

Pancreatic cancer

Quality standard

Published: 20 December 2018

www.nice.org.uk/guidance/qs177

Contents

Quality statements	4
Quality statement 1: Specialist pancreatic cancer multidisciplinary teams.....	5
Quality statement.....	5
Rationale	5
Quality measures.....	5
What the quality statement means for different audiences.....	6
Source guidance.....	7
Definitions of terms used in this quality statement	7
Quality statement 2: Staging using FDG-PET/CT.....	8
Quality statement.....	8
Rationale	8
Quality measures.....	8
What the quality statement means for different audiences.....	9
Source guidance.....	10
Definitions of terms used in this quality statement	10
Quality statement 3: Resectional surgery	11
Quality statement.....	11
Rationale	11
Quality measures.....	11
What the quality statement means for different audiences.....	12
Source guidance.....	13
Definitions of terms used in this quality statement	13
Quality statement 4: Pancreatic enzyme replacement therapy	14
Quality statement.....	14
Rationale	14
Quality measures.....	14
What the quality statement means for different audiences.....	15

Source guidance.....	16
Equality and diversity considerations	16
Quality statement 5 (placeholder): Effective interventions to address psychological needs	17
What is a placeholder statement?	17
Rationale	17
About this quality standard	18
Improving outcomes	19
Resource impact.....	19
Diversity, equality and language.....	19

This standard is based on NG85.

This standard should be read in conjunction with QS15, QS124 and QS13.

Quality statements

Statement 1 Adults with suspected pancreatic cancer have their diagnosis and care agreed by a specialist pancreatic cancer multidisciplinary team (MDT).

Statement 2 Adults with localised pancreatic cancer on CT have staging using fluorodeoxyglucose positron emission tomography/CT (FDG-PET/CT) before they have surgery, radiotherapy or systemic therapy.

Statement 3 Adults with resectable pancreatic cancer and obstructive jaundice have resectional surgery rather than preoperative biliary drainage unless the drainage is specifically indicated.

Statement 4 Adults with unresectable pancreatic cancer are prescribed enteric-coated pancreatin.

Statement 5 (placeholder) Effective interventions to address psychological needs.

NICE has developed guidance and a quality standard on patient experience in adult NHS services (see the [NICE Pathway on patient experience in adult NHS services](#)), which should be considered alongside these quality statements.

Other quality standards that should be considered when commissioning or providing pancreatic cancer services include the [NICE quality standards on suspected cancer and end of life care for adults](#).

A full list of NICE quality standards is available from the [quality standards topic library](#).

Quality statement 1: Specialist pancreatic cancer multidisciplinary teams

Quality statement

Adults with suspected pancreatic cancer have their diagnosis and care agreed by a specialist pancreatic cancer multidisciplinary team (MDT).

Rationale

Early input from a specialist pancreatic cancer MDT can minimise delays to diagnosis, optimise staging strategy and ensure that all management options are considered. A specialist MDT can also provide specific expertise, including knowledge of novel treatments and ongoing clinical trials, which may not be available within a local MDT. The care agreed by specialist pancreatic cancer MDTs should be delivered in partnership with local MDTs. This should ensure that people with pancreatic cancer have access to support for a broad range of needs associated with pancreatic cancer such as nutrition, pain management, and coping with anxiety and depression.

Quality measures

Structure

a) Evidence of specialist pancreatic cancer MDTs in the area.

Data source: Local data collection, for example service protocols, or local or regional network arrangements.

b) Evidence of clear care pathways between local cancer units and specialist pancreatic cancer MDTs.

Data source: Local data collection, for example local or regional network arrangements, documented local referral policies or agreed patient pathways.

Process

Proportion of adults with suspected pancreatic cancer who have their diagnosis and care agreed by a specialist pancreatic cancer MDT.

Numerator – the number in the denominator who have their diagnosis and care agreed by a specialist pancreatic cancer MDT.

Denominator – the number of adults with suspected pancreatic cancer.

Data source: Local data collection, for example patient records or local cancer unit reports.

Outcome

a) Proportion of adults with a pancreatic cancer diagnosis confirmed by a specialist pancreatic cancer MDT.

