceptions and experiences of	Was the sampling carried out in	to gain parental consent before	
the SARC, the criminal justice pro-	an appropriate way? Somewhat	asking individuals under 16 to par-	Overall assessment of external
cess as a whole, and their recom-	appropriate. Through coordinating	ticipate in social research, how-	validity:
mendations for improving future	with a local SARC, the authors	ever the research team adopted a	+
practice' (p135).	have preserved confidentiality of	children's rights position which	Overall, study meets most of the
	the participants', as well as ensur-	gives the young person the oppor-	quality criteria however caution to
How defensible/rigorous is the	ing comfort through enabling the	tunity to state whether they wish to	generalise the UK as the study is
research design/methodology?	participants' to choose where they	participate in the research. Partici-	based in 1 area where participants
Somewhat defensible. The study	would like to be interviewed. The	pants signed a consent form.	are collected from a Sexual As-
			sault Referral Centre and this is

Internal	validity – approach and
sample	

provides a breakdown of the participants although the predominance of female interviewees is a possible limitation. The author is clear where the participants were recruited: a Sexual Assault Referral Centre (SARC) in one area in the UK. The SARC was responsible for recruiting participants' who sent letters to survivors of sexual assault in order to maintain confidentially, that had used their service. Eighteen responded however a limitation is the small scale study interviewed 9 survivors.

How well was the data collection carried out? Appropriately.

# Internal validity – performance and analysis

SARC has determined the recruitment of participants' because it is deemed to know the survivors best and the study states 'some youth were eliminated from the pool because the young person had not given permission to contact them or the SARC thought they lacked "sufficient age and understanding", were too vulnerable to take part, or had not yet completed counselling' (p134). Consequently, purposive sampling has a limitation of potential bias.

Were the methods reliable? Somewhat reliable. Qualitative interviews.

Are the data 'rich'? Rich. Narratives of young survivors are anonymised and their experiences are explored through the pseudonym, i.e. Tammy or Amy. The participant's demographics and experiences are clearly detailed and it is apparent where participants' positive and negative experiences' are portrayed.

**Is the analysis reliable?** Not sure/not reported. Data analysis is not reported.

### **External validity**

Were service users involved in the study? No. However, the study is conducted with a Sexual Assault Referral Centre.

Is there a clear focus on the guideline topic? Yes. This paper has a focus on young people reporting sexual assault to the police and their experience of the police recognising and responding to the disclosure.

Is the study population the same as at least 1 of the groups covered by the guideline? Yes. The study aims to gather the experiences of young people and their parents on the sexual abuse disclosure journey to the police.

Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Sexual Assault Referral Centre.

Does the study relate to at least 1 of the activities covered by the guideline? Yes. The study covers the response to young people disclosing sexual assault to the police.

### Overall validity rating

written 13 years ago so unsure if SARC still exist.

### Overall validity rating:

+

Findings are relevant in part to the research question, however as small scale study there is a limitation in generalising conclusions. The authors' discourse suggests that young people have little participation or choice throughout the disclosure journey and are not informed about the process enough so makes recommendations on the findings presented in the study to be more supportive and inclusive. Furthermore, there is no information about the analysis of findings.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample			
sample	Are the findings convincing? Somewhat convincing. The narrative findings are presented through the disclosure journey of the young survivor disclosing sexual assault to the police. The findings are balanced to present positive and negative experiences, however with little information about analysis, it is unclear where the themes derived.  Are the conclusions adequate? Somewhat adequate. The conclusions support previous adult rape and victims generally (see Hoyle & Zender 2007), however, because of the young person's age, the overarching premise is the survivor feels disempowered and has little choice in what happened to them throughout the disclosure process. The findings support this with data gathered from interviews with the young people. Due to the small-scale, the conclusions are	(For views questions) Are the views and experiences reported relevant to the guideline? Partly. The young people and their parents comment upon their experience of disclosing sexual assault once the case has been finalised.  Does the study have a UK perspective? Yes. SARC/Police based in one area in the UK.	

19. Smeaton E (2013) Running from hate to what you think is love: the relationship between running away and sexual exploitation. Ilford: Barnardo's and Paradigm Research

Ilford: Barnardo's and Paradigm Research			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Qualitative comp 1	Quant comp descript A (includ-	Does the study's research	Overall assessment of internal
Which component?	ing incidence or prevalence	question match the review	validity
Consultation with young people	study without comparison	question?	-
with experience of running away	group; case series or case re-	Yes. Study explores professional	
and CSE while under the age of	port)	practice in relation to both recogni-	Overall assessment of external
16.	Which component?	tion (Q6) and response (Q20).	validity
	Consultation with professionals		+
Are the sources of qualitative	working with children and young	Has the study dealt appropri-	Could be more detailed descrip-
data (archives, documents, in-	people experiencing CSE (sur-	ately with any ethical concerns?	tion of how addressed ethical is-
formants, observations) rele-	vey).	Partly. Study was scrutinised and	sues.
vant to address the research		approved by the Barnardo's Re-	
question?	Is the sampling strategy rele-	search Ethics Committee. One of	Overall validity score
Yes.	vant to address the quantitative	the principles of the research is	-
	research question (quantitative	given as 'ensuring informed con-	Survey of services is entirely of
Is the process for analysing	aspect of the mixed-methods	sent and assent' (p12), however	voluntary sector services, and it is
qualitative data relevant to ad-	question)?	no details are given about how	unclear whether interviewed pro-
dress the research question?	Partly. Respondents recruited via	consent was obtained. Considera-	fessionals represented a wider
Yes. Thematic analysis of each	the NWG Network's newsletter.	tion is given to any needs/issues	range of services - the voluntary
young person's story, then sec-	No consideration of possible gaps	raised during the research and	sector perspective of the research
ond-stage thematic analysis of	that this strategy might leave. All	how these will be addressed.	is not highlighted or justified in the
common themes.	organisations were voluntary sec-		research methodology. Little con-
	tor organisations (although 2 were	Were service users involved in	sideration in the findings of how
Is appropriate consideration	based within the statutory sector) -	the study? No. Service users in-	contextual and demographic fac-
given to how findings relate to	it is not clear in the methodology	volved as participants, but not in	tors shape participant responses.
the context, such as the setting,	whether this was intentional or	conducting or analysing the re-	
in which the data were col-	simply a product of who re-	search.	
lected?	sponded.		
No. Little consideration given to		Is there a clear focus on the	
variation in the experiences of	Is the sample representative of	guideline topic?	
young people by gender, age, eth-	the population under study?	Yes.	
nicity and so on. Also unclear how	Partly. Poor response rate - 28 or-		
their localities impacted their ex-	ganisations responded from 500	Is the study population the	
perience.	contacts - suggesting possible	same as at least 1 of the groups	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	bias in favour of most motivated	covered by the guideline?	
Is appropriate consideration	respondents.	Yes. Children and young people at	
given to how findings relate to		risk of or who have experienced	
researchers' influence; for ex-	Are measurements appropriate	sexual exploitation, and profes-	
ample, though their interactions	(clear origin, or validity known,	sionals working with sexually ex-	
with participants? No.	or standard instrument)?	ploited young people.	
	N/A. Qualitative questions rather		
Qualitative comp 2	than measures.	Is the study setting the same as	
Which component?		at least 1 of the settings cov-	
Consultation with professionals	Is there an acceptable response	ered by the guideline?	
working with children experiencing	rate (60% or above)?	Yes	
CSE (telephone interviews).	No. Response rate appears to be		
	5.6% (28 responses from 500 con-	Does the study relate to at least	
Are the sources of qualitative	tacts), which is poor.	1 of the activities covered by	
data (archives, documents, in-		the guideline?	
formants, observations) rele-		Yes. Study relates to Q6 and Q20.	
vant to address the research			
question?		(For views questions) Are the	
Partly. Professionals working with		views and experiences reported	
young people experiencing run-		relevant to the guideline?	
ning away and CSE appropriate.		Yes.	
However, unclear if all relevant			
sectors were represented - job ti-		Does the study have a UK per-	
tles suggest that they were mainly		spective? Yes. England.	
in the voluntary sector.			
Is the process for analysing			
qualitative data relevant to ad-			
dress the research question?			
Yes. Two-stage analysis.			
1.3 Is appropriate consideration			
given to how findings relate to			
the context, such as the setting,			

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
in which the data were collected?  No. Little consideration of how different localities, types of service and so on affected findings.			
Is appropriate consideration given to how findings relate to researchers' influence; for example, though their interactions with participants? No.			

20. Stalker K, Green Lister P, Lerpiniere J et al. (2010) Child protection and the needs and rights of disabled children and young people: a scoping study: abridged report. Glasgow: University of Strathclyde

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate - 10 inter-</pre>	scribed?	question match the review	validity:
views were carried out with key in-	Not sure. Not reported.	question?	-
formants to seek views on the ef-		Yes. The aim of the interviews	No information on data analysis,
fectiveness of policy and practice	Was the sampling carried out in	were to 'explore current debates	collection or how findings are con-
in meeting the needs of disabled	an appropriate way? Appropri-	and issues regarding child protec-	textualised. Does provide an over-
children. The intention was to in-	ate.	tion and disabled children, seek	view of what is currently known
terview respondents from the	Authors state that the participants	views on the effectiveness of pol-	and meets research aims.
whole of the UK, but the author	were purposive selected to enable	icy and practice in meeting the	
states that there were high profile	the appropriate professionals and	needs of disabled children and	Overall assessment of external
child abuse cases at the time, so	policy makers to enrich the data to	thus help identify key questions for	validity:
resources were stretched. Eight	meet research aims.	further research' (p7).	+
representatives from Scotland and	_		Meets criteria. The participants
2 from England were the final	Were the methods reliable?	Has the study dealt appropri-	generally represent Scotland
sample.	Not sure. Not reported.	ately with any ethical concerns?	(n=8) so caution to generalise the
		Yes. Ethical approval was ob-	UK.
Is the study clear in what it	Are the data 'rich'?	tained from the University of	
seeks to do? Clear. Clear aims	Not sure. Not reported.	Strathclyde Ethics Committee. Ad-	Overall validity rating:
and objectives.			-

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
How defensible/rigorous is the research design/methodology? Somewhat defensible. Little infor-	Is the analysis reliable? Not sure/not reported. Not reported.	ditionally, participants gave consent and choice on whether to partake.	Poor research design with little information about how data is collected, analysed and thus, conclusions are difficult to draw.
mation on the research design.	Are the findings convincing? Somewhat convincing. The study	Were service users involved in the study? No. Service users did	
How well was the data collection carried out? Not sure/inade-	seeks to illuminate current de- bates and issues regarding child	not co-produce the report.	
quately reported. Not reported.	protection and disabled people, however as small sample of prac- titioners working in central govern- ment and policy makers (n=10),	Is there a clear focus on the guideline topic? Yes. Child protection and disability.	
	findings are limited to good and bad practice locally. Additionally, ' there is a high level of consistency in several of the key find-	Is the study population the same as at least 1 of the groups covered by the guideline? Yes.  Professionals and policy makers	
	ings arising from different parts of the study - the research review, the policy analysis and the key in-	working within the child protection field.	
	formant interviews' (p21).	Is the study setting the same as at least 1 of the settings cov-	
	Are the conclusions adequate? Somewhat adequate. Little information on how data is collected,	ered by the guideline? Yes. Child protection.	
	analysed and concluded so unsure where themes arise and if it is anecdotal to local practice. The	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Child protec-	
	study includes a small section about 'pilot methods of seeking	tion.	
	disabled children's views', how- ever this is not reported because it	(For views questions) Are the views and experiences reported	
	has methodological rather than	relevant to the guideline? Yes.	
	substantive findings.	The 10 interviews are relevant because the aim is to explore child	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
		protection for children with disabilities and highlights gaps within the field.	
		Does the study have a UK perspective? Yes. Interviews with 2 informants from England and 8 in Scotland. Caution to generalise the whole of the UK as the research team were unable to gain interviews with representatives from Wales or Ireland.	

21. Stanley N, Miller P, Richardson Foster H (2012) Engaging with children's and parents' perspectives on domestic violence. Child and Family Social Work 17: 192–201

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate. Study seeks</pre>	scribed?	question match the review	validity:
to understand service users' expe-	Unclear. Little information regard-	question?	-
riences of responses to domestic	ing to the 2 research sites. Also,	Partly. Focus of the research is on	
violence.	important to note that some young	the process of domestic violence	Overall assessment of external
	people were recruited from groups	notifications, which relates more to	validity:
Is the study clear in what it	outside the research sites - these	service configuration rather than	+
seeks to do? Clear.	are also not described.	specific interventions. However,	
		we have extracted data in relation	Overall validity rating:
How defensible/rigorous is the	Was the sampling carried out in	to young people and their caregiv-	-
research design/methodology?	an appropriate way? Not sure.	ers' views on various services.	Very little information given re-
Somewhat defensible. Sampling	Very little information given re-	Our data extraction relates only to	garding participants' demographic
strategy for participants is unclear.	garding sampling.	the qualitative interviews with	characteristics. Little description or
No information given regarding		young people, survivors and per-	justification of sampling. Unclear
demographic characteristics of	Were the methods reliable?	petrators.	why focus groups used for some
sample and to what extent this is	Somewhat reliable. Unclear why		participants but interviews used
typical/representative.	focus groups used for gathering	Has the study dealt appropri-	for others.
		ately with any ethical concerns?	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
How well was the data collec-	and analysis data from young people, and inter-	Yes. Ethical approval given by	
tion carried out? Not sure/inade-	views for perpetrators and survi-	University of Central Lancashire's	
quately reported. Little information	vors.	Research Ethics Committee and	
given regarding questions posed		the NSPCC's Research Ethics	
in focus groups or interviews. Un-	Are the data 'rich'? Rich. Diver-	Committee. Procedures for in-	
clear why focus groups used for	gences in opinion are drawn out,	formed consent are described.	
young people and interviews for	and use of illustrative quotes. Au-	Support was available to young	
survivors and perpetrators.	thors also report how many people had experience of each service.	people and survivors as required.	
		Were service users involved in	
	Is the analysis reliable?	the study? No. Service users in-	
	Somewhat reliable.	volved as participants, but not in	
		design, conduct or interpretation	
	Are the findings convincing?	of results.	
	Somewhat convincing. Not	la disease a la carte de la carte de la	
	enough information provided	Is there a clear focus on the	
	about interviewees and focus group participants to be able to	guideline topic? Yes. Study relates to domestic violence in fami-	
	contextualised responses.	lies with children. This relates to	
	contextualised respondes.	guideline as Adoption and Chil-	
	Are the conclusions adequate?	dren Act extended definition of	
	Somewhat adequate.	significant harm to include 'impair-	
	Brief summary section given at the	ment suffered from seeing or	
	end of the chapter, but does not	hearing the ill-treatment of an-	
	cover all key issues.	other'.	
		Is the study population the	
		same as at least 1 of the groups	
		covered by the guideline? Yes.	
		Is the study setting the same as	
		at least 1 of the settings cov-	
		ered by the guideline? Yes.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Sample	and analysis	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Study relates to response to child abuse and ne- glect (with child abuse defined as	
		witnessing domestic violence).	
		(For views questions) Are the views and experiences reported relevant to the guideline? Yes.	
		Does the study have a UK perspective? Yes. England.	

22. Taylor J, Stalker K, Fry D et al. (2014) Disabled children and child protection in Scotland: investigation into the relationship between professional practice, child protection and disability. Edinburgh: Scottish Government Social Research

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate.	scribed?	question match the review	validity:
	Unclear. Little consideration of	question?	+
Is the study clear in what it	how respondents' roles and expe-	Yes.	
seeks to do? Mixed. Study's re-	rience may affect their responses.		Overall assessment of external
search questions are clear, but	,	Has the study dealt appropri-	validity:
findings are not written up accord-	Was the sampling carried out in	ately with any ethical concerns?	
ing to the original research ques-	an appropriate way? Not sure.	Partly. Ethical approval by Univer-	Limited information on ethical con-
tions.	Insufficient information to judge.	sity of Edinburgh Moray House	siderations in relation to focus
	, ,	School of Education Ethics Com-	groups.
How defensible/rigorous is the	Were the methods reliable?	mittee. Mentions informed consent	
research design/methodology?	Not sure. Insufficient information	for interview participants, but not	Overall validity rating:
Somewhat defensible. Participants	regarding focus groups.	focus group participants.	+
had to have experience of at least			
2 cases of child protection con-	Are the data 'rich'? Mixed. Use	Were service users involved in	
cerns in relation to a disabled	of case studies adds to richness of	the study? No.	
		-	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
child, which would seem to be rel-	data, but overall there is little con-	Is there a clear focus on the	
atively low. The spread of profes-	sideration of reasons for diver-	guideline topic? Yes.	
sional backgrounds and extent of	gences in opinion between inter-		
experience of recruited partici-	viewees.	Is the study population the	
pants is not reported.		same as at least 1 of the groups	
	Is the analysis reliable? Some-	covered by the guideline?	
How well was the data collec-	what reliable. Results analysed in	Yes. Practitioners working with	
tion carried out? Somewhat ap-	various ways, including use of	disabled children at risk of or ex-	
propriately. Use of Critical Incident	modelling. With regard to thematic	periencing significant harm.	
Technique as part of in depth in-	analysis of qualitative data it is not	le the stroke setting the serves of	
terviews. All interviews digitally	clear how themes were formulated	Is the study setting the same as	
recorded with consent. Less clear	and checked, and some of the	at least 1 of the settings cov-	
how focus groups were conducted.	themes identified do not appear to be coherent concepts.	ered by the guideline? Yes.	
ducted.	be concern concepts.	Does the study relate to at least	
	Are the findings convincing?	1 of the activities covered by	
	Somewhat convincing. Themes	the guideline? Yes. Study relates	
	developed in thematic analysis do	to recognition and response.	
	not appear to be coherent and dis-	to roodymnorraina rooponoo.	
	tinct.	(For views questions) Are the	
		views and experiences reported	
	Are the conclusions adequate?	relevant to the guideline?	
	Somewhat adequate.	Yes.	
		Does the study have a UK per-	
		spective? Yes. Scotland.	

23. Wirtz L (2009) Hidden children: separated children at risk. London: Children's Society

<b>20:11:12 2 (2000)</b> 1:1144011 0:11141	on coparatoa onnaron at non Eor	ideiii eiiiidieii e eecicty	
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate. Interviews</pre>	scribed?	question match the review	validity:
with trafficked migrant children,	Clear.	question?	++
professionals and analysis of 34		Yes. Trafficked children, 'hidden'	
case studies.		children (i.e. separated children	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	Was the sampling carried out in	who are exploited by the people	Overall assessment of external
Is the study clear in what it	an appropriate way? Appropri-	responsible for them).	validity:
seeks to do? Clear.	ate.		++
	Interviewees and steering group	Has the study dealt appropri-	
How defensible/rigorous is the	members were contacted after be-	ately with any ethical concerns?	Overall validity rating:
research design/methodology?	ing recommended by their current	Yes. The research followed The	++
Defensible.	or former support worker, some	Children's Society's Research	
	young people have been known to	Unit's ethical procedures which in-	
How well was the data collec-	The Children's Society and the	clude the use of a written set of	
tion carried out? Appropriately.	rest were referred by other volun-	ethical principles and procedures	
Trafficked children Semi-struc-	tary agencies or schools.	that must be approved by 2 senior	
tured interviews, with 4 of the 8		researchers from the Research	
young people interviewed 1:1, and	Were the methods reliable?	Unit and 2 external academics.	
half in a focus group that took	Reliable.	The ethical procedures were char-	
place in a pre-existing peer group		acterised by the following princi-	
run by a voluntary agency. Inter-	Are the data 'rich'?	ples: opt in, informed consent, an-	
views in English without an inter-	Rich. Based on data in Section 6.3	onymity, incentives, follow-up,	
preter. If interviewees had wanted	(Disclosure) and 6.4 (Support	confidentiality, safety and avoiding	
an interpreter, the young person	needs).	emotional manipulation. Potential	
would have been given a choice of		interviewees were told that	
a man or woman and they would	Is the analysis reliable?	whether they were involved or not,	
have had an opportunity to reject	Somewhat reliable. Interviews	it would not affect the support they	
the interpreter offered. As English	were transcribed and sorted by	get from the worker who referred	
was not their first language, the in-	theme by the interviewer. Written	them to the project. Also overseen	
terviewer used simple language,	notes were taken by the re-	by a Professionals Steering	
rephrased questions and repeated	searcher during steering group	Group, and a Young People's	
and rephrased some answers to	meetings (no further details).	Steering Group of 4 young adults	
check that they were understood.		aged in their early 20s who had	
Much of the interview involved	Are the findings convincing?	been hidden children themselves.	
drawing and writing if the young	Convincing.	Their role was to advise on the	
people were willing to do so. Four		methodology, ethical procedures,	
of the 8 young people consented	Are the conclusions adequate?	analysis and recommendations.	
to be audio recorded during inter-	Adequate.		
views, and the interviewer took		Were service users involved in	
written notes. Professionals: 13 of		the study? No.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
the 15 professionals consented to			
be audio recorded during inter-		Is there a clear focus on the	
views, and the interviewer took		guideline topic?	
written notes in the other cases.		Yes. Views and experiences of	
One professional answered the		trafficked migrant children.	
questions by email. Interviews			
transcribed and sorted by theme		Is the study population the	
by the interviewer. Written notes		same as at least 1 of the groups	
were taken by the researcher dur-		covered by the guideline? Yes.	
ing steering group meetings. They		Trafficked migrant children and	
were asked for case studies, their		professionals from the voluntary	
experiences of good practice		and statutory sectors.	
when supporting hidden children			
and their recommendations for im-		Is the study setting the same as	
proved direct and joint work. Case		at least 1 of the settings cov-	
studies: drawn from a few London		ered by the guideline? No. Not	
boroughs, particularly in East Lon-		clear as not reported.	
don, and North West England.		·	
_		Does the study relate to at least	
		1 of the activities covered by	
		the guideline? Yes. Child traffick-	
		ing.	
		(For views questions) Are the	
		views and experiences reported	
		relevant to the guideline?	
		Yes. Views and experiences of	
		trafficked migrant children and	
		professionals from the voluntary	
		and statutory sectors.	
		,	
		Does the study have a UK per-	
		spective? Yes. Migrant children	
		trafficked into the UK.	

#### Research question 20 - Findings tables

1. Beckett H, Brodie I, Factor F et al. (2013) 'It's wrong ... but you get used to it' - A qualitative study of gang-associated sexual violence towards, and exploitation of, young people in England. London: Office of the Children's Commissioner for England

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Research anns	comparison, outcomes)	Findings	Overall validity rating
Study aim: 'The re-	Participants	Narrative findings	Overall assessment
search aimed to con-	Children and young people.	Nationive infulligs	of external validity
sider: the scale and	Individual interviews - Young people	Young people and professionals commented on the	++
nature of gang-associ-	aged 13–28 (n=150)	current service response, the general sense is the	The study meets all cri-
ated sexual violence	Focus groups - Young people (n=38)		teria and has dealt ef-
and exploitation in six	Focus groups - Fourig people (11–36)	system is still in its early stages.	
· ·	Drofossionals/prostitionars 11 feaus	Drefessionals identified the following shallonges when	fectively with ethical
areas of England; the	Professionals/practitioners - 11 focus	Professionals identified the following challenges when	considerations. In addi-
main pathways into	groups were conducted with 76 pro-	responding to gang associated sexual violence:	tion, the interview
gang-related sexual vi-	fessionals across 6 research sites.	- One professional said, 'I think that's the crux across	guide was co-produced
olence and exploitation	Representation from fields of social	the board - the funders that goes into prevention -	with the YPAG to make
for young people living	care, education, health, policing and	mentors, youth workers, support workers - is pathetic	questions age appro-
in these neighbour-	the justice system, specifically work-	compared to what goes on in terms of dealing with	priate.
hoods; and potential	ing within the gangs and sexual ex-	the consequences' (p46).	0
models for an effective	ploitation/sexual violence.	- In gang affected areas, there is a history of commu-	Overall assessment
multi-agency response	On an also also an also de disco	nity-based and statutory-based initiatives integration	of internal validity
to the issue' (p6).	Sample characteristics	that impact on how to tackle gang violence effectively.	++
	Age - Interviews - Participants	- Professionals lack knowledge and awareness of the	Very comprehensive,
Methodology: Quali-	ranged from 13 to 28: Under the age	issue.	effective study with de-
tative study. The re-	of 18 (49%); 18–20 (28%); 21–25	- Silo working where agencies are practicing sepa-	tailed findings that are
search team adopted a	(21%); and 25–28 (2%). Focus	rately and not strategising together to work effectively	summarised into rec-
qualitative approach to	groups - Not reported. Professionals -	which consequently affects information sharing and	ommendations. The
conduct: - Individual in-	Not reported.	partnership working.	methodology has dealt
terviews with 150	• Sex - Interviews - 52% were male,	- Funding issues and short term initiatives.	appropriately with the
young people - 11 fo-	with 48% female. Focus groups - Not	- A historical view point and initiatives to tackle male-	ethics and risk associ-
cus groups with 76	reported. Professionals - Not re-	male violence rather than cross-fertilising practice to	ated with the subject
professionals - 8 single	ported.	help tackle sexual violence within gangs (see Firmin	matter, and the re-
sex focus groups with	• Ethnicity - Interviews - The self-re-	2013).	search team have en-
38 young people. The	ported ethnicity of interviewees: 32%	- Inadequate data collection/monitoring (p46).	sured the voice of the
study took place be-	Black/Black British; 28% White; 21%		child is at the heart of
tween 2011 and 2013.	Dual heritage; and 18% Asian/Asian		the report.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		,
	British. Focus groups - Not reported.		
Country: UK, Eng-	Professionals.		Overall score
land. 'To maintain con-	Religion/belief - Interview - Not re-		++
fidentiality and protect	ported. Focus groups - Not reported.		An excellent, thorough
participants, the iden-	Professionals - Not reported.		empirical study which
tity of the research	Disability - Interview - Not reported.		meets its research aim
sites is not being re-	Focus groups - Not reported. Profes-		and details implications
vealed' (p6).	sionals - Not reported.		for practice and policy
	<ul> <li>Long term health condition - Inter-</li> </ul>		on a local and national
Source of funding:	view - Not reported. Focus groups -		level.
Government - Inquiry	Not reported. Professionals - Not re-		
of the Office of the	ported.		
Children's Commis-	<ul> <li>Sexual orientation - Interview - Not</li> </ul>		
sioner into child sexual	reported. Focus groups - Not re-		
exploitation in gangs	ported. Professionals - Not reported.		
and groups. Led by the	Socioeconomic position -		
University of Bedford-	Interviews - Most participants re-		
shire.	ported that they were in some form of		
	education (45%), training (20%) or		
	employment (18%), with only one in		
	eight identifying as Not in Education,		
	Employment or Training (NEET). Fo-		
	cus groups - Not reported. Profes-		
	sionals - Not reported.		
	• Type of abuse - 87% (n=131) had		
	direct, often multiple connections with		
	gangs. of the 131 participants, 59%		
	were/had been directly involved in a		
	gang (M=70% vs. F=47%); 32% had		
	been gang-associated (M=25% vs.		
	F=39%); 35% had friends/and or fam-		
	ily involved; 23% were having/had		
	previously had a 'romantic relation-		
	ship; with a gang-involved person (all		
	female bar one); 57% had personal		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	experiences of sex and/or relation-		
	ships in gangs. The remaining 13%		
	(n=19) participants grew up in gang-		
	affected neighbourhoods. Focus		
	groups - Not reported. Professionals -		
	Not reported.		
	Looked after or adopted status		
	- 38% of participants reported current		
	or previous involvement with children		
	services, although it is not clear what support this was. Focus groups - Not		
	reported. Professionals - Not re-		
	ported.		
	Unaccompanied asylum seeking,		
	refugee or trafficked children - Inter-		
	views - Not reported. Focus groups -		
	Not reported. Professionals - Not re-		
	ported.		
	Sample size		
	Interviews - 150 participants.		
	Focus groups - 8 single sex with 38		
	young people.		
	Professionals - total of 11 focus		
	groups held with 76 professionals.		

2. Burgess C, Daniel B, Scott J et al. (2012). Child neglect in 2011: an annual review by Action for Children in partnership with the University of Stirling. Watford: Action for Children

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The an-	Participants	Narrative findings	Overall assessment
nual review pro-cess			of internal validity:
by Action for Children	Professionals/practitioners –		-

### Research aims in partnership with the University of Stirling seeks to 'gauge the cur-rent situation with regard to neglect and monitor the effects of changes in national and local policy' (p5). The project team collated evidence through a variety of methods: collated statistics from across the UK to record incidence of neglect by bodies such as WHO and UNICEF: analysis of policy developments across 4 nations in the UK: telephone survey administered to 35 local authorities and email survey to 12 local authorities to understand which children come to the attention of professionals and what support/resources are in places; in-depth, onsite focus groups across 6 areas in the

UK; online polls under-

taken by 2062 adults in

the general public to

understand views and

#### PICO (population, intervention, comparison, outcomes)

Qualitative: n=114 professionals Quantitative: n=47 local authorities

#### Sample characteristics

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- · Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking. refugee or trafficked children - Not reported.

#### Sample size

Qualitative sample size: Research team held 12 focus groups with 6 (two areas were combined) local authorities:

Local authority 1: n=12 Local authority 2: n=14 Local authority 3+4: n=47 Local authority 5: n=21 Local authority 6: n=20

Total participants = n=114 profession-

als

#### **Findings**

Findings are 'Professionals - are children recognised but not helped?':

Factors that hinder effective response:

- Participants commented that there was a tendency for children and families to 'bounce in and out of services' (p14).
- Some felt that when a family had a lot of services involved, focus can be lost and this can impact the child. Additionally, long-term real change is not always apparent.
- If families are in rural areas are considered hard to reach. One focus group responded commented: 'In a large rural area transport is an issue for families trying to get to services. It is too expensive for people to get buses, if they exist, and many families can be very isolated. There is already less money allocated for this - we have to fight for it' (p14).
- Specialist services for some groups of young people, i.e. children with disabilities transitioning to adult services, and 'in some areas black and minority ethnic groups are not well catered for' (p14).
- Resources and re-organisations are impacting on the delivery of regular service, as one respondent accounts: 'Constant service restructuring means staff changes, which are detrimental to both families, who have to make new relationships, and to other agencies who have to relearn who they need to contact with concerns about children. Staff turnover in some services can be a major problem' (p15).

## Overall validity rating

The annual review has carried out 12 focus groups which include 114 representatives from different agencies. however the findings and conclusions are 'somewhat convincing' because there is difficulty in identifying or contextualising who said what. There is no consideration of limitations or theory underpinning focus groups.

#### Overall assessment of external validity:

Overall, study meets most of the quality criteria however the study is not co-produced and there is no ethical consideration.

#### Overall validity rating:

The annual review meets the aim through the research design and mixed method

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
experiences of awareness of child neglect; and 2174 professionals responded to an online poll to ascertain views of the nature and qualities of their responses and barriers to neglected children.  Methodology: Mixed methods. The qualitative aspect of the annual review was conducting 12 focus groups across 6 local authorities with a total of 114 participants across a range of agencies: children's services; housing; health service staff; the police; education; and third sector agencies. The focus group data is most relevant to research question as provides in-depth data in response to 'how good are we at recognising children who are at risk of, or are experiencing, neglect?'	Quantitative sample size: 47 local authorities.		data collection approach. The findings are representative of a large sample of professionals that work with children who are at the frontline for identifying and responding to child neglect. However, there is little information about consent of participants or what geographical region data is collected, so caution to generalise. Conclusions are difficult to see as reliable because the analysis is 'somewhat reliable'. In addition no ethical consideration. Furthermore, the findings are relatively brief including anecdotal accounts of unspecified respondents, so challenge is contextualising data.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
The quantitative as-			
pect administered tele-			
phone interviews			
(n=35) and via email in			
a further 12 to local au-			
thorities (t=47). This			
was a 63.5% response			
rate as the survey was			
sent to 74 local author-			
ities in total. The sur-			
vey asked for infor-			
mation about 'defini-			
tions, referral path-			
ways, inter-agency			
working, initial assess-			
ment tools, statistics			
on those formally iden-			
tified as neglected and			
for statistics on "proxy"			
data, such as that re-			
lating to children af-			
fected by parental sub-			
stance misuse, mental			
health problems or do-			
mestic abuse' (p25).			
Country: UK.			
Course of fundings			
Source of funding: Not reported.			

3. Children's Commissioner (2015) Protecting children from harm: A critical assessment of child sexual abuse in the family network in England and priorities for action. London: Office of the Children's Commissioner for England

Research aims	PICO (population, intervention,	the Children's Commissioner for England Findings	Overall validity rating
	comparison, outcomes)		
Study aim: Aim to as-	Participants:	Narrative findings	Overall assessment
sess the scale and na-	Adult survivors of child abuse -		of internal validity
ture of child sexual	A survey of 756 survivors of child	Data have been extracted from Section 15.3.	-
abuse in the family en-	sexual abuse, all were over the age		
vironment in England.	of 18.	15.3 The impact of intervention by statutory and non-	Overall assessment
We have extracted	Professionals/practitioners -	statutory services	of external validity
data in relation to	Site visits and focus groups in 6 sites,		+
Recognition (sections	involving 32 agencies Oral evidence	The study reports that respondents to the survivor	
14.1, 14.2 and 14.3)	hearings with 9 professionals from	survey and participants in focus groups reported 'feel-	Overall validity score
and the Impact of inter-	statutory bodies and 10 professionals	ings of disappointment and distress' regarding their	-
vention (section 15.3),	from voluntary and community organi-	contact with statutory services. Some reported that	Little methodological
as these relate most	sations	they had not been believed. One participant said: 'I	information provided,
closely to our review		had a few sessions of counselling via my GP, this	particularly regarding
questions.	Sample characteristics:	was awful, limited to a couple of sessions and actually	survey distribution, re-
	• Age - Survivor survey: 18–24 n=50,	left me feeling let down yet again. It took me many	sponse rates and rep-
<b>Methodology:</b> Mixed	25–34 n=133, 35–44 n=214, 45–54	years to search for a local charity who were abso-	resentativeness of re-
methods. Study com-	n=251, 55–64 n=88, 65+ n=20. Other	lutely amazing, without them I most probably would	sulting sample. Limited
prised: 1. A call for evi-	evidence strands: Age of participants	not be here today' (p78). (Note: this quote is at-	consideration of ethical
dence to collect exam-	not reported.	tributed to an 'interview' - unclear if this refers to focus	issues in reporting.
ples of good practice	• Sex - Survivor survey: Female	group? Interviews not mentioned in methodology.)	
2. A DfE dataset re-	n=483, Male n=51, Unknown n=215,		
quest for data on vic-	Other n=5, Prefer not to say n=2.	The study reports that a number of evidence strands	
tims and perpetrators	Other evidence strands: Sex of partic-	found that in some cases, victims of intrafamilial sex-	
3. Police force dataset	ipants not reported.	ual abuse are not allowed to discuss the abuse with	
request for data on vic-	• Ethnicity - Not reported.	other members of their family to avoid prejudicing the	
tims and perpetrators	• Religion/belief - Survivor survey: No	outcome of criminal justice processes.	
4. Site visits and focus	religion n=283, Unknown n=215,	Whore currivers' abuse had been recognized, and	
groups in 6 sites, in-	Christian (all denominations) n=196, Other n=42, Jewish n=10, Buddhist	Where survivors' abuse had been recognised, and	
cluding consultation with 32 agencies and	n=7, Muslim n=2, Hindu presume n=0	services intervened appropriately, the study reports that this had made 'a significant difference' to people	
focus groups with 5	(not shown on pie chart) Other evi-	, ,	
victim/survivor organi-	dence strands: Religion of partici-	(p79).	
victim/survivor organi-	pants not reported.		
	panto not reported.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
sations. 5. Oral evi-	Disability - Survivor survey: No disa-	Total 50% of respondents to the survivor survey re-	
dence hearings with 9	bility n=397, Disability n=106, Un-	ported that their experience of sexual abuse had af-	
professionals from	known n=211, Don't know n=41, Pre-	fected their ability to access health services. 20% of	
statutory bodies and	fer not to say n=1. Not reported for	respondents reported that they still avoid going to the	
10 professionals from	other strands.	GP, and 17% reported avoiding going to the dentist.	
voluntary and commu-	<ul> <li>Long term health condition - Not re-</li> </ul>	One respondent wrote: 'Went to the doctors a lot as a	
nity organisations 6. A	ported.	child with sore throats hoping they would see some-	
survey of 756 survivors	Sexual orientation - Not reported.	thing was wrong' (Female survivor, aged 45–54).	
of child sexual abuse	Socioeconomic position -		
7. Data request from 4	Type of abuse - Not reported.		
helplines 8. A rapid ev-	Looked after or adopted status - Not		
idence assessment of	reported.		
research evidence on	Unaccompanied asylum seeking,		
intra-familial sexual	refugee or trafficked children - Not re-		
abuse 9. There is on-	ported.		
going research with			
children and young	Sample size:		
people (assume this is	Survivor survey: 756 Site visits: 32		
not reported here). The	agencies (unclear how many individu-		
data extracted here	als) Focus groups: 5 focus groups		
are drawn from strands	victim/survivor organisations and 3 fo-		
1, 4, 5 and 6.	cus groups with survivors of child		
	abuse (unclear how many Oral evi-		
Country: UK, Eng-	dence hearings: 9 professionals from		
land.	statutory bodies and 10 professionals		
	from voluntary and community organi-		
Source of funding:	sations Total sample size unclear.		
Government. Office of	·		
the Children's Com-			
missioner.			

