

## **NICE Programme Development Group: Alcohol- use disorders (prevention)**

### **PDG Members Biographies**

#### **Jane Benanti BSc. (Hons.), Psychology, MSc, Dip. Coun. Psychology.**

Jane Benanti is the lead psychologist in substance misuse, currently employed by Sandwell Mental Health NHS and Social Care Trust. She has worked clinically in both the NHS and the voluntary sector with adult substance misusers and their families. Jane provides a consultancy service and supervision to applied psychologists and mental health workers from both the adult and child substance misuse services. She also provides specialised clinical supervision to psychologists across the West Midlands. Jane is committed to partnership working and in 2006, with the help of the then Joint Commissioning Manager for Sandwell Children and Young People's Trust Partnership, plans were drawn up for an integrated psychology service linking the young people's substance misuse service to CAMHS and affiliated agencies across the borough. Jane is instrumental in the current partnership development across Sandwell. She has been a member of the University of Bath research and development group and her research interests are observing the effects of alcohol on children and family life.

#### **John Dervan**

**Trustee, CASA Alcohol Services since 1991**

**Director, City & Hackney Alcohol Service, 1993 – 2004**

John Dervan has had a long and varied career. He has at different times, for example, worked as a theatre actor, BT marketing executive, construction worker and telegraphist. Since 1987, however, his work has been focused around the problems caused to individuals and communities by alcohol misuse. He has worked as an alcohol counsellor, trainer, service manager and agency CEO. John is trained in generic counselling and holds a specialist qualification in alcohol counselling and consultation.

#### **Dr Paul Edmondson-Jones MBE**

Paul Edmondson-Jones is the Director of Public Health & Well-being for Portsmouth City – this is a joint appointment to both Portsmouth City Teaching PCT and Portsmouth City Council. Paul joined the NHS in Portsmouth in 2000 after a 21 year career in the Army, serving in many parts of the world including the Falkland Islands, Nepal, Germany and the Former Republic of Yugoslavia.

He was Chair of the Drug Action Team (DAT) from 2002-4 and, following its merger with the Crime & Disorder Reduction Partnership (CDRP) in 2004, has been the Drugs and Alcohol Champion on the Safer Portsmouth Partnership. Paul also chairs the Local Strategic Partnership (LSP) and the Local Area Agreement (LAA) Programme Board. The Portsmouth LAA has 4 Flagship Themes, of which one is Violent Crime – where a particular emphasis is on sexual abuse, domestic violence and alcohol related violence and anti-social behaviour.

Portsmouth have forged many new initiatives across the City in relation to alcohol – these include a strong Street Pastors Programme, a Brief Interventions Team that operate in GP

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surgeries and other settings across the City, a Community Health Paramedic Scheme and a number of other key pieces of work that have considerable recurrent funding..

Paul is one of four Elected Executive Officers (Honorary Secretary) of the Association of Directors of Public Health and represents the Association on the Alcohol – Know Your Limits – National Steering Group and also on the UK Public Health Association’s Special Interest Group on Alcohol and Violence. He is also a member of the Faculty of Public Health’s Alcohol Advisory Group.

### **Vivienne Evans OBE**

Vivienne Evans is the Chief Executive of Adfam, the national organisation which works with, and for families affected by substance misuse. Formerly, Vivienne was Head of Programme Development at DrugScope, leading on education and prevention work in a partnership project with Alcohol Concern.

With nearly 40 years experience of health and drug policy and practice in the UK and abroad, she has worked as a consultant for several high profile, international organisations, including the United Nations (Drug Control Programme) and the World Health Organisation. She is a former member of the Advisory Council on the Misuse of Drugs (ACMD) and chaired its working group on the implementation of *Hidden Harm*, a report that addresses the needs of the children of drug users. She is currently the chair of the advisory committee for the Family Drug and Alcohol Court project, an innovative approach to supporting families and children affected by drugs and alcohol

### **Clare Gerada – to follow**

### **Jayne Gosnall (Lay/Community Member)**

Jayne Gosnall has personal and family experience of alcohol use disorders. She has accessed a range of services, and peer support groups, and is one of the founder members (now Treasurer) of Salford Drug and Alcohol Forum, a service user organisation, which has strong links with professional services, and other voluntary organisations. A single mother of two, Jayne is particularly interested in issues that affect women and children, and may create a barrier to accessing services, including fears concerning the Child Protection arena, and links with domestic violence, and poor mental health. Jayne is an active volunteer, and is currently developing two peer support groups, one being for women only. She is also studying NVQ L3 in working with substance misuse.

