

Quality standards advisory committee 2 meeting

Date: 13 November 2018

Location: NICE office, Level 1a City Tower, Piccadilly Plaza, Manchester, M1 4TD

Morning session: Air pollution: outdoor air quality and health – review of stakeholder feedback

Afternoon session: School based interventions – review of stakeholder feedback

Minutes: Final

Attendees

Quality standards advisory committee 2 standing members:

Gillian Baird (vice-chair), James Crick, Jean Gaffin, Steven Hajioff, Corinne Moccarme, Jane Putsey, Mark Temple, Jim Thomas.

Specialist committee members:

Morning session – Air pollution: outdoor air quality and health:
Stewart Brock, Karen Exley, Ivan Le Fevre, Robert Tyler.

Afternoon session - School based interventions:
Dawn Allen, Harry Biggs-Davison, David Bishop, Mair Elliot, Susan Jones, Alastair Pearson.

NICE staff

Mark Minchin (1-14), Nicola Greenway (1-8), Melanie Carr (1-8), Julie Kennedy(9-14), Eileen Taylor (9-14), Laura Worthington (1-14)

NICE observers

Maria van Hove, Rebecca Fletcher, Anthony Gildea

Apologies

Michael Rudolf (chair), Moyra Amess, Julie Clatworthy, Hannah Critten, Allison Duggal, Tessa Lewis, Michael Varrow, Samantha Heath (Air pollution), Nasima Patel (School based interventions)

<p>1. Welcome, introductions objectives of the meeting</p> <p>The Chair welcomed the attendees and the quality standards advisory committee (QSAC) members introduced themselves. The Chair informed the committee of the apologies and outlined the objectives of the meeting, which was to review stakeholder comments on the Air pollution: outdoor air quality and health quality standard.</p> <p>The Chair confirmed that the meeting was not quorate, therefore it was agreed that a summary of the committee decisions would be circulated to standing members that were not able to attend the meeting to ratify the decisions made at the meeting.</p> <p>The Chair confirmed that there were no public observers joining the morning session of the committee meeting.</p>
<p>2. Confirmation of matter under discussion and declarations of interest</p> <p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion in the morning session was Air pollution: outdoor air quality and health: specifically;</p> <ul style="list-style-type: none"> • Advice for people that are vulnerable to air pollution • Strategic plans • Planning applications • Reducing emissions from public sector vehicle fleets <p>The Chair asked standing QSAC members to declare verbally any interests that have arisen since the last meeting and all interests specifically related to the matters under discussion during the morning session. The Chair asked the specialist committee members to verbally declare all interests. Interests declared are detailed in appendix 1.</p>

3. Minutes from the last meeting	
The committee reviewed the minutes of the last QSAC 2 meeting held on 11 September 2018 and confirmed them as an accurate record.	
4. QSAC updates	
There were no updates from the NICE team.	
5.1 Recap of prioritisation meeting and discussion of stakeholder feedback	
MC provided a recap of the areas for quality improvement prioritised at the first QSAC meeting for potential inclusion in the Air pollution: outdoor air quality and health draft quality standard.	
MC summarised the significant themes from the stakeholder comments received on the Air pollution: outdoor air quality and health draft quality standard and referred the committee to the full set of stakeholder comments provided in the papers.	
5.2 Discussion and agreement of amendments required to quality standard	
<p>Draft statement 1:</p> <p>Advice for people that are vulnerable to air pollution</p> <p>People in vulnerable groups attending a health appointment when air pollution is high or very high are given advice on how to minimise their exposure and manage related symptoms</p>	<p>The committee agreed that as there was support for the statement from stakeholders it should be progressed for inclusion in the final quality standard, with the following amendments and issues to be explored by the NICE team:</p> <p>Revised statement 1: Children, young people and adults with chronic respiratory or cardiovascular conditions are given advice at routine health appointments on how to minimise their exposure to air pollution and manage any related symptoms.</p> <p>Due to concerns about the original wording of the statement it was agreed to revise the statement to focus on providing advice to people with chronic respiratory and cardiovascular conditions at routine health appointments to support self-management. It will be targeted at people whose symptoms are at risk of suddenly getting worse due to a spike in air pollution.</p> <p>The committee agreed it will be important to emphasise the need to ensure healthcare professionals are aware of information and advice about air pollution.</p> <p>The committee also discussed more general advice on reducing long term exposure to air pollution for people in other vulnerable groups such as pregnant women and children but agreed there is insufficient evidence to support a statement on when and how that advice should be given.</p> <p>ACTION: NICE to revise the statement wording to focus on people with chronic respiratory or cardiovascular conditions.</p>
<p>Draft statement 2</p> <p>Strategic plans</p> <p>Local authorities identify in the Local Plan and other key strategies how they will address air pollution, including enabling zero- and low-emission travel and how to design buildings and spaces to improve air quality</p>	<p>The committee agreed that as there was support for the statement from stakeholders it should be progressed for inclusion in the final quality standard, with the following amendments and issues to be explored by the NICE team:</p> <p>Revised statement 2: Local authorities identify in the Local Plan, local transport plan and other key strategies how they will address air pollution, including enabling zero- and low-emission travel, and how to develop buildings and spaces to reduce exposure to air pollution.</p> <p>The committee agreed to emphasise the local transport plan in the statement as this is a priority area for improvement. The committee discussed whether to specify active travel and zero- and low-emission vehicles separately within the statement but agreed to leave the wording as it is as it is clearly defined.</p>