Data source: [National Cancer Registration and Analysis Service](#).

b) Proportion of adults with pancreatic cancer receiving pancreatic cancer treatment.

Data source: [National Cancer Registration and Analysis Service](#).

c) Proportion of adults with pancreatic cancer who agree they were given enough care and support from healthcare services.

Data source: Local data collection, for example surveys carried out with people with pancreatic cancer or their families.

What the quality statement means for different audiences

Service providers (local cancer networks, secondary care services, community imaging services and specialist cancer centres) ensure that pathways and systems are in place for specialist pancreatic cancer MDTs to review all cases of suspected pancreatic cancer. They also ensure that care agreed by the specialist pancreatic cancer MDTs is delivered in

partnership with local MDTs, and that people have access to support for a broad range of needs associated with pancreatic cancer such as nutrition, pain management and coping with anxiety and depression.

Healthcare professionals (such as members of the local cancer network, clinical oncologists and radiologists) are aware of local pathways for pancreatic cancer and work in partnership with specialist pancreatic cancer MDTs to ensure accurate diagnosis. They also work with the specialist pancreatic cancer MDTs to plan treatment and provide care and support to meet a broad range of needs associated with pancreatic cancer such as nutrition, pain management and coping with anxiety and depression.

Commissioners (NHS England and clinical commissioning groups) ensure that they commission standardised pancreatic cancer care in which adults with suspected pancreatic cancer have their diagnosis and care agreed by a specialist pancreatic cancer MDT.

Adults who may have pancreatic cancer have their condition reviewed by a team of specialists called a pancreatic cancer multidisciplinary team. This team has special expertise in diagnosing and treating pancreatic cancer. They can also make sure that adults who are diagnosed with pancreatic cancer get pain relief, help with nutrition, and advice on where to find support for other problems such as anxiety or depression.

Source guidance

[Pancreatic cancer in adults: diagnosis and management. NICE guideline NG85 \(2018\), recommendation 1.2.1](#)

Definitions of terms used in this quality statement

Suspected pancreatic cancer

Pancreatic cancer is suspected based on findings from a standard CT and/or a pancreatic protocol CT. Pancreatic cysts with high-risk features of pancreatic cancer are included.

[Expert opinion]

Quality statement 2: Staging using FDG-PET/CT

Quality statement

Adults with localised pancreatic cancer on CT have staging using fluorodeoxyglucose positron emission tomography/CT (FDG-PET/CT) before they have surgery, radiotherapy or systemic therapy.

Rationale

Undergoing cancer treatment when the pancreatic cancer has already spread can reduce the person's quality of life without increasing their life expectancy. FDG-PET/CT adds information to CT imaging and allows for more accurate staging, particularly with respect to detecting metastatic disease. Confirmation of localised disease ensures that treatment continues as planned, but if the cancer has spread, the treatment can be reviewed based on the new information. This can prevent ineffective surgeries or unnecessary radical local treatments.

Quality measures

Structure

Evidence of local arrangements to ensure that FDG-PET/CT is used for staging in adults with localised pancreatic cancer on CT before they have surgery, radiotherapy or systemic therapy.

Data source: Local data collection, for example service protocols.

Process

Proportion of adults with localised pancreatic cancer on CT having surgery, radiotherapy or systemic therapy who had FDG-PET/CT before receiving cancer treatment.

Numerator – the number in the denominator who had FDG-PET/CT staging before receiving treatment.

Denominator – the number of adults with localised pancreatic cancer on CT who had surgery, radiotherapy or systemic therapy.

Data source: Local data collection, for example patient records.

Outcome

a) Proportion of adults with pancreatic cancer who have staging recorded at diagnosis.

Data source: National Cancer Registration and Analysis Service.

b) Proportion of adults with localised pancreatic cancer on CT who were found to have metastatic disease on FDG-PET/CT.

Data source: National Cancer Registration and Analysis Service.

