



Endorsed resource – Children and young people Cognitive Behavioural Therapy (CBT) service manual

Implementation support
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[Healios Ltd](#) has produced a service manual that supports the recommendations relating to CBT for children and young people in the NICE guidelines for [obsessive-compulsive disorder and body dysmorphic disorder](#) and [social anxiety disorder](#). It also supports statement 2 in the NICE quality standard for [anxiety disorders](#).

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