

PERSONAL STATEMENT

Robert Yexley

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

Male Age 70 Retired

I had an Ischaemic stroke approximately 2:00 am 26th December 2007. I was awoken by a burning sensation in my right eye. I was able to get up and go to the toilet adjacent to my bedroom. On my return to the bedroom I must have collapsed (memory hazy on this period & duration) my wife came to my aid and managed to get me to bedroom – I was able to sit on bed – strangely I knew that I was having a stroke and was able to tell my wife so. My speech was slurred and I seem to have lost control of my limbs.

My son was also in the house. He called for an ambulance. The ambulance arrived quickly. Ambulance staff quickly diagnosed a stroke. I was held in stationary ambulance for approximately 20 minutes where I was given various checks by the medics and an injection in the stomach. Taken to A & E Bournemouth – Unable to have scan for a few days as it was Christmas. Was transferred to acute ward and kept there for approx two weeks assessment. It gradually became apparent that I would be disabled in some way. Speech poor, left side limbs and toe/hand not responding well.

Transferred to Christchurch hospital for six weeks. Some physiotherapy. Left hospital in wheel Chair. Some adaptations to house. Sought various aids to improve physical and mental abilities. I can now walk unaided, have reasonable cognitive skills, can swim – have to wear a brace on my left leg.

I am now Secretary of my local Stroke Club (50 members).

I have recently been appointed to The Stroke Association's Consultative Council as Regional Representative for The South West of England (The largest Region).