

**Physical activity and the environment: update Committee meeting**

**Date:** 02/11/2016, 10.00am – 4.30pm

**Location:** Broadway House, Tothill Street, London, SW1H 9NQ

**Minutes:** Draft (for PHAC approval)

<b>Committee members present:</b>		
David Croisdale-Appleby (Chair)		(Present for notes 1 – 12)
Hiten Dodhia (Core member)		(Present for notes 1 – 12)
Rose Durban (Core member)		(Present for notes 1 – 12)
Janis Baird (Core member)		(Present for notes 1 – 12)
Eileen Kaner (Core member)		(Present for notes 1 – 8)
Jasmine Murphy (Core member)		(Present for notes 2 – 12)
Catharine Ward-Thompson (Co-opted member)		(Present for notes 1 – 8)
Ross Cowan (Lay core member)		(Present for notes 1 – 12)
Andy Jones (Topic expert)		(Present for notes 1 – 12)
Mark Frost (Topic expert)		(Present for notes 1 – 12)
Verena Trend (Topic expert)		(Present for notes 1 – 12)
Michael Tornow (Lay topic expert)		(Present for notes 1 – 12)

<b>In attendance:</b>		
Adrienne Cullum	Technical Lead, NICE	(Present for notes 1 – 12)
Karen Peploe	Senior Technical Analyst, NICE	(Present for notes 1 – 12)
Olivia Crane	Assistant Technical Analyst, NICE	(Present for notes 1 – 12)
Beth Shaw	Senior Technical Adviser, NICE	(Present for notes 1 – 12)
Paul Levay	Information Specialist, NICE	(Present for notes 1 – 6)
Lesley Owen	Health Economics lead, NICE	(Present for notes 1 – 12)
Anne Louise Clayton	Editor, NICE	(Present for note 7)
James Love-Koh	York Health Economics	(Present for notes 1 – 12)

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	Consortium (YHEC)	
Ian Wall	Assistant Project Manager, NICE	(Present for notes 1 – 12)

<b>Observers:</b>		
Mike Brannan	Public Health England	(Present for notes 1 – 12)
Andrew Harding	Programme Manager	(Present for notes 1 – 12)
Chris Carmona	Senior Technical Analyst, NICE	(Present for notes 1 – 6)
Clare Wohlgemuth	Senior Technical Analyst, NICE	(Present for notes 1 – 6)
Katy Harrison	Senior Technical Analyst, NICE	(Present for notes 1 – 12)
Albany Meikle	Assistant Technical Analyst, NICE	(Present for note 6)

<b>Apologies:</b>	
Stephen Morris	Vice chair
Gerry Bennison	Lay topic expert

### 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the first meeting for Physical activity and the environment - update. The Committee members and attendees introduced themselves.

The Chair welcomed the members of the public to the meeting. The members of the public had been briefed already, both verbally and in writing by the NICE team, and the Chair reminded them of the protocol for members of the public, whose role is to observe (they should not speak or ask questions). No filming or recording of the meeting is permitted. The Chair reminded all present that the Committee is independent and advisory, that its decisions and recommendations to NICE do not represent final NICE guidance, and that they may be changed as a result of public consultation. The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included:

- Discussing the draft evidence review
- Receiving training on GRADE

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- Discussing the proposed economic modelling plan
- Discussing opportunities for addressing any gaps in the evidence

### Introductions

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was physical activity and the environment.

The Chair asked everyone to verbally declare any interests.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
David Croisdale-Appleby	Professor / Executive Chair, Standing Commission on Carers	Professor of Health and Human Sciences, University of Huddersfield	Personal, non-financial, non-specific	Declare and participate
		Professor of Social Work and Social Work Education, Manchester Metropolitan University	Personal, non-financial, non-specific	Declare and participate
		Non-Executive Director of Health Education England	Personal, financial, non-specific	Declare and participate
		Patron of the Oasis Partnership	Personal, non-financial, non-specific	Declare and participate
		Advisor to Chief Social Worker, Department of Health	Personal, non-financial, non-specific	Declare and participate
		Executive Chair of the Standing Commission on Carers (DH)	Personal, financial, non-specific	Declare and participate
		Chair of Dementia UK	Personal, non-financial, non-specific	Declare and participate
		Board Member and Trustee of Think Ahead, Department of Health	Personal, non-financial, non-specific	Declare and participate
		Chair of the Independent Cross-Government Advisory Group on Carers	Personal, non-financial, non-specific	Declare and participate
		Professor at the School of Medicine and Health, Durham	Personal, non-financial, non-	Declare and