4. Cossar J, Brandon M, Jordan, P (2011) 'Don't make assumptions': children's and young people's views of the child protection system and messages for change. London: Office of the Children's Commissioner

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To seek	Participants	Narrative findings	Overall assessment
children and young	Children and young people – n=26		of internal validity:
people's views of the		Views and experiences of children and young people	+
child protection system	Sample characteristics	of the child protection system:	
and to consider how	• Age – 6–17 years		Overall assessment
those views might con-	• Sex - 13 girls and 13 boys from 18	A. What helps the child feel safe?	of external validity:
tribute to improving re-	families	1. Coping strategies - People to confide in about wor-	++
sponses to abuse and	<ul> <li>Ethnicity – Three-quarters of the</li> </ul>	ries	
neglect.	children were white British. Those	a. friends and family, such as family members and	Overall validity rat-
	from minority ethnic groups included	neighbours.	ing:
Methodology: Quali-	Asian/Asian British, black British Car-	b. Professionals, such as social workers, teachers, in-	+
tative study.	ibbean and black British African chil-	cluding a multi-systemic therapist, a pastoral support	
Activity-based inter-	dren, as well as 2 children who were	worker, a substance misuse worker, a counsellor, a	
views and workshops.	of mixed heritage.	psychiatrist and a youth worker; also the police.	
	Religion/belief - Not reported	Younger children (under 12 years of age likely to con-	
Country: UK, London.	Disability - 3 of the 26 children had a	fide in social workers).	
	learning disability or learning needs		
Source of funding:	(mild or moderate learning difficulties	2. Cognitive and behavioural strategies to manage	
Government -	or a statement of special educational	worries	
Office of the Children's	needs).	a. by compartmentalising his life and keeping things	
Commissioner.	<ul> <li>Long term health condition- Not re-</li> </ul>	in separate spheres (p39); or did not like to talk about	
	ported.	problems because did not really trust anyone	
	Sexual orientation - Not relevant.	(p39).	
	Socioeconomic position - All chil-	b. Use harmful strategies to manage their worries,	
	dren living at home with at least one	such as anger and violence, depression and self-	
	parent.	harm, as a response to their challenging circum-	
	Type of abuse - Not reported, but all	stances. Also substance misuse such as drinking	
	had a child protection plan at the time	heavily.	
	of interview.		
	Looked after or adopted status - Not	In summary, most of the children had people they	
	reported.	could confide in about their worries or from whom	
		they sought help. The most common source of sup-	
		port was friends or family, a range of professionals	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims		and nearly all the children could identify a professional who had helped them. As a response to challenging circumstances, some children resorted to drinking or self-harming as a way of managing other worries.  Implications for professionals in Child Protection:  1. Be aware of the strategies that the child has developed to deal with their worries and the problems in the family (p41).  2. Consider who might be a trusted adult for the child and how they might continue to be involved in their support (p41).  B. What is the child's view of the professional concerns about their family?  1. Minimal awareness- some children unaware of professional concerns (p42).  2. Disagreement with concerns - Some children felt that professional concerns were misplaced or no longer relevant because of children's misunderstanding of the nature of the concerns (p42).  3. Partial agreement with professional concerns - viewed their intervention as intrusive, or 'social workers misread the situation' (p43).  4. Disagreement with professional view of parenting - some children felt social workers had misinterpreted relationships within their families and they rejected what they perceived to be the social work view of their mothers. More common for some children to	
		acknowledge concerns that focused on themselves, than to acknowledge concerns relating to parenting (p43).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		5. Professionals underestimate the risk - Some children disagreed with the professional concerns because they felt that professionals were not seeing important aspects of their circumstances; or that child acknowledged that the difficulties in his family were recognised by professionals but felt that he was being held responsible (p44).	
		In summary, children and young people varied in their awareness of the professional concerns. A minority of the children and young people thought that professional concerns were mistaken or unfounded and these tended to be younger children. Some young people agreed that there had been a reason for professionals to be involved with their families but felt that the concerns were now in the past. There was a tendency for the children and young people to disagree particularly with professionals' views of their parents. They were more likely to acknowledge problems with their own behaviours. Two young people thought that there was cause for concern in their families which professionals overlooked (p45).	
		Implications for professionals in Child Protection (pp45–6)  1. Maintain an openness to the child's view of the situation.  2. Where there is a difference between the child's and the social worker's views, make sure that the child's views are represented and the social worker's posi-	
		tion is explained to the child. 3. Understand the importance of the child's relationship with their social worker. 4. Make sure that the child is seen on his or her own.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		5. In cases of particularly difficult dynamics between professionals and parents, managers should consider providing a separate worker for the child.	
		C. What is the child's understanding of the child protection system?(pp48–50) The degree of understanding was age-related- 1. Minimal awareness: the majority of children under 12 years of age not understanding the meaning of child protection meeting/plan/conference. 2. Partial awareness – piecing together the jigsaw: might have detailed knowledge of an aspect of the child protection system or know that their parents were in court, but be unsure why, mostly in children up to 13 years of age. 3. Clear understanding: able to give a clear account of the child protection process, mostly older children over 13 years of age who had attended a child protection meeting.	
		In summary, children's understanding of child protection was age-related and rated into 3 categories, minimal, partial and clear understanding, with most of those having a clear understanding being in the older age group. The majority of the children were categorised as having a partial understanding. Children with a partial understanding of child protection sometimes had a detailed account of part of the process. They had some overview of the system but could not give a coherent account. They often relied on parents and siblings for information. Some of the children whose families were involved in court proceedings had a better understanding of the court process than they did of other aspects of child protection. Children with a	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	• • • • • • • • • • • • • • • • • • • •	clear understanding were older and all of them had	
		attended a child protection meeting (p51).	
		Implications for professionals in Child Protection (pp51–2) The vast majority of the children and young people had some understanding of the child protection system, even those under the age of 10. How much information it is appropriate for a young child to have about the formal child protection system is a difficult judgement for professionals and parents to make.  1. Be aware that the child has a view about the child protection process as well as about the problems within the family.  2. Think about the sense that the child makes of the social work intervention and check what they find helpful and unhelpful.	
		<ul> <li>D. How much does the child participate in the child protection process? (pp53–5)</li> <li>It depends on:</li> <li>1. Children's relationships with their social worker: majority of young people knew how to get in touch with their social worker. Older children (aged 12 and over) more likely than younger children to be seen on their own.</li> <li>2. Positive and trusting relationship with social worker: Some of the children had trusting relationships, based on honesty and trust, with their current social worker and felt that the social worker was working with them; and social workers had succeeded in overcoming the young person's previous negative ex-</li> </ul>	
		periences of workers.  3. Minimal relationship: some children did not have a	
		relationship with their social worker, who was seen as	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		a remote figure who got in contact with their parents occasionally. These children did not see the social worker on their own.  4. Factors affecting the relationship between children and social workers:  a. Child felt pressured - Some children viewed their social worker as someone who came round and asked them questions, not as someone to whom they could talk about their worries. They also felt the social worker tried to take over his mum's role. Some children felt that the social worker dwelt too much on problems and negatives and did not see the good things in their family (p55).  b. Twisting our words - What put young people off speaking to their social workers was that the social worker misrepresented what they said; or that professionals had exaggerated the situation.  c. Confidentiality- Children expressed concern about the information when they spoke to their social workers who did listen but then told everyone what was said. Children felt it important that information was shared appropriately and not 'blabbed' to others who did not need to know (p56).	
		5. The child protection system (pp57–63) a. Reports and assessments - Some children knew about the reports but did not have a chance to see them, or correct them, as some children saw all or part of reports and assessment and some said that they did not. Few young people talked about discussing reports with social workers before meetings. c. Meetings - Not all children were invited to go to a meeting; some did not want to. Many children were not aware of the choices open to them to have their views expressed at a meeting.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		d. Attending meetings - some children did not feel	
		able to participate by asking questions or being lis-	
		tened to, and in general were dissatisfied with their	
		level of participation, despite that some recalled hav-	
		ing spoken at the meeting, and said that they were	
		supported by a family member, a friend, or by a	
		teacher or advocate.	
		e. Preparation - some children had seen leaflets	
		providing information before the meeting or spoken to	
		their social workers and found it helpful; others did not	
		feel well prepared. Some felt unable to say that they	
		disagree with the report during the meeting.	
		f. Support at the meeting - Most children were sup-	
		ported by a family member, or professionals and ad-	
		vocates.	
		g. Speaking at meetings - children felt able to speak at the meeting, encouraged by the chairperson. A mi-	
		nority of children felt they were only partly listened to,	
		suggesting that children's voices were marginalised.	
		Some of the young people found it difficult to be hon-	
		est at the meeting, particularly when asked 'awkward'	
		questions in front of their parents.	
		h. Decision-making- few young people felt they were	
		'a lone voice opposing the plan', and not involved in	
		making them.	
		i. The emotional impact of meetings - 'nerve-wrack-	
		ing', 'lairy' when listening to third party (a teacher in	
		this case) giving opinions about the child when they	
		had never previously met. Attendance at a core group	
		was difficult because ' they were just all talking and	
		I didn't understand what they were saying'.	
		j. Feedback- Of those children who were aware of	
		meetings, whether or not they attended, some said	
		the outcomes were explained to them but some said it	
		had not been explained.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		k. Family group meetings- opinions varied, some thought it was largely redundant but some found it productive.	
		In summary, older children more likely to be seen by social workers on their own. Some children had trusting relationships with their social workers and some children reported having minimal relationship with social workers, seeing them rarely or only at meetings. Some children found it difficult to talk to their social workers because they felt pressured by the social worker asking questions, or said that the social worker twisted what they said. Few children saw reports or assessments and it was rare for the young person to have a chance to discuss the report with the social worker. A small minority of children were aware of different ways their views could be given to the meeting. Most of the children who attended the meetings found them difficult because they were being asked awkward questions in front of their parents. Few felt they were listened to and spoke about decision-making at the meeting. Not many children had seen their child protection plans (p63).	
		Implications for practice (pp64–6) For practitioners  1. Ensure children are given information about the child protection process that is appropriate to their needs. In assessing this, and their involvement, take account of the dynamics within the family as well as his or her age and understanding.  2. Ensure that the child has an appropriately worded copy of the child protection plan which should be discussed with the child and incorporates their input.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Consider how best to explain the plan to a young child. For managers  1. Be mindful of the existing guidance on involving children and young people in the child protection process and think about how best to involve each individual child. Include the child in these discussions.  2. Local authorities should recognise the importance of the child's relationship with the social worker and how this contributes to the engagement in the process of help. They should organise the work so that social workers can get to know children, and are not viewed as remote but powerful figures.  3. Promote guidance on good practice so that workers think about how best to involve each individual child. For policy makers Promote guidance on good practice and make it easily accessible to child protection professionals (pp64–6).	
		E. What is the child's experience of intervention? (pp67–74)  1. Child protection investigation - experience with the Police varied, some children found the experience frightening and felt compelled to take part; some found it 'quite supportive'. The sensitivity of the professionals (police or social workers) involved made a difference.  2. The benefits of having a social worker - majority of children found their involvement with the social workers helpful, that the social workers had helped to improve things in their families, e.g., social workers giving practical support (cash support, vouchers for dayouting) and advocating for the children, liaising with	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		other agencies, sharing assessment reports with the	
		children. This was based on establishing trusting and	
		positive relationship between the child and the social	
		worker.	
		3. Unhelpful aspects of having social worker	
		Many of the children could recall both something	
		helpful and something unhelpful and it was an excep-	
		tion to be either completely damning of social work in-	
		volvement (p70).	
		4. Intrusion	
		Some children found it unhelpful when their social	
		workers visited them at school, they felt the child pro-	
		tection process 'controlling' and they felt 'criticised	
		and personally monitored', as 'everything I do when I	
		walk out the house gets reported back to social ser-	
		vices'. They felt there were 'rules imposed on them'	
		and they were not involved in making the rules.	
		5. Increased tension in the family	
		Children aware that the child protection process was	
		stressful for their parents. Having social workers had	
		increased the pressures in the family, such as when	
		undergoing multi-systemic therapy, an intensive fam-	
		ily intervention. The professional attempts to	
		change/improve one child's behaviour resulted in in-	
		creasing the risk to another sibling, making the situa-	
		tion worse, and things deteriorated in the family. This	
		was likely to reflect a negative (minimal and adversar-	
		ial) relationship between the child, family and the so-	
		cial workers.	
		F. Changing views - Children said their understanding	
		of social work intervention changed over time, some-	
		times because they had grown older, and agreed that	
		they and the family needed support.	
		G. Stigma - Some children aware of a stigma at-	
		tached to being involved, and careful whom they told	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		about having a social worker or about having a child protection plan. They did not want to draw attention to themselves, being thought of being 'weird' (pp73–4).	
		In summary, the sensitivity of the professionals involved made a difference to how difficult the experience was for the young people; many children could identify something helpful that their social worker had done for them, such as practical help, improvements in their family relationships, liaison with schools and talking through their problems. Identified advantages of having a child protection plan included extra help at school or getting priority for services. Negative aspects of having social work involvement included intrusion, increased stress within the family, and having to deal with stigma (p74).	
		Implications for practice (p75)  1. To form relationships with children social workers need to be knowledgeable about child development and the impact of abuse and maltreatment.  2. Social workers need to have good skills in communicating with children, based in this knowledge. This should be an important focus of social work training and continuing professional development (p75).	

# 5. Devaney J (2008) Inter-professional working in child protection with families with long-term and complex needs. Child Abuse Review 17: 242–61

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Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To expl	ore Participants	Narrative findings	Overall assessment
the views of experi-			of internal validity:
enced child welfare			+

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	-	
professionals about	Experienced child welfare profession-	Views and experiences of experienced child welfare	
families known to the	als such as: Social worker (n=2); So-	professionals	Overall assessment
child protection system	cial work manager (n=12); Health visi-	A. Process of intervention by staff	of external validity:
with long-term and	tor (n=3); Nurse manager (n=4); Med-		++
complex needs in rela-	ical profession (n=3); Education pro-	Engagement with families and children	
tion to the process of	fession (n=2); Voluntary sector (n=1);	a. The way staff approached and treated families as	Overall validity rat-
intervention with fami-	and Police officer (n=1)	being of prime importance in attempting to work effec-	ing:
lies.		tively with complex cases, can be difficult as often	+
	Sample characteristics	there was a disagreement about the purpose and role	
Methodology: Quali-	Age - Not reported.	of social workers' involvement with families:	
tative study. In-depth	Sex - Not reported.	'A lot of it is when some parents dig their heels in and	
semi-structured inter-	Ethnicity - Not reported.	say "No, we're not doing that". I think then you find	
views.	Religion/belief - Not reported.	that you lock horns with families' (social worker)	
	Disability - Not reported.	(p250).	
Country: UK.	<ul> <li>Long term health condition - Not re-</li> </ul>		
	ported.	b. Skills needed to address parents' anxieties and de-	
Source of funding:	<ul> <li>Sexual orientation - Not reported.</li> </ul>	fensiveness:	
Government -	Socioeconomic position - Not re-	'I think it probably still boils down to the relationship	
funded by the Re-	ported.	between family and worker if they see that they	
search and Develop-	Type of abuse - Participants were	have been listened to, their views have been re-	
ment Office of the	child welfare professionals.	spected, their views have been heard they are	
Northern Ireland	<ul> <li>Looked after or adopted status</li> </ul>	more likely to go along with that' (family centre man-	
Health and Personal	- Participants were child welfare pro-	ager) (p250).	
Social Services.	fessionals.		
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	c. Engaging parents could be complicated by staff	
	refugee or trafficked children - Partici-	from different disciplinary backgrounds holding differ-	
	pants were child welfare profession-	ing views. This could be helped by parents experienc-	
	als.	ing a seamless tailored service whereby the profes-	
		sionals involved worked closely together:	
	Sample size	'I think if the parents see that professionals who are	
	n=28 child welfare professional, mean	involved in the care of their child are all working to-	
	length of experience was 14 years	gether heading towards the same goal, and are mak-	
	(range: three to 26 years)	ing decisions you know are in the best interest of the	
		child, and if they see that there's good communication	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		between the professional I think it can only help with gaining their cooperation' (paediatrician) (p250).	
		d. Staff from different disciplinary backgrounds holding differing views about how people should be involved in the process: 'I feel social workers are very open with their clients. Some of the other professionals might be wary about how it's going to affect their role with the family' (nurse manager) (p251). 'Health visiting, GP and schools are (now) much more open and honest with us and with clients. That does very much inform decision-making' (social worker) (p251).	
		<ol> <li>Multi-disciplinary relationships         <ul> <li>a. Need for better working relationships between agencies, to promote inter-agency coordination and collaboration in safeguarding children and promoting their welfare:</li> <li>'Trying to get other professionals on board is a real stumbling block there is this view out there that it's social services problem, it's not ours' (social work manager) (p251).</li> </ul> </li> </ol>	
		b. Important to establish an open and regular communication that moved beyond information sharing to an analysis of the issues in the family and sharing of ideas about how to move forward 'There are people who have lots of information and don't want to share it' (health visitor) (p252).	
		4. Assessment and decision making: A more in-depth picture of the relationships within the family and any	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		health and social needs of the mother and children in the family was what was needed.  a. Quality of information in case notes and records varied from 'so bland that it provided little insight into the family situation' (p253), to 'A tendency to provide a descriptive account of the events rather than a considered analysis' (p253).	
		b. How much non-social services staff were involved in the information sharing and decision making in case conferences 'I think they tend to share information and leave it on our doorstep to deal with I've never seen a GP or a school being given a recommendation to follow through on the child protection plan. I don't know whether that's perhaps our own culture the social worker is left to deal with that' (social worker) (p254).	
		c. Rather than disinterest in the safety or wellbeing of the child or a feeling of wanting to be distanced from the decision making, non-social services staff need to build up their confidence ' some of the new practitioners in health visiting wouldn't be as confident in decision making, because of their lack of skills and their lack of fully understanding the significance of significant harm and the register, but hopefully they to come to me for induction and hopefully through my training and supervision that they'll develop those skills' (nurse manager) (p254).	
		d. Quality of chairing: central role of the chairperson in both setting the tone for the meeting, managing the	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		business and involving participants including family members:  'I think if you've got a good Chair, all things will be taken on board most of ours would be very succinct, very focused because they know they're only going to have professionals there for a given amount of time, very organised' (paediatrician) (p254).  'I mean there's still a lot of variance in even how decisions are made, how case conferences are run like there's some you go to and it's so slick and it's so competent and the Chairperson is so appropriate in moving things along and sort of dealing with people's issues and whatever, and other times you come out and you go, that was a complete and utter mess and it was disorganised' (health visitor) (p255).	

6. Franklin A and Doyle L (2013) Still at risk: a review of support for trafficked children. London: The Children's Society

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim:	Participants:	Narrative findings	Overall assessment
1. To assess the expe-	Children and young people.		of internal validity
riences of children	Trafficked children (definition of traf-	A. Recognition	+
identified as trafficked	ficked children is children who have	The complexity of disclosure and identification of traf-	
or suspected trafficked	been trafficked, and are now outside	ficked children (pp24–31)	Overall assessment
and accommodated in	their country of origin).	Trafficked children became very confused and	of external validity
local authority care,	Professionals/practitioners -	frightened following discovery or escape. They might	++
their understanding	Social workers, independent review-	be kept locked up or threatened or controlled which	
about the types of ser-	ing officers (IROs), directors of Chil-	prevented children from escaping, as did threats	Overall validity score
vices they had re-	dren's Services and other profession-	made against their family.	+
ceived and how pro-	als providing care to trafficked chil-	2. Children may disclose unintentionally, or may wait	
fessionals supported	dren. Also key stakeholders, social	until they feel safe, or until they have a trusting rela-	
them, their under-	care managers and front line social	tionship, or they may reach a point of desperation	
standing of care pro-	workers, solicitors (welfare and immi-	3. Trafficked children could have little opportunity to	
cesses, and transition	gration) and representatives from the	escape their traffickers and exploiters as these chil-	
at aged 18 (face-to-	voluntary sector.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
face interviews) 2. To		dren lacked a clear understanding of what is happen-	
assess mechanisms in	Sample characteristics:	ing to them (i.e. they have been trafficked), or	
place to support traf-	Age - Trafficked children: aged be-	knowledge of their rights and sources of support	
ficked or suspected	tween 15 and 23 years Professionals	available once discovered (p25).	
trafficked children and	Not reported.	4. Not speaking English and possibly not even know-	
the role of profession-	Sex – Trafficked children: 15 girls	ing which country they are in is also a major barrier.	
als (telephone inter-	and 2 boys Professionals: not re-	5. Some trafficked children were criminalised for ac-	
views) 3. To assess	ported.	tivities such as documentation offences and criminal	
the multi-agency re-	Ethnicity - Trafficked children: from	acts which they were forced to engage in while being	
sponse in the context	9 different countries of origin: Bu-	exploited; some were treated as adults when discov-	
of best practice in child	rundi, Democratic Republic of Congo,	ered and were subsequently wrongly placed within	
protection and safe-	Ethiopia, Ghana, Guinea, Ivory	the adult criminal justice system or immigration deten-	
guarding (online sur-	Coast, Nigeria and Vietnam and a	tion facilities.	
veys) 4. To identify	South American country. Profession-	6. Private fostering arrangements might be a concern	
good practice and ar-	als: Not reported.	as these can be used to hide trafficked children (p31).	
eas for improvements.	Religion/belief - Trafficked children:	A lack of awareness, understanding and training can	
	Not reported Professionals: Not re-	lead to some practitioners and the police not identify-	
<b>Methodology:</b> Mixed	ported.	ing trafficked children even in situations where chil-	
methods. Face-to-face	Disability - Trafficked children: Not	dren have sought help. The emphasis of recognition	
interviews, survey and	reported Professionals: Not reported.	would have to be on adults having awareness of the	
telephone interviews.	<ul> <li>Long term health condition - Traf-</li> </ul>	indicators of trafficking to enable discovery and identi-	
	ficked children: Not reported Profes-	fication, especially those whose decisions may impact	
Country: UK.	sionals: Not reported.	on their care arrangements, such as the police, immi-	
	Sexual orientation - Trafficked chil-	gration officers and legal representatives (p31).	
Source of funding:	dren: Not reported Professionals: Not		
Government -	reported.		
The Home Office.	Socioeconomic position - Trafficked	B. Response (pp37–8)	
	children: Not reported Professionals:	1. The response to trafficked children when they go	
	Not reported.	missing - There was a general lack of awareness of	
	Type of abuse - Trafficked children:	trafficking meant some children were not properly pro-	
	Reasons for being trafficked- domes-	tected, supervised, accommodated and supported,	
	tic servitude (n=7), forced labour and	and went missing (p38).	
	criminal activity including cannabis	a. Professionals emphasised the importance of multi-	
	cultivation and selling drugs (n=3)	agency working to react to trafficked children going	
		missing: quick action had to be taken to minimise risk,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	and sexual exploitation (n=9). Professionals: Not relevant.  Looked after or adopted status Trafficked children: Not reported Professionals: Not reported.  Unaccompanied asylum seeking, refugee or trafficked children - Trafficked children (see Types of abuse).  Sample size Trafficked children: n=17 (15 girls and 2 boys) Professionals: On-line surveys (n=30 heads of Local Safeguarding Children's Boards). Telephone interviews (n=18); 9 social care managers and front line social workers, 2 solicitors (welfare and immigration) and 7 voluntary sector staff.	such as developing a multi-agency safety plan, record keeping, securing safe accommodation, working with specialist, trained and supported foster carers, providing intensive one-to-one support and the forming of a trusting relationship with an independent adult.  b. Some respondents felt that strategies should include the option to access support beyond the local area, such as the use of reciprocal arrangements between local authorities or a national specialist foster care programme to locate the whereabouts of missing trafficked children (p38).  c. A national approach, i.e. establishing a national database of missing trafficked children would help to alert different agencies.  d. When trafficked children do go missing, there is a strong possibility that children return to their traffickers and their cases should be considered as abduction cases and treated accordingly by local authorities and the police.  e. Training of specialist foster carers to prevent children being placed in inappropriate placements (p38).  2. Use of current guidance and multi-agency working (pp39–47)  a. Child trafficking toolkits and NRM guidance on trafficking were considered helpful but some felt there was little understanding of how those indicators should be incorporated in assessment processes, to predict risk and as a way of determining the most appropriate services for a child (p39).  b. Good social care for trafficked children should focus on a duty to protect these children, rather than focusing on them as being trafficked.  c. Effective multi-agency working was highlighted as being important in providing the right type of support	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		to trafficked children, but multi-agency working was highly dependent on a shared understanding and proper training across agencies, and on the importance placed on the issue by local authorities. Few local authorities had developed multi-agency strategic or operational groups focusing on trafficking and few local authorities had implemented current guidance by developing multi-agency strategic or operational groups focussing on trafficking, or undertaken local needs assessments.  d. Key areas identified as working well at a local level included: provision of comprehensive training across faiths and cultures; effective protocols, effective working with local police; establishment of a sub-group of the LSCB; multi-agency strategy meetings about individual cases; appointing specialist workers or commissioning local voluntary sector organisations to provide training and support; developing a communications strategy about private fostering across LSCB partners (p44).  e. Some respondents expressed frustration with the NRM (National Referral Mechanism) process and did not see it providing support to trafficked children.  f. Trafficked children's experience and distress of having to repeat their story multiple times to multiple agencies indicates that improved multiagency working could be of significant benefit to them (p47).	
		3. Support for trafficked children (pp47–9) Support given by social services a. Although some individual social workers were seen as supportive, practice varied widely and only a mi- nority of the sample of trafficked children were happy with the care and support provided by their social workers. Although some individual social workers.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		b. Lack of continuity of care, trafficked children often had multiple social workers and had to frequently repeat their story.  c. Trafficked children's main criticism of social care support: lack of contact and support, not being listened to and social workers not doing things that they should do, leading to a lack of trust.  d. Trafficked children reported seeking the services and support they needed from welfare solicitors and/or support workers from voluntary organisations.  e. Stakeholders repeatedly highlighted the need to see what has happened to the child as a child protection issue and not an immigration issue, and to respond accordingly.  f. There were concerns that social work teams specialising in one area (e.g. asylum or looked after children) might not have the full range of knowledge or skills required to manage the often complex situations.  g. Child protection support could be compromised by some trafficked children's uncertain immigration status especially during transition from children's services to adult services/independence (p49).  Age assessments (p66)  a. Many trafficked children undergo multiple age assessments, which some practitioners thought were highly problematic for this group of children.  b. Age assessments were often taking place in police stations and in some cases they were being undertaken by social workers who were making pre-judgements (p66).  c. Children reported they were often not believed dur-	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		made it difficult to have good relationships with their social worker. d. Some children had their age wrongly identified and had been sent to adult prisons, detention centres or been placed in adult accommodation, placing them in a very vulnerable position (p66).	
		Access immigration advice and to specialist services (p56) a. Stakeholders highlighted that access to good quality immigration advice was a concern. b. Local authorities reported barriers to supporting trafficked children: insufficient accommodation, a lack of understanding amongst social workers of the immigration and legal systems and pressures relating to the immigration process. There were also barriers to providing an allocated permanent social worker to trafficked children.	
		Access to generic services: local authorities faced some difficulties in accessing appropriate education, mental health services and leisure opportunities for trafficked children (p62).	
		Therapeutic support: Some trafficked children had experienced serious mental health issues as a result of the exploitation they had been exposed to and reported that they had benefited from counselling accessed through their social or key worker, solicitor or voluntary sector workers (p59).	
		Access to education a. Education for trafficked children was seen as vitally important, although provision was varied. Local au-	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		thorities faced some difficulties in accessing appropri-	
		ate education, mental health services and leisure op-	
		portunities for trafficked children (p62).	
		b. Some trafficked children received incorrect advice	
		about their education, and/or did not receive their	
		right to an education (p66).	

7. Ghaffar W, Manby M, Race T (2012) Exploring the experiences of parents and carers whose children have been subject to child protection plans. British Journal of Social Work 42: 887–905

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The aim of	Participants	Narrative findings	Overall assessment
the study was to ex-			of internal validity:
plore 42 families in 3	Sample characteristics	Findings are presented in the child protection process	++
local authorities in	Age - Most parents/carers inter-	so themes can be categorised as: 1. Information pro-	Study meets most cri-
North England whose	viewed were in their twenties (n=20);	vided 2. Experiences of assessment 3. Case confer-	teria with clear, bal-
children have been	thirties (n=12) or forties (n=7). Two	ences and Child Protection Plans 4. Consultation and	anced findings, analy-
subject to child protec-	were under 20 and one was over 50.	decision making 5. The role of the professional.	sis and conclusion.
tion plans.	The mean age for mothers when their		Methodology is thor-
	first child was born was under 20 for	Information provided:	ough and the data is
Methodology: Quali-	2 authorities and 21.8 in the third au-	- Families reported that they were not routinely given	collected from large
tative study – 42 semi-	thority.	written information about child protection procedures	sample group (n=47).
structured, qualitative	• Sex - Female - 39 Male - 8	which impacted on their ability to compete on equal	
interviews were con-	• Ethnicity - White British = 36 British;	terms.	Overall assessment
ducted with parents.	Asian = 5; and Duel heritage = 1.	- Some parents commented on not understanding the	of external validity:
	Religion/belief - Not reported.	information provided. As one parent recalls, 'It was all	++
Country: UK, 3 local	Disability - Disability was not the fo-	in double Dutch. I attempted to read it, but it didn't	
authorities in Northern	cus of the study, but it is reported that	make sense, it was like reading a doctor's prescrip-	The study meets the
England.	a third of participants were affected	tion' (p897).	topic question.
	by disability. Three parents reported	- In some instances, parents did not recognise the se-	
Source of funding:	having a disability themselves, and	riousness or purpose of the child protection pro-	Overall validity rat-
Not reported.	11 reported having a child with a dis-	cesses. One parent commented: 'they didn't really	ing:
	ability.	make it clear what was actually happening' (p897).	++
	Long term health condition - Not re-		
	ported.	2. Experiences of assessment:	

• Sexual of Socioect ported be nority part employed • Type of tion plans registration glect = 23 tional abut • Looked a reported.	con, outcomes) orientation - Not reported. conomic position - Not re- eyond 'out of the six ethic mi- rents, none of them were d' (p893). abuse - On the child protec- s, children the category of on: - sexual abuse = 6 - ne- 3 - physical abuse = 9 - emo- use = 6 (2 joint). after or adopted status - Not	<ul> <li>Many parents commented that they felt social workers did not acknowledge the level of stress experienced during the assessment process.</li> <li>Families (n=4) stated they concealed information from professionals for fear of consequences, i.e. domestic abuse, mental health issues or drug taking might impact on the removal of their children.</li> <li>10 parents felt the deficit model of assessment was disempowering, as one parent recalls the assessment report submitted to a case conference, 'There was</li> </ul>	
ported.  Sample s	mpanied asylum seeking, or trafficked children - Not re-	nothing positive, it was all bad. When you're in a room full of professionals it's not very nice'.  - Conversely, one mother accounts her strengths being recognised and this empowered her and improved morale e.g. 'They told me I've got potential to do it. I've just got to get my mind in the right place' (p898).  3. Case conferences and Child Protection Plans:  - 37 parents commented upon their daunting experience of case conference, emphasised by feeling unable to present their perspective, e.g. 1 parent said that case conferences were 'very heavy and quite draining. I used to feel ill when I came out' (p898).  - On the other hand, several parents mentioned the positive experience of the conference chair who was supportive.  - The study asked if parents agreed (n=19) or disagreed (n=17) with their Child Protection Plan decision. Reasons cited for agreeing were that parents felt able to access more services or in domestic abuse instances, safety. However, parents who disagreed felt that they did not fully understand the safeguarding responsibilities of professionals.  4. Consultation and decision making:	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		<ul> <li>- 18 parents were positive about being included in the consultation process, whereas 6 parents felt limited in decision making but still felt listened to. One parent felt, 'I wasn't involved in any decisions, but they explained (things) very well, and they listened' (p899).</li> <li>5. The role of the professionals - these findings are representative of what parents felt help and hindered effective response from professionals.</li> <li>Factors that helped: <ul> <li>Parents (n=32) considered positive experiences when social workers had good listening skills, were open about agency involvement with clarity.</li> <li>Parents recognised the supportive and practical function of social services, as a couple who disagreed with agency involvement remarked, 'they had (baby)'s best interest at heart they did the job properly' (p900).</li> <li>It was considered effective if social workers spent time with the children.</li> <li>Additional social worker qualities included good organisation and reliability.</li> </ul> </li> </ul>	
		Factors that hindered: - 19 families highlighted that the change of social worker made them feel uncomfortable having to divulge personal information to a new worker 12 families experienced professionals who lacked empathy There were some examples of parents feeling stigmatised by social workers because of their substance misuse.	

8. Hackett A (2013) The role of the school nurse in child protection. Community Practitioner 86: 26-9

### Study aim: The aim of the study is to explore school nurses' perceptions of their role in child protection; identify skills required to undertake this role;

identify training needs.

Research aims

Methodology: Qualitative study. Qualitative interviews with 6 school nurses in a Scottish city. Purposive sampling to comprise 3 school nurse team leaders and 3 school nurse staff from 2 geographical areas. Interviews were semistructured, using an interview topic guide that explored the participants 'current knowledge, experience, qualification and training; perceived role and responsibilities relating to safeguarding and protection children and young people; current involvement in child protection issues:

# PICO (population, intervention, comparison, outcomes)

Participants
Professionals/practitioners - Individual interviews were conducted with School nurse team leaders (n=3) and school nurse staff (n=3) from 2 different geographical areas. Length of qualification ranged from 5–37 years, while experience in school setting ranged between 3–19 years. Most participants were degree educated (n=5), with one completing a nurse diploma level and 2 participants held the specialist practitioner qualification.

#### Sample characteristics

- · Age Not reported.
- · Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

### Sample size

### Findings

### **Narrative findings**

Findings have been thematically arranged into 3 key themes: 1. role confusion; 2. learning into practice; and 3. moving forward.

