

NICE PUBLIC HEALTH PROGRAMME GUIDANCE

Type 2 diabetes: preventing pre-diabetes among adults in high-risk groups

**10th & 11th meeting of the Programme Development Group
Tuesday 8th – Wednesday 9th February, 2011**

**Royal College of Paediatrics & Child Health
5-11 Theobalds Road
London WC1X 8SH**

MINUTES OF MEETING: TUESDAY 8th FEBRUARY 2011

Attendees:	<p>Programme Development Group (PDG) Members: Nick Wareham (Chair), Bennett Quinn, Anne Dornhorst, Jennifer Tringham, Neel Basudev, Steven Cummins, Tim Marsh (all of day 1 and part of day 2), Margaret Guy, Aderonke Jomo – Coco, Sabina Syed, Sarah Wild, Marie Cummins (day 2 only), Ameet Bakhai, Marc Suhrcke (day 1 only), Wasim Hanif, Saiyyidah Zaidi.</p> <p>NICE: Catherine Swann, Clare Wohlgemuth, Alastair Fischer, Karen Peploe, Adrienne Cullum, Caroline Mulvihill (day 2 only), Nick Doyle (day 2 only, Tricia Younger (day 2 only), Palida Teelucknavan.</p> <p>Review Team (day 2 only): Graham Kelly, Adam Crosier and Dominic McVey (Word of Mouth Research).</p>
Apologies:	Tracy Kelly, Akeem Ali, Marc Suhrcke (day 2), Marie Cummins (day 1), Nigel Unwin, Mireia Jofre-Bonet.

Day One – Tuesday 8th February

Agenda Item		Action
1. Welcome and introductions	<p>Nick gave an introduction and presented the apologies.</p> <p><u>Minutes of the last meeting (PDG 8 & 9)</u></p> <p>There were no amendments to the circulated minutes and all actions had been completed.</p> <p>Action: Palida Teelucknavan to publish minutes on website.</p> <p><u>Declarations of Interest:</u></p> <p>New DOI from Tim Marsh:</p> <p>Personal pecuniary interest: In receipt of an unrestricted educational grant from GSK to study obesity in Brazil, Mexico and Russia.</p>	Palida Teelucknavan

<p>2. NICE public health guidance on preventing type 2 diabetes: Overview of the meeting and tasks for the PDG</p>	<p>Nick Wareham provided an overview of the 2 day PDG meeting and discussed objectives for the days. The PDG were asked to consider feedback from the consultation/fieldwork with consideration to the scope, and to think about areas that could be emphasised more or make disinvestment recommendations on.</p> <p>Other issues highlighted for discussion included:</p> <ul style="list-style-type: none"> - Recent WHO recommendations about Hba1c tests for diagnosis of diabetes and implications for the guidance - Implementation of the guidance <p>Action point: If PDG would like to get involved and support work with Implementation please contact Catherine Swann for more info.</p>	<p>PDG members</p>
<p>3. Policy and health service context to the guidance: Update</p>	<p>Nick Doyle from NICE presented an overview of policy developments that may impact on the current guidance.</p> <p>The PDG considered and discussed the following points:</p> <ul style="list-style-type: none"> • How the ‘who should take action’s and delivery mechanism in the guidance may be affected? • Who might be making decisions about commissioning based on our guidance? • What commissioners might need to support their decisions? 	
<p>4. Report on fieldwork carried out with guidance stakeholders</p>	<p>Graham Kelly, Adam Crosier and Dominic McVey from Word of Mouth Research presented and summarised the fieldwork.</p> <p>The fieldwork took place between Nov 2010 – Jan 2011 in Manchester and London. The sample consisted of 61 participants and 83 online responders mainly from the NHS, local authority and private and voluntary sector.</p> <p>The PDG discussed the title of the guidance in relation to fieldwork findings and the recent WHO recommendation and asked if it might be possible to amend the title of the guidance.</p> <p>Action point: Catherine Swann and Mike Kelly to discuss with Department of Health.</p>	<p>Catherine Swann</p>
<p>5. Summary of consultation responses</p>	<p>Clare Wohlgemuth from NICE summarised the common themes from the consultation responses and fieldwork.</p> <p>Clare clarified that all Stakeholder comments are acknowledged and responded to by the NICE team. The final comments & response table is then published on the NICE website.</p>	

