

# Ticagrelor for preventing atherothrombotic events after myocardial infarction

Information for the public

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[www.nice.org.uk](http://www.nice.org.uk)

## What has NICE said?

Ticagrelor (Brilique) with aspirin is recommended. It is a possible treatment for adults who have had a heart attack and are at high risk of further heart attacks or strokes.

### What does this mean for me?

If you have had a heart attack, and your doctor thinks that ticagrelor with aspirin is the right treatment, you should be able to have it on the NHS.

Ticagrelor should be available on the NHS within 3 months.

### The condition and the treatment

Over time, fatty deposits (called plaques) can build up in the arteries. These restrict blood flow and increase the risk of clots, which can cause heart attacks (sometimes called

myocardial infarctions) and strokes.

Sometimes, a plaque may detach from the artery wall and cause a blockage itself. Heart attacks and strokes that happen because of a plaque blockage like this are called atherothrombotic events.

Ticagrelor is a drug that helps to stop blood clots and plaques from forming.

[NHS Choices](#) may be a good place to find out more.

These organisations can give you advice and support:

- [British Heart Foundation](#), 0300 330 3311
- [Pumping Marvellous](#), 0800 978 8133
- [HEART UK: The Cholesterol Charity](#), 0345 450 5988
- [British Cardiac Patients Association \(BCPA\)](#), 01223 846845

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## Accreditation

