

Ustekinumab for moderately to severely active Crohn's disease after previous treatment

Information for the public

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Ustekinumab is available on the NHS as a possible treatment for moderately to severely active Crohn's disease in adults. It is used if non-biological therapies or tumour necrosis factor (TNF)-alpha inhibitors aren't suitable or haven't worked well enough.

If you are not eligible for ustekinumab but are already taking it, you should be able to continue until you and your doctor decide when best to stop.

Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. Read more about [making decisions about your care](#).

Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

Information and support

[NHS Choices](#) may be a good place to find out more.

These organisations can give you advice and support:

- [Crohn's and Colitis UK](#), 0300 222 5700
- [Bladder and Bowel Community](#), 0192 635 7220
- [CIRCA - Children with Crohn's and Colitis Association](#), 0208 949 6209

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