	<p>The committee discussed whether to specify raising awareness of air pollution in the statement but agreed this was not needed as it should already be included in health and wellbeing strategies. It was agreed, however, that it will be helpful to highlight this in the audience descriptors. The committee stressed that commissioning and procurement plans and air quality action plans need to be mentioned in the definition of 'other key strategies'.</p> <p>It was agreed that it is important to include specific measures to ensure local authorities are actioning their strategies.</p> <p>ACTION: NICE to revise that statement wording and supporting measures as agreed.</p>
<p>Draft statement 3 Planning applications</p> <p>Local planning authorities assess proposals to minimise and mitigate road-traffic-related air pollution in planning applications for major developments</p>	<p>The committee agreed that as there was support for the statement from stakeholders it should be progressed for inclusion in the final quality standard, with the following amendments and issues to be explored by the NICE team:</p> <p>It was decided that there should be no major changes to the wording of the draft statement.</p> <p>It was agreed that the supporting information should emphasise the need for mitigation measures to be evidence-based.</p> <p>There was agreement to review the process measures to focus on positive achievements such as the modification or mitigation of plans.</p> <p>It was agreed that the definition of a 'major development' should be included.</p> <p>ACTION: NICE to revise the measures and supporting information as agreed.</p>
<p>Draft statement 4 Reducing emissions from public sector vehicle fleets</p> <p>Local authorities and NHS organisations identify how they will reduce emissions from their vehicle fleets to address air pollution</p>	<p>The committee agreed that as there was support for the statement from stakeholders it should be progressed for inclusion in the final quality standard, with the following amendments and issues to be explored by the NICE team:</p> <p>The committee asked NICE to explore widening the statement to all public sector organisations in line with the guideline.</p> <p>The committee were in agreement that the statement should emphasise the importance of the public sector being exemplars and leading the way in reducing emissions from vehicle fleets</p> <p>The committee asked NICE to explore if the statement can include the grey fleet.</p> <p>ACTION: NICE to clarify what vehicles are covered by the term 'fleet' and revise the supporting information as agreed</p>
<p>5.3 Additional quality improvement areas suggested by stakeholders at consultation</p>	
<p>The following areas were not progressed for inclusion for the following reasons:</p>	

- Improving monitoring and communication – this was discussed at the previous meeting but a statement could not be developed due to insufficient evidence.
- Improving public awareness and encouraging people to change the way they travel – the committee agreed that as there are no specific recommendations in the guideline on who or how to do this it cannot be included as a separate statement. It was agreed however to include some information on awareness raising in the supporting information for statement 2.
- Major employers, including LA's and NHS, to support active travel for staff and visitors – it was agreed that this area is already covered in QS84 and the QS on physical activity in the community that is currently being developed.
- Including air quality in Local Transport Plans – the committee agreed to emphasise local transport plans within statement 2.

6. Resource impact and overarching outcomes

The committee considered the resource impact of the quality standard and noted the following;

- Statement 1 will be cost-saving
- Statement 2 will generate some resource impact initially, however it could be cost saving long term.
- Statement 3 will generate some resource impact however this could potentially be offset by costs saved.
- Statement 4 will generate some resource impact associated with fleets, however the it will be dependent on local arrangements and fleet replacement policies.