#### 1. Role confusion:

- Participants commented on a lack of clarity over the school nurses responsibility, albeit all knew the need to follow child protection concerns. One participant described being unsure of her role, 'I said that I was quite clear what my role is, safeguarding and disease prevention, and then sometimes I act like I am unsure about what my role is, you know what I mean, because I am pushed somewhere else' (p27).
- All participants wanted clarity to roles and responsibilities in order to manage expectations of families, other professionals and managers.
- There were varying accounts of a school nurses role in child protection. One participant felt that '... it depends how far you want to be involved with child protection ... when a child protection case conference comes up that is my devotion to that case and to see it through'. Whereas, one participant commented '... it is not social concerns. We are very much I think physical health ... we don't do home visits' (p27).

#### 2. Learning into practice

- This is not relevant as it addresses training needs which will not be covered in the review question.
- 3. Moving forward

# Overall assessment of internal validity:

Overall validity rating

+

Thorough research design and analysis process that explores school nurses perception on safeguarding duties. The conclusions make recommendations for further training needs. There are limitations in that it is a small sample of school nurses (n=6) and open to bias due to the representation of participants from only two health boards, not the whole of UK.

### Overall assessment of external validity:

+

The paper has met most of our criteria, however as a small scale study and brief findings with limited transferability and generalisability due to one locality in Scotland, the conclusions and implication for practice are

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
perceived education/training needs for identifying and responding to child protection issues; awareness of child protection courses/training; and perceived/actual barriers to uptake of training/educational courses' (p27).  Country: UK, Scotland.	Total participants = 6.	- All participants commented that confidence and communication skill were paramount in taking forward child protection concerns Two participants commented that listening was important too, ' hearing and listening are probably slightly different, but it is being open to hear what they are saying take it step by step' (p28).	relevant to area of study.  Overall validity rating: + Paper is limited and small scale (n=6), however comprehensive research design that links findings with recommendations. Caution to generalise findings.

9. Harper Z, Scott S (2005) Meeting the needs of sexually exploited young people in London. London: Barnardo's

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The aim of	Participants:	Narrative findings	Overall assessment
the study was to un-	Children and young people -		of internal validity:
derstand: 1. The na-	12 young people aged between 13	1. Police - Barriers to an effective police response	+
ture and extent of sex-	and 19.	Barriers identified included:	
ual exploitation in Lon-	Professionals/practitioners -	- No clear lead on child sexual exploitation	Overall assessment
don 2. The service	Interviews with a range of practition-	- Lack of clarify regarding remit between Child Protec-	of external validity:
needs of young people	ers including child protection co-ordi-	tion Units, Community Safety Units, clubs and vice,	+
at risk of sexual exploi-	nator (n=32), police (n=10), health	Sapphire teams, local borough police, CID, Missing	
tation 3. Gaps in exist-	service (n=10), education service	Persons Units, Public Protection Police and the Child	Overall validity rat-
ing service provision in	(n=2), local authority looked-after chil-	Abuse Prevention Unit.	ing:
London 4. Examples of	dren's service (n=2), residential home	- Lack of resources for this area of work.	+
promising practice	manager (n=1), youth offending team	- Unable to prioritise without sufficient resources, or if	Study was conducted
which could be shared	(n=3), secure unit manager (n=5),	there is no intelligence to suggest a problem in rela-	in 2005, which means
across London. The	specialist sexual exploitation service	tion to sexual exploitation.	the findings may be
	(n=6), voluntary sector service with		somewhat outdated as

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
study also includes ex-	expertise in trafficking (n=6), home-	- Lack of awareness amongst the police, or tending to	awareness of, and
amples of facilitators	lessness/going missing service (n=4),	associate sexual exploitation only with child prostitu-	practice in relation to,
and barriers to identifi-	drug and alcohol service (n=3), adult	tion, e.g. 1 police officer said: 'We don't get much	CSE has changed con-
cation of, and re-	sex worker service (n=3), other volun-	here. We don't have child prostitution here. We have	siderably since that
sponse to, child sexual	tary sector service (n=3).	had the odd case. We don't have brothels here	time. Relatively sparse
exploitation, which is		stacked with child prostitutes' (police officer, p54).	reporting of interviews
what our data extrac-	Sample characteristics:	- Difficulty achieving prosecutions, partly due to over-	with children and
tion has focused on.	Age - Young people: Aged between	reliance on young person to press charges and give	young people.
	13 and 19. Practitioners: Not re-	evidence. The main alternative to this was seen to be	
Methodology: Quali-	ported.	surveillance of the abuser and the young person, but	
tative study. Qualita-	• Sex - Young people: 11 women and	noted that this is resource-intensive.	
tive interviews with	1 man. Practitioners: Not reported.		
young people and	Ethnicity - Not reported.	2. Social Services and ACPCs (former terminology for	
practitioners as part of	Religion/belief - Not reported.	LSCBs)	
a wider study which	Disability - Not reported.		
also included audit.	Long term health condition - Not re-	2.1 Service response to young people at risk of sex-	
	ported.	ual exploitation - systemic barriers	
Country: UK, Eng-	Sexual orientation - Not reported.	Respondents in the study noted the following barriers	
land.	Socioeconomic position - Not re-	to response:	
	ported.	- Pressure on resources.	
Source of funding:	Type of abuse - Young people were	- Struggling to respond to cases of known abuse, let	
Voluntary/charity -	recruited from services that worked	alone tackling cases of CSE where young people did	
Corporation of Lon-	with young people experiencing or at	not want to co-operate.	
don's Bridge House	risk of child sexual exploitation.	- High staff turnover.	
Trust.	Looked after or adopted status - Not	- Can be more difficult to assist older teenagers.	
	reported.	- Lack of awareness of constrained consent/decision-	
	• Unaccompanied asylum seeking,	making occurring in cases of CSE.	
	refugee or trafficked children - Not re-	- Difficulties in engaging with young people - this was	
	ported.	sometimes seem as a failure on the part of the young person, although respondents also noted that availa-	
	Sample size:	bility and accessibility of services was also a factor.	
	Young people n=12	bility and accessibility of services was also a factor.	
	Practitioners n=90	2.2 Promising practice	
	1 1464111011615 11-30	The study notes that promising practices included:	
		The study hotes that promising practices included.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		<ul> <li>Systematically identifying CSE across cases, with 1 person having the overview.</li> <li>Multi-agency partnerships, e.g. between children's social care and housing.</li> <li>Supporting specialist sexual exploitation services.</li> </ul>	
		3. Service responses - health, education and other statutory services	
		3.1 Health - service provision for young people at risk of sexual exploitation Practitioners identified the need for therapeutic support for young people who have experienced CSE, although acknowledged that it can be difficult to get young people to engage. Interviewees also noted difficulties in accessing CAMHS.	
		3.2 Education - service provision Study notes importance of a flexible response, and enabling children to stay within school where possible. Use of learning mentors was highlighted as a something that works well.	
		3.3 Youth Offending Teams Those interviewed had not identified young people at risk of sexual exploitation.	
		<ul> <li>4. Service response - voluntary sector specialist services</li> <li>Practitioners interviewed identified the following aspects of their services that facilitated engagement:</li> <li>Offering a combination of 1:1 key working and counselling, along with drop-in support and group work.</li> <li>Use of 'assertive outreach' for those reluctant to engage.</li> </ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Offering a high level of confidentiality - Making the centre a safe and welcoming space Making other services accessible on-site, e.g. sexual health provision and counselling Offering a range of services, to give young people a number of reasons to 'hook in' (p92).	
		Barriers cited included the service having to stop at age 18.	
		5. Supporting young people who have arrived from abroad - accessing protection The study notes that age problem disputes can be a barrier to trafficked and exploited young people accessing protection. Barriers to the police helping trafficked young people included lack of resources and difficulties in gathering intelligence on perpetrators.	
		6. Young people's views on service provision	
		6.1 Views on existing services	
		The study reports that, when asked to comment on a list of workers that they found to be most helpful and supportive, most young people (n=10) chose to place their specialist young person's worker and their social worker together at the top of the list. One young person said what they valued about their social worker was that they were honest with them.	
		Young people who thought their specialist young person's worker was the most helpful cited reasons including being able to talk comfortably and openly, flexibility and availability in emergencies. Some young	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		women valued being able to access a woman-only service.	
		Seven young people mentioned the police, 5 'in negative terms' (p108).	
		Schools and health services were mentioned by fewer young people, although 1 young person rated nurses to be one of the most helpful types of worker, and 2 young people had had positive experiences with sexual health nurses.	
		Young people talked about barriers to accessing services, which included: - being reimbursed for travel expenses - language barriers - childcare.	
		6.2 What young people thought service provision should look like	
		The study asked young people what they thought the ideal service would look like. Key features of what they described included:  - being able to access everything in the same building - include social worker, nurses, a sexual health clinic, career advice and education support - somewhere you might go for a positive reason 'You don't just have to go there for problems' (p110) - confidential, flexible and accessible - available up to age 21 - (for young women) should be women-only - Easy to get to, with good transport links.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		One young person suggested that an online service might be helpful, particularly as it provided more anonymity.	
		However, 2 young people rated social workers the least helpful. These young people reported that they weren't able to talk comfortably with their worker, and were not able to contact them in an emergency. One young person said: 'When I go and I say "(I am lonely)" and "I don't have a TV or radio", they say "sorry, I can't do anything". So then I keep my distance. We are put off. Social services have a limit to where they can go. You can't ask everything' (p108).	

10. Izzidien S (2008) I can't tell people what is happening at home: domestic abuse within South Asian communities - the specific needs of women, children and young people. London: NSPCC

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To con-	Participants	Narrative findings	Overall assessment
sider views of manag-	Children and young people -		of external validity
ers and practitioners	Asian young girls and women (n=16).	Barriers to effective response are reported in Chapter	+
who work with women	Professionals/practitioners -	3 titled 'Barriers to help-seeking':	Clear relationship with
and children from	Focus groups and semi-structured in-		guideline topic and
South Asian communi-	terviews with managers and practi-	Chapter 3: Barriers to help-seeking:	question, however no
ties in England and	tioners (n=30). Note, majority of pro-		reports on gaining ethi-
Wales who have been	fessionals work for NSPCC domestic	3. 1 Recognising domestic abuse	cal approval or consent
affected by domestic	abuse services but it is not clear how	-Practitioners reported that children who were born	from participants.
abuse.	many.	into domestic abuse felt that it was a normal pattern	
		of life so didn't always report incidents. One service	Overall assessment
Methodology: Quali-	Sample characteristics	practitioner stated: 'As a Muslim she thought that this	of credibility (internal
tative interviews. Semi-	<ul> <li>Age - Children and young people -</li> </ul>	was acceptable [for her dad to hit her mum] and was	validity)
structured interviews	Two teen programmes with girls age	surprised to hear that it was against the teachings of	-
with managers and	10–15 and teens for 16–19. Profes-	the Qur'an' (p17).	Not enough infor-
practitioners (n=30)	sionals= Not reported.		mation on methodol-
and 2 focus groups.		3. 2 Language	ogy.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Newham Asian Women's project conducted consultations with Asian girls and young women (n=16) through their Teens programme through two youth groups.  Country: UK, England and Wales.  Source of funding: Voluntary/charity. NSPCC.	<ul> <li>Sex - Children and young people - 16 females. Professionals - Not reported.</li> <li>Ethnicity - Children and young people - South Asian communities. Professionals - Not reported.</li> <li>Religion/belief -Children and young people - Not reported. Professionals= Not reported.</li> <li>Disability - Children and young people - Not reported.</li> <li>Long term health condition - Children and young people - Not reported.</li> <li>Sexual orientation - Children and young people - Not reported.</li> <li>Socioeconomic position - Children and young people - Not reported.</li> <li>Socioeconomic position - Children and young people - Not reported.</li> <li>Type of abuse - Children and young people - Domestic abuse. Professionals - Not reported.</li> <li>Looked after or adopted status -Children and young people - Not reported.</li> <li>Looked after or adopted status -Children and young people - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Children and young people - Not reported.</li> <li>Professionals - Not reported.</li> <li>Sample size -</li> </ul>	- Practitioners stated language wasn't always a barrier for the majority of South Asian young people because they had bilingual skills. However, it was noted by some participants that communication between schools and mothers was tenuous because in some instances 'they were only allowed out of the house to take their children to school' (p18), therefore contact was limited impacting on the ability to build relationships which impacts on seeking help.  3. 3. Lack of support from extended family - Generally practitioners and managers reported a lack of support for women and their children from extended family, it was seen as the exception, rather than the norm. One service practitioner commented that 'you will be seen as a bad woman for leaving your husband. People won't come to your house, kids can't go to parties, you will not have that social network of people coming around, you lose that connection with your own community, you are more exposed to racism. Without support it is impossible for them to leave' (p19).  3. 4 Experiences of discrimination - One service manager commented on the current political climate [post 9/11 and 7/7]: 'there is a need to engage more with South Asian women because they might be more reluctant to access services' (p19).  - 1/3 of practitioners and managers cited children's issues with bullying and racism from the community. This impacts on young people feeling marginalised which might mean they mistrust professionals One service practitioner commented upon this marginalisation: 'One girl went home and asked her mum	Relevant findings to research question, however with little methodology it is difficult to contextualise the experiences of service users. Additionally, young peoples' voice is lost in the report as only summarised at the end of Chapter 3.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Children and young people - n=16 Professionals= n=30	to bleach her face so she could be like the other girls at school' (p20).	
		3. 5 Insecure immigration status - Majority of managers and practitioners highlighted concern for the welfare of children whose mothers have insecure immigration status. This means that upon entering the UK, they must remain with their husband who has a secure British citizenship for 2 years, causing them to be financial dependent on their husband as they have 'no recourse to public funds'.	
		3. 6 Cultural barriers - The impact of shame and honour on South Asian young people was reported by practitioners and managers who spoke about the families' position within the wider context of the community. One service manager reported, 'I think the South Asian community is programmed from birth to know that there are things you don't say outside the house, and domestic abuse is one of them' (p22) Managers and practitioners noted that there was a sense of isolation and when young people did reach out, in some instances at school, i.e. witnessing their parents arguing and fighting, they did not want the professionals to act.	
		3. 7 No one to turn to - 'I think the main thing is they don't speak about it. They don't have that release or outlet and nobody knows what is going on for them' (service practitioner, p25).	
		<ul> <li>A couple of practitioners noted a number of case where teachers didn't believe what their Asian pupils</li> </ul>	

comparison, outcomes)		
	were telling them, coupled with young people not wanting the attachment of embarrassment or shame amongst their peers.	
	3. 8 Lack of knowledge about help available - Some managers and practitioners stated that South Asian children and young people didn't know where to turn to for support as there was a lack of information about services that offer support Additionally, young people were fearful of conse- quences, e.g. in 1 case, 'a South Asian girl wished to leave a violent household but was convinced her fam- ily would find her as the community was well con- nected. She felt her only option was to remain at home and put up with the violence' (p26).	
	<ul> <li>3. 9 Perceived barriers: South Asian girls and young women</li> <li>Of the 16 girls that were consulted, the summarised barriers to seeking help were as follows (p26):</li> <li>i. Many young women are trapped in violent situations due to the pressures from community.</li> <li>ii. People may be scared to talk because the situation</li> </ul>	
	<ul><li>iii. Rumours spreading in the community and fears of what others may say.</li><li>iv. People may not believe them or think they are stupid.</li><li>v. Fear of community opinions.</li></ul>	
	vi. Fear of perpetrator - threats to family and friends. vii. Trust issues and not being about to speak about abuse. viii. No services available. IX. Not aware of services.	
		- Some managers and practitioners stated that South Asian children and young people didn't know where to turn to for support as there was a lack of information about services that offer support.  - Additionally, young people were fearful of consequences, e.g. in 1 case, 'a South Asian girl wished to leave a violent household but was convinced her family would find her as the community was well connected. She felt her only option was to remain at home and put up with the violence' (p26).  3. 9 Perceived barriers: South Asian girls and young women  - Of the 16 girls that were consulted, the summarised barriers to seeking help were as follows (p26): i. Many young women are trapped in violent situations due to the pressures from community. ii. People may be scared to talk because the situation could get worse. iii. Rumours spreading in the community and fears of what others may say. iv. People may not believe them or think they are stupid. v. Fear of community opinions. vi. Fear of perpetrator - threats to family and friends. vii. Trust issues and not being about to speak about abuse. viii. No services available.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	,	XI. Issues around izzat and sharam for Asian families.	
		XII. Some women may not seek help for fear of losing	
		their children.	

### 11. Kazimirski A, Keogh P, Kumari V et al. (2009) Forced Marriage Prevalence and Service Response. London: Natcen

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The re-	Participants	Narrative findings	Overall assessment
search had two aims:	Professionals/practitioners -		of internal validity:
1. To improve under-	40 professionals across 4 local au-	These findings have been extracted from Chapter 6	+
standing of the preva-	thorities, covering both statutory and	on 'Case response and management'.	
lence of FGM 2. To ex-	voluntary agencies. Respondents in-		Overall assessment
amine how services	cluded: Statutory sector respondents	Responses to cases of forced marriage were primarily	of external validity:
are currently respond-	<ul> <li>Police - detective inspectors, super-</li> </ul>	considered to be part of domestic violence services,	+
ing to cases of FGM.	intendents, sergeants • domestic vio-	although responses to young people under 18 re-	Good relevance to
The study states that is	lence (DV) - DV community safety	quired a child protection response.	question, but no con-
had 'a particular focus	unit (CSU) officers, DV outreach ser-		sideration of ethical is-
on UK resident chil-	vices, DV co-ordinators • child protec-	Child protection responses were generally less clearly	sues.
dren and young people	tion (CP) staff - directors of children's	articulated that responses via the domestic violence	
under 18 years of age'	services, local safeguarding chil-	services route. A typical response might be, after a	Overall validity rat-
(p1.) We have ex-	dren's board (LSCB) co-ordinators,	child has gone missing from education for more than	ing:
tracted data only in re-	safeguarding children co-ordinators,	21 days:	+
lation to research	CP advisors and co-ordinators • edu-	- School writes to LA education and welfare team.	
question 2, which has	cation - education welfare officers	- They carry out checks with housing, children's ser-	
content, which relates	(EWOS), school counsellors, student	vices and benefits agencies and may conduct a home	
to our review questions	services officers, personal advisors •	visit.	
6 (Recognition), 14	local councillors • primary care trust	- If child is abroad, case is referred to Forced Mar-	
(Early help) and 20	(PCT) public health managers • hous-	riage Unit.	
(Response).	ing services staff. voluntary sector re-	- If child not abroad, case dealt with by children's ser-	
	spondents: • black/minority ethnic	vices.	
Methodology: Quali-	(BME) and DV - DV women's groups		
tative study. In-depth	staff, refuge staff, counselling staff •	Quality and nature of response depended on the fol-	
interviews with 40 key	victim support workers • law centre	lowing factors:	
stakeholders across			

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
workers • youth/children's charity workers • religious leaders. (p13).	- Capacity of partner agencies - due to lack of resources and reported high turnover of staff in statutory children's services and schools	
Sample characteristics  • Age - Not reported.  • Sex - Not reported.  • Ethnicity - Not reported.  • Disability - Not reported.  • Long term health condition - Not reported.  • Sexual orientation - Not reported.  • Socioeconomic position - Not reported.  • Type of abuse - Not reported.  • Looked after or adopted status - Not reported.  • Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size  40 individuals interviewed across 4 case study local authorities.	tory children's services and schools.  - Taking forced marriage seriously - priority attached to forced marriage across partner agencies.  - Cultural sensitivity - there was a perception that some statutory agencies thought forced marriage was beyond their remit as it is a 'cultural issue' (p43) or considered to be a private family matter.  - Compartmentalisation/culture of referral - study reports a perceived tendency for agencies to want to 'refer on' cases of forced marriage, rather than respond themselves.  - Attitudes/perceptions of the victim - respondents saw part of their role as encouraging young people to recognise the risks they were facing.  - Differences in partners' expertise - Respondents reported variable levels of understanding and awareness across different agencies, including awareness of what voluntary sector support services were available.  - Differences in professional practices and norms - particularly between the statutory and voluntary sector. This included differences in the way that cases were drawn to the attention of services, and also the fact that the voluntary sector tended to seek solutions which maintain the family structure, which was not always possible for services operating within statutory frameworks.  6.2 Pitching the level of response The study reports that professionals found it difficult to balance being seen to take cases of forced mar-	
	riage seriously (as demonstrated by taking out a care order or Forced Marriage Protection Order) compared	
	comparison, outcomes) workers • youth/children's charity workers • religious leaders. (p13).  Sample characteristics • Age - Not reported. • Sex - Not reported. • Ethnicity - Not reported. • Religion/belief - Not reported. • Disability - Not reported. • Long term health condition - Not reported. • Sexual orientation - Not reported. • Socioeconomic position - Not reported. • Type of abuse - Not reported. • Looked after or adopted status - Not reported. • Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size 40 individuals interviewed across 4	comparison, outcomes)  workers • youth/children's charity workers • religious leaders. (p13).  Sample characteristics • Age - Not reported. • Ethnicity - Not reported. • Eligion/belief - Not reported. • Disability - Not reported. • Long term health condition - Not reported. • Sexual orientation - Not reported. • Socioeconomic position - Not reported. • Type of abuse - Not reported. • Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size  40 individuals interviewed across 4 case study local authorities.  * Age - Not reported. • Disability - Not reported. • Compartmentalisation/culture of referral - study reports a perceived tendency for agencies to want to 'refer on' cases of forced marriage, rather than respondents saw part of their role as encouraging young people to recognise the risks they were facing Differences in partners' expertise - Respondents reported variable levels of understanding and awareness of what voluntary sector support services and norms - particularly between the statutory and voluntary sector. This included differences in the way that cases were drawn to the attention of services, and also the fact that the voluntary sector tended to seek solutions which maintain the family structure, which was not always possible for services operating within statutory frameworks.  6.2 Pitching the level of response The study reported high turnover of staff in statutory of surfices and reported high turnover of staff in statutory children's services and reported to forced marriage seriously (as demonstrated by taking out a care

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		to not trying to be too 'heavy handed'. Other reported barriers to responding included the reluctance of victims to challenge their families and the fact that forced marriage may be just one factor in a more complex case (for example CSE, DV or child abuse may also be occurring).	
		6.3 Case co-ordination The study reports that arrangements for co-ordination of the various agencies who may be involved in a forced marriage case varied across areas, with most showing a need for better co-ordination.	
		6.4 Attitudes towards use of forced marriage protection orders (FMPOs) Respondents in three of the localities reported little use of FMPOs, with concerns including: that they be perceived as being 'against' a particular minority group, and that they may be perceived as having lower status than a legal response. However, police respondents in one local authority area reported making extensive use of FMPOs.	
		6.5 Barriers to effective case response and management	
		The authors summarise the above barriers as follows:  '• Lack of sufficient resources, especially in the voluntary sector  • High staff turnover in the statutory sector, making it difficult to embed understanding and practice norms  • Variability in levels of professional commitment to respond to FM  • Reticence to challenge practices perceived as cultural norms	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Companison, outcomes)	Tendency to refer out of service with lack of follow-up Limited understanding of FM Limited understanding of the range of approaches that can be taken in response to FM, which are reliant on careful and informed risk-assessment Lack of badly-needed case co-ordination Gaps in service provision (specifically that for 16- to 18-year-olds) Lack of knowledge about FMPOs Lack of experience of working with FM leading to uncertainty around appropriate level of response and practices (causing delay in high-risk cases)' (p48).	
		agement The study identifies the following facilitators of effective case response: Good assessment and risk assessment. A variety of responses, ranging from counselling and support to FMPOs and prosecution where required. All partners taking forced marriage seriously including being able to challenge practices 'without being seen to challenge the cultures within which these practices are associated' (p48), knowing when to work with a case and when to refer on, having sufficient training and practice guidelines. Sufficient resources. Use of FMU guidelines. Responses to FMPOs was more mixed.	
		6.7 Key features of a good response The authors summarise the following features of a good response:	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		<ul> <li>'• Individual assessment and support plan to identify services required, including employment and financial needs;</li> <li>• Where required, reassurance for the victim that going against FM is not going against their religion or culture;</li> <li>• Encouragement and help with continuing education;</li> <li>• Where required, referral for counselling;</li> <li>• Providing information on services available, including leaflets.</li> <li>Where the case was deemed to be high-risk</li> <li>• Advice on warning signs (especially in relation to impending trips abroad);</li> <li>• Advice on where to hide their passport;</li> <li>• Taking a photograph of the young person;</li> <li>• Obtaining copies of passports or passport details;</li> <li>• Provision of a mobile phone;</li> <li>• The use of code words during telephone or other conversations to indicate immediate danger;</li> <li>• Establishing a contact able to confirm that the victim is safe should they go missing;</li> <li>• Establishing and agreeing measures of maintaining contact should the victim be taken out of the country;</li> <li>• Safety measures for trips abroad (named guarantor other than parents, contacts in the host country to check on the young person);</li> <li>• Flexibility in location for meetings (for example police statements and interviews taking place in a refuge if the victim is uncomfortable going to the police station);</li> <li>• Establishing a 'contract' with the young person stating what authority they grant the agency to intervene or enquire should they leave the country.</li> </ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		<ul> <li>Where the young person had left home</li> <li>Housing support</li> <li>Support to encourage independence, including training on life skills</li> <li>Legal advice.</li> <li>Other key aspects</li> <li>Following up referrals (e.g. following up a faxed form with a phone call, especially in urgent cases)</li> <li>Recruiting male and female workers from the local community</li> <li>Seeking advice of other agencies (e.g. the FMU, specialist young person or women's group) where appropriate, which doesn't have to involve referral of case if appropriate to maintain confidentiality</li> <li>Different LA departments working closely together (e.g. Social Work team attached to Homelessness Unit)</li> <li>Provision of bilingual workers;</li> <li>Training alongside guidelines (including on FMPOs), so professionals engage with them</li> <li>Provision of drop-in advice sessions</li> <li>Provision of formal 24 hour facility for reporting FM or seeking help (as some respondents reported having to give out their own mobile numbers to young people to call in the event of an emergency)' (pp49–50).</li> </ul>	

12.McGee H, Garavan R, de Barra M et al. (2002) The SAVI report: Sexual Abuse and Violence in Ireland. Dublin: The Liffey Press in association with Dublin Rape Crisis Centre

### Research aims

Study aim: Main aim of the study was to 'estimate the prevalence of various forms of sexual violence among Irish women and men across the lifespan from childhood to adulthood' (pxxxi). Additional aims included experience of services by those who had disclosed abuse - our data extraction has focused on this.

Methodology: Survey.

Country: Not UK. Ireland.

**Source of funding** Government.

# PICO (population, intervention, comparison, outcomes)

### **Participants**

Adult survivors of child abuse. Survey of general population, of whom 24% of male respondents and 30% of female respondents reported some form of abuse in childhood.

**Sample characteristics:** In the studies for which we have conducted data extraction for this question, the sample characteristics were as follows:

- Age Note figures relate to respondents to respondents to the survey as a whole not just those who reported abuse. Male respondents 20-24 11.3%, 25-29 7.6%, 30-39 22.2%, 40-49 25.2%, 50-59 14.3%, 60-69 11.2%, 70-79 6.8%, 80+1.3%. Female respondents 20-24 6.1%, 25-29 6.4%, 30-39 24.4%, 40-49 23.3%, 50-59 20.2%, 60-69 10.1%, 70-79 7.2%, 80+2.3%.
- Sex 48.6% male, 51.4% female.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Social classification: Male respondents Professional 17.7%, intermediate 22.6%, routine non-manual 21.6%, skilled manual 20.0%, semi-skilled

### **Findings**

### Views and experiences

Note: this study reports findings from people who have been sexually assaulted in childhood or in adulthood. We have data extracted findings relating to childhood abuse only. Where findings have not been disaggregated in to childhood/adulthood experiences, they are not reported as may provide a misleading picture of child experiences.

#### Satisfaction with services

The study examined what support services were used by those who had been sexually abused or assaulted, and survivor views on these services. The findings were as follows:

- Gardai and legal system:
- There were low rates of disclosure to the Gardai (4.6% of people abused in childhood).
- Key reasons given for not reporting to the Gardai were: the respondents thought the case would be 'too trivial' (p131), they were too young at the time, not wanting to distress families, feeling ashamed, blaming oneself, being concerned about family reactions, thinking the Gardai couldn't do anything to help, abuse happened too long ago.

People who had reported their experiences to the Gardai were asked about their experiences (note sample size relatively small). The study found that, of adults who had been abused in childhood:

- 89 per cent were satisfied with how seriously the Gardai treated their situation.
- 17 per cent were dissatisfied with Gardai's sensitivity to their feelings.

Only 6 respondents who had been abused in child-hood went on to experience court cases, and their views do not appear to be reported here.

### Overall validity rating

# Overall assessment of internal validity

+

Lack of disaggregation of childhood versus adulthood abuse presents a challenge in interpretation of results.

# Overall assessment of external validity

++

### Overall validity score

+

Lack of disaggregation of childhood versus adulthood abuse presents a challenge in interpretation of results.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	manual 12.1%, unskilled manual	Medical professionals:	
	1.1%, unclassified 4.9%; Female	- The study reports that only 17 respondents abused	
	respondents Professional 10.7%,	in childhood reported it to a medical professional.	
	intermediate 30.3%, routine non-	- Of those reporting child sexual abuse, 33% were	
	manual 29.0%, skilled manual	dissatisfied with the experience, with 11% reporting	
	6.9%, semi-skilled manual 19.1%,	that they felt that the medical professionals made	
	unskilled manual 0.9%, unclassified	them feel 'responsible for their experience of sexual	
	3.1%.	violence' (p141).	
	<ul> <li>Type of abuse – Abuse experi-</li> </ul>	- 20% of respondents said they were dissatisfied with	
	enced during childhood (under 17)	how physical examination was explained to them and	
	(wording of questions made clear	conducted.	
	that these were non-consensual ex-	Counselling/psychological professionals:	
	periences)	- The proportion of respondents who had been	
	<ul> <li>Looking at pornographic mate-</li> </ul>	abused as children and were satisfied with their expe-	
	rial - male 6.7%, female 2.7%.	rience of counselling is not reported.	
	<ul> <li>Being photographed or vide-</li> </ul>	Health Board Services:	
	oed - male 1.0%, female 1.3%.	- Only two participants had experiences of Health	
	<ul> <li>Someone exposing their sex-</li> </ul>	Board Services (unclear if they had been abused in	
	ual organs - male 12.5%, fe- male 20.6%.	childhood or adulthood).	
	<ul> <li>Someone masturbating in front</li> </ul>	Experiences of marginalised subgroups - satis-	
	of you - male 6.2%, female	faction with services	
	5.3%.	Homeless women and their children:	
	<ul> <li>Being touched in a sexual way</li> </ul>	Findings largely appear to relate to sexual violence	
	- male 11.2%, female 14.9%.	experienced in adulthood - not disaggregated.	
	<ul> <li>Someone else get you to touch</li> </ul>	Travellers:	
	them in a sexual way - male	Additional detail relating to disclosure: The study	
	9.7%, female 9.0%.	notes that respondents from the Traveller community	
	<ul> <li>Someone rub their genitals</li> </ul>	described a culture in which disclosing abuse was	
	against your body in a sexual	seen to bring shame and dishonour on your family. It	
	way - male 6.6%, female	was noted that this would be particularly severe for	
	10.1%.	boys in the community. This linked to experiences of	
		involving services. For example, one participant said:	
		"Traveller women would be very afraid to speak to a	
		social worker. They'd be put on the 'at risk' register,	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	<ul> <li>Someone attempt to have sexual intercourse with you - male 3.0%, female 4.6%.</li> <li>Someone succeed in having sexual intercourse with you - male 1.1%, female 1.7%.</li> <li>Persuaded to have oral sex - male 1.1%, female 0.9% 11.</li> <li>Persuaded to have anal sex - male 0.9%, female 0.3%.</li> <li>Insertion of fingers or objects in to vagina or anus - male 0.6%, female 4.4%.</li> <li>Looked after or adopted status - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Not reported.</li> <li>Sample size</li> <li>Sample size - 3120 respondents.</li> </ul>	wouldn't they" (p209). Study notes that, for this group, further practical barriers to accessing services can include 'isolation, illiteracy and a lack of information, money and transport' (p210).  Prison population: Relates to experiences in adulthood only.  Women in prostitution: Survey completed by staff and volunteers only.  People with learning disabilities: No primary data gathered.  Psychiatric inpatients: Research with staff only.	

13. McNaughton Nicholls C, Harvey S, Paskell C (2014) Gendered perceptions: what professionals say about the sexual exploitation of boys and young men in the UK. London: Barnardo's

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The study has 4 research ques-	Participants: Professionals/practitioners -	Narrative findings	Overall assessment of internal validity:
tions, 1 of which matches our review	Professionals with experience of working with boys and young men ex-	3.4 Effective responses	+
question which is: - to 'suggest ways in which policy and practice	periencing, or at risk of, sexual exploitation.	The study reports that professionals held differing views on whether or not specialist gender-based ser-	Overall assessment of external validity:

# may be able to identify and appropriately respond to male victims

and appropriately respond to male victims of CSE. as well as those at risk' (p13). The other 3 questions are less relevant to this review question which are: - identify perpetration and victimisation processes apparent in male-victim CSE cases known to professionals - explore existing service provision for boys and young men at risk of or experiencing CSE - identify future research priorities (p13).

Methodology: Qualitative study. This paper reports a qualitative study. It appears that this was undertaken as part of a wider study (summary reported in McNaughton Nicholls et al. 2014 'Research on the sexual exploitation of boys and young men').

Country: UK, England.

### PICO (population, intervention, comparison, outcomes)

#### Sample characteristics:

- Age Not reported.
- Sex Female: n=29 Male: n=21.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

### Sample size

n=50, comprising 41 qualitative interviews and 9 'online responses' - unclear what the online responses involved.

### **Findings**

vices were required. However, those already providing specialist services for young men argued that these services not only supported young men, but also raised awareness amongst other professionals.

### 3.4.1 Gender differences in support needs

Professionals thought that boys and young men had gender-specific support needs, related to their barriers to disclosure. The perceived specific needs included:

- Sexual identity: Support for gay and bisexual young men regarding sexual orientation; support for young men identifying as heterosexual who have experienced same sex abuse; support regarding healthy sex and relationships.
- Expressions of masculinity: Support for understanding different representations of masculinity; healthy male role models.
- Psychological needs: Support to acknowledge exploitation; understanding of different methods of self-harm; support regarding anger
- Criminal involvement: Support to understand criminality as a response to trauma.
- 3.4.2 Engaging boys and young men with services Professionals identified principles for effective engagement regardless of gender. These included:
- a positive consistent relationship
- feeling listened to and respected
- being empowered to make their own decisions
- having flexibility in how they engaged with services
- being able to stay engaged with services over an extended time period if required.

### Overall validity rating

UK study but only part of overall research aim was relevant to our review question.

### Overall validity rating:

+

Only part of overall research aim was relevant to our review question. Study is of reasonable quality, although limited exploration of divergent perspectives across different types of interviewees.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Voluntary/charity - The Nuffield Founda- tion.		3.4.3 Gender of support worker Most professionals thought that both men and women could effectively work with male service users. How- ever, it was thought important that a young person had a choice about the gender of their worker, partic- ularly when working with trans* young people.  3.4.4 Ways of working with young men Two main approaches are reported. Professionals who attributed gender difference to socialisation thought that young men needed to be supported to challenge stereotypes and talk about their experi- ences. Professionals who attributed gender differ- ences to innate biological differences placed more emphasis on allowing young men to express them- selves in different ways, for example through activi- ties.	
		Practitioners suggested that there was a risk of reinforcing gender stereotypes through modes of engagement, for example there might be a greater tendency to focus on activities about 'moving on' with young men compared to young women. One practitioner said: 'Society actually criticises men for not being able to show their emotions and, you know, "boys don't cry" and then [] the services just perpetuate that [] because it's like "Let's just go in there, you know, let's just move on, get a job, everything will be fine. Go to your training and get to college" (practitioner, CSE service, p40).	

