

Quality Standards Advisory Committee 1

Mental wellbeing and independence for older people – post-consultation meeting

Minutes of the meeting held on Thursday 1 September 2016 at the NICE offices in Manchester

Attendees	<p><u>Standing Quality Standards Advisory Committee (QSAC) members</u> Bee Wee (Chair), Helen Bromley, Jane Worsley, Ian Manifold, Gita Bhutani, Phillip Dick, Gavin Maxwell, Amanda De La Motte, Hazel Trender Ivan Bennett, Ian Reekie, Sunil Gupta</p> <p><u>Specialist committee members</u> Angela Murphy, Anna Goodman, Carolyn Chew-Graham, Paul Cooper, Carolyn Arscott</p> <p><u>NICE staff</u> Nick Baillie (NB), Stephanie Birtles (SB), Shaun Rowark (SR), Christina Barnes (CB)</p> <p><u>NICE observers</u> Theophile Rotrou, Jessica Fielding, Helen Vahramian</p>
Apologies	<p><u>Standing Quality Standards Advisory Committee (QSAC) members</u> Arnold Zermansky, Phyllis Dunn, Alyson Whitmarsh, Hugo Van Woerden, Teresa Middleton, Steve Hajioff, Peter Jenks</p> <p><u>Specialist committee members</u> None to report.</p>

Agenda item	Discussions and decisions	Actions
1. Welcome, introductions and plan for the day	The Chair welcomed the attendees and the Quality Standards Advisory Committee (QSAC) members introduced themselves.	

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(private session)	The Chair informed the Committee of the apologies and reviewed the agenda for the day.	
2. Welcome and code of conduct for members of the public attending the meeting (public session)	The Chair welcomed the public observers and reminded them of the code of conduct that they were required to follow. It was stressed that they were not able to contribute to the meeting but were there to observe only. They were also reminded that the Committee is independent and advisory therefore the discussions and decisions made today may change following final validation by NICE's guidance executive.	
3. Committee business (public session)	<p>Declarations of interest The Chair asked standing QSAC members to declare any interests that were either in addition to their previously submitted declaration or specific to the topic(s) under consideration at the meeting today. The Chair asked the specialist committee members to declare all interests. The following interests were declared:</p> <p><u>Standing committee members</u></p> <ul style="list-style-type: none"> • Bee declared she had carried out an independent review of a grant application for Oak Foundation. <p><u>Specialist committee members</u></p> <ul style="list-style-type: none"> • Gavin Maxwell declared that he was part of the targeted age population in which the Mental wellbeing and independence for older people was aimed at and that he has a number of friends who would find the quality standard relevant. <p>Minutes from the last meeting The Committee reviewed the minutes of the last meeting held on Thursday 7 July 2016 and confirmed them as an accurate record.</p>	
4. QSAC updates	<p>Future plans 2017/18 work programme NB advised the standing committee members of the circulation of an email detailing the future plans for the quality standards team for 2017/18 work programme and the intentions of the quality standards advisory committee.</p> <p>Accreditation programme NB informed all the committee that the NICE accreditation programme will be closing to new applicant organisations. He advised that in the development of NICE quality standard only accredited guidance can</p>	

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	<p>be used to support it. He confirmed that all organisations that have been accredited will continue to be accredited with regular light touch reviews.</p>	
<p>5.1 Recap of prioritisation exercise</p>	<p>SR presented a recap of the areas for quality improvement discussed at the first QSAC meeting for Mental wellbeing and independence for older people:</p> <p>At the first QSAC meeting on 7 April 2016 the QSAC agreed that the following areas for quality improvement should be progressed for further consideration by the NICE team for potential inclusion in the draft quality standard:</p> <ul style="list-style-type: none"> • Identifying those most at risk of a decline in their independence and mental wellbeing • Physical activity • Getting older people involved in activities to increase social participation <p>The full rationale for these decisions is available in the prioritisation meeting minutes which can be found here: https://www.nice.org.uk/Media/Default/Get-involved/Meetings-In-Public/Quality-Standards-Advisory-Committee/QSAC1/qsac-1-minutes-7-Apr-16.pdf</p>	
<p>5.2 and 5.3 Presentation and discussion of stakeholder feedback and key themes/issues raised</p>	<p>SR presented the Committee with a report summarising consultation comments received on Mental wellbeing and independence for older people. The Committee was reminded that this document provided a high level summary of the consultation comments, prepared by the NICE quality standards team, and was intended to provide an initial basis for discussion. The Committee was therefore reminded to also refer to the full list of consultation comments provided throughout the meeting.</p> <p>The Committee was informed that comments which may result in changes to the quality standard had been highlighted in the summary report. Those comments which suggested changes which were outside of the process, were not included in the summary but had been included within the full list of comments, which was within the appendix. These included the following types of comment:</p> <ul style="list-style-type: none"> • Relating to source guidance recommendations • Suggestions for non-accredited source guidance • Request to broaden statements out of scope • Inclusion of overarching thresholds or targets • Requests to include large volumes of supporting information, provision of detailed implementation advice • General comments on role and purpose of quality standards 	

