

# Dexamethasone intravitreal implant for treating diabetic macular oedema

Information for the public

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Dexamethasone intravitreal implant (Ozurdex) is recommended as a possible option for treating visual impairment caused by diabetic macular oedema in adults only if their condition has not responded well enough to, or if they cannot have non-corticosteroid therapy.

If you are not eligible for dexamethasone intravitreal implant but are already having it, you should be able to continue until you and your doctor decide when best to stop.

## Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. Read more about [making decisions about your care](#).

## Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

## Information and support

The [NHS website](#) may be a good place to find out more.

These organisations can give you advice and support:

- [Macular Society](#), 0300 3030 111
- [Diabetes UK](#), 0345 123 2399
- [Royal National Institute of Blind People \(RNIB\)](#), 0303 123 9999

You can also get support from your local [Healthwatch](#).

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