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		University	specific	participate
		Professor at the Wolfson Research Institute for Health and Wellbeing	Personal, non-financial, non-specific	Declare and participate
		Professor of Corporate Strategy at the Durham University Business School	Personal, non-financial, non-specific	Declare and participate
		Visitor/Inspector of Medical Education, General Medical Council	Personal, financial, non-specific	Declare and participate
Janis Baird	Associate Professor of Public Health Medicine, MRC Lifecourse Epidemiology Unit	She and a group of colleagues at the MRC Lifecourse Epidemiology Unit, University of Southampton, have received funding from Danone Nutricia Early Life Nutrition for a specific research study which aims to improve the nutrition and Vitamin D status of pregnant women.	Non-personal, financial, non-specific	Declare and participate
		She and a group of colleagues, at the MRC Lifecourse Epidemiology Unit, University of Southampton, are collaborating with Iceland Foods Ltd to evaluate the impact fruit and vegetable availability on diet.	Non-personal, financial, non-specific	Declare and participate
		She is a member of the NIHR Research for Patient Benefit South Central Advisory Committee	Personal, non-financial, non-specific	Declare and participate
Ross Cowan	Lay core member	Unpaid Trustee of the Health and Race Equality Forum (HAREF), a small charity based in Newcastle which receives funding to carry out involvement and engagement activities around health and related issues.	Personal, non-financial, non-specific	Declare and participate
		Health and Wellbeing Policy Associate with Voluntary Organisations Network North East which receives funding from, and is a part of, Regional Voices, one of 21 voluntary sector networks and organisations in the DH, NHS England and Public Health	Personal, non-financial, non-specific	Declare and participate

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		England Strategic Partners Programme.		
		Member of Newcastle Disability Forum	Personal, non-financial, non-specific	Declare and participate
Hiten Dodhia	Consultant in Public Health - Public Health Directorate, London Borough of Lambeth	None	N/A	Declare and participate
Rose Durban	Director, RGC Consulting Ltd	Through her company, RGC Consulting Ltd, she undertakes some part-time work as an adviser for the DfE (Department for Education) providing children's social care advice, support and challenge to those local authorities in intervention following adverse Ofsted inspection judgement on their Children's Services arrangements.	Personal, financial, non-specific	Declare and participate
		ADCS member of the Executive Board of UKCCIS (UK Council for child internet safety). Aims to support parents to help their children stay safe, ensure children have the knowledge and skills to stay safe, encourage self-regulation and industry collaboration and promote safeguarding children as everyone's business.	Personal, non-financial, non-specific	Declare and participate
		She is a trustee of The Laurel Trust, a charity focused on supporting school leaders serving challenging communities through research and innovation	Personal, non-financial, non-specific	Declare and participate
		She has been appointed as a lay member on the Hastings and Rother CCG Governing Body October 2016 – present	Personal, financial, non-specific	Declare and participate
		She is a governor at Robsack Wood Primary Academy school	Personal, non-financial, non-specific	Declare and participate
Eileen	Professor of	She is a Professor of Public	Non-personal,	Declare

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Kaner	Public Health Research, Newcastle University	Health and Primary Care Research at Newcastle University and have formed conclusions, derived from evidence, on primarily alcohol and public health issues. She has also previously chaired a NICE PDG (PH24) focused on alcohol and prevention.	non-specific, non-financial	and participate
		She is a member of the NIHR Public Health funding board.	Non-personal, non-financial, non-specific	Declare and participate
		She has a number of funded studies that focus on alcohol and substance use in several of the groups focussed on including looked after children, people in criminal justice systems, people with mental health & substance use problems.	Personal, financial, non-specific	Declare and participate
		She supervises an alcohol research UK PhD studentship on family involved interventions for young people with substance use and mental health problems	Non-personal, non-financial, non-specific	Declare and participate
Jasmine Murphy	Consultant in Dental Public Health, Public Health England	None	N/A	Declare and participate
Verena Trend	Physical Activity & Health Strategist, London Borough of Hounslow	She is currently a full time employee of London Borough of Hounslow as a Physical Activity and Health Strategist. From the 27th June she will be a full time employee of London Borough of Croydon as Active Lifestyle Manager (working across sport/ physical activity, parks and behaviour change)	Personal, non-financial, non-specific	Declare and participate
		She is a director of a community-interest company Foodtalk CIC which is centred on the promotion of healthy eating to address health inequalities. Projects include: raising awareness of vitamin D, child weight management and workplace health.	Personal, non-financial, non-specific	Declare and participate
Mark Frost	Head of Traffic &	He is employed full time as the	Personal financial	Declare