The committee discussed the overarching outcomes and asked NICE to consider if they are all needed.

MC requested that the committee submit suggestions to the NICE team relating to the overarching outcomes of the quality standard when it is sent to them for review.

ACTION: NICE to review the overarching outcomes

7. Equality and diversity

MC provided an outline of the equality and diversity considerations included so far and requested that the committee submit suggestions when the updated quality standard is sent to them for review.

8. Close of morning session

The specialist committee members for the Air pollution: outdoor air quality and health quality standard left and the specialist committee members for the School based interventions: health promotion and mental well-being quality standard joined.

9. Welcome, introductions and objectives of the afternoon

The Chair welcomed the school based interventions specialist committee members and QSAC members introduced themselves. The Chair informed the committee of the apologies and outlined the objectives of the afternoon, which was to review stakeholder comments on the school based interventions quality standard.

The Chair confirmed that there were no public observers joining the morning session of the committee meeting.

10. Confirmation of matter under discussion and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion in the afternoon session was School based interventions: specifically;

- **Involving children and young people**
- **Working with parents and carers**
- **Daily physical activity**
- **Social and emotional skills**

- **Early intervention for children in primary education**

The Chair asked both standing specialist QSAC members to declare verbally all interests specifically related to the matters under discussion during the afternoon session. Interests declared are included in appendix 1.

11.1 Recap of prioritisation meeting and discussion of stakeholder feedback

ET provided a recap of the areas for quality improvement prioritised at the first QSAC meeting for potential inclusion in the school based interventions draft quality standard.

ET summarised the significant themes from the stakeholder comments received on the draft quality standard and referred the committee to the full set of stakeholder comments provided in the papers.

The committee supported the suggested amendments to the title of the quality standard. The title will change to ‘School based approaches: health promotion and physical and mental well-being’.

ACTION: NICE to look into including a definition of ‘social and emotional wellbeing’.

11.2 Discussion and agreement of amendments required to quality standard

**Draft statement 1:
Involving children and young people**

Children and young people in primary and secondary education have the opportunity to contribute to approaches to promoting social and emotional wellbeing.

The committee agreed that as there was support for the statement from stakeholders it should be progressed for inclusion in the final quality standard, with the following amendments and issues to be explored by the NICE team:

The committee wanted to reword the statement by including that children and young people will be ‘actively involved’. The inclusion of the term ‘coproduction’ was suggested however the committee concluded that ‘coproduction’ can be interpreted in different ways.

ACTION: NICE to revisit the statement wording and base it on the wording suggested by Public Health England (PHE) at consultation.

ACTION: NICE to amend the supporting information to include a whole-school approach and review the measures to include Office for Standards in Education, Children’s Services and Skills (Ofsted) common inspection frameworks.

**Draft statement 2
Working with parents and carers**

Primary and secondary education providers work in partnership with parents and carers to promote children and young people’s physical and mental wellbeing.

The committee agreed not to progress this statement for inclusion in the final quality standard because:

The committee wanted to focus on partnership working between parents and schools promoting pupil wellbeing, but the recommendations and evidence do not support this. This is a recommendation for research in PH12 on primary education.

The committee did not want to focus on parenting skills, which is the recommendation in PH12 on primary education.

The committee acknowledged the importance of parent involvement however it was agreed that this statement would be removed.

ACTION: NICE to remove this quality statement.

**Draft statement 3
Daily physical activity**

Children and young people in primary and secondary

The committee agreed that as there was support for the statement from stakeholders it should be progressed for inclusion in the final quality standard, with the following amendments and issues to be explored by the NICE team:

