

# NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

## QUALITY STANDARD TOPIC OVERVIEW

### 1 Quality standard title

Mental health problems in people with learning disabilities

### 2 Introduction

#### 2.1 *NICE quality standards*

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or [accredited](#) by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

#### 2.2 *This topic overview*

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards,

published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation programme](#).

### **3 This quality standard**

This quality standard is expected to publish in January 2017.

#### **3.1 Population and topic to be covered**

This quality standard will cover the prevention, assessment and management of mental health problems in people with learning disabilities in health, social care, educational, forensic and criminal justice settings. It will also cover family members, carers and care workers.

#### **3.2 Key development sources (NICE and NICE-accredited sources)**

##### **Primary source**

- [Mental health problems and learning disabilities](#) (2016) NICE guideline XX (in development).

##### **Other sources that may be used**

- [Challenging behaviour and learning disabilities: prevention and interventions for people with learning disabilities whose behaviour challenges](#) (2015) NICE guideline NG11
- [Autism in under 19s: support and management](#) (2013) NICE guideline CG170
- [Autism in adults: diagnosis and management](#) (2012) NICE guideline CG142
- [Service user experience in adult mental health: improving the experience of care for people using adult NHS mental health services](#) (2011) NICE guideline CG136
- [Self-harm: longer-term management](#) (2011) NICE guideline CG133

NICE quality standard: Mental health problems in people with learning disabilities overview (March 2016)

- [Autism in under 19s: recognition, referral and diagnosis](#) (2011) NICE guideline CG128
- [Self-harm: short-term management](#) (2004) NICE guideline CG16

### **Key policy documents, reports and national audits**

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- ACEVO (2016) [Time for Change -The Challenge Ahead](#)
- Department of Health (2015) [Deprivation of Liberty Safeguards forms and guidance](#)
- Care Quality Commission (2015) [Monitoring the use of the Mental Capacity Act deprivation of liberty safeguards in 2014/15](#)
- Department of Health (2015) [Improving mental health services for young people](#)
- Department of Health (2015) [Mental Health Act 1983: Code of practice](#)
- NHS England (2015) [Building the right support: a national plan to develop community services and close inpatient facilities for people with a learning disability and/or autism who display behaviour that challenges, including those with a mental health condition](#)
- NHS England (2015) [Care and treatment review: policy and guidance](#)
- NHS England (2015) [The five year forward view mental health taskforce: public engagement findings](#)
- NHS England (2015) [Transforming care for people with learning disabilities - next steps](#)
- Public Health England (2015) [Public mental health leadership and workforce development framework](#)
- Scottish Commission for Learning Disability (2015) [Values into practice: a framework for local area coordination in Scotland](#)
- Scottish Government (2015) [The Keys to life: improving quality of life for people with learning disabilities: Implementation framework and priorities 2015-2017](#)

- Royal College of Psychiatrists (2015) [Community-based services for people with intellectual disability and mental health problems: faculty report ID/06](#)
- Health and Social care Information Centre (2015) [Learning disability census report](#)
- National Audit Office (2015) [Care services for people with learning disabilities and challenging behaviour](#)
- Care Quality Commission (2015) [Monitoring the Mental Health Act in 2014/15](#)
- Department for Education (2014) [Special educational needs and disability code of practice: 0 to 25 years](#)
- Department of Health (2014) [Progress on improving nursing for people with learning disabilities](#)
- Department of Health (2014) [Progress on premature deaths of people with learning disabilities](#)
- NHS England (2014) [Choice in mental health care: guidance on implementing patients' legal rights to choose the provider and team for their mental health care](#)
- Royal College of Psychiatrists (2014) [Report on the national audit of learning disabilities feasibility study \(NALD-FS\)](#)
- Centre for Mental Health (2014) [The Bradley Report five years on: an independent review of progress to date and priorities for further development](#)
- Criminal Justice Joint Inspection (2014) [A joint inspection of the treatment of offenders with learning disabilities within the criminal justice system - phase 1 from arrest to sentence](#)
- Foundation for People with Learning Disabilities (2014) [Feeling down: improving the mental health of people with learning disabilities](#)
- Local Government Association (2014) [Ensuring quality services: core principles for the commissioning of services for children, young people, adults and older people with learning disabilities and/or autism who display or are at risk of displaying behaviour that challenges](#)

- Department of Health (2013) [Winterbourne View: transforming care one year on](#)
- Joint Commissioning Panel for Mental Health (2013) [Guidance for commissioners of mental health services for people with learning disabilities](#)
- Royal College of Psychiatrists (2013) [People with learning disability and mental health, behavioural or forensic problems: the role of in-patient services: faculty report ID/03](#)
- Foundation for People with Learning Disabilities (2012) [Reaching out to people with learning disabilities and their families from black and minority ethnic communities: Guidance for practitioners from social care and health services in developing culturally competent practice](#)
- National Development Team for Inclusion (2012) [Reasonably adjusted? Mental health services and support for people with autism and people with learning disabilities](#)
- Royal College of Psychiatrists (2012) [Enabling people with mild intellectual disability and mental health problems to access healthcare services](#)
- Care Quality Commission (2012) [Review of learning disability services](#)
- Department of Health (2012) [Transforming Care: a national response to Winterbourne View hospital](#)

### **3.3 Related NICE quality standards**

#### **Published**

- [Learning disabilities: challenging behaviour](#) (2015) NICE quality standard 101
- [Patient experience in adult NHS services](#) (2012) NICE quality standard 15
- [Service user experience in adult mental health](#) (2011) NICE quality standard 14

#### **In development**

- [Transition from children's to adults' services](#) Publication expected December 2016

## Future quality standards

This quality standard will be developed in the context of all quality standards referred to NICE, including the following quality standards scheduled for future development:

- Care and support of older people with learning disabilities
- Service model for people with learning disabilities and challenging behaviour

The full list of quality standard topics referred to NICE is available from the [quality standard topic library](#) on the NICE website.

## 4 Existing indicators

### Indicators from the NICE menu for the QOF

- [The contractor establishes and maintains a register of patients with learning disabilities](#) (2013) NICE indicator NM73
- [Percentage of patients on the Learning Disability register with Down's Syndrome aged 18 and over who have a record of blood TSH in the previous 15 months \(excluding those who are on the thyroid disease register\)](#) (2010) NICE indicator NM04

## 5 Further information

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).