

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Exercise referrals (update of PH2)

Meeting of the Public Health Advisory Committee A

Friday 24th January 2014

Derwent room, NICE office, London

Final Minutes

Attendees:	<p><i>PHAC Members</i> Jennifer Bostock, Susan Jebb (Chair), Ruth Jepson, Mireia Jofre Bonet (left meeting at 2.30pm), Alison Lloyd (left at 3.34pm), Elaine McNish, Steve Morris (left meeting at 12.15pm), Chris Packham, Toby Prevost, Andy Pringle, Joyce Rothschild, Amanda Sowden, Stephen Sutton, Malcolm Ward, Lucy Yardley</p> <p><i>NICE Team</i> Simon Ellis, Hugo Crombie, Emily Aidoo, Ruaraidh Hill, James Jagroo, Kim Jeong, Melinda Kay</p> <p><i>Review Team</i> <i>Sarah Davis (SchARR), Fiona Campbell (SchARR), Fiona Morgan (SURE), Adam Crosier (Word of Mouth)</i></p>
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Version	Final
Audience	PHAC members, NICE team, members of the public

Item		Action
<p>1. Welcome and objectives for the meeting</p>	<p>The Chair welcomed the Public Health Advisory Committee (PHAC) to the second meeting on 'Exercise referral schemes'.</p> <p>The Chair welcomed the members of public to the meeting.</p> <p>The Chair outlined the general housekeeping for the venue.</p> <p>The Chair outlined the aim of the meeting which was to agree the draft guidance on 'Exercise referral schemes', to be released for consultation in March 2014.</p> <p>The objectives were:</p> <ul style="list-style-type: none"> • to hear an update about the health economic analyses • to agree the draft recommendations and considerations on exercise referral schemes • to agree the gaps and research recommendations. <p>The Chair informed the PHAC that no apologies had been received.</p>	
<p>2. Declarations of Interests</p>	<p>The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record. The Chair asked the PHAC to declare any changes to their conflicts of interest. Previous declarations of interest can be viewed on the NICE website here http://guidance.nice.org.uk/PHG/76/PHACAMinutesDecember2013/pdf/English</p> <p>The potential additional conflicts of interest declared were as follows:</p> <p><u>Personal pecuniary interest</u></p> <p>Elaine McNish To be appointed as Director of BHF Physical activity and health centre. BHF have recently been given a contract by NICE.</p> <p>Lucy Yardley Is a co-applicant on grant proposal to HTA call to research exercise referral schemes.</p> <p>There were no further additional conflicts of interest.</p> <p>The Chair and Simon Ellis, Associate Director, noted</p>	

	that the interests declared did not prevent the attendees from fully participating in the meeting.	
3. Minutes from last meeting	The minutes were agreed as an accurate record, with the amendment of Lucy Yardley's DOI details and noting that Steve Morris only attended the afternoon session of the last meeting.	
3. Update from NICE on issues explored since the last meeting James Jagroo and Ruaraidh Hill NICE	James Jagroo (JJ) and Ruaraidh Hill (RH) gave a presentation entitled Update from NICE on issues explored since the last meeting. The PHAC were invited to ask questions in regard to the presentation.	
4. Presentation by Sarah Davis SCHARR Cost effectiveness of exercise referral schemes	Sarah Davis (SD) gave a presentation entitled Cost effectiveness of exercise referral schemes. This looked at the decision problem, the key model assumptions, and the revised base case assumptions. The PHAC were invited to ask questions in regard to the presentation. A number of issues were discussed including: <ul style="list-style-type: none"> • the effectiveness for the sub group analysis • Economic evaluation - differences in cost per QALY in different studies which are mainly due to lack of intermediate and long-term evidence around adherence • uptake of exercise referral scheme leading to health benefits. 	
5. Developing research recommendations	The Chair asked the PHAC to suggest what research would be most useful to aid a future NICE committee in developing guidance on this topic and to focus on the areas of the greatest uncertainty.	
6. Presentation from Hugo Crombie NICE	Hugo Crombie (HC) gave a presentation of previous NICE recommendations. This included PH44- recommendation 2 and PH41- 3 relevant recommendations 6,7,10.	
7. Developing recommendations	The PHAC discussed how the draft recommendations should be developed and discussed the associated considerations and links to other relevant NICE guidance.	
8. Summary of the day and next steps	The Chair summarised the main decisions and actions agreed. Simon Ellis outlined the next steps:	

	<ul style="list-style-type: none"> • Recommendations/ considerations / research recommendations to be drafted and edited • The full draft guidance to be circulated for PHAC comment • The NICE team to meet with the Chair to agree changes • The draft guidance to be released for consultation and fieldwork 	
9 AOB	<p>Any Other Business</p> <ul style="list-style-type: none"> • It was noted that the next meeting of the core committee members is 26th February. The next (and final) meeting on <u>Exercise referral schemes</u> is 23rd May 2014. • PHAC members were reminded that NICE will only process expenses that are submitted within 3 months of the date incurred. 	
10. Close of meeting	The meeting closed at 4.10pm	