

Mexiletine for treating the symptoms of myotonia in non-dystrophic myotonic disorders

Information for the public

Published: 1 December 2021

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Mexiletine (Namuscla) is available on the NHS as a possible treatment for the symptoms of myotonia in adults with non-dystrophic myotonic disorders.

Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. Read more about [making decisions about your care](#).

Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

Information and support

This organisation can give you advice and support: [Muscular Dystrophy UK](#),
0800 652 6352

You can also get support from your local [Healthwatch](#).

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ISBN: 978-1-4731-4360-9