



# Endorsed resource - Living well through activity in care homes

Implementation support  
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[www.nice.org.uk](http://www.nice.org.uk)

[The Royal College of Occupational Therapists has produced a toolkit](#) that supports statements on participating in meaningful activity and personal identity in the [NICE quality standard on mental wellbeing of older people in care homes](#). In addition, it also supports the recommendations relating to occupational therapy interventions and training within the [NICE guideline on mental wellbeing in over 65s: occupational therapy and physical activity interventions](#).

## Disclaimer

Endorsed tools are complimentary information that may be of interest to you from sources outside of NICE. [This tool has been developed by The Royal College of Occupational Therapists](#) and is not maintained by NICE. In the event of any issues or errors, please contact The Royal College of Occupational Therapists in the first instance.