### 14. Pearce J (2011) Working with Trafficked Children and Young People: Complexities in Practice. British Journal of Social Work 41: 1424–40

rescaren anns
Study aim: The re-
search aimed to: - ex-
plore the different
ways that 'trafficking' is
understood by a range
of practitioners from
different service agen-
cies; - look at the ob-
stacles that emerge
when trying to identify
trafficked young peo-
ple; - chart the process
through which a child
or young person first
gained access to a
support agency; and -
identify how the practi-
tioner understood the
immediate and longer-
term needs of the chil-
dren and young people
concerned (p1427).
Mothodology: Ouoli

Research aims

**Methodology:** Qualitative study. A total of 72 practitioners were interviewed by individual interview or in a focus group (n=9 focus groups).

**Country:** UK. Three locations in England.

# PICO (population, intervention, comparison, outcomes)

### Participants:

Professionals/practitioners - Total 72 practitioners: Social workers

- n=22 specialist children's NGOs and separated children/asylum workers - n=12 Police/CPS/YoT/Border Agency - n=11 Residential child care and statutory children's centre workers - n=10 Health workers - n=10 Education workers - n=7.

#### Sample characteristics:

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

### Sample size:

Total of 72 practitioners took part - 3 focus groups were run in each of the three areas (n=65) - Semi-structured

### **Findings**

### **Narrative findings**

Factors that hinder effective response:

- Practitioners understanding of trafficking was seen as varied. One participant commented, 'I have looked at all the different definitions that they have and I realised that there isn't a full definition that everyone sticks to. It can be looked at very differently' (p1428).
- Some suggested that they had theoretical knowledge of trafficking but struggled to apply in practice due to limited experience.
- The contention between whether a child can consent to being trafficked, i.e. 'willingly trafficked', confused practitioners which can result in the child being overlooked.
- The authors coined the term 'culture of disbelief' which is where practitioners who are unaware of indicators of trafficking and find it difficult to believe a child has been trafficked. One professional commented 'a cynic might say she was trying to get money out of us ... she was pregnant at the time' (p1431).

Factors that help effective response:

- Professionals commented on taking a child-centred approach to their work in order to alleviate a sense of responsibility on the child. One participant commented how they used similar language to the child and listened to them: '... they transfer the care if a person who suspected trafficked them to the care of Social Services ... they are then able to compare their life before hand and their life now, and they can identify that they have been maltreated. Have I ever heard

### Overall validity rating

### Overall assessment of internal validity:

++

Excellent, thorough study that meets aims and objectives. Authors have cited other studies to discuss the current complexities working with trafficked children through interviewing 72 practitioners.

### Overall assessment of external validity:

++

Relevant study to research question with excellent ethical consideration.

### Overall validity rating:

++

Most criteria is met and very comprehensive, in-depth findings.

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	interviews with 7 practitioners from	a young person use the word "trafficked"? No never'	
Source of funding:	each area.	(p1432).	
Voluntary/charity -			
NSPCC funded the			
project.			

15. Pearce J, Hynes P, Bovarnick S (2009) Breaking the wall of silence: practitioners' responses to trafficked children and young people. London: NSPCC

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The aims	Participants	Narrative findings	Overall assessment
of the research are as			of internal validity:
follows:	Sample characteristics	Responding to trafficking: the role of mainstream	++
1. Explore in depth the	Age - Practitioners in focus	services	
different ways in which	groups/interviews: Age not reported.		Overall assessment
trafficking is under-	Young people's case files: Age 3 and	The study reports that practitioners thought that main-	of external validity:
stood by a range of	under n=6, age 4-8 n=1, age 9–12	stream services had an important role to play in pro-	++
practitioners from dif-	n=1, age 13–15 n=15, age 16/17	tecting and promoting the wellbeing of trafficked chil-	
ferent service agencies	n=14.	dren.	Overall validity rat-
and provide evidenced	Sex - Practitioners in focus		ing:
recommendations for	groups/interviews: Gender not re-	Practitioners also noted that:	++
practice in their area.	ported. Young people's case files:	- Multi-agency work is crucial, supported by the	Thorough data collec-
2. Explore the obsta-	Girls n=30, Boys n=4, Gender not	LSCB and local arrangements such as local protocols	tion, analysis and re-
cles that might emerge	known n=3.	- It is important to have co-ordinated information	porting.
to identifying the num-	Ethnicity - Practitioners in focus	sharing and joint work between police and child pro-	
bers of young people	groups/interviews: Ethnicity not re-	tection workers	
trafficked in the 3 ar-	ported. Young people's case files:	- Practitioners needed a good awareness of indi-	
eas.	Ethnicity not reported, but information	cators of trafficking, which may include criminal be-	
3. Identify the numbers	on nationality provided. Country of	haviour	
of children and young	origin: UK n=1-, China n=8, Nigeria	- Young people needed to be supported to ac-	
people trafficked into	n=8, Somalia n=1, Pakistan n=1,	cess mainstream health provision, and mental health	
each of the 3 areas.	Cameroon n=1, Ghana n=1, Congo	provision, and to stay in education	
4. Chart the process	n=1, Sierra Leone n=1, Zimbabwe	- Young people may need additional support at	
through which a child	n=1, Uganda n=1, Eastern European	ages 16 to 18 when their legal status in the UK may	
or young person first	Country n=1, Unknown n=1.	start to come into question.	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
gained access to a	Religion/belief - Not reported.		
support agency, in-	Disability - Not reported.	2. Responding to trafficking: specialist services	
cluding how they first	Long term health condition - Not re-	The study reports that practitioners advocated three	
contacted an agency	ported.	types of specialist service:	
and for what reason.	Sexual orientation - Not reported.	- Trained and specialist interpreters	
5. Where possible,	Socioeconomic position - Not re-	- Safe and supported accommodation with	
provide a profile on	ported.	trained foster carers	
each of the children	Type of abuse - Of the case files ex-	- A dedicated keyworker approach to service de-	
and young people	amined, 10 related to cases of traf-	livery.	
identified including:	ficking of UK citizens and 27 to cases		
age; nationality; coun-	of trafficking in to the UK from	The study notes that practitioners highlighted the im-	
try of origin; the reason	abroad. Reasons for trafficking were	portance of interpreters who had been trained to un-	
they were trafficked	as follows: Sexual exploitation n=19	derstand and manage that young people's accounts	
into the country; and a	(this included 9 of the trafficked UK	of trafficking may be affected by ongoing threats from	
summary of their cur-	citizen), benefit fraud/illegal adoption	their traffickers.	
rent circumstances.	n=7, domestic servitude n=5, forced		
6. Identify how the	marriage n=2, restaurant work n=2,	Practitioners also thought that existing local authority	
practitioner understood	drug trafficking n=1, not known n=1.	accommodation was not well equipped to support	
the immediate and	<ul> <li>Looked after or adopted status - Not</li> </ul>	trafficked children, including the availability of emer-	
longer-term needs of	reported.	gency placements for those who have just arrived in	
the children and young	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	the country.	
people concerned.	refugee or trafficked children - All		
7. Identify how the pro-	young people were trafficked.		
fessionals feel these			
needs are best met.	Sample size		
8. Where possible,	Practitioners: n=72 Children's case		
identify perceptions of	files: n=37.		
how the children/young			
people feel these			
needs are best met.			
9. Make recommenda-			
tions about how agen-			
cies or individuals can			
best support the chil-			
dren/young people			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
concerned. We consid-			
ered questions 2 to be			
relevant to our review			
question on Recogni-			
tion, and 7 and 8 to be			
relevant to our review			
question on Response.			
Methodology: Quali-			
tative study.			
- Focus groups with 65			
practitioners.			
- Interviews with a se-			
lection of focus group			
practitioners (number			
not specified) and with			
an additional 7 practi-			
tioners - Case file anal-			
ysis of cases of 37 traf-			
ficked children and			
young people.			
Country: UK, Eng-			
land.			
Source of funding:			
Voluntary/charity -			
Study reports that re-			
search has been			
funded by 'The Chil-			
dren's Charity' (p6)			
(unclear if this refers to			
NSPCC or another			
charity).			

16. Rees G, Gorin S, Jobe A et al. (2010) Safeguarding young people: Responding to young people 11 to 17 who are maltreated. London: The Children's Society

Study aim: The aim of this study is to explore 'access to, and initial responses of, services for young people with potential maltreatment ... to promote protective responses for this target group' (p7). The section relevant to this review question is entitled young peoples' experiences of seeking help.

Research aims

Methodology: Qualitative study. The relevant methodology relating to this scope involved in-depth interviews with 24 young people who had been referred to children's social care aged 11-17. This study is also reported in Jobe and Gorin (2013). This paper reports a briefer version of the study findings, but has more detail on study methods. Where necessary,

# PICO (population, intervention, comparison, outcomes)

### **Participants**

Children and young people The 24 young people who were interviewed for our study either had social care intervention from an early age or had first come to the attention of Children's Social Care Services in between the ages of 11 and 18.

#### Sample characteristics

- Age Young people ranged between 11 and 18, with categories determined: 11–14 (n=5); 15–16 (n=13); and 17–18 (n=6).
- Sex The study includes 14 males and 10 females.
- Ethnicity Participants were White British majority (n=18). One young person was British Asian and the study included unaccompanied asylum seeking children who were originally from Afghanistan (n=3) and Eritrea (n=2).
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse The maltreatment experience was divided into two

### **Findings**

### Narrative findings

Findings are titled 'Young people's experiences of contact with children's social care' and details factors that help and hinder effective response:

- 1. Young people's relationship with social work professionals:
- For young people, the relationship with the social worker was considered pivotal, 1 based on feeling they were being listened to and there was time to build effective relations. One young person, aged 15 cited that her social worker is '... really really nice ... Like she's really easy to talk to and really chatty. She's a lot more helpful than the first one, like I've had regular meetings with her, and we've done like mind maps of family and like putting people who are closer in the inner circles and stuff like that' (p52).
- UASC's commented positively upon building a consistent relationship with their social worker in a specialist unaccompanied minors team e.g. 1 young person aged 17 stated: 'They help me do everything ... everything, everything. When I come to [social services office] when I have an appointment ... I just go reception "I want to speak to my social worker" he will call her [and she is] coming down ... I like social services, they're really nice' (p53).
- Conversely, some young people had established negative relationships, mainly due to the inconsistency of their worker and being assigned a new one. In addition, retelling their story was difficult to speak about and relive difficult memories.

### Overall validity rating

# Overall assessment of internal validity:

+

(When taking in to account additional info from Jobe and Gorin) The study does not have a rigorous methodology or consideration of limitations. Presentation of information is difficult to ascertain where data is collected making conclusions challenging to draw. In addition, there is discrepancy in young people's age as referred in text to both: 11–17; and 11–18.

### Overall assessment of external validity:

++

Study relates to question of exploring young peoples' views and experiences of response from children's services and what helped/hindered effective support.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
additional methodological information has been taken from Jobe and Gorin (2013).  Country: UK. This study is based in UK.	groups – those who had suffered maltreatment from an early age therefore were receiving social work intervention from an early age but were still receiving support between the population age of 11–17 (n=6). The majority came to the attention of children social care (n=18). Reason for referral included a range of issues such as 'homelessness, being thrown of home, mental-health problems, alcohol and drug misuse, behavioural problems, risk-taking behaviour, violence and conflict with parents' (p39).  • Looked after or adopted status - Not reported.  • Unaccompanied asylum seeking, refugee or trafficked children - The study included unaccompanied asylum seeking children who were originally from Afghanistan (n=3) and Eritrea (n=2).  Sample size  Young people – n=24.	- Some young people also described their frustration at having infrequent meetings with their social worker, i.e. not getting contact details or if their worker was constantly unavailable. One young person remarked: 'Sometimes when I ring [my social worker] she never rings us back' (p55).  2. Obstacles to building positive relationships  2.1 Lack of clarity  - A number of young people expressed confusion over the professionals role in the safeguarding process, 1 young person commented ' to be honest having a social worker king of confused me a bit, she was asking all these complicated questions and I was 11 at the time, thinking, what? What's that mean? (Laughs) Really confusing' (p56).  - Children and young people that were Looked After appeared to have a clearer idea of child protection process, than those respondents who had a shorter social care involvement.  2.2 Being listened to an informed  - Some young people felt their accounts were not taken into consideration which undermined their confidence. As one young person recalls her experience being taken into A&E after she was physically attacked by her father, the medical staff contacted children's social care: 'No, the social worker just came to the emergency room I was kind of confused I didn't talk to them, they just talked to my mum and my dad and that was it' (p57).	Overall validity rating:  + The study is suitable for scope and the findings enrich discussion about barriers to young people disclosing sexual abuse. Drawing on additional information from Jobe and Gorin (2013), where the research design is more informed, the findings are more convincing as data is richer and analysis is clearer.

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	- Young people described feeling let down if they were given 'false expectations by professionals about what might happen' (p57).	
	<ul> <li>2.4 Young people not being given a say/autonomy</li> <li>In some instances, there was a tension between meeting the needs of the child and the parents, which caused young people to feel upset if their parent's views were taken into consideration above theirs. As noted, 1 young person who had built a positive relationship with a social worker was changed due to her mum complaining about her.</li> <li>Confidentiality was raised as an issue especially if the young person felt the social worker would tell the parents what was discussed.</li> </ul>	
	3. Social work responses - Some young people felt that children's social care did not react fast enough to protect them. In the 3 case studies explored in the paper, age was highlighted as a potential factor in them not being considered a priority.	
	<ul> <li>4. Experiences of child protection conferences and looked after children reviews</li> <li>- A number of young people described these meetings as difficult to engage with and they felt their voice was lost.</li> <li>- In addition, not knowing all the professionals that were present was a challenge and didn't always make the young people feel comfortable. For example, one young person commented, 'It's just like the chairperson that comes, I just don't know them and I'm like "Well can you not keep the same chairperson to like</li> </ul>	
	PICO (population, intervention, comparison, outcomes)	- Young people described feeling let down if they were given 'false expectations by professionals about what might happen' (p57).  2.4 Young people not being given a say/autonomy - In some instances, there was a tension between meeting the needs of the child and the parents, which caused young people to feel upset if their parent's views were taken into consideration above theirs. As noted, 1 young person who had built a positive relationship with a social worker was changed due to her mum complaining about her Confidentiality was raised as an issue especially if the young person felt the social worker would tell the parents what was discussed.  3. Social work responses - Some young people felt that children's social care did not react fast enough to protect them. In the 3 case studies explored in the paper, age was highlighted as a potential factor in them not being considered a priority.  4. Experiences of child protection conferences and looked after children reviews - A number of young people described these meetings as difficult to engage with and they felt their voice was lost In addition, not knowing all the professionals that were present was a challenge and didn't always make the young people feel comfortable. For example, one young person commented, 'It's just like the chairperson that comes, I just don't know them and I'm like

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Because it's not very good somebody coming into the meeting and you and you're discussing your personal issues with everyone, bar one person that you don't know. I mean I know they're not going to say anything, but it's just I feel well I don't really want them to know because I don't really know them' (p63).  - On the other hand, other young people felt listened to in their LAC Reviews: 'I enjoy going to them cos I get my say really' (p63).	

17. Richardson Foster H, Stanley N, Miller P et al. (2012). Police intervention in domestic violence incidents where children are present: police and children's perspectives. Policing & Society 22: 220–34

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To assess	Participants	Narrative findings	Overall assessment
views and experiences	Children and young people – n=19		of internal validity:
of children on police in-	Professionals/practitioners –	A. Young people's attitudes to and experiences of the	+
tervention in domestic	Police officers n=30	police:	
violence and police		Negative experiences of the police - cynical and	Overall assessment
professional practice in	Sample characteristics	distrustful attitudes about the police generally, de-	of external validity:
response to domestic	<ul> <li>Age - Children and young people;</li> </ul>	scribed as 'biased', 'judgemental' and 'ignorant'.	++
violence.	aged 10–19 years Police officers: not	2. Young people felt the police focus was on the	
	reported	adults and were themselves frequently excluded by	Overall validity rat-
Methodology: Quali-	<ul> <li>Sex - Children and young people:</li> </ul>	the police. They emphasised the importance of offic-	ing:
tative study. This study	n=19 (8 males and 11 females). Po-	ers listening to their accounts and validating the seri-	+
was a mixed methods	lice officers: n=33 (no info on gender).	ousness of their experiences, like being acknowl-	
study examining quan-	<ul> <li>Ethnicity - Children and young peo-</li> </ul>	edged, heard and believed both at the time of the inci-	
titative data (preva-	ple: 16 White British, 1 as White and	dent and in their subsequent interactions with the po-	
lence and nature of do-	Asian, 1 as White and Black Carib-	lice.	
mestic abuse) as well	bean, 1 as White and Black African.	3. Young people considered that their accounts	
as qualitative data on	Police officers: not reported.	lacked credibility in the eyes of the police, they	
views and experiences	Religion/belief - Children and young	wanted explanations from the police about what	
of children on police in-	people: Not reported; police officers:	would happen next, in particular, they wanted to know	
tervention in domestic	Not relevant.	whether it was likely the perpetrator would or could	
violence and police			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
professional practice in	Disability - Children and young peo-	return. They also felt that their opinions were not al-	
response to domestic	ple: Not reported; police officers: Not	ways considered when decisions were made about	
violence. Only the	relevant.	the next steps for the family.	
qualitative data on	Long term health condition - Chil-	4. Young people felt positive when being spoken to	
views and experiences	dren and young people: Not reported;	directly and offered support by the police.	
were data extracted to	police officers: Not relevant.		
answer this review	<ul> <li>Sexual orientation - Children and</li> </ul>	Response times by the police	
question.	young people: Not reported; police of-	5. Young people emphasised their need for a swift re-	
	ficers: Not relevant.	sponse and a slow response was interpreted as re-	
Country: UK: 2 sites	Socioeconomic position - Children	flecting the lack of priority assigned to domestic vio-	
in northern and south-	and young people: Not reported; po-	lence. This dissatisfaction with response times ap-	
ern England.	lice officers: Not relevant.	peared to be underpinned by concerns about whether	
	Type of abuse - Children and young	the police were taking children's accounts seriously	
Source of funding:	people who witnessed domestic vio-	and validating their positions as victims of domestic	
Not reported.	lence.	violence.	
	<ul> <li>Looked after or adopted status</li> </ul>		
	- Children and young people: Not re-	B. Police perspectives on communication with chil-	
	ported; police officers: Not relevant.	dren:	
	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	Frontline police officers confirmed a limited en-	
	refugee or trafficked children - Chil-	gagement with children and young people and ex-	
	dren and young people: Not reported;	pressed divergent views on their role, e.g., whether it	
	police officers: Not relevant.	was within their remit to check the house for the pres-	
		ence of children and to check on their welfare at the	
	Sample size	scene of a domestic violence incident.	
	Children and young people: n=19	2. Some police officers expressed reservations and	
	Police officers: n=30	reluctance about speaking to children directly, that it	
		was not their role to speak to children at incidents,	
		due mainly to a lack of confidence or skills in talking	
		to children. They considered that expertise in talking	
		to children resided with those officers who worked in	
		specialist child protection posts.	
		3. They felt the reluctance to explain and speak to	
		children directly at the first response was mainly the	
		concern of evoking a conflict of loyalties or distress in	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		children (between parents and children and between siblings).  4. Frontline officers were anxious about opening up areas of emotional need in children as they felt that they were not equipped with relevant information about support groups or sources of help to offer children and young people. This reflected a gap in service provision.  5. A reluctance to engage with children's needs in the absence of resources was reinforced by operational procedures that militated against in-depth exploration of need, e.g., performance targets ensuring a rapid response as a priority to a domestic violence call could lead to them dashing from one incident to the next with little opportunity to engage with the individuals involved, missing the potential for communication with the child.  6. Frontline police officers considered children as neither the victim not the perpetrator so were not a primary focus for police attention at an incident and the prospect of talking to them as 'dragging them into it' or 'bringing them in'.  7. Generally, police viewed children and young people as figures on the sidelines of domestic violence incidents. In denying children a role in the experience of domestic violence, police officers ran the risk of colluding with parental claims that children were unaware of and unaffected by such violence.	

18. Skinner T, Taylor H (2009) 'Being Shut Out in the Dark'. Feminist Criminology 4(2): 130-50

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Study aim: Due to the	comparison, outcomes) Participants:	Narrative findings	Overall assessment
changes in police re-	Children and young people -		of internal validity:
sponses to survivors of	9 young people were interviewed		+

### Research aims

rape and sexual assault, this study seeks to understand the experiences of young people who reported a sexual offence to 1 police service in England (n=9).

Methodology: Qualitative study. This study is part of a larger evaluation of a Sexual Assault Referral Centre (SARC) young persons' project. Qualitative face-to-face semistructured interviews were conducted with 9 young people aged 14-16 through the SARC. Participants gave consent and 5 young people were accompanied by their mother. The mothers who attended were interviewed too and 1 father was contacted by telephone. Additionally, the research team collected feedback on the research process. Young people were

# PICO (population, intervention, comparison, outcomes)

Caregivers and families - 5 mothers who attended their child's interview were also interviewed, as was 1 father via telephone.

#### Sample characteristics:

- Age Young people: 14 years old (n=1); 15 years old (n=4); and 16 years old (n=4). Caregivers and families: Not reported.
- Sex Young people 9 females.
   Caregivers and families: 5 females and 1 male.
- Ethnicity Young people: The authors are not explicit that young people are white but allude to the fact that no BME survivors were interviewed.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- · Sexual orientation Not reported.
- Socioeconomic position Not reported.
- Type of abuse All suffered a rape or sexual assault.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

#### Sample size:

Young people: n=9

### **Findings**

Findings are illustrated by the disclosure journey of a young person reporting sexual assault or rape. The author has included 1. Initial Contact with the police and the initial statement; 2. Forensic medical examination; 3. Giving a formal video statement to the police; 4. Follow up interviews; and 5. Information about the status of the case:

- 1. Initial Contact with the police and the Initial Statement:
- Most young people (n=7) reacted positively to the disclosure to the police with factors helping being: female officers; plain clothes and unmarked police car; and the interviewing technique e.g., 1 young person said 'They asked me if I if I wanted to carry on' (p137). However 2 young people commented on having an uncomfortable experience because the police officer asked about her sexual activity which made her feel 'spoke down' to.
- 2. Forensic medical examination:
- Most participants (n=8) had a forensic medical examination and the findings were: lack of choice about having a medical; lack of choice about sex of the doctor; a sense of control during the medical examination; concern about spending time waiting before the examination; and how comfortable the examination and video suites were.
- Generally, participants commented that the loss of choice about whether to have examination or not was negative, however there was a sense of necessity.
- 5/8 participants were seen by a male doctor, and this was concerning to most participants who commented that they felt uncomfortable not having a

### Overall validity rating

The study postulates that there are limitation in the small-scale study (n=9) and its generalisability, however the experiences shine a spotlight on hard to reach groups such as young people who have been sexually assaulted. The sample is from a SARC who has supported the survivors which opens the study to potential bias.

### Overall assessment of external validity:

+

Overall, study meets most of the quality criteria however caution to generalise the UK as the study is based in one area where participants are collected from a Sexual Assault Referral Centre and this is written 13 years ago so unsure if SARC still exist.

### Overall validity rating:

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	all all and a second fine and a fine all and a second fine and a s	
asked and given de-	Caregivers and families: n=6	choice over the sex of their doctor despite them being	+
tails about additional		described as 'gentle' and 'really nice' (p139).	Findings are relevant
support from the			in part to the research
SARC or another		3. Giving a formal video statement to the police:	question, however as
agency.		- Not relevant	small scale study there
			is a limitation in gener-
Country: UK. Inter-		4. Follow-up interviews:	alising conclusions.
views were sought		- One participant commented that the experience of	The authors' discourse
through a SARC in		follow up interviews with the police was lengthy.	suggests that young
England.		- Another participant reported that 'They [the police]	people have little par-
		asked me then "Did it really happen?" So, I couldn't	ticipation or choice
Source of funding		believe it when they said that, I was proper devas-	throughout the disclo-
Government - Home		tated when they said that and then, then after they	sure journey and are
Office.		found out that [I was telling the truth] they did actually	not informed about the
		apologise'.	process enough so
		- However, one participant said that she felt believed	makes recommenda-
		and appreciated this.	tions on the findings
			presented in the study
		5. Information about the status of the case:	to be more supportive
		- Responses varied about the criminal justice process	and inclusive. Further-
		and the information that was received. In some in-	more, there is no infor-
		stances participants understood the process because	mation about the anal-
		it was explained to them.	ysis of findings.
		- However a couple of participants said that they felt	
		'shut out in the dark' (p142), and once the police had	
		the information they had little contact.	
		- SARC provide a case-tracking service for survivors	
		keeping them informed through the criminal justice	
		system, and some parents were positive about this.	
		One mother commented 'Any time the lads [alleged	
		offenders] went in, they would call back and they	
		wrote a letter saying that they had been released on	
		bail and their case was still pending and the they	
		would have go back to the police station on such and	
		such a date. And they were really spot on!' (p132).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		<ul> <li>Other parents were angered having to chase information and in some cases, a survivor found out the alleged offender had been released by a friend of a friend or the local newspaper.</li> <li>Eight of the participants or their parents had to contact the police or SARC to get the information about the case.</li> <li>Some survivors commented on the police officer in charge of their case and they stated their experience was that they were never available or would get back to them.</li> <li>The lack of information about their case was considered to be negative especially coupled with a negative outcome in court.</li> <li>Consequently some participants commented that they would not trust the police again and that despite reporting being 'the right thing to do it seemed like a waste of time' (p144).</li> </ul>	

19. Smeaton E (2013) Running from hate to what you think is love: the relationship between running away and sexual exploitation.

Ilford: Barnardo's and Paradigm Research

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The over-	Participants	Narrative findings	Overall assessment
all study aims are to:	Children and young people - 41	_	of external validity
'collect data relating to	young people with experience of run-	The study reports that the research with professionals	-
the experiences of	ning away and CSE whist under 16.	and young people identified a range of factors that fa-	
young people under	Adult survivors of child abuse - 12 of	cilitate and hinder meeting the needs of young people	Overall assessment
the age of 16 who ex-	the young people involved were over	experiencing running away and CSE.	of internal validity
perience both running	the age of 18.		+
away and CSE - col-	Professionals/practitioners - 28 pro-	4.1 Resource issues	Could be more detailed
lect data from practi-	jects working with young people ex-		description of how ad-
tioners and projects	periencing CSE and/or running away	Professionals recommended that there would be	dressed ethical issues.
working with young	via survey; 27 professionals working	more funding available for work with young people	
people who experience	with young people with experience of	running away and experiencing CSE. Professionals	Overall score

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
both running away and	running away and CSE via telephone	identified that practice was facilitated by use of volun-	-
CSE - produce an evi-	interview.	tary funds, rather than when money was strictly ring-	Survey of services is
dence-base that out-		fenced for particular purposes.	entirely of voluntary
lines the relationship	Sample characteristics		sector services, and it
between running away	• Age - Young people: 14 n=4 15 n=8	4.1.1 Resource issues hindering meeting the needs of	is unclear whether in-
and CSE and supports	16 n=8 17 n=9 Adult survivors 18 n=7	young people who experience both running away and	terviewed profession-
recommendations to	19 n=2 20 n=2 21 n=1 Professionals -	CSE	als represented a
support policy and	not reported.	Research participants identified the following issues:	wider range of services
practice responses to	• Sex - Young people: Female n=25	- Funding cuts, 'predominance of short-term funding	<ul> <li>the voluntary sector</li> </ul>
young people who ex-	Male n=15 Transgender n=1 Profes-	cycles' (p59).	perspective of the re-
perience both running	sionals: Not reported.	- Specialised projects cannot meet demand.	search is not high-
away and CSE - pro-	• Ethnicity - Young people: White Brit-	- Lack of services for young people who experience	lighted or justified in
duce a final report out-	ish n=32 Mixed Black Carib-	both running away and CSE, particularly in rural ar-	the research methodol-
lining findings, a sum-	bean/White British n=3 Mixed	eas.	ogy. Little considera-
mary document and a	Asian/White British n=2 Roma Travel-	- Lack of appropriate supported accommodation, and	tion in the findings of
tool-kit for practitioners	ler n=2 Bengali n=1 Sikh n=1 Profes-	use of out of area placements. One professional said:	how contextual and de-
- work with key na-	sionals: Not reported.	'We've loaded these children's homes with young	mographic factors
tional agencies to en-	Religion/belief - Not reported.	people who are at risk of sexual exploitation and it ac-	shape participant re-
sure evidence-based	Disability - Young people: Self-de-	tually destabilise that home so that we can't use it an-	sponses.
findings are incorpo-	fined learning disability or difficulty	ymore. And then you get young people running away	
rated into national pol-	n=17, this comprised SEN n=9, gen-	together so they actually strengthen their networks'	
icy and practice' (p11).	eral learning difficulties n=4, Attention	(p60). Lack of therapeutic accommodation.	
The interviews with	Deficit Hyperactivity Disorder (ADHD)		
young people focused	n=2, dyslexia and ADHD n=1, dys-	4.2 Factors relating to multi-agency approaches to	
on: 'a history of the	praxia n=1. Professionals: Not re-	running away and CSE	
young person's life and	ported.	4.2.1 Factors facilitating general multi-agency working	
events and experi-	Long term health condition - Not re-	The study identified the following factors:	
ences they considered	ported.	- Effective working relationships with other local vol-	
to be important - expe-	Sexual orientation - Heterosexual	untary agencies.	
riences of running	n=29, 'self-defined as gay' (p13)	- Strong relationships with the police.	
away and CSE - what	n=10, bisexual n=1, uncertain about	- Effective working relationships with schools.	
could have prevented	their sexuality n=1. Professionals: Not	- Working with health professionals and sexual health	
them from experienc-	reported.	clinics.	
ing both running away	Socioeconomic position - Not re-		
	ported.		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
and OOF the least to	comparison, outcomes)	Harrison la calife considerate la caracte 1922 e caracter?	
and CSE - their experi-	Type of abuse - Young people had	- Having health workers based within specialised pro-	
ences of support seek-	experienced sexual exploitation.	jects, e.g. having a CAMHS nurse based in a special-	
ing - recommendations	Looked after or adopted status - Not	ist CSE project.	
to both prevent and re-	reported.	- Engagement with A&E departments.	
spond to running away	Unaccompanied asylum seeking,	- Good relationships with individual social workers.	
and CSE' (p12). The	refugee or trafficked children - Not re-	- Having co-located teams with designated workers.	
consultation with pro-	ported.	- Contributing to Multi-Agency Risk Assessment Con-	
fessionals focused on:		ferences (MARACs).	
the nature of the rela-	Sample size		
tionship between run-	Young people: n=41	4.2.2 Factors hindering multi-agency working	
ning away and CSE	Professionals via survey: 28 projects	- Lack of support from Local Safeguarding Children	
'identification of factors	Professionals via telephone interview:	Boards	
that facilitate projects'	n=27.	- Clash of working cultures between the voluntary and	
work with young peo-		statutory sectors.	
ple who experience			
both running away and		4.3 Factors relating to collating and sharing data and	
CSE - identification of		information	
factors that hinder pro-			
jects' work with young		The study reports that professionals noted the im-	
people who experience		portance of collecting and sharing information, partic-	
both running away and		ularly when young people move across areas, and	
CSE - identification of		that the failure to do this in some places hindered re-	
groups of young peo-		sponses to young people who experience running	
ple who experience		away and CSE. Professionals noted that:	
both running away and		- attitudes to sharing information were important in	
CSE that projects find		supporting the work of specialist services	
difficult to engage -		- agencies may have varying approaches to infor-	
gaps in national and		mation sharing	
local policy to meet the		- specialist projects can be a good source of infor-	
needs of young people		mation	
who experience both		- missing person reports are also a good way to en-	
running away and CSE		sure that children who are experiencing exploitation	
- gaps in national and		AND running away are identified.	
local practice to meet			
the needs of young			

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
people who experience		One professional said: 'So when I'm made aware of a	
both running away and		young person who may need the CSE service, the	
CSE' (p14). Here we		first thing I will do is look at the MISPER reports and	
have data extraction		see how many times that young person has been re-	
information which is		ported missing Because we're getting those MIS-	
relevant to: young peo-		PER reports on a weekly basis, we can really map out	
ple's views on recogni-		and track someone's progress, someone's deteriora-	
tion - aspects of pro-		tion and there's been times when we've been able	
fessional practice		to say "well that boy can really do with the X [the	
which help/hinder		CSE] service" and no one's flagging that to us and	
recognition - young		then I go out to the people involved with that young	
people's views on pro-		person, often social care, and say "do you want to re-	
fessional responses -		fer them to us?". I will say, for example, that not only	
aspects of professional		have they been missing ten times but they have been	
practice which		found at inappropriate addresses, they're found in the	
help/hinder response		red light area, etc. etc. So we can proactively target	
to CSE.		young people at risk' (p68).	
Methodology: Mixed		4.4 Professional awareness and knowledge	
methods. Study com-			
prises:		The professional interviewed thought that:	
- Interviews with 41		- There was a general lack of awareness amongst the	
young people who had		statutory sector of running away and CSE, including	
experienced both run-		the perception that running away and CSE is a 'life-	
ning away and CSE		style choice' (p69).	
whilst under the age of		- The concept of 'constrained choice' was useful,	
16		which states that 'young people's lack of power relat-	
- A survey of 28 pro-		ing to age, need and social vulnerability also makes it	
jects working with		impossible to give their consent to being sexually ex-	
young people experi-		ploited' (p69).	
encing CSE - Tele-		- Other professionals may be less keen to respond to	
phone interviews with		older children, such as those aged 16 and over.	
27 professionals who		- There is a need for greater awareness about policy	
work with children who		and the law in relation to CSE, and of raising general	
experience running		awareness about the issue.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
away and CSE. The methods section also mentions the development of, and work with, a Research Dissemination Group. However the activities of this group are not reported here.  Country: UK, England.  Source of funding Voluntary/charity - Comic Relief.	comparison, outcomes)	<ul> <li>Use of language is important, because young people might not see themselves as having run away they have just 'stopped out' (p71).</li> <li>Young people also emphasised the importance of raising awareness amongst young people and for professionals, through training.</li> <li>4.5 Factors relating to the local authority</li> <li>Issues not relevant to aspects of professional practice relates to organisational factors within the local authority.</li> <li>4.6 Factors relating to the criminal justice system</li> <li>4.6.1 Young people's experience of being part of a police investigation into CSE Young people who had experienced being part of a police investigation into CSE found this stressful and difficult. This perspective was also emphasised by professionals.</li> <li>4.6.2 Factors relating to the police Young people: <ul> <li>Emphasised that the police should provide an 'appropriate' (p76) response. One young person said: 'Don't be judgemental when you [police officers] first meet the young person like some police officers when they first met me [Some] would make a judgement straight away after meeting me' (p76).</li> <li>Suggested that the police should give more thought to why they have run away, and that the best option</li> </ul> </li> </ul>	
		for them may not be to be returned to where they have come from.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		- Thought the police did not always take appropriate	
		action against perpetrators of CSE, e.g. 1 young per-	
		son said of an older male perpetrator: 'They never	
		seized his phone or anything and he was grooming	
		me for nine months and I never understood why they	
		[the police] never arrested him He [the lead police	
		officer on the young person's case] was like "I'm too	
		busy with other cases [against other perpetrators of	
		CSE] you've given me" and I was like "that's no ex-	
		cuse; he could still hurt somebody else [another child or young person]. Why aren't you arresting him?" I got	
		into a massive fight with the police about that and	
		they still didn't do anything so they [the police] just	
		need to take it [sexual exploitation] more seriously'	
		(p77).	
		Professionals:	
		- Noted the importance of the police in responding to	
		CSE, and in having good relationships between spe-	
		cialist CSE projects and the police. However, it was	
		noted that the police response can be variable. Some	
		professionals thought that the police could give	
		'mixed messages' (p76) about the importance of re-	
		porting young people as missing. One professional	
		said 'Parents and carers of young people who are in-	
		volved in CSE are being told by all professionals	
		about the importance of reporting their child as miss-	
		ing but when they go to the police and they report	
		their child as missing, they're being told that they [the police] are not a taxi service, have you actually looked	
		for the girl – they're only two hours late. You know,	
		they [parents and carers] could be at a child protec-	
		tion conference where someone says "why didn't you	
		report your child [to the police] whilst she was miss-	
		ing? Well, I tried to do that but the police told me I	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		was wasting their time" Parents can be seen to be not engaging or failing to protect their children when actually they're not but they're getting the wrong response [from the police]' (pp76–7).	
		4.6.3 Criminalisation of young people who experience running away and CSE	
		Professionals noted that young people involved in CSE are often 'criminalised' (p78). One young person also gave an example of this: 'I had a standoff with the police with a knife. For about half an hour I held it [the knife] to myself and was saying that I was gonna hurt myself. They [the police] took it [the knife] off me and arrested me for having an offensive weapon' (p78).	
		4.7 Factors relating to specialised projects Issues not relevant to aspects of professional practice - relates to organisational factors within voluntary organisations.	
		4.8 Factors relating to parents and carers of young people who experience running away and CSE Professionals identified the following issues:  - The difference that supportive parents and carers can make for young people, and therefore the importance of being able to work with parents and carers, including stressing the importance of reporting young people who run away as missing to the police.  - There is a lack of resources to work with parents	
		and carers of young people experiencing running away and CSE.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		- Professionals need to ensure that they do not seem to be 'blaming' parents and carers for the young people's runaway behaviour.	
		4.9 Factors relating to direct practice with young people who experience running away and CSE	
		4.9.1 Factors supporting direct practice	
		The study reports that: Young people identified that: - There is a need for more services 'where they can just turn up' (p82). One young person said: 'There should be places where kids can go to tell someone what's happening to them – someone who will believe them and be able to help them and know what to do for the best. I know there's ChildLine and that but there's some things you don't want to say over the phone. Kids want to go somewhere where there's people they can talk to face-to-face' (p82) It can be easier to trust workers from the voluntary sector than those from statutory agencies It's important for professionals to listen to them Outreach work can be valuable A good relationship with the worker is 'paramount' (p85), this is supported by an informal manner, and professionals doing what they say they will do That it is not always possible to stop young people from running away, but that support should continue to be provided. One young person said: 'I think you have to keep that support in place even when the young person isn't listening and continues to run away and have sex with older men so that when they	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		realise what is going on, there is support in place for the young person Don't just brush them aside because they can't be bothered at the time. To be honest, it's at the time that they can't be bothered with the support when they don't realise the situation that they're in' (p87).  - Ensure a focus on the future as well as the past.  - Where they had experience of peer support they had found this helpful. One young person said: 'I wasn't taking any notice of what X [the young person's support worker from the specialist sexual exploitation project] was saying so he got this guy who was 18 and had similar experiences as me to come and talk to me It helped because it was like another view of what I would see in three years' time He [the 18-year-old male] was like "I know how it is: it's like the best thing in the world and you think they perpetrators] all love you but they do not; they genuinely do not love you; they don't care about you". And it did help me because he had been through this.' (pp88–9).  - Young people liked to express themselves using creative outlets.	
		Professionals identified that: - Young people should be able to self-refer to services, and that services should be provided in a 'warm and friendly' environment (p84) Outreach work can be valuable Young people appreciate long term involvement from a consistent worker Taking time to build relationship and engage with young people is important Flexibility of approach is important, to suit the needs of different young people.	

PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	4.9.2 Factors that hinder direct practice	
	Young people identified that: - They would like to see their social worker more often, and felt that statutory practitioners did not always communicate and keep them informed.	
	Professionals identified that:  - It is unhelpful to have to stop working with young people when they turn 18.  - Some young people are particularly difficult to engage, including: those who are not reported as missing; those who run away for long periods of time; young people who have 'become entrenched in red district culture' (p90); Roma children and young people; 16–18 year olds who have no statutory involvement; young people who have 'fended for themselves' for some time and have become mistrustful of agencies; heterosexual males who are unwilling to disclose exploitation; younger children, such as those aged under 11; young people who have had a lot of professionals involved with them; those who have not developed trusting relationships with any adults; young people with a late diagnosis of ADHD.  - Direct work can be hindered by young people's own lack of recognition that they are being sexually exploited. One professional said: 'One of the most difficult ones [hindering factors] is that young people don't recognise their exploitation and so that is a challenge in itself The young people are needy, they want love and a sense of belonging and that's what exploiters home in on It may be the only love they've	
		4.9.2 Factors that hinder direct practice  Young people identified that: - They would like to see their social worker more often, and felt that statutory practitioners did not always communicate and keep them informed.  Professionals identified that: - It is unhelpful to have to stop working with young people when they turn 18 Some young people are particularly difficult to engage, including; those who are not reported as missing; those who run away for long periods of time; young people who have 'become entrenched in red district culture' (p90); Roma children and young people; 16–18 year olds who have no statutory involvement; young people who have fended for themselves' for some time and have become mistrustful of agencies; heterosexual males who are unwilling to disclose exploitation; younger children, such as those aged under 11; young people who have had a lot of professionals involved with them; those who have not developed trusting relationships with any adults; young people with a late diagnosis of ADHD Direct work can be hindered by young people's own lack of recognition that they are being sexually exploited. One professional said: 'One of the most difficult ones [hindering factors] is that young people don't recognise their exploitation and so that is a challenge in itself The young people are needy, they want love and a sense of belonging and that's what exploi-

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		abuse. Some of these children don't have any experiences of safe supportive adults and they distrust professionals, obviously. It's not a quick fix: some of them have really poor attachment history; there needs to be long-term work' (p92).	

20. Stalker K, Green Lister P, Lerpiniere J et al. (2010) Child protection and the needs and rights of disabled children and young peo-				
ple: a scoping study: abridged report. Glasgow: University of Strathclyde				
Research aims	PICO (population, intervention,	Findings	Overall validity rating	
	comparison, outcomes)			
Study aim: The objec-	Participants	Narrative findings	Overall assessment	
tives were to: - scope	Professionals/practitioners -		of internal validity:	
current knowledge	10 interviews with key informants se-	Factors that help and hinder professionals' effective	-	
about child protection	lected for their insight into child pro-	response to meeting the needs of children with disa-	No information on data	
and disabled children -	tection and disability. The representa-	bilities:	analysis, collection or	
review current social	tives were from: senior policy makers		how findings are con-	
policy and practice in	and practitioners based in central	Communicating with disabled children:	textualised. Does pro-	
the field, and - pilot	government, the inspectorates, the	- Many participants identified that communication was	vide an overview of	
ways to seek disabled	police, the NHS, the voluntary sector	a challenge, but was the professionals' responsibility	what is currently	
children's views about	and a Children's Commissioner Of-	to engage with child. As 1 participant commented: 'All	known and meets re-	
the child protection	fice.	children can communicate something and [profes-	search aims.	
system (p6).		sionals] shouldn't ever dismiss the possibility of get-		
	Sample characteristics	ting information from children if you find the right way'	Overall assessment	
Methodology	Age - Not reported.	(p17).	of external validity:	
Qualitative study. Rel-	Sex - Not reported.	- An inspector commented on social workers who di-	+	
evant section is from	Ethnicity - Not reported.	rect questioning to parents, rather than the child. This	Meets criteria. The par-	
10 interviews with key	Religion/belief - Not reported.	was seen as a lack of confidence, knowledge and ex-	ticipants generally rep-	
informants. Purposive	Disability - Not reported.	perience. 'The extra time needed to interview many	resent Scotland (n=8)	
sampling was used to	Long term health condition - Not re-	disabled children could be problematic where investi-	so caution to general-	
select key informants	ported.	gations had to move quickly or specialist support	ise the UK.	
expected to have close	Sexual orientation - Not reported.	workers were not readily available, especially in rural		
knowledge of policy is-	Socioeconomic position - Not re-	areas' (p17).	Overall validity rat-	
sues relating to child	ported.	- Good examples of practice were presented in the	ing:	
protection and disabil-	Type of abuse - Not reported.	form of a case example, where a professional was	<u> </u>	
ity. These interviews		cited as doing 'some very skilled work with the	Poor research design	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
were carried out with senior policy makers and practitioners in Scotland (n=8) and England (n=2). Unfortunately the research team could not interview anyone from Wales or Ireland.  Country: UK, Scotland (n=8). England (n=2).  Source of funding: Not reported.	Looked after or adopted status - Not reported.     Unaccompanied asylum seeking, refugee or trafficked children - Not reported.  Sample size n=10.	child, using games, toys and other methods to help her explain what had happened and as a result she started talking' (p18).  2. Under-reporting of abuse:  - One participant spoke with social services managers and it was on this basis, commented that social workers tend to focus on the relationship parents, than the child, as they see the parents subsequent stress of caring and are disinclined to register formal child protection concerns because it is 'a wee bit of neglect and whatever' (p18). Coupled with an inspector who commented on poor practice which led her to believe some social workers are more tolerant of parents smacking disabled children than other children.  - Three participants from inspectorates raised the concern of the paucity of information about disabled children in child protection inspections and reports.  3. Differential treatment within the child protection system:  - Several participants stated that disabled children were often poorly served. A case example is cited by one key informant from her practice experience where 'a young boy was abused by two adults in his home The boy's aunt found out about it and removed him from the house. A joint child protection investigation began and the boy was very clear about what happened The investigating team decided to take no further action, despite the boy having given full description of what had happened' (p19).  4. Joint working:  - It was considered good practice to have effective joint working measures in place, and due to children	with little information about how data is collected, analysed and thus, conclusions are difficult to draw.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		with disabilities having additional support from other agencies, participants commented shared responsibility in safeguarding had improved over the years.  - Child protection teams and child disability teams were reported to lack knowledge of each other and that impairment was not always adequately reported or consistent.  - Resources and ring-fencing funds for protecting children with disabilities impact on provision which was seen as unevenly available across the country.	

21. Stanley N, Miller P, Richardson Foster H (2012) Engaging with children's and parents' perspectives on domestic violence. Child and Family Social Work 17: 192–201

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		, ,
Study aim: The study	Participants:	Narrative findings	Overall assessment
states that: 'This re-	Children and young people -		of internal validity:
search examined both	5 focus groups with children and	Section 3.3 Experiences and perceptions of police in-	-
the notification process	young people aged over 10 (precise	tervention in domestic violence	
itself and the subse-	number not reported in this paper,		Overall assessment
quent service path-	however Stanley et al. 2012 report	3.3.1 Attitudes towards the police	of external validity:
ways followed by fami-	that 19 young people were involved in	The study reports that young people, survivors and	+
lies brought to the at-	total).	perpetrators showed a range of attitudes towards the	
tention of children's so-	Caregivers and families -	police, with many feeling distrustful. Survivors felt that	Overall validity rat-
cial services in this	Interviews with adult survivors and	good police officers had good communication skills	ing:
way. It also explored	perpetrators. Numbers not reported in	and were able to 'show empathy and sympathy'	-
which other agencies	this paper. However, Stanley et al.	(p49).	Very little information
contributed to services	2012 report that 11 domestic abuse		given regarding partici-
for families experienc-	survivors were involved, and 10 per-	BME participants reported different experiences.	pants' demographic
ing domestic violence	petrators.	Some felt that their race meant that they had not re-	characteristics. Little
and captured young		ceived as good a response, whereas others felt that	description or justifica-
people, survivors' and	Sample characteristics:	they had been treated respectfully.	tion of sampling. Un-
perpetrators' views of	Age - Children and young people:		clear why focus groups
services' (p9). For the	Ages ranged from 10 to 19 (reported	3.2.2 Speed of police response	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
purpose of our review,	in Stanley et al. 2012) Survivors:	Young people, survivors and perpetrators all thought	used for some partici-
the second part of the	Aged between 25 and 48 years, with	that the police were sometimes slow to respond to	pants but interviews
research question, re-	a mean age of 38 years (reported in	cases of domestic violence.	used for others.
lating to the experi-	Stanley et al. 2012) Perpetrators:		
ences of service users,	Aged between 30 and 45 (reported in	3.3.3 Provision of information and explanations	
was more relevant.	Stanley et al. 2012).	Young people in particular thought that they did not	
	Sex - Children and young people:	get sufficient information and explanations from the	
Methodology: Quali-	11 female, 8 male (reported in Stan-	police. One young person said: 'When my dad came	
tative study. Qualita-	ley et al. 2012) Survivors: 10 female,	round and he started kicking off, the usual after a	
tive study comprising	1 male (reported in Stanley et al.	while, the police come round and they arrested him,	
five focus groups with	2012) Perpetrators: 0 female, 10	they took a statement off my mum and that's it, they	
children and young	male (reported in Stanley et al. 2012)	don't they didn't say to us what happened if he was	
people and interviews	<ul> <li>Ethnicity - Children and young peo-</li> </ul>	going to be released the next day or we didn't find out	
with adult survivors	ple: 16 White British, 1 White Asian, 1	anything' (Dawn, young people's focus group 4, p52).	
and perpetrators of do-	White/Black Caribbean, 1		
mestic violence.	White/Black African. Survivors: 4	Survivors also thought it was important that they were	
Where relevant, addi-	White British, 7 described themselves	provided with sufficient information. Perpetrators also	
tional methodological	as black or minority ethnic (BME)	appreciated clear information about what would hap-	
detail has been taken	groups (reported in Stanley et al.	pen next.	
from Stanley N, Miller	2012) Perpetrators: 6 White British, 4		
P and Richardson Fos-	BME groups (reported in Stanley et	3.4 Being listened to and validated	
ter H (2012) Engaging	al. 2012).	Young people, survivors and perpetrators all reported	
with children's and par-	Religion/belief - Children and young	that they did not feel sufficiently listened to by the po-	
ents' perspectives on	people: Not reported. Survivors: Not	lice.	
domestic violence.	reported. Perpetrators: Not reported.		
Child & Family Social	Disability - Children and young peo-	3.4.1 What happens next?	
Work, 17: 192–201.	ple: Not reported. Survivors: Not re-	A number of survivors reported that they had not	
	ported. Perpetrators: Not reported.	been satisfied with the follow-up actions following a	
Country: UK, Eng-	Long term health condition - Chil-	police response to a domestic violence incident.	
land.	dren and young people: Not reported.		
	Survivors: Not reported. Perpetrators:	Several young people thought that the perpetrator	
	Not reported.	should be removed from the scene of the incident as	
		soon as possible. One young person said: 'When they	
		come straight away, they could, like, take him away	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Sexual orientation - Children and young people: Not reported. Survivors: Not reported. Perpetrators: Not reported. Socioeconomic position - Children and young people: Not reported. Survivors: Not reported. Perpetrators: Not reported. Type of abuse - Children and young people: Not reported. Survivors: Not reported. Perpetrators: Not reported. Perpetrators: Not reported. Looked after or adopted status - Unaccompanied asylum seeking, refugee or trafficked children - Children and young people: Not reported. Survivors: Not reported. Perpetrators: Not reported.  Sample size: Authors state that a total of 40 young people, survivors and perpetrators were involved. A breakdown for each group is not given.	straight away, instead of waiting around and everything and listening to sides, just they should be taken away because a mum or child wouldn't call 999 just to get a dad taken away for no reason' (Louis, young people's focus group 5, p58).  3.4.2 Continuity of support All 3 participant groups emphasised the importance of continuity of support following an incident of domestic violence.  3.4.3 Barriers to accessing help and support from the police Survivors highlighted the following barriers: - Intimidating environment of the police station Confidentiality not always protected [assume this also relates to at the police station].  3.5 Experiences and perceptions of children's social care 3.5.1 Children and young people's experiences and perceptions of social workers Young people reported a range of perceptions of social workers, from very positive to very negative, but particularly appreciated those who made themselves available and talked directly to young people. Negative experiences tended to relate to social workers who were perceived not to listen to young people and their families. Some young people thought that social workers put pressure on them to give information. One young person said: ' they try and get it out of you they keep pressuring you to get answers' (Richard, young people's focus group 2, p61).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Some young people spoke negatively about social workers who had not 'kept their promises' (p61).	
		3.5.2 Survivors' experiences and perceptions of social workers  The study reports that many of the survivors involved had had little contact with social workers, and some had had no contact. Many survivors expressed fears about their children being taken away, including 1 woman who had significant experience of children's social care services who said: ' there was a time when I called them, when there was violence carried on, and they didn't do anything like [they would now]. "The only thing that we can do if you continue to allow this man into your home, and he continues to be violent towards you, that we will have to take your little boy away'. That's what they said, they will take children away" (Rose, survivor, p62).	
		Some participants said they were confused about what the role of social care services were, and whether they were able to help them to access support.	
		3.5.3 Perpetrators' experiences and perceptions of social workers  Most perpetrators had little experiences of social workers. Of those who did, some said that they felt they had not received good communication from the social worker, but had had to hear messages second hand from their ex-partner. A small number of perpetrators thought that the social workers had communicated well with them, and also that child protection conferences and family group conferences had been helpful.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		3.6 Experiences and perceptions of specialist domestic violence services 3.6.1 Young people's services The young people taking part in the study had been recruited via specialist domestic violence services for young people. Young people were very positive about these services, and the fact that the workers listened to them, and took the time to build up relationships with them.	
		3.6.2 Refuge services The study reports that over half the survivors interviewed had used at least one refuge, and reported valuing 'feeling safe'. Survivors reported that refuges varied in the extent to which they supported children, and thought more could have been offered in terms of counselling or interventions for children and young people.	
		3.6.4 Community domestic violence outreach services The study reports that survivors valued the practical resources provided through community outreach services, as well as outreach counselling or helpline services.	
		3.6.5 A multi-agency domestic violence service Survivors in one site had access to a multi-agency service offering legal, health and advice services. This was seen as valuable.	
		<ul><li>3.6.6 Perpetrator programmes</li><li>Out of scope.</li><li>3.7 Experiences and perceptions of other services</li></ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		3.7.1 Probation services The study reports that 6 of the 10 perpetrators had had contact with probation service, and valued the 'close, non-judgemental relationship' (p69) this provided, as well as flexibility with regard to appointment times.	
		3.7.2 Legal services and courts The study reports that the survivors interviewed had general had positive experiences of solicitors on the court system, and valued specific advice from solicitors on how to keep their children safe (e.g., writing to the school to ensure that their ex-partner did not collect their child). One survivor reported negative experiences of the court system.	
		3.7.3 Health services Survivors who had disclosed domestic violence to their GPs had generally found them helpful and sup- portive. Health visitors were also named as a useful source of support.	
		3.7.4 Education Young people had mixed experiences of getting help from teachers in the context of domestic violence. Two young people said: 'No, teachers don't have the time for you. Because it's not their job, and just And they're not prepared' (Nicola and Tupac, young people's focus group 1, p71).	
		Other young people thought that the response offered by other education professionals was inadequate. One young person said: 'And the school counsellor was exactly the same as that, she said, she asked	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		what was happening, and when you tell her she just sits going, "um, yeah" (Tanya, young people's focus group 2, p71).	
		The study reports that, generally, there was little mention of schools is survivors' or perpetrators' descriptions of the service response, except one survivor whose child had received extensive support from the school.	
		3.7.5 Counselling/therapy services Some children had been offered therapy or counselling services, which their parents (survivors) thought had been helpful. A number of survivors had accessed therapy themselves and had found this valuable.	

# 22. Taylor J, Stalker K, Fry D et al. (2014) Disabled children and child protection in Scotland: investigation into the relationship between professional practice, child protection and disability. Edinburgh: Scottish Government Social Research

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The study	Participants:	Narrative findings	Overall assessment
reports that 'the aim of	Professionals/practitioners -		of internal validity:
this study was to as-	Practitioners 'working on issues of	Data have been extracted from Section 5 'The child at	+
sess how public ser-	disabled children and child protection'	the centre' and Section 8.3 'Are we getting it right for	
vices (including social	(p.1). Data was gathered from 21	every child?'	Overall assessment
work, health care, edu-	practitioners across six local authori-		of external validity:
cation, police and	ties via interview, and the remaining	5.1 Child centredness	+
other related services)	40 through focus groups with five lo-		Limited information on
identify and support	cal authority Child Protection Commit-	The study reports that participants emphasised that	ethical considerations
disabled children and	tees. The roles of the practitioners in-	'every child, whether disabled or not, should be seen	in relation to focus
young people at risk of	volved are not clear. The research re-	first as a child, thereafter as a child with an impair-	groups.
significant harm,			

Research aims	PICO (population, intervention,	Findings
	comparison, outcomes)	
whether neglect or	port states that 'from each local au-	ment' (p20). Participants distinguished between disa-
abuse' (p13). The	thority area, potential participants	bled children with communication impairments, for
study had the following	were contacted from social work, ed-	whom it was thought that behaviours signalling harm
four research ques-	ucation, police, voluntary organisa-	would be different from the general population, and
tions: '1. What are the	tions and health with practice experi-	those without communication impairments, who were
decision-making pro-	ence of responding to at least two	expected to make a 'disclosure of abuse' (p20). The
cess and 'triggers' for	child protection cases involving a dis-	authors note that this suggests a misunderstanding of
intervention used by	abled child' (p. 14). However it is un-	disability, and the impact that it can have on children
professionals when de-	clear who was actually recruited to	other than just their ability to communicate.
termining the nature of	the study.	
interventions for disa-		The study notes that participants stressed the im-
bled children and	Sample characteristics:	portance that disabled children at risk of or experienc-
young people at risk of	Age - Not reported.	ing significant harm were included within the child
significant harm? 2.	• Sex – Not reported.	protection system framework. Participants also noted
What are specific is-	Ethnicity - Not reported.	the importance of taking an individualised approach to
sues faced by practi-	Religion/belief - Not reported.	each child.
tioners in Scotland in	Disability - Not reported.	
supporting children	<ul> <li>Long term health condition - Not re-</li> </ul>	5.2 Impairment effects
and young people at	ported.	The study reports that there was a distinction be-
risk of significant	<ul> <li>Sexual orientation - Not reported.</li> </ul>	tween participants who thought that disabled children
harm? 3. How do ser-	Socioeconomic position - Not re-	faced unique risks, and those who thought they would
vices co-ordinate to	ported.	take the same approach as for any child. Participants
support disabled chil-	Type of abuse - Not reported.	did not acknowledge that the impairments experi-
dren and young people	Looked after or adopted status - Not	enced by disabled children could add complexity to a
at risk of significant	reported.	child protection case. One participant said:
harm? 4. What are	Unaccompanied asylum seeking,	'I think our rate of detection is probably quite poor be-
practice examples in	refugee or trafficked children - Not re-	cause I think of all the personal care and things that
Scotland addressing	ported.	child have, I would suspect that the rate of sexual
these issues?' (p13).		abuse and stuff is probably higher than we actually
The findings are not	Sample size	detect. It's hard enough in the average population
structured according to	n=61.	without them being disabled where they can't talk and
the 4 research ques-		tell us [Interview 3]' (p22).
tions, but according to		
3 over-arching themes		Participants highlighted that, in some cases, it was
which are: 1) The child		difficult to assess risk because it was unclear whether

## Overall validity rating:

Overall validity rating

+

Research aims	PICO (population, intervention,	Findings	Overall validity rating
1.11 ( ) 5	comparison, outcomes)		
at the centre; 2) Prac-		a behaviour was due to a (potentially undiagnosed)	
tice issues (muddling		disability or due to a child protection issue.	
through) 3) Inter-		FOO Comment of the Comment of the House	
agency working. We		5.3 Communicating with disabled children	
have data extracted		The study reports that practitioners appeared to asso-	
findings in relation to		ciate recognition of abuse primarily with disclosures	
theme 1 only, as both		by children. The authors note that 'Waiting for a dis-	
2 and 3 relate more to		closure is a reactive stance to child protection' (p25).	
organisational configu-			
ration and training is-		The study notes that, although participants thought	
sues.		that disabled children with communication impair-	
		ments would be less able to disclose abuse, in fact in	
Methodology: Mixed		a number of the case examples disclosures had been	
methods. Research		made by children with communication impairments.	
comprised 'in-depth'			
interviews with 21		The study notes that participants thought that 'due to	
practitioners which in-		a lack of knowledge and training, or a perceived ina-	
cluded use of a Critical		bility of children to communicate, there was a greater	
Incident Technique		chance of missing signs of neglect and abuse that	
methodology, and five		would be picked up more efficiently in non-disabled	
focus groups with		children' (p26). The study notes that it is concerning	
Child Protection Com-		that some interviewees appeared to imply that this	
mittees. From the in-		was due to the child's lack of ability, rather than the	
terviews with practi-		professional's.	
tioners, 34 practice examples were devel-		Despite this, a number of examples were given of	
oped. The team also		adapting communication, including use of speech and	
developed a series of		language therapists.	
models to represent		language incrapisis.	
the data from the inter-		5.4 Child agency	
views and focus		The study notes that, even in instances were commu-	
groups.		nication was adapted, a child protection case did not	
9.00po.		always progress as it would for non-disabled children.	
Country: UK, Scot-		amayo progress as it would for from disabled officient.	
land.		5.5 Parents	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Government - Scottish Government.		The study notes that participant's thought that the presence of a disabled child affected decisions about whether situations were neglectful, or whether parents required more support. Participants also noted that parents' desire to protect their children could also lead to situations of unintentional neglect.	
		Participants thought that parents may find it hard to admit they need more help if the situation changes, or may have negative perceptions of social services.	
		5.6 The invisible child The study notes that participants expressed concerned that child protection practitioners may occasionally over-empathise with the parents of disabled children, and thereby underestimate the risks posed to the child.	
		Participants said that there were often a wider range of services involved with disabled children. This could have the positive effect of ensuring that abuse/neglect didn't go unnoticed, but could also lead to complacency that someone else may be dealing with it.	
		Participants also noted that parents and carers sometimes had to be used as a proxy for communicating with a disabled child.	
		The authors give the following summary of themes: - Participants interpreted current policy as meaning that disabled children thought to be at risk should not be treated differently from other children. The authors note that this 'did not always translate into effective identification and intervention for child protection risks involving disabled children' (p36).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		<ul> <li>The language of treating every child the same did not match the reality of some of the practice issues described - and it was clear that adaptations were (rightly) made for disabled children.</li> <li>Participants identified adaptation of buildings and service provision as important for effective protection of disabled children.</li> </ul>	
		Participants differed in the extent to which they thought that services provided a good response to disabled children. However, there was more consensus that there was a lack of suitably adapted service provision, for example residential accommodation and placements.	
		8.3 Enablers and barriers: Are we getting it right for every child?	
		Note - this section appears in the Discussion section of the report.	
		The study identifies the following enablers and barriers to working with disabled children throughout the child protection process (information taken from Figure 6. p71):	
		1. Concerns raised Enablers - Interagency working, passing on concerns Barriers - Complex family situations, parent sup- port/carers around child, communication impairments, lack of knowledge on impairments and support needed, fear of 'getting wrong'.	
		2. Initial information-gathering	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	` ` · · · · · · · · · · · · · · · · · ·	Enablers - Initial Referral Discussion process, interagency working, good information sharing, working with specialists Barriers - Difficulty accessing interpreters and other support, lack of CYP involvement, overreliance on third party information, information held across teams/areas resulting in delays, lack of worker confidence and knowledge.  3. Decision to launch investigation Enablers - Interagency working Barriers - Burden of evidence needed, communication impairments, CYP deemed as 'unreliable witness'.  4. Planning Enablers - Interagency working Barriers - Lack of accessible support (interpreters, speech and language therapists etc.); 'muddling	
		through' case reflecting lack of clarity, knowledge and experience; CYP passed on to other services.  5. Child Protection Case Conference Enablers - Interagency working Barriers - Support for CYP involvement, inaccessible venue spaces, lack of knowledge around types of impairment.  6. Child Protection Plan Enablers - Interagency working Barriers - Child protection concerns for other CYP not address, burden of proof (specifically in relation to	
		address, burden of proof (specifically in relation to communication impairments), difficulty in finding foster carers for disabled children.	

#### 23. Wirtz L (2009) Hidden children: separated children at risk. London: Children's Society

Study aim: To explore the experience of trafficking and abuse of migrant young people in terms of disclosure, intervention and their support needs.  Methodology: Qualitative study. Interviews and focus groups with trafficked migrant children, professionals and analysis of 34 case studies.  Country: UK.  Participants Children and young people. Trafficked migrant children and young people. Trafficked migrant children and young people. Trafficked migrant children and young people people Professionals and practitioners working with vulnerable young people from the voluntary and statutory sectors.  Sample characteristics A. Disclosures: 1. Unintentional disclosures - when trafficked children approached practitioners for help and advice on issues (such as housing, immigration) and the story came out during the discussion, or the disclosure may follow general enquiries or small talk such as 'how are things at home' (p37).  Sample characteristics A. Disclosures: 1. Unintentional disclosures - when trafficked children approached practitioners for help and advice on issues (such as housing, immigration) and the story came out during the discussion, or the disclosure may follow general enquiries or small talk such as 'how are things at home' (p37).  Sample characteristics A. Disclosures: 1. Unintentional disclosures - when trafficked children approached practitioners for help and advice on issues (such as housing, immigration) and the story came out during the discussion, or the disclosure may follow general enquiries or small talk such as 'how are things at home' (p37).  2. Wanting to disclose but waiting until they are safe and with a person they trust, suggesting the importance of relationships of trust enabling disclosures, suggesting that trafficked children might be more open with volunteer agencies and social workers than immigration officials.  Country: UK.  Sample characteristics  A. Disclosures:  1. Unintentional disclosures - when trafficked children approached practitioners or small talk such as 'how are thing	Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Voluntary/charity - City Parochial Foundation and East Foundation and East Foundation.  • Ethnicity - Trafficked migrant children: from 4 Asian and 10 African countries. Professional practitioners and volunteers: not reported.  • Religion/belief - Trafficked migrant children: not reported. Professional practitioners and volunteers: not reported.  • Disability - Trafficked migrant children: not reported. Professional practitioners and volunteers: not reported.  • Disability - Trafficked migrant children: not reported. Professional practitioners and volunteers: not reported.  • Long term health condition - Trafficked migrant children: not reported.  • Ethnicity - Trafficked migrant children: he street, when they were pregnant and afraid that their baby would also be abused or after an incident when they had been particularly badly physically abused (p37).  4. Knowing about other people's experiences could empower young people to seek help themselves, such as when a friend disclosed her own abuse, this gave them the courage to say 'me too' (p39).  5. Young people's contact with their families back home was considered as a possible means of disclosure and escaping their situation.	the experience of trafficking and abuse of migrant young people in terms of disclosure, intervention and their support needs.  Methodology: Qualitative study. Interviews and focus groups with trafficked migrant children, professionals and analysis of 34 case studies.  Country: UK.  Source of funding: Voluntary/charity - City Parochial Foundation and East Foundation.	Participants Children and young people. Trafficked migrant children and young people Professionals/practitioners. Professionals and practitioners working with vulnerable young people from the voluntary and statutory sectors.  Sample characteristics • Age - Trafficked migrant children: aged 16 years and over. Professional practitioners and volunteers: not reported. • Sex - Trafficked migrant children: 40% boys and 60% girls. Professional practitioners and volunteers: not reported. • Ethnicity - Trafficked migrant children: from 4 Asian and 10 African countries. Professional practitioners and volunteers: not reported. • Religion/belief - Trafficked migrant children: not reported. Professional practitioners and volunteers: not reported. • Disability - Trafficked migrant children: not reported. Professional practitioners and volunteers: not reported.	A. Disclosures:  1. Unintentional disclosures - when trafficked children approached practitioners for help and advice on issues (such as housing, immigration) and the story came out during the discussion, or the disclosure may follow general enquiries or small talk such as 'how are things at home' (p37).  2. Wanting to disclose but waiting until they are safe and with a person they trust, suggesting the importance of relationships of trust enabling disclosures, suggesting that trafficked children might be more open with volunteer agencies and social workers than immigration officials.  3. Disclosure taking place when young people feel their situation cannot get any worse such as when they were sleeping on the street, when they were pregnant and afraid that their baby would also be abused or after an incident when they had been particularly badly physically abused (p37).  4. Knowing about other people's experiences could empower young people to seek help themselves, such as when a friend disclosed her own abuse, this gave them the courage to say 'me too' (p39).  5. Young people's contact with their families back home was considered as a possible means of disclo-	of internal validity: ++ Overall assessment of external validity: ++ Overall validity rat- ing:

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Research aims	Professional practitioners and volunteers: not reported.  • Sexual orientation - Trafficked migrant children: not reported. Professional practitioners and volunteers: not reported.  • Socioeconomic position - Trafficked migrant children: 'The children came from capital cities as well as villages with no school and no electricity' and 'from countries affected by war or political violence' suggesting unstable social economic background. Professional practitioners and volunteers: not reported.  • Type of abuse - Trafficked migrant children. Professional practitioners and volunteers: not relevant.  • Looked after or adopted status - Trafficked migrant children: not reported. Professional practitioners and volunteers: not reported.  • Unaccompanied asylum seeking, refugee or trafficked children. Professional	6. The young people felt that the following conditions might have got them out of the situation sooner - If trusted adults asked direct questions (yes/no questions) if they were being abused; if people in the community hadn't been afraid of their guardians; if people weren't afraid they would get a criminal record for helping; if something had made them frightened enough to run away sooner; if a service who knew what their rights were had known about their home situation; if social services had rejected their guardian as a private foster carer because of a history of mental illness (pp39–40).  7. Practitioners' felt that the following conditions could help trafficked children to disclose sooner- Having access to services (knowing help is available) and something could be done about their situation; if they had known trafficking was wrong; if they had information at school; if questions had been asked by the school about who they stayed with and what the relationship was; if they knew they wouldn't be made homeless, deported or put in prison by the immigration authorities; if a properly resourced private fostering team had looked at all the evidence; if a support plan had been done earlier; if they knew someone	Overall validity rating
	refugee or trafficked children - Traf-	ing team had looked at all the evidence; if a support	
	Sample size Trafficked migrant children: n=8. Professional practitioners and volunteers: n=15.	children's services had actively investigated the case; if they believed children's services will protect them; and if social services had followed up or monitored the private fostering arrangement and spoken separately with the young person (p40).	
		B. Locations for interventions (p40)	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Depending on how well informed trafficked children were and the people they met there, they usually visited these places when still under the control of their exploiters and/or immediately after escaping - Immigration service on arrival at UK airports; Children's Services; churches; Connexions; dentists; ethnic shops e.g. African or Vietnamese supermarkets; GP surgeries; hospitals; job centres; migrant community groups; youth advice centres and youth clubs; nurseries and play centres; police stations; school/college; solicitors. This showed the range of people and agencies that could be the first point of contact or disclosure for hidden children, suggesting the importance of a range of agencies having access to training on trafficking.	
		1. Possible locations for interventions - most likely to be in informal community (migrant community groups) and faith settings (such as churches) in the community.	
		2. Interventions could be made more likely by increasing public awareness in the community of children's rights and UK law regarding child safeguarding and private fostering, the Community Partnership Project (CPP) being a good example. Also through television advertisement, the Outreach through training and advice, community meeting (involving the police, social workers and local residents), public awareness campaigns (such as the Blue Blindfold Campaign; the Poppy Project).	
		3. Interventions in school - secondary school settings with school counsellors and advisors an important resource. Practical support outcomes, with referrals to	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		other services were felt to be more important than having someone to talk to. Confidentiality of these services should also be made explicit (p44).  4. Interventions in healthcare settings - trafficked children should not face barriers when trying to access healthcare, e.g., denying medical treatment such as immunisations puts the health of the wider community at risk (p45).	
		5. Interventions by immigration staff - new resources needed toward improving the detection/identification of trafficked children at ports and airports.	
		C. Support needs - practitioners reported an ongoing misunderstanding of entitlements for migrants and that social workers assume any foreign young person has no recourse to public funds. Hidden children were often caught in disputes between two local authorities that each said the other was responsible for providing care (p46).	
		1. Housing - trafficked children taken into local authority care or into new private fostering arrangements and outcomes had not been always successful.  2. Therapeutic support - hidden children likely to perceive counselling only involved talking which might not offer those practical help. Some western talking	
		therapies might be culturally inappropriate and a culturally sensitive therapeutic casework service could be of benefit (p47).  3. Post-16 support - hidden children usually have no family in this country, so after age 18 or 21 they may	
		have no one for practical or emotional support. When they turn 18, unless they are NEET (not in employment, education, or training) their support sometimes stops suddenly. Without this support, some hidden	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		children unwittingly became unlawfully in the country (p48).  4. Preparation for parenthood- some practitioners felt that hidden children may have lacked positive parental role models if they spent much of their lives in situations of exploitation and abuse, and so care has to be taken to ensure they are equipped to give their own children the care that they themselves did not receive, especially when they get pregnant at an early age, often soon after escaping domestic servitude. To prevent future exploitation, there might be a need for young people to be aware of the law, the importance of their own consent, and what constitutes a healthy relationship (p49).  5. Some young people who had become mothers cited their children as a positive aspect of their current lives, including them in their protection shields as something that makes them feel happy and strong (p49).	

