



# ‘Difficulties sitting still or concentrating: Support in the NHS i-THRIVE Grid’ and ‘Difficulties sitting still or concentrating: Support outside of the NHS (parents) i-THRIVE Grid’

Implementation support  
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The [Anna Freud National Centre for Children and Families](#) and [The Tavistock and Portman NHS Foundation Trust](#) have produced [patient decision aids](#) that accurately reflect the recommendations in the NICE guideline on [attention deficit hyperactivity disorder](#). These tools should be used by a trained healthcare professional, in consultation with patients and their parents or carers.

## Disclaimer

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