



Diabetes: annual psychological assessment (children)

NICE indicator

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www.nice.org.uk/indicators/ind57

Indicator

Proportion of children and young people with diabetes who have received a psychological assessment in the previous 12 months.

Indicator type

Network / system level indicator.

The indicator would be appropriate to understand and report on the performance of networks or systems of providers.

This document does not represent formal NICE guidance. For a full list of NICE indicators, see our [menu of indicators](#).

To find out how to use indicators and how we develop them, see our [NICE indicator process guide](#).

Rationale

This indicator aims to establish the psychological needs and whether any further psychological interventions are required through an annual assessment.

Children and young people with diabetes are at high risk of anxiety and depression. Psychological issues (such as anxiety, depression, behavioural problems, eating disorders, conduct disorders and family conflict) and psychosocial issues have a significant and adverse impact on the management of diabetes, and on the general wellbeing of children and young people and their family members or carers.

Source guidance

[Diabetes \(type 1 and type 2\) in children and young people: diagnosis and management. NICE guideline NG18](#) (2015, updated 2023), recommendations 1.2.103, 1.2.106, 1.3.34 and 1.3.37

Specification

Numerator: The number of patients in the denominator who have received a psychological assessment in the previous 12 months.

Denominator: The number of children and young people with diabetes aged under 18 years.

Calculation: Numerator divided by the denominator, multiplied by 100.

Exclusions: None.

Diabetes: annual psychological assessment (children) (IND57)

Data source: National Paediatrics Diabetes Audit (NPDA).

Minimum population: The indicator would be appropriate to understand and report on the performance of networks or systems of providers.

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