What the quality statement means for different audiences

Service providers (specialist regional centres) have processes in place to ensure that adults with localised pancreatic cancer on CT who will be having cancer treatment (surgery, radiotherapy or systemic therapy) have staging using FDG-PET/CT before cancer treatment starts to verify that the disease has not spread.

Healthcare professionals (surgeons and oncologists) use FDG-PET/CT to ensure accurate staging in adults with localised pancreatic cancer on CT before they start cancer treatment (surgery, radiotherapy or systemic therapy).

Commissioners (NHS England and clinical commissioning groups) commission services in which adults with localised pancreatic cancer on CT who will be having cancer treatment (surgery, radiotherapy or systemic therapy) have FDG-PET/CT to ensure more accurate staging before cancer treatment starts.

Adults with localised pancreatic cancer have a special scan called an FDG-PET/CT scan.

This scan gives doctors information that helps them decide the best treatment. It shows exactly where the cancer is, and how far advanced it is (the stage of the cancer).

Source guidance

Pancreatic cancer in adults: diagnosis and management. NICE guideline NG85 (2018), recommendation 1.3.2

Definitions of terms used in this quality statement

Localised pancreatic cancer

Cancer limited to the place where it started, that is, the pancreas, with no sign that it has spread to distant sites. [Expert opinion]

Quality statement 3: Resectional surgery

Quality statement

Adults with resectable pancreatic cancer and obstructive jaundice have resectional surgery rather than preoperative biliary drainage unless the drainage is specifically indicated.

Rationale

Prompt resectional surgery has the potential to increase positive outcomes for adults with resectable pancreatic cancer. For those who are well enough for resectional surgery and not enrolled in a clinical trial that requires biliary drainage, performing preoperative biliary drainage can delay surgery, increase complications and hospitalisations, and raise the risk of pre-surgery pancreatitis compared with surgery alone. Carrying out the resection without performing biliary drainage also reduces costs.

Quality measures

Structure

Evidence of local care protocols, which ensure that adults with resectable pancreatic cancer and obstructive jaundice have resectional surgery without preoperative biliary drainage unless the drainage is specifically indicated.

Data source: Local data collection, for example service protocols, regional network arrangements, documented local referral policies or agreed patient pathways.

Process

Proportion of adults with resectable pancreatic cancer and obstructive jaundice with no indication for preoperative biliary drainage who had resectional surgery without the drainage.

Numerator – the number in the denominator who had resectional surgery without preoperative biliary drainage.

Denominator – the number of adults with resectable pancreatic cancer and obstructive jaundice with no indication for preoperative biliary drainage.

Data source: Local data collection, for example patient records.

Outcome

a) Time to resectional surgery for adults with resectable pancreatic cancer and obstructive jaundice.

Data source: [NHS England's cancer waiting times](#).

b) Disease-free survival in adults with resectable pancreatic cancer and obstructive jaundice who had resectable surgery without preoperative biliary drainage.

Data source: Local data collection, for example patient records.

c) Overall survival in adults with resectable pancreatic cancer.

Data source: Local data collection, for example patient records.

d) Health-related quality of life in adults with pancreatic cancer.

Data source: Local data collection, for example surveys carried out with people with pancreatic cancer or their families.

What the quality statement means for different audiences

Service providers (secondary and tertiary services and specialist regional centres) ensure that systems are in place for adults with resectable pancreatic cancer to have resectional surgery as soon as possible. This includes ensuring that adults with resectable pancreatic cancer and obstructive jaundice have resectional surgery rather than preoperative biliary drainage if they are well enough for surgery and if they are not enrolled in a clinical trial

that requires preoperative biliary drainage.

Healthcare professionals (such as gastroenterologists, surgeons and interventional radiologists) are aware of the local pathways for pancreatic cancer and understand that adults with resectable pancreatic cancer should have resectional surgery as soon as possible. They ensure that all adults with resectable pancreatic cancer and obstructive jaundice have resectional surgery without unnecessary delays such as performing preoperative biliary drainage, if they are well enough for surgery and are not enrolled in a clinical trial that requires preoperative biliary drainage.