### **Organisational factors**

Review question 21 – What organisational factors support and hinder effective multi-agency working including supporting good professional judgement?

Review question 21 – Critical appraisal tables

1. Beckett H, Brodie I, Factor F et al. (2013) 'It's wrong ... but you get used to it' - A qualitative study of gang-associated sexual violence towards, and exploitation of, young people in England. London: Office of the Children's Commissioner for England

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Is a qualitative approach appropriate? Appropriate. The research		Does the study's research guestion match the review	Overall assessment of internal validity:
process of proposed the content of	Clear. Under each direct quote, it	question?	++

### Internal validity – approach and sample

team conducts individual interviews with young people (n=150); 11 focus groups with professionals (n=76); and 8 single-sex focus groups (n=38). The comprehensive methods section details the rationale for interviewing participants because of the sensitive nature of the topic and to follow an ethical protocol. In addition, safeguarding concerns have been explored.

Is the study clear in what it seeks to do? Clear. The forward from Sue Berelowitz, Chief Executive, Office of the Children's Commissioner details the context of the research: very little is known about the prevalence of sexual violence and exploitation within gangs by children and young people against other children and young people. The purpose is to understand through interviews with young people and professionals' experiences to better inform national and local policy.

How defensible/rigorous is the research design/methodology? Defensible. Very thorough research design and methodology which was governed and reviewed by a number of different bodies:

## Internal validity – performance and analysis

is clear where data was collected, whether they are a young person or professional and age of participant (if individual interview). The individual interviews with young people (n=150) contain detailed characteristics, however the focus groups held with professionals (n=74) and young people (n=38), it is unclear on the characteristics of these participants.

Was the sampling carried out in an appropriate way? Appropriate.

Very clear that participants were recruited via agencies that were supporting young people to minimise risk. The authors state the potential for 'bias into the sample and excludes other potential participants with valid contributions to offer - it was felt that the risks of engaging those outside of services could not be adequately negated within a time-limited, large-scale, multi-site project such as this' (p12).

Were the methods reliable? Somewhat reliable. The data is collected by one method, which were qualitative interviews.

#### **External validity**

Yes. The study explores 150 young people's and 76 professional's responses to gang-associated sexual violence and exploitation. The purpose is to understand the prevalence and experiences of young people: Chapter 4 is relevant to research question because it explores preventative strategies, including the impact of multiagency working.

Has the study dealt appropriately with any ethical concerns?

Yes. Ethical approval was gained from four different Research Ethics Committees and relevant local approvals were obtained within each research site. The research team was accountable to a Research Project Advisory Group, a Young People's Advisory Group and local Multi-agency Advisory Groups in each research site.

Were service users involved in the study? Yes. In order to use age-appropriate research questions, the Young People's Advisory Group co-produced the interview schedule.

Is there a clear focus on the guideline topic? Yes. The relevant section is Chapter 4.2 where

#### Overall validity rating

Very comprehensive, effective study with detailed findings that are summarised into recommendations. The methodology has dealt appropriately with the ethics and risk associated with the subject matter, and the research team have ensured the voice of the child is at the heart of the report.

## Overall assessment of external validity:

++

The study meets all criteria and has dealt effectively with ethical considerations. In addition, the interview guide was co-produced with the YPAG to make questions age appropriate.

#### Overall validity rating:

++

A thorough empirical study which meets its research aim and details implications for practice and policy on a local and national level.

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		o roram ramanay raamig
Research Project Advisory Group;	Are the data 'rich'? Rich. The re-	young people and professionals	
Young People's Advisory Group'	search team cite references to	state factors that hinder disclo-	
and Site specific Multi-agency Ad-	where each finding was collected	sure: confusion about what actu-	
visory Groups. Qualitative inter-	which helps contextualise re-	ally constitutes sexual violence	
views were conducted with 150	sponses to each participant. There	and exploitation; the acceptance	
young people; 11 focus groups	are limitations as explored: 'Due to	of sexual violence and exploita-	
with 76 professionals; and 8 sin-	the flexibility built into the inter-	tion; and low levels of reporting	
gle-sex focus groups with 38	viewing process, not all issues	and seeking support from profes-	
young people. There is a detailed	were covered with all of these in-	sionals, i.e. judgement by others,	
breakdown of the 150 young peo-	terviewees' (p14).	lack of faith in services, perception	
ple who participated in individual		of police and absence of convic-	
interviews, however the focus	Is the analysis reliable? Relia-	tion.	
group held with professionals and	ble.		
young people is not descriptive.	Qualitative interviews were the-	Is the study population the	
	matically analysed using NVivo 8	same as at least 1 of the groups	
How well was the data collec-	which underpin the findings in the	covered by the guideline? Yes.	
tion carried out? Appropriately.	research. The research team ex-	150 Young people's experience of	
Data collection section is thorough	plain the executive decision to	gang-associated sexual violence	
and the research team explained	generally prioritise the young per-	and exploitation, and profession-	
the measures to ensure the partic-	sons' voice to be presented in the	als (n=76) who have experi-	
ipants comfortability by facilitating	report.	ence/specialism working with sex-	
the young people to talk in the	A the annual religion of a sure to 2	ual violence and exploitation.	
third person, unless they wanted	Are the conclusions adequate?		
to actively choose otherwise, i.e.	Adequate. The narrative findings	Is the study setting the same as	
conversational manner using the interview schedule as a framework	of the voice and experience of participants contextualise the cur-	at least 1 of the settings covered by the guideline? Yes.	
for discussion. There is effective	rent knowledge and prevalence of	Young people were selected be-	
consideration of the commitment	sexual violence and exploitation in	cause they were/had received	
to maintaining participants' confi-	gangs. The relevant section to dis-	support from services, and profes-	
dentiality and anonymity. An ethi-	closure (Chapter 4) concludes that	sionals from statutory services	
cal protocol was developed on the	from the aim of 'identifying learn-	were interviewed, i.e. social care,	
basis of 'no harm should come to	ing for embedding more effective	police, and education.	
basis of the flattif should confic to	ing for chibodaling more checkive	police, and education.	

Does the study relate to at least

1 of the activities covered by

systematic response to these is-

sues in the future ... Prompted re-

any individual as a result of their

in the work' (p12).

agreement to facilitate or take part

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
•	sponses to these are now pre-	the guideline? Yes. Chapter 4 re-	
	sented in the form of recommen-	lates to barriers to professionals	
	dations' (p51). The recommenda-	for young people disclosing sexual	
	tions are structured to address na-	violence and exploitation.	
	tional and local policy, which in the		
	context of presenting findings from	(For views questions) Are the	
	6 different localities in England,	views and experiences reported	
	map the issue with scope to re-	relevant to the guideline? Yes.	
	spond.	'The research aimed to consider:	
		the scale and nature of gang-as-	
		sociated sexual violence and ex-	
		ploitation in six areas of England;	
		the main pathways into gang-re-	
		lated sexual violence and exploita-	
		tion for young people living in	
		these neighbourhoods; and poten-	
		tial models for an effective multi-	
		agency response to the issue'	
		(p6).	
	Does the study have a UK per-		
		spective? Yes. Study carried out	
		in 6 different research areas. For	
		confidentiality purposes the sites	
		are not named but do 'reflect a	
		broad range of experiences of	
		working with gangs and different	
		demographic profiles' (p6).	

2. Berelowitz S, Clifton J, Firmin C et al. (2013) 'If only someone had listened': Office of the Children's Commissioner's inquiry into child sexual exploitation in gangs and groups. London: Office of the Children's Commissioner for England

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
priate? Appropriate.	scribed?	question match the review	validity:
la tha atrodo alamin sobatit	Clear.	question?	+
Is the study clear in what it	Man the consulting a constant and the	Yes. To assess views and experi-	O
seeks to do? Clear.	Was the sampling carried out in	ences of victims of and profes-	Overall assessment of external
	an appropriate way? Not sure.	sionals working in CSE 1. Why	validity:
How defensible/rigorous is the	Not reported.	CSE children continue to be let	++
research design/methodology?	Mana tha mathada a maliah a O Da	down 2. Why there is a no fully	O
Defensible.	Were the methods reliable? Re-	joined-up multi-agency, child-cen-	Overall validity rating:
	liable. Multiple methods of data	tred approach to address child	
How well was the data collec-	collection.	sexual exploitation in gangs and	Overall methodology of this study
tion carried out? Appropriately.	Ave the date (wield)? Dich	groups, why agencies and individ-	was sound though some details
Data collection: 1. Call for evi-	Are the data 'rich'? Rich.	uals fail to listen to them, and fulfil	missing (sampling and population
dence from various child protec-	le the englysic reliable? Delia	their responsibilities with regard to	characteristics). Data analysis was
tion agencies dealing with CSE 2.  Dataset requests to gather evi-	<b>Is the analysis reliable?</b> Reliable.	child protection, or that there was not sufficient strategic and mana-	robust and interpretations of find-
dence of the extent and nature of	Relating to qualitative data collec-	gerial oversight to coordinate their	ings convincing.
practice which has been devel-	tion 1. The interviews, site visits,	actions.	
oped by LSCBs, police forces and	evaluations, workshops and semi-	actions.	
specific health services (GUM	nars were analysed thematically	Has the study dealt appropri-	
Clinics, Substance Misuse and	and used to identify trends. Inter-	ately with any ethical concerns?	
CAMHS) 3. Semi-structured inter-	views recorded and content analy-	Partly.	
views and focus groups with chil-	sis, using NVivo 10. 2. Qualitative	Insufficient information provided.	
dren, young people, parents and	data analysed manually and in the	'Letters of thanks were sent to the	
carers 4. 10 site visits 5. Work-	case of questions asked around	professionals and any participat-	
shops and academic seminars.	barriers, the same coding frame-	ing young people, and any specific	
chope and doddenne deninare.	work was used across the dataset	ethical concerns or safeguarding	
	and the call for evidence to enable	issues were followed up' (p120).	
	key consistencies/variations	'Interviews were recorded subject	
	across the evidence captures to	to approval' (p120).	
	be identified.		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
	,	Were service users involved in the study? No. Service users did not co-produce this report  Is there a clear focus on the guideline topic? Yes. Child sexual exploitation (CSE).  Is the study population the same as at least 1 of the groups covered by the guideline? Yes. CSE children.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.  Does the study relate to at least 1 of the activities covered by the guideline? Yes.  CSE.  (For views questions) Are the	Overall validity rating
		views and experiences reported relevant to the guideline? Yes.  Does the study have a UK perspective? Yes. UK.	

3. Brandon M, Sidebotham P, Bailey S et al. (2013) New learning from serious case reviews: a 2-year report for 2009 to 2011. London: Department of Education

Department of Education			
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed?	question match the review	validity:
	Clear. SCR.	question?	+
Is the study clear in what it		Yes.	
seeks to do? Clear.	Was the sampling carried out in		Overall assessment of external
	an appropriate way? Not sure.	Has the study dealt appropri-	validity:
How defensible/rigorous is the		ately with any ethical concerns?	+
research design/methodology?	Were the methods reliable?	No. Not reported.	
Defensible. Nature of serious re-	Somewhat reliable.		Overall validity rating:
view: qualitative overview reports		Were service users involved in	+
and/or executive summaries of 5	Are the data 'rich'? Rich.	the study? No. Service users did	This serious case review analysed
studies.		not co-produce this report.	national data based on a large
	Is the analysis reliable? Relia-		sample of cases, with fairly sound
How well was the data collec-	ble.	Is there a clear focus on the	methodology.
tion carried out? Appropriately.	A triple-layered reading process	guideline topic? Yes.	
Overview reports and/or executive	was carried out for each case. 1.		
summaries of 5 individual but in-	Redacted overview report was	Is the study population the	
terlinking studies to provide a the-	read and summarised to identify	same as at least 1 of the groups	
matic and critical analysis of rec-	key points and produce a struc-	covered by the guideline? Yes.	
ommendations and action plans	tured summary sheet 2. The over-	Children with serious and fatal	
from 30 serious case reviews.	view report was read again and	maltreatment.	
	data were coded to the most ap-		
	propriate nodes within a thematic	Is the study setting the same as	
	coding framework 3. Data were	at least 1 of the settings cov-	
	analysed thematically within three	ered by the guideline? No.	
	core domains: the child; family		
	and environment, including par-	Does the study relate to at least	
	enting capacity, systemic and ser-	1 of the activities covered by	
	vice issues. Three researchers	the guideline? Yes. Child mal-	
	were involved in reading, coding	treatment.	
	and analysis, and the team used a		
	constant comparative approach to	(For views questions) Are the	
		views and experiences reported	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	analysing data, looking for emerging themes and outliers. Team discussions were held to identify common emerging themes. Software package NVivo9 used for analysis.  Are the findings convincing? Convincing.  Are the conclusions adequate? Adequate.	relevant to the guideline? Yes. Serious case reviews with data gathered from 5 studies, to ex- plore interacting risks which seeks to understand inter-agency work- ing within the dynamic context of the developing child's world.  Does the study have a UK per- spective? Yes.	

## 4. Brodie I and Pearce J (2012) Exploring the scale and nature of child sexual exploitation in Scotland. Edinburgh: Scottish Government Social Research

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. Aim of the re-	scribed?	question match the review	validity:
search is to gather information	Clear: 27 practitioners from a	question? Study explores key	-
from professionals specialising in	range of agencies across Scot-	professionals within the field of	Due to no reporting on the data
child sexual exploitation.	land, representing child protection	CSE, and relevant findings are re-	collection or analysis of the semi-
	committees, health, the police,	ported to include inter-agency ar-	nar, findings are not rich. There is
Is the study clear in what it	and third sector organisations.	rangements and the effectiveness	no contextualising of participants
seeks to do? Clear. Aim to scope	_	and hindrances.	or ascribing which finding was
nature of CSE in Scotland.	Was the sampling carried out in		said by who. Consequently, con-
	an appropriate way? Not Sure.	Has the study dealt appropri-	clusions are somewhat adequate.
How defensible/rigorous is the	Not reported.	ately with any ethical concerns?	·
research design/methodology?	·	No. Not reported.	Overall assessment of external
Defensible. A practice seminar in-	Were the methods reliable?		validity:
cluding focus groups and oppor-	Somewhat reliable. One method -		+
tunity for individual feedback took			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
place in Edinburgh inviting practi-	One day event for focus group, in-	Were service users involved in	Aim is relevant to research ques-
tioners from a range of agencies	dividual questionnaire and general	the study? No. Report not co-pro-	tion. No consideration of ethical
across Scotland - the purpose of	discussion.	duced.	approval.
the day was to understand the			
scale and nature of CSE and pro-	_	Is there a clear focus on the	Overall validity rating:
fessional perception.	Are the data 'rich'? Not sure. Not	guideline topic? Yes. CSE.	-
	adequately reported how findings		
How well was the data collec-	were drawn, or which professional	Is the study population the	
tion carried out? Not sure. Not	reported, therefore difficult to con-	same as at least 1 of the groups	
reported.	textualise.	covered by the guideline? Yes.	
		CSE.	
	Is the analysis reliable? Not		
	sure. Not reliable.	Is the study setting the same as	
		at least 1 of the settings cov-	
	Are the findings convincing?	ered by the guideline? Yes.	
	Somewhat convincing. The find-	Child protection professionals.	
	ings are supported by a thorough		
	literature review. At the beginning	Does the study relate to at least	
	of Chapter 6, the authors report	1 of the activities covered by	
	that 'the views expressed are not	the guideline? Yes.	
	necessarily representative, and to		
	this extent should be treated with	(For views questions) Are the	
	some caution'. The purpose is to	views and experiences reported	
	inform the nature of CSE through-	relevant to the guideline? Yes.	
	out Scotland, and highlight further	Child protection professionals	
	research needs.	working within CSE to explore the	
		'nature and extent of inter-agency	
	Are the conclusions adequate?	communication and working in re-	
	Somewhat adequate. Key mes-	lation to child sexual exploitation;	
	sages are drawn from 4 key	and the barriers to the develop-	
	themes highlighted in chapter 6	ment of effective practice' (p13).	
	which report the practitioners who		
	attended the seminar reporting a	Does the study have a UK per-	
	varying level of awareness,	spective? Yes. Scotland.	
	knowledge and experience of CSE		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
	across Scotland. Findings high-		
	light these gaps in knowledge and		
	there is a recognition by authors		
	for an improvement in partnership		
	working and the creation of better		
	systems for sharing information.		

5. Crockett R, Gilchrist G, Davies J et al. (2013) Assessing the Early Impact of Multi Agency Safeguarding Hubs (MASH) in London. London: London Councils. MASH and University of Greenwich

London: London Councils, MASH and University of Greenwich				
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating	
sample	and analysis			
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal	
<pre>priate? Appropriate. Thorough</pre>	scribed?	question match the review	validity:	
justification of interviewing MASH	Clear. Clear characteristics of par-	question?	++	
staff, with baseline and follow-up	ticipants who represent each	Yes. Analysis of Multi-Agency	Comprehensive empirical study	
data collection.	agency in both pre and post imple-	Safeguarding Hubs (MASH) with	with clear aims and findings that	
	mentation interviews. Additional	baseline and follow up qualitative	are collected at two stages.	
Is the study clear in what it	information is given for why the	interviews with staff in order to		
seeks to do? Clear. Aim is de-	pre (n=24) interviews and the post	consider the early impact.	Overall assessment of external	
fined for phase 3 as: 'pre imple-	(n=16) is. Additionally, interwoven		validity:	
mentation interviews was to	throughout the findings, it is gen-	Has the study dealt appropri-	++	
gather a broad range of opinion on	erally ascribed to which profes-	ately with any ethical concerns?	Analysis of MASH and the early	
the aims, and expected outcomes	sional said what.	Yes. Participant consent forms	impact on staff in pre and post im-	
of the programme, and also on		used and attached in Appendix 2.	plementation qualitative study.	
how the programme is being im-	Was the sampling carried out in			
plemented in its early stages. The	an appropriate way? Appropri-	Were service users involved in	Overall validity rating:	
post implementation interviews	ate.	the study? No. Study has not	++	
were conducted to explore the im-	Through manager, and then re-	been co-produced.	Good study however caution to	
pact of the introduction of the	search team contacted respond-		generalise as findings are repre-	
MASH on the work of individual	ents to represent an array of	Is there a clear focus on the	sentative of 5 boroughs in London.	
professionals and on safeguarding	MASH professionals. Limitations	guideline topic? Yes. Child pro-		
more generally. The post imple-	are not discussed as to potential	tection.		
mentation interviews also aimed to	for bias.			
capture some of the changes that				

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
the move to MASH had brought to safeguarding services' (p37).  How defensible/rigorous is the research design/methodology? Defensible. Comprehensive methodological section which details why boroughs were selected and the use of purposive sampling to conduct interviews at two data collection points.  How well was the data collection carried out? Appropriately. Telephone interviews were conducted with a range of MASH professionals both prior to the implementation of the MASH and approximately 2 months later. Participants were identified through their manager and contact details sent	and analysis  Were the methods reliable? Reliable. Study includes 4 phases of data collection. Phase 3 is only relevant to Q21.  Are the data 'rich'? Rich. Context is clearly described and a variety of professionals contribute to the findings, as detailed by the research team who ascribes individual comments to interviewees and how many mentions (through anonymous references i.e. MP). There is a balanced presentation of findings.  Is the analysis reliable? Reliable. Framework for analysis developed by Richie and Spencer (1994) - with how the research team ana-	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Child protection agencies - police, health, CSC staff, education, probation and housing.  Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. Multi-agency safeguarding hubs.  Does the study relate to at least 1 of the activities covered by the guideline? Yes. Child protection.  (For views questions) Are the views and experiences reported relevant to the guideline? Yes. Early impact of MASH by col-	Overall validity rating
1 .	,		
with the study aims (Appendix 3 attached).	Convincing. Clearly presented into inductive themes. Data is analysed thoroughly and follows a framework matrix (Richie & Spencer 1994).	Does the study have a UK perspective? Yes: 5 London boroughs.	
	Are the conclusions adequate? Adequate. Summary by authors presents an overview of challenges and enablers as described by interviewees.		

# 6. Mortimer J, North M, Katz A at al. (2012) You have someone to trust - Outstanding safeguarding practice in primary schools. London: Office of Children's Commissioner

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed?	question match the review	validity:
	Clear. Primary school, educational	question?	-
Is the study clear in what it	context.	Yes.	Lack of methodological details.
seeks to do? Mixed. Main focus		To identify best professional prac-	
on safeguarding practice with	Was the sampling carried out in	tice in response to child protection	Overall assessment of external
some data on multiagency work-	an appropriate way? Not sure.	and safeguarding concerns in pri-	validity:
ing.	No details reported on how partici-	mary schools, including both in-	+
	pants were recruited.	school practice and interagency	
How defensible/rigorous is the		working from the school's per-	Overall validity rating:
research design/methodology?	Were the methods reliable?	spective.	-
Defensible. Online survey (Quali-	Reliable.		
tative), focus groups, semi-struc-		Has the study dealt appropri-	
tured interviews of professionals in		ately with any ethical concerns?	
educational settings (primary	views of the educational profes-	Partly. Consultation with selected	
schools).	sionals.	school staff, external partners,	
	_	with education professionals and	
How well was the data collec-	Is the analysis reliable? Not	wider group of schools regarding	
tion carried out? Somewhat ap-	sure/not reported. No details re-	interviews and focus groups. No	
propriately. Via interviews, focus	ported on how data were ana-	details on ethical approval/con-	
groups and online survey, no de-	lysed.	sent.	
tails reported on how participants			
were recruited.	Are the findings convincing?	Were service users involved in	
	Somewhat convincing. Unclear	the study? Yes. Participants in-	
	methods of data analysis.	volved as subjects in this study.	
	Are the conclusions adequate?	Is there a clear focus on the	
	Not sure. Due to limited details re-	guideline topic? Partly. Main fo-	
	ported.	cus is on safeguarding in schools,	

with some data on best professional practice relating to multiagency working. Is the study population the same as at least 1 of the groups covered by the guideline? Yes. School staff, education professionals and wider school staff and external partners. Is the study setting the same as at least 1 of the settings covered by the guideline? Yes. School environment. Does the study relate to at least 1 of the activities covered by the guideline? Yes. Safeguarding with some data on multiagency working. (For views questions) Are the views and experiences reported relevant to the guideline? Yes. Relating to interagency working, the challenges in maintaining these relationships with other agencies.

Does the study have a UK per-

spective? Yes.

## 7. Rouf K, Larkin M, Lowe, G (2012) Making decisions about parental mental health: an exploratory study of Community Mental Health Team staff. Child Abuse Review 21: 173–89

leam statt. Child Abuse Review 2'		Fortament validity	O
Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate.	scribed?	question match the review	validity:
	Clear.	question?	+
Is the study clear in what it		Yes.	
seeks to do? Clear.	Was the sampling carried out in		Overall assessment of external
	an appropriate way? Somewhat	Has the study dealt appropri-	validity:
How defensible/rigorous is the	appropriate: 99 Community Mental	ately with any ethical concerns?	++
research design/methodology?	Health Team (CMHT) staff were	Yes.	_
Defensible.	contacted and 13 staff participated	Ethical approval granted by the lo-	Overall validity rating:
	in the study (low response rate	cal Research Ethics Committee	+
How well was the data collec-	and participants likely to be self-	and consent from participants ob-	The methodology was sound but
tion carried out? Appropriately.	selective).	tained.	the poor response rate was low.
Semi-structured interviews and di-			
aries.	Were the methods reliable?	Were service users involved in	
	Reliable. Diaries observations	the study? Yes. Professionals as	
	were triangulated with interview data.	participants in study.	
		Is there a clear focus on the	
	Are the data 'rich'? Mixed. A	guideline topic? Yes. To identify	
	mixture of data, some not directly	and explore themes relating to	
	related to interagency working.	tensions of working within and	
		across systems, trying to balance	
	Is the analysis reliable? Relia-	perceptions and feelings involved	
	ble.	in decision-making, and the role of	
	All data, were subjected to reliabil-	interpersonal dynamics in the un-	
	ity checks, transcribed verbatim	derstanding and management of	
	and systematically analysed using	risk.	
	Interpretative Phenomenological		
	Analysis (IPA), with detailed read-	Is the study population the	
	ing and re-reading of material on a	same as at least 1 of the groups	
	case-by-case basis for themes to	covered by the guideline? Yes.	
		Mental health professionals.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
·	gradually emerged within interviews, and overarching themes identified.	Is the study setting the same as at least 1 of the settings covered by the guideline? Yes.	
	Are the findings convincing? Somewhat convincing. Only part of the findings relates to data on interagency working.	Does the study relate to at least 1 of the activities covered by the guideline? Yes. Parental mental health and child welfare.	
	Are the conclusions adequate? Somewhat adequate. Only part of the findings relate to data on interagency working.	(For views questions) Are the views and experiences reported relevant to the guideline? Yes. Part of the views expressed relate to the tension of interagency working.	
		Does the study have a UK perspective? Yes.	

# 8. Smeaton E (2013) Running from hate to what you think is love: the relationship between running away and sexual exploitation. Ilford: Barnardo's

Internal validity - approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Qualitative comp 1	Quantitative component de-	Does the study's research	Overall assessment of external
Which component?	script A (including incidence or	question match the review	validity
Consultation with young people	prevalence study without com-	question?	-
with experience of running away	parison group; case series or	Yes. Study explores professional	
and CSE while under the age of	case report)	practice in relation to both recogni-	Overall assessment of internal
16.	Which component?	tion (Q6) and response (Q20). Ad-	validity
	Consultation with professionals	ditional findings can relate to Q.21	+
	working with children and young	as the study explores multi-	
		agency working.	

Internal validity – approach and sample	Internal validity – performance and analysis	External validity	Overall validity rating
Are the sources of qualitative data (archives, documents, informants, observations) relevant to address the research	people experiencing CSE (survey).  Is the sampling strategy rele-	Has the study dealt appropriately with any ethical concerns? Partly. Study was scrutinised and	Could be more detailed description of how addressed ethical issues.
question? Yes.	vant to address the quantitative research question (quantitative	approved by the Barnardo's Research Ethics Committee. One of	Overall score
Tes.	aspect of the mixed-methods	the principles of the research is	Survey of services is entirely of
Is the process for analysing qualitative data relevant to address the research question?	question)? Partly. Respondents recruited via the NWG Network's newsletter.	given as 'ensuring informed con- sent and assent' (p12), however no details are given about how	voluntary sector services, and it is unclear whether interviewed professionals represented a wider
Yes. Thematic analysis of each young person's story, then second-stage thematic analysis of common themes.	No consideration of possible gaps that this strategy might leave. All organisations were voluntary sector organisations (although 2 were based within the statutory sector) -	consent was obtained. Consideration is given to any needs/issues raised during the research and how these will be addressed.	range of services - the voluntary sector perspective of the research is not highlighted or justified in the research methodology. Little consideration in the findings of how
Is appropriate consideration given to how findings relate to the context, such as the setting, in which the data were collected?	it is not clear in the methodology whether this was intentional or simply a product of who responded.	Were service users involved in the study? No. Service users involved as participants, but not in conducting or analysing the research.	contextual and demographic factors shape participant responses.
No. Little consideration given to variation in the experiences of young people by gender, age, ethnicity and so on. Also unclear how their localities impacted their ex-	Is the sample representative of the population under study? Partly. Poor response rate - 28 or- ganisations responded from 500 contacts - suggesting possible	Is there a clear focus on the guideline topic? Yes.	
Is appropriate consideration given to how findings relate to researchers' influence; for example, though their interactions with participants?	bias in favour of most motivated respondents.  Are measurements appropriate (clear origin, or validity known, or standard instrument)?  N/A. Qualitative questions rather than measures.	Is the study population the same as at least 1 of the groups covered by the guideline? Yes. Children and young people at risk of or who have experienced sexual exploitation, and professionals working with sexually exploited young people.	

Internal validity – approach and	Internal validity - performance	External validity	Overall validity rating
sample	and analysis		
Qualitative comp 2	Is there an acceptable response	Is the study setting the same as	
Which component?	rate (60% or above)?	at least 1 of the settings cov-	
Consultation with professionals	No. Response rate appears to be	ered by the guideline?	
working with children experiencing	5.6% (28 responses from 500 con-	Yes.	
CSE (telephone interviews).	tacts) which is poor.		
, ,	,	Does the study relate to at least	
Are the sources of qualitative		1 of the activities covered by	
data (archives, documents, in-		the guideline?	
formants, observations) rele-		Yes. Study relates to Q6 and Q20.	
vant to address the research			
question?		(For views questions) Are the	
Partly. Professionals working with		views and experiences reported	
young people experiencing run-		relevant to the guideline?	
ning away and CSE appropriate.		Yes.	
However, unclear if all relevant		1 66.	
sectors were represented - job ti-		g. Does the study have a UK	
tles suggest that they were mainly		perspective?	
in the voluntary sector.		Yes. England.	
in the voluntary sector.		res. England.	
Is the process for analysing			
qualitative data relevant to ad-			
dress the research question?			
Yes. Two-stage analysis.			
res. 1 wo-stage attatysis.			
Is appropriate consideration			
given to how findings relate to			
the context, such as the setting,			
in which the data were col-			
lected?			
No. Little consideration of how dif-			
ferent localities, types of service			
and so on affected findings.			
le enprenziete consideration			
Is appropriate consideration			
given to how findings relate to			

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
researchers' influence; for ex-			
ample, though their interactions			
with participants?			
No.			

9. Taylor J, Stalker K, Fry D et al. (2013) Disabled children and child protection in Scotland: investigation into the relationship between professional practice, child protection and disability. London: Scotland. Scotlish Government Social Research

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis	_	
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<pre>priate? Appropriate.</pre>	scribed?	question match the review	validity:
	Unclear. Little consideration of	question?	+
Is the study clear in what it	how respondents' roles and expe-	Yes.	
seeks to do? Mixed. Study's re-	rience may affect their responses.		
search questions are clear, but		Has the study dealt appropri-	Overall assessment of external
findings are not written up accord-	Was the sampling carried out in	ately with any ethical concerns?	validity:
ing to the original research ques-	an appropriate way? Not sure.	Partly. Ethical approval by Univer-	+
tions.	Insufficient information to judge.	sity of Edinburgh Moray House	Limited information on ethical con-
		School of Education Ethics Com-	siderations in relation to focus
How defensible/rigorous is the	Were the methods reliable?	mittee. Mentions informed consent	groups.
research design/methodology?	Not sure. Insufficient information	for interview participants, but not	
Somewhat defensible. Participants	regarding focus groups.	focus group participants.	Overall validity rating:
had to have experience of at least			+
two cases of child protection con-	Are the data 'rich'? Mixed. Use	Were service users involved in	
cerns in relation to a disabled	of case studies adds to richness of	the study? No.	
child, which would seem to be rel-	data, but overall there is little con-		
atively low. The spread of profes-	sideration of reasons for diver-	Is there a clear focus on the	
sional backgrounds and extent of	gences in opinion between inter-	guideline topic? Yes.	
experience of recruited partici-	viewees.		
pants is not reported.		Is the study population the	
	Is the analysis reliable? Some-	same as at least 1 of the groups	
How well was the data collec-	what reliable. Results analysed in	covered by the guideline? Yes.	
tion carried out? Somewhat ap-	various ways, including use of	Practitioners working with disabled	
propriately. Use of Critical Incident	modelling. With regard to thematic	children at risk of or experiencing	
	analysis of qualitative data it is not	significant harm.	

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Technique as part of in depth in-	clear how themes were formulated		
terviews. All interviews digitally	and checked, and some of the	Is the study setting the same as	
recorded with consent. Less clear	themes identified do not appear to	at least 1 of the settings cov-	
how focus groups were conducted.	be coherent concepts.	ered by the guideline? Yes.	
	Are the findings convincing?	Does the study relate to at least	
	Somewhat convincing. Themes	1 of the activities covered by	
	developed in thematic analysis do	the guideline? Yes. Study relates	
	not appear to be coherent and dis-	to recognition and response.	
	tinct.		
		(For views questions) Are the	
	Are the conclusions adequate?	views and experiences reported	
	Somewhat adequate.	relevant to the guideline? Yes.	
		Does the study have a UK per-	
		spective? Yes. Scotland.	

10. Vincent S and Petch A (2012) Audit and Analysis of Significant Case Reviews. Edinburgh: Scottish Government

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis		
Is a qualitative approach appro-	Is the context clearly de-	Does the study's research	Overall assessment of internal
<b>priate?</b> Appropriate. Content anal-	scribed?	question match the review	validity:
ysis of SCR reports.	Clear. Limitations of SCRs as a	question?	+
	source of data made clear.	Yes. Partly, overall research ques-	
Is the study clear in what it		tion is about learning from Serious	Overall assessment of external
seeks to do? Clear.	Was the sampling carried out in	Case Reviews, but there is one	validity:
	an appropriate way? Appropri-	section relating to assessment.	+
How defensible/rigorous is the	ate.		Information on assessment is part
research design/methodology?	All SCRs published in a particular	Has the study dealt appropri-	of a broader study.
Defensible.	timeframe (post 2007).	ately with any ethical concerns?	
		Partly. Steps taken to ensure that	Overall validity rating:
How well was the data collec-	Were the methods reliable?	information from SCR reports re-	+
tion carried out? Appropriately.	Somewhat reliable. Template	mained anonymised. No mention	
Relevant content extracted from	used for analysing reports. How-	of ethical approval.	
reports using template.	ever, no mention of double coding		

Internal validity – approach and	Internal validity – performance	External validity	Overall validity rating
sample	and analysis or cross-validation by a second	Were service users involved in	
	member of the team.	the study? No.	
	Are the data 'rich'? Mixed. Little	Is there a clear focus on the	
	contextualisation of findings in the context of cases. Some direct	guideline topic? Yes.	
	quotes from SCR reports used.	Is the study population the	
	Is the analysis reliable? Not	same as at least 1 of the groups covered by the guideline? Yes.	
	sure/not reported. Little data presented on which to base this	Study relates to cases where children have died or been injured,	
	judgement.	the majority of which had an ele-	
	Are the findings convincing?	ment of abuse or neglect.	
	Are the findings convincing? Somewhat convincing. Little	Is the study setting the same as	
	presentation of primary data to	at least 1 of the settings cov-	
	show how particular themes/is- sues have been identified.	ered by the guideline? Yes.	
		Does the study relate to at least	
	Are the conclusions adequate?	1 of the activities covered by	
	Somewhat adequate.	the guideline? Yes. Study as information relevant to assessment.	
		Does the study have a UK perspective? Yes. Scotland.	

