

# NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE

## Primary Care Quality and Outcomes Framework Indicator Advisory Committee recommendations

### Indicator area: Physical Activity

#### *Recommended Indicator:*

**The percentage of patients with hypertension aged 16 to 74 years in whom there is an annual assessment of physical activity, using GPPAQ, in the preceding 15 months**

#### **Background**

The Primary Care Quality and Outcomes Framework (QOF) Indicator Advisory Committee (AC) met in June 2011 to consider information on the prioritisation of potential indicators for inclusion in the NICE menu for 2012/13. This included results of the NICE-led public consultation, results from indicator development and pilot feedback, cost effectiveness evidence and equality impact assessment. This report is taken from the full unconfirmed minutes of this two day meeting.

#### **QOF Indicator Advisory Committee recommendations**

Wording of the piloted indicator presented to the June 2011 AC:

*The percentage of patients with hypertension in whom there is an annual assessment of physical activity, using GPPAQ, in the previous 15 months*

The Chair stated that there is a strong requirement to recommend indicators that support the wider public health agenda for primary care.

The Committee noted that the intention of the indicator was not to incentivise referrals to exercise classes or other such interventions but how practices can help people to consider how they can increase the levels of physical activity in their daily lives. The Committee considered that such advice from practices can have a significant impact on people's decisions around increasing levels of physical activity.

The Committee noted that the indicator would need to be amended to include the age group 16 – 74 which is line with the age ranges for which GPPAQ is validated. The Committee also noted that consideration would need to be given to removing the term 'physical activity' from the wording of indicator PP 2.

### **QOF Indicator Advisory Committee final recommendation**

The Committee agreed that promotion of physical activity is an important area and that the identification of physical activity levels and the provision of an evidence based brief intervention delivered in general practice would make a proactive difference to patients. The Committee recommended the indicator for inclusion on the NICE menu of Indicators. The Committee recommended the indicator wording to include the age range 16 – 74, and to remove the wording Physical Activity for QOF indicator PP 2.