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	Transport, London Borough of Hounslow	Head of Traffic & Transport for the London Borough of Hounslow	non-specific	and participate
Andy Jones	Professor of Public Health, Norwich Medical School	In his professional capacity he currently holds research funding from the Medical Research Council, the National Institute of Health Research, and Sport England to undertake research in the field of physical activity.	Non-personal financial specific	Declare and participate
		He has co-authored a further number of scientific journal articles examining the association between physical activity and features of the environment.	Personal, non-financial, specific	Declare and participate
Michael Tornow	Lay member	None	N/A	Declare and participate
Catharine Ward-Thompson	Professor of Landscape Architecture, University of Edinburgh	She is PI and grant-holder for NIHR PHR project 10/3005/18, 2012-2016, £948k for 'How effective is the Forestry Commission Scotland's woodland improvement programme - 'Woods In and Around Towns' (WIAT) - at improving psychological wellbeing in deprived communities?'	Non-personal, Financial, Specific	Declare and participate
		She is PI and grant-holder for EPSRC (EP/K037404/1), 2013-2016, £1.273m for 'Mobility, Mood and Place: a user-centred approach to design of built environments to make mobility easy, enjoyable and meaningful for older people'.	Non-personal, Financial, Specific	Declare and participate

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		<p>She has been Co-I on the following grants:</p> <p>MRC (G1001872/1), 2012-13, Pilot study, 'Going Outdoors: Falls, Ageing and Resilience (Go Far)', led by the University of Salford under (LLHW) Phase 3; Co-I.</p> <p>Scottish Government RESAS (MLU/ECA/UGW/847/08), 2008-2012, 'GreenHealth', researching the relationship between the quality, quantity and accessibility of green space and people's health and wellbeing, led by the James Hutton Institute; Co-I</p> <p>EPSRC (EP/G030898/1), 2009-2013, 'KT-EQUAL: Putting ageing and disability research into practice', a KT consortium, led by Sheffield University in collaboration with the Universities of Cambridge, Bath, Reading, Loughborough and Salford; Co-I.</p>	<p>Non-personal, Financial, Specific</p>	<p>Declare and participate</p>
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The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

### 4. Evidence reviews – introduction

The Chair introduced Adrienne Cullum, Technical Lead at NICE, who gave a presentation to introduce the evidence reviews, including: re-capping on the scope; re-capping on the protocol; search; search results; review themes.

The Committee discussed the issues presented in relation to this guideline and were given the opportunity to ask questions.

**ACTION: NICE to circulate links to related NICE guidance**

**ACTION: NICE to re consider evidence excluded on the basis of a lack of**



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baseline data and to consider whether differ from cross sectional studies. To update the evidence review as necessary.

**ACTION: NICE to notify the committee of when the 'Air pollution - outdoor air quality and health' guideline is out to consultation**

The Committee thanked Adrienne for her presentation and contribution to the development of the guideline.

### 5. Evidence review 1a: Public transport interventions

The Chair introduced Karen Peplow, Senior Technical Analyst at NICE, who gave a presentation summarising the findings from the first part of the transport review.

The Committee discussed the issues presented in relation to this guideline and were given the opportunity to ask questions.

The Committee thanked Karen for her presentation and contribution to the development of the guideline.

**ACTION: NICE to update the evidence review based on the committee discussion.**

### 6. GRADE training

The Chair introduced Beth Shaw, Senior Technical Adviser at NICE, who gave a presentation on what GRADE is and it might be applied to public health reviews.

She also ran through an example (tabled paper).

The Committee were given the opportunity to ask questions.

**ACTION: NICE to circulate presentation slides**

**ACTION: NICE to circulate a clinical example**

**ACTION: NICE to circulate link to the GRADE website training videos.**

The Committee thanked Beth for her presentation.

### 7. Writing recommendations

The Chair introduced Anne Louise Clayton, Editor at NICE, who gave a presentation on writing recommendations.

The Committee were given the opportunity to ask questions.

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The Committee thanked Anne Louise for her presentation.

### **8. Overview of the economic plan**

The Chair introduced James Love-Koh, York Health Economics, who gave a presentation on the economic plan.

The Committee discussed the issues presented in relation to this guideline and were given the opportunity to ask questions.

The Committee thanked James for his presentation.

**ACTION: YHEC to update the economic plan based on the committee discussion**

**ACTION: NICE to circulate YHEC questions for the committee.**

**ACTION: Members to forward to NICE any studies or information that may support the development of the economic model.**

### **9. Gaps in the evidence – areas for expert testimony**

Adrienne Cullum introduced this item and requested from the committee suggestions for areas of expert testimony and potential speakers.

The Committee discussed the item and provided suggestions.

**ACTION: NICE to start contacting potential experts**

**ACTION: NICE to contact members for any additional information on potential experts**

### **10. Summary of the day and next steps**

The Chair summarised the discussion from the day and highlighted that the next meeting on this topic would take place on 14th December 2016.

The Committee agreed to receive papers for the second committee meeting 5 days in advance of the meeting.

**ACTION: NICE to circulate key dates**

All committee members were reminded that expenses must be submitted within 3 months of a meeting taking place.

### **12. Any other business**

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None
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**Date of next meeting:** 14/12/2016

**Location of next meeting:** Avonmouth House, London