<p>education are provided with a range of opportunities for daily physical activity.</p>	<p>The committee agreed that this statement was the easiest one for schools to achieve.</p> <p>Ofsted do not measure daily physical activity, but their inspection framework can be included as a data source.</p> <p>It was agreed that the supporting information should note that there is a choice of activities to ensure no children and young people are excluded.</p> <p>ACTION: NICE to review definitions to include the Chief Medical Officer's guidance.</p> <p>ACTION: NICE to update the supporting information to include a choice of activities.</p>
<p>Draft statement 4 Social and emotional skills</p> <p>Children and young people in primary and secondary education are provided with activities that help develop their social and emotional skills.</p>	<p>The committee agreed that as there was support for the statement from stakeholders it should be progressed for inclusion in the final quality standard, with the following amendments and issues to be explored by the NICE team:</p> <p>The committee recognised that there is not currently a national measure of social and emotional welfare in schools, however the committee anticipate that there will be a measure of this in the future when the green paper becomes a white paper.</p> <p>The committee acknowledged stakeholder concerns with the measures for this statement and agreed they would be reviewed by the NICE team to see if they can be mapped to the Ofsted inspection framework to reduce the reporting and data collection burden on schools.</p> <p>ACTION: NICE to amend supporting information to make it clear that this should be implemented across the curriculum.</p> <p>ACTION: NICE to review the measures to reflect stakeholder comments.</p>
<p>Draft statement 5 Early intervention</p> <p>Children in primary education who are identified as showing early signs of anxiety, emotional distress or behavioural problems have tailored support.</p>	<p>The committee agreed that as there was support for the statement from stakeholders it should be progressed for inclusion in the final quality standard, with the following amendments and issues to be explored by the NICE team:</p> <p>The committee agreed that this statement should be focused on primary education to ensure children are supported early which may help to prevent health and social care issues later in life.</p> <p>The committee would have liked to include secondary schools in this statement too so that all school children can benefit from this provision however there are no recommendations on targeted interventions in PH20 on secondary schools.</p> <p>ACTION: NICE to explore adding a statement for tailored support for early signs of mental ill health support for secondary school pupils following stakeholder comments.</p> <p>ACTION: NICE to include in the definitions what is meant by 'support'.</p>
<p>11.3 Additional quality improvement areas suggested by stakeholders at consultation</p>	
<p>The following areas were not progressed for inclusion in the final quality standard as the committee agreed that they were not a priority in relation to the five quality improvement areas already included:</p> <ul style="list-style-type: none"> • Nutrition and diet, including provision for pupils having a range of opportunities to eat healthy food – this is addressed in part in the prevention of obesity quality standard. 	

<ul style="list-style-type: none"> • Training of the school workforce to support pupils' mental health and wellbeing – quality standards focus on actions that demonstrate high quality care or support, not the training that enables the actions to take place. • National implementation of the 4-5 year vision screen to identify children with impaired sight – national screening programmes are outside the remit of quality standards.
<p>12. Resource impact and overarching outcomes</p> <ul style="list-style-type: none"> • Are the statements in the final quality standard achievable by local services given the net resources required to deliver them? • Are there any resource impact issues we need to note in the final quality standard? • Can we describe any potential cost savings or opportunities for disinvestment?
<p>The committee considered the resource impact of the quality standard and concluded that these quality statements will require immense resource however this will be offset by reduction of use of health services.</p> <p>The committee confirmed the overarching outcomes are those presented in the draft quality standard.</p> <p>ET requested that the committee submit suggestions to the NICE team relating to the overarching outcomes of the quality standard when it is sent to them for review.</p>
<p>13. Equality and diversity</p> <p>ET provided an outline of the equality and diversity considerations included so far and requested that the committee submit suggestions when the quality standard is sent to them for review.</p>
<p>14. Any other business</p> <p>None.</p>
<p>Close of meeting</p>

Appendix 1: Declarations of interest

Table 1: Morning session | Air pollution: outdoor air quality and health

Name	Membership	Declaration
James Crick	Standing	Has been involved in air improvement strategy in Hull.
Steve Hajioff	Standing	MSD, RSV product – 21k fee received
		Director – Cult of the Rabbit Ltd
		Director of Public Health – London Borough of Hillingdon
		Chair – Post-Traumatic Stress Disorder – Clinical Guidelines
Robert Tyler	Specialist	Asthmatic, therefore suffers from poor air quality
		London Borough of Hackney won an award at the Air Quality Awards in 2017
Stewart Brock	Specialist	Summerset County Council have just completed consultation on draft improvement of air quality

Table 2: Afternoon session | School based interventions

Name	Membership	Declaration
Gillian Baird	Vice-Chair	Works with children with development disabilities, including mental health
James Crick	Standing	Board member at a school
Jean Gaffin	Standing	Family member has suffered with mental health problems
Steve Hajioff	Standing	Chairing equivalent guideline committee at NICE
Dawn Allen	Specialist	Family member has suffered with mental health problems
Mair Elliott	Specialist	Recently appointed as Mental Health Adviser at a college.