

Esketamine nasal spray for treatment-resistant depression

Information for the public

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Esketamine nasal spray (Spravato) with an SSRI or SNRI is not normally available on the NHS for treatment-resistant depression.

Your doctor should talk with you about other treatment options. If you are already having it, you should be able to continue until you and your doctor decide when best to stop.

Information and support

The [NHS website](http://www.nhs.uk) may be a good place to find out more.

This organisation can give you advice and support: [SANE](http://www.sane.org.uk), 07984 967 708

You can also get support from your local [Healthwatch](http://www.healthwatch.org.uk).

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Accreditation