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#### **Nick Heather BA (Hons), MSc, PhD, FBPSS, CPsychol**

Nick Heather is Emeritus Professor of Alcohol and Other Drug Studies in the Division of Psychology, Northumbria University. He takes a special interest in research on the treatment of alcohol problems and dependence and has for many years been involved in research on the developments and effectiveness of brief interventions for hazardous and harmful drinking. He was recently the Technical Focal Point for a World Health Organisation Collaborative Project on strategies to implement alcohol brief interventions and a Principal Investigator on the MRC-funded *United Kingdom Alcohol Treatment Trial*.

After working for ten years as a clinical psychologist in the National Health Service, in 1979 Nick developed and led the Addictive Behaviours Research Group at the University of Dundee. In 1987 he became founding Director of the National Drug and Alcohol Research Centre at the University of New South Wales, Australia. He returned to the UK at the beginning of 1994 to take up a post as Consultant Clinical Psychologist at the Newcastle City Health NHS Trust and as Director of the Centre for Alcohol and Drug Studies in Newcastle. He has published many scientific articles, books, book chapters and other publications, mostly in the area of addictions and with an emphasis on the treatment of alcohol problems.

#### **Sauid Ishaq Gastroenterologist in Dudley group of Hospitals**

Sauid Ishaq is a Gastroenterologist in Dudley group of Hospitals. He has special interest in dealing with patient with coeliac disease alcohol related problems/complications, particularly how it affects black and minority ethnic groups. He has considerable experience in dealing with patients with alcoholism from a diverse background, be it ethnic or socioeconomic variation. He is a faculty member of National Colonoscopy Programme (England and Northern Ireland). He is also a founder member of the Gastrointestinal Group of the South Asian Health Foundation since 2006

#### **Professor Eileen Kaner (Chair)**

Chair of Public Health Research, Newcastle University

Eileen Kaner is a behavioural scientist and Professor of Public Health Research at Newcastle University. She leads a programme of research which aims to understand the nature and extent of alcohol-related risk and harm across populations, and to promote evidence-based interventions to reduce these problems. She has published over 70 peer reviewed papers and led numerous studies on these issues. She recently conducted a national review of liver disease epidemiology, treatment and service provision in England for the Department of Health and is currently leading a review of alcohol consumption in children and adolescents for the Department of Children, Families and Schools. She is a Trustee and board member of the Alcohol Education and Research Council and she was recently appointed to the science group of the European Forum on Alcohol and Public Health. In addition, she is a member of a range of National and Regional Advisory bodies on alcohol and an expert advisor to BMJ Public Health, the World Health Organisation and numerous other public bodies.

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#### **Anne Ludbrook – to follow**

#### **Paul McArdle**

Dr Paul McArdle is a consultant child and adolescent psychiatrist and the lead clinician for a regional in patient unit for children and young people with mental health problems. For the past ten years he has also worked with a community based service for adolescent substance misusers that comprises staff from the NHS, the voluntary sector and local authority. He initiated and chairs a committee of psychiatrists working with young substance misusers. He has co-edited two books and authored a number of other publications concerning substance misuse by young people.

#### **Jim McCambridge**

Jim McCambridge is a researcher who specialises in individual behaviour change for public health purposes. He has undertaken randomised controlled trials of Motivational Interviewing and other brief interventions to reduce alcohol and other drug-related harm, and is particularly known for his work with young people. Jim was a member of the Prevention Working Group of the Advisory Council on the Misuse of Drugs which produced the 2006 Pathways to Problems report. He moved from the National Addiction Centre at the Institute of Psychiatry (King's College London), to join the Centre for Research on Drugs and Health Behaviour at London School of Hygiene & Tropical Medicine in October 2006, where he is now a Senior Lecturer in Behaviour Change.