Review question 21 – Findings tables

1. Beckett H, Brodie I, Factor F et al. (2013) 'It's wrong ... but you get used to it' - A qualitative study of gang-associated sexual violence towards, and exploitation of, young people in England. London: Office of the Children's Commissioner for England Research aims

Findings

Research anns
Study aim: 'The re-
search aimed to con-
sider: the scale and
nature of gang-associ-
ated sexual violence
and exploitation in six
areas of England; the
main pathways into
gang-related sexual vi-
olence and exploitation
for young people living
in these neighbour-
hoods; and potential
models for an effective
multi-agency response
to the issue' (p6).

Methodology: Qualitative study. The research team adopted a qualitative approach to conduct: - Individual interviews with 150 young people - 11 focus groups with 76 professionals - 8 single sex focus groups with 38 young people There is a comprehensive methodology section (pp12-15) that addresses approach to

### PICO (population, intervention, comparison, outcomes)

#### **Participants**

Children and young people. Individual interviews - Young people aged 13-28 (n=150).

Focus groups - Young people (n=38).

Professionals/practitioners - 11 focus groups were conducted with 76 professionals across 6 research sites. Representation from fields of social care, education, health, policing and the justice system, specifically working within the gangs and sexual exploitation/sexual violence.

#### Sample characteristics

- Age Interviews Participants ranged from 13 to 28: Under the age of 18 (49%); 18-20 (28%); 21-25 (21%); and 25–28 (2%). Focus groups - Not reported. Professionals -Not reported.
- Sex Interviews 52% were male. with 48% female. Focus groups - Not reported. Professionals - Not reported.
- Ethnicity Interviews The self-reported ethnicity of interviewees: 32% Black/Black British: 28% White: 21% Dual heritage; and 18% Asian/Asian British. Focus groups - Not reported. Professionals.

### **Narrative findings**

#### Q21 relevant data

Professional's and young people's view on multiagency working showed that gang-associated sexual violence and exploitation still in the early stages of development in terms of how it prevents, identifies and responds. The overall assessment of professional engagement was still primarily reactive, as opposed to proactive and preventative. Common factors repeatedly identified as conspiring against both the effective identification of, and an effective response to, the issue of gang-associated sexual violence and exploitation:

- a. A lack of trust in the police and the criminal justice system by young people
- 'We don't believe that police are there to help us ... I've been hit on my leg with a kosh, it's not necessary' (young women) (p45).
- b. A lack of information flow to and from many gangaffected neighbourhoods and a historical lack of integration between community-based and statutory based initiatives attempting to tackle issues within the community.
- c. Insufficient awareness, acknowledgement of and engagement with the risks of gang-associated sexual violence and exploitation amongst many different professionals - too much focus on young men and maleon-male physical violence within gangs work and a neglect of female and/or sexually based gang victimisation (p46).

### Overall validity rating

#### Overall assessment of external validity

The study meets all criteria and has dealt effectively with ethical considerations. In addition, the interview guide was co-produced with the YPAG to make questions age appropriate.

#### Overall assessment of internal validity

++

Very comprehensive, effective study with detailed findings that are summarised into recommendations. The methodology has dealt appropriately with the ethics and risk associated with the subject matter, and the research team have ensured the voice of the child is at the heart of the report.

#### Overall score

PICO (population, intervention,	Findings	Overall validity rating
comparison, outcomes)		_
<ul> <li>comparison, outcomes)</li> <li>Religion/belief - Interview - Not reported. Focus groups - Not reported. Professionals - Not reported.</li> <li>Disability - Interview - Not reported. Focus groups - Not reported. Professionals - Not reported.</li> <li>Long term health condition - Interview - Not reported. Focus groups - Not reported. Professionals - Not reported.</li> <li>Sexual orientation - Interview - Not reported. Focus groups - Not reported. Focus groups - Not reported. Professionals - Not reported.</li> </ul>	d. Silo working across different agencies and strands of work and a lack of knowledge of how one's practice fits within wider relevant strategies and operational initiatives.  e. A consequent lack of information-sharing between agencies.  f. Inadequate partnership-working and cross-fertilisation of learning between gangs and sexual exploitation/sexual violence initiatives (p46).  g. Lack of clarity as to the best policy fit for these issues: is it best conceptualised and responded to as child sexual exploitation, domestic violence, violence against women and girls (VAWG) and/or serious	++ A thorough empirical study which meets its research aim and details implications for practice and policy on a local and national level.
• Socioeconomic position - Interviews - 'Most participants re- ported that they were in some form of education (45%), training (20%) or employment (18%), with only one in eight identifying as Not in Education, Employment or Training (NEET). Fo- cus groups - Not reported. Profes- sionals - Not reported.	youth violence?  h. Impact of financial cuts on the provision of services, both in terms of which services remained and decreasing capacity to engage in any long-term supportive work, a key to any sustainable response. Under-resourcing hampered a planned inter-agency systemic response long term (p48).  ' young people don't understand the fact that things are commissioned or funded for a set period of time	
• Type of abuse - 87% (n=131) had direct, often multiple connections with gangs. of the 131 participants, 59% were/had been directly involved in a gang (M=70% v. F=47%); 32% had been gang-associated (M=25% v. F=39%); 35% had friends/and or family involved; 23% were having/had previously had a 'romantic relationship; with a gang-involved person (all female bar one); 57% had personal	– this week we're running; next week we're not running ever again because our funding's finished' (professional) (p48). 'Without funding it's not gonna change. It's not gonna change. It's a waste of time. They can have these debates but there's no money to fund changes' (young people) (p48).  j. Inadequate data collection and data monitoring - risks may be being picked up, but not being systemically recorded or monitored. There is little read across between these databases (p47).	
	• Religion/belief - Interview - Not reported. Focus groups - Not reported. Professionals - Not reported. Focus groups - Not reported. Professionals - Not reported that they were in some form of education (45%), training (20%) or employment (18%), with only one in eight identifying as Not in Education, Employment or Training (NEET). Focus groups - Not reported. Professionals - Not reported. • Type of abuse - 87% (n=131) had direct, often multiple connections with gangs. of the 131 participants, 59% were/had been directly involved in a gang (M=70% v. F=47%); 32% had been gang-associated (M=25% v. F=39%); 35% had friends/and or family involved; 23% were having/had previously had a 'romantic relationship; with a gang-involved person (all	<ul> <li>Religion/belief - Interview - Not reported. Focus groups - Not reported.</li> <li>Professionals - Not reported.</li> <li>Disability - Interview - Not reported.</li> <li>Disability - Interview - Not reported.</li> <li>Disability - Interview - Not reported.</li> <li>Long term health condition - Interview - Not reported. Professionals - Not reported.</li> <li>Sexual orientation - Interview - Not reported. Professionals - Not reported that they were in some form of education (45%), training (20%) or employment (18%), with only one in eight identifying as Not in Education, Employment or Training (NEET). Focus groups - Not reported.</li> <li>Type of abuse - 87% (n=131) had direct, often multiple connections with gangs. of the 131 participants, 59% were/had been directly involved in a gang (M=70% v. F=47%); 32% had been gang-associated (M=25% v. F=39%); 35% had friends/and or family involved; 23% were having/had previously had a 'romantic relationship; with a gang-involved person (all female bar one); 57% had personal experiences of sex and/or relation-specific ported.</li> <li>Indequate partnership-working and cross-fertilisatives.</li> <li>A consequent lack of information-sharing between agencies.</li> <li>A consequent lack of information-sharing between agencies.</li> <li>Inadequate partnership-working and cross-fertilisatives.</li> <li>E. A consequent lack of information-sharing between agencies.</li> <li>Inadequate partnership-working and cross-fertilisations/sexual violence initiatives.</li> <li>Inadequate partnership-working and cross-fertilisations/sexual violence initiatives.</li> <li>Inadequate partnership-working and cross-fertilisations/sexual violence and responded to as child sexual exploitation, domestic violence, violence against women and girls (VAWG) and/or serious youth violence?</li> <li>In Impact of financial cuts on the provision of services, both in terms of which serv</li></ul>

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	<ul> <li>(n=19) participants grew up in gangaffected neighbourhoods. Focus groups - Not reported. Professionals - Not reported.</li> <li>Looked after or adopted status - 38% of participants reported current or previous involvement with children services, although it is not clear what support this was. Focus groups - Not reported. Professionals - Not reported.</li> <li>Unaccompanied asylum seeking, refugee or trafficked children - Interviews - Not reported. Focus groups - Not reported. Professionals - Not reported.</li> <li>Sample size         <ul> <li>Interviews - 150 participants</li> <li>Focus groups - 8 single sex with 38 young people</li> <li>Professionals - total of 11 focus groups held with 76 professionals.</li> </ul> </li> </ul>	A number of principles central to effective preventative initiatives was identified by participants (both professionals and young people) (p50). These included: a. Sustained co-investment in universal and targeted preventative work. b. Active school engagement in preventative efforts. c. Commencing preventative work at an early age (primary school level). d. Using 'credible' individuals to deliver preventative messages. e. Supporting parents/carers to identify and respond to risk. f. Engaging the wider community in preventative initiatives. g. Engaging young people as partners in identifying solutions, at both an individual and systemic level (p50).	

2. Berelowitz S, Clifton J, Firmin C et al. (2013) 'If only someone had listened': Office of the Children's Commissioner's inquiry into child sexual exploitation in gangs and groups. London: Office of the Children's Commissioner for England

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: Based on Phase 2 of the inquiry -	Participants	Narrative findings	Overall assessment of internal validity:
To assess views and experiences of victims	Professionals/practitioners – 74 Children and young people – 15	Q21 relevant data This study, based on Phase 2 of an inquiry, assessed	+
of and professionals	Parents/Caregivers - 11	views of children and young people of CSE and pro- fessionals working in CSE found 9 system failings	Overall assessment of external validity:

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
working in CSE: 2 ob-	Sample characteristics	and challenges in how agencies work together to	++
jectives:	Age - Not reported.	tackle CSE:	
<ul> <li>To learn where and</li> </ul>	Sex - Not reported.		Overall validity rat-
how child sexual ex-	Ethnicity - Not reported.	Child's best interests the top priority	ing:
ploitation is already be-	Religion/belief - Not reported.	Many agencies forgetting the child, many children and	+
ing tackled success-	Disability - Not reported.	young people are being lost or overlooked by the sys-	Overall methodology of
fully, i.e. Why CSE	<ul> <li>Long term health condition - Not re-</li> </ul>	tem. 'They talked about me like I wasn't even there.	this study was sound
children continue to be	ported.	They were very harsh about me' (p22).	though some details
let down • To under-	<ul> <li>Sexual orientation - Not reported.</li> </ul>	Example of good practice: professionals be given the	missing (sampling and
stand what's getting in	<ul> <li>Socioeconomic position - Not re-</li> </ul>	time and space to focus on supporting children and	population characteris-
the way – the 'barriers'	ported.	young people, and focus on their individual needs and	tics). Data analysis
- where the problem is	Type of abuse - Not reported.	equalities; conflicting priorities impeded effective	was robust and inter-
not being dealt with ef-	<ul> <li>Looked after or adopted status - Not</li> </ul>	practice.	pretations of findings
fectively. To assess	reported.		convincing.
views and experiences	<ul> <li>Unaccompanied asylum seeking,</li> </ul>		
of victims of and pro-	refugee or trafficked children - Not re-	2. Gaining the child's confidence and participation of	
fessionals working in	ported.	children and young people in decision-making	
CSE, i.e., Why there is		Services failing to engage with children and young	
a no fully joined-up	Sample size	people. Professionals failed to understand, recognise	
multi-agency, child-	Based on Phase 2 of this Inquiry	and accommodate to their individual needs, lan-	
centred approach to	Workshops, interviews and seminars	guage, beliefs and feelings. Support be tailored to	
address child sexual	(total 23) with children and young	meet the needs of the child, 'They didn't even ask me	
exploitation in gangs	people, professionals and academics:	if I was OK or if it's OK to talk about it' (p24).	
and groups, why agen-	Gather evidence from presentations,	Example of good practice: building an informed and	
cies and individuals fail	group discussions and interviews:	supportive environment that enabled children and	
to listen to them, and	children/young people (n=15); par-	young people to have the confidence to come forward	
fulfil their responsibili-	ents/carers (n=11); professionals	to talk to professionals when they are worried.	
ties with regard to child	(n=74); academics (n=11) (Fig 1,		
protection, or that	p18).	2 Londorphin	
there was not sufficient		3. Leadership	
strategic and manage- rial oversight to coordi-		There was a lack of clear and committed leadership amongst some of the most senior decision makers at	
nate their actions.		local level. Without local and national leadership, ded-	
וומוכ נווכוו מכנוטווז.		icated professionals worked in a vacuum. Example of	
		good practice: adopting and ensuring a 'whole-school	
		1 good practice. adopting and ensuring a whole-school	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Methodology: Based on Phase 2 of the Inquiry semi-structured interviews and focus groups with children, young people, parents and carers; site visits and workshops and academic seminars.  Country: UK.  Source of funding: Government. Office of the Children's Commissioner.	PICO (population, intervention, comparison, outcomes)	approach' to protecting children and young people in schools (p24).  4. No strategic planning in some LSCBs in relation to CSE. There was an absence of a joint strategy results in differing approaches and conflicting priorities between local agencies. Example of good practice: to formulate a national action plan to tackle CSE and oversee its delivery to bring greater consistency to service delivery and local planning (p26).  5. Everyone on alert Too many people who should be protecting children were in denial about the realities of CSE despite the mounting public, political and media interest in child sexual exploitation. 'People should have thought of	Overall validity rating
		these questions' (p26). Supervision, support and training of staff needed investing.  Example of good practice: to raise the awareness of communities, professionals and children and young people through campaigns and training. Investment in supervision, support and training of staff (p41).	
		6. Spotting the warning signs Professionals failing to recognise victims. There was patchy understanding of child sexual exploitation around the country, and prejudices that prevented professionals from recognising both victims and perpetrators when they did not conform to their preconceptions (p28).  Example of good practice: awareness-raising and training for multi-agency professionals.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		7. Coherent joined-up working and effective information-sharing within and between agencies Various agencies and services working in isolation to tackle CSE and viewed child sexual exploitation through its own lens. They failed to work together to arrive at a comprehensive picture of the problem in their local area. These difficulties were compounded by limited and incompatible IT systems which impede information-sharing and effective communication between agencies (p29).  Example of good practice: The establishment of a multi-agency forum (such as the Multi-Agency Safeguarding Hubs (MASH)) to combine the expertise and resources of several bodies in order to identify and refer children and young people who are at risk of child sexual exploitation, as some sexually exploited children and young people face dangers from multiple sources (p46).	
		8. Pre-emptive action Taking pre-emptive action to break up networks that exploit children and to avoid delayed response to CSE, far more effective approach than waiting until a child reveals that he or she is being abused. These delays were further aggravated in some areas by bu- reaucratic and time consuming processes often driven by agency procedural requirements (p30). Example of good practice: Police forces worked in partnership with housing, sexual health, social care, domestic abuse and missing children's services, alongside anti-social behaviour teams and schools, to compile intelligence on CSE and then take steps to stop it happening (p51).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
		9. Scrutiny and oversight, evaluation and review Results not being monitored. Statutory agencies failing to check whether their actions were working and there was no common agreement between them as to what they were trying to achieve (pp30–1). Example of good practice: sufficient resources given in terms of funding.	

3. Brandon M, Sidebotham P, Bailey S et al. (2013) New learning from serious case reviews: a 2-year report for 2009 to 2011. London: Department of Education

Department of Ed		Finaliana	0
Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To identify	Participants:	Narrative findings	Overall assessment
common themes and			of internal validity:
trends across the	Sample characteristics:	Common themes in relation to services, professional	+
2009–11 review re-	<ul> <li>Age - Mostly on children aged 5–10</li> </ul>	attitudes, knowledge and behaviours, and the sys-	
ports on child maltreat-	years.	tems and structures that underpin safeguarding:	Overall assessment
ment and neglect,	Sex - Not reported.		of external validity:
drawing out the impli-	Ethnicity - Not reported.	1. A culture of procedure-driven, uncritical practice in	+
cations for policy and	Religion/belief - Not reported.	teams can contribute to 'silo practice' and side-lin-	
practice; to provide up	Disability - Not reported.	ing/exclusion of different professionals in a few cases,	Overall validity rat-
to date comprehensive	Long term health condition - Not re-	which may have arisen because of professionals fo-	ing:
data on fatal maltreat-	ported.	cusing exclusively on their own areas of practice,	+
ment of children in	Sexual orientation - Not reported.	again taking a narrow, problem-based approach to	This serious case re-
England and to set	Socioeconomic position - Not re-	working with children and families (p80); or due to dif-	view analysed national
these in the context of	ported.	ferent understandings of criteria and thresholds for	data based on a large
other relevant data on	Type of abuse - Not reported.	provision (p78). In some cases there was evidence of	sample of cases, with
children's health, well	Looked after or adopted status - Not	fragmentation of adult services, for example between	fairly sound methodol-
being and possible	reported.	alcohol services and other mental health services	ogy.
harm.	Unaccompanied asylum seeking,	(p82).	37
	refugee or trafficked children - Not re-	, , , , , , , , , , , , , , , , , , ,	
Methodology: Quali-	ported.	2. A lack of professionalism and critical thinking	
tative Study. Serious	'	among practitioners, not taking their safeguarding	
		roles seriously, leading to individuals passing the	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
case reviews of 5 individual and interlinking studies into child maltreatment and neglect.  Country: UK.  Source of funding Voluntary/charity - Grant from the National Institute for Mental Health, with support from the Violence Prevention Branch of the US Centres for Disease Control and Prevention.	Sample size: The overall analysis includes 5 interlinking studies drawing primarily on either the 115 serious case reviews notified to the Department for Education during the single year 2009–10, or the full sample of 184 serious case reviews from the two year period 1 April 2009–31 March 2011.	buck, or relinquishing their responsibility once they had referred the case on to others and not ensuring that actions did take place. This was reflected in the issues around incident-driven practice, the rule of optimism and failure to consider the child's perspective. This lack of professionalism could extend to the underlying culture of whole teams, resulting in inadequate assessments, or a failure to follow cases through from assessment to actions and outcomes. A lack of professional approach and critical challenge within teams can also extend to supervision (pp81–2).  3. An over-reliance on electronic recording systems and proformas, and working strictly to criteria rather than critically thinking about cases (p83).  4. Professionalism and critical approaches to practice require both training and experience, and systems that support such approaches.  5. Inexperienced and newly qualified practitioners dealing with complex cases, whereas professionals with the most experience tend to be in managerial/supervision roles and have very little direct contact with children and families. Systems of peer supervision needed to be developed (p83).  6. Inter-agency working takes time in liaising with others, following through on actions, and challenging and escalating when necessary. Critical reflection, peer review and supervision all require adequate time if they are to be effective. Too often professionals are driven by the needs of the system, and do not take the time to stop and think.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	, , , , , , , , , , , , , , , , , , , ,	7. Safeguarding children is demanding work that	
		takes its toll on practitioners, there needs to be struc-	
		tures for appropriate support of front-line workers to	
		lessen the impact of this work (p84).	
		8. The child protection systems	
		a. Confusion among practitioners between 'child in	
		need' procedures and 'child protection' procedures as	
		a continuum, leading to a substantial gulf in practition-	
		ers' approaches. There was also confusion over the	
		terminology used for multi-agency meetings, including	
		'child in need', 'common assessment framework', and	
		'team around the child' meetings, compounded by a	
		lack of clarity in terms of who takes responsibility for	
		such meetings, lack of clear arrangements for chair-	
		ing and taking minutes, and a lack of structure for the	
		meetings. This led to many meetings being unclear in their focus, with a lack of any definitive action plan or	
		accountability for following through on agreements,	
		resulting in inadequate assessments being under-	
		taken or repeated partial assessments which never	
		fully appraised the situation of the children (pp84–5).	
		b. Inter-agency working and involvement of the courts	
		- there were significant difficulties and barriers to in-	
		volvement between court processes and inter-agency	
		working to safeguard children. Court proceedings	
		were seen as separate from inter-agency working. It	
		appeared that court decisions were affecting ability of	
		professionals to continue safeguarding work. Misun-	
		derstandings of these processes and breakdowns in	
		communication may lead to children being put at fur-	
		ther risk of harm. There is need for further research	
		and consultation into how the courts and other agen-	
		cies work together to effectively safeguard and pro-	
		mote the welfare of children (p88).	

# 4. Brodie I, Pearce J (2012) Exploring the scale and nature of child sexual exploitation in Scotland. Edinburgh: Scottish Government Social Research

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Ct. d. cias The study	comparison, outcomes)	Nowative findings	Overell consequent
<b>Study aim:</b> The study had 3 aims: 'to review	Participants	Narrative findings	Overall assessment
	Professionals/practitioners - 27 practitioners' representative of Child Pro	(Findings relevant from report are Chapter 6. The ex-	of internal validity:
existing research, pol-	tioners' representative of Child Pro-	(Findings relevant from report are Chapter 6 - The ex-	Due to no reporting on
icy and practice litera-	tection Committees, health, the police	pert seminar)	Due to no reporting on
ture from the UK re-	and third sector organisations.	Ougstiannaire findings	the data collection or
garding the scale and	Comple above sterieties	Questionnaire findings:	analysis of the semi-
nature of CSE, and	Sample characteristics	- The police were identified by almost all practitioners	nar, findings are not
trafficking for sexual	• Age – Not reported.	(n=21) as the most active agency, followed by third	rich. There is no con-
exploitation, focusing	• Sex - Not reported.	sector and children's services respectively (p41).	textualising of partici-
on Scotland (gather)	• Ethnicity - Not reported.	- Issues identified by practitioners about information	pants or ascribing
exploratory information	Religion/belief - Not reported.  Diagloities Net reported.	were that practice around this issue was varied.	which finding was said
from key professionals	Disability - Not reported.	-Two practitioners responded highlighting that police	by who. Consequently,
regarding their percep-	Long term health condition - Not re-	operations have stimulated efforts to develop a more	conclusions are some-
tions of the scale and	ported.	multi-agency, information sharing efforts (p41).	what adequate.
nature of CSE in Scot-	Sexual orientation - Not reported.		
land' (p3).	Socioeconomic position - Not re-	Focus group findings are reported in 4 overarching	Overall assessment
	ported.	themes which were prevention, identification, support,	of external validity:
Methodology: Quali-	Type of abuse - Not reported.	and disruption and prosecution. For the purpose of	<del> </del>
tative study. Focus	Looked after or adopted status - Not	the research question, organisational factors, relevant	Aim is relevant to re-
group held with 27	reported.	themes are support, and disruption and prosecution.	search question. No
practitioners.	Unaccompanied asylum seeking,	0.04.0.05.0	consideration of ethical
• • • • • • •	refugee or trafficked children - Not re-	6.21–6.25 Support	approval.
Country: UK, Scot-	ported.		
land.		- By and large, practitioners understood specialist ser-	Overall validity rat-
		vices are run primarily by the third sector, it was felt	ing:
Source of funding:	Sample size	that provision for sexually exploited young people was	-
Government -	n=27.	inconsistent. Practitioners did not elaborate on what	
Scottish Government.		additional provision would be like, potentially as ex-	
		pertise had not developed in this area (p43).	
		- There was some contradiction about where provi-	
		sion ought to be located for sexually exploited chil-	
		dren and young people. However some commented	

on the significance of statutory services being fit to respond to sexual exploitation, for example Looked after Children (p43).

- Raising awareness and gaps in training were identified as an issue because of professionals concerns over their expertise to respond to sexual exploitation.
- Most practitioners concerns were communicated about the number of provisions for over 16s, including care leavers. The connections amongst the link between adult and children's services were likewise felt to be tricky reflected, for instance, in various thresholds enforced by provisions to supporting children, young people and adults (p43).

6.26-6.31 Disruption and prosecution

A small number of practitioners had experience gathering evidence, sharing intelligence and working with police to disrupt abusers (p44). Issues cited:

- The existing legislation did not aid in convicting abusers.
- Perceived gaps in the system, for example, if 'practitioners were not sufficiently trained or supported, then the disruption of abusive networks would not take place' (p44).
- areas for development in practitioners knowledge were identified e.g., 'how the process of gathering evidence should take place, and how witnesses could best be supported. Practitioners were keen to find out more about what had been learned from recent police operations in Scotland' (p44).

Potential areas for development were recognised by practitioners to be where agencies work alongside the police, to assist in gathering information and recognising local patterns of abuse.

Practitioners felt that work could be developed in all
areas – prevention, identification, support and disrup-
tion. Improved partnership working and better sys-
tems for sharing information were viewed as im-
portant elements of developing good practice (p45).

5. Crockett R, Gilchrist G, Davies J et al. (2013) Assessing the Early Impact of Multi Agency Safeguarding Hubs (MASH) in London. London: London Councils, MASH and University of Greenwich

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Nescuron units	comparison, outcomes)		Overall validity fatting
Study aim: To 'exam-	Participants:	Narrative findings	Overall assessment
ine the effect MASH	Professionals/practitioners.	- Narrativo initalingo	of internal validity:
has had on supporting	Phase 3 of interviews:	For the purpose of research question 21, Phase 1	++
practitioners in deliver-	- Phase 3 (pre-implementation) in-	(Observation of MASH) and Phase 2 (Audit of admin-	Comprehensive empiri-
ing effective and fo-	cluded qualitative interviews with 24	istrative records of referrals) and Phase 3 (Interviews	cal study with clear
cused interventions,	multi-agency practitioners from each	with MASH referrers) are not applicable.	aims and findings that
and furthermore	MASH to represent the range of disci-		are collected at 2
changing approaches	plines involved in each MASH: social	Chapter 6 explores Phase 3 findings where numbers	stages.
to safeguard practice'	work (n=7); health (n=5); police (n=5);	relate to the relevant section and themes as indicated	3 - 3
(p15).	education (n=2); probation and yot	in the paper. Where there are gaps in numbering it	Overall assessment
. ,	(n=5); and housing (n=1). Phase 3	should be noted that the section or theme is not rele-	of external validity:
Methodology: Quali-	(post-implementation) 16 interviews	vant to Q21.	++
tative study. Qualita-	with multi-agency practitioners: social		Analysis of MASH and
tive interviews with	work (n=4); health (n=4); police (n=3);	Pre implementation interview findings are:	the early impact on
MASH staff only rele-	education (n=2); probation and YOT		staff in pre and post
vant (phase 3) but data	(n=3); and housing (n=0).	Communication and information sharing	implementation qualita-
collection has other		- Interviewees recognised the importance of sharing	tive study.
phases: interviews with	Sample characteristics:	information, e.g. 'every single serious case review	
key stakeholders; visits	Age – Not reported.	talks about information not being shared' (MP8, p 40).	Overall validity rat-
to MASH; observa-	Sex - Not reported.	- There were numerous issues cited by interviewees:	ing:
tional data to consider	Ethnicity - Not reported.	challenges in knowing who the right person is (e.g.	++
physical set up of	Religion/belief - Not reported.	which health visitor to contact); staff absence leaving	Good study however
rooms; and administra-	Disability - Not reported.	gaps and delays in response; and in certain cases,	caution to generalise
tive data on referrals.	Long term health condition - Not re-	parental consent being a necessity before information	as findings are repre-
0	ported.	is shared.	sentative of 5 bor-
Country: UK.	Sexual orientation - Not reported.		oughs in London.

Source of funding Government. London Councils.  - Scioleconomic position - Not reported Type of abuse - Not reported Looked after or adopted status - Not reported Unaccompanied asylum seeking, refugee or trafficked children - Not relevant.  Sample size: Phase 3 (t=40) qualitative interviews with MASH professionals.  Follow up: Phase 3: Pre-implementation and 2 months post-implementation.  Follow que: Phase 3: Pre-implementation and 2 months post-implementation.  For example, 1 police officer (MP24, p41) described himself and colleagues 'as being trained to make rapid decisions and compared this to social workers who take a more 'softly softly' approach that takes longer'. Other interviews described the police as 'having her positive working relationships, despite the different professional cultures, and would foster a better understanding of roles and responsibilities For Lewisham borough (Where MASH) had been live for the longest) 1 respondent commented that prior to MASH, agencies would only meet to discuss cases if there was a disagreement how working agencies on the police as far green and protocols specific to each agency Parental consent was a worry for some professional service agency Parental consent was a worry for some professional service agency Parental consent was a worry for some professional service agency Parental consent was a worry for some professional information without consent Parental consent was a worry for some professional all the various database used by different to sharing the manulation without consent GPs (who are external to MASH) were reported frequently for being reluctant to share data and responsition Not having access to databases and all the various databases used by different professional was a frustration for some interviewees or information without consent GPs (who are external to MASH) were reported frequently for being reluctant to share for information without consent GPs (who are external to MASH) were reported to external to MA	Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Government. London	ported. • Type of abuse - Not reported. • Looked after or adopted status - Not reported. • Unaccompanied asylum seeking, refugee or trafficked children - Not relevant.  Sample size: Phase 3 (t=40) qualitative interviews with MASH professionals.  Follow up: Phase 3: Pre-implementation and 2	mation sharing, the Pan London Information Sharing Agreement and protocols specific to each agency.  Parental consent was a worry for some professionals who highlighted the recent case in Haringey, where parents successfully sued a local authority for sharing information without consent.  GPs (who are external to MASH) were reported frequently for being reluctant to share data and respond to requests for information.  Not having access to databases and all the various databases used by different professionals was a frustration for some interviewees.  Roles and inter-professional working  1. Different cultures  Some interviewees commented upon the contrasting way other agencies respond to safeguarding concerns. For example, 1 police officer (MP24, p41) described himself and colleagues 'as being trained to make rapid decisions and compared this to social workers who take a more "softly softly" approach that takes longer'. Other interviews described the police as 'having their own way of doing things' (MP10, p41).  Seven interviewees felt that MASH was or would facilitate positive working relationships, despite the different professional cultures, and would foster a better understanding of roles and responsibilities.  For Lewisham borough (where MASH had been live for the longest) 1 respondent commented that prior to MASH, agencies would only meet to discuss cases if there was a disagreement but now working together,	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		2.2 Working together - Co-location was seen to be promoting relationship building, mutual professional understanding and the development as trust. One interviewee commented 'having professionals in one room, you establish a level of trust, understanding which may not have been quite as strong when you're all in separate areas' (MP5, p42) Having all agencies in one secure space was seen to be saving on traveling times A couple of interviewees felt cut off from their individual agencies if they were co-located with MASH teams Challenges cited: agencies having different risk thresholds; language and terminology; working styles and cultures. In one instance, a police officer commented on the 'hierarchical, disciplined nature of the police force had become accustomed to working in an open plan office with a different management style at MASH, but has found this an interesting experience rather than a difficulty' (p42).  Post implementation interview findings are:	
		<ol> <li>Information</li> <li>MASH was seen to facilitate better communication, which ensured high quality information was 'gathered in line with risk to children' (MP5, p44).</li> <li>One interviewee commented: 'You know people you are talking to and can have informal conversations which can get a lot more done' (MP5, p44).</li> <li>There was a clearer understanding of 'jargon' used by different agencies.</li> <li>Information sharing</li> </ol>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Companison, outcomes)	<ul> <li>Findings suggest that MASH facilitated high quality communication information sharing.</li> <li>An education welfare officer commented that to begin with there were issues because there was a perception that social services held all information and did not tell MASH professionals because they were not aware they could share information. However, subsequently it was agreed that information could be shared within MASH.</li> </ul>	
		3. The professional in MASH 3.2 Challenges of multi-agency working - Different agencies culture was commented upon by a police officer: 'In the police if you are told to do something, you pretty much do it whereas the social services tend to question a lot more so there were little things that took a while to become familiar with (M15, p48).	
		4. The MASH team 4.2 Collegiality and working together - MASH had facilitated an environment where people built positive and effective relationships, and fundamentally inter professional working. This was accredited to co-location and informal case discussions. The strength of team working was reflected by interviewees, especially as professionals felt more supported.	
		4.3 Culture of MASH - Within MASH, it was seen to develop its own culture. For example 1 interviewee commented: 'this team has a very nice culture of working, everyone gets along, does their job and it's a very nice place to work professionals working in MASH have been	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		able to meld it together into something good' (MP1, p50).  - One police officer commented upon the meshing of police and social work, where they had both 'found a middle ground' (p50) and learnt from each other's styles.	
		5. MASH and external relationships 5.2 Spreading the word about MASH - A key issue for MASH was the raising awareness amongst other agencies about the role of MASH and the referral process. This was appropriately addressed through outreach by police officers on the street, GPs in practices and local authority training packages. The benefits of raising awareness about thresholds and referral processes were seen which was reflected by the appropriate receipt of referrals to the MASH (MP15, p50).	
		<ul> <li>6. Challenges</li> <li>6.2 Getting the work done</li> <li>Staff shortages impacted on workload.</li> <li>Several interviewees commented on an increase in referrals and services, where staff could not meet the demand. In one instance, an interviewee commented upon heavy workloads by seeing a senior social worker being so busy and working late, which increased stress (MP17, p51).</li> <li>In contrast, one borough had good resourcing and that meant they could turn around most of the reports within the timescales as risks and dangers were highlighted at the earliest opportunity (MP15, p51).</li> </ul>	
		6.3 IT and technical issues	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	comparison, outcomes)	- Many interviewees commented on the multitude of IT systems, notably when an individual professional did not have access to a database they needed or had to travel to a different site to access information from a database that was not available in the MASH.	