Commissioners (NHS England and clinical commissioning groups) ensure that they commission services that carry out resectional surgery in adults who have resectable pancreatic cancer without unnecessary delays. They ensure that preoperative biliary drainage is not carried out unnecessarily in adults with resectable pancreatic cancer and obstructive jaundice who are well enough for surgery and are not enrolled in a clinical trial that requires this procedure.

Adults with pancreatic cancer and jaundice who are well enough to have an operation to remove their tumour can have the operation without needing to have their jaundice treated first, unless they are in a clinical trial that requires the jaundice to be treated.

Source guidance

Pancreatic cancer in adults: diagnosis and management. NICE guideline NG85 (2018), recommendation 1.7.1

Definitions of terms used in this quality statement

Specific indications for biliary drainage in adults with resectable pancreatic cancer and obstructive jaundice

- Not being well enough for resectional surgery.
- Being enrolled in a clinical trial that requires preoperative biliary drainage.

[NICE's guideline on pancreatic cancer in adults, recommendation 1.7.1]

Quality statement 4: Pancreatic enzyme replacement therapy

Quality statement

Adults with unresectable pancreatic cancer are prescribed enteric-coated pancreatin.

Rationale

Pancreatic cancer inhibits the ability of the pancreas to deliver pancreatic enzymes, which assist digestion and absorption of fat, carbohydrates and proteins. Enteric-coated pancreatin can improve the nutritional status and wellbeing of people with pancreatic cancer and, as a result, their ability to tolerate treatment.

Quality measures

Structure

a) Evidence of local arrangements to ensure that adults with unresectable pancreatic cancer are prescribed enteric-coated pancreatin.

Data source: Local data collection, for example service specification or local protocols.

b) Evidence of local arrangements to ensure that adults with unresectable pancreatic cancer prescribed enteric-coated pancreatin receive advice on how to take it.

Data source: Local data collection, for example service specification or local protocols.

Process

Proportion of adults with unresectable pancreatic cancer prescribed enteric-coated pancreatin.

Numerator – the number in the denominator prescribed enteric-coated pancreatin.

Denominator – the number of adults with unresectable pancreatic cancer.

Data source: Local data collection, for example patient records.

Outcome

a) Malnutrition Universal Screening Tool (MUST) score in adults with unresectable pancreatic cancer.

Data source: Local data collection, for example patient records.

b) Health-related quality of life in people with pancreatic cancer.

Data source: National cancer patient experience survey.

What the quality statement means for different audiences

Service providers (secondary and tertiary services, dietetics services and specialist regional centres) ensure that adults with unresectable pancreatic cancer are prescribed enteric-coated pancreatin and given advice on how to use it effectively.

Healthcare professionals (such as GPs, dieticians, pancreatic cancer nurse specialists and members of the local cancer network) prescribe enteric-coated pancreatin to adults with unresectable pancreatic cancer and explain how to use it effectively.

Commissioners (clinical commissioning groups) ensure that they commission services in which adults with unresectable pancreatic cancer are prescribed enteric-coated pancreatin and given advice on how to use it effectively.

Adults with pancreatic cancer that cannot be treated with surgery are given a medicine called pancreatin, which makes it easier to digest food and absorb nutrients. They are given information about how to take the pancreatin tablets to make sure they work as well as possible. Pancreatin can help them to keep their weight stable, feel better, have more energy for normal daily activities and cope with their cancer treatment.

Source guidance

Pancreatic cancer in adults: diagnosis and management. NICE guideline NG85 (2018), recommendation 1.6.1

Equality and diversity considerations

Currently, pancreatic enzyme supplements are made from pork products that may be unacceptable for some people because of their religion or beliefs. People with pancreatic cancer need to be made aware of the ingredients to make an informed decision.

Quality statement 5 (placeholder): Effective interventions to address psychological needs

What is a placeholder statement?

A placeholder statement is an area of care that has been prioritised by the quality standards advisory committee but for which no source guidance is currently available. A placeholder statement indicates the need for evidence-based guidance to be developed in this area.

Rationale

People and their families or carers are often left devastated by a diagnosis of cancer, particularly when they learn that the treatment options are limited and the prognosis is poor. As a result, they often have significant needs for psychological support to help them and their families cope with the diagnosis of a life-limiting disease.