#### **Trevor McCarthy**

Trevor McCarthy currently works as an independent consultant and trainer in the addictions field, specialising in external mentoring, supervision and organisational development. Until October 2008 he worked for the National Treatment Agency where he was responsible for developing *Models of Care for Alcohol Misusers* and managed the production of the *Review of effectiveness of treatment for alcohol problems*. Other NTA roles involved managing the Policy and Research team and developing best practice guidance. He has worked with people with substance use problems since 1979, mainly running community services in the Midlands. In Coventry, he led the health group on the Local Strategic Partnership. A regular conference presenter, he has also published a range of articles. Voluntary work has included Trusteeship of the Addictions Forum, Alcohol Concern and the New Directions in the Study of Alcohol Group which he chaired until April 2008.

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#### **Dr Harshad Mistri**

Harshad has years of experience as a General Practitioner in India, Africa and the United Kingdom. He spent many years in many rural poor areas promoting health care charity programmes.

He has actively contributed to the Guideline Development Group on obesity for NICE. He is a member of Healthy Ageing, Healthy Living Project of Age Concern. He plays a major role in National Minority Ethnic Network. As a member of an Advisory group of Pan London Asian Network he remains exposed to the concerns of the communities.

Harshad has closer working relationship with ethnic elderly projects and supported development of projects such as Abhay- meaning fearless, a Mental Health partnership initiative by a number of Age Concerns with Confederation of Indian Organisations.

In his role as a Health Officer he has launched many health promotion initiatives through closer association with organisations such as British Heart Foundation, Diabetic Association and Stroke Association.

He has been a keen promoter of better healthy living ethos amongst diverse communities in the United Kingdom.

#### **Dr. Lynn Owens. PhD BA Hons Dip HE Cert Ed RN**

Lynn Owens is a Nurse Consultant with the clinical lead for alcohol at Liverpool PCT, and an Honorary Research Fellow at the University of Liverpool. Her academic studies include investigations into the impact of nursing interventions on individuals with a range of alcohol-related problems.

Lynn has also designed and implemented nurse-led alcohol service across primary and secondary care provision in Liverpool. The service provides advice, education and support to nursing and medical staff on alcohol-related issues, and assessment, treatment and support for patients with alcohol-related problems. Lynn is a member of the DH National Alcohol Interventions Improvements programme board and the DH Clinical Expert Group.

#### **Dr Chris Record D Phil (Oxon), FRCP (Lond).**

Consultant Physician in Gastroenterology and Hepatology including Liver Transplantation, Newcastle u Tyne Hospitals NHS Trust.

Special interest in hepatic encephalopathy. Member of Advisory Board of the International Society on Hepatic Encephalopathy and Nitrogen Metabolism. Past Chairman Special Advisory Committee in Gastroenterology of the Joint Committee for Higher Medical Training. Initiated and led British Society of Gastroenterology campaign for inclusion of health information on alcohol products and at point of sale (including the number of units contained in the product and safe limits for consumption) which resulted in voluntary agreement with industry announced by Minister of Public Health Caroline Flint on 28.5.2007. Member of the Department of Health Alcohol Communications Stakeholder Group, Alcohol Alliance and the North East Regional Alcohol Strategy Committee.

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#### **Don Shenker, Chief Executive, Alcohol Concern**

Don Shenker has been CEO of Alcohol Concern since April 2008 and was previously Alcohol Concern's Director of Policy and Services. His policy work has included campaigning for a pre-watershed ban on TV alcohol advertising, better support for young drinkers and for equitable alcohol support in prisons. Don has co-authored several Alcohol Concern policy reports, including *Glass Half Empty? Keep it in the Family* and *Unequal Partners*. Don is a member of the Joseph Rowntree Foundation's Alcohol Research Committee and the Department of Health's National Alcohol Interventions Improvements Programme Board.

Don has worked in the alcohol sector for over 15 years as a clinician, manager and Director. His MSc in Care, Policy and Management included qualitative research on alcohol use among street children in North-eastern Brazil.

#### **Ian Treasure MSc., NEBSM (dip.M)**

Ian Treasure is the Alcohol Harm Reduction and Commissioning Manager in East Lancashire Teaching Primary Care Trust. Ian is responsible for co-ordinating the Multi Agency East Lancashire Alcohol Harm Reduction Strategy, including commissioning of adult alcohol treatment services within the largest PCT in Lancashire. Ian led the Alcohol Harm Reduction Strategy in Blackpool from 2005-2008, and prior to that worked for Addaction. He has 10 years experience working in health and social care, at operational and strategic levels. Ian is committed to reducing alcohol related health inequalities in one of the most challenging and diverse areas of Lancashire.