	<p>The PDG reviewed the comments made by Stakeholders and discussed potential changes/developments to recommendations. The PDG also discussed some new potential recommendations.</p> <p>Action point: Clare to circulate copy of full presentation with notes.</p>	<p>Clare Wohlgemuth</p>
<p>6. Technical update: WHO expert consultation on HBA1C</p>	<p>Nick Wareham presented the recent decisions/guidance from WHO. The presentation discussed the usefulness of HbA1c in diagnosing diabetes. The PDG made decisions on whether to use this in the guidance. This will also need to be reflected in the title of the guidance. The PDG discussed summarising key points from the economics in the guidance.</p> <p>Action point: Marc Suhrcke and Alastair Fischer to look at the Zhou paper.</p>	<p>Marc Suhrcke/ Alastair Fischer</p>
<p>7. Consultation with representatives from food and catering industries</p>	<p>Catherine Swann reported that NICE had held meetings with the Food and Drink Federation, Whitbread Catering, Compass Catering and Brake Brothers to encourage them to contribute to the consultation – which they had subsequently done. Other food industry members also fed in their ideas by commenting in the consultation.</p>	
<p>8. Equality assessment of the guidance and recommendations</p>	<p>Adrienne Cullum from NICE carried out an equity assessment on the work and presented some recommendations for a couple of improvements that could be made.</p> <p>The following are a legal obligation of NICE:</p> <ul style="list-style-type: none"> • Gender • Race • Sexual orientation • Disability • Socio-economic status • Age • Religion/belief <p>This is to ensure that the language used is not stereotypical or discriminatory.</p>	
<p>9. Questions and discussions</p>	<p>The PDG discussed and agreed amendments in light of the three presentations.</p>	
<p>10. Summing up</p>	<p>Nick Wareham summarised the changes and actions that were agreed during the course of the day.</p>	
<p>11. Tasks for next day</p>	<p>Catherine Swann outlined the structure of day 2 of the PDG (9th February):</p> <ul style="list-style-type: none"> • Proposed amendments based on discussions that took place today. • PDG to go through the changes and decide how to proceed. • If changes are agreed by the PDG then the NICE 	

	<p>team will action changes.</p> <ul style="list-style-type: none"> To work on language issues later, once Mike has made a decision about the title change. <p>The meeting closed at 4.00pm.</p>	
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Day Two – Wednesday 9th February 2011

Agenda Item		Action
1. Proposed amendments to the guidance	<p>Clare Wohlgemuth presented section by section amendments to the guidance based on consultation/fieldwork and discussion.</p> <p>The PDG agreed on the changes. The NICE team will re-draft each section and circulate to the PDG.</p> <p>Action point: NICE team to action agreed changes</p>	NICE team
2. Health Economics	<p>Alastair Fischer from NICE reported on the cost effectiveness and reviewed which interventions were cost-effective (report by SchARR).</p> <p>The PDG suggested that they need to identify in the guidance which interventions were cost-effective and what is meant by 'cheap'? A collective decision was therefore needed from the PDG. Furthermore, it was agreed that a statement should be included in the guidance of the cost-effectiveness of achieving small changes.</p> <p>Action point:</p> <ul style="list-style-type: none"> Nick to input into economics considerations prior to circulation to whole PDG 	Nick Wareham
3. Amendments to the guidance – recommendations	<p>The PDG discussed further amendments to the guidance, including:.</p> <p>The following points were agreed:</p> <ul style="list-style-type: none"> Organisation of recommendations Who should take action in different recommendations Considerations. Recommendations, including the addition of recommending integration of activities for linked non communicable diseases, and national strategy Implementation: costing tools <p>Action Points:</p> <ul style="list-style-type: none"> NICE team will draft all suggestions/discussion points and will circulate to PDG for comment. 	NICE team

<p>4. Next steps</p>	<p>Catherine Swann updated the PDG on next steps in guidance production. The following key dates were noted:</p> <ul style="list-style-type: none"> • 22 Feb – finish changes to the draft guidance • 23 Feb - Implementation planning meeting (Sabina and Aderonke expressed an interest) • 1 Mar – draft guidance edited • 2 Mar – 14 Mar – PDG to comment • 15 Mar – discuss changes with Chair • 16 – 24 Mar – more changes • 25 – 28 Mar – Mike Kelly to sign off • 5 Apr – draft guidance to Guidance Exec • 10 May – Publication date 	
<p>5. Close</p>	<p>The meeting closed at 4.30pm</p>	