

Public Health Interventions Advisory Committee (PHIAC)

PHIAC 46: Minutes of the meeting held on 16th April 2010

Weight Management in Pregnancy and after Childbirth

<p>Attendees</p>	<p><u>Members</u> Catherine Law, Muriel James, Amanda Hoey, John Barker, KK Cheng, David McDaid, Tracey Sach, David Sloan, Ann Hoskins, Susan Michie, Mike Bury, Stephen Walters, Adam Oliver, Bren McInerney, Alasdair Hogarth, Mike Rayner, Ruth Hall, Sarah Byford, Joanna Cooke, Kamran Siddiqi, Joyce Rothschild, Richard Fordham, Stephanie Taylor, Lesley de Meza, Jane Putsey, John Macleod</p> <p><u>NICE staff</u> Mike Kelly, Tricia Younger, Patti White, Caroline Mulvihill, Alastair Fischer, Karen Peploe, Nicola Keay, Gesina Hodgson (minutes)</p> <p><u>Contractors</u> Alexandra Rogers (Greenstreet Burnam)</p> <p><u>Co-opted members</u></p> <ul style="list-style-type: none"> • Annie Anderson – Professor of Food Choice, Centre for Public Health Nutrition Research, University of Dundee • Amanda Avery – Community Dietitian in Derbyshire and Slimming World • Ruth Bell – Clinical Senior Lecturer in Public Health, University of Newcastle • Debra Bick – Professor of Evidence-Based Midwifery Practice, King’s College London • Robert Fraser – Obstetrician & Head of Centre for Pregnancy Nutrition, Department of Reproductive and Developmental Medicine, University of Sheffield • Gail Goldberg – Senior Research Scientist, MRC Dunn Nutrition Unit at Cambridge. • Janet Gordon – Advanced Dietitian for Maternal Health, Birmingham Community Nutrition & Dietetic Department • Lucilla Poston – Professor of Maternal and Fetal Health, King’s College London <p><u>Non-public observers</u></p> <ul style="list-style-type: none"> • Jayne Rowney (NICE - Implementation) • Kate Moring (NICE – Costings Team)
<p>Authors</p>	<p>Gesina Hodgson, Tricia Younger</p>
<p>Audience</p>	<p>Members of PHIAC; The public</p>

Agenda Item	Minutes	Action
<p>Part 1</p> <p>1. Welcome and introductions. (Chair)</p> <p>2. Apologies (Chair)</p>	<p>The Chair welcomed members to the 46th PHIAAC meeting. The meeting was declared quorate.</p> <p>The Chair noted that the meeting will be split into two parts today, with the second part being in private. MK explained the special arrangements during the pre-general election period</p> <p>Adrienne Cullum (NICE), Sue Atkinson, Phil Cutler, Matt Kearney, Dale Robinson, Toby Prevost, Heather Mellows (Expert), Dagmar Zeuner, David Haslam (co-opted member), Stephen Morris</p>	
<p>3. Declarations of Interest (All)</p>	<p>Declarations of interest in relation to ‘Weight Management in Pregnancy and after Child Birth ‘were requested.</p> <p>A number of declarations of interest had been received in writing prior to the meeting. Catherine Law and Mike Kelly had reviewed these and agreed that they did not prevent anyone from participating in the whole meeting.</p> <p>Meeting attendees were asked to declare these interests again and any additional declarations were requested.</p> <p>The following declarations were made:</p> <p><u>Personal pecuniary interest</u></p> <p>Lucilla Poston – Lucilla is a member of the Research Advisory Group, Tate & Lyle.</p> <p><u>Personal family interest</u></p> <p>None.</p> <p><u>Personal non-pecuniary interest</u></p> <p>Tracey Sach - Tracey has noted that she is in the target population of the guidance.</p> <p><u>Non-personal pecuniary interest</u></p> <p>Amanda Avery – Amanda is a member of the Slimming World Nutrition and Research team. Slimming World (SW) runs weekly weight management group sessions for pregnant and post natal women. Amanda also coordinates SW activity within the HELP research programme.</p> <p>Jane Putsey – Jane is a member of The Breastfeeding Network (BfN) and BfN may carry out work related to this guidance.</p> <p>Stephen Walters - Stephen’s department at SchARR, University of Sheffield has contracts and/or research grants</p>	

