

NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE

QUALITY STANDARD TOPIC OVERVIEW

1 Quality standard title

Mental wellbeing of older people in residential care

2 Introduction

2.1 *NICE quality standards*

NICE quality standards are concise sets of statements designed to drive and measure priority quality improvements within a particular area of care.

The standards are derived from NICE guidance and other guidance [accredited](#) by NICE. They are developed independently by NICE, in collaboration with NHS and social care professionals, their partners and service users. Recommendations relating to effectiveness and cost effectiveness, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the Government's vision for an NHS and social care system that is focused on delivering the best possible outcomes for people who use services as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

2.2 *This topic overview*

This topic overview describes core elements of the quality standard. These include the population and condition to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards, published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation](#) programme.

3 This quality standard

The development of the quality standard will begin in March 2013 and is expected to take ten months to complete.

3.1 *Population and condition to be covered*

This quality standard will cover the mental wellbeing of older people (65 and older) in residential care.

It will focus on promoting mental wellbeing (including life satisfaction, optimism, self-esteem, mastery and feeling in control, having a purpose in life, and a sense of belonging and support). It will also include the identification by care home staff of suspected common mental health conditions, and referral to healthcare professionals as appropriate.

This quality standard will complement and support the NICE quality standards on dementia, depression and anxiety.

3.2 *Key development sources (NICE and NICE accredited sources)*

Primary sources

- [Common mental health disorders](#). NICE clinical guideline 123 (2011).
- [Generalised anxiety disorder and panic disorder \(with or without agoraphobia\) in adults](#). NICE clinical guideline 113 (2011).
- [Depression in adults with a chronic physical health problem](#). NICE clinical guideline 91 (2009).
- [Depression in adults](#). NICE clinical guideline 90 (2009).
- [Mental wellbeing and older people](#). NICE public health guidance 16 (2008).
- [Dementia](#). NICE clinical guideline 42 (2006, amended 2011).

Other sources that may be used

- Department of Health (2011). [Start active, stay active: a report on physical activity for health from the four home countries' chief medical officers.](#)
- SCIE (2011) [Preventing loneliness and social isolation: interventions and outcomes.](#)

Key policy documents, reports and national audits

Relevant national policy documents, reports and audits will be used to inform the development of the quality standard.

- Department of Health (2011) [No health without mental health: a cross-government mental health outcomes strategy for people of all ages.](#)
- Department of Health (2011) [Delivering better mental health outcomes for people of all ages.](#)
- Centre for Policy on Ageing (2009) [Ageism and age discrimination in mental health care in the United Kingdom.](#)
- Age Concern and Mental Health Foundation (2006) [Promoting mental health and well-being in later life. A first report from the UK Inquiry into Mental Health and Well-being in Later Life.](#)
- Commission for Healthcare Audit and Inspection (2006) [Living well in later life.](#)
- Care services improvement partnership (2005) [Making it possible: improving mental health and well-being in England.](#)
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- Department of Health (2001) [National service framework for older people.](#)

3.3 *Related NICE guidance*

Published

- [Patient experience in adult NHS services.](#) NICE clinical guidance 138 (2012).
- [Service user experience in adult mental health.](#) NICE clinical guidance 136 (2011).

In development

- [Delaying the onset of disability, frailty and dementia in later life](#). NICE public health guidance. Publication expected February 2015.
- [Primary, secondary and tertiary interventions to promote mental well being and independence of older people](#). NICE public health guidance. Publication date to be confirmed.

3.4 Related NICE quality standards

Published

- [Patient experience in adult NHS services](#). NICE quality standard 15 (2012).
- [Service user experience in adult mental health](#). NICE quality standard 14 (2011).
- [Depression in adults](#). NICE quality standard 8 (2011).
- [Dementia](#). NICE quality standard 1 (2010).

In development

- [Care of people with dementia](#). In progress. Publication expected April 2013.

Quality standards topic library

In March 2012, the Department of Health referred a [library of quality standard topics](#) for the NHS to NICE for development.

This quality standard will be developed in the context of the NICE quality standard topic library, including the following quality standards scheduled for future development:

- Anxiety.
- Falls in a care setting.
- Physical activity.

4 Existing indicators

- None identified.

5 Further information

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).