

# Rimegepant for treating migraine

Information for the public

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[www.nice.org.uk](http://www.nice.org.uk)

Rimegepant (Vydura) is available on the NHS as a possible treatment for migraine with or without aura in adults if, for previous migraines:

- you have tried 2 triptans and they did not work well enough
- you could not take triptans, and you have tried non-steroidal anti-inflammatory drugs (NSAIDs, such as ibuprofen) and paracetamol, but they did not work well enough.

It is an acute treatment, which means you take it when you have or are starting to have a migraine (but no more than once a day).

If you are not eligible for rimegepant but are already having it, you should be able to continue until you and your doctor decide when best to stop.

## Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. See [our webpage on making decisions about your care](#).

## Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

## Information and support

The [NHS webpage on migraine](#) may be a good place to find out more.

[Migraine Trust](#), 0808 802 0066, can give you advice and support.

You can also get support from your local [Healthwatch](#).

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