	<p>with the NIHR, HTA and NICE.</p> <p>Janet Gordon - Janet manages a team that provides a dietetic service for obese pregnant women in 2 PCTs.</p> <p>KK Cheng, Ruth Bell, Lucilla Poston, Annie Anderson, Richard Fordham, John Macleod – KK, Ruth, Lucilla, Annie and Richard may potentially receive research grants for themselves or colleagues in the future.</p>	
<p>4. Weight Management in pregnancy and after childbirth: revising the guidance</p>	<p>a. Stakeholder comments on draft guidance Karen Peploe summarised the key issues arising from the stakeholder comments.</p> <p>b. Feedback from fieldwork Alexandra Rogers (Greensteet Berman) presented results from the fieldwork and explained methodology and general findings. The chair noted that there was some overlap between fieldwork and stakeholder comments. None of the co-opted members had attended fieldwork meetings but Ruth Bell, Amanda Avery and Janet Gordon had contributed to the stakeholder comments. Mike Kelly provided background on the comments from the Very Low Calorie Diet group.</p> <p>c. Netmums Survey Results Caroline Mulvihill (CM) described the results of a Netmums website survey of the views of 2000 new mothers.</p> <p>d. Recommendations from CMACE/RCOG on management of obesity in pregnancy Tricia Younger (TY) presented a summary of the recommendations from the guideline on the management of women with obesity in pregnancy issued jointly by the Centre for Maternal and Child Enquiries (CMACE) and the Royal College of Obstetrics and Gynaecology (RCOG).</p> <p>e. Considering equity issues Patti White summarised the relevant equality and diversity issues for the draft guidance.</p>	
<p>5. Weight Management in pregnancy and after childbirth: revising the guidance</p> <p>Part 2</p>	<p>a. Discussions on fieldwork, survey and stakeholder comments The Chair reminded the Committee that because of evidence limitations the guidance drew on evidence-based recommendations from related NICE guidance, such as obesity, maternal and child nutrition and behaviour change.</p> <p>Alistair Fischer reported that the amendments to the economic modelling reports requested at the December PHIAAC meeting had been carried out.</p>	
<p>6. Weight Management in pregnancy and after childbirth: revising the</p>	<p>a. Update on DH Maternity Strategy from DH maternity team) TY summarised the relevant aspects of the Department of Health (DH) policies, based on advice from Heather Mellows, DH Professional Adviser in Obstetrics and Gynaecology..</p>	

<p>guidance</p>	<p>b. Suggested revisions to the guidance CM summarised some proposed revisions to the draft guidance. These were discussed. The following general points were agreed</p> <ul style="list-style-type: none"> • The Institute of Medicine (IOM) guidelines on pregnancy weight gain would not be adopted (as agreed at November and December meetings). The guidance should explain the reasons for this decision • The focus would be on health eating and physical activity in the context of weight management, which should be explained • Areas of lack of evidence would be highlighted • Guidance would be in the context of the family and an obesogenic environment, and reflect the range of service provision for this group • Communication skills need to be integrated into the document. • There should be recognition of the needs of particular groups such as very young women who are pregnant 	
	<p>c. Finalising Research Recommendations The committee discussed and agreed research recommendations.</p> <p>d. Next Steps TY outlined the process and timescales for revising the recommendations and finalising the guidance</p>	
<p>7. Topic selection</p>	<p>The following topics were suggested:</p> <ul style="list-style-type: none"> • Communication of risk 	
<p>8. Minutes of the meeting of PHIAC 45</p>	<p>The minutes of the March meeting were amended and agreed.</p>	
<p>9. AOB</p>	<p>Fieldwork and what is gained from it The question of whether there are gains from fieldwork and whether it is good value for money. MK will investigate and consider further.</p> <p>Length of Guidance The question was raised of whether PHIAC guidance was becoming too lengthy. This was noted by NICE staff.</p> <p>PHIAC Discussants There is a shortage of committee members volunteering to be PHIAC discussants. Volunteers do not need to be experts on specific issues, but will act as the lead person to initiate discussion. A member of the CPHE team will write a short paper on the role of discussants.</p>	<p>CPHE to circulate a summary of what is expected of PHIAC discussants</p>
<p>12. Close</p>	<p>The meeting closed at 16.25</p>	