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	<ul style="list-style-type: none"> • Requests to change NICE templates 	
5.4 Discussion and agreement of final statements	<p>The Committee discussed each statement in turn and agreed upon a revised set. These statements are not final and may change as a result of the editorial and validation processes.</p>	
	<p>Draft Quality Statement 1: Local authorities have coordinators to help identify and support older people who are most at risk of a decline in their independence and mental wellbeing.</p> <p>The committee discussed feedback from stakeholders regarding responsibilities for the statement. It was suggested that local authorities should not be as the responsible organisation as coordinators may not be directly employed by the local authorities, though they may need to ensure that these coordinators are in place. It was felt that the statement needed to be wider to include clinical commissioning groups and other commissioners of services.</p> <p>The committee discussed whether the voluntary sector should be included as they have a provider role within this standard and could better understand the local population needs and requirements, but it was agreed that these were likely to be providers rather than commissioners</p> <p>A committee member stated that in line with the Care Act local authorities have a statutory requirement to promote wellbeing. The committee agreed that this statement could help local authorities meet their statutory responsibilities.</p> <p>The committee discussed at length the wording of the statement with a number of proposals. The committee requested that 'premature aging' be removed from the definition but that the definition of coordinator be more clearly defined to include what functions would be expected. The committee agreed that this statement needed to remain structural in order to maintain measurability and focus.</p>	<p>NICE team to progress the statement</p>
<p>Draft Quality Statement 2: Local authorities support and publicise tailored, community based physical activity programmes for older people.</p> <p>The committee discussed consultation comments in relation to the duties of local authorities. A committee member advised that local authorities should already have a directory of services as this is a statutory requirement so suggested that the statement may be already be met in some areas in relation to the broader population of older people.</p>	<p>NICE team to progress the statement</p>	

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	<p>The committee discussed in detail the target population of this statement. It was agreed that it was unrealistic to offer this statement to all those over the age of 65. To enable a focus the list of suggested people gathered at consultation was compared with the list of people most at risk in NG 32 recommendation 1.5.3. Overlaps between populations highlighted some groups which the committee suggested could be the focus of the statement; namely those over the age of 80, who are elderly and carers, and those who are at risk of being isolated due to physical impairment, and older people who live alone. It was agreed that the statement should focus on older people with more than 1 of these risk factors. A number of other key risk factors were also included.</p> <p>The committee discussed the range of activities available and whether they assist with social isolation and agreed that a variety could help improve uptake as long as they were tailored for an elderly population.</p> <p>The committee discussed similar issues around services to those raised in statement 1. They agreed that all the statements should be consistent in terms of how services are commissioned and supported.</p>	
	<p>Draft Quality Statement 3: Local authorities support and publicise a range of activities for older people to build or maintain social participation.</p> <p>The committee discussed the role of the third sector in achieving these statements and agreed that volunteering opportunities may help to meet the statements.</p> <p>The committee agreed to use the same population as for statement 2, i.e. older people with more than one risk factor of the following list: those over the age of 80, who are elderly and carers, and those who are at risk of being isolated due to physical impairment, older people who live alone and the additional risk factors identified from NG32.</p> <p>The committee discussed similar issues around services to those raised in statement 1. They agreed that all the statements should be consistent in terms of how services are commissioned and supported.</p>	<p>NICE team to progress the statement</p>
	<p>Additional areas suggested by stakeholders</p>	

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	<p>The committee discussed the following additional areas that were suggested by stakeholders:</p> <ul style="list-style-type: none"> • Age friendly communities • Eye health • Social linking, singing, apprentice schemes, etc • Recording preferences of care <p>The committee discussed them in turn but agreed that none of the suggested areas should be progressed as a new statement either because the areas were felt to be covered by other quality standards referred or in development, not within the scope of this quality standard or because there were no source guidance recommendations.</p> <p>The committee suggested that volunteering should be included as an additional statement as this was important to the quality standard topic. SR advised that this area was not considered as a standard alone statement as it was not suggested by stakeholders as area that needed improvement during topic engagement or consultation. After discussion it was agreed that volunteering could be included into statement 3 as an example and detailed more explicitly within the definition. The committee agreed that volunteering was a key mobiliser as part of social participation but should not be a stand alone statement.</p>	
5.5 Resource Impact	The committee discussed the resource impact of this standard and identified that provision of social and physical activity would be key as commissioner's priorities maybe different and it would be important for this to be aligned.	
6. Overarching outcomes	The NICE team explained that the quality standard would describe overarching outcomes that could be improved by implementing a quality standard on Mental wellbeing and independence for older people. The committee agreed to contribute suggestions as the quality standard was developed.	
7. Equality and diversity	The NICE team explained that equality and diversity considerations should inform the development of the quality standard, and asked the committee to consider any relevant issues. It was agreed that the committee would contribute suggestions as the quality standard was developed.	
8. Next steps and timescales (part 1 – open session)	The NICE team outlined what will happen following the meeting and key dates for the Mental wellbeing and independence for older people quality standard.	
10. Any other	The following items of AOB were raised:	

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<p>business (part 2 – Private session)</p>	<ul style="list-style-type: none"> • No additional business was raised <p>The Chair thanked the specialist committee members for their input into the development of this quality standard,</p> <p>Date of next QSAC 1 meeting: Thursday 6 October 2016</p>	