Cancer and cancer treatment can also leave people feeling very unwell. They may experience a range of symptoms that can reduce their quality of life and ability to take part in normal daily activities. Symptoms of pancreatic cancer can include pain, anxiety, depression, fatigue, bowel or digestive problems, loss of appetite, weight loss, itchiness and nausea. People with pancreatic cancer and their families and carers need timely access to information and psychological support to help them cope with these symptoms and side effects, and maintain as good a quality of life as possible for as long as possible.

About this quality standard

NICE quality standards describe high-priority areas for quality improvement in a defined care or service area. Each standard consists of a prioritised set of specific, concise and measurable statements. NICE quality standards draw on existing NICE or NICE-accredited guidance that provides an underpinning, comprehensive set of recommendations, and are designed to support the measurement of improvement.

Expected levels of achievement for quality measures are not specified. Quality standards are intended to drive up the quality of care, and so achievement levels of 100% should be aspired to (or 0% if the quality statement states that something should not be done). However, this may not always be appropriate in practice. Taking account of safety, shared decision-making, choice and professional judgement, desired levels of achievement should be defined locally.

Information about [how NICE quality standards are developed](#) is available from the NICE website.

See [our webpage on quality standard advisory committees](#) for details of standing committee 3 members who advised on this quality standard. Information about the topic experts invited to join the standing members is available on the [webpage for this quality standard](#).

This quality standard has been included in the [NICE Pathway on pancreatic cancer](#), which brings together everything we have said on a topic in an interactive flowchart.

NICE has produced a [quality standard service improvement template](#) to help providers make an initial assessment of their service compared with a selection of quality statements. This tool is updated monthly to include new quality standards.

NICE produces guidance, standards and information on commissioning and providing high-quality healthcare, social care, and public health services. We have agreements to provide certain NICE services to Wales, Scotland and Northern Ireland. Decisions on how NICE guidance and other products apply in those countries are made by ministers in the Welsh government, Scottish government, and Northern Ireland Executive. NICE guidance or other products may include references to organisations or people responsible for commissioning or providing care that may be relevant only to England.

Improving outcomes

This quality standard is expected to contribute to improvements in the following outcomes:

- cancer staging
- pancreatic cancer survival rate
- pancreatic cancer mortality rate
- nutritional status of adults with pancreatic cancer
- health-related quality of life
- patient satisfaction with cancer care.

It is also expected to support delivery of the Department of Health and Social Care outcome frameworks:

- [NHS outcomes framework](#)
- [Public health outcomes framework for England](#)
- [Quality framework for public health.](#)

Resource impact

NICE quality standards should be achievable by local services. The potential resource impact is considered by the quality standards advisory committee, drawing on resource impact work for the source guidance. Organisations are encouraged to use the [resource impact statement and baseline assessment tool for the NICE guideline on pancreatic cancer in adults](#) to help estimate local costs.

Diversity, equality and language

During the development of this quality standard, equality issues were considered and [equality assessments for this quality standard](#) are available. Any specific issues identified during development of the quality statements are highlighted in each statement.

Commissioners and providers should aim to achieve the quality standard in their local

context, in light of their duties to have due regard to the need to eliminate unlawful discrimination, advance equality of opportunity and foster good relations. Nothing in this quality standard should be interpreted in a way that would be inconsistent with compliance with those duties.

ISBN: 978-1-4731-3210-8

Endorsing organisation

This quality standard has been endorsed by NHS England, as required by the Health and Social Care Act (2012)

Supporting organisations

Many organisations share NICE's commitment to quality improvement using evidence-based guidance. The following supporting organisations have recognised the benefit of the quality standard in improving care for patients, carers, service users and members of the public. They have agreed to work with NICE to ensure that those commissioning or providing services are made aware of and encouraged to use the quality standard.

- [Royal College of Physicians \(RCP\)](#)
- [Pancreatic Cancer UK](#)
- [British Society of Gastrointestinal and Abdominal Radiology](#)
- [Royal College of Pathologists](#)