

# Lenalidomide plus dexamethasone for previously untreated multiple myeloma

Information for the public

Published: 26 June 2019

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Lenalidomide (Revlimid) plus dexamethasone is available on the NHS as a possible treatment for previously untreated multiple myeloma in adults who:

- are not eligible for stem cell transplant
- cannot have thalidomide.

If you are not eligible for lenalidomide but are already taking it, you should be able to continue until you and your doctor decide when best to stop.

## Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. Read more about [making decisions about your care](#).

## Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

## Information and support

The [NHS website](#) may be a good place to find out more.

These organisations can give you advice and support:

- [Myeloma UK](#), 0800 980 3332
- [Bloodwise](#), 0808 2080 888
- [Cancer Research UK](#) Patient Information, 0808 800 4040
- [Macmillan Cancer Support](#), 0808 808 00 00

You can also get support from your local [Healthwatch](#).

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ISBN: 978-1-4731-3443-0