## 6. Mortimer J, North M, Katz A at al. (2012) You have someone to trust - Outstanding safeguarding practice in primary schools. London: Office of Children's Commissioner

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: To identify	Participants:	Narrative findings	Overall assessment
best professional prac-	Professionals/practitioners - school		of internal validity:
tice in response to	staff, education professionals and	Views of educational staff on the challenges of work-	-
child protection and	wider school staff and external part-	ing relationship with other agencies	Lack of methodological
safeguarding concerns	ners from four schools in a wide geo-	A. Relationships and Communication with other agen-	details
in primary schools, in-	graphical area.	cies - Maintaining good relationships with outside	
cluding both in-school		agencies has enabled schools to trigger appropriate	Overall assessment
practice and inter-	Sample characteristics:	support.	of external validity:
agency working from	Age - Not reported.	'The more we have engaged in multi-agency working	+
the school's perspec-	Sex - Not reported.	the more we learn how effective it is' (p31).	
tive.	Ethnicity - Not reported.		Overall validity rat-
	Religion/belief - Not reported.	B. Challenges in maintaining relationships with other	ing:
Methodology: Quali-	Disability - Not reported.	agencies (p32)	-
tative study. Online	<ul> <li>Long term health condition - Not re-</li> </ul>	1. Cutbacks were having an impact on provision for	
survey (qualitative), fo-	ported.	vulnerable children through loss of services.	
cus groups, semi-	<ul> <li>Sexual orientation - Not reported.</li> </ul>	2. Thresholds for some external agencies much	
structured interviews.	Socioeconomic position - Not re-	higher than schools would like, exacerbated by	
	ported.	shrinking funds.	
Country: UK.	Type of abuse - Not reported.	3. Different timescales for other agencies.	
	Looked after or adopted status - Not	4. Lack of understanding of referral protocols to exter-	
Source of funding	reported.	nal agencies.	
Government. Chil-	<ul> <li>Unaccompanied asylum seeking,</li> </ul>	5. Not knowing who to contact.	
dren's Commissioner	refugee or trafficked children - Not	'We did try to produce a directory of local ser-	
for England.	relevant.	vices/agencies but it keeps changing so hard to keep	
		up. Would be helpful to have one' (member of staff,	
	Sample size:	inner city school, Midlands) (p32).	
	Data presented based on the profes-	'Housing - Only now are they starting to understand	
	sionals in educational settings of pri-	that they need to be involved with some of our fami-	
	mary schools: 31 selected school	lies and attend meetings' (deputy head teacher, inner	
	staff 39 education professionals 3	city school, Midlands) (p32).	
	wider school staff and external part-	6. Tenacity in pursuing relationships with other agen-	
	ners and a range of school staff.	cies and findings ways of overcoming these chal-	
		lenges.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
	Follow up: No details on response rates.	'It appears possible to have a high level of neglect/emotional abuse without anyone willing to become involved. In my experience, unless an injury has taken place, no-one is interested' (staff survey, general schools survey data) (p32).  C. Key elements for successful multi-agency working identified by staff and external partners (p32)  1. The designated person and other staff are given time to develop relationships.  2. Openness and honesty.  3. Keeping notes and being well prepared for meetings.  4. Mutual respect and good communication.  5. A shared understanding that all agencies were working to the same goal - the best outcome for the child.  6. Commitment and priority given to multi-agency working.  7. Understanding the work of other agencies — e.g. some staff visited the local refuge to try and gain some understanding of the experience of their children (p32).  8. Knowledge and understanding of the people involved (including pupils and parents).  9. Being able to manage stressful situations.  10. Clear boundaries and expectations of each other.  11. Support from the head teacher to deal with issues (p32).  'Often spend hours trying to track down the right person. Just don't give up If one agency goes we try another' (special educational needs co-ordinator (SENCO), central London school) (p33).	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		D. Practical examples of communication processes (p33)  1. Setting initial planning meetings: with new staff from other agencies to establish protocols, pass on information and clarify purpose and responsibilities.  2. Providing agencies with safeguarding information about the school.  3. Attendance at meetings about children: such as child protection conferences and other multi agency meetings, a high priority.  'More about building relationships with workers and if possible instead of writing letters we will visit them to discuss cases' (pastoral support worker, central London school) (p33).  4. Regular meetings where information is shared by the team within the school: good information sharing, within confidentiality boundaries.  'Referral into our service is well known in the school and is revisited by the SENCO on a regular basis the staff raise issues with the SENCO early' (external partner, Central London school) (p33).  5. Providing resources to sustain communication between agencies, e.g., simply providing a venue with the school as a central point for meetings.  'They (the school) have also been good at providing venues for meetings and offering 1:1 support for the child' (external partner, village school, Midlands) (p33).  'The school do not have to pay for the service but they have to donate staff time to work with them and to liaise with other agencies' (external partner, Central London school) (p34).  6. Ensuring a good handover where staff change to include a comprehensive discussion of previous issues, progress made and current work.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		7. Proactively engaging with other agencies, to establish networks through attending meetings, schools felt in a better position to approach relevant agencies when necessary.  'The school knew about the service before it was available here and sought it out and they make good use of it whereas other schools don't' (external partner, Central London school) (p34).  8. Making detailed notes and identifying who is responsible for following up the actions.  'One family has now had in excess of 10 social workers so this has been paramount!' (SENCO, staff survey, outstanding schools survey data) (p34).  9. Having contact details of relevant people to sustain a good level of contact.  10. Persistence for the welfare of the child – following up phone calls and ensuring agreed actions are happening.  'External partners felt supported by the school when chasing up additional agencies 'to ensure action is followed through' (staff survey, outstanding schools survey data) (p34).  11. Reflective practice in partnership working – external agencies be supported by school and be open to discussions if services needed to evolve.  12. Good community: staff, children, parents and other agencies, to provide support strategy at the earliest opportunity, before there was a crisis (p35).	
		E. Relationships and communication with other schools (p37) Excellent sharing of information on vulnerable children a vital component of good practice, particularly in schools with transient populations and at times of	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		transition or transfer, and between the nursery or early years setting and the reception class. This included liaison between the relevant staff and the handover of the records themselves. Good links with other schools prevented children becoming 'lost' to the local authority (p37).	

## 7. Rouf K, Larkin M, Lowe G (2012) Making decisions about parental mental health: an exploratory study of Community Mental Health Team staff. Child Abuse Review 21: 173–89

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: To explore	Participants	Narrative findings	Overall assessment
Community Mental	Professionals/practitioners - staff from	-	of internal validity:
Health Team (CMHT)	the Community Mental Health Team	Practitioners' views on interagency working and deci-	+
workers' experiences	(CMHT) dealing with parents and	sion making (Table 1, p179)	
	child welfare/protection: community	The tensions of working across systems	

<b>,</b>	Findings	Overall validity rating
tal health and child welfare.  (mean time since qualification 15.6 years [range 6–23 years], named nurses for child protection (mean time since qualification as health visitors 17.2 years [range 7–24 years]).  (Country: UK.  Sample characteristics  Age - Not reported.  Source of funding: Government. Oxfordshire and Buckinghamshire Mental Health Partnership NHS  Trust.  Sexual orientation - Not reported.  Sexual orientation - Not reported.  Socioeconomic position - Not reported.  Type of abuse - Participants were child welfare professionals.  Looked after or adopted status - Not relevant.  Unaccompanied asylum seeking, refugee or trafficked children - Not relevant.  Sample size  n=18 (3 community psychiatric nurses (CPNs), 3 psychologists, 3 social workers, 4 psychiatrists, 5 named nurses for child protection).	a. Felt tensions around their job role, making it difficult to focus on children. This involved issues around role and responsibility, the impact of setting, trying to work systemically, and training and knowledge. 'That's not my job' (Table 1, p179).  b. Awareness of power and powerlessness, such as clients as powerless, workers feeling powerless to help.  c. Encountering differing thresholds for intervention for children across agencies, e.g., there were inconsistencies in risk thresholds, and unmet needs of children to consider (p179).  d. Inter-agency tensions and pressure at work, and the need for prioritising. 'The headless chicken' (Table 1, p179).  2. The dynamics of relationships play in understanding and managing risk (p179).  a. Relationship among colleagues, the better the inter- professional relationship, the easier it was to talk about worrying cases.  b. Practitioners felt good relationships between colleagues facilitated discussions about stressful cases, and could influence practitioners' risk perceptions, providing reassurance and a place to share ideas, feeling connected, sharing uncertainty and getting reassurance and supported by the team. They needed to feel comfortable about communicating (Table 1, p179).	Overall assessment of external validity: ++  Overall validity rating: + The methodology was sound but the poor response rate was low.

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		c. Team meetings an important place to discuss cases, to share responsibility and to seek reassurance. Some workers did not find team meetings supportive, there is a need to address the culture of team decisions and build cohesion (p186).	
		d. There were mixed experiences of working with social services staff. There were references to delays or failure to act, or 'dumping' by other professionals in the network (p184).	

# 8. Smeaton E (2013) Running from hate to what you think is love: the relationship between running away and sexual exploitation. Ilford: Barnardo's

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
Study aim: The over-	Participants	Narrative findings	Overall assessment
all study aims are to: -	Children and young people - 41		of external validity
'collect data relating to	young people with experience of run-	Already addressed in the findings of Q20:	-
the experiences of	ning away and CSE whist under 16.		
young people under	Adult survivors of child abuse - 12 of	The study reports that the research with professionals	Overall assessment
the age of 16 who ex-	the young people involved were over	and young people identified a range of factors that fa-	of internal validity
perience both running	the age of 18.	cilitate and hinder meeting the needs of young people	+
away and CSE - col-	Professionals/practitioners - 28 pro-	experiencing running away and CSE.	Could be more detailed
lect data from practi-	jects working with young people ex-		description of how ad-
tioners and projects	periencing CSE and/or running away	4.1 Resource issues	dressed ethical issues.
working with young	via survey; 27 professionals working		
people who experience	with young people with experience of	Professionals recommended that there would be	Overall score
both running away and	running away and CSE via telephone	more funding available for work with young people	-
CSE - produce an evi-	interview.	running away and experiencing CSE. Professionals	Survey of services is
dence-base that out-		identified that practice was facilitated by use of volun-	entirely of voluntary
lines the relationship	Sample characteristics	tary funds, rather than when money was strictly ring-	sector services, and it
between running away	• Age - Young people: 14 n=4 15 n=8	fenced for particular purposes.	is unclear whether in-
and CSE and supports	16 n=8 17 n=9 Adult survivors 18 n=7		terviewed profession-
recommendations to	19 n=2 20 n=2 21 n=1 Professionals -		als represented a
support policy and	not reported.		wider range of services

Research aims
practice responses to
young people who ex-
perience both running
away and CSE - pro-
duce a final report out-
lining findings, a sum-
mary document and a
toolkit for practitioners
- work with key na-
tional agencies to en-
sure evidence-based
findings are incorpo-
rated into national pol-
icy and practice' (p11).
The interviews with
young people focused
on: '- a history of the
young person's life and
events and experi-
ences they considered
to be important - expe-
riences of running
away and CSE - what could have prevented
them from experienc-
ing both running away
and CSE - their experi-
ences of support seek-
ing - recommendations
to both prevent and re-
spond to running away
and CCE' (n12). The

and CSE' (p12). The

consultation with pro-

fessionals focused on:

# PICO (population, intervention, comparison, outcomes)

- Sex Young people: Female n=25
   Male n=15 Transgender n=1 Professionals: Not reported.
- Ethnicity Young people: White British n=32 Mixed Black Caribbean/White British n=3 Mixed Asian/White British n=2 Roma Traveller n=2 Bengali n=1 Sikh n=1 Professionals: Not reported.
- Religion/belief Not reported.
- Disability Young people: Self-defined learning disability or difficulty n=17, this comprised SEN n=9, general learning difficulties n=4, Attention Deficit Hyperactivity Disorder (ADHD) n=2, dyslexia and ADHD n=1, dyspraxia n=1. Professionals: Not reported.
- Long term health condition Not reported.
- Sexual orientation Heterosexual n=29, 'self-defined as gay' (p.13) n=10, bisexual n=1, uncertain about their sexuality n=1. Professionals: Not reported.
- Socioeconomic position Not reported.
- Type of abuse Young people had experienced sexual exploitation.
- Looked after or adopted status Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

### **Findings**

4.1.1 Resource issues hindering meeting the needs of young people who experience both running away and CSE

Research participants identified the following issues:

- Funding cuts, 'predominance of short-term funding cycles' (p59).
- Specialised projects cannot meet demand.
- Lack of services for young people who experience both running away and CSE, particularly in rural areas.
- Lack of appropriate supported accommodation, and use of out of area placements. One professional said: 'We've loaded these children's homes with young people who are at risk of sexual exploitation and it actually destabilise that home so that we can't use it anymore. And then you get young people running away together so they actually strengthen their networks' (p60). Lack of therapeutic accommodation.
- 4.2 Factors relating to multi-agency approaches to running away and CSE
- 4.2.1 Factors facilitating general multi-agency working The study identified the following factors:
- Effective working relationships with other local voluntary agencies.
- Strong relationships with the police.
- Effective working relationships with schools.
- Working with health professionals and sexual health clinics.
- Having health workers based within specialised projects, e.g. having a CAMHS nurse based in a specialist CSE project.
- Engagement with A&E departments.
- Good relationships with individual social workers.
- Having co-located teams with designated workers.

- the voluntary sector perspective of the research is not high-lighted or justified in the research methodology. Little consideration in the findings of how contextual and demographic factors shape participant responses.

Overall validity rating

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
the nature of the rela-	Sample size	- Contributing to Multi-Agency Risk Assessment Con-	
tionship between run-	Young people: n=41	ferences (MARACs).	
ning away and CSE '-	Professionals via survey: 28 projects		
identification of factors	Professionals via telephone interview:	4.2.2 Factors hindering multi-agency working	
that facilitate projects'	n=27.	- Lack of support from Local Safeguarding Children	
work with young peo-		Boards.	
ple who experience		- Clash of working cultures between the voluntary and	
both running away and		statutory sectors.	
CSE - identification of			
factors that hinder pro-		4.3 Factors relating to collating and sharing data and	
jects' work with young		information	
people who experience			
both running away and		The study reports that professionals noted the im-	
CSE - identification of		portance of collecting and sharing information, partic-	
groups of young peo-		ularly when young people move across areas, and	
ple who experience		that the failure to do this in some places hindered re-	
both running away and		sponses to young people who experience running	
CSE that projects find		away and CSE. Professionals noted that:	
difficult to engage -		- Attitudes to sharing information were important in	
gaps in national and		supporting the work of specialist services.	
local policy to meet the		- Agencies may have varying approaches to infor-	
needs of young people		mation sharing.	
who experience both		- Specialist projects can be a good source of infor-	
running away and CSE		mation.	
- gaps in national and		- Missing person reports are also a good way to en-	
local practice to meet		sure that children who are experiencing exploitation	
the needs of young		AND running away are identified. One professional	
people who experience		said: 'So when I'm made aware of a young person	
both running away and		who may need the CSE service, the first thing I will do	
CSE' (p14). Here we		is look at the MISPER reports and see how many	
have data extraction		times that young person has been reported missing.	
information which is		Because we're getting those MISPER reports on a	
relevant to: - young		weekly basis, we can really map out and track some-	
people's views on		one's progress, someone's deterioration and there's	
recognition - aspects		been times when we've been able to say "well	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
of professional practice which help/hinder recognition - young people's views on professional responses - aspects of professional practice which help/hinder response to CSE.		that boy can really do with the X [the CSE] service" and no one's flagging that to us and then I go out to the people involved with that young person, often social care, and say "do you want to refer them to us?". I will say, for example, that not only have they been missing ten times but they have been found at inappropriate addresses, they're found in the red light area, etc. etc. So we can proactively target young people at risk' (p68).	
Methodology: Mixed methods. Study comprises: - Interviews with 41 young people who had experienced both running away and CSE whilst under the age of 16 A survey of 28 projects working with young people experiencing CSE - Telephone interviews with 27 professionals who work with children who experience running away and CSE. The methods section also mentions the development of, and work with, a Research Dissemination Group. However the activities of this		The professional interviewed thought that:  - There was a general lack of awareness amongst the statutory sector of running away and CSE, including the perception that running away and CSE is a 'lifestyle choice' (p69).  - The concept of 'constrained choice' was useful, which states that 'young people's lack of power relating to age, need and social vulnerability also makes it impossible to give their consent to being sexually exploited' (p69).  - Other professionals may be less keen to respond to older children, such as those aged 16 and over.  - There is a need for greater awareness about policy and the law in relation to CSE, and of raising general awareness about the issue.  - Use of language is important, because young people might not see themselves as having run away they have just 'stopped out' (p71).  Young people also emphasised the importance of raising awareness amongst young people and for professionals, through training.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
group are not reported here.	,	4.5 Factors relating to the local authority	
Country: UK, Eng-land.		Issues not relevant to aspects of professional practice - relates to organisational factors within the local authority.	
Source of funding Voluntary/charity -		4.6 Factors relating to the criminal justice system	
Comic Relief.		4.6.1 Young people's experience of being part of a police investigation into CSE Young people who had experienced being part of a police investigation into CSE found this stressful and difficult. This perspective was also emphasised by professionals.	
		<ul> <li>4.6.2 Factors relating to the police Young people: - Emphasised that the police should provide an 'appropriate' (p76) response. One young person said: 'Don't be judgemental when you [police officers] first meet the young person like some police officers when they first met me [Some] would make a judgement straight away after meeting me' (p.76) Suggested that the police should give more thought to why they have run away, and that the best option for them may not be to be returned to where they have come from Thought the police did not always take appropriate action against perpetrators of CSE, e.g., 1 young person said of an older male perpetrator: 'They never seized his phone or anything and he was grooming me for nine months and I never understood why they [the police] never arrested him He [the lead police officer on the young person's case] was like "I'm too busy with other cases [against other perpetrators of</li> </ul>	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		CSE] you've given me" and I was like "that's no excuse; he could still hurt somebody else [another child or young person]. Why aren't you arresting him?" I got into a massive fight with the police about that and they still didn't do anything so they [the police] just need to take it [sexual exploitation] more seriously' (p77).	
		Professionals:  - Noted the importance of the police in responding to CSE, and in having good relationships between specialist CSE projects and the police. However, it was noted that the police response can be variable. Some professionals thought that the police could give 'mixed messages' (p76) about the importance of reporting young people as missing. One professional said 'Parents and carers of young people who are involved in CSE are being told by all professionals about the importance of reporting their child as missing but when they go to the police and they report their child as missing, they're being told that they [the police] are not a taxi service, have you actually looked for the girl – they're only two hours late. You know, they [parents and carers] could be at a child protection conference where someone says 'why didn't you report your child [to the police] whilst she was missing?' Well, I tried to do that but the police told me I was wasting their time' Parents can be seen to be not engaging or failing to protect their children when actually they're not but they're getting the wrong response [from the police]' (pp76–7).  4.6.3 Criminalisation of young people who experience running away and CSE	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		Professionals noted that young people involved in CSE are often 'criminalised' (p78). One young person also gave an example of this: 'I had a standoff with the police with a knife. For about half an hour I held it [the knife] to myself and was saying that I was gonna hurt myself. They [the police] took it [the knife] off me and arrested me for having an offensive weapon' (p78).	
		4.7 Factors relating to specialised projects Issues not relevant to aspects of professional practice - relates to organisational factors within voluntary organisations.	
		<ul> <li>4.8 Factors relating to parents and carers of young people who experience running away and CSE Professionals identified the following issues: <ul> <li>The difference that supportive parents and carers can make for young people, and therefore the importance of being able to work with parents and carers, including stressing the importance of reporting young people who run away as missing to the police.</li> <li>There is a lack of resources to work with parents and carers of young people experiencing running away and CSE.</li> <li>Professionals need to ensure that they do not seem to be 'blaming' parents and carers for the young people's runaway behaviour.</li> </ul> </li> </ul>	
		4.9 Factors relating to direct practice with young people who experience running away and CSE	
		4.9.1 Factors supporting direct practice	
		The study reports that:	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)	Variation and a selection of the str	
		Young people identified that:	
		- There is a need for more services 'where they can	
		just turn up' (p82). One young person said: 'There	
		should be places where kids can go to tell someone	
		what's happening to them – someone who will believe	
		them and be able to help them and know what to do	
		for the best. I know there's ChildLine and that but	
		there's some things you don't want to say over the	
		phone. Kids want to go somewhere where there's	
		people they can talk to face-to-face' (p82).	
		- It can be easier to trust workers from the voluntary	
		sector than those from statutory agencies.	
		- It's important for professionals to listen to them.	
		- Outreach work can be valuable.	
		- A good relationship with the worker is 'paramount'	
		(p85), this is supported by an informal manner, and	
		professionals doing what they say they will do.	
		- That it is not always possible to stop young people	
		from running away, but that support should continue	
		to be provided. One young person said: 'I think you	
		have to keep that support in place even when the	
		young person isn't listening and continues to run	
		away and have sex with older men so that when they	
		realise what is going on, there is support in place for	
		the young person Don't just brush them aside be-	
		cause they can't be bothered at the time. To be hon-	
		est, it's at the time that they can't be bothered with the	
		support when they don't realise the situation that	
		they're in' (p87).	
		- Ensure a focus on the future as well as the past	
		- Where they had experience of peer support they	
		had found this helpful. One young person said: 'I	
		wasn't taking any notice of what X [the young per-	
		son's support worker from the specialist sexual ex-	
		ploitation project] was saying so he got this guy who	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		was 18 and had similar experiences as me to come and talk to me It helped because it was like another view of what I would see in three years' time He [the 18-year-old male] was like "I know how it is: it's like the best thing in the world and you think they perpetrators] all love you but they do not; they genuinely do not love you; they don't care about you". And it did help me because he had been through this.' (pp88–9).  - Young people liked to express themselves using creative outlets.	
		Professionals identified that: - Young people should be able to self-refer to services, and that services should be provided in a 'warm and friendly' environment (p84) Outreach work can be valuable Young people appreciate long term involvement from a consistent worker Taking time to build relationship and engage with young people is important Flexibility of approach is important, to suit the needs of different young people.	
		<ul><li>4.9.2 Factors that hinder direct practice</li><li>Young people identified that:</li><li>They would like to see their social worker more of-</li></ul>	
		ten, and felt that statutory practitioners did not always communicate and keep them informed.	
		Professionals identified that: - It is unhelpful to have to stop working with young people when they turn 18.	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		- Some young people are particularly difficult to engage, including: those who are not reported as missing; those who run away for long periods of time; young people who have 'become entrenched in red district culture' (p90); Roma children and young people; 16–18 year olds who have no statutory involvement; young people who have 'fended for themselves' for some time and have become mistrustful of agencies; heterosexual males who are unwilling to disclose exploitation; younger children, such as those aged under 11; young people who have had a lot of professionals involved with them; those who have not developed trusting relationships with any adults; young people with a late diagnosis of ADHD.  - Direct work can be hindered by young people's own lack of recognition that they are being sexually exploited. One professional said: 'One of the most difficult ones [hindering factors] is that young people don't recognise their exploitation and so that is a challenge in itself The young people are needy, they want love and a sense of belonging and that's what exploiters home in on It may be the only love they've [young people] experienced is in the context of sexual abuse. Some of these children don't have any experiences of safe supportive adults and they distrust professionals, obviously. It's not a quick fix: some of them have really poor attachment history; there needs to be long-term work' (p92).	
		Organisational factor to support projects and practitioners working with young people who run away and experience CSE  1. Lack of organisational support for projects - practitioners felt their work was hindered by a lack of commitment and support from the wider organisation to	

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
		ensuring that projects are able to effectively deliver and continue their work, such as the failing to secure continued funding, provide timely response to the increased demand for CSE services and ensure priority of work is shared among other parts of the organisation.  2. Practitioners felt they need appropriate and effective support, quality supervision, training and learning from practice to address and minimise impact upon them; also staff and team professional development, and time to reflect upon their practice  ' That is really important in terms of meeting our needs as practitioners [because] it's really challenging, and emotionally challenging, work Being skilled up and having time to process is really important; having time to think about our work and not having panic knee-jerk responses to things' (p79).	

9. Taylor J, Stalker K, Fry D et al. (2013) Disabled children and child protection in Scotland: investigation into the relationship between professional practice, child protection and disability. London: Scotland. Scottish Government Social Research

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The study	Participants:	Narrative findings	Overall assessment
reports that 'the aim of	Practitioners 'working on issues of		of internal validity:
this study was to as-	disabled children and child protection'	Practitioners' views on interagency working	+
sess how public ser-	(p1).	a. Interagency working was identified as a potential	
vices (including social		enabler to overcoming lack of individual knowledge	Overall assessment
work, healthcare, edu-	Data was gathered from 21 practition-	and confidence in working with disabled children, in	of external validity:
cation, police and	ers across six local authorities via in-	relation to information sharing, crucial in avoiding mul-	+
other related services)	terview, and the remaining 40 through	tiple services repeating interviews with disabled chil-	Limited information on
identify and support	focus groups with five local authority	dren and for helping to co-ordinate services.	ethical considerations
disabled children and	Child Protection Committees.	There were some failings, tensions and challenges.	in relation to focus
young people at risk of		a. A lack of clarity or context could reduce the useful-	groups.
significant harm,	The roles of the practitioners involved	ness of shared information. In contrast to the com-	
whether neglect or	are not clear. The research report	ments that each service had a good understanding of	

Research aims
abuse' (p13). The
study had the following
four research ques-
tions: '1. What are the
decision-making pro-
cess and 'triggers' for
intervention used by
professionals when de-
termining the nature of
interventions for disa-
bled children and
young people at risk of
significant harm? 2.
What are specific is-
sues faced by practi-
tioners in Scotland in
supporting children
and young people at risk of significant
harm? 3. How do ser-
vices co-ordinate to
support disabled chil-
dren and young people
at risk of significant
harm? 4. What are
practice examples in
Scotland addressing
these issues?' (p13).
The findings are not
structured according to

the four research

questions, but accord-

ing to three over-arch-

ing themes which are:

# PICO (population, intervention, comparison, outcomes)

states that 'from each local authority area, potential participants were contacted from social work, education, police, voluntary organisations and health with practice experience of responding to at least two child protection cases involving a disabled child' (p14). However it is unclear who was actually recruited to the study.

#### Sample characteristics:

- Age Not reported.
- Sex Not reported.
- Ethnicity Not reported.
- Religion/belief Not reported.
- Disability Not reported.
- Long term health condition Not reported.
- Sexual orientation Not reported.
- Socio-economic position Not reported.
- Type of abuse Not reported.
- Looked after or adopted status -Not reported.
- Unaccompanied asylum seeking, refugee or trafficked children - Not reported.

### Sample size

n=61.

### **Findings**

what each other does, there was concern that information shared was not always appropriate (p54). 'Social workers don't know what they're asking for in health, health reports what they think social workers need to know, education also is the same and they'll just say they're fine here or they're not fine here, the environment is different in education ...' (p54). b. What is best for the child was mentioned as a focus

- explaining the ability to keep working together even where relationships were not as strong.
- 'I think if you've had a poor relationship with another agency you can't carry any grudges you know, you've got to keep working with them for the good of the child' (p55).
- c. Child protection case conferences, though important for assessing children's needs, were described as unwelcoming, distressing and complicated not just towards children in general, but especially disabled children. The conferences were inadequate when it came to disabled children and young people.
- '... I think you need to look at whether it's appropriate for the young person to be there or not and whether they understand anything that's going on, and albeit some young people might be twelve or thirteen, they may have the ability of a three year old and I think that needs to be taken into consideration' (p57). 'It's not good at all. Certainly of any of the ones I've been to in the six years I've been here, [children] certainly haven't attended a case conference' (p58). d. Social work often seen by other agencies as having higher thresholds and concerns were expressed by
- d. Social work often seen by other agencies as having higher thresholds and concerns were expressed by some practitioners that particular children were left in neglectful or risky circumstances for too long.

## Overall validity rat-

Overall validity rating

ing: +

Research aims	PICO (population, intervention,	Findings	Overall validity rating
1) The child at the centre; 2) Practice issues (muddling through) 3) Interagency working. We have data extracted findings in rela-	comparison, outcomes)	e. Health and social services frustrated by the standard of evidence needed by police and courts for criminal prosecutions. Despite the successful adaptations of interviews for children with communication impairments they were still being viewed as unreliable witnesses (p61) or unable to provide the standard of evi-	
tion to theme 1 only, as both 2 and 3 relate more to organisational configuration and training issues.		dence required by the criminal justice system. There appeared to be a difference in the treatment of disabled children compared to non-disabled children and the effects of child protection procedure in practice.  f. Current fiscal climate of fewer resources without diminishing demand a potential challenge to disabled	
Methodology: Mixed methods. Research comprised 'in-depth' interviews with 21 practitioners which included use of a Critical		children and their families who may require additional support (p75). g. Overall lack of confidence and training among staff when communicating with a child with any communication impairments, being afraid of working on child protection cases involving disabled children, 'mud-	
Incident Technique methodology, and 5 fo- cus groups with Child Protection Commit- tees. From the inter-		dling through' (p72).  h. Safe interagency reflective spaces should be created for discussing and learning from examples of practice related to child protection and disability (p78).	
views with practition- ers, 34 practice exam- ples were developed. The team also devel- oped a series of mod- els to represent the			
data from the interviews and focus groups.  Country: UK, Scotland.			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Source of funding: Government. Scottish Government.			

Research aims	PICO (population, intervention, comparison, outcomes)	Findings	Overall validity rating
Study aim: The aim of	Participants	Narrative findings	Overall assessment
the study was to: '	Children and young people. The re-	_	of internal validity:
provide key baseline	port is based on an analysis of 56	Additional data on interagency working and organisa-	+
data on the profile,	Significant Case Reviews and 43 Ini-	tional factors from audits of SCRs (Significant Case	
numbers and emerging	tial Case Reviews conducted after	Reviews).	Overall assessment
themes from Signifi-	2007. A Significant Case Review is		of external validity:
cant Case Reviews	conducted when a child dies and	Common themes:	+
conducted in Scotland	abuse or neglect is identified as a po-	1. A lack of focus on the child by all agencies, includ-	Information on assess-
since 2007, and make	tential factor; if the child or their sib-	ing adult services.	ment is part of a
conclusions and rec-	ling was on the Child Protection Reg-		broader study.
ommendations about	ister (regardless of whether abuse or	A reflective, questioning practice culture be adopted	
the nature and charac-	neglect is suspected as a factor in the	in which practitioners feel confident to challenge par-	Overall validity rat-
teristics of factors	death); if the death was accidental or	ents medical opinion, as well as each other, in order	ing:
which can lead to a	by suicide; if the child was allegedly	to avoid drift and the operation of the 'rule of opti-	+
Significant Case Re-	murdered or died because of a violent	mism'.	
view, lessons that can	act or reckless conduct; or if the child	' a culture of low expectations and a fatalistic view	
be learned both locally	was looked after. Significant Case	for some of [the] children' (p64).	
and nationally and im-	Reviews are also carried out in cases		
plications for both pol-	of significant harm or risk of signifi-	2. Managers must listen to frontline staff,	
icy and practice.'	cant harm as a result of one of the	acknowledge the difficulties they face in working with	
(p30).	categories of abuse and neglect	troubled families and provide appropriate supervision,	
	specified in 'Protecting Children – A	training and support.	
Methodology: Quali-	Shared Responsibility: Guidance for		
tative Study. Analysis	Inter-Agency Co-operation'. In addi-	3. There was confusion in relation to responsibilities	
of SCR data.	tion, there must be serious concerns	in individual cases and a shared understanding of	
		roles across agencies is needed (p79).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
0	comparison, outcomes)		
Country: UK, Scot-	regarding professional and service in-	A.Theresholds	
land.	volvement in the case. An Initial Case	4.Thresholds-	
	Review is conducted to determine	There was confusion with regard to the status of re-	
Source of funding:	whether a Significant Case Review	ferrals between different agencies and different pro-	
Government. Scottish Government.	should be conducted.	fessionals. A child protection referral was sometimes regarded to be information sharing or a request for	
	Sample characteristics	support by the person to whom the 'referral' was made.	
	• Age - Child - Unborn n=2 (3%); un-		
	der one year n=21 (30%); 1–4 years	5. Because children were considered to be 'in need'	
	n=18 (26%); 5–10 years n=5 (7%);	as opposed to 'at risk', they were sadly not protected	
	11–15 years n=19 (27%); 16 years	from harm.	
	and over n=5 (7%). Mother - Thirty-	' there was a clear failure of all involved services to	
	one reports did not record the age of	apply the welfare principle' (p69).	
	the child's mother. Where this infor-		
	mation was provided, the details were	6.Child protection action was significantly delayed	
	- 20–29 years n=9 reviews; 30–39	due to differences of opinion about which agency	
	years n=13 reviews; 40 and over n=3	should gather information and progress the assess-	
	reviews. Father - 40 reports did not	ment.	
	record the age of the child's father.		
	Where this information was provided,	7. Staffing issues	
	the details were - Under 20 years (17	Lack of expertise or training in child protection	
	years) n=1 review; 20–29 years n=6;	amongst health and social care, including at senior	
	30–39 years n=5; 40 and over n=4.	management level (p70).	
	Sex - 13 reviews did not record the	, ,	
	gender of the children or young peo-	8. Lack of supervision and support for staff in so-	
	ple who were the subject of the re-	cial work, the police and health visiting.	
	view and in 2 cases the child had not		
	yet been born. In those reviews which	9. Need for improved single and multi-agency un-	
	did provide details on gender 59%	derstanding of heavy service demands and better	
	(n=33) focused on males and 41%	workforce deployment.	
	(n=23) focused on females.		
	• Ethnicity - Only 2 reviews recorded	10. A multi-agency case management approach at	
	details of ethnicity and both children	an early stage-assessment of risk to facilitate deci-	
	were described as White Scottish. In		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	a number of other cases children and	sion- making and planning: strengths in practice, par-	
	caregivers/families were recorded as	ticularly in respect of communication, information	
	speaking languages other than English.	sharing and responsiveness (p73).	
	Religion/belief - The report does not	11. Comprehensive or multi-agency assessment of	
	state whether reviews included details on religion/beliefs.	need/risk not always undertaken	
	Disability - he report states that	12. Concerns regarding communication and inade-	
	none ' of the children in this study	quate sharing of information within and across agen-	
	were recorded as being disabled but	cies, e.g., between forensic CAMHS and GPs; be-	
	the Significant Case Reviews referred	tween hospitals and primary care; and between hos-	
	to a number of health problems'	pitals:	
	(p42). The report does not specifically	'Systems inhibited the free flow of information particu-	
	state whether the reviews included	larly between hospitals' (p72).	
	details on the disability status of par-	тану и и и и и и и и и и и и и и и и и и и	
	ents or caregivers, however 4 cases	13. Professionals with important information to	
	appear to have involved a parent or	share being missing from meetings: the police, the	
	parents with a learning disability.	GP, education staff, drug treatment service and crimi-	
	• Long term health condition - The re-	nal justice were missing from an initial case confer-	
	port does not state whether reviews	ence. Information not communicated to other agen-	
	included details on long term health	cies or 'became diluted in the translation to attendees'	
	conditions.	(p75).	
	Sexual orientation - The report does		
	not state whether reviews included	14. Cross border communication a challenge when	
	details on sexual orientation.	parents moved from a different local authority or a dif-	
	Socioeconomic position - The report	ferent country.	
	does not specifically state whether re-		
	views included details on socioeco-	15. Confusion over roles and responsibilities	
	nomic status.	A lack of recognition of joint responsibility and shared	
	Type of abuse - Fatal cases - The	ownership of work with complex families. There was	
	deaths of children in these cases	no clear understanding who was 'in charge' of a case	
	were attributed to overdose/drug in-	(the role of key worker was not always understood by	
	toxication n=5 reviews; Sudden Infant	professionals or families leading to confusion as to	
	Deaths/Sudden unexpected deaths in	who was co-ordinating care for the family).	

Research aims	PICO (population, intervention,	Findings	Overall validity rating
Research aims	PICO (population, intervention, comparison, outcomes)  Infancy n=4 reviews; suicide n=3 reviews; natural causes n=3 reviews; infant sleep related deaths n=3; non accidental injury n=2 reviews; child suffocated after the mother fell asleep during breastfeeding n=1 review; homicide n=2 reviews; death related to bullying n=1 review; unexplained injury n=1 review; fire death n=1 review. The cause was unclear in one review (pending further investigation) and two reviews did not record the cause of death. Non-fatal cases - Physical injury n=11 reviews; ingestion of opiates (i.e. heroin, methadone, etc.) n=6 reviews; neglect n=2 reviews; sexual abuse n=2 reviews; ' concern for unborn child' n=2 reviews; ' child cruelty and sexual abuse' n=1 reviews; neglect and sexual abuse n=1 reviews; looked af-	Findings  16. Procedures- sometimes inadequate. There were not clear pathways and protocols in place for appropriate and timely referral of possible physical abuse cases for specialist investigation and paediatric forensic examination. There were also relationship difficulties between the specialist services in the hospitals which were impacting on patient care' (p76).  17. Recording – not always been fully utilised to inform the planning process. Quality of records problematic, too descriptive and not sufficiently detailed and analytical. There were Inaccuracies and inconsistency in dates. Subsequent information being collected but not added to files. There was evidence of multi-agency planning and reasons for decisions not being clearly recorded (p77).	Overall validity rating
	Physical injury n=11 reviews; ingestion of opiates (i.e. heroin, methadone, etc.) n=6 reviews; neglect n=2 reviews; sexual abuse n=2 reviews; ' concern for unborn child' n=2 reviews; ' child cruelty and sexual abuse' n=1 reviews; neglect and	lected but not added to files. There was evidence of multi-agency planning and reasons for decisions not	
	ter child convicted of homicide n=1 review; ' safety in care following a complaint by the young person' n=1 review (p37).  • Looked after or adopted status  - Nine reviews involved looked after children; and 12 reviews involved		
	children on the Child Protection Register (no further details provided).  • Unaccompanied asylum seeking, refugee or trafficked children – The report does not state whether reviews included details on asylum/refugee		

Research aims	PICO (population, intervention,	Findings	Overall validity rating
	comparison, outcomes)		
	status or experience or risk of traffick-		
	ing.		
	Sample size		
	56 Significant Case Reviews and 43		
	Initial Case Reviews.		